



# Outlook

A Quarterly Newsletter of the Society of Behavioral Medicine

*"Better Health Through Behavior Change"*



## President's Message

Laura L. Hayman, PhD, RN, FAAN, SBM President ♦ New York University, New York, NY

Since I assumed the role of President of SBM,

I have been asked numerous questions about the interdisciplinary origins and trajectory of the Society. SBMers and those considering membership have inquired about our mission and goals in relation to the diversity of disciplines represented and the science areas emphasized. I take this opportunity to share my perspective on these issues and provide an update on SBM current and planned initiatives.

Since its inception, the Society of Behavioral Medicine has been an

interdisciplinary organization where the "whole is truly more than and different from the sum of its parts". Schwartz and Weiss (1) advanced the definition of behavioral medicine: "the interdisciplinary field concerned with the development and integration of behavioral and biomedical science, knowledge and techniques relevant to health and illness and the application of this knowledge and these techniques to prevention, diagnosis, treatment and rehabilitation." Indeed, this definition guided the formation of the Society as an interdisciplinary organization and the development of members' programs of research/scholarship that emphasized integration

of behavioral and biomedical sciences. This is reflected in the early documents of the Society including the Proceedings of the annual meetings.

The past three decades have witnessed significant and substantial advances in the scientific underpinnings of behavioral medicine. The critical role of behavioral factors in health promotion and disease prevention has been well-established. Many of the psychosocial risk and protective factors for health across the lifespan have been identified. Interdisciplinary research continues to focus on the pathways and mechanisms linking these factors with health and illness and on the development, testing and dissemination of interventions designed to reduce the health-damaging effects of psychosocial risk factors and to optimize the health benefits of protective factors. More recently, increased attention has focused on advancing the field of behavior change research through innovative interdisciplinary collaboration, as exemplified in the Behavior Change Consortium (BCC). Coordinated by the Office of Behavioral and Social Sciences Research (OBSSR) in partnership with 16 Offices and Institutes of the National Institutes of Health (NIH), and support from the American Heart Association and the Robert Wood Johnson Foundation (RWJ), this initiative was designed to advance the science and practice of health behavior change

*continued on next page*

## HURRICANE KATRINA AND SBM

As this issue of Outlook goes to press, a week has elapsed since Hurricane Katrina devastated New Orleans and the Gulf Coast. Our hearts go out to all those affected and their families and loved ones. Clearly, "recovery" from this natural disaster and its *aftermath* will take years with numerous individual, professional, societal, and multi-level governmental implications.

We know that many of our SBM members have been actively involved in the immediate, short term recovery and relief efforts. Given the multifaceted long term, physical and psychological health needs of Katrina survivors, the social action required to improve the human condition on a population level, and the expertise, caring, and proactive orientation of our members, we know that SBMers participation in "recovery" will increase over time.

As we contribute our individual expertise and resources to the recovery and relief efforts, the Board of Directors is committed to developing a multi-level action plan for SBM's response. We are also providing links on our website ([www.sbm.org](http://www.sbm.org)) with resources available to our members who are functioning in various care giving and helping roles. As we mobilize our resources to assist survivors, the SBM leadership and staff reaches out to you, our members. We want to hear from you and know how SBM can help you as you contribute to the recovery process. To this end, please send information to [laura.hayman@nyu.edu](mailto:laura.hayman@nyu.edu). On behalf of the Board of Directors, I look forward to hearing from you and working with you and SBM in addressing the individual needs and social-contextual implications of Katrina.

## President's Message... continued from page 1

with the goal of achieving major population health benefits. A recent special Supplement to *Annals of Behavioral Medicine* (April, 2005) highlights conceptual, methodological, process, and product contributions of the multisite, interdisciplinary BCC and outlines directions for future collaborative research in health behavior change. Noteworthy is the involvement of individual members of SBM representing the diversity of disciplines that characterize the Society's membership.

The NIH Road Map for Medical Research, launched September 30, 2003 by NIH Director Elias Zerhouni, underscores the importance of novel interdisciplinary approaches to address the complexity of contemporary biomedical research problems. (2) Indeed, Roadmap themes including Research Teams of the Future prompt scientists to "move beyond the confines of their individual disciplines and explore new organizational models for team science" (p.64). Roadmap initiatives enable interdisciplinary research centers, innovative research training programs, and the development of models and methods for optimizing integration of behavioral and social sciences into interdisciplinary research. Taken together, trans-NIH Roadmap initiatives provide many opportunities for SBMers from all

disciplines. In addition, because the interdisciplinary emphasis is so closely aligned with the mission and goals of SBM, the three central themes of the Roadmap, New Pathways to Discovery, Research Teams of the Future, and Re-Engineering the Clinical Research Enterprise, will be used as an organizing framework to guide programmatic activities for future annual meetings.

In the initial planning for our 2006 annual meeting and scientific sessions, thoughtful consideration was given to selecting track themes that encourage presentations that cross-cut the dimensions of behavioral medicine and basic, biobehavioral, clinical and population science areas. As outlined in the "Call for Papers," the themes also reflect components of the social-ecological framework (as in SBM's recently revised mission statement) with emphasis on promoting the health of individuals, families, communities and populations. At this juncture, we are finalizing the 2006 keynote and master lectures and are delighted to have distinguished scientists and scholars and "working titles" for their presentations including Dr. Neil Schneiderman (Biobehavioral bases of cardiovascular disease risk and management), Dr. Len Epstein (Prevention and management of childhood obesity), Dr. Claude Bouchard (Opti-

mizing gene-behavior-environment interactions across the lifespan), Dr. Lisa Berkman (Risk and protective factors for cardiovascular disease across the lifespan), Dr. Tom Eng (Emerging technologies and behavioral medicine: Opportunities and challenges across the lifespan), Drs. Michaela Kiernan and Helena Kraemer (Moderators and mediators: Comparing the Baron & Kenny and MacArthur approaches) and Dr. David Spiegel (Psychosocial interventions for cancer patients).

As planning continues for SBM's 27th Annual Meeting, Program Chair Amanda Graham and Co-Chair Paul Estabrooks join me in encouraging your abstract submissions and your presence in San Francisco. Be assured, the program will include content relevant to behavioral medicine researchers, practitioners, educators, advocates and policy makers.

Look for the final program in the next issue of *Outlook* and plan to join us (March 22-25) for this celebration of "Behavioral Medicine Across the Lifespan".

### References:

- (1) Schwartz GE, Weiss SM. Behavioral medicine revisited: An amended definition. *Journal of Behavioral Medicine*. 1978;1:249-251.
- (2) Zerhouni E. The NIH Roadmap. *Science*. 2003;302:1-72.

## Spotlight on SIGs - New Student SIG

My name is Elizabeth Kuhl, and I am a doctoral student at Eastern Michigan University. The purpose of my starting a Student Special Interest Group (SIG) is to have a SIG that addresses the unique needs of the student members of the Society of Behavioral Medicine. Suggested goals for the Student SIG include advocating for student needs, promoting communication amongst students and between students and professionals, encouraging collaborative work, and increasing awareness of the student-oriented programs and opportunities within the Society of Behavioral Medicine. The first meeting of the SIG will be held at a breakfast roundtable during next

year's Annual Meeting in San Francisco. The focus of the first meeting will be to generate a mission statement, to explore additional purposes and goals, to discuss potential activities, to elect officers and committees, and to review student-oriented events at this year's annual meeting. All students are encouraged to attend and contribute to the founding of this Special Interest Group. Students and professionals who are interested in joining and/or assisting with the development of the Student SIG prior to this meeting are encouraged to contact Elizabeth Kuhl by email at: [ekuhl@emich.edu](mailto:ekuhl@emich.edu).

## Outlook on Life

*Editor's Note: This column is a fun way members can learn more about each other. The questions were adapted from a TV show called "Inside the Actor's Studio", where actors are asked*

*a set of questions that reveal components of their personality and "philosophy on life".*

Our guest for this column is Ken Wallston, PhD, Professor of Psychology in Nursing, Vanderbilt University Medical Center, and Chair, SBM Finance Committee.

	Questions	Answers
	What is your favorite word?	<i>Mazel Tov</i>
	What is your least favorite word?	<i>Hate</i>
	What "turns you on" or excites you about the field of Behavioral Medicine?	<i>Mentoring people from disciplines other than mine</i>
	What turns you off /frustrates you about the field of Behavioral Medicine?	<i>People not understanding what the field is all about, such as equating health psychology to behavioral medicine; they're related, but different</i>
	What sound or noise do you love?	<i>The sound of one hand clapping (or a good bass solo)</i>
	What sound or noise do you hate?	<i>See my answer to #5</i>
	What was your most unusual job (outside of Behavioral Medicine/academia)?	<i>Filling orders for a wholesaler who supplied toiletries</i>
	What profession, other than yours, would you like to attempt?	<i>Professional poker player</i>
	What profession or job would you not like to participate in?	<i>Elephant handler</i>
	If Heaven exists, what would you like St. Peter to say when you arrive at the pearly gates?	<i>Here comes another mensch</i>

### Outlook

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## Special Announcement

We are pleased to announce that a special supplement to *Nicotine and Tobacco Research* was published on April 29, 2005, highlighting systems change research for tobacco dependence treatment. The supplement, sponsored by Addressing Tobacco in Managed Care, a national program of the Robert Wood Johnson Foundation, includes articles on patient satisfaction with tobacco intervention by healthcare providers, strategies to link pharmacotherapy with telephone counseling in a managed care organization, improving

the delivery of evidence-based treatment in federally-qualified health centers, dentists' knowledge, attitudes and behaviors toward tobacco use intervention, and others. The supplement is available online at [www.rwjf.org](http://www.rwjf.org) and [www.ntrjournal.org](http://www.ntrjournal.org). Additional copies can be requested by emailing Paula Keller, Deputy Director of the ATMC National Program Office, at [pak@ctri.medicine.wisc.edu](mailto:pak@ctri.medicine.wisc.edu).

Paula Keller, Sue Curry, and Michael Fiore

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## Member News

*Editor's note: If you have special news about a SBM member you would like featured in Outlook, please send it to me!*  
—Cheryl Albright, Editor, Outlook

Timothy R. Elliott, PhD, ABPP, a member of SBM, is now the editor of *Rehabilitation Psychology*, an APA journal that endeavors to be the premier, peer-reviewed journal for the psychological study of issues germane to chronic disease and disability across the lifespan. He plans to feature articles that address the various behavioral, social, neurological, physiological and policy factors that contribute to disabling conditions, and those that focus on rehabilitation and restoration of functional ability and activity in personal, social and vocational roles. The scope of the journal is broadly defined but grounded in psychological theory and perspectives. The journal features regular articles, brief reports, and also provides a forum for brief commentaries on current literature, policy matters, clinical program development and case studies. Outcome and intervention studies are particularly encouraged, as are studies of under-represented and under-studied groups and conditions.

The link below gives more information about the journal; it is an outlet that would be of interest to active researchers in SBM.

Timothy R. Elliott, PhD, ABPP  
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Editor, *Rehabilitation Psychology*  
<http://www.apa.org/journals/rep/submission.html>

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Keith Bellizzi, PhD, MPH has been a member of SBM for five years and was selected to be one of 24 bicyclists to ride with Lance Armstrong on the Bristol-Myers Squibb Tour of Hope. The Tour of Hope is a cross country ride from San Diego, CA to Washington, DC (3,300 miles) in nine days (Sept 29-Oct 8, 2005). The goal is to raise public awareness about the importance of cancer research and clinical trials. In order to be selected each rider had to be a cancer survivor, a caregiver for a cancer patient, or a cancer researcher – Keith is all three! Keith is a ten-year, two time cancer survivor, caregiver to his mom who was recently diagnosed with breast cancer, and cancer prevention fellow at NCI. Having cancer was a life-altering experience for him, and he has dedicated his life to the cancer cause as a result. As a rider and ambassador for the Tour of Hope team, riders are charged with community outreach and promoting a message of hope and cancer education. You can check out <http://www.tourofhope.org/> for more information about the tour and to read Keith's profile under 2005 national team. We all send Keith our best wishes as he sets off on the tour!

## Anticipating Annals

*Editor's note: This is a new column called "Anticipating Annals". It will preview the table of contents for an upcoming issue of SBM's journal: Annals of Behavioral Medicine. We*

*hope members will find it interesting and helpful to get a "preview" of what will soon be published in Annals. And we can thank Alan Christensen, PhD,*

*the Editor of Annals, and his staff for providing this information for Outlook.*  
–Cheryl Albright, PhD, MPH, Editor, Outlook

### Annals of Behavioral Medicine

Table of Contents, November, 2005  
VOL. 30. NO. 3

**Article 1** – *"The Relationship between Self-Monitoring, Outcome Expectancies, Difficulties with Eating and Exercise, and Physical Activity and Weight Loss Treatment Outcomes"* Robert A. Carels, Lynn A. Darby, Sofia Rydin, Olivia M. Douglass, Holly M. Cacciapaglia, William H. O'Brien

**Article 2** – *"Modifying Physical Activity in a Multiethnic sample of low-income Women: One-year results from the IMPACT (Increasing Motivation for Physical ACTivity) Project"* Cheryl L. Albright, Leslie Pruitt, Cynthia Castro, Alma Gonzalez, Sandi Woo, Abby C. King

**Article 3** – *"The challenge of identifying behavioral alternatives to food: Clinic and Field studies"* Leonard H. Epstein, J.N. Roemmich, Richard I. Stein, Rocco A. Paluch, Colleen Kilanowski

**Article 4** – *"Self-Weighing in Weight Gain Prevention and Weight Loss Trials"* Jennifer A. Linde, Robert W. Jeffrey, Simone A. French, Nicolaas P. Pronk, Raymond G. Boyle

**Article 5** – *"Does Compassion Mediate the Intrinsic Religion—Health Relationship?"* Patrick R. Steffen, Kevin S. Masters

**Article 6** – *"The Development and Psychometric Analyses of ADEPT: An Instrument for Assessing the Interactions between Doctors and their Elderly Patients"* Jeanne A. Teresi, Mildred Ramirez, Katja Ocepek-Welikson, Mary Ann Cook

**Article 7** – *"Psychosocial and Behavioral Correlates of Seeking Sex Partners on the Internet among HIV Positive Men"* Seth C. Kalichman, Charsey Cherry, Demetria Cain, Howard Pope, Moira Kalichman

**Article 8** – *"Physical Activity, Global Physical Self-Concept, and Adolescent Smoking"* Donn Rodriguez, Janet Audrain-McGovern

**Article 9** – *"Gay and Bisexual Men who Disclose their Sexual Orientation in the Workplace Have Higher Workday Levels of Salivary Cortisol and Negative Affect"* David M. Huebner, Mary C. Davis

**Article 10** – *"The Use of VR and Audiovisual Eyeglass Systems as Adjunct Analgesic Techniques: A Review of the Literature"* Andreas A.J. Wismeijer and Ad J.J.M. Vingerhoets

## Congratulations to Annals – A BIG Jump in its Impact Factor Score!

The ISI journal citation reports for the calendar year 2004 were recently released. The Annals of Behavioral Medicine now has an impact factor rating of 3.32 (up from last year's 2.88). Just for comparison's sake Health Psychology has a rating of 2.63, and Psychosomatic Medicine has a rating of 3.43. Although these numbers reflect only one metric by which journals are judged and compared, it is fair to say SBM's journal holds its own among a very select group of journals (and it is arguably the very best of that group).

Send your best work to Annals; it will get widely cited!

## Spotlight on Education and Training in Behavioral Medicine

### Spalding University School of Professional Psychology Training Program

The Spalding University School of Professional Psychology, located in Louisville, KY, offers APA accredited Masters (M.A.) and doctorate (Psy.D.) degrees in Clinical Psychology. In addition to core clinical and research classes, students have the opportunity to receive specialized training in one of four emphasis areas: *Health Psychology, Child, Adolescent, and Family Psychology, Adult Psychology, and Forensic Psychology*. Students also have the option of combining emphasis areas such as Health Psychology and Child, Adolescent, and Family Psychology tracks to gain additional expertise in Pediatric Psychology.

Spalding's Health Psychology curriculum offers an integrated, biopsychosocial approach to evaluating and treating health-related disorders. Students become familiar with illnesses commonly encountered in medical and health care settings and gain experience in the application of effective, brief interventions targeting psychosocial sequelae of disease processes. Coursework and curricula in the Health Psychology emphasis include assessment of medical disorders, models of health behavior, and advanced topics in clinical health psychology. Health Psychology

students are also encouraged to broaden their conceptualization of the role of health psychologists beyond the individual as an intervention target to health care systems, communities and population-based health initiatives.

As part of the four year practica training sequence, Spalding Health Psychology students have the opportunity to put theory into practice while working in medical and health care settings. For example, students currently serve as part of Behavioral Health teams at several community health centers as part of an integrated primary care collaborative. Students at these sites work closely with physicians to manage patients' health and psychosocial needs. Collaborative partnerships for practicum and research placements in Pediatric Psychology are also offered at a pediatric hospital and area university medical centers.

Health Psychology students have the option to take part in the Health Psychology Research Interest Group (RIG) as a way of completing their dissertation or just participating in additional research. The RIG, entering the second year of full activity, is coordinated by the Director of the Health Psychology Emphasis Area,

Abbie O. Beacham, Ph.D. According to Dr. Beacham, "Many people think that Psy.D.'s don't *do* research. What I've found is that the balance of clinical and research training has uniquely qualified our students to conduct translational research in clinical settings. Since we began the RIG, the students have been jumping at the opportunity to be a part of the projects. Moreover, we've really had a lot of fun putting it all together here!" She added, "The students never cease to amaze and impress me with their commitment and hard work."

Health Psychology research projects currently underway include community partnerships in applied research in integrated primary care, pediatric obesity, physical activity and nutrition in at-risk adolescents and worksite wellness. After recently receiving grant funding to conduct clinical training and outcomes research in integrated primary care, Dr. Beacham and the RIG members are looking forward to implementing exciting research projects in this area.

For more information about this program, please visit our website at [www.spalding.edu](http://www.spalding.edu) or contact Abbie O. Beacham, Ph.D., at [abeacham@spalding.edu](mailto:abeacham@spalding.edu).

Mark Your Calendar — March 22 – 25, 2006

### Society of Behavioral Medicine 27<sup>th</sup> Annual Meeting & Scientific Sessions

San Francisco Marriott Hotel · San Francisco, CA

Program Committee Chair Amanda L. Graham, PhD, and co-Chair Paul A. Estabrooks, PhD, are assembling a stellar group of experts to address ***Behavioral Medicine Across the Lifespan***. Highlights include:

- Keynote presentations by Leonard Epstein, PhD; Neil Schneiderman, PhD and Lisa F. Berkman, PhD
- Master Lectures by Seth Kalichman, PhD; Michaela Kiernan, PhD and Helena Kraemer, PhD; Tom Eng, VMD, MPH; and Claude Bouchard, PhD
- Presidential Address by Laura Hayman, PhD, RN
- And more!

Titles and other announcements will be posted to the SBM Web site in the weeks and months ahead. Registration forms, hotel and airline information will be mailed to SBM members and abstract authors in January 2006.

## From a Student's Perspective

This April, I traveled to Boston to attend my first Society of Behavioral Medicine (SBM) conference. I was one of 11 Health Psychology doctoral students from my program – *Spalding University School of Professional Psychology* – who attended the conference. All of us in attendance are active members of a Health Psychology Research Interest Group (HP-RIG). Our group at SBM was comprised of graduate students with a range of experience and training – from first-year to those preparing to leave for internship. The health psychology emphasis area and HP-RIG at Spalding are coordinated by our area director, Dr. Abbie Beacham, who “encouraged” us to attend! Frankly, I’m not sure that any of us knew exactly what to expect.

As I reflect upon my experience of the conference, two words come to mind: overwhelming and exciting. Those two emotions sum up my experience quite nicely. On one hand, the volume of conference material seemed daunting to this SBM neophyte and I found it difficult to choose among the many sessions offered. On the other hand, that can be a nice problem to have. The flipside of feeling a bit overwhelmed was the excitement of learning about research developments from leaders in the field. Meeting others with similar ideas and interests proved especially rewarding, and the interaction among various disciplines creates a collegial,

collaborative atmosphere from which everyone can gain tremendously.

The primary emphasis of our HP-RIG is “translational” research – that is exploring empirically-based interventions in real world clinical settings. As Scholar-Practitioners we feel that we have a unique opportunity to conduct clinical research to bridge the gap that exists between theory and clinical application. I was encouraged to see others at SBM addressing this through their work and am confident that the field of Behavioral Medicine will continue to make strides in closing this gap. Also, through the perspective and information gained by discussions with several presenters at SBM, our RIG members were able to incorporate ideas and measures presented at SBM into our existing research studies. Our studies in obesity and body image perception, primary care, and workplace wellness seem timely and in line with others in the field.

My peers and I learned several important lessons during our first SBM conference. We learned that it is simply unrealistic to attend every presentation. While conferences are designed to expand our knowledge and are therefore packed with informative, interesting sessions, it’s okay to take a break and eat lunch. Moreover, your conference admission won’t be revoked if you take an afternoon off to shop or tour the city. It’s also

acceptable to introduce yourself to others and ask questions about research. As students we often disregard our own opinion and feel as if we have little to offer. However, professionals at SBM were very approachable and interested in discussing ideas with students. Additionally the poster presentations were a favorite among my cohorts. Viewing poster presentations offered the most personal interaction and high yield information, which led to potential collaboration between Spalding students and other professionals with similar interests and ongoing projects.

My peers and I were very satisfied with the 2005 Society of Behavioral Medicine conference. Besides warmer weather, what else could we ask for? I left the conference feeling rejuvenated, encouraged and ready to plunge back into research. There’s just one thing I’m left wondering: is it too early to book my flight for San Francisco in 2006?

Andrea King, M.A. along with co-authors Kelly Chimney B.A., Kristen Crafton B.A., Robin Santa-Teresa M.A., Katie Braekken M.A., Stephanie Roby M.A., Michelle Emrich M.A., Tim Streitweiser M.A.

Spalding University School of Professional Psychology, Health Psychology Research Interest Group

## Update on Advocacy and Membership Development Campaign

There are exciting updates for the Advocacy and Membership Development Campaign. As of August 2005, over \$60,000 has been pledged to the campaign. We thank all the members and nonmembers who provided support. If you have not yet contributed, please send your check to the SBM National Office or contact one of us if you have questions.

This fall and next winter we are planning regional receptions and seminars sponsored by the Campaign in Miami and San Diego. Email us or go to the SBM website for more informa-

tion. If you are interested in co-sponsoring an event in your area please let us know.

Finally, we are still seeking volunteers as well as financial contributions to achieve the goals of the Campaign. We need your help to assure the future growth and vitality of SBM!

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## Reviews of Studies on Behavioral Medicine Interventions

### Actively Sought within The Cochrane Collaboration

Kimberlee J. Trudeau, PhD, Karina W. Davidson, PhD, and Louise Falzon

As many of you know, thanks to funding support from NHLBI and NCI, we are in the process of registering a Behavioral Medicine Field within The Cochrane Collaboration ([www.cochrane.org](http://www.cochrane.org)). Our goal is to improve the evidence-base of behavioral medicine interventions. To achieve that goal we have several on-going objectives: a) identifying where there are gaps in the literature, b) conducting systematic reviews of the available literature, c) increasing the visibility of the available literature (studies and systematic reviews), etc. This last objective is the focus of this article.

Systematic reviews of studies of behavioral medicine interventions are already being conducted by authors of The Cochrane Collaboration. Interestingly, almost half of The Cochrane Top 50 Reviews<sup>1</sup> for months January, February, and March of 2005 are within the scope of behavioral medicine. The interventions that were reviewed include cognitive behavior therapy, diet and exercise-based interventions, support, adherence to medications, etc. The table below shows which Cochrane Review Group (a Cochrane entity that is organized predominantly by health condition) coordinated each of these reviews.

Intervention Type	Cochrane Review Title	Cochrane Review Group
Advice	Advice on low-fat diets for obesity	Metabolic and Endocrine Disorders Group
Advice	Advice to reduce dietary salt for prevention of cardiovascular disease	Hypertension Group
Advice	Dietary advice for treatment of type 2 diabetes	Metabolic and Endocrine Disorders Group mellitus in adults
Behavior Therapy	Behavioral treatment for chronic low-back pain	Back Group
Behavior Therapy	Cognitive behavior therapy for schizophrenia	Schizophrenia Group
Diet	Omega-3 fatty acids for the prevention of cardiovascular disease	Heart Group
Drug Therapy	Active placebos versus antidepressants for depression	Depression, Anxiety and Neurosis Group
Drug Therapy	Antidepressants for smoking cessation	Tobacco Addiction Group
Exercise	Exercise for osteoarthritis of the hip or knee	Musculoskeletal Group
Exercise	Exercise therapy for low-back pain	Back Group
Exercise	Exercise therapy for multiple sclerosis	Multiple Sclerosis Group
Exercise	Exercise therapy for patellofemoral pain syndrome	Bone, Joint and Muscle Trauma Group
Exercise	Exercise-based rehabilitation for coronary	Heart Group heart disease
Exercise	Interventions for promoting physical activity	Heart Group
Exercise	Progressive resistance strength training for physical disability in older people	Bone, Joint and Muscle Trauma Group physical disability in older people

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## Reviews of Studies on Behavioral Medicine Interventions... continued from page 8

Family Intervention	Family intervention for schizophrenia	Schizophrenia Group
Lifestyle Change	Interventions for treating obesity in children	Heart Group
Multidisciplinary Rehabilitation	Multidisciplinary bio-psycho-social rehabilitation for chronic low-back pain	Back Group
Patient Education	Back schools for non-specific low-back pain	Back Group
Patient Education	Decision aids for people facing health treatment or screening decisions	Consumers and Communication Group
Primary Prevention	Antenatal psychosocial screening for prevention of antenatal and postnatal anxiety and depression	Pregnancy and Childbirth Group
Primary Prevention	Interventions for preventing obesity in children	Heart Group
Psychological Intervention	Psychological debriefing for preventing post traumatic stress disorder	Depression, Anxiety and Neurosis Group
Smoking Cessation	Interventions for promoting smoking cessation during pregnancy	Pregnancy and Childbirth Group
Smoking Cessation	Nicotine replacement therapy for smoking cessation	Tobacco Addiction Group
Smoking Cessation	Nursing interventions for smoking cessation	Tobacco Addiction Group
Support	Continuous support for women during childbirth	Pregnancy and Childbirth Group
Treatment Compliance	Interventions for helping patients follow prescriptions for medications	Consumers and Communication Group
Treatment Compliance	Interventions to improve hand hygiene compliance in patient care (Protocol)	Effective Practice and Organisation of Care Group

If you are interested in reading an abstract of any of these reviews, go to [www.cochrane.org](http://www.cochrane.org), click on "Cochrane Reviews," then "Abstracts and Access" and search by title (e.g., "Exercise for osteoarthritis of the hip or knee"), keywords (e.g., exercise & osteoarthritis), or Review Group (e.g., Musculoskeletal Group). The full reviews are available through *The Cochrane Library*. Your institution/organization may already have a subscription to this important evidence-based resource.

In sum, behavioral medicine interventions are not only being reviewed by The Cochrane Collaboration but summaries of behavioral medicine literature are also highly sought by those who utilize *The Cochrane Library* as a resource in their professional work. We anticipate sharing with you the resources that we are currently developing to help you to access this literature for consideration in conducting your research and prac-

tice. Our hope is that you will join with us in augmenting this evidence-base. We will be offering training in how to conduct Cochrane reviews, and also in how to access these systematic reviews to improve both the practice and research of behavioral medicine. We envisage that behavioral medicine will substantially contribute to the Cochrane work as we jointly build our expertise, and our evidence base.

Please contact Kimberlee Trudeau, Administrator, Probable Cochrane Behavioral Medicine (BM) Field at [kimberlee.trudeau@mssm.edu](mailto:kimberlee.trudeau@mssm.edu) for more information or to get involved in these activities (e.g., join our BM Field listserve).

#### Reference

1 Pentesco-Gilbet, D. DPentesc@wiley.co.uk. 04/20/2005  
March Top 50 Accessed Reviews on Wiley InterScience.  
Mailing list email to: [tscs@list.maryland.edu](mailto:tscs@list.maryland.edu)

## 2006 Call for Nominations

- **SBM Distinguished Research Mentor and Distinguished Clinical Mentor Awards**
- **Excellence in Behavioral Medicine Training Program Award**

### Distinguished Mentors

The SBM Board of Directors and the SBM Education, Training, & Career Development (ETCD) Council are pleased to request nominations for the **2006 SBM Distinguished Research Mentor and Distinguished Clinical Mentor Awards**. These awards will be presented during the Annual Meeting in San Francisco on March 22-25, 2006. Imagine your mentor stepping up to the podium to receive one of these prestigious awards in front of hundreds of his or her applauding peers. Imagine the satisfaction you will feel as your mentor is nationally recognized.

### Eligibility

The **Distinguished Clinical Mentor Award** was developed to honor outstanding service as a mentor in the clinical/professional arena. Likewise, the **Distinguished Research Mentor Award** honors outstanding service as a mentor in research endeavors. Past recipients of these awards have fostered excellence in and had a major impact on the field of behavioral medicine by virtue of their mentoring.

- Nominations must be based on personal experience of having been mentored or by personal observation of mentoring. Students and faculty/professionals may nominate. Self-nominations will not be accepted.
- All nominees and nominators must be members of SBM in good standing.
- The nominee cannot be a previous recipient of this award. However, the nominee can be nominated more than once for this award.

### The following information must be submitted:

- Nominations should be in the form of a letter on institutional letterhead, maximum two pages, and no less than 10 point font.
- In the letter, the specific characteristics of the individual and mentor's behavior that make him/her an outstanding mentor should

be detailed, along with any professional accomplishments of the mentee directly or indirectly related to the mentoring. The relationship between accomplishments should be explicitly spelled out.

- Up to five additional letters of support may be included, maximum two pages each. The additional letters of support do not need to be from SBM members. These letters can be from additional mentees or individuals familiar with the candidate's mentoring.
- Include a table that lists the mentees of the mentor. The table should include the mentees' names, degrees and dates earned, and current positions.
- Include a current CV of the mentor.
- Submit all materials in one complete packet.

### Submission Process

SBM will accept paper or electronic submission via email. If you choose to submit a paper nomination, please submit four complete sets of nomination materials to:

SBM Mentor Awards  
Society of Behavioral Medicine  
555 East Wells Street, Suite 1100  
Milwaukee, WI 53202

If you choose to submit an electronic nomination:

- All documents must be received as an attachment in Microsoft Word and letters of recommendation as a PDF file on institutional letterhead.
- Your email should be sent to [Dunger@SBM.org](mailto:Dunger@SBM.org)
- The subject line of the email must include "SBM Mentor Award."

This information must be received by November 8, 2005. A specially appointed committee convened by the SBM Education, Training & Career Development Council will review the nominations received by the submission deadline. Nominees will be notified of the outcome in January of 2006 in advance of the March Annual Meeting.

### Training Program

The SBM Board of Directors and the SBM Education, Training, and Career Development (ETCD) Council are pleased to request nominations for the **2006 SBM Excellence in Behavioral Medicine Training Program** award. The purpose of this award is to identify and honor a training program at any level that provides excellence in behavioral medicine training. These programs can be research and/or clinically focused and can occur in any discipline, although preference will be given to interdisciplinary approaches. The training program receiving this award will be honored during SBM's 27<sup>th</sup> Annual Scientific Sessions. The annual meeting will be held March 22-25, 2006 at the San Francisco Marriott Hotel in San Francisco, California.

The recipient program of the Excellence in Behavioral Medicine Training Program award will receive a plaque and special write-up in *Outlook*.

### Eligibility Criteria

- The nominator (i.e., program director or representative) must be a member of SBM in good standing.
- The program cannot be a previous recipient of this award; however, the nominated training program can be nominated more than once for this award.

Described below is the information to support the program's application. The first page of the nominations should be on letterhead from the nominated institution/training program. All text on the nomination packet should be no less than 10 point font.

- In a statement, describe the following about the program in brief: training philosophy, training objectives and goals in behavioral medicine, historical background, and current program structure including home department, number of trainees and training faculty, and areas of specialization. Also provide information on the training experiences available to trainees that support the achievement of the specified training objectives and goals.

- In table form, list the training program faculty, including degrees, discipline, and area of specialization and training focus. If appropriate, indicate any relevant awards, honors, and accomplishments of the training faculty. Conclude the statement by indicating information about your training program that demonstrates behavioral medicine training excellence.

- In table form, provide information on the training record of the program by listing all or representative former trainees, including degrees, discipline, current positions, and special accomplishments. Special accomplishments can include those that are applied and/or academic in nature that relate to the training objectives of the program and demonstrate leadership abilities in behavioral medicine.

The SBM Board of Directors and the SBM Education, Training, and Career Development Council highly value diversity and would like for diversity to be addressed within relevant sections of the application.

#### Submission Process

SBM will accept paper or electronic submission via email:

If you choose to submit a paper nomination, please submit four complete sets of nomination materials to:

Society of Behavioral Medicine  
Attn: SBM Excellence in Training Program Award  
555 East Wells Street, Suite 1100  
Milwaukee, WI 53202

If you choose to submit an electronic nomination:

- All documents must be received as an attachment in Microsoft Word or as a PDF file.

- Your email should be sent to [Dunger@sbm.org](mailto:Dunger@sbm.org)
- The subject line of the email must include "SBM Excellence in Behavioral Medicine Training Program Award"

This information must be received by November 8, 2005. A specially appointed committee convened by the SBM Education, Training & Career Development Council will review the nominations received by the submission deadline. Nominees will be notified of the outcome in January of 2006 in advance of the March Annual Meeting.

The SBM Board of Directors and Education, Training & Career Development Council look forward to receiving your nominations. Thank you, in advance, for participating in this important SBM activity!

## 2006 Application Form

**Deadline for all award submissions is November 8, 2005**

*(Please print clearly or type)*

- Distinguished Research Mentor Award  
 Distinguished Clinical Mentor Award  
 Excellence in Behavioral Medicine Training Program Award

**This information must be submitted by November 8, 2005**

#### Nominator Information

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Telephone \_\_\_\_\_ Fax \_\_\_\_\_

E-mail \_\_\_\_\_

#### Nominee Information

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Telephone \_\_\_\_\_ Fax \_\_\_\_\_

E-mail \_\_\_\_\_

## Classifieds

### **Assistant Professor – Clinical Psychology (Tenure-Track)**

Tenure-track position available in the Department of Medical and Clinical Psychology at the Uniformed Services University of the Health Sciences (USU). We seek an outstanding clinical researcher and graduate educator with clinical skills to participate in an accomplished department offering Ph.D. programs with two training tracks: a Boulder Model APA-accredited Clinical Psychology Program and a Medical Psychology Research Program. Hiring at Assistant Professor level, but will also consider beginning Associate Professor applicants. Responsibilities include pursuing an active and fundable research program in any area of psychopathology, teaching, supervising graduate student research, and the opportunity to assist in directing an APA-approved Clinical Psychology Program. Candidate must also have excellent clinical skills and will provide clinical supervision. Specialties in intervention research, human development, affective disorders, or psychophysiology are particularly encouraged. Evidence of research productivity and potential, and an active clinical involvement are essential. Postdoctoral fellowship experience preferred. Candidates must be license eligible in Maryland, Competitive salary, twelve-month position, fully budgeted, with an excellent University research start-up package. We are an active and thriving department, with excellent opportunities for pursuing a strong research program in clinical psychology and for involvement in clinical psychology training. Submit curriculum vitae, and names of three references to Ms. Corinne Simmons, Department of Medical and Clinical Psychology at the Uniformed Services University of the Health Sciences, 4301 Jones Bridge Road, Bethesda, MD 20814-4799. USU is an Equal Opportunity Employer. Information about the department and School is available on the World Wide

Web at [www.usuhs.mil/mps](http://www.usuhs.mil/mps).

### **McGill University, Department of Psychology: Canada Research Chair (Tier 1) in Behavioural Health**

The Department of Psychology of McGill University seeks applicants for a Canada Research Chair (Tier 1) in the area of behavioural health. Applicants should have an international reputation in research related to the development and maintenance of health related behavior, and have demonstrated excellence in teaching. Specific research areas of interest include, but are not limited to, treatment adherence, motivation toward behavioural rehabilitation, and the study of interactions between patients and health-care professionals. It is expected that the incumbent will participate in the development of inter-disciplinary health research and clinical training in the McGill University Hospital Centre. The primary appointment will be at the senior associate or full professor level in the Department of Psychology, Faculty of Science, and it is anticipated that the candidate will hold a cross-appointment in the Department of Medicine of the M.U.H.C.

Review of applications will begin immediately. Applicants should present evidence of a record of significant, externally-funded research productivity and excellence in undergraduate and graduate teaching. Applicants should arrange for three confidential letters of recommendation to be sent to the address below. A curriculum vitae, description of current and proposed areas of research, selected reprints of published or in-press research articles, a description of areas of teaching competency, interest, and approaches, and other relevant material, should also be sent to:

Behavioural Health Search Committee  
Department of Psychology

McGill University  
1205 Dr. Penfield Avenue  
Montreal, Quebec, Canada H3A 1B1

All qualified candidates are encouraged to apply, however Canadians and permanent residents will be given priority. McGill University is committed to equity in employment.

### **Temple University**

College of Health Professions  
Department of Kinesiology  
2005-06 Four Tenure-Track, Open Rank  
Faculty Searches

Temple University's Department of Kinesiology, one of eight departments in the College of Health Professions, is aggressively recruiting four top researchers (tenure-track, open rank) to support the department's focus on the investigation of the translational and evidence-based practice aspects of exercise on metabolic-related diseases and injuries. The specific research focus of a successful candidate should be on obesity, hyperlipidemia, diabetes, hypertension, or unintentional injuries; or their applications to psychological/behavioral motivation and adherence and health educational models for physical activity. The department is positioned to study these foci using isolated cell cultures, animal models, and both clinical and non-clinical human models for behavioral and educational research. A joint appointment with one of the University's 17 schools and colleges is possible.

Each applicant must have a doctoral degree, a publication history appropriate to the rank of appointment, and a successful program of research that includes a record of external research funding (senior candidates) or the potential for such a program of research (junior candidates). A successful candi-

*continued on next page*

## Classifieds... continued from page 12

date for one of the four positions must have a minimum of 3 years experience as a NATABOC certified athletic trainer and will serve as Graduate Athletic Training Program Director.

Each applicant must submit a curriculum vitae, a statement of research interest, a statement of graduate or undergraduate teaching interests, three letters of recommendation, and copies of representative publications to Dr. Zebulon V. Kendrick, Associate Dean of the Graduate School and Professor of Kinesiology, Room 134 Pearson Hall, Temple University, Philadelphia, PA 19122-6085 (zkend@temple.edu 215-204-8526). Women and minority candidates are encouraged to apply. Application Deadline: October 1, 2005.

Temple is proud to be an EEO/AA employer.

### Senior Psychologist, (PhD)

Charleston Area Medical Center has a position opening for a **Ph.D. Psychologist** in their Cancer Patient Support Program. Degree and Area of Specialization: Ph.D. in clinical or counseling psychology with an emphasis in Health Psychology/Behavioral Medicine. At least one year clinical experience treating psychological issues in a cancer population preferred.

Principle duties: Doctoral level clinical or counseling psychologist, licensed or license eligible in the state of West Virginia, to join our Cancer Patient Support Program at the Charleston Area Medical Center, a large university affiliated health sciences campus located in the state capital. This position will entail working with an interdisciplinary team, including one psychologist already in the cancer center, providing clinical assessments and interventions to adult cancer patients and their families across the cancer continuum, on an inpatient consult-liaison as well as an

outpatient basis. Experience in the assessment and treatment of mood disorders in a medical setting is preferred. Opportunities are available for group, individual and family therapy. This position carries an appointment to the active clinical faculty in the Department of Behavioral Medicine and Psychiatry at the West Virginia University School of Medicine in Charleston, and requires supervision of interns in the department's APA-accredited predoctoral internship in clinical psychology.

If interested in this excellent opportunity, apply by visiting our web site or call 304-388-7551 or 1-800-323-5157 EOE

### Faculty Positions in Cancer Control

The Comprehensive Cancer Center of Wake Forest University (CCCWFU) and the Department of Public Health Sciences invite applications for two tenure track faculty positions (rank open) in Cancer Control.

The successful candidate will participate in an active program in cancer control as part of an NCI-funded Comprehensive Cancer Center. The CCCWFU has a large and dynamic group of faculty in numerous departments collaborating in the areas of cancer screening, quality of life, survivorship, tobacco control, environmental exposures to cancer, cancer prevention, genetic epidemiology, and complementary and alternative therapies. The CCCWFU has a Department of Defense funded Behavioral Center of Excellence, serves as a CCOP Research Base, and participates in CALGB trials. The Institution has also recently established the Genomics Center, with a major focus in prostate cancer. The Department of Public Health Sciences has over 45 faculty and 200 staff in three sections: Social Sciences and Health Policy, Epidemiology, and Biostatistics and is ranked second nationally in NIH research funding among medical school departments of public health and

preventive medicine. Opportunities for collaboration exist with the Maya Angelou Research Center on Minority Health, the Women's Health Center of Excellence, and the Department of Health and Exercise Science.

The faculty position is offered in the Department of Public Health Sciences, and/or another department, depending upon the applicant's qualifications and interests. Applicants should have a Ph.D. or M.D. with additional training/experience in epidemiology, health services research, clinical trials, behavioral medicine, or molecular/genetic epidemiology. Experience in collaborative research in a multidisciplinary setting and excellent written and oral communication skills are required. The successful applicant should have a strong publication record. Experience in teaching at the graduate level and a history of extramural funding is highly desirable. Specific area of research is open.

Wake Forest University Health Sciences is located in Winston-Salem, North Carolina, one hour east of the Great Smoky Mountains and four hours west of the Atlantic coast beaches.

Applicants should send a letter, curriculum vitae, names of 3 references, and a summary of research interests to Dr. Nancy Avis, Department of Public Health Sciences, Piedmont Plaza II, Wake Forest University Health Sciences, Winston-Salem, NC 27157. Applications will be accepted until the positions are filled. For more information about the Department of Public Health Sciences, visit: <http://www.phs.wfubmc.edu>.

Wake Forest University Health Sciences is an equal opportunity/affirmative action employer. Applications from women and minority candidates are strongly encouraged.

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**University of Pittsburgh  
Department of Psychology  
Assistant Professor**

The Department of Psychology at the University of Pittsburgh and the University of Pittsburgh Cancer Institute seek a recent PhD for a tenure track faculty position at the Assistant Professor level, pending budgetary approval. Candidates are sought who have strong research credentials and an expertise in psychobiological processes of relevance to health and disease. The position combines a tenure-stream appointment in the Department of Psychology with an appointment in the Behavioral Medicine Program of the University of Pittsburgh Cancer Institute. Areas of specialization are open, but may include behavioral oncology (e.g., cancer prevention, detection, treatment, and survivorship), psychoneuroimmunology and other related areas. The University has nationally prominent graduate training programs in biological and health psychology, and many psychology faculty have joint ties with other units of the university, particularly in the Health Sciences and the School of Public Health. Specific teaching areas are flexible, but a commitment to effective graduate and undergraduate teaching must be demonstrated.

Review of applicants will begin September 2005 and continue until suitable candidates are identified. Interested candidates should submit a letter of interest, CV, three letters of recommendation, and representative publications to: Search Committee, Psychology/UPCI Position, Department of Psychology, University of Pittsburgh, 210 South Bouquet Street, 3129 Sennott Square, Pittsburgh, PA 15260.

The University of Pittsburgh is an Affirmative Action, Equal Opportunity Employer. Women and members of minority groups under-represented in

academia are especially encouraged to apply.

**Clinical and Health Psychologist  
Geisinger Medical Center, Danville,  
Pennsylvania**

Geisinger Health System seeks a Clinical and Health Psychologist to join the Division of Psychiatry. This psychologist will work as an integral member of interdisciplinary teams. Ideal candidate is an experienced clinician with teaching and research skills who can provide outpatient evaluation and psychotherapy; inpatient consultation and treatment; and outreach services to medical clinics.

The primary focus will be on patients needing the following clinical and health psychology services:

- Weight Management with bariatric surgery evaluations and follow up
- Pain evaluation and management
- Hematology and Oncology support
- Depression and anxiety treatment
- Primary care collaboration
- Geriatric mental health management
- Transplant and assisted fertility evaluations
- Sleep disorders management
- Adult ADHD management

You will join 6 other psychologists in treating patients, supervising pre-doctoral interns and conducting effectiveness research. Geisinger psychologists are part of a dynamic and collegial interdisciplinary psychiatry department, as well as members of collaborative teams throughout our System.

This position requires a PhD from an APA-accredited program, completion of an APA-accredited internship program with experience in both clinical and health psychology, experience in a health psychology setting, Pennsylvania licensure/eligibility, and board certification/eligibility. Aptitude and interest in

effectiveness research and post-doctoral experience preferred.

Geisinger Health System offers:

- Paid medical malpractice insurance
- Competitive salary and excellent benefits, including 4 weeks vacation and 3 weeks CME with stipend
- Interconnection with a complete network of Geisinger primary, tertiary/quaternary specialists via EPIC electronic medical record

Contact: John Gerdes, PhD, Search Director  
c/o Tina O'Neill, Dept. of Professional Staffing  
Geisinger Health System  
100 N. Academy Avenue, Danville, PA 17822-2428

**Phone:** 1-800-845-7112 **Fax:** 1-800-622-2515

**e-mail:** [toneill@geisinger.edu](mailto:toneill@geisinger.edu) **or apply online.**

[www.geisinger.org/docjobs](http://www.geisinger.org/docjobs)  
EOE/M/F/D/V

**Health Communications Research  
Scientist**

Kaiser Permanente Colorado (KPCO), a not-for-profit HMO with a strong commitment to innovation and state of the art electronic medical records on an ethnically diverse population of over 400,000 members, is seeking applications for a mid to senior level research scientist in the area of health communications.

The position is located within the KPCO Clinical Research Unit which includes 13 investigators and a staff of approximately 100 whose mission is to integrate and translate research into clinical and community practice. The research unit is committed to partnering with local clinicians and staff, community organizations (research not restricted to KPCO), and other research organizations to

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**Classifieds... continued from page 14**

develop and test comprehensive health communication systems. The KPCO Clinical Research Unit offers competitive salaries, excellent internal research support, and is a member of several national research networks. For more information visit [www.kpco-cru.org](http://www.kpco-cru.org).

Qualified applicants will have a doctoral level degree or equivalent in health communications, behavioral science or a related field and demonstrated expertise in health communications in applied settings. Preference will be given to applicants with a successful history of securing external funding, substantial existing external funding, and a strong publication record in peer reviewed journals.

A successful applicant will be expected to:

- Demonstrate the translation of research into practice (clinical/community; local & national)
- Obtain federal and national grants to support their research
- Publish in peer reviewed journals
- Participate in transdisciplinary collaborations
- Collaborate with other Clinical Research Unit investigators across content areas
- Provide mentorship

To Apply:

Send a cover letter, the names and contact information for 3 references, and curriculum vitae to:

Arne Beck, PhD, Search Committee Chair  
Kaiser Permanente Clinical Research Unit  
PO Box 378066  
Denver, CO 80237-8066  
[Arne.beck@kp.org](mailto:Arne.beck@kp.org)

**Health Disparities Research Scientist**

Kaiser Permanente Colorado (KPCO), a not-for-profit HMO with a strong commitment to innovation and state of the art electronic medical records on an ethnically diverse population of over 400,000 members, is seeking applications for a mid to senior level research scientist in the area of health disparities.

The position is located within the KPCO Clinical Research Unit which includes 13 investigators and a staff of approximately 100 whose mission is to integrate and translate research into clinical and community practice. The research unit is committed to reducing health disparities through partnering with local clinicians and staff, community organizations (research not restricted to KPCO), and other research organizations. The KPCO Clinical Research Unit offers competitive salaries, excellent internal research support, and is a member of several research networks that serve a nationally representative patient population. For more information visit [www.kpco-cru.org](http://www.kpco-cru.org).

Qualified applicants will have a doctoral level degree or equivalent in

social epidemiology, behavioral science or a related field and demonstrated expertise in researching health disparities in applied settings. Preference will be given to applicants with a successful history of securing external funding, substantial existing external funding, and a strong publication record in peer reviewed journals.

A successful applicant will be expected to:

- Demonstrate the translation of research into practice (clinical/community; local & national)
- Obtain federal and national grants to support their research
- Publish in peer reviewed journals
- Participate in transdisciplinary collaborations
- Collaborate with other Clinical Research Unit investigators across content areas
- Provide mentorship

To Apply:

Send a cover letter, the names and contact information for 3 references, and curriculum vitae to:

Arne Beck, PhD, Search Committee Chair  
Kaiser Permanente Clinical Research Unit  
PO Box 378066  
Denver, CO 80237-8066  
[Arne.beck@kp.org](mailto:Arne.beck@kp.org)

MARK YOUR CALENDAR! — MARCH 22, 2006

## SPIRITUALITY, SCIENCE AND HEALTH: What's Going On and Why?

PRE-CONFERENCE WORKSHOP ❁ SANTA CLARA UNIVERSITY

This special workshop will explore the latest findings linking spiritual factors with health-related processes and outcomes. Cost is \$60 per person, including lunch, with additional modest fee required for continuing education credits.

To learn more, please visit [www.SBM.org](http://www.SBM.org) or contact Jacquie Henderson, Center for Professional Development, Santa Clara University: [jahenderson@scu.edu](mailto:jahenderson@scu.edu)



# Society of Behavioral Medicine

555 East Wells Street  
Suite 1100  
Milwaukee, WI 53202-3823

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## Outlook

### Classified Advertising Deadline and Rates

To advertise in the Winter 2006 edition of *Outlook* (which will be available in February, 2006), please supply ad copy to the SBM National Office. Artwork, including company logos, will not be accepted. Please contact the National Office for additional information.

The deadline for receipt of ad copy is November 15, 2005. Advertising is billed at a rate of \$10 per line based on *Outlook's* final layout. Sample layout and final invoice will be forwarded to the advertiser prior to publication.

#### Contact:

Amanda Falk, Membership Manager  
Society of Behavioral Medicine  
555 East Wells Street, Suite 1100  
Milwaukee, WI 53202  
Phone: (414) 918-3156  
Fax: (414) 276-3349  
afalk@SBM.org

### Please send *Outlook* correspondence to:

**Cheryl L. Albright, Ph.D., MPH,**

Editor, *SBM Outlook*

c/o: Cancer Research Center of  
Hawaii

University of Hawaii

1960 East-West Road

Biomedical Sciences Building, C-105

Honolulu, HI 96822

Phone: (808) 441.8189

Fax: (808) 586.3077

E-mail: calbright@crch.hawaii.edu

Articles should be no longer than approximately 500 words, plus up to 10 references, and submitted to the editor. Double-spaced papers should be submitted using APA or AMA writing style. Professional news is welcome at any time via mail, phone, fax or e-mail.

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