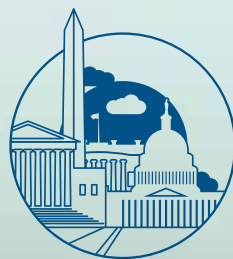


SOCIETY OF BEHAVIORAL MEDICINE

40th Annual Meeting and Scientific Sessions



Washington Hilton • Washington DC • March 6–9, 2019

Leading the Narrative



Pocket Program



SOCIETY OF
BEHAVIORAL
MEDICINE



Ready to help us tackle the most challenging research questions?

ICF is a global consulting services company with over 5,000 specialized experts. We come from different fields. Different backgrounds. Different countries. But our people have this in common: a passion for making a positive impact on the world.

To drive improved health outcomes, we've implemented health surveys, research, and evaluation projects large and small.

Our socially-minded researchers use their keen analytical skills to effect real-world change. Doggedly tracking down insights while sifting through large-scale datasets, this team exemplifies tenacity.

ICF brings a global lens to all that we do. We directly improve living situations for people around the world; and every member of our research team contributes to that mission.

ICF was named on Forbes' list of "Best Places to Work" and "Best Consulting Firms" among mid-sized companies. We are an

equal opportunity employer that values diversity at all levels.

We cover a broad range of quantitative and qualitative health-related topics:

- Chronic Disease Prevention
- Sepsis
- Cancer
- Aging
- Women's Health
- Community Health
- Infectious Diseases
- Maternal and Child Health
- Obesity
- HIV/AIDS
- Smoking Cessation
- Opioid Addiction
- Alcohol Addiction
- Drug Addiction
- Mental Health
- Healthy Eating
- Heart Health

Table of Contents

Welcome Message 1

Open Science at SBM. 2

Continuing Education Credits. 2

SBM Mobile App..... 3

Washington Hilton Map 4

Exhibitors and Supporters. 6

Schedule At A Glance 8

Plenary Sessions At A Glance. 9

Daily Schedule • Wednesday, March 612

Daily Schedule • Thursday, March 718

Daily Schedule • Friday, March 8 52

Daily Schedule • Saturday, March 9 88

Welcome Message

Thank you for attending the Society of Behavioral Medicine’s 40th Anniversary Annual Meeting & Scientific Sessions! We have an exciting lineup of speakers and events that exude the theme of “**Leading the Narrative.**” Here are some special highlights!

- A **Welcome Reception and Anniversary Ceremony** on Wednesday evening will celebrate our past, present, and future. The inspiring and entertaining ceremony will be followed by exciting networking sessions on the topics of science communication, industry careers, and health policy advocacy.
- An incredible line up of plenary speakers and panels on topics including social determinants of health, the spread of health misinformation online, health and technology megatrends, patient engagement, behavioral economics, open science, science communication, and more!
- Saturday will be **open to the public**. Invite your family, friends, and colleagues to Saturday’s events, which were especially planned to be equally exciting for our members and the public.
- We will also host **Mid-Career Lab Management Tools**, a Saturday session with practical advice on managing research labs as well as tech tools to help facilitate sharing documents and data, tracking projects like grant applications and manuscripts, and transitioning away from email.

We hope that you will leave inspired and energized with ideas on how to enhance the impact of your work. We look forward to celebrating SBM’s 40th with you. Wishing you all a productive, healthy, and inspiring conference!



Sherry L. Pagoto, PhD
President



Eric Hekler, PhD
Program Chair



L. Alison Phillips, PhD
Program Co-Chair

Open Science at SBM

Scientists in many fields are using a variety of open science practices to increase the transparency, reproducibility, and verifiability of their work. This year, SBM recognizes those who utilized open science practices such as pre-registering study designs and analysis plans, and sharing study materials or data in via an open access repository. Keep an eye out for the following badges next to presentations in the program and throughout the meeting.

Preregistered Design
Badge



Preregistered
Design+Analyses Badge



Materials Badge



Open Data Badge



This year, SBM's meeting is also registered in the Center for Open Science meetings database. Attendees are encouraged to visit <https://osf.io/view/SBM2019/> to upload their presentation slides and posters, and to view the work uploaded by others.

Badges are licensed under Creative Commons CC-BY. Source: Open Science Collaboration (<https://osf.io/vmrqu/wiki/home/>).

Continuing Education Credits

Satisfactory Completion Learners must complete an evaluation form to receive a certificate of completion. Your chosen sessions must be attended in their entirety. Partial credit of individual sessions is not available. If you are seeking continuing education credit for a specialty not listed below, it is your responsibility to contact your licensing/certification board to determine course eligibility for your licensing/certification requirement.

Physicians / Nurses In support of improving patient care, this activity has been planned and implemented by Amedco LLC and the Society for Behavioral Medicine (SBM). Amedco LLC is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

Credit Designation Statement – Amedco LLC designates this live activity for a maximum of 23.25 *AMA PRA Category 1 Credits™* for physicians and 23.25 contact hours for nurses. Learners should claim only the credit commensurate with the extent of their participation in the activity.

Nurse Practitioners The American Association of Nurse Practitioners (AANP) recognizes the Accreditation Council for Continuing Medical Education (ACCME) and the American Nurses Credentialing Center (ANCC) as approved accreditors and allow reciprocity for AANPCP continuing education credit.

Psychologists This course is co-sponsored by Amedco and SBM. Amedco is approved by the American Psychological Association to sponsor continuing education for psychologists. Amedco maintains responsibility for this program and its content. Maximum of 23.25 hours.

Dietitians You can earn a total of up to 23.25 CPEUs by attending this conference. Please see the PDP guidelines at <http://www.cdrnet.org> for further explanation of requirements.

Certified Health Education Specialists Application has been made to the National Commission for Health Education Credentialing, Inc. (NCHEC) for CHES Category I continuing education contact hours (CECH).

SBM Mobile App

Download the free 2019 Annual Meeting mobile app by searching “SBM Events” in your app store and downloading the SBM Events app. This also includes past SBM meetings.

Wi-Fi Network:
Hilton Meetings

Password:
SBM2019

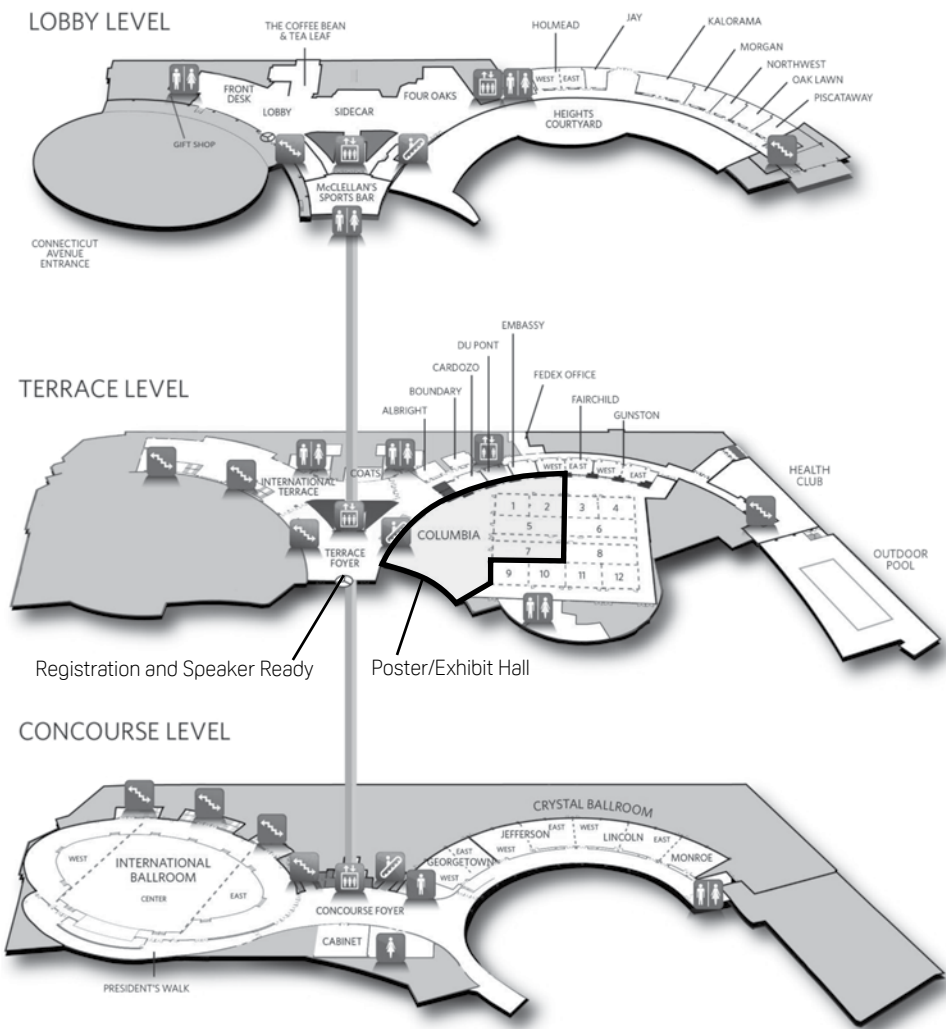
You can use the app to:

- search posters and sessions by presenter, author, day, type, and topic area;
- add sessions to your calendar;
- view session descriptions and presenter information;
- access exhibitor information;
- browse other presenters and app users;
- connect with SBM on social media;
- view award winners; and
- take notes.



Questions about using the app?
Stop by the onsite registration desk.

Washington Hilton Map



New Edition—A Major Revision!

Handbook of Obesity Treatment

SECOND EDITION

Edited by
Thomas A. Wadden, PhD
George A. Bray, MD

2018, 7" x 10" Hardcover, 716 Pages
ISBN 978-1-4625-3556-9, \$95.00, **\$76.00**

New in Paperback

Self-Determination Theory

Basic Psychological Needs in Motivation, Development, and Wellness

Richard M. Ryan, PhD
Edward L. Deci, PhD

2018, 7" x 10" Paperback (© 2017)
756 Pages, ISBN 978-1-4625-3896-6
\$45.00, **\$36.00**

Treating Sleep Problems A Transdiagnostic Approach

Allison G. Harvey, PhD
Daniel J. Buysse, MD


2018, 6" x 9" Paperback, 192 Pages
ISBN 978-1-4625-3195-0, \$30.00, **\$24.00**

New

Suicidology A Comprehensive Biopsychosocial Perspective

Ronald W. Maris, PhD

 2019, 7" x 10" Hardcover
554 Pages, ISBN 978-1-4625-3698-6
\$65.00, **\$52.00**

 **PROFESSORS:** Books marked with this symbol in this ad and on our website are available **Free For Adoption Consideration (FFAC)**. If you are teaching a relevant course, go to www.guilford.com/professors to request your free copy, browse all FFAC texts, and view policy details. Most FFAC copies are also available as free PDF e-books.

GUILFORD PRESS

370 Seventh Avenue, Suite 1200, New York, NY 10001-1020
Phone 800-365-7006 • Fax 212-966-6708

Save 20% + Free Shipping at www.guilford.com with promo code 7FR

New Edition— Revised & Expanded!

Leaving It at the Office SECOND EDITION A Guide to Psychotherapist Self-Care

John C. Norcross, PhD, ABPP
Gary R. VandenBos, PhD, ABPP

2018, 6" x 9" Paperback, 276 Pages
ISBN 978-1-4625-3592-7, \$30.00, **\$24.00**

New

Helping Couples and Families Navigate Illness and Disability An Integrated Approach

John S. Rolland, MD, MPH

2018, 6" x 9" Hardcover, 400 Pages
ISBN 978-1-4625-3495-1, \$45.00, **\$36.00**

Biofeedback

FOURTH EDITION

A Practitioner's Guide


Edited by Mark S. Schwartz, PhD
Frank Andrasik, PhD

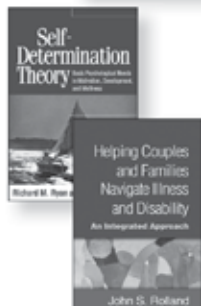
2017, 7" x 10" Paperback (© 2016), 764 Pages
ISBN 978-1-4625-3194-3, \$60.00, **\$48.00**

New

Sexuality in Adolescence and Emerging Adulthood

Raymond Montemayor, PhD

 2019, 7" x 10" Paperback, 362 Pages
ISBN 978-1-4625-3716-7
\$45.00, **\$36.00**



Exhibitors and Supporters

Exhibitors

Please make time to visit exhibitors’ booths in the meeting exhibit hall, located in the Columbia Exhibit/Poster Hall.

Exhibit hall hours are:

| | |
|--------------------|------------------------------------|
| Wednesday, March 6 | 6:30 PM – 7:30 PM |
| Thursday, March 7 | 12 PM – 1 PM and 6:30 PM – 7:30 PM |
| Friday, March 8 | 12 PM – 1 PM and 6:30 PM – 7:30 PM |
| Saturday, March 9 | 10:30 AM – 11:30 AM |

| Exhibitor | Booth Number |
|---|--------------|
| Activinsights | 8 |
| coVita | 4 |
| Fitabase | 6 |
| The Gerontological Society of America (GSA) | 2 |
| Mayo Clinic | 7 |
| MEI Research, Ltd | 3 |

| Exhibitor | Booth Number |
|--|--------------|
| National Collaborative on Childhood Obesity Research (NCCOR) | 11 |
| National Institute on Alcohol Abuse and Alcoholism (NIAAA) | 5 |
| Oxford University Press | 1 |
| PAL Technologies | 10 |
| Springer Publishing | 9 |

Supporters

SBM is pleased to acknowledge financial support for the 40th Annual Meeting & Scientific Sessions from the following entities.

| Premium Supporters | Platinum Supporters | Gold Supporters | Additional Supporters |
|---|---|--|--|
| Mayo Clinic Mayo Clinic Cancer Center Omada Health University of Connecticut College of Agriculture, Health and Natural Resources University of Connecticut Department of Allied Health Sciences University of Connecticut Institute for Collaboration on Health, Intervention and Policy (InCHIP) WW | Activinsights Fitabase PatientsLikeMe Truth Initiative | coVita The Gerontological Society of America (GSA) IBM Research MEI Research, Ltd National Collaborative on Childhood Obesity Research (NCCOR) National Institute on Alcohol Abuse and Alcoholism (NIAAA) Northwell Health Oxford University Press PAL Technologies Springer Publishing | Bentley University Health Thought Leadership Network Connected and Open Research Ethics (CORE) by UCSD Center for Ethics in Digital Health Research Guilford Press ICF National Cancer Institute Cancer Prevention Fellowship Program (CPFP) University of Connecticut Center for mHealth and Social Media Wake Forest School of Medicine |

Exhibitors and Supporters

Supporters

SBM would like to gratefully acknowledge financial support of the following sessions:

- **University of Connecticut Department of Allied Health Sciences; College of Agriculture, Health and Natural Resources; and Institute for Collaboration on Health, Intervention, and Policy (InCHIP):** “Presidential Keynote: Leading the Narrative: Bringing Behavioral Medicine to the Masses”
- **WW:** “Student Speed Networking”
- **PatientsLikeMe:** “Master Lecture: Beyond Tokenism: How Patients are Impacting Research, Advocacy, and Healthcare Delivery”
- **WW:** “Welcome Ceremony: Industry Networking”
- **Omada Health:** “Presidential Symposium: New Developments in Online Social Networks, Health, and Well-Being”
- **University of Connecticut Center for mHealth and Social Media; and Connected and Open Research Ethics (CORE) by UCSD Center for Ethics in Digital Health Research:** “Presidential Symposium: Connecting Behavioral Health, mHealth and Social Media through Ethics, Values, and Taking Action”
- **WW:** “Symposium: Digital Health Council Presents: Digital Health for Mental Health: Academia, Patients, and Industry Partnering Toward Solutions”
- **WW:** “Symposium: It Would Be Fun, They Said: Co-Designing a Digital Behavioral Intervention”
- **WW:** “Panel Discussion: Digital Health: The Year in Review”
- **WW:** “Panel Discussion: Leading the Narrative: Opportunities and Challenges to Conducting Theoretically Grounded Research Outside Academia”
- **IBM Research:** “Panel Discussion: Citizen Science and Patient Voice in Research: An Informatics Perspective”
- **WW:** “Panel Discussion: Interdisciplinary, Collaborative Models of Designing, Implementing, and Evaluating Digital Behavior Change Interventions”
- **WW:** “Panel Discussion: The Evolving Digital Media Landscape and its Impact on Population Health”
- **Omada Health:** “Panel Discussion: Digital Health Council Presents: Tales from the Trenches: What is Life REALLY Like in the Private Sector?”
- **Activinsights:** “Midday Meeting: Behavioral Events: Research, Implementations, and the Individual”

Schedule At A Glance

| Wednesday | Thursday and Friday | Saturday |
|---|---|---|
| | Breakfast Roundtables 7 AM - 7:50 AM | |
| | | |
| | Symposia 8 AM - 9:15 AM | Master Lecture Symposia 8 AM - 9:15 AM |
| | | |
| | Keynote 9:45 AM - 10:45 AM | Presidential Meet and Greet & Business Meeting 9:30 AM - 10:15 AM |
| | | |
| | Midday Meetings, Paper Sessions 11 AM - 12 PM | Poster Session, Exhibit Hall Open 10:30 AM - 11:30 AM |
| | | |
| | Exhibit Hall 12 PM - 1 PM | Keynote 11:45 AM - 12:45 PM |
| | | |
| | Master Lectures, Panel Discussions 1 PM - 2 PM | Health Fair, Lab Management, Speed Networking 1 PM - 2 PM |
| | | |
| | Symposia 2:15 PM - 3:30 PM | |
| | | |
| | Paper Sessions 3:45 PM - 5 PM | |
| | | |
| Welcome/40 th Anniversary 5:15 PM - 6:15 PM | Keynote 5:15 PM - 6:15 PM | |
| | | |
| Poster Session, Exhibit Hall Open 6:30 PM - 7:30 PM | Poster Session, Exhibit Hall Open 6:30 PM - 7:30 PM | |

Plenary Sessions At A Glance

| Wednesday, March 6, 2019 | |
|---|--------------------|
| Session | Time |
| SBM's 40th Anniversary Welcome Celebration Chair: Sherry Pagoto, PhD, University of Connecticut Panelists: Redford Williams, MD, Duke University Medical Center; Cynthia Castro Sweet, PhD, Omada Health; and Jocelyn Remmert, MS, Drexel University <i>Industry Networking Sponsored by: WW International Ballroom Center</i> | 5:15 PM – 6:15 PM |
| Thursday, March 7, 2019 | |
| Session | Time |
| Opening Keynote: Health and Technology Megatrends: How You Can Anticipate the Future Presenter: Susannah Fox, Healthcare and Information Technology Researcher Moderator: Gary Bennett, PhD, Duke University <i>International Ballroom Center</i> | 9:45 AM – 10:45 AM |
| Master Lecture Panel: Science Communication: Writing for the Public Panelists: Elaine Chen, JD, New York Times; Meredith Drosback, PhD, American Association for the Advancement of Science; and Bijal Trivedi, MA, MS, The Conversation Moderator: Monica Wang, ScD, MS, Boston University <i>International Ballroom East</i> | 1 PM – 2 PM |
| Distinguished Science Master Lecture: Psychosocial Problems in Patients with Heart Failure Presenter: Kenneth Freedland, PhD, Washington University School of Medicine Moderator: Judith Ockene, PhD, MEd, MA, University of Massachusetts <i>International Ballroom West</i> | 1 PM – 2 PM |
| Presidential Symposium: New Developments in Online Social Networks, Health, and Wellbeing Chair: Robert G. Kent de Grey, PhD, University of Utah Presenters: Jenna Clark, PhD, Duke University; and Jingwen Zhang, PhD, University of California, Davis Discussant: Wen-ying Sylvia Chou, PhD, MPH, National Cancer Institute <i>Session Sponsored by: Omada Health</i> | 2:15 PM – 3:30 PM |
| Presidential Symposium: The Search for Mechanisms in Behavioral Economic Interventions Chair: Brad Appelhans, PhD, Rush University Medical Center Presenters: Lesley Fellows, MD, PhD, McGill University; Scott D. Halpern, MD, PhD, University of Pennsylvania; and Theresa Marteau, PhD, University of Cambridge <i>International Ballroom East</i> | 2:15 PM – 3:30 PM |

Plenary Sessions At A Glance

| | |
|--|--------------------|
| Presidential Keynote and Awards Ceremony: Leading the Narrative: Bringing Behavioral Medicine to the Masses Presenter: Sherry Pagoto, PhD, University of Connecticut Moderator: Kristin Schneider, PhD, Rosalind Franklin University of Medicine and Science <i>Session Sponsored by: University of Connecticut Department of Allied Health Sciences; College of Agriculture, Health and Natural Resources; and Institute for Collaboration on Health, Intervention, and Policy (InCHIP) International Ballroom Center</i> | 5:15 PM - 6:15 PM |
| Friday, March 8, 2019 | |
| Session | Time |
| Presidential Symposium: The Last Mile Problem in Healthcare: How Behavioral Medicine Can Change the Narrative in Evidence Implementation Chair: Bradford W. Hesse, PhD, National Cancer Institute Presenters: Eliah Aronoff-Spencer, MD, PhD, University of California, San Diego; Melinda Krakow, PhD, MPH, National Cancer Institute; and Robin Vanderpool, DrPH, CHES, University of Kentucky Discussant: Kevin Patrick, MD, MS, University of California, San Diego <i>International Ballroom West</i> | 8 AM - 9:15 AM |
| Keynote Panel: Heroes Tackling the Social Determinants of Health Panelists: Toyin Ajayi, MD, Cityblock; Mindi Knebel, Kaizen Health; and Carlo “Khali” Sweeney, Detroit Boxing Gym Youth Program Moderator: Stephenie Lemon, PhD, University of Massachusetts Medical School <i>International Ballroom Center</i> | 9:45 AM - 10:45 AM |
| Master Lecture Panel: Open Science and Behavioral Medicine: What, Why, and How Should We Engage? Panelists: Bradford W. Hesse, PhD, National Cancer Institute; Abby King, PhD, Stanford University School of Medicine; and John Wilbanks, BA, Sage Bionetworks Moderator: Eric Hekler, PhD, University of California, San Diego <i>International Ballroom East</i> | 1 PM - 2 PM |
| Jessie Gruman Master Lecture: Engaging Populations in Primary Care Settings and Helping Communities Following Tragedies to Improve Health Presenter: Capt. Jeffrey Goodie, PhD, ABPP, United States Public Health Service Moderator: Bonnie Spring, PhD, ABPP, Northwestern University <i>International Ballroom West</i> | 1 PM - 2 PM |

Plenary Sessions At A Glance

| | |
|---|---------------------|
| <p>Presidential Panel Discussion: Military and Veterans' Health SIG Presents: Listening to Patient and Clinician Voices in Order to Be Heard: Reverse Translation in Action</p> <p>Chair: Lisa McAndrew, PhD, War Related Illness and Injury Study Center (WRIISC)/Veterans Affairs</p> <p>Presenters: Jessica Breland, PhD, VA Palo Alto; David Earnest, Colonel USAF Retired, DDS, VA Palo Alto. Volunteer - Veteran And Family Advisory Council and Public Affairs; Katherine Hoerster, PhD, MPH, VA Puget Sound Healthcare, Seattle and University of Washington; David Litke, PhD, Veterans Affairs; and Travis Runnels, VA Palo Alto</p> <p><i>Monroe</i></p> | 1 PM - 2 PM |
| <p>Presidential Symposium: Ethics Working Group Presents: Connecting Behavioral Health, mHealth, and Social Media through Ethics, Values, and Taking Action</p> <p>Chair: Sherri Sheinfeld Gorin, PhD, New York Physicians Against Cancer (NYPAC), University of Michigan</p> <p>Presenters: Chanita Hughes Halbert, PhD, MUSC; Anthony Solomonides, PhD, NorthShore University Health System; John Torous, MD, MBI, Harvard Medical School; Jessica Vitak, PhD, University of Maryland; and Camille Nebeker, EdD, MS, University of California, San Diego</p> <p>Discussant: Dina Paltoo, PhD, MPH, National Library of Medicine</p> <p>Session Sponsored by: <i>University of Connecticut Center for mHealth and Social Media; and Connected and Open Research Ethics (CORE) by UCSD Center for Ethics in Digital Health Research</i></p> <p><i>Jefferson East</i></p> | 2:15 PM - 3:30 PM |
| <p>Keynote Presentation: Celebrity Culture, Social Media, and the Battle for Our Health</p> <p>Presenter: Tim Caulfield, LLM, LLB, BsC, University of Alberta</p> <p>Moderator: Sherry Pagoto, PhD, University of Connecticut</p> <p><i>International Ballroom Center</i></p> | 5:15 PM - 6:15 PM |
| Saturday, March 9, 2019 | |
| Session | Time |
| <p>Master Lecture Panel: Beyond Tokenism: How Patients are Impacting Research, Advocacy, and Healthcare Delivery</p> <p>Panelists: Tamika Felder, Cervivor; Cyrena Gawuga, PhD, Boston University; and Dana Lewis, BA, OpenAPS</p> <p>Moderator: Emil Chiauzzi, PhD, PatientsLikeMe</p> <p>Session Sponsored by: <i>PatientsLikeMe</i></p> <p><i>International Ballroom West</i></p> | 8 AM - 9:15 AM |
| <p>Closing Keynote: Engaging Community Partners to Transform Learning Healthcare Systems into Learning Health Care Communities</p> <p>Presenters: Daniel Mullins, PhD, University of Maryland; and Gail Graham, HIV/AIDS Outreach Services and Ministry at Mt. Lebanon Baptist Church</p> <p>Moderator: Karen Emmons, PhD, Harvard T.H. Chan School of Public Health</p> <p><i>International Ballroom East</i></p> | 11:45 AM - 12:45 PM |

DAILY SCHEDULE • Wednesday, March 6

Use the Annual Meeting mobile app to view full descriptions for all sessions, including keynotes and special interest group (SIG) breakfasts. The mobile app also contains full lists of all paper authors.

All sessions offer continuing education credit unless otherwise noted.

2:30 PM – 5 PM

Course 1: Cancer SIG Presents: Incorporating Economic Analyses into Behavioral Medicine Research

Room: *International Ballroom East*

Topic Area: Methods and Measurement

Chair: Paul Jacobsen, PhD, National Cancer Institute

Presenters: Sarah Duffy, PhD, National Institute on Drug Abuse; Robert Kaplan, PhD, Stanford University; and Dawn Wilson, PhD, University of South Carolina

8:30 AM – 11 AM

Course 2: Violence and Trauma SIG Presents: Trauma Informed Care as a Universal Precaution: Practical Applications for Behavioral Medicine Practitioners and Researchers

Room: *International Ballroom East*

Topic Area: Social and Environmental Context and Health

Chairs: Emilie Adams, M.S.CTRSC-IAYT, Clemson University; Andrea Clements, PhD, East Tennessee State University; and Sheela Raja, PhD, University of Illinois at Chicago

Presenter: Julia Dodd, PhD, East Tennessee State University

11:45 AM – 2:15 PM

Course 3: Integrated Primary Care SIG Presents: Practical Leadership Strategies for Early Career Professionals Working Within Interprofessional Healthcare Settings

Room: *International Ballroom East*

Topic Area: Education, Training and Career Development

Chairs: Jennifer Funderburk, PhD, VA Center for Integrated Healthcare; and Jeffrey Goodie, PhD, ABPP, Uniformed Services University

Presenters: Cerissa Blaney, PhD, University of Central Florida; Jeffrey Quinlan, MD, FAAFP, Uniformed Services University of the Health Sciences; and Andy Rowan, PhD, ABPP, Regent University; Chelsea Wiener, MS, University of Central Florida

8:30 AM – 11 AM

Course 4: Population Health Science SIG Presents: Use of Nationally Representative, Population-Based Datasets for Health-Related Research

Room: *International Ballroom West*

Topic Area: Methods and Measurement

Chairs: Richard Moser, PhD, National Cancer Institute; and Molly Waring, PhD, University of Connecticut

Presenter: Kelly Blake, ScD, National Cancer Institute

DAILY SCHEDULE • Wednesday, March 6

11:45 AM – 2:15 PM

Course 5: Physical Activity SIG Presents: Innovative Approaches to Physical Activity Promotion and Sedentary Behavior Reduction Interventions

Room: *International Ballroom West*

Topic Area: Physical Activity

Chair: Siobhan Phillips, PhD, MPH, Northwestern University

Presenters: Matthew Buman, PhD, Arizona State University; Lisa Cadmus-Bertram, PhD, University of Wisconsin-Madison; Jason Fanning, PhD, Wake Forest University; Frank Perna, EdD, PhD, National Cancer Institute; and Dori Rosenberg, PhD, MPH, Kaiser Permanente Washington Health Research Institute

2:30 PM – 5 PM

Course 6: Publications and Communications Council Presents: Practical Steps for Increasing Openness and Reproducibility in Behavioral Medicine Research

Room: *International Ballroom West*

Topic Area: Education, Training and Career Development

Chair: David Conroy, PhD, The Pennsylvania state University

Presenter: Ian Sullivan, BA, Center for Open Science

2:30 PM – 5 PM

Course 7: Integrated Primary Care and Behavioral Informatics and Technology SIGs Present: Learning How to Effectively Communicate Your Science

Room: *Lincoln West*

Topic Area: Health Communication

Chairs: Danielle Arigo, PhD, Rowan University; Cerissa Blaney, PhD, University of Central Florida; Lisa Cadmus-Bertram, PhD, University of Wisconsin-Madison; and Jennifer Funderburk, PhD, VA Center for Integrated Healthcare

Presenters: Jamie Bodenlos, PhD, Hobart and William Smith Colleges; Matthew Brems, MS, General Assembly Data Science Immersive Program; and John Torous, MD, MBI, Beth Israel Deaconess Medical Center, Harvard University; Chelsea Wiener, MS, University of Central Florida

2:30 PM – 5 PM

Course 8: Behavioral Informatics and Technology SIG Presents: Using the Insight Platform to Rapidly Create Innovative Smartphone Based Assessments and Just-In-Time Adaptive Interventions

Room: *Jefferson West*

Topic Area: Digital Health

Chair: Michael Businelle, PhD, University of Oklahoma Health Sciences Center

Presenters: Emily Hébert, DrPH, University of Oklahoma Health Sciences Center; Darla Kendzor, PhD, OUHSC; and Damon Vidrine, DrPH, MS, University of Oklahoma Health Sciences Center; Danielle Arigo, PhD, Rowan University

DAILY SCHEDULE • Wednesday, March 6

8:30 AM – 2:15 PM

Course 9: Digital Health Council Presents: Creating and Delivering a Powerful Pitch: Expanding Your Arsenal of Presentation Skills

Room: *Lincoln West*

Topic Area: Education, Training and Career Development

Chair: Ellen Beckjord, PhD, MPH, UPMC Health Plan

Presenter: Danielle Blanch-Hartigan, PhD, MPH, Bentley University

8:30 AM – 2:15 PM

Course 10: Digital Health Council Presents: Playing in the Co-Designer's Toybox-Learning, Applying, and Taking Home the Techniques

Room: *Columbia 4*

Topic Area: Digital Health

Presenters: Ellen Beckjord, PhD, MPH, UPMC Health Plan; Amber Blackwood, MPH, CHES, UPMC Health Plan; and Kristin McCall-Kiley, MSA, MASD, UPMC Health Plan

8:30 AM – 5 PM

Course 11: Military and Veterans' Health and Theories and Techniques of Behavior Change Interventions SIGs Present: Health Habit Change Workshop: Using Motivational Interviewing and the Science of Behavior Change for Health Behavior Change

Room: *Columbia 8*

Topic Area: Military and Veterans' Health

Chair: Ryan Kalpinski, PhD, United States Air Force

Presenters: Andrew Dunkle, PhD; Abby Fields, PhD, US Air Force; and David Tubman, PsyD, ABPP, US Air Force

8:30 AM – 5 PM

Course 12: Optimization of Behavioral and Biobehavioral Interventions SIG Presents: Introduction to MOST for Building More Effective, Efficient, Economical, and Scalable Behavioral Interventions

Room: *Columbia 3*

Topic Area: Methods and Measurement

Presenters: Linda Collins, PhD, Methodology Center, The Pennsylvania State University; and Kate Guastaferro, PhD, MPH, The Pennsylvania State University

2:30 PM – 5 PM

Seminar 1: Going Global: What You Always Wanted to Know About Developing a Career in Global Behavioral Medicine but Were Afraid to Ask?

Room: *Jefferson East*

Topic Area: Education, Training and Career Development

Instructional Level: Intermediate

Chair: Brian Oldenburg, BS, MPsychoI, PhD, University of Melbourne

Presenters: Ogedegbe Gbenga, MD, MPH, New York University; Abby King, PhD, Stanford University; and James Sallis, PhD, University of California, San Diego

DAILY SCHEDULE • Wednesday, March 6

11:45 AM – 2:15 PM

Seminar 2: Using Project Management Skills in Behavioral Research

Room: *Jefferson East*

Topic Area: Education, Training and Career Development

Instructional Level: Beginner

Chair: Jessica Bibeau, MA, University of Connecticut

Presenters: Julia Berteletti, MSW, Klein Buendel; Jared Goetz, BA, University of Connecticut; and Kim Massie, BS, Claremont Graduate University



8:30 AM – 11 AM

Seminar 3: Theories and Techniques of Behavior Change Interventions SIG Presents: Designing and Evaluating Multilevel Interventions in Behavioral Medicine: Innovations in Theory, Designs and Methods

Room: *Jefferson East*

Topic Area: Methods and Measurement

Instructional Level: Beginner/Intermediate

Open Science:  

Chair: Brian Mittman, PhD, Kaiser Permanente Southern California

Presenters: Erica Breslau, PhD, MPH, National Cancer Institute; and Sarah Kobrin, PhD, MPH, National Cancer Institute

8:30 AM – 11 AM

Seminar 4: Cancer and Health Equity SIGs Present: What You Need to Know About Writing Grants: Tips and Techniques from Experts

Room: *Jefferson West*

Topic Area: Cancer

Instructional Level: Beginner

Chair: Felicity Harper, PhD, Karmanos Cancer Institute/Wayne State University

Presenters: Michael Andrykowski, PhD, University of Kentucky College of Medicine; Laura Porter, PhD, Duke University; Lisa Quintiliani, PhD, Boston University; Jamilia Sly, PhD, Icahn School of Medicine at Mount Sinai; Lara Traeger, PhD, Massachusetts General Hospital; and Susan Vadaparampil, PhD, Moffitt Cancer Center

2:30 PM – 5 PM

Seminar 5: Pain SIG Presents: Evidence-Based Behavioral Treatment of Headache Disorders

Room: *Monroe*

Topic Area: Pain

Instructional Level: Intermediate/Advanced

Chair: Elizabeth Seng, PhD, Yeshiva University/Albert Einstein College of Medicine/Montefiore Medical Center

Presenter: Donald Penzien, PhD, Wake Forest University

DAILY SCHEDULE • Wednesday, March 6


2:30 PM – 5 PM

Seminar 6: N-of-1 Design as a Tool for Precision Behavior Change Medicine

Room: *Georgetown West*

Topic Area: Methods and Measurement

Instructional Level: Beginner/Intermediate

Open Science: 

Chair: Dominika Kwasnicka, PhD, MSc, MA, Curtin University

2:30 PM – 5 PM

Seminar 7: How Do We Motivate Adults to Meet Recommended Physical Activity Guidelines? Hint: It's Not with Traditional Exercise!

Room: *Columbia 6*

Topic Area: Physical Activity

Instructional Level: Intermediate/Advanced

Chair: M. Felicia Cavallini, EdD, Limestone College


11:45 AM – 2:15 PM

Seminar 8: How Rhode Island Is Advancing Care Transformation: Evaluation of a Statewide Integrated Behavioral Health Pilot Program

Room: *Jefferson West*

Topic Area: Integrated Primary Care

Instructional Level: Intermediate/Advanced

Open Science: 

Chair: Nelly Burdette, PsyD, Providence Community Health Centers; and Care Transformation Collaborative of RI

Presenters: Roberta Goldman, PhD, Brown University; and Pano Yeracaris, MD, MPH, Care Transformation Collaborative Rhode Island


2:30 PM – 5 PM

Seminar 10: Meta-Analysis and Assessing Publication Bias Using R and Jamovi

Room: *Columbia 4*

Topic Area: Methods and Measurement

Instructional Level: Beginner/Intermediate

Open Science: 

Chair: Kathleen Coburn, PhD, University of California, Merced

Presenter: W. Kyle Hamilton, BA, University of California, Merced

DAILY SCHEDULE • Wednesday, March 6

8:30 AM – 2:15 PM

Seminar 11: Theories and Techniques of Behavior Change Interventions SIG Presents: The 'Nuts and Bolts' of Behavioral Intervention Development: Study Designs, Methods and Funding Opportunities

Room: *Monroe*

Topic Area: Methods and Measurement

Instructional Level: Beginner/Intermediate

Chairs: Susan Czajkowski, PhD, Division of Cancer Control and Population Sciences, National Cancer Institute, NIH; and Lynda Powell, PhD, Rush University Medical Center

Presenters: Walter Dempsey, PhD, Statistics, Harvard University; Kenneth Freedland, PhD, Washington University; Christine Hunter, PhD, Office of Behavioral and Social Sciences Research, National Institutes of Health; Frank Perna, EdD, PhD, National Cancer Institute; Ty Ridenour, PhD, RTI International; and Elizabeth Towner, PhD, Wayne State University

8:30 AM – 2:15 PM

Seminar 12: Using Responsive and Adaptive Survey Design to Improve Data Collection Efficiency

Room: *Georgetown West*

Topic Area: Methods and Measurement

Instructional Level: Beginner

Chair: Brady West, PhD, Institute for Social Research, University of Michigan-Ann Arbor

Presenters: James Wagner, PhD, Institute for Social Research, University of Michigan-Ann Arbor; and Brady West, PhD, Institute for Social Research, University of Michigan-Ann Arbor

8:30 AM – 2:15 PM

Seminar 13: A Practical Guide to Creating Effective Digital Health Programs with Behavioral Science

Room: *Columbia 6*

Topic Area: Digital Health

Instructional Level: Intermediate

Chair: Ed Holzwarth, Pattern Health

Presenters: Ed Barber, MBA, Pattern Health; Aline Holzwarth, MBA, Pattern Health

Continuing education credit not available for this session.

5:15 PM – 6:15 PM

SBM's 40th Anniversary Welcome Celebration

Room: International Ballroom Center

Chair: Sherry Pagoto, PhD, University of Connecticut

Panelists: Redford Williams, MD, Duke University Medical Center; Cynthia Castro Sweet, PhD, Omada Health; and Jocelyn Remmert, MS, Drexel University

Continuing education credit not available for this session.

Industry Networking Sponsored by: WW

6:30 PM – 7:30 PM

Membership and SIG Councils Present: New Member Meet & Greet

Room: International Terrace

Continuing education credit not available for this session.

6:30 PM – 7:30 PM

Poster Session A

Room: Columbia Poster/Exhibit Hall

Continuing education credit not available for this session.

DAILY SCHEDULE • Thursday, March 7

7 AM – 7:50 AM **Breakfast Roundtable: Behavioral Informatics and Technology SIG Presents ‘Tech Madness’**

Room: *Jefferson East*
 Topic Area: Digital Health
 Presenters: Danielle Arigo, PhD, Rowan University; and Lisa Cadmus-Bertram, PhD, University of Wisconsin-Madison
 Moderator: Katrina Mateo, MPH, DPHc, CUNY Hunter College
Continuing education credit not available for this session.

7 AM – 7:50 AM **Breakfast Roundtable: Cardiovascular Disease SIG in Formation Business Meeting**

Room: *Columbia 10*
 Topic Area: Cardiovascular Disease
 Presenter: Matthew Whited, PhD, East Carolina University
 Moderator: Elena Salmoirago-Blotcher, MD, PhD, Miriam Hospital, Brown University Medical School & School of Public Health
Continuing education credit not available for this session.

7 AM – 7:50 AM **Breakfast Roundtable: Health Decision Making SIG Program Planning and Networking Meeting**

Room: *Columbia 8*
 Topic Area: Decision Making
 Presenter: Lisa Carter-Harris, PhD, APRN, ANP-C, Memorial Sloan Kettering Cancer Center
 Moderator: Aisha Langford, PhD, MPH, New York University
Continuing education credit not available for this session.

7 AM – 7:50 AM **Breakfast Roundtable: Integrated Primary Care SIG Networking Breakfast**

Room: *Lincoln West*
 Topic Area: Integrated Primary Care
 Presenters: Cerissa Blaney, PhD, University of Central Florida; Chelsea Wiener, MS, University of Central Florida
 Moderator: Jennifer Funderburk, PhD, VA Center for Integrated Healthcare
Continuing education credit not available for this session.

7 AM – 7:50 AM **Breakfast Roundtable: Military and Veterans’ Health SIG Business Meeting and Discussion**

Room: *Jefferson West*
 Topic Area: Military and Veterans’ Health
 Presenters: Katherine Hoerster, PhD, VA Puget Sound Healthcare, Seattle and University of Washington; Lisa McAndrew, PhD, War Related Illness and Injury Study Center (WRIISC)/Veterans Affairs; and Celina Shirazipour, PhD, Cedars-Sinai Medical Center
 Moderator: Ryan Kalpinski, PhD, United States Air Force
Continuing education credit not available for this session.

DAILY SCHEDULE • Thursday, March 7

7 AM – 7:50 AM

Breakfast Roundtable: Nurses Section: Leading the Narrative: Optimizing the Potential of Nursing Contributions to Behavioral Medicine

Room: *Monroe*

Topic Area: Education, Training and Career Development

Presenter: Barbara Resnick, PhD, RN, CRNP, FAAN, FAANP, University of Maryland School of Nursing, Baltimore

Moderator: Laura Hayman, PhD, RN, FAAN, University of Massachusetts Boston

Continuing education credit not available for this session.

7 AM – 7:50 AM

Breakfast Roundtable: Obesity and Eating Disorders SIG Breakfast Roundtable

Room: *Lincoln East*

Topic Area: Obesity

Presenters: Danielle Jake-Schoffman, PhD, University of Florida; Tricia Leahey, PhD, University of Connecticut; and Delia West, PhD, University of South Carolina

Moderators: Rebecca Crochiere, Drexel University; Rebecca Krukowski, PhD, University of Tennessee Health Science Center; and Kathryn Ross, PhD, MPH, University of Florida

Continuing education credit not available for this session.

7 AM – 7:50 AM

Breakfast Roundtable: Pain SIG Business Meeting and Awards Ceremony

Room: *Columbia 4*

Topic Area: Pain

Presenters: Sara Edmond, PhD, VA Connecticut Healthcare System; and Ana-Maria Vranceanu, PhD, Harvard Medical School/Massachusetts General Hospital

Moderator: Sara Edmond, PhD, VA Connecticut Healthcare System

Continuing education credit not available for this session.

7 AM – 7:50 AM

Breakfast Roundtable: Spirituality and Health SIG Breakfast Roundtable

Room: *Columbia 6*

Topic Area: Complementary and Integrative Medicine/Spirituality

Presenters: Jennifer Hulett, PhD, APRN, FNP-BC, University of South Carolina; Caroline Kaufman, MSc, The University of Memphis; and Karen Yearly, PhD; Jill Bormann, PhD, RN, FAAN, University of San Diego

Moderator: Jennifer Hulett, PhD, APRN, FNP-BC, University of South Carolina

Continuing education credit not available for this session.

THURSDAY

DAILY SCHEDULE • Thursday, March 7

7 AM – 7:50 AM **Breakfast Roundtable: The HIV and Sexual Health SIG Presents “Introduction to Training Grants: What They Are and How to Get One”**

Room: *Columbia 9*
 Topic Area: HIV/AIDS
 Presenters: Valarie Earnshaw, PhD, University of Delaware; Kimberly Nelson, PhD, MPH, Centers for Behavioral and Preventative Medicine at the Miriam Hospital; Courtney Peasant Bonner, PhD, RTI International; and H. Jonathon Rendina, PhD, MPH, CUNY Hunter College
 Moderator: Raymond Moody, MA, Graduate Center, City University of New York
Continuing education credit not available for this session.

7 AM – 7:50 AM **Breakfast Roundtable: Theories and Techniques of Behavior Change Interventions SIG Meeting**

Room: *Georgetown East*
 Topic Area: Multiple Behavior Change
 Presenters: Paul Branscum, PhD, RD, Miami University; and Susan Czajkowski, PhD, Division of Cancer Control and Population Sciences, National Cancer Institute, NIH
 Moderators: Jaclyn Maher, PhD, University of North Carolina Greensboro; and Alison Phillips, PhD, Department of Psychology, Iowa State University
Continuing education credit not available for this session.


7 AM – 7:50 AM **Breakfast Roundtable: Trans-Disease Processes SIG Breakfast Roundtable**

Room: *Columbia 3*
 Topic Area: Decision Making
 Presenter: Warren Bickel, PhD, Virginia Tech Carilion Research Institute
 Moderator: Brad Appelhans, PhD, Rush University Medical Center
Continuing education credit not available for this session.

7 AM – 7:50 AM **Breakfast Roundtable: Violence and Trauma SIG Business Meeting**

Room: *Georgetown West*
 Topic Area: Social and Environmental Context and Health
 Presenter: Sheela Raja, PhD, University of Illinois at Chicago
 Moderator: Andrea Clements, PhD, East Tennessee State University
Continuing education credit not available for this session.

8 AM – 9:15 AM **Symposium 1: Improving Medication Adherence: Development of Innovative Interventions and New Measures**

Room: *International Ballroom East*
 Topic Area: Medication Adherence
 Open Science: 
 Chair: Betina Yanez, PhD, Northwestern University Feinberg School of Medicine
 Presenters: Sherif Badawy, MD, MS, Ann & Robert H. Lurie Children’s Hospital of Chicago; Mallorie Heneghan, MD, Northwestern University Feinberg School of Medicine; and John Peipert, PhD, Northwestern University


DAILY SCHEDULE • Thursday, March 7

8 AM – 9:15 AM

Symposium 2: Theories and Techniques of Behavior Change Interventions SIG Presents: Non-Conscious Processes Regulating Physical Activity and Eating Behaviors

Room: *International Ballroom West*

Topic Area: Physical Activity

Open Science: 

Chair: Jaclyn Maher, PhD, University of North Carolina Greensboro

Presenters: David Conroy, PhD, The Pennsylvania State University; Jaclyn Maher, PhD, University of North Carolina Greensboro; Theresa Marteau, PhD, University of Cambridge; and Paschal Sheeran, MA, PhD, University of North Carolina at Chapel Hill

Discussant: L. Alison Phillips, PhD, Iowa State University

8 AM – 9:15 AM

Symposium 3: Novel Approaches for Tailoring Behavioral Interventions for Underserved Groups

Room: *Jefferson East*

Topic Area: Digital Health

Instructional Level: Intermediate

Chair: Allison Sweeney, PhD, University of South Carolina

Presenters: Ken Resnicow, PhD, University of Michigan School of Public Health; Allison Sweeney, PhD, University of South Carolina; and Dawn Wilson, PhD, University of South Carolina

Discussant: Gary Bennett, PhD, Duke University

8 AM – 9:15 AM

Symposium 4: Harnessing Social, Mobile and Sensor Technologies for Cancer Prevention Research: From Recruitment to Intervention

Room: *Jefferson West*

Topic Area: Cancer

Instructional Level: Intermediate

Chairs: Bernard Fuemmeler, PhD, MPH, Virginia Commonwealth University; Sunny Jung Kim, PhD, Virginia Commonwealth University

Presenters: Wen-Ying Sylvia Chou, PhD, MPH, National Cancer Institute; Sunny Jung Kim, PhD, Virginia Commonwealth University; Johannes Thrul, PhD, Johns Hopkins Bloomberg School of Public Health; and Jessica Whiteley, PhD, University of Massachusetts Boston

Discussant: David Buller, PhD, Klein Buendel


8 AM – 9:15 AM

Symposium 5: Innovative Approaches to Modeling Dietary Data in Ways That Can Inform Population Guidelines

Room: *Lincoln East*

Topic Area: Diet and Nutrition

Instructional Level: Intermediate

Open Science: 

Chair: Jill Reedy, PhD, MPH, RD, National Cancer Institute

Presenters: Lisa Bodnar, PhD, MPH, RD, University of Pittsburgh; Heather Eicher-Miller, PhD, Purdue University; and Angela Liese, PhDMPH, University of South Carolina

Discussant: Stephanie George, PhD, MPH, MA, National Institutes of Health

DAILY SCHEDULE • Thursday, March 7

8 AM – 9:15 AM

Symposium 6: Body Image Dissatisfaction Among Diverse Groups: Contributions to Disordered Eating and Weight

Room: *Lincoln West*
Topic Area: Obesity
Instructional Level: Beginner/Intermediate
Chair: Alyssa Minnick, MS, University of North Carolina at Charlotte
Presenters: Christina Hopkins, BS, Duke University; Alyssa Minnick, MS, University of North Carolina at Charlotte; Brianna Stich, N/A, University of North Carolina at Charlotte; and Rachel Uri, BA, University of North Carolina at Charlotte
Discussant: Virginia Gil-Rivas, PhD, UNC Charlotte


8 AM – 9:15 AM

Symposium 7: Health Equity SIG Presents: Exploring the Lay of the Land: Assets, Needs and Opportunities in Rural Cancer Control

Room: *Monroe*
Topic Area: Cancer
Instructional Level: Beginner/Intermediate
Chair: Sabrina Ford, PhD, Michigan State University, College of Human Medicine
Presenters: Monica Baskin, PhD, University of Alabama at Birmingham; Kelly Blake, ScD, National Cancer Institute; and Kelly Hirko, PhD, MPH, Michigan State University College of Human Medicine
Discussant: Lisa Klesges, PhD, MS, National Cancer Institute

8 AM – 9:15 AM

Symposium 8: Optimizing Behavioral and Biobehavioral Interventions: Three Illustrative Examples

Room: *Georgetown East*
Topic Area: Multiple Behavior Change
Instructional Level: Beginner/Intermediate
Open Science: 
Chair: Danielle Downs, PhD, The Pennsylvania State University
Presenters: Kate Guastafarro, PhD, MPH, The Pennsylvania State University; Daniel Rivera, PhD, Arizona State University
Discussant: Bonnie Spring, PhD, Northwestern University Feinberg School of Medicine

8 AM – 9:15 AM

Symposium 9: Boundary Conditions of Theory-Driven Health Behavior Change Interventions

Room: *Georgetown West*
Topic Area: Health Communication
Instructional Level: Beginner
Chair: Jennifer Taber, PhD, Kent State University
Presenters: Michael Bultmann, MA, University of Missouri-Columbia; Rebecca Ferrer, PhD, National Cancer Institute; and Marc Kiviniemi, PhD, University of Kentucky
Discussant: Paschal Sheeran, MA, PhD, University of North Carolina at Chapel Hill

DAILY SCHEDULE • Thursday, March 7

8 AM – 9:15 AM

Symposium 10: Improving Health During the Postpartum Period: Maternal Health in Crisis

Room: *Columbia 6*

Topic Area: Child and Family Health

Instructional Level: Intermediate/Advanced

Chair: Nancy Hamilton, PhD, University of Kansas

Presenters: Pamela Gellar, PhD, Drexel University; Teresa Lillis, PhD, Rush University Medical Center; and Natalie Stevens, PhD, Rush Medical College

8 AM – 9:15 AM

Symposium 11: Obesity and Eating Disorders and Behavioral Informatics and Technology SIGs Present: Measuring Proximal Factors Associated with Change in Weight-Related Behaviors Using Advanced Technology

Room: *Columbia 8*

Topic Area: Obesity

Instructional Level: Intermediate

Chair: Rebecca Crochiere, BA, Drexel University

Presenters: Danielle Arigo, PhD, Rowan University; Rebecca Crochiere, BA, Drexel University; and Kathryn Ross, PhD, MPH, University of Florida

Discussant: J. Graham Thomas, PhD, Brown University School of Medicine & The Miriam Hospital

8 AM – 9:15 AM

Symposium 12: Health Equity SIG Presents: Engaging the Latino Community in Behavioral Medicine Intervention Research Across the Lifespan

Room: *Columbia 3*

Topic Area: Dissemination and Implementation

Instructional Level: Beginner

Chair: Joanna Buscemi, PhD, DePaul University

Presenters: Margaret Clark, BS, DePaul University; David Marquez, PhD, University of Illinois at Chicago; and Betina Yanez, PhD, Northwestern University

Discussant: Frank Penedo, PhD, University of Miami

8 AM – 9:15 AM

Symposium 13: Understanding Stigma Beyond the Individual: Health Consequences for Couples and Families

Room: *Columbia 4*

Topic Area: Social and Environmental Context and Health

Instructional Level: Beginner/Intermediate

Chair: Lisa Rosenthal, PhD, Pace University


Presenters: Kristi Gamarel, PhD, EdM, University of Michigan School of Public Health; Natalie Reed, University of Delaware; and Gabriel Robles, PhD, MSW, City University of New York

Discussant: Lisa Rosenthal, PhD, Pace University


THURSDAY

DAILY SCHEDULE • Thursday, March 7

8 AM – 9:15 AM **Symposium 14: Physical Activity and Cardiometabolic Risk Across the Lifespan**

Room: *Columbia 9*
 Topic Area: Physical Activity
 Instructional Level: Beginner/Intermediate
 Open Science: 
 Chair: Melissa Napolitano, PhD, Milken Institute School of Public Health/The George Washington University
 Presenters: Loretta DiPietro, PhD, MPH, Milken Institute School of Public Health/The George Washington University; and Jennifer Sacheck, PhD, George Washington University
 Discussant: Laura Hayman, PhD, RN, FAAN, University of Massachusetts Boston

8 AM – 9:15 AM **Symposium 15: Complementary and Integrative Medicine SIG Presents: Using Technology to Deliver Mind Body Interventions: Benefits, Challenges, and Future Directions**

Room: *Columbia 10*
 Topic Area: Complementary and Integrative Medicine/Spirituality
 Instructional Level: Beginner/Intermediate
 Open Science: 
 Chair: Stephanie Sohl, PhD, Wake Forest School of Medicine
 Presenters: Peter Giacobbi, PhD, West Virginia University; Jennifer Huberty, PhD, Arizona State University; and Ana-Maria Vranceanu, PhD, Harvard Medical School/Massachusetts General Hospital
 Discussant: Amanda Shallcross, ND, MPH, New York University, School of Medicine

8 AM – 9:15 AM **Symposium 16: Empowering Veteran Healthcare with Technology: Veteran, Staff and Stakeholder Engagement to Develop and Implement Escreening**

Room: *Columbia 11*
 Topic Area: Dissemination and Implementation
 Instructional Level: Beginner/Intermediate
 Chair: James Pittman, PhD, LCSW, VA Center of Excellence for Stress and Mental Health, University of California San Diego
 Presenters: Laurie Lindamer, PhD, VA San Diego Healthcare System; Borsika Rabin, PhD, MPH, University of California San Diego; and Erin Almklov, PhD, VA San Diego Healthcare System
 Discussant: Laura Damschroder, MS, MPH, VA Ann Arbor Center for Clinical Management Research
Continuing education credit not available for this session.

8 AM – 9:15 AM **Symposium 17: Human Adaptation and Models of Emotions in Chronic Disease**

Room: *Columbia 12*
 Topic Area: Mental Health
 Instructional Level: Intermediate/Advanced
 Chair: Joost Dekker, PhD, Amsterdam University Medical Centers
 Presenters: Edwin Fisher, PhD, Gillings School of Global Public Health, University of North Carolina; and Jeffrey Gonzalez, PhD, Yeshiva University
 Discussant: Lawrence Fisher, PhD, ABBP, University of California San Francisco

DAILY SCHEDULE • Thursday, March 7

9:45 AM – 10:45 AM

Opening Keynote: Health and Technology Megatrends: How You Can Anticipate the Future

Room: *International Ballroom Center*

Presenter: Susannah Fox, Healthcare and Information Technology Researcher

Moderator: Gary Bennett, PhD, Duke University

11 AM – 12 PM

Midday Meeting: Advocacy, Awareness, and Cancer Prevention: A Midday Meeting with the Prevent Cancer Foundation®

Room: *Columbia 3*

Topic Area: Health Policy and Advocacy

Presenters: Lisa Edwards, Prevent Cancer Foundation; Taylor Patton, MSW, The Prevent Cancer Foundation; and Diane Tilton, Presenter, Prevent Cancer Foundation

Moderator: E. Amy Janke, PhD, University of the Sciences

Continuing education credit not available for this session.

11 AM – 12 PM

Midday Meeting: Aging SIG Midday Business Meeting

Room: *Columbia 4*

Topic Area: Quality of Life

Presenter: Neha Gothe, MA, PhD, University of Illinois at Urbana Champaign

Moderator: Elizabeth Orsega-Smith, PhD, University of Delaware

Continuing education credit not available for this session.

11 AM – 12 PM

Midday Meeting: Behavioral Events: Research, Implementations and the Individual

Room: *Fairchild*

Presenter: Joss Langford, Technical Director, Activinsights

Continuing education credit not available for this session.

Session Sponsored by: Activinsights

11 AM – 12 PM

Midday Meeting: Business Meeting: Child and Family Health SIG

Room: *Georgetown East*

Topic Area: Child and Family Health

Presenters: Lisette Jacobson, PhD, MPA, MA, University of Kansas School of Medicine-Wichita; and Danielle Wischenka, PhD, VA Palo Alto Healthcare System

Continuing education credit not available for this session.

11 AM – 12 PM

Midday Meeting: Optimizing Behavioral Interventions Using the Multiphase Optimization Strategy: An Introduction and Applied Example

Room: *Columbia 8*

Topic Area: Methods and Measurement

Presenters: Linda Collins, PhD, The Pennsylvania State University; and Angela Pfammatter, PhD, Northwestern University Feinberg School of Medicine

Moderator: David Cavallo, PhD, MPH, Case Western Reserve University

Continuing education credit not available for this session.

THURSDAY

DAILY SCHEDULE • Thursday, March 7

11 AM – 12 PM **Midday Meeting: Palliative Care SIG in Formation Business Meeting**

Room: *Columbia 10*
 Topic Area: Education, Training and Career Development
 Presenters: Laura Porter, PhD, Duke University School of Medicine; and Katherine Ramos, PhD, Durham VA
 Continuing education credit not available for this session.

11 AM – 12 PM **Midday Meeting: Sleep SIG Business Meeting**

Room: *Georgetown West*
 Topic Area: Sleep
 Presenter: Natasha Williams, EdD, MPH
 Moderator: Tracy Treverrow, PhD
 Continuing education credit not available for this session.

11 AM – 12 PM **Midday Meeting: Spirituality & Health Panel: Research Tips from the Experts: Advancing the Science of Spirituality & Religious Research**


Room: *Columbia 11*
 Topic Area: Dissemination and Implementation
 Presenters: Andrea Clements, PhD, East Tennessee State University; Jean Kristeller, PhD, HSPP, Indiana State University; Crystal Park, PhD, University of Connecticut; John Salsman, PhD; and Amy Wachholtz, PhD, MDiv, MS, University of Colorado Denver
 Moderators: Jennifer Hulett, PhD, APRN, FNP-BC, University of South Carolina; and Karen Yeary, PhD
 Presenter: Jill Bormann, PhD, RN, FAAN, University of San Diego
 Continuing education credit not available for this session.

11 AM – 12 PM **Midday Meeting: Complementary and Integrative Medicine SIG Presents: Third Annual Research Buzz: Speed Research Bio Presentations and Interactive Meet and Greet**

Room: *Columbia 12*
 Topic Area: Complementary and Integrative Medicine/Spirituality
 Moderators: Emilie Adams, M.S.CTRS, C-IAYT, Clemson University; Amanda Shallcross, ND, MPH, New York University, School of Medicine; and Ana-Maria Vranceanu, PhD, Harvard Medical School/ Massachusetts General Hospital
 Continuing education credit not available for this session.

11 AM – 12 PM **Paper Session 1: Digital Health Physical Activity Interventions**

Room: *International Ballroom East*
 Topic Areas: Physical Activity, Digital Health
 Instructional Level: Beginner/Intermediate/Advanced
 Co-Chairs: Greg Dominick, PhD, University of Delaware; Guillaume Chevance, PhD, University of California, San Diego




11 AM – 11:15 AM **Physical Activity Tailored Intervention in Hospital Staff (PATHS): A Randomized Controlled Trial on Online Tailored Program**
 Open Science: 
 Presenter: Dominika Kwasnicka, PhD, MSc, MA, Curtin University

DAILY SCHEDULE • Thursday, March 7


| | |
|--|---|
| 11:15 AM – 11:30 AM | Sea to Sea Surveillance: Examining Canada’s Physical Activity Disparities Using a Popular mHealth App Presenter: David McHugh, BA(Hons), Western University <i>Continuing education credit not available for this session.</i> |
| 11:30 AM – 11:45 AM | Examining Variations of Digital Behavior Change Techniques for Physical Activity Using an Adaptive Intervention Design Presenter: Nicole Brainard, PhD, MPH, Johnson & Johnson <i>Continuing education credit not available for this session.</i> |
| 11:45 AM – 12 PM | Psychosocial Variables Mediate Efficacy of Exercise Video Games vs Standard Exercise: Results from Wii Heart Fitness Open Science:  Presenter: Beth Bock, PhD, Brown Medical School |
| 11 AM – 12 PM | Paper Session 2: Health Behavior Interventions in Patients Surviving Cancer |
| Room: <i>International Ballroom West</i> Topic Areas: Physical Activity, Cancer Instructional Level: Beginner/Intermediate Co-Chairs: Bernadine Pinto, PhD, University of South Carolina; Carmina Valle, PhD, University of North Carolina at Chapel Hill | |
| 11 AM – 11:15 AM | Understanding Social-Cognitive Factors and Physical Activity in Breast Cancer Patients During Treatment Using EMA Open Science:  Presenter: Kara Gavin, PhD, MPH, Northwestern University |
| 11:15 AM – 11:30 AM | Acute Aerobic Exercise Effects on Spatial Working Memory in Breast Cancer Survivors: Does the Length of Exercise Matter? Presenter: Elizabeth Salerno, PhD, MPH, Cancer Prevention Fellowship Program, National Cancer Institute |
| 11:30 AM – 11:45 AM | Physical Activity Guideline Adherence and Correlates Among Pancreatic Cancer Survivors Presenter: Nathan Parker, MPH, PhD, University of Texas MD Anderson Cancer Center |
| 11:45 AM – 12 PM | Effects of Smartphone-Based Interventions on Dietary Intake Among Latina Breast Cancer Survivors Open Science:  Presenter: Laura Bouchard, PhD, Northwestern University |
| 11 AM – 12 PM | Paper Session 3: Integrating Our Science Via Improved Research Methods |

Room: *Jefferson East*
Topic Areas: Digital Health, Methods and Measurement
Instructional Level: Beginner/Intermediate/Advanced
Co-Chairs: Linda Collins, PhD, The Pennsylvania State University; Thelma Mielenz, PhD, Columbia University Mailman School of Public Health

DAILY SCHEDULE • Thursday, March 7

| | |
|---|---|
| 11 AM – 11:15 AM | Development of a Decision-Making Checklist Tool to Support Selecting Technology in Digital Health Research Presenter: Rebecca Bartlett Ellis, PhD, RN, ACNS-BC, Indiana University School of Nursing |
| 11:15 AM – 11:30 AM | Rationale for the Risk of Generalizability Biases in Pilot Studies - A Systematic Review Open Science:  Presenter: Michael Beets, MEd, MPH, PhD, University of South Carolina |
| 11:30 AM – 11:45 AM | Examining the Integration of Basic and Applied Behavioral and Social Sciences Research over the past Twenty Years: A Pilot Study Presenter: Kavita Iyer, Columbia University |
| 11:45 AM – 12 PM | Recent Advances and Illustrations of Modern Within-Subjects Clinical Trials Methods Presenter: Ty Ridenour, PhD, RTI International |
| 11 AM – 12 PM | Paper Session 4: What's Working With Obesity Interventions? |
| Room: <i>Jefferson West</i> Topic Areas: Diet and Nutrition, Obesity Instructional Level: Intermediate/Advanced Co-Chairs: Tricia Leahey, PhD, University of Connecticut; Melissa Crane, PhD, Rush University Medical Center | |
| 11 AM – 11:15 AM | Just-in-Time Adaptive Intervention for Weight Loss: Feasibility, Engagement and Efficacy Across 3 Studies Open Science:  Presenter: Evan Forman, PhD, Drexel University |
| 11:15 AM – 11:30 AM | Interim Results of a Multi-Level Intervention to Evaluate Effectiveness on Diet and Physical Activity Among Rural Children Presenter: Linda Ko, PhD, Fred Hutchinson Cancer Research Center |
| 11:30 AM – 11:45 AM | RCT of an Acceptance-Based Behavioral Treatment for Obesity: Weight and Quality of Life Across 3 Years Open Science:  Presenter: Evan Forman, PhD, Drexel University |

DAILY SCHEDULE • Thursday, March 7

| | |
|--|--|
| 11:45 AM – 12 PM | Faith-Based versus Faith-Placed: Results from the Better Me Within Randomized Trial to Reduce Weight in African American Women Open Science:  Presenter: Heather Kitzman, PhD, Baylor Scott and White Health |
| 11 AM – 12 PM | Paper Session 5: Tobacco And Health Communication |
| Room: <i>Lincoln East</i> Topic Area: Tobacco Control, Health Communication Instructional Level: Beginner/Intermediate Co-Chairs: Rashelle B. Hayes, PhD, Virginia Commonwealth University; Caitlin Allen, MPH, Emory University | |
| 11 AM – 11:15 AM | Examining the Effect of E-Cigarette Health Warnings on Motivation to Vape and Smoke Open Science:  Presenter: Noel Brewer, PhD, University of North Carolina at Chapel Hill |
| 11:15 AM – 11:30 AM | Identifying Effective Harms for Use in E-Cigarette Health Warnings Presenter: Jacob Rohde, MA, University of North Carolina at Chapel Hill |
| 11:30 AM – 11:45 AM | Knowledge, Beliefs, and “Don’t Know” Responding to Tobacco Products Presenter: Xuewei Chen, PhD, University at Buffalo |
| 11:45 AM – 12 PM | An Evidence-Based Approach to Building a Chatbot for Smoking Cessation Presenter: Christine Leake, MA, ICF |
| 11 AM – 12 PM | Paper Session 6: Advancements In Social Context For Improving Patient Health |
| Room: <i>Lincoln West</i> Topic Area: Cardiovascular Disease, Social and Environmental Context and Health, Health Policy and Advocacy Instructional Level: Beginner/Intermediate/Advanced Co-Chairs: James Sallis, PhD, University of California, San Diego; Delwyn Catley, PhD, Children’s Mercy Kansas City | |
| 11 AM – 11:15 AM | Interprofessional Collaborative Practice (IPCP) for Cardiovascular Risk Reduction Presenter: Christina Esperat, PhD/RN/FAAN, Texas Tech University |
| 11:15 AM – 11:30 AM | Prevalence of Risk for Unmet Social Determinants of Health and Associations with Psychosocial Factors Using NHATS Data Open Science:  Presenter: Jessa Engelberg, PhD, West Health Institute |

THURSDAY

DAILY SCHEDULE • Thursday, March 7

| | |
|---|---|
| 11:30 AM – 11:45 AM | <p>Unmet Social and Economic Needs Among Patients Enrolled in Health Insurance Plans with Cost-Sharing Requirements Presenter: Matthew Banegas, PhD, MPH, MS, Kaiser Permanente Center for Health Research</p> |
| 11:45 AM – 12 PM | <p>Caregiver Resource Eligibility: Examining Predictors and Consequences of Eligibility for Financial Support Resources Open Science:  Presenter: Kristin Litzelman, PhD, University of Wisconsin-Madison</p> |
| 11 AM – 12 PM | <p>Paper Session 7: Occupational Health, Stress & Pain</p> |
| <p>Room: <i>Monroe</i> Topic Area: Pain, Occupational Health, Mental Health Instructional Level: Beginner/Intermediate Co-Chairs: Hailey Bulls, PhD, Moffitt Cancer Center; Elizabeth Collison, PhD, University of Kansas Health System</p> | |
| 11 AM – 11:15 AM | <p>Do Early Physical Therapy and Patient Factors Predict Decline in Pain Catastrophizing and Fear-Avoidance in Acute Low Back Pain? Open Science:  Presenter: Brittany Bannon, PhD, University of Utah</p> |
| 11:15 AM – 11:30 AM | <p>The Challenge of Obesity in an Australian Pain Medicine Centre Presenter: Allyson Browne, MPsych(Clinical), PhD, University of Western Australia</p> |
| 11:30 AM – 11:45 AM | <p>Mindfulness, Burnout, and Executive Function in Interdisciplinary Healthcare Professional Students Presenter: Samantha Mladen, BS, Virginia Commonwealth University</p> |
| 11:45 AM – 12 PM | <p>A Brief Mindfulness-Based Intervention (bMBI) to Decrease Stress and Burnout in Secondary School Teachers Presenters: Alex Roberts, MA, University of South Carolina; and Stephen Taylor, MA, University of South Carolina</p> |
| 11 AM – 12 PM | <p>Paper Session 8: Supporting Adolescent & Young Adult Health</p> |
| <p>Room: <i>Columbia 6</i> Topic Area: Diet and Nutrition, Sexual Behaviors, Mental Health, Obesity Instructional Level: Beginner/Intermediate/Advanced Co-Chairs: Deborah Wiebe, PhD, MPH, University of California, Merced; Melissa A. Alderfer, PhD, Nemours Children's Health System</p> | |
| 11 AM – 11:15 AM | <p>Project WOW: Working to Optimize Wellness in Adolescents with Polycystic Ovary Syndrome Open Science:  Presenter: Cara Young, PhD, RN, FNP-C, The University of Texas at Austin</p> |

DAILY SCHEDULE • Thursday, March 7

11:15 AM – 11:30 AM **Motivational Interviewing to Reduce Risky Sexual Behaviors Among Adolescent Males: A Randomized Controlled Pilot Study**
Presenter: Shayna Bassett, PhD, University of Rhode Island

11:30 AM – 11:45 AM **Measuring Depressive Symptoms in Adolescents and Young Adults with Type 1 Diabetes: A Comparison of the PHQ-9-A and CES-D**
Presenter: Connie Wong, BA, Children's National Medical Center

11:45 AM – 12 PM **Demographic, Psychosocial, and Cognitive Correlates of BMIZ in Youth: Initial Findings from the ABCD Study**
Open Science:  
Presenter: Joshua Gray, PhD, Uniformed Services University

1 PM – 2 PM **Master Lecture Panel: Science Communication: Writing for the Public**

Room: *International Ballroom East*

Panelists: Elaine Chen, JD, New York Times; Meredith Drosback, PhD, American Association for the Advancement of Science; and Bijal Trivedi, MA, MS, The Conversation

Moderator: Monica Wang, ScD, MS, Boston University

1 PM – 2 PM **Distinguished Science Master Lecture: Psychosocial Problems in Patients with Heart Failure**

Room: *International Ballroom West*

Presenter: Kenneth Freedland, PhD, Washington University School of Medicine

Moderator: Judith Ockene, PhD, MEd, MA, University of Massachusetts

1 PM – 2 PM **Panel Discussion 1: Optimization of Behavioral and Biobehavioral Interventions SIG Presents: Decision Making in the Optimization of Multicomponent Interventions: An Open Discussion**

Room: *Jefferson East*

Topic Area: Multiple Behavior Change

Instructional Level: Advanced

Chair: Angela Fidler Pfammatter, PhD, Northwestern University Feinberg School of Medicine

Presenters: Gary Bennett, PhD, Duke University; Linda Collins, PhD, The Pennsylvania State University; Ewa Czyz, PhD, University of Michigan; Marya Gwadz, PhD, New York University School of Social Work; Inbal Nahum-Shani, PhD, University of Michigan; and Bonnie Spring, PhD, Northwestern University Feinberg School of Medicine

DAILY SCHEDULE • Thursday, March 7

1 PM – 2 PM **Panel Discussion 2: Digital Health Council and Behavioral Informatics and Technology SIG Present: Digital Health: The Year in Review**

Room: *Jefferson West*
 Topic Area: Digital Health
 Instructional Level: Beginner/Intermediate
 Chair: Danielle Jake-Schoffman, PhD
 Presenters: Ellen Beckjord, PhD, MPH, UPMC Health Plan; Jessica Breland, PhD, VA Palo Alto; and Catherine Serio, PhD, UPMC
Continuing education credit not available for this session.
 Session Sponsored by: WW

1 PM – 2 PM **Panel Discussion 3: Scientific Priorities for Improving Adherence to Healthcare Regimens: A Panel Discussion with the NIH Adherence Network**

Room: *Lincoln East*
 Topic Area: Medication Adherence
 Instructional Level: Beginner/Intermediate
 Chairs: Janet de Moor, PhD, MPH, National Cancer Institute; and Michael Stirratt, PhD, NIMH
 Presenters: Janet de Moor, PhD, MPH, National Cancer Institute; and Michael Stirratt, PhD, NIMH

1 PM – 2 PM **Panel Discussion 4: #AdoptDontShop: Leveraging the Dog Rescue Movement to Promote Physical Activity and Psychosocial Well-Being**

Room: *Lincoln West*
 Topic Area: Physical Activity
 Instructional Level: Intermediate
 Chair: Katie Becofsky, PhD, University of Massachusetts Amherst
 Presenter: Melanie Sartore-Baldwin, PhD, East Carolina University

1 PM – 2 PM **Panel Discussion 5: Leading the Narrative: Opportunities and Challenges to Conducting Theoretically-Grounded Research Outside Academia**

Room: *Monroe*
 Topic Area: Education, Training and Career Development
 Instructional Level: Beginner
 Chair: Miriam Eisenberg Colman, PhD, Fors Marsh Group
 Presenters: Janine Beekman, PhD, Ipsos Public Affairs; Nnamdi Ezeanochie, MD, PhD, Johnson & Johnson; and Kathleen Yu, MPH, US Food and Drug Administration
Continuing education credit not available for this session.
 Session Sponsored by: WW

DAILY SCHEDULE • Thursday, March 7

1 PM – 2 PM

Panel Discussion 6: Genomics and Behavioral Medicine Working Groups and Cancer SIG Present: Opportunities for Cross Collaboration of Social/Behavioral and Genomic Scientists in Translational Research

Room: *Georgetown East*
Topic Area: Cancer
Instructional Level: Intermediate/Advanced
Chair: Kimberly Kaphingst, ScD, University of Utah
Presenters: Sara Knight, PhD, University of Utah; Colleen McBride, PhD, Emory University; Lisa Quintiliani, PhD, Boston University; and Amy Sturm, MS, LCGC, Geisinger; Caitlin Allen, MPH, Emory University

1 PM – 2 PM

Panel Discussion 7: Integrated Primary Care SIG Presents: Improving the Success of Pragmatic Trials with a Comprehensive Healthcare Engagement Approach

Room: *Georgetown West*
Topic Area: Integrated Primary Care
Instructional Level: Intermediate
Chair: Jeffrey Goodie, PhD, ABPP, Uniformed Services University
Presenters: Michael Ann Glotfelter, PsyD, United States Air Force; Christopher Hunter, PhD, ABPP, Defense Health Agency; Kathryn Kanzler, PsyD, ABPP, UT Health San Antonio; and Donald McGeary, PhD, UT Health Science Center San Antonio


1 PM – 2 PM

Panel Discussion 8: Using Geospatial Approaches to Optimize Health Promotion

Room: *Columbia 6*
Topic Area: Social and Environmental Context and Health
Instructional Level: Beginner/Intermediate
Presenters: Carolyn Fang, PhD, Fox Chase Cancer Center; Shannon Lynch, PhD, MPH, Fox Chase Cancer Center; April Oh, PhD, MPH, National Cancer Institute; and Lisa Quintiliani, PhD, Boston University

1 PM – 2 PM

Panel Discussion 9: Customer Discovery in Dissemination and Implementation of Behavioral Interventions: Findings from the NCI SPRINT Program

Room: *Columbia 8*
Topic Area: Dissemination and Implementation
Instructional Level: Beginner/Intermediate
Open Science: 
Chair: Nora Nock, PhD, Case Western Reserve University
Presenters: Deborah Erwin, PhD, Roswell Park Comprehensive Cancer Center; Cheryl Holt, PhD, University of Maryland College Park; Nora Nock, PhD, Case Western Reserve University; April Oh, PhD, MPH, National Cancer Institute; and Cynthia Vinson, PhD, MPA, National Cancer Institute

DAILY SCHEDULE • Thursday, March 7


1 PM – 2 PM

Panel Discussion 10: Health Decision Making SIG Presents: Shared Decision Making Challenges and Opportunities: Theory, Research, and Practice

Room: *Columbia 3*
 Topic Area: Decision Making
 Instructional Level: Beginner/Intermediate
 Chair: Aisha Langford, PhD, MPH, New York University
 Presenters: Ronald Myers, PhD, Thomas Jefferson University; Mary Politi, PhD, Washington University in St. Louis; and Jamie Studts, PhD, University of Kentucky College of Medicine


1 PM – 2 PM

Panel Discussion 11: Cooking Behavior: Lessons from the Public, Home Kitchen and the Clinic

Room: *Columbia 4*
 Topic Area: Diet and Nutrition
 Instructional Level: Beginner/Intermediate
 Open Science: 
 Chair: Julia Wolfson, PhDMPP, University of Michigan School of Public Health
 Presenters: Kofi Essel, MD, MPH, FAAP, Children’s National Health System & The George Washington School of Medicine & Health Sciences; Nicole Farmer, MD, National Institutes of Health/Clinical Center; Kristy McCarron, MPH, YMCA of Metropolitan Washington; and Margaret Raber, DrPH, University of Texas MD Anderson Cancer Center

1 PM – 2 PM

Panel Discussion 12: Black Women Living with HIV: Not Hard to Reach, Just Eager to Be Reached Through Culturally-Competent and Humanizing Strategies

Room: *Columbia 9*
 Topic Area: HIV/AIDS
 Instructional Level: Beginner/Intermediate
 Open Science: 
 Chair: Sannisha Dale, PhD, EdM, University of Miami
 Presenters: Arnetta Phillips, CAC, University of Miami; Rachelle Reid, MSc, University of Miami; and Sherene Saunders, MPH, University of Miami

1 PM – 2 PM

Panel Discussion 13: Development and Expansion of Behavioral Medicine Programs in Medical Settings

Room: *Columbia 10*
 Topic Area: Education, Training and Career Development
 Instructional Level: Intermediate
 Chair: Kelly Gilrain, PhD, Cooper University Hospital
 Presenters: Anthony Alioto, PhD, Nemours/duPont Hospital for Children; Anastasia Bullock, PsyD, Cooper University Hospital; Philip Fizur, PsyD, Cooper University Healthcare; Susan McGroarty, PhD, ABPP, Inspira Health Network-Woodbury; and Cori McMahon, PsyD, Cooper University Hospital

DAILY SCHEDULE • Thursday, March 7

1 PM – 2 PM

Panel Discussion 14: Digital Health Council and Behavioral Informatics and Technology SIG Present: Interdisciplinary, Collaborative Models of Designing, Implementing, and Evaluating Digital Behavior Change Interventions

Room: *Columbia 11*

Topic Area: Digital Health

Instructional Level: Intermediate/Advanced

Chair: Madalina Sucala, PhD, Johnson & Johnson

Presenters: Donna Spruijt-Metz, PhD, University of Southern California; Madalina Sucala, PhD, Johnson & Johnson; and Katarzyna Wac, PhD, University of Copenhagen, Denmark

Continuing education credit not available for this session.

Session Sponsored by: WW

1 PM – 2 PM

Panel Discussion 15: Challenges to Patient Engagement Using mHealth Tools to Improve Self-Management of Breast and Prostate Cancer

Room: *Columbia 12*

Topic Area: Cancer

Instructional Level: Intermediate

Chair: Suzanne Miller, PhD, Fox Chase Cancer Center

Presenters: Michael Diefenbach, PhD, Northwell Health; Shawna Hudson, PhD, Rutgers Robert Wood Johnson Medical School; Allison Marziliano, PhD, Northwell Health; Suzanne Miller, PhD, Fox Chase Cancer Center; Denalee O'Malley, PhD, LSW, Rutgers Robert Wood Johnson Medical School; Lisa Quintiliani, PhD, Boston University School of Medicine; and Erin Tagai, PhD, MPH, Fox Chase Cancer Center

2:15 PM – 3:30 PM

Presidential Symposium: New Developments in Online Social Networks, Health, and Wellbeing

Room: *Lincoln East*

Topic Area: Digital Health

Instructional Level: Intermediate/Advanced

Chair: Robert G. Kent de Grey, PhD, University of Utah

Presenters: Jenna Clark, PhD, Duke University; and Jingwen Zhang, PhD, University of California, Davis

Discussant: Wen-ying Sylvia Chou, PhD, MPH, National Cancer Institute

Session Sponsored by: Omada Health

2:15 PM – 3:30 PM

Symposium 18: Health Equity SIG Presents: Unique Challenges, Targeted Solutions: Considering Context to Understand and Eliminate Disparities in Health

Room: *International Ballroom West*

Topic Area: Social and Environmental Context and Health

Instructional Level: Intermediate

Chair: Kassandra Alcaraz, PhD, MPH, American Cancer Society

Presenters: Jasmine Abrams, PhD, University of Maryland, Baltimore County; Kassandra Alcaraz, PhD, MPH, American Cancer Society; Qian Lu, PhD, University of Texas M.D. Anderson Cancer Center; and Yamile Molina, MS, MPH, PhD, University of Illinois at Chicago


Discussant: Betina Yanez, PhD, Northwestern University Feinberg School of Medicine

DAILY SCHEDULE • Thursday, March 7

2:15 PM – 3:30 PM
Symposium 19: Exercising in Pregnancy and Postpartum: key Recommendations to Inform Appropriate Counseling by Healthcare Providers

Room: *Jefferson East*
Topic Area: Physical Activity
Instructional Level: Beginner/Intermediate
Chair: Jennifer Huberty, PhD, Arizona State University
Presenters: Anna Gorczyca, MS, PhD, University of Kansas Medical Center; Jeni Green, MS, PhD, Arizona State University; and Krista Leonard, MS, The Pennsylvania State University


2:15 PM – 3:30 PM
Symposium 20: Digital Health Council and Behavioral Informatics and Technology SIG Present: Digital Health for Mental Health: Academia, Patients, and Industry Partnering Toward Solutions

Room: *Jefferson West*
Topic Area: Digital Health
Instructional Level: Intermediate
Open Science: 
Chair: Danielle Blanch-Hartigan, PhD, MPH, Bentley University
Presenters: Emil Chiauuzzi, PhD, PatientsLikeMe; and Jessica Lipschitz, PhD, Brigham and Women’s Hospital
Discussant: David Ahern, PhD, Brigham & Women’s Hospital
Continuing education credit not available for this session.
Session Sponsored by: WW

2:15 PM – 3:30 PM
Presidential Symposium: The Search for Mechanisms in Behavioral Economic Interventions

Room: *International Ballroom East*
Chair: Brad Appelhans, PhD, Rush University Medical Center
Presenters: Lesley Fellows, MD, PhD, McGill University; Scott D. Halpern, MD, PhD, University of Pennsylvania; and Theresa Marteau, PhD, University of Cambridge

2:15 PM – 3:30 PM
Symposium 22: Distance-Based Physical Activity Trials for Cancer Survivors: Current Evidence, Novel Interventions, and Future Directions

Room: *Lincoln West*
Topic Area: Cancer
Instructional Level: Beginner/Intermediate
Open Science: 
Chair: Jeff Vallance, PhD, Athabasca University
Presenters: Karen Basen-Engquist, PhD, UT M. D. Anderson Cancer Center; Laura Rogers, MD, MPH, University of Alabama at Birmingham; and Jeff Vallance, PhD, Athabasca University
Discussant: Catherine Alfano, PhD, American Cancer Society, Inc.

DAILY SCHEDULE • Thursday, March 7

2:15 PM – 3:30 PM

Symposium 23: Research Challenges in Cardiovascular Behavioral Medicine

Room: *Monroe*

Topic Area: Cardiovascular Disease

Instructional Level: Intermediate

Chair: Matthew Burg, Yale School of Medicine

Presenters: Matthew Burg, Yale School of Medicine; Kenneth Freedland, PhD, Washington University School of Medicine; and Elena Salmoirago-Blotcher, MD, PhD, Miriam Hospital, Brown University Medical School & School of Public Health

Discussant: Catherine Stoney, NHLBI

2:15 PM – 3:30 PM

Symposium 24: Promoting Health and Resiliency in People with Chronic Illness: Psychological, Social, Spiritual, and Tangible Resources

Room: *Georgetown East*

Topic Area: Quality of Life

Instructional Level: Intermediate

Chairs: Marci Lobel, PhD, Stony Brook University; and Jennifer Nicoloro-SantaBarbara, MSW, MA, Stony Brook University

Presenters: Jennifer Nicoloro-SantaBarbara, MSW, MA, Stony Brook University; Aliza Panjwani, MA, The Graduate Center, City University of New York; Crystal Park, PhD, University of Connecticut; and Christine Rini, PhD, Hackensack University Medical Center and Georgetown University

2:15 PM – 3:30 PM

Symposium 25: Making Their Voices Heard: Health Effects of Stigma and Discrimination in Understudied Populations

Room: *Georgetown West*

Topic Area: Social and Environmental Context and Health

Instructional Level: Intermediate

Chair: Mary Himmelstein, PhD, University of Connecticut

Presenters: Mary Himmelstein, PhD, University of Connecticut; Rebecca Pearl, PhD, Perelman School of Medicine at the University of Pennsylvania; Sean Phelan, MPH, PhD, Mayo Clinic; and Natasha Schvey, PhD, Uniformed Services University Of The Health Sciences


2:15 PM – 3:30 PM

Symposium 26: Prevention and Management of Diabetes in Low-Income, Urban, and Rural Settings: Global Lessons Learned

Room: *Columbia 6*

Topic Area: Dissemination and Implementation

Instructional Level: Intermediate

Open Science: 

Chair: Brian Oldenburg, BS, MPsychol, PhD, University of Melbourne

Presenters: Delwyn Catley, PhD, Children's Mercy Kansas City; Edwin Fisher, PhD, Gillings School of Global Public Health, University of North Carolina; and Kr Thankappan, MD, MPH, Sree Chitra Tirunal Institute

Discussant: Abby King, PhD, Stanford University

DAILY SCHEDULE • Thursday, March 7

2:15 PM – 3:30 PM

Symposium 27: Integrated Primary Care SIG Presents: Development of Brief Interventions for Integrated Primary Care: A Focus on Qualitative Data

Room: *Columbia 8*
 Topic Area: Integrated Primary Care
 Instructional Level: Beginner
 Chair: Jennifer Funderburk, PhD, VA Center for Integrated Healthcar
 Presenters: Gregory Beehler, MA, PhD, VA Western New York Healthcare System; Kathryn Kanzler, PsyD, ABPP, UT Health San Antonio; and Susan McGroarty, PhD, ABPP, Inspira Health Network-Woodbury

2:15 PM – 3:30 PM

Symposium 28: Pain SIG Presents: Reaching Patients with Chronic Pain: A Portfolio of Approaches Are Needed

Room: *Columbia 3*
 Topic Area: Pain
 Instructional Level: Beginner/Intermediate
 Chair: Kathryn Kanzler, PsyD, ABPP, UT Health San Antonio
 Presenters: Kathryn Kanzler, PsyD, ABPP, UT Health San Antonio; Kristen Rosen, PhD, MPH, UT Health San Antonio; and Kevin Vowles, PhD, University of New Mexico
 Discussant: Donald McGeary, PhD, UT Health Science Center San Antonio


2:15 PM – 3:30 PM

Symposium 29: Complementary and Integrative Medicine SIG Presents: Measuring and Enhancing Well-Being

Room: *Columbia 4*
 Topic Area: Complementary and Integrative Medicine/Spirituality
 Instructional Level: Beginner/Intermediate
 Chair: Sandra Winter, PhD, MHA, Stanford University
 Presenters: Sarah Braun, MS, Virginia Commonwealth University; Moé Kishida, PhD, Arizona State University; and Sandra Winter, PhD, MHA, Stanford University

2:15 PM – 3:30 PM

Symposium 30: Dyadic Research in Medical Populations: Novel Approaches, New Interventions and Future Directions

Room: *Columbia 9*
 Topic Area: Methods and Measurement
 Instructional Level: Intermediate/Advanced
 Open Science: 
 Chairs: Ana-Maria Vranceanu, PhD, Harvard Medical School/Massachusetts General Hospital; Kelly Shaffer, PhD, University of Virginia
 Presenters: Ethan Lester, MS, Massachusetts General Hospital; Emma Meyers, BA, Harvard Medical School, Integrated Brain Health Clinical and Research Program, McCance Center for Brain Health, Massachusetts General Hospital; Kelly Shaffer, PhD, University of Virginia; Ann Lin, BS, Massachusetts General Hospital; and Lixin Song, PhD, University of North Carolina
 Discussant: Hoda Badr, PhD, Baylor College of Medicine

DAILY SCHEDULE • Thursday, March 7

2:15 PM – 3:30 PM **Symposium 31: Beyond Expectation: Redefining the Possible for People Living with Severe Mental Illness**

Room: *Columbia 10*
Topic Area: Mental Health
Instructional Level: Intermediate
Chair: Philip Ward, BMedSc, PhD, UNSW Sydney
Presenters: Jeroen Deenik, MSc, GGz Centraal; Rachel Morell, BExPhysBCom, UNSW Sydney; Ahmed Jérôme Romain, PhD, University of Montreal Hospital Research Centre; Scott Teasdale, BNutrDiet, BAppSci, South Eastern Sydney Local Health District
Discussant: Simon Rosenbaum, PhD, UNSW Sydney

2:15 PM – 3:30 PM **Symposium 32: Determining Who to Target for Couples-Based Health Interventions: An Examination of Patient and Non-Patient Samples**

Room: *Columbia 11*
Topic Area: Social and Environmental Context and Health
Instructional Level: Intermediate
Chair: Krista Ranby, PhD, University of Colorado Denver
Presenters: Stephanie Callan, MS, University of Colorado Denver; Chloe Huelsnitz, BA, University of Minnesota; Gillian Lloyd, BS, University of Colorado Denver; and Sydneyjane Varner, MA, University of Colorado Denver
Discussant: Megan Lewis, PhD, RTI International


2:15 PM – 3:30 PM **Symposium 33: In My Feelings: Influence of Affect vs Cognition on Symptom Reporting and Health Behaviors**

Room: *Columbia 12*
Topic Area: Decision Making
Instructional Level: Intermediate
Chair: Kristen Riley, PhD, Rutgers University
Presenters: Michael Diefenbach, PhD, Northwell Health; Kristen Riley, PhD, Rutgers University; and Erika Waters, PhD, MPH, Washington University in St. Louis
Discussant: Marc Kiviniemi, PhD, University of Kentucky


3:45 PM – 5 PM **Paper Session 9: Digital Health & Health Communication**

Room: *International Ballroom East*
Topic Area: Digital Health, Diabetes
Instructional Level: Beginner/Intermediate
Co-Chairs: Lisa Cadmus-Bertram, PhD, University of Wisconsin-Madison; Marissa Burgermaster, PhD, University of Texas at Austin

3:45 PM – 4 PM **Characterizing Individuals by mHealth Pattern of Use: Results from the 2018 NCI Health Information National Trends Survey**
Presenter: Camella Rising, PhD, RDN, National Cancer Institute

4 PM – 4:15 PM **Use of Automated Data Visualization Tools to Optimize Public Outreach for a National Smoking Cessation Digital Intervention**
Open Science: 
Presenter: Brian Keefe, MA, ICF

DAILY SCHEDULE • Thursday, March 7

| | |
|--|---|
| 4:15 PM – 4:30 PM | Advancing Digital Evaluation Methods: Use of Publicly Available Online Data to Measure Impact of Global Health Communication Presenter: Philip Massey, PhD, MPH, Drexel Dornsife School of Public Health |
| 4:30 PM – 4:45 PM | Efficacy of a Multilingual Mobile App Intervention in Addressing Barriers to Hepatitis B Screening Among Asian Americans Presenter: Duc Giao, University of California San Francisco |
| 4:45 PM – 5 PM | Exploring Diabetes Topics Using Text-Mining Approaches: Supporting Quality Control of Health Information in Digital Spaces Presenter: George Shaw, PhD, University of North Carolina at Charlotte |
| 3:45 PM – 5 PM | Paper Session 10: Innovations In Tobacco Control |
| Room: <i>International Ballroom West</i> Topic Area: Tobacco Control, Digital Health, Multiple Behavior Change Instructional Level: Beginner/Intermediate/Advanced Co-Chairs: Michael Amato, PhD, Truth Initiative, Innovations; Kinsey Pebley, MA, The University of Memphis | |
| 3:45 PM – 4 PM | Social, Practical and Motivational Factors Linked to mHealth Engagement in Low-Income Women in Smoking Cessation Intervention Open Science:  Presenter: Stephen Lepore, PhD, Temple University |
| 4 PM – 4:15 PM | Extending the Reach: delivery of a Smoking Cessation Induction Intervention via Virtual Reality Headset During Dental Cleaning Presenter: Belinda Borrelli, PhD, Boston University |
| 4:15 PM – 4:30 PM | Impact of a Novel Oral Health Intervention on Routine Oral Hygiene Among Tobacco Quitline Callers: A Semi-Pragmatic RCT Open Science:  Presenter: Jennifer McClure, PhD, Kaiser Permanente Washington Health Research Institute <i>Continuing education credit not available for this session.</i> |
| 4:30 PM – 4:45 PM | Using Mobile Sensors and Real-Time Aversive Feedback to Improve Indoor Air Quality: Introducing Reinforcement Contingencies Presenter: Vincent Berardi, PhD, Chapman University |
| 4:45 PM – 5 PM | Assessing Cotinine Values and Nicotine Dependence Among Non-Daily Smokers Presenter: Andrea Hobkirk, PhD, The Pennsylvania State University |

DAILY SCHEDULE • Thursday, March 7

3:45 PM – 5 PM

Paper Session 11: Obesity and Physical Activity

Room: *Jefferson East*

Topic Area: Obesity, Physical Activity

Instructional Level: Beginner/Intermediate/Advanced

Co-Chairs: Scherezade Mama, DrPH, The Pennsylvania State University; Lisa Quintiliani, PhD, Boston University

3:45 PM – 4 PM

Is It Really a Two-Way Street? Bidirectional Association Between Exercise and Stress in Adults with Overweight and Obesity

Presenter: Andrea Brockmann, MA, University of Florida

4 PM – 4:15 PM

When and How Should Chinese Pregnant Women Exercise? A Longitudinal Study in China

Presenter: Mi Xiang, Dr, School of Public Health, Shanghai Jiao Tong University


4:15 PM – 4:30 PM

A Comparison of Behavioral Weight Loss Interventions to Maximize Weight Loss in Black Women

Presenter: Loneke Blackman Carr, PhD, MA, RD, Duke University

4:30 PM – 4:45 PM


Response to an Acceptance-Based Weight Loss Intervention Is Mediated by Physical Activity Intentions and Behavior

Open Science: 

Presenter: Kathryn Godfrey, PhD, Drexel University

4:45 PM – 5 PM

Physical Discomfort Intolerance as a Predictor of Weight Loss and Physical Activity in a Behavioral Weight Loss Program

Open Science: 

Presenter: Mary Martinelli, MA, Drexel University

3:45 PM – 5 PM

Paper Session 12: Cancer And Quality Of Life

Room: *Jefferson West*


Topic Area: Cancer, Quality of Life

Instructional Level: Beginner/Intermediate/Advanced

Co-Chairs: Heather Jim, PhD, Moffitt Cancer Center; John M. Salsman, PhD, Wake Forest School of Medicine

3:45 PM – 4 PM

Survivor Stories: Quality of Life Results from a Randomized Controlled Trial of a Video Narrative Intervention

Open Science: 

Presenter: Tess Thompson, PhD, MPH, Washington University in St. Louis

4 PM – 4:15 PM

Confronting Cancer: A Qualitative Analysis of Distress at a Breast Biopsy Appointment

Presenter: Brandon Q. Tran, MA, University of California, Riverside

4:15 PM – 4:30 PM

Predicting Quality of Life and Mortality Using Patient Self-report of Geriatric Assessment Domains in Older Adults with Cancer

Presenter: Keith Bellizzi, University of Connecticut

THURSDAY

DAILY SCHEDULE • Thursday, March 7

| | |
|--|---|
| 4:30 PM – 4:45 PM | Association Between Physical Functioning & Coping with Quality of Life in Patients with Chronic Graft-versus-host Disease Presenter: Isabella I. Sereno, MEd, Massachusetts General Hospital |
| 4:45 PM – 5 PM | Quality of Life Differences Between Partners of Young Breast Cancer Survivors and Partners of Healthy Controls Open Science:  Presenter: Andrea A. Cohee, PhD, RN, Indiana University |
| 3:45 PM – 5 PM | Paper Session 13: Decision Making And Cancer |
| Room: <i>Lincoln East</i> Topic Area: Cancer, Decision Making, Health Communication Instructional Level: Beginner/Intermediate Co-Chairs: Marc Kiviniemi, PhD, University of Kentucky; Jada Hamilton, PhD, Memorial Sloan Kettering Cancer Center | |
| 3:45 PM – 4 PM | Decision Regret in Allogeneic Hematopoietic Cell Transplantation Patients and Family Caregivers Presenter: Donna Posluszny, PhD, University of Pittsburgh and UPMC Hillman Cancer Center |
| 4 PM – 4:15 PM | Understanding Lung Cancer Screening Behavior Through Mediation Path Analysis Presenter: Lisa Carter-Harris, PhD, APRN, ANP-C, FAAN, Memorial Sloan Kettering Cancer Center |
| 4:15 PM – 4:30 PM | Predictors of Genetic Testing Uptake in Newly Diagnosed Breast Cancer Patients Presenter: Mary Ladd, MA, Georgetown University <i>Continuing education credit not available for this session.</i> |
| 4:30 PM – 4:45 PM | Perceptions of New Cancer Screening Guidelines Among African American Women: Opportunities to Improve Science Communication Presenter: Rachel Shelton, ScD, MPH, Columbia University Mailman School of Public Health |
| 4:45 PM – 5 PM | Are Women at Low Hereditary Risk for Breast Cancer Willing to Decrease Mammogram Frequency? Presenter: Yue Guan, PhD, Emory University |
| 3:45 PM – 5 PM | Paper Session 14: Stress And Chronic Disease |
| Room: <i>Lincoln West</i> Topic Area: Stress, Obesity Instructional Level: Beginner/Intermediate Co-Chairs: Mei Wei Chang, PhD, The Ohio State University; Rachel Radin, PhD, University of California, San Francisco | |
| 3:45 PM – 4 PM | Within- and Between-Person Associations of Momentary Optimism, Blood Pressure, Negative Affect, and Stress in Daily Life Presenter: John Felt, PhD, The Pennsylvania State University |

DAILY SCHEDULE • Thursday, March 7

| | |
|-------------------|---|
| 4 PM – 4:15 PM | Does Trait Perseverative Cognition Influence Blood Pressure Responses to Stress in Everyday Life? Presenter: Jillian Johnson, PhD, The Pennsylvania State University |
| 4:15 PM – 4:30 PM | A Laboratory Experiment Examining the Role of Cortisol in Food Cue and Stress Contexts and with Highly Palatable Food Snacking Open Science:  Presenter: Nia Fogelman, PhD, Yale University School of Medicine |
| 4:30 PM – 4:45 PM | Perceived Stress Reactivity and Health-Focused Emotion Regulation Ability Interact to Predict Biobehavioral Health Open Science:   Presenter: Sara Sagui-Henson, PhD, University of California, San Francisco |
| 4:45 PM – 5 PM | Chronic Stress, Stress Reactivity, and Food Insecurity: A Quasi-Experimental Study Presenter: Cindy Leung, ScD, MPH, University of Michigan School of Public Health |
| 3:45 PM – 5 PM | Paper Session 15: Opportunities For Advancing Latino Health Room: <i>Monroe</i> Topic Area: Race, Ethnicity and Culture, Social and Environmental Context and Health, Mental Health, Substance Abuse Instructional Level: Beginner/Intermediate/Advanced Co-Chairs: Abby King, PhD, Stanford University School of Medicine; Betina Yanez, PhD, Northwestern University Feinberg School of Medicine |
| 3:45 PM – 4 PM | A Latent Class Analysis of Acculturation on Mean Telomere Length Among Hispanics/Latinxs in the US Open Science:  Presenter: Francisco Montiel Ishino, MPH, BS, CPH, Texas A&M University |
| 4 PM – 4:15 PM | How Socioeconomic Status and Acculturation Relate to Dietary Behaviors Within Latino Populations Open Science:   Presenter: Katie Alegria, MA, University of California, Merced |
| 4:15 PM – 4:30 PM | The Association Between Migration Stressors and Mental Health in an Indigenous Mexican Migrant Community Presenter: Gilberto Lopez, University of Rochester |

DAILY SCHEDULE • Thursday, March 7

| | |
|--|--|
| 4:30 PM – 4:45 PM | Assessing Acceptability of a Culturally Adapted Brief Intervention to Reduce Unhealthy Alcohol Use Among Latino Immigrant Men Presenter: Vanessa N. Torres, MPH, University of Washington |
| 4:45 PM – 5 PM | Perceived Stress Is a Key Link Between Neighborhood Conditions and Latino Health: A Mixed Methods Study Presenter: Patricia Rodriguez Espinosa, PhD, MPH, Stanford University |
| 3:45 PM – 5 PM | Paper Session 16: Sleep And Health |
| Room: Georgetown East Topic Area: Sleep, Cancer, Pain Instructional Level: Beginner/Intermediate Co-Chairs: Natasha Williams, EdD, MPH | |
| 3:45 PM – 4 PM | A Poor Night’s Sleep Predicts Next-Day Social Events Among Individuals with Chronic Pain via Fluctuations in Affects Presenter: Dhvani Kothari, MA, Arizona State University |
| 4 PM – 4:15 PM | Objectively-Measured Sleep Efficiency and Sedentary Behavior Predict Fatigue Among Survivors of Allogeneic HCT Presenter: Ashley Nelson, MA, Massachusetts General Hospital/ Harvard Medical School |
| 4:15 PM – 4:30 PM | Lagged Relationships Among Chemotherapy-Induced Peripheral Neuropathy, Sleep Disturbance, and Physical Inactivity Presenter: Hailey Bulls, PhD, Moffitt Cancer Center |
| 4:30 PM – 4:45 PM | Ecological Momentary Assessment of Sleep Quality, Daytime Sleepiness, and Eating Behavior Among College Students Presenter: Emily Midgette, BA, East Carolina University |
| 4:45 PM – 5 PM | Usual and Daily Effects of Sleep Health on Children’s Dietary Intake Presenter: Sydney O’Connor, BA, University of Southern California |
| 3:45 PM – 5 PM | Paper Session 17: How Can We Improve Family Health Through Schools & Community-Based Implementation? |
| Room: Georgetown West Topic Area: Cancer, Physical Activity, Dissemination and Implementation, Digital Health Instructional Level: Beginner/Intermediate/Advanced Co-Chairs: Melanie Bean, PhD, Virginia Commonwealth University; Michelle Eakin, PhD, Johns Hopkins University | |
| 3:45 PM – 4 PM | Randomized Trial Evaluating an Intervention Supporting Implementation of Sun Safety Policies in Public Elementary Schools Open Science:  Presenter: David Buller, PhD, Klein Buendel <i>Continuing education credit not available for this session.</i> |

DAILY SCHEDULE • Thursday, March 7

| | |
|--|---|
| 4 PM – 4:15 PM | Decisions Toward Physical Activity Strategies to Enhance Learning and Health in Schools Presenters: Maria Acosta, MPH, San Francisco State University; and Emma Sanchez, ScD, MPH, San Francisco State University |
| 4:15 PM – 4:30 PM | Applying Theory to Characterize Impediments to the Dissemination of Community-Facing Family Health History Tools Presenter: Caitlin Allen, MPH, Emory University, Rollins School of Public Health |
| 4:30 PM – 4:45 PM | Parental Social Media Comparisons and Associations with Depressive Symptoms Presenter: Jaime Sidani, PhD, MPH, CHES, University of Pittsburgh |
| 4:45 PM – 5 PM | The Effects of Cellphone Addiction on Well-being Related Outcomes in Middle School Students Presenter: Sam Liu, PhD, University of Victoria |
| 3:45 PM – 5 PM | Paper Session 18: Understanding Stress To Improve Mental & Physical Health |
| Room: <i>Columbia 6</i> Topic Area: Stress, Mental Health, Methods and Measurement, Health Policy and Advocacy Instructional Level: Beginner/Intermediate/Advanced Co-Chairs: William Sieber, PhD, University of California, San Diego; John Torous, MD, Harvard Medical School | |
| 3:45 PM – 4 PM | Stressors and Mental Health Needs of Latina Immigrant Women: Findings from Focus Groups to Develop the ALMA Intervention Presenter: India Ornelas, PhD, MPH, University of Washington |
| 4 PM – 4:15 PM | Affective Reactivity to Daily Stressors Predicts Long-Term Trajectories of Depressive Symptoms Presenter: Ruixue Zhaoyang, PhD, The Pennsylvania State University |
| 4:15 PM – 4:30 PM | Experiences of Microaggressions and Health Outcomes Among Sexual Minority Women Presenter: Rachel Amerson, MA, The Virginia Consortium Phd in Clinical Psychology |
| 4:30 PM – 4:45 PM | Experiences of Anger/hostility and Ambulatory Blood Pressure in Everyday Life: Between- and Within-Person Associations Presenter: Michael Russell, PhD, The Pennsylvania State University |
| 4:45 PM – 5 PM | Mobile Phone Addiction: An Independent Risk Factor for Self-Reported Road Accidents Presenter: Oluwaseun Adeyemi, MBChB, MPH, University of North Carolina at Charlotte |

THURSDAY

DAILY SCHEDULE • Thursday, March 7

3:45 PM – 5 PM

Paper Session 19: Innovations In Mental Health


Room: *Columbia 8*

Topic Area: Mental Health, Child and Family Health, Cancer

Instructional Level: Beginner/Intermediate

Co-Chairs: Jessica Lipschitz, PhD, Brigham and Women’s Hospital; Philip Ward, BMedSc, PhD, UNSW Sydney

3:45 PM – 4 PM

Contextually Rich Features from Smartphone-Based GPS Data Are Linked to Symptoms of Depression
 Open Science: 
 Presenter: Abhishek Pratap, MS, Sage Bionetworks / University of Washington

4 PM – 4:15 PM

Effectiveness of Web-Based and In-Person Weight Management for Adults with Serious Mental Illness: Quality of Life Outcomes
 Presenter: Anjana Muralidharan, PhD, Veterans Affairs Capitol Healthcare Network, Mental Illness Research Education and Clinical Center and University of Maryland


4:15 PM – 4:30 PM

Family Consequences of Potentially Traumatic Pediatric Medical Events: Implications for Trauma-Informed Care
 Presenter: Melissa A. Alderfer, PhD, Nemours Children’s Health System

4:30 PM – 4:45 PM

Associations Among Neighborhoods and Depression Are Mediated by Individual-Level Characteristics, Especially Loneliness
 Presenter: Sarah Kowitt, PhD, MPH, University of North Carolina at Chapel Hill

4:45 PM – 5 PM

Longitudinal Relationship of Financial Toxicity and Distress in Older Adults with Cancer
 Open Science: 
 Presenter: Salene Jones, PhD, MA, Fred Hutchinson Cancer Research Center

3:45 PM – 5 PM

Paper Session 20: Lead The Way In Health Communications In The Clinic

Room: *Columbia 3*

Topic Area: Education, Training and Career Development, Health Communication, Digital Health

Instructional Level: Beginner/Intermediate

Co-Chairs: L. Alison Phillips, PhD, Iowa State University; Lindsey Horrell, PhD, MPH, RN, University of North Carolina at Chapel Hill

3:45 PM – 4 PM

Theory-Based Training to Facilitate Family Decision Making for Children at End of Life: Pediatric Inter-Professional Program
 Presenter: Randal Wada, MS, MD, School of Nursing and Dental Hygiene/University of Hawaii

DAILY SCHEDULE • Thursday, March 7

| | |
|---|--|
| 4 PM – 4:15 PM | The Effect of Follow-Up Communication Training on Physician Burnout and Patient Satisfaction Presenter: Melissa Esslinger, MBA, Kaiser Permanente |
| 4:15 PM – 4:30 PM | Acceptability and Efficacy of a Communication Skills Training for Nursing Students Presenter: Kerry Cannity, PhD, NewYork-Presbyterian Westchester Division |
| 4:30 PM – 4:45 PM | Mapping the Future - An Exploration of Genetic Testing Communication as a Cancer Prevention Tool Among African Americans Presenter: Crystal Lumpkins, PhD, University of Kansas Medical Center |
| 4:45 PM – 5 PM | User-Centered Development of a Behavioral Economics Inspired Electronic Health Record Clinical Decision Support Module Open Science:  Presenter: Sara Chokshi, DrPH, New York University <i>Continuing education credit not available for this session.</i> |
| 3:45 PM – 5 PM | Paper Session 21: Implementation Science Research To Prevent Chronic Disease |
| Room: <i>Columbia 4</i> Topic Area: Dissemination and Implementation, Physical Activity Instructional Level: Beginner/Intermediate/Advanced Co-Chairs: Samantha Harden, PhD, Virginia Tech; Kristin Schneider, PhD, Rosalind Franklin University of Medicine and Science | |
| 3:45 PM – 4 PM | Implementing a School Food Pantry: Preventing Food Insecurity and Promoting Healthy Habits in Schools, Latino Kids, and Beyond! Presenter: Stacy Cantu, MPH, Salud America/UT Health San Antonio |
| 4 PM – 4:15 PM | A Knowledge Translation Strategy for Enhancing Physical Activity Counselling Among Nurses Presenter: Kristina Karvinen, PhD, Nipissing University |
| 4:15 PM – 4:30 PM | Effectiveness of the Implementation of Community Guide Approaches to Promote Physical Activity in a Micropolitan City Presenter: Barbara Baquero, BA, MPH, PhD, University of Iowa College of Public Health |
| 4:30 PM – 4:45 PM | Recruitment, Training, and Experiences of Community Health Advisors in a Faith-Based Dissemination and Implementation Study Open Science:   Presenter: Sara Wilcox, PhD, University of South Carolina |
| 4:45 PM – 5 PM | Beginning with the End in Mind: Contextual Considerations Before, During, and After Program Delivery Presenter: Laura Balis, PhD, University of Wyoming |

THURSDAY

DAILY SCHEDULE • Thursday, March 7

3:45 PM – 5 PM

Paper Session 22: How Does The Social & Clinical Context Interact With Personal Attributes To Impact Weight Status?

Room: *Columbia 9*
Topic Area: Obesity, Diet and Nutrition
Instructional Level: Beginner/Intermediate
Co-Chairs: Donna Spruijt-Metz, PhD, University of Southern California; Helena Laroche, MD, University of Iowa


3:45 PM – 4 PM

The Moderating Effect of Chaos in the Home Environment on Dietary Disinhibition and Weight Loss Maintenance
Presenter: Emily Wyckoff, MS, University of Connecticut

4 PM – 4:15 PM

Weight Status, Not Income, Influences Weight Gain in Children over the Summer: An Analysis of Data from ECLS-K 2010-11
Presenter: Aaron Rafferty, BS, University of South Carolina

4:15 PM – 4:30 PM

The Adverse Role of Advertisement Susceptibility on Unhealthy Food and Beverage Intake
Open Science:  
Presenter: Miriam Eisenberg Colman, PhD, Fors Marsh Group

4:30 PM – 4:45 PM

Social Network Predictors of Weight Loss Among Obese Urban Mothers
Presenter: Ginger Winston, MD, MPH, George Washington University, Medical Faculty Associates

4:45 PM – 5 PM

The Relationship Between Stigmatizing Weight Experiences in Healthcare, BMI, and Eating Behaviors
Presenter: Jocelyn Remmert, MS

3:45 PM – 5 PM

Paper Session 23: Understanding The Connection Between Mental Health & HIV

Room: *Columbia 10*
Topic Area: HIV/AIDS, Mental Health
Instructional Level: Beginner/Intermediate/Advanced
Co-Chairs: Eric Schrimshaw, PhD, Columbia University, Mailman School of Public Health; Thomas H. F. Whitfield, MA, The Graduate Center, CUNY

3:45 PM – 4 PM

Sexual Risk Behavior in the Context of Suicidality Among Gay and Bisexual Men
Presenter: Raymond Moody, MA, Graduate Center, City University of New York

4 PM – 4:15 PM

Internalized HIV Stigma Predicts Pain Among Women Living with HIV in the United States: The Mediating Role of Depressive Symptoms
Open Science:  
Presenter: Kaylee Crockett, PhD, University of Alabama at Birmingham

DAILY SCHEDULE • Thursday, March 7

| | |
|-------------------|--|
| 4:15 PM – 4:30 PM | Attachment Moderates the Association Between Childhood Sexual Abuse and Substance Abuse Among Transgender Women Open Science:  Presenter: Kayla Sizemore, PhD, Center for HIV Educational Studies and Training (CHEST); and CUNY Hunter College |
| 4:30 PM – 4:45 PM | Disentangling Risk: Empirically-Derived Profiles of Psychosocial Vulnerability to and Behavioral Risk for HIV Infection Presenter: H. Jonathon Rendina, PhD, MPH, CUNY Hunter College |
| 4:45 PM – 5 PM | Run4Love, a mHealth Intervention to Improve Mental Health Outcomes Among People Living with HIV and Depression: Results of a RCT Open Science:  Presenter: Y. Alicia Hong, PhD, Texas A&M University |
| 3:45 PM – 5 PM | Paper Session 24: Improving Care of Older Adults Room: <i>Columbia 11</i> Topic Area: Diabetes, Cancer, Integrated Primary Care, Health Communication, Dissemination and Implementation Instructional Level: Beginner/Intermediate Co-Chairs: Bonnie Spring, PhD, Northwestern University Feinberg School of Medicine; Rebecca Delaney, PhD, University of Utah |
| 3:45 PM – 4 PM | Living with Diabetes: A New Approach to Assessing Health-related Quality of Life in People with Type 1 Diabetes over the Lifespan Presenter: Marisa Hilliard, PhD, Baylor College of Medicine and Texas Children's Hospital |
| 4 PM – 4:15 PM | Middle-Aged and Younger Adults with Cancer Report More Financial Distress Than Older Adults Presenter: Salene Jones, PhD, MA, Fred Hutchinson Cancer Research Center |
| 4:15 PM – 4:30 PM | Matter of Balance and Yoga for Fall Risk Reduction Among Community-Dwelling Older Adults: A Pilot Study Presenter: Em Adams, MS, CTRS, C-IAYT, RYT, Clemson University |
| 4:30 PM – 4:45 PM | Awareness of Palliative Care in the Nationally-Representative 2018 Health Information National Trends Survey Presenter: Neha Trivedi, MPH, National Cancer Institute |
| 4:45 PM – 5 PM | E-Training of Inmate Peer Caregivers for Enhancing Geriatric and End-of-Life Care in Prisons Open Science:  Presenter: Valerie Myers, PhD, Klein Buendel, Inc. <i>Continuing education credit not available for this session.</i> |

DAILY SCHEDULE • Thursday, March 7

3:45 PM – 5 PM

Paper Session 25: Treatment Decisions & Adherence

Room: Columbia 12

Topic Area: Decision Making, Medication Adherence, Digital Health, Social and Environmental Context and Health

Instructional Level: Beginner/Intermediate

Co-Chairs: Edith Burns, MD, Medical College of Wisconsin

3:45 PM – 4 PM

Attitudes About Vaccines Are Associated with HPV Vaccination Receipt and Intentions Among Undergraduate Women
 Presenter: Madison Stout, BS, Oklahoma State University

4 PM – 4:15 PM

Executive Functioning and Antihypertensive Medication Adherence in Teens with CKD
 Presenter: Cyd Eaton, PhD, Johns Hopkins University School of Medicine

4:15 PM – 4:30 PM

Smartphone App Features Associated with Controller Inhaler Use Among Adults with Asthma
 Presenter: Leanne Kaye, PhD, MPH, Propeller Health
Continuing education credit not available for this session.

4:30 PM – 4:45 PM

Risk Perceptions in Women Making Decisions About Breast Cancer Preventive Therapy: A Test of the TRIRISK Model
 Open Science:  
 Presenter: Rachael Thorneloe, PhD, University of Leeds

4:45 PM – 5 PM

Understanding the Multilevel Barriers and Facilitators to Iron Folic Acid Supplement Use and Anemia Reduction in Rural India
 Open Science:  
 Presenter: Erica Sedlander, DrPH(c), MPH, The George Washington U Milken Institute of Public Health

5:15 PM – 6:15 PM

Presidential Keynote and Awards Ceremony: Leading the Narrative: Bringing Behavioral Medicine to the Masses

Room: International Ballroom Center

Presenter: Sherry Pagoto, PhD, University of Connecticut

Moderator: Kristin Schneider, PhD, Rosalind Franklin University of Medicine and Science

Session Sponsored by: University of Connecticut Department of Allied Health Sciences; College of Agriculture, Health and Natural Resources; and Institute for Collaboration on Health, Intervention, and Policy (InCHIP)

6:30 PM – 7:30 PM

Poster Session B

Room: Columbia Exhibit/Poster Hall

Continuing education credit not available for this session.

Postdoctoral Training Program in Cancer Prevention and Control

Now accepting applications for 2019

The NCI-funded Training Program in Cancer Prevention and Control at the Wake Forest Baptist Comprehensive Cancer Center is now seeking outstanding postdoctoral candidates for 2019.

Our program prepares trainees to become independent researchers in the field of cancer prevention and control with a particular focus on cancer survivorship, healthy lifestyles, and cancer care delivery. Key resources are also provided by our Clinical and Translational Science Institute and NCI-funded Community Oncology Research Program (NCORP) Research Base.

The program offers:

- 2-3 years of funding
- Health insurance
- Opportunities for publications from existing data
- Competitive salary
- Travel allowances
- Research support
- Tuition support

The Program seeks individuals with recent doctorates (PhD, DrPH, MD, DO) in health-related areas, as well as experienced individuals wishing to more fully develop their research in cancer prevention and control. To be eligible, you must be a U.S. citizen or permanent resident.

Application Requirements: How to Apply:

- Cover letter including a statement of research interests and how the training program will further your career in cancer prevention and control
- Curriculum vitae
- 3 letters of recommendation

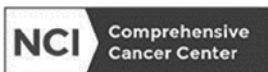
Inquiries should be sent to either of the Program Co-Directors, Dr. Nancy Avis at navis@wakehealth.edu or Dr. Kristie Foley at kfoley@wakehealth.edu.

Applications should be submitted to Alex Dest, Program Coordinator, at adest@wakehealth.edu.

Applications will be accepted until the positions are filled, although applications submitted before **April 1st** will have highest priority.

For More Information

<https://school.wakehealth.edu/Research/Institutes-and-Centers/Comprehensive-Cancer-Center/Post-Doctoral-Training-Program-in-Cancer-Prevention-and-Control>



Wake Forest Baptist Medical Center is an Affirmative Action and Equal Opportunity Employer with a strong commitment to achieving diversity among its faculty and staff.



DAILY SCHEDULE • Friday, March 8

7 AM – 7:50 AM

Breakfast Roundtable: Behavioral Medicine Goes Global: Collaborations with the International Society of Behavioral Medicine

Room: *Columbia 9*

Topic Area: Education, Training and Career Development

Presenters: Joost Dekker, PhD, Amsterdam University Medical Centres, Netherlands; and Frank Penedo, PhD, University of Miami

Moderator: E. Amy Janke, PhD, University of the Sciences

Continuing education credit not available for this session.

7 AM – 7:50 AM

Breakfast Roundtable: Complementary and Integrative Medicine SIG Presents: Data Blitz, Networking, & Award Presentations

Room: *Monroe*

Topic Area: Complementary and Integrative Medicine/Spirituality

Presenter: Amanda Shallcross, ND, MPH, New York University, School of Medicine

Continuing education credit not available for this session.

7 AM – 7:50 AM

Breakfast Roundtable: Cancer SIG Members Breakfast and Presentation of Awards

Room: *Lincoln West*

Topic Area: Cancer

Presenters: Barbara Andersen, PhD, The Ohio State University; Shawna Ehlers, PhD, Mayo Clinic; and Julia Rowland, PhD

Moderator: Shawna Ehlers, PhD, Mayo Clinic

Continuing education credit not available for this session.

7 AM – 7:50 AM

Breakfast Roundtable: Diabetes SIG Business Meeting

Room: *Columbia 6*

Topic Area: Diabetes

Presenters: Elizabeth Beverly, PhD, Ohio University Heritage College Osteopathic Medicine; Allyson Hughes, MA, T1D Exchange; Maria Ramirez Loyola, BA, University of California, Merced; and ALYSSA Vela, PhD, McLaren Flint

Moderator: Lyndsay Nelson, PhD, Vanderbilt University Medical Center

Continuing education credit not available for this session.

7 AM – 7:50 AM

Breakfast Roundtable: Evidence-Based Behavioral Medicine and Multiple Health Behavior Change SIGs Present: Finding a Mentor Through Formal and Informal Channels: Tips for Students and Early Career Professionals

Room: *Georgetown East*

Topic Area: Education, Training and Career Development

Presenters: Melody Ding, PhD; The University of Sydney; Heather McGinty, PhD, The Ohio State University; and Claudio Nigg, PhD, Karlsruhe Institute of Technology

Moderator: Heather Jim, PhD, Moffitt Cancer Center

Continuing education credit not available for this session.

FRIDAY

DAILY SCHEDULE • Friday, March 8

7 AM – 7:50 AM

Breakfast Roundtable: Finding Your Voice: Lessons Learned Writing Op-Eds to Shape Public Discourse

Room: Georgetown West

Topic Area: Health Policy and Advocacy

Presenters: Gary Bennett, PhD, Duke University; Joanna Buscemi, PhD, DePaul University; E. Amy Janke, PhD, University of the Sciences; and Catharine Wang, PhD, Boston University School of Public Health

Moderator: Monica Wang, ScD, MS, Boston University School of Public Health

Continuing education credit not available for this session.

7 AM – 7:50 AM

Breakfast Roundtable: Health Equity SIG Breakfast Roundtable

Room: Columbia 8

Topic Area: Race, Ethnicity and Culture

Presenters: Megan Johnson Shen, PhD; and Robert Newton, PhD

Moderator: Betina Yanez, PhD, Northwestern University Feinberg School of Medicine

Continuing education credit not available for this session.


7 AM – 7:50 AM

Breakfast Roundtable: NIH Clinical Trials Update: Delayed Enforcement, Short-Term Flexibilities, and Social-Behavioral Protocol Templates

Room: Jefferson East

Topic Area: Health Policy and Advocacy

Instructional Level: Intermediate

Open Science: 

Chair: William Elwood, PhD, National Institutes of Health

Presenters: Christine Hunter, PhD, Office of Behavioral and Social Sciences Research, National Institutes of Health; Dawn Morales, PhD, NIH; and Catherine Stoney, PhD, NHLBI/NIH

Continuing education credit not available for this session.

7 AM – 7:50 AM

Breakfast Roundtable: Physical Activity SIG Breakfast Roundtable and Member Networking Event

Room: Lincoln East

Topic Area: Physical Activity

Presenters: Siobhan Phillips, PhD, MPH, Northwestern Feinberg School of Medicine; and Dori Rosenberg, PhD, MPH, Kaiser Permanente Washington Health Research Institute

Continuing education credit not available for this session.

7 AM – 7:50 AM

Breakfast Roundtable: Population Health Sciences SIG Business Meeting

Room: Columbia 3

Topic Area: Social and Environmental Context and Health

Presenters: Emilie Adams, M.S.C.T.R.S., C-IAYT, Clemson University; Lisa Cadmus-Bertram, PhD, University of Wisconsin-Madison; Jessica Gorzelitz, MS, University of Wisconsin-Madison; Teresa Smith, PhD, MS, Gretchen Swanson Center for Nutrition; and Molly Waring, PhD, University of Connecticut

Continuing education credit not available for this session.

DAILY SCHEDULE • Friday, March 8

7 AM – 7:50 AM
Breakfast Roundtable: Women’s Health SIG Meeting

Room: *Columbia 4*
 Topic Area: Health Communication
 Presenters: Pamela Geller, PhD, Drexel University; and Emily Mailey, PhD, Kansas State University
Continuing education credit not available for this session.

7 AM – 7:50 AM
Breakfast Roundtable: What Do I Actually Want to do in Behavioral Medicine? A Practical Q&A on Career Paths and the Work-Life Balance Across Them

Room: *Jefferson West*
 Presenters: Jason Cohen, BS, University of Illinois at Urbana-Champaign; and Jocelyn Remmert, MS
Continuing education credit not available for this session.

8 AM – 9:15 AM
Presidential Symposium: The Last Mile Problem in Healthcare: How Behavioral Medicine Can Change the Narrative in Evidence Implementation

Room: *International Ballroom West*
 Topic Area: Dissemination and Implementation
 Instructional Level: Beginner/Intermediate
 Chair: Bradford W. Hesse, PhD, National Cancer Institute
 Presenters: Eliah Aronoff-Spencer, MD, PhD, University of California, San Diego; Melinda Krakow, PhD, MPH, National Cancer Institute; and Robin Vanderpool, DrPH, CHES, University of Kentucky
 Discussant: Kevin Patrick, MD, MS, University of California, San Diego

8 AM – 9:15 AM
Symposium 34: Novel Diet Interventions That Use Self-Monitoring Technology for Feedback: Study Design and Evaluation Considerations

Room: *International Ballroom East*
 Topic Area: Diet and Nutrition
 Instructional Level: Beginner/Intermediate
 Chair: Susan Schembre, PhD, RD, University of Arizona College of Medicine-Tucson
 Presenters: Carol Boushey, PhD, MPH, RDN, University of Hawaii Cancer Center; Michelle Jospe, PhD, RD, University of Otago; Dori Steinberg, PhD, RD, Duke School of Nursing; and Brie Turner-McGrievy, PhD, MS, RD, University of South Carolina
 Discussant: Tanya Agurs-Collins, PhD, RD, National Cancer Institute

DAILY SCHEDULE • Friday, March 8


8 AM – 9:15 AM

Symposium 36: Examining Outcomes and Mechanisms of Integrated Collaborative Obesity and Depression Care: Insights from the RAINBOW Trial

Room: *Jefferson East*

Topic Area: Mental Health

Instructional Level: Beginner/Intermediate

Open Science: 

Chair: Jun Ma, MD, PhD, University of Illinois at Chicago

Presenters: Kristen Azar, BSNMSNMPH, Sutter Health; Lisa Goldman Rosas, PhD, MPH, Stanford University; and Nan Lv, PhD, University of Illinois at Chicago

Discussant: Catherine Stoney, PhD, National Heart, Lung, and Blood Institute (NHLBI)

Continuing education credit not available for this session.

8 AM – 9:15 AM

Symposium 37: Novel Methods of Conceptualizing and Assessing Health Habits Using Intensive Longitudinal Data

Room: *Jefferson West*

Topic Area: Methods and Measurement

Instructional Level: Intermediate

Chair: Tammy Stump, PhD, Northwestern University

Presenters: Yuelin Li, PhD, Memorial Sloan Kettering Cancer Center; L. Alison Phillips, PhD, Iowa State University; and Bonnie Spring, PhD, Northwestern University Feinberg School of Medicine

Discussant: Alexander Rothman, PhD, University of Minnesota

8 AM – 9:15 AM

Symposium 38: Using Ecological Momentary Assessment to Uncover Microtemporal Processes Underlying Daily Activity Adoption and Maintenance

Room: *Lincoln East*

Topic Area: Physical Activity

Instructional Level: Beginner/Intermediate

Chair: Chih-Hsiang Yang, PhD, University of Southern California

Presenters: Genevieve Dunton, PhD, MPH, University of Southern California; Jaclyn Maher, PhD, University of North Carolina Greensboro; and Meynard John Toledo, MS, Arizona State University

Discussant: Joshua Smyth, PhD, Pennsylvania State University

8 AM – 9:15 AM

Symposium 39: From Theory to Action: A New Cross-Cutting Agenda for Health-Related Stigma Research

Room: *Lincoln West*

Topic Area: Social and Environmental Context and Health

Instructional Level: Beginner/Intermediate

Chair: Valerie Earnshaw, PhD, University of Delaware


Presenters: Jeremy Kane, PhD, MPH, Johns Hopkins Bloomberg School of Public Health; Sarah Murray, PhD, Johns Hopkins Bloomberg School of Public Health; and Anne Stangl, PhD, MPH, International Center for Research on Women

Discussant: Virginia Bond, PhD, London School of Hygiene & Tropical Medicine

DAILY SCHEDULE • Friday, March 8

8 AM – 9:15 AM


Symposium 40: When Coping Isn’t Enough: Increasing Resiliency Among Diverse, Vulnerable Populations

Room: *Monroe*
 Topic Area: Stress
 Instructional Level: Intermediate/Advanced
 Open Science: 

Chair: Christina Psaros, PhD, Massachusetts General Hospital / Harvard Medical School
Presenters: Elyse Park, PhD, MPH, MGH; Giselle Perez, PhD, MGH; and Christina Psaros, PhD, Massachusetts General Hospital / Harvard Medical School
Discussant: Lara Traeger, PhD, Massachusetts General Hospital

8 AM – 9:15 AM

Symposium 41: Physical Activity and Military and Veterans’ Health SIGs Present: Two Birds One Stone: Improving Mental and Physical Health Simultaneously Through Health Behavior Interventions

Room: *Georgetown East*
 Topic Area: Mental Health
 Instructional Level: Intermediate
 Open Science: 

Chair: Katherine Hoerster, PhD, MPH, VA Puget Sound Healthcare, Seattle and University of Washington
Presenters: Mary de Groot, PhD, Indiana University School of Medicine; Katherine Hall, PhD, Duke University & Durham VA Health Care System; Simon Rosenbaum, PhD, UNSW Sydney; and Celina Shirazipour, PhD, Cedars-Sinai Medical Center
Discussant: Katherine Hoerster, PhD, MPH, VA Puget Sound Healthcare, Seattle and University of Washington

8 AM – 9:15 AM

Symposium 42: HIV and Sexual Health SIG Presents: Sexually Explicit Media and HIV Risk Behaviors Among Gay, Bisexual, and Other Men Who Have Sex with Men

Room: *Georgetown West*
 Topic Area: HIV/AIDS
 Instructional Level: Intermediate
Chair: Eric Schrimshaw, PhD, Columbia University, Mailman School of Public Health
Presenters: Martin Downing, PhD, Lehman College; Kimberly Nelson, PhD, MPH, Centers for Behavioral and Preventive Medicine; and Eric Schrimshaw, PhD, Columbia University, Mailman School of Public Health
Discussant: B. R. Simon Rosser, PhD, MPH, LP, University of Minnesota

DAILY SCHEDULE • Friday, March 8

8 AM – 9:15 AM

Symposium 43: Insights into Illness Understanding and End-of-Life Decision Making Among Patients with Advanced Disease

Room: *Columbia 6*

Topic Area: Decision Making

Instructional Level: Beginner

Chairs: Maija Reblin, PhD, Moffitt Cancer Center; and Jennifer Taber, PhD, Kent State University

Presenters: Amy Otto, PhD, Moffitt Cancer Center; Megan Shen, PhD, Weill Cornell Medical College; Jennifer Taber, PhD, Kent State University; and Kelly Trevino, PhD, Memorial Sloan Kettering Cancer Center

Discussant: Wen-Ying Sylvia Chou, PhD, MPH, Behavioral Research Program, Division of Cancer Control and Population Sciences, National Cancer Institute


8 AM – 9:15 AM

Symposium 44: Behavioral Informatics and Technology SIG Presents: Using Patient-Generated Data in the Electronic Health Record to Facilitate Behavior Change: Opportunities & Challenges

Room: *Columbia 8*

Topic Area: Digital Health

Instructional Level: Intermediate

Open Science: 

Chair: Julie Wright, PhD, University of Massachusetts Boston

Presenters: Lisa Cadmus-Bertram, PhD, University of Wisconsin-Madison; Sara Chokshi, DrPH, New York University; and Devin Mann, MD, MS, New York University

Discussant: Marissa Burgermaster, PhD, University of Texas at Austin

8 AM – 9:15 AM

Symposium 45: Behavioral Informatics and Technology SIG Presents: Digital Health in the Wild: How Do We Help People with Mental Health Disorders Utilize Technology in Their Treatment?

Room: *Columbia 3*

Topic Area: Digital Health

Instructional Level: Beginner/Intermediate

Chair: Emil Chiauuzi, PhD, PatientsLikeMe

Presenters: Emil Chiauuzi, PhD, PatientsLikeMe; Theresa Nguyen, LCSW, Mental Health America; John Torous, MD, MBI, Beth Israel Deaconess Medical Center, Harvard Medical School; and Ashley Clayton, MA, PatientsLikeMe (Advisor)


Discussant: Chad Rethorst, PhD, UT Southwestern Medical Center

Continuing education credit not available for this session.

DAILY SCHEDULE • Friday, March 8

8 AM – 9:15 AM


Symposium 46: Biobehavioral Influences on Circadian Rhythm in Cancer

Room: *Columbia 4*
Topic Area: Cancer
Instructional Level: Intermediate/Advanced
Open Science: 

Chair: Deidre Pereira, PhD, University of Florida
Presenters: Aasha Hoogland, PhD, Moffitt Cancer Center; Heather Jim, PhD, Moffitt Cancer Center; Janae Kirsch, MS, University of Florida; and Deidre Pereira, PhD, University of Florida
Discussant: Oxana Palesh, PhD, Stanford University

8 AM – 9:15 AM

Symposium 47: Pain and Physical Activity SIGs Present: Targeting Increased Physical Activity Within Chronic Pain Treatments; Innovative Solutions to an Old Paradigm

Room: *Columbia 9*
Topic Area: Pain
Instructional Level: Intermediate/Advanced
Open Science: 

Chairs: Dori Rosenberg, PhD, MPH, Kaiser Permanente Washington Health Research Institute; and Ana-Maria Vranceanu, PhD, Harvard Medical School/Massachusetts General Hospital
Presenters: Diana Burgess, PhD, University of Minnesota and Minneapolis VAHCS COIN (Center of Innovation); Jason Fanning, PhD, Wake Forest School of Medicine; Jonathan Greenberg, PhD, Massachusetts General Hospital & Harvard Medical School; Ann Lin, BS, Massachusetts General Hospital; and Alicia Heapy, PhD, Yale University/VA Connecticut
Discussants: Sara Edmond, PhD, VA Connecticut Healthcare System; and Rachel Millstein, PhD, MHS, Massachusetts General Hospital

8 AM – 9:15 AM

Symposium 48: Diabetes SIG Presents: An In-Depth Exploration of Diabetes Distress from the Individual and Provider Perspectives

Room: *Columbia 10*
Topic Area: Diabetes
Instructional Level: Beginner/Intermediate
Chair: Elizabeth Beverly, PhD, Ohio University Heritage College Osteopathic Medicine
Presenters: Samereh Abdoli, PhD, RN, University of Tennessee; Elizabeth Beverly, PhD, Ohio University Heritage College Osteopathic Medicine; Mary de Groot, PhD, Indiana University School of Medicine; and Heather Stuckey, DEd, The Pennsylvania State University
Discussant: Jeffrey Gonzalez, PhD, Yeshiva University

DAILY SCHEDULE • Friday, March 8


8 AM – 9:15 AM

Symposium 49: Hazardous Opioid Use in At-Risk Populations with Pain: Examining Prevention, Treatment, and Co-Morbidity

Room: *Columbia 11*

Topic Area: Pain

Instructional Level: Beginner/Intermediate

Open Science: 

Chair: Kevin Vowles, PhD, University of New Mexico

Presenters: Lilian Dindo, PhD, Baylor College of Medicine; Matthew Herbert, PhD, Veterans Medical Research Foundation; and Kevin Vowles, PhD, University of New Mexico

8 AM – 9:15 AM

Symposium 50: Military and Veterans' Health Presents: User-Centered Interventions to Reduce Cardiovascular Disease Disparities: Lessons from Community and Veteran Populations

Room: *Columbia 12*

Topic Area: Military and Veterans' Health

Instructional Level: Intermediate/Advanced

Chair: David Goodrich, EdD, MA, MS, Center for Evaluation and Implementation Research, VA Ann Arbor HCS

Presenters: Karen M Goldstein, MD, MSPH, Durham VA Health Care System; Melanie R Jay, MD, MS, VA New York Harbor; and Alyson Littman, PhD, MPH, VA Puget Sound Healthcare System

Discussant: Caroline Angel, PhD, RN, Team Red, White & Blue

9:15 AM – 9:45 AM

Mindful Meditation Presented by the Complementary and Integrative Health SIG

Room: *Cabinet*

Continuing education credit not available for this session.

9:45 AM – 10:45 AM

Keynote Panel: Heroes Tackling the Social Determinants of Health

Room: *International Ballroom Center*

Panelists: Toyin Ajayi, MD, Cityblock; Mindi Knebel, Kaizen Health; and Carlo "Khali" Sweeney, Detroit Boxing Gym Youth Program

Moderator: Stephenie Lemon, PhD, University of Massachusetts Medical School

11 AM – 12 PM

Midday Meeting: Clinical Psychology Internship Meet & Greet

Room: *Columbia 8*

Topic Area: Education, Training and Career Development

Presenters: Kelly Chinh, MS, Indiana University-Purdue University Indianapolis; and Jocelyn Remmert, MS

Continuing education credit not available for this session.

DAILY SCHEDULE • Friday, March 8

11 AM – 12 PM **Midday Meeting: Ethics Working Group and Education, Training, and Career Development Council Present: Ethics and Values in Behavioral Medicine: Discussions for the Future**

Room: *Columbia 4*
Topic Area: Education, Training and Career Development
Presenters: Matthew Buman, PhD, Arizona State University; William Calo, PhD, JD, MPH, The Pennsylvania State University; Rose Constantino, BSN, MSN, JD, PhD, FAAN, FACHE, University of Pittsburgh School of Nursing; Laura Hayman, PhD, RN, FAAN, University of Massachusetts Boston; Chanita Hughes Halbert, PhD, MUSC; and Camille Nebeker, EdD, MS, University of California San Diego
Moderators: Karen Oliver, PhD, Brown Alpert Medical School, Providence VA Medical Center; and Sherri Sheinfeld Gorin, PhD, New York Physicians Against Cancer (NYPAC) and The University of Michigan
Continuing education credit not available for this session.

11 AM – 12 PM **Midday Meeting: HIV and Sexual Health SIG Business Meeting and Funders Meet & Greet**

Room: *Columbia 9*
Topic Area: HIV/AIDS
Presenter: H. Jonathon Rendina, PhD, MPH, CUNY Hunter College
Moderator: Kimberly Nelson, PhD, MPH, Centers for Behavioral and Preventative Medicine at the Miriam Hospital
Continuing education credit not available for this session.

11 AM – 12 PM **Midday Meeting: Behavioral Informatics and Technology SIG Business and Networking Meeting**

Room: *Columbia 10*
Topic Area: Digital Health
Presenters: Danielle Arigo, PhD, Rowan University; and Lisa Cadmus-Bertram, PhD, University of Wisconsin-Madison
Moderator: Katrina Mateo, MPH, DPHc, CUNY Hunter College
Continuing education credit not available for this session.

11 AM – 12 PM **Midday Meeting: Physical Activity SIG Meet the Experts Midday Meeting**

Room: *Georgetown West*
Topic Area: Physical Activity
Presenters: Siobhan Phillips, PhD, MPH, Northwestern Feinberg School of Medicine; and Dori Rosenberg, PhD, MPH, Kaiser Permanente Washington Health Research Institute
Continuing education credit not available for this session.

DAILY SCHEDULE • Friday, March 8

11 AM – 12 PM

Midday Meeting: Tips for Successful Grant Writing for the Health and Behavior International Collaborative Award

Room: *Columbia 11*
Topic Area: Education, Training and Career Development
Presenters: Fabiana Brito, PhD, MSPH, BSN, University of Nebraska Medical Center; Mahati Chittem, PhD, Indian Institute of Technology Hyderabad; and Elizabeth Seng, PhD, Yeshiva University/Albert Einstein College of Medicine/Montefiore Medical Center
Moderator: Sydney O'Connor, BA, University of Southern California
Continuing education credit not available for this session.

11 AM – 12 PM

Midday Meeting: To Promote Successful Behavior Change, Must Intervention Studies Target Multiple Levels of Influence Simultaneously?

Debate Presented by the Theories and Techniques of Behavior Change Interventions SIG


Room: *Georgetown East*
Topic Area: Multiple Behavior Change
Presenters: Sarah Kobrin, PhD, Division of Cancer Control and Population Sciences, National Cancer Institute, NIH; James Sallis, PhD, University of California, San Diego; Paschal Sheeran, MA, PhD, University of North Carolina at Chapel Hill; and Lauren Shomaker, PhD, Colorado State University
Moderator: Susan Czajkowski, PhD, Division of Cancer Control and Population Sciences, National Cancer Institute, NIH
Session Co-Presented By: *Population Health Sciences, Multiple Health Behavior Change, Multi-Morbidities, Obesity and Eating Disorders, Integrated Primary Care, and Cancer SIGs*
Continuing education credit not available for this session.

11 AM – 12 PM

Paper Session 26: Leading The Way With Digital Health Obesity Interventions

Room: *International Ballroom East*
Topic Area: Obesity, Digital Health
Instructional Level: Beginner/Intermediate/Advanced
Co-Chairs: May May Leung, PhD, RDN, Hunter College; Caroline G. Dunn, MS, RD/LDN, University of South Carolina




11 AM – 11:15 AM

Determining the Optimal 6-Month Weight Loss Treatment Package: Results of the Opt-In Study
Open Science: 
Presenter: Bonnie Spring, PhD, Northwestern University Feinberg School of Medicine

11:15 AM – 11:30 AM

Early Weight Loss in a Standalone mHealth Intervention Predicting Treatment Success
Open Science: 
Presenter: Michele Patel, PhD, Stanford University School of Medicine

DAILY SCHEDULE • Friday, March 8


| | |
|---------------------|--|
| 11:30 AM – 11:45 AM | <p>Can Smartphone-Based Behavioral Obesity Treatment Produce Weight Losses Equal to Gold Standard Group Treatment? Open Science: </p> <p>Presenter: J. Graham Thomas, PhD, Brown University School of Medicine & The Miriam Hospital</p> |
| 11:45 AM – 12 PM | <p>Short-Term Effectiveness of a Technology-Based Translation of the Diabetes Prevention Program: The Diabeat-it Study Open Science: </p> <p>Presenter: Fabio Almeida, PhD, University of Nebraska Medical Center</p> |
| 11 AM – 12 PM | <p>Paper Session 27: Tobacco & Social Environment</p> <p>Room: <i>International Ballroom West</i> Topic Area: Tobacco Control Instructional Level: Beginner/Intermediate/Advanced Co-Chairs: Cam Escoffery, PhD, MPH, CHES, Rollins School of Public Health, Emory University</p> |
| 11 AM – 11:15 AM | <p>Traditional and Alternative Tobacco Product Use Among Sexual Minority Subgroups in the US, 1993-2017: A Systematic Review Presenter: Milkie Vu, MA, Emory University</p> |
| 11:15 AM – 11:30 AM | <p>Sexual & Gender Minority Young Adults' Smoking Characteristics: Assessing Differences by Sexual Orientation & Gender Identity Open Science: </p> <p>Presenter: Erin Vogel, PhD, University of California, San Francisco</p> |
| 11:30 AM – 11:45 AM | <p>Would E-Cigarette Reduce Disparities in Smoking? Daily E-Cigarette Use Among Smokers by Social Determinants of Health Open Science: </p> <p>Presenter: Kelvin Choi, PhD, MPH, National Institute on Minority Health and Health Disparities</p> |
| 11:45 AM – 12 PM | <p>Disparities in Dropout and Cessation Outcomes of SmokefreeMOM: A National Text Message Intervention for Pregnant Women Presenter: Sherine El-Toukhy, PhD, MA, National Institute on Minority Health and Health Disparities, National Institutes of Health</p> |

DAILY SCHEDULE • Friday, March 8

11 AM – 12 PM

Paper Session 28: Optimizing Parental Involvement In Children's Health Management




Room: *Jefferson East*
Topic Area: Diabetes, Health Communication, Child and Family Health
Instructional Level: Beginner/Intermediate
Co-Chairs: Catherine Davis, PhD, Augusta University

| | |
|---------------------|---|
| 11 AM – 11:15 AM | Appraised Involvement of Mothers and Fathers and Type 1 Diabetes Management in Latino and Non-Latino Youth Presenter: Deborah Wiebe, PhD, MPH, University of California, Merced |
| 11:15 AM – 11:30 AM | Mothers' Beliefs About Adolescent Marijuana Use: Insights from a Facebook-Delivered Intervention and Randomized Trial Presenter: Julia Berteletti, MSW, Klein Buendel |
| 11:30 AM – 11:45 AM | Assessment of Parental Responses to an Obesity-Related Epigenetics Risk Message Presenter: Brittany M Hollister, PhD, BA, National Human Genome Research Institute |
| 11:45 AM – 12 PM | To Attend, or Not to Attend: Examining Parent Intentions and Study Completion in a Pediatric, Randomized Controlled Trial Open Science:  Presenter: Jacqueline Sullivan, MA, Nationwide Children's Hospital |

11 AM – 12 PM

Paper Session 29: Policy Topics In Tobacco & Substance Use

Room: *Jefferson West*
Topic Area: HIV/AIDS, Tobacco Control, Complementary and Integrative Medicine/Spirituality
Instructional Level: Beginner/Intermediate/Advanced
Co-Chairs: Joanna Buscemi, PhD, DePaul University; Phillip Schnarrs, PhD, The University of Texas

| | |
|---------------------|---|
| 11 AM – 11:15 AM | Creating an HIV/Prep and Substance Use Integrated Care Digital Tool Using Service Design Thinking Open Science:  Presenter: Kasey Claborn, PhD, The University of Texas Dell Medical School |
| 11:15 AM – 11:30 AM | Assessing and Addressing Tobacco Use Through Health Systems Change: Highlights and Insights from Minnesota Presenter: Megan Whittet, MPH, ClearWay Minnesota |
| 11:30 AM – 11:45 AM | Leading Policy and Practice Changes via the Implementation of a Tobacco Free Workplace Program in Behavioral Health Clinics Open Science:  Presenter: Virmarie Correa-Fernandez, PhD, University of Houston |
| 11:45 AM – 12 PM | Iyengar Yoga as a Complementary Therapy for Smoking Cessation: Results from Breatheasy, a Randomized Clinical Trial Open Science:  Presenter: Beth Bock, PhD, Brown Medical School |

FRIDAY

DAILY SCHEDULE • Friday, March 8

11 AM – 12 PM

Paper Session 30: Health Communication & HPV





Room: *Lincoln East*
Topic Area: Health Communication, Cancer, Digital Health
Instructional Level: Beginner/Intermediate
Co-Chairs: Noel Brewer, PhD, University of North Carolina at Chapel Hill

| | |
|---------------------|---|
| 11 AM – 11:15 AM | Questions and Concerns About HPV Vaccine: A Communication Experiment Presenter: Parth Shah, PharmD, PhD, Fred Hutchinson Cancer Research Center |
| 11:15 AM – 11:30 AM | Easing Concerns About HPV Vaccine and Counselling Patients to Get It: a National Experiment Presenter: Noel Brewer, PhD, University of North Carolina at Chapel Hill |
| 11:30 AM – 11:45 AM | A Qualitative Analysis of Young Sexual Minority Men's Beliefs About Human Papillomavirus (HPV) Vaccination Open Science:  Presenter: Mary Gerend, PhD, Florida State University |
| 11:45 AM – 12 PM | Focus Groups on HPV Vaccine via Facebook Ads: Identifying Themes and Linguistic Characteristics of User Comments Presenter: Sunny Jung Kim, PhD, Virginia Commonwealth University |

11 AM – 12 PM

Paper Session 31: Sleep In Adolescents & Young Adults

Room: *Lincoln West*
Topic Area: Sleep, Digital Health
Instructional Level: Beginner/Intermediate/Advanced
Co-Chairs: Tracy Trevorror, PhD, Chaminade University of Honolulu; Eunjin Lee Tracy, PhD, University of Utah

| | |
|---------------------|--|
| 11 AM – 11:15 AM | Inadequate Sleep During High School as a Risk Factor for Adverse Health Outcomes in Emerging Adulthood Open Science:   Presenter: Kellienne Sita, BS, National Institutes of Health |
| 11:15 AM – 11:30 AM | Perceived Stress Reactivity Predicts Poor Sleep Quality up to Thirty Days Later in Young Adults Presenter: Christine Smith-Mason, PhD, Rush University Medical Center |
| 11:30 AM – 11:45 AM | Associations of Early School Start Times and Increased Media Use with Increased Social Jetlag, a Measure of Sleep Insufficiency Open Science:   Presenter: Denise Haynie, PhD, MPH, National Institutes of Health |

FRIDAY


DAILY SCHEDULE • Friday, March 8


11:45 AM – 12 PM **The Effect of Parental Technology Rules on Early Teen Social Media Use and Sleep**
Presenter: Jonathan D'Angelo, PhD, University of Wisconsin-Madison
Continuing education credit not available for this session.

11 AM – 12 PM **Paper Session 32: Progress In Complementary And Alternative Medicine Intervention**

Room: *Monroe*
Topic Area: Physical Activity, Cancer, Obesity
Instructional Level: Beginner/Intermediate
Co-Chairs: Amy Wachholtz, PhD, MDiv, MS, University of Colorado Denver; Rainbow T.H. Ho, PhD, CBH, HKU

11 AM – 11:15 AM **Predictors of Exercise Patterns in CHD Survivors Undergoing Tai Chi Training: A Latent Class Analysis**
Open Science: 
Presenter: Elena Salmoirago-Blotcher, MD, PhD, Miriam Hospital, Brown University Medical School & School of Public Health

11:15 AM – 11:30 AM **Mindfulness Training for Adults with Advanced Cancer and Family Caregivers: Mixed Methods Randomized Controlled Pilot Results**
Open Science: 
Presenter: Shelley Johns, PsyD, ABPP, Indiana University School of Medicine

11:30 AM – 11:45 AM **Stress Eating, Mindfulness-Based Intervention Effects, and Metabolic Health: Data from the SHINE Randomized Controlled Trial**
Open Science: 
Presenter: Rachel Radin, PhD, University of California, San Francisco

11:45 AM – 12 PM **An Audio-Recorded Mindfulness Exercise Intervention: A Pilot Randomized Controlled Trial**
Presenter: Margarita Sala, MA, Southern Methodist University


11 AM – 12 PM **Paper Session 33: Advancing HIV Prevention & Treatment**


Room: *Columbia 6*
Topic Area: HIV/AIDS
Instructional Level: Beginner/Intermediate
Co-Chairs: Lori A. J. Scott-Sheldon, PhD, The Miriam Hospital and Brown University; Julia Thomas, BA, Illinois Institute of Technology

11 AM – 11:15 AM **A Cultural Consensus Modeling Approach to Examine the Family Planning and HIV Prevention Needs of South African Adolescent Girls**
Presenter: Jennifer Brown, PhD, University of Cincinnati

DAILY SCHEDULE • Friday, March 8

11:15 AM – 11:30 AM **Hispaniola Sex Workers' HIV Knowledge and Condom Use on the Border of Haiti and the Dominican Republic**
 Presenter: Henna Budhwani, PhD, MPH, University of Alabama at Birmingham

11:30 AM – 11:45 AM **HIV-Related Stigma, Motivation to Adhere to Medication, and ART Adherence Among HIV-Positive Methadone-Maintained Patient**
 Open Science: 
 Presenter: Roman Shrestha, PhD, Yale University

11:45 AM – 12 PM **Reactivity of HRQOL to Perceived Stress: The Buffering Role of Mastery in a Longitudinal Study of Aging Adults with and Without HIV**
 Open Science: 
 Presenter: Elizabeth Pasipanodya, PhD, University of California, San Diego


1 PM – 2 PM **Master Lecture Panel: Open Science and Behavioral Medicine: What, Why, and How Should We Engage?**

Room: *International Ballroom East*
 Panelists: Bradford W. Hesse, PhD, National Cancer Institute; Abby King, PhD, Stanford University School of Medicine; and John Wilbanks, BA, Sage Bionetworks
 Moderator: Eric Hekler, PhD, University of California, San Diego

1 PM – 2 PM **Jessie Gruman Master Lecture: Engaging Populations in Primary Care Settings and Helping Communities Following Tragedies to Improve Health**

Room: *International Ballroom West*
 Presenter: Capt. Jeffrey Goodie, PhD, ABPP, United States Public Health Service
 Moderator: Bonnie Spring, PhD, ABPP, Northwestern University

1 PM – 2 PM **Presidential Panel Discussion: Military and Veterans' Health SIG Presents: Listening to Patient and Clinician Voices in Order to Be Heard: Reverse Translation in Action**

Room: *Monroe*
 Topic Area: Dissemination and Implementation
 Instructional Level: Beginner/Intermediate
 Open Science: 
 Chair: Lisa McAndrew, PhD, War Related Illness and Injury Study Center (WRIISC)/Veterans Affairs
 Presenters: Jessica Breland, PhD, VA Palo Alto; David Earnest, Colonel USAF Retired, DDS, VA Palo Alto. Volunteer - Veteran And Family Advisory Council and Public Affairs; Katherine Hoerster, PhD, MPH, VA Puget Sound Healthcare, Seattle and University of Washington; David Litke, PhD, Veterans Affairs; and Travis Runnels, VA Palo Alto

DAILY SCHEDULE • Friday, March 8

1 PM – 2 PM

Panel Discussion 16: The Evolving Digital Media Landscape and Its Impact on Population Health

Room: *Jefferson East*

Topic Area: Digital Health

Instructional Level: Beginner

Chair: John Allegrante, PhD, Columbia University

Presenters: Lorien Abrams, ScD, GWU Milken Institute School of Public Health; Gary Bennett, PhD, Duke University; Bradford Hesse, PhD, National Cancer Institute; Victoria McCullough, BA, Tumblr; and Joe Smyser, PhD, MSPH, The Public Good Projects

Session Sponsored by: *WW*

1 PM – 2 PM

Panel Discussion 17: Do Interventions Based on Behavioral Theory Work in the Real World?

Room: *Jefferson West*

Topic Area: Multiple Behavior Change

Instructional Level: Intermediate

Chair: Kyra Hamilton, BNursing, GDipPsych, BPsych(Honours), GCertHigherEd, PhD, Griffith University

Presenters: Martin Hagger, TwoPhDs, PostGradDipPsych, BA(Hons), Curtin University; and Mike Weed, PhD, Canterbury Christ Church University

1 PM – 2 PM

Panel Discussion 18: Alcohol and Cancer: Risk, Awareness, and Communication Needs

Room: *Lincoln East*

Topic Area: Cancer

Instructional Level: Beginner/Intermediate

Chair: David Berrigan, PhD, MPH, National Cancer Institute

Presenters: Susan Gapstur, PhD, MPH, American Cancer Society; David Jernigan, PhD, Boston University School of Public Health; William Klein, PhD, National Cancer Institute; and Brian Southwell, PhD, RTI International

1 PM – 2 PM

Panel Discussion 19: Depression and Chronic Health Problems

Room: *Lincoln West*

Topic Area: Mental Health

Instructional Level: Intermediate

Chair: Steven Richards, PhD, Texas Tech University

Presenters: Jennifer Brown, PhD, University of Cincinnati, College of Medicine; James Gerhart, PhD, Central Michigan University; and Michael Perri, PhD, University of Florida, College of Public Health and Health Professions

DAILY SCHEDULE • Friday, March 8

1 PM – 2 PM

Panel Discussion 21: Scientific and Professional Liaison Council and Evidence-Based Behavioral Medicine SIG Present: Managing Hypertension: Behavioral Medicine's Role in Leading the Narrative

Room: *Georgetown East*

Topic Area: Cardiovascular Disease

Instructional Level: Beginner

Chair: Jun Ma, MD, PhD, University of Illinois at Chicago

Presenters: Lawrence Fine, MD, National Institutes of Health; Caroline Richardson, MD, University of Michigan Medical School; and Corrine Voils, PhD, University of Wisconsin-Madison


1 PM – 2 PM

Panel Discussion 22: Scientific and Professional Liaison Council, Digital Health Council, Behavioral Informatics and Technology SIG, and Ethics Working Group Present: Citizen Science & Patient Voice in Research: An Informatics Perspective

Room: *Georgetown West*

Topic Area: Digital Health

Instructional Level: Intermediate

Open Science: 

Chair: Pei-Yun Sabrina Hsueh, PhD, IBM Research

Presenters: Emil Chiauzzi, PhD, PatientsLikeMe; Pei-Yun Sabrina Hsueh, PhD, IBM Research; Sherri Sheinfeld Gorin, PhD, New York Physicians Against Cancer (NYPAC) and The University of Michigan; and Ashley Clayton, MA, PatientsLikeMe (Advisor)

Continuing education credit not available for this session.

Session Sponsored by: IBM Research

1 PM – 2 PM

Panel Discussion 23: Transforming the Field: 10 Years of the National Collaborative of Childhood Obesity Research

Room: *Columbia 6*

Topic Area: Obesity

Instructional Level: Beginner/Intermediate

Chair: Rachel Ballard, MD, MPH, National Institute of Health

Presenters: Brook Belay, MDMPH, CDC; Jamie Bussel, MPH, RWJF; Terry Huang, PhD, MPH, MBA, CUNY School of Public Health; Laura Kettel Khan, PhD, CDC; Amanda Samuels, MS, MPH, FHI 360; and Leslie Lytle, MS, PhD, University of North Carolina, Chapel Hill

FRIDAY

DAILY SCHEDULE • Friday, March 8

1 PM – 2 PM

Panel Discussion 24: Digital Health Council and Student SIG Present: Tales from the Trenches - What Is Life REALLY Like in the Private Sector?

Room: *Columbia 8*

Topic Area: Digital Health

Instructional Level: Intermediate

Chair: Kate Wolin, ScD, Interactive Health

Presenters: Jylana Sheats, PhD, MPH, Johnson & Johnson; Chandra Osborn, PhD, MPH, Lirio; Heather Patrick, PhD, Carrot Inc; Cynthia Castro Sweet, PhD, Omada Health; and Kate Wolin, ScD, Interactive Health

Continuing education credit not available for this session.

Session Sponsored by: Omada Health

1 PM – 2 PM

Panel Discussion 25: Scientific and Professional Liaison Council and Evidence-Based Behavioral Medicine SIG Present: Building Bridges to Strengthen Collaborations Around Positive Psychology and Health: A Partnership of SBM and ACLM

Room: *Columbia 3*

Topic Area: Integrated Primary Care

Instructional Level: Intermediate

Chair: Sandra Winter, PhD, MHA, Stanford University

Presenters: Rachel Millstein, PhD, MHS, Massachusetts General Hospital; and Edward Phillips, MD, VA Boston Healthcare System VA Boston Healthcare System

Continuing education credit not available for this session.


1 PM – 2 PM

Panel Discussion 26: Military and Veterans' Health SIG Presents: Considerations for Conducting Research with Military Populations

Room: *Columbia 4*

Topic Area: Methods and Measurement

Instructional Level: Beginner

Open Science: 

Chair: Karen Weis, PhD, RNC-OB, FAAN, University of the Incarnate Word

Presenters: Jacqueline Killian, PhD, MSN, MHR, 59 Medical Wing, Joint Base San Antonio; and Katherine Walker, MSN, University of the Incarnate Word

1 PM – 2 PM

Panel Discussion 27: Population Health Sciences SIG Presents: Small Is Essential: Integrating Methodological and Intervention Research in Small Populations

Room: *Columbia 9*

Topic Area: Methods and Measurement

Instructional Level: Beginner/Intermediate

Chair: Richard Moser, PhD, National Cancer Institute

Presenters: Kathi Mooney, PhD, University of Utah; Richard Moser, PhD, National Cancer Institute; and Patrick Sullivan, DVM, PhD, Emory University

DAILY SCHEDULE • Friday, March 8

1 PM – 2 PM
Panel Discussion 28: HIV and Sexual Health SIG Presents: Getting Funded for HIV and Sexual/gender Minority Health Research: A Conversation with NIH Staff

Room: *Columbia 10*
 Topic Area: HIV/AIDS
 Instructional Level: Intermediate
 Chair: H. Jonathon Rendina, PhD, MPH, CUNY Hunter College
 Presenters: Susannah Allison, PhD, National Institute of Mental Health; Gregory Greenwood, PhD, MPH, National Institute of Mental Health; Richard Jenkins, PhD, National Institute on Drug Abuse; Sonia Lee, PhD, Eunice Kennedy Shriver National Institute of Child Health and Human Development; Karen Parker, PhD, MSW, Sexual and Gender Minority Research Office at the National Institutes of Health; and Adelaida Rosario, PhD, National Institute on Minority Health and Health Disparities

1 PM – 2 PM
Panel Discussion 29: Complementary and Integrative Medicine SIG Presents: Navigating the Early Career Path and How to Secure Early Career Funding at NIH

Room: *Columbia 11*
 Topic Area: Education, Training and Career Development
 Instructional Level: Beginner/Intermediate
 Chair: Amanda Shallcross, ND, MPH, New York University, School of Medicine
 Presenters: Lanay Mudd, PhD, NIH; Amanda Shallcross, ND, MPH, New York University; Stephanie Sohl, PhD, Wake Forest School of Medicine; and Lisa Uebelacker, PhD, Brown University, Butler Hospital

1 PM – 2 PM
Panel Discussion 30: Walking the Walk: Integrative Medicine for Opioid Use Disorder

Room: *Columbia 12*
 Topic Area: Substance Abuse
 Instructional Level: Intermediate/Advanced
 Chair: Kevin Moore, PsyD, AIDS Care Group
 Presenters: Tabitha Echavarria, Widener University/AIDS Care Group; Michael Long, PsyD, AIDS Care Group; Dagmawi Dagnew, PsyD, AIDS Care Group; and Jeremy Peres, PhD, Widener University/ AIDS Care Group

DAILY SCHEDULE • Friday, March 8

2:15 PM – 3:30 PM

Presidential Symposium: Ethics Working Group Presents: Connecting Behavioral Health, mHealth, and Social Media Through Ethics, Values, and Taking Action

Room: *Jefferson East*

Topic Area: Digital Health

Instructional Level: Beginner/Intermediate

Chair: Sherri Sheinfeld Gorin, PhD, New York Physicians Against Cancer (NYPAC), University of Michigan

Presenters: Chanita Hughes Halbert, PhD, MUSC; Anthony Solomonides, PhD, NorthShore University Health System; John Torous, MD, MBI, Harvard Medical School; Jessica Vitak, PhD, University of Maryland; and Camille Nebeker, EdD, MS, University of California, San Diego

Discussant: Dina Paltoo, PhD, MPH, National Library of Medicine

Session Sponsored by: *University of Connecticut Center for mHealth and Social Media; and Connected and Open Research Ethics (CORE) by UCSD Center for Ethics in Digital Health Research*

2:15 PM – 3:30 PM

Symposium 51: Health Policy Committee, Health Policy Council, and Evidence-Based Behavioral Medicine SIG Presents: Writing for Policymakers: Closing Research to Policy Translation Gaps Through Developing Health Policy Briefs

Room: *International Ballroom East*

Topic Area: Health Policy and Advocacy

Instructional Level: Beginner

Chair: Joanna Buscemi, PhD, DePaul University

Presenters: Pamela Behrman, PhD, College of Mount Saint Vincent, Riverdale, NY; Sabrina Ford, PhD, Michigan State University, College of Human Medicine; and Jayson Spas, PhD, MS, Rhode Island College


2:15 PM – 3:30 PM

Symposium 52: Health Decision Making SIG Presents: Towards a Basic Science Understanding of Research Study Refusal: Hard Reality, Untapped Area for Study, or Both?

Room: *International Ballroom West*

Topic Area: Decision Making

Instructional Level: Intermediate/Advanced

Open Science: 

Chair: Jennifer Hay, PhD, Memorial Sloan Kettering Cancer Center

Presenters: Jennifer Hay, PhD, Memorial Sloan Kettering Cancer Center; Marc Kiviniemi, PhD, University of Kentucky; and Jamie Studts, PhD, University of Kentucky College of Medicine


Discussant: Susan Czajkowski, PhD, National Cancer Institute, National Institutes of Health

DAILY SCHEDULE • Friday, March 8

2:15 PM – 3:30 PM
Symposium 54: Technology-Based Applications for Mental Health: Exploring Engagement and Efficacy for Adolescent and Adult Populations

Room: *Jefferson West*
Topic Area: Digital Health
Instructional Level: Intermediate
Chairs: Monika Marko-Holguin, MSS, University of Illinois at Chicago; and Benjamin Van Voorhees, MD, MPH, University of Illinois at Chicago
Presenters: Angela Joerin, MA, LLP, X2 AI Inc.; James Ronayne, MD, University of Illinois at Chicago; and John Torous, MD, MBI, Beth Israel Deaconess Medical Center, Harvard Medical School
Continuing education credit not available for this session.

2:15 PM – 3:30 PM
Symposium 55: Physical Activity SIG Presents: Using Ecological Momentary Assessment to Investigate Contextual Factors Impacting Affective-Response to Physical Activity

Room: *Lincoln East*
Topic Area: Physical Activity
Instructional Level: Beginner/Intermediate
Open Science: 

Chair: Jaclyn Maher, PhD, University of North Carolina Greensboro
Presenters: Matthew Kwan, McMaster University; Jaclyn Maher, PhD, University of North Carolina Greensboro; and Amanda Staiano, PhD, Pennington Biomedical Research Center
Discussant: Matthew Buman, PhD, Arizona State University

2:15 PM – 3:30 PM
Symposium 56: Population Health Sciences SIG Presents: It's You, Me, & Us: Exploring the Influence of Different Levels of Social Networks on Physical Activity and Weight Loss

Room: *Lincoln West*
Topic Area: Social and Environmental Context and Health
Instructional Level: Beginner/Intermediate
Chair: Natalie Golaszewski, PhD, University of California San Diego
Presenters: David Cavallo, PhD, MPH, Case Western Reserve University School of Medicine; Vanessa Errisuriz, PhD, The University of Texas at Austin; and Natalie Golaszewski, PhD, University of California San Diego
Discussant: Molly Waring, PhD, University of Connecticut

DAILY SCHEDULE • Friday, March 8

2:15 PM – 3:30 PM

Symposium 57: Aging SIG Presents: Aging with Technology: Importance of Technology to the Future of Geriatric Health Promotion Research and Practice

Room: *Monroe*

Topic Area: Dissemination and Implementation

Instructional Level: Beginner/Intermediate

Chairs: Neha Gothe, MA, PhD, University of Illinois at Urbana Champaign; and Elizabeth Orsega-Smith, PhD, University of Delaware

Presenters: Cam Escoffery, PhD, MPH, CHES, Rollins School of Public Health, Emory University; Derek Hevel, MS, University of North Carolina at Greensboro; Sean Mullen, PhD, University of Illinois at Urbana-Champaign; and Stacey Schepens Niemieć, PhD, OTR/L, University of Southern California

Discussant: Lisa Cadman-Bertram, PhD, University of Wisconsin-Madison

2:15 PM – 3:30 PM

Symposium 58: Integrated Primary Care SIG Presents: Team-Delivered Interventions in Integrated Primary Care: Innovative Formats to Deliver Behavioral Interventions

Room: *Georgetown East*

Topic Area: Integrated Primary Care

Instructional Level: Beginner

Chair: Jennifer Funderburk, PhD, VA Center for Integrated Healthcare

Presenters: Julie Gass, PhD, Center for Integrated Healthcare, VA Western New York; Tziporah Rosenberg, PhD, University of Rochester School of Medicine & Dentistry; and Christina Shook, PsyD, ABPP, Geisinger

Discussant: Jeffrey Goodie, PhD, ABPP, Uniformed Services University



2:15 PM – 3:30 PM

Symposium 59: Multiple Health Behavior Change SIG Presents: Emerging Research Directions and Methodologies in Skin Cancer Prevention Research: A National Cancer Institute Perspective

Room: *Georgetown West*

Topic Area: Methods and Measurement

Instructional Level: Intermediate/Advanced

Open Science:  

Chair: Frank Perna, EdD, PhD, National Cancer Institute

Presenters: Anne Julian, PhD, National Cancer Institute; Kasey Morris, PhD, National Cancer Institute; and Calvin Tribby, PhD, National Cancer Institute

Discussant: Jenn Nguyen, PhD, MPH, Mercer University College of Pharmacy

DAILY SCHEDULE • Friday, March 8

2:15 PM – 3:30 PM ***Symposium 60: Health Equity SIG Presents: Understanding the Disparities and Unique End of Life Care Needs Among Latino and Immigrant Advanced Cancer Patients***

Room: *Columbia 6*
 Topic Area: Cancer
 Instructional Level: Beginner/Intermediate
 Chair: Megan Shen, PhD, Weill Cornell Medical College
 Presenters: Veronica Cardenas, PhD, University of California, San Diego; Rosario Costas-Muñiz, PhD, Memorial Sloan Kettering Cancer Center; Megan Shen, PhD, Weill Cornell Medical College; and Normarie Torres Blasco, PhD, Ponce Health Science University


2:15 PM – 3:30 PM ***Symposium 61: Cancer-Related Financial Hardship: Behavioral Science Approaches***

Room: *Columbia 8*
 Topic Area: Cancer
 Instructional Level: Intermediate
 Chair: Nora Henrikson, PhDMPH, Kaiser Permanente Washington Health Research Institute
 Presenters: Matthew Banegas, PhD, MPH, MS, Kaiser Permanente Center for Health Research; Maria Pisu, PhD, University of Alabama At Birmingham; and Robin Yabroff, PhD, American Cancer Society, Inc
 Discussant: Janet de Moor, PhD, MPH, National Cancer Institute

2:15 PM – 3:30 PM ***Symposium 62: Health Equity and HIV and Sexual Health SIGs Present: Are All Sexual Minorities Created Equal?: Examining Health Disparities Among Sexual Minority Subgroups***

Room: *Columbia 3*
 Topic Area: Social and Environmental Context and Health
 Instructional Level: Beginner/Intermediate
 Chair: Kristin Heron, PhD, Old Dominion University and Vlrinia Consortium Program in Clinical Psychology
 Presenters: Sarah Ehlke, MA, Old Dominion University; Jessica Fish, PhD, University of Maryland; and Cara Rice, PhD, MPH, Pennsylvania State University
 Discussant: Robin Lewis, PhD, Old Dominion University and Virginia Consortium Program in Clinical Psychology

2:15 PM – 3:30 PM ***Symposium 63: Child and Family Health and Population Health Sciences SIGs Present: Community Organization Capacity to Engage Low-Income Parents and Families to Influence Childhood Nutrition and Weight Status***

Room: *Columbia 4*
 Topic Area: Obesity
 Instructional Level: Beginner/Intermediate
 Open Science: 
 Chair: Helena Laroche, MD, University of Iowa
 Presenters: Helena Laroche, MD, University of Iowa; Sarah-Jeanne Salvy, PhD, Cedars Sinai Medical Center; and Teresa Smith, PhD, MS, Gretchen Swanson Center for Nutrition
 Discussant: Danae Dinkel, PhD, University of Nebraska at Omaha

DAILY SCHEDULE • Friday, March 8

2:15 PM – 3:30 PM

Symposium 64: Adherence to Behaviors That Facilitate Health in Older Adults

Room: *Columbia 9*

Topic Area: Medication Adherence

Instructional Level: Beginner/Intermediate

Chair: Barbara Resnick, PhD, CRNP, University of Maryland

Presenters: Ameerah Chakravarthy, PhD, CRNP, University of Maryland; Crystal DeVance-Wilson, PhD, University of Maryland; and Eun Shim Nahm, PhD, University of Maryland


2:15 PM – 3:30 PM

Symposium 65: HIV and Sexual Health SIG Presents: Implementation Science Studies to Improve the Adolescent HIV Prevention and Care Continua

Room: *Columbia 10*

Topic Area: HIV/AIDS

Instructional Level: Intermediate

Open Science: 

Chairs: Demetria Cain, PhD, MPH, Center for HIV Educational Studies and Training; Sylvie Naar, PhD, Florida State University; Amy Pennar, PhD, Florida State University; and H. Jonathon Rendina, PhD, MPH, CUNY Hunter College

Presenters: Seyram Butame, PhD, Florida State University; Tyra Dark; Karen MacDonell, PhD, Wayne State University; Amy Pennar, PhD, Florida State University; and Tyrel Starks, PhD, CUNY Hunter College

Discussant: Sonia Lee, PhD, Eunice Kennedy Shriver National Institute of Child Health and Human Development

2:15 PM – 3:30 PM

Symposium 66: Translational Research on Inhibitory Control and Binge Eating: From Basic Clinical Research to Intervention

Room: *Columbia 11*

Topic Area: Obesity

Instructional Level: Intermediate

Chair: Tyler Mason, PhD, University of Southern California

Presenters: Adrienne Juarascio, PhD, Drexel University; Stephanie Manasse, PhD, Drexel University; and Kathryn Smith, PhD, Sanford Research

Discussant: Brad Appelhans, PhD, Rush University Medical Center

2:15 PM – 3:30 PM

Symposium 67: Diabetes SIG Presents: Emerging Perspectives on Stigma in Type 2 Diabetes and Implications for Health

Room: *Columbia 12*

Topic Area: Quality of Life

Instructional Level: Beginner/Intermediate

Chair: Lindsay Mayberry, MS, PhD, Vanderbilt University Medical Center

Presenters: Lauren Beach, JD/PhD, Northwestern University; Kevin Joiner, PhD, RN, ANP-BC, University of Michigan; and Lyndsay Nelson, PhD, Vanderbilt University Medical Center

Discussant: Kerri Cavanaugh, MDMHS, Vanderbilt University Medical Center


DAILY SCHEDULE • Friday, March 8

3:30 PM – 4:45 PM **Meet the SBM Fellows — the 5th Annual Networking and Career Development Session Presented by the Education, Training, and Career Development Council**


Room: Fairchild
Topic Area: Education, Training and Career Development
Moderators: Amy Huebschmann, MD, MS, University of Colorado School of Medicine; and Morgan Lee, PhD, MPH, CPH, University of Colorado Colorado Springs
Continuing education credit not available for this session.

Paper Session 34: How Do We Use Digital Technologies To Support Weight Loss?

Room: International Ballroom East
Topic Area: Obesity, Digital Health, Health Communication
Instructional Level: Beginner/Intermediate/Advanced
Co-Chairs: Dori Steinberg, PhD, RD, Duke School of Nursing; Evan Forman, PhD, Drexel University

3:45 PM – 4 PM **Behavior-Tracking Technology Use Among Weight Loss Maintainers and Regainers in the National Weight Control Registry**
Open Science: 
Presenter: Stephanie Goldstein, PhD, The Miriam Hospital

4 PM – 4:15 PM **Momentary Changes in Affective/physical States Differentially Predict Dietary Lapse Based on Lapse Location**
Presenter: Rebecca Crochiere, BA, Drexel University

4:15 PM – 4:30 PM **Challenges and Successes with Recruitment for a Pragmatic Randomized Controlled Digital Weight Gain Prevention Trial**
Open Science: 
Presenter: Miriam Berger, MPH, Duke Global Health Institute

4:30 PM – 4:45 PM **Applying the AI Technique of Reinforcement Learning to Optimize Obesity Treatment**
Presenter: Evan Forman, PhD, Drexel University




4:45 PM – 5 PM **A Multilingual mHealth Educational Tool to Promote Patient-Provider Discussion on Weight, Diet and Physical Activity in Asians**
Open Science: 
Presenter: Janice Tsoh, PhD, University of California San Francisco

FRIDAY

DAILY SCHEDULE • Friday, March 8



Paper Session 35: Leading The Way In Cancer Care & Prevention With Digital Health Tools

Room: International Ballroom West
Topic Area: Cancer, Digital Health, Tobacco Control
Instructional Level: Beginner/Intermediate/Advanced
Co-Chairs: Christine Rini, PhD, Hackensack University Medical Center and Georgetown University; Christine Vinci, PhD, Moffitt Cancer Center






| | |
|-------------------|---|
| 3:45 PM – 4 PM | Pilot Testing of an Online Intervention to Enhance Psychological Well-Being in Young Adult Cancer Survivors: The EMPOWER Trial Open Science:  Presenter: John M. Salsman, PhD, Wake Forest School of Medicine |
| 4 PM – 4:15 PM | In Lieu of Smoking: Are Smokers More Likely to Follow Through Certain Types of Plans During a Just-in-Time Smoking Cessation? Presenter: Anuja Majmundar, MBA, MA, University of Southern California |
| 4:15 PM – 4:30 PM | Randomized Controlled Trial of a Web-Based Behavioral Intervention for Individuals Diagnosed with Melanoma Open Science:  Presenter: Elliot Coups, PhD, Rutgers Cancer Institute of New Jersey |
| 4:30 PM – 4:45 PM | The Take a Break RCT: A Gamified Brief Experience for Low Motivation Smokers Open Science:  Presenter: Thomas Houston, MDMPH, University of Massachusetts |
| 4:45 PM – 5 PM | Mobile Distress Screening in Cancer Patients Presenter: Philip Chow, PhD, University of Virginia |

Paper Session 36: Improving Understanding Of The Interplay Between Physical Activity, Sedentary Behavior, Sleep & Wellness





Room: Jefferson East
Topic Area: Physical Activity
Instructional Level: Beginner/Intermediate/Advanced
Co-Chairs: Matthew Buman, PhD, Arizona State University

| | |
|----------------|---|
| 3:45 PM – 4 PM | Identifying Barriers to Success in the care2bwell Cluster Randomized Controlled Trial: A Mixed Methods Approach Open Science:  Presenter: Cody Neshteruk, BS, University of North Carolina at Chapel Hill |
| 4 PM – 4:15 PM | Sedentary Behaviour Is Associated with Poorer Physical Function in Adults: A Meta-Analysis Open Science:  Presenter: Paul Gardiner, PhD, The University of Queensland |

DAILY SCHEDULE • Friday, March 8


| | |
|--|---|
| 4:15 PM – 4:30 PM | <p>Exercise Moderates the Effect of Sleep Quality on Postpartum Depressive Symptoms Among Women at Risk for Postpartum Depression</p> <p>Open Science: </p> <p>Presenter: Beth Lewis, PhD, University of Minnesota</p> |
| 4:30 PM – 4:45 PM | <p>The Moderating Effect of Stress on the Dynamic Between Daily Activity Levels and Sleep</p> <p>Open Science: </p> <p>Presenter: Yue Liao, MPH, PhD, CPH, The University of Texas MD Anderson Cancer Center</p> |
| 4:45 PM – 5 PM | <p>Identifying Mediators to Increase Physical Activity and Fatigue Self-Management Behaviors in Adults with Multiple Sclerosis</p> <p>Open Science: </p> <p>Presenter: Matthew Plow, PhD, Case Western Reserve University</p> <p><i>Continuing education credit not available for this session.</i></p> |
| <p>Paper Session 37: Contributing Factors & Interactions Into Childhood Obesity</p> | |
| <p>Room: <i>Jefferson West</i> Topic Area: Obesity, Child and Family Health Instructional Level: Beginner/Intermediate/Advanced Co-Chairs: Amanda Staiano, PhD, Pennington Biomedical Research Center; Noel Kulik, PhD, University of California, San Diego</p> | |
| 3:45 PM – 4 PM | <p>Schoolyear as an Obesity Intervention: A Systematic Review and Meta-Analyses</p> <p>Presenter: Michael Beets, MEd, MPH, PhD, University of South Carolina</p> |
| 4 PM – 4:15 PM | <p>The Role of Parents in Adolescent Obesity Treatment: Results of the TEENS+ Randomized Controlled Pilot Trial</p> <p>Open Science: </p> <p>Presenter: Melanie Bean, PhD, Virginia Commonwealth University</p> |
| 4:15 PM – 4:30 PM | <p>Household Income in Preschool-Aged Children and Obesity Risk: A Prospective Three-Year Examination</p> <p>Open Science: </p> <p>Presenter: Alicia Kunin Batson, PhD, University of Minnesota Medical School</p> |
| 4:30 PM – 4:45 PM | <p>Receipt-Analysis to Identify Food Purchasing Patterns Increasing Obesity Risk in Preschoolers from Low-Income Backgrounds</p> <p>Presenter: Elizabeth Towner, PhD, Wayne State University</p> |

DAILY SCHEDULE • Friday, March 8

| | |
|---|---|
| 4:45 PM – 5 PM | Parent Screen Time Practices and Association with Child Television Viewing and Weight-Related Outcomes Open Science:  Presenter: Cody Neshteruk, BS, University of North Carolina at Chapel Hill |
| Paper Session 38: Improving Diabetes Care With Augmented Digital Support | |
| Room: <i>Lincoln East</i> Topic Area: Digital Health, Diabetes Instructional Level: Beginner/Intermediate Co-Chairs: Cynthia Berg, PhD, University of Utah; Allyson Hughes, MA, T1D Exchange | |
| 3:45 PM – 4 PM | Randomized Pilot Evaluation of a Mobile Phone-Delivered Family Support Intervention Among Diverse Adults with Type 2 Diabetes Open Science:  Presenter: Lindsay Mayberry, MS, PhD, Vanderbilt University Medical Center |
| 4 PM – 4:15 PM | One Drop and Fitbit Improve A1c Among People with Type 1 Diabetes Open Science:  Presenter: Ashley Hirsch, MA, CCRP, One Drop <i>Continuing education credit not available for this session.</i> |
| 4:15 PM – 4:30 PM | Peer-to-Peer Mentoring to Improve HbA1c for Patients with Poorly-Controlled Diabetes Presenter: Ashwin Patel, MDPhD, InquisitHealth <i>Continuing education credit not available for this session.</i> |
| 4:30 PM – 4:45 PM | The Effects of the Hybrid Closed-Loop System on Sleep and Quality of Life Measures in Adolescents with Type 1 Diabetes and Parents Presenter: Erin Cobry, MD, Vanderbilt University Medical Center |
| 4:45 PM – 5 PM | The Impact of a Randomized Pilot Sleep Promotion Program for Adolescents with Type 1 Diabetes Open Science:  Presenter: Emily Hamburger, MEd, Vanderbilt University Medical Center |

DAILY SCHEDULE • Friday, March 8

Paper Session 39: Cancer, Stress & Mental Health

| | |
|--|--|
| Room: <i>Lincoln West</i> | |
| Topic Area: Cancer | |
| Instructional Level: Beginner/Intermediate/Advanced | |
| Co-Chairs: William Calo, PhD, JD, MPH, The Pennsylvania State University; Hannah Arem, PhD, George Washington Milken Institute School of Public Health | |
| 3:45 PM – 4 PM | Symptom Experiences in Advanced Stage Cancer: Relationships to Acceptance and Commitment Therapy Constructs Presenter: Ekin Secinti, MS, Indiana University Purdue-University Indianapolis |
| 4 PM – 4:15 PM | Symptom Experiences in Post-Treatment Cancer Survivors: Relationships to Mindfulness and Acceptance-Based Constructs Presenter: Kelly Chinh, MS, Indiana University-Purdue University Indianapolis |
| 4:15 PM – 4:30 PM | Feasibility and Acceptability of Telehealth Mindfulness-Based CBT for Pain, Fatigue, and Distress in Advanced Cancer Patients Open Science:  Presenter: Jennifer Plumb Vilaradaga, PhD, Duke University Medical Center |
| 4:30 PM – 4:45 PM | Symptom Clusters in Family Caregivers of Patients with Cancer Presenter: Jumin Park, PhD, National Institutes of Health |
| 4:45 PM – 5 PM | The Relationship Between Post-Traumatic Stress and Post-Traumatic Growth in Cancer: A Systematic Review and Meta-Analysis Presenter: Allison Marziliano, PhD, Northwell Health |

Paper Session 40: Dietary Behaviors & Mental Health

| | |
|--|--|
| Room: <i>Monroe</i> | |
| Topic Area: Obesity, Multiple Behavior Change, Diabetes, Diet and Nutrition, Mental Health | |
| Instructional Level: Beginner/Intermediate/Advanced | |
| Co-Chairs: Rachel W. Goode PhD, MPH, MSW, University of North Carolina at Chapel Hill | |
| 3:45 PM – 4 PM | Associations of Trait Anxiety with Food Intake and Obesity-related Markers of Health Among Girls with Loss of Control Eating Presenter: Meghan Byrne, MS, Uniformed Services University of the Health Sciences |
| 4 PM – 4:15 PM | Individual Differences in Imagery Vividness: A Multi-Behavior Trial Addressing Food Cravings, Physical Activity, and Stress Presenter: Peter Giacobbi, PhD, West Virginia University |
| 4:15 PM – 4:30 PM | Nutrition Matters: Exploring Nutritional Health Behaviors Among Aging Rural Black Americans with Type-2 Diabetes Presenter: Idethia Harvey, BS, MPH, DrPH, FGSA, Texas A & M University |

FRIDAY

DAILY SCHEDULE • Friday, March 8

4:30 PM – 4:45 PM **The Healthy Cooking Score: Development and Performance of a Novel Approach to Cooking Behavior Assessment**
Presenter: Margaret Raber, DrPH, University of Texas MD Anderson Cancer Center

4:45 PM – 5 PM **Development and Initial Validation of an Underreporting of Disordered Eating Behaviors Scale**
Presenter: Lindsay Howard, MS, Virginia Consortium Program in Clinical Psychology


Paper Session 41: Improving Communication In The Context Of Cancer Prevention & Control

Room: *Georgetown East*
Topic Area: Cancer, Health Communication
Instructional Level: Beginner/Intermediate/Advanced
Co-Chairs: Kelly Blake, ScD, National Cancer Institute; Rachel M. Ceballos PhD, Fred Hutchinson Cancer Research Center

3:45 PM – 4 PM **Assessing Nonverbal Synchrony in Racially-Discordant Oncology Treatment Discussions**
Presenter: Lauren Hamel, PhD, Wayne State University/Karmanos Cancer Institute

4 PM – 4:15 PM **Patient Disclosure of Sexual Orientation and Gender Identity (SOGI) Status: Oncology Health Care Providers' Perspectives**
Presenter: Smita Banerjee, PhD, Memorial Sloan Kettering cancer Center

4:15 PM – 4:30 PM **Telegenetic vs. Standard Genetic Counseling and Testing: Patient Predictors of Differential Outcomes**
Presenter: Savannah Binion, BA, Georgetown University
Continuing education credit not available for this session.

4:30 PM – 4:45 PM **African American Breast Cancer Survivor Stories: Topics Viewed by Patients Using an Interactive Video Program**
Open Science: 
Presenter: Donna Jeffe, PhD, Washington University in St. Louis



4:45 PM – 5 PM **Psychological Impact of Cancer Panel Testing**
Presenter: Jennifer Shuldiner, MPH, University of Toronto

Paper Session 42: Medical Providers & Health Communication

Room: *Georgetown West*
Topic Area: Dissemination and Implementation, Decision Making, Sexual Behaviors, Pain
Instructional Level: Beginner/Intermediate
Co-Chairs: Susan Eggly, PhD, Wayne State University; Jamilia Sly, PhD, Icahn School of Medicine at Mount Sinai



3:45 PM – 4 PM **National Implementation of the Announcement Approach, an HPV Vaccine Communication Training for Providers**
Presenter: Noel Brewer, PhD, University of North Carolina at Chapel Hill

DAILY SCHEDULE • Friday, March 8

| | |
|-------------------|---|
| 4 PM – 4:15 PM | Development & Validation of a Measure Assessing Blind Patients’ Perceptions of Their Healthcare Providers’ Stereotype Content Open Science:  Presenter: Nazanin Heydarian, PhD, The University of Texas at Austin |
| 4:15 PM – 4:30 PM | Developing a Video Intervention to Enhance Breast Cancer Patients’ Clinical Communication About Sexual Health Presenter: Jennifer Reese, PhD, Fox Chase Cancer Center |
| 4:30 PM – 4:45 PM | Anesthesiologists’ Verbal and Nonverbal Response to Pain Behavior Presenter: Danielle Blanch-Hartigan, PhD, MPH, Bentley University |
| 4:45 PM – 5 PM | Behavioral Outcomes of Engaging Physicians: Using Narrative Stories and Virtual Technology to Increase Empathy for Patients Open Science:  Presenter: Megan Lewis, PhD, RTI International |

Paper Session 43: Prioritizing LGBT Health

Room: *Columbia 6*
Topic Area: Stress, Substance Abuse, Mental Health, Cancer
Instructional Level: Beginner/Intermediate
Co-Chairs: Kristi Gamarel, PhD, EdM, University of Michigan School of Public Health




| | |
|-------------------|--|
| 3:45 PM – 4 PM | Minority Stress Elicits Unique Psychophysiological Responses Among Lesbian and Gay Individuals Open Science:   Presenter: David Huebner, PhD, MPH, George Washington University |
| 4 PM – 4:15 PM | Emotion Regulation and Executive Function Abilities Interact to Predict Illicit Drug Use in Gay and Bisexual Men Presenter: Laurel Weaver, MA, Center for HIV Educational Studies & Training (CHEST) |
| 4:15 PM – 4:30 PM | Attenuating the Link Between Discrimination and Psychopathology Among Latin American Gay Men Presenter: Eric Layland, MS, The Pennsylvania State University |
| 4:30 PM – 4:45 PM | Perspectives of LGBT Cancer Patients and Their Caregivers Regarding Sexual Orientation and Gender Identity Disclosure Presenter: Charles Kamen, PhD, MPH, University of Rochester |
| 4:45 PM – 5 PM | Moderating Effect of Racial/Ethnic Identity on Racial Discrimination and Depression Among Gay and Bisexual Men of Color Presenter: Jonathan López-Matos, MA, The Graduate Center, CUNY |

FRIDAY

DAILY SCHEDULE • Friday, March 8


Paper Session 44: Taking Care Of The Caregiver

Room: Columbia 8
Topic Area: Child and Family Health, Cancer, Quality of Life
Instructional Level: Beginner/Intermediate/Advanced
Co-Chairs: Maija Reblin, PhD, Moffitt Cancer Center; Christine Skubisz, PhD, University of Delaware

| | |
|-------------------|--|
| 3:45 PM – 4 PM | A Virtual Resiliency Treatment for Parents of Children with Learning and Attentional Disabilities: A Randomized Pilot Trial Open Science:  Presenter: Elyse Park, PhD, MPH, Massachusetts General Hospital |
| 4 PM – 4:15 PM | Daily Associations of Cortisol and Perceived Stress Among Children and Their Parents Presenter: Christine Naya, BSMPH, University of Southern California |
| 4:15 PM – 4:30 PM | Social Resource Use Among Informal Lung Cancer Caregivers: Predictors and Trajectories in the First Year Presenter: Kristin Litzelman, PhD, University of Wisconsin-Madison |
| 4:30 PM – 4:45 PM | Intimate Partner Violence as a Risk Factor for Pregnancy/Birth Complications Among Young Expectant Mothers Open Science:  Presenter: Paul Florsheim, PhD, University of Wisconsin-Milwaukee |
| 4:45 PM – 5 PM | Mothers of Sons with Duchenne Muscular Dystrophy Report Poorer Psychosocial Outcomes as Compared to Female Healthy Controls Open Science:  Presenter: Carine Leslie, BS, Nationwide Children's Hospital |

Paper Session 45: Military Veterans' Health

Room: Columbia 3
Topic Area: Military and Veterans' Health
Instructional Level: Beginner/Intermediate
Co-Chairs: Lisa M. McAndrew, PhD, Veterans Affairs; Jessica Y. Breland, PhD VA Palo Alto


| | |
|----------------|--|
| 3:45 PM – 4 PM | Self-Prototypes and Unrealistic Expectations for Outcomes with Physical Therapy for Management of Shoulder Dysfunction Open Science:  Presenter: Alyssa Tidemann, BS, Medical College Of Wisconsin |
| 4 PM – 4:15 PM | Review of Psychoeducational Interventions to Reduce Health-Risking Sexual Behaviors Among US Active Duty Military Personnel Presenter: Sara Vargas, PhD, The Miriam Hospital, Brown Medical School |

FRIDAY

DAILY SCHEDULE • Friday, March 8

4:15 PM – 4:30 PM

Childhood Trauma and Posttraumatic Stress Symptoms as Risk Factors for Hypertension and High Cholesterol in Veterans

Open Science: 

Presenter: Sharon Lee, MA, MS, University of Connecticut

4:30 PM – 4:45 PM

Secondary Prevention in a High-Risk Population of Veterans with Diabetes - Findings from Patient and Provider Interviews

Presenter: Alyson Littman, PhD, MPH, VA Puget Sound Health Care System

4:45 PM – 5 PM

Classes of Deployment-Related Support and Hazardous Alcohol Use Among Army Reserve and National Guard Soldiers

Presenter: Erin Anderson Goodell, PhD, ScM, Johns Hopkins Bloomberg School of Public Health

Paper Session 46: Enhancing Cardiovascular Health

Room: *Columbia 4*


Topic Area: Cardiovascular Disease

Instructional Level: Beginner/Intermediate/Advanced

Co-Chairs: Carly M. Goldstein, PhD, Brown University, The Miriam Hospital; Emily Gathright, PhD, Brown University, The Miriam Hospital

3:45 PM – 4 PM


Randomized Controlled Trial of a Positive Psychology Motivational Interviewing Intervention After an Acute Coronary Syndrome

Open Science: 

Presenter: Emily Feig, PhD, Massachusetts General Hospital

4 PM – 4:15 PM



A Tailored Behavioral Intervention to Improve and Maintain Adherence to the Dietary Approaches to Stop Hypertension (DASH) Diet

Open Science: 

Presenter: Ana DiGiovanni, BA, VA Medical Center - New York

4:15 PM – 4:30 PM

Positive Affect and Cardiovascular Health in Hispanics: Results from the Hispanic Community Health Study/study of Latinos

Open Science:  

Presenter: Rosalba Hernandez, PhD, University of Illinois at Urbana-Champaign

4:30 PM – 4:45 PM

How Does 'We'-ness Affect Heart Failure Self-Management? A Qualitative Study of Patient-Caregiver Dyads

Presenter: Jennalee Wooldridge, PhD, VA San Diego/University of California San Diego

4:45 PM – 5 PM

Poor Sleep Quality Predicts Decline in Physical Functioning at 6 Months in Heart Patients: Testing Social Support as a Moderator


Presenter: Biing-Jiun Shen, PhD, Nanyang Technological University

FRIDAY

DAILY SCHEDULE • Friday, March 8


Paper Session 47: Health Related Attitudes & Beliefs

Room: *Columbia 9*
Topic Area: Medication Adherence, Cancer, Child and Family Health, Decision Making, Military and Veterans' Health
Instructional Level: Beginner/Intermediate
Co-Chairs: Austin S. Baldwin, PhD, Southern Methodist University; Lauren Connell Bohlen, PhD, University of Rhode Island

| | |
|-------------------|---|
| 3:45 PM – 4 PM | A Content Validity and Cognitive Interview Process to Evaluate an Illness Perception Questionnaire for African Americans Presenter: Olayinka Shiyabola, PhD, University of Wisconsin-Madison |
| 4 PM – 4:15 PM | Characterizing Beliefs About Breast Cancer and Comorbid Diabetes in the Years After Treatment: A Qualitative Study Presenter: Kimberly Muellers, MPH, Icahn School of Medicine at Mount Sinai |
| 4:15 PM – 4:30 PM | How the First Birth Experiences Affect Women's Basic Beliefs About Birth- A Quantitative Prospective Assessment Open Science:  Presenter: Heidi Preis, MSW, PhD, Stony Brook University |
| 4:30 PM – 4:45 PM | "Everybody in Here Would Eat Healthy. It's Just the Fact That It's Against Us": Health Beliefs and Preventive Health Behaviors Presenter: Patrice Joseph, MA, Tufts University <i>Continuing education credit not available for this session.</i> |
| 4:45 PM – 5 PM | Getting Help: Can an Educational Video Change Service Members' Attitudes About Mental Health Treatment? Presenter: Emily Schmied, PhD, MPH, Naval Health Research Center |

Paper Session 48: Social Context & Health

Room: *Columbia 10*
Topic Area: Obesity, Stress, Physical Activity, Mental Health
Instructional Level: Beginner/Intermediate/Advanced
Co-Chairs: Robert Newton, PhD, Pennington Biomedical Research Center; Kassandra Alcaraz, PhD, MPH, American Cancer Society

| | |
|-------------------|--|
| 3:45 PM – 4 PM | Sanos Y Fuertes: Healthy & Strong: Behavioral Outcomes from an Obesity Prevention Intervention for Latino Families Presenter: Mara Bird, PhD, California State University Long Beach |
| 4 PM – 4:15 PM | Differential Associations of Everyday vs. Institutional Racial Discrimination, Self-Reported Health, and Allostatic Load Presenter: Marilyn Thomas, MPH, University of California, Berkeley |
| 4:15 PM – 4:30 PM | Does Neighborhood Walkability Interact with Physical Activity Interventions to Promote Adoption: Testing for Interactions Open Science:  Presenter: Marc Adams, PhD, MPH, Arizona State University |

DAILY SCHEDULE • Friday, March 8

4:30 PM – 4:45 PM

Associations of Police-Reported Crime with Physical Activity in a Faith-Based Sample of African Americans
 Presenter: Larkin Strong, PhD, MPH, University of Texas MD Anderson Cancer Center

4:45 PM – 5 PM


‘I Don’t Feel Like the Odd One’: Experiences of Sexual Minorities and Non-Minorities on Social Media
 Presenter: Cesar Escobar-Viera, MD, PhD, University of Pittsburgh

Paper Session 49: How Can We Strengthen Social Connections For Better Health?

Room: *Columbia 11*

Topic Area: Social and Environmental Context and Health, Complementary and Integrative Medicine/Spirituality, Digital Health, Obesity
Instructional Level: Beginner/Intermediate
Co-Chairs: Elva Arredondo, PhD, San Diego State University; Natalie Golaszewski, PhD, University of California San Diego

3:45 PM – 4 PM

A Systematic Review of Human Behavior in and Around Floodwater
 Open Science: 
 Presenter: Kyra Hamilton, BNursing, GDipPsych, BPsych, GCertHigherEd, PhD, Griffith University

4 PM – 4:15 PM

Readiness of the Southern Appalachian Church to Address the Opioid Crisis
 Presenter: Andrea Clements, PhD, East Tennessee State University


4:15 PM – 4:30 PM

Does the Role of Neighborhood-Level Factors in Health Behaviors Among African Americans Vary Geographically?
 Presenter: Cheryl Holt, PhD, University of Maryland College Park

4:30 PM – 4:45 PM

Social Connectedness and Associated Digital Health Solutions in the COPD Patient Population: A Systematic Review
 Presenter: Shivani Parikh, Propeller Health
Continuing education credit not available for this session.



4:45 PM – 5 PM

Results of a Community Health Worker Based Weight Management Intervention Among Public Housing Residents
 Open Science: 
 Presenter: Lisa Quintiliani, PhD, Boston University

DAILY SCHEDULE • Friday, March 8

Paper Session 50: Advancing Algorithms For Measurement

Room: Columbia 12
Topic Area: Methods and Measurement, Obesity, Physical Activity
Instructional Level: Beginner/Intermediate
Co-Chairs: J. Graham Thomas, PhD, Brown University School of Medicine and The Miriam Hospital; Stephanie Goldstein, PhD, The Miriam Hospital

| | |
|-------------------|---|
| 3:45 PM – 4 PM | Sensor Band Device and Algorithm for Simultaneous Measurement of Multiple Behaviors: Screen Time, Physical Activity, and Sleep Open Science:  Presenter: Richard Fletcher, PhD, Massachusetts Institute of Technology |
| 4 PM – 4:15 PM | Developing a Computer Algorithm to Automate Behavioral Coding and Analysis of Clinical Transcripts Open Science:  Presenter: April Carcone, PhD, Wayne State University School Of Medicine |
| 4:15 PM – 4:30 PM | Predicting Calorie Consumption in Individuals with and Without Obesity: Results from a Video Field Study Presenter: Nabil Alshurafa, PhD, Northwestern University |
| 4:30 PM – 4:45 PM | Comparing Two Machine Learning Approaches to Predict Treatment Response Patterns in Eating Disorder Treatment Presenter: Hallie Espel-Huynh, MS, Drexel University |
| 4:45 PM – 5 PM | Applying Time-Varying Effect Modeling to Explore Age-Varying Bidirectional Relations Between Affect and Activity in Children Presenter: Chih-Hsiang Yang, PhD, University of Southern California |
| 5:15 PM – 6:15 PM | Keynote Presentation: Celebrity Culture, Social Media, and the Battle for Our Health |

Room: International Ballroom Center
Presenter: Tim Caulfield, LLM, LLB, BsC, University of Alberta
Moderator: Sherry Pagoto, PhD, University of Connecticut

6:30 PM – 7:30 PM Poster Session C

Room: Columbia Exhibit/Poster Hall
Continuing education credit not available for this session.

DAILY SCHEDULE • Saturday, March 9

8 AM – 9:15 AM

Master Lecture Panel: Beyond Tokenism: How Patients are Impacting Research, Advocacy, and Healthcare Delivery

Room: *International Ballroom West*

Panelists: Tamika Felder, Cervivor; Cyrena Gawuga, PhD, Boston University; and Dana Lewis, BA, OpenAPS

Moderator: Emil Chiauzzi, PhD, PatientsLikeMe

Session Sponsored by: *PatientsLikeMe*


8 AM – 9:15 AM

Symposium 68: Physical Activity SIG Presents: Identifying Factors Influencing Physical Activity Participation in Cancer Survivors

Room: *Jefferson West*

Topic Area: Physical Activity

Instructional Level: Intermediate/Advanced

Open Science: 

Chair: Siobhan Phillips, PhD, MPH, Northwestern Feinberg School of Medicine

Presenters: Diane Ehlers, PhD, University of Nebraska Medical Center; Heather Leach, PhD, Colorado State University; Scherezade Mama, DrPH, The Pennsylvania State University; and Linda Trinh, PhD, University of Toronto

Bentley University's

Health Thought Leadership Network

Empowering healthcare through multidisciplinary perspectives.

The Health Thought Leadership Network (Health TLN) at Bentley University is a collaborative research network bridging traditional boundaries of academia and industry to advance health research that matters.

Learn more at
Bentley.edu/HealthTLN

Danielle Blanch Hartigan, Director
dhartigan@bentley.edu



BENTLEY
UNIVERSITY

DAILY SCHEDULE • Saturday, March 9

8 AM – 9:15 AM

Symposium 69: Physical Activity SIG Presents: Sit Less, Stand More or Move More: different Approaches to Reducing Sedentary Behavior in Adults

Room: *Lincoln West*

Topic Area: Physical Activity

Instructional Level: Beginner/Intermediate

Chairs: Paul Gardiner, PhD, The University of Queensland; and Dori Rosenberg, PhD, MPH, Kaiser Permanente Washington Health Research Institute

Presenters: Lisa Cadmus-Bertram, PhD, University of Wisconsin-Madison; Miranda Larouche, BS, MS, Arizona State University; and Liza Rovniak, PhD, MPH, The Pennsylvania State University

Discussants: David Conroy, PhD, The Pennsylvania State University; and Charlotte Pratt, PhD, NIH

8 AM – 9:15 AM

Symposium 70: Opioids and Youth: Prescribing Trends, Adverse Outcomes, and Parental Decision Making

Room: *Columbia 6*

Topic Area: Pain

Instructional Level: Beginner/Intermediate

Chair: Melissa Pielech, MA, Warren Alpert Medical School of Brown University

Presenters: Cornelius Groenewald, MD, University of Washington and Seattle Children's Hospital;

Melissa Pielech, MA, Warren Alpert Medical School of Brown University; and Terri Voepel-Lewis, PhD, University of Michigan

8 AM – 9:15 AM

Symposium 71: It Would Be Fun, They Said: Co-Designing a Digital Behavioral Intervention

Room: *Columbia 8*

Topic Area: Digital Health

Instructional Level: Intermediate

Chair: Ryan Cummings, MS, UPMC Health Plan

Presenters: Amber Blackwood, MPH, CHES, UPMC Health Plan; Valerie Silfee, PhD, UPMC Health Plan; and Renee Thomas, BS, UPMC Health Plan

Discussant: Ellen Beckjord, PhD, MPH, UPMC Health Plan

Session Sponsored by: *WW*

8 AM – 9:15 AM

Symposium 72: Women's Health SIG Presents: Social Processes in Daily Life: What Do They Mean for Women's Weight Control Behaviors?

Room: *Georgetown East*

Topic Area: Social and Environmental Context and Health

Instructional Level: Intermediate

Chair: Kristin Heron, PhD, Old Dominion University and Virginia Consortium Program in Clinical Psychology

Presenters: Danielle Arigo, PhD, Rowan University; Rachel MacIntyre, MS, Virginia Consortium Program in Clinical Psychology; and Tyler Mason, PhD, University of Southern California

Discussant: Genevieve Dunton, PhD, MPH, University of Southern California

DAILY SCHEDULE • Saturday, March 9

8 AM – 9:15 AM

Symposium 73: Theories and Techniques of Behavior Change Interventions SIG Presents: Home Environment and Risk for Obesity in Toddlers, Children, and Adolescents

Room: *Georgetown West*

Topic Area: Obesity

Instructional Level: Intermediate

Chairs: Amy Bohmert, PhD, Loyola University Chicago; and Alison Miller, PhD, University of Michigan

Presenters: Carolyn Bates, MA, Loyola University Chicago; Sajeevika Daundasekara, PhD, University of Houston

Discussant: Kirsten Davison, PhD, Harvard T.H. Chan School of Public Health

8 AM – 9:15 AM

Symposium 74: Social Rhythms, Sleep Patterns, and Obesity Across the Lifespan

Room: *Columbia 3*

Topic Area: Obesity

Instructional Level: Intermediate

Chair: Jennette Moreno, PhD, Baylor College of Medicine

Presenters: Patricia Haynes, PhD, University of Arizona; Laura Nicholson, BA, Loyola University Chicago

Discussant: Kelly Baron, PhDMPH, University of Utah

8 AM – 9:15 AM

Symposium 75: Communicating About Benefits, Risks, and Uncertainties to Promote Informed Decision Making

Room: *Columbia 4*

Topic Area: Health Communication

Instructional Level: Intermediate

Chair: Lauren McCormack, PhD, MSPH, RTI International

Presenters: Jessica DeFrank, PhD, RTI International; Susana Peinado, PhD, RTI International

Discussant: Paula Rausch, PhD, RN, U.S. Food and Drug Administration

Continuing education credit not available for this session.

8 AM – 9:15 AM

Symposium 76: Translational Research on Stigma and Substance Use, Behaviors, and Treatment to Inform Practice and Policy

Room: *Columbia 9*

Topic Area: Substance Abuse

Instructional Level: Beginner

Chair: Kristi Gamarel, PhD, EdM, University of Michigan School of Public Health

Presenters: Valerie Earnshaw, PhD, University of Delaware; Ethan Mereish, PhD, American University

Discussant: Laramie Smith, PhD, Division of Infectious Diseases and Global Public Health

DAILY SCHEDULE • Saturday, March 9

8 AM – 9:15 AM

Symposium 77: Stress and Well-Being for Individuals with Diabetes Across the Life Span

Room: *Columbia 10*

Topic Area: Diabetes

Instructional Level: Intermediate

Chairs: Cynthia Berg, PhD, University of Utah; and Caitlin Kelly, PhD, University of Utah

Presenters: Deborah Ellis, PhD, Wayne State University School of Medicine; and Vicki Helgeson, PhD, Carnegie Mellon University

Discussant: Sarah Jaser, PhD, Vanderbilt University Medical Center


8 AM – 9:15 AM

Symposium 78: Integrating Virtual Reality Gaming, Physical Therapy and Psychotherapy Strategies into Physical Activity Interventions

Room: *Columbia 11*

Topic Area: Physical Activity

Instructional Level: Beginner/Intermediate

Open Science: 

Chair: Kristin Schneider, PhD, Rosalind Franklin University of Medicine & Science

Presenters: Justin Heck, CP/LP, Hanger Clinic; Noah Rosenblatt, PhD, Rosalind Franklin University of Medicine and Science

Discussant: Alyson Littman, PhD, MPH, VA Puget Sound Healthcare System

Continuing education credit not available for this session.

8 AM – 9:15 AM

Symposium 79: Scientific and Professional Liaison Council and Integrated Primary Care SIG Present: Would You Like to Speak with the Pharmacist? Opportunities for Behavioral Medicine in Pharmacy Practice Settings

Room: *Columbia 12*

Topic Area: Dissemination and Implementation

Instructional Level: Beginner/Intermediate

Chair: E. Amy Janke, PhD, University of the Sciences

Presenters: Renae Smith-Ray, PhD, MA, Walgreens; Michael Taitel, PhD, Walgreens; and Daniel Ventricelli, PharmD, MPH, Philadelphia College of Pharmacy, University of the Sciences

Continuing education credit not available for this session.

9:30 AM – 10:15 AM

Presidential Meet and Greet & SBM Business Meeting

Room: *International Ballroom East*

Continuing education credit not available for this session.

10:30 AM – 11:30 AM

Poster Session D

Room: *Columbia Poster/Exhibit Hall*

Continuing education credit not available for this session.

DAILY SCHEDULE • Saturday, March 9

11:45 AM – 12:45 PM **Closing Keynote: Engaging Community Partners to Transform Learning Healthcare Systems into Learning Health Care Communities**

Room: International Ballroom East
Presenters: Daniel Mullins, PhD, University of Maryland; and Gail Graham, HIV/AIDS Outreach Services and Ministry at Mt. Lebanon Baptist Church
Moderator: Karen Emmons, PhD, Harvard T.H. Chan School of Public Health
Continuing education credit not available for this session.

1 PM – 2 PM **Patient Advocate Health Fair**

Room: Georgetown
Continuing education credit not available for this session.

1 PM – 2 PM **Mid-Career Lab Management Tools**

Room: Lincoln West
Presenter: Brian Gonzalez, PhD, Moffitt Cancer Center
Continuing education credit not available for this session.

1 PM – 2 PM **Student Speed Networking**

Room: Jefferson
Continuing education credit not available for this session.
Session Sponsored by: WW

[illegible]

[illegible]

Cancer Prevention Fellowship Program

Application Period Opens May 1, 2019



Get support for postdoctoral research and leadership training, plus:

- Competitive stipends, relocation expenses, health insurance benefits, and travel allowances
- Support for up to four years
- Opportunity to earn your MPH, sponsored by NCI
- Research opportunities with experienced NCI mentors

A Multidisciplinary
Fellowship Opportunity

Health
Nursing
Epidemiology
Disparities
Medicine
Health Services
Engineering
Nutritional Sciences
Biostatistics
Psychology
Toxicology
Translational
Biomedical Sciences
Behavioral Science
Public Health

LEARN MORE!

cpfp.cancer.gov 

cpfpcoordinator@mail.nih.gov 

240-276-5626 



SOCIETY OF
BEHAVIORAL
MEDICINE

SBM-2020-001

Accelerating Our Science:

Finding Innovative Solutions for Tomorrow's Health Challenges

41ST ANNUAL MEETING & SCIENTIFIC SESSIONS
San Francisco, CA • Hilton San Francisco • April 1-4, 2020