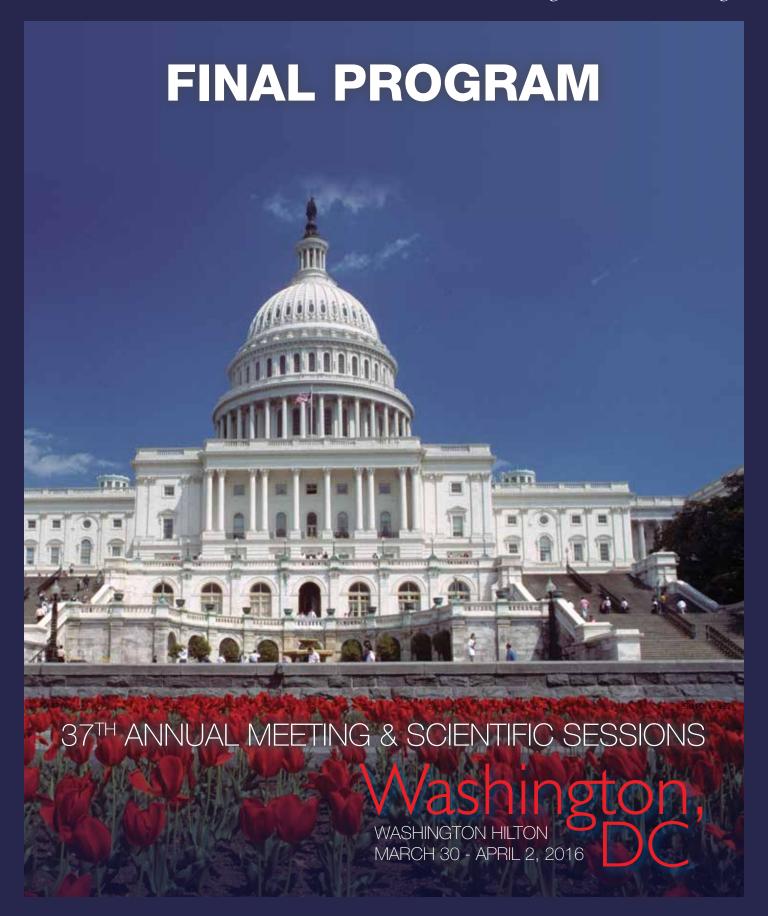
# SOCIETY of BEHAVIORAL MEDICINE

Better Health Through Behavior Change





Precision Health – With funding support from the
National Institutes of Health (NIH), Vibrent has created a
Learning Healthcare System for translational science and precision health.

## For your personalized **demo** please contact:

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## **TABLE OF CONTENTS**

President's Message	2
Welcome Letter	3
Conference Registration Information	4
Conference Hotel and Host City Information	5
Visitor Deals	
Washington Hilton Hotel Map	6
Mobile App	7
Join the Conversation on Social Media #SBM2016	7
Scientific Program Information	8
Overview	8
Continuing Education	9
Session Types	11
Exhibitor Directory	12
Supporters	13
Conference Schedule	14
Meeting at a Glance	15
Plenary Speakers at a Glance	16
Wednesday, March 30, 2016	17
Thursday, March 31, 2016	27
Friday, April 1, 2016	60
Saturday, April 2, 2016	94

Award Recipients	101
Achievement Awards	101
Fellows	101
Special Interest Group Awards	102
Citation Awards	103
Meritorious Student Awards	117
Leadership Institute	111
Conference Special Features	112
Name Badges and Ribbons	112
SBM Resource Booth	112
Job Openings Board	112
Business Meeting	112
Poster Mentoring Program	112
Volunteering	112
SBM Information	113
Board of Directors	113
Planning Committees	114
SBM Staff	119
Past Presidents	119
Special Interest Groups	120
Contact Information	124
Future Annual Meetings	124

### PRESIDENT'S MESSAGE

Thank you for attending the Society of Behavioral Medicine's (SBM's) 37th Annual Meeting & Scientific Sessions!

We have a stellar lineup of plenary speakers arranged around a theme that could not be more timely: "Behavioral Medicine at a Crossroads: 21st Century Challenges and Solutions." Our speakers will broaden how you think about your research, your career, and the translation of behavioral medicine evidence.

- Opening keynote presenter Sean Duffy, CEO and co-founder of Omada Health, will share results from Omada Health's online diabetes prevention program, which is based on the national Diabetes Prevention Program.
- Keynote presenter Jeanette Betancourt, EdD, senior vice president of community and family engagement for Sesame Workshop, will explain how Sesame Street programming teaches families about healthy lifestyle habits.
- Keynote presenter Jody Heymann, MD, PhD, dean of UCLA's School of Public Health, will discuss bridging the gap between research and policymakers to improve individual and population health worldwide.
- Keynote presenter Andrew Hoffman, PhD, will speak about why academics must make themselves heard in public and political spheres. He will explain how academics can help society make wise choices.
- Master Lecturer Michael Goldstein, MD, recipient of SBM's Jessie Gruman Award for Health Engagement, will speak about clinician-patient communication.
- Master lecturer Jessica Donze Black, RD, MPH, director of the Kids' Safe and Healthful Foods Project at the Pew Charitable Trusts, will discuss the past, present, and future of school nutrition research and policy.
- Master lecturer Susan Murphy, PhD, H.E. Robbins Distinguished Professor at the University of Michigan, will talk about the use of micro-randomized trials for developing mobile behavioral interventions.
- Master lecturer Catherine Alfano, PhD, vice president of survivorship for the American Cancer Society, will discuss bringing various players together to ensure cancer survivors are helped by evidence-based solutions.

During my Thursday evening presidential address, I will talk about specific changes that put behavioral scientists at a crossroads, where there are opportunities to develop innovative research, novel partnerships, and exciting career directions. I will also have the honor of presenting SBM achievement awards to this year's esteemed and deserving recipients. Please join me in congratulating them!

This year we are pleased to offer some special conference perks. Complimentary hotel WiFi will be available throughout the conference area. Enter "SBM2016" as the WiFi code. Complimentary breakfast will be available for breakfast roundtable attendees on Thursday and Friday, and for business meeting attendees on Saturday. Lunch will be available for purchase at the hotel's coffee shop, sports bar, and restaurant. Showing your conference badge around town means complimentary appetizers, discounted meals, half-off admissions, and more at about 60 establishments. Visit www.washington.org/syb for details.

I hope you enjoy the program we've put together this year.

All my best,



Marian L. Fitzgibbon, PhD SBM President

### WELCOME LETTER

On behalf of the Program Committee, we are delighted to welcome you to SBM's 37th Annual Meeting & Scientific Sessions!

Our Annual Meeting programming features the theme "Behavioral Medicine at a Crossroads: 21st Century Challenges and Solutions." Meeting sessions will examine drivers of change (e.g., health care reform, technological advancements, funding landscape changes) and the opportunities those changes create (e.g., expanded access to health care, use of digital tools to impact health, partnerships with channels that were traditionally "not health"). The meeting will focus on the following cross-cutting subthemes:

- Innovative behavioral interventions that prevent disease and alter its natural progression.
- Translation of behavioral medicine research into practice.
- New ideas for funding health improvement research and evidence-based interventions.
- Expanding behavioral medicine's reach.

We received an impressive number of abstracts covering those thematic topics as well as other exciting topics of importance to SBM. Highlights include healthy eating, active living, health in all policies, adolescent and child health, health disparities, cancer, big data, and the role of technology.

The meeting also features a new poster session focused on null results. This is a unique opportunity to learn from colleagues about studies that didn't go as planned—either in execution or in the testing of hypotheses. Our hope is that these conversations push behavioral medicine to innovate even more. Please stop by on Thursday, March 31 from noon to 1 p.m. in the poster hall.

Washington, DC, the nexus of health care policy in the United States, provides the ideal home for the 2016 Annual Meeting. It is the perfect location for emphasizing the significant impact that behavioral medicine has on health and health care across settings and populations. Washington, DC, is also the perfect location for enjoying premier dining, entertainment, and shopping when meeting sessions are over for the day. The conference hotel is conveniently located in the vibrant Dupont Circle neighborhood.

Wishing you all a productive and inspiring conference!

Sincerely,



Kate Wolin, ScD Program Chair



David X. Marquez, PhD Program Co-Chair

### **CONFERENCE REGISTRATION INFORMATION**

#### **ONLINE REGISTRATION**

Register online until 11:59 p.m. EST on Tuesday, March 22, 2016, by visiting www.sbm.org/meetings/2016.

#### **ONSITE REGISTRATION**

Wednesday, March 30, 2016	7 a.m. – 7 p.m.
Thursday, March 31, 2016	7 a.m. – 7 p.m.
Friday, April 1, 2016	7 a.m. – 7 p.m.
Saturday, April 2, 2016	7 a.m. – 11 a.m.

#### **REGISTRATION FEES**

Fees can be paid by credit card or check. The base Annual Meeting registration fee includes admittance to all educational sessions that do not require a ticket. Tickets are required for courses and seminars on Wednesday. Those sessions' ticket fees are indicated on the registration form and in this program.

Early-Bird Rate, Available Until 11:59 p.m. EST on Monday, February 29, 2016	Regular Rate, Effective Starting Tuesday, March 1, 2016
\$375	\$425
\$310	\$360
\$165	\$215
\$695	\$745
\$340	\$390
\$345	\$395
	Available Until 11:59 p.m. EST on Monday, February 29, 2016  \$375  \$310 \$165  \$695 \$340

#### **MEMBER DISCOUNTS**

Attend the Annual Meeting as an SBM member and enjoy savings:

- Student/trainee SBM members can save up to \$175 compared to non-members!
- Transitional SBM members can save up to \$385 compared to non-members!
- Full, emeritus, fellow, and associate SBM members can save up to \$320 compared to non-members!

SBM members also enjoy the following benefits:

- Access to exclusive job postings and funding announcements.
- Subscriptions to the society's two journals: *Annals of Behavioral Medicine* and *Translational Behavioral Medicine*: *Practice, Policy, Research*.
- Access to three additional behavioral medicine journals: Journal of Behavioral Medicine, International Journal of Behavioral Medicine, and Journal of Behavioral Health Services and Research.
- Free membership in one or more of SBM's 23 different special interest groups (SIGs). Through the use of email listservs and occasional meetings, the SIGs allow members to connect with others who share their behavioral medicine interests.
- Eligibility for SBM achievement awards.
- Eligibility to participate in SBM elections.
- Membership in the International Society of Behavioral Medicine.
- Access to SBM's Expert Consultation Program.
- Access to SBM's searchable Membership Directory.
- Opportunities to interact with leading specialists in behavioral medicine. SBM is large enough to have impact, but small enough to make your membership experience personal and rewarding.

Membership applications and renewal forms can be found at www.sbm.org/membership.

#### **CANCELLATION POLICY**

Any registration cancellations must be due to professional and/ or personal/family health emergencies and must be made in writing directly to the SBM national office by March 30, 2016. All cancellations are subject to a non-refundable \$50 administrative fee. Refunds will be processed following the Annual Meeting.

#### **EVENT IMAGES AND RECORDINGS**

Your attendance at SBM events implies your permission for images and audio/visual recordings captured during these events to be used for purposes of SBM archival materials, promotional materials, and publications, and waives your rights for compensation or ownership of these images.

#### AMERICANS WITH DISABILITIES ACT COMPLIANCE

If you require special arrangements in order to fully participate in the 37th Annual Meeting & Scientific Sessions, please check the appropriate box on your registration form and provide a written description of your specific needs. SBM cannot ensure the availability of appropriate accommodations without prior notification.

### CONFERENCE HOTEL AND HOST CITY INFORMATION

#### **WASHINGTON HILTON**

The meeting venue and main hotel for attendees of the 37th Annual Meeting & Scientific Sessions is the Washington Hilton: 1919 Connecticut Avenue, NW Washington, DC, 20009

To reserve a room, visit <u>www.sbm.org/meetings/2016</u> or call (202) 483-3000.

#### **DISCOUNTED ROOM RATE**

Ask for a room in the SBM 2016 Annual Meeting & Scientific Sessions room block to get a discounted room rate of \$297.70 (including state and local taxes, fees, and assessments). Only a limited number of rooms are available at the discounted conference rate, so book early! Once the conference rooms are sold out, SBM will not be able to offer additional rooms at the conference rate.

If you are a government employee and need a government rate room, please contact the SBM national office at (414) 918-3156 to be placed on the government rate wait list.

#### **NAVIGATING DC**

Want to figure out what to see and do in Washington, DC, when you're not attending Annual Meeting sessions? Then check out Destination DC's website at <a href="https://www.washington.org">www.washington.org</a>.

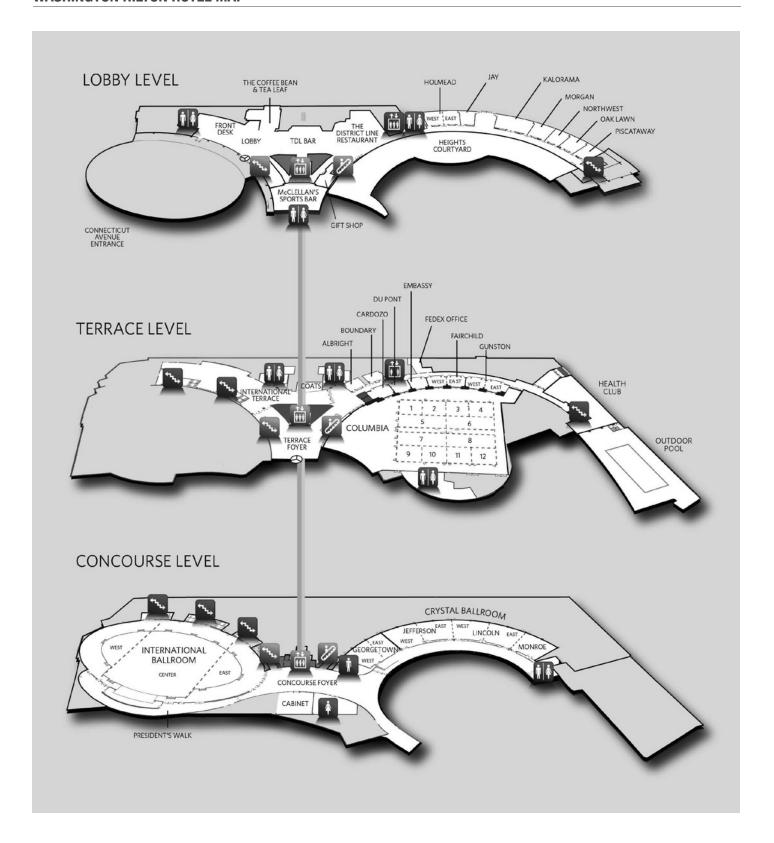
Need to know how to get around the city? Find information on how to use the Metro public transportation system at <a href="https://www.washington.org/DC-faqs-for-visitors/how-does-metro-work">www.washington.org/DC-faqs-for-visitors/how-does-metro-work</a>, and plan your Metro travel using this handy website: <a href="https://www.wmata.com/rider\_tools/tripplanner/tools/tripplanner/tools/tripplanner\_form\_solo.cfm">www.wmata.com/rider\_tools/tripplanner/tools/tripplanner\_form\_solo.cfm</a>.

#### **VISITOR DEALS**

Destination DC partners with Washington, DC, businesses to offer discounts and special offers to visitors in the city for meetings. To take advantage, you need only show your SBM Annual Meeting badge. Through the Show Your Badge program, meeting attendees can receive complimentary appetizers, discounted meals, free desserts, half-off admissions, and more at about 60 establishments.

Visit <u>www.washington.org/syb</u> to see what Show Your Badge offers are currently available.

#### **WASHINGTON HILTON HOTEL MAP**



#### MOBILE APP

Use the SBM 2016 mobile app to browse meeting sessions and mark the ones you want to attend.

The app is free to download—just search "SBM2016" in your app store. You can connect to your app store and the meeting app on complimentary conference hotel WiFi; enter "SBM2016" as the WiFi code.

Use the app to browse sessions by day and time. Search sessions by title, speaker, track, and content area. Click a session name to view its description and presenter information. Click the calendar icon or the "Add To My Agenda" button to add a particular session to your schedule.



You can also use the app to

- post to the app's activity feed;
- browse posters;
- participate in polls and surveys;
- access meeting exhibitor information;
- browse presenters and app users by country, state, and institution:
- · connect with SBM on social media;
- view award winners:
- take notes; and
- view a hotel map.

When you open the app for the first time, you will be prompted to enter an email address. This creates your user profile and sends you a confirmation email with randomly generated password information. Be sure to check your spam folder if you don't see the email right away. In the app, you can complete your user profile by manually entering your information or by importing it from LinkedIn. You can also choose to link the app to your Twitter or Facebook accounts.

Activity Feed

Speakers Attendees Exhibitors Sponsors

Questions about using the app? Stop by the onsite registration desk.

#### JOIN THE CONVERSATION ON SOCIAL MEDIA #SBM2016

During the Annual Meeting and all year long, SBM shares information and facilitates discussion on Twitter, Facebook, and LinkedIn. Join in today!

#### @BEHAVIORALMED



- · Follow SBM on Twitter for the latest SBM announcements and behaviroral medicine news.
- If you're tweeting about the meeting, be sure to use #SBM2016
- You can also follow @sbmpresident, @sbmhealthpolicy, @sbmdigitalhlth, and @sbmdecisions.

#### www.bit.ly/SBMFacebook



- Like SBM's Facebook page to ensure you're seeing all of our updates and news.
- You can also like pages for our Women's Health, Student, and Physical Activity SIGs by visiting www.facebook.com/ womenshealthsig, www.facebook.com/sbmstudentsig, and, www.facebook.com/sbmpasig.

## www.bit.ly/SBMLinkedInGroup in



- SBM's LinkedIn group provides a forum where members can share information and ask for professional advice.
- Continue the discussion from Annual Meeting sessions—and get your additional guestions answered—on the LinkedIn group page.

#### **SBMCONNECT**

- . Don't forget to also check out the SBMConnect blog at www.sbm.org/sbmconnect.
- SBMConnect stimulates timely, provocative discussions about behavioral medicine issues such as the relationship between science and industry, and whether it's appropriate to use Twitter to disclose medical device information.

#### **OVERVIEW**

The 37th Annual Meeting & Scientific Sessions theme, "Behavioral Medicine at a Crossroads: 21st Century Challenges and Solutions," focuses on recent changes in the field. Meeting sessions will demonstrate how attendees can adapt to ensure behavioral medicine research continues being translated into effective, evidence-based interventions that lead to the prevention, diagnosis, and treatment of diseases. The meeting will examine drivers of change (e.g., health care reform, technological advancements, funding landscape changes) and the opportunities those changes create (e.g., expanded access to health care, use of digital tools to impact health, partnerships with channels that were traditionally "not health"). The meeting will broaden how attendees think about their research, their careers, and the translation of behavioral medicine evidence. Invited speakers will address the following cross-cutting subthemes, which align with the diverse interests and expertise of the SBM membership: innovative behavioral interventions that prevent disease and alter its natural progression; translation of behavioral medicine research into practice and policy; new ideas for funding health promotion research and evidence-based interventions; and expanding behavioral medicine's reach so more people can live longer, healthier lives. In addition, abstract submissions will address the latest information related to cardiovascular health, obesity, cancer, precision medicine, aging, population health, intervention dissemination and implementation, health policy, grant writing, mentoring, career development, and more.

During the abstract submission process, submitters select one track and one content area that best capture their research topics. The breadth of tracks and content areas ensure that, as a whole, the conference meets the learning needs of multidisciplinary attendees.

#### **TRACKS**

- Adherence
- Behavioral medicine in clinical and medical settings
- Biological mechanisms in health and behavior change
- Complementary and integrative medicine
- Environmental and contextual factors in health and behavior change
- Health communication and technology
- Health decision making
- Health promotion
- · Measurement and methods
- Population health, policy, and advocacy
- Psychological and person factors in health and behavior change
- Quality of life
- · Racial, ethnic, and cultural factors in health
- Spirituality
- Translation of research to practice

#### **CONTENT AREAS**

- Cancer
- Cardiovascular
- · Child/Adolescent health
- Complementary and integrative medicine
- · Decision making
- Diabetes
- Education, training, and/or career development
- HIV/AIDS
- Methods
- Mental health
- Nutrition
- Obesity

- · Occupational health
- Other
- Pain
- Physical activity
- Pregnancy
- · Primary care
- Risk and decision making
- Sexual behaviors
- Sleep
- Smoking/tobacco
- Spirituality
- Stress
- Substance abuse
- Transplant

#### TARGET AUDIENCE

SBM's Annual Meeting represents the largest annual scientific conference—with more than 1,500 attendees—devoted exclusively to behavioral medicine. The Annual Meeting offers a multidisciplinary forum for psychologists, physicians, nurses, nurse practitioners, health education specialists, registered dietitians, and other professionals with a range of expertise from research in health promotion, disease prevention, risk factor identification and modification, disease progression, adjustment and adaptation to physical disorders, rehabilitation, and diffusion and dissemination.

#### CONTINUING EDUCATION

Most 2016 Annual Meeting sessions are eligible for continuing education credit. If a specific session is not eligible, it is noted in the session's description in the conference schedule section of this program. Conference attendees who wish to receive continuing education credits and a continuing education certificate of attendance at the 2016 Annual Meeting must:

- Purchase continuing education credits, either using the 2016 Annual Meeting registration form or in person at the registration desk. The purchase price is \$80 per credit type for SBM members and \$100 per credit type for nonmembers.
- Complete an online evaluation within 30 days of the Annual Meeting (by Monday, May 2, 2016). Registration packets distributed on site will include a link to the evaluation website. SBM national office staff will also email the link to attendees. On the evaluation website, attendees will find a general meeting evaluation as well as session-specific evaluations; both types of evaluations must be completed in order to receive continuing education credit. Each session-specific evaluation asks questions pertaining to the session, so it may be helpful to take notes during the session. Be sure to attend each session in its entirety as the session evaluation will include an attestation statement indicating attendance for the entire session.

Immediately after attendees complete the online evaluation, continuing education certificates will be emailed to the address they indicated on the evaluation. Alternately, attendees can print their own certificates from the screen that appears immediately following completion of the online evaluation.

SBM offers the following six credit types.

#### CERTIFIED HEALTH EDUCATION SPECIALISTS

Sponsored by SBM, a designated provider of continuing education contact hours (CECH) in health education by the National Commission for Health Education Credentialing, Inc. This program is designed for the Certified Health Education Specialists (CHES) to receive up to 27.50 Category I contact hours in health education. NCHEC Provider #101874. Program #25319.

#### **DIETITIANS**

Dietitians can earn a total of up to 27.50 CPEUs by attending this conference. Please see the Professional Development Portfolio guidelines at www.cdrnet.org for further explanation of requirements.

#### NURSES AND NURSE PRACTITIONERS

AMEDCO is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

This course is co-provided by AMEDCO and SBM. Maximum of 27.50 contact hours.

#### **PHYSICIANS**

Accreditation Statement - This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of AMEDCO and SBM. AMEDCO is accredited by the ACCME to provide continuing medical education for physicians.

Credit Designation Statement - AMEDCO designates this live activity for a maximum of 27.50 *AMA PRA Category 1 Credits* $^{\text{TM}}$ . Physicians should claim only the credit commensurate with the extent of their participation in the activity.

#### **PSYCHOLOGISTS**

SBM is approved by the American Psychological Association to sponsor continuing education for psychologists. SBM maintains responsibility for this program. Maximum of 27.50 hours.

#### PUBLIC HEALTH PROFESSIONALS

This program has been approved by the National Board of Public Health Examiners (NBPHE). NBPHE offers the certified in public health (CPH) credential as the only voluntary core credential for public health professionals. Maximum of 28 CPH credits.

#### **LEARNING OBJECTIVES**

37th Annual Meeting & Scientific Session attendees can be expected to gain the following skills, in seven key areas.

#### TOBACCO FREE LIVING AND ADDICTION RESEARCH

- Describe and demonstrate how social and behavioral research can inform and improve comprehensive, evidencebased practice in addiction, tobacco control planning, and tobacco control policies.
- Describe ongoing research efforts wherein social and behavioral science principles have or continue to inform implementation of the 2009 Family Smoking Prevention and Tobacco Control Act.
- Present research demonstrating how clinical tobacco cessation services can be expanded to incorporate theorydriven behavioral interventions.
- Showcase research efforts leveraging new media and emerging information technologies to educate people about the risks of smoking and to encourage people to quit.
- Identify new tools for supporting smoking cessation and maintenance.
- Describe emerging tobacco products, and understand the regulatory environment and impact on smoking behavior.

#### HEALTHY EATING/ACTIVE LIVING ACROSS THE LIFESPAN

- Describe social and behavioral science research aimed at evaluating efforts to increase access to healthy and affordable foods in communities.
- Present effective strategies for screening patients for obesity, counseling patients to prevent and treat obesity, and referring patients to appropriate resources for obesity treatment.
- Showcase social and behavioral research efforts to evaluate the impact of organizational and programmatic nutrition standards and policies on health behavior and health outcomes.
- Present social and behavioral research around interventions that promote healthy eating.
- Describe social science contributions to designing, leveraging, and evaluating efforts to increase physical activity in communities, workplaces, schools, and childcare facilities.
- Identify new technologies and media for assessing and encouraging physical activity levels and healthy eating.

#### HEALTH INFORMATION TECHNOLOGY AND BEHAVIOR CHANGE

 Describe how social and behavioral research leveraging the Internet and other health information technology can support and evaluate behavior change interventions to improve population health.

- Identify and describe how emerging technologies and technology platforms can be leveraged to develop, implement, and evaluate technology-based social and behavioral interventions.
- Increase the understanding of how behavioral and social scientists can partner with the technology industry to develop and evaluate evidence-based behavioral change interventions to improve population health.

## TRANSLATION OF EVIDENCE-BASED THERAPIES INTO CLINICAL PRACTICE

- List examples of evidence-based therapies that are currently not being widely implemented in clinical practice.
- Identify strategies for enhancing training programs to encourage clinicians to adopt new evidence-based therapies.
- Describe models of effective knowledge translation in the clinical setting.

#### CLINICAL PREVENTIVE SERVICES

- Describe how basic behavioral principles and behavioral science evidence can be applied to efforts to improve public adoption of clinical preventive services.
- Provide examples of how behavioral science can be applied to strengthen and inform delivery of behavioral clinical preventive services including cancer screening, tobacco screening, and screening for cardiovascular disease.
- Describe the potential role of social and behavioral science in evaluating efforts to link community-based and clinical preventive services.
- Identify common barriers to accessing clinical preventive services, especially among at-risk populations.

#### ENVIRONMENTAL INFLUENCES ON HEALTH BEHAVIOR

- Describe how behavioral and social science principles and research can be applied to strengthen the social environment and to support healthy behavior and improve population health.
- Identify successful applications of social and behavioral science to efforts to modify physical and social environments to support health behavior.
- Describe characteristics of environments that promote healthy behavior and support healthy populations.

## HEALTH POLICY AND HEALTH IN ALL POLICIES—THEIR INFLUENCES ON HEALTH BEHAVIOR

- · Describe the health policy making process at multiple levels.
- List opportunities for productive engagement among decision makers, policymakers, and researchers.
- Identify effective methods for conveying scientific evidence to policymakers in ways that enhance understanding and use.

#### **SESSION TYPES**

SBM's 37<sup>th</sup> Annual Meeting & Scientific Sessions offers educational sessions at the following instructional levels: beginner, beginner/intermediate, intermediate, intermediate/advanced, and advanced. Each session's instructional level is noted in the session's description in the conference schedule section of this program. Session titles typically list presenting or sponsoring groups in alphabetical order.

The meeting offers educational sessions in a variety of formats. Admission is by name badge unless otherwise indicated.

#### BREAKFAST ROUNDTABLES

Breakfast roundtables are held on Thursday and Friday morning and last 45 minutes. They are interactive meetings with discussion centered on topics of interest to a specific portion of the meeting audience or to an SBM special interest group (SIG), council, or committee. A complimentary continental breakfast is provided.

#### **COURSES**

Courses are held on Wednesday, the Annual Meeting's "preconference" day. These sessions typically last a half day and feature numerous speakers focused on a specific topic. Admission is by paid ticket only.

#### MIDDAY MEETINGS

Midday meetings are interactive meetings sponsored by one of SBM's various SIGs, councils, or committees. Midday meetings are held on Thursday and Friday and last 60 minutes.

#### PANEL DISCUSSIONS

These 60-minute sessions are held on Thursday, Friday, and Saturday. They focus on specific topics with various viewpoints expressed by a panel of experts.

#### PAPER SESSIONS

Paper sessions range from 60 to 90 minutes and are offered on Thursday and Friday. Midday sessions are 60 minutes while afternoon sessions run 90 minutes. They are based on accepted abstracts clustered around common themes and presented via oral presentations.

#### PLENARY SESSIONS

Plenary sessions—scheduled on Thursday, Friday, and Saturday—include keynote addresses and master lectures. These sessions are the premier educational sessions of the Annual Meeting. Speakers will present on topics of interest to the overall meeting audience in a didactic or pro-con debate format.

#### POSTER SESSIONS

Poster sessions featuring presentations of accepted abstracts take place on each day of the Annual Meeting. Poster sessions allow abstract authors to discuss their research with interested colleagues for 60 minutes in an informal setting. Poster sessions are a great way to see the latest research in the field while socializing with colleagues.

Due to continued space constraints, the poster boards will be positioned vertically and the surface area for poster display will be 4 ft wide x 8 ft high (1.2 m wide by 2.4 m high). The exact poster dimensions are up to poster presenters, but SBM staff recommends no higher than 5 ft (1.5 m) for ease of vertical viewing.

The poster session schedule will be:

Wednesday, March 30 - Poster Session A

Authors set up posters 4:15 p.m. -5:45 p.m. Posters available for viewing 6 p.m. -7 p.m. Authors present for discussion 6 p.m. -7 p.m. Authors remove posters 7 p.m. -7:30 p.m.

Thursday, March 31 - Null Results Poster Session

Authors set up posters 10:15 a.m. – 11:45 a.m.

Posters available for viewing 12 p.m. – 1 p.m.

Authors present for discussion 12 p.m. – 1 p.m.

Authors remove posters 1 p.m. – 1:30 p.m.

Thursday, March 31 - Poster Session B

Authors set up posters 4:15 p.m. -5:45 p.m. Posters available for viewing 6 p.m. -7 p.m. Authors present for discussion 6 p.m. -7 p.m. Authors remove posters 7 p.m. -7:30 p.m.

Friday, April 1 – Poster Session C

Authors set up posters 4:15 p.m. – 5:45 p.m.

Posters available for viewing 6 p.m. – 7 p.m.

Authors present for discussion 6 p.m. – 7 p.m.

Authors remove posters 7 p.m. – 7:30 p.m.

Saturday, April 2 - Poster Session D

Authors set up posters

Posters available for viewing
Authors present for discussion

Authors remove posters

8:30 a.m. – 10 a.m.

10:15 a.m. – 11:15 a.m.

10:15 a.m. – 11:45 a.m.

11:15 a.m. – 11:45 a.m.

Please be sure to hang posters during the appropriate time. All posters left after the removal time has concluded will be discarded. For the security of vendors located inside the poster hall, there is to be no viewing of posters outside of the established viewing times.

#### **SEMINARS**

Seminars are held on Wednesday. They include presentations by approximately three speakers. Speakers emphasize the theory and application of practical skills and interact with participants. Admission is by paid ticket only.

Better Health Through Behavior Change

### EXHIBITOR DIRECTORY

Please stop by vendors' tables in the exhibit hall, located in Columbia 1-5. Hours are:

Wednesday, March 30 6 p.m. -7 p.m.

Thursday, March 31 12 p.m. – 1 p.m.

6 p.m. – 7 p.m.

Friday, April 1 12 p.m. – 1 p.m.

6 p.m. – 7 p.m.

Saturday, April 2 10:15 a.m. – 11:15 a.m.

#### **American Institute for Cancer Research**

The American Institute for Cancer Research is a not-for-profit organization that focuses on cancer prevention and survival through diet, weight, and physical activity. We offer evidence-based tools, educational webinars, patient materials, and other resources for health professionals on lowering cancer risk.

www.aicr.org

Email: aicrweb@aicr.org Phone: 800-843-8114 1759 R Street NW Washington, DC 20003

#### **Fitabase**

Fitabase is a cloud-based platform allowing researchers to extract and aggregate data from Fitbit<sup>TM</sup> wearables, weight scales, and other mHealth devices. Fitabase provides seamless reports and exports on high resolution sleep, weight, and physical activity data. We empower research groups to get the most out of their data.

www.fitabase.com Email: hello@fitabase.com Phone: (415) 335-6661 4610 Park Boulevard San Diego, CA 92116

#### **Mayo Clinic**

Through the integration and application of scientific disciplines, researchers in the Mayo Clinic Robert D. and Patricia E. Kern Center for the Science of Health Care Delivery create evidence-based and sustainable care delivery systems to provide higher value, decrease variability, and increase reliability and quality of care for all patients.

www.mayoclinic.org Email: cshcd@mayo.edu Phone: (507) 284-2511 200 First Street SW Rochester, MN 55905

#### National Center for Telehealth & Technology

The Mission of the National Center for Telehealth & Technology (T2) is to lead the innovation of mobile health and telehealth solutions to deliver psychological health and traumatic brain injury care and support to our nation's warriors, veterans, and their families. T2 is a Department of Defense organization, a component center of the Defense Centers of Excellence for Psychological Health & Traumatic Brain Injury.

www.T2health.dcoe.mil

Email: mrmc.dcoe.t2-contactus@mail.mil

Phone: (703) 712-4255

9933 West Hayes Street; Joint Base Lewis-McChord

Tacoma, WA 98431

#### National Collaborative on Childhood Obesity Research

The National Collaborative on Childhood Obesity Research (NCCOR) brings together four leading research funders—the Centers for Disease Control and Prevention, the National Institutes of Health, the Robert Wood Johnson Foundation, and the U.S. Department of Agriculture—to accelerate progress to reduce childhood obesity. These organizations work together to manage projects and reach common goals; combine funding to make the most of available resources; and share insights and expertise to strengthen research. Visit the NCCOR booth to learn how NCCOR can support your work.

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The Patient-Centered Outcomes Research Institute (PCORI) is an independent, nonprofit organization authorized by Congress to fund research that will provide patients, their caregivers, and their clinicians with the evidence-based information needed to make better-informed health care decisions. PCORI's work is continuously guided by input from a broad range of health care stakeholders to see that its research is timely, is useful, and addresses outcomes that matter to patients.

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Fairfax, VA 22033

## **SUPPORTERS**

SBM is pleased to acknowledge financial support for the 37th Annual Meeting & Scientific Sessions from the following entities.

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SBM would also like to gratefully acknowledge financial support from Vibrent Health for When You're Finished Changing, You're Finished!, the presidential keynote presentation by Marian L. Fitzgibbon, PhD.

## **CONFERENCE SCHEDULE**

WEDNESDAY, MARCH 30, 2016           7 a.m.         7 p.m.         Registration Open           9 a.m.         6 p.m.         Courses/Seminars           6 p.m.         7 p.m.         Poster Session A/Exhibit Hall Open           THURSDAY, MARCH 31, 2016           6:15 a.m.         7 a.m.         Meditation           7 a.m.         7 p.m.         Registration Open           7:15 a.m.         8 a.m.         Breakfast Roundtables           8:15 a.m.         9:30 a.m.         Symposia           9:45 a.m.         10:45 a.m.         Opening Keynote           11 a.m.         12 p.m.         Panel Discussions/Midday Meetings           12 p.m.         1 p.m.         Null Results Poster Sessions/Exhibit Hall Open           12:30 p.m.         1:30 p.m.         Master Lecture/Paper Sessions           1-45 p.m.         3 p.m.         Symposia           3:15 p.m.         4:45 p.m.         Paper Sessions           5 p.m.         6 p.m.         Presidential Keynote and Awards Ceremony           6 p.m.         7 p.m.         Poster Session B/Exhibit Hall Open           FRIDAY, APRIL 1, 2016           6:15 a.m.         7 a.m.         Meditation           7 a.m.         1 p.m.         Espis	Start	End	Title		
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8:15 a.m.         9:30 a.m.         Symposia           9:45 a.m.         10:45 a.m.         Opening Keynote           11 a.m.         12 p.m.         Panel Discussions/Midday Meetings           12 p.m.         1 p.m.         Null Results Poster Session/ Exhibit Hall Open           12:30 p.m.         1:30 p.m.         Master Lecture/Paper Sessions           1:45 p.m.         3 p.m.         Symposia           3:15 p.m.         4:45 p.m.         Paper Sessions           5 p.m.         6 p.m.         Presidential Keynote and Awards Ceremony           6 p.m.         7 p.m.         Poster Session B/Exhibit Hall Open           FRIDAY, APRIL 1, 2016           6:15 a.m.         7 a.m.         Meditation           7 a.m.         7 p.m.         Registration Open           7:15 a.m.         8 a.m.         Breakfast Roundtables           8:15 a.m.         9:30 a.m.         Symposia           9:45 a.m.         10:45 a.m.         Keynote           12 p.m.         1 p.m.         Exhibit Hall Open           12 p.m.         1 p.m.         Exhibit Hall Open           12:30 p.m.         1;30 p.m.         Master Lecture/Paper Sessions           5 p.m.         6 p.m.         Keynote           6 p	7 a.m.	7 p.m.	Registration Open		
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FRIDAY, APRIL 1, 2016           6:15 a.m.         7 a.m.         Meditation           7 a.m.         7 p.m.         Registration Open           7:15 a.m.         8 a.m.         Breakfast Roundtables           8:15 a.m.         9:30 a.m.         Symposia           9:45 a.m.         10:45 a.m.         Keynote           11 a.m.         12 p.m.         Panel Discussions/Midday Meetings           12 p.m.         1 p.m.         Exhibit Hall Open           12:30 p.m.         1:30 p.m.         Master Lecture/Paper Sessions           1:45 p.m.         3 p.m.         Symposia           3:15 p.m.         4:45 p.m.         Paper Sessions           5 p.m.         6 p.m.         Keynote           6 p.m.         7 p.m.         Poster Session C/Exhibit Hall Open           SATURDAY, APRIL 2, 2016           7 a.m.         11 a.m.         Registration Open           7:30 a.m.         8:30 a.m.         Business Meeting           8:45 a.m.         10 a.m.         Symposia           10:15 a.m.         11:15 a.m.         Poster Session D/Exhibit Hall Open/Master Lectures/Panel Discussions	5 p.m.	6 p.m.	Presidential Keynote and Awards Ceremony		
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SATURDAY, APRIL 2, 2016  7 a.m. 11 a.m. Registration Open  7:30 a.m. 8:30 a.m. Business Meeting  8:45 a.m. 10 a.m. Symposia  10:15 a.m. 11:15 a.m. Poster Session D/Exhibit Hall Open/Master Lectures/Panel Discussions	3:15 p.m.	4:45 p.m.	Paper Sessions		
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10:15 a.m. 11:15 a.m. Poster Session D/Exhibit Hall Open/ <b>Master Lectures</b> /Panel Discussions	7:30 a.m.	8:30 a.m.	Business Meeting		
	8:45 a.m.	10 a.m.	Symposia		
11:30 a.m. 12:30 p.m. Closing Keynote	10:15 a.m.	11:15 a.m.	Poster Session D/Exhibit Hall Open/Master Lectures/Panel Discussions		
	11:30 a.m.	12:30 p.m.	Closing Keynote		

## **MEETING AT A GLANCE**

	WEDNESDAY, MARCH 30	THURSDAY, MARCH 31	FRIDAY, APRIL 1	Saturday, April 2
6 a.m.				
6:30 a.m.		Meditation (6:15 a.m. – 7 a.m.)	Meditation (6:15 a.m. – 7 a.m.)	
7 a.m.				
7:30 a.m.		Breakfast Roundtables (7:15 a.m. – 8 a.m.)	Breakfast Roundtables (7:15 a.m. – 8 a.m.)	Business Meeting
8 a.m.				(7:30 a.m. – 8:30 a.m.)
8:30 a.m.		Symposia (8:15 a.m. – 9:30 a.m.)	Symposia (8:15 a.m. – 9:30 a.m.)	
9 a.m.		(0.13 a.iii. – 3.30 a.iii.)	(0.13 a.iii. – 3.30 a.iii.)	Symposia
9:30 a.m.				(8:45 a.m. – 10 a.m.)
10 a.m.	Courses/Seminars	Opening Keynote	Keynote	
10:30 a.m.	(9 a.m. – 11:45 a.m.)	(9:45 a.m. – 10:45 a.m.)	(9:45 a.m. – 10:45 a.m.)	Poster Session D/ Exhibit Hall Open (10:15 a.m. – 11:15 a.m.)  Master Lectures (10:15 a.m. – 11:15 a.m.)
11 a.m.		Panel Discussions/	Panel Discussions/	11:15 a.m.) 11:15 a.m.)
11:30 a.m.		Midday Meetings (11 a.m. – 12 p.m.)	Midday Meetings (11 a.m. – 12 p.m.)	Closing Keynote
12 p.m.		Null Results Poster Session/	Exhibit Hall	(11:30 a.m. – 12:30 p.m.)
12:30 p.m.		Exhibit Hall Open Master Paper (12 p.m. –	Open (12 p.m. – 1 p.m.)	
1 p.m.	Courses/Seminars	Lecture Sessions 1 p.m.) (12:30 p.m. – 1:30 p.m.) 1:30 p.m.)	Master Lecture (12:30 p.m. – 1:30 p.m.) (12:30 p.m.)	
1:30 p.m.	(12 p.m. – 2:45 p.m.)			
2 p.m.		0	0	
2:30 p.m.		Symposia (1:45 p.m. – 3 p.m.)	Symposia (1:45 p.m. – 3 p.m.)	
3 p.m.				
3:30 p.m.		Danay Cassiana	Danay Cassiana	
4 p.m.		Paper Sessions (3:15 p.m. – 4:45 p.m.)	Paper Sessions (3:15 p.m. – 4:45 p.m.)	
4:30 p.m.	Courses/Seminars (3:15 p.m. – 6 p.m.)			
5 p.m.		Presidential Keynote and		
5:30 p.m.		Awards Ceremony (5 p.m. – 6 p.m.)	Keynote (5 p.m. – 6 p.m.)	
6 p.m.	Poster Session A/	Poster Session B/	Poster Session C/	
6:30 p.m.	Exhibit Hall Open (6 p.m. – 7 p.m.)	Exhibit Hall Open (6 p.m. – 7 p.m.)	Exhibit Hall Open (6 p.m. – 7 p.m.)	
7 p.m.				

## **PLENARY SPEAKERS AT A GLANCE**

Start	End	Title	
THURSDAY, N	MARCH 31, 2016		
9:45 a.m.	10:45 a.m.	Opening Keynote: Behavioral Medicine Goes Digital: Advancing and Scaling Effective Interventions through Technology Design Sean Duffy, Omada Health, San Francisco, CA International Ballroom Center	
12:30 p.m.	1:30 p.m.	Jessie Gruman Health Engagement Master Lecture: Engagement Matters Michael G. Goldstein, MD, Veterans Health Administration, Durham, NC International Ballroom East	
5 p.m.	6 p.m.	Presidential Keynote and Awards Ceremony: When You're Finished Changing, You're Finished!  Marian L. Fitzgibbon, PhD, University of Illinois at Chicago, Chicago, IL International Ballroom Center	
FRIDAY, APRI	L 1, 2016		
9:45 a.m.	10:45 a.m.	Keynote: Healthy Habits the Sesame Way: Lessons Learned around Nurturing Young Children's Health and Well-Being Jeanette Betancourt, EdD, Sesame Workshop, New York, NY International Ballroom Center	
12:30 p.m.	1:30 p.m.	Master Lecture: The Role of School Nutrition in Children's Health and Well-Being: Where We've Been, Where We Are, and Where We're Going Jessica Donze Black, RD, MPH, The Pew Charitable Trusts, Washington, DC International Ballroom East	(3)
5 p.m.	6 p.m.	Keynote: Eliminating Disparities in Health Behavior and Health: Evidence on the Powerful Role of Social Policy Jody Heymann, MD, PhD, University of California-Los Angeles, Los Angeles, CA International Ballroom Center	
SATURDAY, A	PRIL 2, 2016		
10:15 a.m.	11:15 a.m.	Master Lecture: Micro-Randomized Trials in Mobile Health Susan A. Murphy, PhD, University of Michigan, Ann Arbor, MI International Ballroom East	
10:15 a.m.	11:15 a.m.	Master Lecture: Integrating Agendas: A Team Sports Approach to Translating Evidence to Care for Cancer Survivors Catherine M. Alfano, PhD, American Cancer Society, Washington, DC International Ballroom West	
11:30 a.m.	12:30 p.m.	Closing Keynote: Academic Engagement in Public and Political Discourse Andrew J. Hoffman, PhD, University of Michigan, Ann Arbor, MI International Ballroom East	

#### DAY AT A GLANCE

Start	End	Title
7 a.m.	7 p.m.	Registration Open
9 a.m.	6 p.m.	Courses/Seminars
6 p.m.	7 p.m.	Poster Session A/Exhibit Hall Open

7 a.m. – 7 p.m. Registration Open

9 a.m. – 11:45 a.m. Course 1: Cancer and Ethnic Minority and Multicultural Health SIGs Course: Let's Talk about Your Career: What You Need to Know about Grants, Mentorship, and Life Balance

Lincoln East

Full/Associate/Emeritus Members: \$100; Student/Trainee or Transitional Members: \$70; Non-Members: \$115

Content area: Education, training, and/or career development

Instructional level: Beginner/intermediate

**Co-Chairs:** Lara Traeger, PhD, Harvard Medical School, Boston MA; Felicity Harper, PhD, Barbara Ann Karmanos Cancer Institute, Detroit, MI; Qian Lu, MD, PhD, University of Houston, Houston, TX; Jamilia Sly, PhD, Icahn School of Medicine at Mount Sinai, New York, NY; Shobha Srinivasan, PhD, National Cancer Institute, Bethesda, MD; Cathy Meade, PhD, Moffitt Cancer Center, Tampa, FL

**Co-Presenters:** Shobha Srinivasan, PhD, National Cancer Institute, Bethesda, MD; and Cathy Meade, PhD, Moffitt Cancer Center, Tampa, FL This exciting event will provide 1) expert advice on writing National Institutes of Health (NIH) K career development grants, 2) a mock NIH study section in which three grant applications will be reviewed, and 3) roundtables on key career issues (e.g., work-life balance, mentorship, and job searches) that are of interest to junior investigators. All attendees will have the opportunity to learn grant writing tips, observe the mock grant reviews, ask questions of the expert reviewers, and participate in the roundtables. You will hear from and network with nationally recognized leaders in the fields of multicultural health, health disparities, psycho-oncology, and cancer control, including Shobha Srinivasan, PhD, Deborah Bowen, PhD, Jamie Ostroff, PhD, Susan Vadaparampil, PhD, MPH, Shawna Hudson, PhD, Lorien Abroms, ScD, MA, and Cathy Meade, PhD, RN, FAAN.

#### 9 a.m. – 11:45 a.m. Course 2: Advanced Design and Conduct of Randomized Behavioral Clinical Trials

Lincoln West

Full/Associate/Emeritus Members: \$75; Student/Trainee or Transitional Members: \$45; Non-Members: \$90

Content area: Other

Instructional level: Intermediate/advanced

Chair: Peter G. Kaufmann, PhD, National Heart Lung and Blood Institute, Bethesda, MD

**Co-Presenters:** Lynda H. Powell, PhD, Rush University Medical Center, Chicago, IL; Kenneth Freedland, PhD, Washington University School of Medicine, Saint Louis, MO

In this course we will discuss several principal challenges in the design of clinical trials. Important targets for multi-level interventions include biological response, social connections, provider behavior, health care system performance, community resources, and the physical environment. Multilevel interventions pose unique challenges for recruitment, randomization, selecting the unit of analysis, and treatment contamination. The results of behavioral intervention trials depend to a considerable extent on the nature of the selected comparators. A growing empirical literature on the effects of different control groups on behavioral trial outcomes will be discussed. Finally, the outcome of clinical trial depends critically on estimation of a meaningful effect size. Systematic estimation of a Minimal Clinically Important Difference is an important approach with important implications for the interpretation of the effectiveness of the delivered interventions.

9 a.m. – 11:45 a.m.

Course 3: Health Policy Committee Course: Making a Greater Impact: How You can Advocate for Health Policy Change

Georgetown East

Full/Associate/Emeritus Members: \$75; Student/Trainee or Transitional Members: \$45; Non-Members: \$90

Content area: Other

Instructional level: Beginner/intermediate

Chair: Joanna Buscemi, PhD, University of Illinois at Chicago, Chicago, IL

The Society of Behavioral Medicine's Health Policy Committee (HPC) develops health policy briefs on important issues in public health which align with SBM's mission. The HPC encourages members to develop ideas for health policy briefs and to submit proposals for briefs to the committee. The purpose of this session is to provide members with background regarding the role of the HPC, to describe how briefs are developed and then disseminated including engaging partners who will endorse the briefs, and to give members some hands on training in crafting their own health policy brief. Attendees will be asked to come to the course with an idea for a health policy brief, and we will work with members to help refine their ideas to draft an effective and impactful health policy brief. We will close with discussion on how SBM health policy briefs are presented to legislative aides on Capitol Hill, and how the development and dissemination of the briefs are an important part of advocacy.

12 p.m. – 2:45 p.m.

Course 4: Optimization of Behavioral Interventions SIG Course: Introduction to the Multiphase Optimization Strategy (MOST) for Building More Effective, Efficient, Economical, and Scalable Behavioral and Biobehavioral Interventions

Lincoln West

Full/Associate/Emeritus Members: \$108; Student/Trainee or Transitional Members: \$78; Non-Members: \$123

**Content area: Methods** 

Instructional level: Beginner/intermediate

**Chair:** Linda M. Collins, PhD, Pennsylvania State University, State College, PA **Presenter:** Linda M. Collins, PhD, Pennsylvania State University, State College, PA

The majority of behavioral and biobehavioral interventions in use today have been evaluated as a treatment package using a two-arm randomized controlled trial (RCT). This approach is an excellent way to determine whether an intervention is effective. However, the treatment package approach is less helpful in providing empirical information that can be used to optimize the intervention to achieve improved effectiveness while maintaining a desired level of efficiency, economy, and/or scalability. In this seminar an innovative methodological framework for optimizing behavioral interventions, the multiphase optimization strategy (MOST), will be presented. MOST is based on ideas inspired by engineering methods, which stress careful management of research resources and ongoing improvement of products. MOST is a comprehensive strategy that includes three phases: preparation, optimization, and evaluation. MOST can be used to build a new intervention or to improve an existing intervention. Using MOST it is possible to engineer an intervention targeting a particular effect size, level of cost-effectiveness, or any other criterion.

This seminar will provide an introduction to MOST. Ongoing intervention development studies using the MOST approach will be used as illustrative examples. A substantial amount of time will be devoted to experimental design, which is an important tool in MOST. In particular, factorial experiments and fractional factorial experiments will be discussed. Time will be reserved for open discussion of how the concepts presented can be applied in the research of seminar attendees. Attendees will be given a handout with the Power Point slides and a list of articles containing additional information.

3:15 p.m. – 6 p.m. Course 5: Cancer SIG Course: Precision Behavioral Medicine in Cancer: Personalization across the Cancer Care Continuum

Lincoln East

Full/Associate/Emeritus Members: \$100; Student/Trainee or Transitional Members: \$70; Non-Members: \$115

Content area: Cancer

Instructional level: Intermediate/advanced

**Co-Chairs:** Kristi Graves, PhD, Georgetown University, Washington, DC; and Catherine Alfano, PhD, American Cancer Society, Inc., Rockville, MD **Co-Presenters:** Catherine Alfano, PhD, American Cancer Society, Inc., Rockville, MD; Colleen M. McBride, PhD, Emory University, Atlanta, GA; Nora L. Nock, PhD, PE, Case Western Reserve University, Cleveland, OH; Carl de Moor, PhD, Inform Genomics, Inc., Boston, MA; Lori Orlando, MD, MHS, Duke University, Durham, NC; Chanita Hughes-Halbert, PhD, Medical University of South Carolina, Charleston, SC; Sarah Gehlert, PhD, Washington University in St. Louis, St. Louis, MO; and William Riley, PhD, National Institutes of Health, Bethesda, MD

The purpose of this course is to define and discuss "precision medicine" in terms of personalized approaches for individuals at risk for, undergoing treatment for, and surviving years after cancer. Speakers will challenge current conceptions of precision medicine to move beyond a sole focus on genomics to include the integration of multiple factors such as lifestyle, culture, patient-reported outcomes, and health literacy. Course content includes innovative conceptual and methodological techniques and an interactive panel discussion to highlight integrated approaches to precision medicine in behavioral medicine interventions, research, and clinical settings. Topics will be relevant for other common chronic diseases and patients of varying ages.

3:15 p.m. – 6 p.m.

Course 6: Evidence-Based Behavioral Medicine SIG, Scientific and Professional Liaison Council, Cancer SIG, Theories and Techniques of Behavioral Medicine SIG, and US Cochrane Center Course: Network Meta-Analysis for Behavioral Trials: An Introduction and Overview

Lincoln West

Full/Associate/Emeritus Members: \$75; Student/Trainee or Transitional Members: \$45; Non-Members: \$90

Content area: Methods

Instructional level: Intermediate/advanced

Chair: Tianjing Li, MD, MHS, PhD, US Cochrane Center, Baltimore, MD

Results from conventional pair-wise meta-analyses, while helpful in synthesizing and evaluating results from clinical trials, may make it difficult to determine which intervention is most effective among all available options. Network meta-analysis is a new and growing statistical approach that addresses the limitations of traditional pair-wise meta-analytic techniques. This approach allows for the synthesis of data from both direct and indirect comparisons and the ranking of interventions in order of efficacy. Participants will receive an introduction to indirect comparison and network meta-analysis and learn about how and when these approaches should be used. The course will also include hands-on activities tailored to the participants' interests in learning about presenting and communicating findings and/or programming for a network meta-analysis.

3:15 p.m. – 6 p.m. Course 7: Integrated Primary Care and Military and Veterans Health SIGs Course: Emerging Population-Based Approaches to Integrated Primary Care

Columbia 9

Full/Associate/Emeritus Members: \$108; Student/Trainee or Transitional Members: \$78; Non-Members: \$123

Content area: Primary Care

Instructional level: Beginner/intermediate

Chair: James E. Aikens, PhD, University of Michigan, Ann Arbor, MI

**Co-Presenters:** Christopher L. Hunter, PhD, ABPP, Defense Health Headquarters, Falls Church, VA; Rodger Kessler PhD, ABPP, University of Vermont College of Medicine, Burlington, VT; and Margaret Dundon, PhD, VHA National Center for Health, Buffalo, NY

This preconference course features three internationally renowned speakers who will discuss cutting-edge population-based approaches to transform integrated behavioral health in primary care. This field has evolved beyond simple models focused on individual patient visits; the entire empanelment of a primary care clinic must be targeted to produce real change in healthcare delivery and population health. However, existing evidence-based clinical interventions are often applied ineffectively or not at all. The first segment of the course will cover the "Clinical Pathways" approach to help ensure that integrated primary care behavioral health providers (BHPs) apply evidence-based interventions. It will include coverage of BHP tools for eight common clinical issues: diabetes, obesity, pain, insomnia, tobacco use, alcohol misuse, anxiety, and depression. The next segment will concern the innovative "Triple Aims Model" of value-based, sustainable behavioral health services in Patient Centered Medical Homes (per Kathol, DeGruy, & Rollman, 2014). It will also use type 2 diabetes risk as an example to focus upon model implementation using electronic health data. The final segment will cover the Veterans Administration's national-level integration of health promotion and disease prevention into Patient Aligned Care Teams (PACTs). This model revolves around "Health Behavior Coordinators" (HBCs), who not only support clinicians but also develop and implement multi-level strategies for reducing risky behaviors, adopting healthy behaviors, and obtaining preventive care.

12 p.m. – 6 p.m. Course 8: Ethnic Minority and Multicultural Health SIG Course: Unchanging Paradigms: The Static Condition of Reducing Health Inequities

Georgetown East

Full/Associate/Emeritus Members: \$95; Student/Trainee or Transitional Members: \$57; Non-Members: \$115

Content area: Other

Instructional level: Beginner/intermediate

Co-Chairs: Sabrina Ford, PhD, Michigan State University, East Lansing, MI; and Jamilia Sly, PhD, Icahn School of Medicine at Mount Sinai, New York, NV

York, NY

**Co-Presenters:** Qian Lu, PhD, University of Houston, Houston, TX; Kimlin Tam Ashing, PhD, City of Hope, Duarte, CA; Sabrina Ford, PhD, Michigan State University, East Lansing, MI; Jamilia Sly, PhD, Icahn School of Medicine at Mount Sinai, New York, NY; David Williams, PhD, Harvard University, Cambridge, MA

Although formal acknowledgement in the public health arena has focused on reducing health inequities for over 60 years, very little has changed in terms of the continued disparate health outcomes for underserved and minority populations. We propose to unravel where research and practice has brought us to date, offer an innovative models to move beyond the current state, and explore unconscious bias.

12 p.m. – 6 p.m.

Course 9: Technology SIG Course: Designing Digital Health Interventions: A Workshop on How to Create Usable, Enjoyable, and Effective Digital Health User Experiences

Jefferson East

Full/Associate/Emeritus Members: \$128; Student/Trainee or Transitional Members: \$90; Non-Members: \$148

Content area: Other

Instructional level: Beginner/intermediate

Chair: Eric B. Hekler, PhD, Arizona State University, Phoenix, AZ

**Co-Presenters:** Predrag Klasnja, PhD, University of Michigan, Ann Arbor, MI; Sayali Phatak, MS, Arizona State University, Phoenix, AZ; David Klein, Vibrent Health, Fairfax, VA; Eric B. Hekler, PhD, Arizona State University, Phoenix, AZ; and Eun Kyoung Choe, PhD, Pennsylvania State University, State College, PA

Have you ever wondered why some digital health interventions (i.e., interventions that are delivered by or incorporate digital technologies such as websites, smartphones, or wearable sensors like physical activity monitors) succeed at promoting behavior change, but others fail? While increasing evidence suggests that technologies such as text messaging, websites, smartphone apps, and social networks can promote health behavior change, many times the low number of sustained users hampers the overall effectiveness of the intervention. Factors such as how well the technology integrates into a person's life, how easy it is to interact with it, how enjoyable it is to use greatly influence a digital health intervention's chances of success. The discipline of Human-Computer Interaction (HCI) explores novel ways to make technologies more useful AND usable in everyday life (Poole, 2013). In this course, HCI experts and behavioral scientists with experience using HCI design processes and collaborating with HCI researchers will introduce an overarching development process for improving user experience in digital health interventions called human-centered design. The course will focus on two core themes: 1) facilitation of early formative work to ensure a question is being asked appropriately, see IDEO Human-Centered Design Kit for a sense of the work; and 2) teaching pragmatic skills in rapid prototyping of mHealth (i.e., text messaging and app) ideas utilizing a variety of open tools such as ifftt.com, and pacoapp.com. This course is intended for behavioral scientists who are interested in developing a digital health intervention, or want to improve upon the design of an empirically-tested digital health intervention. No technology development or artistic skills are required.

9 a.m. – 6 p.m.

Course 10: Theories and Techniques of Behavior Change Interventions SIG Course: Applying Self-Determination Theory to Health-Behavior Interventions

Fairchild

Full/Associate/Emeritus Members: \$218; Student/Trainee or Transitional Members: \$172; Non-Members: \$243

Content area: Other

Instructional level: Intermediate/advanced

**Chair:** Jennifer La Guardia, PhD, University of California, Santa Barbara, CA **Presenter:** Jennifer La Guardia, PhD, University of California, Santa Barbara, CA

Self-Determination Theory is one of the leading psychological theories on motivation & a powerful cornerstone to building a successful health initiative, program or intervention. In this training, attendees will gain a deeper understanding of SDT principles & discover precisely why SDT provides a powerful framework for: (1) Improving motivation for behavior change, (2) Cultivating value for important health behaviors, (3) Creating meaningful goals, (4) Learn to practically apply the SDT framework in actionable ways, helping researchers and practitioners translate theory into practice, (5) Explore how SDT is synergistic with your health initiatives, program, or intervention and can help create lasting change and improved long-term health outcomes, (6) Learn how to utilize SDT in different modes of treatment delivery (including mobile health, individual, and group modalities), and (7) Distinguish the SDT approach from other prominent interventions (MI, CBT, Stages of Change).

9 a.m. - 11:45 a.m. **Seminar 2: SBIR and STTR: Federal Funding Mechanisms for Improving the Reach of Behavioral Science** 

Jefferson East

Full/Associate/Emeritus Members: \$100; Student/Trainee or Transitional Members: \$50; Non-Members: \$150

**Content area:** Education, Training and/or Career Development

Instructional level: Intermediate/Advanced

Lead Presenter: Patricia Weber, DrPH, National Cancer Institute, Rockville, MD

**Co-Presenters:** James McClain, PhD, National Cancer Institute, Rockville, MD; Jennifer Shieh, PhD, National Heart, Lung, and Blood Institute, Bethesda, MD; Richard Bendis, BioHealth Innovation, Inc., Rockville, MD; and Fred Kron, MD, Medical Cyberworlds, Inc., Madison, WI

With growing interest in how the results of research are disseminated and implemented, Small Business Innovation Research (SBIR) and Small Business Technology Transfer (STTR) grants and contracts are increasingly an avenue for the translation of scientific evidence into commercial and clinical settings. Representatives from the SBIR/STTR offices of two NIH Institutes, the National Cancer Institute (NCI) and the National Heart Lung and Blood Institute (NHLBI), will provide an overview of the goals of the SBIR and STTR programs, the application and review process and how these differ from traditional research grants. An NCI Program Director from the Division of Cancer Control and Population Sciences will discuss the importance of the SBIR/STTR grant mechanism to the field of behavioral science. An SBIR awardee will give an overview of how he translated his academic behavioral research into a successful SBIR/STTR application. Finally, a seasoned healthcare investor will provide an overview of what investors are looking for from commercial behavioral health products and platforms.

Attendees will be expected to submit a one page overview of their product idea for commercialization prior to the seminar. Attendees will get detailed feedback from the presenters. Attendees will practice giving elevator pitches (short 2 min overview of their idea and its impact) similar to what might happen at a health tech event. Attendees will then give a more detailed overview of their research-informed product idea and commercialization plan, receiving feedback from the presenters.

## 9 a.m. - 11:45 a.m. **Seminar 3: Integrating Behavioral Science in the Clinical Workflow and Changing Patient-Provider Relationships**

Jefferson West

Full/Associate/Emeritus Members: \$100; Student/Trainee or Transitional Members: \$50; Non-Members: \$150

Content area: Diabetes

Instructional level: Beginner/Intermediate

Lead Presenter: Christine Renee Maldonado, PhD, Healthwise, Inc., Boise, ID

Co-Presenters: Carrie Henley, BA, Healthwise, Inc., Boise, ID; and Catherine D. Serio, PhD, Healthwise, Inc., Boise, ID

We know a great deal about what works (and what does not) in behavioral medicine. But like many fields, there is a gap between what is known and what is implemented in clinical practice and what is disseminated to the public. As both patients and providers grapple with the management of complex, chronic health conditions, there is an urgent need for information that goes beyond traditional health education and instead uses theory-based behavior change interventions in the clinical workflow. To help close the gap between theory and practice, the authors drew from the behavioral medicine literature and adopted the Sustainable Change Sequence (SCS; Elwyn, Marrin, Frosch, & White, 2014), a framework that outlines five steps that a patient needs to adopt in order to sustain health behavior change. This framework also outlines the respective evidenced-based behavior change techniques (BCTs) for each step as detailed by Abraham and Michie's (2008) taxonomy. Together, the SCS and the BCTs have been at the forefront of our content strategy and development. To support providers in targeting health information to their patients' respective behavior change step, the authors have developed a tool to assess patients' health behavior change needs. This assessment tool is linked through rich metadata to content that's been tailored to patients' specific needs. In this seminar, we will provide participants with an overview of the SCS and the underlying BCTs. We will demonstrate how a multi-disciplinary team of content developers apply the SCS and translate BCTs to produce health content that is in plain language. Participants will interact with our psychometrically-validated tool that supports providers in targeting content to their patients' behavior change needs. Using type 2 diabetes as example, we will showcase how the SCS and BCTs, our tool, and our content work in concert to support both the patient-provider relationship and patients' self-management efforts. Throughout the seminar participants will engage in discussions

#### 9 a.m. - 11:45 a.m. Seminar 6: The Path: A Nine-Component Model and Methodology for Training Resilience

Columbia 8

Full/Associate/Emeritus Members: \$100; Student/Trainee or Transitional Members: \$50; Non-Members: \$150

Content area: Stress

Instructional level: Intermediate/advanced

Lead Presenter: Stephen Sideroff, PhD, University of California, Los Angeles, CA

Presenting a model of resilience, and a self-scoring assessment tool. Stress is a significant modifier of emotional and physical symptoms and is maintained unconsciously as a distraction from emotional pain. This resistance along with a feeling of overwhelm contributes to clients' difficulty in becoming resilient. Session will identify the many aspects of client resistance to restoring autonomic balance and optimal functioning. Presenter will then introduce a nine component model of resilience along with a 40 item self-scored questionnaire that produces a resilience profile for clients, identifying their strengths and areas needing improvement. Seminar participants will have the opportunity to take the questionnaire, self-score and create their personal profile. The nine components fall into three areas: Relationship (with self, with others, and with something greater – spirituality, purpose and service), Organismic Balance and Mastery (physical, mental/cognitive, and emotional) and Process or how one engages in the world (presence, flexibility and power, defined as the ability to get things done). Each of the nine components will be described, along with exercises for their enhancement. The audience will be engaged in training each other, using these exercises, to train greater resilience along each of the nine dimensions.

## 9 a.m. - 11:45 a.m. **Seminar 7: Iterative Research Designs: Developing, Refining, and Pilot Testing Innovative Approaches** to Promoting Behavior Change

Columbia 10

Full/Associate/Emeritus Members: \$100; Student/Trainee or Transitional Members: \$50; Non-Members: \$150

Content area: Diabetes

Instructional level: Intermediate/advanced

Lead Presenter: Sarah S. Jaser, PhD, Vanderbilt University, Nashville, TN

**Co-Presenters:** Deborah Ellis, PhD, Wayne State University, Detroit, MI; Nancy Petry, PhD, University of Connecticut, Farmington, CT; Catherine Stanger, PhD, Dartmouth College, Hanover, NH; Shelagh A. Mulvaney, PhD, Vanderbilt University, Nashville, TN; and Christine M. Hunter, PhD, ABPP, National Institute of Diabetes and Digestive and Kidney Diseases, Bethesda, MD

There is a need to develop new and better interventions to promote behavior change to address problems with adherence. Iterative research designs allow for studies to develop, refine, and pilot test innovative strategies. In this seminar, independently-funded investigators will share strategies for iterative research designs of behavioral interventions, with early feasibility phases informing larger trials. We draw from cognitive training (Cogmed), e-health and technology (interactive apps), positive psychology, mindfulness, and incentive-based approaches to address the same challenge: improving adherence in adolescents and young adults with type 1 diabetes. We will discuss iterative study designs, lessons learned, and tools for decision-making regarding intervention readiness for additional testing and development, including statistical approaches to evaluate small sample sizes. Topics covered in this course have wide-ranging implications for designing and testing behavioral interventions for youth with chronic diseases in particular and for the broader development of novel behavior change interventions.

12 p.m. - 2:45 p.m. Seminar 9: Beyond Informed Consent: Designing Impactful Orientation Sessions for Randomized Trials to Maximize Engagement and Retention

Lincoln East

Full/Associate/Emeritus Members: \$100; Student/Trainee or Transitional Members: \$50; Non-Members: \$150

Content area: Methods

Instructional level: Intermediate

Lead Presenter: Danielle E. Schoffman, University Of South Carolina, Columbia, SC

Co-Presenters: Michaela Kiernan, PhD, Stanford University, Stanford, CA

Orientation sessions are often the first point of contact for research staff and participants and offer an important opportunity to set the tone of the research experience ahead. However, many studies do not take advantage of the time in orientation sessions to engage participants on a deep level in the research experience as well as provide participants with an understanding of the full commitment involved in enrolling. This interactive seminar will provide detailed examples that illustrate how techniques from an innovative approach were applied across a variety of research settings as well as an intensive hands-on session to assist attendees in their planning and implementation of similar techniques in their research. First, presenters will briefly describe an innovative approach to orientation sessions developed by our collaborative research team. This approach emphasizes that trial participants should be partners in the research process, that a full and clear picture of the expectations for trial participation should be presented, and that trial participants should be allowed sufficient time and space to explore ambivalence about committing to the study rather than making a decision at a single visit. Second, presenters will describe details of how the original orientation session approach has now been adapted for use in a number of research projects, including different geographic locations across the US from the Southeast to California, age groups from children to adults, health behaviors from weight loss to physical activity, and research designs from in-person groups to remotely-delivered interventions. Third, presenters will facilitate intensive small-group break-out sessions for attendees to brainstorm ways to implement the orientation session techniques in their own research as well as troubleshoot anticipated barriers to using these techniques. The small groups will share strategies and solutions with the larger group and the presenters will share some of the commonly encountered barriers to implementation experienced by PIs and research staff. Finally, the presenters will discuss future directions including suggestions for systematic measurement of the techniques presented and empirical tests of the impact of specific elements of the approach on recruitment and retention process indicators. Participants will leave prepared to implement some of the orientation session techniques discussed.

## 3:15 p.m. - 6 p.m. Seminar 12: Building Just-In-Time Adaptive Interventions in Mobile Health: The Role of Micro-Randomized Trials

Columbia 11

Full/Associate/Emeritus Members: \$100; Student/Trainee or Transitional Members: \$50; Non-Members: \$150

Content area: Methods

Instructional level: Beginner/intermediate

Lead Presenter: Inbal Nahum-Shani, PhD, University of Michigan, Ann Arbor, MI

**Co-Presenters:** Susan Murphy, PhD, University of Michigan, Ann Arbor, MI; Bonnie Spring, PhD, Northwestern University, Evanston, IL; David E. Conroy, PhD, Pennsylvania State University, State College, PA; Predrag Klasnja, PhD, University of Michigan, Ann Arbor, MI; and Daniel Almirall, PhD, University of Michigan, Ann Arbor, MI

A "Just-in-Time Adaptive Intervention" (JITAI) is an emerging mobile health intervention design aiming to provide support "just-in-time", namely whenever and wherever support is needed; via "adaptation", namely by using ongoing information on the dynamics of an individual's emotional, social, physical and contextual state to individualize the type and delivery timing of support. The adaptation in a JITAI is intended to ensure that the right type of support is provided whenever the person is (a) vulnerable and/or open to positive changes, and (b) receptive, namely able and willing to receive, process and utilize the support provided. In this seminar, we will introduce micro-randomized trial (MRT), a new trial design useful tool for addressing scientific questions concerning the construction of JITAIs. Specifically, we will provide an introduction to JITAIs, as well as examples of key scientific questions that need to be addressed in the development of these interventions. We will then discuss how the MRT design can be used to answer these scientific questions and clarify its key design features. Two case studies involving the design of a MRT will be used for illustration. The first concerns the development of a JITAI aiming to address states of heightened vulnerability among smokers attempting to quite. The second concerns the development of a JITAI aiming to capitalize on natural opportunities for promoting physical activity among sedentary adults. Useful data analysis methods for developing JITAIs will be discussed, as well as directions for future research. The emphasis of this seminar is on applications rather than on technical details.

#### 12 p.m. – 6 p.m. Seminar 13: NIH Grantpersonship: Opportunities to Fund Research and Training

Jefferson West

Full/Associate/Emeritus Members: \$125; Student/Trainee or Transitional Members: \$75; Non-Members: \$175

Content area: Other

Instructional level: Beginner/Intermediate

Lead Presenter: William N. Elwood, PhD, National Institutes of Health, Bethesda, MD

**Co-Presenters:** Stephane Philogene, PhD, National Institutes of Health, Bethesda, MD; Veronica L. Irvin, PhD, MPH, Oregon State University, Corvallis, OR; Robert M. Kaplan, PhD, Agency for Healthcare Research and Quality, Rockville, MD; Heather Orom, PhD, University at Buffalo, Buffalo, NY; Dawn K. Wilson, PhD, University of South Carolina, Columbia, SC; Richard P. Moser, PhD, National Cancer Institute, Bethesda, MD; Michael J. Stirratt, PhD, National Institute of Mental Health, Rockville, MD; Christopher Wheldon, PhD, National Cancer Institute, Bethesda, MD; Marcia S. Scott, PhD, National Institute on Alcohol Abuse and Alcoholism, Bethesda, MD; and Lisa Freund, PhD, and Karen Lee, MD, National Institute on Child Health and Human Development, Rockville, MD

This seminar will provide participants with information and advice to write competitive applications for National Institutes of Health (NIH) funding. The format will include didactic presentations, guidance on summary statement interpretation, and small group mentoring sessions. NIH scientists and review officers will describe current funding opportunities, grant mechanisms, policies, procedures, and steps in the grant submission process. Current and past NIH-based fellows will share experiences on how their fellowships influenced their respective career trajectories.

There will be ample time to answer questions regarding programmatic and review issues related to the NIH funding process. In addition, experiential and small-group activities will deepen participants' knowledge of the grant writing process and provide individually-tailored feedback. Presenters will describe the roles and interactions among various study section participants, including the NIH review officer, review group chair, and assigned reviewers.

Participants who'd like tailored advice for their projects-in-development should bring at least five paper copies of a one- to two-page synopsis of the research aims, hypotheses, and methods. Participants interested in fellowship opportunities should bring a similar number of vitae/biosketches. NIH staff and senior investigators will provide participants with detailed feedback and advice.

#### 12 p.m. – 6 p.m. Seminar 14: The Nuts and Bolts of Behavioral Intervention Development

Monroe

Full/Associate/Emeritus Members: \$125; Student/Trainee or Transitional Members: \$75; Non-Members: \$175

Content area: Methods

Instructional level: Beginner/intermediate

**Lead Presenters:** Sylvie Naar-King, PhD, Wayne State University, Detroit, MI; and Susan M. Czajkowski, PhD, National Cancer Institute, Bethesda, MD **Co-Presenters:** Christine M. Hunter, PhD, ABPP, National Institute of Diabetes and Digestive and Kidney Diseases, Bethesda, MD; Yuan Ji, PhD, NorthShore University HealthSystem, Evanston, IL; Audrey Boruvka, PhD, University of Michigan, Ann Arbor, MI; Inbal Nahum-Shani, PhD, University of Michigan, Ann Arbor, MI; Frank Perna, EdD, PhD, National Cancer Institute, Bethesda, MD; Bethany Raiff, PhD, Rowan University, Glassboro, NJ; Kenneth E. Freedland, PhD, Washington University in St. Louis, St Louis, MO; and Angela J. Jacques-Tiura, PhD, Wayne State University, Detroit, MI This seminar will provide investigators who are interested in the design and preliminary testing of health-related behavioral interventions an opportunity to: (1) learn about the ORBIT model, a new framework for developing behavioral treatments for chronic diseases; (2) learn about

opportunity to: (1) learn about the ORBIT model, a new framework for developing behavioral treatments for chronic diseases; (2) learn about appropriate study designs and methods for early-phase behavioral intervention research, including which methods are appropriate at each phase of the behavioral intervention development process; and (3) apply the ORBIT model and knowledge about relevant methodologies to their own behavioral treatment research. The format will include didactic presentations, question and answer sessions, and small group discussions in which participants will be provided with advice to help them design their own behavioral intervention development project. NIH and extramural behavioral scientists will describe their own experiences in designing and conducting behavioral intervention development studies, bringing these "lessons learned" to bear in advising seminar attendees on their individual projects.

Didactic presentations will provide detailed information about methodologies and study designs most applicable to the early phases of behavioral intervention design and testing (e.g., qualitative research and small-N studies, dose-finding studies, adaptive and fractional factorial designs, and pilot studies), with ample time allotted for questions and discussion. In addition, experiential and small-group activities will deepen participants' knowledge of and skills needed for designing a behavioral intervention development program, allowing time for tailored advice and feedback.

Participants will be asked to submit in advance a 1-2 page synopsis (e.g., abstract, research aims, hypotheses, proposed methods) of a behavioral intervention development project, which can be one they are considering submitting for funding, along with specific questions they may have

regarding the process of behavioral intervention development. These will be discussed in small groups led by NIH staff and senior investigators, allowing participants to receive detailed feedback and advice to enhance the quality of their grant applications for designing, refining and early-phase testing of health-related behavioral interventions.

112 p.m. – 6 p.m.

Seminar 16: Understanding the Principles at Work in Mind-Body Programs and Integrating those into Behavior Change Interventions

Columbia 8

Full/Associate/Emeritus Members: \$125; Student/Trainee or Transitional Members: \$75; Non-Members: \$175

**Content area:** Complementary and Integrative Medicine

Instructional level: Intermediate/advanced

Lead Presenter: James Carmody, PhD, University of Massachusetts, Worcester, MA

Behavioral interventions increasingly incorporate mindfulness and other mind-body modalities to support change and maintenance of health-related behaviors and better coping with the distress commonly accompanying unhealthy behaviors. These practices allow experiential recognition of the areas of experience that attention and awareness get caught, and those avoided or missed. Cultivating a capacity to recognize and hold our most difficult parts while still being available for the broader landscape of experience enables creative responding where automatic reactivity and conditioned patterns would otherwise prevail. Although often presented as unique, mind body modalities have their effects through shared psychological principles that are readily learned and adapted. This full day seminar will give participants both the theory and practice of these qualities of attending that are associated with distress and well-being and demonstrate the common ground mindfulness and other mind body programs share with therapeutic modalities such as CBT. Understanding these parallels enables their seamless integration into behavioral change interventions that suit the needs, language and circumstances of your population. The seminar will provide experiential instruction drawn from the presenter's own research and clinical experience as well as four decades of practice and teaching mindfulness meditation, yoga and mindful movement. There will be opportunity for dialogue, reflection and role-play in creatively adapting, presenting and teaching these principles in ways that make them meaningful and accessible for clients' individual circumstances including awareness exercises that can be integrated into the experience of daily life. It is suitable for a range of backgrounds. Learning Objectives: Understand theoretical underpinnings of mind body modalities; Practice these principles using mindfulness and mind body exercises; Adapt what is learned to various patient circumstances.

#### 16 p.m. – 7 p.m. **Poster Session A/Exhibit Hall Open**

Columbia 1-5

This poster session provides attendees with their first opportunity to view posters, meet exhibitors, and network with other attendees. Cash bar and complimentary hors d'oeuvres will be provided.

#### DAY AT A GLANCE

Start	End	Title
6:15 a.m.	7 a.m.	Meditation
7 a.m.	7 p.m.	Registration Open
7:15 a.m.	8 a.m.	Breakfast Roundtables
8:15 a.m.	9:30 a.m.	Symposia
9:45 a.m.	10:45 a.m.	Opening Keynote
11 a.m.	12 p.m.	Panel Discussions/Midday Meetings
12 p.m.	1 p.m.	Null Results Poster Session/Exhibit Hall Open
12:30 p.m.	1:30 p.m.	Master Lecture/Paper Sessions
1:45 p.m.	3 p.m.	Symposia
3:15 p.m.	4:45 p.m.	Paper Sessions
5 p.m.	6 p.m.	Presidential Keynote and Awards Ceremony
6 p.m.	7 p.m.	Poster Session B/Exhibit Hall Open

6:15 a.m. – 7 a.m.

Complementary and Integrative Medicine SIG Presents: Meditation

Columbia 3-4

Instructor: Jennifer L. Matthews, MS

Wake up and start your day off right with a meditation session.

This session not eligible for continuing education credit.

7 a.m. – 7 p.m.

Registration Open

7:15 a.m. – 8 a.m.

Breakfast Roundtable: Physical Activity SIG Meeting

International Ballroom East

**Moderators:** Beth A. Lewis, PhD, University of Minnesota, Minneapolis MN; and Melissa A. Napolitano, PhD, George Washington University, Washington, DC

The Physical Activity SIG will provide an update on membership, give out the local innovator and outstanding student abstract awards, and provide a forum for attendees to discuss current topics related to physical activity research and funding.

This session not eligible for continuing education credit.

International Ballroom West

7:15 a.m. – 8 a.m.

Breakfast Roundtable: Introducing the Robert Wood Johnson Foundation's Culture of Health Mission and Research Funding Programs

Moderator: Tracy Orleans, PhD, Robert Wood Johnson Foundation, Princeton, NJ

This two-part roundtable will introduce: (1) RWJF's new mission to build a Culture of Health in America, in which everyone has the opportunity to live their healthiest life possible; and (2) three new national research programs which together will award \$25M over the next three years for innovative research on policies, laws, system interventions, and community dynamics that improve health and well-being, with emphasis on sectors not typically associated with health, such as transportation and housing.

Representatives from RWJF (Tracy Orleans) and its RAND Corporation partners (Anita Chanda and Vivian Towe) will join national research program leaders to describe the following new research funding programs:

- Evidence for Action, led by Nancy Adler and David Vlahov at UCSF, and Claire Gibbons and Tracy Costigan at RWJF, will support a new program
  of investigator-initiated research that spans the full range of topics and methodologies needed to build an evidence base for a Culture of Health.
- Policies for Action, led by Scott Burris at Temple University and Kerry Anne McGeary and Mona Shah at RWJF, will explore how policies, laws
  and regulations in both the public and private sectors can support a Culture of Health. This new program will build on the work of RWJF's
  Public Health Law Research Program.

Better Health Through Behavior Change

Systems for Action, led by Glen Mays and Anna Hoover at the University of Kentucky, and Carolyn Miller and Oktawia Wojcik at RWJF, will
identify and explore system innovations and interactions to align the delivery and financing systems that support a Culture of Health including
medical care, public health and prevention, and social and community services. It will build on the work of RWJF's National Coordinating
Center for Public Health Services and Systems Research.

This session not eligible for continuing education credit.

#### 7:15 a.m. – 8 a.m. Breakfast Roundtable: Technology SIG Presents: Technology Preview aka Tech Madness

Lincoln East

Moderator: David Ahern, PhD, Brigham & Women's Hospital and the National Cancer Institute, Boston MA

The Technology SIG will host a preview of the day's technology-oriented talks, panels, and symposia, with speakers providing brief summaries of their presentations. The meeting will also provide an open forum for discussion of the technology related activities at the SBM meeting. The Technology SIG will also be presenting their Student Award for Innovation to Stephanie P. Goldstein, Drexel University, Philadelphia, PA; and their Student Award for Significance to the Field of Digital Health to Brooke T. Nezami, MA, University of North Carolina at Chapel Hill, Chapel Hill, NC. This session not eligible for continuing education credit.

## 7:15 a.m. – 8 a.m. Breakfast Roundtable: Civic and Public Engagement Committee Presents: How are Behavioral Scientists Affecting Health Policy in their States? Stories from the Homefront

Lincoln West

**Moderators:** Sherry Pagoto, PhD, University of Massachusetts Medical School, Worcester, MA; Stephenie Lemon, PhD, University of Massachusetts Medical School, Worchester, MA; and Paul Korte, PhD, Harry S. Truman Memorial Veterans' Hospital, Fulton, MO

Behavioral science has enormous potential to impact policy but only if behavioral scientists engage at the policy level. Three SBM members will tell their stories of how they have gotten involved at the policy level in their states and what motivated them to do so. Dr. Pagoto will talk about how she had the opportunity to inform Massachusetts state legislators of the science about the dangers of indoor tanning as they contemplated legislation banning indoor tanning in minors. Dr. Lemon will discuss her role in a local public health collaborative in which she has the opportunity to inform policies and strategic priorities related to physical activity and healthy eating. Dr. Korte will talk about his involvement in the Missouri Psychological Association and it's advocacy for Medicaid to reimburse for Health and Behavior CPT codes. Attendees will be invited to listen as well as tell their stories of how they have gotten involved in policy in their cities or states. The purpose of the session will be to inspire SBM members to find ways to connect with policymakers and stakeholders locally to bring the science to the policy table.

This session not eligible for continuing education credit.

#### 7:15 a.m. - 8 a.m. Breakfast Roundtable: Integrated Primary Care SIG Business Meeting

Georgetown East

Moderator: James E. Aikens, PhD, University of Michigan, Ann Arbor, MI

The Integrated Primary Care SIG business meeting will include discussion of: SIG activities, budget, and governance; collaborative efforts; announcement of the 2016 Trainee Travel Award; and networking with potential collaborators.

This session not eligible for continuing education credit.

#### 7:15 a.m. – 8 a.m. Breakfast Roundtable: Multiple Health Behavior Change SIG Business Meeting

Georgetown West

**Moderators:** Lori A. J. Scott-Sheldon, PhD, The Miriam Hospital Brown University, Providence, RI; and Jayson J. Spas, PhD, Rhode Island College, South Kingstown, RI

The focus of the 2016 Multiple Health Behavior Change SIG business meeting is to (a) review the findings from our survey of MHBC SIG members, (b) discuss ideas for future activities, and (c) present awards to the Outstanding Graduate Student and/or Post-Doctoral Fellow Oral Abstract Awardees. The award winner(s) will present a brief oral presentation of their research during the meeting. Those interested in joining the MHBC SIG are welcome to attend.

7:15 a.m. – 8 a.m. Breakfast Roundtable: Obesity and Eating Disorders and Student SIGs Present: Achieving Work/Life
Balance in an Age of Opportunities

Jefferson East

Moderators: Brenna N. Renn, MA, Baylor College of Medicine, Houston, TX; and Morgan Lee, MA, University of South Florida, Tampa, FL

Co-Presenters: Kristin Schneider, PhD, Rosalind Franklin University of Medicine and Science, North Chicago, IL; Monica L. Wang, ScD, MS, Boston University, Boston, MA; Andrea T. Kozak, PhD, Oakland University, Rochester, MI; Laura L. Hayman, PhD, RN, FAAN, University of Massachusetts Boston, Boston, MA; Lori Pbert, PhD, University of Massachusetts Medical School, Worcester, MA

This panel discussion will provide participants at different levels of training (e.g., undergraduate student, graduate student, post-doctoral fellow, assistant professor) with advice and strategies on how to make career-related decisions with personal life issues in mind.

This session not eligible for continuing education credit.

#### 7:15 a.m. – 8 a.m. Breakfast Roundtable: Spirituality and Health Business Meeting

Jefferson West

**Moderators**: John Salsman, PhD, Wake Forest School of Medicine, Winston-Salem, NC; and Andrea Clements, PhD, East Tennessee State University, Johnson City, TN

Modifications to the Spirituality and Health SIG election process will be presented and voted on. Ideas for increased collaboration will be presented and discussed.

This session not eligible for continuing education credit.

#### 7:15 a.m. - 8 a.m. Breakfast Roundtable: Population Health Science SIG Business Meeting

Monroe

Moderators: Lila J. Finney Rutten, PhD. MPH, and Teresa M. Smith, PhD. MS. Mayo Clinic, Rochester, MN

This session will offer Dr. Smith a chance to describe her priorities and plans for the SIG.

This session not eligible for continuing education credit.

7:15 a.m. – 8 a.m. Breakfast Roundtable: Scientific and Professional Liaison Council and International Society of Behavioral Medicine Present: Collaborations on Global Behavioral Health

Fairchild

**Moderators:** Sherri Sheinfeld Gorin, PhD, Columbia University National Cancer Institute/NYPAC, New York, NY; Frank J.Penedo, PhD, Northwestern University Feinberg School of Medicine, Chicago IL; and Joost Dekker, PhD, VU University Medical Center, Amsterdam, Netherlands

This session between the International Society of Behavioral Medicine (ISBM) and SBM's Scientific and Professional Liaison Council (SPLC) will foster liaisons toward development of a health policy brief or joint publication focused on an area of global behavioral health, such as disseminating the HPV vaccine. The session will be interactive, and will also introduce attendees to ISBM, of which SBM is a founding society. ISBM seeks to promote effective international communication between individuals and national groups to facilitate research, clinical, and training activities on a worldwide basis. ISBM publishes the International Journal of Behavioral Medicine, and plans to hold its 2016 congress in Melbourne, Australia. As SBM is a member society, SBM members are in turn a part of ISBM, can receive the ISBM journal, and can register at a reduced rate for the 2016 Congress.

7:15 a.m. - 8 a.m. Breakfast Roundtable: Panel: Coordination of Clinical Research Using Free Web- and Smartphone-

Based Tools: The Current and Future Landscape

Cabinet

Moderators: Christina M. Hopkins, BS, University of Pennsylvania, PA; and Madelyn Ruggieri, BA, and E. Amy Janke, PhD, University of the Sciences, Philadelphia, PA

Clinical research could not be complete without the hard work of a well-managed research team. With more of us working remotely and collaborating with investigators in other locations, it is becoming increasingly necessary to manage a larger and more diverse team of research staff, not all of whom are physically present for all projects. This panel will discuss web- and smartphone-based tools used to facilitate seamless research staff management and coordination. Tools discussed will include: (1) collaborative task list software, (2) shared note-taking programs, and (3) a private chat service for quick communications. In a University-based research lab investigating health behavior change, investigators and clinical coordinators have used these tools successfully to manage a team of undergraduate and graduate students, as well as continue to collaborate with students post-graduation. A demonstration of all tools will be included, as well as additional resources for other tools not used by this team. Group discussion following the panel presentation will focus on current needs of clinical researchers that could be addressed by future

This session not eligible for continuing education credit.

7:15 - 8 a.m. Breakfast Roundtable: Theories and Techniques of Behavior Change Intervention (TTBCI) SIG Meeting

Columbia 6

Moderator: Heather L. Gainforth, PhD, University of British Columbia, Vancouver, British Columbia, Canada

The focus of the SIG is to exchange ideas and foster collaboration with the aims of a) developing methods for specifying intervention content, b) evaluating the theory base of interventions, and c) linking behavior change techniques to theory. The first half of this meeting will report on the third year of the TTBCI SIG, discuss ideas for future activities and plan for the coming year and for the longer-term. The second half of this meeting will consist of a fast-paced data blitz showcasing student abstracts being presented at SBM that are relevant to the SIG's focus. Following the data blitz, students will have the opportunity to discuss their research with senior mentors and members of the SIG.

This session not eligible for continuing education credit.

Breakfast Roundtable: Violence and Trauma SIG Breakfast Business Meeting 7:15 a.m. – 8 a.m.

Columbia 8

Moderator: Emily F. Rothman, ScD, University College London, London, United Kingdom

This is the annual in-person business meeting of the Violence and Trauma SIG.

This session not eligible for continuing education credit.

7:15 a.m. – 8 a.m. Breakfast Roundtable: Sleep SIG-in-Formation Organization Meeting

Columbia 9

Moderator: Tracy Trevorrow, PhD, Chaminade University, Honolulu, HI

A new SBM SIG is being formed, centered on behavioral sleep medicine. This will be the first organizing meeting of the Sleep SIG-in-Formation. For our inaugural breakfast meeting, all SBM members with interest in sleep-related issues are encouraged to attend, regardless of training background. A special invitation is extended to student members. The Sleep SIG-in-Formation aims to promote awareness of the role of sleep and circadian rhythms in health and well-being. It will serve as a forum for advancing behavioral sleep medicine through collaboration among SBM members, for increasing sleep-related program presentations and workshops at SBM conferences, and for supporting junior investigators who have interests in sleep research, clinical assessment and treatment of sleep disorders, and community and organizational policy.

#### 7:15 a.m. – 8 a.m. Breakfast Roundtable: Ethnic Minority and Multicultural Health SIG Business Meeting

Columbia 10

Moderators: Clement Gwede, PhD, MPH, RN, FAAN, H Lee Moffitt Cancer Center, Tampa, FL; and Jamilia Sly, PhD, ICAHN School Medicine at Mount Sinai, New York, NY

The EMMH SIG business meeting will convene members to discuss several SIG business matters including mentoring, student and early career awards, SIG leadership, 2016 SIG sessions, and future SIG activities and conference planning. We plan to present the recipients of our annual student and early-career research abstract awards. The award winners will each give a 5-minute overview of their study. We will also present the EMMH mentoring award to an SBM member who has demonstrated outstanding mentoring qualities, particularly for ethnic minorities. Finally, we will acknowledge the dedication and commitment of an EMMH SIG member through our first annual service award. The remainder of the meeting will be dedicated to reviewing EMMG SIG business. This will include a review of SIG activities in the past year, the current EMMH SIG pre-conference day and mentoring sessions and symposia, financial reports from the last year and co-chair election results (and transition of new co-chair). The EMMH SIG will have a brief discussion of potential topics and next steps the SIG should focus on in 2016-2017.

This session not eligible for continuing education credit.

#### 7:15 a.m. – 8 a.m. Breakfast Roundtable: Health Decision Making SIG Business Meeting

Columbia 11

**Moderators:** Christine Rini, PhD, University of North Carolina at Chapel Hill, Chapel Hill, NC; and Sarah Lillie, PhD, Minneapolis VA Center for Chronic Disease Outcomes Research, Minneapolis, MN

The Health Decision Making SIG will provide a preview of this year's sponsored events, discuss future goals, host the Annual HDM Awards Ceremony, elect new leadership, and serve as a meet-and-greet.

This session not eligible for continuing education credit.

## 8:15 a.m – 9:30 a.m. **Symposium 1: New Approaches to Obesity Prevention and Treatment: Findings From the Obesity- Related Behavioral Intervention Trials (ORBIT)**

International Ballroom East
Content area: Obesity

Instructional level: Beginner/intermediate

Chair: Susan M. Czajkowski, PhD, National Cancer Institute, Bethesda, MD

Presenters: Hollie Raynor, PhD, RD, University of Tennessee, Knoxville, TN; Angela J. Jacques-Tiura, PhD, Wayne State University, Detroit, MI; and

Erica Phillips, MD, MS, Weill Cornell Medical College, New York, NY **Discussant:** Bonnie Spring, PhD, Northwestern University, Chicago, IL

#### 8:15 a.m. - 9:30 a.m. Symposium 2: Novel Intervention Strategies for Reducing Sedentary Behavior in the Workplace

International Ballroom West

Content area: Other

Instructional level: Intermediate

Chair: Emily L. Mailey, PhD, Kansas State University, Manhattan, KS

Presenters: Matthew Buman, PhD, Arizona State University, Phoenix, AZ; and Lucas Carr, PhD, University of Iowa, Iowa City, IA

Discussant: Abby King, PhD, Stanford University School of Medicine, Stanford, CA

Better Health Through Behavior Change

## THURSDAY, MARCH 31, 2016

8:15 a.m. – 9:30 a.m. Symposium 3: Cancer SIG Presents: Best Practices and Lessons Learned: Using Technologies in

Cancer Prevention and Cancer Control Interventions

Lincoln East

Content area: Other

Instructional level: Intermediate

Chair: Maria Swartz, PhD, MPH, RD, University of Texas Medical Branch, Missouri City, TX

**Presenters:** Karen Basen-Enquist, BA, MPH, PHD, University of Texas MD Anderson Cancer Center, Houston, TX; Carmina G. Valle, PhD, MPH, University of North Carolina at Chapel Hill, Chapel Hill, NC; Elizabeth Lyons, PhD, MPH, University of Texas Medical Branch, Galveston, TX; and

Susan K. Peterson, PhD, MPH, The University of Texas MD Anderson Cancer Center, Houston, TX

Discussant: David K. Ahern, PhD, National Cancer Institute, Rockville, MD

8:15 a.m. – 9:30 a.m. Symposium 4: Military and Veterans' Health SIG Presents: Managing Complex Patients in Patient

Centered Medical Homes: Lessons Learned from the Veterans Health Administration

Lincoln West

Content area: Primary Care

Instructional level: Intermediate/advanced

Chair: David E. Goodrich, EdD, Center for Clinical Management Research, VA Ann Arbor HCS, Ann Arbor, MI

Presenters: Matthew L. Maciejewski, PhD, Durham VA Medical Center and Duke University, Durham, NC; Evelyn Chang, MD, MSHS, VA Greater Los

Angeles Healthcare System, Los Angeles, CA; and Karin Nelson, VA Puget Sound, Seattle, WA **Discussant:** Stephan D. Fihn, MD, MPH, FACP, Veterans Health Administration, Seattle, WA

8:15 a.m. – 9:30 a.m. Symposium 5: Diabetes SIG Presents: Burden of Physical and Psychological Challenges in People with

Diabetes as they Manage their Efforts to Follow Health Behaviors

Georgetown East
Content area: Diabetes

Instruction level: Intermediate

Chair: Barbara Stetson, PhD, University of Louisville, Louisville, KY

**Presenters:** Amy Huebschmann, MD, MS, University of Colorado School of Medicine, Aurora, CO; Chelsea Rothschild, PhD, VA Tennessee Valley Health Care System / University of Louisville, Murfreesboro, TN; Elizabeth A. Beverly, PhD, Ohio University, Athens, OH; and Marilyn D. Ritholz, PhD,

Joslin Diabetes Center, Boston, MA

Discussant: William Tynan, PhD, American Psychological Association, Washington, DC

8:15 a.m. – 9:30 a.m.

Symposium 6: Addressing Health Disparities Faced by Black and Latina Women: Research Participation, Health Risks, and Health Care Utilization

Georgetown West
Content area: Other

Instructional level: Intermediate

Chair: Lisa Rosenthal, PhD, Pace University, New York, NY

Presenters: Nicole M. Overstreet, PhD, Clark University, Worcester, MA; and Cheryl L. Woods-Giscombe, PhD, PMHNP, The University of North

Carolina at Chapel Hill, Chapel Hill, NC

Discussant: Tene Lewis, PhD, Emory University, Rollins School of Public Health, Atlanta, GA

8:15 a.m. – 9:30 a.m. Symposium 7: Does Location Really Matter? An In-Depth Look at Indoor Tanning in Salons, Private Homes, and Other Non-Salon Locations

Jefferson East
Content area: Cancer

Instructional level: Beginner/intermediate

Chair: Dawn Holman, MPH, Centers for Disease Control and Prevention, Division of Cancer Prevention and Control, Atlanta, GA

Presenters: Sherry Pagoto, PhD, University of Massachusetts Medical School, Worcester, MA: Lori A, Crane, PhD, MPH, University of Colorado

Anschutz Medical Campus, Aurora, CO; and Joel Hillhouse, PhD, East Tenneessee State University, Johnson City, TN

Discussant: Alan Geller, MPH, Harvard School of Public Health, Boston, MA

8:15 a.m. – 9:30 a.m. **Symposium 8: Technology SIG Presents: Bridging the Digital Divide in Health Care: Can Behavioral Medicine Help?** 

Jefferson West
Content area: Other

Instructional level: Beginner/intermediate

Chair: Bradford W. Hesse, PhD, National Cancer Institute, Bethesda, MD

Presenters: Timothy Bickmore, PhD, Northeastern University, Boston, MA; Camille Nebeker, EdD, MS, UC San Diego School of Medicine, La Jolla,

CA; and Michael C. Gibbons, MD, MPH, Federal Communications Commission, Washington, DC

Discussant: Lila Finney Rutten, PhD, MPH, Mayo Clinic, Rochester, MN

8:15 a.m. – 9:30 a.m. **Symposium 9: Promoting Practical Adherence Interventions at the Patient, Provider, and System Levels** 

Monroe

Content area: Other

Instructional level: Intermediate

Chairs: Michael J. Stirratt, PhD, NIMH Division of AIDS Research, Bethesda, MD; Janet de Moor, PhD, MPH, National Cancer Institute, Bethesda, MD Presenters: Frank Treiber, PhD, Medical University of South Carolina, Charleston, SC; Deborah Jones, PhD, University of Miami, Miami, FL; Niteesh Choudhry, MD, PhD, Harvard Medical School, Boston, MA

8:15 a.m. – 9:30 a.m.

Symposium 10: If the Body Says Yes, Does the Brain Say No? Neurocognitive Perspectives on Risky Sexual Behavior and Decision Making

Fairchild

Content area: HIV/AIDS

Instructional level: Intermediate

Chairs: Angela Bryan, PhD, University of Colorado Boulder, Boulder, CO; Sarah W. Feldstein Ewing, PhD, Oregon Health & Science University,

Portland, OR

**Presenters:** H. Jonathon Rendina, PhD, MPH, Hunter College, CUNY, New York, NY; Casey K. Gardiner, AB, University of Colorado Boulder, Boulder, CO; and Sarah W. Feldstein Ewing, PhD, Oregon Health & Science University, Portland, OR

Discussant: Marguerita Lightfoot, PhD, University of California, San Francisco, San Francisco, CA

Better Health Through Behavior Change

## THURSDAY, MARCH 31, 2016

8:15 a.m. – 9:30 a.m. **Symposium 11: Military and Veterans' Health SIG Presents: Chronic Condition Management and** 

**Prevention among Veterans** 

Cabinet

Content area: Other

Instructional level: Beginner/intermediate

Chair: Jeffrey P. Haibach, PhD, MPH, Department of Veterans Affairs, Pittsburgh, PA

Presenters: Tannaz Moin, MD, MBA, MSHS, VA Greater Los Angeles and David Geffen School of Medicine at UCLA, Los Angeles, CA; and Samantha

D. Outcalt, PhD, ABPP, Roudebush VA Medical Center, Indianapolis, IN

Discussant: Robert D. Kerns, PhD, VA Connecticut Healthcare System, West Haven, CT

8:15 a.m. - 9:30 a.m. Symposium 12: Women's Health SIG Presents: Null Findings: Lessons Learned When P>.05

Columbia 6

Content area: Methods

Instructional level: Intermediate/advanced

Chair: Jennifer L. Huberty, PhD, Arizona State University, Phoenix, AZ

Presenters: Sherry Pagoto, PhD, University of Massachusetts Medical School, Worcester, MA; and Gary Bennett, PhD, Duke University, Raleigh, NC

Discussant: Eric Hekler, PhD, Arizona State University, Phoenix, AZ

8:15 a.m. – 9:30 a.m. Symposium 13: Cancer SIG Presents: Socioeconomic Status and Cancer: How Does it Work?

Columbia 8

Content area: Cancer

Instructional level: Intermediate

Chair/Discussant: Deborah Bowen, PhD, University of Washington, Seattle, WA

Presenters: Arnold L. Potosky, Georgetown University Medical Center, Washington, DC; Felisa Gonzales, PhD, National Cancer Institute, Rockville,

MD; and Aimee James, PhD, MPH, Washington University in St Louis School of Medicine, St Louis, MO

8:15 a.m. – 9:30 a.m. **Symposium 14: Reducing Childhood Obesity Disparities: Insights from Global Strategies to Achieve Health Equity** 

Columbia 9

Content area: Obesity
Instructional level: Beginner

Chair: Vivica I. Kraak, PhD, RD, Virginia Tech, Blacksburg, VA

**Presenters:** Shiriki Kumanyika, PhD, MPH, African American Collaborative Obesity Research Network and Research Professor in Community Health and Prevention, Drexel University School of Public Health, Philadelphia, PA; Tim Lobstein, PhD, World Obesity Federation, London, United Kingdom;

and Nicola Dawkins-Lyn, PhD, MPH, ICF International, Atlanta, GA

Discussant: Karabi Archarya, ScD, MHS, Robert Wood Johnson Foundation, Princeton, NJ

8:15 a.m. – 9:30 a.m. Symposium 15: Diverse Approaches and Techniques for Motivating Quit Attempts in Smokers Who are

Not Ready to Quit and Assisting Smokers to Quit

Columbia 10

Content area: Smoking/tobacco

Instructional level: Intermediate/Advanced

Chair/Discussant: Alison J. Wearden, BSc, MSc, PhD, University of Manchester, UK, Manchester, United Kingdom

**Presenters:** Belinda Borrelli, BA, MA, PhD, Henry M Goldman School of Dental Medicine, Boston University, Boston, MA; Christopher J. Armitage, BA, PhD, CPsychol, University of Manchester, Manchester, United Kingdom; and Kiera Bartlett, BSc, MSc, PhD, University of Manchester,

Manchester, United Kingdom

8:15 a.m. – 9:30 a.m. Symposium 16: Military and Veterans' Health SIG Presents: Impacts of Binge Eating on Health: An

Update on Assessment, Treatment, Outcomes, and Potential Mechanisms

Columbia 11

Content area: Obesity
Instructional level: Beginner

Chair: Mindy L. McEntee, MS, University of New Mexico, Albuquerque, NM

Presenters: Lindsey Dorflinger, PhD, VA Connecticut Healthcare System, West Haven, CT; and Adrienne Juarascio, PhD, Drexel University,

Philadelphia, PA

Discussant: Niloofar Afari, PhD, University of CA, San Diego & VA Center of Excellence for Stress and Mental Health, La Jolla, CA

8:15 a.m. – 9:30 a.m. Symposium 17: Health Decision Making SIG Presents: Affect and Cognition in Health Decision Making:
The Nature and Complexity of their Relations and Effects on Health Decisions

Columbia 12

Content area: Risk and decision making Instructional level: Intermediate

Chair: Marc T. Kiviniemi, PhD, University at Buffalo, SUNY, Buffalo, NY

Presenters: Erin M. Ellis, MPH, PhD, National Cancer Institute, Silver Spring, MD; Jennifer L. Moss, PhD, National Cancer Institute, Rockville, MD;

and Marissa G. Hall, MSPH, University of North Carolina, Chapel Hill, NC **Discussant:** William Klein, PhD, National Cancer Institute, Rockville, MD

9:45 a.m. – 10:45 a.m. *Opening Keynote: Behavioral Medicine Goes Digital: Advancing and Scaling Effective Interventions through Technology and Design* 

International Ballroom Center

**Content area:** Cardiovascular and obesity **Instructional level:** Beginner/intermediate

Presenter: Sean Duffy, Omada Health, San Francisco, CA

Moderator: James F. Sallis Jr., PhD, University of California-San Diego, San Diego, CA

Technology and design have the potential to rapidly scale behavioral medicine advances. Learn about the opportunities, pitfalls, and successes in bringing behavioral medicine to the masses via a discussion on the transformative intersection between technology and behavioral medicine, as well as a case study of Omada Health's Prevent, an evidence-based program targeting obesity-related chronic disease. Mr. Duffy is cofounder and CEO of Omada Health.



#### Better Health Through Behavior Change

### THURSDAY, MARCH 31, 2016

#### 11 a.m. – 12 p.m. Midday Meeting: Evidence-Based Behavioral Medicine SIG Midday Roundtable

International Terrace

**Moderators:** E. Amy Janke, PhD, University of the Sciences, Philadelphia, PA; and Joanna Buscemi, PhD, University of Illinois at Chicago, Chicago, IL This will be an open-area session with time for networking. Drs. Janke and Buscemi will review Evidence-Based Behavioral Medicine SIG business including the SIG special issue paper and collaborations with the Cochrane Collaboration. The Outstanding Trainee Award will be presented.

#### 11 a.m. – 12 p.m. Midday Meeting: Student SIG Presents: Internship Meet and Greet

Cabinet

**Moderators:** Brenna N. Renn, MA, Baylor College of Medicine, Houston, TX; and Courtney Stevens, MA, University of Colorado-Boulder, Boulder, CO This informal and interactive meet-and-greet will feature representatives and/or current interns from several Psychology internship sites that provide specialized training in behavioral medicine. Come prepared to network, learn about site-specific training opportunities, and get your questions answered.

This session not eligible for continuing education credit.

#### 11 a.m. – 12 p.m. Midday Meeting: Physical Activity SIG Presents: Meet the Physical Activity Experts

Columbia 6

**Moderators:** Melissa A. Napolitano, PhD, George Washington University, Washington, DC; and Beth Lewis, PhD, University of Minnesota, Minneapolis, MN

The purpose of this midday meeting is to provide an opportunity for junior SBM members to meet with experts in the physical activity field. The experts will include Abby King (older adults, state-of-the-art communication technologies; community-based participatory research perspectives to address health disparities among disadvantaged populations), Bess Marcus (theory-based measurement and interventions, technology and behavioral medicine, culturally tailored interventions), Loretta DiPietro (aging and physical activity, accelerometry, metabolic risk factors, physical activity and public health), Cheryl Albright (interventions targeting sedentary behaviors, physical activity, and obesity/weight management using technology such as Google TV), and Richard Troiano (physical activity assessment/monitoring, research-based physical activity policy formation, and body weight assessment/monitoring). This midday session will create a helpful environment to assist junior researchers in advancing their own science.

This session not eligible for continuing education credit.

11 a.m. – 12 p.m.

Midday Meeting: Scientific and Professional Liaison Council, Technology SIG, American Medical Informatics Association, and Journal of the American Medical Informatics Association Present: The State of Science in Applying Bioinformatics to Enhance Patient Engagement

#### Columbia 8

Moderators: Miho Tanaka, PhD, MPH, Department of Veterans Affairs, Washington, DC; David K. Ahern, PhD, National Cancer Institute, Rockville, MD; Sherri Sheinfeld Gorin, PhD, Columbia University/National Cancer Institute/NYPAC, New York, NY; and Doug Fridsma, MD, PhD, Karen Greenwood, and Nancy Lorenzi, PhD, FACMI, American Medical Informatics Association, Bethesda, MD

This session will bring informatics researchers and behavioral scientists together to identify good practices for the use of information technology to facilitate patient engagement/patient-centered care. Presenters will identify the key factors for linking the use of technology with enhanced patient engagement and patient centered care. Due to innovations in mobile apps and social media technologies, opportunities to enhance patient engagement in health care are great. Many health care plans and research entities have implemented mobile apps and social media approaches to engage patients in medical decision making and self-management of their health conditions. The impact of these technology-mediated interventions on patient-centered care is not yet fully understood, however, either conceptually or empirically. We have limited scientific knowledge about the types of informatics tools or interventions that facilitate patient engagement/patient centered care, what types of intervention designs are promising, and in which health care contexts the informatics tools/interventions work best. These are critical questions to be explored during this midday session. The session will be amplified by a special collection of related articles published by the Journal of the American Medical Informatics Association and co-marketed with SBM.

11 a.m. – 12 p.m. Midday Meeting: Cancer SIG Presents: Tips for Mid-Level Career Awards: An Interactive Discussion

Columbia 9

Moderator: Elyse R. Park, PhD, MPH, Massachusetts General Hospital, Boston, MA

This midday session will comprise a panel discussion focused on key tips, strategies, and lessons learned for successful mid-level career navigation. Panelists will discuss planning, writing and implementing an NIH K24 (midcareer investigator award) mechanism with associated mentorship and training activities. Panel members will represent the NIH and successful K24 awardees. The session will be highly interactive; audience members will have ample opportunities to participate in the discussion and ask questions of the panel. This session is being organized by the Cancer SIG Mentoring Committee.

This session not eligible for continuing education credit.

11 a.m. – 12 p.m. Midday Meeting: Child and Family Health SIG Business Meeting

Columbia 10

Moderator: Bernard Fuemmeler, PhD, MPH, Duke University Medical Center, Durham, NC

SIG business will be discussed and three awards will be presented: Student Award, Professional Award for Outstanding Research in Child and Family Health, and Award for Outstanding Achievements in the Field of Child and Family Health. The recipient of the Outstanding Achievements Award, Tonya M. Palermo, PhD, will deliver a talk titled "Using Technology to Deliver Chronic Pain Self-Management Interventions to Children and Adolescents." Dr. Palermo is professor and director for Child Health Behavior and Development at Seattle Children's Research Institute.

This session not eligible for continuing education credit.

11 a.m. – 12 p.m. Midday Meeting: Complementary and Integrative Medicine SIG Presents: National Center for Complementary and Integrative Health Research Priorities and Funding Opportunities in Behavioral Medicine

Columbia 11

Moderator: Crystal Park, PhD, University of Connecticut, Storrs, CT

Wendy Weber, ND, PhD, MPH, is chief of the Clinical Research in Complementary and Integrative Health Branch at the National Center for Complementary and Integrative Health (NCCIH). She will provide an overview of the most recent data on the utilization of complementary and integrative health approaches; a summary of NCCIH current research priorities related to behavioral medicine; an overview of the NCCIH framework for clinical research of non-pharmacological interventions; and an overview of currently available funding opportunities for behavioral medicine research at NCCIH.

This session not eligible for continuing education credit.

11 a.m. – 12 p.m. Midday Meeting: Student SIG Presents: Non-Traditional Careers in Behavioral Medicine

Columbia 12

Moderator: Alesha G. Hruska, MPH, MCHES, University of the Sciences, Philadelphia, PA

In celebration of the diversity of disciplines with in SBM and renewed focus on innovations in the field, the Student SIG will host a variety of panelists from "nontraditional" careers. This session will broaden the scope of possibilities for students, postdocs, and early career professionals to career paths outside of clinical practice and academia.

Better Health Through Behavior Change

### THURSDAY, MARCH 31, 2016

Panel Discussion 1: Uncle Sam Wants You to Get an NIH Training Grant: Everything You Need to Know About Applying for Predoctoral Grant Funding

International Ballroom East

11 a.m. - 12 p.m.

Content area: Education, Training and/or Career Development

Instructional level: Beginner/intermediate

Chair: Stephanie Manasse, MS, Drexel University, Philadelphia, PA

Panelists: Evan Forman, PhD, Drexel University, Philadelphia, PA; Nancy Sherwood, PhD, HealthPartners Institute for Education and Research,

Bloomington, MN; Scherezade K. Mama, DrPH, The Pennsylvania State University, University Park, PA; and Jessica F. Magidson, PhD

Massachusetts General Hospital/Harvard Medical School, Boston, MA

### 11 a.m. – 12 p.m. Panel Discussion 2: Graduate Student Research Panel Discussion

International Ballroom West

Content area: Education, Training and/or Career Development

Instructional level: Beginner/intermediate

Chair: Barbara Stetson, PhD, University of Louisville, Louisville, KY

Panelists: Georita Frierson, PhD, Rowan University, Glassboro, NJ; Ashley K. Day, PhD, Rutgers, The State University of New Jersey, New

Brunswick, NJ; and Jamie Bodenlos, PhD, Hobart and William Smith Colleges, Geneva, NY

11 a.m. – 12 p.m. Panel Discussion 3: The Nuts and Bolts of Bits and Bytes: A Researcher's Primer on Working with Technologists to Build Effective and Fundable Projects

Lincoln East
Content area: Other

Instructional level: Intermediate/Advanced

Chair: J. Graham Thomas, PhD, Alpert Medical School of Brown University and The Miriam Hospital, Providence, RI

Panelists: Jon Moon, PhD, FTOS, MEI Research, Edina, MN; Adam Hoover, PhD, Clemson University, Clemson, SC; Wendy Nilsen, PhD, National Science Foundation, Arlington, VA; and Carly Michelle Goldstein, PhD, Alpert Medical School of Brown University/The Miriam Hospital Weight Control and Diabetes Research Center, Providence, RI

Not eligible for continuing education credit

11 a.m. – 12 p.m. Panel Discussion 4: Strategies for Integrating Wearable Technologies into Behavior Change Interventions

Lincoln West

**Content area:** Physical Activity

Instructional level: Beginner/intermediate

Chair: Mathew J. Gregoski, PhD, MS, Medical University of South Carolina, Charleston, SC

Panelists: Eric Hekler, PhD, Arizona State University, Phoenix, AZ; Matthew Buman, PhD, Arizona State University, Phoenix, AZ; and Aaron Coleman,

and Praduman Jain, BS, MS, Vibrent Health, Fairfax, VA

11 a.m. – 12 p.m. Panel Discussion 5: Openness, Integrity, and Reproducibility: A Frank Discussion About How to Get

There

Georgetown East
Content area: Other

Instructional level: Intermediate

Chair: Melissa Riddle, PhD, National Institute of Dental and Craniofacial Research, Bethesda, MD

**Panelists:** Wendy Weber, ND, PhD, MPH, National Center for Complementary and Integrative Health (NCCIH), NIH, Bethesda, MD; Michelle Culp, BSN, MPH, National Center for Advancing Translational Science, NIH, Bethesda, MD; and Courtney Soderberg, PhD, Center for Open Science,

Charlottesville, VA

11 a.m. – 12 p.m. Panel Discussion 6: Using Social Media for Health Promotion among U.S. Latinos

Georgetown West
Content area: Obesity

Instructional level: Beginner/intermediate

Chair: Amelie Ramirez, DrPH, University of Health Science Center at San Antonio, San Antonio, TX

Panelists: Rosalie P. Aguilar, MS, Cliff Despres, Carlos Valenzuaela, BA, and Kip Gallion, MA, University of Texas Health Science Center at San

Antonio, San Antonio, TX

11 a.m. – 12 p.m. Panel Discussion 7: Military and Veterans' Health SIG Presents: Behavioral Health in Military Veterans: Challenges and Opportunities for Health Promotion

Jefferson East
Content area: Other

Instructional level: Beginner/intermediate

Chair: Katherine S. Hall, PhD, Veterans Affairs and Duke University Medical Centers, Durham, NC

Panelists: Katherine S. Hall, PhD, Veterans Affairs and Duke University Medical Centers, Durham, NC; Jaime M. Hughes, MPH, MSW, University of

North Carolina at Chapel Hill, Cary, NC; and Jeffrey P. Haibach, PhD, MPH, Department of Veterans Affairs, Pittsburgh, PA

11 a.m. – 12 p.m. Panel Discussion 8: Applying Successful Tobacco Control Strategies to Reduce Indoor Tanning

Jefferson West
Content area: Cancer

Instructional level: Intermediate/Advanced

Chair: Elliot J. Coups, PhD, Rutgers/The State University of New Jersey, New Brunswick, NJ

Panelists: Sherry Pagoto, PhD, University of Massachusetts Medical School, Worcester, MA; Alan Geller, MPH, Harvard School of Public Health, Boston, MA; Markham Luke, MD, PhD, Center for Devices and Radiological Health, FDA, Gaithersburg, MD; and Cindy Tworek, PhD, MPH, Center for Tobacco Products/FDA, Silver Spring, MD

11 a.m. – 12 p.m. Panel Discussion 9: Technology SIG Presents: How Behavioral Scientists Using 21st Century Research
Tools and Methods can Inform an Ethical Learning System

Monroe

Content area: Other

Instructional level: Beginner/intermediate

Chair: Camille Nebeker, EdD, MS, University of California-San Diego School of Medicine, San Diego, CA

Panelist: Cinnamon S. Bloss, PhD, University of California, San Diego, La Jolla, CA

#### 11 a.m. – 12 p.m. Panel Discussion 10: Adapting Mindfulness-Based Interventions for Minority Populations

Fairchild

Content area: Complementary and Integrative Medicine

Instructional level: Beginner/intermediate

Chair: Amanda J. Shallcross, ND, MPH, New York University School of Medicine, New York, NY

Panelists: Tanya Spruill, PhD, NYU School of Medicine, New York, NY; and Rakale C. Quarells, PhD, Morehouse School of Medicine, Atlanta, GA

#### 12 p.m. – 1 p.m. Exhibit Hall Open

Columbia 1-5

Stop by vendors' tables in the exhibit hall.

This session not eligible for continuing education credit.

#### 12 p.m. – 1 p.m. Null Results Poster Session

Columbia 1-5

We all know that not all studies come out as hypothesized and that there is much to learn from what doesn't go as planned. For the first time, SBM's Annual Meeting will offer a poster session highlighting findings that did not come out significant (statistically or clinically). Please join your colleagues in sharing what you learned and how it shaped your future research.

This session not eligible for continuing education credit.

#### 12:30 p.m. – 1:30 p.m. Jessie Gruman Health Engagement Master Lecture: Engagement Matters

International Ballroom East

Content area: Education, training, and/or career development

Instructional level: Intermediate/advanced

**Presenter:** Michael G. Goldstein, MD, Veterans Health Administration, Durham, NC **Moderator:** C. Tracy Orleans, PhD, Robert Wood Johnson Foundation, Princeton, NJ

This presentation will review evidence for the relationship between patient engagement and relevant outcomes, including health behavior change, medication taking, and follow-through with medical care. Dr. Goldstein is associate chief consultant for preventive medicine for the Veterans Health Administration National Center for Health Promotion and Disease Prevention. He was the 2015 recipient of SBM's Jessie Gruman Award for Health Engagement.

#### 12:30 p.m. – 1:30 p.m. Paper Session 1: Quality of Life in Young Adult Cancer Survivors

International Ballroom West

**Content areas:** Cancer and mental health **Instructional level:** Beginner/intermediate

Co-Chairs: Jeff Vallance, PhD, Athabasca University, Medicine Hat, Alberta, Canada; and Felicity Harper, PhD, Karmanos Cancer Institute/Wayne

State University School of Medicine, Detroit, MI

# 12:30 p.m. -12:45 p.m. Perceptions of Oncofertility and Associations with Quality of Life among Young Survivors of Pediatric Cancer

Darren Mays, PhD, MPH, Andrea Johnson, MPH, CHES, and Sarah Murphy, BA, Georgetown University Medical Center/Lombardi Comprehensive Cancer Center, Washington, DC; Aziza T. Shad, MD, MedStar Georgetown University Hospital, Washington, DC; and Kenneth Tercyak, PhD, Georgetown University Medical Center/Lombardi Comprehensive Cancer Center, Washington, DC



12:45 p.m. – 1 p.m.	Measuring Quality of Life in Adolescents and Young Adults with Concern: A PROMISing Solution?  John M. Salsman, PhD, Wake Forest School of Medicine, Winston-Salem, NC; Mallory A. Snyder, MPH, Northwestern University Feinberg School of Medicine, Chicago, IL; Brad Zebrack, PhD, MSW, MPH, University of Michigan, Ann Arbor, MI; Bryce B. Reeve PhD, University of North Carolina, Chapel Hill, NC; and Edith Chen, PhD, Northwestern University, Evanston, IL
1 p.m. – 1:15 p.m.	Financial Burden and Mental Health Outcomes in Younger Cancer Survivors Kevin M. Camstra, BS, Johns Hopkins University, Bethesda, MD; Tania Lobo, MS, Charlene C. Kuo, MPH, Lindsay Wright, BA, and Arnold Potosky, PhD, Georgetown University, Washington, DC; Carol M. Moinpour, PhD, Fred Hutchinson Cancer Research Center, Seattle, WA; and Roxanne E. Jensen, PhD, Georgetown University, Washington, DC
1:15 p.m. – 1:30 p.m.	Accuracy of the Prime-MD in Young Adult Cancer Survivors: Comparison with Structured Diagnostic Interview Christopher J. Recklitis, PhD, MPH, and Jaime E. Blackmon, MA, Dana-Farber Cancer Institute, Boston, MA; Anthony Roman, MA, University of Massachusetts Boston, Boston, MA; and Grace Chang, MD, MPH, Harvard Medical School, Boston, MA
12:30 p.m. – 1:30 p.m.	Paper Session 2: Emerging Tobacco Products
Content area: Smoking/tob Instructional level: Beginn Co-Chairs: Jamie Ostroff, F KY	
12:30 p.m. – 12:45 p.m.	Initiation of Waterpipe Tobacco Smoking: A Nationally Representative Longitudinal Study of U.S. Young Adults Jaime E. Sidani, PhD, MPH, CHES, Ariel Shensa, MA, Maharsi Naidu, Saul Shiffman, PhD, and Brian A. Primack, MD, PhD, University of Pittsburgh, Pittsburgh, PA
12:45 p.m. – 1 p.m.	Initiation of Cigarette Smoking After E-Cigarette Use: A Nationally Representative Study Brian A. Primack, MD, PhD, Ariel Shensa, MA, Jaime E. Sidani, PhD, MPH, CHES, and Beth L. Hoffman, ScB, University of Pittsburgh, Pittsburgh, PA; Samir Soneji, PhD, Dartmouth Institute for Health Policy and Clinical Practice, Lebanon, NH; Michael J. Fine, MD, MSc, and A. Everette James, JD, MBA, University of Pittsburgh, Pittsburgh, PA; and James D. Sargent, MD, Dartmouth College, Lebanon, NH
1 p.m. – 1:15 p.m.	E-Cigarette use and Intentions/Attempts to Quit Smoking among Sexual Minority versus Sexual Majority Smokers in the United States
	Xiaoquan Zhao, PhD, George Mason University, Fairfax, VA; Leah Hoffman, MPH, Food and Drug Administration Center for Tobacco Products, Silver Spring, MD; Tesfa N. Alexander, PhD, Food and Drug Administration, Silver Spring, MD; and Janine Delahanty, PhD, Food and Drug Administration Center for Tobacco Products, Silver Spring, MD

#### Better Health Through Behavior Change

### THURSDAY, MARCH 31, 2016

12:30 p.m. – 1:30 p.m.	Paper Session 3: Digital Weight Loss Approaches in Young Adults
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Lincoln West

**Content areas:** Nutrition and obesity **Instructional level:** Beginner/intermediate

Co-Chairs: Dori Steinberg, PhD, MS, RD, Duke University, Durham, NC; and Genevive F. Dunton, PhD, MPH, University of Southern California, Los

Angeles, CA

# 12:30 p.m. – 12:45 p.m. Improving Confidence to Eat Better among Young Adults: Differences in Three Month Findings of the Menu Geny Online Intervention

Gwen L. Alexander, MPH, PhD, Henry Ford Health System, Detroit, MI; Ken A. Resnicow, PhD, University of Michigan, Ann Arbor, MI; Andrew Taylor, MS, Henry Ford Health System, Detroit, MI; and Margaret Rukstalis, MD, Geisinger Health System, Danville, PA

# 12:45 p.m. – 1 p.m. Serious Games for Weight Loss: A Novel Approach to Attract, Engage, and Promote Weight Loss in High-Risk Young Adults

Tricia Leahey, PhD, University of Connecticut, Storrs, CT; Jessica Gokee LaRose, PhD, Virginia Commonwealth University School of Medicine, Richmond, VA; and Jamie Rosen, WayBetter Inc., New York, NY

This session not eligible for continuing education credit.

# 1 p.m. – 1:15 pm. Feasibility and Acceptability of iTeen, a Social Media Weight Gain Prevention Study for Health Disparity of Adolescent Girls

Jessica Whiteley, PhD, and Julie Wright, PhD, University of Massachusetts Boston, Boston, MA; Scott E. Crouter, PhD, FACSM, University of Tennessee, Knoxville, TN; and Laurie Milliken, PhD, and Jamie Faro, MS, University of Massachusetts Boston, Boston, MA

# 1:15 p.m. – 1:30 p.m. Young Adults' Performance in an Internet-Based Weight Loss Program with Modest Financial Incentives

Jessica Gokee LaRose, PhD, Virginia Commonwealth University School of Medicine, Richmond, VA; Tricia Leahey, PhD, University of Connecticut, Storrs, CT; Autumn Lanoye, MS, Virginia Commonwealth University, Richmond, VA; and Rena R. Wing, PhD, The Miriam Hospital, Providence, RI, RI

This session not eligible for continuing education credit.

#### 12:30 p.m. – 1:30 p.m. Paper Session 4: Emotion and Eating Behavior

Georgetown East
Content area: Obesity

Instructional level: Beginner/intermediate

Co-Chairs: Robin Masheb, PhD, VA Connecticut Healthcare System, North Haven, CT; and Joanna Buscemi, PhD, University of Illinois at Chicago,

Chicago, IL

# 12:30 p.m. -12:45 p.m. Disordered Eating Behaviors: Does High Food Reward Sensitivity Increase Risk? Miriam H. Fisenberg, PhD. Topia R. Nansel, PhD. Leab M. Lipsky, PhD. MHS. Katherine W. Dempster, RS. Danning L.

Miriam H. Eisenberg, PhD, Tonja R. Nansel, PhD, Leah M. Lipsky, PhD, MHS, Katherine W. Dempster, BS, Danping Liu, PhD, and Denise Haynie. PhD. MPH. National Institute of Child Health and Human Development. Bethesda. MD

12:45 p.m. – 1 p.m. Using Ecological Momentary Assessment to Examine Post-Food Consumption Affect in Moms

Yue Liao, MPH, PhD, CPH, and Susan M. Schembre, PhD, University of Texas MD Anderson Cancer Center, Houston, TX; and Genevieve F. Dunton, PhD, MPH, University of Southern California, Los Angeles, CA

1 p.m. – 1:15 p.m. Introspective Awareness and Emotional Eating: The Role of the Appetite and Emotional Awareness

Anastasia Sokol, MA, Edie Goldbacher, PhD, and Kelly McClure, PhD, La Salle University, Philadelphia, PA; and Cori E. McMahon, PsyD, MD Anderson Cancer Center at Cooper University Hospital, Woodbury, NJ

1:15 p.m. – 1:30 p.m. Low Distress Tolerance, Overeating, and Food Addiction among Overweight Residents from Metropolitan Detroit Cities

Andrea T. Kozak, PhD, Jessica E. Davis, BA, Ryan Brown, BA, and Matthew Grabowski, BA, Oakland University, Rochester, MI

12:30 p.m. – 1:30 p.m. Paper Session 5: Predictors and Prevalence of Indoor Tanning

Georgetown West

Content areas: Cancer and child/adolescent health

Instructional level: Beginner/intermediate

Co-Chairs: Leah Ferrucci, PhD, MPH, Yale School of Public Health, New Haven, CT; and Jerod Stapleton, PhD, Rutgers Cancer Institute of New

Jersey, New Brunswick, NJ

12:30 p.m. – 12:45 p.m. **Is Initiating Tanning Bed Use as a Minor Associated with Risky Tanning Behaviors?** Andrew B. Seidenberg, MPH, Seth Noar, PhD, and Jennah Sontag, MA, University of North Carolina, Chapel Hill, NC

12:45 p.m. – 1 p.m. **The Warning and Safety Regulatory Experiences of Young Women at Indoor Tanning Salons**Ashley K. Day, PhD, Jerod L. Stapleton, PhD, Sharon Manne, PhD, and Elliot J. Coups, PhD, Rutgers Cancer Institute of New Jersey, New Brunswick, NJ

1 p.m. – 1:15 p.m. Toxic Beauty: The Infiltration of Botox and UV Tanning in Gyms, Beauty Salons, and Spas in Seven U.S. Cities

S. Bryn Austin, ScD, Harvard T.H. Chan School of Public Health, Boston, MA; Allegra Gordon, ScD, MPH, Boston Children's Hospital, Boston, MA; Jeffrey Blossom, MA, Center for Geographic Analysis at Harvard University, Cambridge, MA; and David Williams, PhD, Boston Children's Hospital, Boston, MA

1:15 p.m. – 1:30 p.m. Association of Age at Indoor Tanning Initiation and Current Use among Students at Three U.S. Colleges: A Survey of 837 Students

Casey Daniel, PhD, MPH, and Alan Geller, MPH, Harvard T.H. Chan School of Public Health, Boston, MA; Jennifer Hay, PhD, Memorial Sloan Kettering Cancer Center, New York, NY; and Brooke Foucault Welles, PhD, Northeastern University, Boston, MA

12:30 p.m. – 1:30 p.m. Paper Session 6: Motivational Interviewing and Health Coaching

Jefferson East

Content areas: Cardiovascular, primary care, mental health, obesity

**Instructional level:** Beginner/ intermediate

Co-Chairs: Lisa Quintiliani, PhD, RD, Boston University, Boston, MA; and David Conroy, PhD, Pennsylvania State University, University Park, PA

12:30 p.m. – 12:45 p.m. Mechanisms for Motivational Interviewing for Depression in Primary Care
Bethany M. Kwan, PhD, MSPH, University of Colorado School of Medicine, Aurora, CO; Sam Hubley, PhD, University of Colorado

Denver, Denver, CO; and Robert Keeley, MD, MSPH, Denver Health, Denver, CO

12:45 p.m. – 1 p.m. Effects of a Four-Session Motivational Interviewing Intervention on Patient Adherence to Cardiac Rehabilitation

Angele McGrady, PhD, PCC, Rachel Sieke, BS, and Dalynn Badenhop, PhD, University of Toledo, Toledo, OH

1 p.m. – 1:15 p.m. Technology Enhanced Health Coaching for Vulnerable Populations: Engagement with Coaching and Early Outcomes

Emily Spence-Almaguer, PhD, Danielle Rohr, MS, Katherine Cantu, CHES, Kwynn Gonzalez-Pons, BS, Shlesma Chhetri, BS, Scott Walters, PhD, and Whitney Hill, MPH, University of North Texas Health Science Center, Fort Worth, TX

1:15 p.m. – 1:30 p.m.

Impact of Motivational Interviewing on Attrition in a Parent-Exclusive Pediatric Obesity Intervention.

Melanie Bean, PhD, and Amy Jeffers, MS, Virginia Commonwealth University, Richmond, VA; Laura M. Thornton, PhD, University of North Carolina, Chapel Hill, NC; and Rachel Gow, PhD, and Suzanne Mazzeo, PhD, Virginia Commonwealth University,

Richmond, VA

12:30 p.m. – 1:30 p.m. *Paper Session 7: Online and mHealth Interventions* 

Better Health Through Behavior Change

Jefferson West

Content areas: Transplant, physical activity, HIV/AIDS, diabetes

Instructional level: Beginner/intermediate

Co-Chairs: Matt Buman, PhD, Arizona State University, Phoenix, AZ; and Erika Montonaro, PhD, Yale University, New Haven, CT

 $12:30\ p.m.-12:45\ p.m. \qquad \textbf{Using eHealth to Engage Asian/Pacific Islander Undergraduates in Decision to Be an Organ Donor on Control of the Control of th$ 

their Adult Driver's License

Cheryl L. Albright, PhD, MPH, Kara Saiki, MPH, Lynne Wilkens, DrPH, MS, and Ashley M. Biddle, MA, University of Hawaii,

Honolulu, HI

12:45 p.m. – 1 p.m. Promoting Physical Activity among Overweight Women Using Wearable Technology and Online Social

**Networking** 

Danielle Arigo, PhD, University of Scranton, Scranton, PA

1 p.m. – 1:15 p.m. ORCHID: Pilot Test of an Online Positive Affect Intervention for People Living with HIV and Depression

Sarah Bassett, MA, and Judith T. Moskowitz, PhD, MPH, Northwestern University Feinberg School of Medicine, Chicago, IL; and Michael Cohn, PhD, University of California-San Francisco, San Francisco, CA

1:15 p.m. – 1:30 p.m.

Preventive Medicine for Those Who Need it Most: Changing Health Behaviors in India, One Text at a

Angela Pfammatter, PhD, Northwestern University Feinberg School of Medicine, Chicago, IL; Bonnie Spring, PhD, Northwestern University, Chicago, IL; Nalini Saligram, PhD, Arogya World, Naperville, IL; Raj Dave, MBA, HealthARC Benefit Corporation, Pennington, NJ; Arun Gowda, MBBS, phamax AG, Bangalore; Linelle Blais, PhD, Emory University, Atlanta, GA; Fran Kaufman, MD, University of Southern California, Los Angeles, CA; Harish Ranjani, PhD, Madras Diabetes Research Foundation & Dr. Mohan's Diabetes Specialties Centre, Chennai, Chennai,; Om Ganda, MD, Joslin Diabetes Ctr, Boston, Boston, MA; Donald Hedeker, PhD, The University of Chicago, Chicago, IL; Sethu Reddy, PhD, Joslin Diabetes Center, Boston, MA; and Monika Arora,

PhD, Public Health Foundation of India, Haryana

12:30 p.m. – 1:30 p.m. Paper Session 8: School-Located Obesity Interventions and Evaluations

Monroe

Content area: Physical activity, child/adolescent health

Instructional level: Beginner/intermediate

Co-Chairs: Sarah Griffin, MPH, PhD, Clemson University, Clemson, SC; and Bernard Fuemmeler, PhD, MPH, Duke University Medical Center,

Durham, NC

12:30 p.m. – 12:45 p.m. Does the Impact of Physically Active Lessons on Fourth-Grade Student Physical Activity Differ by

**Gender, Race/Ethnicity, or Body Mass Index?**Vanessa Errisuriz, MA, Natalie M. Golaszewski, MA, Esbelle M. Jowers, PhD, and John Bartholomew, PhD, University of Texas at

Austin, Austin, TX

12:45 p.m. – 1 p.m. Predicting Health in Elementary School Children: The Role of Physical Activity, Weight, and Dietary

Intake

Noel Kulik, PhD, Erin Centeio, PhD, and Nate McCaughtry, PhD, Wayne State University, Detroit, MI

1 p.m. – 1:15 p.m.

Promoting Active PE in the Commonwealth of Northern Marianna Islands- Evaluating Spark Implementation for K-12
Claudio Nigg, PhD, University of Hawaii, Honolulu, HI; and Sasha Fleary, PhD, Tufts University, Medford, MA

1:15 p.m. - 1:30 p.m.

School-Based Mindfulness Training to Promote Healthy Behaviors in Adolescents: A Pilot Study Elena Salmoirago-Blotcher, MD, PhD, Miriam Hospital/Brown University Alpert Medical School, Providence, RI; Susan Druker, MA, Florence Meleo-Meyer, MS, MA, Christine Frisard, MS, and Sybil Crawford, PhD, University of Massachusetts Medical School, Worcester, MA; Beth Bock, PhD, Miriam Hospital, Providence, RI; and Leslie Smith Frank, PA, Barbara Olendzki, RD, MPH, LDN, and Lori Pbert, PhD, University of Massachusetts Medical School, Worcester, MA

12:30 p.m. - 1:30 p.m.

Paper Session 9: Associations of Religiosity and Spirituality with Health Outcomes

Fairchild

Content area: Spirituality

Instructional level: Beginner/intermediate

Co-Chairs: Kevin Masters, PhD, University of Colorado Denver, Denver, CO; and Amy Wachholtz, PhD, MDiv, MS, University of Massachusetts

Medical School, Worcester, MA

12:30 p.m. – 12:45 p.m. Adverse Childhood Experience, Spirituality, and Depression
Robert Whitaker, MD, MPH, Temple University, Philadelphia, PA; and Tracy Dearth-Wesley, PhD, MPH, and Kathleen Gallagher,
PhD, University of North Carolina, Chapel Hill, NC

12:45 p.m. – 1 p.m.

The Relationship between Religiosity and Health-Promoting Behaviors in Pregnant Women at Pregnancy Resource Centers

Natalie A. Cyphers, PhD, RN, CPN, DeSales University, Center Valley, PA; Andrea D. Clements, PhD, East Tennessee State University, Johnson City, TN; and Jody L. Ralph, PhD, RN, University of North Dakota, Grand Forks, ND

1 p.m. – 1:15 p.m.

Positive and Negative Influences of Religious Comfort and Anger toward God on Eating Disorder Symptoms

Kallie Rohrmayer, MA, Alexis D. Abernethy, PhD, Chris Keiper, MA, and Andrene Spencer, Fuller Theological Seminary, Pasadena, CA; and Patricia Pitts, PhD, The Bella Vita: A Beautiful Life Psychology Group Inc., Los Angeles, CA

1:15 p.m. - 1:30 p.m.

Understanding the Role of Religious Comfort and Strain on Affective Outcomes in an Inpatient Psychiatric Setting

Alexis D. Abernethy, PhD, and Sarah Schnitker, PhD, Fuller Theological Seminary, Pasadena, CA; Joseph M. Currier, PhD, University of South Alabama, Mobile, AL; Katharine M. Putman, PsyD, Azusa Pacific University, Azusa, CA; Charlotte vanOyen Witvliet, PhD, Hope College, Holland, MI; Diana Ro, PsyD, and Heather Jones, MA, Fuller Theological Seminary, Pasadena, CA; and Karl J. VanHarn, DMin, and Janet Carter, Pine Rest Christian Mental Health Services, Grand Rapids, MI

12:30 p.m. - 1:30 p.m.

Paper Session 10: Physical Activity and Diet Measurement Approaches

Cabinet

Content area: Stress, methods

Instructional level: Intermediate/advanced

Co-Chairs: Bryan Blissmer, PhD, University of Rhode Island, Kingston, RI; and Lynnette Craft, PhD, American College of Sports Medicine, Chicago,

IL

12:30 p.m. – 12:45 p.m.

No Wearable Sensors Required: Using the Mobile Phone Camera to Passively Measure Physiology for EMA

Richard R. Fletcher, PhD, Daniel Chamberlain, and Nicholas W. Paggi, BS, Massachusetts Institute of Technology, Cambridge, MA *This session not eligible for continuing education credit.* 

10:45 n m 1 n m	Affording and Deboulard Dradictors of Compliance to Foolering Mamonton, Accessored Dratectors
12:45 p.m. – 1 p.m.	Affective and Behavioral Predictors of Compliance to Ecological Momentary Assessment Protocols in Physical Activity Studies
	Eldin Dzubur, MS, and Jimi Huh, PhD, University of Southern California, Los Angeles, CA; Stephen S. Intille, PhD, Northeastern University, Boston, MA; and Genevieve F. Dunton, PhD, MPH, University of Southern California, Los Angeles, CA
1 p.m. – 1:15 p.m.	Integration of Data from Actigraph and Activpal Monitors: Criterion Validity of the SIP Method Laura Ellingson, PhD, Iowa State University, Ames, IA; Isaac Schwabacher, MS, and Jacob Meyer, PhD, University of Wisconsin Madison, WI; Youngwon Kim, PhD, University of Cambridge, Cambridge, United Kingdom; Greg Welk, PhD, Iowa State Universit Ames, IA; and Dane Cook, PhD, University of Wisconsin, Madison, WI
1:15 p.m. – 1:30 p.m.	Comparison of Unhealthy Eating and Weight Control Behaviors Measures: Timeline Followback vs Ecological Momentary Assessment Chia-Kuei Lee, PhD, and Karen Stein, PhD, University of Rochester, Rochester, NY This session not eligible for continuing education credit.
12:30 p.m. – 1:30 p.m.	Paper Session 11: Tobacco Use in Minority Populations
Columbia 6	
Content area: Smoking/tob	ассо
Instructional level: Beginne	er/intermediate
Co-Chairs: Eric Augustson,	PhD, MPH, National Cancer Institute, Bethesda, MD; and Ashley Hum Clawson, PhD, Brown University, Providence, RI
12:30 p.m. – 12:45 p.m.	Reducing Disparities in Tobacco Use by Bolstering Support for Anti-Smoking Campaigns for Vulnerable Populations
	Sabeeh Baig, MS, Jessica K. Pepper, PhD, Jennifer Morgan, MPH, and Noel T. Brewer, PhD, University of North Carolina Gillings School of Global Public Health, Chapel Hill, NC
12:45 p.m. – 1 p.m.	Using Ecological Momentary Assessment to Identify Common Smoking Situations among Young
	<b>Korean American Smokers</b> Christian J. Cerrada, BS, Chaelin Karen Ra, MPH, Hee-sung Shin, MPH, Eldin Dzubur, MS, and Jimi Huh, PhD, University of Southern California, Los Angeles, CA
1 p.m. – 1:15 p.m.	The Time-Varying Effect of Cigarette Smoking on Subsequent Stress among Young Korean American Smokers
	Christian J. Cerrada, BS, and Jimi Huh, PhD, University of Southern California, Los Angeles, CA
1:15 p.m. – 1:30 p.m.	Roles of Lay Health Workers in Promoting Smoking Cessation from Asian American Smokers and Family Members' Perspectives
	Alice Guan, BA, BS, Janice Ka Yan Cheng, PhD, and Edgar Yu, BS, University of California-San Francisco, San Francisco, CA; Nancy Burke, PhD, University of California-Merced, Merced, CA; and Tung Nguyen, MD, and Janice Y. Tsoh, PhD, University of California-San Francisco, San Francisco, CA
12:30 p.m. – 1:30 p.m.	Paper Session 12: Stress and Stress Coping Strategies
Columbia 8	
Content areas: Diabetes, st	tress, smoking/tobacco
Instructional level: Beginne	
Chair: Elyse R. Park, PhD, N	IPH, Massachusetts General Hospital, Boston, MA

12:30 p.m. – 12:45 p.m. Peer-Delivered Cognitive Behavior Intervention Reduced Depression and Stress

Monika M. Safford, MD, Susan Andreae, MPH, and Joshua Richman, MD, PhD, University of Alabama at Birmingham,

Birmingham, AL

12:45 p.m. – 1 p.m.	Bidirectional Influence between Stress and Decreased Physical Health Functioning over 12 Months in Postmenopausal Women Biing-Jiun Shen, PhD, Nanyang Technological University, Singapore, Singapore; and Wendy Mack, PhD, and Howard N. Hodis, MD, University of Southern California, Los Angeles, CA
1 p.m. – 1:15 p.m.	Perceived Stress and Ways of Coping in African, African American, and Afro-Caribbean College Students Betty J. Braxter, PhD, Willa M. Doswell, BSN, MA, PhD, FAAN, and Elisabeth Beaudouin, BS, University of Pittsburgh, PA
1:15 p.m. – 1:30 p.m.	Stress Coping Strategies among College Students: Associations with E-Cigarettes and Physical Activity Sarah Lynch, MPH, University of Colorado Denver, Denver, CO; Melissa Napolitano, PhD, George Washington University, Washington, DC; and Cassandra A. Stanton, PhD, Westat, Rockville, MD
1:45 p.m. – 3 p.m.	Symposium 18: Scientific and Professional Liaison Council and American College of Sports Medicine

Present: Assessing Physical Activity to Improve Exercise Prescriptions and Referrals

International Ballroom Center
Content area: Physical Activity

Instructional level: Intermediate/advanced

Chair: David E. Goodrich, EdD, Center for Clinical Management Research, VA Ann Arbor HCS, Ann Arbor, MI

**Presenters:** Yvonne L. Eaglehouse, PhD, MPH, University of Pittsburgh Cancer Institute Division of Cancer Prevention and Population Sciences, Pittsburgh, PA; Joseph E. Donnelly, EdD, University of Kansas Medical Center, Kansas City, KS; and Jennifer K. Carroll, MD, MPH, University of Denver – Anschutz Medical Center, Aurora, CO

Discussant: Mark Stoutenberg, PhD, MSPH, University of Miami Miller School of Medicine, American College of Sports Medicine, Miami, FL

1:45 p.m. – 3 p.m. Symposium 19: Diabetes and Military and Veterans' Health SIGs Present: Enhancing Diabetes
Prevention Program Translation through Partnership: Key Lessons and Opportunities in Diverse Care
Settings

International Ballroom East

Content area: Other

Instructional level: Beginner/intermediate

Chair: Tannaz Moin, MD, MBA, MSHS, VA Greater Los Angeles, Los Angeles, CA

Presenters: Mona AuYoung, PhD, MS, MPH, VA Ann Arbor/ Center for Clinical Management Research, Ann Arbor, MI; Jeffery A. Katula, PhD, MA,

Wake Forest University, Winston-Salem, NC; and Lisa Schilling, RN, MPH, Kaiser Permanente, Oakland, CA

Discussant: Caroline Richardson, MD, University of Michigan, Ann Arbor, MI

1:45 p.m. – 3 p.m. Symposium 20: Reaching the Hard to Reach Populations: Use of Telehealth for Substance Use and Related Outcomes Research

International Ballroom West

Content area: Other

Instructional level: Intermediate

Chair: Gerald W. Talcott, PhD, Center for Population Sciences, Lackland AFB, TX

Presenters: Michael G. Mejia, BA, University of Kentucky, Lexington, KY; Karen Derefinko, PhD, University of Tennessee Health Science Center,

Memphis, TN; and Melissa Little, PhD, University of Tennessee Health Science Center, Memphis, TN

Discussant: Robert Klesges, PhD, University of Tennessee Health Science Center, Memphis, TN

#### Better Health Through Behavior Chang

### THURSDAY, MARCH 31, 2016

1:45 p.m. – 3 p.m. Symposium 21: Stigma in Relationship Contexts: Implications for Behavioral Health Research

Lincoln East

Content area: Other

Instructional level: Beginner/intermediate

Chair: Valerie A. Earnshaw, PhD, Harvard Medical School, Boston, MA

Presenters: Lisa Rosenthal, PhD, Pace University, New York, NY; Kristi E. Gamarel, PhD, Alpert Medical School of Brown University, Providence,

MA; and Sarabeth Broder-Fingert, MD, MPH, Boston Medical Center, Boston, MA

1:45 p.m. – 3 p.m. Symposium 22: Innovative Analytic Strategies for Ecological Momentary Assessment (EMA) Data in

Health Behavior Research

Lincoln West

**Content area: Methods** 

Instructional level: Intermediate/advanced

Chair: Jaclyn P. Maher, PhD, University of Southern California, Los Angeles, CA

Presenters: Genevieve F. Dunton, PhD, MPH, University of Southern California, Los Angeles, CA; and Donald Hedeker, PhD, The University of

Chicago, Chicago, IL

Discussant: William Riley, PhD, National Institutes of Health, Bethesda, MD

1:45 p.m. – 3 p.m. Symposium 23: Mistrust and Health Inequities: An Emergent Issue

Georgetown East
Content area: Other

Instructional level: Intermediate/advanced

Chair: Adolfo Cuevas, PhD, Harvard School of Public Health, Boston, MA

Presenters: Pamela Valera, PhD, Columbia University Mailman School of Public Health, New York, NY; Daniel López-Cevallos, PhD, MPH, Oregon

State University, Corvallis, OR; and Adolfo Cuevas, PhD, Harvard School of Public Health, Boston, MA

Discussant: Ramona Benkert, PhD, ANP-BC, FAANP, Wayne State University, Detroit, MI

1:45 p.m. – 3 p.m. Symposium 24: Improving Palliative Care: Research on Methods and Models

Georgetown West
Content area: Other

Instructional level: Beginner/intermediate

Chair: Amy Wachholtz, PhD, MDiv, MS, University of Massachusetts Medical School, Worcester, MA

Presenters: Lara Dhingra, PhD, MJHS Institute for Innovation in Palliative Care, New York, NY; and Christina M. Puchalski, MD, FACP, FAAHPM,

George Washington University, Washington, DC

Discussant: Jean L. Kristeller, PhD, Indiana State University, Terre Haute, IN

1:45 p.m. – 3 p.m. Symposium 25: Cancer Caregiver Experiences across the Care Continuum: From Diagnosis through

Bereavement

Jefferson East
Content area: Cancer

Instructional level: Beginner/intermediate

Chair: Kelly M. Trevino, PhD, Weill Cornell Medical College, New York, NY

Presenters: Maria Thomson, PhD, Virginia Commonwealth University, Richmond, VA; and Maija Reblin, PhD, Moffitt Cancer Center, Tampa, FL

Discussant: Erin E. Kent, PhD, MS, National Cancer Institute, Rockville, MD

Symposium 26: Family Relationships and Type 1 Diabetes Management across the Life Span 1:45 p.m. – 3 p.m.

Jefferson West

Content area: Diabetes

Instructional level: Intermediate

Chair: Cynthia Berg, PhD, University of Utah, Salt Lake City, UT

Presenters: Maureen Monaghan, PhD, Children's National Health System, Washington, DC; Koen Luyckx, PhD, KU Leuven, Leuven, Belgium; and

Cynthia Berg, PhD, University of Utah, Salt Lake City, UT

Discussant: Barbara Anderson, PhD, Baylor College of Medicine/Texas Children's Hospital, Houston, TX

Symposium 27: Military and Veterans' Health SIG Presents: Understanding the Impact of 1:45 p.m. – 3 p.m.

Psychological Symptoms of Chronic Disease Management and Health Outcomes

Monroe

Content area: Mental health Instructional level: Intermediate

Chair: Gina Evans-Hudnall, PhD, Michael E. Debakey VA Medical Center, Humble, TX

Presenters: Jessica Y. Breland, PhD, VA Palo Alto & Stanford University, Menlo Park, CA; Elizabeth Klingaman, PhD, VA VISN 5 Mental Illness

Research, Education, and Clinical Center (MIRECC); and Brenna N. Renn, MA, Baylor College of Medicine, Houston, TX

Discussant: Robin M. Masheb, PhD, VA CT Healthcare System and Yale School of Medicine, North Haven, CT

Symposium 28: Inside the Black Box: Deconstructing Social and Peer Support 1:45 p.m. – 3 p.m.

Fairchild

Content area: Other

Instructional level: Intermediate

Chair: Edwin B. Fisher, PhD, Gillings School of Global Public Health, University of North Carolina-Chapel Hill, Chapel Hill, NC

Presenters: Monika M. Safford, MD, University of Alabama at Birmingham, Division of Preventive Medicine, Birmingham, AL; Sarah D. Kowitt, MPH, UNC Chapel Hill, Chapel Hill, NC; and Nivedita Bhushan, MA, Gillings School of Global Public Health - University of North Carolina at Chapel Hill,

Chapel Hill, NC

Discussant: Michele Heisler, MD, MPA, University of Michigan Medical School, Ann Arbor, MI

Symposium 29: Technology and Women's Health SIGs Present: Technology-Delivered Behavioral 1:45 p.m. – 3 p.m.

Interventions for Childbearing Women: Challenges, Triumphs, and Lessons Learned

Cabinet

Content area: Pregnancy Instructional level: Intermediate

Chair: Molly E. Waring, PhD, University of Massachusetts Medical School, Worcester, MA

Presenters: Jennifer Huberty, PhD, Arizona State University, Phoenix, AZ; and Timothy Bickmore, PhD, Northeastern University, Boston, MA

Discussant: Diane K. Ehlers, PhD, University of Illinois Urbana-Champaign, Urbana, IL

#### Better Health Through Behavior Chang

# THURSDAY, MARCH 31, 2016

1:45 p.m. – 3 p.m. Symposium 30: Military and Veterans' Health SIG Presents: The Value of Technology-Based Screening

for the VA Clinical and Research Enterprise

Columbia 6

Content area: Mental Health Instructional level: Intermediate

Chair: Neal Doran, PhD, University of California, San Diego, San Diego, CA

Presenters: Kathryn M. Godfrey, MS. San Diego State University/University of California, San Diego Joint Doctoral Program in Clinical Psychology.

La Jolla, CA; and James Pittman, MSW, VA Center of Excellence for Stress and Mental Health, San Diego, CA

Discussant: Niloofar Afari, PhD, University of CA, San Diego & VA Center of Excellence for Stress and Mental Health, La Jolla, CA

1:45 p.m. – 3 p.m. Symposium 31: Improving Veteran Health and Well-Being: Advances in Complementary and Integrative Medicine Approaches

Columbia 8

**Content area:** Complementary and integrative medicine

Instructional level: Beginner/intermediate

Chair: Crystal Park, PhD, University of Connecticut, Mystic, CT

Presenters: Jill E. Bormann, PhD, RN, FAAN, VA San Diego Healthcare System; University of San Diego Hahn School of Nursing & Health Sciences,

San Diego, CA; and Erik J. Groessl, PhD, VA San Diego / UC San Diego, La Jolla, CA

Discussant: A. Rani Elwy, PhD, MSc, Department of Veterans Affairs, Boston, MA

1:45 p.m. – 3 p.m. Symposium 32: Health Decision Making SIG Presents: Couple Interventions: Variation in their Effects

and Why One Size May Not Fit All

Columbia 9

Content area: Other

Instructional level: Intermediate

Chair: Cynthia M. Khan, PhD, University of North Carolina, Chapel Hill, Chapel Hill, NC

Presenters: Sharon Manne, PhD, Cancer institute of New Jersey, New Brunswick, NJ; and Laura Porter, PhD, Duke University Medical Center,

Durham, NC

Discussant: Christine Rini, PhD, University of North Carolina at Chapel Hill, Chapel Hill, NC

1:45 p.m. – 3 p.m. Symposium 33: A Brief Single-Item Physical Activity Measure: Performance across Diverse Research

Settings and Health Outcomes

Columbia 10

**Content area:** Physical Activity **Instructional level:** Intermediate

Chair: Kathryn M. Ross, PhD MPH, Alpert Medical School of Brown University, Providence, RI

Presenters: Matthew P. Buman, PhD, Arizona State University, Tempe, AZ; Jamie M. Zoellner, PhD RD, Virginia Polytechnic Institute and State

University, Blacksburg, VA; and Michaela Kiernan, PhD, Stanford University School of Medicine, Stanford, CA

Discussant: Michael G. Perri, PhD, University of Florida, Gainesville, FL

1:45 p.m. – 3 p.m. Symposium 34: Genomic Literacy and Communication for Health Promotion: Insights across Health Conditions

Columbia 11

Content area: Risk and decision making Instructional level: Beginner/intermediate

Chair: Kimberly A. Kaphingst, ScD, University of Utah, Salt Lake City, UT

Presenters: Erika A. Waters, PhD, MPH, Washington University School of Medicine, St Louis, MO; Susan Persky, PhD, National Human Genome

Research Institute, NIH, Bethesda, MD; and Catharine Wang, PhD, MSc, Boston University School of Public Health, Boston, MA

Discussant: William Klein, PhD, National Cancer Institute, Rockville, MD

1:45 p.m. – 3 p.m. Symposium 35: Learning from SSB Tax Evaluation in Mexico, South America, and the United States to Reverse Childhood Obesity

Columbia 12

Content area: Obesity
Instructional level: Beginner

Chair: Lori Dorfman, DrPh, Berkeley Media Studies Group, Berkeley, CA

**Presenters:** Lynn Silver, MD, MPH, FAAP, Public Health Institute, Oakland, CA; Shu Wen Ng, PhD, Gillings School of Global Public Health, University of North Carolina at Chapel Hill, Chapel Hill, NC; and Steven L. Gortmaker, PhD, Harvard University School of Public Health, Boston, MA

Discussant: Mauricio Hernández-Avila, MD, MPH, ScD, National Institute of Public Health, Mexico, Cuernavaca, Mexico

#### 3:15 p.m. – 4:45 p.m. Paper Session 13: Awareness and Use of Cancer Screening

International Ballroom East

Content area: Cancer Instructional level: All levels

Co-Chairs: Sherrie Wallington, PhD, Lombardi Comprehensive Cancer Center, Washington, DC; and Aimee James, PhD, MPH, Washington

University in St. Louis, Saint Louis, MO

3:15 p.m. – 3:33 p.m.	Insure Me Cancer Free Kimberly M. Kelly, PhD, West Virginia University, Morgantown, WV; Stephenie K. Kennedy, EdD, Mary Babb Randolph Cancer Center, Morgantown, WV; B. Dolly, MS, and E. Atkins, MS, West Virginia University, Morgantown, WV; and M. Coon, K. King, RN, and S. Rouse, CoventryCares of West Virginia, Charleston, WV
3:33 p.m. – 3:51 p.m.	Perceived Life Expectancy is Associated with Colorectal Cancer Screening Uptake in England Lindsay Kobayashi, PhD, Christian von Wagner, PhD, and Jane Wardle, PhD, University College London, London, United Kingdom
3:51 p.m. – 4:09 p.m.	Smokers' Interest in a National Lung Cancer Screening Program Samantha Quaife, MSc, Andy McEwen, PhD, Charlotte Vrinten, MSc, Samuel Janes, MBBS, BSc, MSc, PhD, and Jane Wardle, PhD, University College London, London, United Kingdom
4:09 p.m. – 4:27 p.m.	Lack of Follow-Up after Abnormal Pap test in Medicaid Postpartum Women Sabrina Ford, PhD, Michigan State University, East Lansing, MI
4:27 p.m. – 4:45 p.m.	Men's Prostate Awareness Church Training or African American Men: Men-Only vs. Mixed-Gender Men's Health Workshops Cheryl Holt, PhD, Daisy Le, MPH, MA, and Min Qi Wang, PhD, University of Maryland, College Park, MD; Jimmie Slade, MA, Community Ministry of Prince George's County, College Park, MD; Bettye Muwwakkil, PhD, and Ralph Williams, BS, Access to Wholistic and Productive Living Institute, College Park, MD; and Michael Naslund, MD, University of Maryland, College Park, MD

3:15 p.m. – 4:45 p.m.	Paper Session 14: Intervention Strategies to Improve Weight Loss Interventions
International Ballroom Wes	st
Content area: Risk and deci	ision Making, obesity, other
Instructional level: Beginne	er/intermediate
Co-Chairs: Jessica Whiteley	r, PhD, University of Massachusetts Boston, Boston, MA; and Gary Bennett, PhD, Duke University, Durham, NC
3:15 p.m. – 3:33 p.m.	Who Decides: Self-Selected versus Assigned Goals for Weight Loss in a Veteran Population Mona AuYoung, PhD, MS, MPH, Laura J. Damschroder, MS, MPH, Maria Hughes, MPT, Bradley Youles, MPA, and Robert G. Holleman, MPH, VA Ann Arbor, Ann Arbor, MI; and Caroline R. Richardson, MD, University of Michigan, Ann Arbor, MI
3:33 p.m. – 3:51 p.m.	Acceptance-Based Behavioral Weight Loss Treatment Outperforms Standard BT: Outcomes from the Mind Your Health Study  Evan Forman, PhD, Meghan L. Butryn, PhD, Stephanie Manasse, MS, Emily Wyckoff, BA, Stephanie Goldstein, BS, and Adrienne Juarascio, PhD, Drexel University, Philadelphia, PA
3:51 p.m. – 4:09 p.m.	Alternating between Large and Moderate Energy Reductions Promotes Weight Loss in a Behavioral Obesity Intervention  Gareth Dutton, PhD, University of Alabama at Birmingham, Birmingham, AL; Michael G. Perri, PhD, University of Florida, Gainesville, FL; and Marissa A. Gowey, PhD, and Kevin Fontaine, PhD, University of Alabama at Birmingham, Birmingham, AL
4:09 p.m. – 4:27 p.m.	Enhancements to Behavioral Weight Loss Improve Results for African-American Participants: Results of the Enact Clinical Trial  Meghan L. Butryn, PhD, Evan Forman, PhD, and Michael Lowe, PhD, Drexel University, Philadelphia, PA; Amy Gorin, PhD, University of Connecticut, Storrs, CT; and Fengqing Zhang, PhD, Drexel University, Philadelphia, PA
4:27 p.m. – 4:45 p.m.	Make Better Choices 2: RCT of a Mobile Health Intervention for Simultaneous Versus Sequential Diet and Activity Change Bonnie Spring, PhD, Christine Pellegrini, PhD, H.G. McFadden, BS, Angela Pfammatter, PhD, and Juned Siddique, PhD, Northwestern University Feinberg School of Medicine, Chicago, IL; and Donald Hedeker, PhD, University of Chicago, Chicago, IL
3:15 p.m. – 4:45 p.m.	Paper Session 15: Smoking Cessation Interventions
Lincoln East	
Content area: Smoking/toba	acco, cancer
Instructional level: Beginne	er/intermediate
Co-Chairs: Robin Mermelste	ein, PhD, University of Illinois at Chicago, Chicago, IL; and Scott Leischow, PhD, Mayo Clinic, Scottsdale, AZ
3:15 p.m. – 3:33 p.m.	Design Considerations for Smoking Cessation Apps: Perspectives from Nicotine Dependence Treatment Providers and Smokers Andrea L. Hartzler, PhD, Jennifer McClure, PhD, and Emily Westbrook, MHA, Group Health Research Institute, Seattle, WA; and Sheryl L. Catz, PhD, University of California-Davis, Davis, CA
3:33 p.m. – 3:51 p.m.	The Impact of Body Mass Index on Smoking Relapse in a Text Messaging Cessation Program for Young Adults Kisha I. Coa, PhD, MPH, ICF International, Rockville, MD; Erik Augustson, PhD, MPH, National Cancer Institute, Bethesda, MD; and Annette Kaufman, PhD, MPH, National Cancer Institute, Rockville, MD

3:51 p.m. - 4:09 p.m.

A Randomized Pilot Study of a Smoking Cessation Intervention in the Lung Cancer Screening Setting Kathryn Taylor, PhD, Charlotte Hagerman, BA, and Paula Bellini, MA, American University, Washington, DC; Shawn Regis, PhD, and Andrea McKee, MD, Lahey Hospital and Medical Center, Burlington, MA; Michael Ramsaier, BA, Harry Harper, MD, Hackensack University Medical Center, Hackensack, NJ; Jenna Kramer, RN, MSN, ACNP-BC, and Eric Anderson, MD, Medstar Georgetown University Hospital, Washington, DC; Cassandra A. Stanton, PhD, Westat, Rockville, MD; David B. Abrams, PhD, Schroeder Institute for Tobacco Research and Policy Studies at The Truth Initiative, Washington, DC; and Riley Zinar and Daniel

Leigh, Georgetown University, Washington, DC

4:09 p.m. - 4:27 p.m.

# The Development and Deployment of a Multicomponent, Real-Time, Tailored Intervention to Reduce Indoor Smoking

John Bellettiere, MA, MPH, and Vincent Berardi, MS, San Diego State University, San Diego, CA; Suzanne Hughes, MPH, PhD, Center for Behavioral Epidemiology and Community Health, San Diego, CA; Sandy Liles, MPH, San Diego State University, San Diego, CA; Neil Klepeis, PhD, San Diego State University Research Foundation, San Diego, CA; Saori Obayashi, PhD, RD, Center for Behavioral Epidemiology and Community Health, San Diego, CA; T. Tracy Allen; Isaac Quintanilla and Ben Nguyen, MPH, Center for Behavior Epidemiology and Community Health, San Diego, CA; and Melbourne F. Hovell, PhD, MPH, San Diego State University, San Diego, CA

4:27 p.m. - 4:45 p.m.

Roles of Family Members in a Family-Focused Smoking Cessation Intervention for Asian Americans Edgar Yu, BS, Janice Ka Yan Cheng, PhD, and Alice Guan, BA, BS, University of California-San Francisco, San Francisco, CA; Nancy Burke, PhD, University of California-Merced, Merced, CA; Tung Nguyen, MD, and Janice Y. Tsoh, PhD, University of California-San Francisco, San Francisco, CA

3:15 p.m. – 4:45 p.m.

#### Paper Session 16: Physical Activity in Minority Populations

Lincoln West

Content area: Physical activity, mental health

Instructional level: All levels

Co-Chairs: David X. Marquez, PhD, University of Illinois at Chicago, Chicago, IL; and Frank J. Penedo, PhD, Northwestern University Feinberg

School of Medicine, Chicago, IL

3:15 p.m. - 3:33 p.m.

# Faith in Action/Fe en Action: Findings from a Randomized Controlled Trial Promoting Physical Activity among Latinas

Elva Arredondo, PhD, John Elder, PhD, MPH, Jessica Haughton, MPH, MA, and Don Slymen, PhD, San Diego State University, San Diego, CA; James F. Sallis Jr., PhD, University of California-San Diego, San Diego, CA; Lilian Perez, MPH, and Natalicio Serrano, BS, San Diego State University, San Diego, CA; Maíra T. Parra, MSc, Universidade Federal de São Paulo, São Paulo, Brazil; Guadalupe X. Ayala, PhD, MPH, San Diego State University, San Diego, CA; and Rodrigo Valdivia, STB, JCL, Diocese of San Diego, San Diego, CA

3:33 p.m. - 3:51 p.m.

Pasos Hacia la Salud: 12-Month Outcomes of a Web-Based Physical Activity Intervention for Latinos Sarah E. Linke, PhD, MPH, University of California-San Diego, San Diego, CA; Shira Dunsiger, BSc, AM, PhD, Miriam Hospital/Brown University, Providence, RI; Sheri J. Hartman, PhD, University of California-San Diego, San Diego, CA; Dorothy Pekmezi, PhD, University of Alabama at Birmingham, Birmingham, AL; Britta Larsen, PhD, Becky Marquez, PhD, MPH, Andrea Mendoza, MPH, and Madison Noble, BA, University of California-San Diego, San Diego, CA; Beth Bock, PhD, Miriam Hospital, Providence, RI; Kim Gans, PhD, MPH, University of Connecticut, Storrs, CT; and Carlos Rojas, MD, and Bess Marcus, PhD, University of

California-San Diego, San Diego, CA

3:51 p.m. - 4:09 p.m.

### Preliminary Findings from a "Not Yoga" Study among African American Churchgoers

Scherezade K. Mama, DrPH, Pennsylvania State University, University Park, PA; Christopher Fagundes, PhD, Rice University, Houston, TX; and Alejandro Chaoul, PhD, Lorenzo Cohen, PhD, Diana S. Hoover, PhD, Larkin L. Strong, PhD, MPH, and Lorna Haughton McNeill, PhD, MPH, University of Texas MD Anderson Cancer Center, Houston, TX

4:09 p.m. - 4:27 p.m.

# Women's Lifestyle Physical Activity Program: African-American Women's Long-Term Maintenance of Physical Activity

JoEllen Wilbur, PhD, RN, FAAN, Susan W. Buchholz, PhD, ANP-BC, FAANP, Arlene M. Miller, PhD, RN, FAAN, Shannon Halloway, PhD(c), RN, Michael E. Schoeny, PhD, and Lynne T. Braun, PhD, APN, Rush University, Chicago, IL

Better Health Through Behavior Change

### THURSDAY, MARCH 31, 2016

4:27 p.m. – 4:45 p.m.

No Change in Quality of Life After Exercise Training in African American Men: The ARTIIS Study

Robert L. Newton Jr., PhD, Chelsea A. Hendrick, BS, Melissa N. Harris, MPA, BS, Sandra Larrivee, MSc, and Timothy Church, MD, PhD. MPH. Pennington Biomedical Research Center. Baton Rouge, LA

3:15 p.m. – 4:45 p.m.

Paper Session 17: Chronic Pain Assessment, Interventions, and Outcomes

Georgetown East

Content area: Pain, substance abuse Instructional level: Beginner/intermediate

Co-Chairs: Barbara Resnick, PhD, CRNP, FAAN, FAANP, University of Maryland School of Nursing, Baltimore, MD; and William J. Sieber, PhD,

University of California-San Diego, San Diego, CA

3:15 p.m. - 3:33 p.m.

#### A Novel Training Intervention Reduces Back Pain in Middle-Aged Adults

Andrew Hua, BS, Tiffany Bullard, BS, Jason D. Cohen, BS, Daniel Palac, MA, and Edward McAuley, PhD, University of Illinois, Urbana, IL; Arthur F. Kramer, PhD, Beckman Institute, Urbana, IL; and Sean P. Mullen, PhD, University of Illinois, Urbana, IL

3:33 p.m. – 3:51 p.m.

#### Pain and Quality of Life in Economically Disadvantaged Primary Care Patients

Lara Dhingra, PhD, Sandra Rodriguez, MPH, and Gabriel Cruciani, BA, MJHS Institute for Innovation in Palliative Care, New York, NY; Ray Teets, MD, and Sarah Nosal, MD, Institute for Family Health, New York, NY; Russell Portenoy, MD, MJHS Institute for Innovation in Palliative Care, New York, NY; Thomas Wasser, PhD, Consult-Stat, Macungie, PA; and Saskia Shuman, MPH, Regina Ginzburg, PharmD, and Robert Schiller, MD, Institute for Family Health, New York, NY

3:51 p.m. – 4:09 p.m.

#### Ecological Momentary Assessment of Headache Pain Intensity and Pain Interference in Women with Migraine and Obesity

Dale S. Bond, PhD, and J. Graham Thomas, PhD, Brown University Alpert Medical School/Miriam Hospital, Providence, RI; Jelena M. Pavlovic, MD, PhD, Albert Einstein College of Medicine/ Montefiore Headache Center, Bronx, NY; Julie Roth, MD, Rhode Island Hospital, Providence, RI; Lucille Rathier, PhD, Lifespan Physicians Group/Miriam Hospital, Providence, RI; Kevin C. O'Leary, Miriam Hospital, Providence, RI; and Richard B. Lipton, MD, Albert Einstein College of Medicine/Montefiore Headache Center, Bronx, NY

4:09 p.m. – 4:27 p.m.

#### **Emotional Distress Predicts Opioid Use in Chronic Pain Patients**

Amy E. Kupper, MS, Duke University Medical Center, Durham, NC; and Alexandra Koenig, MS, Seattle Pacific University, Seattle, WA

4:27 p.m. – 4:45 p.m.

#### Psycho-Physiological Pain Response among Individuals with Comorbid Pain and Addiction: Long **Term Implications**

Amy Wachholtz, PhD, MDiv, MS, Gerardo Gonzalez, MD, and Dougals Ziedonis, MD, MPH, University of Massachusetts Medical School, Worcester, MA

3:15 p.m. - 4:45 p.m.

#### Paper Session 18: Psychosocial Issues in HIV

Georgetown West Content area: HIV/AIDS Instructional level: All levels

Chair: Laura L. Hayman, RN, PhD, FAAN, University of Massachusetts Boston, Boston, MA

3:15 p.m. – 3:33 p.m.

The Relationship between Body Image Perceptions and Depressive Symptoms in Youth with HIV Megan Loew, MS, Ronald Dallas, PhD, Megan Wilkins, PhD, Aditya Gaur, MD, Li Tang, PhD, and Yilun Sun, MS, St. Jude Children's Research Hospital, Memphis, TN

3:33 p.m. – 3:51 p.m.

#### Implementation Science Research to Optimize PMTCT Uptake in Rural South Africa

Deborah Jones, PhD, Violeta Rodriguez, BS, and Ryan Cook, BA, MSPH, University of Miami, Miami, FL; Richard LaCabe, AA, Barry University, Miami Shores, FL; K. Marie Douglass, BS, and C. Kyle Privette, University of Miami, Miami, FL; Karl Peltzer, PhD, Human Sciences Research Council, Pretoria, South Africa; and Guillermo Prado, PhD, Viviana Horigian, PhD, and Stephen M. Weiss, PhD, MPH, University of Miami, Miami, FL

3:51 p.m. – 4:09 p.m.	PMTCT Implementation in Rural Community Health Centers in Mpumalanga Province, South Africa Deborah Jones, PhD, University of Miami, Miami, FL; Karl Peltzer, PhD, Human Sciences Research Council, Pretoria, South Africa; Guillermo Prado, PhD, Viviana Horigian, PhD, Stephen M. Weiss, PhD, MPH, and Ryan Cook, BA, MSPH, University of Miami, Miami, FL; and Sibusiso Sifunda, MPH, PhD, Human Sciences Research Council, Pretoria, South Africa
4:09 p.m. – 4:27 p.m.	Palliative and Advanced Care Planning among African-American HIV-Positive Injection Drug Users: A Mixed Methods Exploration  Allysha C. Maragh-Bass, PhD, MPH, Brigham and Women's Hospital, Boston, MA; and Sarina R. Isenberg, BA, MA, and Amy Knowlton, MPH, ScD, Johns Hopkins Bloomberg School of Public Health, Baltimore, MD
4:27 p.m. – 4:45 p.m.	Depressive Symptom Trajectories among People Living With and Without HIV across 10 years  Natalie E. Kelso, MSW, Chukwuemeka Okafor, MPH, and Robert L. Cook, MD, MPH, University of Florida, Gainesville, FL; Michael Plankey, PhD, Georgetown University Medical Center, Washington, DC; Alison G. Abraham, PhD, Johns Hopkins Bloomberg School of Public Health, Baltimore, MD; and Robert K. Bolan, MD, Los Angeles LGBT Center, Los Angeles, CA
3:15 p.m. – 4:45 p.m.	Paper Session 19: Impact of Food Environment on Health Outcomes
Jefferson East	
Content area: Nutrition, O	besity
Instructional level: Intern	nediate/Advanced
<b>Co-Chairs:</b> Sandy J. Slate Omaha, NE	r, PhD, University of Illinois at Chicago, Chicago, IL; and Courtney Pinard, PhD, Gretchen Swanson Center for Nutrition,
3:15 p.m. – 3:33 p.m.	Healthy Food Zoning and the Neighborhood Food Environment: Can Permitted-Use Zoning Promote Healthier Communities?  Daniel R. Taber, PhD, MPH, University of Texas School of Public Health, Austin, TX; and Jamie F. Chriqui, PhD, MHS, Christopher M. Quinn, MS, and Leah Rimkus, MPH, RD, University of Illinois at Chicago, Chicago, IL
3:33 p.m. – 3:51 p.m.	Marketing Food Environment and Food Consumption in Children: Moderation by Food-Related Psychosocial Factors Catherine Paquet, BSc, PhD, University of South Australia, Adelaide, South Australia, Australia; Luc de Montigny, PhD, David Buckeridge, PhD, Alice Labban, PhD, and Vinita Akula, BSc, McGill University, Montreal, Quebec, Canada; Melissa Iskandar, BA, BS, McGill Centre for the Convergence of Health and Economics, Madison, NJ; Yu Ma, PhD, University of Alberta, Edmonton, Alberta, Canada; and Laurette Dubé, PhD, McGill University, Montreal, Quebec, Canada
3:51 p.m. – 4:09 p.m.	Effect of Proportional Pricing versus Value Pricing on Fountain Drink Purchases: Results from a Field Experiment Sarah E. Gollust, PhD, Xuyang Tang, MS, Simone French, PhD, and Carlisle Runge, PhD, MA, BA, University of Minnesota, Minneapolis, MN; James M. White, PhD, University of Wisconsin-River Falls, River Falls, WI; and Alexander Rothman, PhD, University of Minnesota, Minneapolis, MN
4:09 p.m. – 4:27 p.m.	Customer Purchases in Small, Non-Traditional Urban Food Retailers Caitlin E. Caspi, ScD, Jennifer E. Pelletier, MPH, Lisa Harnack, PhD, RD, Timothy L. Barnes, PhD, and Melissa N. Laska, PhD, RD University of Minnesota, Minneapolis, MN
4:27 p.m. – 4:45 p.m.	Measures of Food Environment: A Systematic Review Rebeccah Sokol, BS, and Leslie Lytle, PhD, University of North Carolina, Chapel Hill, NC

3:15 p.m. – 4:45 p.m.	Paper Session 20: Sleep Quality and Disorders
Jefferson West Content area: Sleep Instructional level: All lev	
Honolulu, HI	
3:15 p.m. – 3:33 p.m.	Conversation as Peer Support for Compliance with Health Message Recommendations of Adequate Sleep in College Rebecca Robbins, PhD, New York University School of Medicine, New York, NY; Jeff Niederdeppe, PhD, Cornell University, Ithaca, NY; and Girardin Jean-Louis, PhD, New York University School of Medicine, New York, NY
3:33 p.m. – 3:51 p.m.	Preventing Weight Gain Improves Sleep Quality among Black Women: Results from a Randomized Controlled Trial  Dori Steinberg, PhD, MS, RD, Duke University, Durham, NC; Renee H. Moore, PhD, Emory University, Atlanta, GA; Portia D. Parker, MS, SAS Institute Inc., Durham, NC; and Sandy Askew, MPH, Perry Foley, MPH, MSW, and Gary G. Bennett, PhD, Duke University, Durham, NC
3:51 p.m. – 4:09 p.m.	<b>Differences in Chronotype in Black and White Adults</b> Susan Kohl Malone, PhD, University of Pennsylvania, Philadelphia, PA; Freda Patterson, PhD, University of Delaware, Newark, DE; and Alicia J. Lozano, MS, and Alexandra Hanlon, PhD, University of Pennsylvania, Philadelphia, PA
4:09 p.m. – 4:27 p.m.	"I Don't sleepI've Been Like this for over 30 years": A Qualitative Approach to Understanding Sleep Disturbance among Blacks Natasha J. Williams, EdD, MPH, Rebecca Robbins, PhD, Valerie Newsome, PhD, Azizi Seixas, PhD, and Girardin Jean-Louis, PhD, New York University School of Medicine, New York, NY
4:27 p.m. – 4:45 p.m.	Barriers to Facilitators to Diagnosis of Obstructive Sleep Apnea among Blacks Rebecca Robbins, PhD, Natasha J. Williams, EdD, MPH, Valerie Newsome, PhD, Azizi Seixas, PhD, Gbenga Ogedegbe, and Girardin Jean-Louis, PhD, New York University School of Medicine, New York, NY
3:15 p.m. – 4:45 p.m.	Paper Session 21: HPV Infection and Vaccination
Monroe Content area: Child/adole Instructional level: Begin Co-Chairs: James Klosky,	
3:15 p.m. – 3:33 p.m.	Impact of School-Entry Requirements on Adolescent Vaccination Coverage, Timeliness, and Seasonal Variation  Jennifer L. Moss, PhD, National Cancer Institute, Rockville, MD; Paul Reiter, PhD, Ohio State University, Columbus, OH; Young Truong, PhD, University of North Carolina, Chapel Hill, NC; and Barbara K. Rimer, DrPH, MPH, and Noel T. Brewer, PhD, University of North Carolina Gillings School of Global Public Health, Chapel Hill, NC
3:33 p.m. – 3:51 p.m.	Disparities in Knowledge and Awareness of HPV and HPV Vaccine Detected among Different Race Group and Gender in a National Sample Eric Adjei Boakye, MA, Betelihem B. Tobo, MPH, Rebecca P. Rojek, BA, and Nosayaba Osazuwa-Peters, BDS, MPH, CHES, St. Louis University, St. Louis, MO
3:51 p.m. – 4:09 p.m.	HPV Is Not Just a Woman's Business! Exploring Inadequate HPV and HPV Vaccine Knowledge among Men Betelihem B. Tobo, MPH, Nosayaba Osazuwa-Peters, BDS, MPH, CHES, Eric Adjei Boakye, MA, and Kahee A. Mohammed, MD, St. Louis University, St. Louis, MO

4:09 p.m. – 4:27 p.m.	An Examination of HPV Vaccination and Cervical Cancer Screening Using the National Health
	Interview Survey Monica L. Kasting, PhD(c), Terrell Zollinger, DrPH, Brian Dixon, MPA, PhD, FHIMSS, Nathan Stupiansky, PhD, and Gregory Zimet, PhD, HSPP, Indiana University, Indianapolis, IN
4:27 p.m. – 4:45 p.m.	Barriers and Facilitators to HPV Vaccination among Young Men who have Sex with Men Mary Gerend, PhD, Krystal Madkins, MPH, Gregory Phillips II, PhD, MS, and Brian Mustanski, PhD, BA, Northwestern University Feinberg School of Medicine, Chicago, IL
3:15 p.m. – 4:45 p.m.	Paper Session 22: Military and Veteran Health
Instructional level: Begin	noking/tobacco, mental health, physical activity, other ner/intermediate VA Connecticut Healthcare System, West Haven, CT
3:15 p.m. – 3:33 p.m.	Psychiatric Comorbidity and Emotional Eating in Veterans Seeking Weight Management Treatment Su Cho, PsyD, Lindsey Dorflinger, PhD, Kathryn Min, MA, and Christopher Ruser, MD, VA Connecticut Healthcare System, West Haven, CT; and Robin M. Masheb, PhD, VA Connecticut Healthcare System, North Haven, CT
3:33 p.m. – 3:51 p.m.	Rapid Access to Quit Smoking: A Primary Care and Smoking Cessation Clinic Collaboration in a Veterans Affairs Hospital  Tessa Kramer, PsyD, Hartford Hospital/VA Connecticut Healthcare System, West Hartford, CT; and Judith Cooney, PhD, University of Connecticut/VA Connecticut Healthcare System, Newington, CT
3:51 p.m. – 4:09 p.m.	Supporting the Contraceptive and Menstrual Needs of our Female Troops: Updated Systematic Review and Implications Sara Vargas, PhD, and Kate M. Guthrie, PhD, Miriam Hospital/Brown University Alpert Medical School, Providence, RI; Melissa Guillen, BA, and Melissa Getz, BA, Miriam Hospital, Providence, RI; and Miriam Midoun, MS, Brown University, Providence, RI
4:09 p.m. – 4:27 p.m.	Childhood Maltreatment Experiences among U.S. Army Reserve/ National Guard Soldiers and their Partners Rachel C. Daws, BA, D. Lynn Homish, BS, Sarah Cercone Heavey, MPH, and Gregory G. Homish, PhD, State University of New York at Buffalo, Buffalo, NY
4:27 p.m. – 4:45 p.m.	Motivation Type and Physical Activity among Veterans Mona AuYoung, PhD, MS, MPH, Laura J. Damschroder, MS, MPH, Maria Hughes, MPT, Robert G. Holleman, MPH, and Bradley Youles, MPA, VA Ann Arbor, Ann Arbor, MI; and Caroline R. Richardson, MD, University of Michigan, Ann Arbor, MI
3:15 p.m. – 4:45 p.m.	Paper Session 23: Maternal Health and Well-Being
Cabinet	
Content area: Smoking/to	bacco, pregnancy, obesity, mental health
Instructional level: Begin	
Co-Chairs: Jennifer Huber	ty, PhD, Arizona State University, Phoenix, AZ; and Teresa Smith, PhD, Gretchen Swanson Center for Nutrition, Omaha, NE
3:15 p.m. – 3:33 p.m.	Predicting Response to Interventions Designed to Sustain Tobacco Abstinence Postpartum Michele D. Levine, PhD, Rebecca Emery, MS, and Rachel Kolko, PhD, University of Pittsburgh, Pittsburgh, PA
3:33 p.m. – 3:51 p.m.	Breastfeeding Interventions in Low-Income Mothers: Confidence and Knowledge as Potential Targets of Intervention  Amy Gorin, PhD, University of Connecticut, Storrs, CT; James Wiley, Philadelphia College of Osteopathic Medicine, Philadelphia, PA; Zhu Wang, PhD, and Autherene Grant, BS, Connecticut Children's Medical Center, Hartford, CT; and Michelle Cloutier, MD, University of Connecticut Health Center, Hartford, CT

University of Connecticut Health Center, Hartford, CT

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3:51 p.m. – 4:09 p.m.	Intervening During and After Pregnancy to Prevent Weight Retention among African American Women Herring J. Sharon, MD, MPH, and Jane F. Cruice, BA, RN, Temple University, Philadelphia, PA; Gary G. Bennett, PhD, Duke University, Durham, NC; Marisa Z. Rose, MD, and Adam Davey, PhD, Temple University, Philadelphia, PA; and Gary D. Foster, PhD, Weight Watchers International, New York, NY
4:09 p.m. – 4:27 p.m.	The Role of Employment Status on Depressive Symptoms among Women at Risk for Postpartum Depression  Beth Lewis, PhD, Lauren Billing, MS, Dwenda Gjerdingen, MD, MS, and Melissa Avery, PhD, CNM, University of Minnesota, Minneapolis, MN; and Bess Marcus, PhD, University of California-San Diego, San Deigo, CA
4:27 p.m. – 4:45 p.m.	Study Findings Regarding a Mind-Body Intervention for Perinatal Depression Patricia A. Kinser, PhD, WHNP-BC, RN, and Nancy Jallo, PhD, WHNP, FNP, Virginia Commonwealth University, Richmond, VA
3:15 p.m. – 4:45 p.m.	Paper Session 24: Self-Management of Diabetes
Columbia 6	
Content area: Diabetes, c	hild/adolescent Health
Instructional level: Begin	ner/intermediate

Chair: Robin Whittemore, PhD, Yale School of Nursing, West Haven, CT

3:15 p.m. – 3:33 p.m.	Intermediate-Term Effects of Diabetes Self-Management Support Delivered Via mHealth James E. Aikens, PhD, and John Piette, PhD, University of Michigan, Ann Arbor, MI
3:33 p.m. – 3:51 p.m.	Parental Risk Factors for Family Conflict Regarding Direct and Indirect Diabetes Management Tasks Kimberly L. Savin, BA, Jadienne Lord, BA, Niral J. Patel, MPH, Katia M. Perez, MEd, and Sarah S. Jaser, PhD, Vanderbilt University, Nashville, TN
3:51 p.m. – 4:09 p.m.	Partner Influence on Diabetes Self-Management among Adults with Type 2 Diabetes Jennalee Wooldridge, MA, Krista W. Ranby, PhD, and Sarah Lynch, MPH, University of Colorado Denver, Denver, CO
4:09 p.m. – 4:27 p.m.	Diabetes Self-Management in Emerging Adults: Changes One Year Post-High School Maureen Monaghan, PhD, CDE, Children's National Health System, Washington, DC; Elora Majumder, BA, Case Western Reserve University School of Medicine, Cleveland, OH; and Fran Cogen, MD, CDE, Children's National Health System, Washington, DC
4:27 p.m. – 4:45 p.m.	Successful Self-Management of Chronic Illness: The Role of Habit versus Reflective Factors in Exercise and Medication Adherence L. Alison Phillips, PhD, Iowa State University, Ames, IA; Joshua Cohen, MD, The George Washington University School of Medicine and Health Sciences, Washington, DC

### 3:15 p.m. – 4:45 p.m. Paper Session 25: Health Effects of Adverse Events

Columbia 8

Content area: Obesity, mental health, child/adolescent Health, sexual behavior

Instructional level: Beginner/intermediate

**Co-Chairs:** Emily Rothman, ScD, Boston University School of Public Health, Boston, MA; and Erika Waters, PhD, MPH, Washington University School of Medicine, St. Louis, MO

3:15 p.m. – 3:33 p.m. The Association of Adverse Childhood Experiences with Childhood Obesity Using a National Child Survey

Brian Lynch, MD, Lila J. Finney Rutten, PhD, MPH, Amenah Agunwamba, ScD, MPH, Patrick M. Wilson, MPH, Seema Kumar, MD, Valeria Cristiani, Chun Fan, and Robert M. Jacobson, MD, Mayo Clinic, Rochester, MN

3:33 p.m. – 3:51 p.m.	Childhood Abuse in Caribbean Young Adults: It's Association with Depression, Post-Traumatic Stress Symptoms, and Skin Bleaching Caryl James, PhD, University of the West Indies, Mona, Kingston, Jamaica; Azizi Seixas, PhD, New York University School of Medicine, New York, NY; Abigail Harrison, MBBS, DM (Paed), University of the West Indies, Mona, Kingston, Jamaica; and Girardin Jean-Louis, PhD, New York University School of Medicine, New York, NY
3:51 p.m. – 4:09 p.m.	Exposure to Violence among Marginalized Urban Youth Carlie Hanson, MPH, Temple University, Philadelphia, PA; and Carolyn Cannuscio, ScD, Roxanne Dupuis, MSPH, Emily Strupp, MSEd, Sarah Kounaves, MSc, and Eva Bugos, BS, MSPH(c), University of Pennsylvania, Philadelphia, PA
4:09 p.m. – 4:27 p.m.	Interpersonal Violence as it Relates to Risky Sexual Behavior among Social Service-Involved Females Danielle Hill, BA, Lyn Stein, PhD, University of Rhode Island, Kingston, RI; Molly Magill, PhD, Brown University, Providence, RI; Joseph Rossi, PhD, University of Rhode Island, Kingston, RI; and Jennifer Clarke, MD, Brown University, Providence, RI
4:27 p.m. – 4:45 p.m.	Does Childhood Abuse Matter: Predicting Posttraumatic Stress Symptoms in Adult Latinos in the United States  Amy I. Ai PhD Jungup Lee MSW and Henry Carretta PhD MPH Florida State University Tallahassee. Fl

#### 5 p.m. - 6 p.m. Presidential Keynote and Awards Ceremony: When You're Finished Changing, You're Finished!

International Ballroom Center

**Content area:** Education, training, and/or career development

Instruction level: Intermediate

Presenter: Marian L. Fitzgibbon, PhD, University of Illinois at Chicago, Chicago, IL

Moderator: Ken A. Resnicow, PhD, University of Michigan, Ann Arbor, MI

As Ben Franklin said, "When you're finished changing, you're finished!" This presentation will focus on the state of SBM and the diverse professional opportunities available in behavioral medicine, with a focus on our adaptability and willingness to embrace change. Topics discussed will include leadership, the power of technology and social media to expand the reach and impact of behavioral science, and the role SBM members must play through advocacy and policy work on behalf of the future of behavioral medicine. Dr. Fitzgibbon is president of SBM.

#### 6 p.m. − 7 p.m. *Exhibit Hall Open*

Columbia 1-5

Stop by vendors' tables in the exhibit hall.

This session not eligible for continuing education credit.

#### 6 p.m. – 7 p.m. Membership and SIG Councils Present: New Member Meet and Greet

Columbia 3-4

Moderator: Lorna M. Haughton McNeill, PhD, MPH, The University of Texas MD Anderson Cancer Center, Houston, TX

If you're a new SBM member, be sure to stop by this informal meet and greet before checking out the evening poster session. Attendees will hear a few SBM members briefly share how the society has helped their careers. SIG representatives will be on hand to chat and answer questions. The SIGs will also have posters on display to explain their goals and activities. The meet and greet will be a great place to find a buddy for walking the poster hall, plus it's the only place where new members can redeem the free drink tickets they found in their meeting registration packets!

This session not eligible for continuing education credit.

### 6 p.m. – 7 p.m. **Poster Session B**

Columbia 1-5

Join SBM for a delightful evening of networking in a cutting-edge poster session. Cash bar and complimentary hors d'oeuvres will be provided. This session not eligible for continuing education credit.

#### Better Health Through Behavior Change

### FRIDAY, APRIL 1, 2016

#### **DAY AT A GLANCE**

Start	End	Title
6:15 a.m.	7 a.m.	Meditation
7 a.m.	7 p.m.	Registration Open
7:15 a.m.	8 a.m.	Breakfast Roundtables
8:15 a.m.	9:30 a.m.	Symposia
9:45 a.m.	10:45 a.m.	Keynote
11 a.m.	12 p.m.	Panel Discussions/Midday Meetings
12 p.m.	1 p.m.	Exhibit Hall Open
12:30 p.m.	1:30 p.m.	Master Lecture/Paper Sessions
1:45 p.m.	3 p.m.	Symposia
3:15 p.m.	4:45 p.m.	Paper Sessions
5 p.m.	6 p.m.	Keynote
6 p.m.	7 p.m.	Poster Session C/Exhibit Hall Open

#### 6:15 a.m. – 7 a.m. Complementary and Integrative Medicine SIG Presents: Meditation

Columbia 3-4

Instructor: Jennifer L. Matthews, MS

Wake up and start your day off right with a meditation session.

This session not eligible for continuing education credit.

7 a.m. – 7 p.m. Registration Open

### 7:15 a.m. – 8 a.m. Breakfast Roundtable: Military and Veterans' Health SIG Business Meeting and Discussion

International Ballroom East

Moderator: Jeffrey P. Haibach, PhD, Department of Veterans Affairs, Pittsburg, PA

**Presenters:** Robin M. Masheb, PhD, Yale School of Medicine, New Haven CT; Emily A. Grieser PhD, USAF; Katherine S. Hall, PhD, GRECC Veterans Affairs Medical Center, Durham, NC

This is a dynamic meeting of the Military and Veterans' Health SIG to nominate leadership, and discuss future goals of the SIG, and discuss other SIG-related endeavors. Come ready to discuss ideas and how you would like your SIG to move forward.

This session not eligible for continuing education credit.

# 7:15 a.m. – 8 a.m. Breakfast Roundtable: Student SIG and the Cognitive, Affective, and Social Processes in Health Research (CASPHR) Workgroup Present: Mentored Breakfast with CASPHR

International Ballroom West

Moderators: Courtney Stevens, MA and Angela Bryan, PhD, University of Colorado Boulder, Boulder, CO

The CASPHR Workgroup is composed of a group of experts with the mission of advancing contributions that theories of cognitive, affective, and social processes can make to enhance research and practice. This breakfast meeting will bring together CASPHR-affiliated investigators (e.g., Drs. Alex Rothman, Bill Klein, Angela Bryan) with early stage investigators (e.g., graduate students, postdocs) to focus on these topics. Early stage investigators will have the opportunity to network with senior scientists and gain new perspectives on the challenges and benefits of this work. To participate, students and postdocs must have submitted their submission information and mentor request to the Student SIG prior to the meeting and have been notified of their acceptance.

#### 7:15 a.m. – 8 a.m. Breakfast Roundtable: Cancer SIG Business Meeting

Lincoln East

**Moderators:** Kristi Graves, PhD, Georgetown University, Washington, DC; and Catherine Alfano, PhD, American Cancer Society, Washington, DC Please join us for an engaging session in which we will discuss the activities of the Cancer SIG! We are excited to share information about a novel Cancer SIG funding initiative to stimulate new research partnerships. At the session, we will elicit ideas and discuss plans for the upcoming year and present the Outstanding Student Abstract Award and the Outstanding Senior Investigator Award.

This session not eligible for continuing education credit.

7:15 a.m. – 8 a.m. Breakfast Roundtable: Nurses Section: Optimizing the Potential of Nursing Contributions to Behavioral Medicine

Lincoln West

**Moderators:** Laura L Hayman, PhD, RN, FAAN, University of Massachusetts, Boston, MA; and Barbara Resnick, PhD, CRNP, University of Maryland, Baltimore, MD

This session is designed to bring together the nurses within SBM. It is intended to stimulate and renew enthusiasm and commitment to SBM among all nurses including pre-docs, post-docs, early career and senior investigators and clinicians.

This session not eligible for continuing education credit.

#### 7:15 a.m. – 8 a.m. Breakfast Roundtable: Lessons Learned from International Obesity Prevention: Next Steps

Georgetown East

Moderators: James F. Sallis, Jr., PhD, University of California-San Diego, CA; Frank J. Penedo, PhD, Northwestern University Feinberg School of Medicine, Chicago IL; and Rachel Ballard, MD, National Institutes of Health, Bethesda, MD

This session will provide an overview of promising international obesity prevention work internationally. Goals are to consider ways to build clear paths of learning from global innovation that can be applied in the US and opportunities for taking effective US innovations internationally. There will be discussion of next steps following the symposia at SBM on obesity prevention in Latin America sponsored by NCCOR (National Childhood Obesity Research Collaborative). Speakers will present 5-min overviews of relevant work, including Tracy Orleans, Mauricio Hernandez Avila, Steve Gortmaker, Abby King, and David Berrigan. Discussion will focus on roles for SBM and ISBM and opportunities for international collaboration. Other funders will be invited to attend.

This session not eligible for continuing education credit.

# 7:15 a.m. – 8 a.m. Breakfast Roundtable: The Optimization of Behavioral Interventions SIG Presents: Introduction to Optimizing Behavioral Interventions

Georgetown West

Moderators: Linda M. Collins, PhD, and Kari Kugler, PhD, MPH, Pennsylvania State University, State College, PA; Thelma Mielenz, PhD, Columbia University, New York, NY; David Cavallo, PhD, MPH, RDN, Case Western Reserve University, Cleveland, OH; and Sara St. George, PhD, University of Miami Miller School of Medicine, Miami, FL

Do you conduct behavioral intervention research or intend to? Are you looking for ways to streamline the process and improve intervention design, implementation, and efficacy using alternative methods to traditional RCTs? At this session, Dr. Collins, Director of the Methodology Center at Penn State, will give a brief presentation about optimizing behavioral interventions. Afterward, existing and prospective SIG members will have a brainstorming session to discuss how the SIG can promote optimization science and enhance members' research efforts through collaboration and consultation.

This session not eligible for continuing education credit.

#### 7:15 a.m. - 8 a.m. Breakfast Roundtable: Women's Health SIG Business/Networking Breakfast

Jefferson East

**Moderators:** Jennifer Huberty, PhD, Arizona State University, Pheonix, AZ; and Sara Kornfield, PhD, University of Pennsylvania, Philadelphia, PA The Women's Health SIG business meeting will include discussion of paper submissions, recruiting new members, future directions, career advice, and time for networking.

7:15 a.m. – 8 a.m. Breakfast Roundtable: Diabetes SIG Meeting

Jefferson West

**Moderators:** Barbara Stetson, PhD, University of Louisville, Louisville, KY; and Karl E. Minges, MPH, Yale University, New Haven, CT Join members of the Diabetes SIG for breakfast, coffee and conversation as we discuss SIG activities and annual business. Network with researchers and clinicians to plan activities and collaborations for the coming year. Attendees will identify priority areas for the SIG and set goals for collaborative activities. The Diabetes SIG outstanding trainee award will also be presented. SIG and non SIG members are invited. Students and trainees are encouraged to attend.

This session not eligible for continuing education credit.

7:15 a.m. – 8 a.m. Breakfast Roundtable: Complementary and Integrative Medicine SIG Networking and Planning
Meeting

Monroe

Moderator: Crystal Park, PhD, University of Connecticut, Storrs, CT

Join members of the Complementary and Integrative Medicine SIG for an opportunity to meet over breakfast and coffee. We will discuss SIG activities and annual business. This is a good time to network with others and make plans for the coming year. Some of the topics up for discussion are the awards program and mentoring opportunities. Students and trainees are encouraged to attend

This session not eligible for continuing education credit.

#### 7:15 a.m. – 8 a.m. Breakfast Roundtable: Aging SIG Business Meeting

Fairchild

**Moderators:** Neha P. Gothe, PhD, Wayne State University, Detroit, MI; and Sandra J. Winter, PhD, Stanford Prevention Research Center, Stanford, CA Aging SIG leaders will provide a preview of this year's sponsored events, update on the SIG membership, and discuss goals for SIG collaborations for future SBM annual meetings. The SIG will elect new leadership, recognize the out-going chair and present two awards: Aging SIG Outstanding Graduate Research Award and the Local Innovator Award.

This session not eligible for continuing education credit.

7:15 a.m. – 8 a.m.

Breakfast Roundtable: Scientific and Professional Liaison Council, American Academy of Family Physicians, and North American Primary Care Research Group Present: Exploring Common Interests in Primary Care Research, Practice, and Policy

Columbia 8

Moderators: Jennifer K. Carroll, MD, MPH, American Academy of Family Physicians National Research Network, Aurora, CO; Tom Vansaghi, PhD, North American Primary Care Research Group, Leawood, KS; Sherri Sheinfeld Gorin, PhD, Columbia University/National Cancer Institute/NYPAC, New York, NY; and Andrew Bazemore, MD, MPH, Robert Graham Center Policy Studies in Family Medicine and Primary Care, Washington, DC The purpose of this session is to foster liaisons toward development of joint conference presentations, joint publications, and/or health policy briefs on an areas of mutual interest. Areas of joint interest for discussion at this session include what population health means for primary care practices; best practices for engaging patents; how to design projects with policy impact in mind; and bringing clinical concepts/evidence-based products into practice. The American Academy of Family Physicians (AAFP) network includes over 2,000 physicians and clinicians, and approximately 4 million patients. It has 42 research projects in its portfolio including some involving shared decision making, chronic pain, diabetes, and cancer screening. AAFP is expanding its network's reach on healthy lifestyle interventions, primary care trends, and research with an intentional policy component. The network is also partnering with the North American Primary Care Research Group (NAPCRG) on patient-engagement strategies and research. NAPCRG is the world's largest organization devoted to research in family medicine, primary care, and related fields, including epidemiology, behavioral sciences, and health services research. NAPCRG provides a forum for presenting new knowledge to guide improvement, redesign, and transformation of primary care.

7:15 a.m. - 8 a.m. Breakfast Roundtable: Multi-Morbidity SIG Business Meeting

Columbia 9

Moderator: Jerry Suls, PhD, National Cancer Institute, Bethesda, MD

Business meeting to discuss plans for the upcoming year. This session not eligible for continuing education credit.

7:15 a.m. – 8 a.m. Breakfast Roundtable: Integrated Primary Care and Student SIGs Present: Student and Postdoc Matched Mentoring Session for Careers in Primary Care

Columbia 10

Moderator: Kathryn E. Kanzler, PsyD, ABPP, University of Texas Health Science Center San Antonio, San Antonio, TX

Small groups of trainees will each be matched with a senior expert in Integrated Primary Care for practical advice on career development.

Attendees must complete a pre-conference interests survey and have been accepted prior to the meeting.

This session not eligible for continuing education credit.

8:15 a.m. - 9:30 a.m. Presidential Symposium: Alternative Nicotine Delivery Systems: Friend, Frenemy, or Enemy?

International Ballroom East Content area: Smoking/tobacco

Instructional level: Intermediate/advanced

Moderator: Robin Mermelstein, PhD, University of Illinois at Chicago, Chicago, IL

Chair: David B. Abrams, PhD, Schroeder Institute for Tobacco Research and Policy Studies at Legacy, Washington, DC

Presenters: David B. Abrams, PhD, Schroeder Institute for Tobacco Research and Policy Studies at Legacy, Washington, DC; and Scott J.

Leischow, PhD, Mayo Clinic, Scottsdale, AZ

Discussant: Scott Burris, JD, Public Health Law Research Program, Temple University, Philadelphia, PA

8:15 a.m. - 9:30 a.m. Symposium 36: Optimization of Behavioral Interventions SIG Presents: Optimization of Behavioral

Interventions: Three Real-World Applications

International Ballroom West Content area: Methods Instructional level: Beginner

Chair: Kari C. Kugler, PhD, MPH, The Pennsylvania State University, University Park, PA

Presenters: Danielle Symons Downs, PhD, The Pennsylvania State University, University Park, PA: Nancy Sherwood, PhD, HealthPartners Institute

for Education and Research, Bloomington, MN; and Bonnie Spring, PhD, Northwestern University, Chicago, IL

8:15 a.m. - 9:30 a.m. Symposium 37: Digging Deeper: Using Daily Diary Studies to Capture Within- and Between-Person **Predictors of Health Behaviors** 

Lincoln East

Content area: Methods

Instructional level: Beginner/intermediate

Chair: Crystal Park, PhD, University of Connecticut, Mystic, CT

Presenters: Kristen Riley, MA, University of Connecticut, Lauderdale By The Sea, FL; and Amanda Chue, BS, American University, Washington, DC

Discussant: Joshua M. Smyth, PhD, Pennsylvania State University, University Park, PA

#### Better Health Through Behavior Change

### FRIDAY, APRIL 1, 2016

8:15 a.m. – 9:30 a.m. **Symposium 38: Physical Activity and Theories and Techniques of Behavior Change Interventions SIGs** 

**Present: Theory-Guided Exergames** 

Lincoln West

**Content area:** Physical Activity

Instructional level: Beginner/intermediate

Chairs: Arlen C. Moller, PhD, Illinois Institute of Technology, Chicago, IL; and Dejan Magoc, PhD, Stetson University, DeLand, FL

**Presenters:** David Conroy, PhD, College of Health and Human Development, University Park, PA; Nathan K. Cobb, MD, Georgetown University Medical Center, Washington, DC; Amy S. Lu, PhD, Northeastern University, Boston, MA; and Ryan E. Rhodes, PhD, University of Victoria, Victoria, BC,

Canada

Discussant: Tom Baranowski, PhD, Baylor College of Medicine, Houston, TX

This session not eligible for continuing education credit.

8:15 a.m. – 9:30 a.m. **Symposium 39: Adolescent and Young Adult Survivors of Childhood Cancer: CBT and Psychodynamic Treatment Perspectives** 

Georgetown East
Content area: Cancer

Instructional level: Beginner/intermediate

Chair: Lauren M. B. Richardson, PhD, MA, Fuller Graduate School of Psychology, Irvine, CA

Presenters: Anne T. Nolty, PhD, ABPP-CN, Fuller Theological Seminary, Pasadena, CA; and Bri Staley Shumaker, MA, Fuller Graduate School of

Psychology, Pasadena, CA

Discussant: Randi McAllister-Black, PhD, City of Hope, Orange, CA

8:15 a.m. – 9:30 a.m. **Symposium 40: Clinical Applications of Cancer Genomic Technologies: Patient's Preferences and** 

Responses

Georgetown West

**Content area:** Risk and decision making **Instructional level:** Intermediate

Chair: Catharine Wang, PhD, MSc, Boston University School of Public Health, Boston, MA

Presenters: Jada G. Hamilton, PhD, MPH, Memorial Sloan Kettering Cancer Center, New York, NY; Kimberly A. Kaphingst, ScD, University of Utah,

Salt Lake City, UT; and Suzanne C. O'Neill, PhD, Georgetown University, Washington, DC **Discussant:** Jennifer Hay, PhD, Memorial Sloan Kettering Cancer Center, New York, NY

8:15 a.m. – 9:30 a.m. Symposium 41: Military and Veterans' Health SIG Presents: High-Risk Patient Groups with Obesity and Implications for Tailoring Weight Loss Treatments

Jefferson East

Content area: Obesity

Instructional level: Beginner/intermediate

Chair: Robin M. Masheb, PhD, VA CT Healthcare System, North Haven, CT

Presenters: Shira Maguen, PhD, San Francisco VA Medical Center, San Francisco, CA; and Diana Higgins, PhD, VA Boston Healthcare System,

Boston, MA

Discussant: Corrine Voils, PhD, Durham VA Medical Center, Duke University Medical Center, Durham, NC

8:15 a.m. - 9:30 a.m.

Symposium 42: Cancer and Ethnic Minority and Multicultural Health SIGs Present: Innovative and Culturally Responsive Interventions to Improve Cancer Survivorship Outcomes in Diverse Populations

Jefferson West
Content area: Other

Instruction level: Beginner/intermediate

Chair: Qian Lu, MD, PhD, University of Houston, Houston, TX

Presenters: Kristi D. Graves, PhD, Lombardi Comprehensive Cancer Center, Georgetown University, Washington, DC; and Kimlin T. Ashing, PhD,

Beckman Research Institute, City of Hope Medical Center, Duarte, CA

Discussant: Hayley S. Thompson, PhD, Wayne State University - Karmanos Cancer Institute, Detroit, MI

8:15 a.m. - 9:30 a.m.

Symposium 43: Obesity and Eating Disorders and Physical Activity SIGs Present: Innovative Strategies to Assess and Target Sedentary Behavior across the Lifespan

Monroe

**Content area:** Physical activity **Instruction level:** Intermediate

Chair: Melissa Napolitano, PhD, George Washington University, Washington, DC

**Presenters:** Genevieve F. Dunton, PhD, MPH, University of Southern California, Los Angeles, CA; Dale S. Bond, PhD, Brown Alpert Medical School/ The Miriam Hospital Weight Control and Diabetes Research Center, Providence, RI; and Abby King, PhD, Stanford University School of Medicine, Stanford, CA

Discussant: Beth Lewis, PhD, University of Minnesota, Minneapolis, MN

8:15 a.m. - 9:30 a.m.

Symposium 44: The Biopsychosocial Factors Influencing Pain and Impact of Pain on Function in the Post-Hip-Fracture Period

Fairchild

Content area: Pain

Instructional level: Intermediate/advanced

Chair: Barbara Resnick, PHD, CRNP, FAAN, FAANP, University of Maryland School of Nursing, Baltimore, MD

Presenters: Jennifer Klinedinst, PhD, RN, University of Maryland School of Nursing, Baltimore, MD; and Susan Dorsey, PhD, RN, FAAN, University of

Maryland School of Nursing, Baltimore, MD

Discussant: Laura Yerges-Armstrong, PhD, University of Maryland School of Medicine, Baltimore, MD

8:15 a.m. – 9:30 a.m.

Symposium 45: Theories and Techniques of Behavior Change Interventions SIG Presents: Developing and Testing Theory-Based Digital Behavioral Interventions

Cabinet

Content area: Other

Instructional level: Intermediate

Chair: Susan Michie, PhD, University College London, London, United Kingdom

Presenters: Susan Michie, PhD, University College London, London, United Kingdom; Kevin Masters, PhD, University of Colorado Denver, Denver,

CO; and Robert West, PhD, University College London, London, United Kingdom

Discussant: David M. Williams, PhD, Brown University School of Public Health, Providence, RI

Better Health Through Behavior Chang

# FRIDAY, APRIL 1, 2016

8:15 a.m. – 9:30 a.m. *Symposium 46: Diabetes SIG Presents: Crossing the eHealth Chasm: Technology-Mediated Diabetes* 

**Prevention and Management Interventions** 

Columbia 6

Content area: Diabetes

Instructional level: Intermediate

Chair: Karl E. Minges, MPH, Yale University, Wallingford, CT

Presenters: Lyndsay A. Nelson, PhD. Vanderbilt University Medical Center, Nashville, TN: Cameron Sepah, PhD. University of California, San

Francisco, San Francisco, CA; and Caroline R. Richardson, MD, University of Michigan, Ann Arbor, MI

Discussant: Robin Whittemore, PhD, APRN, FAAN, Yale University, Orange, CT

8:15 a.m. – 9:30 a.m. Symposium 47: Importing, Adapting, and Evaluating Open Streets and Cyclovia to Increase Physical

**Activity Levels** 

Columbia 8

**Content area:** Physical Activity **Instructional level:** Beginner

Chair: David Berrigan, PhD, MPH, National Cancer Institute, Bethesda, MD

**Presenters:** Olga Sarmiento, MD, PMH, PhD, University of Los Andes, Bogota, Colombia; Michael Pratt, MD, MSPE, MPH, Emory University Rollins School of Public Health, Atlanta, GA; and J. Aaron Hipp, PhD, Department of Parks, Recreation, and Tourism Management and Center for Geospatial

Analytics, Raleigh, NC

Discussant: Gil Penalosa, MBA, PHDhc, CSP, 8-80 Cities, Toronto, Canada

8:15 a.m. – 9:30 a.m. Symposium 48: Framing and Training: Key Influences on Physical Activity Perception, Affect, and

**Experience** 

Columbia 9

Content area: Physical activity

Instructional level: Beginner/intermediate

Chair: Angela Bryan, PhD, University of Colorado Boulder, Boulder, CO

Presenters: Michelle Segar, PhD, MPH, University of Michigan, Ann Arbor, MI; Arielle S. Gillman; and Courtney J. Stevens, MA, University of

Colorado Boulder, Boulder, CO

Discussant: Audie Atienza, PhD, National Institutes of Health, Rockville, MD

8:15 a.m. – 9:30 a.m. Symposium 49: Ethnic Minority and Multicultural Health SIG Presents: Faith-Based or Culturally-

Tailored Community-Based Programs to Improve Minority Health

Content area: Other

Instructional level: Intermediate

Chair: Aasim Padela, MD, MSc, Initiative on Islam and Medicine, Program on Medicine and Religion & Section of Emergency Medicine, Department of Medicine, University of Chicago, Chicago, IL

**Presenters:** Milkie Vu, MA, The University of Chicago, Chicago, IL; Elizabeth Lynch, PhD, Rush University Medical Center, Chicago, IL; Claire Townsend, DrPH, University of Hawaii at Manoa, Honolulu, HI; and Aasim Padela, MD MSc, Initiative on Islam and Medicine, Program on Medicine and Religion & Section of Emergency Medicine, Department of Medicine, The University of Chicago, Chicago, IL

Discussant: Michele Heisler, MD, MPA, University of Michigan Medical School, Ann Arbor, MI

8:15 a.m. – 9:30 a.m. Symposium 50: Novel Behavioral and Psychological Screening Strategies for Children and Adolescents in Medical Contexts

Columbia 11

Content area: Mental health

Instructional level: Intermediate/advanced

Chair: Eleanor R. Mackey, PhD, Children's National Health System, Washington, DC

**Presenters:** Steven J. Hardy, PhD, Children's National Health System and George Washington University School of Medicine and Health Sciences, Washington, DC; Kristina K. Hardy, PhD, The George Washington University School of Medicine/ Children's National Medical Center, Washington,

DC; and Leandra Godoy, PhD, Children's National Health System, Washington, DC

Discussant: Maureen Monaghan, PhD, Children's National Health System, Washington, DC

8:15 a.m. – 9:30 a.m. Symposium 51: Stress, Coping, and Social Relationships Among Individuals Affected by Rare Diseases

Columbia 12
Content area: Other

Instructional level: Beginner/intermediate

Chair: Marci Lobel, PhD, Stony Brook University, Stony Brook, NY

Presenters: Laura Koehly, PhD, National Institutes of Health, Bethesda, MD; Amy Frohnmayer, MA, Oregon State University - Cascades, Bend, OR;

and Jennifer Nicoloro SantaBarbara, MA, Stony Brook University, Stony Brook, NY

Discussant: Tracey A. Revenson, PhD, Hunter College and the Graduate Center, City University of New York, New York, NY

# 9:45 a.m. – 10:45 a.m. Keynote: Healthy Habits the Sesame Way: Lessons Learned around Nurturing Young Children's Health and Well-Being

International Ballroom Center

Content area: Obesity

Instructional level: Beginner/intermediate

Presenter: Jeanette Betancourt, EdD, Sesame Workshop, New York, NY

Moderator: Monica L. Baskin, PhD, University of Alabama at Birmingham, Birmingham, AL

Sesame Workshop, the nonprofit organization that produces Sesame Street, continually addresses the needs of children and families by using the trusted power of Muppets to help children grow smarter, stronger, and kinder. Through ongoing research and community input, Sesame Workshop recognized the potential to use positive media and resources as a way to engage young children in making healthy nutritional choices. The results have been the development of Sesame Street's Healthy Habits for Life initiative, which has shifted thinking about early childhood nutrition and physical activity as well as about the impact of media as a tool for change. In addition, Sesame Workshop's research and implementation strategies have found that the development of healthy habits cannot be separated from young children's social and emotional development nor from the effects of food insecurity on vulnerable families. This talk will discuss such research, including lessons learned and implementation models. Dr. Betancourt is the senior vice president of U.S. social impact for Sesame Workshop.



#### Better Health Through Behavior Change

### FRIDAY, APRIL 1, 2016

11 a.m. – 12 p.m.

Midday Meeting: Health Decision Making SIG Presents: Promoting Shared Decision Making in Lung Cancer Screening through Policy

Columbia 3-4

Moderator: Jamie Studts, PhD, University of Kentucky, Lexington, KY

The National Lung Screening Trial recently demonstrated that screening with low-dose CT decreases lung cancer mortality in adults at high risk for lung cancer. Consequently, the USPSTF and major medical organizations now recommend lung cancer screening for high-risk adults, emphasizing shared decision making. This midday meeting will focus on shared decision making in lung cancer screening and the use of policy to promote it. A multi-disciplinary panel will discuss the development of the USPSTF lung cancer screening guidelines, the benefits and potential harms of lung cancer screening, the Centers for Medicare and Medicaid policy that patients must undergo shared decision making prior to receiving a screening order, and the implementation of lung cancer screening decision aids. The session will include ample time for a lively discussion.

This session not eligible for continuing education credit.

11 a.m. – 12 p.m.

Midday Meeting: Multiple Health Behavior Change, Physical Activity, Obesity and Eating Disorders, Optimization of Behavioral Interventions, and Theories and Techniques of Behavior Change Interventions SIGs Present: Debate: Social Cognitive Theories No Longer Provide a Comprehensive Approach for Understanding and Improving Health-Related Behaviors

International Ballroom East

Moderator: Susan Michie, DPhil, CPsych, FBPS, University College London, London, United Kingdom

**Speakers:** Jennifer Linde, PhD, University of Minnesota, Minneapolis, MN; Ryan E. Rhodes, PhD, University of Victoria, Canada; William Riley, PhD, National Institutes of Health, Bethesda, MD; and Donna Spruijt-Metz, MFA, PhD, University of Southern California, Los Angeles, CA

Social cognitive theories broadly state that a person's behavior is a function of his or her expectancies of success and value of the behavior. These theories have been widely used to develop and evaluate strategies to prevent illness or promote health-related behaviors (e.g., smoking cessation, physical activity, diet). However, critiques of social cognitive theories and calls for their retirement have emerged in the literature. This session will debate the proposition: "Social cognitive theories no longer provide a comprehensive approach for understanding and improving health related Behaviors." The debate will follow the standard procedure of a mover, opposer, seconder, and second opposer. The debate will then be open to the floor. There will then be closing remarks by the mover and opposer. The impact of the debate on participants' views will be assessed by a vote taken at the start and at the end. The aim is to have a lively, informative, and enjoyable discussion on a topic where there is merit on both sides of the argument.

This session not eligible for continuing education credit.

11 a.m. – 12 p.m.

Midday Meeting: Diabetes SIG Presents: Current Research and Practice Trends in Diabetes: Meet the Experts

International Ballroom West

Moderator: Barbara Stetson, PhD, University of Louisville, Louisville, KY

This midday activity draws from the expertise available in the Washington DC area to offer the opportunity to participate in an informal, interactive conversation hour with national experts on current research and practice trends related to diabetes. Expert participants will be Christine Hunter, PhD, Director of Behavioral Research in the Division of Diabetes, Endocrinology, and Metabolic Diseases at the National Institute of Diabetes and Digestive and Kidney Diseases, William Tynan, PhD, Director of Integrated Health Care at the American Psychological Association's Center for Psychology and Health, and Robyn Osbourne, PhD, Assistant Director of the National Center for Weight and Wellness. The expert participants will present a brief overview of the current research/practice trends in their respective areas. The majority of the hour will be spent in interactive discussions with opportunities to join breakout conversations using rotating roundtable formats. This conversation hour is appropriate for students, clinicians, and researchers across the career trajectory and disciplines.

11 a.m. – 12 p.m.

Midday Meeting: Women's Health and Physical Activity SIGs Present: Do I have to Exercise to Lose Weight or Not? A Friendly Debate

Columbia 8

**Moderators:** Jennifer Huberty, PhD, Arizona State University, Phoenix, AZ; and Beth A. Lewis, PhD, University of Minnesota, Minneapolis, MN **Panelists:** John M. Jakicic, PhD, University of Pittsburgh, Pittsburgh PA; Michael G. Perri, PhD, ABPP, University of Florida, Gainesville, FL; and Sherry L. Pagoto, PhD, University of Massachusetts Medical School, Worcester MA

The Women's Health and Physical Activity SIGs are proud to present a discussion about the role of exercise (and nutrition/diet) for weight loss/management in middle-aged women. Panelists will have a "debate" about the necessity of exercise for weight loss among women and the "facts and myths" associated with this topic.

This session not eligible for continuing education credit.

11 a.m. – 12 p.m.

Midday Meeting: Aging and Student SIGs Present: Hear it from the Experts: A Professional Development Panel

Columbia 9

**Chair:** Neha P. Gothe, MA, MS, PhD, Wayne State University, Detroit, MI **Moderator:** Brenna N. Renn, MA, Baylor College of Medicine, Houston, TX

**Panelists:** Edward McAuley, PhD, University of Illinois at Urbana-Champaign, Champaign, IL; Abby C. King, PhD, Stanford School of Medicine, Stanford, CA; and Barbara Resnick, PhD, RN, CRNP, FAAN, FAANP, University of Maryland School of Nursing, Baltimore, MD

This panel will convene SBM Fellows, including past recipients of the SBM Distinguished Mentor Award and a past SBM president. These senior scientists will offer their advice on broad-sweeping professional development and career development themes, including mentorship related to graduate and post-doctoral careers, interdisciplinary collaboration, and professional leadership. Students, postdoctoral fellows, and early career professionals from all SIGs are welcome.

This session not eligible for continuing education credit.

11 a.m. – 12 p.m.

Midday Meeting: Spirituality and Health SIG Presents: New and Distinguished Investigator Awards and Oral Presentations

Columbia 10

**Moderators:** John Salsman, PhD, Wake Forest School of Medicine, Winston-Salem, NC; and Andrea Clements, PhD, East Tennessee State University, Johnson City, TN

Crystal L. Park, PhD, of the University of Connecticut, will be presented the Distinguished Investigator in Spirituality and Health Award, and Kelly M. Trevino, PhD, of Weill Cornell Medical College at Cornell University, will be presented the New Investigator Award. Awardees will provide a review of their work and future directions.

11 a.m. - 12 p.m.

Midday Meeting: Integrated Primary Care and Women's Health SIGs Present: From the Exam Room to the Delivery Room: Maternal Health in an Integrated Behavioral Health Setting

Columbia 11

**Co-Chairs:** Kathryn E. Kanzler, PsyD, ABPP, University of Texas Health Science Center of San Antonio, San Antonio, TX; and Jennifer Huberty, PhD, Arizona State University, Phoenix, AZ

**Panelists:** Kendra Campbell, PhD, University of Alaska Fairbanks, Fairbanks, AK; Jenn Leiferman, PhD, University of Colorado Health Science Center, Denver, CO; and Leigh Ann Simmons, PhD, Duke University, Durham, NC

Integrated behavioral health in primary care is critical for good overall healthcare. A majority of women during childbearing age receive their primary care services in OB/GYN clinics, presenting an opportunity to promote healthy lifestyle behaviors. Pregnant and postpartum women are at risk for a variety of behavioral health concerns such as stress, depression, and overweight/obesity, all of which can be addressed in the context of maternal healthcare. The purpose of this panel is to address behavioral health both during pregnancy through delivery/postpartum within the integrated healthcare setting. Panelists will discuss: 1) considerations and suggestions for addressing prenatal stress and psychological health in routine prenatal care, 2) how to train OB providers to counsel on prenatal health behaviors and manage perinatal mood disorders in their patients, as well as how to connect the clinical setting with community resources, and 3) how to help women manage their weight during pregnancy and postpartum.

This session not eligible for continuing education credit.

#### 11 a.m. – 12 p.m. *Midday Meeting: Pain SIG Award Session*

Columbia 12

Moderator: Lara Dhingra, PhD, MJHS Institute for Innovation in Palliative Care, New York, NY

The purpose of the Pain SIG Awards Session will be to recognize meritorious research submissions by student members of SBM.

This session not eligible for continuing education credit.

#### 11 a.m. – 12 p.m. Panel Discussion 11: Sink or Swim! Experience from Early Career Professionals

Lincoln East

Content area: Education, training and/or career development

Instructional level: Beginner

Chair: Deirdre Dlugonski, PhD, East Carolina University, Greenville, NC

**Panelists:** Siobhan M. Phillips, PhD, MPH, Northwestern University Feinberg School of Medicine, Chicago, IL; Emily L. Mailey, PhD, Kansas State University, Manhattan, KS; David B. Portnoy, PhD, MPH, US Food and Drug Administration, Silver Spring, MD; and Matthew Banegas, Phd, MPH, MS, Kaiser Permanente Center for Health Research, Portland, OR

#### 11 a.m. – 12 p.m. **Panel Discussion 12: Mentoring at a Distance**

Lincoln West

Content area: Education, training and/or career development

Instructional level: Beginner

Chair: Xiaomeng Xu, PhD, Idaho State University, Pocatello, ID

**Panelists:** Alexandra DeSorbo-Quinn, MPH, Pilot Light, Chicago, IL; Margaret Schneider, PhD, University of California, Irvine, Irvine, CA; Abby King, PhD, Stanford University School of Medicine, Stanford, CA; John Allegrante, PhD, Teachers College, Columbia University, New York, NY; and Claudio Nigg, PhD, University of Hawaii, Honolulu, HI

11 a.m. – 12 p.m.

Panel Discussion 13: Using mHeath to Address Health Behaviors in High-Risk Populations: Challenges and Opportunities to Advance a Research Agenda

Georgetown East
Content area: Other

Instructional level: Intermediate

Chair: Bonnie Spring, PhD, Northwestern University Feinberg School of Medicine, Chicago, IL

**Panelists:** Kelly Aschbrenner, PhD, Geisel School of Medicine at Dartmouth, Lebanon, NH; John A. Naslund, MPH, Dartmouth College, Lebanon, NH; Mary F. Brunette, MD, Geisel School of Medicine at Dartmouth, Concord, NH; Elizabeth Carpenter-Song, PhD, Geisel School of Medicine at Dartmouth, Lebanon, NH; and Joelle C. Ferron, PhD, MSW, Geisel School of Medicine at Dartmouth College, Danville, PA

11 a.m. - 12 p.m

Panel Discussion 14: Information Technology among Baby Boomers: How Social Media Sites are Shaping Health Communication among Older Americans

Georgetown West

**Content area:** Risk and decision making **Instructional level:** Intermediate

Chair: Crystal Y. Lumpkins, PhD, University of Kansas Medical Center, Kansas City, KS

Panelists: Hyunijini Seo, PhD, University of Kansas, Lawrence, KS; Mugur V. Geana, MD, PhD, University of Kansas, Lawrence, KS; and Natbhona

Mabachi, Allen Greiner, Jesse Salinas, and Eva Laverne Manos, DNP - Leadership/Informatics, University of Kansas, Kansas City, KS

11 a.m. – 12 p.m.

Panel Discussion 15: Using Social Media for Obesity Treatment and Prevention Programs: Strategies and Lessons Learned

Jefferson East

**Content area:** Obesity **Instructional level:** Beginner

Chair: Melissa Napolitano, PhD, George Washington University, Washington, DC

Panelists: Brie Turner-McGrievy, PhD, MS, RD, University of South Carolina, Columbia, SC; and Jessica Whiteley, PhD, UMass Boston, Boston, MA

11 a.m. – 12 p.m.

Panel Discussion 16: Collaborative Bench-to-Bedside Fellowships: Building the Next Generation of Health Behavior Scientists

Jefferson West

Content area: Education, training and/or career development

Instructional level: Intermediate

Chair: Gwenyth R. Wallen, PhD, National Institutes of Health, Bethesda, MD

Panelists: Alyssa T. Brooks, PhD, Vijay Ramchandani, PhD, Nancy Diazgranados, MD, Laura E. Kwako, PhD, and David Goldman, MD, National

Institutes of Health, Bethesda, MD

11 a.m. – 12 p.m.

Panel Discussion 17: Implementation of Health Information Technology within Behavioral Health Settings: Challenges and Lessons Learned

Monroe

Content area: Mental health

Instructional level: Beginner/intermediate

Chair: Andrew Sarkin, PhD, UCSD Health Services Research Center, La Jolla, CA

Panelists: Kimberly Center, MA, and Kyle Choi, MPH, UCSD Health Services Research Center, La Jolla, CA

11 a.m. – 12 p.m. Panel Discussion 18: Diabetes SIG Presents: Use and Abuse of Technology: eHealth Factors that

**Engage or Alienate Patients and Providers** 

Fairchild

Content area: Diabetes

Instructional level: Beginner/intermediate

Chair: Karl E. Minges, MPH, Yale University, Wallingford, CT

**Panelists:** Carly Michelle Goldstein, PhD, Alpert Medical School of Brown University/The Miriam Hospital Weight Control and Diabetes Research Center, Providence, RI; Amy Huebschmann, MD, MS, University of Colorado School of Medicine, Aurora, CO; Chandra Y. Osborn, PhD, MPH, Vanderbilt University Medical Center, Nashville, TN; and Mark Heyman, PhD, Center for Diabetes and Mental Health, Solana Beach, CA

11 a.m. – 12 p.m. Panel Discussion 19: Re-Integrating Brain, Mind, and Body to Treat Patients with Symptoms that are Clinically Not Consistent with Medical Diagnosis

Cabinet

**Content area:** Stress

Instructional level: Beginner/intermediate

Chair: Elissa H. Patterson, PhD, University of Michigan, Ann Arbor, MI

Panelists: Richard J. Seime, PhD, ABPP, LP, Mayo Clinic College of Medicine, Rochester, MN; and Schubiner Howard, MD, Providence Hospital,

Southfield, MI

11 a.m. – 12 p.m. Panel Discussion 20: Navigating Burdens: Understanding the Connection between Culture, Burden, and Health Decisions in the Latino Population

Columbia 6

**Content area:** Stress

Instructional level: Beginner

**Chair:** Lucia I. Florindez, MA, University of Southern California, Burbank, CA **Panelist:** Daniella Florindez, MPH, University of Southern California, Burbank, CA

12 p.m. – 1 p.m. Exhibit Hall Open

Columbia 1-5

Stop by vendors' tables in the exhibit hall.

This session not eligible for continuing education credit.

12:30 p.m. – 1:30 p.m. *Master Lecture: The Role of School Nutrition in Children's Health and Well-Being: Where We've Been, Where We Are, and Where We're Going* 

International Ballroom East

Content area: Child/adolescent health and nutrition

Instructional level: Beginner/intermediate

Presenter: Jessica Donze Black, RD, MPH, The Pew Charitable Trusts, Washington, DC

**Moderator:** Kenneth Tercyak, PhD, Georgetown University Medical Center/Lombardi Comprehensive Cancer Center, Washington, DC Young people generally consume as many as half of their calories at school each day. As such, schools are major contributors to children's nutrition. Driven by passionate professionals, updated nutrition standards, and an increased appreciation for the role of nutrition in academic

performance, school nutrition is changing for the better. Ms. Black, director of the Pew Charitable Trusts' and Robert Wood Johnson Foundation's Kids Safe and Healthful Foods Project, will discuss the progress made, challenges faced, and impact on young people today.



12:30 p.m. – 1:30 p.m. Paper Session 26: Smoking and Social Media

International Ballroom West
Content area: Smoking/tobacco

Instructional level: Beginner/intermediate

Co-Chairs: Sherry Emery, MBA, PhD, Institute for Health Research and Policy, Chicago, IL; and Sherry Pagoto, PhD, University of Massachusetts

Medical School, Worcester, MA

12:30 p.m. – 12:45 p.m.

Use of Twitter to Assess Sentiment toward Waterpipe Tobacco Smoking
Jason B. Colditz, MEd, and Maharsi Naidu, University of Pittsburgh, Pittsburgh, PA; Noah A. Smith, PhD, University of
Washington, Seattle, WA; Joel Welling, PhD, Carnegie Mellon University, Pittsburgh, PA; and Brian A. Primack, MD, PhD,
University of Pittsburgh, Pittsburgh, PA

12:45 p.m. – 1 p.m.

A Tale of Two Tools: Reliability and Feasibility of Examining Twitter Mentions about E-Cigarettes from
Two Social Media Tools
Amelia Burke-Garcia, MA, and Cassandra A. Stanton, PhD, Westat, Rockville, MD

1 p.m. – 1:15 p.m.

Share2Quit: A Facebook Peer Innovation
Rajani S. Sadasivam, PhD, and Sarah L. Cutrona, MD, MPH, University of Massachusetts Medical School, Worcester, MA; Tana
Luger, PhD, MPH, Department of Veterans Affairs, Glendora, CA; Sowmya R. Rao, PhD, Boston University, Boston, MA; and
Jeroan Allison, MD, MS, and Thomas Houston, MD, MPH, University of Massachusetts Medical School, Worcester, MA

1:15 p.m. – 1:30 p.m. **Social Media Outreach for Smoking Cessation** 

Brian Keefe, MA, Kasia Galica, Emily Grenen, Kisha I. Coa, PhD, MPH, and Jessica Havlak, ICF International, Rockville, MD; and Erik Augustson, PhD, MPH, National Cancer Institute, Rockville, MD

12:30 p.m. - 1:30 p.m. Paper Session 27: Diet, Activity, and Weight Management in Racial and Ethnic Minorities

Lincoln East

Content area: Child/adolescent health, cardiovascular, obesity

Instructional level: Beginner/intermediate

Co-Chairs: Michelle Martin, University of Tennessee Health Science Center, Memphis, TN; and Dawn K. Wilson, PhD, University of South Carolina,

Columbia, SC

12:30 p.m. – 12:45 p.m.

Weight Management Behaviors among Mexican American Youth: Variation by Growth and Maturation
Jennifer L. Gay, PhD, University of Georgia, Athens, GA; and Eva Monsma, PhD, University of South Carolina, Columbia, SC

Racial/Ethnic Disparities in Meeting 5-2-1-0 Recommendations among U.S. Adolescents
Christina F. Haughton, MPH, and Stephenie C. Lemon, PhD, University of Massachusetts Medical School, Worcester, MA

I p.m. – 1:15 p.m.

Improving Heart Health Behaviors among African American Women: Civic Engagement as a Novel
Approach to Behavior Change
Sara Folta, PhD, and Alison G.M. Brown, MS, Tufts University, Boston, MA; Nesly Metayer, MA, PhD, EdM, Suffolk University,
Boston, MA; and Linda B. Hudson, ScD, ScM, MSPH, Tufts University, Boston, MA

1:15 p.m. – 1:30 p.m. Black-White Differences in Self-Efficacy and Weight Change in a 12-Month Behavioral Weight Loss Program

Rachel Goode, MSW, Qianheng Ma, MS, Susan M. Sereika, PhD, Lu Hu, Juliet M. Mancino, MS, Meghan K. Mattos, MSN, Dara Mendez, PhD, MPH, Christopher C. Imes, PhD, and Cynthia Danford, PhD, RN, PNP-BC, CPNP-PC, University of Pittsburgh, Pittsburgh, PA; Yaguang Zheng, PhD, MSN, RN, Boston College, Chestnut Hill, MA; and Lora E. Burke, PhD, MPH, FAHA, FAAN, University of Pittsburgh, PA

# Better Health Through Behavior Change

# FRIDAY, APRIL 1, 2016

12:30 p.m. – 1:30 p.m. Paper Session 28: Cancer Treatment Decision Making Research

Lincoln West

**Content area:** Cancer, decision making **Instructional level:** Beginner/intermediate

Co-Chairs: Jennifer Allen, MSEd, Wind Gap, PA; and Mary Politi, PhD, Washington University in St. Louis, St. Louis, MO

12:30 p.m. – 12:45 p.m.

# Prostate Cancer Patients' Quality of Relationship with their Physicians Impacts their Treatment Choice

Heather Orom, PhD, State University of New York at Buffalo, Buffalo, NY; Zinan Cheng, Touro College of Osteopathic Medicine, New York, NY; I'Yanna Scott, State University of New York at Buffalo, Buffalo, NY; Willie Underwood III, MD, MSci, MPH, Roswell Park Cancer Institute/State University of New York at Buffalo, Buffalo, NY; and D. Lynn Homish, BS, State University of New York at Buffalo, Buffalo, NY

12:45 p.m. – 1 p.m.

# Active Treatment Decision Making Associated with Better Decisional Outcomes, but More Decisional Difficulty

Caitlin Biddle, MA, State University of New York at Buffalo, Buffalo, NY; Willie Underwood III, MD, MSci, MPH, Roswell Park Cancer Institute/State University of New York at Buffalo, Buffalo, NY; and D. Lynn Homish, BS, and Heather Orom, PhD, State University of New York at Buffalo, Buffalo, NY

1 p.m. – 1:15 p.m.

A Qualitative Analysis of Medical Decision Making and Illness Experience in Papillary Thyroid Cancer Thomas D'Agostino, PhD, and Elyse Shuk, MA, Memorial Sloan Kettering Cancer Center, New York, NY; Erin Maloney, PhD, University of Pennsylvania, Philadelphia, PA; Rebecca Zeuren, NP, and Michael Tuttle, MD, Memorial Sloan Kettering Cancer Center, New York, NY; and Carma Bylund, PhD, Hamad Medical Corp., Doha, Qatar

1:15 p.m. - 1:30 p.m.

# An Assessment of Factors Influencing Physicians' Treatment Recommendations for Low-Risk Prostate Cancer

Paula Bellini, MA, American University, Washington, DC; Kimberly M. Davis, PhD, Charlotte Hagerman, BA, Riley Zinar, and Daniel Leigh, Georgetown University, Washington, DC; Amethyst Leimpeter, MS, Kaiser Permanente Northern California, Oakland, CA; Kathryn Taylor, PhD, Georgetown University, Washington, DC; Richard Hoffman, MD, MPH, University of Iowa Carver College of Medicine, Iowa City, IA; and Stephen K. Van Den Eeden, PhD, Kaiser Permanente Northern California, Oakland, CA

12:30 p.m. - 1:30 p.m.

# Paper Session 29: Patient Engagement and Health Communication

Georgetown East

Content area: Education, training and/or career development, child/adolescent health, primary care

Instructional level: All levels

Chair: Bradford W. Hesse, PhD, National Cancer Institute, Bethesda, MD

12:30 p.m. – 12:45 p.m.

# The Smarxt Media Literacy Program: A Pilot Study to Improve Evidence-Based Prescribing among Medical Residents

Bethany Corbin, BS, Jason B. Colditz, MEd, Allison Raithel, Galen E. Switzer, PhD, Jaime Sidani, PhD, MPH, CHES, Patricia Klatt, PharmD, and Brian A. Primack, MD, PhD, University of Pittsburgh, Pittsburgh, PA

12:45 p.m. – 1 p.m.

# Adolescents' Perspective on the Physical, Social, and Psychological Aspects of Being on a Waiting List for Orthopedic Surgery

Marie Achille, PhD, Marie Grimard, Magali Lang, BA, and Vanessa Léveillé, BA, University of Montreal, Montreal, Quebec, Canada; Stefan Parent, MD, PhD, Centre Hospitalier Universitaire Sainte-Justine, Montreal, Quebec, Canada; Sylvie LeMay, PhD, University of Montreal, Montreal, Quebec, Canada; and Soraya Barchi, BSc, Julie Joncas, BScN, and Guy Grimard, MD, Centre Hospitalier Universitaire Sainte-Justine, Montreal, Quebec, Canada

1 p.m. – 1:15 p.m.	Continuing the Conversation: Ongoing Follow-Up of Personalized Health Plans  Tana Luger, PhD, MPH, Department of Veterans Affairs, Glendora, CA; Barbara Bokhour, PhD, Department of Veterans  Affairs, Bedford, MA; Rendelle E. Bolton, MA, MSW, Edith Nourse Rogers Memorial Veterans Hospital, Bedford, MA; Mollie  A. Ruben, PhD, Boston VA Healthcare System, Boston, MA; Timothy P. Hogan, PhD, and Anna M. Barker, MS, Veterans Health  Administration, Bedford, MA; and Gemmae M. Fix, PhD, VA Center for Healthcare Organization and Implementation Research,  Bedford, MA	
1:15 p.m. – 1:30 p.m.	Agency and Resistance Strategies among Black Primary Care Patients  Janella Hudson, PhD, Moffitt Cancer Center, Tampa, FL; and Susan Eggly, PhD, and Louis Penner, PhD, Wayne State University/ Karmanos Cancer Institute, Detroit, MI	
12:30 p.m. – 1:30 p.m.	Paper Session 30: Improving Outcomes in Heart Failure	
Georgetown West		
Content area: Cardiovascu	lar	
Instructional level: All leve		
Chair: James E. Aikens, Ph	D, University of Michigan, Ann Arbor, MI	
12:30 p.m. – 12:45 p.m.	. Anger, Hostility, and Re-Hospitalizations in Patients with Heart Failure: A Structural Equation Modeling Assessment Felicia Keith, MS, David S. Krantz, PhD, Catherine M. Ware, MA, and Amy Lee, Uniformed Services University of the Hea Sciences, Bethesda, MD; Paula Bellini, MA, American University, Washington, DC; Kristie Harris, MS, Ohio State University Columbus, OH; and Stephen Gottlieb, MD, University of Maryland, Baltimore, MD	
12:45 p.m. – 1 p.m.	Anger and Short-Term Heart Failure Outcomes: Comparison with Perceived Stress  Andrew J. Dimond, BA, David S. Krantz, PhD, Andrew Waters, and Romano Endrighi, Uniformed Services University of the Health Sciences, Bethesda, MD; and Stephen Gottlieb, MD, University of Maryland, Baltimore, MD	
1 p.m. – 1:15 p.m.	Succeed: A Pilot Study of Heart Failure Self-Management Program for Couples Ranak Trivedi, PhD, and Cindie Slightam, MPH, VA Palo Alto Healthcare System, Palo Alto, CA; and Vincent Fan, MD, and Karin Nelson, VA Puget Sound Health Care System, Seattle, WA	
1:15 p.m. – 1:30 p.m.	Patient, Caregiver, and Providers' Perceptions of Barriers to Heart Failure Care Cindie Slightam, MPH, and Andrea Nevedal, PhD, VA Palo Alto Healthcare System, Palo Alto, CA; Vincent Fan, MD, and Karin Nelson, VA Puget Sound Health Care System, Seattle, WA; and Ranak Trivedi, PhD, VA Palo Alto Healthcare System, Palo Alto,	
12:30 p.m. – 1:30 p.m.	Paper Session 31: Symptom Burden and Quality of Life in Patients with Cancer	
Jefferson East		
Content area: Cancer, othe	r	
Instructional level: All leve	els	
Co-Chairs: Kimlin Tam Ash	ing, PhD, City of Hope, Duarte, CA; and Qian Lu, PhD, MD, University of Houston, Houston, TX	
12:30 p.m. – 12:45 p.m.	45 p.m. Racial Identity Attitudes and Health-Related Quality of Life among Black Breast Cancer Survivors Nicole Whitehead, PhD, and Paris Wheeler, BS, University of Florida, Gainesville, FL; Debra Annane, MA, MPH, and Belinda Ryan Robertson, BS, University of Miami, Miami, FL; Michael Antoni, PhD, University of Miami, Coral Gables, FL; and Suzann Lechner, PhD, University of Miami, Miami, FL	
12:45 p.m. – 1 p.m.	Disease Burden and Pain in Obese Cancer Patients with Chemotherapy Induced Neuropathic Pain Opportunity for Intervention Emily C. Martin, PhD, Lisa H. Trahan, PhD, Matthew Cox, PhD, Diane Novy, PhD, and Patrick M. Dougherty, PhD, University of Texas MD Anderson Cancer Center, Houston, TX	

Better Health Through Behavior Change

# FRIDAY, APRIL 1, 2016

# 1 p.m. - 1:15 p.m.

# Influence of Change in Employment Participation on Health-Related Quality of Life in Middle-Aged Colorectal Cancer Survivors

Jeff Vallance, PhD, Athabasca University, Athabasca, Alberta, Canada; Vanessa L. Beesley, PhD, QIMR Berghofer Medical Research Institute, Brisbane, Queensland, Australia; Gabor Mihala, PhD, Griffith University, Meadowbrook, Queensland, Australia; Brigid Lynch, PhD, Cancer Council Victoria, Melbourne, Victoria, Australia; and Louisa Gordon, PhD, Griffith University, Meadowbrook, Queensland, Australia

### 1:15 p.m. - 1:30 p.m.

# Influence of Cognitive Behavioral Therapy for Insomnia on Quality of Life in Cancer Survivors

Anita Peoples, PhD, and Charles Heckler, PhD, University of Rochester Medical Center, Rochester, NY; Sheila Garland, PhD, Memorial University, St. John's, New Foundland, Canada; and Charles Kamen, PhD, MPH, Luke Peppone, PhD, MPH, Karen Mustian, PhD, MPH, Gary Morrow, PhD, and Joseph A. Roscoe, PhD, University of Rochester Medical Center, Rochester, NY

# 12:30 p.m. - 1:30 p.m.

### Paper Session 32: Community-Based Efforts to Reduce Childhood Obesity

Jefferson West

Content area: Physical activity, child/adolescent health, obesity

Instructional level: Intermediate

Chair: Brian A. Lynch, MD, Mayo Clinic, Rochester, MN

#### 12:30 p.m. – 12:45 p.m.

# Translation of the Fit Intervention: A Student Delieved Weight Loss Program in Primarily Hispanic

Heather Kitzman-Ulrich, PhD, University of North Texas Health Science Center, School of Public Health, Fort Worth, TX; Qianzi Zhang, BMedSci, MPH, CPH, Texas Prevention Institute, Houston, TX; JoAnn Carson, PhD, RDN, University of Texas Southwestern Medical Center, Dallas, TX; Doug Fox, YMCA Organizational Leader, YMCA of Metropolitan Fort Worth (Formerly the YMCA of Metro Dallas), Ft Worth, TX; Mark DeHaven, PhD, UNC at Charlotte, Charlotte, NC; and Dawn K. Wilson, PhD, University of South Carolina. Columbia. SC

### 12:45 p.m. - 1 p.m.

#### Effectiveness of the Healthy Kids Out of School Program

Christina D. Economos, PhD, Stephanie Anzman-Frasca, PhD, Alyssa Koomas, MPH, Sara Folta, PhD, Karen Fullerton, MEd, Diane Gonsalves, MS, Jennifer Sacheck, PhD, Clarissa M. Brown, MS, MPH, and Miriam E. Nelson, PhD, Tufts University, Boston, MA

# 1 p.m. - 1:15 p.m.

### **Effect of Play Streets on Physical Activity in Children**

Robert L. Newton Jr., PhD, Pennington Biomedical Research Center, Baton Rouge, LA; Kaitlin Hanken, MPH, Louisiana State University Health Sciences Center, Baton Rouge, LA; Arwen M. Marker, BA, University of Kansas, Lawrence, KS; Diane Drake, MS, East Baton Rouge Parish Recreation Department, Baton Rouge, LA; Katherine M. Eagan, and Samantha Olivero, Pennington Biomedical Research Center, Baton Rouge, LA; Michael B. Edwards, PhD, North Carolina State University, Raleigh, NC; and Stephanie Broyles, PhD, Pennington Biomedical Research Center, Baton Rouge, LA

# 1:15 p.m. – 1:30 p.m.

Variations in the Effects of Structured Programming for Preventing Youth Summertime Weight Gain Amy Bohnert, PhD, Loyola University, Chicago, IL; Nicole Zarrett, PhD, University of South Carolina, Columbia, SC; and Kenneth Lee, MA, and Deborah Lowe Vandell, PhD, University of California-Irvine, Irvine, CA

### 12:30 p.m. - 1:30 p.m.

#### Paper Session 33: Health Behavior Theories and Conceptual Frameworks

Monroe

Content area: Smoking/tobacco, obesity, methods, risk and decision making

**Instructional level:** All levels

Co-Chairs: Ryan Rhodes, PhD, University of Victoria, Victoria, British Columbia, Canada; and David Williams, PhD, Brown University, Providence, RI

#### 12:30 p.m. – 12:45 p.m.

#### Implicit Theories of Smoking and Association with Current Smoking Status

Chan Thai, PhD, MPH, National Cancer Institute, Rockville, MD; Kisha I. Coa, PhD, MPH, ICF International, Rockville, MD; and Annette Kaufman, PhD, MPH, National Cancer Institute, Rockville, MD

12:45 p.m. – 1 p.m.	Implicit Theories about Body Weight in the Context of Genetic and Behavioral Causal Explanations for Overweight  Jennifer Taber, PhD, National Cancer Institute, Bethesda, MD; William Klein, PhD, National Cancer Institute, Rockville, MD; Susan Persky, PhD, National Human Genome Research Institute, Bethesda, MD; and Rebecca Ferrer, PhD, and Annette Kaufman, PhD, MPH, National Cancer Institute, Rockville, MD			
1 p.m. – 1:15 p.m.  How Should Expectations and Values be Combined to Predict Health-Related Outcomes Lauren A. Fowler, BS, Paige Clarke, MS, Steffi Renninger, BA, Rita Dwan, BA, and Tonya Dodge, PhD, George V University, Washington, DC				
1:15 p.m. – 1:30 p.m.	Curvilinear/Threshold Model of Benefit/Barrier-Behavior Relations: Improved Model Fit and Conceptual Coherence Marc T. Kiviniemi, BA, PhD, State University of New York at Buffalo, Buffalo, NY			
12:30 p.m. – 1:30 p.m.	Paper Session 34: Sun Safety and Sun Protective Behavior			
Instructional level: Beginn	l/adolescent health, primary care er/intermediate H, RN, Harvard School of Public Health, Boston, MA; and Elliot J. Coups, PhD, Rutgers Cancer Institute of New Jersey,			
12:30 p.m. – 12:45 p.m.	Skin Cancer Prevention in Adolescents: Effects of an Ultraviolet Photography Intervention on Socio-Cognitive Factors  Mary K. Tripp, PhD, MPH, Payal Pandit Talati, MPH, Elizabeth Winters, MS, MBA, Carmen Galvan, MA, Lauren E. Haydu, MIPH, Hua Feng, BMed, MS, and Jeffrey E. Gershenwald, MD, University of Texas MD Anderson Cancer Center, Houston, TX			
12:45 p.m. – 1 p.m.	Parent and Child Characteristics Associated with Child Sunburn and Sun Protection among U.S.  Hispanics  Ashley K. Day, PhD, Jerod L. Stapleton, PhD, James S. Goydos, MD, and Elliot J. Coups, PhD, Rutgers Cancer Institute of New Jersey, New Brunswick, NJ			
1 p.m. – 1:15 p.m.	Helping Children Be Safe Outdoors with Sun Protection  June K. Robinson, MD, Northwestern University Feinberg School of Medicine, Chicago, IL; and Brittney Hultgren, MS, and Rob Turrisi, PhD, Pennsylvania State University, State College, PA			

# 12:30 p.m. – 1:30 p.m. Paper Session 35: Strategies to Improve Medication Adherence

Cabinet

Content area: HIV/AIDS, cardiovascular, cancer, other

Instructional level: All Levels

1:15 p.m. – 1:30 p.m.

Co-Chairs: Alan Christensen, PhD, University of Iowa, Iowa City, IA; and Lara Dhingra, PhD, MJHS Institute for Innovation in Palliative Care, New

Kevin Cassel, DrPH, MPH, University of Hawaii Cancer Center, Honolulu, HI

York, NY

# 12:30 p.m. – 12:45 p.m. Assessing Mediator Effects from a Randomized Controlled Trial

Sofie Champassak, MA, and Delwyn Catley, PHD, University of Missouri-Kansas City, Kansas City, MO; Kandace Fleming, PhD, University of Kansas, Lawrence, KS; and David Williams, MPH, Stephen A. DeLurgio Sr., PhD, and Kathy Goggin, PhD, Children's Mercy Hospitals and Clinics, Kansas City, MO

Adapting Sunsafe: A Skin Cancer Prevention Intervention for Use with Multiethnic Adolescents

12:45 p.m. – 1 p.m.	Using the Theoretical Domains Framework and Health Action Process Approach to Identify Medication Adherence Determinants  Justin Presseau, PhD, Ottawa Hospital Research Institute, Ottawa, Ontario, Canada; J.D. Schwalm, MD, FRCPC, McMaster University, Hamilton, Ontario, Canada; Jeremy M. Grimshaw, MBCHB, PhD, FRCGP, FCAHS, Ottawa Hospital Research Institute, Ottawa, Ontario, Canada; Holly O. Witteman, PhD, Laval University, Quebec City, Quebec, Canada; Madhu K. Natarajan, MD, FRCPC, FACC, McMaster University, Hamilton, Ontario, Canada; and Stefanie Linklater, MSc, and Katrina J. Sullivan, MSc, Ottawa Hospital Research Institute, Ottawa, Ontario, Canada; and Noah M. Ivers, MD, PhD, Women's College Hospital, Toronto, Ontario, Canada		
1 p.m. – 1:15 p.m.	Adherence Profiles are Associated with Differential Responses to a MC Intervention for Medication Adherence in Asthma Patients  Anda I. Dragomir, MSc, Simon Bacon, PhD, and Gregory Moullec, PhD, Hôpital du Sacré-Coeur de Montreal, Montreal, Quebec, Canada; Lucie Blais, PhD, University of Montreal, Montreal, Quebec, Canada; Catherine Laurin, PhD, Ordre des Psychologues du Quebec, Montreal, Quebec, Canada; and Kim L. Lavoie, PhD, University of Quebec at Montreal, Montreal, Quebec, Canada		
1:15 p.m. – 1:30 p.m.	Adherence to Endocrine Therapies among Hispanic Breast Cancer Survivors: A Qualitative Analysis Betina R. Yanez, PhD, and Diana Buitrago, BA, Northwestern University Feinberg School of Medicine, Chicago, IL; Melissa Carillo, Karina Reyes, and Karla Salas, University of Illinois at Chicago, Chicago, IL; and Frank J. Penedo, PhD, Northwestern University Feinberg School of Medicine, Chicago, IL		
12:30 p.m. – 1:30 p.m.	Paper Session 36: mHealth Approaches to Mental Illness		
Content area: Mental Healt Instructional level: Beginn Co-Chairs: Eric Hekler, PhD	•		
12:30 p.m. – 12:45 p.m.	Use, and Openness to Use, of Mobile Technologies for Health Purposes among People With and Without a History of Mental Illness Louise K. Thornton, PhD, and Frances Kay-Lambkin, PhD, University of New South Wales, Randwick, New South Wales, Australia		
12:45 p.m. – 1 p.m.	Acceptability of a Mobile Sensing Platform for Collecting and Sharing Behavioral Biomarkers Channah Rubin, and Skyler Place, PhD, Cogito Corp., Boston, MA; Danielle Blanch-Hartigan, PhD, MPH, Bentley University, Waltham, MA; and Cristina Gorrostieta, PhD, Caroline Mead, John Kane, BComm, MPhil, PhD, Joshua Feast, MBA, and Ali Azarbayejani, PhD, Cogito Corp., Boston, MA		
1 p.m. – 1:15 p.m.	Improving Weight in People with Serious Mental Illness: The Effectiveness of Computerized Weight Services with Peer Coaches  Alexander S. Young, MD, MSHS, and Amy N. Cohen, PhD, University of California-Los Angeles, Los Angeles, CA; Richard Goldberg, PhD, and Julie Kreyenbuhl, PharmD, PhD, University of Maryland School of Medicine, Baltimore, MD; and Fiona Whelan, MS, University of California-Los Angeles, Los Angeles, CA		
1:15 p.m. – 1:30 p.m.	Cardiovascular Risk Factors in Previously Homeless Adults: Characteristics and Participant Preferences in the M-Chat Program Heather Kitzman-Ulrich, PhD, Alexis Rendon, MPH, Subhash Aryal, PhD, Emily Spence-Almaguer, PhD, and Scott Walters, Ph University of North Texas Health Science Center, Fort Worth, TX		

12:30 p.m. – 1:30 p.m. Paper Session 37: Distress and Depression in Cancer Caregivers

Columbia 8

Content area: Transplant, cancer, other

Instructional level: All levels

Co-Chairs: Laura Porter, PhD, Duke University Medical Center, Durham, NC; and Youngmee Kim, PhD, University of Miami, Coral Gables, FL

# 12:30 p.m. – 12:45 p.m. A Mobile Intervention Development Study to Improve Symptoms of Distress in Caregivers of Patients Receiving Autologous-HCST

Nicole Amoyal, PhD, and Mark L. Laudenslager, PhD, University of Colorado Anschutz Medical Campus, Aurora, CO; Kristin Kilbourn, PhD, MPH, University of Colorado Denver, Denver, CO; Teresa Simoneau, PhD, VA Eastern Colorado Healthcare System, Aurora, CO; and Jean Kutner, MD, MSPH, University of Colorado Anschutz Medical Campus, Aurora, CO

# 12:45 p.m. – 1 p.m. **Dyadic Study of Cancer Patients' and Caregivers' Depressive Symptoms, Inflammation, and Neuroendocrine Regulation**

Kelly M. Shaffer, MS, Massachusetts General Hospital, Boston, MA; Armando Mendez, PhD, University of Miami, Miami, FL; Maria M. Llabre, PhD, Michael Antoni, PhD, and Neil Schneiderman, PhD, University of Miami, Coral Gables, FL; Stephany Giraldo, MPH, Nova Southeastern University, Miami, FL; and Youngmee Kim, PhD, University of Miami, Coral Gables, FL

# 1 p.m. – 1:15 p.m. Cancer Patients' and Their Caregivers' Stress Biomarkers are Positively Related at the Early Phase of Survivorship

Kelly M. Shaffer, MS, Massachusetts General Hospital, Boston, MA; Armando Mendez, PhD, University of Miami, Miami, FL; Maria M. Llabre, PhD, Michael Antoni, PhD, and Neil Schneiderman, PhD, University of Miami, Coral Gables, FL; Stephany Giraldo, MPH, Nova Southeastern University, Miami, FL; and Youngmee Kim, PhD, University of Miami, Coral Gables, FL

# 1:15 p.m. – 1:30 p.m. Interrelationships among Anxiety and Depression in Patients and their Caregiver Dyads with Newly Diagnosed Metastatic Cancers

Jamie M. Stagl, PhD, Massachusetts General Hospital Cancer Center/Harvard Medical School, Boston, MA; Kelly M. Shaffer, MS, Massachusetts General Hospital, Boston, MA; and Ryan Nipp, MD, Joel Fishbein, BA, Areej El Jawahri, MD, William Pirl, MD, Vicki Jackson, MD, Elyse R. Park, PhD, Jennifer Temel, MD, and Joseph Greer, PhD, Massachusetts General Hospital Cancer Center/Harvard Medical School, Boston, MA

# 1:45 p.m. – 3 p.m. **Symposium 52: Religion and Health**

International Ballroom Center
Content area: Spirituality
Instructional level: Intermediate

Chair: Neal Krause, PhD, University of Michigan School of Public Health, Ann Arbor, MI

Presenters: Gail Ironson, MD, PhD, University of Miami, Miami, FL; and Aurelie Lucette, MS, University of Miami, Coral Gables, FL

Discussant: Crystal Park, PhD, University of Connecticut, Mystic, CT

### 1:45 p.m. - 3 p.m. Symposium 53: The Future of Physical Activity Surveillance with Accelerometers

International Ballroom East
Content area: Physical activity

Instructional level: Intermediate/advanced

Chair: Hannah G. Lawman, PhD, National Center for Health Statistics, Centers for Disease Control and Prevention, Hyattsvillle, MD

Presenters: Richard P. Troiano, PhD, National Cancer Institute, Bethesda, MD; James McClain, PhD, National Cancer Institute, NIH, Bethesda, MD;

and James F. Sallis, PhD, University of California, San Diego, San Diego, CA

Discussant: Loretta DiPietro, PhD, MPH, Milken Institute School of Public Health, The George Washington University, Washington, DC

1:45 p.m. – 3 p.m. Symposium 54: Theories and Techniques of Behavior Change Interventions SIG Presents: Social Media and Health Behavior: Stimulating and Analyzing the Online Conversation

International Ballroom West

Content area: Obesity

Instructional level: Beginner/intermediate

Chair: Sherry Pagoto, PhD, University of Massachusetts Medical School, Worcester, MA

Presenters: Brie Turner-McGrievy, PhD, MS, RD, University of South Carolina, Arnold School of Public Health, Columbia, SC; and Gina Merchant,

PhD, MA, University of California San Diego, Encinitas, CA

Discussant: David K. Ahern, PhD, National Cancer Institute, Rockville, MD

1:45 p.m. – 3 p.m. Symposium 55: Primary Care Behavioral Health: Integration and Translation

Lincoln East

Content area: Primary Care Instructional level: Intermediate

Chair: James E. Aikens, PhD, University of Michigan, Ann Arbor, MI

Presenters: Lynn Clemow, PhD, Rutgers Robert Wood Johnson Medical School, New Brunswick, NJ; Rodger S. Kessler, PhD ABPP, University of

Vermont College of Medicine, Burlington, VT; and William Sieber, PhD, UC San Diego, La Jolla, CA

Discussants: Jeffrey Goodie, PhD, ABPP, Uniformed Services University, Gaithersburg, MD; and Paul Estabrooks, PhD, University of Nebraska

Medical Center, Omaha, NE

1:45 p.m. – 3p.m. Symposium 56: Multi-Morbidity: Implications for Behavioral Intervention and Aging

Lincoln West

Content area: Other

Instructional level: Beginner/intermediate

Chair: Jerry Suls, PhD, National Cancer Institute, Bethesda, MD

Presenters: Marcel E. Salive, MD MPH, NIH/National Institute on Aging, Bethesda, MD; Joost Dekker, PhD, VU University Medical Center,

Amsterdam, Netherlands; and Graham Colditz, MD, DrPH, Washington University School of Medicine, St. Louis, MO

Discussants: Reginald Tucker-Seeley, ScD, Dana-Farber Cancer Institute/ Harvard T.H. Chan School of Public Health, Boston, MA

1:45 p.m. – 3 p.m. Symposium 57: Violence and Trauma SIG Presents: When Trauma and Health Care Intersect: Exploring

Interpersonal Violence, Cancer, and Trauma Training as Case Examples

Georgetown East

Content area: Other

Instructional level: Beginner/intermediate

Chair/Discussant: Emily F. Rothman, ScD, Boston University School of Public Health, Boston, MA

Presenters: Rose Eva. Constantino, PhD, JD, RN, FAAN, FACFE, University of Pittsburgh School of Nursing, Pittsburgh, PA; Sheela Raja, PhD,

University of Illinois at Chicago, Chicago, IL; and Julie B. Schnur, PhD, Icahn School of Medicine at Mount Sinai, New York, NY

1:45 p.m. – 3 p.m. Symposium 58: Complementary and Integrative Medicine SIG Presents: Complementary Approaches for Mental Health across the Perinatal Period

Georgetown West

Content area: Complementary and Integrative Medicine

Content area: Beginner/intermediate

Chair: Jennifer Huberty, PhD, Arizona State University, Phoenix, AZ

Presenters: Jeni Matthews, MS, Arizona State University, Tempe, AZ; and Patricia A. Kinser, PhD, WHNP-BC, RN, Virginia Commonwealth University

School of Nursing, Richmond, VA

Discussant: Jenn Leiferman, PhD, Colorado School of Public Health, Aurora, CO

1:45 p.m. – 3 p.m. Symposium 59: Adjusting to Prostate Cancer in Context: Influences of Race, Ethnicity, and Sexual Orientation

Jefferson East

Content area: Cancer

Instructional level: Intermediate/advanced

Chair: Michael A. Hoyt, PhD, Hunter College, CUNY, New York, NY

Presenters: Michael A. Diefenbach, PhD, North Shore-LIJ Health Systems, Manhasset, NY; Heather Orom, PhD, University at Buffalo, Buffalo, NY;

and Christian J. Nelson, PhD, Memorial Sloan Kettering Cancer Center, New York, NY

Discussant: Tracey A. Revenson, PhD, Hunter College and the Graduate Center, City University of New York, New York, NY

1:45 p.m. – 3 p.m. **Symposium 60: High-Risk Indoor Tanning Behavior: Evidence to Inform Skin Cancer Prevention**Interventions

Jefferson West

Content area: Cancer

Instructional level: Intermediate/advanced

Chair/Discussant: Leah M. Ferrucci, MPH, PhD, Yale School of Public Health, New Haven, CT

**Presenters:** Brenda Cartmel, PhD, Yale School of Public Health, New Haven, CT; Darren Mays, PhD, MPH, Georgetown University Medical Center, Lombardi Comprehensive Cancer Center, Washington, DC; and Jerod L. Stapleton, PhD, Rutgers Cancer Institute of New Jersey, New Brunswick, NJ

1:45 p.m. – 3 p.m. **Symposium 61: Behavioral Health at a Crossroads: Participant Engagement in Bench, Bedside, and Community-Based Studies** 

Monroe

Content area: Other

Instructional level: Beginner/intermediate

Chair: Eun-Shim Nahm, PhD, RN, FAAN, University of Maryland School of Nursing, Baltimore, MD

**Presenters:** Karen Wickersham, PhD, RN, University of Maryland School of Nursing, Baltimore, MD; Patricia Woltz, PhD, RN, University of Maryland Medical Center, Baltimore, MD; Kelly Flannery, PhD, RN, University of Maryland, School of Nursing, Baltimore, MD; and Kristen Rawlett, PhD, FNP-BC, University of Maryland, Baltimore, Bel Air, MD

Discussant: Barbara Resnick, PHD, CRNP, FAAN, FAANP, University of Maryland School of Nursing, Baltimore, MD

1:45 p.m. – 3 p.m. Symposium 62: Aging SIG Presents: Aging Well: Optimizing Physical Function and Cognitive Health

Fairchild

Content area: Other

Instructional level: Beginner/intermediate

Chair: Neha Gothe, PhD, Wayne State University, Detroit, MI

Presenters: Susan Aguiñaga, MS, University of Illinois at Chicago, Chicago, IL, Canada; Diane K. Ehlers, PhD, University of Illinois Urbana-

Champaign, Urbana, IL; and Barbara Resnick, PhD, CRNP, University of Maryland, School of Nursing, Baltimore, MD

Discussant: Jack Rejeski, PhD, Wake Forest University, Winston Salem, NC

1:45 p.m. – 3 p.m. **Symposium 63: Peer Support: Channels of Dissemination** 

Cabinet

Content area: Diabetes

Instructional level: Intermediate

Chair: Andrea Cherrington, MD, MPH, University of Alabama Birmingham, birmingham, AL

**Presenters:** David Simmons, FRACP, FRCP, MD, Western Sydney University, Campbelltown, Australia; Diana Urlaub, MPH, University of North Carolina, Gillings School of Global Public Health, Chapel Hill, NC; and Patrick Y. Tang, MPH, Peers for Progress, UNC Gillings School of Global Public

Health, Durham, NC

Discussant: Steven Peskin, MD, MBA, FACP, Horizon-BCBSNJ, Belle Mead, NJ

1:45 p.m. – 3 p.m. Symposium 64: Harnessing the Power of Predictive Learning to Promote Health Behavior Change:

Developing and Testing Novel Technology

Columbia 6

Content area: Other

Instructional level: Intermediate

Chair: Stephanie P. Goldstein, BS, Drexel University, Philadelphia, PA

Presenters: Evan Forman, PhD, Drexel University, Philadelphia, PA; Sayali Phatak, MS, Arizona State University, Phoenix, AZ; and Angela

Pfammatter, PhD, Northwestern University Feinberg School of Medicine, Chicago, IL

1:45 p.m. — 3 p.m. Symposium 65: Prevention, Identification, and Management of Cardiovascular Disease and Co-Morbid

Depression: What's New?

Columbia 8

Content area: Mental Health
Instructional level: Intermediate

Chair: Adrienne O'Neil, BA Hons PhD, University of Melbourne, Melbourne Vic

Presenters: C. Barr Taylor, BA, MD, Palo Alto and Stanford Universities, Palo Alto, CA; and Brian Oldenburg, BSc, Masters Clin Psych, PhD,

University of Melbourne, Carlton, Australia

Discussant: Kenneth E. Freedland, PhD, Washington University School of Medicine, St Louis, MO

1:45 p.m. – 3 p.m.

Symposium 66: Skin Cancer Intervention across the Cancer Control Continuum (SCI-3C): Review of NCI Grants and the Scientific Literature

Columbia 9

**Content area: Methods** 

Instructional level: Intermediate/advanced

**Co-Chairs:** Frank Perna, EdD,PhD, National Cancer Institute, Bethesda, MD; and Alan Geller, MPH, Harvard School of Public Health, Boston, MA **Presenters:** Barbra Dickerman, MSc, Harvard T.H. Chan School of Public Health, Boston, MA; Jennifer Taber, PhD, National Cancer Institute, Bethesda, MD; and Dawn Holman, MPH, Centers for Disease Control and Prevention, Division of Cancer Prevention and Control, Atlanta, GA

Discussant: Dawn Holman, MPH, National Center for Chronic Disease Prevention and Health Promotion, Chamblee, GA

1:45 p.m. - 3 p.m.

Symposium 67: Child and Family Health SIG Presents: A Healthy Start: Emerging Research on the Role of Prenatal Health on Maternal and Child Health Outcomes

Columbia 10

Content area: Pregnancy

Instructional level: Intermediate/Advanced

Chair: Lisette Jacobson, PhD, MPA, MA, University of Kansas School of Medicine-Wichita, Wichita, KS

**Presenters:** Bernard Fuemmeler, PhD, MPH, Duke University Medical Center, Durham, NC; Lisette Jacobson, PhD, MPA, MA, University of Kansas School of Medicine-Wichita, Wichita, KS; and Michelle Redmond, PhD, University of Kansas School of Medicine-Wichita, Wichita, KS

1:45 p.m. – 3 p.m.

Symposium 68: Cancer and Health Decision Making SIGs Present: Improving Participation in Clinical Trials

Columbia 11

**Content area:** Risk and Decision Making **Instructional level:** Beginner/intermediate

Chair: Margaret M. Byrne, PhD, University of Miami, Miami, FL

Presenters: Jamie L. Studts, PhD, University of Kentucky College of Medicine, Lexington, KY; Mary Politi, PhD, Washington University School of

Medicine, St. Louis, MO; and Aisha Langford, PhD, MPH, New York University, New York, NY

Discussant: Paul Jacobsen, PhD, Moffitt Cancer Center, Tampa, FL

1:45 p.m. – 3 p.m.

Symposium 69: Scientific and Professional Liaison Council, Integrated Primary Care SIG, and American College of Sports Medicine Present: Don't Preach to the Choir: Reaching the Underserved by Integrating Physical Activity Promotion into Primary Care

Columbia 12

Content area: Physical Activity

Instructional level: Beginner/intermediate

**Chair:** Mona AuYoung, PhD, MS, MPH, VA Ann Arbor/ Center for Clinical Management Research, Ann Arbor, MI; and Sherri Sheinfeld Gorin, PhD, Columbia University/National Cancer Institute/NYPAC, New York, NY

**Presenters:** Andrea Kriska, PhD, MS, Univeristy of Pittsburgh, Pittsburgh, PA; Melicia Whitt Glover, PhD, Gramercy Research Group, LLC, Winston-Salem, NC; M. Renée Umstattd Meyer, PhD, MCHES, Baylor University, Waco, TX; and Sarah E. Linke, PhD, MPH, UC San Diego, La Jolla, CA

**Discussant:** Caroline R. Richardson, MD, University of Michigan, Ann Arbor, MI

### 3:15 p.m. – 4:45 p.m. **Paper Session 38: Cancer Prevention and Control**

Better Health Through Behavior Change

International Ballroom East

Content area: Smoking/Tobacco, obesity, cancer, risk and decision making

Instruction level: Beginner/intermediate

Co-Chairs: Amy McQueen, PhD, Washington University School of Medicine, Saint Louis, MO; and Siobhan Phillips, PhD, MPH, Northwestern

University Feinberg School of Medicine, Chicago, IL

### 3:15 p.m. – 3:33 p.m.

# **Bolstering Cancer Prevention Efforts through Messages about Chemicals in Cigarette Smoke**Sabeeh Baig, MS, University of North Carolina Gillings School of Global Public Health, Chapel Hill, NC; M. Justin Byron, PhD, and Marcella H. Boynton, PhD, University of North Carolina, Chapel Hill, NC; and Noel T. Brewer, PhD, and Kurt Ribisl, PhD, University

of North Carolina Gillings School of Global Public Health, Chapel Hill, NC

# 3:33 p.m. - 3:51 p.m.

# Technology and Phone Counseling to Promote Weight Loss in Women at Elevated Breast Cancer Risk: A Pilot Randomized Controlled Trial

Sheri J. Hartman, PhD, and Sandahl Nelson, MA, University of California-San Diego, San Diego, CA; Lisa Cadmus-Bertram, PhD, University of Wisconsin-Madison, Madison, WI; Barbara Parker, MD, Tracy Layton, MS, and John P. Pierce, PhD, University of California-San Diego, San Diego, CA

### 3:51 p.m. – 4:09 p.m.

# The Role of Context in Perceived Cancer Risk Self-Efficacy for Preventing Cancer in U.S. Adults April Oh, PhD, MPH, and Rebecca Ferrer, PhD, National Cancer Institute, Rockville, MD

# 4:09 p.m. - 4:27 p.m.

# A Faith-Based/Academic Partnership for Cancer Prevention: Project Church, an African American Cohort Study

Lorna Haughton McNeill, PhD, MPH, University of Texas MD Anderson Cancer Center, Houston, TX; David Wetter, PhD, Rice University, Houston, TX; Lorraine R. Reitzel, PhD, FAAHB, University of Houston, Houston, TX; Crystal L. Roberson, MPH, and Nga Nguyen, MS, University of Texas MD Anderson Cancer Center, Houston, TX; Jennifer I. Vidrine, University of Oklahoma Health Sciences Center, Oklahoma City, OK; and Larkin L. Strong, PhD, MPH, and Yisheng Li, PhD, University of Texas MD Anderson Cancer Center, Houston, TX

# 4:27 p.m. – 4:45 p.m.

# A Paradox: Engaging in At-Risk Behavior May Not Correlate with Perceived Susceptibility to Cancer or Heart Disease

Christian Geneus, MS MPH, Tulane University School of Public Health and Tropical Medicine, New Orleans, LA; Betelihem B. Tobo, MPH, Saint Louis University, Saint Louis, MO; Tonya Short, MPH, Saint Louis University, St. Louis, MO; Nosayaba Osazuwa-Peters, BDS, MPH, CHES, Saint Louis University School of Medicine, Saint Louis, MO; Lorinette S. Wirth, BS, Saint Louis University, St. Louis, MO; Kahee A. Mohammed, MD, Department of Epidemiology - Saint Louis University College for Public Health and Social Justice, St. Louis, MO; and Eric Adjei Boakye, MA, Saint Louis University Center for Outcomes Research (SLUCOR), Saint Louis, MO

# 3:15 p.m. - 4:45 p.m.

### Paper Session 39: Neighborhood and Environmental Influences on Physical Activity

International Ballroom West

Content area: Obesity, physical activity, methods, assessment

Instruction level: Beginner/intermediate

**Co-Chairs:** Molly Greaney, PhD, MPH, University of Rhode Island, Kingston, RI; and Lorna Haughton McNeill, PhD, MPH, University of Texas MD Anderson Cancer Center, Houston, TX

### 3:15 p.m. – 3:33 p.m.

# Gene-Environment Impact of Neighborhood Walkability on Obesity in African-American Participants of the Path Trial

Sandra Coulon, PhD, Dawn K. Wilson, PhD, and Andrea Lamont, PhD, University of South Carolina, Columbia, SC; and M. Lee Van Horn, PhD, University of New Mexico, Albuquerque, NM

3:33 p.m. – 3:51 p.m.	Neighborhood Environment and Objectively Measured Physical Activity and Sedentary Behavior in Prostate Cancer Survivors Christine Ekenga, PhD, MPH, and Lin Yang, PhD, Washington University School of Medicine, St. Louis, MO; Adam Kibel, MD, Brigham and Women's Hospital/Dana Farber Cancer Institute, Boston, MA; Kate Wolin, ScD, Coeus Health, Chicago, IL; Junbae Mun, MS, Middle Tennessee State University, Murfreesboro, TN; and Sonya Izadi, BA, Kellie Imm, BA, Graham Colditz, MD, DrPH and Siobhan Sutcliffe, PhD, Washington University School of Medicine, St. Louis, MO	
3:51 p.m. – 4:09 p.m.	Are Leisure and Work Physical Activity Associated with Active Transport? Evidence from the Grow Study  Rebecca E. Lee, PhD, and Elizabeth Lorenzo, BSN, RN, Arizona State University, Phoenix, AZ; Katherine E. Heck, MPH, University of California-San Francisco, San Francisco, CA; and Harold W. Kohl III, PhD, and Catherine Cubbin, PhD, University of Texas at Austin, Austin, TX	
4:09 p.m. – 4:27 p.m.	Involving Community Groups in Playground Renovations: Evaluating a Natural Experiment Sandy Slater, PhD, MS, University of Illinois at Chicago, Chicago, IL	
4:27 p.m. – 4:45 p.m.	<b>Urban Teaching Cohort: Development of a Tailored Built-Environment</b> Karly Geller, PhD, Miami University, Oxford, OH; and Shannon Snapp, BS, Miami University, Hamilton, OH	
3:15 p.m. – 4:45 p.m.	Paper Session 40: Physical Activity in Women	
Lincoln East Content area: Physical Ac Instruction level: Beginner		

**Instruction level:** Beginner/intermediate

4:27 p.m. - 4:45 p.m.

**Co-Chairs:** Sara Wilcox, PhD, University of South Carolina, Columbia, SC; and Stephanie George, PhD, National Cancer Institute, Division of Cancer Control and Population Sciences, Rockville, MD

3:15 p.m. – 3:33 p.m.	Long-Term Effects on Physical Function in Older Adults Following a DVD-Delivered Exercise Intervention Sarah Roberts, BS, Jason Fanning, MS, Elizabeth Awick, MS, Gwenndolyn C. Porter, BS, and Diane K. Ehlers, PhD, University of Illinois, Urbana, IL; Thomas R. Wojckicki, PhD, Bellarmine University, Louisville, KY; and Robert W. Motl, PhD, and Edward McAuley, PhD, University of Illinois, Urbana, IL	
3:33 p.m. – 3:51 p.m.	Predictors of Adherence to Two Doses of Aerobic Exercise in Sedentary, Overweight Individuals  Melissa N. Harris, MPA, BS, Pennington Biomedical Research Center, Baton Rouge, LA; Neil M. Johannsen, PhD, Louisiana State University, Baton Rouge, LA; and Corby K. Martin, PhD, and Timothy Church, MD, PhD, MPH, Pennington Biomedical Research Center, Baton Rouge, LA	
3:51 p.m. – 4:09 p.m.	Effects of an Abbreviated Weight Loss Program on Physical Activity and Sedentary Time Kevin Moran, MPH, Christine Pellegrini, PhD, and Bonnie Spring, PhD, Northwestern University Feinberg School of Medicine, Chicago, IL	
4:09 p.m. – 4:27 p.m.	Older Adult Sedentary Behavior Change in the Context of a Physical Activity Intervention  Dori Rosenberg, PhD, MPH, Group Health Research Institute, Seattle, WA; Jordan Carlson, PhD, Children's Mercy Hospitals and Clinics, Kansas City, MO; and Suneeta Godbole, MPH, and Jacqueline Kerr, PhD, University of California-San Diego, San Diego,	

# Effect of a Behavioral Intervention of Self-Regulation and MVPA in Overweight and Obese Adults with Type 2 Diabetes

Valerie Silfee, PhD, MS, ACSM EP-C, University of Massachusetts Medical School, Worcester, MA; and Rick Petosa, PhD, FAAHB, Devin Laurent, MS, and Tim Shaub, Ohio State University, Columbus, OH

3:15 p.m. – 4:45 p.m. Paper Session 41: Parenting and Childhood Obesity

Better Health Through Behavior Change

Lincoln West

Content area: Child/adolescent health, obesity, nutrition

Instruction level: Beginner/intermediate

Co-Chairs: Ana Lindsay, DDS, MPH, DrPH, University of Massachusetts Boston, Boston, MA; and Kyung E. Rhee, MD, MSC, MA, University of

California-San Diego, San Diego, CA

3:15 p.m. – 3:33 p.m. Research on Parenting and Childhood Obesity from 2009-14: Are Vulnerable Populations Represented?

Selma Gicevic, MSc, and Alyssa Aftosmes-Tobio, MPH, Harvard T.H. Chan School of Public Health, Boston, MA; Jennifer Manganello, MPH, PhD, State University of New York at Albany, Albany, NY; and Claudia Ganter, MPH, Christine L. Simon, ScM,

Sami A. Newlan, MS, and Kirsten Davison, PhD, Harvard T.H. Chan School of Public Health, Boston, MA

3:33 p.m. – 3:51 p.m. Early Life Disadvantage and Adult Adiposity: Tests of Sensitive Periods During Childhood and Behavioral Mediation in Adulthood

Stephen Gilman, ScD, National Institute of Child Health and Human Development, Rockville, MD; and Marcia P. Jimenez, MSc, MA, Yen-Tsung Huang, MD, ScD, and Eric Loucks, PhD. Brown University, Providence, RI

3:51 p.m. – 4:09 p.m. What about Dads? Fewer than One in 10 Papers on Parenting and Childhood published 2009-14 Present Data for Fathers

Kirsten Davison, PhD, Selma Gicevic, MSc, Alyssa Aftosmes-Tobio, MPH, Claudia Ganter, MPH, Christine L. Simon, ScM, and Sami A. Newlan, MS, Harvard T.H. Chan School of Public Health, Boston, MA; and Jennifer Manganello, MPH, PHD, State

University of New York at Albany, Albany, NY

4:09 p.m. – 4:27 p.m. All in the Family: Parent-Child Dynamics and Weight Loss During the Motivating Families with Interactive Technology Study

Danielle E. Schoffman, BA, Brie Turner-McGrievy, PhD, MS, RD, Sara Wilcox, PhD, Justin B. Moore, PhD, MS, and James Hussey, PhD. University of South Carolina. Columbia. SC

4:27 p.m. – 4:45 p.m. Diversity in Father's Food Parenting Practices: A Qualitative Study

Neha Khandpur, PhD(c), Harvard T.H. Chan School of Public Health, Boston, MA; Rachel E. Blaine, DSc, MPH, RD, California State University-Long Beach, Long Beach, CA; Christine E. Blake, PhD, RD, University of South Carolina, Columbia, SC; Kirsten Davison, PhD, Harvard T.H. Chan School of Public Health, Boston, MA; and Jo Charles, BS, Harvard University, Cambridge, MA

3:15 p.m. – 4:45 p.m. Paper Session 42: Coping and Lived Experience of Persons with Type 1 Diabetes

Georgetown East

Content area: Child/adolescent health and diabetes

**Instruction level:** All levels

Co-Chairs: Karl E. Minges, MPH, Yale University, New Haven, CT; and Brian Oldenburg, MPsychol, PhD, University of Melbourne, Melbourne,

Australia

3:15 p.m. – 3:33 p.m. Web-Delivered Incentives and Working Memory Training for Teens with Poor Type 1 Diabetes Control: Emotion Control as a Moderator

Amy Hughes Lansing, PhD, and Catherine Stanger, PhD, Geisel School of Medicine at Dartmouth, Hanover, NH

3:33 p.m. – 3:51 p.m. Benefit Finding and Identity Processes in Type 1 Diabetes: Prospective Associations through

Adolescence

Koen Luyckx, PhD, Katholieke Universiteit Leuven, Leuven, Belgium; Meagan Ramsey, PhD, University of Utah, Salt Lake City, UT; Leen Oris, MSc, Katholieke Universiteit Leuven, Leuven, Belgium; Deborah J. Wiebe, PhD, MPH, University of California-Merced, Merced, CA; and Cynthia Berg, PhD, University of Utah, Salt Lake City, UT

Park, PA

3:51 p.m. – 4:09 p.m.	Correlates of Executive Function in Adolescents with Type 1 Diabetes Katia M. Perez, MEd, Niral J. Patel, MPH, Jadienne Lord, BA, Kimberly L. Savin, BA, and Sarah S. Jaser, PhD, Vanderbilt University, Nashville, TN			
4:09 p.m. – 4:27 p.m.	Development of Benefit-Finding for Adolescents with Type 1 Diabetes  Meagan Ramsey, PhD, University of Utah, Salt Lake City, UT; Koen Luyckx, PhD, Katholieke Universiteit Leuven, Leuven, Belgium; Cynthia Berg, PhD, University of Utah, Salt Lake City, UT; and Daniel Mello, BA, and Deborah J. Wiebe, PhD, MPH University of California-Merced, Merced, CA			
4:27 p.m. – 4:45 p.m.	Utilizing Actigraphy to Examine Sleep in Young Children with Type 1 Diabetes Jadienne Lord, BA, Beth A. Malow, MD, MS, and Sarah S. Jaser, PhD, Vanderbilt University, Nashville, TN			
3:15 p.m. – 4:45 p.m.	Paper Session 43: Risky Sexual Behaviors and Contraceptive Use in Diverse Populations			
Georgetown West				
Content area: Sexual behav	viors, HIV/AIDS			
Instruction level: Beginner	/intermediate			
<b>Co-Chairs:</b> Courtney Peasa Psychiatry, Providence, RI	nt, PhD, MS, Yale University, New Haven, CT; and Celia Lescano, PhD, Rhode Island Hospital Child and Family			
3:15 p.m. – 3:33 p.m.	Longitudinal Link between Early Dating Behaviors and Early Sex Initiation among Latino Teens: Moderation by Migration Status Patricia Cabral, MA, and Jan Wallander, PhD, University of California-Merced, Merced, CA			
3:33 p.m. – 3:51 p.m.	Neighborhood Stress is Longitudinally Associated with Risky Behavior among African American Adolescents Sarah LaFont, BA, and Peter A. Vanable, PhD, Syracuse University, Syracuse, NY; Michael P. Carey, PhD, Miriam Hospital/B University, Providence, RI; Larry K. Brown, MD, Rhode Island Hospital/Brown University, Providence, RI; Ralph DiClemente Rollins School of Public Health, Atlanta, GA; Dan Romer, PhD, University of Pennsylvania, Philadelphia, PA; and Robert F. Va MS, PhD, MPH, University of South Carolina, Columbia, SC			
3:51 p.m. – 4:09 p.m.	The Role of Individual and Relationship Factors on Contraceptive Use among At-Risk Young Adults Lisa Oakley, PhD, MPH, and S. Marie Harvey, DrPH, MPH, Oregon State University, Corvallis, OR; and Isaac J. Washburn, PhD Oklahoma State University, Stillwater, OK			
4:09 p.m. – 4:27 p.m.	Comparing Risks Associated with Sexual Risk Taking in Adolescent/Young Adult and Middle-Aged Black Men who have Sex with Men Jessica L. Maksut, MA, Elizabeth J. Siembida, MA, and Lisa Eaton, PhD, University of Connecticut, Storrs, CT			
4:27 p.m. – 4:45 p.m.	Dating App Use and Sexual Risk Behavior among Young Adults Ashlee N. Sawyer, BS, Erin R. Smith, MS, and Eric Benotsch, PhD, Virginia Commonwealth University, Richmond, VA			
3:15 p.m. – 4:45 p.m.	Paper Session 44: Weight Loss Maintenance			
Jefferson East Content area: Obesity Instruction level: Beginner	/intermediate			

3:15 p.m. – 3:33 p.m. Weight Control Lapses During Obesity Treatment: Normative or Cause for Concern?

Leah Schumacher, MS, Evan Forman, PhD, and Meghan L. Butryn, PhD, Drexel University, Philadelphia, PA

Co-Chairs: Tricia M. Leahey, PhD, University of Connecticut, Storrs, CT; and Scherezade Mama, DrPh, The Pennsylvania State University, University

3:33 p.m. – 3:51 p.m.	Weight Outcome from the Maintenance of Nutrition Training after Initial Weight Loss Trial Corrine I. Voils, PhD, Maren Olsen, PhD, Jennifer M. Gierisch, PhD, MPH, and Janet M. Grubber, MSPH, Durham VA Center, Durham, NC; Megan McVay, PhD, Duke University Medical Center, Durham, NC; Jamiyla Bolton, MS, Durha Center, Durham, NC; Leslie A. Gaillard, MPH, RD, LDN, Department of Veterans Affairs, Durham, NC; Matthew L. Ma PhD, Durham VA Medical Center, Durham, NC; and William S. Yancy Jr., MD, MHS, Duke University, Durham, NC			
3:51 p.m. – 4:09 p.m.	Improving Weight Loss Maintenance with an Alternative Treatment Schedule: The IMWEL Trial Gareth Dutton, PhD, Lucia Juarez, MA, and Marissa Gowey, PhD, University of Alabama at Birmingham, Birmingham, A Michael G. Perri, PhD, University of Florida, Gainesville, FL; and Cora E. Lewis, MD, University of Alabama at Birmingham, AL Birmingham, AL			
4:09 p.m. – 4:27 p.m.	How Men and Women Keep It Off: Exploring Gender Difference in Weight Loss Maintenance Melissa M. Crane, PhD, and Robert Jeffery, PhD, University of Minnesota, Minneapolis, MN; and Nancy Sherwood, PhD, HealthPartners Institute for Education and Research, Bloomington, MN			
4:27 p.m. – 4:45 p.m.	Empowerment: A Qualitative Inquiry of Daily Strategies and Commitments for Sustained Weight Loss James H. Doster, RN, BSN, CHC, and Idethia Shevon Harvey, BS, MPH, DrPH, Texas A&M University, College Station, TX			
3:15 p.m. – 4:45 p.m.	Paper Session 45: Health Care Providers Role in Promoting the HPV Vaccine			
Jefferson West				
Content area: Primary Ca	re, risk and decision making, education, training and/or career development, child/adolescent Health, primary care			
Instruction level: Beginne				
<u> </u>	obson, MD, Mayo Clinic, Rochester, MN; and Noel T. Brewer, PhD, University of North Carolina, Chapel Hill, NC			
3:15 p.m. – 3:33 p.m.	Patient-Provider Communication Style and Demographic Differences in HPV Vaccination  Jennifer L. Moss, PhD, National Cancer Institute, Rockville, MD; Melissa B. Gilkey, PhD, Harvard Medical School/Harvard Pilgi Health Care Institute, Boston, MA; and Barbara K. Rimer, DrPH, MPH, and Noel T. Brewer, PhD, University of North Carolina Gillings School of Global Public Health, Chapel Hill, NC			
3:33 p.m. – 3:51 p.m.	Physician Communication about HPV Vaccine: What Will Motivate Parents?  Teri L. Malo, PhD, MPH, University of North Carolina Lineberger Comprehensive Cancer Center, Chapel Hill, NC; Melissa B. Gilkey, PhD, Harvard Medical School/Harvard Pilgrim Health Care Institute, Boston, MA; and Parth D. Shah, PharmD, Megan Hall, MPH, and Noel T. Brewer, PhD, University of North Carolina Gillings School of Global Public Health, Chapel Hill, NC			
3:51 p.m. – 4:09 p.m.	Improving Physician Prescribing Behaviors for HPV Vaccination: The Role of Professional Organizations			
	Yulin Hswen, MPH, Harvard University, Cambridge, MA; Melissa B. Gilkey, PhD, Harvard Medical School/Harvard Pilgrim Health Care Institute, Boston, MA; Noel T. Brewer, PhD, University of North Carolina Gillings School of Global Public Health, Chapel Hill NC			
4:09 p.m. – 4:27 p.m.	Care Institute, Boston, MA; Noel T. Brewer, PhD, University of North Carolina Gillings School of Global Public Health, Chapel Hill NC  Counseling Parents who Refuse or Delay Vaccine: Differences in Behavior, Concerns, and			
4:09 p.m. – 4:27 p.m.	Care Institute, Boston, MA; Noel T. Brewer, PhD, University of North Carolina Gillings School of Global Public Health, Chapel Hill NC			

This session not eligible for continuing education credit.

### 3:15 p.m. – 4:45 p.m. **Paper Session 46: Substance Use and Abuse**

Monroe

Content areas: Mental health, substance abuse, sexual behavior

Instruction level: All levels

**Co-Chairs:** Andrea Clements, PhD, East Tennessee State University, Johnson City, TN; and Kathy Goggin, PhD, Children's Mercy Hospital and Clinics, Kansas City, MO

### 3:15 p.m. - 3:33 p.m.

# The Relationship between the Shelter Environment and Substance Use among Youth Residing in Family Shelters: What is Working?

Nisha N. Beharie, DrPH, National Development and Research Institutes Inc., New York, NY; Mary Clare Lennon, PhD, City University of New York, New York, NY; and Mary McKay, PhD, New York University, New York, NY

#### 3:33 p.m. - 3:51 p.m.

### Non-Invasive Biosensors to Detect Physiological Changes During Opioid Use

Stephanie Carreiro, MD, University of Massachusetts Medical School, Worcester, MA; Kelley A. Wittbold, MD, Brigham and Women's Hospital/Massachusetts General Hospital Harvard Affiliated Emergency Medicine Residency Program, Boston, MA; and Premananda Indic, PhD, Hua Fang, PhD, Jianying Zhang, MPH, and Edward Boyer, MD, PhD, University of Massachusetts Medical School, Worcester, MA

# 3:51 p.m. - 4:09 p.m.

# Optimization of an Intervention Targeting the Intersection of Alcohol Use and Sexual Risk Behavior among College Students

Kari C. Kugler, PhD, MPH, Pennsylvania State University, University Park, PA; David Wyrick, PhD, Amanda Tanner, PhD, and Jeffrey Milroy, PhD, University of North Carolina-Greensboro, Greensboro, NC; and Linda M. Collins, PhD, Pennsylvania State University, University Park, PA

# 4:09 p.m. - 4:27 p.m.

# Use of Reminder Messages to Improve Utilization of an Automated Telephone-Based Treatment for Methadone Patients

Destiny Printz, BA, Yale School of Medicine/APT Foundation, New Haven, CT; Daniel Lloyd, MA, APT Foundation, New Haven, CT; and Frank Buono, PhD, and Brent Moore, PhD, Yale School of Medicine/APT Foundation, New Haven, CT

# 4:27 p.m. - 4:45 p.m.

# A Randomized Controlled Trial of an Online Relapse Prevention Program for Adolescents in Substance Use Treatment

Kimberlee Trudeau, PhD, Inflexxion Inc., Newton, MA; Jody Kamon, PhD, Evidence Based Solutions LLC, Essex Junction, VT; Ryan Black, PhD, Nova Southeastern University, Fort Lauderdale, FL; Mila Pavek, MA, MSc, MSS, and Emma Chung, MPH, Inflexxion Inc., Newton, MA; and Steve Sussman, PhD, FAAHB, FAPA, Institute for Health Promotion and Disease Prevention Research, Los Angeles, CA

This session not eligible for continuing education credit.

# 3:15 p.m. - 4:45 p.m.

### Paper Session 47: Anxiety and Depression in Patients with Asthma

Fairchild

Content areas: Mental health, smoking/tobacco, other

Instruction level: All levels

Co-Chairs: Claudio Nigg, PhD, University of Hawaii, Honolulu, HI; and Michele van Ryn, PhD, MPH, Mayo Clinic, Rochester, MN

### 3:15 p.m. - 3:33 p.m.

# Associations between Depression and Sputum Inflammatory Markers in Patients With and Without Asthma

Cassandre A. Julien, BSc, Anda I. Dragomir, MSc, and Simon L. Bacon, PhD, Hôpital du Sacré-Coeur de Montreal, Montreal, Quebec, Canada; and Kim L. Lavoie, PhD, University of Quebec at Montreal, Montreal, Quebec, Canada

3:33 p.m. – 3:51 p.m.	The Impact of Anxiety Disorder and Asthma Diagnoses on Airway Hyper-Responsiveness to Methacholine Challenge Emilie M. Dolan, MSc(c), and Nicola J. Paine, PhD, Concordia University, Montreal, Quebec, Canada; Kim L. Lavoie, PhD, University of Quebec at Montreal, Montreal, Quebec, Canada; and Simon L. Bacon, PhD, Hôpital du Sacré-Coeur de Montreal,	
	Montreal, Quebec, Canada	
3:51 p.m. – 4:09 p.m.	The Impact of Anxiety Sensitivity in Asthma Patients with Panic Disorder on Respiratory Respons a Standard Panic Challenge Nicola J. Paine, PhD, Concordia University, Montreal, Quebec, Canada; Simon L. Bacon, PhD, Hôpital du Sacré-Coeur de Montreal, Montreal, Quebec, Canada; Maxine Boudreau, BSc, University of Quebec at Montreal, Montreal, Quebec, Canada Emilie M. Dolan, MSc(c), Concordia University, Montreal, Quebec, Canada; and Kim L. Lavoie, PhD, University of Quebec at Montreal, Quebec, Canada	
4:09 p.m. – 4:27 p.m.	The Role of Distress Tolerance in Terms of Anxiety Sensitivity among Young Adults with Asthma Talya Alsaid-Habia, BA, and Alison C. McLeish, PhD, University of Cincinnati, Cincinnati, OH; Christina M. Luberto, PhD, Massachusetts General Hospital/Harvard Medical School, Boston, MA; and Emily M. O'Bryan, BS, University of Cincinnati, Cincinnati, OH	
4:27 p.m. – 4:45 p.m.	The Mediator Effect of Smoking Status on the Association between Anxiety Disorders and Asthma Control in Asthma Patients Samantha Briand and Melanie Beland, BA, MSc, Concordia University, Montreal, Quebec, Canada; Simon L. Bacon, PhD, Hôpi du Sacré-Coeur de Montreal, Montreal, Quebec, Canada; Una Jojich-White, Concordia University, Montreal, Quebec, Canada;	

# Paper Session 48: Recruitment Strategies and Challenges in Behavioral Medicine

Columbia 6

Content area: Obesity, risk and decision making, cancer, smoking/tobacco

Instruction level: All levels

Co-Chairs: Jamilia Sly, PhD, Icahn School of Medicine at Mount Sinai, New York, NY; and Amy L. Yaroch, PhD, Gretchen Swanson Center for

and Kim L. Lavoie, PhD, University of Quebec at Montreal, Montreal, Quebec, Canada

Nutrition, Omaha, NE

3:15 p.m. – 3:33 p.m. Enrolling with Others Enhances Participation Rates in a Community-Based Behavioral Weight Loss Program

Molly A. Diamond, MPH, Carmina G. Valle, PhD, MPH, and Deborah F. Tate, PhD, University of North Carolina, Chapel Hill, NC

3:33 p.m. – 3:51 p.m. Use of Perceptual Mapping to Encourage Informed Decision Making on Clinical Trials in African-American Cancer Patients

Sarah Bauerle Bass, PhD, MPH, Temple University College of Public Health, Philadelphia, PA; Linda Fleisher, PhD, MPH, Children's Hospital of Philadelphia, Philadelphia, PA; Armenta L. Washington, MS, Fox Chase Cancer Center, Cheltenham, PA; Andrea Nicholson, MPH, University of Pennsylvania Abramson Cancer Center, Philadelphia, PA; Laurie Maurer, MA, Temple University College of Public Health, Philadelphia, PA; and Daniel M. Geynisman, MD, Fox Chase Cancer Center Temple Health, Philadelphia, PA

3:51 p.m. – 4:09 p.m.	Decision Making Barriers and Facilitators for Pediatric Neuromuscular Trials  Barbara Biesecker, PhD, MS, National Human Genome Research Institute, Bethesda, MD; Holly L. Peay, PhD, RTI International/ DuchenneConnect Registry, Research Triangle Park, NC; Diana M. Escolar, MD, Johns Hopkins Medical School, Baltimore, MD; Jill Jarecki, PhD, Cure SMA, Elk Grove Village, IL; Benjamin Wilfond, MD, Seattle Children's Hospital, Seattle, WA; and Aad Tibben, Leiden University Medical Centre, Leiden, Netherlands		
4:09 p.m. – 4:27 p.m.	Do They Realize They're Disclosing their Health Status? Ethical Challenges of Social Media Recruitment for Cancer Research  Jackie L. Bender, PhD, University Health Network/University of Toronto, Toronto, Ontario, Canada; Alaina B. Cyr, BSc, Princess Margaret Cancer Centre, Toronto, Ontario, Canada; and Colleen Young, BA, Canadian Virtual Hospice, Toronto, Ontario, Canada		
4:27 p.m. – 4:45 p.m.	QUIT4BABY Communication: Recruiting Pregnant Women for a Randomized Controlled Trial Jennifer Schindler-Ruwisch, MPH, CPH, Lorien C. Abroms, ScD, Monique M. Turner, PhD, and Leah Leavitt, MPH, George Washington University, Washington, DC; Pamela R. Johnson, PhD, and Ada Obi, MPH, Voxiva Inc., Washington, DC; Sean D. Cleary, PhD, MPH, George Washington University, Washington, DC; and Jessica Bushar, MPH, Zero to Three, Washington, D This session not eligible for continuing education credit.		
3:15 p.m. – 4:45 p.m.	Paper Session 49: Family History and Genetic Testing		
Columbia 8			
	ecision making, cancer, other		
Instruction level: Beginne			
=	t, ScD, University of Utah, Salt Lake City, UT; and Jada Hamilton, PhD, MPH, Memorial Sloan Kettering Cancer Center, Nev		
3:15 p.m. – 3:33 p.m.	Genetic Test-Reporting and Counseling for Melanoma Risk in Minors: Increasing Sun Protection Without Increasing Distress Tammy K. Stump, MS, and Lisa G. Aspinwall, PhD, University of Utah, Salt Lake City, UT; Wendy Kohlmann, MS, CGC, and Marjar Champine, MS, LCGC, Huntsman Cancer Institute, Salt Lake City, UT; and Sancy Leachman, MD, PhD, Oregon Health and Science University, Portland, OR		
3:33 p.m. – 3:51 p.m.	Developing Shared Appraisals of Risk through Family Health History Feedback Laura Koehly, PhD, National Institutes of Health, Bethesda, MD; Jielu Lin, PhD, National Human Genome Research Institute Bethesda, MD; Christopher Marcum, PhD, National Institutes of Health, Bethesda, MD; and Anna V. Wilkinson, PhD, Univers Texas School of Public Health, Austin, TX		
3:51 p.m. – 4:09 p.m.	Family Cancer Risk: The Relative Accuracy of Family Cancer History Knowledge in a Younger Population Wendy C. Birmingham, PhD, Brigham Young University, Provo, UT; Chelsea Romney, BS, University of California-Los Angeles Los Angeles, CA; and Jordan Sgro, Spencer J. Nielson, Emily Hartung, Kristen Ray, and Erin Kaseda, Brigham Young University of UT		
4:09 p.m. – 4:27 p.m.	Impact of Influencing Genomic Risk on Literacy Demand within Alzheimer's Disease Risk Disclosure Visits  Lori Erby, PhD, ScM, CGC, National Human Genome Research Institute/Johns Hopkins Genetic Counseling Training Program, Sykesville, MD; Debra Roter, DrPH, and Yue Guan, ScM, Johns Hopkins Bloomberg School of Public Health, Baltimore, MD; J. Scott Roberts, PhD, University of Michigan School of Public Health, Ann Arbor, MI; and Robert C. Green, MD, MPH, Harvard Medical School, Boston, MA		
4:27 p.m. – 4:45 p.m.	Interest and Communication Preferences for Gene Panel Testing among Hispanic and Non-Hispanic White BRCA1/2 Negative Families  Belinda Vicuna, MS, Miquela G. Smith, MPH, Kristina Flores, PhD, Lori Ballinger, MS, Zoneddy Dayao, MD, Harold Delaney, PhD and Anita Kinnoy, PhD, RN, University of New Maxico, Albuquerque, NM		

and Anita Kinney, PhD, RN, University of New Mexico, Albuquerque, NM

#### Better Health Through Behavior Change

# FRIDAY, APRIL 1, 2016

3:15 p.m. – 4:45 p.m. Paper Session 50: Whole Health: Mind, Body, Spirit

Columbia 9

Content areas: Complementary and integrative medicine, obesity, mental health

**Instruction level:** All levels

Co-Chairs: Crystal L. Park, PhD, University of Connecticut, Storrs, CT; and Amanda J. Shallcross, ND, MPH, New York University, School of

Medicine, New York, NY

3:15 p.m. – 3:33 p.m.	Can a Mind-Body Training Program Bring about a Lasting Improvement in Quality of Life and Lui Function in Patents with Asthma?  James Carmody, PhD, University of Massachusetts Medical School, Worcester, MA; and Lori Pbert, PhD, University of Massachusetts Medical School, Worcester, MA	
3:33 p.m. – 3:51 p.m.	Reductions in Reward-Driven Eating Mediate Effects of a Mindfulness-Based Program on Weight Loss in Obesity: Data from a Randomized Controlled Trial Ashley E. Mason, PhD, Elissa Epel, PhD, Kirstin Aschbacher, PhD, Patricia J. Moran, PhD, Michael Acree, PhD, Frederick Hecht, MD, and Jennifer Daubenmier, PhD, University of California-San Francisco, San Francisco, CA	
3:51 p.m. – 4:09 p.m.	Impact of a Loving Kindness Meditation Intervention on Key Outcomes During the Peri-Surgical Period of Breast Cancer  Ana Vanessa Wren, PhD, Stanford University, Stanford, CA; Rebecca A. Shelby, PhD, and Mary Scott Soo, MD, Duke University Medical Center, Durham, NC; Zenzi Huysmans, BS, West Virginia University, Morgantown, WV; Katherine L. Perlman, Duke University, Durham, NC; and Francis Keefe, PhD, Duke University Medical Center, Durham, NC	
4:09 p.m. – 4:27 p.m.	Enhancing Illness Acceptance and Alleviating Afflictive Emotion for Psoriasis Patients by Integrative Mind-Body-Spirit Model	

4:27 p.m. – 4:45 p.m.

Mindfulness Moderates the Relation between Body Image and Disordered Eating Attitudes

Amy Heard, BA, Alexandra Kirsch, MA, Colleen Conley, PhD, and Amy Bohnert, PhD, Loyola University, Chicago, IL

Yat-Lui Fung, MAP, and Celia H. Y. Chan, PhD, University of Hong Kong, Hong Kong, People's Republic of China

3:30 p.m. – 4:45 p.m.

Education, Training, and Career Development Council Presents: Meet the Presidents: 2nd Annual SBM Fellow Office Hours

Cabinet

Chair: Amy G. Huebschmann, MD, MS, University of Colorado School of Medicine, Aurora, CO

Small group discussions with prior SBM presidents will focus on strategies for reaching one's career goals; the small groups will be organized by the special interest groups of the participating SBM past-presidents. Participants can expect to discuss any topics relevant to promoting successful career trajectories within their small group. This session will also allow participants to explore important areas for research and collaboration in their field amongst SBM members with shared interests. Due to the expected popularity of this event, this is an RSVP-only session. Please contact elinc@sbm.org to reserve your place.

This session not eligible for continuing education credit.

5 p.m. – 6 p.m. Keynote: Eliminating Disparities in Health Behavior and Health: Evidence on the Powerful Role of Social Policy

International Ballroom Center

Content area: Other

Instructional level: Intermediate

Presenter: Jody Heymann, MD, PhD, University of California-Los Angeles, Los Angeles, CA

Moderator: Lisa M. Klesges, PhD, University of Memphis, Memphis, TN

This talk will present new global data tools that allow us to look rigorously for the first time at how national social policies shape health outcomes. Policy data on 193 countries will be presented together with findings from longitudinal, multi-level analyses of experiences in a subset of nations. The implications for practitioners and their work in the United States as well as globally will be discussed. Dr. Heymann is dean of the University of California-Los Angeles Fielding School of Public Health. She is also founding director of the WORLD Policy Analysis Center.

6 p.m. – 7 p.m. Exhibit Hall Open

Columbia 1-5

Stop by vendors' tables in the exhibit hall.

This session not eligible for continuing education credit.

6 p.m. – 7 p.m. **Poster Session C** 

Columbia 1-5

It's Friday night and this poster session will get attendees ready for a wonderful night on the town. Make the poster hall the meeting spot for going out parties! Cash bar and complimentary hors d'oeuvres will be provided.

This session not eligible for continuing education credit.



### DAY AT A GLANCE

Start	End	Title
7 a.m.	11 a.m.	Registration Open
7:30 a.m.	8:30 a.m.	Business Meeting
8:45 a.m.	10 a.m.	Symposia
10:15 a.m.	11:15 a.m.	Poster Session D/Exhibit Hall Open/Master Lectures/Panel Discussions
11:30 a.m.	12:30 p.m.	Closing Keynote

7 a.m. – 11 a.m. **Registration Open** 

7:30 a.m. – 8:30 a.m. **Business Meeting** 

International Ballroom East

SBM Board members will go through the following agenda. Breakfast will be served.

Call to order: Marian L. Fitzgibbon, PhD, president

Secretary/treasurer's report: Michael A. Diefenbach, PhD, secretary/treasurer Call for bylaws amendments vote: Michael A. Diefenbach, PhD, secretary/treasurer

Membership report: Lorna Haughton McNeill, PhD, MPH

2016 Annual Meeting report: Kate Wolin, ScD

President's report: Marian L. Fitzgibbon, PhD, president

Nominating Committee report/election results: Lisa M. Klesges, PhD, past president Results of bylaws amendments vote: Michael A. Diefenbach, PhD, secretary/treasurer

Transition of the presidency: Marian L. Fitzgibbon, PhD, president, and James F. Sallis Jr., PhD, president-elect

Plans for 2016-17: James F. Sallis Jr., PhD, president

Business meeting adjournment: James F. Sallis Jr., PhD, president

This session not eligible for continuing education credit.

8:45 a.m. – 10 a.m. Symposium 70: Scientific and Professional Liaison Council and The Obesity Society Present: Obesity in the 21st Century: It's More than Just Behavior

International Ballroom East

**Content area:** Obesity

Instructional level: Beginner/intermediate

Chair/Discussant: Martin Binks, PhD, FTOS, Texas Tech University, Lubbock, TX

Presenters: Patrick O'Neil, PhD, Medical University of South Carolina; and Emily Dhurandhar, PhD, Texas Tech University, Lubbock, TX;

8:45 a.m. – 10 a.m. Symposium 71: The Healthy Communities Study: Examining How Community Policies and Programs are Related to Children's Weight Status

International Ballroom West

Content area: Obesity

**Instructional level:** Advanced

Chair: S. Sonia Arteaga, PhD, National Institutes of Health, Bethesda, MD

**Presenters:** Stephen Fawcett, PhD, University of Kansas, Lawrence, KS; Warren J. Strauss, ScM, Battelle Memorial Institute, Columbus, OH; Lorrene D. Ritchie, PhD, University of California Division of Ag & Natural Resources, Oakland, CA; and Russell R. Pate, PhD, University of South Carolina, Columbia, SC

8:45 a.m. – 10 a.m. **Symposium 72: Implementing a Complex Behavioral Intervention RCT in Underserved Community** 

Settings

Lincoln East

Content area: Methods

Instructional level: Beginner/intermediate

Chair/Discussant: Elizabeth Pyatak, PhD, OTR/L, CDE, University of Southern California, Los Angeles, CA

Presenters Jeanine Blanchard, PhD, OTR/L, University of Southern California, Covina, CA Kristine Carandang, MS, OTR/L, University of Southern

California, Los Angeles, CA; and Jesus Diaz, OTD, University of Southern California, Los Angeles, CA

8:45 a.m. – 10 a.m. Symposium 73: Maternal and Pediatric Obesity Management: Translation from Research to Clinical

**Practice to Community Dissemination** 

Georgetown East
Content area: Obesity

Content area: Obesity

Instructional level: Beginner/intermediate

Chair: Danielle Symons. Downs, PhD, The Pennsylvania State University, University Park, PA

Presenters: Lisa Bailey-Davis, PhD, Geisinger Health Systems, Danville, PA; and Jennifer Savage, PhD, The Pennsylvania State University,

University Park, PA

Discussant: Jenn Leiferman, PhD, Colorado School of Public Health, Aurora, CO

8:45 a.m. – 10 a.m. **Symposium 74: The Relaxation Response Resiliency Program (3RP): A Novel Multimodal Coping Skills Program for Patients and Providers** 

Georgetown West

Content area: Stress

Instructional level: Intermediate

Co-Chairs: Ana-Maria Vranceanu, PhD, Behavioral Medicine Service, MGH, Harvard Medical School, Boston, MA; and Elyse R. Park, PhD, MPH,

Massachusetts General Hospital, Boston, MA

Presenters: Adam Gonzalez, PhD, Stony Brook University, Stony Brook, NY; and Giselle K. Perez, PhD, Massachusetts General Hospital, Boston, MA

Discussant: Suzanne Lechner, PhD, University of Miami, Miami, FL

8:45 a.m. – 10 a.m. Symposium 75: Military and Veterans' Health SIG Presents: Patient, Provider, and System Interventions

to Promote Equity among Vulnerable Veteran Populations

Jefferson East

Content area: Other

Instructional level: Beginner/intermediate

Chair: Leslie R. M. Hausmann, PhD, VA Pittsburgh Healthcare System, Pittsburgh, PA

Presenters: Thomas Houston, MD, MPH, CHOIR Bedford, Bedford, MA; and Dinesh Mittal, MD, Central Arkansas Veterans Healthcare Systems,

North Little Rock, AR

Discussant: Uchenna Uchendu, MD, Veterans Health Administration Central Office, Washington, DC

8:45 a.m. – 10 a.m.

Symposium 76: Child and Family Health SIG Presents: Working with Triple Vulnerabilities: Ethnic Minority Youth with Chronic Health Conditions

Jefferson West

**Content area:** Child/Adolescent Health **Instructional level:** Beginner/intermediate

Chair/Discussant: Nataliya Zelikovsky, PhD, La Salle University, Philadelphia, PA

**Presenters:** Daniel Mello, BA, University of California-Merced, Merced, CA; Dahra Jackson Williams, PhD, LaSalle University, Philadelphia, PA; Sharon Horner, PhD, The University of Texas at Austin, Austin, TX; and Kira Branch, PsyD, LaSalle University & Nemours/A.I. DuPont Hospital for

Children, Philadelphia, PA

8:45 a.m. – 10 a.m.

Symposium 77: Oncology Informatics: Perspectives from Behavioral Medicine

Monroe

Content area: Cancer

Instructional level: Intermediate

Chair: Ellen Beckjord, PhD, MPH, University of Pittsburgh Cancer Institute, Pittsburgh, PA

Presenters: April Oh, PhD, MPH, National Cancer Institute, Rockville, MD; David K. Ahern, PhD, National Cancer Institute, Rockville, MD; and Lori L.

DuBenske, PhD, University of Wisconsin-Madison, Madison, WI

Discussant: Bradford W. Hesse, PhD, National Cancer Institute, Bethesda, MD

8:45 a.m. - 10 a.m.

Symposium 78: Integrated Primary Care and Military and Veteran's Health SIGs Present: Addressing the Challenges of Translating Evidence-Based Practices in Veterans Administration and Department of Defense Integrated Health Care

Fairchild

Content area: Primary Care

Instructional level: Beginner/intermediate

Chair: Jennifer Funderburk, PhD, VA Center for Integrated Healthcare, Syracuse, NY

**Presenters:** Jennifer Wray, PhD, Center for Integrated Healthcare VA Western NY Healthcare System, Buffalo, NY; and Anne C. Dobmeyer, PhD, ABPP, DoD Deployment Health Clinical Center, Dayton, OH; and Christina L. Vair, PhD, VA Center for Integrated Healthcare, Buffalo, NY

Discussant: Jeffrey Goodie, PhD, ABPP, Uniformed Services University, Gaithersburg, MD

8:45 a.m. – 10 a.m.

Symposium 79: The Impact of Adolescent Sleep Loss on the Culture of Health: Potential Policy Interventions and Implications

Cabinet

Content area: Sleep

Instructional level:Intermediate/Advanced

Chair: Judith A. Owens, MD, MPH, Boston Children's Hospital/Harvard Medical School, Boston, MA

Presenters: Janet B. Croft, PhD, Centers for Disease Control and Prevention, Atlanta, GA; and Robert Whitaker, MD, MPH, Temple University,

Philadelphia, PA

Discussant: Tracy E. Costigan, PhD, Robert Wood Johnson Foundation, Solebury, PA

8:45 a.m. – 10 a.m. Symposium 80: Aging SIG Presents: There's an App for That: Seniors Getting Active! Using Technology

to Promote Physical Activity in Older Adults

Columbia 6

Content area: Physical Activity Instructional level: Intermediate

Chair: Sandra J. Winter, PhD, MHA, Stanford Prevention Research Center, Palo Alto, CA

Presenters: Sandra Jane. Winter, PhD, MHA, Stanford Prevention Research Center, Palo Alto, CA; Siobhan McMahon, PhD, University of Minnesota,

Minneapolis, MN; and Neha Gothe, PhD, Wayne State University, Detroit, MI **Discussant:** Cynthia M. Castro Sweet, PhD, Omanda Health, San Francisco, CA

8:45 a.m. – 10 a.m. Symposium 81: Cancer SIG Presents: Female Sexual Health after Cancer: Next Steps in Intervention and Treatment

Columbia 8

Content area: Cancer

Instructional level: Beginner/intermediate

Chair: Sharon L. Bober, PhD, Dana-Farber Cancer Institute/Harvard Medical School, Boston, MA

Presenters: Kristen M. Carpenter, PhD, The Ohio State University, Columbus, OH; Jennifer Barsky Reese, PhD, Fox Chase Cancer Center,

Philadelphia, PA; and Jeanne Carter, PhD, Memorial Sloan Kettering Cancer Center, NY, NY

Discussant: Julia H. Rowland, PhD, National Cancer Institute, Bethesda, MD

#### 10:15 a.m. – 11:15 a.m. *Exhibit Hall Open*

Columbia 1-5

Stop by vendors' tables in the exhibit hall.

This session not eligible for continuing education credit.

# 10:15 a.m. – 11:15 a.m. *Poster Session D*

Columbia 1-5

Stop by the final poster session of the 2016 Annual Meeting.

This session not eligible for continuing education credit.

10:15 a.m. – 11:15 a.m. Panel Discussion 21: Education, Training, and Career Development Council and Health Decision

Making SIG Present: Careers in Behavioral Medicine: Navigating the Challenges and Opportunities of

Academic Career Transitions and Advancements

Lincoln West

Content area: Education, Training and/or Career Development

Instructional level: Beginner/intermediate

Chair: Karen Oliver, PhD, Brown Alpert Medical School/Providence VA Medical Center, Providence, RI

**Panelists:** Christie Befort, PhD, University of Kansas Medical Center, Kansas City, KS; Tricia Leahey, PhD, University of Connecticut, Glastonbury, CT; Eric S. Zhou, PhD, Harvard Medical School, Boston, MA; and Karlene Cunningham, PhD, Rhode Island Hospital Brown University, Providence, RI

10:15 a.m. - 11:15 a.m. Panel Discussion 22: Training Crossroads: Preparing Graduate Students for Integrated Primary Care

Georgetown East

Content area: Primary Care

Instructional level: Beginner/intermediate

Chair: Jeffrey Goodie, PhD, Uniformed Services University, Gaithersburg, MD

**Panelists:** Jeffrey D. Quinlan, MD, Uniformed Services University of Health Sciences, Bethesda, MD; Catherine M. Ware, MA, Uniformed Services University of the Health Sciences, Washington, DC; Amanda Gehrke, BS, Uniformed Services University of the Health Sciences, Alexandria, VA; and Omni Cassidy, MS, Uniformed Services University of the Health Sciences/National Institute of Child Health and Human Development, Bethesda, MD

10:15 a.m. – 11:15 a.m. *Panel Discussion 23: Talk with the Directors: Training, Supervision, and Sustainability in Integrated Behavioral Medicine Programs* 

Georgetown West

Content area: Education, Training and/or Career Development

Instructional level: Intermediate

Chair: Cori E. McMahon, PsyD, MD Anderson Cancer Center at Cooper University Hospital. Woodbury, NJ

Panelists: Efrain A. Gonzalez, PsyD, MS, ClinPharm, ABPP (Clinical), UM/Jackson Memorial Medical Center, Miami, FL; Guy Montgomery, PhD, Mt. Sinai Hospital, Icahn School of Medicine, New York, NY; David A. Moore, PsyD, MD Anderson Cancer Center at Cooper University Hospital, Philadelphia, PA; and Kelly Gilrain, PhD, Cooper University Hospital, Camden, NJ

10:15 a.m. – 11:15 a.m. *Panel Discussion 24: Developing Novel Interventions and Advancing Theory: Keys to Successful Collaborations between Basic and Applied Scientists* 

Jefferson East

Content area: Education, training and/or career development

Instructional level: Beginner/intermediate

Chair: Austin S. Baldwin, PhD, Southern Methodist University, Dallas, TX

Panelists: Marc T. Kiviniemi, BA, PhD, University at Buffalo, Buffalo, NY; Jasmin A. Tiro, PhD, University of Texas Southwestern Medical Center, Dallas, TX; Jamie L. Studts, PhD, University of Kentucky College of Medicine, Lexington, KY; Amy McQueen, PhD, Washington University, St Louis, MO; and Bonnie Spring, PhD, Northwestern University, Chicago, IL

10:15 a.m. – 11:15 a.m. *Panel Discussion 25: Technology SIG Presents: Potential Confluence between Medical Informatics and Behavioral Science to Advance Precision Health Care* 

Jefferson West
Content area: Other

Instructional level: Beginner/intermediate

Chair: Heather Cole-Lewis, PhD, MPH, MA, Johnson and Johnson Health and Wellness, New York, NY

Panelists: Bryan Gibson, DPT, PhD, University of Utah, Salt Lake City, UT; Timothy Bickmore, PhD, Northeastern University, Boston, MA; David K.

Ahern, PhD, National Cancer Institute, Rockville, MD; and William Riley, PhD, National Institutes of Health, Bethesda, MD

10:15 a.m. – 11:15 a.m. *Panel Discussion 26: Integrated Primary Care SIG Presents: Health Care Transformation in Primary Care Behavioral Health* 

Monroe

Content area: Primary Care

Instructional level: Beginner/intermediate

Chair: Ryan R. Landoll, PhD, United State Air Force, Sumter, SC

Panelists: Elizabeth Najera, PhD, Air Force, San Antonio, TX; Matthew Nielsen, PsyD, Air University - United States Air Force, Montogmery, AL; and

Kathryn E. Kanzler, PsyD, ABPP, University of Texas Health Science Center San Antonio, San Antonio, TX

10:15 a.m. – 11:15 a.m. *Panel Discussion 27: Technology SIG Presents: Engaging Community Health Workers as Research Facilitators: Reducing Threats to Data Fidelity via Technology and Education* 

Fairchild

**Content area:** Physical Activity

Instructional level: Beginner/intermediate

Chair: Camille Nebeker, EdD, MS, University of California-San Diego School of Medicine, San Diego, CA

Panelists: Lisa Quintiliani, PhD, Boston University School of Medicine, Boston, MA; and Christina Holub, PhD, MPH, San Diego State University, San

Diego, CA

10:15 a.m. – 11:15 a.m. *Panel Discussion 28: Developing an Academic-Industry Partnership to Reduce HIV and STI Health Disparities among African Americans* 

Cabinet

Content area: Sexual Behaviors

Instructional level: Intermediate/Advanced

Chair: Courtney Peasant, PhD, Yale School of Public Health, New Haven, CT

Panelist: Jason Panda, Esq., B Holding Group, LLC, New York, NY

This session not eligible for continuing education credit.

#### 10:15 a.m. - 11:15 a.m. Master Lecture: Micro-Randomized Trials in Mobile Health

International Ballroom East

Content area: Cardiovascular, physical activity, and smoking\tobacco

Instructional level: Beginner/intermediate

Presenter: Susan A. Murphy, PhD, University of Michigan, Ann Arbor, MI

Moderator: Linda M. Collins, PhD, Pennsylvania State University, State College, PA

This talk will define Just-in-Time Adaptive Mobile Health Interventions, and will discuss a type of clinical trials — the Micro-Randomized Trials — that can be used to help construct these mobile interventions. Dr. Murphy is the H.E. Robbins Distinguished University Professor of Statistics,

a professor of psychiatry, and a research professor at the Institute for Social Research, all at the University of Michigan.



10:15 a.m. – 11:15 a.m. *Master Lecture: Integrating Agendas: A Team Sports Approach to Translating Evidence to Care for Cancer Surviviors* 

International Ballroom West

Content area: Cancer

Instructional level: Intermediate/advanced

Presenter: Catherine M. Alfano, PhD, American Cancer Society, Washington, DC

Moderator: Kate Wolin, ScD, Scale Down, Chicago, IL

This presentation will discuss an innovative approach to integrating agendas from numerous stakeholders involved in the care of cancer survivors with a goal of creating evidence-based solutions to address the myriad health problems cancer survivors face. Dr. Alfano is vice president of survivorship for the American Cancer Society.

# 11:30 a.m. – 12:30 p.m. Closing Keynote: Academic Engagement in Public and Political Discourse

International Ballroom East

Content area: Education, training, and/or career development

Instructional level: Beginner

Presenter: Andrew J. Hoffman, PhD, University of Michigan, Ann Arbor, MI

Moderator: Marian L. Fitzgibbon, PhD, University of Illinois at Chicago, Chicago, IL

This presentation will discuss the emerging role that academics must play in the public and political discourse of our society, as well as the obstacles to performing that role. Dr. Hoffman is the Holcim Professor of Sustainable Enterprise at the University of Michigan, a position that holds joint appointments at the Stephen M. Ross School of Business and the School of Natural Resources & Environment. Dr. Hoffman also serves as education director of the Graham Sustainability Institute.

# **ACHIEVEMENT AWARDS**

Congratulations to the following 2016 SBM Achievement Award recipients! Recipients will be recognized during the meeting's Presidential Keynote and Awards Ceremony on Thursday, March 31 at 5 p.m. in the International Ballroom Center.

### JESSIE GRUMAN AWARD FOR HEALTH ENGAGEMENT

Recognizes pivotal and extensive contributions to research, practice, or policies that have advanced the understanding of patient engagement

Kate Lorig, DrPH

### DISTINGUISHED RESEARCH MENTOR AWARD

Recognizes a mentor who successfully navigates a research career while helping direct the future of behavioral medicine by fostering excellence in mentees

Deborah Bowen, PhD

### **DISTINGUISHED SCIENTIST AWARD**

Recognizes total career achievement and scholarly distinction in the field of behavioral medicine

Francis J. Keefe. PhD

#### RESEARCH TO PRACTICE AWARD

Recognizes exemplary work in translating behavioral medicine research into practical application, dissemination, or implementation

Claudio Nigg, PhD

# EXCELLENCE IN BEHAVIORAL MEDICINE TRAINING PROGRAM AWARD

Honors a program that provides exemplary behavioral medicine training

Stanford Prevention Research Center

# **EARLY CAREER INVESTIGATOR AWARD**

Recognizes career achievement, including a published paper that shows scientific rigor and innovation in the field of behavioral medicine

Brie Turner-McGrievy, PhD, MS, RD Monica L. Wang, ScD, MS

### **OUTSTANDING DISSERTATION AWARD**

Recognizes excellence in student behavioral medicine research Jennifer L. Moss, PhD

# DISTINGUISHED STUDENT EXCELLENCE IN RESEARCH AWARD

Recognizes students who demonstrate excellence in studentconducted behavioral medicine research

Stephanie Kerrigan, MS Courtney Stevens

### DISTINGUISHED STUDENT TRAVEL SCHOLARSHIP

Recognizes students who show outstanding potential to make significant contributions in behavioral medicine via attendance at the SBM Annual Meeting

Stephanie Goldstein Mindy McEntee, MS Karl E. Minges, MPH

# C. TRACY ORLEANS DISTINGUISHED SERVICE AWARD

Recognizes the dedicated service of SBM Board members whose terms end this year

Alan M. Delamater, PhD, Publications and Communications Council chair

Lisa M. Klesges, PhD, past-president, Nominating Committee chair Sherry L. Pagoto, PhD, Civic and Public Engagement Committee chair

Bonnie Spring, PhD, ABPP, *Translational Behavioral Medicine* editor Kate Wolin, ScD, Program Committee chair

Amy L. Yaroch, PhD, member delegate

Nicole Zarrett, PhD, Education, Training, and Career Development Council chair

# **FELLOWS**

The following individuals have been awarded the status of fellow within SBM. New fellows will be recognized during the meeting's Presidential Keynote and Awards Ceremony on Thursday, March 31 at 5 p.m. in the International Ballroom Center.

M. Scott DeBerard, PhD Hope Landrine, PhD David X. Marquez, PhD Susan Michie, DPhil, CPsych, FBPS Margaret Schneider, PhD William J. Sieber, PhD Joshua M. Smyth, PhD Sara Wilcox, PhD

# SPECIAL INTEREST GROUP AWARDS

SBM congratulates the following recipients of these awards given by the special interest groups (SIGs).

#### **AGING SIG**

### **Outstanding Graduate Research Award**

Gwenndolyn C. Porter

#### **CANCER SIG**

### **Outstanding Student Abstract Award**

Julie Cessna

# Senior Investigator Award for Outstanding Contributions to the Field

Michael A. Andrykowski, PhD

#### CHILD AND FAMILY HEALTH SIG

# Award for Outstanding Achievements in the Field of Child and Family Health

Tonya M. Palermo, PhD

# Professional Award for Outstanding Research in Child and Family Health

Robert L. Newton Jr., PhD

# Student Award for Outstanding Research in Child and Family Health

April B. Bowling, MA

# **DIABETES SIG**

### **Early Career Travel Award**

Angela Fidler Pfammatter, PhD

### ETHNIC MINORITY AND MULTICULTURAL HEALTH SIG

### **Early Career Investigator Award**

Meghan L. Butryn, PhD Sara C. Folta, PhD

# **Student Award**

Christian J. Cerrada, BS Alice Guan, BA, BS Scherezade K. Mama, DrPH

Hayley S. Thompson, PhD

#### **Mentor Award**

Frank Penedo, PhD

#### **Service Award**

Jack E. Burkhalter, PhD Clement K. Gwede, PhD, MPH, RN, FAAN Thomas V. Merluzzi, PhD Eleshia Morrison, PhD Francisco L. Sotelo, MS

### EVIDENCE-BASED BEHAVIORAL MEDICINE SIG

# Outstanding Student/Trainee Award in Evidence-Based Behavioral Medicine

Kelly M. Shaffer

### **HEALTH DECISION MAKING SIG**

# Award for Outstanding Trainee Abstract in Health Decision Making

Caitlin Biddle

### **INTEGRATED PRIMARY CARE SIG**

# **Student/Postdoctoral Research Travel Award**

Jennifer M. Wray, PhD

### **MILITARY AND VETERANS' HEALTH SIG**

# Patricia H. Rosenberger Award for Outstanding Student/Fellow Abstract

Erin M. Anderson Goodell, SM Mona AuYoung, PhD, MS, MPH

### OPTIMIZATION OF BEHAVIORAL INTERVENTIONS SIG

# Outstanding Optimization of Behavioral and Biobehavioral Interventions Research Award

Sayali Phatak, MS

### **OBESITY AND EATING DISORDERS SIG**

# **Excellence in Research Award (student)**

Jennifer L. Matthews, MS

# **Excellence in Research Award (postdoc)**

Emily C. Martin, PhD

### **PAIN SIG**

# Graduate Student Abstract Award for Outstanding Research in Pain or Palliative Care

Amy E. Kupper, MS Heather Padilla, MS, RDN, LD Danielle B. Tometich, BS

### PHYSICAL ACTIVITY SIG

### **Student Research Award**

Andrew Hua, BS Leah M. Schumacher, MS

#### **Local Innovator Award**

Beacon House

#### SPIRITUALITY AND HEALTH SIG

**Distinguished Investigator in Spirituality and Health Award** Crystal L. Park, PhD

# **New Investigator Award**

Kelly M. Trevino, PhD

#### STUDENT SIG

### **Student Abstract Award**

Casey K. Gardiner Luke D. Mitzel, MS Heather Padilla, MS, RDN, LD

### **TECHNOLOGY SIG**

#### **Student Award for Innovation**

Stephanie Goldstein

Student Award for Significance to the Field of Digital Health Brooke T. Nezami. MA

#### **WOMEN'S HEALTH SIG**

**Best Poster Award** 

Michele D. Levine, PhD

# CITATION AWARDS

The following abstracts have been recognized by the Program Committee for excellence in research at the 2016 SBM Annual Meeting & Scientific Sessions. Each will be displayed on Wednesday, March 30, and will also be presented at the times noted below.

# WEDNESDAY, MARCH 30, 2016

# Young and Worried: Increasing Access to Care through a Novel Video Chat Support Group for Young Adults with Cancer

Poster Session A, A019

6 p.m. – 7 p.m.

Columbia 1-5

Laura Melton, PhD, ABPP, Benjamin Brewer, PsyD, Elissa Kolva, PhD, Tanisha Joshi, PhD, and Michelle Bunch, LCSW, University of Colorado Anschutz Medical Campus, Aurora, CO

# Reducing Sugar-Sweetened Beverage Intake in Preschool-Aged Children: Results from the Smart Moms mHealth Intervention

Poster Session A, A048

6 p.m. – 7 p.m.

Columbia 1-5

Brooke T. Nezami, MA, Dianne S. Ward, EdD, and Leslie Lytle, PhD, University of North Carolina, Chapel Hill, NC; Myles S. Faith, PhD, State University of New York at Buffalo, Buffalo, NY; and Deborah F. Tate, PhD, University of North Carolina, Chapel Hill, NC

# Risk Factors for Increased Prevalence of Obesity in Children Diagnosed with Autism Spectrum Disorders

Poster Session A, A051

6 p.m. – 7 p.m.

Columbia 1-5

Elizabeth A. Jones, BS, Madelyn Ruggieri, BA, and E. Amy Janke, PhD, University of the Sciences in Philadelphia, Philadelphia, PA

# The Biomechanisms that Influence Effects of Depressive Symptoms on Cognitive Functioning in African Americans

Poster Session A, A060

6 p.m. – 7 p.m.

Columbia 1-5

Olga Herren, MS, Michael Lipscomb, PhD, Desiree Bygrave, PhD, Denee Mwendwa, PhD, Clive Callender, MD, and Alfonso Campbell, PhD, Howard University, Washington, DC

Better Health Through Behavior Change

# AWARD RECIPIENTS

# THURSDAY, MARCH 31, 2016

# Dietary Guidance System Utilization and Dietary Choice among American Adults

Null Results Poster Session, N011

12 p.m. – 1 p.m.

Columbia 1-5

Caroline G. Dunn, MS, RD, LDN, University of South Carolina, Columbia, SC; Alisha Gaines, PhD, Cornell University, Ithaca, NY; and Kimberly A. Stran, PhD, RD, University of Alabama, Tuscaloosa, AL

# Initiation of Cigarette Smoking After E-Cigarette Use: A Nationally Representative Study

Paper Session 2

12:45 p.m. - 1 p.m.

Lincoln East

Brian A. Primack, MD, PhD, Ariel Shensa, MA, Jaime E. Sidani, PhD, MPH, CHES, and Beth L. Hoffman, ScB, University of Pittsburgh, Pittsburgh, PA; Samir Soneji, PhD, Dartmouth Institute for Health Policy and Clinical Practice, Lebanon, NH; Michael J. Fine, MD, MSc, and A. Everette James, JD, MBA, University of Pittsburgh, Pittsburgh, PA; and James D. Sargent, MD, Dartmouth College, Lebanon, NH

# E-Cigarette Use and Intentions/Attempts to Quit Smoking among Sexual Minority versus Sexual Majority Smokers in the United States

Paper Session 2

1 p.m. – 1:15 p.m.

Lincoln East

Xiaoquan Zhao, PhD, George Mason University, Fairfax, VA; Leah Hoffman, MPH, Food and Drug Administration Center for Tobacco Products, Silver Spring, MD; Tesfa N. Alexander, PhD, Food and Drug Administration, Silver Spring, MD; and Janine Delahanty, PhD, Food and Drug Administration Center for Tobacco Products, Silver Spring, MD

# Serious Games for Weight Loss: A Novel Approach to Attract, Engage, and Promote Weight Loss in High-Risk Young Adults

Paper Session 3

12:45 p.m. – 1 p.m.

Lincoln West

Tricia Leahey, PhD, University of Connecticut, Storrs, CT; Jessica Gokee LaRose, PhD, Virginia Commonwealth University School of Medicine, Richmond, VA; and Jamie Rosen, WayBetter Inc., New York, NY

# Using eHealth to Engage Asian/Pacific Islander Undergraduates in Decision to Be an Organ Donor on their Adult Driver's License

Paper Session 7

12:30 p.m. - 12:45 p.m.

Jefferson West

Cheryl L. Albright, PhD, MPH, Kara Saiki, MPH, Lynne Wilkens, DrPH, MS, and Ashley M. Biddle, MA, University of Hawaii, Honolulu, HI

# Does the Impact of Physically Active Lessons on Fourth-Grade Student Physical Activity Differ by Gender, Race/Ethnicity, or Body Mass Index?

Paper Session 8

12:30 p.m. - 12:45 p.m.

Monroe

Vanessa Errisuriz, MA, Natalie M. Golaszewski, MA, Esbelle M. Jowers, PhD, and John Bartholomew, PhD, University of Texas at Austin, Austin, TX

# Predicting Health in Elementary School Children: The Role of Physical Activity, Weight, and Dietary Intake

Paper Session 8

12:45 p.m. – 1 p.m.

Monroe

Noel Kulik, PhD, Erin Centeio, PhD, and Nate McCaughtry, PhD, Wayne State University, Detroit, MI

# No Wearable Sensors Required: Using the Mobile Phone Camera to Passively Measure Physiology for EMA

Paper Session 10

12:30 p.m. – 12:45 p.m.

Cabinet

Richard R. Fletcher, PhD, Daniel Chamberlain, and Nicholas W. Paggi, BS, Massachusetts Institute of Technology, Cambridge, MA

# Men's Prostate Awareness Church Training for African American Men: Men-Only vs. Mixed-Gender Men's Health Workshops

Paper Session 13

4:27 p.m. – 4:45 p.m.

International Ballroom East

Cheryl Holt, PhD, Daisy Le, MPH, MA, and Min Qi Wang, PhD, University of Maryland, College Park, MD; Jimmie Slade, MA, Community Ministry of Prince George's County, College Park, MD; Bettye Muwwakkil, PhD, and Ralph Williams, BS, Access to Wholistic and Productive Living Institute, College Park, MD; and Michael Naslund, MD, University of Maryland, College Park, MD

# Make Better Choices 2: Randomized Controlled Trial of a Mobile Health Intervention for Simultaneous versus Sequential Diet and Activity Change

Paper Session 14

4:27 p.m. - 4:45 p.m.

International Ballroom West

Bonnie Spring, PhD, Christine Pellegrini, PhD, H.G. McFadden, BS, Angela Pfammatter, PhD, and Juned Siddique, PhD, Northwestern University Feinberg School of Medicine, Chicago, IL; and Donald Hedeker, PhD, University of Chicago, Chicago, IL

# The Impact of Body Mass Index on Smoking Relapse in a Text Messaging Cessation Program for Young Adults

Paper Session 15

3:33 p.m. – 3:51 p.m.

Lincoln East

Kisha I. Coa, PhD, MPH, ICF International, Rockville, MD; Erik Augustson, PhD, MPH, National Cancer Institute, Bethesda, MD; and Annette Kaufman, PhD, MPH, National Cancer Institute, Rockville, MD

# Pasos Hacia la Salud: 12-Month Outcomes of a Web-Based Physical Activity Intervention for Latinos

Paper Session 16

3:33 p.m. – 3:51 p.m.

Lincoln West

Sarah E. Linke, PhD, MPH, University of California-San Diego, San Diego, CA; Shira Dunsiger, BSc, AM, PhD, Miriam Hospital/Brown University, Providence, RI; Sheri J. Hartman, PhD, University of California-San Diego, San Diego, CA; Dorothy Pekmezi, PhD, University of Alabama at Birmingham, Birmingham, AL; Britta Larsen, PhD, Becky Marquez, PhD, MPH, Andrea Mendoza, MPH, and Madison Noble, BA, University of California-San Diego, San Diego, CA; Beth Bock, PhD, Miriam Hospital, Providence, RI; Kim Gans, PhD, MPH, University of Connecticut, Storrs, CT; and Carlos Rojas, MD, and Bess Marcus, PhD, University of California-San Diego, San Diego, CA

# A Novel Training Intervention Reduces Back Pain in Middle-Aged Adults

Paper Session 17

3:15 p.m. - 3:33 p.m.

Georgetown East

Andrew Hua, BS, Tiffany Bullard, BS, Jason D. Cohen, BS, Daniel Palac, MA, and Edward McAuley, PhD, University of Illinois, Urbana, IL; Arthur F. Kramer, PhD, Beckman Institute, Urbana, IL; and Sean P. Mullen, PhD, University of Illinois, Urbana, IL

# Healthy Food Zoning and the Neighborhood Food Environment: Can Permitted-Use Zoning Promote Healthier Communities?

Paper Session 19

3:15 p.m. – 3:33 p.m.

Jefferson East

Daniel R. Taber, PhD, MPH, University of Texas School of Public Health, Austin, TX; and Jamie F. Chriqui, PhD, MHS, Christopher M. Quinn, MS, and Leah Rimkus, MPH, RD, University of Illinois at Chicago, Chicago, IL

# Intervening During and After Pregnancy to Prevent Weight Retention among African American Women

Paper Session 23

3:51 p.m. – 4:09 p.m.

Cabinet

Herring J. Sharon, MD, MPH, and Jane F. Cruice, BA, RN, Temple University, Philadelphia, PA; Gary G. Bennett, PhD, Duke University, Durham, NC; Marisa Z. Rose, MD, and Adam Davey, PhD, Temple University, Philadelphia, PA; and Gary D. Foster, PhD, Weight Watchers International. New York. NY

# Investigating Changes in Home Media Environment and Child Weight Status in a Childhood Obesity Intervention

Poster Session B, B081

6 p.m. – 7 p.m.

Columbia 1-5

Fabiana Brito, MSPH, Jamie Zoellner, PhD, RD, Korine N. Kolivras, PhD, Jennie Hill, PhD, and Wen You, PhD, Virginia Tech, Blacksburg, VA; and Paul Estabrooks, PhD, University of Nebraska Medical Center, Omaha, NE

# Peer-Support Motivational Interviewing Intervention to Increase Physical Activity in Sedentary African American Women

Poster Session B, B131

6 p.m. - 7 p.m.

Columbia 1-5

Lorna Haughton McNeill, PhD, MPH, University of Texas MD Anderson Cancer Center, Houston, TX; David Wetter, PhD, Rice University, Houston, TX; Ken A. Resnicow, PhD, University of Michigan, Ann Arbor, MI; Yisheng Li, PhD, and Nga Nguyen, MS, University of Texas MD Anderson Cancer Center, Houston, TX; Lorraine R. Reitzel, PhD, FAAHB, University of Houston, Houston, TX; Michele Heisler, MD, MPA, University of Michigan Medical School, Ann Arbor, MI; and Crystal L. Roberson, MPH, University of Texas MD Anderson Cancer Center, Houston, TX

Better Health Through Behavior Change

# **AWARD RECIPIENTS**

### FRIDAY, APRIL 1, 2016

### Social Media Outreach for Smoking Cessation

Paper Session 26

1:15 p.m. – 1:30 p.m.

International Ballroom West

Brian Keefe, MA, Kasia Galica, Emily Grenen, Kisha I. Coa, PhD, MPH, and Jessica Havlak, ICF International, Rockville, MD; and Erik Augustson, PhD, MPH, National Cancer Institute, Rockville, MD

# Anger, Hostility, and Re-Hospitalizations in Patients with Heart Failure: A Structural Equation Modeling Assessment

Paper Session 30

12:30 p.m. - 12:45 p.m.

Georgetown West

Felicia Keith, MS, David S. Krantz, PhD, Catherine M. Ware, MA, and Amy Lee, Uniformed Services University of the Health Sciences, Bethesda, MD; Paula Bellini, MA, American University, Washington, DC; Kristie Harris, MS, Ohio State University, Columbus, OH; and Stephen Gottlieb, MD, University of Maryland, Baltimore, MD

# Interrelationships among Anxiety and Depression in Patients and Caregiver Dyads with Newly Diagnosed Metastatic Cancers

Paper Session 37 Columbia 8

1:15 p.m. - 1:30 p.m.

Jamie M. Stagl, PhD, Massachusetts General Hospital Cancer Center/Harvard Medical School, Boston, MA; Kelly M. Shaffer, MS, Massachusetts General Hospital, Boston, MA; and Ryan Nipp, MD, Joel Fishbein, BA, Areej El Jawahri, MD, William Pirl, MD, Vicki Jackson, MD, Elyse R. Park, PhD, Jennifer Temel, MD, and Joseph Greer, PhD, Massachusetts General Hospital Cancer Center/ Harvard Medical School, Boston, MA

# Bolstering Cancer Prevention Efforts through Messages about Chemicals in Cigarette Smoke

Paper Session 38

3:15 p.m. – 3:33 p.m.

International Ballroom East

Sabeeh Baig, MS, University of North Carolina Gillings School of Global Public Health, Chapel Hill, NC; M. Justin Byron, PhD, and Marcella H. Boynton, PhD, University of North Carolina, Chapel Hill, NC; and Noel T. Brewer, PhD, and Kurt Ribisl, PhD, University of North Carolina Gillings School of Global Public Health, Chapel Hill, NC

# Web-Delivered Incentives and Working Memory Training for Teens with Poor Type 1 Diabetes Control: Emotion Control as a Moderator

Paper Session 42

3:15 p.m. – 3:33 p.m.

Georgetown East

Amy Hughes Lansing, PhD, and Catherine Stanger, PhD, Geisel School of Medicine at Dartmouth, Hanover, NH

# Enrolling with Others Enhances Participation Rates in a Community-Based Behavioral Weight Loss Program

Paper Session 48

3:15 p.m. - 3:33 p.m.

Columbia 6

Molly A. Diamond, MPH, Carmina G. Valle, PhD, MPH, and Deborah F. Tate, PhD, University of North Carolina, Chapel Hill, NC

# On-Screen Peer Modeling Induces Preschool Children's Vegetable Consumption

Poster Session C, C030

6 p.m. – 7 p.m.

Columbia 1-5

Amanda E. Staiano, PhD, MPP, Pennington Biomedical Research Center, Baton Rouge, LA; Arwen M. Marker, BA, University of Kansas, Lawrence, KS; and Johannah M. Frelier, BS, Daniel S. Hsia, MD, and Corby K. Martin, PhD, Pennington Biomedical Research Center, Baton Rouge, LA

# Outcomes of Patient-Centered mHealth Medical Regimen Program for African American and Hispanic Uncontrolled Hypertensives

Poster Session C, C145

6 p.m. – 7 p.m.

Columbia 1-5

Tatiana Davidson, PhD, John McGillicuddy, MD, Martina Mueller, PhD, Sachin Patel, MSc, Brenda Brunner-Jackson, MPH, Ashley Anderson, BS, Magaly Torres, Kenneth Ruggiero, PhD, and Frank Treiber, PhD, Medical University of South Carolina, Charleston, SC

# SATURDAY, APRIL 2, 2016

# Incentive Interventions: Changing Health Behavior and Enhancing, Not Undermining, Motivational Factors

Poster Session D, D080

10:15 a.m. – 11:15 a.m.

Columbia 1-5

Casey K. Gardiner, AB, and Angela Bryan, PhD, University of Colorado Boulder, Boulder, CO

# **AWARD RECIPIENTS**

#### MERITORIOUS STUDENT AWARDS

Outstanding posters and papers submitted by students for the 2016 SBM Annual Meeting & Scientific Sessions were selected for this special designation by the Program Committee. Each will be displayed on Wednesday, March 30, and will also be presented at the times noted below.

## WEDNESDAY, MARCH 30, 2016

# Predictors of Caloric Intake in Overweight and Obese Individuals: Food Cue Sensitivity and Inhibitory Control

Poster Session A, A046

6 p.m. – 7 p.m.

Columbia 1-5

Emily Wyckoff, BA, Cara Dochat, BA, Jada Gossett, Meghan L. Butryn, PhD, and Evan Forman, PhD, Drexel University, Philadelphia, PA

## Reducing Sugar-Sweetened Beverage Intake in Preschool-Aged Children: Results from the Smart Moms mHealth Intervention

Poster Session A, A048

6 p.m. – 7 p.m.

Columbia 1-5

Brooke T. Nezami, MA, Dianne S. Ward, EdD, and Leslie Lytle, PhD, University of North Carolina, Chapel Hill, NC; Myles S. Faith, PhD, State University of New York at Buffalo, Buffalo, NY; and Deborah F. Tate, PhD, University of North Carolina, Chapel Hill, NC

# Risk Factors for Increased Prevalence of Obesity in Children Diagnosed with Autism Spectrum Disorders

Poster Session A, A051

6 p.m. – 7 p.m.

Columbia 1-5

Elizabeth A. Jones, BS, Madelyn Ruggieri, BA, and E. Amy Janke, PhD, University of the Sciences in Philadelphia, Philadelphia, PA

# The Biomechanisms that Influence Effects of Depressive Symptoms on Cognitive Functioning in African Americans

Poster Session A, A060

6 p.m. – 7 p.m.

Columbia 1-5

Olga Herren, MS, Michael Lipscomb, PhD, Desiree Bygrave, PhD, Denee Mwendwa, PhD, Clive Callender, MD, and Alfonso Campbell, PhD, Howard University, Washington, DC

#### THURSDAY, MARCH 31, 2016

## Dietary Guidance System Utilization and Dietary Choice among American Adults

Null Results Poster Session, N011

12 p.m. – 1 p.m.

Columbia 1-5

Caroline G. Dunn, MS, RD, LDN, University of South Carolina, Columbia, SC; Alisha Gaines, PhD, Cornell University, Ithaca, NY; and Kimberly A. Stran, PhD, RD, University of Alabama, Tuscaloosa, Al

# The Dodo Bird Verdict Challenge: Does Motivational Interviewing Operate through Different Mechanisms than Health Education?

Null Results Poster Session, N029

12 p.m. – 1 p.m.

Columbia 1-5

Saige Stortz, University of Missouri-Kansas City, Kansas City, MO; Asfia Siddiqua, BA, St. James School of Medicine, Kansas City, MO; Andrew T. Fox, PhD, University of Kansas Medical Center, Kansas City, KS; Jose L. Moreno, PhD, University of Texas Health Science Center at San Antonio, San Antonio, TX; Andrea Bradley-Ewing, MPA, MA, Children's Mercy Hospitals and Clinics, Kansas City, MO; Kari Harris, PhD, MPH, University of Montana, Missoula, MT; Kathy Goggin, PhD, Children's Mercy Hospitals and Clinics, Kansas City, MO; Kimber P. Richter, PhD, MPH, University of Kansas Medical Center, Kansas City, KS; and Delwyn Catley, PhD, University of Missouri-Kansas City, Kansas City, MO

## Does the Impact of Physically Active Lessons on Fourth-Grade Student Physical Activity Differ by Gender, Race/Ethnicity, or Body Mass Index?

Paper Session 8

12:30 p.m. – 12:45 p.m.

Monroe

Vanessa Errisuriz, MA, Natalie M. Golaszewski, MA, Esbelle M. Jowers, PhD, and John Bartholomew, PhD, University of Texas at Austin, Austin, TX

## Using Ecological Momentary Assessment to Identify Common Smoking Situations among Young Korean American Smokers

Paper Session 11

12:45 p.m. – 1 p.m.

Columbia 6

Christian J. Cerrada, BS, Chaelin Karen Ra, MPH, Hee-sung Shin, MPH, Eldin Dzubur, MS, and Jimi Huh, PhD, University of Southern California, Los Angeles, CA

# AWARD RECIPIENTS

## Perceived Life Expectancy is Associated with Colorectal Cancer Screening Uptake in England

Paper Session 13

3:33 p.m. - 3:51 p.m.

International Ballroom East

Lindsay Kobayashi, PhD, Christian von Wagner, PhD, and Jane Wardle, PhD, University College London, London, United Kingdom

# The Development and Deployment of a Multicomponent, Real-Time, Tailored Intervention to Reduce Indoor Smoking

Paper Session 15

4:09 p.m. - 4:27 p.m.

Lincoln East

John Bellettiere, MA, MPH, and Vincent Berardi, MS, San Diego State University, San Diego, CA; Suzanne Hughes, MPH, PhD, Center for Behavioral Epidemiology and Community Health, San Diego, CA; Sandy Liles, MPH, San Diego State University, San Diego, CA; Neil Klepeis, PhD, San Diego State University Research Foundation, San Diego, CA; Saori Obayashi, PhD, RD, Center for Behavioral Epidemiology and Community Health, San Diego, CA; T. Tracy Allen, Isaac Quintanilla, and Ben Nguyen, MPH, Center for Behavior Epidemiology and Community Health, San Diego, CA; and Melbourne F. Hovell, PhD, MPH, San Diego State University, San Diego, CA

## A Novel Training Intervention Reduces Back Pain in Middle-Aged Adults

Paper Session 17

3:15 p.m. – 3:33 p.m.

Georgetown East

Andrew Hua, BS, Tiffany Bullard, BS, Jason D. Cohen, BS, Daniel Palac, MA, and Edward McAuley, PhD, University of Illinois, Urbana, IL; Arthur F. Kramer, PhD, Beckman Institute, Urbana, IL; and Sean P. Mullen, PhD, University of Illinois, Urbana, IL

## Investigating Changes in Home Media Environment and Child Weight Status in a Childhood Obesity Intervention

Poster Session B, B081

6 p.m. – 7 p.m.

Columbia 1-5

Fabiana Brito, MSPH, Jamie Zoellner, PhD, RD, Korine N. Kolivras, PhD, Jennie Hill, PhD, and Wen You, PhD, Virginia Tech, Blacksburg, VA; and Paul Estabrooks, PhD, University of Nebraska Medical Center, Omaha, NE

# Momentary Assessment of the Association of Stress and Effect on Dietary Intake in Children

Poster Session B, B089

6 p.m. - 7 p.m.

Columbia 1-5

Sydney O'Connor, BA, Jimi Huh, PhD, Adam Leventhal, PhD, Eldin Dzubur, MS, Carol Koprowski, PhD, RDN, and Genevieve F. Dunton, PhD, MPH, University of Southern California, Los Angeles, CA

## Leisure-Time Physical Activity and Social Network Support among Latinas: The Moderating Role of Education Level

Poster Session B, B122

6 p.m. - 7 p.m.

Columbia 1-5

Sandra Soto, MPH, San Diego State University/University of California-San Diego Joint Doctoral Program in Health Behavior, San Diego, CA; Holly Shakya, PhD, University of California-San Diego, San Diego, CA; Jessica Haughton, MPH, MA, San Diego State University, San Diego, CA; and Elva Arredondo, PhD, San Diego State University/Institute for Behavioral and Community Health, San Diego, CA

#### FRIDAY, APRIL 1, 2016

# The Smarxt Media Literacy Program: A Pilot Study to Improve Evidence-Based Prescribing among Medical Residents

Paper Session 29

12:30 p.m. - 12:45 p.m.

Georgetown East

Bethany Corbin, BS, Jason B. Colditz, MEd, Allison Raithel, Galen E. Switzer, PhD, Jaime Sidani, PhD, MPH, CHES, Patricia Klatt, PharmD, and Brian A. Primack, MD, PhD, University of Pittsburgh, Pittsburgh, PA

# Anger, Hostility, and Re-Hospitalizations in Patients with Heart Failure: A Structural Equation Modeling Assessment

Paper Session 30

12:30 p.m. – 12:45 p.m.

Georgetown West

Felicia Keith, MS, David S. Krantz, PhD, Catherine M. Ware, MA, and Amy Lee, Uniformed Services University of the Health Sciences, Bethesda, MD; Paula Bellini, MA, American University, Washington, DC; Kristie Harris, MS, Ohio State University, Columbus, OH; and Stephen Gottlieb, MD, University of Maryland, Baltimore, MD

# **AWARD RECIPIENTS**

## Assessing Mediator Effects from a Randomized Controlled Trial Evaluating Novel Interventions for Antiretroviral Medication Adherence

Paper Session 35

12:30 p.m. – 12:45 p.m.

Cabinet

Sofie Champassak, MA, and Delwyn Catley, PHD, University of Missouri-Kansas City, Kansas City, MO; Kandace Fleming, PhD, University of Kansas, Lawrence, KS; and David Williams, MPH, Stephen A. DeLurgio Sr., PhD, and Kathy Goggin, PhD, Children's Mercy Hospitals and Clinics, Kansas City, MO

# Cancer Patients' and their Caregivers' Stress Biomarkers are Positively Related at the Early Phase of Survivorship

Paper Session 37

1 p.m. – 1:15 p.m.

Columbia 8

Kelly M. Shaffer, MS, Massachusetts General Hospital, Boston, MA; Armando Mendez, PhD, University of Miami, Miami, FL; Maria M. Llabre, PhD, Michael Antoni, PhD, and Neil Schneiderman, PhD, University of Miami, Coral Gables, FL; Stephany Giraldo, MPH, Nova Southeastern University, Miami, FL; and Youngmee Kim, PhD, University of Miami, Coral Gables, FL

## Bolstering Cancer Prevention Efforts through Messages about Chemicals in Cigarette Smoke

Paper Session 38

3:15 p.m. – 3:33 p.m.

International Ballroom East

Sabeeh Baig, MS, University of North Carolina Gillings School of Global Public Health, Chapel Hill, NC; M. Justin Byron, PhD, and Marcella H. Boynton, PhD, University of North Carolina, Chapel Hill, NC; and Noel T. Brewer, PhD, and Kurt Ribisl, PhD, University of North Carolina Gillings School of Global Public Health, Chapel Hill, NC

# Long-Term Effects on Physical Function in Older Adults Following a DVD-Delivered Exercise Intervention

Paper Session 40

3:15 p.m. - 3:33 p.m.

Lincoln East

Sarah Roberts, BS, Jason Fanning, MS, Elizabeth Awick, MS, Gwenndolyn C. Porter, BS, and Diane K. Ehlers, PhD, University of Illinois, Urbana, IL; Thomas R. Wojckicki, PhD, Bellarmine University, Louisville, KY; and Robert W. Motl, PhD, and Edward McAuley, PhD, University of Illinois, Urbana, IL

## Research on Parenting and Childhood Obesity from 2009-14: Are Vulnerable Populations Represented?

Paper Session 41

3:15 p.m. – 3:33 p.m.

Lincoln West

Selma Gicevic, MSc, and Alyssa Aftosmes-Tobio, MPH, Harvard T.H. Chan School of Public Health, Boston, MA; Jennifer Manganello, MPH, PhD, State University of New York at Albany, Albany, NY; and Claudia Ganter, MPH, Christine L. Simon, ScM, Sami A. Newlan, MS, and Kirsten Davison, PhD, Harvard T.H. Chan School of Public Health, Boston, MA

#### Dating App Use and Sexual Risk Behavior among Young Adults

Paper Session 43

4:27 p.m. – 4:45 p.m.

Georgetown West

Ashlee N. Sawyer, BS, Erin R. Smith, MS, and Eric Benotsch, PhD, Virginia Commonwealth University, Richmond, VA

# Genetic Test-Reporting and Counseling for Melanoma Risk in Minors: Increasing Sun Protection Without Increasing Distress

Paper Session 49

3:15 p.m. – 3:33 p.m.

Columbia 8

Tammy K. Stump, MS, and Lisa G. Aspinwall, PhD, University of Utah, Salt Lake City, UT; Wendy Kohlmann, MS, CGC, and Marjan Champine, MS, LCGC, Huntsman Cancer Institute, Salt Lake City, UT; and Sancy Leachman, MD, PhD, Oregon Health and Science University, Portland, OR

## Dietary Variety and Self-Monitoring in a Behavioral Weight Loss Study

Poster Session C, C106

6 p.m. - 7 p.m.

Columbia 1-5

Hannah M. Lerner, BS, University of North Carolina Gillings School of Global Public Health, Chapel Hill, NC; and Carmina G. Valle, PhD, MPH, Brooke T. Nezami, MA, and Deborah F. Tate, PhD, University of North Carolina, Chapel Hill, NC

# Exposure to Electronic Cigarettes via Social Media among College Students

Poster Session C, C166

6 p.m. – 7 p.m.

Columbia 1-5

Michael D. Sawdey, MPH, Elizabeth Prom-Wormley, MPH, PhD, and Marcus Messner, PhD, Virginia Commonwealth University, Richmond, VA

# **AWARD RECIPIENTS**

## **SATURDAY, APRIL 2, 2016**

Combining Common Sense Model, Cognitive Behavioral Principles, and Real World Expertise to Promote Diabetes Self-Management

Poster Session D, D049

10:15 a.m. – 11:15 a.m.

Columbia 1-5

Jessica Yu, MS, Howard Leventhal, PhD, and Elaine Leventhal, MD, PhD, Rutgers University-New Brunswick, New Brunswick, NJ

# Negative Social Exchange, Perceived Stress, and Mindfulness as Correlates of Resilience in a LGBT Sample

Poster Session D, D065

10:15 a.m. - 11:15 a.m.

Columbia 1-5

Bunyong Dejanipont, Nicole McKinney, BA, Barton J. Poché, BA, and Mark Vosvick, PhD, University of North Texas, Denton, TX

## The Role of Skin Tone in Within-Race Health Disparities in Black Americans and an Exploration of Potential Underlying Mechanisms

Poster Session D, D074

10:15 a.m. - 11:15 a.m.

Columbia 1-5

Courtney Alderson, BA, and Nao Hagiwara, PhD, Virginia Commonwealth University, Richmond, VA

# Incentive Interventions: Changing Health Behavior and Enhancing, Not Undermining, Motivational Factors

Poster Session D, D080

10:15 a.m. - 11:15 a.m.

Columbia 1-5

Casey K. Gardiner, AB, and Angela Bryan, PhD, University of Colorado Boulder, Boulder, CO

# LEADERSHIP INSTITUTE

The 2016 Annual Meeting marks the official kickoff of SBM's new Leadership Institute for mid-career members.

SBM President Marian L. Fitzgibbon, PhD, identified mid-career training as a high-need area and began creation of the institute. Too often mid-career individuals are overlooked, despite the fact that they often find themselves at pivotal career junctures where leadership skills or career coaching would prove helpful.

The Leadership Institute will offer training on negotiating, welcoming diversity, teambuilding, and career planning. An intensive two-day training during the Annual Meeting will be followed by a year of professional one-on-one coaching and small group mentoring, during which time participants will complete individual leadership projects

Congratulations to the institute's inaugural group of fellows. Special thanks to the SBM members who graciously agreed to serve as institute mentors or panelists. Special thanks also to the SBM members who served on the institute Steering Committee and helped the idea take shape.

#### **FELLOWS**

Ana Maria Abrantes, PhD

Kimberly J. Arriola, PhD, MPH

Maureen C. Ashe, PhD, PT

Jamile A. Ashmore, PhD

Carmen Radecki Breitkopf, PhD

Matthew P. Buman, PhD

Kelly M. Carpenter, PhD

Mei-Wei Chang, PhD

Christopher Lance Coleman, PhD, MPH

Mary E. Cooley, PhD, APRN-BC, FAAN

Elliot J. Coups, PhD

Lynette L. Craft, PhD

Gareth Dutton, PhD

Sabrina Ford, PhD

Amy Gorin, PhD

Joseph Greer, PhD

Jennifer Huberty, PhD

Marc T. Kiviniemi, PhD

James F. Konopack, PhD

Meghan McAuliffe Lines, PhD

David X. Marquez, PhD

Michelle Y. Martin, PhD

Karen Mustian, PhD, MPH

Angela Odoms-Young, PhD

Aasim I. Padela, MD, MSc

Caryn E. Peterson, PhD

Courtney A. Pinard, PhD

Brian A. Primack, MD, PhD

Melinda R. Stolley, PhD

Mark Stoutenberg, PhD, MSPH

Kimberlee J. Trudeau, PhD

Corrine I. Voils, PhD

Randal K. Wada, MD

Jessica A. Whiteley, PhD

Melicia C. Whitt-Glover, PhD

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Marian L. Fitzgibbon, PhD

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Lisa M. Klesges, PhD

Sara J. Knight, PhD

Rebecca E. Lee, PhD

Edward McAulev. PhD

Frank J. Penedo, PhD

Dawn K. Wilson, PhD

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Monica L. Baskin, PhD

Gary Bennett, PhD

Robert T. Croyle, PhD

Karen M. Emmons, PhD

Edwin B. Fisher, PhD

Laura L. Hayman, RN, PhD, FAAN

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Lisa M. Klesges, PhD

Judith K. Ockene, PhD, MEd

Amy L. Yaroch, PhD

# **CONFERENCE SPECIAL FEATURES**

#### NAME BADGES AND RIBBONS

With the exception of ticketed seminars and courses, admission to all educational sessions and the poster hall is by name badge. Please be sure to wear your name badge at all times.

The following individuals will be recognized with identifying ribbons affixed to their name badges.

# RIBBON COLORS

RIBBON COLORS	
General	
SBM achievement award winner	Ocean blue
Citation award recipient	Brown
Meritorious student award recipient	Goldenrod
Distinguished service award recipient	White
SIG award recipient	Navy blue
Exhibitor	Green
Fellow	Light blue
New fellow	Aqua blue
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All	Gold
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Member delegate	Yellow
Council chair	Orange
Committee chair	Forest green
Program chair	Navy
Program co-chair	Jewel blue
Annals of Behavioral Medicine editor	Violet
Translational Behavioral Medicine editor	Violet
Outlook editor	Violet
Website editor	Pink
Committees/Councils/Members	
Committee member	Red
Council member	Burgundy
SIG chair	Eggplant
SIG co-chair	Teal
New SBM member	Peach/Golden
SBM member	lvory

#### **SBM RESOURCE BOOTH**

The SBM resource booth will feature information on SBM membership, SIGs, publications, and more.

#### JOB OPENINGS BOARD

A self-service job openings board is available onsite at the SBM Annual Meeting near the registration desk for meeting attendees to self-post position openings on behalf of an institution. All position announcements should be prepared on an 8.5-x-11-in. sheet of institutional letterhead. Each announcement should indicate the duties, requirements, geographical and departmental location, salary, start date, and instructions for submission of resumes/applications.

Attendees planning to post a job opening should bring multiple copies as SBM cannot be responsible for removal of notices by other meeting attendees. All posting is self-service and a benefit of attending the SBM Annual Meeting.

#### **BUSINESS MEETING**

On Saturday, April 2 at 7:30 a.m., SBM President Marian L. Fitzgibbon, PhD, will convene the annual business meeting. SBM leaders will report on the state of the organization including its finances and membership. Potential SBM Bylaws changes will be voted on. Results of the election for two SBM Board positions—president-elect and member delegate—will be announced, and the president-elect will commence his or her presidential term.

#### POSTER MENTORING PROGRAM

SBM fellows kindly volunteer their time and expertise to provide feedback on students' poster presentations during SBM poster sessions. Students interested in having their oral poster presentation critiqued in person by an SBM fellow should indicate their interest when submitting their abstracts. A number of students will be randomly selected to participate in the program. Fellows will be assigned to the selected students according to shared behavioral medicine interests.

#### **VOLUNTEERING**

SBM student/trainee members can volunteer during the meeting for a reimbursed registration. Slots are limited and offered through a call for volunteers. Volunteers help check in attendees at the registration desk and help SBM staff with other miscellaneous activities.

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Website

# **SBM INFORMATION**

#### PLANNING COMMITTEES

PROGRAM COMMITTEE

Program Committee members:

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David X. Marguez, PhD, co-chair

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Marian L. Fitzgibbon, PhD, SBM president

Kristi D. Graves, PhD, Special Interest Group Council chair

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Reggie Tucker-Seeley, ScD

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Margaret L. Schneider, PhD

Madalina Sucala, PhD

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Kathy Goggin, PhD

Adherence

Christina R. Studts, PhD

Behavioral medicine in clinical and medical settings

Heather S. Jim, PhD

Biological mechanisms in health and behavior change

Crystal L. Park, PhD

Complementary and integrative medicine

Dewlyn Catley, PhD

Environmental and contextual factors in health and behavior

change co-chair

Rebecca E. Lee, PhD

Environmental and contextual factors in health and behavior

change co-chair

Ashley L. Reynolds, PhD, RN, ACSM-HFS

Health communication and technology

Austin S. Baldwin, PhD

Health decision making

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Gregory J. Norman, PhD

Measurement and methods

Kassandra Alcaraz, PhD, MPH

Population health, policy, and advocacy

Paul T. Fuglestad, PhD

Psychological and person factors in health and behavior change

co-chair

Suzanne C. O'Neill, PhD

Psychological and person factors in health and behavior change

co-chair

Jessica A. Whiteley, PhD

Psychological and person factors in health and behavior change

co-chair

Kevin D. Stein, PhD

Quality of life

Clement K. Gwede, PhD, MPH, RN, FAAN

Racial, ethnic, and cultural factors in health co-chair

Jamilia R. Sly, PhD

Racial, ethnic, and cultural factors in health co-chair

Matthew J. Gregoski, PhD

Rapid communications

Jada G. Hamilton, PhD. MPH

Rapid communications

Darren Mays, PhD, MPH

Rapid communications

Cynthia M. Castro, PhD

Translation of research to practice

ABSTRACT REVIEWERS

Marc A. Adams, PhD, MPH Gail Adorno, PhD, LCSW, ACSW Cheryl L. Albright, PhD, MPH Kassandra Alcaraz, PhD, MPH Jon-Patrick Allem, PhD Michael A. Andrykowski, PhD Katherine L. Applegate, PhD Erik Augustson, PhD, MPH Lelia Azarbad, PhD Jorge A. Banda, PhD Vernon A. Barnes, PhD Debra W. Basalik, CHES, BA Linda C. Baumann, PhD, RN Mark Beauchamp, PhD Kerry Beckman, MPH Pamela Behrman, PhD Keith M. Bellizzi, PhD, MPH

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Lanell M. Bellury, PhD

Kymberley Bennett, PhD

Danielle Blanch-Hartigan, PhD, MPH Shelley Bluethmann, PhD, MPH

Laura M. Bogart, PhD Leigh Boghossian, MPH Jason E. Bonner, PhD

Jeuneviette Bontemps-Jones, MPH, CHES

Hayden B. Bosworth, PhD

Andrea Bradley-Ewing, M.P.A., MA Paula Rhode Brantley. PhD

Phillip J. Brantley, PhD
Erica S. Breslau, PhD
Noel T. Brewer, PhD
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Dean G. Cruess, PhD
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Dawn E. Wiatrek, PhD
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Janet DeMoor, PhD
Mary T. DePalma, PhD
Katie Devine, PhD

Kristine A. Donovan, PhD, MBA

Todd A. Doyle, PhD Jennifer L. Duffecy, PhD Shira Dunsiger, BSc, AM, PhD,

Gareth Dutton, PhD Laura Dwyer, PhD

Katherine S. Eddens, PhD, MPH

Shawna L. Ehlers, PhD Linda Ehrlich-Jones, PhD, RN

Mary K. Ellis, MD Kristin Emory, PhD

Ngoc-Cam Escoffery, PhD, MPH, CHES Reynolette Ettienne-Gittens, PhD, MS, RD

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Martina R. Gallagher, PhD, MSN, RN

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Melissa B. Gilkey, PhD
Beth A. Glenn-Mallouk, PhD
Layne A. Goble, PhD
Simay Gokbayrak, BA
Mitch Golant, PhD
Brian D. Gonzalez, PhD
Jeffrey L. Goodie, PhD, ABPP
David E. Goodrich, EdD

Job Gordino, PhD
Amy Gorin, PhD
Amanda Graham, PhD
Kristi D. Graves, PhD
Mary L. Greaney, PhD
Heather Greenlee, MD
Lauren A. Grieco, PhD
Timothy J. Grigsby
Erik J. Groessl. PhD

Julia A. Goodwin, PhD, RN

Jada G. Hamilton, PhD, MPH

Xuesong Han, PhD

Amy Harley, PhD, MPH, RD Felicity Harper, PhD

Kari Harris, PhD

Leslie R.M. Hausmann, PhD Lynne M. Haverkos, MD, MPH

Nikki Hawkins, PhD Jennifer Hay, PhD Rashelle B. Hayes, PhD

Laura L. Hayman, RN, PhD, FAAN

Lisa J. Heaton, PhD Katie M. Heinrich, PhD Eric B. Hekler, PhD Erin Hennessy, PhD, MPH Jennie L. Hill, PhD Melanie Hingle, PhD

# **SBM INFORMATION**

Bettina B. Hoeppner, PhD Katherine D. Hoerster, PhD, MPH Amy J. Hoffmann, PhD, RN

Cheryl Holt, PhD Flora Hoodin, PhD

M. Bryant Howren, PhD, MPH

Michael A. Hoyt, PhD Gill Hubbard, PhD

Yvonne M. Hunt, PhD, MPH Amy Hutchens, MS, RN

April Idalski Carcone, PhD, MSW

Rose Illes, PhD Ona Illozumba, MPH Megan A. Jacobs, MPH Michelle C. Janelsins, PhD

E. Amy Janke, PhD
Diana Jeffrey, PhD
Gerald J. Jerome, PhD
Yun Jiang, BSN, MS, RN
Heather S. Jim, PhD
Jude Jonassaint, RN
Deborah Jones, PhD
Caren B. Jordan, PhD
Patricia J. Jordan, PhD
Rodney P. Joseph, PhD
Karen Kaiser, PhD

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Erin Kent, PhD
Jihye Kim, PhD
Youngmee Kim, PhD
Diane K. King, PhD
Anita Kinney, PhD, RN
Marc T. Kiviniemi, BA, PhD
Jennifer Klemp, PhD
Amber Koblitz, PhD, MPH
Laura Koehly, PhD

Laura Koehly, PhD
Anupama Kommu, PsyD
Alanna Kulchak Rahm, PhD, MS
Magdalena Kulesza, PhD
Hope Landrine, PhD
Shelby L. Langer, PhD
Emily Lattie, PhD

Corinne Leach, MPH, MS, PhD Heather J. Leach, PhD Amy E. Leader, DrPH, MPH Tracey Ledoux, PhD, RD Hyoung Lee, PhD Jennifer E. Lee, PhD Morgan R. Lee, MA Stephen J. Lepore, PhD Lucie Lévesque, PhD

Ellen G. Levine, PhD, MPH Beth A. Lewis, PhD

Yue Liao, MPH, PhD, CPH Wendy Lichtenthall, PhD Sarah E. Lillie, PhD

Alyson J. Littman, PhD, MPH

Ellen Lopez, PhD Michael L. Lopez, PhD Amy S. Lu, PhD Qian Lu, PhD, MD Mindy Ma, PhD

Mindy Ma, PhD
Bridgette Ma, MA, MPH
Scherezade K. Mama, DrPH
Hidelisa Manibusan, PT
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Darren Mays, PhD, MPH
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Amy McQueen, PhD Mary Beth Mechlin, PhD Melissa Mercincavage, PhD Thomas V. Merluzzi, PhD

Erin Merz, PhD

Shannon L. Mihalko, PhD

Sandra A. Mitchell, PhD, CRNP, AOCN

Alyson Moadel, PhD
Arlen C. Moller, PhD
David J. Moore, PhD
Eleshia J.P. Morrison, PhD
Patricia Mumby, PhD
Karen Mustian, PhD, MPH
Denée Thomas Mwendwa, PhD
Larissa Myaskovsky, PhD
Valerie Harwell Myers, PhD
Lisa Nackers, PhD, MPH
Pratibha Nayak, PhD

Eric J. Nehl, PhD Robert L. Newton, PhD Anh Bao Nguyen, PhD, MPH

Claudio Nigg, PhD Wendy Nilsen, PhD Nikki Nollen, PhD Gregory J. Norman, PhD

Stephanie Nutt Christopher Obong'o Christopher Ochner, PhD Judith K. Ockene, PhD, MEd

April Oh, PhD, MPH
Felix A. Okah, MD, MS, FAAP
Suzanne C. O'Neill, PhD
Gozde Ozakinci, PhD
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Steven C. Palmer, PhD
Crystal Park, PhD
Nate Parker, MPH

Raheem Paxton, PhD Lori Pbert, PhD L. Alison Phillips, PhD Siobhan M. Phillips, PhD Latrice C. Pichon, PhD Courtney A. Pinard, PhD Thomas G. Plante, PhD

Mary Playdon, MA

Carly Parry, PhD

David B. Portnoy, PhD, MPH Mandi Pratt-Chapman, MA

Sandi L. Pruitt, PhD Jason Q. Purnell, PhD, MPH

Lisa Quintiliani, PhD Elizabeth Raffanello, MPH Krista W. Ranby, PhD Maija Reblin, PhD

Jacqueline Y. Reese-Smith, PhD

Gail R. Regan, PhD, PT Chad Rethorst, PhD Christine M. Rini, PhD Betsy Risendal, PhD Lee M. Ritterband, PhD

Katherine J. Roberts, EdD, MPH Linda B. Robertson, DrPH, RN, MSN

Leslie A. Robinson, PhD Juan Rodriguez, PhD Scott C. Roesch, PhD Zeev Rosberger, PhD Allison Rose, MPH

Jennifer Rose, PhD Rochelle K. Rosen, PhD Dori E. Rosenberg, PhD, MPH Kathryn R. Ross, PhD, MPH Liza Rovniak, PhD, MPH Mathieu Roy, PhD Christina Rush, MA Cvnthia L. Russell, PhD A. Blythe Ryerson, PhD, MPH Francisco I. Salgado-Garcia, MA John M. Salsman, PhD Vetta Sanders Thompson, PhD Jason Satterfield, PhD Karen K. Saules, PhD Taneisha Scheuemmann Danielle E. Schoffman, BA Stacie L. Scruggs, MPH David W. Seal, PhD Kathleen Sexton-Radeck, PhD, CBSM William G. Shadel, PhD Lisa K. Sharp, PhD, BSN, MA Jylana Sheats, PhD Sherri Sheinfeld Gorin, PhD Megan J. Shen, PhD Allen C. Sherman, PhD Yuyan Shi, PhD Kerem Shuval, PhD

Jane M. Simoni, PhD Alan D. Sirota, PhD Stephanie J. Sohl, PhD Erica Soltero, MS Eric Soule, PhD Elina Spektor, PhD Cassandra A. Stanton, PhD Jennifer L. Steel. PhD Barbara Stetson, PhD Diana W. Stewart, PhD Jennifer Stewart, PhD, RN David R. Strong, PhD Larkin L. Strong, PhD, MPH Christina R. Studts, PhD Jamie L. Studts, PhD Madalina Sucala, PhD Sumner J. Sydeman, PhD Magdalena Szaflarski, PhD Jennifer Taber, PhD Chan Thai, PhD, MPH Jenifer J. Thomas. PhD Debbe I. Thompson, PhD Lora M.A. Thompson, PhD Idia B. Thurston, PhD Elizabeth Thyrum, PhD Jasmin A. Tiro, PhD, MPH Michael Todd, PhD

Loren L. Toussaint, PhD Ryan S. Trim, PhD Alyssa Troeschel, MSPH Brie Turner-McGrievy, PhD, MS, RD Renee Umstattd, PhD Jennifer B. Unger, PhD Deborah F. Van Marter, MPH Peter A. Vanable, PhD Amber Vaughn, PhD Julie E. Volkman, PhD Amy Wachholtz, PhD, MDiv, MS Catharine Wang, PhD Molly E. Waring, PhD Erika A. Waters, PhD, MPH Jennifer B. Webb, PhD, MA Kelly H. Webber, PhD, MPH Kristen J. Wells, PhD, MPH JoEllen Wilbur, PhD, RN, FAAN Philip Michael Wilson, PhD Sandra Winter, PhD Lynne Wittenberg, MPH Laura Wool, PsvD Julie Wright, PhD Nelson Yeung, MS Jean C. Yi, PhD Jamie Zoellner, PhD

# **SBM INFORMATION**

#### RAPID COMMUNICATION ABSTRACT REVIEWERS

Brenda A. Adjei, EdD Austin S. Baldwin, PhD Evangelia Banou, PhD C. Andreas Bedoya, PhD Pamela Behrman, PhD

Danielle Blanch-Hartigan, PhD, MPH

Shannon S.D. Bredin, PhD
Carrie A. Bronars, PhD
Brittany M. Brothers, PhD
Amanda M. Brouwer, PhD
Matthew P. Buman, PhD
Allison M. Burton-Chase, PhD
Rachel S. Cannady Spillers, BS

Linda E. Carlson, PhD Kristen M. Carpenter, PhD

Lisa Carter-Harris, PhD, APRN, ANP-C

Cynthia M. Castro, PhD

Kavita D. Chandwani, MD, MPH, DrPH

Andrea D. Clements, PhD Ashley K. Day, PhD Scott M. DeBerard, PhD Judith D. DePue, EdD, MPH

Katie Devine, PhD Stacy M. Dodd, PhD Todd A. Doyle, PhD

Katherine S. Eddens, PhD, MPH

Leilani Feliciano, PhD

Neha P. Gothe, PhD
Kristi D. Graves, PhD
Thomas P. Guck, PhD
Katherine S. Hall, PhD
Vicki S. Helgeson, PhD
Andrea L. Hobkirk, PhD
Flora Hoodin, PhD
Michael A. Hoyt, PhD
Michelle C. Janelsins, PhD
Heather S. Jim, PhD
Megan Johnson Shen, PhD
Kristina H. Karvinen, PhD
Kathryn M. Kash, PhD
Jennifer E. Lee, PhD

Alyson J. Littman, PhD, MPH John Luque, PhD, MPH

Sandra A. Mitchell, PhD, CRNP, AOCN

Maureen Monaghan, PhD, CDE

Susan G. Nash, PhD Eric J. Nehl, PhD Suzanne C. O'Neill, PhD Crystal Park, PhD

Luke Peppone, PhD, MPH Susan K. Peterson, PhD, MPH David B. Portnoy, PhD, MPH Donna M. Posluszny, PhD Katherine J. Roberts, EdD, MPH Vivian Rodriguez Archilla, PhD Michelle L. Segar, PhD, MPH, MS Sherri Sheinfeld Gorin, PhD Marne L. Sherman, PhD Patricia M. Smith, PhD Amanda M. Spray, MA Jerod L. Stapleton, PhD Diana W. Stewart, PhD Christina R. Studts, PhD

Yelena N. Tarasenko, DrPH, MPH, MPA

Lora M.A. Thompson, PhD Elizabeth Thyrum, PhD Loren L. Toussaint, PhD Lara N. Traeger, PhD Mary K. Tripp, PhD, MPH Carmina G. Valle, PhD, MPH

Jamie L. Studts, PhD

Corrine I. Voils, PhD Sherrie Wallington, PhD Philip Michael Wilson, PhD Lynne Wittenberg, MPH Lisa M. Wu, PhD Betina R. Yanez, PhD

Jean C. Yi, PhD Faika Zanjani, PhD Eric S. Zhou, PhD

#### **SBM STAFF**

Tara Withington, twithington@sbm.org

Consulting partner

Amy Stone, astone@sbm.org

Executive director

Lindsay Bullock, Ibullock@sbm.org

Senior media and member communications manager

Erica Linc, elinc@sbm.org

Program manager

Johanna Moerke, jmoerke@sbm.org

Program manager

Andrew Schmidt, aschmidt@sbm.org

Administrative coordinator

Erin Trimmer, etrimmer@sbm.org

Education and meetings manager

## **PAST PRESIDENTS**

1979-80 W. Stewart Agras, MD

1980-81 Joseph V. Brady, PhD

1981-82 Gene G. Abel, MD

1982-83 Michael F. Cataldo, PhD

1983-84 Redford B. Williams, Jr., MD

1984-85 Stephen M. Weiss, PhD

1985-86 Herbert Benson, MD

1986-87 Michael J. Follick, PhD

1987-88 Evan G. Pattishall, Jr., MD, PhD

1988-89 Kelly D. Brownell, PhD

1989-90 Albert Stunkard, MD

1990-91 Judith Rodin, PhD

1991-92 John W. Farguhar, MD

1992-93 Rena R. Wing, PhD

1993-94 Jacqueline Dunbar-Jacob, PhD, RN

1994-95 Richard S. Surwit, PhD

1995-96 C. Barr Taylor, MD

1996-97 Robert M. Kaplan, PhD

1997-98 Thomas G. Pickering, MD, DPhil

1998-99 Norman B. Anderson, PhD

1999-2000 Joel E. Dimsdale, MD

2000-01 C. Tracy Orleans, PhD

2001-02 Michael G. Goldstein, MD

2002-03 David B. Abrams, PhD

2003-04 Linda C. Baumann, PhD, RN, FAAN

2004-05 Judith K. Ockene, PhD, MEd

2005-06 Laura L. Hayman, RN, PhD, FAAN

2006-07 Edwin B. Fisher, PhD

2007-08 Peter G. Kaufmann, PhD

2008-09 Bonnie Spring, PhD, ABPP

2009-10 Francis J. Keefe, PhD

2010-11 Karen M. Emmons, PhD

2011-12 Abby C. King, PhD

2012-13 Alan J. Christensen, PhD

2013-14 Dawn K. Wilson, PhD

2014-15 Lisa M. Klesges, PhD

# **SBM INFORMATION**

#### SPECIAL INTEREST GROUPS

SBM offers 23 different special interest groups (SIGs) to its members. Each SIG has a unique listserv email recipient list, facilitating critical networking among colleagues with similar behavioral medicine interests.

Membership in one or more SIGs is a benefit available to all SBM members. To join a SIG log into <a href="www.sbm.org">www.sbm.org</a> and update your member profile. Not an SMB member? Join today at <a href="www.sbm.org/membership">www.sbm.org/membership</a> and sign up for one or more SIGs!

#### **AGING**

Co-Chair: Neha P. Gothe, PhD, <u>nehagothe@wayne.edu</u> Co-Chair: Sandra J. Winter, PhD, MHA, sjwinter@stanford.edu

The Aging SIG focuses on addressing the special issues of behavior change among older adults, with a particular focus on the influence of cultural, environment, and policy. There is a tendency to focus behavior change issues and challenges on the children and adults who are assumed to be those who will reap the greatest long-term benefit from changes. Older adults, particularly those with chronic health problems, can likewise gain a significant benefit from behavior change particularly with regard to quality of life issues. The Aging SIG has identified a need and interest in exploring ways that older adults, particularly those with chronic illnesses, can alter their behavior to promote health and quality of life.

#### **CANCER**

Chair: Kristi D. Graves, PhD, <u>kdg9@georgetown.edu</u>
Co-Chair: Catherine M. Alfano, PhD, <u>catherine.alfano@cancer.org</u>

The Cancer SIG fosters high-quality collaborative research, enhances the professional development of its members, and works with other professional organizations involved in cancer prevention and control research. The goal is to advance and disseminate knowledge across the breadth of cancer control, ranging from cancer prevention to end of life care, including all ages, racial and ethnic groups, and socioeconomic strata.

## CHILD AND FAMILY HEALTH

Chair: Bernard Fuemmeler, PhD, MPH, <u>bernard.fuemmeler@duke.</u> edu

Co-Chair: Nataliya Zelikovsky, PhD, MPH zelikovsky@lasalle.edu

The Child and Family Health SIG is an interdisciplinary forum for SBM members concerned with the health and well-being of children, adolescents, and families. Members of this SIG have interest in bridging biological, cognitive, emotional, behavioral, and social functioning of children and adolescents with a focus on understanding contextual, social ecological influences on child health and development. This SIG aims to advance and disseminate knowledge, foster professional networks to produce

high-quality collaborative research, and ultimately enhance the health and well-being of children, adolescents, and families.

COMPLEMENTARY AND INTEGRATIVE MEDICINE Chair: Crystal L. Park, PhD, crystal.park@uconn.edu

According to the National Center on Complementary and Alternative Medicine of the National Institutes of Health, complementary and alternative medicine (CAM) refers to a broad range of healing approaches that mainstream Western medicine does not commonly use, accept, study, understand, or make available. This SIG provides a forum for discussion of CAM as it relates to behavioral medicine, with a particular emphasis on the integrative nature of such modalities, by themselves and in conjunction with other modalities of biopsychosocial care.

#### DIABETES

Chair: Barbara Stetson, PhD, <u>barbara.stetson@louisville.edu</u> Student Co-Chair: Karl Minges, MPH, <u>karl.minges@yale.edu</u> Student Co-Chair: Allison Lewinski, MPH, BSN, <u>alewinski@gmail.</u> com

Student Co-Chair: Amanda Phillips, <u>amandaphillips@my.unt.edu</u> Annual Meeting Coordinator: Robin Whittemore, PhD, <u>robin.</u> whittemore@yale.edu

The Diabetes SIG is a forum for SBM members with an interest in the advancement of behavioral and psychological research in diabetes. SIG goals are to (1) increase the presence of high-quality behavioral medicine research in diabetes at the SBM Annual Meeting; (2) encourage interdisciplinary collaboration among researchers, clinicians, educators, and public health advocates that emphasizes the importance of the prevention and treatment of diabetes; and (3) support professional networking and the training of young investigators and students interested in diabetes research.

ETHNIC MINORITY AND MULTICULTURAL HEALTH Co-Chair: Jamilia R. Sly, PhD, jamilia.sly@mssm.edu Co-Chair: Clement K. Gwede, PhD, MPH, RN, FAAN clement.gwede@moffitt.org

The Ethnic Minority and Multicultural Health SIG concerns itself with advancing the field of ethnic minority and multicultural health through education and training; networking; mentorship of ethnic minorities and non-minorities; and conducting research in ethnicity, culture, and health. Members of this SIG also aim to increase the involvement of ethnic minorities in SBM councils, committees, and the peer-review process.

#### EVIDENCE-BASED BEHAVIORAL MEDICINE

Co-Chair: E. Amy Janke, PhD, <u>e.janke@usciences.edu</u> Co-Chair: Joanna Buscemi, PhD, joanna.buscemi@gmail.com

Evidence-based medicine has recently come to the forefront as an approach by which to evaluate and practice medicine. Evidence-based behavioral medicine is a relatively young field that has similar purposes. Researchers, clinicians, students, and policymakers may all wish to become better acquainted with the history, principles, and future directions of this field.

#### HEALTH DECISION MAKING

Chair: Christine M. Rini, PhD, <u>christine.rini@unc.edu</u> Co-Chair: Sarah E. Lillie, PhD, <u>sarah.lillie@va.gov</u>

The Health Decision Making (HDM) SIG provides a forum within SBM to advance the theory, science, and practice of health decision making, particularly as applied in behavioral medicine. The HDM SIG has a special interest in understanding informed decision making by population members and patients, shared decision making between patients and health professionals, and clinical decision making by health professionals. The HDM SIG is the point of contact for liaisons between SBM and other organizations relevant to health decision making such as the Society of Medical Decision Making and the Society for Judgment and Decision Making. Connect with the SIG on Twitter @sbmdecisions.

#### INTEGRATED PRIMARY CARE

Co-Chair: James E. Aikens, PhD, <u>aikensj@umich.edu</u> Co-Chair: Kathryn E. Kanzler, PsyD, ABPP, kanzler@uthscsa.edu

The Integrated Primary Care SIG is devoted to promoting and enhancing the delivery of evidence-based behavioral health care in primary care settings. The SIG provides a forum for the exchange of information and the fostering of relationships between behavioral health and medical professionals in order to (1) facilitate the integration of behavioral health professionals and biopsychosocial interventions into primary care settings; (2) advance research of behavioral health interventions in primary care; (3) support the training of students pursuing integrated primary care; and (4) inform the development of policies that impact behavioral health care in primary care settings.

#### MILITARY AND VETERANS' HEALTH

DoD Co-Chair: Emily Grieser, PhD, emily.grieser@gmail.com VA Co-Chair: Jeffrey P. Haibach, PhD, MPH, jeffrey.haibach@va.gov VA Co-Chair: Robin M. Masheb, PhD, robin.masheb@yale.edu Communications Officer: Katherine Hall, PhD, katherine.hall@duke.edu

The Military and Veterans' Health SIG is an interdisciplinary group of researchers, clinicians, and educators who are committed to promoting research, prevention, clinical assessment and intervention, policy development, education, training, and mentoring in military and veterans' health. The SIG invites those who have an interest in promoting health within the unique healthcare systems of the U.S. departments of Defense and Veterans Affairs, as well as those interested in improving health outcomes in active duty service members and veterans from around the globe.

#### **MULTI-MORBIDITIES**

Chair: Jerry M. Suls, PhD, jerry.suls@nih.gov

The dominant tendency in behavioral medicine has been to focus on one physical condition at a time; however, having two or more physical diseases (multi-morbidities)—or being at risk for other diseases by having an index condition—is common, especially among older adults. Multi-morbid conditions often have common risk factors and pathogenesis, and are the targets of similar behavioral interventions. The SIG affords the opportunity to consider health promotion, treatment, and common biological mechanisms for translational research across disease silos.

#### MULTIPLE HEALTH BEHAVIOR CHANGE

Chair: Lori A. J. Scott-Sheldon, PhD, lori\_scott-sheldon@brown.edu

Co-Chair: Jayson J. Spas, PhD, MS, jspas@ric.edu

The Multiple Health Behavior Change SIG aims to contribute to the development of a science of multiple behavior change for health promotion and disease management. Intervening on multiple health behaviors presents a unique set of challenges. This group addresses theoretical, methodological, interventional, statistical, and funding issues related to targeting multiple health behaviors for change. Relevant targeted behaviors include but are not limited to: tobacco and other drug use, physical activity, nutrition, HIV-risk behaviors, sun exposure, and stress.

# **SBM INFORMATION**

#### OBESITY AND EATING DISORDERS

Co-Chair: Andrea T. Kozak, PhD, <u>kozak@oakland.edu</u> Co-Chair: Monica L. Wang, ScD, MS, <u>mlwang@bu.edu</u>

The purpose of the Obesity and Eating Disorders (OED) SIG is to provide networking, mentorship, and scientific training to those interested in obesity, eating disorders, and weight-related pathology. Members of the OED SIG also aim to advance the field of obesity and eating disorders through the scholarly pursuit of scientific research, with a special emphasis on submitting federal and private foundation grants. Members of this SIG will also receive guidance on how to develop an academic career in obesity and eating disorders.

#### OPTIMIZATION OF BEHAVIORAL INTERVENTIONS

Chair: Linda M. Collins, PhD, <u>Imcollins@psu.edu</u> Co-Chair: Kari Kugler, PhD, <u>kck18@psu.edu</u>

Junior Co-Chair: Thelma Mielenz, PhD, tjm2141@columbia.edu

Conference Chair: David Cavallo, david.cavallo@case.edu

Communication Chair: Sara St. George, PhD,

s.stgeorge@med.miami.edu

The Optimization of Behavioral Interventions SIG provides opportunities for behavioral scientists and methodologists to network and discuss formal optimization of behavioral interventions. Optimizing a behavioral intervention means engineering the intervention to meet specific and clearly operationalized criteria for effectiveness, efficiency, scalability, and sustainability. Innovative methodological approaches for formal optimization of behavioral interventions are emerging from statistics, engineering, behavioral science, and computer science. The purposes of the SIG are to (1) foster networking and discussion on the topic of optimization of behavioral interventions; (2) facilitate application of methods for optimization of behavioral and biobehavioral interventions; (3) foster expansion and improvement of methodology for intervention optimization; and (4) encourage and help the scientific public, for example those who review grant proposals, to become more familiar with intervention optimization methods.

#### PAIN

Chair: Lara K. Dhingra, PhD, Idhingra@chpnet.org

Millions of people suffer from painful conditions with wide-ranging physical, psychological, social, and economic consequences. Alleviation of these often devastating consequences requires continuing research and development efforts from the biological, psychological, and social sciences. The goal of the Pain SIG is to advance the understanding of pain and its treatment, according to a biopsychosocial framework. This will be accomplished through (1) increasing interdisciplinary communication; (2) promoting research; (3) providing education and training for both researchers and clinicians; (4) mentoring students and young professionals; and (5) providing a forum for collaboration between interested individuals and groups.

#### PHYSICAL ACTIVITY

Chair: Beth A. Lewis, PhD, blewis@umn.edu

Co-Chair: Melissa A. Napolitano, PhD, mnapolitano@gwu.edu

The aims of the Physical Activity SIG are to (1) update SBM members on the latest developments and initiatives of relevance to the physical activity field; (2) provide a format for both formal and informal networking among SBM members with physical activity interests; and (3) serve as a forum for advancing the behavioral physical activity field, through developing submissions for the SBM conference, providing an avenue for mentoring junior investigators with physical activity interests, and identifying appropriate individuals interested in serving as reviewers for relevant scientific journals, NIH study sections, and SBM program submissions.

#### POPULATION HEALTH SCIENCES

Chair: Lila J. Finney Rutten, PhD, MPH, <u>rutten.lila@mayo.edu</u> Co-Chair: Jennifer L. St. Sauver, PhD, MPH, stsauver.jennifer@mayo.edu

The Population Health Sciences SIG provides a forum for behavioral researchers interested in or engaged in research focused on multiple determinants of health with an emphasis on social, environmental, and organizational influences on health and health-related behavior. Broad areas of research may include but are not limited to the following: translational research focused on developing real-world solutions and policies to improve population health; research focused on informing public health efforts with behavioral science; and secondary analysis of public data resources to examine trends in population health by geographic regions, population subgroups, and socio-environmental factors.

#### SPIRITUALITY AND HEALTH

Co-Chair: John M. Salsman, PhD, jsalsman@wakehealth.edu Co-Chair: Andrea D. Clements, PhD, clements@etsu.edu

Until recently the possible links of spiritual and religious factors to health were essentially ignored or unstudied. Empirical studies in the past two decades however have demonstrated significant associations of selected spiritual and religious factors with important health and disease outcomes. The Spirituality and Health SIG seeks to encourage and support well-designed empirical research that sheds clarifying light on what processes are at work. Research can more clearly identify and clarify in what ways spiritual and religious factors may influence health, positively or negatively. Findings can also impact ways to make professional health care practices more effective. Of particular concern is the need to provide up-to-date, accurate information and training, since few professional training programs in health offer adequate preparation on spiritual matters.

#### **STUDENT**

Chair: Alesha G. Hruska, MPH, <u>ahruska@mail.usciences.edu</u> Membership Director: Morgan Lee, MA, <u>mrl1@mail.usf.edu</u> INSPIRE Representative: Courtney J. Stevens,

courtney.stevens@colorado.edu

Annual Meeting Coordinator: Brenna N. Renn, MA, <u>brenn@uccs.edu</u> Treasurer: Danielle Z. Miro, MA, <u>dzmiro@memphis.edu</u>

The purposes of the Student SIG are to provide a home for student SBM members where their unique needs and concerns can be discussed and addressed, and to facilitate students' professional development. Additional goals of the Student SIG include promotion of student-oriented programs, activities, and opportunities within SBM; collaboration between students and among students and professionals; and discussion of important topics within the field of behavioral medicine. All student members are encouraged to join and to like the SIG on Facebook by visiting www.facebook.com/sbmstudentsig.

#### **TECHNOLOGY**

Chair: David K. Ahern, PhD, <u>dahern@partners.org</u> Co-Chair: Julie A. Wright, PhD, <u>julie.wright@umb.edu</u> Student Co-Chair: Zakkoyya Lewis, BS, ATC, <u>zalewisp@utmb.edu</u>

The Technology SIG is designed as a forum for members of SBM with an interest in the impact of information and communication technology on health behavior outcomes and processes. SIG interests incorporate the study of the use of technology by patients and health care providers as well as the design, implementation, and evaluation of behavior change interventions delivered through advanced technologies. The goal is to promote the appropriate use of technologies to improve health and health care.

# THEORIES AND TECHNIQUES OF BEHAVIOR CHANGE INTERVENTIONS

Chair: Arlen C. Moller, PhD, amoller@iit.edu

Co-Chair: David M. Williams, PhD, <a href="mailto:david\_m\_williams@brown.edu">david\_m\_williams@brown.edu</a>

Junior Co-Chair: Heather L. Gainforth, PhD,

heather.gainforth@ubc.ca

Junior Co-Chair: Dejan Magoc, PhD, dmagoc@stetson.edu

The Theories and Techniques of Behavior Change Interventions SIG is an interdisciplinary group of researchers, clinicians, and educators who are committed to developing methods to improve the design and evaluation of interventions aimed at changing preventive, illness-related and health professional behaviors. To date, there has been no shared language for describing the content, especially the "active ingredients," of behavior change interventions; by contrast, biomedical interventions are precisely specified. There is also increasing recognition of the importance of developing theory-based interventions. The SIG will allow exchange of ideas and will foster collaboration with the aim of developing methods for specifying intervention content, evaluating the theory base of interventions, and linking behavior change techniques to theory.

#### SOCIETY of BEHAVIORAL MEDICINE

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#### VIOLENCE AND TRAUMA

Chair: Emily F. Rothman, ScD, erothman@bu.edu

The Violence and Trauma (VT) SIG was formed to provide opportunities for networking, information sharing, and collaboration for those interested in the intersection between trauma and health. The SIG will focus on issues including how traumatic events and adverse childhood experiences impact a variety of outcomes: quality and quantity of life, symptom experiences, experiences and satisfaction with health care, and modifiable behavioral risk factors (e.g., obesity, substance use). The VT SIG will also focus on interventions to prevent trauma and improve the interaction between traumatized individuals and the systems in which they receive care (e.g., trauma-informed care).

#### WOMEN'S HEALTH

Co-Chair: Jennifer L. Huberty, PhD, <u>jhuberty@asu.edu</u> Co-Chair: Sara Kornfield, PhD, sara.kornfield@gmail.com

The Women's Health SIG is an interdisciplinary group of researchers, clinicians, educators, and public health advocates committed to promoting research, clinical and community interventions, and policy as well as education, training, and mentoring in women's health. The SIG is also dedicated to supporting the professional advancement of women and women's issues in behavioral medicine. Connect with SIG members by visiting www.facebook.com/womenshealthsig.

# **CONTACT INFORMATION**

Conference questions can be directed to: Society of Behavioral Medicine 555 East Wells Street, Suite 1100 Milwaukee, WI 53202

Fax: (414) 276-3349 Email: info@sbm.org Website: www.sbm.org

Phone: (414) 918-3156

# **FUTURE ANNUAL MEETINGS**

38th Annual Meeting & Scientific Sessions March 29 to April 1, 2017 Hilton San Diego Bayfront San Diego, CA

39th Annual Meeting & Scientific Sessions April 11-14, 2018 New Orleans Riverside Hilton New Orleans, LA

# **FINAL PROGRAM**

 $37^{\mathrm{TH}}$  ANNUAL MEETING & SCIENTIFIC SESSIONS

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# **FINAL PROGRAM**

 $37^{\mathrm{TH}}$  ANNUAL MEETING & SCIENTIFIC SESSIONS

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Biopsychosocial

in Clinical Health

Assessment

Psychology

Frank Andrasik

Jeffrey L. Goodie Alan L. Peterson

# Biopsychosocial Assessment in Clinical Health Psychology

Edited by Frank Andrasik, PhD, Jeffrey L. Goodie, PhD, ABPP, and Alan L. Peterson, PhD, ABPP

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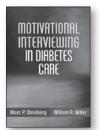
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