Preliminary Program

36th Annual Meeting & Scientific Sessions
San Antonio Marriott Rivercenter
April 22–25, 2015
San Antonio’s Alamo, a Spanish mission that played a key role in Texas’ independence from Mexico, is shown at night.
SBM members also enjoy the following benefits:

- Access to exclusive job postings.
- Electronic and print subscriptions to the society’s two journals: *Annals of Behavioral Medicine* and *Translational Behavioral Medicine: Practice, Policy, Research*.
- Electronic access to three additional behavioral medicine journals: *Journal of Behavioral Medicine*, *International Journal of Behavioral Medicine*, and *Journal of Behavioral Health Services and Research*.
- Free membership in one or more of SBM’s 21 different special interest groups (SIGs). Through the use of email listservs and occasional meetings, the SIGs allow members to connect with others who share their behavioral medicine interests.
- Eligibility for SBM achievement awards.
- Eligibility to participate in SBM elections.
- Membership in the International Society of Behavioral Medicine.
- Access to SBM’s Expert Consultation Program.
- Access to SBM’s searchable Membership Directory.
- Opportunities to interact with leading specialists in behavioral medicine. SBM is large enough to have impact, but small enough to make your membership experience personal and rewarding.

Membership applications and renewal forms can be found at [www.sbm.org/membership](http://www.sbm.org/membership).

### Cancellation Policy

Any registration cancellations must be due to professional and/or personal/family health emergencies and must be made in writing directly to the SBM national office by April 22, 2015. All cancellations are subject to a non-refundable $50 administrative fee. Refunds will be processed following the Annual Meeting.

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**Member Discounts**

Attend the Annual Meeting as an SBM member and enjoy savings:

- Student/trainee SBM members pay a $156 registration fee, saving $80 compared to non-members!
- Transitional SBM members pay a $296 registration fee, saving $145 compared to non-members!
- Full, emeritus, fellow, and associate SBM members pay a $356 fee, saving $50 compared to non-members!
The meeting venue and main hotel for attendees of the 36th Annual Meeting & Scientific Sessions is the San Antonio Marriott Rivercenter:
101 Bowie Street
San Antonio, TX 78205
Phone: (210) 223-1000
To reserve a room, visit www.sbm.org/meetings/2015 or call 1-877-212-5752.

Discounted Room Rate
Ask for a room in the SBM 2015 Annual Meeting & Scientific Sessions room block to get a discounted room rate of $234 for single occupancy or $239 for double occupancy (plus 16.75% state and local taxes, fees, and assessments).

There are a limited number of block rooms, so book early! Block rooms are given out on a first-come, first-served basis until they are gone or until Sunday, March 29, 2015, whichever comes first. After that time, other hotel rooms may be available—but not at the discounted rate. Rooms are also likely to be scarce because of Fiesta San Antonio, a large citywide festival going on at the same time as the Annual Meeting. See SBM's San Antonio City Guide for more information on Fiesta San Antonio.

Americans with Disabilities Act Compliance
If you require special arrangements in order to fully participate in the 36th Annual Meeting & Scientific Sessions, please check the appropriate box on your registration form and provide a written description of your specific needs. SBM cannot ensure the availability of appropriate accommodations without prior notification.

San Antonio is a warm, bustling city of 1.4 million people. The San Antonio River cuts through the city and features the city's famed River Walk.
SCIENTIFIC PROGRAM INFORMATION

OVERVIEW
The theme for the 36th Annual Meeting & Scientific Sessions is “Advancing the National Prevention Strategy through Behavioral Medicine Innovation.”

As an Annual Meeting guide, SBM has adopted the National Prevention Strategy put forth by the National Prevention Council. The framework identifies four strategic directions for improving population health with clear relevance to the scientific efforts of the multidisciplinary membership of SBM: (1) create and sustain healthy and safe community environments that promote health and prevent disease; (2) provide accessible and integrated clinical and community preventive services; (3) provide the necessary tools and resources to support communities of empowered people; and (4) improve health and quality of life for all through elimination of health disparities. Areas of priority under these strategic directions, which align with the diverse interests and expertise of the SBM membership and which will be addressed by invited Annual Meeting speakers, include tobacco-free living; preventing drug abuse and excessive alcohol use; healthy eating; active living; reproductive and sexual health; and mental and emotional well-being.

During the abstract submission process, submitters select one track and one content area that best capture their research topics. The breadth of tracks and content areas ensure that, as a whole, the conference meets the learning needs of multidisciplinary attendees.

Tracks
- Adherence
- Behavioral medicine in clinical and medical settings
- Biological mechanisms in health and behavior change
- Complementary and integrative medicine
- Environmental and contextual factors in health and behavior change
- Health communication and technology
- Health decision making
- Health promotion
- Measurement and methods
- Population health, policy, and advocacy
- Psychological and person factors in health and behavior change
- Quality of life
- Racial, ethnic, and cultural factors in health
- Spirituality
- Translation of research to practice

Content Areas
- Cancer
- Cardiovascular
- Diabetes
- Education, training, and/or career development
- HIV/AIDS
- Methods
- Mental health
- Nutrition
- Obesity
- Occupational health
- Other
- Pain
- Physical activity
- Pregnancy
- Risk and decision making
- Sexual behaviors
- Sleep
- Smoking/tobacco
- Spirituality
- Stress
- Substance abuse
- Transplant

Target Audience
SBM’s Annual Meeting represents the largest annual scientific conference—with more than 1,600 attendees—devoted exclusively to behavioral medicine. The Annual Meeting offers a multidisciplinary forum for psychologists, physicians, nurses, nurse practitioners, health education specialists, registered dieticians, and other professionals with a range of expertise from research in health promotion, disease prevention, risk factor identification and modification, disease progression, adjustment and adaptation to physical disorders, rehabilitation, and diffusion and dissemination.
CONTINUING EDUCATION
Conference attendees who wish to receive continuing education credits and a continuing education certificate of attendance at the 2015 Annual Meeting must:

• Purchase continuing education credits, either using the 2015 Annual Meeting registration form or in person at the registration desk.
• Complete an online evaluation within 30 days of the Annual Meeting (by Monday, May 25, 2015). Registration packets distributed on site will include a link to the evaluation website. SBM national office staff will also email the link to attendees.
On the evaluation website, attendees will find a general meeting evaluation as well as session-specific evaluations; both types of evaluations must be completed in order to receive continuing education credit. Each session-specific evaluation asks questions pertaining to the session, so it may be helpful to take notes during the session. Be sure to attend each session in its entirety as the session evaluation will include an attestation statement indicating attendance for the entire session.

Immediately after attendees complete the online evaluation, continuing education certificates will be emailed to the address they indicated on the evaluation. Or, attendees can print their own certificates from the screen that appears immediately following completion of the online evaluation.

Attendance Certificates
Attendees wishing to obtain an attendance certificate can request one on site at the meeting registration desk.

Learning Objectives
36th Annual Meeting & Scientific Sessions attendees can be expected to gain the following skills, in six key areas.

Tobacco Free Living and Addiction Research
• Describe and demonstrate how social and behavioral research can inform and improve comprehensive, evidence-based practice in addiction, tobacco control planning, and tobacco control policies.
• Describe ongoing research efforts wherein social and behavioral science principles have or continue to inform implementation of the 2009 Family Smoking Prevention and Tobacco Control Act.
• Present research demonstrating how clinical tobacco cessation services can be expanded to incorporate theory-driven behavioral interventions.
• Showcase research efforts leveraging new media and emerging information technologies to educate people about the risks of smoking and to encourage people to quit.

Healthy Eating/Active Living across the Lifespan
• Describe social and behavioral science research aimed at evaluating efforts to increase access to healthy and affordable foods in communities.
• Present effective strategies for screening patients for obesity, counseling patients to prevent and treat obesity, and referring patients to appropriate resources for obesity treatment.
• Showcase social and behavioral research efforts to evaluate the impact of organizational and programmatic nutrition standards and policies on health behavior and health outcomes.
• Present social and behavioral research around interventions that promote healthy eating.
• Describe social science contributions to designing, leveraging, and evaluating efforts to increase physical activity in communities, workplaces, schools, and childcare facilities.
• Identify new technologies and media for assessing and encouraging physical activity levels.
Health Information Technology and Behavior Change

- Describe how social and behavioral research leveraging the Internet and other health information technology can support and evaluate behavior change interventions to improve population health.
- Identify and describe how emerging technologies and technology platforms can be leveraged to develop, implement, and evaluate technology-based social and behavioral interventions.
- Increase the understanding of how behavioral and social scientists can partner with the technology industry to develop and evaluate evidence-based behavioral change interventions to improve population health.

Translation of Evidence-Based Therapies into Clinical Practice

- List examples of evidence-based therapies that are currently not being widely implemented in clinical practice.
- Identify strategies for enhancing training programs to encourage clinicians to adopt new evidence-based therapies.
- Describe models of effective knowledge translation in the clinical setting.

Clinical Preventive Services

- Describe how basic behavioral principles and behavioral science evidence can be applied to efforts to improve public adoption of clinical preventive services.
- Provide examples of how behavioral science can be applied to strengthen and inform delivery of behavioral clinical preventive services including cancer screening, tobacco screening, and screening for cardiovascular disease.
- Describe the potential role of social and behavioral science in evaluating efforts to link community-based and clinical preventive services.
- Identify common barriers to accessing clinical preventive services, especially among at-risk populations.

Environmental Influences on Health Behavior

- Describe how behavioral and social science principles and research can be applied to strengthen the social environment and to support healthy behavior and improve population health.
- Identify successful applications of social and behavioral science to efforts to modify physical and social environments to support health behavior.
- Describe characteristics of environments that promote healthy behavior and support healthy populations.

SESSION TYPES

SBM's 36th Annual Meeting & Scientific Sessions offers meeting attendees educational opportunities in a variety of formats.

Breakfast Roundtables
Breakfast roundtables are held on Thursday and Friday morning and last 45 minutes. They are interactive meetings with discussion centered on topics of interest to a specific portion of the meeting audience or to an SBM Special Interest Group (SIG), council, or committee. A complimentary continental breakfast is provided. Admission to these sessions is by name badge.

Courses and Workshops
Courses and workshops are held on Wednesday, the Annual Meeting’s “pre-conference” day. These sessions typically last a half day and feature numerous speakers focused on a specific topic. Admission to courses is by paid ticket only and seating is limited.

Midday Meetings
Midday meetings are interactive meetings sponsored by one of SBM’s various special interest groups (SIGs), councils, or committees. Midday meetings are held on Thursday and Friday and last 60 minutes. Admission to these sessions is by name badge. Refer to the Annual Meeting Final Program to determine whether complimentary lunch and/or snack are provided.

Panel Discussions
These 60 minute sessions are held on Thursday and Friday and focus on specific topics with various viewpoints expressed by a panel of experts. Admission to these sessions is by name badge.
SCIENTIFIC PROGRAM INFORMATION

Paper Sessions
Paper sessions range from 45 to 90 minutes and are offered on Thursday, Friday, and Saturday. Midday sessions are typically 45 minutes while afternoon sessions tend to run 90 minutes. They are based on accepted abstracts clustered around common themes and presented via oral presentations, each of which is approximately 18 minutes in length. Admission to these sessions is by name badge.

Plenary Sessions: Keynote Addresses and Master Lectures
Plenary sessions—scheduled on Thursday, Friday, and Saturday—include keynote addresses and master lectures. These sessions are the premier educational sessions of the Annual Meeting. Speakers will present on topics of interest to the overall meeting audience in a didactic or pro-con debate format. Admission to these sessions is by name badge.

Poster Sessions
Poster sessions featuring presentations of accepted abstracts in thematic groupings will take place on each day of the Annual Meeting. Poster sessions allow abstract authors to discuss their research with interested colleagues for 60 minutes in an informal setting. Poster sessions are a great way to see the latest research in the field while socializing with colleagues. Admission to the poster hall is by name badge.

Due to continued space constraints, the poster boards will be positioned vertically and the surface area for poster display will be 4 ft wide x 8 ft high (1.2 m wide by 2.4 m high). The exact poster dimensions are up to poster presenters, but SBM staff recommends no higher than 5 ft (1.5 m) for ease of vertical viewing.

The poster session schedule will be:

Wednesday, April 22, 2015 – Poster Session A
Authors set up posters 4:30 p.m. – 6 p.m.
Posters available for viewing 6:15 p.m. – 7:15 p.m.
Authors present for discussion 6:15 p.m. – 7:15 p.m.
Authors remove posters 7:15 p.m. – 8 p.m.

Thursday, April 23, 2015 – Poster Session B
Authors set up posters 4:30 p.m. – 6 p.m.
Posters available for viewing 6:15 p.m. – 7:15 p.m.
Authors present for discussion 6:15 p.m. – 7:15 p.m.
Authors remove posters 7:15 p.m. – 8 p.m.

Friday, April 24, 2015 – Poster Session C
Authors set up posters 4:15 p.m. – 5:45 p.m.
Posters available for viewing 6 p.m. – 7 p.m.
Authors present for discussion 6 p.m. – 7 p.m.
Authors remove posters 7 p.m. – 7:45 p.m.

Saturday, April 25, 2015 – Poster Session D
Authors set up posters 8:30 a.m. – 10 a.m.
Posters available for viewing 10:15 a.m. – 11:15 a.m.
Authors present for discussion 10:15 a.m. – 11:15 a.m.
Authors remove posters 11:15 a.m. – 12 p.m.

Please be sure to hang posters during the appropriate time. All posters left after the removal time has concluded will be discarded. For the security of vendors located inside the poster hall, there is to be no viewing of posters outside of the established viewing times.

Seminars
Seminars are held on Wednesday afternoon. They include presentations by approximately three speakers. Speakers emphasize the theory and application of practical skills and interact with participants. Admission is by paid ticket only and seating is limited.

Symposia
Symposia are didactic presentations that last 75 minutes and are held on Thursday and Friday. Presenters will examine important issues from a variety of different perspectives. Presentations and debate among presenters will address alternative solutions, interpretations, or points-of-view on an identified body of knowledge within the advertised topic area or theme. Admission to these sessions is by name badge.
## CONFERENCE SCHEDULE

### Tuesday, April 21, 2015

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<thead>
<tr>
<th>Start</th>
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<th>Title</th>
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<tbody>
<tr>
<td>10 a.m.</td>
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<td>Workshop</td>
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### Wednesday, April 22, 2015

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<td>Courses/Seminars</td>
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<td>Breakfast Roundtables*</td>
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<td>Symposia</td>
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<td>Midday Meetings*/Panel Discussions</td>
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<td>Master Lecture</td>
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<td>Symposia</td>
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<td>Closing Keynote</td>
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*Sessions not eligible for continuing education credit.*
## MEETING AT A GLANCE

<table>
<thead>
<tr>
<th>Time</th>
<th>Tuesday, April 21</th>
<th>Wednesday, April 22</th>
<th>Thursday, April 23</th>
<th>Friday, April 24</th>
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<td>Courses/ Seminars (9 a.m. – 11:45 a.m.)</td>
<td>Opening Keynote (10 a.m. – 11 a.m.)</td>
<td>Midday Meetings/ Panels (11:15 a.m. – 12:15 p.m.)</td>
<td>Midday Meetings/ Panels (11:15 a.m. – 12:15 p.m.)</td>
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<td>Awards Ceremony and Presidential Keynote (5 p.m. – 6 p.m.)</td>
<td>Keynote (5 p.m. – 6 p.m.)</td>
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TUESDAY, APRIL 21, 2015

Day at a Glance

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<tr>
<td>10 a.m.</td>
<td>6 p.m.</td>
<td>Workshop</td>
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<tr>
<td>10 a.m. – 6 p.m.</td>
<td>Workshop 1: New Approaches to Preventing and Treating Obesity: Key Findings and “Lessons Learned” from the Obesity-Related Behavioral Intervention Trials (ORBIT) Consortium</td>
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$80 with boxed lunch; $40 without lunch

Chair: Susan Czajkowski, PhD, National Heart, Lung and Blood Institute, Bethesda, MD

This workshop will cover state of the art work in obesity intervention development and testing, featuring presentations by some investigators from a trans-NIH RFA program on translating basic behavioral science findings into obesity-related interventions.

WEDNESDAY, APRIL 22, 2015

Day at a Glance

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<td>Courses/Seminars</td>
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<tr>
<td>6:15 p.m.</td>
<td>7:15 p.m.</td>
<td>Poster Session A*</td>
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*Sessions not eligible for continuing education credit.

7 a.m. – 7 p.m.  Registration Open

12 p.m. – 6 p.m.  Course 101: Technology SIG Course: Designing Digital Health Interventions: A Workshop on How to Create Usable, Enjoyable, and Effective Digital Health User Experiences

Conference room 12

Full/associate/emeritus members: $95; student/trainee/transitional members: $57; Non-members: $115

Presenter: Eric B. Hekler, PhD, Arizona State University, Phoenix, AZ

Have you ever wondered why some digital health interventions (i.e., interventions that are delivered or incorporate digital technologies such as websites, smartphones, or wearable sensors like physical activity monitors) succeed at promoting behavior change, but others fail? While increasing evidence suggests that technologies such as text messaging, websites, smartphone apps, and social networks can promote health behavior change, many times the low number of sustained users hampers the overall effectiveness of the intervention. Factors such as how well the technology integrates into a person’s life, how easy it is to interact with it, and how enjoyable it is to use greatly influence a digital health intervention’s chances of success. The discipline of Human-Computer Interaction (HCI) explores novel ways to make technologies more useful and usable in everyday life (Poole, 2013). In this course, HCI experts and behavioral scientists with experience using HCI design processes and collaborating with HCI researchers will introduce an overarching development process for improving user experience in digital health interventions called user-centered design. Three core design skills will be covered: (1) rapid ethnographic-inspired requirements gathering; (2) sketching in small groups for idea generation; and (3) the creation of low- and medium-fidelity prototypes to hone design specifications and operationally define theoretical constructs. This course is intended for behavioral scientists who are interested in developing a digital health intervention, or who want to improve upon the design of an empirically-tested digital health intervention. No technology development or artistic skills are required.
WEDNESDAY, APRIL 22, 2015

12 p.m. – 6 p.m.  
**Course 201: Diabetes and Integrated Primary Care SIGs Course: Nuts and Bolts of Comparative Effectiveness Research and Patient-Centered Outcomes Research Institute (PCORI) Grant Proposal Writing**

*Salon M*

Full/associate/emeritus members: $95; student/trainee/transitional members: $57; Non-members: $115

**Presenter:** Caroline R. Richardson, MD, VA Ann Arbor Healthcare System, Ann Arbor, MI

This course will start with presentations by Patient-Centered Outcomes Research Institute (PCORI) leadership to clarify the goals of PCORI funding with a focus on what makes fundable PCORI proposals different from other more traditional proposals. That will be followed by brief but information-packed, methods-focused interactive sessions on propensity analysis and assessing patient centered outcomes using PROMIS. The second half of the course will be led by PCORI funded principal investigators (PIs) who are members of SBM. They will present their funded research designs along with tips and lessons learned from successfully navigating the PCORI proposal process. In the final session of the course, attendees will break up into small groups with one funded PCORI PI at each table to discuss specific questions and design issues raised by course participants.

12 p.m. – 6 p.m.  
**Course 301: Cancer SIG Course: Translating Clinical Guidelines and Evidence-Based Medicine Using Implementation and Dissemination Science**

*Conference room 13-14*

Full/associate/emeritus members: $95; student/trainee/transitional members: $57; Non-members: $115

**Co-Presenters:** Kristi D. Graves, PhD, Georgetown University, Washington, DC; Robert T. Croyle, PhD, National Cancer Institute, Bethesda, MD; Ross C. Brownson, PhD, Washington University in St. Louis, St. Louis, MO; Barbara P. Anderson, PhD, University of Pittsburgh, Pittsburgh, PA; Shawna L. Ehlers, PhD, Mayo Clinic, Rochester, MN; and Sarah R. Arvey, PhD of Livestrong Foundation, Austin, TX

This half-day pre-conference course will explore how to use best practices from implementation and dissemination science to translate both clinical guidelines and evidence-based programs into practice. In collaboration with LiveStrong, the American Psychosocial Oncology Society, and other cancer agencies (e.g., American Cancer Society, National Cancer Institute), speakers will include.

The course will involve three parts, focusing on cancer-related examples. Part One will highlight methodologies related to implementation and dissemination science and state-of-the-art assessment techniques and instruments. Part Two will provide a brief overview of existing survivorship care guidelines and then include up to 3 examples of implementing evidence-based programs into practice to improve patient and survivor outcomes. Part Three will involve break-out roundtable discussions focusing on distinct topics related to implementation and dissemination, assessment of patient-reported outcomes, clinical and research examples, and reaching and serving underserved communities of cancer survivors.

9 a.m. – 11:45 a.m.  
**Course 401: Cancer SIG Course: Mock Grant Review**

*Conference room 3-4*

Full/associate/emeritus members: $75; student/trainee/transitional members: $45; Non-members: $90

**Presenter:** Lara Traeger, PhD, Massachusetts General Hospital, Boston, MA

Prior to this session, grant proposals will be solicited and approximately four to five proposals will be selected for review during the session. Experienced study section reviewers will prepare feedback in advance. During the session, the reviewers will conduct a panel review for each selected proposal. The applicants will be invited to observe the study section process; hear reviews of their proposals and ask questions; and gain experience reviewing other applicants’ proposals. Other attendees will be invited to observe the study section process; gain insight into reviewer guidelines and considerations; and ask questions to the panel. Throughout the session, reviewers will address characteristics of successful proposals, common critiques, and other factors to consider when preparing submissions and re-submissions. The session will conclude with an opportunity for all attendees to ask final questions of the panel.
**WEDNESDAY, APRIL 22, 2015**

9 a.m. – 11:45 a.m.  
**Course 501: Ethnic Minority and Multicultural Health SIG Course: Promoting Health Equity through Dissemination and Implementation Research**

*Conference room 13-14*

**Co-Presenters:** Usha Menon, PhD, RN, FAAN, The Ohio State University, Columbus, OH; Cynthia A. Vinson, MPA, National Cancer Institute, Bethesda, MD; and Linda Fleisher, PhD, MPH, Children’s Hospital of Philadelphia, Philadelphia, PA

There is an urgent need to extend the reach of efficacy trails in behavioral science for the widest possible impact. Dissemination and Implementation (D&I) research is a scientific method to accelerate the translation of behavioral interventions to practice and policy settings. In this course, presenters will define D&I terminology and discuss strategies for the adaptation of interventions for D&I with emphasis on culture, literacy, and race/ethnicity. They will also present frameworks of implementation and evaluation, and explicate these further with two case studies that address health disparities. This course is appropriate for junior and established researchers looking to test the effectiveness of behavioral interventions through D&I design.

12 p.m. – 2:45 p.m.  
**Course 601: Evidence-Based Behavioral Medicine SIG Course: Using Evidence to Promote Advocacy: Strategies for Engaging in Practice and Policy Change in Behavioral Medicine**

*Conference room 3-4*

**Chair:** Matt Longjohn, MD, MPH, Northwestern University Feinberg School of Medicine, Chicago, IL

**Co-Presenters:** Amy Janke, PhD, University of the Sciences, Philadelphia, PA; and Joanna Buscemi, PhD, University of Illinois at Chicago, Chicago, IL

This course will be chaired by Dr. Longjohn, who is the national health officer at YMCA of the USA, a faculty member at Northwestern University’s Feinberg School of Medicine, and a consultant to foundations, hospitals, and government agencies. Dr. Longjohn has experience in teaching physician leadership, translating and disseminating evidence-based behavioral interventions such as the YMCA’s Diabetes Prevention Program, and organizing system and policy change collaborations at the local, state, and federal levels. This pre-conference course will be divided into two parts; the first will be a didactic presentation lead by Dr. Longjohn, and the second will be an interactive portion lead by Dr. Buscemi. During the didactic portion, Dr. Longjohn will describe the spectrum of opportunities for direct engagement with partners and decision-makers who could benefit from the skills and actions of health professionals working to promote wellness, reduce medical risks, and reclaim the health of their chronically ill patients and communities. Dr. Longjohn will describe strategies for engaging in practice and policy changes, using his experiences working as a health provider and physician leader as an example. During the interactive portion, course attendees will be given public health scenarios and will be divided into groups to brainstorm ways to integrate evidence-based behavioral medicine to solve the problems by making changes at the following levels: (1) practice, (2) community, (3) state, and (4) federal. The session will close with discussion and a summary and closing remarks facilitated by Dr. Buscemi.

12 p.m. – 2:45 p.m.  
**Course 701: Theories and Techniques of Behavior Change Interventions SIG Course: What are Social Network Methods and Analyses? How You Can Use Them in your Research**

*Conference room 8*

**Co-Presenters:** Gina Merchant, MA, University of California-San Diego, San Diego, CA; Holly Shayka, PhD, University of California-San Diego, San Diego, CA; and Heather L. Gainforth, PhD, University College London, London, United Kingdom

This course will provide an introduction to social network methods and analyses. Participants will learn ways to measure individual- and network-level variables with special attention paid to how to plan for measuring network effects. Ways to leverage social networks to change behavior across several health contexts will be presented.
**WEDNESDAY, APRIL 22, 2015**

3:15 p.m. – 6 p.m.  
**Course 801: Health Decision Making SIG Course: What is a “Good” Medical Decision? Perspectives from Multiple Stakeholders**

Conference room 3-4
Full/associate/emeritus members: $75; student/trainee/transitional members: $45; Non-members: $90

**Co-Presenters:** Erika A. Waters, PhD, MPH, Washington University School of Medicine, St. Louis, MO; John Baleix, MD, MPH, Hawaii Medical Service Association, Honolulu, HI; and Robert M. Jacobson, MD, Mayo Clinic, Rochester, MN

Stakeholders across multiple levels of health care delivery, including insurance companies, physicians, and patients, acknowledge that promoting informed and shared decision making are critical elements of patient-centered, evidence-based medicine. Yet, their perspectives of what constitutes a “good” medical decision are likely to vary in important ways, because each considers different priorities and metrics in their pursuit of optimal medical decision making. The Society of Behavioral Medicine/Society of Medical Decision Making Crosstalk Committee will explore this issue in a highly interactive, cross-disciplinary pre-conference course. This course will feature presentations from representatives of four key stakeholder groups: an insurance company, a physician, a patient, and a decision scientist. Each of these stakeholders will provide an overview of his area’s primary considerations in relation to the objective of informed and shared medical decision making. Next, each stakeholder will provide his perspective on what is needed to achieve an optimal decision in response to a selected set of contemporary case scenarios (e.g., prostate cancer treatment, return of incidental findings arising from genomic sequencing, end-of-life decision making). This pre-conference course will feature ample time for attendees to share their thoughts, impressions, and experiences. Key commonalities and differences among stakeholders and cases will be highlighted.

9 a.m. – 6 p.m.  
**Seminar 1: NIH mHealth Training Institute**

Salon KL
Full/associate/emeritus members: $125; student/trainee/transitional members: $75; Non-members: $175

**Lead Presenter:** Wendy Nilsen, PhD, National Institutes of Health, Bethesda, MD

The mHealth Institute is designed to provide behavioral and social scientists tools to successfully add mobile health technologies to their research in a collaborative team environment with mentorship from leaders in the fields of engineering, medicine, and the behavioral and social sciences. The one-day institute provides participants with an overview of the central multidisciplinary aspects of mobile and wireless research. The training will follow a project form conception through analysis led by a panel of experts. Participants will be involved in didactic sessions targeting major cross-cutting research issues and interdisciplinary team exercises developing a mHealth research project. Using mobile technologies to more rapidly and accurately assess and modify behavior, biological states, and contextual variables has great potential to transform health research. Recent advances in mobile technologies and the ubiquitous nature of these technologies in daily life (e.g., smartphones, sensors) have created opportunities for behavioral and social sciences research applications that were not previously possible (e.g., simultaneously assessing behavioral, physiological, and psychological states in the real world and in real-time). The use of mobile technology affords numerous methodological advantages over traditional methods, including reduced memory bias, the ability to capture time-intensive longitudinal data and date- and time-stamped data, and the potential for personalizing information in real-time. However, challenges in mHealth research exist. Importantly, much of the work being done in mHealth arises from single disciplines without integration of the behavioral, social sciences, and clinical research fields. Without integration, mobile technologies will not be maximally effective. The NIH mHealth Training Institute addresses these scientific silos by bring together scientists from diverse fields to enhance the quality of mHealth research.

12 p.m. – 6 p.m.  
**Seminar 2: NIH Grant-Writing Workshop**

Salon J
Full/associate/emeritus members: $125; student/trainee/transitional members: $75; Non-members: $175

**Lead Presenter:** Wendy Nilsen, PhD, National Institutes of Health, Bethesda, MD

This seminar will provide investigators who are new to the National Institutes of Health (NIH) grant application process with information and advice on writing a successful application for NIH funding. The format will include didactic presentations, question and answer sessions, a “mock” review, guidance on interpreting summary statements, and small group discussion. NIH scientists who oversee programs of research will describe current funding opportunities,
grant mechanisms, policies, procedures, and steps in the grant submission process. An NIH review officer will discuss review procedures and considerations, and senior investigators will provide their perspectives on writing a successful application. Ample time will be provided for questions regarding programmatic, review, and grantsmanship aspects of the NIH funding process. In addition, experiential and small-group activities will deepen participants’ knowledge of the grant writing process and provide more tailored information and feedback. A “mock” review session will be conducted to demonstrate the roles and interactions among various participants in a study section, including the NIH review officer, review group chair, and assigned reviewers. Participants will also be asked to submit in advance a one to two page synopsis of the research aims, hypotheses, and methods for an application they are considering submitting, and/or specific questions they may have regarding the grant writing and review process. These will be discussed in small groups led by NIH staff and senior investigators, allowing participants to receive detailed feedback and advice to enhance the quality of their future grant submissions.

12 p.m. – 6 p.m.  
**Seminar 3: Behavioral Self-Management of Recurrent Headache: Implications for Clinical Practice**

*Salon D*

- Full/associate/emeritus members: $125; student/trainee/transitional members: $75; Non-members: $175

**Lead Presenter:** Donald B. Penzien, PhD, Wake Forest University School of Medicine, Winston-Salem, NC

**Co-Presenters:** Megan Bennett Irby, MS, Wake Forest University School of Medicine, Winston-Salem, NC; and Donald D. McGeary, PhD, ABPP, University of Texas Health Science Center at San Antonio, San Antonio, TX

The principles and techniques of biobehavioral headache management are well established and enjoy excellent empirical support. Yet, management of migraine and tension-type headache can prove challenging even for experienced clinicians. The many advances in headache management include revision of headache diagnostic nosology, new approved pharmacologic and non-pharmacologic headache interventions, and revision of guidelines for behavioral headache research by the American Headache Society. These advances will help behavioral clinicians assist patients to understand and manage refractory headache. This seminar is intermediate to advanced in scope, applied in focus, and designed to present clinical issues in biobehavioral headache management and foster discussion. Format is lecture/discussion with case-based learning and participant interaction. A slide-based overview of current issues in headache assessment and treatment grounded upon relevant empirical literature lays the foundation for case-based discussion of issues in treatment planning and clinical decision making. Case material will include a combination of illustrative cases prepared by seminar leaders and material provided by seminar participants. Topics addressed will include: headache pathogenesis, diagnosis, active collaboration with physicians, behavioral factors in headache, addressing co-morbid psychopathologies, risk factors for refractory headache, medication overuse, efficacy of drug and nondrug therapies, cost-effective behavioral strategies, headache management guidelines, and the new behavioral clinical trials guidelines for headache.

9 a.m. – 2:45 p.m.  
**Seminar 4: Advancing the State of the Science for Evaluating the Behavioral Health Effects of Laws**

*Conference room 1-2*

- Full/associate/emeritus members: $125; student/trainee/transitional members: $75; Non-members: $175

**Lead Presenter:** Scott Burris, JD, Temple Law School, Philadelphia, PA

**Co-Presenters:** Jennifer Ibrahim, PhD, MPH, MA, Temple University, Philadelphia, PA; and Sara J. Knight, PhD, Veterans Health Administration, San Francisco, CA

Legal intervention has been an important part of promoting healthier behavior since the 1960s. From smoking through obesity to health care delivery, law has been both deliberately and inadvertently a major behavioral driver. In some topical domains, public health law research exhibits a generally high level of methodological rigor and policy impact. Nonetheless, social and behavioral researchers face new challenges in methods and research topics. This panel aims to address both. Drawing upon a new methods textbook, *Public Health Law Research (PHLR): Theory and Methods*, Drs. Burris and Ibrahim highlight two key elements of effective public health law research methods: accurate measurement of law, and using theory and causal modeling to better conceptualize and design legal evaluation studies. The discussion will also explore how researchers and interventionists can use law to scale up behavioral medicine interventions that
have been shown to work on the individual or small group level. This one-day seminar will include hands-on training in measuring law, using PHLR’s LawAtlas software, and conceptualizing and modeling the behavioral impact of laws and the use of behavioral theory in policy development and legal evaluation. PHLR is a national program of the Robert Wood Johnson Foundation, dedicated to funding and otherwise facilitating scientific evaluation of the health effects of laws and legal practices.

9 a.m. – 11:45 a.m.  
Seminar 6: Design and Analytic Approaches to Improving the Internal Validity of Non-Randomized Studies

Salon M
Full/associate/emeritus members: $100; student/trainee/transitional members: $50; Non-members: $150

Lead Presenter: Matthew L. Maciejewski, PhD, Durham VA Center for Innovation, Durham, NC

Non-randomized studies are essential in behavioral medicine for (1) developing an evidence base to inform randomized behavioral intervention studies and (2) evaluating the effectiveness of interventions when randomization is neither ethical nor feasible. To develop non-randomized studies as researchers, and fairly critique them as grant and manuscript reviewers, there is a need to understand the internal validity threats that are relevant in the absence of randomization and the strategies can be employed to reduce these threats. The purpose of this seminar is to provide an overview of study design, measurement strategies, and statistical methods to increase the rigor of non-randomized studies. The presenter will present an overview of strong quasi-experimental designs, alternative approaches to defining treatment and control cohorts, covariate adjustment, and measurement strategies to reduce confounding. Finally, faculty will provide an overview of statistical methods that can be used to reduce imbalance between groups in observed confounders (propensity score analysis) or unobserved confounders (instrumental variables analysis) and review the assumptions underlying these methods to enable appropriate application.

9 a.m. – 11:45 a.m.  
Seminar 7: Retention Strategies for Randomized Trials: State of the Science, Innovation, and Implementation

Salon D
Full/associate/emeritus members: $100; student/trainee/transitional members: $50; Non-members: $150

Lead Presenter: Michaela Kiernan, PhD, Stanford Prevention Research Center, Stanford, CA
Co-Presenter: Susan D. Brown, PhD, Kaiser Permanente Northern California, Oakland, CA

Retention is fundamentally important for the successful execution of behavioral randomized trials both for internal and external validity. Yet, the empirical literature regarding retention strategies is sparse, leaving investigators to grapple with implementation without a strong evidence base. This interactive seminar will address this dilemma in three parts. In the first part, presenters will provide a concise review of (a) the primarily descriptive literature on retention strategies; (b) a recent meta-analysis comprised of the existing experimental studies testing extrinsic motivators such as financial incentives and study reminders; and (c) an emerging literature regarding the development of assessment tools to measure patient perceptions of the research process. In the second part, the presenters will describe and demonstrate an innovative approach to retention—conducting interactive group-based orientation sessions prior to trial enrollment. These sessions use motivational interviewing techniques to address ambivalence about making behavior changes and/or joining a trial. Informed by a community-based participatory research perspective in which participants are considered partners in research, these orientation sessions also include a mini-methods module designed to enhance participants’ understanding and value of the methodological rationale of retention independent of their own experience (i.e., that a “true picture” of trial outcomes is preferred even if the trial does not “work” or individual participants are not successful). Seminar presenters will conduct a mock orientation session to demonstrate the variety of techniques and group processes used. In the third part of the seminar, presenters will facilitate small- and large-group discussions in which attendees will identify two to three retention strategies potentially applicable to their own research, problem solve anticipated barriers, and leave prepared to implement these strategies in their own trials.
WEDNESDAY, APRIL 22, 2015

9 a.m. – 11:45 a.m.  **Seminar 8: Bibliotherapy: Healing One Text at a Time**

Conference room 12  
Full/associate/emeritus members: $100; student/trainee/transitional members: $50; Non-members: $150  

**Lead Presenter:** Lisa A. Keenan, PhD, Erie County Medical Center, Buffalo, NY  
**Co-Presenter:** Kenneth Sroka, PhD, County Medical Center, Buffalo, NY  

Interest in bibliotherapy, or “the reading cure,” has spawned numerous reading clubs internationally using reading and art as part of the rehabilitation process for survivors of injury and illness. With the development of e-readers and other technology, texts and literature are more readily available to the community. It is well-documented in literature that mental, social, and cognitive deficits are often persistent areas of concern for survivors of brain injury (e.g., reduced empathy, poor perspective taking, impaired information processing) as well as those diagnosed with PTSD. Also, chronic pain conditions restrict individuals’ interactions and activities, and reactionary mood disturbances often develop. Traditional programs attempt to target these deficits, but are limited and often structured in approach, reducing participant motivation. Collaboration with physical rehabilitation medicine and behavioral health services has shown to offer benefits to quality of life and symptom reduction. In July 2012, a pilot project was started at the Erie County Medical Center Corporation in Buffalo, NY, to study the effectiveness of reading clubs for continued recovery of acquired brain injury survivors and individuals with chronic pain and disability. The project has proven a cost-effective, sustainable treatment approach. This interdisciplinary seminar will include qualitative data delineating the impact of the pilot program. It will also provide detailed information on the development, mission statement, recruitment, reading selection, and documentation procedures for successful implementation of these collaborative programs in various settings. Open discussion will address other creative approaches to symptom management in chronic illness targeting dynamic, proactive program development for behavioral health in medical settings.

9 a.m. – 11:45 a.m.  **Seminar 9: Clinical Trials Workshop**

Conference room 8  
Full/associate/emeritus members: $100; student/trainee/transitional members: $50; Non-members: $150  

**Lead Presenter:** Peter G. Kaufmann, PhD, National Heart, Lung and Blood Institute, Bethesda, MD

3:15 p.m. – 6 p.m.  **Seminar 10: How to Write a Successful NIH Career Development (K) and NRSA Fellowship (F) Award**

Conference room 8  
Full/associate/emeritus members: $100; student/trainee/transitional members: $50; Non-members: $150  

**Lead Presenter:** Mark H. Roltsch, PhD, St. Mary’s University, San Antonio, TX

One of the greatest challenges in establishing an academic career is bridging the gap between the beginning stages of such a career as a doctoral student, postdoc, or fellow and the subsequent one as a scientist able to contribute to his/her scientific/clinical area. This gap has been well recognized by both the National Institutes of Health (NIH) and by national (and local) scientific organizations. Funding mechanisms and policies has been established to facilitate this transition. This seminar will help fellows and young investigators understand the different K and F award grant mechanisms and will propose strategies to optimize chances of funding, in order to successfully complete the challenging transition to established investigator. Given the changing perspective in a time of tight federal budgets, it is imperative that each applicant submit an outstanding application. This seminar is very timely for both trainees interested in submitting an application and for potential mentors. Dr. Roltsch, a former National Heart, Lung, and Blood Institute program officer and scientific review officer, who has led and organized over 80 peer review study sections, created this seminar to share his insight of years of career development awards review experience and program management as well as his knowledge of the internal workings of NIH grants with young investigators in an effort to enhance attendees’ knowledge of what is needed to write a successful career development grant and how to avoid some common pitfalls. Attendees should leave the seminar with a clear direction and timeline of what they need to accomplish to submit K or F award applications.
WEDNESDAY, APRIL 22, 2015

3:15 p.m. – 6 p.m.  **Seminar 11: Behavioral Sleep Medicine from Research to Practice**
Conference room 1-2
Full/associate/emeritus members: $100; student/trainee/transitional members: $50; Non-members: $150

**Lead Presenter:** Kelly Baron, PhD, MPH, Northwestern University Feinberg School of Medicine, Chicago, IL

**Co-Presenters:** Michelle Drerup, PsyD, CBSM, Cleveland Clinic, Cleveland, OH; and Daniel J. Taylor, PhD, CBSM, University of North Texas, Denton, TX

An estimated 70 million Americans suffer from sleep/wake disorders including insomnia, circadian rhythm disorders, and obstructive sleep apnea. Behavioral sleep medicine is a quickly growing field of behavioral medicine that focuses on understanding the psychological and behavioral aspects of normal and disordered sleep as well as behavioral interventions to improve sleep. In this seminar, experts in the field of behavioral sleep medicine will provide a basic overview of some important areas of behavioral sleep medicine. Presenters will focus on theory driven interventions and clinically relevant research. They will begin by providing an overview of sleep and circadian rhythm assessment. Next, they will present data and theories linking sleep with other key health behaviors, including diet and exercise. The second half of the seminar will focus on insomnia assessment and treatment. This section will demonstrate the epidemiologic links among insomnia, mental health, and physical health. It will also present research about the clinical management of insomnia using cognitive behavioral therapy for insomnia (CBT-I). Data will be presented relevant to a stepped care model in a large health care system. As a result of this seminar, participants will have an introduction to both the research and practice in the field of behavioral sleep medicine.

3:15 p.m. – 6 p.m.  **Seminar 12: A look at Community Health Workers in Texas, their Impact, and Outcomes**
Conference room 11
Full/associate/emeritus members: $100; student/trainee/transitional members: $50; Non-members: $150

**Lead Presenter:** Marian Fitzgibbon, PhD, University of Illinois at Chicago, Chicago, IL

6:15 p.m. – 7:15 p.m.  **Poster Session A**
Salon GHI
Admission by name badge

This poster session provides attendees with their first opportunity to view posters, meet exhibitors, and network with other attendees. Cash bar and complimentary hors d’oeuvres will be provided.
THURSDAY, APRIL 23, 2015

Day at a Glance

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*Sessions not eligible for continuing education credit.

7 a.m. – 7 p.m.  **Registration Open**

7:30 a.m. – 8:15 a.m.  **Breakfast Roundtable: Civic and Public Engagement Committee Presents: How to Use Social Media to Maximize Your Impact as a Behavioral Scientist**

Conference room 10
Admission by name badge

**Moderator:** Sherry L. Pagoto, PhD, University of Massachusetts Medical School, Worcester, MA

**Co-Presenters:** Kathleen Wolin, ScD, Loyola University, Chicago, IL; and Gary G. Bennett, PhD, Duke University, Durham, NC

Social media provides behavioral medicine professionals an opportunity to engage and interact with a wide range of stakeholders, including high-priority targets like policymakers, the media, and consumers. Recent data also show that the degree of dissemination of scientific papers via social media outlets is predictive of impact factor. Behavioral scientists have been slow to develop a professional presence in social media and thus may be missing important opportunities to educate the public about the field and its impact, disseminate their work, and engage in professional networking with colleagues in related fields. Twitter, Facebook, LinkedIn, blogs, and other online social networking sites can be leveraged for both professional networking and increasing public awareness of work. Participants will learn how to establish and maintain an active social media presence, the benefits to oneself and the field, how to navigate ethical issues, and the dos and don’ts of participation. Students especially are highly encouraged to participate.

7:30 a.m. – 8:15 a.m.  **Breakfast Roundtable: Diabetes SIG Presents: The Influence of Comorbidities on Function in Diabetes: Implications for Research Approaches**

Conference room 16
Admission by name badge

**Moderator:** Barbara Stetson, PhD, University of Louisville, Louisville, KY

Join members of the Diabetes SIG to discuss the influence of physical and psychosocial comorbidities on diabetes well-being and functional status. Attendees will discuss their experiences with comorbidities that frequently accompany diabetes as well as how this informs their approaches to diabetes care and research. Participants will consider interdisciplinary perspectives on the challenges and successes in addressing the complications of diabetes, and they will share their experiences, resources, and intervention approaches over breakfast. Dr. Phillip Brantley, associate executive director for scientific education at Pennington Biomedical Research Center, will join the discussion.
THURSDAY, APRIL 23, 2015

7:30 a.m. – 8:15 a.m.  Breakfast Roundtable: Ethnic Minority and Multicultural Health SIG Presents: Developing a Successful Research Career: The Importance of Mentoring

Conference room 19
Admission by name badge

**Moderator:** Jamilia R. Sly, PhD, Icahn School of Medicine at Mount Sinai, New York, NY

**Co-Presenters:** Stacy N. Davis, PhD, MPH, Moffitt Cancer Center, Tampa, FL; and Sabrina Ford, PhD, Michigan State University, East Lansing, MI

**Discussants:** Usha Menon, PhD, RN, FAAN, The Ohio State University, Columbus, OH; Kimlin Tam Ashing, PhD, City of Hope, Duarte, CA; Shawna V. Hudson, PhD, Rutgers Robert Wood Johnson Medical School, Somerset, NJ; Cassandra Alcaraz, PhD, MPH, American Cancer Society, Atlanta, GA; Shobha Srinivasan, PhD, National Cancer Institute, Bethesda, MD; Qian Lu, MD, PhD, University of Houston, Houston, TX; and Paul B. Jacobsen, PhD, Moffitt Cancer Center, Tampa, FL

Mentoring has long been recognized as a critical aspect of developing and nurturing successful academicians and scientists. In fact, mentees have reported experiencing greater productivity and career satisfaction because of positive mentoring relationships. The Ethnic Minority and Multicultural Health SIG roundtable will focus on strategies to develop and maximize mentoring relationships/collaborations for career development awards and research funding opportunities from various national research entities including the National Institutes of Health and the American Cancer Society for those interested in ethnic minority and multicultural health research. The roundtable will focus on three distinct career levels that are especially relevant to mentoring: (a) predoctoral trainees, (b) postdoctoral trainees and (c) early-career/junior faculty. Participants will be grouped by career level so that discussion will correspond to their concerns. Based on feedback received at last year's meeting, the roundtable will cover several different topics in a round-robin style approach. Participants will have the opportunity to spend 20 minutes at each table to ask questions and interact with discussants. Discussants will be researchers with diverse training backgrounds, experiences, and unique perspectives, including NIH study section reviewers and past career development/diversity supplement award recipients. Specific topics at the roundtables will include: (1) local and distance mentoring; (2) preparing successful grant applications; and (3) successful strategies for landing your next position.

7:30 a.m. – 8:15 a.m.  Breakfast Roundtable: Evidence-Based Behavioral Medicine SIG Business Meeting

Salon M
Admission by name badge

**Moderators:** Amy Janke, PhD, University of the Sciences, Philadelphia, PA; and Joanna Buscemi, PhD, University of Illinois at Chicago, Chicago, IL

Drs. Janke and Buscemi will review EBBM SIG business and present the Outstanding Trainee Award.

7:30 a.m. – 8:15 a.m.  Breakfast Roundtable: Health Decision Making SIG Business Meeting

Conference room 7
Admission by name badge

**Moderator:** Erika A. Waters, PhD, MPH, Washington University School of Medicine, St. Louis, MO

Health Decision Making SIG leaders will provide a preview of this year’s sponsored events, discuss future goals, host the Annual HDM Awards Ceremony, and elect new leadership. A meet-and-greet will also take place.

7:30 a.m. – 8:15 a.m.  Breakfast Roundtable: Mobile Sensor Data to Knowledge

Conference room 12
Admission by name badge

**Moderator:** David E. Conroy, PhD, Northwestern University Feinberg School of Medicine, Chicago, IL

As a part of the National Institutes of Health Big Data to Knowledge initiative, the University of Memphis launched a Center of Excellence for Mobile Sensor Big Data to Knowledge (MD2K; NIH 1U54EB020404). MD2K is a collaboration among behavioral and computer scientists and physicians to develop the tools that will be deployed to assist in health care and behavior change among different patient populations. The team plans to focus on congestive heart failure and smoking cessation at this initial stage of the project. Efforts are underway to identify critical event (e.g., smoking)
markers using continuous streams of physiological, behavioral, social, and environmental sensor data; and to develop software to process sensor signals for this purpose in real-time (i.e., data-to-information). This work will be followed by research aimed at identifying the temporal precursors of those events (e.g., smoking, symptoms of cardiac risk) and developing the algorithms, visualization tools, and software needed to predict behavior in real-time (i.e., information-to-knowledge). This transdisciplinary work will provide the technological and theoretical foundation for developing Just-in-Time Adaptive Interventions to improve health by preventing re-hospitalizations in patients with congestive heart failures and lapses in smoking cessation. Datasets, software, and training materials developed in this project will be archived at www.md2k.org and integrated with the open-source open mHealth system. This breakfast roundtable will provide an opportunity for SBM members to meet with MD2K team members informally to learn about the activities and resources emerging (and planned) from this center that may be useful in their work.

7:30 a.m. – 8:15 a.m.  Breakfast Roundtable: Multiple Health Behavior Change and Student SIGs Present: Preparing an Academic CV: Identifying Gaps in Training, Research, and Service

Conference room 13-14
Admission by name badge

Moderator: Lori A. J. Scott-Sheldon, PhD, The Miriam Hospital, Providence, RI
Co-Presenters: Lori A. J. Scott-Sheldon, PhD, The Miriam Hospital, Providence, RI; David B. Portnoy, PhD, MPH, U.S. Food and Drug Administration, Silver Spring, MD; and Marcella H. Boynton, PhD, University of North Carolina at Chapel Hill, Chapel Hill, NC

This panel discussion focuses on providing advice to students, postdocs, and early career investigators on how to prepare a professionally competitive curriculum vitae (CV). Panel speakers will offer practical tips and the “dos and don’ts” of how to put together a well-organized and compelling CV (e.g., how to appropriately structure a CV if you conduct research in multiple health areas, how to organize and label different types of scholarly products). Audience members are invited and encouraged to bring a copy of their CVs for feedback. The panel speakers will also discuss the key areas where young scholars frequently would benefit from additional development or experience (e.g., article reviewing, paper publication, professional organization involvement) and potential opportunities available for young scholars.

7:30 a.m. – 8:15 a.m.  Breakfast Roundtable: Strategic Visioning at the National Heart, Lung, and Blood Institute

Salon C
Admission by name badge

Moderator: Susan Czajkowski, PhD, National Heart, Lung and Blood Institute, Bethesda, MD
Co-Presenters: Catherine Stoney, PhD; and Peter G. Kaufmann, PhD, National Heart, Lung and Blood Institute, Bethesda, MD

The National Heart, Lung, and Blood Institute (NHLBI) is conducting a strategic visioning process to identify compelling questions and critical challenges in heart, lung, blood, and sleep research over the next decade. Input from the scientific community is being sought and will be used to identify and refine future research needs and opportunities. In this session, program directors from NHLBI will provide details about NHLBI’s strategic visioning process, lead a discussion about key behavioral topic areas, and gather input from the behavioral medicine community to help shape NHLBI’s future behavioral research initiatives.

7:30 a.m. – 8:15 a.m.  Breakfast Roundtable: Optimization of Behavioral Interventions SIG Organization Meeting

Conference room 17
Admission by name badge

Moderator: Linda M. Collins, PhD, The Pennsylvania State University, State College, PA

This will be the organizational meeting of the newly proposed Optimization of Behavioral Interventions SIG.
THURSDAY, APRIL 23, 2015

7:30 a.m. – 8:15 a.m.  Breakfast Roundtable: Physical Activity SIG Business Meeting
Salon KL
Admission by name badge
Moderator: David M. Williams, PhD, Brown University, Providence, RI
Co-Presenter: Beth Lewis, PhD, University of Minnesota, Minneapolis, MN
The Physical Activity SIG will conduct business including recognizing the outgoing SIG chair and giving out two awards: the Physical Activity SIG Student Research Award and the Local Innovator Award.

7:30 a.m. – 8:15 a.m.  Breakfast Roundtable: Population Health Sciences SIG Presents: The Role of Behavioral Medicine in Improving Population Health
Conference room 18
Admission by name badge
Moderator: Lila J. Rutten, PhD, MPH, Mayo Clinic, Rochester, MN
Co-Presenter: Jennifer St. Sauver, PhD, MPH, Mayo Clinic, Rochester, MN
This session will briefly review Population Health Science SIG business and offer a forum for broad discussion of the role of behavioral medicine in population health improvement. Interest in maintaining the SIG or consideration of other SIGS with which this SIG may merge will also be discussed.

7:30 a.m. – 8:15 a.m.  Breakfast Roundtable: Spirituality and Health SIG Business Meeting
Salon D
Admission by name badge
Moderator: John M. Salsman, PhD, Northwestern University Feinberg School of Medicine, Chicago, IL
Co-Presenter: Andrea Clements, PhD, East Tennessee State University, Johnson City, TN
Spirituality and Health SIG business will be reviewed.

7:30 a.m. – 8:15 a.m.  Breakfast Roundtable: Student SIG Presents: Postdoc: To Do or Not to Do and How to Make the Most of It
Salon J
Admission by name badge
Moderator: Mallory G. Cases, MPH, CPH, University of Alabama at Birmingham, Birmingham, AL
Co-Presenter: Danielle E. Schoffman, University of South Carolina, Columbia, SC
Hear a variety of panelists share experiences and advice on whether or not to do a postdoc and how to make the most of it. Student SIG awards will also be presented.

7:30 a.m. – 8:15 a.m.  Breakfast Roundtable: Theories and Techniques of Behavior Change Interventions SIG Business Meeting
Conference room 3-4
Admission by name badge
Moderator: Heather L. Gainforth, PhD, University College London, London, United Kingdom
Co-Presenters: Susan Michie, PhD, University College London, London, United Kingdom; and Arlen C. Moller, PhD, Illinois Institute of Technology, Chicago, IL
The focus of the SIG is to exchange ideas and foster collaboration with the aims of (a) developing methods for specifying intervention content, (b) evaluating the theory base of interventions, and (c) linking behavior change techniques to theory. The first half of this meeting will report on the third year of the TTBCI SIG, discuss ideas for future activities, and plan for the coming year and for the longer-term. The second half of this meeting will consist of a fast-paced data blitz showcasing abstracts being presented at SBM that are relevant to the SIG’s focus.
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8:30 a.m. – 9:45 a.m.  
**Featured Symposium 1: Use of Non-Cigarette Tobacco and Nicotine Containing Products in the U.S. Air Force**

**Salon AB**
Admission by name badge

**Chair:** Jon O. Ebbert, MD, Mayo Clinic, Rochester, MN

**Moderator:** Gerald W. Talcott, PhD, ABPP, University of Tennessee Health Science Center, Memphis, TN

**Presenters:** Daniel Cassidy, Mayo Clinic, Rochester, MN; Emily Grieser, PhD, U.S. Air Force, San Antonio, TX; and Brittany Linde, PhD, The University of Tennessee Health Science Center, Memphis, TN

**Discussant:** Glen D. Morgan, PhD, National Cancer Institute, Bethesda, MD

The U.S. military employs 1.4 million personnel who are at high risk for tobacco use. This featured symposium will present the current challenges in the U.S. Air Force relating to the use of (1) electronic cigarettes; (2) smokeless tobacco; and (3) hookah. Data from relevant research investigations will be presented and recommendations for tobacco control efforts will be discussed.

8:30 a.m. – 9:45 a.m.  
**Symposium 1: Engineering Behavior: Engineering and Computer Science Work that Facilitate Better mHealth Research**

**Salon KL**
Admission by name badge

**Chair:** Eric B. Hekler, PhD, Arizona State University, Phoenix, AZ

**Presenters:** Rich Fletcher, PhD, Massachusetts Institute of Technology, Cambridge, MA; Daniel E. Rivera, PhD, Arizona State University, Phoenix, AZ; and Santosh Kumar, PhD, University of Memphis, Memphis, TN

**Discussant:** Wendy Nilsen, PhD, National Institutes of Health, Bethesda, MD

8:30 a.m. – 9:45 a.m.  
**Symposium 2: Emerging Adulthood in Adolescents and Young Adults with Diabetes: Opportunity for Behavioral Medicine**

**Salon M**
Admission by name badge

**Chair:** Karl E. Minges, MPH, Yale University, New Haven, CT

**Presenters:** Bret Boyer, PhD, Widener University, Chester, PA; Jessica T. Markowitz, PhD, Joslin Diabetes Center, Boston, MA; Elizabeth Pyatak, PhD, OTR/L, CDE, University of Southern California, Los Angeles, CA; and Vicki Helgeson, PhD, Carnegie Mellon University, Pittsburgh, PA

**Discussant:** Marilyn D. Ritholz, PhD, Joslin Diabetes Center, Boston, MA

8:30 a.m. – 9:45 a.m.  
**Symposium 3: International and Cultural Adaptation of Peer Support in Health Promotion**

**Salon C**
Admission by name badge

**Chair:** Andrea Cherrington, MD, University of Alabama at Birmingham, Birmingham, AL

**Presenters:** Linda Baumann, PhD, University of Wisconsin-Madison, Madison, WI; Maggy Coufal, MPH, MA, University of North Carolina at Chapel Hill, Chapel Hill, NC; and Sarah Kowitt, MPH, University of North Carolina at Chapel Hill, Chapel Hill, NC

**Discussant:** Monika M. Safford, MD, University of Alabama at Birmingham, Birmingham, AL
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8:30 a.m. – 9:45 a.m.  Symposium 4: Evidence-Based Strategies that Improve Recruitment, Adherence, and Retention of Randomized Trials

Salon D
Admission by name badge

Chair: Michaela Kiernan, PhD, Stanford Prevention Research Center, Stanford, CA

Presenters: Michaela Kiernan, PhD, Stanford Prevention Research Center, Stanford, CA; Melissa M. Crane, MA, University of North Carolina at Chapel Hill, Chapel Hill, NC; Corrine I. Voils, PhD, Durham VA Medical Center, Durham, NC; and Tricia M. Leahey, PhD, University of Connecticut, Storrs, CT

Discussant: Bonnie Spring, PhD, ABPP, Northwestern University Feinberg School of Medicine, Chicago, IL

8:30 a.m. – 9:45 a.m.  Symposium 5: Advancements in Applying Ecological Momentary Assessment to Physical Activity and Diet Research

Salon J
Admission by name badge

Chair: Diane Ehlers, MA, University of Illinois, Urbana, IL

Presenters: Diane Ehlers, MA, University of Illinois, Urbana, IL; Jason Fanning, MS, University of Illinois, Urbana, IL; and Genevieve F. Dunton, PhD, MPH, University of Southern California, Los Angeles, CA

Discussant: Susan M. Schembre, PhD, RD, The University of Texas MD Anderson Cancer Center, Houston, TX

8:30 a.m. – 9:45 a.m.  Symposium 6: Using Technology to Address Challenges in Health Decision Making: Case Studies and Recommendations

Conference room 3-4
Admission by name badge

Chair: Christine Rini, PhD, University of North Carolina at Chapel Hill, Chapel Hill, NC

Presenters: Bryan Gibson, PhD, University of Utah, Salt Lake City, UT; Megan Lewis, PhD, RTI International, Research Triangle Park, NC; and Jean Balgrosky, MPH, RHIA, MD Revolution Inc., San Diego, CA

Discussant: Bradford Hesse, PhD, National Cancer Institute, Bethesda, MD

8:30 a.m. – 9:45 a.m.  Symposium 7: Exercise Promotion in Community Mental Health Settings: Translating Findings from Clinical Trials

Conference room 1-2
Admission by name badge

Chair: David E. Goodrich, EdD, VA Ann Arbor Healthcare System, Ann Arbor, MI

Presenters: Gerald Jerome, PhD, Towson University, Towson, MD; Sarah I. Pratt, PhD, Dartmouth College, Hanover, NH; and Kristin L. Schneider, PhD, Rosalind Franklin University of Medicine & Science, North Chicago, IL

Discussant: Lynette Craft, PhD, American College of Sports Medicine, Indianapolis, IN

8:30 a.m. – 9:45 a.m.  Symposium 8: Culturally Competent Interventions across the Cancer Continuum

Conference room 13-14
Admission by name badge

Chair: Qian Lu, MD, PhD, University of Houston, Houston, TX

Presenters: Qian Lu, MD, PhD, University of Houston, Houston, TX; Kristi D. Graves, PhD, Georgetown University, Washington, DC; Brian D. Gonzalez, PhD, Moffitt Cancer Center, Tampa, FL; and Linda Fleisher, PhD, MPH, Children’s Hospital of Philadelphia, Philadelphia, PA

Discussant: Clement Gwede, PhD, MPH, RN, Moffitt Cancer Center, Tampa, FL
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8:30 a.m. – 9:45 a.m.  *Symposium 9: Transforming Primary Care through Bioinformatics and Behavioral Medicine*

Conference room 12  
*Admission by name badge*

**Co-Chairs:** Sherri Sheinfeld Gorin, PhD, Leidos Biomedical Research Inc., Frederick, MD; and Julie A. Wright, PhD, University of Massachusetts Boston, Boston, MA

**Presenters:** Kevin O. Hwang, MD, MPH, University of Texas Medical School at Houston, Houston, TX; Alexander H. Krist, MD, MPH, FAAFP, Virginia Commonwealth University, Richmond, VA; and Jing Wang, PhD, MPH, RN, University of Texas Health Science Center at Houston, Houston, TX

**Discussant:** David K. Ahern, PhD, Brigham and Women’s Hospital, Boston, MA

8:30 a.m. – 9:45 a.m.  *Symposium 10: Advancing the National Prevention Strategy Starting with Acute Care and Acute Events*

Conference room 18  
*Admission by name badge*

**Chair:** Barbara Resnick, PhD, CRNP, University of Maryland, Baltimore, MD

**Presenters:** Barbara Resnick, PhD, CRNP, University of Maryland, Baltimore, MD; Marie Boltz, PhD, CRNP, Boston College, Chestnut Hill, MA; and Mary E. Cooley, PhD, RN, FAAN, Dana-Farber Cancer Institute, Boston, MA

**Discussant:** Laura L. Hayman, PhD, RN, FAAN, University of Massachusetts Boston, Boston, MA

8:30 a.m. – 9:45 a.m.  *Symposium 11: Developing Digitally-Mediated Interventions for Preventing/Treating Obesity in Pediatric Populations*

Conference room 8  
*Admission by name badge*

**Co-Chairs:** Bernard F. Fuemmeler, PhD, MPH, Duke University Medical Center, Durham, NC; and Ann M. Davis, PhD, MPH, ABPP, University of Kansas Medical Center, Kansas City, KS

**Presenters:** Bernard F. Fuemmeler, PhD, MPH, Duke University Medical Center, Durham, NC; Ann M. Davis, PhD, MPH, ABPP, University of Kansas Medical Center, Kansas City, KS; Christopher Cushing, PhD, University of Kansas, Lawrence, KS; and Jessica R. Wearing, University of Kansas School of Medicine, Kansas City, KS

**Discussant:** Donna Spruijt-Metz, MFA, PhD, University of Southern California, Los Angeles, CA

8:30 a.m. – 9:45 a.m.  *Symposium 12: The Group-Mediated Cognitive Behavioral Physical Activity Intervention: Past, Present, and Future*

Conference room 11  
*Admission by name badge*

**Chair:** Brian Focht, PhD, Ohio State University, Columbus, OH

**Presenters:** Brian Focht, PhD, Ohio State University, Columbus, OH; Jack Rejeski, PhD, Wake Forest University, Winston-Salem, NC; and Lawrence Brawley, PhD, University of Saskatchewan, Saskatoon, Saskatchewan, Canada

**Discussant:** Lawrence Brawley, PhD, University of Saskatchewan, Saskatoon, Saskatchewan, Canada
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10 a.m. – 11 a.m.  **Opening Keynote: Advancing Health Equity: Changing the Narrative about What Creates Health**

**Salon EF**  
*Admission by name badge*

**Presenter:** Edward P. Ehlinger, MD, MSPH, Minnesota Department of Health, St. Paul, MN

The dominant public narrative about health is that it’s created by access to high-quality medical care and individuals making good choices about diet and exercise. The reality is that health is created by the socio-economic and environmental conditions in which people live. To improve the opportunities to be healthy, we need to change the narrative about what creates health. Dr. Ehlinger is commissioner of the Minnesota Department of Health and is president-elect for the Association of State and Territorial Health Officials.

11:15 am. – 12:15 p.m.  **Midday Meeting: Cancer SIG Presents: Promoting Resiliency: Skills for Clinicians, Researchers, and Policymakers**

**Conference room 11**  
*Admission by name badge*

**Moderator:** Kristi D. Graves, PhD, Georgetown University, Washington, DC

**Co-Presenter:** Elyse R. Park, PhD, MPH, Massachusetts General Hospital, Boston, MA

The purpose of this meeting is to provide an overview of the Relaxation Response Resiliency Program’s (3RP) theory and treatment. Resiliency is a multidimensional construct that provides a framework for understanding one’s adjustment to stress as a dynamic process. The 3RP treatment is comprised of three core components: (1) RR elicitation; (2) stress awareness; and (3) adaptive strategies. Dr. Park will lead participants through experiential components of the 3RP. The goal of this 3RP session is for participants to learn how to identify and maximize their own adaptive responses to stress and apply these skills to their work and daily lives.

11:15 am. – 12:15 p.m.  **Midday Meeting: Cancer and Health Decision Making SIGs Present: Obtaining PCORI and NCI Funding for Research on Health Decision Making and Behavior: How Does Patient Centeredness Relate to Success?**

**Conference room 10**  
*Admission by name badge*

**Moderator:** Kristi D. Graves, PhD, Georgetown University, Washington, DC

**Co-Presenter:** Ronald E. Myers, PhD, DSW, Thomas Jefferson University, Philadelphia, PA

The purpose of this meeting is to discuss and provide examples of patient-centered research that involves patient decision making and engagement of patients and stakeholders. The discussion will include representatives from the Patient-Centered Outcomes Research Institute and National Cancer Institute, and up to three PCORI-funded investigators. Presenters will highlight key elements to emphasize in research proposals as well as lessons learned regarding how to plan for and fully engage patients, clinicians, and other stakeholders in patient-centered research. We will allow time for discussion and Q&A.

11:15 am. – 12:15 p.m.  **Midday Meeting: Integrated Primary Care SIG Business Meeting**

**Conference room 16**  
*Admission by name badge*

**Moderator:** Mark Vogel, PhD, Genesys Regional Medical Center, Grand Blanc, MI

**Co-Presenter:** James E. Aikens, PhD, University of Michigan, Ann Arbor, MI

Please join us to discuss ways to become more actively involved in the Integrated Primary Care SIG. The meeting will include (1) review/update of IPC research and training projects across the country; (2) review of collaborative efforts with other organizations; and (3) discussion of opportunities to network with potential collaborators.
THURSDAY, APRIL 23, 2015

11:15 am. – 12:15 p.m. **Midday Meeting: Obesity and Eating Disorders and Student SIGs Present: Meet and Greet for Student and Faculty Clinical Researchers in Obesity**

Conference room 19
Admission by name badge

**Moderator:** Stephanie L. Fitzpatrick, PhD, Rush University Medical Center, Chicago, IL

**Co-Presenters:** Amy A. Gorin, PhD, University of Connecticut, Storrs, CT; and Danielle E. Schoffman, University of South Carolina, Columbia, SC

The purpose of this midday meeting is to provide the opportunity for students interested in obesity clinical research to meet and mingle with mid-career and senior-level researchers in the obesity field. The first 30 minutes of the session will consist of a panel discussion and Q&A with senior researchers on their career paths in obesity clinical research. The remaining 20 minutes will allow students to mingle with senior researchers and explore mentoring opportunities.

11:15 am. – 12:15 p.m. **Midday Meeting: Physical Activity SIG Presents: Use and Misuse of Randomized Controlled Trials in Physical Activity Intervention Research**

Conference room 8
Admission by name badge

**Moderator:** David M. Williams, PhD, Brown University, Providence, RI

**Co-Presenters:** Matthew Buman, PhD, Arizona State University, Phoenix, AZ; Bess H. Marcus, PhD, University of California-San Diego, San Diego, CA; and Paul Estabrooks, PhD, Virginia Tech, Blacksburg, VA

This panel will be an interactive discussion of the best practices for conducting randomized controlled trials (RCT) in physical activity intervention research. Panelists, who are experts in the design and conduct of large and small-scale RCTs in physical activity promotion, will present scientific and practical considerations for RCT design. Specific topics to be discussed include when an RCT is and is not an appropriate study design, recruitment strategies, non-inferiority/equivalency trials, use and misuse of “run-in” periods, striking the appropriate balance of internal and external validity in RCT’s, and the use of feasibility trials and other formative approaches.

11:15 am. – 12:15 p.m. **Midday Meeting: Scientific and Professional Liaison Council Presents: The International Society of Behavioral Medicine (ISBM): How to Get Involved**

Salon AB
Admission by name badge

**Moderator:** Sherri Sheinfeld Gorin, PhD, Leidos Biomedical Research Inc., Frederick, MD

**Co-Presenters:** Adrienne Stauder, MD, PhD, Semmelweis University, Budapest, Hungary; and Joost Dekker, PhD, VU University Medical Center, Amsterdam, Netherlands

Our interactive mid-day session will be led by Drs. Stauder and Dekker, ISBM’s president and past-president, respectively. During our midday session, we will introduce you to ISBM, of which SBM is a founding society. ISBM seeks to promote effective international communication between both individuals and national groups to facilitate research, clinical, and training activities on a worldwide basis. The ISBM publishes the International Journal of Behavioral Medicine and plans to hold its 2016 conference in Melbourne, Australia. We will discuss the many opportunities for SBM members to become involved (or further involved) in ISBM.

11:15 am. – 12:15 p.m. **Midday Meeting: Student SIG Presents: Internship Meet and Greet**

Conference room 7
Admission by name badge

**Moderator:** Mallory G. Cases, MPH, CPH, University of Alabama at Birmingham, Birmingham, AL

**Co-Presenter:** Carly M. Goldstein, MA, Brown University, Providence, RI

The Student SIG invites you to an informal and interactive meet and greet with representatives and/or current interns from several psychology internship sites that provide specialized training in behavioral medicine. Come prepared to network, learn about site-specific training opportunities, and get your questions answered.
THURSDAY, APRIL 23, 2015

11:15 a.m. – 12:15 p.m. Midday Meeting: Women’s Health SIG Presents: Challenges and Opportunities for Recruitment of Women during the Reproductive Period: A Panel Discussion

Conference room 15
Admission by name badge

Moderator: Jennifer Huberty, PhD, Arizona State University, Phoenix, AZ
Co-Presenters: Jenn A. Leiferman, PhD, University of Colorado Health Science Center, Denver, CO; and Danielle Symons Downs, PhD, The Pennsylvania State University, State College, PA

There are innate challenges with recruiting women during the reproductive years. This panel will be an interactive discussion of issues to consider in the recruitment of women ages 18-44 years. This will include the perinatal period and throughout the reproductive years. Panelists will present scientific and practical considerations for recruitment including common challenges, strategies to overcome these challenges, and opportunities to enhance recruitment efforts. Panelists will facilitate discussion with participants to share lessons learned and will offer suggestions for future direction in improving recruitment in this population in a number of settings (e.g., social media and health care community).

11:15 a.m. – 12:15 p.m. Panel Discussion 1: Assessing Cancer Preventive Behaviors among Parent-Adolescent Dyads: Opportunities and Challenges

Salon KL
Admission by name badge

Chair: Amy L. Yaroch, PhD, Gretchen Swanson Center for Nutrition, Omaha, NE
Panelists: Linda Nebeling, PhD, RD, FADA, National Cancer Institute, Bethesda, MD; April Oh, PhD, MPH, National Cancer Institute, Bethesda, MD; and Erin Hennessy, PhD, MPH, Leidos Biomedical Research Inc., Frederick, MD

11:15 a.m. – 12:15 p.m. Panel Discussion 2: Translating Childhood Obesity Research to Guidelines, Policy, Programs, and Practice

Salon M
Admission by name badge

Chair: James Sallis, PhD, University of California-San Diego, San Diego, CA
Panelists: Amelie G. Ramirez, DrPH, University of Texas Health Science Center at San Antonio, San Antonio, TX; Eduardo Sanchez, MD, MPH, American Heart Association, Dallas, TX; and Vince Fonseca, MD, MPH, Intellica Corporation, San Antonio, TX

11:15 a.m. – 12:15 p.m. Panel Discussion 3: Training Researchers in Behavioral Technology and Personal Health Informatics

Salon C
Admission by name badge

Chair: Timothy W. Bickmore, PhD, Northeastern University, Boston, MA
Panelists: Matthew Goodwin, PhD; Holly B. Jimison, PhD; Misha Pavel, PhD; Shuo Zhou, MS; Zhe Zhang, MS; Oliver O. Wilder-Smith; and Miriam Zisook, Northeastern University, Boston, MA

11:15 a.m. – 12:15 p.m. Panel Discussion 4: Graduate Student Research Panel Discussion

Salon D
Admission by name badge

Panelists: Barbara Stetson, PhD, University of Louisville, Louisville, KY; and Georita Frierson, PhD, Howard University, Washington, DC
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11:15 a.m. – 12:15 p.m.  **Panel Discussion 5: Building and Managing a Clinical Research Team**

Salon J

**Chair:** Meghan L. Butryn, PhD, Drexel University, Philadelphia, PA

**Panelists:** Evan Forman, PhD, Drexel University, Philadelphia, PA; Francis J. Keefe, PhD, Duke University Medical Center, Durham, NC; Edward McAuley, PhD, University of Illinois, Urbana, IL; Nancy E. Sherwood, PhD, HealthPartners Institute for Education and Research, Bloomington, MN; and Victor J. Stevens, PhD, Kaiser Permanente Center for Health Research, Portland, OR

11:15 a.m. – 12:15 p.m.  **Panel Discussion 6: NIH Adherence Research Network Panel**

Conference room 3-4

**Chair:** Wendy Nilsen, PhD, National Institutes of Health, Bethesda, MD

**Panelists:** Wendy Nilsen, PhD, National Institutes of Health, Bethesda, MD; and Michael Stirrat, PhD, National Institutes of Health, Bethesda, MD

11:15 a.m. – 12:15 p.m.  **Panel Discussion 7: Adventures in Intersectionality Research: Issues of Theory, Measurement, and Application**

Conference room 1-2

**Chair:** Valerie A. Earnshaw, PhD, Harvard Medical School, Boston, MA

**Panelists:** Carmen Logie, MSW, PhD, University of Toronto, Toronto, Ontario, Canada; Lisa Bowleg, PhD, The George Washington University, Washington, DC; Laura M. Bogart, PhD, Harvard Medical School, Boston, MA; and Sannisha K. Dale, PhD, EdM, Harvard Medical School, Boston, MA

11:15 a.m. – 12:15 p.m.  **Panel Discussion 8: Integration of Direct-To-Consumer Trackers into Physical Activity Interventions**

Conference room 13-14

**Chair:** Lisa A. Cadmus-Bertram, PhD, University of Wisconsin-Madison, Madison, WI

**Panelists:** Leanne Kaye, PhD, MPH, RD, University of North Carolina at Chapel Hill, Chapel Hill, NC; Aaron Coleman, Small Steps Labs, San Diego, CA; and Praduman Jain, MS, FitNinja Inc., Fairfax, VA

11:15 a.m. – 12:15 p.m.  **Panel Discussion 9: Preterm Birth and Anxiety in Low- and High-Risk Women: Selecting Anxiety Measures and Interventions**

Conference room 12

**Chair:** Regina P. Lederman, MNEd, MA, PhD, FAAN, University of Texas Medical Branch, Galveston, TX

**Panelists:** Karen Weis, PhD, RNC, FAAN, U.S. Air Force, San Antonio, TX; and Roberts-Gray Cynthia, PhD, Third Coast Research & Development Inc., Galveston, TX

11:15 a.m. – 12:15 p.m.  **Panel Discussion 10: Teaching Information Technology-Based Behavioral Health: Interprofessional Collaborative Approach**

Conference room 17

**Chair:** Ken C. Hopper, MD, MBA, Texas Women’s University, Arlington, TX

**Panelists:** Ken C. Hopper, MD, MBA, Texas Women’s University, Arlington, TX; and Mari Tietze, PhD, RN-BC, Texas Women’s University, Arlington, TX
### Panel Discussion 11: Organizing with Ontologies! A Panel Discussion on How Ontologies can Support Behavioral Science

**Conference room 18**  
**Admission by name badge**

**Chair:** Eric B. Hekler, PhD, Arizona State University, Phoenix, AZ  
**Panelists:** Eric B. Hekler, PhD, Arizona State University, Phoenix, AZ; Richard P. Moser, PhD, National Cancer Institute, Bethesda, MD; Susan Michie, PhD, University College London, London, United Kingdom; William T. Riley, PhD, National Institutes of Health, Bethesda, MD; and Timothy W. Bickmore, PhD, Northeastern University, Boston, MA

### The Evolving Clinician-Patient Partnership: Changing the Paradigm for Prevention and Optimal Health

**Salon AB**  
**Admission by name badge**

**Presenter:** Judith K. Ockene, PhD, MEd, MA, University of Massachusetts Medical School, Worcester, MA

Unprecedented change, uncertainty, increased demands—that is the reality for frontline clinicians. Health care is in a period of enormous change and uncertainty with increased demands placed on frontline clinicians. In response to these challenges, the clinician-patient partnership and the roles of both the patient and clinician are rapidly evolving. This is a time of expanding influence of behavioral medicine, increasing focus on the health care team and integrated care, and increasing emphasis on prevention and optimal health as promoted by the Affordable Care Act. Dr. Ockene will discuss the important steps that SBM and its members should take to support the transformative changes in health care that impact the clinicians’ and patients’ roles. She will present an effective paradigm for the clinician-patient partnership for promotion of prevention and optimal health.

### Paper Session 1: Technology-Supported Physical Activity in Women

**Salon KL**  
**Admission by name badge**

<table>
<thead>
<tr>
<th>Time</th>
<th>Topic</th>
</tr>
</thead>
<tbody>
<tr>
<td>12:45 p.m. – 1 p.m.</td>
<td>Temporal Relationships between Self-Worth and Physical Activity in Middle-Aged Women</td>
</tr>
<tr>
<td>1 p.m. – 1:15 p.m.</td>
<td>Facebook and Text Messaging to Deliver a Physical Activity Intervention to African American Women</td>
</tr>
<tr>
<td>1:15 p.m. – 1:30 p.m.</td>
<td>Using Social Networking and Technology to Address Physical Activity Barriers among Overweight Women</td>
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</tbody>
</table>

### Paper Session 2: Diet among Children and Young Adults

**Salon M**  
**Admission by name badge**

<table>
<thead>
<tr>
<th>Time</th>
<th>Topic</th>
</tr>
</thead>
<tbody>
<tr>
<td>12:45 p.m. – 1 p.m.</td>
<td>“Seriously?...You’re Eating a Salad?” Teasing among Young Adults as a New Challenge to Healthy Eating</td>
</tr>
<tr>
<td>1 p.m. – 1:15 p.m.</td>
<td>Salad Bar Location and Fruit and Vegetable Consumption in Middle Schools: A Plate Waste Study</td>
</tr>
<tr>
<td>1:15 p.m. – 1:30 p.m.</td>
<td>The Influence of Social and Emotional Regulation on Child Dietary Outcomes</td>
</tr>
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</table>
### THURSDAY, APRIL 23, 2015

<table>
<thead>
<tr>
<th>Time</th>
<th>Session/Event</th>
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</thead>
<tbody>
<tr>
<td>12:45 p.m. – 1:30 p.m.</td>
<td><strong>Paper Session 3: HIV Prevention and Screening</strong></td>
</tr>
<tr>
<td><strong>Salon C</strong></td>
<td>Admission by name badge</td>
</tr>
<tr>
<td>12:45 p.m. – 1:07 p.m.</td>
<td>Challenges to Prevention of Mother to Child HIV Transmission in Pregnant Women in Rural South Africa</td>
</tr>
<tr>
<td>1:07 p.m. – 1:30 p.m.</td>
<td>Increasing Acceptability and Uptake of Medical Male Circumcision in Zambia: Final Results</td>
</tr>
<tr>
<td>12:45 p.m. – 1:30 p.m.</td>
<td><strong>Paper Session 4: Reducing Risks and Improving Glycemic Control among Diabetics</strong></td>
</tr>
<tr>
<td><strong>Salon D</strong></td>
<td>Admission by name badge</td>
</tr>
<tr>
<td>12:45 p.m. – 1 p.m.</td>
<td>Effect of Behavioral Interventions on Novel Cardiovascular Risk Factors in Diabetes</td>
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<tr>
<td>1 p.m. – 1:15 p.m.</td>
<td>A Clinic-Integrated Behavioral Intervention Reduces Hypoglycemia with Type 1 Diabetes</td>
</tr>
<tr>
<td>1:15 p.m. – 1:30 p.m.</td>
<td>Preventing Declines in Glycemic Control by Targeting Parental Monitoring in Type 1 Diabetes</td>
</tr>
<tr>
<td>12:45 p.m. – 1:30 p.m.</td>
<td><strong>Paper Session 5: Pain and Medically Unexplained Symptoms in Military Veterans</strong></td>
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<tr>
<td><strong>Salon J</strong></td>
<td>Admission by name badge</td>
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<tr>
<td>12:45 p.m. – 1 p.m.</td>
<td>The Prevalence of Chronic Pain in OEF/OIF/OND Veterans with Post-Traumatic Stress Disorder</td>
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<tr>
<td>1 p.m. – 1:15 p.m.</td>
<td>The Challenge and Potential for Improving Medically Unexplained Symptoms via Provider Communication</td>
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<tr>
<td>1:15 p.m. – 1:30 p.m.</td>
<td>Smoking Status and Pain Levels among OEF/OIF/OND Veterans</td>
</tr>
<tr>
<td>12:45 p.m. – 1:30 p.m.</td>
<td><strong>Paper Session 6: Mental Health Issues among Sexual Minorities</strong></td>
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<tr>
<td><strong>Conference room 3-4</strong></td>
<td>Admission by name badge</td>
</tr>
<tr>
<td>12:45 p.m. – 1 p.m.</td>
<td>Self-Esteem and Self-Compassion in Gay and Bisexual Men: Indirect Effects through Depression in Condomless Anal Sex</td>
</tr>
<tr>
<td>1 p.m. – 1:15 p.m.</td>
<td>Anxiety and Depression in Sexual Minority Young Adults: Identifying Concealment as a Correlate of Increased Symptomatology</td>
</tr>
<tr>
<td>1:15 p.m. – 1:30 p.m.</td>
<td>Sexual Orientation Disparities in Depressive Symptoms and Suicide Ideation across the Life Course</td>
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</tbody>
</table>
THURSDAY, APRIL 23, 2015

12:45 p.m. – 1:30 p.m.  **Paper Session 7: Spirituality and Health**

Conference room 1-2
Admission by name badge

12:45 p.m. – 1 p.m.  **Religiousness, Stress, and Inflammation in a Low SES Sample: Evidence from Add Health**

1 p.m. – 1:15 p.m.  **Religious Influences as a Predictor of Cancer-Related Health Behaviors among Orthodox Jewish Women**

1:15 p.m. – 1:30 p.m.  **The Influence of Religion upon American Muslim Mammography Beliefs and Practices**

1:45 p.m. – 3 p.m.  **Featured Symposium 2: Veterans Health Administration System-Wide Approaches to Advancing the National Prevention Strategy**

**Salon AB**
Admission by name badge

**Chair:** Michael G. Goldstein, MD, Veterans Health Administration, Durham, NC

**Presenters:** Sara J. Knight, PhD, Veterans Health Administration, San Francisco, CA; Linda S. Kinsinger, MD, MPH, Veterans Health Administration National Center for Health Promotion and Disease Prevention, Durham, NC; and Carolyn M. Clancy, MD, Department of Veterans Affairs, Washington, DC

This featured symposium will describe the Veterans Health Administration’s (VHA) efforts to advance the National Prevention Strategy. It will feature a series of presentations by VHA leaders that will describe how the VHA, the United States’ largest integrated health system, is addressing population health, delivering integrated prevention and health promotion services, empowering health by supporting self-care and self-management, and improving health care outcomes among veterans.

1:45 p.m. – 3 p.m.  **Symposium 13: Improving Health Care through Advancing Health Assessments and Research Methodology**

**Salon KL**
Admission by name badge

**Chair:** Howard Leventhal, PhD, Rutgers University, New Brunswick, NJ

**Presenters:** Mindy L. McEntee, MS, University of New Mexico, Albuquerque, NM; Leigh Alison Phillips, PhD, Iowa State University, Ames, IA; and Laurie Steffen, MS, University of New Mexico Cancer Center, Albuquerque, NM

**Discussant:** Howard Leventhal, PhD, Rutgers University, New Brunswick, NJ

1:45 p.m. – 3 p.m.  **Symposium 14: Optimizing the Expressive Writing Intervention: Culture, Individual Differences, and Mixed Methods**

**Salon M**
Admission by name badge

**Chair:** Qian Lu, MD, PhD, University of Houston, Houston, TX

**Presenters:** Qian Lu, MD, PhD, University of Houston, Houston, TX; Lindsey Rodriguez, PhD, University of Houston, Houston, TX; Crystal Park, PhD, University of Connecticut, Storrs, CT; and Angie S. LeRoy, University of Houston, Houston, TX

**Discussant:** Stephen Lepore, PhD, Temple University, Philadelphia, PA
THURSDAY, APRIL 23, 2015

1:45 p.m. – 3 p.m.  **Symposium 15: Advances in Intersectionality: Methodological Approaches, Research Findings, and Intervention Strategies**

Salon C

Admission by name badge

**Chair:** Valerie A. Earnshaw, PhD, Harvard Medical School, Boston, MA

**Presenter:** Valerie A. Earnshaw, PhD, Harvard Medical School, Boston, MA; Carmen Logie, MSW, PhD, University of Toronto, Toronto, Ontario, Canada; Lisa Bowleg, PhD, George Washington University, Washington, DC; Laura M. Bogart, PhD, Harvard Medical School, Boston, MA; and Sannisha K. Dale, PhD, EdM, Harvard Medical School, Boston, MA

**Discussant:** Carmen Logie, MSW, PhD, University of Toronto, Toronto, Ontario, Canada

1:45 p.m. – 3 p.m.  **Symposium 16: Communicating Complex Cancer-Related Protocols Using Conversational Agents**

Salon D

Admission by name badge

**Chair:** Timothy W. Bickmore, PhD, Northeastern University, Boston, MA

**Presenters:** Timothy W. Bickmore, PhD; Shuo Zhou, MS; and Zhe Zhang, MS, Northeastern University, Boston, MA

1:45 p.m. – 3 p.m.  **Symposium 17: From Availability to Advertisement: Factors Promoting Frequent Indoor Tanning among Young Adults**

Salon J

Admission by name badge

**Chair:** Dawn Holman, MPH, Centers for Disease Control and Prevention, Atlanta, GA

**Presenters:** Sherry L. Pagoto, PhD, University of Massachusetts Medical School, Worcester, MA; Nancy Asdigian, PhD, Colorado School of Public Health, Aurora, CO; Joel J. Hillhouse, PhD, East Tennessee State University, Johnson City, TN; and Lori A. Crane, PhD, MPH, Colorado School of Public Health, Aurora, CO

**Discussant:** Alan Geller, MPH, RN, Harvard School of Public Health, Boston, MA

1:45 p.m. – 3 p.m.  **Symposium 18: Multiple Health Risk Behavioral Interventions: Simultaneous or Sequential and for which Behaviors**

Conference room 3-4

Admission by name badge

**Chair:** Bonnie Spring, PhD, ABPP, Northwestern University Feinberg School of Medicine, Chicago, IL

**Presenters:** Terry M. Bush, PhD, Alere Wellbeing, Seattle, WA; Mark D. Litt, PhD, University of Connecticut Health Center, Farmington, CT; and David Hyman, MD, MPH, Baylor College of Medicine, Houston, TX

1:45 p.m. – 3 p.m.  **Symposium 19: Examining Problematic Substance Use in Chronic Pain: Smoking, Alcohol, and Prescribed Opioids**

Conference room 1-2

Admission by name badge

**Chair:** Kevin E. Vowles, PhD, University of New Mexico, Albuquerque, NM

**Presenters:** Kevin E. Vowles, PhD, University of New Mexico, Albuquerque, NM; Emily Law, PhD, University of Washington School of Medicine, Seattle, WA; and Katie Witkiewitz, PhD, University of New Mexico, Albuquerque, NM
### Symposium 20: Brain Structure and Function as Predictors of Physical Activity and Dietary Behaviors

**Conference room 13-14**  
Admission by name badge  

**Chair:** Erin A. Olson, PhD, Harvard Medical School, Boston, MA  

**Presenters:** Erin A. Olson, PhD, Harvard Medical School, Boston, MA; John R. Best, PhD, University of British Columbia, Vancouver, British Columbia, Canada; Swathi Gujral, University of Pittsburgh, Pittsburgh, PA; Cassandra Lowe, MSc, University of Waterloo, Waterloo, Ontario, Canada; and Sean P. Mullen, PhD, University of Illinois, Urbana, IL.

### Symposium 21: Giving Patients Incidental Information from Genomic Sequencing: Insights from the CSER Consortium

**Conference room 12**  
Admission by name badge  

**Chair:** Christine Rini, PhD, University of North Carolina at Chapel Hill, Chapel Hill, NC  

**Presenters:** Christine Rini, PhD, University of North Carolina at Chapel Hill, Chapel Hill, NC; Scott Roberts, PhD, University of Michigan, Ann Arbor, MI; and Ashley N. Tomlinson, LSW, University of Pennsylvania, Philadelphia, PA  

**Discussant:** Laura Rodriguez, PhD, National Human Genome Research Institute, Bethesda, MD

### Symposium 22: Advances in Dyadic Research: Exploring New Delivery Formats, Intervention Targets, and Health Behaviors

**Conference room 17**  
Admission by name badge  

**Chair:** Michael A. Diefenbach, PhD, Icahn School of Medicine at Mount Sinai, New York, NY  

**Presenters:** Michael A. Diefenbach, PhD; and Hoda Badr, PhD, Icahn School of Medicine at Mount Sinai, New York, NY  

**Discussant:** Tracey A. Revenson, PhD, City University of New York, New York, NY

### Symposium 23: Getting the Point Across: Communicating about the Social Determinants of Health and Health Behavior

**Conference room 18**  
Admission by name badge  

**Chair:** Steven H. Woolf, MD, MPH, Virginia Commonwealth University, Richmond, VA  

**Presenters:** Steven H. Woolf, MD, MPH, Virginia Commonwealth University, Richmond, VA; Jason Purnell, PhD, MPH, Washington University in St. Louis, St. Louis, MO; and Dana March, PhD, Columbia University, New York, NY

### Symposium 24: Reducing Health Disparities Using mHealth Tools

**Conference room 8**  
Admission by name badge  

**Chair:** Gillian Barclay, PhD, Aetna Foundation, Hartford, CT  

**Presenters:** Jimi Huh, PhD, University of Southern California, Los Angeles, CA; Wendy Nilsen, PhD, National Institutes of Health, Bethesda, MD; and Donna Spruijt-Metz, MFA, PhD, University of Southern California, Los Angeles, CA

### Symposium 25: Challenges and Opportunities of Working with the Air Force

**Conference room 11**  
Admission by name badge  

**Chair:** Gerald W. Talcott, PhD, ABPP, University of Tennessee Health Science Center, Memphis, TN  

**Presenters:** Melissa A. Little, PhD, MPH; Rebecca Krukowski, PhD; and Karen Derefinko, PhD, University of Tennessee Health Science Center, Memphis, TN
### Preliminary Program

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<table>
<thead>
<tr>
<th>Time</th>
<th>Session Description</th>
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<tbody>
<tr>
<td>3:15 p.m. – 4:45 p.m.</td>
<td><strong>Paper Session 8: Weight Maintenance and Weight Loss</strong></td>
</tr>
<tr>
<td><strong>Salon AB</strong></td>
<td><strong>Admission by name badge</strong></td>
</tr>
<tr>
<td>3:15 p.m. – 3:33 p.m.</td>
<td>The SELF Trial: A Self-Efficacy Based Behavioral Intervention Trial for Weight Loss Maintenance</td>
</tr>
<tr>
<td>3:33 p.m. – 3:51 p.m.</td>
<td>Who Gains Weight Before Behavioral Weight Loss Treatment and does it Impact Treatment Success?</td>
</tr>
<tr>
<td>3:51 p.m. – 4:09 p.m.</td>
<td>Randomized Trial of a Men-Only Weight-Loss Program: The Rethinking Eating and FITness Trial</td>
</tr>
<tr>
<td>4:09 p.m. – 4:27 p.m.</td>
<td>Environmental Predictors of Weight Loss/Gain in a Longitudinal Study Using EMA</td>
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<tr>
<td>4:27 p.m. – 4:45 p.m.</td>
<td>Modeling Interactions between Brain Function, Behavior, and Weight Loss Success</td>
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<tr>
<td>3:15 p.m. – 4:45 p.m.</td>
<td><strong>Paper Session 9: Sun Safety</strong></td>
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<tr>
<td><strong>Salon KL</strong></td>
<td><strong>Admission by name badge</strong></td>
</tr>
<tr>
<td>3:15 p.m. – 3:33 p.m.</td>
<td>Using Crowdsourcing to Inform Public Health Policy Decisions: A Study of Indoor Tanning Warnings</td>
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<tr>
<td>3:33 p.m. – 3:51 p.m.</td>
<td>Identifying Latent Classes of Children in a Skin Cancer Prevention Intervention</td>
</tr>
<tr>
<td>3:51 p.m. – 4:09 p.m.</td>
<td>Assessing Real-Time Variation in Sun Protection Decisions among Melanoma First-Degree Relatives</td>
</tr>
<tr>
<td>4:09 p.m. – 4:27 p.m.</td>
<td>Correlates of Sun Protection Behaviors among Latino Parents and Adolescents in the United States</td>
</tr>
<tr>
<td>4:27 p.m. – 4:45 p.m.</td>
<td>Support for Indoor Tanning Policies among Young Women who Tan: A Mixed Methods Study</td>
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</table>
## Paper Session 10: Complementary, Integrative, and Alternative Medicine Interventions

**Salon M**  
*Admission by name badge*

<table>
<thead>
<tr>
<th>Time</th>
<th>Title</th>
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<tbody>
<tr>
<td>3:15 p.m. – 3:33 p.m.</td>
<td>Changes in Serum Biomarkers of Aging are Associated with Relaxation Practice during Stress Management</td>
</tr>
<tr>
<td>3:33 p.m. – 3:51 p.m.</td>
<td>Promoting and Restoring Emotional Well-Being: Effects of Clay Art Therapy for Depressed Patients</td>
</tr>
<tr>
<td>3:51 p.m. – 4:09 p.m.</td>
<td>Enhancing Exercise-Based Cardiac Rehabilitation with Stress Management Training</td>
</tr>
<tr>
<td>4:09 p.m. – 4:27 p.m.</td>
<td>Effects of Tai-Chi on Functioning, Symptoms, and Movement Coordination on Patients with Schizophrenia</td>
</tr>
<tr>
<td>4:27 p.m. – 4:45 p.m.</td>
<td>Mental Imagery Improves Outcomes for those with Post-Traumatic Stress Disorder: A Systematic Review</td>
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</table>

## Paper Session 11: Adolescent Sexual Behavior

**Salon C**  
*Admission by name badge*

<table>
<thead>
<tr>
<th>Time</th>
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<tbody>
<tr>
<td>3:15 p.m. – 3:33 p.m.</td>
<td>Childhood Language Abilities Predicting Adolescent Risk Behaviors</td>
</tr>
<tr>
<td>3:33 p.m. – 3:51 p.m.</td>
<td>Intervention to Develop Nurses as Sexual Health Behavior Change Agents: A Mixed-Methods Study</td>
</tr>
<tr>
<td>3:51 p.m. – 4:09 p.m.</td>
<td>Alcohol Use and Sexual Risk Behaviors among Adolescents with Mental Illness: A Meta-Analysis</td>
</tr>
<tr>
<td>4:09 p.m. – 4:27 p.m.</td>
<td>Gender Differences in Affective Response to BIS/BAS Sensitivity on Adolescent Health Risk Behaviors</td>
</tr>
<tr>
<td>4:27 p.m. – 4:45 p.m.</td>
<td>The Influence of Parenting and Religiosity on Adolescent Sexual Risky Behaviors</td>
</tr>
</tbody>
</table>
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3:15 p.m. – 4:45 p.m.  Paper Session 12: Who Uses E-Cigarettes and what is their Perceived Risk?

Salon D
Admission by name badge

3:15 p.m. – 3:33 p.m.  How does Goal Orientation Impact E-Cigarette Use?

3:33 p.m. – 3:51 p.m.  Comparing College Student and Non-College-Educated Young Adult E-Cigarette Users

3:51 p.m. – 4:09 p.m.  Use of E-Cigarettes among Smokers: Motivations for Use, Quit Intentions, and Current Tobacco Use

4:09 p.m. – 4:27 p.m.  How Risky are E-Cigarettes? Smokers’ Beliefs about the Health Risks of Multiple Tobacco Products

4:27 p.m. – 4:45 p.m.  Perceiving Harm of Secondhand E-Cigarette Vapors and Policy Support to Restrict Public Vaping

3:15 p.m. – 4:45 p.m.  Paper Session 13: Role of Providers in Behavior Change

Salon J
Admission by name badge

3:15 p.m. – 3:33 p.m.  Prospective Associations between Physician Advice and Substance Use in a Youth Cohort

3:33 p.m. – 3:51 p.m.  Do Hospital Providers Ask about Physical Activity? An Assessment of Three Academic Hospitals

3:51 p.m. – 4:09 p.m.  Design and Implementation of a Statewide Primary Care Program for Intensive Weight Management

4:09 p.m. – 4:27 p.m.  Identifying Factors to Target to Increase Initiation of Behavioral Weight Loss Treatment

4:27 p.m. – 4:45 p.m.  The Teen CHAT Trial: Teaching PCPs MI to Improve Weight Discussions with Overweight Adolescents
### THURSDAY, APRIL 23, 2015

<table>
<thead>
<tr>
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<tbody>
<tr>
<td>3:15 p.m. – 4:45 p.m.</td>
<td><strong>Paper Session 14: Intervention to Improve Patient-Centered and Health Outcomes in Diabetes</strong></td>
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<tr>
<td>3:15 p.m. – 3:33 p.m.</td>
<td>Assessing the Impact of Peer Support on Patient-Centered Outcomes among Latinos with Diabetes</td>
</tr>
<tr>
<td>3:33 p.m. – 3:51 p.m.</td>
<td>Can we Talk? Discussing and Addressing Barriers to Diabetes Management during a Busy Medical Visit</td>
</tr>
<tr>
<td>3:51 p.m. – 4:09 p.m.</td>
<td>The Effect of a Community-Based Diabetes Prevention Program on Self-Efficacy</td>
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<tr>
<td>4:09 p.m. – 4:27 p.m.</td>
<td>Effects of Volunteer Peer Support in Diabetes with Depressive Symptoms</td>
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<tr>
<td>4:27 p.m. – 4:45 p.m.</td>
<td>Intervention Effects on Regulation, Efficacy, and Physical Activity in Diabetic Older Adults</td>
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<tr>
<td>3:15 p.m. – 4:45 p.m.</td>
<td><strong>Paper Session 15: Adherence to Self-Monitoring</strong></td>
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<tr>
<td>3:15 p.m. – 3:33 p.m.</td>
<td>Use of the Fitbit to Measure Adherence to a Physical Activity Intervention in Postmenopausal Women</td>
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<tr>
<td>3:33 p.m. – 3:51 p.m.</td>
<td>Patterns of Self-Weighing Behavior and Weight Changes in a Weight Loss Trial</td>
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<tr>
<td>3:51 p.m. – 4:09 p.m.</td>
<td>Adherence to Multiple-Behavior Self-Monitoring in Diabetes with Phone and Paper Diaries: A Pilot Study</td>
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<tr>
<td>4:09 p.m. – 4:27 p.m.</td>
<td>The Tracking Study: Post-Intervention Weight Change by Weighing Frequency Condition</td>
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<td>4:27 p.m. – 4:45 p.m.</td>
<td>Modeling Daily Dietary Self-Monitoring Using Intensive Longitudinal Data</td>
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<tr>
<td>3:15 p.m. – 4:45 p.m.</td>
<td><strong>Paper Session 16: Cancer Screening</strong></td>
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<tr>
<td>3:15 p.m. – 3:33 p.m.</td>
<td>TeleCARE Promotes Colonoscopy when Cost is a Barrier in Families at Increased Risk</td>
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<tr>
<td>3:33 p.m. – 3:51 p.m.</td>
<td>Lung Cancer Screening: What do High-Risk Smokers Know and Believe?</td>
</tr>
<tr>
<td>3:51 p.m. – 4:09 p.m.</td>
<td>Colorectal Cancer Screening Options: Are People Having the Conversations They Want to Make the Decisions that are Right for Them?</td>
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<tr>
<td>4:09 p.m. – 4:27 p.m.</td>
<td>Examining Predictors of Colorectal Cancer Screening: A Classification Tree Analysis</td>
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<tr>
<td>4:27 p.m. – 4:45 p.m.</td>
<td>Unmet Basic Needs and Behavioral Interventions in Vulnerable Populations: A Comparison of Strategies</td>
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<td>Time</td>
<td>Session Title</td>
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<tr>
<td>3:15 p.m. – 4:45 p.m.</td>
<td><strong>Paper Session 17: HPV Vaccination</strong></td>
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<tr>
<td>3:15 p.m. – 3:33 p.m.</td>
<td>Examining Correlates of HPV Vaccine Intention in Hispanic Mothers with Daughters Aged 11-17</td>
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<tr>
<td>3:33 p.m. – 3:51 p.m.</td>
<td>Assessing the Quality of Physician Communication about HPV Vaccine: Findings from a National Survey</td>
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<tr>
<td>3:51 p.m. – 4:09 p.m.</td>
<td>For whom are Physicians Recommending the HPV Vaccine?</td>
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<tr>
<td>4:09 p.m. – 4:27 p.m.</td>
<td>Dyadic Health Benefits that Influence Parents’ and Sons’ Willingness to Receive HPV Vaccine</td>
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<tr>
<td>4:27 p.m. – 4:45 p.m.</td>
<td>“Protect Their Future” Video Intervention Improves Parental Intentions to Vaccinate Adolescents</td>
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<tr>
<td>3:15 p.m. – 4:45 p.m.</td>
<td><strong>Paper Session 18: Cancer Survivorship and Survivor Care</strong></td>
</tr>
<tr>
<td>3:15 p.m. – 3:33 p.m.</td>
<td>Caregiver versus Patient Reported Outcomes in Predicting Survival in the Context of Advanced Cancer</td>
</tr>
<tr>
<td>3:33 p.m. – 3:51 p.m.</td>
<td>Benefits of Cognitive Behavioral Therapy for Insomnia (CBT-I) on Depression in Cancer Survivors</td>
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<td>3:51 p.m. – 4:09 p.m.</td>
<td>Development of an eHealth System to Capture and Analyze Patient Sensor and Self-Report Data to Improve Cancer Survivorship Care</td>
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<td>4:09 p.m. – 4:27 p.m.</td>
<td>The Development and Preliminary Evaluation of a SMS System to Facilitate Coping with Chemotherapy</td>
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<td>4:27 p.m. – 4:45 p.m.</td>
<td>A Prospective Biopsychosocial Investigation into Caregiving for Head and Neck Cancer Patients</td>
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<td>3:15 p.m. – 4:45 p.m.</td>
<td><strong>Paper Session 19: Physical Activity Interventions in Adults</strong></td>
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<td>3:15 p.m. – 3:33 p.m.</td>
<td>The Effect of an Affect-Based Exercise Intervention on Implicit Attitudes toward Exercise</td>
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<td>3:33 p.m. – 3:51 p.m.</td>
<td>Maintenance of Self-Esteem Following a DVD-Delivered Physical Activity Program for Older Adults</td>
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<td>3:51 p.m. – 4:09 p.m.</td>
<td>Designing for Adherence: The case of a Social, Pedometer-Powered Walking Intervention</td>
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<td>4:09 p.m. – 4:27 p.m.</td>
<td>Increasing Physical Activity in New Mothers via Customizable Online Exercise Videos: MomZig Results</td>
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<td>4:27 p.m. – 4:45 p.m.</td>
<td>Effects of a DVD-Delivered Exercise Intervention on Maintenance of Physical Activity in Older Adults</td>
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<td>3:15 p.m. – 4:45 p.m.</td>
<td><strong>Paper Session 20: Health Behavior Methods and Measures</strong></td>
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<td>3:15 p.m. – 3:33 p.m.</td>
<td>Objectively Measured Activity Patterns in Breast Cancer Survivors Compared to Controls</td>
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<td>3:33 p.m. – 3:51 p.m.</td>
<td>Describing Real-Time Substance-Use Detection from Big Biosensor Data: A Case Study of Cocaine Users</td>
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<td>3:51 p.m. – 4:09 p.m.</td>
<td>Using a Smartphone Application to Capture Sedentary Behavior and Multitasking among Adolescents</td>
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<td>4:09 p.m. – 4:27 p.m.</td>
<td>Using Visualization-Aided Trajectory Pattern Validation in Longitudinal Dietary Data</td>
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<td>4:27 p.m. – 4:45 p.m.</td>
<td>The Systems Thinking Scale for Adolescent Behavior Change: Development and Psychometric Evaluation</td>
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<td>5 p.m. – 6 p.m.</td>
<td><strong>Awards Ceremony and Presidential Keynote</strong></td>
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<td>6 p.m. – 7 p.m.</td>
<td><strong>Poster Session B</strong></td>
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**Presenter:** Lisa M. Klesges, PhD, University of Memphis, Memphis, TN

Klesges is president of SBM.

Join SBM for a delightful evening of networking in a cutting-edge poster session. Cash bar and complimentary hors d'oeuvres will be provided.
FRIDAY, APRIL 24, 2015

Day at a Glance

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<td>7 a.m.</td>
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<td>Registration Open</td>
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<tr>
<td>7:30 a.m.</td>
<td>8:15 a.m.</td>
<td>Breakfast Roundtables*</td>
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<td>8:30 a.m.</td>
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<td>Symposia</td>
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<td>Poster Session C*</td>
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*Sessions not eligible for continuing education credit.

7 a.m. – 7 p.m.  **Registration Open**

7:30 a.m. – 8:15 a.m. **Breakfast Roundtable: Aging SIG Business Meeting**  
Conference room 18  
**Admission by name badge**  
**Moderator:** Sara C. Folta, PhD, Friedman School of Nursing, Boston, MA  
**Co-Presenter:** Neha gothe, MA, MS, PhD, Wayne State University, Detroit, MI  
At this session, SIG leaders will discuss the activities of the Aging SIG in the past year and will plan for the upcoming year. They will present the Aging SIG’s Local Innovator Award and Outstanding Graduate Student Research Poster Award. Attendees should be members of the Aging SIG.

7:30 a.m. – 8:15 a.m. **Breakfast Roundtable: Cancer SIG Business Meeting**  
Salon KL  
**Admission by name badge**  
**Moderator:** Kristi D. Graves, PhD, Georgetown University, Washington, DC  
**Co-Presenter:** Neha gothe, MA, MS, PhD, Wayne State University, Detroit, MI  
At this session, SIG leaders will discuss the activities of the Cancer SIG in the past year and elicit ideas and plans for the upcoming year. SIGGiE awards will be presented to a student and senior cancer prevention and control researcher.

7:30 a.m. – 8:15 a.m. **Breakfast Roundtable: Civic and Public Engagement Committee Presents: How to Effectively Communicate with our Legislators (And Why We Should)**  
Conference room 10  
**Admission by name badge**  
**Moderator:** Sherry L. Pagoto, PhD, University of Massachusetts Medical School, Worcester, MA  
**Co-Presenters:** Dawn K. Wilson, PhD, University of South Carolina, Columbia, SC; and Brent Van Dorsten, PhD, Colorado Center for Behavioral Medicine, Denver, CO  
A growing disconnect exists between the evidence base and health policies. Many evidence-based practices are not reimbursable services (e.g., behavioral counseling for weight loss, telemedicine) and many health policies are not evidence based. Behavioral medicine and public health scientists can play an important role in making legislators aware of the evidence supporting health policy initiatives, but have little experience interfacing with legislators. In this breakfast roundtable, participants will learn how to develop relationships with local and state legislators, have effective conversations, and influence health policy.
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7:30 a.m. – 8:15 a.m.  Breakfast Roundtable: Diabetes SIG Business Meeting
Conference room 16
Admission by name badge

Moderator: Caroline R. Richardson, MD, VA Ann Arbor Healthcare System, Ann Arbor, MI
SIG leaders will review the state of the SIG, introduce the newly elected leadership team, celebrate the winners of our two Junior Faculty Travel Awards, and brainstorm to start the planning process for the 2016 annual meeting.

7:30 a.m. – 8:15 a.m.  Breakfast Roundtable: Ethnic Minority and Multicultural Health SIG Business Meeting
Conference room 7
Admission by name badge

Moderator: Jamilia R. Sly, PhD, Icahn School of Medicine at Mount Sinai, New York, NY
Co-Presenter: Clement Gwede, PhD, MPH, RN, Moffitt Cancer Center, Tampa, FL
The EMMH SIG business meeting will convene members to discuss several SIG business matters including mentoring, student and early career awards, SIG leadership, 2015 SIG sessions, and future SIG activities and conference planning. We plan to present our annual student and early-career research abstract awards. The award winners will each give a 5-minute overview of their studies. In addition, we will also present the first EMMH mentoring award to an SBM member who has demonstrated outstanding mentoring qualities, particularly for ethnic minorities. The remainder of the meeting will be dedicated to reviewing EMMH SIG business. This will include a review of SIG activities in the past year; the current EMMH SIG pre-conference day, mentoring sessions, and symposia; financial reports from the last year; co-chair election results; and transition to a new co-chair. The EMMH SIG will have a brief discussion of potential topics the SIG should focus on in 2015-16 and next steps for the 2015-16 year.

7:30 a.m. – 8:15 a.m.  Breakfast Roundtable: Membership Council Business Meeting
Conference room 3-4
Admission by name badge

Moderator: Monica L. Baskin, PhD, University of Alabama at Birmingham, Birmingham, AL
The Membership Council will hold its regular business meeting, focused on projects that promote member benefits, retain current members, and recruit new members. Those interested in joining the council are welcome to attend.

7:30 a.m. – 8:15 a.m.  Breakfast Roundtable: Military and Veterans’ Health SIG Business Meeting
Salon C
Admission by name badge

Moderator: Michael Ann Glotfelter, PsyD, U.S. Air Force, Lackland AFB, TX
Co-Presenter: David E. Goodrich, EdD, VA Ann Arbor Healthcare System, Ann Arbor, MI
This meeting of the Military and Veterans’ Health Special Interest Group will including nominating leadership, and discussing future goals of the SIG and other SIG-related issues. Come ready to discuss ideas and how you would like your SIG move forward.

7:30 a.m. – 8:15 a.m.  Breakfast Roundtable: Multiple Health Behavior Change and Student SIGs Present: Student and Postdoc Mentored Breakfast
Conference room 15
Admission by name badge

Moderator: Marcella H. Boynton, PhD, University of North Carolina at Chapel Hill, Chapel Hill, NC
Small groups of students and postdocs will each be paired with a senior-level investigator who will offer practical advice on how to be a successful behavioral medicine researcher. To participate, students and postdocs must have submitted their submission information and mentor request to the Student SIG prior to the meeting and have been notified of their acceptance.
FRIDAY, APRIL 24, 2015

7:30 a.m. – 8:15 a.m.  Breakfast Roundtable: Nurses Section Advancing the National Prevention Strategy: Optimizing the Potential of Nursing Contributions

Salon J

Admission by name badge

Moderator: Laura L. Hayman, PhD, RN, FAAN, University of Massachusetts Boston, Boston, MA
Co-Presenter: Barbara Resnick, PhD, CRNP, University of Maryland, Baltimore, MD

This session is designed to bring together the nurses within SBM. It is intended to stimulate and renewed enthusiasm and commitment to SBM among all levels of nurses (i.e., pre and postdocs, early career and senior investigators, clinicians).

7:30 a.m. – 8:15 a.m.  Breakfast Roundtable: Technology SIG Business Meeting

Conference room 1-2

Admission by name badge

Moderator: Eric B. Hekler, PhD, Arizona State University, Phoenix, AZ

Technology SIG business will be reviewed.

8:30 a.m. – 9:45 a.m.  Featured Symposium 3: Innovative or Obsolete: Keeping SBM Relevant in a Rapidly Changing Health Care System

Salon AB

Admission by name badge

Chair: Marian Fitzgibbon, PhD, University of Illinois at Chicago, Chicago, IL
Moderator: Kathleen Wolin, ScD, Loyola University, Chicago IL

Presenters: Sherry L. Pagoto, PhD, University of Massachusetts Medical School, Worcester, MA; Beb Gerber, MD, MHP, University of Illinois at Chicago, Chicago, IL; and Kathryn Schmitz, PhD, MPH, University of Pennsylvania, Philadelphia, PA
Discussant: Marcia G. Ory, PhD, MPH, Texas A&M University, College Station, TX

This symposium will feature a moderated panel discussion from researchers leading the charge in translating research-tested interventions and programs into real world settings. Are Small Business Innovation Research (SBIR) and Small Business Technology Transfer (STTR) grants the only option? Are partnerships the best choice, or is it better to form a company yourself? What are the pros and cons of consulting for industry? As SBM members consider opportunities for collaborations with insurers, employers, start-ups, and large commercial partners (from pharmaceutical companies to Apple and Google), panelists will tell their stories and help members learn from those who are navigating new and challenging areas of research. Panelists will discuss their wins and “warts” in collaborations with payers, community-based organizations, and commercial companies. Panelists will also speak on their experiences building versus outsourcing work and in working with their universities’ technology transfer and licensing offices.

8:30 a.m. – 9:45 a.m.  Symposium 26: Multi-Level Behavioral Change Approaches to Fall Prevention: Individual, Community, and Policy

Salon KL

Admission by name badge

Chair: Thelma Mielenz, PhD, Columbia University, New York, NY

Presenters: Thelma Mielenz, PhD, Columbia University, New York, NY; Sandra J. Winter, PhD, MHA, Stanford University, Stanford, CA; and Marcia G. Ory, PhD, MPH, Texas A&M University, College Station, TX

Discussant: Marcia G. Ory, PhD, MPH, Texas A&M University, College Station, TX
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8:30 a.m. – 9:45 a.m.  
**Symposium 27: Using Evidence-Based Measures in Integrated Primary Care to Improve Quality of Service**  
*Salon M*  
Admission by name badge  
**Chair:** Jennifer Funderburk, PhD, VA Center for Integrated Healthcare, Syracuse, NY  
**Presenters:** Jennifer Funderburk, PhD, VA Center for Integrated Healthcare, Syracuse, NY; Gregory Beehler, PhD, MA, VA Center for Integrated Healthcare, Buffalo, NY; and Paul King, PhD, VA Center for Integrated Healthcare, Buffalo, NY  
**Discussant:** Jeff Goodie, PhD, Uniformed Services University for Health Services, Bethesda, MD

8:30 a.m. – 9:45 a.m.  
**Symposium 28: Adolescents and Young Adults with Cancer: An Under-Recognized Cancer Disparities Population**  
*Salon C*  
Admission by name badge  
**Chair:** Suzanne C. Lechner, PhD, University of Miami, Miami, FL  
**Presenters:** Crystal Park, PhD, University of Connecticut, Storrs, CT; Elizabeth Siembida, MA, University of Connecticut, Storrs, CT; and Lena Wettergren, PhD, National Cancer Institute, Bethesda, MD  
**Discussant:** Ashley W. Smith, PhD, MPH, National Cancer Institute, Bethesda, MD

8:30 a.m. – 9:45 a.m.  
**Symposium 29: Aging and Cancer: Implications for Cognitive Outcomes and Clinical Encounters**  
*Salon D*  
Admission by name badge  
**Co-Chairs:** Kristi D. Graves, PhD, Georgetown University, Washington, DC; and Reginald Tucker-Seeley, ScD, Dana-Farber Cancer Institute, Boston, MA  
**Presenters:** Brian D. Gonzalez, PhD, Moffitt Cancer Center, Tampa, FL; Anjali Deshpande, PhD, MPH, Washington University in St. Louis, St. Louis, MO; and Lisa M. Lowenstein, PhD, MPH, University of Rochester, Rochester, NY  
**Discussant:** Julia H. Rowland, PhD, National Cancer Institute, Bethesda, MD

8:30 a.m. – 9:45 a.m.  
**Symposium 30: Implementing Diabetes Prevention in the VA - Results from a Clinical Demonstration Project**  
*Salon J*  
Admission by name badge  
**Chair:** Caroline R. Richardson, MD, University of Michigan, Ann Arbor, MI  
**Presenters:** Caroline R. Richardson, MD, University of Michigan, Ann Arbor, MI; Laura Damschroder, MS, MPH, VA Ann Arbor Center for Clinical Management Research, Ann Arbor, MI; and Tannaz Moin, MD, MBA, MSHS, VA Greater Los Angeles, Los Angeles, CA  
**Discussant:** Paul Estabrooks, PhD, Virginia Tech, Blacksburg, VA

8:30 a.m. – 9:45 a.m.  
**Symposium 31: Improving Primary Care through Culturally Responsive Initiatives**  
*Conference room 1-2*  
Admission by name badge  
**Chair:** James E. Aikens, PhD, University of Michigan, Ann Arbor, MI  
**Presenters:** Rose Ann Illes, PhD, Florida State University, Tallahassee, FL; Monika M. Safford, MD, University of Alabama at Birmingham, Birmingham, AL; and Christopher J. Koenig, PhD, San Francisco VA Medical Center, San Francisco, CA  
**Discussant:** Mark Vogel, PhD, Genesys Regional Medical Center, Grand Blanc, MI
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8:30 a.m. – 9:45 a.m.  **Symposium 32: Building and Evaluating Personal Technology Physical Activity Interventions in Diverse Populations**

**Conference room 13-14**  
Admission by name badge

**Chair:** Matthew Buman, PhD, Arizona State University, Phoenix, AZ  
**Presenters:** Matthew Buman, PhD, Arizona State University, Phoenix, AZ; Jennifer Huberty, PhD, Arizona State University, Phoenix, AZ; and Bridget F. Melton, EdD, Georgia Southern University, Statesboro, GA  
**Discussant:** Abby King, PhD, Stanford University School of Medicine, Stanford, CA

8:30 a.m. – 9:45 a.m.  **Symposium 33: Sustainability via Active Garden Education: A CBPR Project to Increase PA and F&Vs in Preschoolers**

**Conference room 12**  
Admission by name badge

**Chair:** Rebecca E. Lee, PhD, Arizona State University, Phoenix, AZ  
**Presenters:** Scherezade K. Mama, DrPH, The University of Texas MD Anderson Cancer Center, Houston, TX; Erica G. Soltero, University of Houston, Houston, TX; Nathan Parker, MPH, University of Houston, Houston, TX; Tracey Ledoux, PhD, RD, University of Houston, Houston, TX; and Rebecca E. Lee, PhD, Arizona State University, Phoenix, AZ  
**Discussant:** Lucie Levesque, PhD, Queen’s University, Kingston, Ontario, Canada

8:30 a.m. – 9:45 a.m.  **Symposium 34: New World, New Risks: Diverse Approaches to Enhancing Comprehension of New Risks and Hazards**

**Conference room 17**  
Admission by name badge

**Chair:** Jennifer Hay, PhD, Memorial Sloan Kettering Cancer Center, New York, NY  
**Presenters:** Geoffrey S. Gold, Memorial Sloan Kettering Cancer Center, New York, NY; Philip Huang, MD, MPH, AustinTexas.Gov, Austin, TX; and Paul Han, MD, MA, MPH, Maine Medical Center, Scarborough, ME  
**Discussant:** Noel Brewer, MS, PhD, University of North Carolina Gillings School of Global Public Health, Chapel Hill, NC

8:30 a.m. – 9:45 a.m.  **Symposium 35: Tobacco Centers for Regulatory Science: A Seismic Shift in Tobacco Prevention and Control**

**Conference room 18**  
Admission by name badge

**Chair:** Seth M. Noar, PhD, University of North Carolina at Chapel Hill, Chapel Hill, NC  
**Presenters:** Elizabeth Ginexi, PhD, National Cancer Institute, Bethesda, MD; Robert Hornik, PhD, University of Pennsylvania, Philadelphia, PA; Pamela Ling, MD, MPH, University of California-San Francisco, San Francisco, CA; and Seth M. Noar, PhD, University of North Carolina at Chapel Hill, Chapel Hill, NC  
**Discussant:** Elizabeth Ginexi, PhD, National Cancer Institute, Bethesda, MD
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8:30 a.m. – 9:45 a.m.  Symposium 36: Using Technology to Improve Children’s Health: A Tale of Three eHealth Research Programs
Conference room 8
Admission by name badge
Co-Chairs: Kathy Goggin, PhD, Children’s Mercy Hospitals and Clinics, Kansas City, MO; and Robert M. Jacobson, MD, Mayo Clinic, Rochester, MN
Presenters: Sarah Finocchario-Kessler, PhD, MPH, University of Kansas Medical Center, Kansas City, KS; Mark Connelly, PhD, Children’s Mercy Hospitals and Clinics, Kansas City, MO; and Dawn Tucker, MSN, CPNP, Children’s Mercy Hospitals and Clinics, Kansas City, MO
Discussant: David K. Ahern, PhD, Brigham and Women’s Hospital, Boston, MA

8:30 a.m. – 9:45 a.m.  Symposium 37: Toward an Ontology of Behavior Change: An Innovative Approach to Intervention Development
Conference room 11
Admission by name badge
Chair: William T. Riley, PhD, National Institutes of Health, Bethesda, MD
Presenters: Susan Michie, PhD, University College London, London, United Kingdom; Kai Larsen, PhD, University of Colorado Boulder, Boulder, CO; and Larry An, MD, University of Michigan, Ann Arbor, MI

10 a.m. – 11 a.m.  Keynote: Total Health: Mind, Body, and Spirit
Salon EF
Admission by name badge
Presenter: Raymond J. Baxter, PhD, Kaiser Permanente, Oakland, CA
Dr. Baxter is Kaiser Permanente’s senior vice president for community benefit, research, and health policy. Kaiser Permanente strives to be a leader in total health by making lives better. Total health is a state of complete physical, mental, and social well-being for all people. Kaiser Permanente seeks to share success stories of our commitment to helping our members, our workforce, their families, and our communities achieve total health through the services we provide and by promoting clinical, educational, environmental, and social actions that improve the health of all people.

11:15 am. – 12:15 p.m.  Midday Meeting: Cancer SIG Presents: Let’s Talk Mentoring: Secrets to a Good Mentor-Mentee Relationship
Conference room 10
Admission by name badge
Moderator: Kristi D. Graves, PhD, Georgetown University, Washington, DC
Co-Presenters: Felicity Harper, PhD, Karmanos Cancer Institute, Detroit, MI; and Aimee M. James, PhD, MPH, Washington University in St. Louis, St. Louis, MO
Not sure what you can expect from a mentor? Confused about how to find the mentoring you want? Wondering what mentoring looks like as you progress in your career? Successful mentoring comes in many shapes and forms. This midday session will discuss different mentoring styles and philosophies, what you can expect from a mentor, and how mentoring needs evolve as we progress through our careers. Three mentor-mentee pairs will discuss their specific relationships, how they developed the relationships, and how and why the pairings have worked. More generally, panelists will discuss issues that have arisen in relationships and strategies for negotiating challenges. Mentees in the three pairs will represent a range of career stages (from postdoctoral fellow to junior faculty to mid-career faculty) to highlight how mentoring relationships and needs change over time. The panel will also address questions about common mentee-mentor challenges from the audience. This session is being organized by the Cancer SIG Mentoring Committee.
FRIDAY, APRIL 24, 2015

11:15 am. – 12:15 p.m.  **Midday Meeting: Child and Family Health SIG Business Meeting**
Conference room 16
Admission by name badge

**Moderator:** Bernard F. Fuemmeler, PhD, MPH, Duke University Medical Center, Durham, NC

In addition to covering SIG business, this session will host a research presentation.

11:15 am. – 12:15 p.m.  **Midday Meeting: Pain SIG Presents: NIH Funding Opportunities on Chronic Pain and Strategies for Optimizing Grant Proposals**
Conference room 7
Admission by name badge

**Moderator:** Laura Dhingra, PhD, MJHS Institute for Innovation in Palliative Care, New York, NY

**Co-Presenter:** Francis J. Keefe, PhD, Duke University Medical Center, Durham, NC

In this session, a program director from the National Institutes of Health (NIH), will discuss NIH’s research portfolio on pain and will outline new funding opportunities. Dr. Keefe will discuss the grant application review process from the perspective of both principal investigator and NIH study section chair. This session will highlight both challenges and strategies that may assist attendees in preparing and submitting successful proposals, particularly early stage investigators. The session will conclude with questions from the group, with answers from the speakers. All SBM attendees, especially students and trainees with interests in chronic pain research, are invited to participate in this interactive session.

11:15 am. – 12:15 p.m.  **Midday Meeting: Physical Activity SIG Presents: Opportunities for Physical Activity Promotion Research: NIH Perspectives**
Conference room 17
Admission by name badge

**Moderator:** David M. Williams, PhD, Brown University, Providence, RI

**Co-Presenter:** Frank Perna, EdD, PhD, National Cancer Institute, Bethesda, MD

This midday meeting will be a presentation and discussion of National Institutes of Health (NIH) funding opportunities for physical activity promotion research. The session will begin with brief (10-15 minutes each) presentations from panelists regarding their institute’s specific program emphases. This will include presentation of exercise intervention relevant program announcements (e.g., PAR-14-315/321) and current research gaps. Presentations from NIH staff will be followed by extended (30-40 minute) discussion and Q&A period for audience members and NIH staff.

11:15 am. – 12:15 p.m.  **Midday Meeting: Scientific and Professional Liaison Council and Evidence-Based Behavioral Medicine and Cancer SIGs Present: Translating Cochrane Reviews into Research, Clinical Practice, and Policy**
Conference room 18
Admission by name badge

**Moderator:** Roberta W. Scherer, PhD, US Cochrane Center, Baltimore, MD

**Co-Presenters:** Amy Janke, PhD, University of the Sciences, Philadelphia, PA; and Sherri Sheinfeld Gorin, PhD, Leidos Biomedical Research Inc., Frederick, MD

This interactive midday session will include Cochrane Collaboration collaborators who are researchers, clinicians, and policymakers. The aim is to guide attendees in developing, producing, and implementing Cochrane reviews (SRs). Dr. Scherer is associate director of the US Cochrane Center and senior scientist at John Hopkins Bloomberg School of Public Health.

11:15 am. – 12:15 p.m.  **SBM President’s Midday Meeting**
Conference room 12
Admission by name badge
FRIDAY, APRIL 24, 2015

11:15 am. – 12:15 p.m. **Midday Meeting: Spirituality and Health SIG Presents: Landmark Spirituality and Health Survey**

*Conference room 15*
*Admission by name badge*

**Moderator:** John M. Salsman, PhD, Northwestern University Feinberg School of Medicine, Chicago, IL

**Co-Presenter:** Neal Krause, PhD, Michigan Center on the Demography of Aging, Ann Arbor, MI

Dr. Krause will introduce the Landmark Spirituality and Health Survey—the largest survey to be devoted solely to religion, spirituality, and health. Interviews were obtained with a nationwide, representative sample of 3,000 people. Detailed biomarker data (e.g., height, weight, blood pressure, and lab data on blood spots) were gathered from these participants. He will present preliminary findings on the relationships among social relationships in the church, biomarker data, and health.

11:15 am. – 12:15 p.m. **Midday Meeting: Student SIG Presents: Class Paper to Pub**

*Conference room 11*
*Admission by name badge*

**Moderator:** Mallory G. Cases, MPH, CPH, University of Alabama at Birmingham, Birmingham, AL

**Co-Presenter:** Karl E. Minges, MPH, Yale University, New Haven, CT

Geared toward graduate students pursuing a research-focused education and career, this panel will provide guidance on turning papers written for courses into manuscripts for publication.

11:15 am. – 12:15 p.m. **Midday Meeting: Theories and Techniques of Behavior Change Interventions, Multiple Health Behavior Change, Obesity and Eating Disorders, and Physical Activity SIGs Presents: Debate: Investing in Epidemiology without Theory Is a Waste of Resources**

*Conference room 8*
*Admission by name badge*

**Moderator:** Heather L. Gainforth, PhD, University College London, London, United Kingdom

**Co-Presenters:** Robert West, PhD, University College London, London, United Kingdom; and Karina W. Davidson, PhD, Columbia University, New York, NY

Epidemiology examines the distribution and determinants of diseases and health-related behaviors in specified populations. Theories of behavior change provide a framework for understanding the environmental, social, and psychological processes that facilitate and inhibit behavior. Epidemiology and behavior change theory have both been used to develop and evaluate strategies to prevent illness or promote health-related behaviors. An important question concerns the value of epidemiology without a theoretical framework of behavior. This session will debate the proposition that investing in epidemiology without theory is a waste of resources. The debate will follow the standard procedure of a mover, opposer, seconder, and second opposer. The debate will then be open to the floor, followed by closing remarks by the mover and opposer. The impact of the debate on participants’ views will be assessed by a vote taken at the start and at the end. The aim is to have a lively, informative, and enjoyable discussion on a topic where there is merit on both sides of the argument.

11:15 a.m. – 12:15 p.m. **Panel Discussion 12: How Do We Adapt? A Discussion on Methods for Adapting mHealth Physical Activity Interventions**

*Salon AB*
*Admission by name badge*

**Chair:** Eric B. Hekler, PhD, Arizona State University, Phoenix, AZ

**Panelists:** Eric B. Hekler, PhD, Arizona State University, Phoenix, AZ; Inbal Nahum-Shani, PhD, University of Michigan, Ann Arbor, MI; Marc A. Adams, PhD, Arizona State University, Phoenix, AZ; Predrag Klasnja, PhD, University of Michigan, Ann Arbor, MI; and Bonnie Spring, PhD, ABPP, Northwestern University Feinberg School of Medicine, Chicago, IL.
FRIDAY, APRIL 24, 2015

11:15 a.m. – 12:15 p.m.  Panel Discussion 13: Establishing Behavioral Medicine Programs in Hospitals II: Multidisciplinary Relationships and Specialty Services

Salon KL
Admission by name badge
Chair: Cori E. McMahon, PsyD, Cooper University Hospital, Voorhees Township, NJ
Panelists: Kelly L. Gilrain, PhD, Cooper University Hospital, Voorhees Township, NJ; Michelle C. Fingeret, PhD, MD Anderson Cancer Center, Houston, TX; Efrain A. Gonzalez, PsyD, Jackson Memorial Medical Center, Miami, FL; David A. Moore, PsyD, Cooper University Hospital, Voorhees Township, NJ; Patricia Byers, MD, Jackson Memorial Medical Center, Miami, FL; and Helen L. Coons, PhD, ABPP, Denver Health and Hospital Integrated Primary Care, Denver, CO

11:15 a.m. – 12:15 p.m.  Panel Discussion 14: Careers in Behavioral Medicine: Teaching, Training, and Coaching Professionals in Health Care

Salon M
Admission by name badge
Chair: Karen Oliver, PhD, Brown University, Providence, RI
Panelists: Karen Oliver, PhD, Brown University, Providence, RI; Justin M. Nash, PhD, Memorial Hospital of Rhode Island, Pawtucket, RI; Nancy Ruddy, PhD, McCann Health, Mountain Lakes, NJ; and Michael G. Goldstein, MD, Veterans Health Administration, Durham, NC

11:15 a.m. – 12:15 p.m.  Panel Discussion 15: Infiltrating Industry: A Panel Discussion of Behavioral Science Research within Industry

Salon C
Admission by name badge
Chair: Eric B. Hekler, PhD, Arizona State University, Phoenix, AZ
Panelists: Shabnam Hakimi, PhD, Welltok Inc., Denver, CO; Skyler Place, PhD, Cogito Corporation, Boston, MA; Frederick Muench, PhD, North Shore Health System, Great Neck, NY; and Praduman Jain, MS, FitNinja Inc., Fairfax, VA

11:15 a.m. – 12:15 p.m.  Panel Discussion 16: Research at the Intersection of Cancer and Aging: A Discussion between Aging and Cancer Researchers

Salon D
Admission by name badge
Chair: Reginald Tucker-Seeley, ScD, Harvard School of Public Health, Boston, MA
Panelists: Corinne Leach, MS, PhD, MPH, American Cancer Society, Atlanta, GA; Barbara Resnick, PhD, CRNP, University of Maryland, Baltimore, MD; and Keith Bellizzi, PhD, MPH, University of Connecticut, Storrs, CT

11:15 a.m. – 12:15 p.m.  Panel Discussion 17: Get the (Right) Job: The Do’s and Don’ts of Negotiating a Faculty Position

Salon J
Admission by name badge
Chair: Elliot J. Coups, PhD, Rutgers Cancer Institute of New Jersey, New Brunswick, NJ
Panelists: Kathleen Y. Wolin, ScD, Coeus Health, Chicago, IL; Ellen Beckjord, PhD, MPH, University of Pittsburgh Cancer Institute, Pittsburgh, PA; and Karen M. Emmons, PhD, Kaiser Foundation Research Institute, Oakland, CA
FRIDAY, APRIL 24, 2015

11:15 a.m. – 12:15 p.m.  *Panel Discussion 18: Accessing and Analyzing Non-Traditional Data: Challenges, Considerations, and Funding Opportunities*

Conference room 3-4
Admission by name badge

Chair: Richard P. Moser, PhD, National Cancer Institute, Bethesda, MD
Panelists: Heather Cole-Lewis, PhD, MPH, MA, ICF International, Rockville, MD; Matthew Buman, PhD, Arizona State University, Phoenix, AZ; and Yadid Ayzenberg, MSc, MBA, Massachusetts Institute of Technology, Cambridge, MA

11:15 a.m. – 12:15 p.m.  *Panel Discussion 19: Re-Conceptualizing Health Behaviors through the Lens of Lifestyle Tradeoffs*

Conference room 1-2
Admission by name badge

Chair: Kristine M. Carandang, MS, OTR/L, University of Southern California, Los Angeles, CA
Panelists: Kristine M. Carandang, MS, OTR/L, University of Southern California, Los Angeles, CA; Lucia Florindez, MA; and Elizabeth Pyatak, PhD, OTR/L, CDE, University of Southern California, Los Angeles, CA

11:15 a.m. – 12:15 p.m.  *Panel Discussion 20: The Future of Training in Behavioral Medicine*

Conference room 13-14
Admission by name badge

Chair: Kathryn E. Kanzler, PsyD, ABPP, U.S. Air Force, JB Andres, MD
Panelists: Jeffrey L. Goodie, PhD, ABPP, Uniformed Services University of the Health Sciences, Bethesda, MD; Donald D. McGeary, PhD, ABPP, University of Texas Health Science Center at San Antonio, San Antonio, TX; William C. Isler, PhD, U.S. Air Force, Lackland AFB, TX; and Michael Ann Glotfelter, PsyD, U.S. Air Force, Lackland AFB, TX

12:45 p.m. – 1:30 p.m.  *Master Lecture*

Salon AB
Admission by name badge

Presenter: Marguerita A. Lightfoot, PhD, Center for AIDS Prevention Studies, University of California-San Francisco, San Francisco, CA
Lightfoot is director of the Center for AIDS Prevention Studies and the Technology and Information Exchange Core at the University of California-San Francisco.

12:45 p.m. – 1:30 p.m.  *Paper Session 21: Multiple Health Behavior Change*

Salon KL
Admission by name badge

12:45 p.m. – 1 p.m.  Computational Modeling of Behavioral Change Based on Dual Process Model

1 p.m. – 1:15 p.m.  Mechanisms Underlying Multiple Behavior Changes in the Make Better Choices Diet and Activity Trial

1:15 p.m. – 1:30 p.m.  Sequential versus Simultaneous Behavior Change within Multiple Health Behavior Change Interventions
### FRIDAY, APRIL 24, 2015

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<th>Time</th>
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<th>Title</th>
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| 12:45 p.m. – 1:30 p.m. | **Paper Session 22: Outcomes and Predictors of Depression Symptoms** | **Salon M**  
Admission by name badge  
Neighborhood Environment and Depressive Symptoms: Mediating Role of Stress and Sense of Community |
| 12:45 p.m. – 1 p.m. |  | Longitudinal Association between Depressive Symptoms and Walking Impairment in Multiple Sclerosis |
| 1 p.m. – 1:15 p.m. |  | Interaction between Smoking and Depressive Symptoms on Subclinical Heart Disease: The CARDIA Study |
| 12:45 p.m. – 1:30 p.m. | **Paper Session 23: RE-AIM Evaluations for Physical Activity and Diet** | **Salon D**  
Admission by name badge  
Translating Research on Exercise Interventions for Caregivers: A Review Using the RE-AIM Framework |
| 12:45 p.m. – 1 p.m. |  | National Dissemination of the Strongwomen-Healthy Hearts Program: A RE-AIM Analysis |
| 1 p.m. – 1:15 p.m. |  | A Systematic RE-AIM Review to Assess Sugar-Sweetened Beverage Interventions and Policies for Youth |
| 12:45 p.m. – 1:30 p.m. | **Paper Session 24: Decision Making in Prostate Cancer Treatment** | **Salon J**  
Admission by name badge  
Adoption of Shared Decision Making Using Decision Aids among Urologists |
| 12:45 p.m. – 1 p.m. |  | Not So Straightforward: The Complex Relationship between Knowledge and Prostate Cancer Treatment Decision Making |
| 1 p.m. – 1:15 p.m. |  | Are Prostate Cancer Patients Engaging in Informal Treatment Decision Making? |
| 12:45 p.m. – 1:30 p.m. | **Paper Session 25: Substance Use among Sexual Minorities** | **Conference room 3-4**  
Admission by name badge  
The Role of Internalized Homophobia on Drug Use among Gay and Bisexual Men: Moderation, Mediation, or Direct Effects? |
| 12:45 p.m. – 1 p.m. |  | Smoking, Internalized Heterosexism, and HIV Disease Management among Male Couples |
| 1 p.m. – 1:15 p.m. |  | Smoking Cessation by Sexual Orientation: The Role of Health Care, Mental Distress, and Substance Use |
FRIDAY, APRIL 24, 2015

1:45 p.m. – 3 p.m.  **Symposium 38: Binge Eating in Veterans**

*Salon KL*

**Chair:** Robin M. Masheb, PhD, VA Connecticut Healthcare System, North Haven, CT

**Presenters:** Robin M. Masheb, PhD, VA Connecticut Healthcare System, North Haven, CT; Niloofar Afari, PhD, VA Center of Excellence for Stress and Mental Health, San Diego, CA; and Gina Evans-Hudnall, PhD, Michael E. DeBakey VA Medical Center, Houston, TX

**Discussant:** David E. Goodrich, EdD, VA Ann Arbor Healthcare System, Ann Arbor, MI

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1:45 p.m. – 3 p.m.  **Symposium 39: Peer Support Designed for Diabetes Management also Improves Psychological Distress and Emotional Well-Being**

*Salon M*

**Chair:** Edwin Fisher, PhD, University of North Carolina at Chapel Hill, Chapel Hill, NC

**Presenters:** Michele Heisler, MD, MPA, University of Michigan, Ann Arbor, MI; Brian Oldenburg, PhD, University of Melbourne, Melbourne, Victoria, Australia; and Sarah Kowitt, MPH, University of North Carolina at Chapel Hill, Chapel Hill, NC

**Discussant:** Jeffrey S. Gonzalez, PhD, Albert Einstein College of Medicine, Bronx, NY

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1:45 p.m. – 3 p.m.  **Symposium 40: Cultural Adaptations of Behavioral Interventions for Lifestyle Change for Minority Women**

*Salon C*

**Chair:** Virginia Gil-Rivas, PhD, University of North Carolina at Charlotte, Charlotte, NC

**Presenters:** Phoudavone Phimphasone, MA, University of North Carolina at Charlotte, Charlotte, NC; Alyssa Vela, MA, University of North Carolina at Charlotte, Charlotte, NC; Tamara Scott, MPH, University of North Carolina at Charlotte, Charlotte, NC; and Leilani Dodgen, MPH, University of North Texas Health Science Center, Fort Worth, TX

**Discussant:** John Wiebe, PhD, The University of Texas at El Paso, El Paso, TX

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1:45 p.m. – 3 p.m.  **Symposium 41: Strategies for Retaining Traditionally Hard to Reach Participants in Weight Management Trials**

*Salon D*

**Chair:** Joanna Buscemi, PhD, University of Illinois at Chicago, Chicago, IL

**Presenters:** Joanna Buscemi, PhD, University of Illinois at Chicago, Chicago, IL; Jessica R. Wearing, University of Kansas School of Medicine, Kansas City, KS; Rebecca Hunter, MA, VA Palo Alto Health Care System, Palo Alto, CA; and Monica L. Baskin, PhD, University of Alabama at Birmingham, Birmingham, AL

**Discussant:** Marian Fitzgibbon, PhD, University of Illinois at Chicago, Chicago, IL

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1:45 p.m. – 3 p.m.  **Symposium 42: Monitoring, Modeling, and Changing Behavior in Real-Time**

*Salon J*

**Chair:** Wendy Nilsen, PhD, National Institutes of Health, Bethesda, MD

**Presenters:** Donna Spruitt-Metz, MFA, PhD, University of Southern California, Los Angeles, CA; Santosh Kumar, PhD, University of Memphis, Memphis, TN; Peter Piroli, PhD, Palo Alto Research Center, Palo Alto, CA; and Michael Youngblood, PhD, Palo Alto Research Center, Palo Alto, CA
FRIDAY, APRIL 24, 2015

1:45 p.m. – 3 p.m.  
**Symposium 43: Technology, Exercise, and Health Care: Using Exercise in Medicine (Co-Sponsored by SBM and the American College of Sports Medicine)**

Conference room 3-4  
Admission by name badge

**Co-Chairs:** Sherri Sheinfeld Gorin, PhD, Leidos Biomedical Research Inc., Frederick, MD; Beth Lewis, PhD, University of Minnesota, Minneapolis, MN

**Presenters:** Matthew Buman, PhD, Arizona State University, Phoenix, AZ; Caroline R. Richardson, MD, University of Michigan, Ann Arbor, MI; and Melanie Hingle, PhD, MPH, RD, University of Arizona, Tucson, AZ

**Discussant:** Amy D. Rickman, RD, PhD, University of Pittsburgh, Pittsburgh, PA

1:45 p.m. – 3 p.m.  
**Symposium 44: Improving Mental Health Barriers to Disease Management in Medically Complex Veterans**

Conference room 1-2  
Admission by name badge

**Chair:** Gina Evans-Hudnall, PhD, Michael E. Debakey VA Medical Center, Houston, TX

**Presenters:** Gina Evans-Hudnall, PhD, Michael E. Debakey VA Medical Center, Houston, TX; Patricia Dubbert, PhD, Little Rock Geriatric Research, Education, and Clinical Center, Little Rock, AR; and Elyse Thakur, MA, Baylor College of Medicine, Houston, TX

1:45 p.m. – 3 p.m.  
**Symposium 45: The Trajectory of Recovery in Hematopoietic Cell Transplant: From Genetic to Community Influences**

Conference room 13-14  
Admission by name badge

**Chair:** Donna M. Posluszny, PhD, University of Pittsburgh, Pittsburgh, PA

**Presenters:** Donna M. Posluszny, PhD, University of Pittsburgh, Pittsburgh, PA; Heather Jim, PhD, Moffitt Cancer Center, Tampa, FL; Karen L. Syrjala, PhD, University of Washington, Seattle, WA;

**Discussant:** Margaret Bevans, PhD, National Institutes of Health Clinical Center, Bethesda, MD

1:45 p.m. – 3 p.m.  
**Symposium 46: A Knowledge-Building Approach for Faster Translation of Behavioral Change Innovations into Practice**

Conference room 12  
Admission by name badge

**Chair:** Laura Damschroder, MS, MPH, VA Ann Arbor Center for Clinical Management Research, Ann Arbor, MI

**Presenters:** Edward J. Miech, EdD, VA Health Services Research and Development Service Center for Health Information and Communication, Indianapolis, IN; Laura Damschroder, MS, MPH, VA Ann Arbor Center for Clinical Management Research, Ann Arbor, MI; and Thomas Houston, MD, MPH, VA Center for Healthcare Organization and Implementation Research, Bedford, MA

**Discussant:** Kai Larsen, PhD, University of Colorado Boulder, Boulder, CO

1:45 p.m. – 3 p.m.  
**Symposium 47: New Approaches to Sedentary Behavior Interventions across the Lifespan**

Conference room 17  
Admission by name badge

**Chair:** David E. Conroy, PhD, Northwestern University Feinberg School of Medicine, Chicago, IL

**Presenters:** Sara M. St. George, PhD, University of Miami Miller School of Medicine, Miami, FL; Christine Pellegrini, PhD, Northwestern University Feinberg School of Medicine, Chicago, IL; and Jaclyn P. Maher, MS, The Pennsylvania State University, State College, PA

**Discussant:** Jeff Vallance, PhD, Athabasca University, Athabasca, Alberta, Canada
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1:45 p.m. – 3 p.m.  
**Symposium 48: Mind the Gaps: Using Theory-Based Tobacco Prevention and Control Research to Inform Regulatory Science**

*Conference room 18  
Admission by name badge  

**Chair:** Marcella H. Boynton, PhD, University of North Carolina at Chapel Hill, Chapel Hill, NC  
**Presenters:** Seth M. Noar, PhD, University of North Carolina at Chapel Hill, Chapel Hill, NC; Brian Flaherty, PhD, University of Washington, Seattle, WA; and Rachel Grana, PhD, MPH, National Cancer Institute, Bethesda, MD  
**Discussant:** David B. Portnoy, PhD, MPH, U.S. Food and Drug Administration, Silver Spring, MD

1:45 p.m. – 3 p.m.  
**Symposium 49: Multi-Level Research Changing Diet and Physical Activity among Underserved Populations**

*Conference room 8  
Admission by name badge  

**Chair:** Deborah Bowen, PhD, University of Washington, Seattle, WA  
**Presenters:** Lisa M. Quintiliani, PhD, Boston University, Boston, MA; Dori Rosenberg, PhD, MPH, Group Health Research Institute, Seattle, WA; Monica L. Baskin, PhD, University of Alabama at Birmingham, Birmingham, AL; and Yufeng Li, PhD, University of Alabama at Birmingham, Birmingham, AL  
**Discussant:** Stephen Taplin, MD, MPH, National Institutes of Health, Bethesda, MD

1:45 p.m. – 3 p.m.  
**Symposium 50: What is the Next-Generation Pipeline for Developing and Evaluating Health Behavior Interventions?**

*Conference room 11  
Admission by name badge  

**Chair:** Eric B. Hekler, PhD, Arizona State University, Phoenix, AZ  
**Presenters:** Eric B. Hekler, PhD, Arizona State University, Phoenix, AZ; William T. Riley, PhD, National Institutes of Health, Bethesda, MD; and Linda M. Collins, PhD, The Pennsylvania State University, State College, PA  
**Discussant:** Kevin Patrick, MD, MS, University of California-San Diego, San Diego, CA

3:15 p.m. – 4:45 p.m.  
**Paper Session 26: Depression in Diverse Populations**

*Salon AB  
Admission by name badge  

3:15 p.m. – 3:33 p.m.  
**Mental Health in China: Stigma, Family Obligations, and the Potential of Peer Support**

3:33 p.m. – 3:51 p.m.  
**Queer Blues! Depression in the LGBT Communities: Self-Esteem, Guilt, and Perceived Stress**

3:51 p.m. – 4:09 p.m.  
**Does Perceived Discrimination Affect Depression among Immigrants in a New Destination?**

4:09 p.m. – 4:27 p.m.  
**Diagnosis and Treatment of Depression among Latino MSM Living with HIV/AIDS on the United States-Mexico Border**

4:27 p.m. – 4:45 p.m.  
**The Relationship of Anxiety and Depression to Subjective Well-Being in a Mainland Chinese Sample**
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3:15 p.m. – 4:45 p.m.  
**Paper Session 27: Role of Images and Graphics in Health Communications**

**Salon KL**  
*Admission by name badge*

- 3:15 p.m. – 3:33 p.m.  
  *Words versus Numbers: Health Information Preference across Ethnicity and Language*

- 3:33 p.m. – 3:51 p.m.  
  *Calorie Menu Label Users may be Saving Calories by Ordering Healthier Sides and Beverages*

- 3:51 p.m. – 4:09 p.m.  
  *Using Images of Negative Health Consequences to Increase Healthy Food Choices*

- 4:09 p.m. – 4:27 p.m.  
  *Does Reactance to Graphic Cigarette Pack Warnings Weaken their Impact?*

- 4:27 p.m. – 4:45 p.m.  
  *Social Reactions to Graphic Cigarette Pack Warnings: A Pilot Study*

3:15 p.m. – 4:45 p.m.  
**Paper Session 28: Eating Disorders and Emotional Eating**

**Salon M**  
*Admission by name badge*

- 3:15 p.m. – 3:33 p.m.  
  *Objective Binge Eating Predicts Behavioral Compensation Following Exercise*

- 3:33 p.m. – 3:51 p.m.  
  *Examination of the Effect of Regular Exercise and Exercise Dependence on Quality of Life in Women with Eating Disorders*

- 3:51 p.m. – 4:09 p.m.  
  *Overvaluation of Shape and Weight, Binge Eating, and Eating Disorder Psychopathology in Adults Seeking Weight Loss Treatment*

- 4:09 p.m. – 4:27 p.m.  
  *Stress-Eaters: Relationships between Subjective and Objective Stress and Eating Behaviors*

- 4:27 p.m. – 4:45 p.m.  
  *Eating Behavior and Emotional State: Differential Effects of Implicit Liking and Hedonic Hunger*

3:15 p.m. – 4:45 p.m.  
**Paper Session 29: Diabetes and eHealth**

**Salon C**  
*Admission by name badge*

- 3:15 p.m. – 3:33 p.m.  
  *The Prevent Online Diabetes Prevention Program: Two-Year Trial Outcomes*

- 3:33 p.m. – 3:51 p.m.  
  *Health Communication in Social Media: Message Features Predicting User Engagement on Diabetes-Related Facebook Pages*

- 3:51 p.m. – 4:09 p.m.  
  *Behavioral Design to Facilitate mHealth Patient Engagement*

- 4:09 p.m. – 4:27 p.m.  
  *Diabetes Educators’ Insights on Connecting Smartphones with Electronic Diabetes Education System*

- 4:27 p.m. – 4:45 p.m.  
  *Patient Characteristics Associated with Engagement in a Type 2 Diabetes mHealth Intervention*
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## Paper Session 30: Smoking among Patient Populations

**Salon D**  
*Admission by name badge*

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<tbody>
<tr>
<td>3:15 p.m. – 3:33 p.m.</td>
<td>Teaching Medical Students to Help Patients Quit Smoking: Results of a 10 Medical School Randomized Controlled Trial</td>
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<tr>
<td>3:33 p.m. – 3:51 p.m.</td>
<td>The Role of Identity-Related Motivation to Quit and Smoking Attitudes in Persons Living with HIV</td>
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<td>3:51 p.m. – 4:09 p.m.</td>
<td>Postpartum Smoking Relapse: The Role of Family in the Health Behavior Choices of New Mothers</td>
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<td>4:09 p.m. – 4:27 p.m.</td>
<td>Smoking Behaviors among Urban versus Rural Pregnant Women Enrolled in the Kansas WIC Program</td>
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<tr>
<td>4:27 p.m. – 4:45 p.m.</td>
<td>Cognitive-Behavioral Approach to Promote Tobacco-Free Living for Pregnant and Postpartum Inner City Women Smokers</td>
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## Paper Session 31: Pain in Chronic Conditions

**Conference room 3-4**  
*Admission by name badge*

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<th>Time</th>
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<tbody>
<tr>
<td>3:15 p.m. – 3:33 p.m.</td>
<td>The Within-Day Links between Lonely Episodes and Clinical Pain in Individuals with Fibromyalgia</td>
</tr>
<tr>
<td>3:33 p.m. – 3:51 p.m.</td>
<td>Sleep Quality, Pain, and Function in People with Chronic Low Back Pain: A Daily Diary Study</td>
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<tr>
<td>3:51 p.m. – 4:09 p.m.</td>
<td>Predicting Spinal Cord Stimulator Trial and Implant Outcomes for Patients with Chronic Low Back Pain</td>
</tr>
<tr>
<td>4:09 p.m. – 4:27 p.m.</td>
<td>Daily Positive Mood and Pain Mediate the Sleep Quality-Activity Interference Link in Fibromyalgia</td>
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<tr>
<td>4:27 p.m. – 4:45 p.m.</td>
<td>Pain-Related Avoidance of Activities in Early Knee Osteoarthritis: Five-Year Follow-Up Study</td>
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<tr>
<td>3:15 p.m. - 4:45 p.m.</td>
<td><strong>Paper Session 32: Digital Health and Weight Loss</strong></td>
<td>1-2</td>
<td>Name badge</td>
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<tr>
<td>3:15 p.m. - 3:33 p.m.</td>
<td>ENGAGED: RCT of a Theory-Guided, Technology-Supported, Abbreviated Behavioral Weight Loss Program</td>
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<td>3:33 p.m. - 3:51 p.m.</td>
<td>Weight Loss: Is There Really “an App for That?”</td>
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<td>3:51 p.m. - 4:09 p.m.</td>
<td>Social Networks and Weight Loss: Evidence for Both Positive and Negative Influences</td>
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<td>4:09 p.m. - 4:27 p.m.</td>
<td>Losing Weight with a Little Help from my Friends</td>
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<td>4:27 p.m. - 4:45 p.m.</td>
<td>Early Dietary Lapse Frequency Predicts 12-Month Success in a Behavioral Weight Loss Program</td>
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<td>3:15 p.m. - 4:45 p.m.</td>
<td><strong>Paper Session 33: Worksite-Based Activity and Obesity Programs</strong></td>
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<td>Name badge</td>
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<tr>
<td>3:15 p.m. - 3:33 p.m.</td>
<td>Efficacy of Active Sitting Desks for Reducing Occupational Sedentary Time and Improving Health</td>
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<td>3:33 p.m. - 3:51 p.m.</td>
<td>Trajectories and Socio-Demographic Predictors of Steps in a Worksite Intervention: ASUKI-Step</td>
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<td>3:51 p.m. - 4:09 p.m.</td>
<td>Predictors of Success in a Worksite Weight Management Study</td>
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<td>4:09 p.m. - 4:27 p.m.</td>
<td>Effectiveness of Integrating Behavioral Strategies into the FIT Rx 90 Weight Loss Program</td>
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<tr>
<td>4:27 p.m. - 4:45 p.m.</td>
<td>The Reach and Effectiveness of an Incentive-Based Worksite Weight Loss Program</td>
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<tr>
<td>3:15 p.m. - 4:45 p.m.</td>
<td><strong>Paper Session 34: Predictors of Adult Physical Activity</strong></td>
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<td>Name badge</td>
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<tr>
<td>3:15 p.m. - 3:33 p.m.</td>
<td>Parenthood Status Differentially Relates to Levels of Physical Activity and Sedentary Behavior</td>
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<tr>
<td>3:33 p.m. - 3:51 p.m.</td>
<td>A Meta-Analytic Review of the Effects of Goal Setting on Physical Activity Behavior</td>
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<tr>
<td>3:51 p.m. - 4:09 p.m.</td>
<td>How Morning Cognitive and Feeling States Predict Daily Physical Activity Levels among Adults</td>
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<td>4:09 p.m. - 4:27 p.m.</td>
<td>Latent Profile Analysis of GIS-Measured Environments for Physical Activity in Older Adults</td>
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<td>4:27 p.m. - 4:45 p.m.</td>
<td>Effects on Cognitive Function from 20 Hours of Training: Secondary Outcomes from the CORTEX Trial</td>
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<td>3:15 p.m.</td>
<td><strong>Paper Session 35: Cancer, Coping, and Quality of Life</strong></td>
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<td>Conference room 17</td>
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<td>Admission by name badge</td>
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<tr>
<td>3:15 p.m.</td>
<td>The Ick Factor Matters: Disgust Prospectively Predicts Avoidance in Chemotherapy Patients</td>
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<tr>
<td>3:33 p.m.</td>
<td>Social Constraint does not Always Hurt: Moderating Effect of Acculturation among Cancer Survivors</td>
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<tr>
<td>3:51 p.m.</td>
<td>Social Relationship Coping Efficacy Mitigates Loss of Social Support in Persons with Cancer</td>
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<tr>
<td>4:09 p.m.</td>
<td>Adding Insult to Illness: Negative Life Events, Coping with Cancer, and Quality of Life</td>
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<tr>
<td>4:27 p.m.</td>
<td>Coping Style, Quality of Life, and Cancer-Specific Distress in Men with Advanced Prostate Cancer</td>
</tr>
<tr>
<td>3:15 p.m.</td>
<td><strong>Paper Session 36: Exercise in Cancer Survivors</strong></td>
</tr>
<tr>
<td></td>
<td>Conference room 18</td>
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<td></td>
<td>Admission by name badge</td>
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<tr>
<td>3:15 p.m.</td>
<td>Peer Mentors Delivering a Physical Activity Intervention for Cancer Survivors: Results among Mentors</td>
</tr>
<tr>
<td>3:33 p.m.</td>
<td>Physical Activity among Cancer Survivors Referred for Exercise Training: A Longitudinal Evaluation</td>
</tr>
<tr>
<td>3:51 p.m.</td>
<td>Use of a Home-Based Strength Training Program among Post-Operative Breast Cancer Patients</td>
</tr>
<tr>
<td>4:09 p.m.</td>
<td>Cardiorespiratory Fitness, Physical Activity, and Working Memory in Breast Cancer Survivors</td>
</tr>
<tr>
<td>4:27 p.m.</td>
<td>BEAT Cancer Intervention Effects on Physical Activity and Quality of Life in Breast Cancer Survivors</td>
</tr>
</tbody>
</table>

**Presenter:** Carol R. Naughton, JD, Purpose Built Communities, Atlanta, GA

These challenges blight the landscape and limit opportunities for residents in areas of concentrated poverty. The result: generations of suffering, a pervasive sense of hopelessness, and the belief that a better life is out of reach. Purpose Built Communities is a nonprofit consulting firm dedicated to transforming struggling neighborhoods into vibrant, sustainable communities where everyone has the opportunity to thrive. The firm works with local leaders—at no charge—to bring together the vital components necessary for holistic neighborhood revitalization: high-quality, mixed-income housing; an effective cradle-to-college education pipeline; and comprehensive community wellness resources, organized and driven by a newly-created, single-purpose nonprofit organization. We call this the lead organization, and it is vital to the Purpose Built model. Our aim is to help these local leaders achieve their desired results while saving them both time and money. This is a long-term, hands-on relationship. Dr. Naughton is Purpose Built Communities’ senior vice president.
FRIDAY, APRIL 24, 2015

6 p.m. – 7 p.m.  *Poster Session C*  
Salon GHI  
Admission by name badge  
It’s Friday night and this poster session will get attendees ready for a wonderful night on the town. Make the poster hall the meeting spot for going out parties! Cash bar and complimentary hors d’oeuvres will be provided.

SATURDAY, APRIL 25, 2015

Day at a Glance

<table>
<thead>
<tr>
<th>Start</th>
<th>End</th>
<th>Title</th>
</tr>
</thead>
<tbody>
<tr>
<td>7 a.m.</td>
<td>11 a.m.</td>
<td>Registration Open</td>
</tr>
<tr>
<td>7:30 a.m.</td>
<td>8:30 a.m.</td>
<td>Business Meeting*</td>
</tr>
<tr>
<td>8:45 a.m.</td>
<td>10:15 a.m.</td>
<td>Paper Sessions</td>
</tr>
<tr>
<td>10:15 a.m.</td>
<td>11:15 a.m.</td>
<td>Poster Session D*</td>
</tr>
<tr>
<td>10:30 a.m.</td>
<td>11:15 a.m.</td>
<td>Master Lectures</td>
</tr>
<tr>
<td>11:30 a.m.</td>
<td>12:30 p.m.</td>
<td>Closing Keynote</td>
</tr>
</tbody>
</table>

*Sessions not eligible for continuing education credit.

7 a.m. – 11 a.m.  Registration Open

7:30 a.m. – 8:30 a.m.  Business Meeting*  
Salon KL  
8:45 a.m. – 10:15 a.m.  Paper Session 37: Military and Veterans Health  
Salon AB  
Admission by name badge  
8:45 a.m. – 9:03 a.m.  Reach and Effectiveness of Evidence-Based Psychotherapies for Veterans with Post-Traumatic Stress Disorder

9:03 a.m. – 9:21 a.m.  Implementing Blue Button in VA Primary Care Settings: Survey and Interview Findings

9:21 a.m. – 9:39 a.m.  Shared Medical Visit for Hypertension in a Veterans Affairs Ambulatory Care Clinic

9:39 a.m. – 9:57 a.m.  Health Beliefs of Soldiers about Seeking Physical Health Services over Time

9:57 a.m. – 10:15 a.m.  PTSD and Distress Tolerance in a Sample of Male Veterans with Comorbid Substance Use Disorders
### Paper Session 38: Genetic Counseling

**Salon KL**  
Admission by name badge

<table>
<thead>
<tr>
<th>Time</th>
<th>Session Title</th>
</tr>
</thead>
<tbody>
<tr>
<td>8:45 a.m. – 9:03 a.m.</td>
<td>Genetic Counselors' Discussion of Illness Representations and the Impact on Patient Participation</td>
</tr>
<tr>
<td>9:03 a.m. – 9:21 a.m.</td>
<td>Genomic Awareness and Attitudes among English- and Spanish-Speaking Latinos</td>
</tr>
<tr>
<td>9:21 a.m. – 9:39 a.m.</td>
<td>Changes in Ovarian Cancer Worry and Risk among High-Risk Women after Genetic Counseling</td>
</tr>
<tr>
<td>9:39 a.m. – 9:57 a.m.</td>
<td>Genomic Information may Inhibit Behavior Change Inclinations among Individuals in a Fear State</td>
</tr>
<tr>
<td>9:57 a.m. – 10:15 a.m.</td>
<td>The Impact of Cancer Genetic Counseling on Patients' Mental Models of Genetic Risk for Cancer</td>
</tr>
</tbody>
</table>

### Paper Session 39: Medication Adherence: Predictors and Interventions

**Salon M**  
Admission by name badge

<table>
<thead>
<tr>
<th>Time</th>
<th>Session Title</th>
</tr>
</thead>
<tbody>
<tr>
<td>8:45 a.m. – 9:03 a.m.</td>
<td>Managing Type 1 Diabetes in Late Adolescence: Individual and Daily Fluctuations in Goal Regulation</td>
</tr>
<tr>
<td>9:03 a.m. – 9:21 a.m.</td>
<td>Predictors of Antiretroviral Adherence among Active Methamphetamine Users with HIV</td>
</tr>
<tr>
<td>9:21 a.m. – 9:39 a.m.</td>
<td>Latent Class Syndemic Factors and Medical Adherence among African-American HIV-Positive Drug Users</td>
</tr>
<tr>
<td>9:39 a.m. – 9:57 a.m.</td>
<td>How We Ask: Comparing Simple to Barriers-Based Methods of Assessing Medication Non-Adherence in Type 2 Diabetes</td>
</tr>
<tr>
<td>9:57 a.m. – 10:15 a.m.</td>
<td>Patients' Perspectives on Text Messaging to Support Medication Adherence</td>
</tr>
</tbody>
</table>
**SATURDAY, APRIL 25, 2015**

<table>
<thead>
<tr>
<th>Time</th>
<th>Session Description</th>
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</thead>
<tbody>
<tr>
<td>8:45 a.m. – 10:15 a.m.</td>
<td>Paper Session 40: Technology-Based Smoking Cessation Interventions</td>
</tr>
<tr>
<td><strong>Salon C</strong></td>
<td>Admission by name badge</td>
</tr>
<tr>
<td>8:45 a.m. – 9:03 a.m.</td>
<td>Evaluation of a Smoking Cessation Text Message Program with Former and Current Users</td>
</tr>
<tr>
<td>9:03 a.m. – 9:21 a.m.</td>
<td>Using Computational Methods to Assess Interpersonal Interactions in a Smoking Cessation Facebook Community</td>
</tr>
<tr>
<td>9:21 a.m. – 9:39 a.m.</td>
<td>Real-World Engagement with a Text-Message Delivered Smoking Cessation Intervention</td>
</tr>
<tr>
<td>9:39 a.m. – 9:57 a.m.</td>
<td>Collective-Intelligence versus Rule-Based Tailoring: Preliminary Results of an RCT</td>
</tr>
<tr>
<td>9:57 a.m. – 10:15 a.m.</td>
<td>Testing a Context-Aware, Evidence-Based, Just-In-Time Adaptive Intervention for Smoking Cessation</td>
</tr>
<tr>
<td>8:45 a.m. – 10:15 a.m.</td>
<td>Paper Session 41: Health Communication and Information Seeking</td>
</tr>
<tr>
<td><strong>Salon D</strong></td>
<td>Admission by name badge</td>
</tr>
<tr>
<td>8:45 a.m. – 9:03 a.m.</td>
<td>Family Ties: The Role of Family Context on Family Health History Communication about Cancer</td>
</tr>
<tr>
<td>9:03 a.m. – 9:21 a.m.</td>
<td>Disparities in Activation and Use of an Online Patient Portal among Older Adults</td>
</tr>
<tr>
<td>9:21 a.m. – 9:39 a.m.</td>
<td>Surrogate Digital Access: A Family-Systems Investigation of Older Adult Technology Access and Use</td>
</tr>
<tr>
<td>9:39 a.m. – 9:57 a.m.</td>
<td>Seeking Health Information Online among Older Adults from a National Representative Survey HINTS</td>
</tr>
<tr>
<td>9:57 a.m. – 10:15 a.m.</td>
<td>Willingness to Exchange Health Information Using Mobile Phones: A Quantitative Analysis</td>
</tr>
<tr>
<td>8:45 a.m. – 10:15 a.m.</td>
<td>Paper Session 42: Sleep: Outcomes and Processes</td>
</tr>
<tr>
<td><strong>Salon J</strong></td>
<td>Admission by name badge</td>
</tr>
<tr>
<td>8:45 a.m. – 9:03 a.m.</td>
<td>Violence Exposure, Social Cognitive Processing, and Sleep Problems in Urban Adolescents</td>
</tr>
<tr>
<td>9:03 a.m. – 9:21 a.m.</td>
<td>Biological Markers of Improvement in Sleep Quality Following Exercise in Major Depressive Disorder</td>
</tr>
<tr>
<td>9:21 a.m. – 9:39 a.m.</td>
<td>Population Assessment of Sleep Duration, Chronotype, and Body Mass Index</td>
</tr>
<tr>
<td>9:39 a.m. – 9:57 a.m.</td>
<td>Risk for Sleep Apnea and Weight Loss Treatment Outcomes among Adults with Metabolic Syndrome</td>
</tr>
<tr>
<td>9:57 a.m. – 10:15 a.m.</td>
<td>The Influence of Weight Loss on Sleep Improvement in Obese Adults: Results from the Heads Up Study</td>
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<tr>
<td>Time</td>
<td>Session Title</td>
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<tr>
<td>8:45 a.m. – 10:15 a.m.</td>
<td><strong>Paper Session 43: Assessing and Managing Pain</strong></td>
</tr>
<tr>
<td>8:45 a.m. – 9:07 a.m.</td>
<td>Two Phases of Piloting a mHealth Behavioral Intervention for Cancer Pain</td>
</tr>
<tr>
<td>9:07 a.m. – 9:30 a.m.</td>
<td>A Hybrid In-Person and mHealth Pain Coping Skills Intervention for Stem Cell Transplant Patients</td>
</tr>
<tr>
<td>9:30 a.m. – 9:52 a.m.</td>
<td>Relation of Battery for Health Improvement 2 Scores and Spinal Cord Stimulator Surgery</td>
</tr>
<tr>
<td>9:52 a.m. – 10:15 a.m.</td>
<td>Co-Morbid Addiction and Pain: Long-Term, Psycho-Physiological Effects after Opioid Cessation</td>
</tr>
<tr>
<td>8:45 a.m. – 10:15 a.m.</td>
<td><strong>Paper Session 44: Mental Health Interventions</strong></td>
</tr>
<tr>
<td>8:45 a.m. – 9:03 a.m.</td>
<td>Acceptance and Commitment Therapy for Treatment-Refractory Patients with Medical and Psychiatric Conditions</td>
</tr>
<tr>
<td>9:03 a.m. – 9:21 a.m.</td>
<td>Mental Health Recovery in the Patient-Centered Medical Home</td>
</tr>
<tr>
<td>9:21 a.m. – 9:39 a.m.</td>
<td>Online Cognitive Behavioral Therapy is a Novel Approach for Delivering Mental Health Treatment to Minority Populations</td>
</tr>
<tr>
<td>9:39 a.m. – 9:57 a.m.</td>
<td>Depressed and Anxious Primary Care Patients’ Use of an Internet-Delivered Computerized CBT Program</td>
</tr>
<tr>
<td>9:57 a.m. – 10:15 a.m.</td>
<td>Quality of Life Improved in Individuals with Diabetes and Chronic Pain in a CBT-Based Program Delivered By CHWS</td>
</tr>
<tr>
<td>8:45 a.m. – 10:15 a.m.</td>
<td><strong>Paper Session 45: Energy Balance in Diverse Populations</strong></td>
</tr>
<tr>
<td>8:45 a.m. – 9:07 a.m.</td>
<td>Race Moderates the Association between Body Weight and Subjective Health among Mid-Life Adults</td>
</tr>
<tr>
<td>9:07 a.m. – 9:30 a.m.</td>
<td>Risk and Protective Factors for Childhood Obesity in Southeast Asian Communities</td>
</tr>
<tr>
<td>9:30 a.m. – 9:52 a.m.</td>
<td>The Effects of Age and Social Life on Physical Activity in Underserved African American Adults</td>
</tr>
<tr>
<td>9:52 a.m. – 10:15 a.m.</td>
<td>Association of Food Insecurity and Overweight and Obesity across Low-Income Hispanic Subgroups</td>
</tr>
</tbody>
</table>
## Preliminary Program

### SATURDAY, APRIL 25, 2015

#### Paper Session 46: Promoting Physical Activity in Latino Populations with Technology

<table>
<thead>
<tr>
<th>Time</th>
<th>Session Title</th>
<th>Location</th>
<th>Admission</th>
</tr>
</thead>
<tbody>
<tr>
<td>8:45 a.m. – 9:03 a.m.</td>
<td>Using Web-Based Technology to Promote Physical Activity in Latinas in Alabama: Results of a Pilot Study</td>
<td>Conference room 12</td>
<td>Name badge</td>
</tr>
<tr>
<td>9:03 a.m. – 9:21 a.m.</td>
<td>Perceived Behavioral Control and Physical Activity (PA) Influence Mexican Physician PA Prescription</td>
<td></td>
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<tr>
<td>9:21 a.m. – 9:39 a.m.</td>
<td>A Randomized Controlled Trial of an Internet-Delivered Physical Activity Intervention for Latinas</td>
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<tr>
<td>9:39 a.m. – 9:57 a.m.</td>
<td>Health Literacy Moderates Change in Physical Activity among Latinas in a Randomized Trial</td>
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<tr>
<td>9:57 a.m. – 10:15 a.m.</td>
<td>Comparing Eating and Exercise Behaviors in Hispanic/Latino and Non-Hispanic White Women</td>
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</table>

#### Paper Session 47: Distress in Cancer Survivors

<table>
<thead>
<tr>
<th>Time</th>
<th>Session Title</th>
<th>Location</th>
<th>Admission</th>
</tr>
</thead>
<tbody>
<tr>
<td>8:45 a.m. – 9:03 a.m.</td>
<td>Parenting Self-Efficacy and Psychological Distress in Cancer Patients with School-Aged Children</td>
<td>Conference room 17</td>
<td>Name badge</td>
</tr>
<tr>
<td>9:03 a.m. – 9:21 a.m.</td>
<td>Mediating and Moderating Determinants of Health-Related Quality of Life in Breast Cancer Survivors</td>
<td></td>
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</tr>
<tr>
<td>9:21 a.m. – 9:39 a.m.</td>
<td>Cognitive Performance and Impairment Prior to Allogeneic Hematopoietic Cell Transplantation</td>
<td></td>
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</tr>
<tr>
<td>9:39 a.m. – 9:57 a.m.</td>
<td>Psychological Distress in Patients and Caregivers during Radiotherapy for Head and Neck Cancer</td>
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</tr>
<tr>
<td>9:57 a.m. – 10:15 a.m.</td>
<td>Impact of Patient-Physician Communication on Psychological Distress among 5,106 Cancer Patients from a U.S. National Survey</td>
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</tbody>
</table>
SATURDAY, APRIL 25, 2015

8:45 a.m. – 10:15 a.m.  **Paper Session 48: Health Behaviors in Cancer Survivors**

**Conference room 18**
Admission by name badge

8:45 a.m. – 9:03 a.m.  **Social Ecological Correlates of Physical Activity in Kidney Cancer Survivors**

9:03 a.m. – 9:21 a.m.  **Race, Socioeconomic Context, and Post-Treatment Mammography among Breast Cancer Survivors**

9:21 a.m. – 9:39 a.m.  **Persistent Tobacco Use after Lung or Head/Neck Cancer Diagnosis: A Systematic Literature Review**

9:39 a.m. – 9:57 a.m.  **Predictors of Psychological Outcomes in a Longitudinal Study of Hispanic Breast Cancer Survivors**

9:57 a.m. – 10:15 a.m.  **Physician-Lymphoma Survivor Discussions of Health Promotion: A Qualitative Analysis**

10:15 a.m. – 11:15 a.m.  **Poster Session D**

**Salon GHI**
Admission by name badge

Stop by the final poster session of the 2015 Annual Meeting.

10:30 a.m. – 11:15 a.m.  **Master Lecture: The Role of Big Data in Population Health**

**Salon AB**
Admission by name badge

**Presenter:** Bradford W. Hesse, PhD, National Cancer Institute, Bethesda, MD

A core component of the nation’s vision for a National Health Information Infrastructure as articulated in 2001 was data: data for personal decision making by patients, data for clinical decision making in health care, and data for situational awareness in the sphere of public health. How to bring these data streams together in a way that avoids confusion, but enables action, is the question. This talk will review a decade’s worth of work by the Department of Health and Human Services to capitalize on interoperable data streams in public health, medicine, and health care. More importantly, the presentation will build on an emerging evidence base from the behavioral research community in health communication and informatics —coupled with a market explosion in connected health technologies (mobile devices, wearable sensors, cloud computing)—to lay the foundation for behavioral medicine as a central pillar of the digital health revolution in the years to come. Dr. Hesse is chief of the National Cancer Institute’s Health Communication and Informatics Research Branch.

10:30 a.m. – 11:15 a.m.  **Master Lecture**

**Salon KL**
Admission by name badge

**Presenter:** Trissa L. Torres, MD, MSPH, Institute for Healthcare Improvement, Cambridge, MA

Torres is senior vice president of the Continuum Portfolio at the Institute for Healthcare Improvement.
SATURDAY, APRIL 25, 2015

11:30 a.m. – 12:30 p.m.  **Closing Keynote Panel: Scaling Up: Local, Regional, and National Solutions for the Problem of Obesity**

*Salon EF*
*Admission by name badge*

**Moderator:** Amelie G. Ramirez, DrPH, University of Texas Health Science Center at San Antonio, San Antonio, TX

Within the realm of obesity prevention there is a continued need for recognizing and disseminating successful community-based programs as a means of contributing to the larger evidence-base. This session brings together a panel of experts from the South Texas region that have developed and implemented innovative obesity prevention strategies within the communities they serve. Panelists represent a worksite wellness program, a large grocery store chain, and a food bank, and each panelist will discuss the strategies that have worked for them as well as the ways they have collaborated across disciplines to make their programs a success. Following the panelist presentations, the panel moderator, a leader within the field with extensive experience working in Texas as well as at the American Heart Association, will examine how local and regional strategies can be applied at the national level.
EXHIBITORS
A portion of the poster hall will feature booths of companies, institutions, and organizations demonstrating their products and services of relevance and interest to conference attendees. Please check the Final Program for a complete list of the 2015 Annual Meeting exhibitors.

BOOK EXHIBIT AND PUBLICATIONS MART
SBM staff is pleased to announce the return of the book exhibit and publications mart at the SBM resource booth in the poster hall. SBM has invited various publishers to display and sell books/publications on a variety of topics of interest to Annual Meeting attendees. Stop by the SBM resource booth to see what other SBM members are publishing!

SBM RESOURCE BOOTH
Make sure to stop by the SBM resource booth. The SBM resource booth will feature informational pieces regarding SBM and its policy briefs, along with the book exhibit and publications mart.

JOB OPENINGS BOARD
A self-service job openings board is available onsite at the SBM Annual Meeting near the registration desk for meeting attendees to self-post position openings on behalf of an institution. Instructions for formatting a posting are as follows:

1. All position announcements should be prepared on an 8.5-x-11-in. sheet of institutional letterhead.
2. Each announcement should indicate the duties and requirements of the position, geographical and departmental location, expected salary, start date, and instructions for completion and submission of resumes/applications.

Attendees planning to post a job opening on site are advised to bring multiple copies as SBM cannot be responsible for removal of notices by other meeting attendees. All posting is self-service and a benefit of attending the SBM Annual Meeting.

AWARDS
SBM President Lisa Klesges will announce the winners of the 2015 SBM Achievement Awards. Awards include the Distinguished Scientist Award, Alere Research to Practice Award, Jessie Gruman Award for Health Engagement, Early Career Investigator Award, Outstanding Dissertation Award, Distinguished Student Awards, Distinguished Mentor Awards, and Excellence in Behavioral Medicine Training Program Award.

Citation Awards and Meritorious Student Awards are also given at the Annual Meeting. Citation Awards are given for paper and poster submissions judged by the Program Committee to be especially original and significant. Meritorious Student Awards are given for posters and papers submitted by students and judged by the Program Committee to contain research of the highest caliber.

BUSINESS MEETING
On Saturday, April 25, 2015, at 7:30 a.m., SBM President Lisa Klesges will convene the annual business meeting. SBM leaders will report on the state of the organization including its finances and membership. Any potential SBM Bylaws changes will be voted on. Results of the election for three SBM Board positions—president-elect, secretary/treasurer, and member delegate—will be announced, and the president-elect will then commence his or her presidential term.

POSTER MENTORING PROGRAM
SBM fellows kindly volunteer their time and expertise to provide feedback on students’ poster presentations during SBM poster sessions. Students interested in having their oral poster presentation critiqued in person by an SBM fellow should indicate their interest when submitting their abstract on the abstract submission website. A number of students will be randomly selected to participate in the program and will be notified prior to the meeting of their selection. Fellows will be assigned to the selected students according to shared behavioral medicine interests. During the conference, fellows will listen to the oral poster presentations of their assigned students and offer helpful feedback and suggestions.

VOLUNTEERING
SBM student/trainee and transitional members can apply to volunteer during the meeting for a reimbursed registration. Slots are limited and offered on a first-come, first-served basis. The call for volunteers is typically released in January, so check the 2015 Annual Meeting website frequently to look for application instructions. Volunteers help check in attendees at the registration desk, guide attendees to the correct rooms, and help SBM staff with other miscellaneous activities. SBM volunteers can be identified by a brightly-colored volunteer ribbon on their name badges.
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Nominating chair
Lila J. Finney Rutten, PhD, MPH
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Kate Wolin, ScD
Program co-chair

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Annals of Behavioral Medicine
Bonnie Spring, PhD, ABPP
Translational Behavioral Medicine: Practice, Policy, Research
William J. Sieber, PhD
Outlook
Rajani S. Sadasivam, PhD
Website

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Amy L. Yaroch, PhD

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Adherence
Christina R. Studts, PhD
Behavioral medicine in clinical and medical settings
Heather S. Jim, PhD
Biological mechanisms in health and behavior change
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Rebecca E. Lee, PhD
Environmental and contextual factors in health and behavior change co-chair
Julie A. Wright, PhD
Health communication and technology
Marc T. Kiviniemi, PhD
Health decision making
Heather Patrick, PhD
Health promotion
Gregory J. Norman, PhD
Measurement and methods
Mira L. Katz, PhD, MPH
Population health, policy, and advocacy
Suzanne C. O’Neill, PhD
Psychological and person factors in health and behavior change co-chair
Jessica A. Whiteley, PhD
Psychological and person factors in health and behavior change co-chair
Kevin D. Stein, PhD
Quality of life
Mathew J. Gregoski, PhD
Rapid communications
Kristi D. Graves, PhD
Rapid communications
Jamilia R. Sly, PhD
Racial, ethnic, and cultural factors in health co-chair
Clement K. Gwede, PhD, MPH, RN
Racial, ethnic, and cultural factors in health co-chair
Cynthia M. Castro, PhD
Translation of research to practice

PAST PRESIDENTS
1979-80 W. Stewart Agras, MD
1980-81 Joseph V. Brady, PhD
1981-82 Gene G. Abel, MD
1982-83 Michael F. Cataldo, PhD
1983-84 Redford B. Williams, Jr., MD
1984-85 Stephen M. Weiss, PhD
1985-86 Herbert Benson, MD
1986-87 Michael J. Follick, PhD
1987-88 Evan G. Pattishall, Jr., MD, PhD
1988-89 Kelly D. Brownell, PhD
1989-90 Albert Stunkard, MD
1990-91 Judith Rodin, PhD
1991-92 John W. Farquhar, MD
1992-93 Rena R. Wing, PhD
1993-94 Jacqueline Dunbar-Jacob, PhD, RN
1994-95 Richard S. Surwit, PhD
1995-96 C. Barr Taylor, MD
1996-97 Robert M. Kaplan, PhD
1997-98 Thomas G. Pickering, MD, DPhil
1998-99 Norman B. Anderson, PhD
1999-2000 Joel E. Dimsdale, MD
2000-01 C. Tracy Orleans, PhD
2001-02 Michael G. Goldstein, MD
2002-03 David B. Abrams, PhD
2003-04 Linda C. Baumann, PhD, RN, FAAN
2004-05 Judith K. Ockene, PhD, Med
2005-06 Laura L. Hayman, RN, PhD, FAAN
2006-07 Edwin B. Fisher, PhD
2007-08 Peter G. Kaufmann, PhD
2008-09 Bonnie Spring, PhD, ABPP
2009-10 Francis J. Keeffe, PhD
2010-11 Karen M. Emmons, PhD
2011-12 Abby C. King, PhD
2012-13 Alan J. Christensen, PhD
2013-14 Dawn K. Wilson, PhD

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SBM INFORMATION

SPECIAL INTEREST GROUPS (SIGs)
SBM offers 21 different special interest groups (SIGs) to its members. Each SIG has a unique listserv email recipient list, facilitating critical networking among colleagues with similar behavioral medicine interests.

Membership in one or more SIGs is a benefit available to all SBM members. To join a SIG log into www.sbm.org and update your member profile. Not an SMB member? Join today at www.sbm.org/membership and sign up for one or more SIGs!

Aging
Co-Chair: Sara Folta, PhD, sara.folta@tufts.edu
Co-Chair: Neha P. Gothe, PhD, nehagothe@gmail.com

The Aging SIG focuses on addressing the special issues of behavior change among older adults, with a particular focus on the influence of cultural, environment, and policy. There is a tendency to focus behavior change issues and challenges on the children and adults who are assumed to be those who will reap the greatest long-term benefit from changes. Older adults, particularly those with chronic health problems, can likewise gain a significant benefit from behavior change particularly with regard to quality of life issues. The Aging SIG has identified a need and interest in exploring ways that older adults, particularly those with chronic illnesses, can alter their behavior to promote health and quality of life.

Cancer
Chair: Kristi D. Graves, PhD, kdg9@georgetown.edu

The Cancer SIG fosters high-quality collaborative research, enhances the professional development of its members, and works with other professional organizations involved in cancer prevention and control research. The goal is to advance and disseminate knowledge across the breadth of cancer control, ranging from cancer prevention to end of life care, including all ages, racial and ethnic groups, and socioeconomic strata.

Child and Family Health
Chair: Bernard Fuemmeler, PhD, MPH, bernard.fuemmeler@duke.edu

The Child and Family Health SIG is an interdisciplinary forum for SBM members concerned with the health and well-being of children, adolescents, and families. Members of this SIG have interest in bridging biological, cognitive, emotional, behavioral, and social functioning of children and adolescents with a focus on understanding contextual, social ecological influences on child health and development. This SIG aims to advance and disseminate knowledge, foster professional networks to produce high-quality collaborative research, and ultimately enhance the health and well-being of children, adolescents, and families.

Complementary and Integrative Medicine
Chair: Laura A. Young, MD, PhD, laura_young@med.unc.edu
According to the National Center on Complementary and Alternative Medicine of the National Institutes of Health, complementary and alternative medicine (CAM) refers to a broad range of healing approaches that mainstream Western medicine does not commonly use, accept, study, understand, or make available. This SIG provides a forum for discussion of CAM as it relates to behavioral medicine, with a particular emphasis on the integrative nature of such modalities, by themselves and in conjunction with other modalities of biopsychosocial care.

Diabetes
Chair: Caroline Richardson, MD, caroli@umich.edu
Co-Chair: Erin A. Olson, olson29@illinois.edu

The Diabetes SIG is a forum for SBM members with an interest in the advancement of behavioral and psychological research in diabetes. SIG goals are to (1) increase the presence of high-quality behavioral medicine research in diabetes at the SBM Annual Meeting; (2) encourage interdisciplinary collaboration among researchers, clinicians, educators, and public health advocates that emphasizes the importance of the prevention and treatment of diabetes; and (3) support professional networking and the training of young investigators and students interested in diabetes research.

Ethnic Minority and Multicultural Health
Chair: Jamilia R. Sly, PhD, jamilia.sly@mssm.edu
Co-Chair: Clement K. Gwede, PhD, MPH, RN, clement.gwede@moffitt.org

The Ethnic Minority and Multicultural Health SIG concerns itself with advancing the field of ethnic minority and multicultural health through education and training; networking; mentorship of ethnic minorities and non-minorities; and conducting research in ethnicity, culture, and health. Members of this SIG also aim to increase the involvement of ethnic minorities in SBM councils, committees, and the peer-review process.
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Evidence-Based Behavioral Medicine
Co-Chair: E. Amy Janke, PhD, e.janke@usciences.edu
Co-Chair: Joanna Buscemi, PhD, joanna.buscemi@gmail.com

Evidence-based medicine has recently come to the forefront as an approach by which to evaluate and practice medicine. Evidence-based behavioral medicine is a relatively young field that has similar purposes. Researchers, clinicians, students, and policymakers may all wish to become better acquainted with the history, principles, and future directions of this field.

Health Decision Making
Chair: Christine M. Rini, PhD, christine.rini@unc.edu
Co-Chair: Erika Waters, PhD, MPH, waterse@wudosis.wustl.edu

The Health Decision Making (HDM) SIG provides a forum within SBM to advance the theory, science, and practice of health decision making, particularly as applied in behavioral medicine. The HDM SIG has a special interest in understanding informed decision making by population members and patients, shared decision making between patients and health professionals, and clinical decision making by health professionals. The HDM SIG is the point of contact for liaisons between SBM and other organizations relevant to health decision making such as the Society of Medical Decision Making and the Society for Judgment and Decision Making.

Integrated Primary Care
Co-Chair: Mark E. Vogel, PhD, vogel1@msu.edu
Co-Chair: James E. Aikens, PhD, aikens@umich.edu

The Integrated Primary Care SIG is devoted to promoting and enhancing the delivery of evidence-based behavioral health care in primary care settings. The SIG provides a forum for the exchange of information and the fostering of relationships between behavioral health and medical professionals in order to (1) facilitate the integration of behavioral health professionals and biopsychosocial interventions into primary care settings; (2) advance research of behavioral health interventions in primary care; (3) support the training of students pursuing integrated primary care; and (4) inform the development of policies that impact behavioral health care in primary care settings.

Military and Veterans’ Health
Co-Chair: David E. Goodrich, EdD, MS, MA, david.goodrich@va.gov
Co-Chair: Emily Grieser, PhD, emily.grieser@gmail.com
Communications officer: Katherine Hall, PhD, katherine.hall@duke.edu

The Military and Veterans’ Health SIG is an interdisciplinary group of researchers, clinicians, and educators who are committed to promoting research, prevention, clinical assessment and intervention, policy development, education, training, and mentoring in military and veterans’ health. The SIG invites those who have an interest in promoting health within the unique healthcare systems of the U.S. departments of Defense and Veterans Affairs, as well as those interested in improving health outcomes in active duty service members and veterans from around the globe.

Multi-Morbidities
Chair: Jerry M. Suls, PhD, jerry-suls@uiowa.edu

The dominant tendency in behavioral medicine has been to focus on one physical condition at a time; however, having two or more physical diseases (multi-morbidities)—or being at risk for other diseases by having an index condition—is common, especially among older adults. Multi-morbid conditions often have common risk factors and pathogenesis, and are the targets of similar behavioral interventions. The SIG affords the opportunity to consider health promotion, treatment, and common biological mechanisms for translational research across disease silos.

Multiple Health Behavior Change
Chair: Marcella H. Boynton, PhD, mhb23@unc.edu
Co-Chair: Lori A. J. Scott-Sheldon, PhD, lori_scott-sheldon@brown.edu

The Multiple Health Behavior Change SIG aims to contribute to the development of a science of multiple behavior change for health promotion and disease management. Intervening on multiple health behaviors presents a unique set of challenges. This group addresses theoretical, methodological, interventional, statistical, and funding issues related to targeting multiple health behaviors for change. Relevant targeted behaviors include but are not limited to: tobacco and other drug use, physical activity, nutrition, HIV-risk behaviors, sun exposure, and stress.
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Obesity and Eating Disorders
Co-Chair: Amy A. Gorin, PhD, amy.gorin@uconn.edu
Co-Chair: Stephanie L. Fitzpatrick, PhD, fitzpatrickorama@gmail.com
The purpose of the Obesity and Eating Disorders (OED) SIG is to provide networking, mentorship, and scientific training to those interested in obesity, eating disorders, and weight-related pathology. Members of the OED SIG also aim to advance the field of obesity and eating disorders through the scholarly pursuit of scientific research, with a special emphasis on submitting federal and private foundation grants. Members of this SIG will also receive guidance on how to develop an academic career in obesity and eating disorders.

Pain
Chair: Lara K. Dhingra, PhD, ldhingra@chpnet.org
Millions of people suffer from painful conditions with wide-ranging physical, psychological, social, and economic consequences. Alleviation of these often devastating consequences requires continuing research and development efforts from the biological, psychological, and social sciences. The goal of the Pain SIG is to advance the understanding of pain and its treatment, according to a biopsychosocial framework. This will be accomplished through (1) increasing interdisciplinary communication; (2) promoting research; (3) providing education and training for both researchers and clinicians; (4) mentoring students and young professionals; and (5) providing a forum for collaboration between interested individuals and groups.

Physical Activity
Chair: David Williams, PhD, david_m_williams@brown.edu
Co-Chair: Beth A. Lewis, PhD. bblewis@umn.edu
The aims of the Physical Activity SIG are to (1) update SBM members on the latest developments and initiatives of relevance to the physical activity field; (2) provide a format for both formal and informal networking among SBM members with physical activity interests; and (3) serve as a forum for advancing the behavioral physical activity field, through developing submissions for the SBM conference, providing an avenue for mentoring junior investigators with physical activity interests, and identifying appropriate individuals interested in serving as reviewers for relevant scientific journals, NIH study sections, and SBM program submissions.

Population Health Sciences
Chair: Lila J. Finney Rutten, PhD, MPH, rutten.lila@mayo.edu
Co-Chair: Jennifer L. St. Sauver, PhD, MPH, stsauver.jennifer@mayo.edu
The Population Health Sciences SIG provides a forum for behavioral researchers interested in or engaged in research focused on multiple determinants of health with an emphasis on social, environmental, and organizational influences on health and health-related behavior. Broad areas of research may include but are not limited to the following: translational research focused on developing real-world solutions and policies to improve population health; research focused on informing public health efforts with behavioral science; and secondary analysis of public data resources to examine trends in population health by geographic regions, population subgroups, and socio-environmental factors.

Spirituality and Health
Co-Chair: John M. Salsman, PhD, j-salsman@northwestern.edu
Co-Chair: Andrea D. Clements, PhD, clements@etsu.edu
Until recently the possible links of spiritual and religious factors to health were essentially ignored or unstudied. Empirical studies in the past two decades however have demonstrated significant associations of selected spiritual and religious factors with important health and disease outcomes. The Spirituality and Health SIG seeks to encourage and support well-designed empirical research that sheds clarifying light on what processes are at work. Research can more clearly identify and clarify in what ways spiritual and religious factors may influence health, positively or negatively. Findings can also impact ways to make professional health care practices more effective. Of particular concern is the need to provide up-to-date, accurate information and training, since few professional training programs in health offer adequate preparation on spiritual matters.

Student
Chair: Danielle E. Schoffman, schoffmd@email.sc.edu
The purposes of the Student SIG are to provide a home for student SBM members where their unique needs and concerns can be discussed and addressed, and to facilitate students’ professional development. Additional goals of the Student SIG include promotion of student-oriented programs, activities, and opportunities within SBM;
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collaboration between students and among students and professionals; and discussion of important topics within the field of behavioral medicine. All student members are encouraged to join and to like the SIG on Facebook by visiting www.facebook.com/sbmstudentsig.

Technology
Chair: Eric Hekler, PhD, ehekler@asu.edu
Co-Chair: David K. Ahern, PhD, dahern@partners.org

The Technology SIG is designed as a forum for members of SBM with an interest in the impact of information and communication technology on health behavior outcomes and processes. SIG interests incorporate the study of the use of technology by patients and health care providers as well as the design, implementation, and evaluation of behavior change interventions delivered through advanced technologies. The goal is to promote the appropriate use of technologies to improve health and health care.

Theories and Techniques of Behavior Change Interventions
Chair: Susan Michie, DPhil, CPsychol, FBPS, AcSS, s.michie@ucl.ac.uk
Co-Chair: Arlen C. Moller, PhD, amoller@iit.edu
Junior co-chair: Gina Merchant, gmerchant@ucsd.edu
Junior co-chair: Heather L. Gainforth, PhD, h.gainforth@ucl.ac.uk

The Theories and Techniques of Behavior Change Interventions SIG is an interdisciplinary group of researchers, clinicians, and educators who are committed to developing methods to improve the design and evaluation of interventions aimed at changing preventive, illness-related and health professional behaviors. To date, there has been no shared language for describing the content, especially the “active ingredients,” of behavior change interventions; by contrast, biomedical interventions are precisely specified. There is also increasing recognition of the importance of developing theory-based interventions. The SIG will allow exchange of ideas and will foster collaboration with the aim of developing methods for specifying intervention content, evaluating the theory base of interventions, and linking behavior change techniques to theory.

Women’s Health
Co-Chair: Jennifer L. Huberty, PhD, jhuberty@asu.edu
Co-Chair: Sara Kornfield, PhD, sara.kornfield@gmail.com

The Women’s Health SIG is an interdisciplinary group of researchers, clinicians, educators, and public health advocates committed to promoting research, clinical and community interventions, and policy as well as education, training, and mentoring in women’s health. The SIG is also dedicated to supporting the professional advancement of women and women’s issues in behavioral medicine. Connect with SIG members by visiting www.facebook.com/womenshealthsig.

CONTACT INFORMATION
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FUTURE ANNUAL MEETINGS
37th Annual Meeting & Scientific Sessions
March 30 to April 2, 2016
Washington Hilton
Washington, DC

38th Annual Meeting & Scientific Sessions
March 29 to April 1, 2017
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