Better Health Through Behavior Change

33RD ANNUAL MEETING & SCIENTIFIC SESSIONS Engaging New Partners & Perspectives

New Orleans

APRIL 11 - 14, 2012 HILTON NEW ORLEANS RIVERSIDE

FINAL PROGRAM

www.sbm.org/meetings/2012

Better Health Through Behavior Change

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MARCH 20-23, 2013 * 34TH ANNUAL MEETING & SCIENTIFIC SESSIONS * HILTON UNION SQUARE



SOCIETY of BEHAVIORAL MEDICINE Better Health Through Behavior Change

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Better Health Through Behavior Change

Dear SBM Members, Conference Attendees, and Colleagues,

Welcome to New Orleans and the Society of Behavioral Medicine's 33rd Annual Meeting and Scientific Sessions. The Program Committee welcomes you and hopes that you enjoy the meeting as well as the incredible music, food and culture of New Orleans. With this year's theme, "Engaging New Partners and Perspectives," SBM President Abby King, PhD, and the Program Committee encourage you to seek opportunities to meet new colleagues from different disciplines, consider opportunities to collaborate with new community partners, and contemplate the implications of your work for policy and dissemination beyond our field. We hope that the meeting will assist in this process, and we are glad you are here to contribute your new perspectives to the meeting and SBM.

Building on the tremendous success of the 2011 meeting, we are very proud to note that we have again set a new record for the number of abstract submissions, indicating an ongoing sense of enthusiasm and growth in our field. In developing the meeting program, we have focused on several key areas that represent continued opportunities for growth and integration with other disciplines and contexts to promote health and well-being. Our featured presentations will link our overarching focus on engagement with thematic areas including genetics, genomics and behavioral medicine, obesity, cardiovascular health, innovative research partnerships, intervention dissemination and implementation, health policy, health information/communication technology, and mentoring/career development.

We are thrilled that John P.A. loannidis, MD, DsC, Director of the Stanford Prevention Research Center will present our Opening Keynote Address and discuss perspectives regarding the transition from treatment-oriented medicine to predictive-preventive medicine, including methodological challenges and clinical implications of this transition. In our first Thursday Master Lecture, Kathryn Schmitz, PhD, MPH, FACSM of the University of Pennsylvania Perelman School of Medicine will address dissemination of evidence-based exercise programs into cancer care. Thursday's second Master Lecture will feature Steven H. Woolf, MD, MPH, Director of the Center on Human Needs at Virginia Commonwealth University. Dr. Woolf will discuss citizen-centered health promotion as a broad model of community-wide collaboration to foster healthy behaviors.

Society of Behavioral Medicine President Abby King, PhD, will deliver her Presidential Keynote Address on Thursday evening. Dr. King is Professor of Health Research, Policy and Medicine at the Stanford University Medial School, and her address will examine the gaps between behavioral medicine's scientific contributions to prevention and control of illness, uptake of healthy behavior change, and adoption of health-promoting lifestyles. Dr. King will consider the need to develop new tools and language to communicate our evidence to individuals, organizations, and communities in a way that compels meaningful change and moves behavioral medicine evidence into the American mainstream.

On Friday morning, Janet L. Collins, PhD, Associate Director for Program at the Centers for Disease Control and Prevention will present her Keynote Address. Dr. Collins will describe initiatives at the CDC to foster data-driven efforts to transform public health by describing several examples of scaling interventions to achieve measurable health improvements. This year's Distinguished Scientist Master Lecture entitled, "Integrative Medicine: Fraud or Frontier and Why Behavioral Medicine May Care" will be delivered by Margaret A. Chesney, PhD, Distinguished Professor of Medicine and Director of the Osher Center for Integrative Medicine at the University of California, San Francisco. Also on Friday afternoon, Jeffrey N. Keller, PhD, the Hibernia National Bank/Edward G. Schlieder Professor and Director of the Institute for Dementia Research and Prevention at the Pennington Biomedical Research Center will deliver a Master Lecture addressing relationships between physical activity, cognition, and the development of dementia.

The President's Keynote Panel on Obesity, a special addition to this year's meeting, will be held on Friday evening and will feature Russell Glasgow, PhD, Thomas N. Robinson, MD, MPH, Deborah Tate, PhD, and Shiriki Kumanyika, PhD, MPH. The session will address a range of engaging and innovative ideas for obesity prevention and treatment, including clinic-based stealth interventions, technology-driven interventions, as well as policy-level interventions designed to reduce obesity and improve health. In addition to panelist presentations, Dr. Glasgow will lead an extended question and answer session with attendees with the goal of exploring future directions in obesity prevention and treatment.

On Saturday morning, Dr. Kate Lorig, Professor Emeritus in the Department of Medicine at Stanford University School of Medicine will deliver her policy-oriented Master Lecture. Dr. Lorig will address the role of policy, financing, and other key ingredients in scaling interventions for broad implementation. Also on Saturday morning, Kevin Patrick, MD, MS, Professor of Family and Preventive Medicine and Director of the Center for Wireless and Population Health Systems at the University of California, San Diego will deliver a technology-focused Master Lecture. Dr. Patrick will highlight the importance of collaborating with engineers in the process of developing behavior change interventions that maximize the impact of available mobile, sensing, and networking technologies.



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In the place of the usual Closing Keynote Address, this year the Program Committee has organized two Keynote Career Development Panels to be held on Saturday. Members of the first panel, Drs. Tracy Orleans, Lisa Klesges, Judith Ockene, Gary Bennett, and James Sallis, will address a range of topics related to career trajectories in their program entitled, "Two Roads Diverged in a Yellow Wood....": Roadmaps, Strategies, and Dialogue for Achieving your Behavioral Medicine Career Goals." In the second panel, Drs. Margaret Schneider, Bonnie Spring, Robin Mermelstein, and Robert Croyle will address career issues related to team science and interdisciplinary research. In addition to panelist comments, both of the program offerings seek to engage attendees in an active dialogue to highlight challenges as well as potential solutions to a range of career development issues.

In addition to the program offerings on Thursday through Saturday, we will again benefit from the efforts of our colleagues at the National Institutes of Health who have prepared an outstanding Tuesday pre-conference session, "Innovations in Translational Behavioral Science: New Concepts, Study Designs and Implementation Strategies." Drs. Susan Czajkowski and Christine Hunter have organized a talented group of investigators to address important issues in the design, implementation and analysis of early phase trials. This session will be complemented by a healthy array of workshops, seminars, and SIG course offerings on Wednesday that are designed to help attendees develop new clinical and research skills.

Building on the meeting theme and special content areas, there are a number of exciting Featured Symposia. The Featured Symposium on Thursday morning will address policy-related efforts involving "Identifying, Assessing, and Acting Upon, Common Behavioral and Psychosocial Data Elements within Electronic Health Records." On Thursday afternoon, the Featured Symposium "Genetics, Genomics and Behavioral Medicine Interventions: Partnerships and Perspectives to Improve Transdisciplinary Intervention Research," will address innovative genetic and genomic parameters in the evaluation of interventions. The Friday morning Featured Symposium, "Uncovering Hidden Health Behaviors of the Mouth: How Oral Health is Relevant to Behavioral Medicine Research" highlights potential opportunities for interdisciplinary collaboration with dental care providers and researchers. Finally, our Friday afternoon Featured Symposium sponsored by the American Cancer Society, "Evidence Based Solutions in Health Equity: Research and Policy Implications" will focus its attention on interventions to reduce cancer disparities.

As is SBM custom, the Program Committee has organized paper and poster sessions that highlight the research efforts of our members, including a number of abstracts that have received meritorious recognition and citation awards. Please congratulate the award winners and engage all of our presenters in discussing their research efforts.

In addition to the integration of several panel sessions into this year's program, student members have had the opportunity to apply to participate in a new mentored poster program. A select group of students will have the opportunity to discuss their poster with a senior SBM member. Many thanks to our SBM Fellows and senior members who have volunteered to participate in this exciting new program. Also, as you stroll through the poster sessions, please take note of the poster format that will be used for the meeting next year in San Francisco. Due to space constraints, SBM will use vertical posters in 2013. Stay tuned for more information and check out examples in the poster hall during each session.

The Program Committee would like to acknowledge the efforts of the Local Arrangements Committee and thank them for doing such an outstanding job of providing a wealth of information about the New Orleans Community, organizing several traditional SBM activities (e.g., morning yoga), and preparing a few surprises. Dr. Sean Ransom and his committee have done a great job of highlighting the wide array of activities available in New Orleans. At the end of the day, we hope that you have the opportunity to enjoy the best that New Orleans has to offer and after the meeting, consider partaking in the French Quarter Festival, a celebration of music, food, and culture of New Orleans.

On behalf of the Program Committee, we appreciate your decision to attend this year's Annual Meeting. We hope you enjoy the meeting and the best of New Orleans' cuisine and activities. Hope to see you again next year in San Francisco!



Jamie L. Studts, PhD 2012 Program Chair



Margaret L. Schneider, PhD 2011 Program Co-Chair

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Content Area Finder

Refer to Table of Contents on Page 5 for Day, Time and Location

Content Area	Pre- Conference Courses (PC)	Panel Discussions (PD)	Paper Sessions (P)	Seminars (S)	Symposia (SY)	Master Lectures (ML)	Keynote Addresses (KA)	Featured Sessions (F)
Adherence		PD8	P5; P6; P17; P28		SY34			
Aging			P36		SY8	ML4		
Behavioral Medicine in Medical Settings			P12; P21; P22; P36	S2	SY2; SY20; SY34	ML2	KA1	
Biological Mechanisms in Health and Behavior Change			P17; P18; P20; P31	S5	SY14			F3; F4
Cancer	PC5	PD4; PD7	P1; P7; P8; P11; P12; P19; P25; P28: P32: P33		SY1; SY2; SY10; SY11; SY19; SY20; SY28; SY29	ML1		F5
Cardiovascular			P18; P22; P36		SY36			
Children and Family Health		PD2	P2; P6; P9; P12; P16; P20; P32		SY3; SY13; SY32			
Complementary and Integrative Medicine/ Spirituality			P3; P21; P34	S3; S5	SY11	ML3		
Decision Making		PD9	P8; P19; P22; P28	S2	SY4; SY19; SY35			
Diabetes	PC6		P6; P17; P24	S8	SY16; SY24			
Diversity Issues	PC1	PD1; PD3; PD6	P5; P15; P16; P19; P30	S11	SY33			F5
Education, Training and/or Career Development	PC2; PC4	PD3; PD5; PD10		S1; S2; S13			KA5; KA6	
Environmental and Contextual Factors in Health and Behavior Change		PD6	P2; P9; P15; P19	S4	SY7; SY12; SY13; SY18; SY28; SY30			
Health Communication and Technology		PD9	P10; P11; P12; P37	S10	SY4; SY10; SY17; SY18; SY22; SY26	ML6	KA2	
HIV/AIDS			P5; P16; P23; P30		SY7			
Methods	PC3; PC6	PD1; PD4		S4; S7; S9; S10; S12	SY3; SY5; SY6; SY17; SY22			
Mental Health			P18	S13	SY1; SY36			
Nutrition		PD2	P9					
Obesity	PC1; PC5	PD2; PD6	P2; P3; P9; P13; P26; P29	S3	SY2; SY3; SY12; SY14; SY21; SY22; SY30		KA4	F3
Occupational Health								
Pain			P21; P31		SY1; SY9; SY33			F4
Physical Activity		PD6	P4; P14; P15; P27; P35	S4	SY8; SY12; SY13; SY15; SY22; SY23; SY27; SY31; SY36	ML1; ML4		F3
Policy and Public Health		PD2	P9; P29; P37	S6	SY13	ML2; ML5	KA2; KA3	F2
Pregnancy					SY15			
Prevention			P4; P16; P32		SY2; SY3; SY4; SY12; SY16; SY19; SY29; SY32; SY36		KA1; KA3	
Sexual Behaviors			P23					
Smoking/Tobacco			P20		SY27			
Stress		PD4	P3; P24; P36	S5				
Substance Abuse			P37		SY4; SY32			
Theories	PC3				SY25; SY27			
Translation of Research to Practice			P16; P29; P30	S8	SY3; SY8; SY23; SY24; SY25; SY28; SY30	ML1		F1



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Pre-Conference Courses	PC6	
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eatured Symposium	F2	
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Keynote Address	KA1	
John P.A. Ioannidis, MD, DSc		
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Master Lectures		
Kathryn Schmitz, PhD, MPH, FACSI	M	
	ML2	
eatured Symposium	F3	
	SY10 - SY18	
Paper Sessions	P1-P9	
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Abby C. King, PhD		
, ,		
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eatured Symposium	F4	
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<u> </u>		
Kevin Patrick, MD, MS		
Kevin Patrick, MD, MS	P20 - P37	68-82
Kevin Patrick, MD, MS		68-82

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SBM National Office

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Fax: (414) 276-3349 Email: info@sbm.org Website: www.sbm.org

Scientific Program

All scientific sessions will take place at the:

Hilton New Orleans Riverside

Two Poydras Street

New Orleans, Louisiana, 70130 Telephone: (504) 561-0500

Fax: (504) 568-1721

Conference Hotel

The Hilton New Orleans Riverside will serve as the main hotel for 33rd Annual Meeting & Scientific Sessions attendees. To reserve a room electronically visit www.sbm.org and click on the *Housing and Transportation* link. To reserve a room by phone, call 1-800-445-8667; to ensure you receive the conference room rate ask for a room in the SBM 2012 Annual Meeting & Scientific Sessions room block held April 11-14, 2012.

Conference Hotel Rate

\$194.00 Single or Double plus 13% and \$3.00 for state and local taxes and fees.

Onsite Registration Hours

Wednesday, April 11, 2012 7:00 am - 7:00 pmThursday, April 12, 2012 7:00 am - 7:00 pmFriday, April 13, 2012 7:00 am - 7:00 pmSaturday, April 14, 2012 7:00 am - 11:00 amOnline registration can be found at www.sbm.org.

Registration Fees

The base Annual Meeting registration fee includes admittance to all educational sessions that do not require a ticket.

	Early-Bird Fees (Before March 15, 2012)	Regular Fees (On or after March 15, 2012)
SBM Members		
Full/Associate/ Emeritus	\$325	\$375
Transitional	\$270	\$320
Student/Trainee	\$140	\$190
Non-Members		
Non-Member	\$625	\$675
Non-Member Student/Trainee	\$317	\$367
One-Day		
One-Day Registration	\$298	\$348



Renew Your Membership or Join SBM Now at www.sbm.org

Attend the Annual Meeting as a member and enjoy:

Money savings:

Student/Trainee SBM members pay a \$140 registration fee saving \$80 compared to non members! Transitional SBM members pay a \$270 registration fee saving \$145 compared to non members!

Student/Trainee SBM membership	\$ 97
Student/Trainee SBM Annual Meeting early bird registration fee	\$140
Total	\$237

Compared to: Non Student/Trainee member early bird registration fee \$317 = \$80 savings

Transitional SBM membership	\$210
Transitional SBM Annual Meeting early bird registration fee	\$270
Total	\$480

Compared to: Non-Member registration fee \$625 = \$145 savings

Compared to Non-Members, Full and Associate SBM members attending the Annual Meeting also pay less in registration fees PLUS enjoy...

Member benefits, including:

- Subscription to SBM's two journals: Annals of Behavioral Medicine and Translational Behavioral Medicine: Practice, Policy, Research
- Electronic access to three additional behavioral medicine journals: Journal of Behavioral Medicine, International Journal of Behavioral Medicine, and Journal of Behavioral Health Services and Research
- Membership in the International Society of Behavioral Medicine (ISBM)
- Eligibility to receive SBM Research Achievement Awards
- Opportunity to join Special Interest Groups and listservs allowing you to network with others in your areas of interest
- Access to SBM's Expert Consultation Service
- Online access to the "Members Only" section of the SBM website, www.sbm.org, including the searchable membership directory
- 25% discount on all books published by Springer

Membership renewal forms can be found at the Member's Only section of the SBM website at www.sbm.org. Membership Applications can be found on the SBM website at www.sbm.org.

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Cancellation Policy

Any registration cancellations must be due to professional and/or personal/family health emergencies and be made in writing directly to the SBM national office by April 11, 2012. All cancellations are subject to a non-refundable \$50.00 administrative fee. Refunds will be processed following the Annual Meeting.

33rd Annual Meeting & Scientific Sessions of the Society of Behavioral Medicine Continuing Education Information

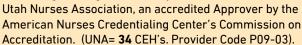
Satisfactory Completion: Participants must have paid tuition fee and completed an online evaluation form to receive a continuing education certificate. Participants not fulfilling these requirements will not receive a certificate. Failure to complete the online evaluation form will result in forfeiture of credit for the entire conference. Partial credit of individual sessions is not available. Certificates are available immediately after completing the online form.

Physicians Accreditation Statement: This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education through the joint sponsorship of the Institute for the Advancement of Human Behavior, (IAHB) and the Society of Behavioral Medicine. The IAHB is accredited by the ACCME to provide continuing medical education for physicians.

Credit Designation Statement: The IAHB designates this live activity for a maximum of **34** *AMA PRA Category* 1 *Credits*TM. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Nurses/Nurse Practitioners:

IAHB is an approved provider of continuing nursing education by the



Psychologists: The Society of Behavioral Medicine (SBM) is approved by the American Psychological Association to offer continuing education for psychologists. SBM maintains responsibility for this program and its content. Maximum of **34** hours.

Certified Health Education Specialists: This program has been submitted for approval to the National Commission for Health Education Credentialing, Inc.

Dieticians: Dieticians may earn a total of up to **34** CPEU's by attending this conference. Please see the PDP guidelines at www.cdrnet.org for further explanation of requirements.

Overview

The theme for the 33rd Annual Meeting & Scientific Sessions is, "Engaging New Partners and Perspectives." Each of the program tracks have been designed to encourage presentations that are relevant on a cross-dimensional level within the field of behavioral medicine.

Target Audience

The Society of Behavioral Medicine Annual Meeting represents the largest annual scientific conference (1,600 + attendees) devoted exclusively to behavioral medicine. The Annual Meeting offers a multidisciplinary forum for psychologists, physicians, nurses, nurse practitioners, health education specialists, registered dieticians and other professionals with a range of expertise from research in health promotions, disease prevention, risk factor identification and modification, disease progression, adjustment and adaptation to physical disorders, rehabilitation, and diffusion and dissemination.

Learning Objectives

Upon completion of the 33rd Annual Meeting & Scientific Sessions of the Society of Behavioral Medicine delegates can be expected to:

- 1. Summarize the expanding role of genetics and genomics in behavioral medicine research and practice.
- 2. Identify recent advances in behavioral medicine research.
- 3. Summarize the role of behavioral medicine in today's changing health systems environment.
- 4. Examine strategies to expand the application of evidence-based intervention strategies in clinical and public health practice settings.
- 5. Evaluate innovative strategies for translating behavioral science evidence to improve patient and population health outcomes.

Instructional Level

To be compliant with accreditation policies we have been asked to specify the instructional level for each session eligible for Continuing Education credits. The instructional level for this year's scientific sessions range from beginner to advanced. Each eligible session is indicated with a specific instructional level code:

- * Advanced
- Intermediate
- △ Beginner/Intermediate
- Beginner



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Program Tracks

- Adherence
- Behavioral Medicine in Medical Settings
- · Biological Mechanisms in Health and Behavior Change
- · Complementary and Alternative Medicine
- · Diversity Issues
- Environmental and Contextual Factors in Health and Behavior Change
- · Health Communication and Technology
- Lifespan
- · Measurement and Methods
- · Population, Health Policy and Advocacy
- Prevention
- Psychological and Person Factors in Health and Behavior Change
- · Quality of Life
- Spirituality
- · Translation of Research to Practice

SESSION TYPES AND MEETING FEATURES

Definitions by Session Types

The 33rd Annual Meeting & Scientific Sessions of the Society of Behavioral Medicine offers meeting attendees educational opportunities in a variety of formats. The following session types and meetings feature definitions which are offered to assist you in understanding the features of each session type and in selecting the type of instruction best suited to your educational needs.

Breakfast Roundtables

Breakfast Roundtables are held on Thursday and Friday mornings during the meeting. Breakfast Roundtables are interactive meetings with discussion centered on topics of interest to a specific portion of the meeting audience or a Special Interest Group (SIG). A continental breakfast is provided. Admission to these sessions is by name badge.

Citation Awards

Citation awards are presented to those abstracts that are judged by the Program Committee to be especially original and of significant scientific merit. Citation Abstracts will be featured in the Wednesday evening poster session.

Courses

Courses are held on Wednesday during the meeting. Admission to courses is by ticket only (with fee) and seating is limited.

Dinners with an Expert

Always popular and part of the Expert Consultations, Dinners with an Expert are off-site, small roundtable discussions held over dinner. This event will take place on Friday evening during the meeting for registered attendees. Participants are responsible for their own dinner costs.

Expert Consultations

Expert Consultations are small roundtable discussions facilitated by Experts who are selected by the Education, Training and Career Development (ETCD) Council and SIGs and are primarily Fellow Members of SBM. Expert Consultations take place on Thursday and Friday during the Midday Meeting time slots.

General Sessions-Keynote Address and Master Lectures

General Sessions scheduled for Thursday, Friday, and Saturday during the meeting include the Keynote Addresses, Master Lectures and Closing Panel Discussions. These sessions are the premier educational sessions of the Society of Behavioral Medicine Annual Meeting & Scientific Sessions. Speakers will present on topics of interest to the overall meeting audience in a didactic or pro-con debate format. Admission to these sessions is by name badge.

Meritorious Student Awards

Meritorious Student Awards include those abstracts submitted by students and judged by the Program Committee to contain research of the highest caliber. The Meritorious Student abstracts are featured in the Wednesday evening poster session.

Midday Meetings

Midday Meetings are interactive meetings held by one of the various Special Interest Groups (SIGs) or SBM Councils/Committees. Admission to these sessions is by name badge.

Panel Discussions

These 60 minute sessions focus on specific topics with various viewpoints expressed by a panel of experts. These hard hitting sessions have tackled such topics in the past as "Work/Life Balance: Challenges and Solutions for Women in Behavioral Medicine" and "NIH Peer Review: Advice for Applicants." Admission to these sessions is by name badge.

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Paper Sessions

Paper Sessions are offered on Thursday, Friday, and Saturday during the meeting. Paper Sessions are based on accepted abstracts clustered around common themes and presented in oral presentations that are approximately 18 minutes in length. Admission to these sessions is by name badge.

Poster Sessions

Poster Sessions featuring presentations of accepted abstracts in thematic groupings will take place on each day during the meeting. Poster Sessions allow abstract authors to discuss their research with interested colleagues for 90 minutes in an informal setting. Poster Sessions are a great way to see the latest research in the field while socializing with colleagues. Admission to the Poster Hall is by name badge.

Seminars

Seminars are held on Wednesday afternoon during the meeting. They include presentations by approximately three speakers. Speakers are asked to emphasize the theory and application of practical skills and have the ability to interact with participants to a greater degree due to the smaller size of these sessions. Admission to Seminars is by ticket only (with fee) and seating is limited.

Symposia

Symposia are held on Thursday, Friday, and Saturday during the meeting. Symposia are didactic presentations that last 90 minutes. Presenters will examine important issues from a variety of different perspectives. Presentations and debate among presenters will address alternative solutions, interpretations, or points-of-view on an identified body of knowledge within the advertised topic area or theme. Admission to these sessions is by name badge.

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Paula R. Brantley, PhD

Adherence

Allen C. Sherman, PhD

Behavioral Medicine in Medical Settings

Oxana Palesh, PhD, MPH

Biological Mechanisms in Health and Behavior Change

Thomas Merluzzi, PhD

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Spirituality

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Behavior Change

Kirsten K. Davison, PhD

Environmental and Contextual Factors in Health and

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Marilyn S. Nanney, PhD, MPH, RD

Population, Health Policy, and Advocacy

Megan A. Lewis, PhD

Prevention

Kerry E. Evers, PhD

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Change

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Rapid Communications

Christina R. Studts, PhD

Rapid Communications Co-Chair

Diane K. King, PhD

Translation of Research to Practice



Better Health Through Behavior Change

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SOCIETY of BEHAVIORAL MEDICINE Better Health Through Behavior Change

Meeting at a Glance

Tuesday, Apri	l 10, 2012	
Start	End	Title
2:00 pm	6:00 pm	NIH and SBM sponsored Pre-Conference Workshop: Innovations in Translational Behavioral Science: New Concepts, Study Designs and Implementation Strategies

Wednesday,	April 11 2012	
Start	End	Title
7:00 am	7:00 pm	Registration Open*
9:00 am	11:45 am	Course 101: Evidence-Based Behavioral Medicine SIG and Ethnic, Minority, and Multicultural Health
		SIG Course
		Adapting Evidence-Based Strategies for Weight Management to Underserved Populations
9:00 am	11:45 am	Course 201:
		Cancer SIG Course
		Grant Review Workshop
9:00 am	5:00 pm	Course 301:
		Behaviour Change Techniques: A Reliable Method for Specifying Complex Intervention Content
12:00 pm	2:45 pm	Course 401:
12.00 pm	2.45 pm	Leadership Boot Camp for Junior and Mid-Career Investigators:
		Cultivate the Essential Skills and Best Practices of Extraordinary Leaders
12:00 pm	6:00 pm	Course 501:
		Cancer SIG and Obesity and Eating Disorders SIG Course
		The Role of Obesity in Cancer Prevention and Control
12:00 pm	6:00 pm	Full Day Seminars
12:00 pm	2:45 pm	Early Half Day Seminars
3:15 pm	6:00 pm	Course 601:
		Diabetes SIG Course
		Integrating Qualitative Research into Behavioral Science: Expanding How We Think About Human Behavior
3:15 pm	6:00 pm	Late Half Day Seminars
6:30 pm	8:00 pm	Opening Reception and Poster Session A featuring Meritorious and Citation Abstracts*

^{*}Sessions not eligible for CE credit hours



Meeting at a Glance

Thursday, Ap	ril 12 2012	
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Start	End	Title
6:30 am	7:30 am	Exercise Session featuring Yoga*
7:00 am	7:00 pm	Registration Open*
7:30 am	8:30 am	Breakfast Roundtables*
8:45 am	10:15 am	Featured Symposium
8:45 am	10:15 am	Symposia
10:30 am	11:45 am	Opening Keynote Address and Awards Ceremony John P.A. Ioannidis, MD, DSc, C.F. Rehnborg Professor in Disease Prevention, Professor of Medicine and Director, Stanford Prevention Research Center
11:45 am	12:45 pm	Midday Meetings*/Panel Discussions/Expert Consultations*
1:00 pm	1:45 pm	Master Lecture Kathryn Schmitz, PhD, MPH, FACSM, Associate Professor, University of Pennsylvania Perelman School of Medicine
1:00 pm	1:45 pm	Master Lecture Steven H. Woolf, MD, MPH, Director, VCU Center on Human Needs, Professor of Family Medicine, Virginia Commonwealth University
2:00 pm	3:30 pm	Featured Symposium
2:00 pm	3:30 pm	Symposia
3:45 pm	4:45 pm	New Member Meet and Greet
3:45 pm	5:15 pm	Paper Sessions
5:30 pm	7:00 pm	Presidential Keynote Address and Awards Ceremony Abby C. King, PhD, Professor, Health Research & Policy and Medicine, Stanford University Medical School
7:00 pm	8:30 pm	Presidential Reception and Poster Session B*

^{*}Sessions not eligible for CE credit hours

Meeting at a Glance

Friday, April 1	13, 2012	
Start	End	Title
6:30 am	7:30 am	Exercise Session featuring Yoga*
7:00 am	7:00 pm	Registration Open*
7:30 am	8:30 am	Breakfast Roundtables*
9:00 am	10:30 am	Featured Symposium
9:00 am	10:30 am	Symposia
10:30 am	11:30 am	Keynote Address Janet L. Collins, PhD, Associate Director for Program, Officer of the Director, CDC
11:45 am	12:45 pm	Midday Meetings*/Panel Discussions/Expert Consultations*
1:00 pm	1:45 pm	Master Lecture Margaret A. Chesney, PhD, Professor of Medicine/Director, University of California, San Francisco
1:00 pm	1:45 pm	Master Lecture Jeffrey N. Keller, PhD, Professor, Associate Executive Director, Director, Institute for Dementia Research and Prevention, Hibernia National Bank, Edward G. Schlieder Chair, Pennington Biomedical Research Center, LSU System
2:00 pm	3:30 pm	Paper Sessions
3:45 pm	5:15 pm	Featured Symposium
3:45 pm	5:15 pm	Symposia
5:30 pm	7:00 pm	Presidential Keynote Panel
7:00 pm	8:30 pm	Poster Session C*

*Sessions not eligible for CE credit hours

Saturday, Apr	il 14, 2012	
Start	End	Title
6:30 am	7:30 am	SBM Fun Run/Walk*
7:00 am	11:00 am	Registration Open*
7:30 am	8:30 am	SBM Business Meeting*
8:30 am	10:00 am	Poster Session D*
8:45 am	9:30 am	Master Lecture Kate Lorig DrPH, Professor Emeritus (acting) Department of Medicine, Stanford University School of Medicine
8:45 am	9:30 am	Master Lecture Kevin Patrick, MD, MS, Professor, Family and Preventative Medicine, Director, Center for Wellness and Population Health Systems, Calit2, Editor-in-Chief, American Journal of Preventative Medicine, University of California, San Diego
10:00 am	11:30 am	Paper Sessions
11:45 am	1:15 pm	Paper Sessions
1:30 pm	2:30 pm	Closing Panel Discussions

^{*}Sessions not eligible for CE credit hours



Scientific Sessions - Tuesday, April 10, 2012

Innovations in Translational Behavioral Science: New Concepts, Study Designs and Implementation Strategies ■ (F1)

An NIH and SBM sponsored Pre-Conference Workshop







JASPERWOOD, 3RD FLOOR

Chairs: Susan M. Czajkowski, PhD, National Heart Lung and Blood Institute (NHLBI) & Christine M. Hunter, PhD, National Institute of Diabetes and Digestive and Kidney Diseases (NIDDK)

2:00 pm – 2:15 pm	Welcome & Introductory Remarks Susan M. Czajkowski, PhD, NHLBI & Christine M. Hunter, PhD, NIDDK
2:15 pm – 2:30 pm	Overview of Translational Research at National Institutes of Health Deborah Olster, PhD, Office of Behavioral and Social Sciences Research (OBSSR)
2:30 pm – 4:00 pm	Translation I: Translating Ideas into Interventions Moderator: Susan M. Czajkowski, PhD, NHLBI
	How "Design Thinking" Can Help Us Develop Better Behavioral Interventions Kent Lawson, Abbott Laboratories
	The Power of Small but Significant Numbers: Proof-of-Concept Studies in Clinical Research
	Lynda H. Powell, PhD, Rush University Medical Center
	Issues in the Design & Analysis of Pilot Studies Kenneth E. Freedland, PhD, Washington University
4:00 pm – 4:15 pm	Break
4:15 pm – 5:45 pm	Translation II: Translating Research into Practice Moderator: Christine M. Hunter, PhD, NIDDK
	Using MOST Designs in Dissemination & Implementation Research Bonnie Spring, PhD, ABPD, Northwestern University Feinberg School of Medicine
	Applying the RE-AIM Model: Balancing Research Rigor with Context and Relevance Paul A. Estabrooks, PhD, Virginia Tech Riverside
	Using Community Engagement Principles in Healthcare Research: Engaging the Healthcare Team and System
	Ronald Ackerman, MD, MPH, Northwestern University
5:45 pm – 6:00 pm	Closing Remarks and Discussion

 \star Advanced — \blacksquare Intermediate — \triangle Beginner/Intermediate — \blacksquare Beginner — *Session Not Eligible for Credit

Better Health Through Behavior Change

Scientific Sessions – Wednesday, April 11, 2012

7:00 am – 7:00 pm

Registration Desk Opens*

9:00 am - 11:45 am

Course 101 ▲ (PC1)

Evidence-Based Behavioral Medicine SIG and Ethnic, Minority, and Multicultural Health

Adapting Evidence-Based Strategies for Weight Management to Underserved Populations

**Consider pairing with Course 501 for a full day of obesity training.

GRAND SALON 03/06, 1ST FLOOR

Moderators: Elena Carbone, DrPH, RD, LDN; Luz M. Garcini, MA; Sherri Sheinfeld Gorin, PhD;

Eleshia J.P. Morrison, MA; and Karen Oliver, PhD

Presenters: Rachel Ballard-Barbash, MD, MPH; Judy D. DePue, EdD, MPH; Sherry L. Pagoto, PhD; and Melicia C. Whitt-Glover, PhD

Pre-registration and ticket required for admission

Fee: Full/Associate/Emeritus Members: \$112/ Student/Trainees or Transitional Members:

\$82/ Non-Members: \$127 Fee includes Breakfast

In this 3-hour interactive workshop, presenters will describe the evidence for interventions for weight management, share intervention approaches, and the policy implications of obesity in the U.S. This workshop will actively engage participants in exploring the challenges of evidence-based weight management interventions for underserved populations in multiple settings. Participants will also gain an understanding of how contextsensitive, evidence-based approaches to weight management are influenced by policy.

The workshop is divided into two parts:

Part I will include a brief overview of the obesity epidemic, as well as current examples of evidence-based weight management interventions. This will be followed by small-group discussions about evidence-based assessment and treatment approaches to weight management within underserved groups. In Part II we will explore the impact of national policy on weight management for underserved groups. The workshop will conclude with a discussion about how these new skills and enhanced knowledge can be applied to research and/or clinical practice.

At the end of this workshop, learners will be able to describe examples of evidence-based weight management interventions in different populations, apply evidence for effective assessment and intervention with underserved groups, and understand the impact of policy on obesity and weight management within underserved populations.

9:00 am - 11:45 am

Course 201 ▲ (PC2)

Cancer SIG presents:

Grant Review Workshop

GRAND SALON 10, 1ST FLOOR

Chair: Aimee S. James, PhD, MPH

Pre-registration and ticket required for admission

Fee: Full/Associate/Emeritus Members: \$107/ Student/Trainees or Transitional Members:

\$77/ Non-Members: \$122

Fee includes Breakfast

This session will provide an in-depth look at how grants are reviewed and illustrate principles of successful grant writing and reviewing. Attendees will observe a study section review and discuss actual grant proposals, learn about study section processes, and have the opportunity to ask questions of the grant reviewers about grant writing strategies and review processes.

🖈 Advanced 🖊 📕 Intermediate 🖊 🛆 Beginner/Intermediate 🕂 🌘 Beginner 👉 *Session Not Eligible for Credit



Scientific Sessions – Wednesday, April 11, 2012

9:00 am – 5:00 pm	Course 301 (PC3)
	Behaviour Change Techniques: A Reliable Method for Specifying Complex Intervention
	Content

GRAND SALON 07, 1ST FLOOR

Chair: Susan Michie, BA, MPhil, DPhil

Pre-registration and ticket required for admission

 $Fee: Full/Associate/Emeritus\ Members:\ \$169/\ Student/Trainees\ or\ Transitional\ Members:$

\$123/ Non-Members: \$194

Fee includes Lunch and Morning and Afternoon Breaks

This session will introduce the need for, concepts, uses and methods of application of a Behaviour Change Technique Taxonomy in specifying intervention content and give handson experience of using it.

(see www.ucl.ac.uk/health-psychology/BCTtaxonomy)

9:00 am	Welcome/ Introductions/ Pre-Course Exercise
9:45 am	Presentation 1: Taxonomies of BCTs: Why and How?
	Susan Michie, BA, MPhil, DPhil
10:15 am	Training Task 1: Familiarisation with BCT Labels and Definitions
10:45 am	Coffee Break
11:15 am	Presentation 2: The Content and Applications of the BCT Taxonomy
	Marie Johnston, PhD, BSc
11:45 am	Training Task 2: Assigning BCT Labels to Intervention Descriptions:
	Introduction to the Coding Manual
12:30 pm	Lunch Break
1:30 pm	Presentation 3: Specifying Intervention Content Using the BCT Taxonomy -
	Procedure and Examples
	Susan Michie, BA, MPhil, DPhil
2:00 pm	Training Task 3: Coding Descriptions of Complex Interventions Using the BCT
	Taxonomy
3:15 pm	Presentation 4: Designing and Reporting Complex Interventions Using the
·	BCT Taxonomy
	Marie Johnston, PhD, BSc
3:30 pm	Coffee Break
3:45 pm	Training task 4: Comparison of Designing and Reporting Interventions with,
,	and without, the BCT Taxonomy
4:30 pm	Final Coding Exercise and Feedback: Planning Future Use of the BCT
	Taxonomy by Participants
5:00 pm	Finish

★ Advanced — Intermediate — △ Beginner/Intermediate — ● Beginner — *Session Not Eligible for Credit

Better Health Through Behavior Change

Scientific Sessions – Wednesday, April 11, 2012

12:00 pm – 2:45 pm

Course 401 ▲ (PC4)

Leadership Boot Camp for Junior and Mid-Career Investigators: Cultivate the Essential Skills and Best Practices of Extraordinary Leaders

GRAND SALON 13, 1ST FLOOR

Chair: Cynthia M. Castro, PhD

Pre-registration and ticket required for admission

Fee: Full/Associate/Emeritus Members: \$96/ Student/Trainees or Transitional Members:

\$66/ Non-Members: \$111 Fee includes Beverages

As careers develop, we are often challenged to become leaders in science, academia and health care settings. Yet, rarely are we formally trained for the challenges of being effective, transformational leaders. This course is designed to help participants cultivate greater awareness of their leadership strengths and weaknesses, grasp the essential practices of great leaders, and further their ability to inspire others and lead with confidence.

Communication as an Essential Leadership Skill

Kristi Graves, PhD

Best Practices for Exemplary Leadership

Valerie Myers, PhD

Know your own Personal Practices as a Leader

Cynthia M. Castro, PhD

12:00 pm - 6:00 pm

Course 501 ■ (PC5)

Cancer SIG and Obesity and Eating Disorders SIG present:

The Role of Obesity in Cancer Prevention and Control

**Consider pairing with Course 101 for a full day of obesity training.

GRAND SALON 03/06, 1ST FLOOR

Chair: Deborah J. Bowen, PhD

Pre-registration and ticket required for admission

Fee: Full/Associate/Emeritus Members: \$149/ Student/Trainees or Transitional Members:

\$111/ Non-Members: \$169

Fee includes Lunch

Agenda:

12:15 - 1:45 - Population Views on Obesity and Cancer

Population perspective: Shirley A. A. Beresford, PhD, MSc, MA, University of Washington

Environmental perspective: Marlene B. Schwartz, PhD

Behavioral perspective: Michael G. Perri, PhD, University of Florida

1:45 - 3:15 - Energetics and Cancer

What is known about inflammation and cancer, the role of the insulin resistance pathway, sex hormones, adipokines, and/or other proposed mechanisms linking obesity to cancer.

Gerald Denis, Boston University

Kathleen Wolin, ScD, Washington University

Melinda Irwin, Yale University

Discussant: Catherine M. Alfano, PhD, National Cancer Institute

3:15 - Break

3:30 - 4:45 - Breakout Sessions

5:00 - 6pm - National Views and Funding Opportunities

Linda C. Nebeling, PhD, National Cancer Institute

Rachel Ballard-Barash, MD, MPH, National Cancer Institute

★ Advanced — ■ Intermediate — △ Beginner/Intermediate — ● Beginner — *Session Not Eligible for Credit



Scientific Sessions - Wednesday, April 11, 2012

12:00 pm – 6:00 pm

Full Day Seminars ★

Pre-registration and ticket required for admission

Fee: Full/Associate/Emeritus Members: \$125/ Student/Trainees or Transitional Members:

\$75/ Non-Members: \$150

Seminar 01: NIH Grant Writing Seminar for Early Career Researchers (S1)

GRAND SALON 09, 1ST FLOOR

Lead Presenter: Susan M. Czajkowski, PhD, National Heart, Lung, & Blood Institute, National Institutes of Health, Bethesda, MD

Co-Presenters: Fungai Chanetsa, PhD, MPH, National Institutes of Health, Bethesda, Washington, DC; Karina W. Davidson, PhD, Columbia University Medical Center, New York, NY; Stacey C. FitzSimmons, PhD, Columbia University Medical Center, New York, NY; Seth C. Kalichman, PhD, University of Connecticut, Storrs, CT; Wendy J. Nilsen, PhD, Office of Behavioral and Social Sciences Research, National Institutes of Health, Bethesda, MD; Heather Patrick, PhD, National Cancer Institute, Bethesda, DC; Michael J. Stirratt, PhD, National Institute of Mental Health, National Institutes of Health, Bethesda, MD; Deborah J. Wiebe, PhD, MPH, UT Southwestern Medical Center, Dallas, TX

Seminar 02: Integrating Evidence-Based Health Coaching into Healthcare Settings (S2) GRAND SALON 12, 1ST FLOOR

Lead Presenter: Dawn L. Edwards, PhD, Syracuse VA Medical Center, Syracuse, NY Co-Presenters: Joanne D. Taylor, PhD, Northport VA Medical Center, Northport, NY and Michael J. Stern VA Hudson Valley Healthcare System, Montrose, NY

Seminar 03: Mindfulness-Based Eating Awareness Training: An Introduction to Clinical Use (S3)

GRAND SALON 15, 1ST FLOOR

Lead Presenter: Jean L. Kristeller, PhD. Psychology, Indiana State University, Terre Haute, IN

12:00 pm – 2:45 pm

Early Half Day Seminars ★

Pre-registration and ticket required for admission

Fee: Full/Associate/Emeritus Members: \$100/ Student/Trainees or Transitional Members: \$50/ Non-Members: \$150

Seminar 04: Behavioral Medicine in Action: A Practical Experience in Using Environmental Audit Tools in Research and Applied Settings (S4)

GRAND SALON 18, 1ST FLOOR

Lead Presenter: Matthew P. Buman, PhD, Exercise & Wellness, Arizona State University, Phoenix, AZ and Stanford University, Stanford, CA

Seminar 05: A New Treatment Paradigm for Coping with Chronic Stress: the Relaxation Response Resiliency Program (S5)

GRAND SALON 21, 1ST FLOOR

Co-Presenters: Elyse R. Park, PhD, MPH, Benson-Henry Institute for Mind Body Medicine, Massachusetts General Hospital, Boston, MA; Jeffery Dusek, PhD, Institute for Health & Living, Abbott Northwestern Hospital, Minneapolis, MN

Seminar 06: Re-Envisioning Health Care: Integrating Community and Clinical Prevention (S6)

GRAND SALON 24, 1ST FLOOR

Lead Presenter: Sana Chehimi, MPH, Prevention Institute, Oakland, CA Co-Presenter: Rea Pañares, Prevention Institute, Oakland, CA

★ Advanced — Intermediate — △ Beginner/Intermediate — ● Beginner — *Session Not Eligible for Credit

Better Health Through Behavior Change

Scientific Sessions - Wednesday, April 11, 2012

12:00 pm – 2:45 pm

Early Half Day Seminars ★ continued

Seminar 07: Introduction to the Multiphase Optimization Strategy (MOST) for Building More Effective Behavioral Interventions (S7)

GRAND SALON 22, 1ST FLOOR

Lead Presenter: Linda M. Collins, PhD, Methodology Center, Penn State, State College, PA

Seminar 08: Peer Support Interventions: Training, Ensuring Competencies, and

Intervention Tracking (The Peers for Progress Network) (S8)

GRAND SALON 19, 1ST FLOOR

Lead Presenter: Tricia S. Tang, Medicine, University of British Columbia School of Medicine,

Vancouver, BC, Canada

Co-Presenters: Guadalupe X. Ayala, PhD, MPH, MA, Health Promotion and Behavioral Sciences, San Diego State University, San Diego, CA; Andrea L. Cherrington, MD, MPH, Medicine, University of Alabama, Birmingham, AL

3:15 pm - 6:00 pm

Course 601 ▲ (PC6)

Diabetes SIG presents:

Integrating Qualitative Research into Behavioral Science: Expanding How We Think About

Human Behavior

GRAND SALON 10, 1ST FLOOR

Chair: Korey Hood, PhD

Pre-registration and ticket required for admission

Fee: Full/Associate/Emeritus Members: \$109/ Student/Trainees or Transitional Members:

\$79/ Non-Members: \$124

Fee includes Snack and Beverage

Qualitative research is a field of inquiry used to gain insight into people's beliefs, attitudes, behaviors, and culture or lifestyles. In healthcare research, qualitative methods help researchers answer questions that quantitative research may not be able to answer, such as exploring patients' motivations, perceptions, and expectations. Further, qualitative research can play a role in generating hypotheses for quantitative research and provide insights that can be used to help interpret quantitative findings. The purpose of this workshop is to provide researchers with a background on qualitative research in chronic illness and introduce strategies that can lead to innovative approaches to behavioral science dilemmas. The workshop will include presentations from experts in qualitative methodology. Our expert presenters will provide descriptions of different qualitative methodologies, information on how to conduct a qualitative study, and real-world examples of qualitative research in chronic disease management. Participants will then have the opportunity to ask questions of the expert panel and get advice on research strategies.

* Advanced — ■ Intermediate — △ Beginner/Intermediate — ● Beginner — *Session Not Eligible for Credit



Scientific Sessions - Wednesday, April 11, 2012

3:15 pm - 6:00 pm

Late Half Day Seminars ★

Pre-registration and ticket required for admission

Fee: Full/Associate/Emeritus Members: \$100/ Student/Trainees or Transitional Members:

\$50/ Non-Members: \$150

Seminar 09: Introduction to Latent Class Analysis for Behavioral Research (S9)*

GRAND SALON 18, 1ST FLOOR

Lead Presenter: Stephanie T. Lanza, PhD, The Methodology Center, Penn State, State College, PA

Seminar 10: Going Digital: Building Evidence Based eHealth and mHealth Interventions (S10)

GRAND SALON 21, 1ST FLOOR

Lead Presenter: Jennifer Duffecy, PhD, Center for Behavioral Intervention Technologies,

Preventive Medicine, Northwestern University, Chicago, IL

Co-Presenters: Mark Begale, BA, Center for Behavioral Intervention Technologies, Preventive Medicine, Northwestern University, Chicago, IL; David C. Mohr, PhD, Center for Behavioral Intervention Technologies, Preventive Medicine, Northwestern University, Chicago, IL; William

Riley, PhD, National Heart, Lung, and Blood Institute, Bethesda, MD

Seminar 11: THRIVE: A Community-Led Approach to Achieve Health Equity and Strengthen Multidisciplinary Partnerships (S11)

GRAND SALON 24, 1ST FLOOR

Lead Presenter: Xavier Morales, PhD, Prevention Institute, Oakland, CA

Co-Presenter: Rachel Davis, MSW, Prevention Institute, Oakland, CA; Menaka Mohan, MPH, MCRP,

Prevention Institute, Oakland, CA

Seminar 12: Innovative Techniques to Address Retention in Behavioral Randomized Clinical Trials (S12)

GRAND SALON 22. 1ST FLOOR

Lead Presenter: Michaela Kiernan, PhD, Stanford Prevention Research Center, Stanford

University School of Medicine, Stanford, CA

Seminar 13: Trauma-Informed Care: How Can Medical and Dental Providers Effectively Work with Survivors of Traumatic Events? (S13)

GRAND SALON 19, 1ST FLOOR

Lead Presenter: Sheela Raja, PhD, Univ Illinois, Chicago, IL

Co-Presenter: Michelle Hoersch, MS, U.S. Department of Health and Human Services, Office on

Women's Health- Region V, Chicago, IL

6:30 pm - 8:00 pm

Opening Reception and Poster Session A

Featuring Citation and Meritorious Abstract Winners

HILTON EXHIBITION CENTER, 2ND FLOOR

Plan on joining colleagues as SBM celebrates those abstracts that have received Citation and Meritorious Awards. This poster session will provide attendees with their first opportunity to meet exhibitors as well as network with other attendees. A cash bar and hors d'oeuvres will be provided.

★ Advanced — Intermediate — △ Beginner/Intermediate — ● Beginner — *Session Not Eligible for Credit

Better Health Through Behavior Change

Scientific Sessions - Thursday, April 12, 2012

6:30 am – 7:30 am Exercise Session Featuring Yoga with Karen Stiver*

MARLBOROUGH B, 2ND FLOOR

7:00 am – 7:00 pm **Registration Open***

7:30 am – 8:30 am Breakfast Roundtables*

Admission by Name Badge

Complementary and Integrative Medicine SIG Breakfast Roundtable, Awards Presentation and Networking Presentation

GRAND SALON 15/18, 1ST FLOOR

Moderator: Suzanne C. Danhauer, PhD

Please join us for time to connect with other SBM members interested in complementary and integrative medicine and recognize the strong work submitted by our SIG awardees.

Diabetes SIG Breakfast Roundtable

GRAND SALON 04, 1ST FLOOR *Moderator: Korey K. Hood, PhD*

Education, Training and Career Development Council and Student SIG present:

How to Get the Most Out of a Postdoctoral Fellowship in Behavioral Medicine: Choosing, Using, and Moving On

GRAND SALON 06. 1ST FLOOR

Moderator: Laura P. Forsythe, PhD, MPH

Panelists: Danielle L. Beatty, PhD; Matthew Buman, PhD; Laura P. Forsythe, PhD, MPH; Michael

Hoyt, PhD' and Tracey A. Revenson, PhD

This session will provide trainees in behavioral medicine with a better understanding of the post-doctoral training experience. Although post-doctoral training positions are relatively common, most trainees have limited opportunities to discuss if, where, how, and why they should participate in post-doctoral training. This session will begin with an overview of the diverse benefits of a post-doctoral fellowship, followed by a moderated question and answer session with a candid panel of current, recent, and past post-doctoral fellows. Topics of discussion will include deciding if a post-doctoral training experience is right for you, selecting and obtaining a position, optimizing your training experiences, and transitioning after your fellowship. This session will be useful to current trainees at any phase who are interested in thinking forward about their career trajectory.

Ethnic, Minority, and Multicultural Health SIG Breakfast Roundtable and Business Meeting GRAND SALON 07/10, 1ST FLOOR

Moderators: Eleshia J.P. Morrison, MA and Luz M. Garcini, MA

The business meeting will consist of SIG election to determine succeeding chairs, the presentation of student research awards, and a discussion of other SIG business topics.

★ Advanced — ■ Intermediate — △ Beginner/Intermediate — ● Beginner — *Session Not Eligible for Credit



Scientific Sessions - Thursday, April 12, 2012

7:30 am – 8:30 am

Breakfast Roundtables* continued

Integrated Primary Care SIG Breakfast Roundtable

EGLINTON WINTON, 2ND FLOOR

Moderator: Christopher L. Hunter, PhD, ABPP

This roundtable will focus on

- 1. Review/update of IPC research projects across the country
- 2. Opportunity to network with potential collaborators

Physical Activity SIG Breakfast Roundtable

MARLBOROUGH A, 2ND FLOOR

Moderators: Brian C. Focht, PhD and David X. Marquez, PhD

Scientific Speed Dating: Finding Unexpected Partners in Behavioral Medicine

GRAND SALON 19/22, 1ST FLOOR

Moderators: David Clark, DrPH and Melissa W. Riddle, PhD, Behavioral and Social Sciences Research Branch, National Institute of Dental and Craniofacial Research

NIH program staff will give a brief overview of behavioral medicine research topics that are of interest to investigators from diverse health fields and disciplines, and are of interest to multiple NIH institutes and centers. Staff will share strategies for securing funding in these areas, including how to anticipate emerging NIH priorities, and how to establish a strong multidisciplinary team. Finally, the session moderators will facilitate discussion among session participants about common areas of interest, and will help to identify investigators with whom participants have shared interests.

Spirituality and Health SIG: Mentoring the Next Generation

PRINCE OF WALES, 2ND FLOOR

Moderators: Crystal L. Park, PhD and Amy B. Wachholtz, PhD, MDiv

This breakfast roundtable is designed to facilitate networking, with a specific welcome to students and early career professionals interested in spirituality and health. We will discuss challenges, both from the perspectives of seasoned researches and practitioners and those new to the field.

Women's Health SIG presents:

Grant Writing for New Investigators: An Insider's View on the Grant Review Process from Experts

GRAND SALON 21/24, 1ST FLOOR

Moderator: Valessa St. Pierre, M. S.

Panelists: Chris France, PhD, and Susan Michie, MPhil, DPhil, CPsychol, AcSS, FEHPsS, FBPsS Experts in grant writing will provide feedback to a new investigator on their grant. From this process, attendees will learn critical aspects of the grant review process. Overview of SIG business will occur within in the first ten minutes of the meeting.

★ Advanced — Intermediate — △ Beginner/Intermediate — ● Beginner — *Session Not Eligible for Credit

Better Health Through Behavior Change

Scientific Sessions - Thursday, April 12, 2012

8:45 am – 10:15 am

Featured Symposium ★ (F2)

Admission by Name Badge GRAND BALLROOM C. 1ST FLOOR

Identifying, Assessing, and Acting Upon, Common Behavioral and Psychosocial Data Elements within Electronic Health Records

Chair: Bradford W. Hesse, PhD, National Cancer Institute – NIH, Bethesda, MD

Presenters: Paul A. Estabrooks, PhD, Virginia Tech Riverside, Roanoke, VA; Russell E. Glasgow, PhD, National Cancer Institute, Rockville, MD; Alex Krist, MD, MPH, Virginia Commonwealth University, Fairfax, VA

Discussant: Bradford W. Hesse, PhD, National Cancer Institute - NIH, Bethesda, MD Electronic health records (EHRs) have the potential to improve patient care through efficient access to complete patient health information, but unfortunately, this potential may not be reached because data on health behaviors and psychosocial issues-critical in improving and maintaining health--are rarely included. Further, there are few opportunities for family/general practice physicians to act upon this data if available. The purpose of this symposium is to (1) identify brief, practical, and actionable behavioral and psychosocial data elements for implementation within EHRs, (2) provide examples for acting upon these data elements, and (3) outline the future steps necessary to more comprehensively address behavioral and psychosocial health through primary care. Dr. Estabrooks will describe the process and outcomes of an initiative undertaken by the Society of Behavioral Medicine leadership and Policy Committee in conjunction with the Office of Behavioral and Social Sciences Research and the National Cancer Institute to identify common data elements around 13 key behavioral and psychosocial domains. Dr. Krist will discuss practice and technical challenges with incorporating these, and other, patient reported measures into EHRs and review several successful examples. A final presentation by Dr. Glasgow will highlight the future directions and next steps necessary to

implement common data elements into EHRs and provide access to follow-up process of

8:45 am - 10:15 am

Symposia ★

care.

Admission by Name Badge

Symposium 01: A Tale of Three Systematic Reviews: What Have We Learned About Reducing Pain, Depression, and Fatigue Among Cancer Survivors? (SY1) GRAND BALLROOM D, 1ST FLOOR

Chair: Sherri Sheinfeld Gorin, PhD, Columbia University, New York, NY

Presenters: Sherri Sheinfeld Gorin, PhD, Columbia University, New York, NY; Annette Stanton, PhD, UCLA, Los Angeles, CA; Heather Jim, PhD, Moffitt Cancer Center, Tampa, FL; Karen Mustian, PhD, MPH, URMC, Rochester, NY

Discussant: Suzanne Miller-Halegoua, PhD, Fox Chase Cancer Center, Philadelphia, PA

Symposium 02: Energy Balance Interventions for Enhancing Breast Cancer Prevention and Survivorship (SY2)

GRAND SALON 03, 1ST FLOOR

Chair: Christie Befort, PhD, University of Kansas Medical Center, Kansas City, KS
Presenters: Christie Befort, PhD, University of Kansas Medical Center, Kansas City, KS; Wendy
Demark-Wahnefried, PhD, University of Alabama at Birmingham, Birmingham, AL; Jennifer
R. Klemp, PhD, MPH, Medicine/Division of Oncology, University of Kansas Medical Center,
Westwood, KS; Melinda Stolley, PhD, Medicine, University of Illinois Chicago, Chicago, IL; Kathleen
Y. Wolin, ScD, Dept. of Surgery, Washington University School of Medicine, Saint Louis, MO
Discussant: Kathryn Schmitz, PhD, University of Pennsylvania School of Medicine, Philadelphia, PA

★ Advanced 🛑 📕 Intermediate 🛑 🛆 Beginner/Intermediate 🛑 🌑 Beginner 🛑 *Session Not Eligible for Credit



Scientific Sessions - Thursday, April 12, 2012

8:45 am - 10:15 am

Symposia ★ continued

Symposium 03: Accelerating the Path from Exploratory Research to Evidence-Based Guidelines for Childhood Obesity Prevention (SY3)

GRAND SALON 09/12, 1ST FLOOR

Chair: C. Tracy Orleans, PhD, Robert Wood Johnson Foundation, Princeton, NJ
Presenters: C. Tracy Orleans, PhD, Robert Wood Johnson Foundation, Princeton, NJ; Laura
Kettel Khan, PhD, DNPAO, CDC, Atlanta, GA; Laura K. Brennan, PhD, Transtria LLC, St. Louis, MO;
Shawna L. Mercer, MSc, PhD, Community Guide, CDC, Atlanta, GA

Discussant: Terry T-K Huang, PhD, Robert Wood Johnson Foundation, Princeton, NJ

Symposium 04: Communication in Preventative Care and Research (SY4)

GRAND SALON 15/18, 1ST FLOOR

Chair: Martin Cheatle, PhD, Psychiatry, University of Pennsylvania, Philadelphia, PA Presenters: Martin Cheatle, PhD, Psychiatry, University of Pennsylvania, Philadelphia, PA; Michael L. Hecht, PhD,, Communication Arts and Sciences, Penn State, University Pari, PA; Kathryn Greene, PhD, Rutgers University, New Brunswick, NJ; David B. Buller, PhD, Klein Buendel, Inc., Golden, CO

Discussant: Betsy Bach, PhD, National Communication Association, Washington, DC

Symposium 05: Idiographic Methods (SY5)

GRAND SALON 21/24, 1ST FLOOR

Chair: Wayne Velicer, PhD, Cancer Prevention Research Center, University of Rhode Island, Kingston, RI

Presenters: Wayne Velicer, PhD, Cancer Prevention Research Center, University of Rhode Island, Kingston, RI; Steven F. Babbin, BS, University of Rhode Island, Kingston, RI; Matthew S. Goodwin, PhD, Health Science, Northeastern University, Boston, MA; Peter C.M. Molenaar, PhD, Developmental Systems Group, The Pennsylvania State University, University Park, PA Discussant: Colleen Redding, PhD, Cancer Prevention Research Center, University of Rhode Island, Kingston, RI

Symposium 06: Optimizing Behavioral Interventions (SY6)

GRAND SALON 19/22, 1ST FLOOR

Chair: Kari C. Kugler, PhD, MPH, Pennsylvania State University, State College, PA Presenters: Kari C. Kugler, PhD, MPH, Pennsylvania State University, State College, PA; Daniel Almirall, PhD, Institute for Social Research, University of Michigan, Ann Arbor, MI; Daniel E. Rivera, PhD, School for Engineering of Matter, Transport, and Energy, Arizona State University, Tempe, AZ

Discussant: Bonnie Spring, PhD, ABPP, Northwestern University, Feinberg School of Medicine, Chicago, IL

Symposium 07: Engaging Interdisciplinary Perspectives and Community Collaborations in Understanding HIV Stigma (SY7)

GRAND SALON 13/16, 1ST FLOOR

Chair: Valerie Earnshaw, PhD, School of Public Health, Yale University, New Haven, CT Presenters: Valerie Earnshaw, PhD, School of Public Health, Yale University, New Haven, CT; Aaron M. Kipp, PhD, Division of Epidemiology, Vanderbilt University Medical Center, Nashville, TN; Laura M. Bogart, PhD, Div of Gen Peds, Children's Hospital Boston/Harvard Medical School, Boston, MA; Stephenie Chaudoir, PhD, Psychology, Bradley University, Peoria, IL; Valerie Earnshaw, PhD, Yale School of Public Health, New Haven, CT Discussant: Laramie R. Smith, MA, Psychology, University of Connecticut, Storrs, CT

★ Advanced — Intermediate — △ Beginner/Intermediate — • Beginner — *Session Not Eligible for Credit

Better Health Through Behavior Change

Scientific Sessions - Thursday, April 12, 2012

8:45 am - 10:15 am

Symposia ★ continued

Symposium 08: Increasing Physical Activity Among Older Adults Through Dissemination Research (SY8)

GRAND SALON 07/10, 1ST FLOOR

Chair: Barbara Resnick, PhD CRNP, FAAN, FANP, University of Maryland School of Nursing, Baltimore, MD

Presenters: Barbara Resnick, PhD CRNP, FAAN, FANP, University of Maryland School of Nursing, Baltimore, MD; Kathleen Michael, PhD, University of Maryland School of Nursing, Baltimore, MD; Eun Shim Nahm, PhD, University of Maryland School of Nursing, Baltimore, MD Discussant: Marianne Shaughnessy, PhD, University of Maryland School of Nursing, Baltimore,

Symposium 09: Mechanisms of Change in Psychosocial Treatments for Pain-Related Chronic Health Conditions (SY9)

MARLBOROUGH A, 2ND FLOOR

Chair: Beverly Thorn, PhD, Psychology, The University of Alabama, Tuscaloosa, AL Presenters: Beverly Thorn, PhD, Psychology, The University of Alabama, Tuscaloosa, AL; John W. Burns, PhD, Rush University, Chicago, IL; Mary C. Davis, PhD, Psychology, Arizona State University, Tempe, AZ

10:30 am - 11:45 am

Opening Keynote Address and Awards Ceremony ■ (KA1)

Admission by Name Badge GRAND BALLROOM A/B, 1ST FLOOR

Predictive Medicine and Predictive Effects: True or False

John P.A. loannidis, MD, DSc, C.F. Rehnborg Professor in Disease Prevention, Professor of Medicine and Director, Stanford Prevention Research Center

Moderator: Abby C. King, Professor, Health, Research & Policy and Medicine, Stanford University Medical School

Prediction is increasingly seen as a highly desirable complement, if not prerequisite, of optimal prevention. We want to be able to predict outcomes in order to intervene effectively, selecting the right people who would benefit the most from our interventions. The plenary talk will discuss the evolution from treatment-oriented medicine toward predictive-preventive medicine, the challenges in the process, what we know about the architecture of predictive effects, whether there are large effects that we know of and/or that remain to be discovered, what can we learn from small effects, whether we can combine information fruitfully from thousands of small effects to inform people about risk and useful/appropriate interventions in their lives, and how do we separate true from null effects in the current era where the rules of medical research and testing hypotheses have changed.



Expert Consultations*

MARLBOROUGH B, 2ND FLOOR

★ Advanced 🛑 📕 Intermediate 🗕 🛆 Beginner/Intermediate 🛑 🌑 Beginner 🛑 *Session Not Eligible for Credit

Scientific Sessions - Thursday, April 12, 2012

11:45 am – 12:45 pm

Midday Meetings*

Admission by Name Badge

Aging SIG

Challenges to Research Involving Older Adults

GRAND SALON 21/24, 1ST FLOOR

Moderator: Barbara Resnick, PhD, CRNP, FAAN, FAANP

This dynamic session will include presentations from clinical and academic researchers with expertise in conducting research with older adults. First-hand trials and tribulations will be discussed, as will potential solutions for those challenges which are unique and important to the aging researcher. Topics will include issues surrounding recruitment, measurement, and the use of technology. This session is sponsored by the Aging SIG.

Light snacks will be served.

Diabetes SIG, Obesity and Eating Disorders SIG, and Physical Activity SIG present: Planning for Cross-SIG Workshops, Symposia, and/or Papers GRAND SALON 04, 1ST FLOOR

The Obesity and Eating Disorders, Physical Activity, and Diabetes Special Interest Groups have been working together to foster cross-SIG collaborations. The mission of the shared SIG is to provide a forum for researchers and clinicians working in these areas to network, share ideas, and develop interdisciplinary collaborations that inform their work. The purpose of this midday meeting is to engage Obesity and Eating Disorders, Physical Activity, and Diabetes SIG members in planning for join workshops, symposia, and/or papers in the upcoming year. Results of our recently completed cross-SIG survey will inform our discussion.

Education, Training and Career Development Council presents:
Behavioral Medicine Careers in the Military

GRAND SALON 13/16, 1ST FLOOR

Moderators: Laura S. Porter, PhD and Karen Oliver, PhD

This session will focus on the opportunities and challenges of behavioral medicine careers in military settings, including clinical work, research, and teaching. Panelists include Jeffery Goodie, PhD, former officer in the U.S. Air Force and currently Assistant Professor at the Uniformed Services University of Health Sciences; Kathryn Kanzler, Capt. U.S. Air Force, BSc, PsyD, a staff psychologist and behavioral health consultant at Wilford Hall Medical Center at Lackland Air Force Base; and Lt. Col. Ann Hryshko-Mullen, PhD, ABPP, Director of the Clinical Psychology Internship Program and the Clinical Health Psychology Postdoctoral Fellowship Training Program at Wilford Hall Medical Center at Lackland Air Force Base. Drs. Goodie, Kranz, and Hryshko-Mullen will discuss the trajectories and development of their careers, and provide the audience with advice on how to develop and sustain a happy productive behavioral medicine oriented military career.

★ Advanced — Intermediate — △ Beginner/Intermediate — ● Beginner — *Session Not Eligible for Credit

Better Health Through Behavior Change

Scientific Sessions - Thursday, April 12, 2012

11:45 am – 12:45 pm

Midday Meetings* continued

Evidence-Based Behavioral Medicine SIG and Cancer SIG present: Introducing the SEER-MHOS Database and Re-Visiting Cancer Registries: Discussing Population-Based Behavioral Research Across the Cancer Continuum

GRAND SALON 07/10, 1ST FLOOR Moderator: Sherri Sheinfeld Gorin, PhD

The mid-day session is designed to discuss— in an informal setting— the research uses of selected population-based behavioral databases, including the SEER_MHOS, as well as either the Cancer Research Network or the Colon Cancer Family Registry. We will discuss the databases, their uses thus far (in publications), and future applications to developing evidence in behavioral medicine. The SEER_MHOS database is a new NCI resource for exploring population-based quality of life in cancer (http://outcomes.cancer.gov/surveys/seer-mhos/). Steve Clauser will discuss the SEER-MHOS data set and its availability to extramural researchers. Corinne Leach and Keith Bellizzi will explore some work in progress among participants age 65 and older. Jan Lowrey will then briefly highlight the contributions (and potential applications) to behavioral medicine of one of the following established international cancer genetics research consortia: the Colon Cancer Family Registry (CCFR) and Cancer Genetics Network (CGN). Discussion of the uses of these databases for future research in behavioral medicine will be strongly encouraged.

Light Snacks will be provided

The International Society of Behavioral Medicine presents:
Fostering International Collaborations and Creating Synergy with SBM
GRAND SALON 06, 1ST FLOOR

Moderator: Joost Dekker, PhD, (Netherlands), ISBM President-Elect Presenters: Brian F. Oldenburg, PhD, (Australia), Chair, International Collaborative Studies Committee; Neil Schneiderman, PhD, (USA), Chair, Strategic Planning Committee; Kasisomayajula Viswanath, PhD, (USA), Chair, Organizational Liaison Committee.

The International Society of Behavioral Medicine (ISBM) is a vibrant scientific society consisting of national and regional societies from all over the world who are brought together by a common interest in the development and integration of sociocultural, psychosocial, behavioral and biomedical knowledge relevant to health and illness and the application of this knowledge to disease prevention, health promotion, etiology, diagnosis, treatment and rehabilitation. ISBM provides an optimal platform to build professional relationships with like minded scholars to conduct cross-national research in behavioral medicine. As SBM is a member society, SBM members are in turn a part of the ISBM, can receive the ISBM Journal and register at a reduced rate for our Congress. This Congress, held every two years, brings together over 700 scientists and trainees in the field of Behavioral Medicine from diverse international and scientific backgrounds. Leaders from the ISBM will discuss and explore ways to interact and collaborate with behavioral medicine scientists across the world, provide some highlights of our upcoming International Congress of Behavioral Medicine (ICBM) to be held August 29 - September 1, 2012, in Budapest, and discuss other activities such as our Early Career Network and our scientific journal, The International Journal of Behavioral Medicine. This midday session will provide an opportunity for SBM members to become more aware and involved in the activities of the ISBM.

★ Advanced — ■ Intermediate — △ Beginner/Intermediate — ● Beginner — *Session Not Eligible for Credit



Scientific Sessions - Thursday, April 12, 2012

11:45 am – 12:45 pm

Midday Meetings* continued

Scientific Priorities at the National Heart, Lung, and Blood Institute, NIH GRAND SALON 19/22. 1ST FLOOR

Moderator: Catherine M. Stoney, PhD, National Heart, Lung, and Blood Institute

Panel Members: Susan M. Czajkowski, PhD; Peter G. Kaufmann, PhD; and William T. Riley, PhD, National Heart, Lung, and Blood Institute

This session provides a forum for discussing scientific priorities for funding at the National Heart, Lung, and Blood Institute, NIH. This is an interactive and scientifically focused session with NHLBI program directors who will discuss high priority areas of research in behavioral medicine. Topics will include translational research, behavioral intervention development, clinical trials in behavioral medicine, mHealth and other technological advances, as well as others

Student SIG presents:

Applying to Psychology Internships in Behavioral Medicine

MARLBOROUGH A, 2ND FLOOR

Moderator: Brian D. Gonzalez, MA

Whether you are planning on attending graduate school in clinical psychology or about to begin the internship application process, this session is for you. Join a panel of speakers for presentations addressing how to be competitive for internships, the application process itself, and strategies for interviews and ranking internship sites.

11:45 am - 12:45 pm

Panel Discussions

Admission by Name Badge

Panel Discussion 01: Adaptation of Evidence-Based Interventions for Latino Medical Populations: Strategies, Lessons Learned and Future Directions (PD1)

GRAND BALLROOM C, 1ST FLOOR

Chair: C. Andres Bedoya, PhD, Psychiatry, Massachusetts General Hospital and Harvard Medical School, Boston, MA

Panelists: John S. Wiebe, PhD, Psychology, University of Texas at El Paso, El Paso, TX; Felipe G. Castro, Psychology, University of Texas at El Paso, El Paso, TX; Vivian M. Rodriguez, MA, MS, Psychology, Virginia Commonwealth University, Richmond, VA

Panel Discussion 02: Claiming Health: Nutritional Content of Children's Foods Containing Front-of-Package Labels (PD2)

GRAND BALLROOM D, 1ST FLOOR

Chair: Sana Chehimi, Prevention Institute, Oakland, CA Panelist: Juliet Sims, Prevention Institute, Oakland, CA

Panel Discussion 03: Diversifying the Health Disparities Research and Practice Community: Student and Mentor Perspectives on the Importance of Interdisciplinary Training, Mentoring, and Partnerships (PD3)

GRAND SALON 03, 1ST FLOOR

Chair: Kristen Hernandez, The University of Texas at El Paso, El Paso, TX

Panelists: Sujehy Arredondo, The University of Texas at El Paso, El Paso, TX; Sandra Bejarano, The University of Texas at El Paso, El Paso, TX; Holly Mata, PhD, The University of Texas at El Paso, El Paso, TX; Joe Tomaka, The University of Texas at El Paso, El Paso, TX

★ Advanced — Intermediate — △ Beginner/Intermediate — • Beginner — *Session Not Eligible for Credit

Better Health Through Behavior Change

Scientific Sessions – Thursday, April 12, 2012

11:45 am – 12:45 pm

Panel Discussions ■ *continued*

Panel Discussion 04: Screening for Distress in Psychosocial Oncology (PD4)

GRAND SALON 09/12, 1ST FLOOR

Panelists: Jennifer Bretsh, George Washington University, Washington, DC; Cathy Crone MD, George Washington University, Washington, DC; and Lorenzo Norris MD, George Washington University, Washington, DC

Panel Discussion 05: Navigating Mid to Later Stage Behavioral Medicine Careers: Challenges and Solutions (PD5)

GRAND SALON 15/18, 1ST FLOOR

Chair: Barbara Stetson, PhD, University of Louisville, Louisville, KY

Panelists: Judith Ockene, PhD, MEd, MA, University of Massachusetts, Worcester, MA; C. Tracy Orleans, PhD, Robert Wood Johnson Foundation, Princeton, NJ; Michael Perri, PhD, University of Florida, Gainesville, FL; Kenneth Wallston, PhD, Vanderbilt, Nashville, TN

1:00 pm – 1:45 pm

Master Lecture ■ (ML1)

Admission by Name Badge GRAND BALLROOM D, 1ST FLOOR

Disseminating Exercise Programs for Cancer Survivors: Changing Clinical Practice, Reducing Barriers, and Ensuring Safety

Kathryn Schmitz, PhD, MPH, FACSM, Associate Professor, University of Pennsylvania Perelman School of Medicine

Moderator: Gary G. Bennett, PhD, Associate Professor, Duke University

There has been exponential growth in the field of exercise

interventions for cancer survivors, resulting in multiple efficacious interventions ready for dissemination. The American Cancer Society and the American College of Sports Medicine both recommend exercise for cancer survivors during and after treatment. This presentation will comment on the issues inherent to altering oncology clinical practice to ensure that exercise programming becomes standard of care for all patients during and post treatment. All who work in this area endorse broad access, keeping barriers to exercise as low as possible. However, another common shared goal of ensuring safety of this diverse clinical population creates a challenge to the concept of broad access. Is it safe to tell all cancer patients and survivors to do every form of exercise with no evaluation, monitoring, or supervision? Potential approaches to resolving the tension between access and safety issues will be presented.



★ Advanced — Intermediate — △ Beginner/Intermediate — ● Beginner — *Session Not Eligible for Credit

Scientific Sessions - Thursday, April 12, 2012

1:00 pm – 1:45 pm

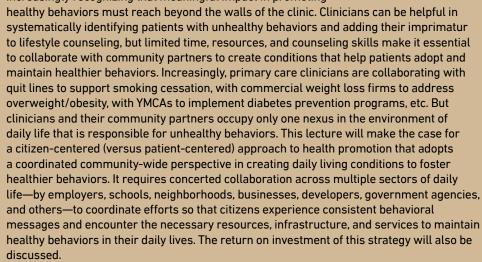
Master Lecture ■ (ML2)

Admission by Name Badge GRAND BALLROOM C, 1ST FLOOR

From Patient-Centered to Citizen-Centered Health Promotion

Steven H. Woolf, MD, MPH, Director, VCU Center on Human Needs, Professor of Family Medicine, Virginia Commonwealth University Moderator: C. Tracy Orleans, PhD, Robert Wood Johnson Foundation

Both the health care community and public health leaders are increasingly recognizing that meaningful impact in promoting



2:00 pm - 3:30 pm

Featured Symposium ★ (F3)

Admission by Name Badge GRAND BALLROOM C, 1ST FLOOR

Genetics, Genomics and Behavioral Medicine Interventions: Partnerships and Perspectives to Improve Transdisciplinary Intervention Research

Chair: Colleen M. McBride, PhD, Social and Behavioral Research Branch, NIH. Bethesda, MD Presenters: Angela D. Bryan, PhD, University of Colorado Boulder, Boulder, CO; Claude Bouchard, PhD, Pennington Biomedical Research Center, Baton Rouge, LA; David B. Allison, PhD, University Of Alabama At Birmingham, Birmingham, AL

Discussant: John P.A. Ioannidis, MD, DSc, Stanford Prevention Research Center, Standord, CA This featured symposium will highlight how genetic and genomic factors may influence outcomes of health behavior interventions. Examples from obesity and exercise research will illustrate the impact of genetic and genomic markers on health outcomes, with emphasis on how genetic or genomic factors may moderate the efficacy of behavioral interventions.

Better Health Through Behavior Change

Scientific Sessions - Thursday, April 12, 2012

2:00 pm - 3:30 pm

Symposia ★

Admission by Name Badge

Symposium 10: Cancer Patient and Survivor Research from the Cancer Information Service Research Consortium: Initial Results from Three Randomized Trials (SY10) GRAND BALLROOM D, 1ST FLOOR

Chair: Annette L. Stanton, PhD, Psychology, UCLA, LA, CA

Presenters: Annette L. Stanton, PhD, Psychology, UCLA, LA, CA; Suzanne M. Miller on behalf of the CISRC authorship group, PhD, Fox Chase Cancer Center, Philadelphia, PA; Michael A. Diefenbach, PhD, Urology and Oncological Sciences, Mount Sinai School of Medicine, New York, NY; Al Marcus for the CISRC authorship group, PhD, U of CO, Aurora, CO Discussant: Bradford Hesse, PhD, National Cancer Institute-NIH, Bethesda, MD

Symposium 11: Yoga as an Emerging Intervention for Cancer Patients and Post-Treatment Survivors (SY11)

GRAND SALON 03, 1ST FLOOR

Chair: Suzanne C. Danhauer, PhD, Social Sciences & Health Policy, Wake Forest School of Medicine, Winston Salem, NC; Crystal Park, PhD, Psychology, University of Connecticut, Storrs, CT Presenters: Suzanne C. Danhauer, PhD, Social Sciences & Health Policy, Wake Forest School of Medicine, Winston Salem, NC; Nicole Culos-Reed, PhD, Faculty of Kinesiology, University of Calgary, Calgary, AB, Canada; Sarah M. Rausch, PhD, Health Outcomes and Behavior, Moffitt Cancer Center and Research Institute, Tampa, FL; Crystal Park, PhD, Psychology, University of Connecticut, Storrs, CT; Alyson Moadel, PhD, Albert Einstein College of Medicine, Bronx, NY Discussant: Karen M. Mustian, PhD, School of Medicine and Dentistry, University of Rochester, Rochester, NY

Symposium 12: Engaging Innovative Partners in Prevention Research (SY12) GRAND SALON 09/12, 1ST FLOOR

Chair: Mary Ann Pentz, PhD, Institute for Health Promotion & Disease Prevention Research, Univ. of Southern California, Los Angeles, CA

Presenters: Mary Ann Pentz, PhD, Institute for Health Promotion & Disease Prevention Research, Univ. of Southern California, Los Angeles, CA; H. Shelton Brown, PhD, School of Public Health, University of Texas Health Science Center, Austin, TX; María Elena Medina-Mora, PhD, Epidemiology & Psychosocial Research, Institute of National Psiquiatria Ramon de la Fuente, Delegacion Tlalpan, Mexico; Monika Arora, PhD, HRIDAY-SHAN, New Delhi, India Discussants: Genevieve F. Dunton, PhD, Institute for Health Promotion & Disease Prevention Research, Univ. of Southern California, Los Angeles, CA; Terry T-K Huang, PhD, Robert Wood Johnson Foundation, Princeton, NJ

Symposium 13: Improving Physical Activity in Schools: The Linkage among Youth Behavior, Policies, Practices and Environmental Change (SY13) GRAND SALON 15/18, 1ST FLOOR

Chair: Dianne C. Barker, MHS, Public Health Institute, Calabasas, CA
Presenters: Dianne C. Barker, MHS, Public Health Institute, Calabasas, CA; Jamie F. Chriqui, PhD,
MHS, Health Policy Center, University of Illinois at Chicago (UIC), Chicago, IL; Sandy Slater, PhD,
Institute for Health Research and Policy, University of Illinois at Chicago, Chicago, IL; Natalie
Colabianchi, PhD, Survey Research Center, Institute for Social Research, University of Michigan,
Ann Arbor, MI

Discussant: C. Tracy Orleans, PhD, Robert Wood Johnson Foundation, Princeton, NJ

 \star Advanced — \blacksquare Intermediate — \triangle Beginner/Intermediate — \blacksquare Beginner — *Session Not Eligible for Credit



Scientific Sessions - Thursday, April 12, 2012

2:00 pm - 3:30 pm

Symposia ★ continued

Symposium 14: The Role of the Brain in Appetite and Obesity: New Insights from Neuroimaging Studies (SY14)

GRAND SALON 21/24, 1ST FLOOR

Chair: Nikki L. Nollen, PhD, Kansas University School of Medicine, Kansas City, KS
Presenters: Nikki L. Nollen, PhD, Kansas University School of Medicine, Kansas City, KS; Susan
Carnell, PhD, New York Obesity Nutrition Research Center, St. Luke's-Roosevelt Hospital, New
York, NY; Amanda S. Bruce, PhD, Psychology, University of Missouri-Kansas City, Kansas City,
MO; Jared Bruce, PhD, University of Missouri-Kansas City, Kansas City, MO; Laura E. Martin, PhD,
University of Kansas Medical Center, Kansas City, KS

Discussant: Cary Savage, PhD, Kansas University School of Medicine, Kansas City, KS

Symposium 15: Innovative Interventions for Health Behavior Change During Pregnancy and Postpartum (SY15)

GRAND SALON 19/22, 1ST FLOOR

Chair: Beth Lewis, PhD, University of Minnesota, Minneapolis, MN

Presenters: Beth Lewis, PhD, University of Minnesota, Minneapolis, MN; Michael Ussher, PhD, St George's University of London, London, United Kingdom; Suzanne Phelan, PhD, California Polytechnic State University, San Luis Obispo, CA

Discussant: Bess Marcus, PhD, University of California, San Diego, CA

Symposium 16: Implementation Differences and Underlying Commonalities of Peer Support: Implications for Standardization and Advocacy (SY16) GRAND SALON 13/16, 1ST FLOOR

Chair: Brian F. Oldenburg, PhD, Epidemiology & Preventive Medicine, Monash University, Melbourne, VIC, Australia

Presenters: Brian F. Oldenburg, PhD, Epidemiology & Preventive Medicine, Monash University, Melbourne, VIC, Australia; Michaela Riddell, PhD, on behalf of the Australasian Peers for Progress Diabetes Project Investigators, Monash University, Diabetes Australia -Vic, Deakin and Flinders Universities, Melbourne, VIC, Australia; Xuefeng Zhong, DrPH, Health Education Institute, Anhui Provincial Center for Disease Control & Prevention, Hefei, China; Andrea Cherrington, MD MPH, Medicine, University of Alabama Birmingham, Birmingham, AL

Discussant: Edwin B. Fisher, PhD, Health Behavior & Health Education, University of North Carolina at Chapel Hill, Chapel Hill, NC

Symposium 17: Device-Enabled Measurement of Health Behaviors in Real-time (SY17) GRAND SALON 07/10, 1ST FLOOR

Chair: Theodore Walls, PhD, Center for Health Behavior Monitoring and Intervention, University of Rhode Island, Kingston, RI

Presenters: Theodore Walls, PhD, Center for Health Behavior Monitoring and Intervention, University of Rhode Island, Kingston, RI; He Huang, PhD, Department of Electrical, Computer, & Biomedical Engineering, University of Rhode Island, Kingston, RI; David Chelidze, PhD, Mechanical, Industrial and Systems Engineering, University of Rhode Island, Kingston, RI; Santosh Kumar, PhD, Computer Science, University of Memphis, Memphis, TN

Symposium 18: Fostering Community Engagement through Social Media: Examples from Health Promotion Programs (SY18)

MARLBOROUGH A, 2ND FLOOR

Chair: Wen-ying Sylvia Chou, PhD, MPH, National Cancer Institute, Bethesda, MD Presenters: Wen-ying Sylvia Chou, PhD, MPH, National Cancer Institute, Bethesda, MD; Nathan Cobb, MD, Schroeder Institute for Tobacco Studies, Legacy, Washington, DC; Sheana Bull, PhD, Colorado School of Public Health, Aurora, CO; Kevin O. Hwang, MD, MPH, Internal Medicine, The University of Texas Medical School at Houston, Houston, TX

Discussant: Russell Glasgow, PhD, National Cancer Institute, Bethesda, MD

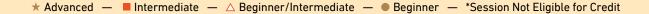
Scientifi	c Specione -	- Thursday	Anvil 19	2012
Dutentifu	L DESSIUMS -	- 1 mui suuy	, API U 12	., 2012

3:45 pm – 4:45 pm	New Member Meet and Greet*
	Admission by Name Badge
	MARLBOROUGH A, 2 ND FLOOR
	Light snacks will be provided.
3:45 pm – 5:15 pm	Paper Session 01: Breast Cancer Survivorship ■ (P1)
	Admission by Name Badge
	GRAND BALLROOM C, 1 ST FLOOR Chairs: Paul B. Jacobsen, PhD, Moffitt Cancer Center, Tampa, FL; Kristi D. Graves, PhD,
	Georgetown University, Washington, DC
3:45 pm - 4:03 pm	Pain in Long-Term Breast Cancer Survivors: The Effect of Body Mass Index
	Laura Forsythe, PhD, MPH,¹ Catherine M. Alfano, PhD,¹ Stephanie M. George, PhD,¹ Anne
	McTiernan, MD, PhD, ² Kathy B. Baumgartner, PhD, ³ Leslie Bernstein, PhD ⁴ and Rachel Ballard-
	Barbash, MD, MPH ¹
	¹ NCI, Bethesda, MD; ² Fred Hutchinson Cancer Research Center, Seattle, WA; ³ University of Louisville, Louisville, KY and ⁴ City of Hope National Medical Center, Duarte, CA
4:03 pm - 4:21 pm	How Much Exercise is Required to Achieve Psychosocial Benefits among Breast Cancer
4.03 piii - 4.2 i piii	Patients?
	Bernardine M. Pinto, PhD, ^{1,2} Shira I. Dunsiger, PhD ^{1,2} and Michael G. Goldstein, MD ²
	¹ Miriam Hospital, Providence, RI and ² W. Alpert Medical School of Brown University,
	Providence, RI
4:21 pm - 4:39 pm	Psychological Stress and Immunity Predict Fatigue in Breast Cancer Survivors 5 Years
	Post-Diagnosis Kriston M. Carpentor, PhD. Flockia Marrison, Master of Arts, Noba Cadiwala, PS. Parkara I.
	Kristen M. Carpenter, PhD, Eleshia Morrison, Master of Arts, Neha Godiwala, BS, Barbara L. Andersen, PhD and William E. Carson, MD
	Psychology, The Ohio State University, Columbus, OH
4:39 pm - 4:57 pm	Cognitive Behavioral Stress Management and Intrusive Thoughts in Women with Breast
	Cancer: Exploring Moderators
	Emily Lattie, BS, ¹ J. Stagl, MS,1 S. Vargas, MS, ¹ C. S. Carver, PhD, ¹ S. Lechner, PhD ² and M. A.
	Antoni, PhD ¹
	¹ Psychology, Univ Miami, Coral Gables, FL and ² Psychiatry and Behavioral Sciences, University of Miami, Miami, FL
4:57 pm - 5:15 pm	Trajectories of Illness Intrusiveness Domains Following a Diagnosis of Breast Cancer
4.07 pm 0.10 pm	Stephanie J. Sohl, PhD, Beverly Levine, PhD, L. Douglas Case, PhD and Nancy E. Avis, PhD
	Public Health Sciences, Wake Forest School of Medicine, Winston-Salem, NC
3:45 pm – 5:15 pm	Paper Session 02: Childhood Obesity ■ (P2)
	Admission by Name Badge
	GRAND BALLROOM D, 1 ST FLOOR
	Chairs: Laura L. Hayman, PhD, RN, FAAN, University of Massachusetts, Boston, MA; Julie A.
2:/E nm /:02 nm	Wright, PhD, University of Massachusetts, Boston, MA
3:45 pm - 4:03 pm	An Authoritarian Parenting Style Predicts Child Emotional Overeating Above and Beyone Child BMI and Restrictive Feeding
	Shelby Langer, PhD, ¹ Nancy Sherwood, PhD, ² Rona Levy, PhD, ¹ Meghan Senso, MS, ² Marcia
	Hayes, MPH, ² Julie Anderson, MPH, ² Sara Veblen-Mortenson, MPH, ³ Melissa DuPen, BS, ¹ Sheri
	Ballard, BA, ¹ Kim Swanson, PhD, ¹ Mary O'Leary, PhD, ¹ Catharine Jensen, BA, ² Claire Fleming,
	BA, ² Alison Roeder, BA ² and Bob Jeffery, PhD ³
	¹ University of Washington, Seattle, WA; ² Health Partners Research Foundation, Minneapoli
	MN and ³ University of Minnesota, Minneapolis, MN



Scientific Sessions	- Thursday, April 12, 2012
4:03 pm - 4:21 pm	MAOA Promoter uVNTR Polymorphism, Negative Familial Stressors and the Risk of Overweight in Chinese Adolescents Bin Xie, PhD,¹ Dalin Li, PhD,² Palmer H. Paula, PhD,¹ Anderson Johnson, PhD,¹ Rosa Ahn, BS,³ Melanie Sabado, MPH¹ and David V. Conti, PhD⁴ ¹School of Community and Global Health, Claremont Graduate University, San Dimas, CA; ²Medical Genetics Institute, Cedars-Sinai Medical Center/University of California at Los Angeles, Los Angeles, CA; ³Joint Science Program, Scripps College, Claremont, CA and ⁴Department of Preventive Medicine, University of Southern California, Los Angeles, CA
4:21 pm - 4:39 pm	Changes in Children's Eating Behaviors Following Increases and Decreases in Sleep Duration Chantelle Hart, PhD, 1.2 Jessica Lawton, BA, 2 Joseph Fava, PhD, 1 Mary Carskadon, PhD, 1 Judith Owens, MD MPH, 3 Hollie Raynor, PhD, RD, 4 Elissa Jelalian, PhD1.2 and Rena Wing, PhD1.2 ¹Psychiatry & Human Behavior, Alpert Medical School of Brown University, Providence, RI; 2 WCDRC, The Miriam Hospital, Providence, RI; 3 Children's National Medical Center, Washington, DC and 4 Nutrition, University of Tennessee, Knoxville, TN
4:39 pm - 4:57 pm	Child Weight and Parent Report of Child's Health Related Quality of Life Following a Primary Care Based Weight Management Program Targeting Parents William T. Dalton, PhD Clinical Psychology, Karen E. Schetzina, MD, MPH, Matthew T. McBee, PhD Educational Psychology, Laura E. Maphis, MA Clinical Psychology, Nicole M. Holt, MPH and Tiejian Wu, MD, PhD, MS East Tennessee State University, Johnson City, TN
4:57 pm - 5:15 pm	A Systematic Review of Parent and Peer Involvement in Physical Activity and Diet Interventions in Adolescents Sara M. St. George, MA and Dawn K. Wilson, PhD Psychology, University of South Carolina, Columbia, SC, SC
3:45 pm – 5:15 pm	Paper Session 03: Mindfulness and Mindfulness-Based Health Interventions ■ (P3)
3:45 pm – 5:15 pm	Admission by Name Badge GRAND SALON 03, 1 ST FLOOR Chair: Lynn L. DeBar, PhD, MPH, KP Center for Health Research, Portland, OR; Bobbi Jo
3:45 pm – 5:15 pm 3:45 pm – 4:03 pm	Admission by Name Badge GRAND SALON 03, 1 ST FLOOR
	Admission by Name Badge GRAND SALON 03, 1 ST FLOOR Chair: Lynn L. DeBar, PhD, MPH, KP Center for Health Research, Portland, OR; Bobbi Jo Yarborough, PsyD, KP Center for Health Research, Portland, OR Mindfulness-Based Eating Awareness Training (MB-EAT): Conceptual Foundations and Research Evidence Jean L. Kristeller, PhD, ¹ Virgil Sheets, PhD, ¹ Ruth Wolever, PhD ² and Kevin Bolinskey, PhD ¹ ¹Psychology, Indiana State University, Terre Haute, IN and ²Duke Integrative Medicine, Duke
3:45 pm - 4:03 pm	Admission by Name Badge GRAND SALON 03, 1 ST FLOOR Chair: Lynn L. DeBar, PhD, MPH, KP Center for Health Research, Portland, OR; Bobbi Jo Yarborough, PsyD, KP Center for Health Research, Portland, OR Mindfulness-Based Eating Awareness Training (MB-EAT): Conceptual Foundations and Research Evidence Jean L. Kristeller, PhD,¹ Virgil Sheets, PhD,¹ Ruth Wolever, PhD² and Kevin Bolinskey, PhD¹ ¹Psychology, Indiana State University, Terre Haute, IN and ²Duke Integrative Medicine, Duke University, Durham, NC A Mindfulness-Based Approach to the Treatment of Obesity and Diabetes Carla Miller, PhD, RD,² Jean L. Kristeller, PhD,¹ Haikady Nagaraja, PhD² and Fred Miser, MD² ¹Psychology, Indiana State University, Terre Haute, IN and ²Ohio State University, Columbus,

Scientific Session	ns – Thursday, April 12, 2012
4:39 pm - 4:57 pm	Mindfulness, Rumination, and Depression Are Related to ERP Brain Measures of Cognitive Control
	Joshua C. Eyer, PhD, Clinical Health Psychology ^{1,2} and Mark Faust, PhD ² ¹ Department of Psychology, University of Alabama, Tuscaloosa, AL and ² Department of Psychology, University of North Carolina at Charlotte, Charlotte, NC
4:57 pm - 5:15 pm	Testing the Effectiveness of a Brief Mindfulness Meditation Intervention Taylor Rush, MA and Christyn L. Dolbier, PhD Psychology, East Carolina University, Greenville, NC
3:45 pm – 5:15 pm	Paper Session 04: Randomized Controlled Trials of Physical Activity Interventions ■ (P4)
	Admission by Name Badge GRAND SALON 09/12, 1 ST FLOOR Chairs: Claudio R. Nigg, PhD, University of Hawaii, Honolulu, HI; Jessica A. Whiteley, PhD, University of Massachusetts, Boston, MA
3:45 pm - 4:03 pm	SystemCHANGE: Results of a Lifestyle Exercise Intervention Trial Shirley M. Moore, RN, PhD and Jacqueline M. Charvat, MS Case Western Reserve University, Cleveland, OH
4:03 pm - 4:21 pm	Impact of Personalized Physical Activity (PA) Feedback on Objectively Measured PA (the FAB study): A Randomized Controlled Trial Job G. Godino, MS Epidemiology, Clare Watkinson, MSc, Simon J. Griffin, DM, Kirsten Corder, PhD, Theresa M. Marteau, PhD, Stephen Sutton, PhD, Stephen J. Sharp, MSc and Esther M.F. van Sluijs, PhD, MRC Epidemiology Unit, Cambridge, United Kingdom; The Centre for Diet and Activity Research, University of Cambridge, Cambridge, United Kingdom; Behaviour and Health Research Unit, University of Cambridge, Cambridge, United Kingdom and General Practice & Primary Care Research Unit, University of Cambridge, Cambridge, Cambridge, United Kingdom.
4:21 pm - 4:39 pm	Internet-Delivered Behavioral Intervention to Increase Physical Activity in Persons with Multiple Sclerosis: Sustainability and Secondary Outcomes Deirdre Dlugonski, BS,¹ Robert W. Motl, PhD,¹ David C. Mohr, PhD² and Brian M. Sandroff, BS¹ ¹Kinesiology and Community Health, University of Illinois, Urbana, IL and ²Department of Preventive Medicine, Feinberg School of Medicine, Northwestern University, Evanston, IL.
4:39 pm - 4:57 pm	Advanced Lower Extremity Function in Older Adults: Intervention Effects Erin A. Olson, MS, Tom Wojcicki, BS, Amanda N. Szabo, BS, Emily L. Mailey, MS, Sean P. Mullen, PhD, Neha Gothe, MA, Jason T. Fanning, BS and Edward McAuley, PhD Kinesiology and Community Health, University of Illinois Urbana Champaign, Urbana, IL
4:57 pm - 5:15 pm	Group-Mediated Activity Counseling and Self-Reported Physical Activity in Older, Knee Osteoarthritis Patients: Evidence from the IMPACT-P Trial Brian Focht, PhD, ¹ Matthew J. Garver, PhD, ¹ Steven T. Devor, PhD, ¹ Justin Dials, PhD, ¹ Charles C. Emery, PhD ² and Kevin Hackshaw, MD ³ ¹ Health and Exercise Science, The Ohio State University, Columbus, OH; ² Psychology, The Ohio State University, Columbus, OH and ³ Rheumatology, The Ohio State University, Columbus, OH

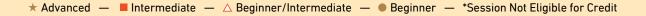




Scientific Sessions – Thursday, April 12, 2012

3:45 pm – 5:15 pm	Paper Session 05: HIV Medication Adherence ■ (P5)
	Admission by Name Badge
	GRAND SALON 15/18, 1 st FLOOR Chairs: Kathy J. Goggin, PhD, University of Missouri, Kansas City, MO; David Martinez, MA,
	University of Missouri, Kansas City, MO University of Missouri, Kansas City, MO
3:45 pm - 4:03 pm	Adherence to HIV Medications and Emotional/Physiological Coping with Stress are
	Independently Associated with Specific 5-year Clinical Outcome Indicators
	Lydia Temoshok, PhD¹ and James A. Wiley, PhD²
	¹ Medicine, University of Maryland School of Medicine Baltimore, Baltimore, MD and ² San Francisco State University, San Francisco, CA
:03 pm - 4:21 pm	Fatalism, Adherence, and Treatment Self-Efficacy in Latinos Living with HIV/AIDS on the U.SMexico Border
	Tatiana Rodriguez, Bachelor's Candidate,¹ John S. Wiebe, PhD,¹ John A. Sauceda, Doctoral Candidate¹ and Jane M. Simoni, PhD²
	¹ Psychology, University of Texas at El Paso, El Paso, TX and ² Psychology, University of Washington, Seattle, WA
:21 pm - 4:39 pm	Multi-Method Assessment of Distress Tolerance in Relation to Two Objective Measures of Medication Adherence among HIV+ Individuals
	Megan Oser, PhD, ¹ Meggan M. Bucossi, BA, ² Jodie A. Trafton, PhD ^{2,3} and Marcel O. Bonn-Miller, PhD ²
	¹ Brigham & Women's Hospital, Harvard Medical School, Boston, MA; ² VA Palo Alto Health Care System, Menlo Park, CA and ³ Stanford University School of Medicine, Palo Alto, CA
:39 pm - 4:57 pm	Social-Cognitive Correlates of Antiretroviral Therapy Adherence among HIV+ Individuals Jennifer L. Brown, PhD, ¹ Rae A. Littlewood, PhD ² and Peter A. Vanable, PhD ³
	¹ Emory University, Atlanta, GA; ² Mind Research Network, Albuquerque, NM and ³ Syracuse University, Syracuse, NY
:57 pm - 5:15 pm	Trauma History and Depression Predict Reported Incomplete Adherence to Antiretrovira
	Therapies in a Low Income Setting
	Kathryn Whetten, PhD, MPH, Kristen Shirey, MD, Jan Ostermann, PhD, Jia Yao, MSc, Rachel
	Whetten, MPH, Brian W. Pence, PhD, Amy Hobbie, MPH and Nathan Thielman, MD Duke University, Durham, NC
:45 pm – 5:15 pm	Paper Session 06: Type 1 Diabetes Management ■ (P6)
.45 pm – 5.15 pm	Admission by Name Badge
	GRAND SALON 21/24, 1 ST FLOOR
	Chair: Deborah Wiebe, PhD, MPH, University of Texas Southwestern Medical Center; Sarah S.
	Jaser, PhD, Yale University, New Haven, CT
:45 pm - 4:03 pm	Clinic-Integrated Behavioral Intervention for Families of Youth with Type 1 Diabetes:
	Effects on Glycemic and Family Management Outcomes
	Tonja R. Nansel, PhD, Ronald J. Iannotti, PhD and Aiyi Liu, PhD
	Division of Epidemiology, Statistics & Prevention Research, Eunice Kennedy Shriver Nation Institute of Child Health & Human Development, Bethesda, MD
:03 pm - 4:21 pm	The Role of Self-Efficacy and Knowledge on Patient Responsibility in Younger Versus
	Older Youth with Type 1 Diabetes (T1D)
	Joyce P. Yi-Frazier, PhD, 1,2 Erin Alving, ARNP, CDE, 2 Mona Dryjski, BS, 2 Sharla L. Semana, BS, 2
	Emil J. Buscaino, BS, ² Kara Sawyer, BS ² and Catherine Pihoker, MD ^{1,2}
	¹ University of Washington, Seattle, WA and ² Seattle Children's Research Institute, Seattle, W.
* Advanced	Intermediate — △ Beginner/Intermediate — ● Beginner — *Session Not Eligible for Credit
Auvanceu —	intermediate — \(\triangle \triangle

Scientific Session	ıs – Thursday, April 12, 2012
4:21 pm - 4:39 pm	Cluster Analysis versus Linear Regression in Longitudinal Evaluation of Independence, Family Conflict, Illness Intrusiveness, and Self-Management Outcomes for Pediatric Diabetes Bret A. Boyer, PhD, Tamara A. K. Miller, MA and Kevin Hoffman, MA Institute for Graduate Clinical Psychology, Widener University, Chester, PA
4:39 pm - 4:57 pm	Longitudinal Predictors of Parental Involvement and Type 1 Diabetes Management across Adolescence Deborah Wiebe, PhD, MPH, Chong Chow, PhD, Jonathan Butner, PhD, Debra Palmer, PhD, Nathan Story, MA, Peter Osborn, MA and Cynthia Berg, PhD 'U Texas Southwestern Medical Center, Dallas, TX; University of Wisconsin, OshKosh, WI;
4:57 pm - 5:15 pm	³ University of Utah, Salt Lake City, UT and ⁴ University of Wisconsin, Stephens Point, WI Falling Reactivity and Adherence in Adolescents with Type 1 Diabetes Amy E. Hughes, MS, ¹ Cynthia A. Berg, PhD, ¹ Mallory M. Rogers, Undergraduate ¹ and Deborah J. Wiebe, PhD, MPH ² ¹ Psychology, University of Utah, Salt Lake City, UT and ² Psychology, University of Texas Southwestern Medical Center, Dallas, TX
3:45 pm – 5:15 pm	Paper Session 07: Lung and Head/Neck Cancer: Interventions and Survivorship ■ (P7)
3:45 pm - 4:03 pm	Admission by Name Badge GRAND SALON 19/22, 1 ST FLOOR Chairs: Jamie L. Studts, PhD, University of Kentucky, Lexington, KY; Elliot J. Coups, PhD, The Cancer Institute of New Jersey, New Brunswick, NJ The Relationships among Stress, Multiple Risk Behaviors and Health-Related Quality of Life in Lung Cancer Patient-Family Member Dyads Mary E. Cooley, PhD, 1.2 Qian Wang, PhD, 1 Ling Shi, PhD, 2 Kristin Roper, PhDc, 1.2 Kathleen Finn, MS, 3 J. Paul Marcoux, MD, 1 Ken Zaner, MD, PhD 3 and Laura L. Hayman, RN, PhD, FAAN2 1 Dana Farber Cancer Institute, Boston, MA; 2 University of Massachusetts-Boston, Boston, MA and 3 Boston Medical Center, Boston, MA
4:03 pm - 4:21 pm	Perceptions of Health Status and Survival in Patients with Metastatic Lung Cancer Joseph Greer, PhD, William Pirl, MD, Vicki Jackson, MD, Emily Gallagher, RN and Jennifer Temel, MD Massachusetts General Hospital, Boston, MA
4:21 pm - 4:39 pm	Personal Blame and Regretfulness in Lung Cancer Differ by Smoking Status Kevin R. Criswell, BA,¹ Jason E. Owen, PhD, MPH,¹ Andrea A. Thornton, PhD² and Annette Stanton, PhD³ ¹Psychology, Loma Linda University, Loma Linda, CA; ²UCLA Resnick Neuropsychiatric Hospital, University of California, Los Angeles, Los Angeles, CA and ³University of California, Los Angeles, Los Angeles, CA
4:39 pm - 4:57 pm	PREPARE: Initial Results from a Randomized Intervention Trial Eileen H. Shinn, PhD,¹ Cathleen Sheil, MA,¹ Karen Basen-Engquist, PhD,¹ Jan Lewin, PhD,² Adam Garden, MD,³ Clare Alvarez, MS² and James Coyne, PhD⁴ ¹Behavioral Science, U.T. M.D. Anderson Cancer Center, Houston, TX; ²Head and Neck Surgery, U.T. M.D. Anderson Cancer Center, Houston, TX; ³Radiation Oncology, U.T. M.D. Anderson Cancer Center, Houston, TX and ⁴Behavioral Oncology Program, University of Pennsylvania, Philadelphia, PA





Scientific Session	s – Thursday, April 12, 2012
4:57 pm - 5:15 pm	The Association of Fear of Recurrence with Lifestyle Behaviors and Quality of Life in Head and Neck Cancer Survivors Julia Van Liew, BA, 1 Alan J. Christensen, PhD, 1.2 M. Bryant Howren, PhD, MPH, 3.1 Lucy Hynds Karnell, PhD4 and Gerry F. Funk, MD4 1 Psychology, University of Iowa, Iowa City, IA; 2 Internal Medicine, University of Iowa, Iowa City, IA; 3 VA Iowa City Healthcare System, Iowa City, IA and 4 Otolaryngology-Head and Neck Surgery, University of Iowa College of Medicine, Iowa City, IA
3:45 pm - 5:15 pm	Paper Session 08: Health Decision Making: Judgments and Decision Aids ■ (P8)
3:45 pm - 4:03 pm	Admission by Name Badge GRAND SALON 13/16, 1 ST FLOOR Chairs: Marc T. Kiviniemi, PhD, University At Buffalo, SUNY, Buffalo, NY; Suzanne Clare O'Neill, PhD, Lombardi Cancer Center Georgetown University, Washington, DC Knowledge Deficit or Defensive Processing? Examining Explanations for Reporting "I
3.43 pm - 4.03 pm	Don't Know" to Risk Perception Questions Heather Orom, PhD, ¹ Jennifer L. Hay, PhD, ² Erika A. Waters, PhD, ³ Marc T. Kiviniemi, PhD ¹ and Bettina F. Drake, PhD, MPH ³ ¹ University at Buffalo, Buffalo, NY; ² Memorial Sloan Kettering Cancer Institute, New York, NY and ³ Washington University, St. Louis, MO
4:03 pm - 4:21 pm	Neurocognitive Factors in Risk Behavior: Reward Sensitivity Versus Loss Aversion Sarit A. Golub, PhD, MPH, 1.2 William J. Kowalczyk, MA ^{2,3} and Louisa I. Thompson, BA ^{2,3} 1Psychology, Hunter College, City University of New York, New York, NY; 2Center for HIV Educational Studies and Training, Hunter College, City University of New York, New York, NY and 3Neuropsychology Subprogram, Graduate Center of the City University of New York, New York, NY
4:21 pm - 4:39 pm	Effects of a Decision Aid and Additional Decisional Counseling on Cardiac Risk Reduction Behavior and Health Outcomes Liv Wensaas, MS, ¹ Shirley M. Moore, PhD ² and Cornelia M. Ruland, PhD ^{1,3} ¹ Center of Shared Decision-Making, Oslo University Hospital, Oslo, Norway; ² Nursing School, Case Western Reserve University, Cleveland, OH and ³ Department of Medicine, University of Oslo, Oslo, Norway
4:39 pm - 4:57 pm	Randomized Trial to Evaluate an Intervention to Increase Informed Decision-Making Regarding Prostate Cancer Screening among Latinos Roshan Bastani, PhD,¹ Beth A. Glenn, PhD,¹ Ronald E. Myers, PhD,³ Alison K. Herrmann, MS,¹ Catherine M. Crespi, PhD,¹ Weng Kee Wong, PhD,⁴ Marina C. Alvarez, MPH,²⁴ Paola Gilsanz, MPH¹ and Cindy L. Chang, MS¹ ¹UCLA School of Public Health & Jonsson Comprehensive Cancer Center, Los Angeles, CA; ²Los Angeles County Department of Public Health, Los Angeles, CA; ³Medical Oncology, Thomas Jefferson University, Philadelphia, PA and ⁴UCLA School of Public Health, Los Angeles, CA
4:57 pm - 5:15 pm	Men's Prostate Cancer Awareness Church Training (M-PACT) Project: Intervention Development and Formative Researchct Cheryl L. Holt, PhD,¹ Darlene R. Saunders, PhD,¹ Tony Whitehead, PhD,¹ Jimmie Slade, MA,² Bettye Muwwakkil, PhD,³ Min Qi Wang, PhD,¹ Ralph Williams, BS,³ Emily Schulz, PhD⁴ and Michael Naslund, MD⁵ ¹Behavioral and Community Health, University of Maryland, College Park, MD; ²Community Ministry of Prince George's County, Capitol Heights, MD; ³Access to Wholistic and Productive Living Institute, Inc, Largo, MD; ⁴Department of Occupational Therapy, Arizona School of Health Sciences, Mesa, AZ and ⁵Division of Urology, University of Maryland Medical Center, College Park, MD
★ Advanced —	Intermediate — △ Beginner/Intermediate — ● Beginner — *Session Not Eligible for Credit

Scientific Sessions – Thursday, April 12, 2012

3:45 pm - 5:15 pm	Paper Session 09: Policy and Contextual Factors in Nutrition ■ (P9)
	Admission by Name Badge GRAND SALON 07/10, 1 ST FLOOR Chair: Jamie F. Chriqui, PhD, MHS, University of Illinois at Chicago, Chicago, IL
3:45 pm - 4:03 pm	Response of Fast Food Restaurants to the First U.S. Toy Ordinance: Year One Results Jennifer Otten, PhD, Pric Hekler, PhD, Atthew P. Buman, PhD, Prian E. Saelens, PhD, Rebecca A. Krukowski, PhD and Abby C. King, PhD
	¹ Stanford Prevention Research Center, Stanford University School of Medicine, Palo Alto, CA; ² School of Nutrition & Health Promotion, Arizona State University, Phoenix, AZ; ³ Seattle Children's Research Institute, Seattle, WA and ⁴ University of Arkansas for Medical Sciences, Little Rock, AR
4:03 pm - 4:21 pm	Neighborhood Food Environment and Adolescent Dietary and BMI Outcomes Over A 1-Year Intervention
	Rachel A. Millstein, MHS, ¹ Jacqueline Kerr, PhD, ² Marc A. Adams, PhD, ²³ James F. Sallis, PhD, ²³ Karen J. Calfas, PhD, ² Kevin Patrick, MD, MS, ² Matthew Allison, MD ² and Gregory J. Norman, PhD ¹ Clinical Psychology, SDSU/UCSD, San Diego, CA; ² University of California, San Diego, San Diego, CA and ³ San Diego State University, San Diego, CA
4:21 pm - 4:39 pm	Community-Based Approach to Assessing the Nutrition Environment in a Health Disparate Region
	Clarice Chau, MS, Jamie Zoellner, PhD and Jennie Hill, PhD HNFE, Virginia Tech, Blacksburg, VA
4:39 pm - 4:57 pm	Social Marketing of Anti-Hunger Initiatives and Resources Amy Yaroch, PhD, ¹ Lila Finney-Rutten, PhD, MPH, ¹ Courtney Pinard, PhD ¹ and Mary Story, PhD ² ¹ Gretchen Swanson Center for Nutrition, Omaha, NE and ² Division of Epidemiology and Community Health, School of Public Health, University of Minnesota, Minneapolis, MN
4:57 pm - 5:15 pm	Family Meal and Physical Activity Practices Associated with Disordered Weight Control Behaviors in a Multiethnic Sample of Middle School Youth
	Monica L. Wang, MS, ¹ Karen E. Peterson, ScD, ^{1,2} Tracy K. Richmond, MD, ^{3,4} Jennifer Spadano-Gasbarro, PhD, ¹ Mary L. Greaney, PhD, ^{1,5} Solomon Mezgebu, MS, ⁶ Marie McCormick, MD ¹ and S. Bryn Austin, ScD ^{1,3}
	¹ Harvard School of Public Health, Boston, MA; ² University of Michigan School of Public Health, Ann Arbor, MI; ³ Children's Hospital Boston, Boston, MA; ⁴ Harvard Medical School, Boston, MA; ⁵ Dana Farber Cancer Institute, Boston, MA and ⁶ Massachusetts Department of Public Health, Boston, MA



Scientific Sessions – Thursday, April 12, 2012

5:30 pm – 7:00 pm Presidential Keynote Address and Awards Ceremony ■ (KA2)

Admission by Name Badge

GRAND BALLROOM A/B, 1ST FLOOR

Behavioral Medicine in the 21st Century: Transforming "the Road Less Traveled" into the "American Way of Life"

Abby C. King, PhD, Professor, Health Research & Policy and Medicine, Stanford University Medical School

Moderator: Bess H. Marcus, PhD, Professor and Chair, University of

California, San Diego



During the last half-century, behavioral medicine has made significant advances and contributed important insights relating to the prevention and control of America's major health threats. So why, at the end of the first decade of the 21st century, do many Americans remain on a path culminating in (largely preventable) disease and disability? In this presentation, the argument will be set forth that it is not a lack of evidence that has prevented a shift onto an alternative, more health-promoting path; but, rather, a lack of a collective set of tools and language for communicating our evidence in ways that compel action at the individual, organizational, & societal levels. Is narrative communication the answer, at least in part, to moving sound behavioral medicine evidence into the American mainstream? This premise will be explored, along with several other emerging scientific trends of particular relevance to both the behavioral medicine field as a whole and to SBM. Funding for the session generously provided by Legacy

7:00 pm – 8:30 pm Presidential Reception and Poster Session B*

Admission by Name Badge

HILTON EXHIBITION CENTER (HEC), 2ND FLOOR

Join the Board of Directors and President Abby C. King, PhD, for a delightful evening of networking in a cutting edge poster session. A cash bar and complimentary hors d'oeuvres will be provided.

7:00 pm – 8:30 pm Women's Health SIG Networking Dinner*

LOCATION: MULATES CAJUN RESTAURANT, 201 JULIA STREET (504) 522-1492

Interested attendees should meet Valessa St. Pierre at the Conference Concierge desk at 6:45 pm so that the group can travel to the restaurant together.

7:45 pm - 8:30 pm Behavioral Informatics SIG and Obesity and Eating Disorders SIG*

Integrating Informatics and Obesity Research

Admission by Name Badge MARLBOROUGH A, 2ND FLOOR

Meet and network with members of the OED and BI SIG. Activities will focus on linking behavioral technologies with obesity research and planning for future collaborations between the groups.

Light snacks will be provided.

8:30 pm – 10:00 pm An Evening Out with the Student SIG*

LOCATION: CAFÉ ADELAIDE, 300 POYDRAS STREET

Enjoy an opportunity to meet and socialize with other students at this event. The Student SIG will provide light appetizers; entrees and cocktails will be available for purchase.

Better Health Through Behavior Change

Scientific Sessions - Thursday, April 12, 2012

8:30 pm – 10:00 pm

Dinner with the Scientific and Professional Liaison Council*

LOCATION: TBD

Sign-up located by the registration desk

Do you have an interest in getting more involved with SBM and building relationships with other scientific and professional societies? Explore ways to join efforts or link up with other organizations who share similar missions. Join this multidisciplinary group as we share in good food and explore where we have been and where we would like to go.



Better Health Through Behavior Change

Scientific Sessions - Friday, April 13, 2012

6:30 am – 7:30 am Exercise Session Featuring Yoga with Karen Stiver*

MARLBOROUGH B, 2ND FLOOR

7:00 am – 7:00 pm Registration Open*

7:30 am – 8:30 am Breakfast Roundtables*

Admission by Name Badge

Aging SIG Business Meeting and Networking Session

GRAND SALON 06, 1ST FLOOR

Moderators: Katherine S. Hall, PhD and Patricia C. Heyn, PhD

This session serves as the Aging SIG's formal business meeting. Additionally, a structured facilitated networking session will also take place, providing a formal opportunity for Aging SIG members to network with other SIG and SBM members. Presentation of the student research award will also be made at this time.

Behavioral Informatics SIG Meeting

GRAND SALON 19/22, 1ST FLOOR

Moderator: Thomas K. Houston, MD

Behavioral Informatics SIG will meet to discuss the group agenda and plan for future collaboration.

Cancer SIG Business Meeting

GRAND SALON 15/18, 1ST FLOOR

Moderator: Michael A. Diefenbach. PhD

The SIG chair will present the activities, budget, and future plans of the Cancer SIG.

Ethnic, Minority, and Multicultural Health SIG Breakfast Roundtable Mentorship Meeting GRAND SALON 04, 1ST FLOOR

Moderators: Eleshia J.R. Morrison, MA and Luz M. Garcini, MA

An interactive meeting to discuss interdisciplinary mentoring opportunities for EMMH SIG members.

Evidence-Based Behavioral Medicine SIG Business Meeting

GRAND SALON 07/10, 1ST FLOOR

Moderators: Karen Oliver, PhD and Sherri Sheinfeld Gorin, PhD

A meeting to discuss the work of the EBBM SIG throughout the past year and plans for next year.

Health Decision Making SIG Breakfast Roundtable

PRINCE OF WALES, 2ND FLOOR

Moderators: Marc T. Kiviniemi, PhD and Suzanne O'Neill, PhD

Annual SIG Meeting and Awards Ceremony

Military and Veterans' Health SIG

GRAND SALON 09/12, 1ST FLOOR

Moderator: Patricia H. Rosenberger, PhD

Meeting of the MVH Special Interest Group in formation to establish this as a SIG and to establish leadership, terms of rotation, and other SIG-related issues.

Multiple Health Behavior Change (MHBC) SIG Business Meeting and Discussion GRAND SALON 13/16, 1^{ST} FLOOR

Moderators: Kerry E. Evers, PhD and Lisa M. Quintiliani, PhD, RD

The MHBC SIG will hold our annual business meeting as well as discuss current issues and research topics. This will include discussion of the upcoming special issue focusing on Multiple Health Behavior Change and the call for papers.

Better Health Through Behavior Change

Scientific Sessions - Friday, April 13, 2012

7:30 am – 8:30 am

Breakfast Roundtables* continued

Student SIG

Show Me the Money: Grant Writing Strategies for Graduate Students and Post-Docs

GRAND SALON 21/24, 1ST FLOOR *Moderator: Brian D. Gonzalez, MA*

An informative session with presentations from both national funding agency professionals and previously successful grant applicants. Learn recommended strategies and come up with any questions you might have about the grant writing process.

Theories and Techniques of Behavior Change Interventions SIG

MARLBOROUGH A, 2ND FLOOR

Moderator: Susan Michie, BA, MPhil, DPhil

The first meeting of the Theories and Techniques of Behavior Change Interventions (TTBCI) SIG to establish group-in-formation, including discussions related to topics to be addressed, methods of working, leadership, terms of rotation, and other SIG-related business.

8:45 am - 10:15 am

Featured Symposium ★ (F4)

Admission by Name Badge GRAND BALLROOM C, 1ST FLOOR

Uncovering Hidden Health Behaviors of the Mouth: How Oral Health is Relevant to Behavioral Medicine Research

Chair: Donald L. Chi, DDS, PhD, University of Washington, Seattle, WA

Presenters: Donald L. Chi, DDS, PhD, University of Washington, Seattle, WA; Samuel S. Dworkin, DDS, PhD, University of Washington, Seattle, WA; Mary E. Northridge, PhD, MPH, New York University, New York, NY

Discussant: David B. Abrams, PhD, Schroder Institute, American Legacy Foundation, Washington, DC

In this symposium, leading scientists in the field of dental behavioral and social science research will highlight the relevance of oral health in behavioral medicine research and outline opportunities for future cross-disciplinary work. The first presenter will review the epidemiology of dental diseases, provide examples of how oral health is linked to systemic health over the life course, and describe the relevance of oral health to current SBM research. The second presenter will highlight applications of behavioral research in dentistry with an emphasis on the study of pain, describe how dental and orofacial disease conditions are a natural laboratory for social and behavioral scientists, and present a biopsychosocial model that incorporates principles from behavioral medicine to improve oral and systemic health behaviors of patients. The third presenter will review applications of systems science in dentistry with an emphasis on system dynamics, present a conceptual model to explore how interpersonal relationships influence oral health outcomes among older adults, and describe how a systems science approach builds shared knowledge among an interdisciplinary research team to improve population oral health. Finally, the symposium discussant will review each presentation to map the current state of dental behavioral and social science research and describe how investigators new to oral health can help to move the dental behavioral research agenda forward.



Scientific Sessions - Friday, April 13, 2012

8:45 am – 10:15 am

Symposia ★

Admission by Name Badge

Symposium 19: Information Processing and Decision Making about Cancer Screening:

Challenges and Opportunities (SY19)

GRAND BALLROOM D, 1ST FLOOR

Chair: Christian von Wagner, PhD, UCL, London, United Kingdom Presenters: Christian von Wagner, PhD, UCL, London, United Kingdom

Presenters: Christian von Wagner, PhD, UCL, London, United Kingdom; Marc T. Kiviniemi, PhD, Community Health and Health Behavior, University at Buffalo, SUNY, Buffalo, NY; Amy McQueen, PhD, Division of Health Behavior Research, Washington University, School of Medicine, St. Louis, MO

Discussant: William Klein, PhD, National Cancer Institute, Bethesda, MD

Symposium 20: Multiple Perspectives on the Cancer Experience: Analyses of the 2010 LIVESTRONG Survey for People Affected by Cancer (SY20)

GRAND SALON 03, 1ST FLOOR

Chair: Ellen B. Beckjord, PhD, MPH, University of Pittsburgh, Pittsburgh, PA

Presenters: Ellen B. Beckjord, PhD, MPH, University of Pittsburgh, Pittsburgh, PA; Sarah Arvey, PhD, Research & Evaluation, Lance Armstrong Foundation, Austin, TX; Kerry A. Reynolds, PhD, RAND Corporation, Pittsburgh, PA

Discussant: Ruth Rechis, PhD, LIVESTRONG, Austin, TX

Symposium 21: Innovative Approaches to Long-Term Weight Management: Rethinking the Initial Treatment Phase (SY21)

GRAND SALON 09/12, 1ST FLOOR

Chair: Lesley D. Lutes, PhD, Psychology, East Carolina University, Greenville, NC Presenters: Lesley D. Lutes, PhD, Psychology, East Carolina University, Greenville, NC; Deborah F. Tate, PhD, University of North Carolina at Chapel Hill, Chapel Hill, NC; Michaela Kiernan, PhD, Stanford University School of Medicine, Stanford, CA

Discussant: Leonard H. Epstein, PhD, Department of Pediatrics and Social and Preventive Medicine, University at Buffalo, Buffalo, NY

Symposium 22: Using Real-Time Mobile Phone Technologies in Physical Activity and Eating Behavior Research (SY22)

GRAND SALON 15/18, 1ST FLOOR

Chair: Genevieve F. Dunton, PhD, MPH, Preventive Medicine, Univ Southern California, Los Angeles, CA

Presenters: Genevieve F. Dunton, PhD, MPH, Preventive Medicine, Univ Southern California, Los Angeles, CA; Susan M. Schembre, PhD RD, University of Southern California, Los Angeles, CA; Stephen Intille, PhD, Northeastern University, Boston, MA; Eric B. Hekler, PhD, School of Nutrition and Health Promotion, Arizona State University, Phoenix, AZ

Discussant: Audie Atienza, PhD, Office of the Secretary, U.S. Department of Health and Human Services, Washington, DC

Better Health Through Behavior Change

Scientific Sessions - Friday, April 13, 2012

8:45 am – 10:15 am

Symposia ★ continued

Symposium 23: Translating Physical Activity and Weight Management Research into Population-Level Health Care Interventions (SY23)

GRAND SALON 21/24, 1ST FLOOR

Chair: David E. Goodrich, EdD, HSR&D, VA Ann Arbor Center for Clinical Management Research, Ann Arbor, MI

Presenters: David E. Goodrich, EdD, HSR&D, VA Ann Arbor Center for Clinical Management Research, Ann Arbor, MI; Matthew P. Buman, PhD, Exercise & Wellness, Arizona State University, Phoenix, CA; Kenneth R. Jones, PhD, National Center for Health Promotion and Disease Prevention, Office of Patient Care Services, Veterans Health Administration, Durham, NC; Caroline R. Richardson, MD, Family Medicine, University of Michigan, Ann Arbor, MI Discussant: Michael G. Goldstein, MD, National Center for Health Promotion and Disease Prevention, Veterans Health Administration, Durham, NC

Symposium 24: Ongoing Support for Health: Impacts of "Organizational Home" on Sustainability of Peer Support Programs (SY24)

GRAND SALON 19/22, 1ST FLOOR

Chair: Renee I. Boothroyd, PhD, MPH, University of North Carolina - Chapel Hill, Chapel Hill, NC Presenters: Renee I. Boothroyd, PhD, MPH, University of North Carolina - Chapel Hill, Chapel Hill, NC; Monika Safford, MD, University of Alabama at Birmingham, Birmingham, AL; Amireh Ghorob, PMH, University of California, San Francisco, San Francisco, CA; Lyndee Knox, PhD, L.A. Net, Long Beach, CA

Discussant: John Elder, PhD, MPH, San Diego State University, San Diego, CA

Symposium 25: Back to the Future: Translating Theory into Interventions and Interventions into Theory (SY 25)

GRAND SALON 13/16, 1ST FLOOR

Chair: Elaine Leventhal, MD, PhD, UMDNJ, New Brunswick, NJ

Presenters: Elaine Leventhal, MD, PhD, UMDNJ, New Brunswick, NJ; Pablo Mora, PhD, Psychology, University of Texas at Arlington, Arlington, TX; Howard Leventhal, PhD, Institute for Health, Rutgers University, New Brunswick, NJ, NJ; James C. Coyne, PhD, University of Pennsylvania, Philadelphia, PA

Discussant: Alan J. Christensen, PhD, University of Iowa, Iowa City, IA

Symposium 26: Health Branding: Marketing and Branding Techniques in Health Behavior Change (SY 26)

GRAND SALON 07/10, 1ST FLOOR

Chair: Wendy Nilsen, PhD, Office of Behavioral and Social Sciences Research/NIH, Bethesda, MD Presenters: Wendy Nilsen, PhD, Office of Behavioral and Social Sciences Research/NIH, Bethesda, MD; W. D. Evans, PhD, SPHHS, GWU, Washington, DC; Donna Vallone, PhD, Legacy Foundation, Washington, DC; Samantha Post, MPH, Government Services, MMG, Inc., Rockville, MD; Kent Lawson, BFA, IDEO, Chicago, IL

Discussant: Wendy Nilsen, PhD, Office of Behavioral and Social Sciences Research/NIH, Bethesda, MD

Symposium 27: Personality and Social Context: Motivational Perspectives on Health Behavior (SY27)

MARLBOROUGH A, 2ND FLOOR

Chair: Heather Patrick, PhD, Health Behaviors Research Branch, National Cancer Institute, Bethesda, MD

Presenters: Heather Patrick, PhD, Health Behaviors Research Branch, National Cancer Institute, Bethesda, MD; Annette Kaufman, PhD, MPH, Tobacco Control Research Branch, Behavioral Research Program, Division of Cancer Control and Population Sciences, National Cancer Institute, Rockville, MD; John A. Updegraff, PhD, Psychology, Kent State University, Kent, OH



Scientific Sessions - Friday, April 13, 2012

10:30 am – 11:30 am

Keynote Address ■ (KA3)

Admission by Name Badge

GRAND BALLROOM A/B, 1ST FLOOR

Using Data to Drive Action and Transform Public Health

Janet L. Collins, PhD, Associate Director for Program, Office of the Director, CDC

Moderator: Elliot J. Coups, PhD, Associate Professor of Medicine, The Cancer Institute of New Jersey

Whether it is tracking trends in motor vehicle injuries and deaths or monitoring annual changes in the obesity epidemic, data are the foundation and driver of the decisions we make and the programs we deliver. Janet Collins, PhD, Associate Director for Program at the Centers for Disease Control and Prevention (CDC), will share CDC's approach to the use of data to enable evidence-based interventions that can be scaled up to achieve measurable impact in key health areas. By focusing on a few targeted areas that have a large-scale impact on our nation's health – and by using effective strategies to address them – CDC is making significant progress in reducing the overall health burden of the leading causes of premature death and disability in the U.S. Dr. Collins will present the latest data on the impact CDC is having on its "winnable battles" and will share resources that attendees can use to make progress in their own focus areas.

11:45 am - 12:45 pm

Expert Consultations*

MARLBOROUGH B, 2ND FLOOR

11:45 am - 12:45 pm

Midday Meetings*

Admission by Name Badge

Cancer SIG and Health Decision Making SIG present:

Measurement of Health Decision Making: Theoretical and Clinical Challenges GRAND SALON 07/10, 1ST FLOOR

Moderators: Michael A. Diefenbach, PhD and Marc T. Kiviniemi, PhD

The purpose of this meeting is to be a forum for discussing measurement and assessment challenges for health decision making. To start of the moderator-facilitated discussions, we will have three brief presentations covering three distinct areas: The first presentation by Mary Ropka, PhD, will give an overview of the recent developments in shared decision making within the Ottawa framework, with a focus on the assessment of decisional conflict, quality and satisfaction of a decision. The second topic to be addressed by Sara J. Knight, PhD, will be the elicitation and measurement of preferences and values, which are considered a cornerstone of a "good decision." Finally, Ronald Meyers, PhD, will discuss the challenges involved in measuring and implementing shared decision paradigms within varied clinical settings. Speaker presentations will be brief to ensure time for audience participation and the exchange of ideas and experiences.

Child and Family Health SIG Midday Meeting

Behavioral Medicine Research in Pediatric Diabetes: Advances and Opportunities MARLBOROUGH A, 2ND FLOOR

Presented by: Alan M. Delamater, PhD, Professor, Pediatrics and Physhology, University of Miami Miller School of Medicine

Moderator: Kenneth P. Tercyak, PhD

Better Health Through Behavior Change

Scientific Sessions - Friday, April 13, 2012

11:45 am – 12:45 pm

Midday Meetings* continued

Complementary and Integrative Medicine SIG Working Group Business Meeting

GRAND SALON 19/22, 1ST FLOOR

Moderator: Suzanne Danhauer, PhD

Please join us to discuss ways to become more actively involved in the CIM SIG. $\,$

Light snacks will be provided.

Integrated Primary Care SIG Midday Meeting

EGLINTON WINGTON, 2ND FLOOR

Moderator: Christopher L. Hunter, PhD, ABPP

This midday meeting will focus on:

- Updates from Veterans Administration, Department of Defense, and Federally Qualified Health Center/s representative on current status of IPC as a springboard for an open conversation of what needs to happen at a national level to help private practitioners increase their involvement in IPC.
- 2. Update on programs that provide training in integrated primary care.

Scientific Program Committee Meeting: 12th International Congress of Behavioral Medicine, August 29 - September 1, 2012, Budapest, Hungary

GRAND SALON 04, 1ST FLOOR

Moderator: Frank J. Penedo, PhD – ICBM Scientific Program Committee Chair
The International Society of Behavioral Medicine (ISBM) is a vibrant scientific society consisting of national and regional societies from all over the world who are brought together by a common interest in the development and integration of sociocultural, psychosocial, behavioral and biomedical knowledge relevant to health and illness and the application of this knowledge to disease prevention, health promotion, etiology, diagnosis, treatment and rehabilitation. The ISBM holds a congress every two years bringing together over 700 scientists and trainees in the field of Behavioral Medicine from diverse international and scientific backgrounds. In this session, the Scientific Program Committee will discuss our upcoming International Congress of Behavioral Medicine (ICBM) to be held August 29 – September 1, 2012, in Budapest. As SBM is a member society of ISBM, SBM members are in turn a part of the ISBM and register at a reduced rate for our Congress. The session is open to all SBM members who would like to learn more about ISBM and our 12th ICBM

Pain SIG Business Meeting and Data Blitz

GRAND SALON 21/24, 1ST FLOOR

Moderator: Martin D. Cheatle, PhD

Annual Pain SIG Business Meeting and Student Presentations.

Tools and Measures from Social Psychology for Health Research

PRINCE OF WALES, 2ND FLOOR

Moderator: Angela D. Bryan, PhD

This midday meeting will begin with an orientation to the utility of integrating health research with measures and ideas from social psychology, as well as an introduction to the Social Personality & Health Network to foster such integration. The session will then feature 4-6 tables on specific tools, measures, and perspectives developed by social psychologists and useful for health researchers, such as implicit attitude measures, ecological assessments, and measures of social psychological motivations. An expert will be available at each table to explain the approach, answer questions, and discuss the health research potential. Participants are encouraged to circulate and attend tables as desired.



Scientific Sessions – Friday, April 13, 2012

11:45 am – 12:45 pm

Midday Meetings* continued

Spirituality and Health SIG

Forum on Measurement Issues in Spirituality and Health Research

GRAND SALON 13/16, 1ST FLOOR

Moderators: Crystal L. Park, PhD and Amy B. Wachholtz, PhD, MDiv

Researchers in Spirituality and Health will present specific measurement considerations in different areas (general health, psycho-oncology, cardiovascular disease, pain) and then we will open the forum to audience questions and comments.

Student SIG

Behavioral Medicine Internship Meet and Greet

GRAND SALON 06. 1ST FLOOR

Moderator: Brian D. Gonzalez, MA

The Student SIG invites you to an informal and interactive meet-and-greet with representatives and/or current interns from several psychology internship sites that provide specialized training in behavioral medicine. Come prepared to network, learn about site-specific training opportunities, and get your questions answered.

11:45 am - 12:45 pm

Panel Discussions

Admission by Name Badge

Panel Discussion 06: Building a Multilevel, Multidimensional, Multi-country Strategy to Reduce Obesity in the Mexican Diaspora: Implications for Theory, Practice and Policy (PD6)

GRAND BALLROOM C, 1ST FLOOR

Chair: Rebecca E. Lee, PhD, Texas Obesity Research Center, Health and Human Performance, University of Houston, Houston, TX

Panelists: Lucie Lévesque, PhD, School of Kinesiology and Health Studies, Queens University, Kingston, ON, Canada; Karla Galavíz, School of Kinesiology and Health Studies, Queens University, Kingston, ON, Canada; Juan Lopez y Taylor, Departamento de Ciencias del Movimiento Humano, Universidad de Guadalajara, Guadalajara, Mexico

Panel Discussion 07: Impacting Provider Behavior to Improve Quality of Life for Cancer **Survivors (PD7)**

GRAND BALLROOM D, 1ST FLOOR

Chair: Lorenzo Norris, Department of Psychiatry and Behavioral Sciences, George Washington University, Washington, DC

Panelist: Rebecca Cowens-Alvarado, American Cancer Society, Atlanta, GA

Panel Discussion 08: NIH Adherence Research Network: Funding Opportunities in Adherence (PD8)

GRAND SALON 03, 1ST FLOOR

Chair: Wendy Nilsen, PhD. Office of Behavioral and Social Sciences Research/NIH, Bethesda, MD Panelists: Erica S. Breslau, PhD, National Cancer Institute, Bethesda, MD; Susan M. Czajkowski, PhD, National Lung, Heart, and Blood Institute, Bethesda, MD; Christine M. Hunter, PhD, National Institute of Diabetes and Digestive and Kidney Diseases, Bethesda, MD; Michael J. Stirratt, PhD, National Institute of Mental Health, Bethesda, MD

Panel Discussion 09: Scientific Literacy of H1N1 Pandemic Flu Information & Public Perspectives (PD9)

GRAND SALON 09/12, 1ST FLOOR

Chair: Christine Prue, MSPH, PhD, National Center for Emerging and Zoonotic Infectious Diseases, Centers for Disease Control and Prevention, Atlanta, GA

Panelists: Linda B. Squiers, PhD, Health Communication Program, RTI International, Research Triangle Park, NC

Better Health Through Behavior Change

Scientific Sessions - Friday, April 13, 2012

11:45 am – 12:45 pm

Panel Discussions ■ *continued*

Panel Discussion 10: Graduate Student Research Panel Discussion (PD10)

GRAND SALON 15/18, 1ST FLOOR

Chair: Barbara Stetson, PhD, University of Louisville, Louisville, KY

Panelists: Katherine E. Stewart, PhD, MPH, Fay W. Boozman College of Public Health, University of Arkansas for Medical Sciences, Little Rock, AR; Georita M. Frierson, PhD, Southern Methodist

University, Dallas, TX

1:00 pm - 1:45 pm

Master Lecture ■ (ML3)

Admission by Name Badge

GRAND BALLROOM C, 1ST FLOOR **Distinguished Scientist Master Lecture**

Integrative Medicine: Fraud or Frontier and Why Behavioral

Medicine May Care

Margaret A. Chesney, PhD, Professor of Medicine/Director, University of

California, San Francisco

Moderator: Richard S. Surwit, Professor & Chief Division of Medical

Psychology, Duke University Medical Center

Integrative medicine is a term for an emerging field of study and clinical practice that combines evidence-based conventional and complementary medicine. To the extent that behavioral medicine informs conventional medicine about the integration of behavioral, psychosocial and biomedical influences on health and illness, it is directly relevant to integrative medicine. Lagging behind SBM by 20 years, integrative medicine became organized in 1999 when 8 academic health centers including Duke, Harvard, Stanford, and UCSF, met to form the Consortium of Academic Health Centers (AHCs) for Integrative Medicine. Illustrative of the widespread interest in the field today, the Consortium for Integrative Medicine has grown to 50 academic centers in North America, including many institutions with behavioral medicine programs and home to many of SBM's Presidents. The goal of integrative medicine is to promote health and healing at the individual and community level through research, professional education, and clinical practice. Behavioral medicine may find a source of colleagues in integrative medicine who share an interest on brain, mind, body and behavior interactions. Also shared is an interest in identifying mechanisms by which complex interventions prevent illness, reduce the impact of chronic conditions, as well as promote health and well-being.





Scientific Sessions - Friday, April 13, 2012

1:00 pm − 1:45 pm **Master Lecture (ML4)**

Admission by Name Badge GRAND BALLROOM D, 1ST FLOOR

Physical Activity/Performance, Falls, and the Development of Dementia in the Elderly

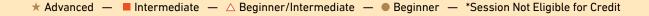
Jeffrey N. Keller, PhD, Professor, Associate Executive Director, Director, Institute for Dementia Research and Prevention, Hibernia National Bank, Edward G. Schlieder Chair, Pennington Biomedical Research Center, LSU System

Moderator: Jamie L. Studts, PhD, Associate Professor, University of Kentucky

An ever increasing body of evidence which suggests that there are important and complex interactions between how much/well a person moves and the development of cognitive impairment and/or dementia. Understanding how changes in physical activity/ performance potentially contribute to the development of dementia, and vice versa, is essential to multiple aspects of gerontology and dementia research. Such knowledge will contribute to the development of novel interventions for delaying/preventing dementia, reducing dementia related complications, reducing falls, and lead to the development of novel protocols which reliably distinguish "normal aging" from the earliest stages of dementia and/or frailty. In this talk I will outline some of our findings on this topic, obtained from our longitudinal study of nearly 2,000 elderly individuals in the Louisiana Aging Brain Study. Data using our state of the art and comprehensive methodologies, obtained from both "in clinic" as well as "free living" measures, will be presented. Unique features of our registry, including our model for promoting multidisciplinary and intervention based studies, will also be discussed. The goal of the talk will be to discuss not only the latest research findings, but to discuss the current advances and obstacles in this area of geriatric research.

2:00 pm – 3:30 pm	Paper Session 10: Novel Approaches to Health Behavior Change ■ (P10)
	Admission by Name Badge MARLBOROUGH A, 2 ND FLOOR
	Chairs: Bonnie Spring, PhD, ABPP, Northwestern University, Feinberg School of Medicine, Chicago, IL; Lisa M. Quintiliani, PhD, RD, Boston University, Boston, MA
2:00 pm - 2:18 pm	How Effective are Health Literacy Interventions Targeting Disease Self-Management and Health Promotion? A Systematic Literature Review
	Jamie M. Zoellner, PhD, RD, Kacie Allen, BS and Paul A. Estabrooks, PhD
	Human Nutrition, Foods, and Exercise, Virginia Tech, Blacksburg, VA
2:18 pm - 2:36 pm	Effects of a Technology Intervention on Disease Self-Management among Adolescents with Chronic Disease
	Jeannie Huang, MD, MPH, ^{1,2} Michael Gottschalk, MD, PhD, ^{3,2} Mark Pian, MD, ^{3,2} Lindsay Dillon, MPH, ¹ Greg Norman, PhD ¹ and L. K. Bartholomew, PhD ⁴
	¹ Center for Wireless and Population Health Systems, University of California, San Diego, La Jolla, CA; ² Rady Children's Hospital, San Diego, CA; ³ Pediatrics, University of California, San Diego, San Diego, CA and ⁴ Center for Health Promotion and Prevention Research, University of Texas Health Science Center, Houston, TX
2:36 pm - 2:54 pm	Using Eye Tracking Technology to Determine the Most Effective Content for Presenting Osteoporosis Prevention Print Advertisements
	Deborah O'Malley, MSc, Erin Berenbaum, HBScKin and Amy Latimer, PhD
	School of Kinesiology and Health Studies, Queen's University, Kingston, ON, Canada
★ Advanced —	Intermediate — △ Beginner/Intermediate — ● Beginner — *Session Not Eligible for Credit

Scientific Session	ns – Friday, April 13, 2012
2:54 pm - 3:12 pm	Understanding the Influence of Time Perspective on Preferences for Health Messages: An Application of Socioemotional Selectivity Theory Lindsay R. Duncan, PhD, ¹ Tyler Alterman, Bachelor's in progress, ² Susan E. Rivers, PhD, ¹ Amy E. Latimer, PhD, ³ Michelle Cook, MA ¹ and Peter Salovey, PhD ¹ ¹Yale University, New Haven, CT; ² City University of New York, New York, NY and ³ Queen's University, Kingston, ON, Canada
3:12 pm - 3:30 pm	Self-Determination Theory Applied to Health Contexts: A Meta-Analysis Johan Ng, MSc,¹ Nikolaos Ntoumanis, PhD,¹ Cecilie Ntoumanis, PhD,¹ Edward Deci, PhD² and Geoffrey C. Williams, MD, PhD³.4 ¹School of Sport and Exercise Sciences, The University of Birmingham, Birmingham, United Kingdom; ²Clinical and Social Sciences in Psychology, University of Rochester, Rochester New York, NY; ³Medicine, University of Rochester, Rochester, NY and ⁴Healthy Living Research Center, University of Rochester, Rochester, NY
2:00 pm - 3:30 pm	Paper Session 11: Cancer Communication between the Patient and Provider ■ (P11)
2:00 pm - 2:18 pm	Admission by Name Badge GRAND BALLROOM C, 1 ST FLOOR Chairs: Susan Eggly, PhD, Wayne State/Karmanos Cancer Institute, Detroit, MI; Robin C. Vanderpool, BS, MPH, DrPH; University of Kentucky, Lexington, KY The Association between Medical Trust and Cancer Screening in a Racially Diverse, Community-Based Sample Hayley S. Thompson, PhD,¹ Rachel Shelton, ScD,³ Felicity W. Harper, PhD,¹ Jennifer Erb- Downward, MPH,² Alexis J. Stevenson, MPH⁴ and Bruce Rapkin, PhD² ¹Oncology, Karmanos Cancer Institute/Wayne State University School of Medicine, Detroit, MI; ²Epidemiology and Population Sciences, Albert Einstein College of Medicine of Yehsiva University, Bronx, NY; ³Mailman School of Public Health, Columbia University, New York, NY and ⁴University of Southern California-Keck School of Medicine, Los Angeles, CA
2:18 pm - 2:36 pm	Patient and Medical Provider Concordance about Symptoms in Oncology Clinic Visits Swathi Chidambaram, BS, 1.2 Teresa Deshields, PhD1 and Patricia Potter, PhD1 Siteman Cancer Center, St. Louis, MO and 2St. Louis University, St. Louis, MO
2:36 pm - 2:54 pm	Assessing Patient Experiences with Survivorship Care Plans: Findings from an Online Registry of Breast Cancer Survivors Joanne S. Buzaglo, PhD, Kasey R. Dougherty, MA, Marni Amsellem, PhD and Mitch Golant, PhD Research and Training, Cancer Support Community, Philadelphia, PA
2:54 pm - 3:12 pm	Leader-Member Exchange Theory Applied to Doctor-Patient Relationships Ho P. Huynh, MA and Kate Sweeny, PhD Psychology, University of California, Riverside, Riverside, CA
3:12 pm - 3:30 pm	Contributors to Perceived Surgical Treatment Consequences for Breast Cancer in Latinas: Pathways between Illness Perceptions, Patient-Physician Communication, and Psychological Adjustment Betina Yanez, PhD,¹ Annette L. Stanton, PhD,² Melinda Maggard Gibbons, MD² and Alexandra Jorge, MA² ¹Northwestern University, Feinberg School of Medicine, Chicago, IL and ²University of California, Los Angeles, Los Angeles, CA





Scientific Sessions – Friday, April 13, 2012

2:00 pm - 3:30 pm	Paper Session 12: Pediatric Oncology: Surivivorship and Prevention ■ (P12)
	Admission by Name Badge
	GRAND BALLROOM D, 1 ST FLOOR
	Chairs: Kenneth Tercyak, PhD, Georgetown University Medical Center, Washington, DC; Carolyn
	Heckman, PhD, Fox Chase Cancer Center, Philadelphia, PA
2:00 pm - 2:18 pm	Differences in Fertility Risk Perception among Providers and Families Newly Diagnosed
2.00 pm 2.10 pm	with Cancer: Implications for Adolescent Fertility Preservation
	James Klosky, PhD, Rebecca H. Foster, PhD, Jason R. Hodges, MA, Michael J. McDermott, MS,
	Karen Martin-Elbahesh, MS and Courtney J. Peasant, MS
	Dept. of Psychology, St. Jude Children's Research Hospital, Memphis, TN
2:18 pm - 2:36 pm	Examining the Congruence of Fertility-Risk Communication among Families and Provider
2. 16 piii - 2.36 piii	in the Pediatric Oncology Setting
	Rebecca H. Foster, PhD, Jason R. Hodges, MA, Michael J. McDermott, MS, Karen Martin-Elbahesl
	MA, Courtney J. Peasant, MS and James L. Klosky, PhD
	Psychology, St. Jude Children's Research Hospital, Memphis, TN
2:36 pm - 2:54 pm	Preliminary Outcomes of a Randomized Controlled Trial to Inform Maternal Decisions
	about Communicating Cancer Genetic Test Results to Children
	Kenneth P. Tercyak, PhD, 1 Darren Mays, PhD, MPH, 1 Tiffani DeMarco, MA, 1 Beth Peshkin, MS, 1
	Judy Garber, MD, MPH, ² Katherine Schneider, MPH ² and Andrea Patenaude, PhD ²
	¹ Georgetown University Medical Center, Washington, DC and ² Dana-Farber Cancer Institute,
	Boston, MA
2:54 pm - 3:12 pm	Cognitive Outcomes in Children Experiencing Seizures during Treatment for Acute
	Lymphoblastic Leukemia
	Stephanie L. Nassar, MA, Heather M. Conklin, PhD, Jason M. Ashford, MS, Wilburn E. Reddick, PhD
	John O. Glass, MS, Sima Jeha, MD, Yinmei Zhou, MS, Cheng Cheng, PhD and Ching-Hon Pui, MD
	St. Jude Children's Research Hospital, Memphis, TN
3:12 pm - 3:30 pm	The Role of Sexual Communication on Parental Intention for HPV Vaccination among
	Daughters Surviving Childhood Cancer
	Courtney Peasant, MS, ¹ Rebecca H. Foster, PhD, ¹ Heather L. Gamble, PhD, ¹ K.P. Preeti Rao, MS ²
	and James L. Klosky, PhD¹
	¹ Psychology, St. Jude Children's Research Hospital, Memphis, TN and ² Psychology, The
	University of Memphis, Memphis, TN
2:00 pm - 3:30 pm	Paper Session 13: Factors Associated with Successful Weight Loss ■ (P13)
	Admission by Name Badge
	GRAND SALON 03, 1 ST FLOOR
	Chair: Paul A. Estabrooks, PhD, Virginia Tech Riverside, Roanoke, VA
2:00 pm - 2:18 pm	Quality of Life Predicts Counseling Call Completion for Weight Loss Participants
2.00 pm 2.10 pm	Angela Banitt Duncan, MA, ABD, Christie Befort, PhD and Emily Cramer, PhD
	University of Kansas Medical Center, Kansas City, KS
2:18 pm - 2:36 pm	Exploring the Relationship Between Behavior-Specific Self-Efficacy, Weight Control
2. 10 piii - 2.30 piii	Behaviors, and Weight Loss
	Kimberly B. Tompkins, MA,¹ Deborah F. Tate, PhD,¹ Kristen Polzien, PhD,¹ Karen E. Erickson,
	MPH, ¹ Kelli Davis, PhD, ² Amy D. Rickman, PhD ² and John M. Jakicic, PhD ²
	¹ UNC Chapel Hill, Chapel Hill, NC and ² Physical Activity and Weight Management Research
	Center, University of Pittsburgh, Pittsburgh, PA
	Senter, Shire saty of Fittsburgh, Fittsburgh, FA
	Intermediate $-\Delta$ Beginner/Intermediate $-\Phi$ Beginner $-\Phi$ *Session Not Eligible for Credit

Scientific Session	ns – Friday, April 13, 2012
2:36 pm - 2:54 pm	Fitness Motivation vs. Financial Motivation: Adaptive and Maladaptive Changes in Preference for Healthy and Unhealthy Behaviors during a Multiple Behavior Change Intervention Arlen Moller, PhD, ¹ H. Gene McFadden, BA, ¹ Donald Hedeker, PhD ² and Bonnie Spring, PhD ¹ ¹Department of Preventive Medicine, Northwestern University, Chicago, IL and ²School of
	Public Health, University of Illinois Chicago, Chicago, IL
2:54 pm - 3:12 pm	Barriers to Healthy Eating Impact Dietary Intake and Weight in a 24-Month Weight Loss
	Trial Jing Wang, PhD, MPH, ¹ Lei Ye, BMed, PhDc, ² Mindi A. Styn, PhD, ² Britney N. Beatrice, BS, ² Leah M. McGhee, BS, ² Susan M. Sereika, PhD ² and Lora E. Burke, PhD, MPH, FAAN, FAHA ² ¹ University of Texas Health Science Center at Houston, Houston, TX and ² University of Pittsburgh, Pittsburgh, PA
3:12 pm - 3:30 pm	The Effect of Daily Self-Monitoring of Weight on Changes in Caloric Intake and Energy
	Expenditure
	Kathryn M. Ross Middleton, MS,¹ Anne E. Mathews, PhD,² Samantha A. Minski, BS,¹ Stacey N. Maurer, BS¹ and Michael G. Perri, PhD¹
	¹ Clinical and Health Psychology, University of Florida, Gainesville, FL and ² Food Science &
	Human Nutrition, University of Florida, Gainesville, FL
2:00 pm - 3:30 pm	Paper Session 14: Exercise Intervention Studies among Women ■ (P14)
	Admission by Name Badge
	GRAND SALON 09/12, 1 ST FLOOR Chairs: Bess H. Marcus, PhD, University of California, San Diego, CA; Kathleen M. Michael, PhD,
	University of Maryland, Baltimore, MD
2:00 pm - 2:18 pm	Weight Perceptions and Readiness to Change Mediate the Relationship between
· ·	Intervention Exposure and Physical Activity among Ethnic Minority Women
	Scherezade K. Mama, MPH, 1.2 Heather J. Adamus, MS¹ and Rebecca E. Lee, PhD¹
	¹ Texas Obesity Research Center, Health & Human Performance, University of Houston, Houston, TX and ² University of Texas School of Public Health, Houston, TX
2:18 pm - 2:36 pm	Effects of a Brief Intervention on Physical Activity and Social Cognitive Determinants in
2.10 pm 2.00 pm	Working Mothers
	Emily L. Mailey, MS and Edward McAuley, PhD
	Kinesiology & Community Health, University of Illinois at Urbana-Champaign, Urbana, IL
2:36 pm - 2:54 pm	Efficacy of a Web-Based Physical Activity Intervention Targeted Towards Women with a
	Family History of Breast Cancer Sheri J. Hartman, PhD, ¹ Shira I. Dunsiger, PhD ² and Bess H. Marcus, PhD ¹
	¹ University of California, San Diego, CA and ² Brown University, Providence, RI
2:54 pm - 3:12 pm	Social Support Mediates an Increase in Moderate-to-Vigorous Physical Activity over 12 Months
	C. L. Albright, PhD, MPH, ¹ A. D. Steffen, PhD, ¹ C. R. Nigg, PhD, ¹ R. Novotny, PhD, RD, ¹ L. R. Wilkens,
	DrPH, ¹ K. Saiki, MPH, ¹ A. L. Dunn, PhD ² and W. J. Brown, PhD ³
	¹ University of Hawaii Cancer Center, University of Hawaii at Manoa, Honolulu, HI;
	² Klein Buendel, Golden, CO and ³ School of Human Movement Studies, The University of Queensland, St. Lucia, QLD, Australia
3:12 pm - 3:30 pm	Developing a Theory-Based Intervention to Address Physical Activity Barriers for African
·	American Women in the Deep South
	Dori Pekmezi, PhD,¹ Cody Robinson, MS,¹ Natasia Adams, MPH,¹ Michelle Martin, PhD,¹ Bess
	Marcus, PhD² and Wendy Demark-Wahnefried, PhD¹¹¹UAB, Birmingham, AL and ²UCSD, La Jolla, CA
	OAD, DITTITINGHAM, AL AND OCOD, LA JUNA, CA
★ Advanced —	Intermediate $ \triangle$ Beginner/Intermediate $ lacktriangled$ Beginner $-$ *Session Not Eligible for Credit



Scientific Sessions – Friday, April 13, 2012

2:00 pm - 3:30 pm	Paper Session 15: Physical Activity in Context: Environmental Influences ■ (P15)
	Admission by Name Badge
	GRAND SALON 15/18, 1 st FLOOR Chairs: James F. Sallis, PhD, University of California, San Diego, Active Living Research, San
	Diego, CA; Kelly Flannery, RN, MS, University of Maryland School of Nursing, Baltimore, MD
2:00 pm - 2:18 pm	Interactive Effects of Built Environment and Psychosocial Attributes on Physical Activity:
	A Test of Ecological Models
	Ding Ding, MPH, ^{1,2} James F. Sallis, PhD, ^{1,2} Terry L. Conway, PhD, ² Brian E. Saelens, PhD, ³
	Lawrence D. Frank, PhD, ⁴ Kelli L. Cain, MS ² and Donald J. Slymen, PhD ² ¹ University of California San Diego, San Diego, CA; ² San Diego State University, San Diego,
	CA; ³ University of Washington, Seattle, WA and ⁴ University of British Columbia, Vancouver,
	BC, Canada
2:18 pm - 2:36 pm	Improving Access to Physical Activity in a Low-Income, Ethnically Diverse Urban Area
	through Community Input Ashley Martin, BA,¹ Heather Kitzman-Ulrich, PhD,¹ Christina Ragland, BS¹ and Marilyn Self, MSW²
	¹ Texas Prevention Institute, UNTHSC, Fort Worth, TX and ² Community Council of Greater
	Dallas, Dallas, TX
2:36 pm - 2:54 pm	Ready for Recess: Effects of Environmental Changes at Recess on Physical Activity (PA)
	Levels in Children Jennifer Huberty, PhD,¹ Aaron Beighle, PhD,² Michael Beets, PhD³ and Greg Welk, PhD⁴
	¹ University of Nebraska Omaha, Omaha, NE; ² University of Kentucky, Lexington, KY;
	³ University of South Carolina, Columbia, SC and ⁴ Iowa State, Ames, IA
2:54 pm - 3:12 pm	Associations of Peer Support and Neighborhood Walkability with Physical Activity and
	Blood Pressure in African American Adults in the PATH Trial Sandra M. Coulon, MA,¹ Dawn K. Wilson, PhD¹ and Brent M. Egan, MD²
	¹ Department of Psychology, University of South Carolina, Columbia, SC and ² Department of
	Medicine, Medical University of South Carolina, Charleston, SC
3:12 pm - 3:30 pm	Examining the Spatial Distribution and Relationship between Support for Policies Aimed
	at Active Living in Transportation and Transportation Behavior Daniel L. Fuller, MSc,¹ Lise Gauvin, PhD,¹ Yan Kestens, PhD,¹ Mark Daniel, PhD,³ Patrick Morency,
	MD, PhD ² and Louis Drouin, MD, MSc ²
	¹ Centre de recherche du Centre Hospitalier de Université de Montréal, Université de
	Montréal, Montreal, QC, Canada; ² Environement Urbain et Santé, Direction de la santé
	publique de Montréal, Montreal, QC, Canada and ³ Sansom Institute for Health Research, University of South Australia, Adelaide, SA, Australia
2.20	<u> </u>
2:00 pm - 3:30 pm	Paper Session 16: Global HIV Risk (P16) Admission by Name Badge
	GRAND SALON 21/24, 1 ST FLOOR
	Chair: Sarah M. Wilson, MA, Duke University, Durham, NC
2:00 pm - 2:18 pm	Contextualization of Health Behavior in a HIV/AIDS Intervention Project among Sex
	Workers in Calcutta, India Satarupa Dasgupta, PhD
	School of Nursing, New York University, Princeton, NJ
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Better Health Through Behavior Change

Scienti	fic Sessions -	– Fridau. A	April 13, 2012
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2:18 pm - 2:36 pm Preventing Mother to Child Transmission (PMTCT) in South Africa

Deborah Jones, PhD, MEd,¹ Karl Peltzer, PhD,² Stephen Weiss, PhD, MPH,¹ Olga Villar-Loubet,

PsyD,¹ Elisa Shikwane, MS² and Queen Kekana, MS²

¹University of Miami Miller School of Medicine, Miami, FL and ²Human Sciences Research

Council, Pretoria, South Africa

2:36 pm - 2:54 pm The Association Between AIDS-related Stigma and HIV Testing and Transmission Risk

Among Patrons of Informal Drinking Places in Cape Town, South Africa

Eileen V. Pitpitan, PhD,¹ Seth C. Kalichman, PhD,¹ Lisa A. Eaton, PhD,¹ Demetria Cain, MPH,¹ Kathleen J. Sikkema, PhD,² Donald Skinner, PhD,³ Melissa H. Watt, PhD² and Pieterse Desiree,

PhD³

¹University of Connecticut, Storrs, CT; ²Duke University, Durham, NC and ³Stellenbosch

University, Cape Town, South Africa

2:54 pm - 3:12 pm Translation of a Behavioral Intervention in Zambia: Staff Evaluation and Implementation

Strategies

Deborah Jones, PhD, MEd,¹ Szonja Vamos, MA,¹ Stephen Weiss, PhD, MPH,¹ Ndashi Chitalu, MD,

MPH² and Miriam Mumbi, RN²

¹University of Miami Miller School of Medicine, Miami, FL and ²University of Zambia, Lusaka,

Zambia

3:12 pm - 3:30 pm Behavioural Change Communication to Address Adolescent Girl's Vulnerability to

Reproductive and Sexual Health Concerns

Radhey Shyam Goyal, PhD

Institute of Health Management Research, Jaipur, India

2:00 pm - 3:30 pm Paper Session 17: Biopsychosocial Issues in Diabetes (P17)

Admission by Name Badge

GRAND SALON 19/22, 1ST FLOOR

Chairs: Christine M. Hunter, PhD, National Institute of Diabetes and Digestive and Kidney Diseases; Monica Peek, MD, MPH, University of Chicago School of Medicine, Chicago, IL

2:00 pm - 2:18 pm Epinephrine, Trunk Fat and Fasting Glucose

Richard S. Surwit, PhD, Redford B. Williams, MD, James D. Lane, PhD, Stephen H. Boyle, PhD, Royarly H. Brummett, PhD, Uppe C. Singler, PhD, John C. Barefort, PhD, Cynthia M. Kuhn, PhD, and

Beverly H. Brummett, PhD, Ilene C. Siegler, PhD, John C. Barefoot, PhD, Cynthia M. Kuhn, PhD and

Anastasia Gerogiades, PhD Duke University, Durham, NC

2:18 pm - 2:36 pm The Mediational Role of Weight Loss in Glucose Reduction in the Healthy Living

Partnerships to Prevent Diabetes (HELP PD): A Randomized Controlled Trial

Jeffrey A. Katula, PhD,^{1,2} Timothy M. Morgan, PhD,³ Mara Z. Vitolins, DrPH,² Erica Rosenberger,

MS,² Caroline S. Blackwell, BS,² Michael Lawlor, PhD⁴ and David C. Goff, MD, PhD²

¹Health & Exercise Science, Wake Forest University, Winston-Salem, NC; ²Epidemiology & Prevention, Wake Forest School of Medicine, Winston-Salem, NC; ³Biostatistics, Wake Forest

School of Medicine, Winston-Salem, NC and ⁴Economics, Wake Forest University, Winston-Salem, NC

2:36 pm - 2:54 pm Diabetes Self-Care Activities Mediate the Relationship Between Psychological Factors and

Glycemic Control

Ken Wallston, PhD,¹ Paula Trief, PhD,² Jan Ulbrecht, MD³ and Joshua Smyth, PhD⁴

¹Vanderbilt University, Nashville, TN; ²Upstate Medical Center, Syracuse, NY; ³Penn State

University, Hershey, PA and ⁴Penn State University, University Park, PA



2:54 pm - 3:12 pm	Gender Differences In Physical Inactivity And Cardiac Events In Type 2 Diabetes Margaret M. McCarthy, MS, ¹ Lawrence Young, MD, ² Silvio Inzucchi, MD, ² Janice Davey, MS, RN, ³ Frans Wackers, MD, PhD ² and Deborah Chyun, PhD ¹ ¹ College of Nursing, New York University, New York, NY; ² School of Medicine, Yale University, New Haven, CT and ³ School of Nursing, Yale University, New Haven, CT
3:12 pm - 3:30 pm	Social Support, Depression and Treatment Adherence Among Type 2 Diabetes Patients Elyse Kupperman, MA,¹ Jeffrey S. Gonzalez, PhD,¹.² Christina Psaros, PhD,³ Jonathan Feldman, PhD¹ and Steven Safren, PhD³ ¹Ferkauf Graduate School of Psychology, Yeshiva University, Bronx, NY; ²Diabetes Research Center, Albert Einstein College of Medicine, Bronx, NY and ³Massachusetts General Hospital and Harvard Medical School, Boston, MA
2:00 pm - 3:30 pm	Paper Session 18: Depressive Symptoms and Health ■ (P18)
	Admission by Name Badge GRAND SALON 13/16, 1 ST FLOOR Chairs: James A. Blumenthal, PhD, Duke University Medical Center, Durham, NC; Patrick J. Smit PhD, Duke University Medical Center, Durham, NC
2:00 pm - 2:18 pm	Depressive Symptoms are Associated with Higher Levels of Peak Plasma Glucose Concentrations in Hispanics with Metabolic Syndrome Orit Birnbaum-Weitzman, PhD, ¹ Ronald B. Goldberg, MD, ² Barry Hurwitz, PhD, ¹ Maria M. Llabre, PhD, ¹ Marc D. Gellman, PhD ¹ and Neil Schneiderman, PhD ¹ ¹Psychology, University of Miami, Miami, FL and ²Medicine, University of Miami, Miami, FL
2:18 pm - 2:36 pm	Leptin as a Novel Predictor of Depression in Patients with the Metabolic Syndrome Diana A. Chirinos, BS, Ronald Goldberg, MD, Elias Querales-Mago, MD, Miriam Gutt, PhD, Judith R. McCalla, PhD, Marc Gellman, PhD and Neil Schneiderman, PhD Department of Psychology, University of Miami, Miami, FL
2:36 pm - 2:54 pm	Mood and Blood Pressure Regulation in Response to Orthostatic Challenge in Children Stephanie L. Leung, Master's Candidate, Victoria Bangieva, Master's Candidate, Maureen Stress, PhD² and Lawrence C. Perlmuter, PhD¹ ¹Psychology, Rosalind Franklin University of Science and Medicine, North Chicago, IL and ²Children's Neuropsychological Services, P.C., Chicago, IL
2:54 pm - 3:12 pm	Depression Reverses the Anti-Inflammatory Properties of Light-to-Moderate Alcohol Consumption Edward C. Suarez, PhD Psychiatry and Behavioral Science, Duke University, Durham, NC
3:12 pm - 3:30 pm	Depression Symptoms and Carotid Artery Intima-Media Thickness in Police Officers John M. Violanti, PhD,¹ Luenda E. Charles, PhD,² Ja K. Gu, MPH,² Cecil M. Burchfiel, PhD,² Michael E. Andrew, PhD,² Parveen N. Joseph, PhD³ and Joan M. Dorn, PhD¹ ¹Social & Preventive Medicine, University at Buffalo, State University of NY, Buffalo, NY; ²Biostatistics and Epidemiology Branch, Health Effects Laboratory Division, National Institute for Occupational Safety and Health, Centers for Disease Control and Prevention, Morgantown, WV and ³The University of Chicago Comprehensive Cancer Center, Epidemiology and Research Recruitment Core,, Chicago, IL

 \star Advanced — \blacksquare Intermediate — \triangle Beginner/Intermediate — \blacksquare Beginner — *Session Not Eligible for Credit

Scientific Sessions – Friday, April 13, 2012

2:00 pm - 3:30 pm	Paper Session 19: Colorectal Cancer Screening ■ (P19)
	Admission by Name Badge
	GRAND SALON 07/10, 1 ST FLOOR
	Chairs: Sally W. Vernon, MA, PhD, The University of Texas School of Public Health, Houston, TX; Resa M. Jones, PhD, Virginia Commonwealth University, Richmond, VA
2:00 pm - 2:18 pm	Cultural and Linguistic Adaptation of a Colorectal Cancer Screening Decision Aid for Latinos with Limited English Proficiency
	Linda Ko, PhD, ^{1,3} Daniel Reuland, MD, MPH ² and Michael Pignone, MD, MPH ²
	¹ Fred Hutchinson Cancer Research Center, Seattle, WA; ² University of North Carolina, Chapel Hill, NC and ³ University of Washington, Seattle, WA
2:18 pm - 2:36 pm	Randomized Trial of a Church-Based Tailored Intervention for Older African Americans to Promote Colorectal Cancer Screening
	Lucia A. Leone, PhD,¹ Michael P. Pignone, MD, MPH,² Joan F. Walsh, PhD¹ and Marci K. Campbell, PhD, MPH, PD¹
	¹ Nutrition, UNC-Chapel Hill, Chapel Hill, NC and ² Medicine, UNC-Chapel Hill, Chapel Hill, NC
2:36 pm - 2:54 pm	Predictors of Strong Preference for Colorectal Cancer Genetic and Environmental Risk Assessment
	Ronald E. Myers, PhD, ¹ Anett Petrich, MSN, ¹ Heidi L. Swam, MPH, ¹ James Cocroft, MA, ¹ Jocelyn Andrel, MA, ¹ Randa Sifri, MD, ¹ Eileen Keenan, MD, ² Sharon Manne, MD ³ and David Weinberg, MD ² ¹ Medical Oncology/Pop.Sc., Thomas Jefferson University, Philadelphia, PA; ² Fox Chase Cancer Center, Philadelphia, PA and ³ Cancer Institute of New Jersey, New Brunswick, NJ
2:54 pm - 3:12 pm	Assessment of Basic Numeracy Skills Among a Sample of Appalachian Men and Women Participating in a Colorectal Cancer Screening Formative Research Study Robin C. Vanderpool, DrPH, Laurel A. Mills, MPH and Kerry L. Kilbridge, MD, MSc ² ¹Department of Health Behavior, University of Kentucky College of Public Health, Lexington, KY and ²Hospital Medicine, Beth Israel Deaconess Medical Center, Boston, MA
3:12 pm - 3:30 pm	Evaluating the Training of Filipino American Community Health Advisors to Promote Colorectal Cancer Screening
	Annette Maxwell, DrPH, Leda Danao, PhD, Reggie Cayetano, MD, Catherine Crespi, PhD and Roshan Bastani, PhD
	UCLA, Los Angeles, CA



Scientific Sessions - Friday, April 13, 2012

3:45 pm – 5:15 pm

Featured Symposium ★ (F5)

Admission by Name Badge GRAND BALLROOM C, 1ST FLOOR

Evidence Based Solutions in Health Equity: Research And Policy Implications

Chair: Angelina Esparza, RN, MPH, Director of Health Equity, American Cancer Society, National Home Office

Presenters: Suzanne Christopher, PhD and Alma Knows His Gun McCormick, Montana State University; Kevin Fischella, MD, MPH, University of Rochester; Vanessa Sheppard, PhD, Lombardi Comprehensive Cancer Center, Georgetown University

Discussant: Bruce Rapkin, Ph.D., Professor, Albert Einstein College of Medicine, Yeshiva University

Despite the remarkable progress in understanding, prevention, detecting, diagnosing and treating cancer, the cancer burden is not equally borne. Cancer incidence rates vary across ethnic/racial and income groups and more startling are the poorer outcomes, including higher mortality rates across these groups. Research, including behavioral research, has the potential for answers, can highlight new directions and most importantly, provide solutions that have potential to contribute to health equity. In this symposium we present research that focuses on reducing the inequitable burden of cancer a priority. Highlighted in this session are 3 studies that each illustrate a unique focus/ direction/ along this journey, each using a different methodology and along a different place of the cancer continuum. Each is an intervention study, designed to reduce or eliminate a health disparity. These interventions will range from individually targeted interventions through organizational changes, to policy interventions. These interventions also span the cancer control continuum.

Funding for this session is generously provided by American Cancer Society

3:45 pm – 5:15 pm

Symposia ★

Admission by Name Badge

Symposium 28: Implementing Community-Based Distress Screening for Cancer Patients (SY28)

GRAND BALLROOM D, 1ST FLOOR

Chair: Mitch Golant, PhD, Cancer Support Community Research & Training Institute, Philadelphia, PA

Presenters: Mitch Golant, PhD, Cancer Support Community Research & Training Institute, Philadelphia, PA; J. Buzaglo, PhD, Cancer Support Community Research & Training Institute, Philadelphia, PA; Karen L. Clark, MS, Department of Supportive Care Medicine, City of Hope, Duarte, CA; Melissa Wright, MSW, Gilda's Club Quad Cities, Davenport, IA Discussant: Paul B. Jacobsen, PhD, Moffitt Cancer Center, Tampa, FL

Symposium 29: Skin Cancer Prevention: Diverse Approaches to a Growing Problem (SY29)

GRAND SALON 03, 1ST FLOOR

Chair: Elliot J. Coups, PhD, The Cancer Institute of New Jersey, New Brunswick, NJ Presenters: Elliot J. Coups, PhD, The Cancer Institute of New Jersey, New Brunswick, NJ; Alan Geller, MPH, Harvard School of Public Health, Boston, MA; Carolyn Heckman, PhD, Fox Chase Cancer Center, Philadelphia, PA; David B. Buller, PhD, Klein Buendel, Inc., Golden, CO Discussant: Jennifer Hay, PhD, Memorial Sloan-Kettering Cancer Center, New York, NY

Better Health Through Behavior Change

Scientific Sessions – Friday, April 13, 2012

3:45 pm – 5:15 pm

Symposia ★ continued

Symposium 30: Lessons Learned from Implementing Weight Related Interventions into Community Settings (SY30)

GRAND SALON 09/12, 1ST FLOOR

Chair: Sherry Pagoto, PhD, Preventive & Behavioral Medicine, University of Massachusetts Medical School, Worcester, MA

Presenters: Sherry Pagoto, PhD, Preventive & Behavioral Medicine, University of Massachusetts Medical School, Worcester, MA; Kristin L. Schneider, PhD, Preventive & Behavioral Medicine, University of Massachusetts Medical School, Worcester, MA; Lori Pbert, PhD, Preventive and Behavioral Medicine, University of Massachusetts Medical School, Worcester, MA; Stephenie C. Lemon, PhD, Preventive and Behavioral Medicine, UMass Medical School, Worcester, MA; Milagros Rosal, PhD, University of Massachusetts Medical School, Worcester, MA Discussant: Judith Ockene, PhD, Preventive & Behavioral Medicine, University of Massachusetts Medical School, Worcester, MA

Symposium 31: Novel Perspectives in Physical Activity Research: Implications for Motivation, Behavior, and Treatment (SY31)

GRAND SALON 15/18, 1ST FLOOR

Chair: Renee E. Magnan, PhD, University of New Mexico, Albuquerque, NM
Presenters: Renee E. Magnan, PhD, University of New Mexico, Albuquerque, NM; Bethany M.
Kwan, PhD, MSPH, Colorado Health Outcomes Program, University of Colorado Denver, Aurora,
CO; Ann E. Caldwell Hooper, MS, Psychology, University of New Mexico, Albuquerque, NM
Discussant: David M. Williams, PhD, Brown University, Providence, RI

Symposium 32: Tailored Multiple Risk Factor Interventions for Adolescents (SY32) GRAND SALON 21/24, 1ST FLOOR

Chair: Wayne Velicer, PhD, Cancer Prevention Research Center, University of Rhode Island, Kingston, RI

Presenters: Wayne Velicer, PhD, Cancer Prevention Research Center, University of Rhode Island, Kingston, RI; Karin Oatley, MA, Cancer Prevention Research Center, University of Rhode Island, Kingston, RI; Colleen A. Redding, PhD, CPRC / Psychology, University of Rhode Island, Kingston, RI; Andrea L. Paiva, PhD, Cancer Prevention Research Center, University of Rhode Island, Kingston, RI

Discussant: Brian Oldenburg, PhD, School of Public Health, Monash University, Melbourne, VIC, Australia

Symposium 33: Race, Ethnicity and Gender in Pain Assessment and Treatment (SY33) GRAND SALON 19/22, 1ST FLOOR

Chair: Martin Cheatle, PhD, Psychiatry, University of Pennsylvania, Philadelphia, PA
Presenters: Martin Cheatle, PhD, Psychiatry, University of Pennsylvania, Philadelphia, PA;
Heather H. Goltz, PhD, LMSW, Houston VA HSR&D Center of Excellence, Michael E. DeBakey
VA Medical Center, Houston, TX; Francisco L. Sotelo, BA, SDSU/UCSD Joint Doctoral Program
in Clinical Psychology, San Diego State University, San Diego, CA; Luz Garcini, MA, Psychology,
SDSU/UCSD, San Diego, CA; Eleshia J.P. Morrison, MA, Dept. of Psychology, Ohio State University,
Columbus, OH

Discussant: Martin Cheatle, PhD, Psychiatry, University of Pennsylvania, Philadelphia, PA



Scientific Sessions – Friday, April 13, 2012

3:45 pm – 5:15 pm

Symposia ★ continued

Symposium 34: Engaging Health Psychologists in the Management and Treatment of Chronic Hepatitis C (SY34)

GRAND SALON 13/16, 1ST FLOOR

Chair: Donna M. Evon, PhD, Gastroenterology and Hepatology, University of North Carolina, Chapel Hill, NC

Presenters: Donna M. Evon, PhD, Gastroenterology and Hepatology, University of North Carolina, Chapel Hill, NC; Jeffrey Weiss, PhD, MS, Mount Sinai School of Medicine, New York, NY; Erik J. Groessl, PhD, HSR&D, VA San Diego/UC San Diego, San Diego, CA

Discussant: Rebecca Cabral, PhD, Division of Viral Hepatitis, Centers for Disease Control and Prevention, Atlanta, GA

Symposium 35: How Informational Goals and Uncertainty Affect Health Decision Making: Overview and Recent Findings (SY35)

GRAND SALON 07/10, 1ST FLOOR

Chair: David B. Portnoy, PhD, MPH, Cancer Prevention Fellowship Program, National Cancer Institute, Bethesda, MD

Presenters: David B. Portnoy, PhD, MPH, Cancer Prevention Fellowship Program, National Cancer Institute, Bethesda, MD; James A. Shepperd, PhD, Psychology, University of Florida, Gainesville, FL; Jada G. Hamilton, PhD, MPH, Cancer Prevention Fellowship Program, National Cancer Institute, Rockville, MD; Stephenie Chaudoir, PhD, Psychology, Bradley University, Peoria, IL Discussant: David B. Portnoy, PhD, MPH, Cancer Prevention Fellowship Program, National Cancer Institute, Bethesda, MD

Symposium 36: The Role of Exercise in the Secondary Prevention of Depression and Heart Disease (SY36)

MARLBOROUGH A, 1ST FLOOR

Chair: Kenneth E. Freedland, PhD, Psychiatry, Washington University, St. Louis, MO
Presenters: Kenneth E. Freedland, PhD, Psychiatry, Washington University, St. Louis, MO;
James A. Blumenthal, PhD, Psychiatry, Duke University, Durham, NC; Carl J. Lavie, MD, Cardiac
Rehabilitation and Prevention, Ochsner Heart and Vascular Institute, New Orleans, LA; Robert M.
Carney, PhD, Psychiatry, Washington University, St Louis, MO
Discussant: David S. Sheps, MD, Medicine, Emory University, Atlanta, GA

Better Health Through Behavior Change

Scientific Sessions - Friday, April 13, 2012

5:30 pm - 7:00 pm Presidential Ko

Presidential Keynote Panel ■ (KA4)

Admission by Name Badge

GRAND BALLROOM A/B, 1ST FLOOR

Chair: Russell E. Glasgow, PhD, National Cancer Institute, Rockville, MD

Presenters: Shiriki Kumanyika, PhD, MPH, University of Pennsylvania, Philadelphia, PA; Thomas Robinson, MD, MPH, Stanford University School of Medicine, Stanford, CT; Deborah F. Tate, PhD, University of North Carolina, Chapel Hill, NC

The President's Keynote Panel is a new forum designed to engage key leaders in a field of central importance to our Society. With Dr. Russell Glasgow, Deputy Director for Implementation Science in the Division of Cancer Control and Population Sciences at NCI, serving as moderator, this year's panel will address the obesity epidemic, including novel clinical, technological, and policy-level interventions. Our first speaker, Dr. Thomas N. Robinson is the Irving Schulman, MD Endowed Professor in Child Health and Director of the Center for Healthy Weight at Stanford University. Dr. Robinson will present his cutting-edge work related to obesity prevention, including stealth interventions. Our second presenter, Dr. Deborah Tate, is an Associate Professor with joint appointments in the Department of Health Behavior and Health Education and the Department of Nutrition at the University of North Carolina Gillings School of Global Public Health. Dr. Tate will address her innovative work regarding the use of technology and informatics-based interventions for obesity. The third presenter, Dr. Shiriki Kumanyika, is a Professor of Epidemiology and Associate Dean for Health Promotion and Disease Prevention in the Perelman School of Medicine at the University of Pennsylvania. Dr. Kumanyika will discuss her perspectives on policy-level initiatives and global issues surrounding the worldwide obesity epidemic. Following the presentations, Drs. Glasgow, Robinson, Tate, and Kumanyika will engage the audience in a question and answer period exploring the future of obesity prevention and treatment.

7:00 pm - 8:30 pm

Poster Session C*

Admission by Name Badge

HILTON EXHIBITION CENTER (HEC), 2ND FLOOR

It's Friday night and we've got a poster session that is going to set the stage for a wonderful night on the town. Before you go out – be sure to stop by the poster session – enjoy complimentary hors d'oeuvres while you peruse the posters. Make the poster hall the meeting spot for your going out party!

7:00 pm – 9:00 pm

Dinner with an Expert*

LOCATION TBD



Better Health Through Behavior Change

Scientific Sessions - Saturday April 14, 2012

6:30 am – 7:30 am Fun Run/Walk*

Better Health through Behavior Change begins with you! Show off your athletic prowess by participating in the Fun Run/Walk! All runners and walkers are to meet near the concierge desk at 6:15 am. The run starts at 6:30 am sharp. Join our Local Arrangements Committee as they take you on a scenic tour of New Orleans. With breathtaking views, and clean, crisp air in your lungs, if you are a runner, this is an opportunity you will not want to miss!

7:00 am - 11:00 am Registration Desk Open*

7:30 am - 8:30 am SBM Business Meeting*

GRAND SALON 15/18, 1ST FLOOR

Free coffee while supplies last.

Call to Order

Abby C. King, PhD - President, SBM

Secretary-Treasurer's Report

Paul A. Estabrooks, PhD - Secretary-Treasurer

Membership Council Report

Brent Van Dorsten, PhD - Chair, Membership Council

2012 Annual Meeting Report

Jamie L. Students, PhD - Chair, Program Committee

President's Report

Abby C. King, PhD - President

Nominating Committee Report/ Election Results

Karen M. Emmons, PhD, - Chair, Nominating Committee

Transition of the Presidency

Abby C. King, PhD and Alan J. Christensen, PhD

Plans for 2012-2013

Alan J. Christensen, PhD - President

Business Meeting Adjournment

Alan J. Christensen, PhD – President

8:30 am - 10:00 am Poster Session D*

Admission by Name Badge

HILTON EXHIBITION CENTER, 2ND FLOOR

After a night on the town, there's nothing better than a relaxing poster session with free breakfast goodies. Stop by the poster hall on Saturday morning for breakfast. Join fellow sleepy eyed attendees and Board members for a few breakfast treats, including FREE COFFEE until supplies last! So, set your alarm and be sure to take advantage of this networking opportunity!

Better Health Through Behavior Change

Scientific Sessions – Saturday April 14, 2012

8:45 am - 9:30 am

Master Lecture ■ (ML5)

Admission by Name Badge GRAND SALON 09/12. 1ST FLOOR

Policy and Financing are Necessary but Not Sufficient—Lessons Learned in Scaling Behavioral Interventions. Case Studies from Stanford and Bangladesh

Kate Lorig, DrPH, Professor Emeritus (acting) Department of Medicine, Stanford University School of Medicine

Moderator: Karen M. Emmons, PhD, Professor/Deputy Director Community Based Research, Dana Farber Cancer Institute

Most behavioral interventions are never put into wide spread practice. As behavioral scientists we often blame the lack of policy and financing. While both of these are very important they are not sufficient to bring a program to scale. This talk will use the Stanford Model Self-Management Programs, now used in 25 countries by more than 100,000 people a year, as a case study in scaling. Many of the factors to be discussed come from the work of scaling projects in developing counties, especially the scaling of direct observation medication taking for TB in Bangladesh. Topics to be discussed include designing for scaling, need for evidence base, partnering with government and non governmental agencies (policy and finance), the need for the intervention to fit the structure of implementing organizations, securing community buy in, creating a labor force, systematizing implementation, and fidelity, continuous quality improvement, and studying implementation. This is not a process that any individual or even team of individuals can accomplish alone. At the same time it is up to program creator to make many hard choices about what to keep, who to trust and often to stay out of the way. This lecture will not give answers but will present one way of thinking about the scaling of behavioral interventions





Scientific Sessions - Saturday April 14, 2012

8:45 am - 9:30 am

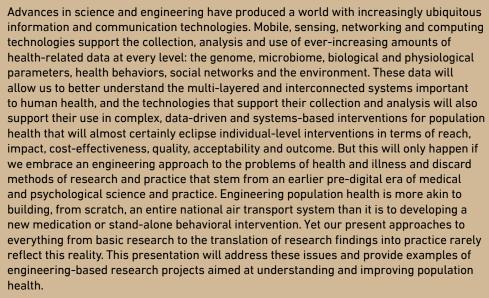
Master Lecture ■ (ML6)

Admission by Name Badge GRAND SALON 21/24, 1ST FLOOR

Population Health: From Ecological Models to Engineering Solutions

Kevin Patrick, MD, MS, Professor, Family and Preventative Medicine, Director, Center for Wellness and Population Health Systems, Calit2, Editor-in-Chief, American Journal of Preventative Medicine, University of California, San Diego

Moderator: Audie H. Atienza, PhD, National Cancer Institute



10:00 am – 11:30 am	Paper Session 20: Adolescent and Young Adult Tobacco Use ■ (P20)
	Admission by Name Badge
	GRAND BALLROOM C, 1 st FLOOR
	Chair: Jamie L. Studts, PhD, University of Kentucky, Lexington, KY
10:00 am - 10:18 am	Gender Difference in Genetic Effect of MAOA Promoter uVNTR Polymorphism on Smoking Behavior in Chinese Adolescents
	Bin Xie, PhD, ¹ Dalin Li, PhD, ² David V. Conti, PhD, ⁴ Paula H. Palmer, PhD, ¹ Melanie Sabado, MPH, ¹ Keri Ishibashi, BS ³ and Anderson Johnson, PhD ¹
	¹ School of Community and Global Health, Claremont Graduate University, San Dimas, CA;
	² Medical Genetics Institute, Cedars-Sinai Medical Center/University of California at Los
	Angeles, Los Angeles, CA; ³ Joint Science Program, Scripps College, Claremont, CA and
	⁴ Department of Preventive Medicine, University of Southern California, Los Angeles, CA
10:18 am - 10:36 am	Identifying Threshold of Social Influences on Lifetime Smoking Status among Adolescents - A Recursive Partitioning Approach
	Yue Liao, MPH,¹ Jimi Huh, PhD,¹ Zhaoqing Huang, MD, MS,¹ Arif Ansari, PhD,² Mary Ann Pentz, PhD¹ and Chih-Ping Chou, PhD¹
	¹ Preventive Medicine, University of Southern California, Los Angeles, CA and ² Clinical
	Information and Operations Management, University of Southern California, Los Angeles, CA
★ Advanced — ■ Ir	ntermediate — △ Beginner/Intermediate — ● Beginner — *Session Not Eligible for Credit

Better Health Through Behavior Change

Scientific Sessions - Saturday April 14, 2012

10:36 am - 10:54 am Smoking Escalation, Smoker Identity, and Peer Influence Among Adolescents

Andrew W. Hertel, PhD¹ and Robin J. Mermelstein, PhD^{1,2}

¹Institute for Health Research and Policy, University of Illinois at Chicago, Chicago, IL and

²Psychology, University of Illinois at Chicago, Chicago, IL

10:54 am - 11:12 am Gender Differences in the Genetic and Environmental Contributions to Smoking Across

Adolescence

Elizabeth Prom-Wormley, MPH, PhD,¹ Maes Hermine, PhD,¹ Michael Neale, PhD,¹ Kenneth Kendler, MD,¹ Judy Silberg, MS, PhD,¹ Danielle Dick, PhD,¹ Edward Murrelle, MSPH, PhD,² Soo Rhee, PhD,³ Robin Corley, PhD,³ John Hewitt, PhD,³ Susan Young, PhD,³ Matt McGue, PhD,⁴ William Iacono, PhD,⁴ Lisa Legrand, PhD,⁴ Diana Samek, MA,⁴ Martine Thomis, PhD,⁵ Dorret Boomsma, PhD,⁶ Meike Bartels, PhD,⁶ Jacquline Vink, PhD,⁶ Jaako Kaprio, PhD,² Richard Rose, PhD,⁶ Paul Lichtenstein, PhD,¹¹ Victoria White, PhD,⁶ Nicholas Martin, PhD¹⁰ and Lindon Eaves, PhD¹¹ VIPBG, VCU, Richmond, VA; ²Venebio Life Sciences, Richmond, VA; ³IBG, University of Colorado, Boulder, CO; ⁴Psychology, University of Minnesota, Minneapolis, MN; ⁵Biomedical Kinesiology, Katholieke University, Lueven, Belgium; ⁶Psychology, VU, Amsterdam, Netherlands; ¬Public Health, University of Helsinki, Helsinki, Finland; ¬Psychology, IU, Bloomington, IN; ¬Cancer Council, Melbourne, VIC, Australia; ¬QIMR, Brisbane, QLD, Australia

and ¹¹KI, Stockholm, Sweden

11:12 am - 11:30 am Prevalence, Frequency, and Initiation of Hookah Tobacco Smoking Among First-Year

Female College Students: A One-Year Longitudinal Study

Robyn L. Fielder, MS,¹ Kate B. Carey, PhD^{1,2} and Michael P. Carey, PhD^{1,3}

¹Department of Psychology, Syracuse University, Syracuse, NY; ²Department of Behavioral and Social Sciences, Brown University, Providence, RI and ³Centers for Behavioral and Preventive Medicine, The Miriam Hospital and Brown University, Providence, RI

10:00 am - 11:30 am Paper Session 21: Pain Management Interventions ■ (P21)

Admission by Name Badge GRAND BALLROOM D, 1ST FLOOR

Chairs: Beverly E. Thorn, PhD, University of Alabama, Tuscaloosa, AL; Doerte U. Junghaenel, PhD,

Applied Behavioral Medicine Research Institute, Stony Brook, NY

10:00 am - 10:18 am Transcranial Direct Current Stimulation (tDCS) of the Human Motor and Prefrontal

Cortices Reduces Pain and Opioid Use Following Total Knee Arthroplasty

Jeffrey J. Borckardt, PhD,^{1,2} Scott Reeves, MD,² Harry Demos, MD,³ H. D. Schutte, MD,³ Alok

Madan, PhD, MPH1 and Mark S. George, MD1

¹Psychiatry and Behavioral Sciences, Medical University of South Carolina, Charleston, SC; ²Anesthesia and Perioperative Medicine, Medical University of South Carolina, Charleston,

SC and ³Surgery, Medical University of South Carolina, Charleston, SC

10:18 am - 10:36 am Implementation of the VA Stepped Care Model of Pain Management

Patricia H. Rosenberger, PhD^{1,2} and Robert Kerns, PhD^{1,2}

¹VA Connecticut Healthcare, West Haven, CT and ²Psychiatry, Yale School of Medicine, New

Haven, CT

10:36 am - 10:54 am Clinical Hypnosis: A Strategy to Modify Pain Impact and Depression in Sickle Cell Patients

Gwenyth R. Wallen, PhD, K. R. Middleton, MSN, S. Velummylum, BS, A. Todaro, BS, C. Miller-Davis,

MS, C. Koratich, MS, K. Krumlauf, BSN and D. Handel, MD

NIH Clinical Center, Olney, MD



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Scientific Sessions	s – Saturday April 14, 2012
10:54 am - 11:12 am	Associations between Self Care and Health Care Use among Chronic Musculoskeletal Pain (CMP) Patients
	Lynn L. DeBar, PhD, MPH, ¹ Jennifer A. Webster, MS, ¹ Bobbi Jo H. Yarborough, PsyD, ¹ Cheryl Ritenbaugh, PhD, MPH, ² Richard A. Deyo, MD, ³ Charles Elder, MD, MPH ¹ and Mikel Aickin, PhD ² ¹ Kaiser Permanente Center for Health Research, Portland, OR; ² Family and Community Medicine, University of Arizona, Tucson, AZ and ³ Family Medicine, Oregon Health and Science University, Portland, OR
11:12 am - 11:30 am	Mindfulness Training Targets Cognitive-Affective Mechanisms in Irritable Bowel Syndrome by Modulating Emotional Processing of Pain Sensations Eric Garland, PhD, ¹ Susan Gaylord, PhD, ² Olafur Palsson, PsyD, ² Keturah Faurot, MPH, ² J. Douglas Mann, MD ² and William Whitehead, PhD ² ¹Florida State University, Tallahassee, FL and ²University of North Carolina, Chapel Hill, NC
10:00 am - 11:30 am	Paper Session 22: Blood and Organ Donation ■ (P22)
10.00 am - 11.30 am	Admission by Name Badge
	GRAND SALON 03, 1 ST FLOOR
	Chairs: Christopher R. France, PhD, Ohio University, Athens, OH; Zina Trost, PhD, McGill University, Montreal, Quebec, Canada
10:00 am - 10:18 am	Cognitive Mechanisms Underlying the Effects of Behavioral Interventions on Increasing Intention to Give Blood
	Saharnaz Balegh, MSc (In progress),¹ Natania Marcus, BA,¹ Gaston Godin, PhD,² Christopher R. France, PhD³ and Blaine Ditto, PhD¹
	¹ Psychology, McGill University, Montreal, QC, Canada; ² Nursing, Laval University, Quebec City, QC, Canada and ³ Psychology, Ohio University, Athens, OH
10:18 am - 10:36 am	The Effects of Leg Crossing and Applied Tension on Vasovagal Symptoms and Blood Donor Return: A Randomized Trial
	Crystal D. Holly, BSc,¹ Philippe Gilchrist, MA,¹ Natania Marcus, BA,¹ Sophie Dubuc, PhD,² Gilles Delages, BA,² Christopher R. France, PhD³ and Blaine Ditto, PhD¹
	¹ Psychology, McGill University, Montreal, QC, Canada; ² Hema Quebec, Montreal, QC, Canada and ³ Psychology, Ohio University, Athens, OH
10:36 am - 10:54 am	Cognitive Appraisal Moderates the Vasovagal Response Philippe T. Gilchrist, MA, Gillian McGovern, Bachelor's Candidate and Blaine Ditto, PhD Psychology, McGill University, Montreal, QC, Canada
10:54 am - 11:12 am	Project ACTS, About Choices in Transplantation and Sharing: An Intervention Increasing Donation Intention among African Americans
	Kimberly R. Jacob Arriola, PhD, MPH, Dana H. Robinson, MPH, Jennie P. Perryman, PhD, RN, Thompson J. Nancy, PhD, MPH and Emily Russell, MPH
	Behavioral Sciences and Health Education, Rollins School of Public Health, Atlanta, GA
11:12 am - 11:30 am	Encouraging Ethnic Minority Teenagers to Become a Designated Organ Donor on Their
	First Driver's License: Results from Hawaii's Idecide Project C. L. Albright, PhD, MPH, A. Steffen, PhD, L. Cross, MS and M. Dela Cruz, MPH
	University of Hawaii Cancer Center, University of Hawaii at Manoa, Honolulu, HI

SOCIETY of BEHAVIORAL MEDICINE Better Health Through Behavior Change

Scientific	Sessions –	Saturday	April 14, 2012
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	5 – Sutur day April 14, 2012
10:00 am - 11:30 am	Paper Session 23: Sexual Risk Behaviors
	Admission by Name Badge
	GRAND SALON 09/12, 1 ST FLOOR Chair: Eric G. Benotsch, PhD, Virginia Commonwealth University, Richmond, VA
10:00 am - 10:18 am	Serosorting Assumptions and HIV Risk Behavior in Men Who Have Sex with Men
10.00 aiii - 10.16 aiii	Eric G. Benotsch, PhD, ¹ Kristina Hood, MS, ¹ Vivian Rodríguez, MS, ¹ Aaron M. Martin, MS, ¹ Daniel
	Snipes, BS, Anna Cejka, MA ² and Diana Luckman, MA ³
	¹ Psychology, Virginia Commonwealth University, Richmond, VA; ² University of Colorado
	Denver, Denver, CO and ³ University of Northern Colorado, Greeley, CO
10:18 am - 10:36 am	Negative Affect Moderates the Association between At-Risk Sexual Behaviors and
	Substance Use during Sex: Findings from a Large Cohort Study of HIV-Infected Males
	Engaged in Primary Care in the US
	Matthew J. Mimiaga, ScD, MPH, ^{1,2} Sari Reisner, MA, ^{1,2} Heidi Crane, MD, MPH, ³ Johannes Wilson,
	BA, ¹ Chris Grasso, MPH, ² Steven A. Safren, PhD, ^{1,2} Mari Kitahata, MD, MPH ³ and Kenneth H.
	Mayer, MD ^{1,2} ¹ Harvard University, Boston, MA; ² The Fenway Institute, Boston, MA and ³ University of
	Washington, Seattle, WA
10:36 am - 10:54 am	Comorbid Alcohol Abuse and Anxiety: Impact on Disease Progression and Quality of Life
	in HIV
	Julia M. Hormes, PhD, ¹ Kelly R. Gerhardstein, PsyD ² and Phillip T. Griffin, PhD ²
	¹ Comprehensive Alcohol Research Center, Louisiana State University Health Sciences
	Center, New Orleans, LA and ² Department of Psychiatry, Section of Psychology, Louisiana
	State University Health Sciences Center, New Orleans, LA
10:54 am - 11:12 am	Alcohol Use in Sexual Contexts Mediates Association Between Abuse History and HIV-
	Related Risk Taking Julia M. Hormes, PhD ^{1,2} and Katherine P. Theall, PhD ^{3,1}
	¹Comprehensive Alcohol Research Center, Louisiana State University Health Sciences
	Center, New Orleans, LA; ² School of Public Health, Louisiana State University Health
	Sciences Center, New Orleans, LA and 3School of Public Health and Tropical Medicine, Tulane
	University, New Orleans, LA
11:12 am - 11:30 am	Identifying Heterosexual Men who Benefit from a Sexual Risk Reduction Intervention
	Using Growth Mixture Modeling
	Jennifer L. Walsh, PhD, ¹ Theresa E. Senn, PhD, ² Lori A. Scott-Sheldon, PhD, ¹ Peter A. Vanable,
	PhD ² and Michael P. Carey, PhD ¹ ¹ Centers for Behavioral and Preventive Medicine, Warren Alpert Medical School of Brown
	University and the Miriam Hospital, Providence, RI and ² Center for Health and Behavior,
	Syracuse University, Syracuse, NY
10.00 cm 11.20 cm	
10:00 am - 11:30 am	Paper Session 24: Diabetes and Depression ■ (P24)
	Admission by Name Badge GRAND SALON 15/18, 1 ST FLOOR
	Chair: Edward C. Suarez, PhD, Duke University Medical Center, Durham, NC
10:00 am - 10:18 am	The Role of Microvascular Complications in the Relationship between Glycemic Control
10.00 am 10.10 am	and Depressive Symptomatology in Type 1 Diabetes: A Mediational Study
	Laura L. Mayhew, MA and William P. Sacco, PhD
	Psychology, University of South Florida, Tampa, FL





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Scientific Sessions	s – Saturday April 14, 2012
10:18 am - 10:36 am	Distress and Diabetes Self-Care in Impoverished Minorities Living with Type 2 Diabetes Jeffrey S. Gonzalez, PhD, ^{1,2} Clyde B. Schechter, MD, ² Lynn Silver, MD, MPH, ³ Jeidy Carrasco, BS ³ and Elizabeth A. Walker, PhD ² ¹Ferkauf Graduate School of Psychology, Yeshiva University, Bronx, NY; ²Albert Einstein College of Medicine, Bronx, NY and ³New York City Department of Health and Mental Hygiene, New York, NY
10:36 am - 10:54 am	Behavioral Activation for Comorbid Depression and Diabetes Leilani Feliciano, PhD, ^{1,2} Mary E. Steers, MA, ^{1,2} Allison A. Jay, MA, BCBA, ¹ Sarah L. Anderson, BA ¹ and Brenna N. Renn, BA ¹ ¹Psychology, University of Colorado, Colorado Springs, Colorado Springs, CO and ²Behavioral
10:54 am - 11:12 am	Health, Peak Vista Community Health Center, Colorado Springs, CO The Influence of Diabetes Distress on a Clinician-Rated Assessment of Depression in Adults with Type 1 Diabetes Molly L. Tanenbaum, BA,¹ Persis Commissariat, BA,¹ Sabrina A. Esbitt, MA¹ and Jeffrey S. Gonzalez, PhD¹.² ¹Ferkauf Graduate School of Psychology, Yeshiva University, Bronx, NY and ²Diabetes
11:12 am - 11:30 am	Research Center, Albert Einstein College of Medicine, Bronx, NY Can the Sunshine Vitamin Improve Depression, Diabetes Symptoms, and Quality of Life in Women with Diabetes? Sue Penckofer, PhD,¹ Mary Byrn, PhD,² Mary Ann Emanuele, MD,¹ Patricia Mumby, PhD,¹ Laurie Quinn, PhD,³ Diane Wallis, MD⁴ and Patrick Harrison, MA¹ ¹Loyola University Chicago, Chicago, IL; ²St. Mary's College, Notre Dame, IN; ³University of Illinois, Chicago, IL and ⁴Midwest Heart Specialists, Downers Grove, IL
10:00 am - 11:30 am	Paper Session 25: Prostate Cancer: Impact of Androgen Deprivation Therapy ■ (P25)
10:00 am - 10:18 am	Admission by Name Badge GRAND SALON 21/24, 1 ST FLOOR Chairs: David M. Latini, PhD, Baylor College of Medicine, San Francisco, CA; Job G. Godino PhD Student, University of Cambridge, Cambridge UK Impact of Androgen Deprivation Therapy (ADT) on Fatigue Among Men with Prostate Cancer
1000 4 1010 4	Julie Cessna, MPH, ¹ Morgan Lee, BS, ¹ Kristine Donovan, PhD, ² Heather Jim, PhD ² and Paul Jacobsen, PhD ^{2,1} ¹ Department of Psychology, University of South Florida, Tampa, FL and ² Moffitt Cancer Center, Tampa, FL
10:18 am - 10:36 am	Genetic Predictors of Fatigue in Prostate Cancer Patients Treated with Androgen Deprivation Therapy: A Pilot Study Heather Jim, PhD, ¹ Maria Rincon, undergraduate, ² Jong Y. Park, PhD, ¹ Kristin Phillips, PhD, ¹ Brent Small, PhD ² and Paul B. Jacobsen, PhD ¹ ¹Moffitt Cancer Center, Tampa, FL and ²University of South Florida, Tampa, FL
10:36 am - 10:54 am	Sexual Function in Men Receiving Androgen Deprivation Therapy for Prostate Cancer:
	A Controlled Comparison Kristine A. Donovan, PhD, Julie M. Cessna, BA, Kristin M. Phillips, PhD, Mallory Hussin, BA and Paul B. Jacobsen, PhD Moffitt Cancer Center, Tampa, FL
10:54 am - 11:12 am	Kristine A. Donovan, PhD, Julie M. Cessna, BA, Kristin M. Phillips, PhD, Mallory Hussin, BA and Paul B. Jacobsen, PhD

Better Health Through Behavior Change

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11:12 am - 11:30 am Quality of Life during Androgen Deprivation Therapy for Prostate Cancer: A Longitudinal,

Controlled Comparison

Yasmin Asvat, MA,^{1,2} Brian D. Gonzalez, MA,^{1,2} Morgan R. Lee, BA,^{1,2} Pamela Reiersen, BA,¹

Charissa Hicks, BA¹ and Paul B. Jacobsen, PhD^{1,2}

 1 Health Outcomes & Behavior, Moffitt Cancer Center, Tampa, FL and 2 Psychology, University

of South Florida, Tampa, FL

10:00 am - 11:30 am Paper Session 26: Weight Loss Interventions ■ (P26)

Admission by Name Badge GRAND SALON 19/22, 1ST FLOOR

Chair: Gary G. Bennett, PhD, Duke University, Durham, NC; Gerald Jerome, PhD, MHS, Towson

University, Towson, MD

10:00 am - 10:18 am Sequential Sepression and Weight Loss Treatment for Obese Women with Clinical

Depression: The Be Active Trial

Sherry Pagoto, PhD,¹ Kristin L. Schneider, PhD,¹ Matthew C. Whited, PhD,¹ Jessica Oleski, MA,¹ Phillip Merriam, MPH,¹ Bradley Appelhans, PhD,² Yunsheng Ma, PhD,¹ Barbara Olendzki, RD, MPH,¹ Molly E. Waring, PhD,³ Andrew M. Busch, PhD,^{4,5} Ira Ockene, MD¹ and Sybil Crawford, PhD¹ Medicine, University of Massachusetts Medical School, Worcester, MA; ²Rush University Medical Center, Chicago, IL; ³Quantitative Health Sciences, University of Massachusetts Medical School, Worcester, MA; ⁴Alpert School of Medicine, Brown University, Providence, RI

and 5Miriam Hospital, Providence, RI

10:18 am - 10:36 am Weight Loss Social Support in 140 Characters or Less

Gabrielle Turner-McGrievy, PhD, MS, RD,¹ Alaina Boyle, BA,⁴ Jordan Wong, BSPH,² Megan

McMullin, BA⁴ and Deborah Tate, PhD^{2,3}

¹Health Promotion, Education, and Behavior, University of South Carolina, Columbia, SC; ²Nutrition, University of North Carolina at Chapel Hill, Chapel Hill, NC; ³Health Behavior and Health Education, University of North Carolina at Chapel Hill, NC and ⁴Lineberger Comprehensive Cancer Center, University of North Carolina at Chapel Hill, Chapel Hill, NC

10:36 am - 10:54 am Weight Loss among Socioeconomically Disadvantaged Primary Care Patients

Gary G. Bennett, PhD,¹ Erica Warner, ScD,² Russell Glasgow, PhD,⁴ Sandy Askew, MS,¹ Karen M.

Emmons, PhD,^{3,2} Bernard Rosner, PhD² and Graham A. Colditz, MD, DrPh⁵

¹Psychology & Global Health, Duke University, Durham, NC; ²Harvard School of Public Health, Boston, MA; ³Center for Community Based Research, Dana Farber Cancer Institute, Boston, MA; ⁴Division of Cancer Control and Population Sciences, National Cancer Institute, Bethesda, MD and ⁵Division of Public Health Sciences, Department of Surgery, Alvin J.

Siteman Cancer Center, Washington University School of Medicine, St. Louis, MO

10:54 am - 11:12 am The WEIGH Study: A Randomized Trial Focusing on Daily Self-Weighing for Weight Loss

Among Overweight Adults

Dori M. Steinberg, MS, RD,¹ Deborah F. Tate, PhD,^{1,2} Gary G. Bennett, PhD,³ Susan Ennett, PhD,²

Carmen Samuel-Hodge, PhD, RD¹ and Dianne S. Ward, EdD¹

¹Nutrition, UNC Chapel Hill, Chapel Hill, NC; ²Health Behavior and Health Education, UNC

Chapel Hill, Chapel Hill, NC and ${}^3\text{Psychology}$ and Neuroscience, Duke University, Durham, NC

11:12 am - 11:30 am Improving Lifestyle Interventions for Obesity: The Effects of Prescribing Moderate versus

Mild Caloric Restriction Goals on Long-Term Weight Loss Maintenance

Lisa M. Nackers, MS, MPH, Kathryn M. Ross, MS, Pamela J. Dubyak, MS, Patricia E. Durning, PhD, Kristina M. von Castel-Roberts, PhD, Michael J. Daniels, ScD, Stephen D. Anton, PhD and Michael

5. Perri, PhD

University of Florida, Gainesville, FL



Scientific Sessions – Saturday April 14, 2012

10:00 am - 11:30 am	Dancy Cassian 27, Davisons of the Fuidance Dhysical Asticity Undeter (DOS)
	Paper Session 27: Reviews of the Evidence: Physical Activity Updates ■ (P27)
	Admission by Name Badge
	GRAND SALON 13/16, 1 ST FLOOR Chairst Parham People's PhD CRND FAAN FAAND University of Maryland School of Nursing
	Chairs: Barbara Resnick, PhD, CRNP, FAAN, FAANP, University of Maryland School of Nursing, Baltimore, MD; Matthew P. Buman, PhD, Arizona State University, Phoenix, AZ
10:00 am - 10:18 am	
10:00 am - 10:16 am	Increasing Physical Activity with Mobile Devices: A Meta-Analysis Jason T. Fanning, BS, Sean P. Mullen, PhD and Edward McAuley, PhD
	Kinesiology and Community Health, University of Illinois at Urbana-Champaign, Urbana, IL
10:18 am - 10:36 am	Effects of Exercise on Cancer-Related Fatigue in Patients During and Following Cancer
10.10 aiii - 10.30 aiii	Treatment: A Systematic Review and Meta-Analysis of Randomized Controlled Trials
	Timothy W. Puetz, PhD ¹ and Matthew P. Herring, PhD ²
	¹ Department of Behavioral Science and Health Education, Emory University, Atlanta, GA and
	² Department of Epidemiology, University of Alabama at Birmingham, Birmingham, AL
10:36 am - 10:54 am	A Review of Perceived Versus Objective Neighborhood Physical Environment Measures
10.00 am 10.04 am	Related to Physical Activity
	Stephanie L. Orstad, MA, Philip J. Troped, PhD and Heather A. Whitcomb-Starnes, MA
	Department of Health and Kinesiology, Purdue University, West Lafayette, IN
10:54 am - 11:12 am	Correlates of Adult Sedentary Behaviour: A Systematic Review
	Ryan E. Rhodes, PhD, Rachel Mark, MA and Cara Temmel, BSc
	Exercise Science, University of Victoria, Victoria, BC, Canada
11:12 am - 11:30 am	Psychosocial Correlates of Physical Activity in Adolescents
	Teresa M. Smith, MS, ^{2,1} Courtney A. Pinard, PhD, ^{1,2} April Oh, PhD ³ and Amy L. Yaroch, PhD ^{1,2}
	¹ Gretchen Swanson Center for Nutrition, Omaha, NE; ² University of Nebraska Medical Center,
	Omaha, NE and ³ SAIC, Inc Frederick, National Cancer Institute - Frederick, Frederick, MD
10:00 am - 11:30 am	Paper Session 28: Patient Navigation and Caregiving (P28)
	Admission by Name Badge
	GRAND SALON 07/10, 1 ST FLOOR
	Chairs: Youngmee Kim, PhD, University of Miami, Coral Gables, FL; Alanna Kulchak Rahm, PhD,
	MS, Kaiser Permanente Colorado, Denver, CO
10:00 am - 10:18 am	Effects of Patient Navigation on Chronic Disease Self-Management
	Christina Esperat, RN, PhD, FAAN,¹ Jillian Inouye, RN, PhD,² Elizabeth Gonzalez, RN, PhD,³ Du
	Feng, PhD⁴ and Huaxin Song, PhD¹
	Feng, PhD ⁴ and Huaxin Song, PhD ¹ 1Health Science Center School of Nursing, Texas Tech University, Lubbock, TX; ² School of
	Feng, PhD ⁴ and Huaxin Song, PhD ¹ ¹ Health Science Center School of Nursing, Texas Tech University, Lubbock, TX; ² School of Nursing and Dental Hygiene, University of Hawaii at Manoa, Honolulu, HI; ³ College of Nursing
	Feng, PhD ⁴ and Huaxin Song, PhD ¹ ¹ Health Science Center School of Nursing, Texas Tech University, Lubbock, TX; ² School of Nursing and Dental Hygiene, University of Hawaii at Manoa, Honolulu, HI; ³ College of Nursing & Health Professions, Drexel University, Philadelphia, PA and ⁴ Human Development and
10:10 om 10:24 om	Feng, PhD ⁴ and Huaxin Song, PhD ¹ ¹ Health Science Center School of Nursing, Texas Tech University, Lubbock, TX; ² School of Nursing and Dental Hygiene, University of Hawaii at Manoa, Honolulu, HI; ³ College of Nursing & Health Professions, Drexel University, Philadelphia, PA and ⁴ Human Development and Family Studies, Texas Tech University, Lubbock, TX
10:18 am - 10:36 am	Feng, PhD ⁴ and Huaxin Song, PhD ¹ ¹Health Science Center School of Nursing, Texas Tech University, Lubbock, TX; ²School of Nursing and Dental Hygiene, University of Hawaii at Manoa, Honolulu, HI; ³College of Nursing & Health Professions, Drexel University, Philadelphia, PA and ⁴Human Development and Family Studies, Texas Tech University, Lubbock, TX Patient-Identified Barriers in the Ohio Patient Navigation Research Program
10:18 am - 10:36 am	Feng, PhD ⁴ and Huaxin Song, PhD ¹ ¹Health Science Center School of Nursing, Texas Tech University, Lubbock, TX; ²School of Nursing and Dental Hygiene, University of Hawaii at Manoa, Honolulu, HI; ³College of Nursing & Health Professions, Drexel University, Philadelphia, PA and ⁴Human Development and Family Studies, Texas Tech University, Lubbock, TX Patient-Identified Barriers in the Ohio Patient Navigation Research Program Mira L. Katz, PhD
	Feng, PhD ⁴ and Huaxin Song, PhD ¹ ¹Health Science Center School of Nursing, Texas Tech University, Lubbock, TX; ²School of Nursing and Dental Hygiene, University of Hawaii at Manoa, Honolulu, HI; ³College of Nursing & Health Professions, Drexel University, Philadelphia, PA and ⁴Human Development and Family Studies, Texas Tech University, Lubbock, TX Patient-Identified Barriers in the Ohio Patient Navigation Research Program Mira L. Katz, PhD College of Public Health, The Ohio State University, Columbus, OH
10:18 am - 10:36 am 10:36 am - 10:54 am	Feng, PhD ⁴ and Huaxin Song, PhD ¹ ¹Health Science Center School of Nursing, Texas Tech University, Lubbock, TX; ²School of Nursing and Dental Hygiene, University of Hawaii at Manoa, Honolulu, HI; ³College of Nursing & Health Professions, Drexel University, Philadelphia, PA and ⁴Human Development and Family Studies, Texas Tech University, Lubbock, TX Patient-Identified Barriers in the Ohio Patient Navigation Research Program Mira L. Katz, PhD College of Public Health, The Ohio State University, Columbus, OH "Cuidandome": Using Lay Health Advisors to Promote Breast and Cervical Cancer
	Feng, PhD ⁴ and Huaxin Song, PhD ¹ ¹Health Science Center School of Nursing, Texas Tech University, Lubbock, TX; ²School of Nursing and Dental Hygiene, University of Hawaii at Manoa, Honolulu, HI; ³College of Nursing & Health Professions, Drexel University, Philadelphia, PA and ⁴Human Development and Family Studies, Texas Tech University, Lubbock, TX Patient-Identified Barriers in the Ohio Patient Navigation Research Program Mira L. Katz, PhD College of Public Health, The Ohio State University, Columbus, OH "Cuidandome": Using Lay Health Advisors to Promote Breast and Cervical Cancer Screening among Latina Immigrants
	Feng, PhD ⁴ and Huaxin Song, PhD ¹ ¹Health Science Center School of Nursing, Texas Tech University, Lubbock, TX; ²School of Nursing and Dental Hygiene, University of Hawaii at Manoa, Honolulu, HI; ³College of Nursing & Health Professions, Drexel University, Philadelphia, PA and ⁴Human Development and Family Studies, Texas Tech University, Lubbock, TX Patient-Identified Barriers in the Ohio Patient Navigation Research Program Mira L. Katz, PhD College of Public Health, The Ohio State University, Columbus, OH "Cuidandome": Using Lay Health Advisors to Promote Breast and Cervical Cancer Screening among Latina Immigrants Ana P. Martinez-Donate, PhD, ¹² Lina Vera-Cala, MD, MS, ¹³ Rhea Vedro, MS, ⁴ Rosario Angulo, BS⁴
	Feng, PhD ⁴ and Huaxin Song, PhD ¹ ¹Health Science Center School of Nursing, Texas Tech University, Lubbock, TX; ²School of Nursing and Dental Hygiene, University of Hawaii at Manoa, Honolulu, HI; ³College of Nursing & Health Professions, Drexel University, Philadelphia, PA and ⁴Human Development and Family Studies, Texas Tech University, Lubbock, TX Patient-Identified Barriers in the Ohio Patient Navigation Research Program Mira L. Katz, PhD College of Public Health, The Ohio State University, Columbus, OH "Cuidandome": Using Lay Health Advisors to Promote Breast and Cervical Cancer Screening among Latina Immigrants
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	Feng, PhD ⁴ and Huaxin Song, PhD ¹ ¹Health Science Center School of Nursing, Texas Tech University, Lubbock, TX; ²School of Nursing and Dental Hygiene, University of Hawaii at Manoa, Honolulu, HI; ³College of Nursing & Health Professions, Drexel University, Philadelphia, PA and ⁴Human Development and Family Studies, Texas Tech University, Lubbock, TX Patient-Identified Barriers in the Ohio Patient Navigation Research Program Mira L. Katz, PhD College of Public Health, The Ohio State University, Columbus, OH "Cuidandome": Using Lay Health Advisors to Promote Breast and Cervical Cancer Screening among Latina Immigrants Ana P. Martinez-Donate, PhD,¹¹² Lina Vera-Cala, MD, MS,¹¹³ Rhea Vedro, MS,⁴ Rosario Angulo, BS⁴ and Tanya Atkinson, MSSW⁴ ¹University of Wisconsin, Madison, WI; ²Carbone Cancer Center, Madison, WI; ³Universidad
	Feng, PhD ⁴ and Huaxin Song, PhD ¹ ¹Health Science Center School of Nursing, Texas Tech University, Lubbock, TX; ²School of Nursing and Dental Hygiene, University of Hawaii at Manoa, Honolulu, HI; ³College of Nursing & Health Professions, Drexel University, Philadelphia, PA and ⁴Human Development and Family Studies, Texas Tech University, Lubbock, TX Patient-Identified Barriers in the Ohio Patient Navigation Research Program Mira L. Katz, PhD College of Public Health, The Ohio State University, Columbus, OH "Cuidandome": Using Lay Health Advisors to Promote Breast and Cervical Cancer Screening among Latina Immigrants Ana P. Martinez-Donate, PhD,¹² Lina Vera-Cala, MD, MS,¹³ Rhea Vedro, MS,⁴ Rosario Angulo, BS⁴ and Tanya Atkinson, MSSW⁴ ¹University of Wisconsin, Madison, WI; ²Carbone Cancer Center, Madison, WI; ³Universidad Industrial de Santander, Bucaramanga, Colombia and ⁴Planned Parenthood of Wisconsin,
	Feng, PhD ⁴ and Huaxin Song, PhD ¹ ¹Health Science Center School of Nursing, Texas Tech University, Lubbock, TX; ²School of Nursing and Dental Hygiene, University of Hawaii at Manoa, Honolulu, HI; ³College of Nursing & Health Professions, Drexel University, Philadelphia, PA and ⁴Human Development and Family Studies, Texas Tech University, Lubbock, TX Patient-Identified Barriers in the Ohio Patient Navigation Research Program Mira L. Katz, PhD College of Public Health, The Ohio State University, Columbus, OH "Cuidandome": Using Lay Health Advisors to Promote Breast and Cervical Cancer Screening among Latina Immigrants Ana P. Martinez-Donate, PhD,¹² Lina Vera-Cala, MD, MS,¹³ Rhea Vedro, MS,⁴ Rosario Angulo, BS⁴ and Tanya Atkinson, MSSW⁴ ¹University of Wisconsin, Madison, WI; ²Carbone Cancer Center, Madison, WI; ³Universidad Industrial de Santander, Bucaramanga, Colombia and ⁴Planned Parenthood of Wisconsin,
10:36 am - 10:54 am	Feng, PhD ⁴ and Huaxin Song, PhD ¹ ¹Health Science Center School of Nursing, Texas Tech University, Lubbock, TX; ²School of Nursing and Dental Hygiene, University of Hawaii at Manoa, Honolulu, HI; ³College of Nursing & Health Professions, Drexel University, Philadelphia, PA and ⁴Human Development and Family Studies, Texas Tech University, Lubbock, TX Patient-Identified Barriers in the Ohio Patient Navigation Research Program Mira L. Katz, PhD College of Public Health, The Ohio State University, Columbus, OH "Cuidandome": Using Lay Health Advisors to Promote Breast and Cervical Cancer Screening among Latina Immigrants Ana P. Martinez-Donate, PhD,¹² Lina Vera-Cala, MD, MS,¹³ Rhea Vedro, MS,⁴ Rosario Angulo, BS⁴ and Tanya Atkinson, MSSW⁴ ¹University of Wisconsin, Madison, WI; ²Carbone Cancer Center, Madison, WI; ³Universidad Industrial de Santander, Bucaramanga, Colombia and ⁴Planned Parenthood of Wisconsin,

Better Health Through Behavior Change

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Scientif	fic Sessions -	- Saturaay	ADFU 14,	2012

10:54 am - 11:12 am Long-Term Effects of Caregiving Stress on Medical Morbidity Among Cancer Caregivers

Youngmee Kim, PhD,¹ Charles Carver, PhD,¹ Chiew Kaw, MS,² Ted Gansler, MD,² Ahmedin Jemal,

PhD² and Rachel Spillers, BS²

¹Univ Miami, Coral Gables, FL and ²American Cancer Society, Atlanta, GA

11:12 am - 11:30 am The Relationships of Resourcefulness, Worry and Demand on Anxiety on Family

Caregivers

Elizabeth W Gonzalez, PhD, ¹ Marcia Polansky, ScD, MS, MSW^{1,2} and Carol F Lippa, MD^{1,3} ¹Nursing, Drexel University, Philadelphia, PA; ²School of Public Health, Drexel University,

Philadelphia, PA and ³College of Medicine, Drexel University, Philadelphia, PA

11:45 am - 1:15 pm Paper Session 29: Translating Obesity Research to Policy (P29)

Admission by Name Badge

GRAND BALLROOM C, 1ST FLOOR Chairs: Myles Faith, PhD, University of Pennsylvania, Philadelphia, PA; Dori M. Steinberg, MS, RD,

University of North Carolina, Chapel Hill, NC

11:45 am - 12:03 pm Calorie Labeling and Food Choice: Will it Work? For Whom? Why?

Brian Elbel, PhD, MPH, Tod Mijanovich, PhD, Beth Dixon, PhD, Rogan Kersch, PhD, Courtney

Abrams, MA and Beth Weitzman, PhD

NYU, New York, NY

12:03 pm - 12:21 pm Evaluating the Uptake of Canada's New Physical Activity Guidelines

Heather L. Gainforth, MSc,¹ Tanya Berry, PhD,² Cora Craig, PhD,³ Guy Faulkner, PhD,⁴ Ryan Rhodes, PhD,⁵ John C. Spence, PhD,² Mark Tremblay, PhD⁶¹ and Amy Latimer, PhD¹¹ School of Kinesiology & Health Studies, Queen's University, Kingston, ON, Canada; ²University of Alberta, Edmonton, AB, Canada; ³Canadian Fitness and Lifestyle Research Institute, Ottawa, ON, Canada; ⁴University of Toronto, Toronto, ON, Canada; ⁵University of Victoria, Victoria, BC, Canada; ⁵CHEO Research Institute, Ottawa, ON, Canada and ¹University

of Ottawa, Ottawa, ON, Canada

12:21 pm - 12:39 pm Demand for Weight Loss Counseling After Copayment Elimination

Matthew L. Maciejewski, PhD,^{1,2} William S. Yancy, MD,^{1,2} Maren Olsen, PhD,^{1,3} Hollis J. Weidenbacher, PhD,¹ David Abbott, MS,¹ Morris Weinberger, PhD,^{1,4} Santanu Datta, PhD^{1,2} and Leila C. Kahwati. MD^{1,5}

¹Center for Health Services Research in Primary Care, Durham VA Medical Center, Durham, NC; ²Department of Medicine, Duke University, Durham, NC; ³Department of Biostatistics and Bioinformatics, Duke University, Durham, NC; ⁴Department of Health Policy and Management, University of North Carolina at Chapel Hill, Chapel Hill, NC and ⁵National Center for Health Promotion and Disease Prevention, Office of Patient Care Services,

Department of Veterans Affairs, Durham, NC

12:39 pm - 12:57 pm Worksite Neighborhood Context and Obesogenic Behaviors among Seattle Adults

Wendy E. Barrington, MPH,¹ Shirley A. A. Beresford, PhD,^{1,2} Jared Ulmer, MPH^{1,3} and Anne Vernez

Moudon, Dr es Sc³

¹Epidemiology, University of Washington, Seattle, WA; ²Public Health Sciences, Fred Hutchinson Cancer Research Center, Seattle, WA and ³Urban Design & Planning, University

of Washington, Seattle, WA

12:57 pm - 1:15 pm The Dissemination of Behavioral Weight Loss Strategies Through a Community-Based

Campaign

Tricia Leahey, PhD,¹ J. Graham Thomas, PhD,¹ Brad Weinberg, MD,² Rajiv Kumar, MD² and Rena

Wing, PhD¹

¹Brown Medical School, Providence, RI and ²ShapeUp, Providence, RI



Scientific Sessions - Saturday April 14, 2012

11:45 am - 1:15 pm	Paper Session 30: HIV Prevention and Treatment
	Admission by Name Badge
	GRAND BALLROOM D, 1 ST FLOOR
11:45 am - 12:03 pm	Chair: Ryan H. Pasternak, MD, MPH, Louisiana State University, New Orleans, LA
11:45 am - 12:03 pm	Internalized HIV Stigma, Internalized Homophobia, and Depression among Latino MSM Living with HIV
	Cesar Villarreal, BA candidate, John S. Wiebe, PhD, John A. Sauceda, MA and Jane M. Simoni,
	PhD ²
	¹ Psychology, University of Texas at El Paso, El Paso, TX and ² Psychology, University of Washington, Seattle, WA
12:03 pm - 12:21 pm	Feasibility of Implementing a Group Based HIV Self-Management Program
	Kathleen M. Sullivan, PhD, MS, ¹ Dongmei Li, PhD, ^{2,3} Claudio R. Nigg, PhD ³ and Cecilia Shikuma, MD ² Nursing, University of Hawaii, Honolulu, HI; ² John A Burns School of Medicine, University of Hawaii, Honolulu, HI and ³ Public Health Studies, University of Hawaii, Honolulu, HI
12:21 pm - 12:39 pm	Relationship between Distress Tolerance and HIV Medication Use at Entry into Substance
	Abuse Treatment
	Jessica Magidson, MS, Alyson Listhaus, BA, Christopher J. Seitz-Brown, BA, Briana Lindberg, B
	Katelyn E. Anderson, BA, Earta Norwood, MA and Stacey B. Daughters, PhD University of Maryland, College Park, College Park, MD
12:39 pm - 12:57 pm	Examining Facilitators and Barriers to HIV Testing in African American Churches Using a
12.37 pm - 12.37 pm	Community-Based Participatory Research Approach
	Jannette Y. Berkley-Patton, PhD,¹ Starlyn Hawes, MA,¹ Erin Moore, MA,¹ Carole Bowe Thompson
	BS, ^{1,2} Eric Williams, Rev ² and David Martinez, MA ¹
	¹ Psychology, University of Missouri-Kansas City, Kansas City, MO and ² Calvary Community
40.55	Outreach Network, Kansas City, MO
12:57 pm - 1:15 pm	Informing Faith-Based HIV Initiatives: Application of CBPR and Multiple Methods used in Program Planning and Implementation
	Latrice C. Pichon, PhD, MPH, ¹ Terrinieka T. Williams, PhD, ² Bettina Campbell, LMSW ³ and Shan
	Parker, PhD⁴
	¹ The University of Memphis School of Public Health, Memphis, TN; ² Johns Hopkins Universit
	Bloomberg School of Public Health, Baltimore, MD; 3YOUR Center, Flint, MI and 4Department
	of Public Health and Health Sciences, University of Michigan-Flint, Flint, MI
l 1:45 am - 1:15 pm	Paper Session 31: Pain: Basic and Behavioral Science ■ (P31)
	·
	Admission by Name Badge
	Admission by Name Badge GRAND SALON 03, 1 ST FLOOR
	Admission by Name Badge GRAND SALON 03, 1 ST FLOOR Chairs: Martin D. Cheatle, PhD, Perelman School of Medicine, University of Pennsylvania,
11:45 am - 12:03 pm	Admission by Name Badge GRAND SALON 03, 1 ST FLOOR Chairs: Martin D. Cheatle, PhD, Perelman School of Medicine, University of Pennsylvania, Philadelphia, PA; Jieun Lee, PhD, UMass Memorial Medical Center, Worcester, MA
11:45 am - 12:03 pm	Admission by Name Badge GRAND SALON 03, 1 ST FLOOR Chairs: Martin D. Cheatle, PhD, Perelman School of Medicine, University of Pennsylvania,
11:45 am - 12:03 pm	Admission by Name Badge GRAND SALON 03, 1 ST FLOOR Chairs: Martin D. Cheatle, PhD, Perelman School of Medicine, University of Pennsylvania, Philadelphia, PA; Jieun Lee, PhD, UMass Memorial Medical Center, Worcester, MA When Do Placebo Analgesics Help?: Moderating Effects of Treatment Choice and Prior Experience Andrew Geers, PhD, Stephanie Fowler, MA, Heather Rasinski, MA, Scott Brown, BA Candidate
11:45 am - 12:03 pm	Admission by Name Badge GRAND SALON 03, 1 ST FLOOR Chairs: Martin D. Cheatle, PhD, Perelman School of Medicine, University of Pennsylvania, Philadelphia, PA; Jieun Lee, PhD, UMass Memorial Medical Center, Worcester, MA When Do Placebo Analgesics Help?: Moderating Effects of Treatment Choice and Prior Experience Andrew Geers, PhD,¹ Stephanie Fowler, MA,¹ Heather Rasinski, MA,¹ Scott Brown, BA Candidate, Devon Kalisik, BA Candidate,¹ Ahnah Bistline, BA,¹ Jason Rose, PhD¹ and Suzanne Helfer, PhD²
·	Admission by Name Badge GRAND SALON 03, 1 ST FLOOR Chairs: Martin D. Cheatle, PhD, Perelman School of Medicine, University of Pennsylvania, Philadelphia, PA; Jieun Lee, PhD, UMass Memorial Medical Center, Worcester, MA When Do Placebo Analgesics Help?: Moderating Effects of Treatment Choice and Prior Experience Andrew Geers, PhD,¹ Stephanie Fowler, MA,¹ Heather Rasinski, MA,¹ Scott Brown, BA Candidate, Devon Kalisik, BA Candidate,¹ Ahnah Bistline, BA,¹ Jason Rose, PhD¹ and Suzanne Helfer, PhD² ¹Psychology, University of Toledo, Toledo, OH and ²Psychology, Adrian College, Adrian, MI
·	Admission by Name Badge GRAND SALON 03, 1 ST FLOOR Chairs: Martin D. Cheatle, PhD, Perelman School of Medicine, University of Pennsylvania, Philadelphia, PA; Jieun Lee, PhD, UMass Memorial Medical Center, Worcester, MA When Do Placebo Analgesics Help?: Moderating Effects of Treatment Choice and Prior Experience Andrew Geers, PhD,¹ Stephanie Fowler, MA,¹ Heather Rasinski, MA,¹ Scott Brown, BA Candidate, Devon Kalisik, BA Candidate,¹ Ahnah Bistline, BA,¹ Jason Rose, PhD¹ and Suzanne Helfer, PhD² ¹Psychology, University of Toledo, Toledo, OH and ²Psychology, Adrian College, Adrian, MI Salivary Cortisol and Cold Pain Sensitivity in Female Twins
·	Admission by Name Badge GRAND SALON 03, 1 ST FLOOR Chairs: Martin D. Cheatle, PhD, Perelman School of Medicine, University of Pennsylvania, Philadelphia, PA; Jieun Lee, PhD, UMass Memorial Medical Center, Worcester, MA When Do Placebo Analgesics Help?: Moderating Effects of Treatment Choice and Prior Experience Andrew Geers, PhD,¹ Stephanie Fowler, MA,¹ Heather Rasinski, MA,¹ Scott Brown, BA Candidate, Devon Kalisik, BA Candidate,¹ Ahnah Bistline, BA,¹ Jason Rose, PhD¹ and Suzanne Helfer, PhD² ¹Psychology, University of Toledo, Toledo, OH and ²Psychology, Adrian College, Adrian, MI Salivary Cortisol and Cold Pain Sensitivity in Female Twins Kathryn M. Godfrey, BSc,¹ Eric Strachan, PhD,² Elizabeth Dansie, PhD,² Leslie J. Crofford, MD,³
11:45 am - 12:03 pm 12:03 pm - 12:21 pm	Admission by Name Badge GRAND SALON 03, 1 ST FLOOR Chairs: Martin D. Cheatle, PhD, Perelman School of Medicine, University of Pennsylvania, Philadelphia, PA; Jieun Lee, PhD, UMass Memorial Medical Center, Worcester, MA When Do Placebo Analgesics Help?: Moderating Effects of Treatment Choice and Prior Experience Andrew Geers, PhD,¹ Stephanie Fowler, MA,¹ Heather Rasinski, MA,¹ Scott Brown, BA Candidate, Devon Kalisik, BA Candidate,¹ Ahnah Bistline, BA,¹ Jason Rose, PhD¹ and Suzanne Helfer, PhD² ¹Psychology, University of Toledo, Toledo, OH and ²Psychology, Adrian College, Adrian, MI Salivary Cortisol and Cold Pain Sensitivity in Female Twins
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·	Admission by Name Badge GRAND SALON 03, 1 ST FLOOR Chairs: Martin D. Cheatle, PhD, Perelman School of Medicine, University of Pennsylvania, Philadelphia, PA; Jieun Lee, PhD, UMass Memorial Medical Center, Worcester, MA When Do Placebo Analgesics Help?: Moderating Effects of Treatment Choice and Prior Experience Andrew Geers, PhD,¹ Stephanie Fowler, MA,¹ Heather Rasinski, MA,¹ Scott Brown, BA Candidate, Devon Kalisik, BA Candidate,¹ Ahnah Bistline, BA,¹ Jason Rose, PhD¹ and Suzanne Helfer, PhD² ¹Psychology, University of Toledo, Toledo, OH and ²Psychology, Adrian College, Adrian, MI Salivary Cortisol and Cold Pain Sensitivity in Female Twins Kathryn M. Godfrey, BSc,¹ Eric Strachan, PhD,² Elizabeth Dansie, PhD,² Leslie J. Crofford, MD,³ Annemarie Succop, BA² and Niloofar Afari, PhD⁴ ¹Joint Doctoral Program in Clinical Psychology, San Diego State University/University of
12:03 pm - 12:21 pm	Admission by Name Badge GRAND SALON 03, 1 ST FLOOR Chairs: Martin D. Cheatle, PhD, Perelman School of Medicine, University of Pennsylvania, Philadelphia, PA; Jieun Lee, PhD, UMass Memorial Medical Center, Worcester, MA When Do Placebo Analgesics Help?: Moderating Effects of Treatment Choice and Prior Experience Andrew Geers, PhD,¹ Stephanie Fowler, MA,¹ Heather Rasinski, MA,¹ Scott Brown, BA Candidate, Devon Kalisik, BA Candidate,¹ Ahnah Bistline, BA,¹ Jason Rose, PhD¹ and Suzanne Helfer, PhD² ¹Psychology, University of Toledo, Toledo, OH and ²Psychology, Adrian College, Adrian, MI Salivary Cortisol and Cold Pain Sensitivity in Female Twins Kathryn M. Godfrey, BSc,¹ Eric Strachan, PhD,² Elizabeth Dansie, PhD,² Leslie J. Crofford, MD,³ Annemarie Succop, BA² and Niloofar Afari, PhD⁴ ¹Joint Doctoral Program in Clinical Psychology, San Diego State University/University of California, San Diego, San Diego, CA; ²University of Washington, Seattle, WA; ³University of

SOCIETY of BEHAVIORAL MEDICINE Better Health Through Behavior Change

Scientific Session	s – Saturday April 14, 2012
12:21 pm - 12:39 pm	Gender Differences in Psychological Aspects of Pediatric Inflammatory Bowel Disease Melissa M. DuPen, BS, Shelby L. Langer, PhD, Joan Romano, PhD and Rona L. Levy, MSW, PhD, MPH
	University of Washington, Seattle, WA
12:39 pm - 12:57 pm	Predictors of Change in Heart Rate Variability in Response to Psychological Treatment of Chronic Pain Sheeva Mostoufi, BS, ¹ Niloofar Afari, PhD, ² Veronica Reis, PhD ³ and Julie L Wetherell, PhD ² ¹SDSU/UCSD Joint Doctoral Program in Clinical Psychology, San Diego, CA; ²VA San Diego Healthcare System; University of California, San Diego, San Diego, CA and ³VA Palo Alto
12:57 pm - 1:15 pm	Healthcare System, Palo Alto, CA Couples Coping with Chronic Pain: Spousal Anger and Criticism/Hostility during Marital Interaction Affect Patient Pain Severity John Burns, PhD, David Smith, PhD, Frank Keefe, PhD and Laura S. Porter, PhD 18 Rush University Medical Center, Chicago, IL; University of Notre Dame, South Bend, IN and 18 Duke University Medical Center, Durham, NC
11:45 am - 1:15 pm	Paper Session 32: HPV Vaccination Promotion ■ (P32)
	Admission by Name Badge GRAND SALON 09/12, 1 ST FLOOR Chairs: Noel T. Brewer, PhD, UNC Gillings School of Global Public Health, Chapel Hill, NC; Mira L. Katz, PhD, MPH, Ohio State University, Columbus, OH
11:45 am - 12:03 pm	Increasing Adherence to the 3-Dose HPV Vaccination Schedule: A Randomized Controlled Trial in Appalachian Kentucky Robin C. Vanderpool, DrPH, Richard A. Crosby, PhD, Baretta R. Casey, MD, MPH and Wallace Bates, MA Department of Health Behavior, University of Kentucky College of Public Health, Lexington, KY
12:03 pm - 12:21 pm	Factors Associated with HPV Awareness among Mothers of Low Income, Ethnic Minority Adolescent Girls in Los Angeles County Beth A. Glenn, PhD, 1,2 Jennifer Tsui, MPH, 1,2 Rita Singhal, MD,3 L. Cindy Chang, MS, 1,2 Victoria M. Taylor, MD, MPH4 and Roshan Bastani, PhD 1,2 1UCLA School of Public Health, Los Angeles, CA; 2 Jonnson Comprehensive Cancer Center, Los Angeles, CA; 3Los Angeles County Department of Public Health, Office of Women's Health, El Monte, CA and 4 Fred Hutchinson Cancer Research Center, Seattle, WA
12:21 pm - 12:39 pm	Increasing HPV Vaccination Among Young Adult Women: A Pilot Trial of a Computer-Tailored Intervention Anne C. Fernandez, MA, ^{1,2} Paiva Andrea, PhD, ^{1,2} Lipschitz M. Jessica, BA ^{1,2} and James O. Prochaska, PhD ^{1,2} ¹ Psychology, University of Rhode Island, Kingston, RI and ² Cancer Prevention Research Center, University of Rhode Island, 2 Chafee Rd., RI
12:39 pm - 12:57 pm	HPV Vaccination in Alternative Settings Annie-Laurie McRee, DrPH, ¹ Paul L. Reiter, PhD, ² Jessica A. Kadis, MPH ^{1,3} and Noel T. Brewer, PhD ^{1,3} ¹ UNC Gillings School of Global Public Health, Chapel Hill, NC; ² The Ohio State University, Columbus, OH and ³ UNC Lineberger Comprehensive Cancer Center, Chapel Hill, NC
40.55 4.45	

Using Message Tailoring to Promote HPV Vaccination Mary A. Gerend, PhD and Melissa A. Shepherd, BA

Florida State University College of Medicine, Tallahassee, FL



★ Advanced — ■ Intermediate — △ Beginner/Intermediate — ● Beginner — *Session Not Eligible for Credit

12:57 pm - 1:15 pm

Scientific Sessions – Saturday April 14, 2012

1:45 am - 1:15 pm	Paper Session 33: Prostate Cancer Survivorship ■ (P33)
	Admission by Name Badge
	GRAND SALON 15/18, 1 ST FLOOR
	Chair: Alan J. Christensen, PhD, University of Iowa, Iowa City, IA
1:45 am - 12:03 pm	Sexual Dysfunction and Quality of Life after Treatment for Localized Prostate Cancer: Th
	Role of Sexual Desire and Bother
	Catherine Benedict, MS, ¹ Maria Llabre, PhD, ¹ Frank J. Penedo, PhD, ^{1,2} Lara Traeger, PhD, ³ Mark Soloway, MD, ⁴ Bruce R. Kava, MD, ⁴ Neil Schneiderman, PhD ¹ and Michael H. Antoni, PhD ^{1,2}
	¹ Psychology, University of Miami, Coral Gables, FL; ² Sylvester Comprehensive Cancer Center, University of Miami, Miller School of Medicine, Miami, FL; ³ Psychiatry, Massachusett General Hospital, Boston, MA and ⁴ Urology, University of Miami, Miller School of Medicine,
	Miami, FL
2:03 pm - 12:21 pm	Sleep Disturbance, Hot Flashes, and Urinary Frequency in Prostate Cancer Patients Treated with Androgen Deprivation Therapy
	Heather Jim, PhD,¹ Julie Cessna, BA,² Kristin Phillips, PhD,¹ Brent Small, PhD² and Paul Jacobsen, PhD¹
	¹ Moffitt Cancer Center, Tampa, FL and ² University of South Florida, Tampa, FL
2:21 pm - 12:39 pm	Comparing Psychosocial Interventions for Improving Quality of Life Outcomes Among African American Prostate Cancer Survivors
	Lisa Campbell, PhD, ^{1,2} Francis J. Keefe, PhD, ³ Daphne C. McKee, PhD ³ and Sandra L. Waters, PhD ¹ Department of Psychology, East Carolina University, Greenville, NC; ² Center for Health Disparities Research, East Carolina University, Durham, NC; ³ Department of Psychiatry and Behavioral Sciences, Duke University Medical Center, Durham, NC and ⁴ Department of
	Psychology, North Carolina Central University, Durham, NC
2:39 pm - 12:57 pm	Psychosocial Correlates of Anxiety in Prostate Cancer (PC) Survivors Undergoing Active
	Surveillance (AS) Natalie E. Bustillo, MS, ¹ Michael Antoni, PhD, ^{1,2} Suzanne Lechner, PhD, ² Catherine Benedict, MS, ¹ Eric Zhou, MS, ¹ Mikal Rasheed, MS, ¹ Bruce Kava, MD, ² Mark Soloway, MD ² and Frank Penedo, PhD ^{1,2}
	¹ Psychology, University of Miami, Coral Gables, FL and ² Sylvester Comprehensive Cancer Center, UM/Miller School of Medicine, Miami, FL
2:57 pm - 1:15 pm	Comparing PROMIS Computer Adaptive Tests to the BSI in Prostate Cancer Patients George Baum, MS, Karen Basen-Engquist, PhD, Maria Chang, MS and Cindy L. Carmack, PhD Behavioral Science, UT MD Anderson, Houston, TX
1:45 am - 1:15 pm	Paper Session 34: Complementary and Integrative Medicine Interventions ■ (P34)
	Admission by Name Badge
	GRAND SALON 21/24, 1 ST FLOOR
	Chairs: Laura A. Young, MD, PhD, University of North Carolina, Chapel Hill, NC; Susan A. Gaylord PhD, University of North Carolina, Chapel Hill, NC
1:45 am - 12:03 pm	Effects of Qigong Exercise and its Dose-Response Relationship in Reducing Fatigue for
•	Patients with Chronic Fatigue Syndrome: A Randomized Waitlist-Controlled Trial
	Jessie SM Chan, MPH, ^{1,3} Lai Ping Yuen, MD, ² Timothy HY Chan, MHES, ¹ Rainbow TH Ho, PhD, ^{1,3}
	Jonathan ST Sham, MD¹ and Cecilia LW Chan, PhD¹.³
	¹ Centre on Behavioral Health, The University of Hong Kong, Hong Kong, China; ² International
	Association for Health and Yangsheng, Hong Kong, China and ³ Department of Social Work
	and Social Administration, The University of Hong Kong, Hong Kong, China
	ntermediate — △ Beginner/Intermediate — ● Beginner — *Session Not Eligible for Credit

Better Health Through Behavior Change

Scientific Sessions – Saturday April 14, 2012

12:03 pm - 12:21 pm The Effectiveness of a Tai-Chi Exercise Program on Gross Motor Coordination, Negative

Symptoms and Functional Disabilities Among Patients With Chronic Schizophrenia: A Pilot

Study

Rainbow T. H. Ho, PhD, ^{1,2} Friendly S.W. Au Yeung, MSocSc, ³ Phyllis H. Y. Lo, MPhil, MSW, ¹ Kit Ying Law, MSocSc, ³ Kelvin.O.K. Wong, BSocSc, ³ Irene, K. M. Cheung, BSocSc, MSW ¹ and Siu Man Ng,

PhD^{2,1}

¹Centre on Behavioral Health, The University of Hong Kong, Hong Kong, Hong Kong;

²Department of Social Work & Social Administration, The University of Hong Kong, Hong

Kong, Hong Kong and ³SKH Providence Garden for Rehab, Hong Kong, Hungary

12:21 pm - 12:39 pm Preliminary Results of a Randomized Controlled Trial of Clinical Hypnosis for the

Treatment of Hot Flashes in Post-Menopausal Women

Gary Elkins, PhD ABPP,¹ William Fisher, MA,¹ Aimee Johnson, BA,¹ Janet Carpenter, PhD RN

FAAN² and Timothy Keith, PhD³

¹Psychology & Neuroscience, Baylor University, Waco, TX; ²School of Nursing, Indiana

University, Bloomington, IN and ³Educational Psychology, University of Texas, Austin, TX

12:39 pm - 12:57 pm BMI Reductions in a Qigong/Tai Chi Easy Trial with Breast Cancer Survivors

Linda Larkey, PhD,¹ Karen Weihs, MD,² Ana Maria Lopez, MD, MPH² and Denise Roe, PhD²

¹Arizona State University, Phoenix, AZ and ²Univ of AZ, Tucson, AZ

12:57 pm - 1:15 pm The Long-Term and Anti-Aging Effects of Qigong on Patients with Chronic Fatigue

Syndrome

Rainbow T. H. Ho, PhD,^{1,2} Jessie S.M. Chan, MSc,^{1,2} Lai Ping Yuen, MD,³ Hang Yee Chan, BSocSc,

MA,¹ Jonathan S.T. Sham, MD¹ and Cecilia L. W. Chan, PhD^{2,1}

¹Centre on Behavioral Health, The University of Hong Kong, Hong Kong, Hong Kong; ²Department of Social Work & Social Administration, The University of Hong Kong, Hong

Kong, Hong Kong and ³The International Association for Health and Yangsheng, Hong Kong,

China, Hong Kong, Hong Kong

11:45 am - 1:15 pm Paper Session 35: The Role of Affect in Exercise Behavior ■ (P35)

Admission by Name Badge

GRAND SALON 19/22, 1ST FLOOR

Chairs: Margaret L. Schneider, PhD, University of California, Irvine, CA; David M. Williams, PhD,

Brown University, Providence, RI

11:45 am - 12:03 pm Peak Affective Exercise Experiences and Future Exercise Decisions of Overweight and

Obese Adults

Amy S. Welch, PhD,1 Panteleimon Ekkekakis, PhD,1 Emily S. Decker, MS,2 Shenbaga Soundara

Pandian, MS¹ and Kira Westein, MA¹

¹Dept of Kinesiology, Iowa State Univ, Ames, IA and ²University of Kansas, Lawrence, KS

12:03 pm - 12:21 pm Acute Affective Responses to Varying Durations of Physical Activity among Overweight

and Obese Women

Julie C. Michael, MS,^{1,2} Marsha D. Marcus, PhD,² Kelliann K. Davis, PhD,¹ Renee J. Rogers, BS,¹

Monica Taylor, MS,¹ Jackson Coppock, MS,¹ Meghan McGuire, MS,¹ Jessica L. Unick, PhD³ and

John M. Jakicic, PhD¹

¹Physical Activity and Weight Management Research Center, University of Pittsburgh, Pittsburgh, PA; ²Psychology, University of Pittsburgh, PIttsburgh, PA and ³Weight Control &

Diabetes Research Center, The Miriam Hospital & Brown Medical School, Providence, RI

12:21 pm - 12:39 pm Affective Expectations Increase Positive Mood, Exercise Intentions, and Exercise Duration

Suzanne Helfer, PhD,¹ Rebecca Kamody, Bachelors candidate,¹ Katelyn Johnson, BS,¹ Crystal

Cieslak, BA,² Stephanie Fowler, MA² and Andrew Geers, PhD²

¹Adrian College, Adrian, MI and ²University of Toledo, Toledo, OH



Better Health Through Behavior Change

Scientific Sessions – Satu	rday April 14, 2012
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12:39 pm - 12:57 pm Hoop Your Way to Good Health: Effects of Hula Hooping Versus Treadmill Exercise on

Attitudes and Behavior

Courtney J. Stevens, BS,² Trenton W. Irwin, BA,¹ Ricky L. Camplain, BS,¹ Devon B. Humphreys, BA¹

and Angela D. Bryan, PhD²

¹Psychology, University of New Mexico, Albuquerque, NM and ²Psychology and Neuroscience,

University of Colorado at Boulder, Boulder, CO

12:57 pm - 1:15 pm Environmental, Personal, and Behavioral Characteristics of Successful Walkers: A Social

Cognitive Perspective

Eileen S. Anderson-Bill, EdD

Psychology, Virginia Tech, Blacksburg, VA

Paper Session 36: Cardiovascular Disease and Depressed Mood ■ (P36)

11:45 am - 1:15 pm

GRAND SALON 13/16, 1ST FLOOR

Chairs: Karina W. Davidson, PhD, Columbia University, New York, NY; N Jennifer Klinedinst, PhD,

MPH, RN, University of Maryland School of Nursing, Baltimore, MD

11:45 am - 12:03 pm Multiple Emotional Factors as Predictors of Cardiovascular Disease Incidence: Analysis of

NHANES I Data

Tasneem Khambaty, MS and Jesse C. Stewart, PhD

Psychology, IUPUI, Indianapolis, IN

12:03 pm - 12:21 pm Maintaining Exercise after Cardiac Rehabilitation: Psychosocial Outcomes

Bernardine M. Pinto, PhD, 1.2 Shira I. Dunsiger, PhD, 1.2 Michael G. Goldstein, MD, 2 Nancy Farrell,

MPH¹ and John Todaro, PhD²

¹Miriam Hospital, Providence, RI and ²Alpert Medical School of Brown University, Providence, RI

12:21 pm - 12:39 pm Earlier Depression Treatment Reduces Risk of Incident Cardiovascular Disease: A Follow-

Up Study of the IMPACT Trial

Jesse C. Stewart, PhD,¹ Anthony Perkins, MS² and Christopher M. Callahan, MD²

¹Department of Psychology, Indiana University-Purdue University Indianapolis (IUPUI),

Indianapolis, IN and ²Indiana University School of Medicine, Indianapolis, IN

12:39 pm - 12:57 pm Psychosocial and Biomedical Predictors of Mortality in Patients with Chronic Heart Failure

Biing-Jiun Shen, PhD,1 Uta Maeda, MA,2 Stacy Eisenberg, MA2 and Stephen Mallon, MD3

¹Psychology, Ohio University, Athens, OH; ²Psychology, USC, Los Angeles, CA and ³Cardiology,

University of Miami, Coral Gables, FL

12:57 pm - 1:15 pm Are Depression and Anxiety Independent, Overlapping, or Proxy Risk Factors for

Atherosclerotic Cardiovascular Disease?

Jesse C. Stewart, PhD,¹ Rebeka Tabbey, MS² and Christopher M. Callahan, MD²

¹Department of Psychology, Indiana University-Purdue University Indianapolis (IUPUI),

Indianapolis, IN and ²Indiana University School of Medicine, Indianapolis, IN

11:45 am - 1:15 pm Paper Session 37: Problem Drinking: Risk, Interventions and Policy ■ (P37)

Admission by Name Badge

GRAND SALON 07/10, 1ST FLOOR

Chair: Kerstin E. Schroder, University of Alabama at Birmingham, Birmingham, AL

11:45 am - 12:03 pm Problem Drinking Behaviors: Differential Effects of Stress and Type of School on Black vs.

White College Students

Alvin Tran, BA, Carla J. Berg, PhD, Eric Nehl, PhD and Jessica Sales, PhD

Department of Behavioral Sciences and Health Education, Emory University, Atlanta, GA

12:03 pm - 12:21 pm Do Telehealth Educational Modules Support Maintenance of Problem Drinking Resolutions?

Kerstin E. Schroder, PhD, Jalie A. Tucker, PhD, MPH and Cathy A. Simpson, PhD Health Behavior, University of Alabama at Birmingham, Birmingham, AL

Better Health Through Behavior Change

Scientific Sessions – Saturday April 14, 2012

12:21 pm - 12:39 pm Screening and Brief Intervention for Hazardous Alcohol Use: A Pilot Study in a College

Counseling Center

Danielle L. Terry, MS and Kate B. Carey, PhD Psychology, Syracuse University, Syracuse, NY

12:39 pm - 12:57 pm Technology Use and Risk for Substance Use among Community College Students

Beth Bock, PhD,¹ Joshua Magee, PhD,¹ Regina Traficante, PhD³ and Nancy Barnett, PhD² ¹Psychiatry, Brown Medical School, Providence, RI; ²Community Health, Brown University,

Providence, RI and ³Community College of Rhode Island, Warwick, RI

12:57 pm - 1:15 pm ONE Bulloch: Advocating for Change in a Rural Community

Moya L. Aflonso, PhD, MSPH,¹ Charlotte Spell, MS,² Kristen Harper, MEd,³ Joanna Spencer, BA¹

and Alison Scott, PhD1

¹Jiann Ping Hsu College of Public Health, Georgia Southern University, Statesboro, FL; ²One Bulloch, Pineland, Statesboro, GA and ³Center for the Study of Addiction and Recovery, Texas

Tech University, Lubbock, TX

1:30 pm - 2:30 pm Closing Panel ■ (KA5)

Admission by Name Badge

GRAND SALON 09/12, 1, 1ST FLOOR FLOOR

"Two Roads Diverged in a Yellow Wood...": Roadmaps, Strategies, and Dialogue for Achieving Your Behavioral Medicine Career Goals

Panelists: C. Tracy Orleans, PhD, Robert Wood Johnson Foundation, Princeton, NJ; Lisa M. Klesges, PhD, University of Memphis, School of Public Health, Memphis, TN; Judith K. Ockene, PhD MEd, MA, University of Massachusetts Medical School, Worcester, MA; Gary G. Bennett, PhD, Duke University, Durham, NC; James F. Sallis, Jr., PhD, University of California, San Diego, Active Living Research, San Diego, CA

SBM's 2011 member survey indicated wide interest in making greater use of our meetings and ongoing networking and communications to share career experiences and lessons learned. The specific issues raised ranged from navigating the tenure track, dealing with unexpected challenges, maintaining work-life balance, and moving into non-traditional behavioral medicine arenas and opportunities (e.g., public health, health policy, corporate). Challenges you may have that the session can help address are: You are fulfilling some of your career goals but not others; Dealing with unexpected career transitions and opportunities; Moving from a faculty to an administrative position; Contemplating a shift from academia to industry, or government, or public policy; Stretching to achieve a better work-life balance or to fulfill more of your career goals. Panelists, who include senior scientists and SBM Fellows representing diverse behavioral medicine career paths, will lead an interactive forum on these and other issues with a focus on strategies that can be helpful for navigating career decisions and transitions at every career stage, such as networking, collaborating, coaching, leadership development training, professional development, using institutional infrastructure support, colleagues and SBM connections. The session will be structured to maximize participant input and interaction – and to generate ideas and insights reflecting shared wisdom. The panel will end with a discussion of ways that SBM can provide career development resources, supports and opportunities to its members in future meetings and between meetings, (e.g. using social media). This panel will complement the related career-development panels on (1) navigating mid-to-later stage behavioral medicine careers and (2) career benefits and challenges of interdisciplinary research.



Scientific Sessions – Saturday April 14, 2012

1:30 pm - 2:30 pm

Closing Panel ■ (KA6)

Admission by Name Badge

GRAND SALON 21/24, 1, 1ST FLOOR FLOOR

Career Issues in Team Science; Strategies for Success

Panelists: Margaret L. Schneider, PhD, University of California, Irvine, CA; Bonnie Spring, PhD, ABPP, Northwestern University Feinberg School of Medicine, Chicago, IL; Robert Croyle, PhD, National Cancer Institute, Washington, DC; Robin J. Mermelstein, PhD, University of Illinois, Chicago, IL

A growing body of research shows that multi-disciplinary teams have great potential for yielding leaps in innovation. It has been suggested that human knowledge has become so specialized that groundbreaking discoveries virtually require synergistic teamwork from individuals representing a variety of fields of expertise. Despite the great promise offered by Team Science, the system of career advancement typical in the academic and business environment rewards individual achievement such that individuals who engage in collaborative groups run the risk of endangering their own professional progress. There are a number of challenges to individual career advancement inherent to the Team Science approach, and successful collaborators can employ specific strategies to overcome these challenges and even leverage Team Science to their advantage.

Specific challenges inherent to Team Science and strategies for overcoming them include: 1) when during ones' career is it optimal to engage in team science? 2) how to address and manage conflict in team science settings; 3) the importance of establishing a common vocabulary; 4) The promises and pitfalls of relying on the expertise of others; 5) making use of available tools for enhancing the practice of Team Science; 6) how to identify the "right" team members; 7) how to be an effective leader in Team Science; 8) how to build effective relationships for Team Science.

Panelists, who include senior scientists and SBM Fellows representing diverse Team Science Experiences, will lead an interactive forum on these and other issues with a focus on strategies that can be helpful for navigating career decisions in a Team Science environment.

The session will include brief presentations from the panelists, in which they will highlight their own successful Team Science strategies and an interactive discussion with audience members during which panelists will respond to questions. The panel will close with a presentation of resources that are available to support researchers engaged in Team Science.

Achievement Awards Recipients

Congratulations to the following 2012 Society of Behavioral Medicine Achievement Awards recipients!

Distinguished Research Mentor

Mary Amanda Dew, PhD and Gary Morrow, PhD

Distinguished Scientist

Richard S. Surwit, PhD

Early Career Investigator

David M. Williams, PhD

Outstanding Dissertation

Lisa M. Nackers, MS, MPH

Alere Research to Practice

Bonnie Spring, PhD, ABPP

Excellence in Behavioral Medicine Training Program

VA Palo Alto Health Care System

Distinguished Student Awards

Excellence in Research

Ann E. Caldwell Hooper, MS L. Alison Phillips, MS

Travel Scholarship

Elizabeth K. Seng, MS

Stephanie L. Fitzpatrick, PhD

Excellence in Service Delivery

Tanya Vishnevsky, BA

C. Tracy Orleans Distinguished Service

The Society of Behavioral Medicine recognizes the following individuals for their hard work and dedication to the society.

Karen M. Emmons. PhD. Past President

Paul A. Estabrooks, PhD, Secretary Treasurer, Finance Committee Chair

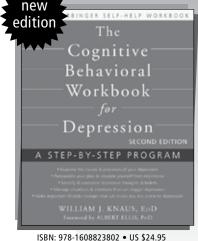
Michael G. Goldstein, MD, Awards Committee Chair

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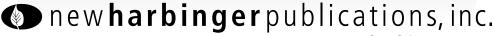


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Special Interest Groups (SIG) Awards

SBM congratulates the following recipients of these special awards given by the Special Interest Groups.

Aging SIG

SBM Aging SIG Award for Outstanding Student Research Abstract in Aging

Mauli Shah

Behavioral Informatics SIG

Poster Award

Kelly B. Filipkowski, PhD

Child and Family Health SIG

The Student Award for Outstanding Research in Child and Family Health

Amy E. Hughes

The Award for Outstanding Research in Child and Family

Andrew W. Hertel, PhD

Cancer SIG

Outstanding Student Award

Julia R. Van Liew, BA

Cancer SIGGIE

Deborah J. Bowen, PhD

Complementary and Integrative Medicine SIG

Complementary and Integrative Medicine Investigator Research Award

Gary Elkins, PhD, ABPP

Complementary and Integrative Medicine Student Research Award

Laurie E. Steffen, BA

Evidence-Based Behavioral Medicine SIG

Outstanding Student/Trainee Award in Evidence-Based Behavioral Medicine

Job G. Godino, MS

Health Decision Making SIG

Outstanding Trainee Abstract in Health Decision Making *Erin M. Walsh. MS*

Multiple Health Behavior Change SIG

Multiple Health Behavior Change SIG Research Award Shane N. Sweet, PhD

Multiple Health Behavior Change SIG Student Research Award

Erin N. Etzel

Physical Activity SIG

Physical Activity SIG Student Research Award

Deirdre Dlugonski, BS

Physical Activity SIG Local Innovator Award

School Health Connection

Louisianna Public Health Institute

Student SIG

Student SIG Research Award

Allyssa J. Allen Stephanie M. Case

Andrea L. Hobkirk, MA

Emily L. Mailey, MS

Women's Health SIG

Outstanding Student Researcher in Women's Health AwardAnca Gaston, MA

Better Health Through Behavior Change

Meritorious Student Awards

The following abstracts have been chosen as Meritorious Student Abstracts by the Program Committee. Outstanding Posters and Papers submitted by students were selected for this special designation. Each will be presented in Poster Session A on Wednesday evening, April 11, 2012. They will be presented again at the time noted. Please congratulate these presenters on submitting excellent research to the 2012 SBM 33rd Annual Meeting & Scientific Sessions!

Wednesday, April 11, 2012

Poster Session A

6:30 pm - 8:30 pm

A-044

RACIAL DIFFERENCES IN THE RELATION OF SUBJECTIVE SOCIOECONOMIC STATUS TO CARDIOVASCULAR DISEASE RISK IN THE HEALTHY AGING IN NEIGHBORHOODS OF DIVERSITY ACROSS THE LIFESPAN STUDY

Allyssa J. Allen, MEd,¹ Jessica M. McNeely, MA,^{1,2} Shari R. Waldstein, PhD,¹ Michele K. Evans, MD² and Alan B. Zonderman, PhD²

¹Psychology, UMBC, Baltimore, MD and ²Intramural Research Program, National Institute on Aging, Baltimore, MD.

Poster Session A

6:30 pm - 8:30 pm

Δ-100

WEIGHT-BASED DISCRIMINATION AND MEDICATION ADHERENCE: MEDIATION BY TRUST IN PHYSICIANS AND PATIENT SELF-EFFICACY

Michael Richardson, BA,¹ Lisa Nobel, MSc,¹ Monica Wang, MS,² Yendelela Cuffee, MPH,¹ Sharina Person, PhD,¹ Sandral Hullett, MD, MPH,³ Catarina Kiefe, MD, PhD¹ and Jeroan Allison, MD. MSc¹

¹Quantitative Health Sciences, University of Massachusetts Medical School, Westborough, MA; ²Harvard School of Public Health, Boston, MA and ³Cooper Green Mercy Hospital, Birmingham, AL.

Poster Session A

6:30 pm – 8:30 pm

A-189

CIGARETTE SMOKING AMONG YOUNG MEN WHO HAVE SEX WITH MEN: EXPLORING THE ROLES OF ENVIRONMENTAL AND INDIVIDUAL FACTORS

Ian W. Holloway, MSW, MPH, ¹ Dorian E. Traube, PhD, ¹ Eric Rice, PhD, ¹ Lawrence A. Palinkas, PhD, ¹ Sheree M. Schrager, PhD, ² Jean Richardson, PhD³ and Michele D. Kipke, PhD^{4,5} ¹School of Social Work, Univ. of Southern California, Los Angeles, CA; ²Division of Adolescent Medicine, Children's Hospital Los Angeles, Los Angeles, CA; ³Department of Preventive Medicine, Keck School of Medicine, Los Angeles, CA; ⁴Department of Pediatrics, Keck School of Medicine, Los Angeles, CA and ⁵Saban Research Institute, Children's Hospital Los Angeles, Los Angeles, CA.

Thursday, April 12, 2012

Paper Session 04

:21 PM-4:39 PM

2101

INTERNET-DELIVERED BEHAVIORAL INTERVENTION TO INCREASE PHYSICAL ACTIVITY IN PERSONS WITH MULTIPLE SCLEROSIS: SUSTAINABILITY AND SECONDARY OUTCOMES

Deirdre Dlugonski, BS,¹ Robert W. Motl, PhD,¹ David C. Mohr, PhD² and Brian M. Sandroff, BS¹

¹Kinesiology and Community Health, University of Illinois, Urbana, IL and ²Department of Preventive Medicine, Feinberg School of Medicine, Northwestern University, Evanston, IL.

Paper Session 09

6:03 PM-4:21 PM

212

NEIGHBORHOOD FOOD ENVIRONMENT AND ADOLESCENT DIETARY AND BMI OUTCOMES OVER A 1-YEAR INTERVENTION

Rachel A. Millstein, MHS,¹ Jacqueline Kerr, PhD,² Marc A. Adams, PhD,^{2,3} James F. Sallis, PhD,^{2,3} Karen J. Calfas, PhD,² Kevin Patrick, MD, MS,² Matthew Allison, MD² and Gregory J. Norman. PhD²

¹Clinical Psychology, SDSU/UCSD, San Diego, CA; ²University of California, San Diego, San Diego, CA and ³San Diego State University, San Diego, CA.

Paper Session 09

4:21 PM-4:39 PM

2126

COMMUNITY-BASED APPROACH TO ASSESSING THE NUTRITION ENVIRONMENT IN A HEALTH DISPARATE REGION

Clarice Chau, MS, Jamie Zoellner, PhD and Jennie Hill, PhD HNFE, Virginia Tech, Blacksburg, VA.



Better Health Through Behavior Change

Poster Session B

7:00 pm - 8:30 pm

B-016

CANCER BELIEFS, HEALTH LITERACY, AND CANCER-RELATED HEALTH BEHAVIORS IN HISPANIC AMERICANS Sarah D. Mills, BA,¹ Rina M. Sobel, BA,¹ Alexandria Booker, Bachelor's Candidate,² Vanessa Malcarne, PhD^{1,2} and Georgia Sadler, PhD, MBA³

¹SDSU/UCSD Joint Doctoral Program in Clinical Psychology, San Diego, CA; ²San Diego State University, San Diego, CA and ³Moores UCSD Cancer Center, San Diego, CA.

Poster Session B

7:00 pm - 8:30 pm

B-044

ADVERSE CARDIOVASCULAR EFFECTS OF EXPOSURE TO NEIGHBORHOOD DISORDER AND VIOLENCE ARE INCREASED BY AGONISTIC STRIVING

June A. He, BA,¹ Gavin J. Elder, MS,¹ Jessica H. Schoolman, BA,¹ Mariam Parekh, BA,¹ Sheila T. Fitzgerald, PhD² and Craig K. Ewart, PhD¹

¹Psychology, Syracuse University, Syracuse, NY and ²Environmental Health Sciences, Johns Hopkins Bloomberg School of Public Health, Baltimore, MD.

Poster Session B

7:00 pm – 8:00 pm

B-051

ASSESSING PEER ADVISOR INTERVENTION FIDELITY USING VIDEO SKITS IN A PEER SUPPORT IMPLEMENTATION TRIAL

Marquita Lewis, MPH, MS, Monika Safford, MD, Jewell H. Halanych, MD MsC, Michelle Martin, PhD and Andrea Cherrington, MD, MPH

University of Alabama Birmingham, Birmingham, AL.

Poster Session B

7:00 pm - 8:30 pm

B-069

ANXIETY MEDIATES THE ASSOCIATION BETWEEN FAMILY CONFLICT AND ADHERENCE IN LATINOS LIVING WITH HIV/AIDS

Carolina Lara, Bachelor of Arts in Psychology, John S. Wiebe, PhD, John A. Sauceda, MA and Jane M. Simoni, PhD Psychology, University of Texas at El Paso, El Paso, TX and Psychology, University of Washington, Seattle, WA.

Poster Session B

7:00 pm - 8:30 pm

B-187

BODY IMAGE, ANXIETY & SMOKING

N. Okeke, MA, ¹ M. Forman, PhD, ² M. Bondy, PhD, ³ M. Spitz, MD³ and A. Wilkinson, PhD¹

¹UT School of Public Health, Austin, TX; ²University of Texas, Austin, TX and ³Baylor College of Medicine, Houston, TX.

Friday, April 13, 2012

Paper Session 15

3:12 PM-3:30 PM

3071

EXAMINING THE SPATIAL DISTRIBUTION AND RELATIONSHIP BETWEEN SUPPORT FOR POLICIES AIMED AT ACTIVE LIVING IN TRANSPORTATION AND TRANSPORTATION BEHAVIOR

Daniel L. Fuller, MSc,¹ Lise Gauvin, PhD,¹ Yan Kestens, PhD,¹ Mark Daniel, PhD,³ Patrick Morency, MD, PhD² and Louis Drouin, MD. MSc²

¹Centre de recherche du Centre Hospitalier de Université de Montréal, Université de Montréal, Montreal, QC, Canada; ²Environement Urbain et Santé, Direction de la santé publique de Montréal, Montreal, QC, Canada and ³Sansom Institute for Health Research, University of South Australia, Adelaide, SA, Australia.

Paper Session 18

2:18 PM-2:36 PM

308

LEPTIN AS A NOVEL PREDICTOR OF DEPRESSION IN PATIENTS WITH THE METABOLIC SYNDROME

Diana A. Chirinos, BS, Ronald Goldberg, MD, Elias Querales-Mago, MD, Miriam Gutt, PhD, Judith R. McCalla, PhD, Marc Gellman, PhD and Neil Schneiderman, PhD Department of Psychology, University of Miami, Miami, FL.

Poster Session C

7:00 pm - 8:30 pm

C-071

PARENTING IN THE CONTEXT OF CHILDHOOD CANCER: THE RELATION BETWEEN PARENTAL PSYCHOLOGICAL CONTROL AND INTERNALIZING PROBLEMS FOR SURVIVORS OF LEUKEMIA

Joy Kawamura, BS,¹ Lynn Fainsilber Katz, PhD,¹ David Breiger, PhD¹ and Debra Friedman, MD²

¹University of Washington, Seattle, WA and ²Vanderbilt University Medical Center, Nashville, TN.

Poster Session C

7:00 pm - 8:30 pm

C-099

HEALTH AND POLICY: THE IMPACT OF HEALTH INFORMATION ON RESTAURANT MENUS ON ORDERING BEHAVIOR

Anna (Kismet) Smith, BA Psychology

Psychology, University of Colorado-Boulder, Boulder, CO.

Better Health Through Behavior Change

Poster Session C

7:00 pm - 8:30 pm

C-118

DAILY DIARY FINDINGS ON SOCIAL RESILIENCE VARIABLES, MINDFULNESS, AND TRAUMA DISTRESS AMONG URBAN FIREFIGHTERS

August E. Lawry, BS, Laurie E. Steffen, BA and Bruce W. Smith. PhD

Psychology, University of New Mexico, Albuquerque, NM.

Saturday, April 14, 2012

Poster Session D

8:30 am - 10:00 am

D-043

RELATIONSHIPS AMONG INDIVIDUAL DEPRESSIVE SYMPTOMS AND C-REACTIVE PROTEIN: AN ANALYSIS OF 2005-2008 NHANES DATA

Stephanie M. Case, MS Biology and Jesse C. Stewart, PhD Department of Psychology, Indiana University-Purdue University Indianapolis (IUPUI), Indianapolis, IN.

Poster Session D

8:30 am - 10:00 am

D-113

THE MISUSE OF PRESCRIPTION STIMULANTS FOR WEIGHT LOSS, PSYCHOSOCIAL VARIABLES, AND EATING DISORDER SYMPTOMS

Amy J. Jeffers, BS and Eric G. Benotsch, PhD Virginia Commonwealth University, Richmond, VA.

Poster Session D

8:30 am - 10:00 am

D-170

PREDICTORS OF DATING ABUSE VICTIMIZATION AND PERPETRATION AMONG HIGH SCHOOL STUDENTS N. Simay Gokbayrak, BA and Deborah A. Levesque, PhD Pro-Change Behavior Systems, Inc., West Kingston, RI.

Paper Session 20

11:12 AM-11:30 AM

4004

PREVALENCE, FREQUENCY, AND INITIATION OF HOOKAH TOBACCO SMOKING AMONG FIRST-YEAR FEMALE COLLEGE STUDENTS: A ONE-YEAR LONGITUDINAL STUDY

Robyn L. Fielder, MS,¹ Kate B. Carey, PhD^{1,2} and Michael P. Carey, PhD^{1,3}

¹Department of Psychology, Syracuse University, Syracuse, NY; ²Department of Behavioral and Social Sciences, Brown University, Providence, RI and ³Centers for Behavioral and Preventive Medicine, The Miriam Hospital and Brown University, Providence, RI.

Paper Session 22

10:00 AM-10:18 AM

4010

COGNITIVE MECHANISMS UNDERLYING THE EFFECTS OF BEHAVIORAL INTERVENTIONS ON INCREASING INTENTION TO GIVE BLOOD

Saharnaz Balegh, MSc (In progress),¹ Natania Marcus, BA,¹ Gaston Godin, PhD,² Christopher R. France, PhD³ and Blaine Ditto PhD^1

¹Psychology, McGill University, Montreal, QC, Canada; ²Nursing, Laval University, Quebec City, QC, Canada and ³Psychology, Ohio University, Athens, OH.

Paper Session 24

10:00 AM-10:18 AM

402

THE ROLE OF MICROVASCULAR COMPLICATIONS IN THE RELATIONSHIP BETWEEN GLYCEMIC CONTROL AND DEPRESSIVE SYMPTOMATOLOGY IN TYPE 1 DIABETES: A MEDIATIONAL STUDY

Laura L. Mayhew, MA and William P. Sacco, PhD Psychology, University of South Florida, Tampa, FL.

Paper Session 25

10:00 AM-10:18 AM

4025

IMPACT OF ANDROGEN DEPRIVATION THERAPY (ADT) ON FATIGUE AMONG MEN WITH PROSTATE CANCER

Julie Cessna, MPH,¹ Morgan Lee, BS,¹ Kristine Donovan, PhD,² Heather Jim, PhD² and Paul Jacobsen, PhD^{2,1} ¹Department of Psychology, University of South Florida, Tampa, FL and ²Moffitt Cancer Center, Tampa, FL.

Paper Session 26

11:12 AM-11:30 AM

4034

IMPROVING LIFESTYLE INTERVENTIONS FOR OBESITY: THE EFFECTS OF PRESCRIBING MODERATE VERSUS MILD CALORIC RESTRICTION GOALS ON LONG-TERM WEIGHT LOSS MAINTENANCE

Lisa M. Nackers, MS, MPH, Kathryn M. Ross, MS, Pamela J. Dubyak, MS, Patricia E. Durning, PhD, Kristina M. von Castel-Roberts, PhD, Michael J. Daniels, ScD, Stephen D. Anton, PhD and Michael G. Perri, PhD

University of Florida, Gainesville, FL.

Paper Session 29

12:39 PM-12:57 PM

4048

WORKSITE NEIGHBORHOOD CONTEXT AND OBESOGENIC BEHAVIORS AMONG SEATTLE ADULTS

Wendy E. Barrington, MPH,¹ Shirley A. A. Beresford, PhD,^{1,2} Jared Ulmer, MPH^{1,3} and Anne Vernez Moudon, Dr es Sc³ ¹Epidemiology, University of Washington, Seattle, WA; ²Public Health Sciences, Fred Hutchinson Cancer Research Center, Seattle, WA and ³Urban Design & Planning, University of Washington, Seattle, WA.



Better Health Through Behavior Change

Paper Session 30 11:45 AM-12:03 PM

4050

INTERNALIZED HIV STIGMA, INTERNALIZED HOMOPHOBIA, AND DEPRESSION AMONG LATINO MSM LIVING WITH HIV Cesar Villarreal, BA candidate, John S. Wiebe, PhD, John A. Sauceda, MA and Jane M. Simoni, PhD²

¹Psychology, University of Texas at El Paso, El Paso, TX and ²Psychology, University of Washington, Seattle, WA.

Paper Session 31 12:03 PM-12:21 PM

4056

SALIVARY CORTISOL AND COLD PAIN SENSITIVITY IN FEMALE TWINS

Kathryn M. Godfrey, BSc,¹ Eric Strachan, PhD,² Elizabeth Dansie, PhD,² Leslie J. Crofford, MD,³ Annemarie Succop, BA² and Niloofar Afari, PhD⁴

¹Joint Doctoral Program in Clinical Psychology, San Diego State University/University of California, San Diego, San Diego, CA; ²University of Washington, Seattle, WA; ³University of Kentucky, Lexington, KY and ⁴University of California, San Diego, San Diego, CA.

Paper Session 33 11:45 AM-12:03 PM

4065

SEXUAL DYSFUNCTION AND QUALITY OF LIFE AFTER TREATMENT FOR LOCALIZED PROSTATE CANCER: THE ROLE OF SEXUAL DESIRE AND BOTHER

Catherine Benedict, MS,¹ Maria Llabre, PhD,¹ Frank J. Penedo, PhD,^{1,2} Lara Traeger, PhD,³ Mark Soloway, MD,⁴ Bruce R. Kava, MD,⁴ Neil Schneiderman, PhD¹ and Michael H. Antoni, PhD^{1,2}

¹Psychology, University of Miami, Coral Gables, FL; ²Sylvester Comprehensive Cancer Center, University of Miami, Miller School of Medicine, Miami, FL; ³Psychiatry, Massachusetts General Hospital, Boston, MA and ⁴Urology, University of Miami, Miller School of Medicine, Miami, FL.

Paper Session 34 11:45 AM-12:03 PM

4070

EFFECTS OF QIGONG EXERCISE AND ITS DOSE-RESPONSE RELATIONSHIP IN REDUCING FATIGUE FOR PATIENTS WITH CHRONIC FATIGUE SYNDROME: A RANDOMIZED WAITLIST-CONTROLLED TRIAL

Jessie SM Chan, MPH,^{1,3} Lai Ping Yuen, MD,² Timothy HY Chan, MHES,¹ Rainbow TH Ho, PhD,^{1,3} Jonathan ST Sham, MD¹ and Cecilia LW Chan, PhD^{1,3}

¹Centre on Behavioral Health, The University of Hong Kong, Hong Kong, China; ²International Association for Health and Yangsheng, Hong Kong, China and ³Department of Social Work and Social Administration, The University of Hong Kong, Hong Kong, China.

Paper Session 36 11:45 AM-12:03 PM

4080

MULTIPLE EMOTIONAL FACTORS AS PREDICTORS OF CARDIOVASCULAR DISEASE INCIDENCE: ANALYSIS OF NHANES I DATA

Tasneem Khambaty, MS and Jesse C. Stewart, PhD Psychology, IUPUI, Indianapolis, IN.

Better Health Through Behavior Change

Citation Awards

The following abstracts have been recognized by the Program Committee for excellence in research at the 2012 Society of Behavioral Medicine Annual Meeting & Scientific Sessions. Each will be displayed in Poster Session A on Wednesday evening, April 11, 2012 and presented during the noted times.

Wednesday, April 11, 2012

Poster Session A

6:30 pm - 8:00 pm

A-049

AGONISTIC STRIVING, BLUNTED PARASYMPATHETIC CONTROL, AND HEART RATE RESPONSE TO ANGER IN LOW-INCOME YOUTH: EARLY MECHANISM OF CARDIOVASCULAR RISK?

Mariam Parekh, BA, Gavin Elder, MA, Jessica Schoolman, BA and Craig Ewart, PhD

Psychology, Syracuse University, Syracuse, NY.

Poster Session A

6:30 pm - 8:00 pm

A-175

ASSOCIATIONS BETWEEN A DOPAMINE D4 RECEPTOR GENE, ALCOHOL USE, AND SEXUAL BEHAVIORS AMONG ADOLESCENT AFRICAN-AMERICAN FEMALES

Jessica M. Sales, PhD,¹ Jennifer Brown, PhD,¹ Carla Berg, PhD,¹ Ralph DiClemente, PhD,¹ Gene Brody, PhD,¹ Robert Philibert, MD² and Eve Rose, MSPH¹

¹Dept. Behavioral Sciences and Health Education, Emory University, Rollins School of Public Health, Atlanta, GA and ²Dept of Psychiatry, University of Iowa, Iowa City, IA.

Poster Session A

6:30 pm – 8:00 pm

A-176

INTERACTION BETWEEN 5-HTTLPR POLYMORPHISM AND ABUSE HISTORY ON ADOLESCENT AFRICAN-AMERICAN FEMALES' CONDOM USE BEHAVIOR FOLLOWING PARTICIPATION IN AN HIV PREVENTION INTERVENTION Jessica M. Sales, PhD,¹ Ralph DiClemente, PhD,¹ Gene Brody, PhD,¹ Robert Philibert, MD² and Eve Rose, MSPH¹¹Dept. Behavioral Sciences and Health Education, Emory University, Rollins School of Public Health, Atlanta, GA and²Dept of Psychiatry, University of Iowa, Iowa City, IA.

Thursday, April 12, 2012

Paper Session 02

3:45 PM-4:03 PM

2089

AN AUTHORITARIAN PARENTING STYLE PREDICTS CHILD EMOTIONAL OVEREATING ABOVE AND BEYOND CHILD BMI AND RESTRICTIVE FEEDING

Shelby Langer, PhD,¹ Nancy Sherwood, PhD,² Rona Levy, PhD,¹ Meghan Senso, MS,² Marcia Hayes, MPH,² Julie Anderson, MPH,² Sara Veblen-Mortenson, MPH,³ Melissa DuPen, BS,¹ Sheri Ballard, BA,¹ Kim Swanson, PhD,¹ Mary O'Leary, PhD,¹ Catharine Jensen, BA,² Claire Fleming, BA,² Alison Roeder, BA² and Bob Jeffery, PhD³

¹University of Washington, Seattle, WA; ²Health Partners Research Foundation, Minneapolis, MN and ³University of Minnesota, Minneapolis, MN.

Paper Session 02

4:03 PM-4:21 PM

2090

MAOA PROMOTER UVNTR POLYMORPHISM, NEGATIVE FAMILIAL STRESSORS AND THE RISK OF OVERWEIGHT IN CHINESE ADOLESCENTS

Bin Xie, PhD,¹ Dalin Li, PhD,² Palmer H. Paula, PhD,¹ Anderson Johnson, PhD,¹ Rosa Ahn, BS,³ Melanie Sabado, MPH¹ and David V. Conti, PhD⁴

¹School of Community and Global Health, Claremont Graduate University, San Dimas, CA; ²Medical Genetics Institute, Cedars-Sinai Medical Center/University of California at Los Angeles, Los Angeles, CA; ³Joint Science Program, Scripps College, Claremont, CA and ⁴Department of Preventive Medicine, University of Southern California, Los Angeles, CA.

Paper Session 02

4:21 PM-4:39 PM

2091

CHANGES IN CHILDREN'S EATING BEHAVIORS FOLLOWING INCREASES AND DECREASES IN SLEEP DURATION

Chantelle Hart, PhD,^{1,2} Jessica Lawton, BA,² Joseph Fava, PhD,¹ Mary Carskadon, PhD,¹ Judith Owens, MD MPH,³ Hollie Raynor, PhD, RD,⁴ Elissa Jelalian, PhD^{1,2} and Rena Wing, PhD^{1,2}

¹Psychiatry & Human Behavior, Alpert Medical School of Brown University, Providence, RI; ²WCDRC, The Miriam Hospital, Providence, RI; ³Children'sNational Medical Center, Washington, DC and ⁴Nutrition, University of Tennessee, Knoxville, TN.



Better Health Through Behavior Change

Paper Session 06 4:21 PM-4:39 PM

2111

CLUSTER ANALYSIS VERSUS LINEAR REGRESSION IN LONGITUDINAL EVALUATION OF INDEPENDENCE, FAMILY CONFLICT, ILLNESS INTRUSIVENESS, AND SELF-MANAGEMENT OUTCOMES FOR PEDIATRIC DIABETES Bret A. Boyer, PhD, Tamara A. K. Miller, MA and Kevin Hoffman, MA

Institute for Graduate Clinical Psychology, Widener University, Chester, PA.

Paper Session 08

3:45 PM-4:03 PM

2119

KNOWLEDGE DEFICIT OR DEFENSIVE PROCESSING? EXAMINING EXPLANATIONS FOR REPORTING "I DON'T KNOW" TO RISK PERCEPTION QUESTIONS

Heather Orom, PhD,¹ Jennifer L. Hay, PhD,² Erika A. Waters, PhD,³ Marc T. Kiviniemi, PhD¹ and Bettina F. Drake, PhD, MPH³¹University at Buffalo, Buffalo, NY; ²Memorial Sloan Kettering Cancer Institute, New York, NY and ³Washington University, St. Louis, MO.

Paper Session 08 4:39 I

4:39 PM-4:57 PM

2122

RANDOMIZED TRIAL TO EVALUATE AN INTERVENTION TO INCREASE INFORMED DECISION-MAKING REGARDING PROSTATE CANCER SCREENING AMONG LATINOS Roshan Bastani, PhD,¹ Beth A. Glenn, PhD,¹ Ronald E. Myers, PhD,³ Alison K. Herrmann, MS,¹ Catherine M. Crespi, PhD,¹ Weng Kee Wong, PhD,⁴ Marina C. Alvarez, MPH,²⁴ Paola Gilsanz, MPH¹ and Cindy L. Chang, MS¹

¹UCLA School of Public Health & Jonsson Comprehensive Cancer Center, Los Angeles, CA; ²Los Angeles County Department of Public Health, Los Angeles, CA; ³Medical Oncology, Thomas Jefferson University, Philadelphia, PA and ⁴UCLA School of Public Health, Los Angeles, CA.

Poster Session B 7:00 pm - 8:30 pm

B-069

ANXIETY MEDIATES THE ASSOCIATION BETWEEN FAMILY CONFLICT AND ADHERENCE IN LATINOS LIVING WITH HIV/AIDS

Carolina Lara, Bachelor of Arts in Psychology, ¹ John S. Wiebe, PhD, ¹ John A. Sauceda, MA¹ and Jane M. Simoni, PhD² ¹Psychology, University of Texas at El Paso, El Paso, TX and ²Psychology, University of Washington, Seattle, WA.

Poster Session B

7:00 pm - 8:30 pm

B-081

PSYCHOSOCIAL WORK ENVIRONMENT AND PSYCHOLOGICAL DISTRESS AMONG CHINESE IMMIGRANTS

Alicia L. Salvatore, DrPH, MPH,¹ Catherine Heaney, PhD,¹ Charlotte Chang, DrPH,³ Meredith Minkler, DrPH² and Niklas Krause, MD, PhD⁴

¹Stanford Prevention Research Center, Stanford School of Medicine, Palo Alto, CA; ²School of Public Health, University of California, Berkeley, CA; ³Labor Occupational Health Program, University of California, Berkeley, CA and ⁴University of California, Los Angeles, CA.

Poster Session B

7:00 pm - 8:30 pm

B-098

SELF-MONITORING FOR SUCCESSFUL MAINTENANCE OF LOST WEIGHT IN LIFESTYLE TREATMENT OF OBESITY Ninoska D. Peterson, PhD,¹ Kathryn M. Ross, MS,² Vanessa A. Milsom, PhD³ and Michael G. Perri, PhD²

¹Psychiatry & Neurobehavioral Sciences, University of Virginia, Charlottesville, VA; ²Clinical & Health Psychology, University of Florida, Gainesville, FL and ³Psychiatry, Yale University School of Medicine, New Haven, CT.

Friday, April 13, 2012

Paper Session 10

2:00 PM-2:18 PM

3042

HOW EFFECTIVE ARE HEALTH LITERACY INTERVENTIONS
TARGETING DISEASE SELF-MANAGEMENT AND HEALTH
PROMOTION? A SYSTEMATIC LITERATURE REVIEW
Jamie M. Zoellner, PhD. RD. Kacie, Allen, BS, and Paul A.

Jamie M. Zoellner, PhD, RD, Kacie Allen, BS and Paul A. Estabrooks, PhD

Human Nutrition, Foods, and Exercise, Virginia Tech, Blacksburg, VA.

Paper Session 14

2:00 PM-2:18 PM

3062

WEIGHT PERCEPTIONS AND READINESS TO CHANGE MEDIATE THE RELATIONSHIP BETWEEN INTERVENTION EXPOSURE AND PHYSICAL ACTIVITY AMONG ETHNIC MINORITY WOMEN

Scherezade K. Mama, MPH,^{1,2} Heather J. Adamus, MS¹ and Rebecca E. Lee, PhD¹

¹Texas Obesity Research Center, Health & Human Performance, University of Houston, Houston, TX and ²University of Texas School of Public Health, Houston, TX.

Better Health Through Behavior Change

Paper Session 15

2:00 PM-2:18 PM

3067

INTERACTIVE EFFECTS OF BUILT ENVIRONMENT AND PSYCHOSOCIAL ATTRIBUTES ON PHYSICAL ACTIVITY: A TEST OF ECOLOGICAL MODELS

Ding Ding, MPH,^{1,2} James F. Sallis, PhD,^{1,2} Terry L. Conway, PhD,² Brian E. Saelens, PhD,³ Lawrence D. Frank, PhD,⁴ Kelli L. Cain, MS² and Donald J. Slymen, PhD²

¹University of California San Diego, San Diego, CA; ²San Diego State University, San Diego, CA; ³University of Washington, Seattle, WA and ⁴University of British Columbia, Vancouver, BC, Canada.

Paper Session 18

2:00 PM-2:18 PM

3082

DEPRESSIVE SYMPTOMS ARE ASSOCIATED WITH HIGHER LEVELS OF PEAK PLASMA GLUCOSE CONCENTRATIONS IN HISPANICS WITH METABOLIC SYNDROME

Orit Birnbaum-Weitzman, PhD,¹ Ronald B. Goldberg, MD,² Barry Hurwitz, PhD,¹ Maria M. Llabre, PhD,¹ Marc D. Gellman, PhD¹ and Neil Schneiderman, PhD¹

¹Psychology, University of Miami, Miami, FL and ²Medicine, University of Miami, Miami, FL.

Paper Session 18

2:18 PM-2:36 PM

3083

LEPTIN AS A NOVEL PREDICTOR OF DEPRESSION IN PATIENTS WITH THE METABOLIC SYNDROME

Diana A. Chirinos, BS, Ronald Goldberg, MD, Elias Querales-Mago, MD, Miriam Gutt, PhD, Judith R. McCalla, PhD, Marc Gellman, PhD and Neil Schneiderman, PhD

Department of Psychology, University of Miami, Miami, FL.

Poster Session C

7:00 pm - 8:30 pm

C-118

DAILY DIARY FINDINGS ON SOCIAL RESILIENCE VARIABLES, MINDFULNESS, AND TRAUMA DISTRESS AMONG URBAN FIREFIGHTERS

August E. Lawry, BS, Laurie E. Steffen, BA and Bruce W. Smith, PhD

Psychology, University of New Mexico, Albuquerque, NM.

Poster Session C

7:00 pm – 8:30 pm

C-151

EXAMINING THE RELATIONSHIP BETWEEN PHYSICAL ACTIVITY AND QUALITY OF LIFE IN ADULTS WITH SPINAL CORD INJURY

Shane N. Sweet, PhD,¹ Kathleen A. Martin Ginis, PhD,² Amy E. Latimer, PhD¹ and Shape-SCI Research Group, PhD²
¹Queen's University, Kingston, ON, Canada and ²McMaster

University, Hamilton, ON, Canada.

Saturday, April 14, 2012

Poster Session D

8:30 am - 10:00 am

D-023

ELECTRONIC PATIENT REPORTED OUTCOMES (EPRO) TO GUIDE THE IMPLEMENTATION OF BEHAVIORAL CANCER PAIN INTERVENTIONS

Tamara J. Somers, PhD, Francis J. Keefe, PhD and Amy Abernethy, MD

Duke University Medical Center, Durham, NC.

Poster Session D

8:30 am - 10:00 am

D-11:

THE MISUSE OF PRESCRIPTION STIMULANTS FOR WEIGHT LOSS, PSYCHOSOCIAL VARIABLES, AND EATING DISORDER SYMPTOMS

Amy J. Jeffers, BS and Eric G. Benotsch, PhD Virginia Commonwealth University, Richmond, VA.

Paper Session 20

11:12 AM-11:30 AM

4004

PREVALENCE, FREQUENCY, AND INITIATION OF HOOKAH TOBACCO SMOKING AMONG FIRST-YEAR FEMALE COLLEGE STUDENTS: A ONE-YEAR LONGITUDINAL STUDY

Robyn L. Fielder, MS,¹ Kate B. Carey, PhD^{1,2} and Michael P. Carey, PhD^{1,3}

¹Department of Psychology, Syracuse University, Syracuse, NY; ²Department of Behavioral and Social Sciences, Brown University, Providence, RI and ³Centers for Behavioral and Preventive Medicine, The Miriam Hospital and Brown University, Providence, RI.

Paper Session 22

10:00 AM-10:18 AM

4010

COGNITIVE MECHANISMS UNDERLYING THE EFFECTS OF BEHAVIORAL INTERVENTIONS ON INCREASING INTENTION TO GIVE BLOOD

Saharnaz Balegh, MSc (In progress),¹ Natania Marcus, BA,¹ Gaston Godin, PhD,² Christopher R. France, PhD³ and Blaine Ditto, PhD¹

¹Psychology, McGill University, Montreal, QC, Canada;

²Nursing, Laval University, Quebec City, QC, Canada and

³Psychology, Ohio University, Athens, OH.



Better Health Through Behavior Change

Paper Session 23

10:00 AM-10:18 AM

4015

SEROSORTING ASSUMPTIONS AND HIV RISK BEHAVIOR IN MEN WHO HAVE SEX WITH MEN

Eric G. Benotsch, PhD,¹ Kristina Hood, MS,¹ Vivian Rodríguez, MS,¹ Aaron M. Martin, MS,¹ Daniel Snipes, BS,¹ Anna Cejka, MA² and Diana Luckman, MA³

¹Psychology, Virginia Commonwealth University, Richmond, VA; ²University of Colorado Denver, Denver, CO and ³University of Northern Colorado, Greeley, CO.

Paper Session 26

10:00 AM-10:18 AM

4030

SEQUENTIAL DEPRESSION AND WEIGHT LOSS TREATMENT FOR OBESE WOMEN WITH CLINICAL DEPRESSION: THE BE ACTIVE TRIAL

Sherry Pagoto, PhD,¹ Kristin L. Schneider, PhD,¹ Matthew C. Whited, PhD,¹ Jessica Oleski, MA,¹ Phillip Merriam, MPH,¹ Bradley Appelhans, PhD,² Yunsheng Ma, PhD,¹ Barbara Olendzki, RD, MPH,¹ Molly E. Waring, PhD,³ Andrew M. Busch, PhD,⁴.⁵ Ira Ockene, MD¹ and Sybil Crawford, PhD¹¹ Medicine, University of Massachusetts Medical School, Worcester, MA; ²Rush University Medical Center, Chicago, IL; ³Quantitative Health Sciences, University of Massachusetts Medical School, Worcester, MA; ⁴Alpert School of Medicine, Brown University, Providence, RI and⁵Miriam Hospital, Providence, RI.

Paper Session 26

10:36 AM-10:54 AM

4032

WEIGHT LOSS AMONG SOCIOECONOMICALLY DISADVANTAGED PRIMARY CARE PATIENTS

Gary G. Bennett, PhD,¹ Erica Warner, ScD,² Russell Glasgow, PhD,⁴ Sandy Askew, MS,¹ Karen M. Emmons, PhD,^{3,2} Bernard Rosner, PhD² and Graham A. Colditz, MD, DrPh⁵

¹Psychology & Global Health, Duke University, Durham, NC; ²Harvard School of Public Health, Boston, MA; ³Center for Community Based Research, Dana Farber Cancer Institute, Boston, MA; ⁴Division of Cancer Control and Population Sciences, National Cancer Institute, Bethesda, MD and ⁵Division of Public Health Sciences, Department of Surgery, Alvin J. Siteman Cancer Center, Washington University School of Medicine, St. Louis, MO.

Paper Session 30

11:45 AM-12:03 PM

4050

INTERNALIZED HIV STIGMA, INTERNALIZED HOMOPHOBIA, AND DEPRESSION AMONG LATINO MSM LIVING WITH HIV Cesar Villarreal, BA candidate, John S. Wiebe, PhD, John A. Sauceda, MA and Jane M. Simoni, PhD²

¹Psychology, University of Texas at El Paso, El Paso, TX and ²Psychology, University of Washington, Seattle, WA.

Paper Session 32

11:45 AM-12:03 PM

4060

INCREASING ADHERENCE TO THE 3-DOSE HPV VACCINATION SCHEDULE: A RANDOMIZED CONTROLLED TRIAL IN APPALACHIAN KENTUCKY

Robin C. Vanderpool, DrPH, Richard A. Crosby, PhD, Baretta R. Casey, MD, MPH and Wallace Bates, MA Department of Health Behavior, University of Kentucky

College of Public Health, Lexington, KY.

Paper Session 35

11:45 AM-12:03 PM

4075

PEAK AFFECTIVE EXERCISE EXPERIENCES AND FUTURE EXERCISE DECISIONS OF OVERWEIGHT AND OBESE ADULTS Amy S. Welch, PhD,¹ Panteleimon Ekkekakis, PhD,¹ Emily S. Decker, MS,² Shenbaga Soundara Pandian, MS¹ and Kira Westein, MA¹

¹Dept of Kinesiology, Iowa State Univ, Ames, IA and ²University of Kansas, Lawrence, KS.

Paper Session 36

11:45 AM-12:03 PM

4080

MULTIPLE EMOTIONAL FACTORS AS PREDICTORS OF CARDIOVASCULAR DISEASE INCIDENCE: ANALYSIS OF NHANES I DATA

Tasneem Khambaty, MS and Jesse C. Stewart, PhD Psychology, IUPUI, Indianapolis, IN.

Better Health Through Behavior Change

Additional Meeting Information

ADA Compliance

If you require special arrangements in order to fully participate in the 33rd Annual Meeting & Scientific Sessions of the Society of Behavioral Medicine, please check the appropriate box on your registration form and provide a written description of your specific needs. SBM cannot ensure the availability of appropriate accommodations without prior notification.

Ambassadors

Visiting the Poster Hall and have questions about presentations in a specific topic area? SBM Fellows have agreed to volunteer as Ambassadors for the Annual Meeting. Ambassadors are highlighted in the Ambassador handout in your registration bag and will have a dark teal ribbon affixed to their name badge. They will be available during the Poster Sessions to answer your questions and assist you in finding your way around the hall. Thank you Ambassadors!

Book Exhibit and Publications Mart

We are pleased to announce the return of the Book Exhibit and Publications Mart in the SBM Resource Booth. SBM has invited various publishers to display and sell books/publications on a variety of topics of interest to Annual Meeting attendees in the Poster Hall. Stop by the SBM Resource Booth to see what other SBM members are publishing!

Career Placement Message Board

A self service Career Placement Message Board is available onsite at the SBM Annual Meeting near the Registration Desk for meeting attendees to self-post position openings on behalf of an institution. Instructions for formatting a posting are as follows:

- 1. All position announcements should be prepared on an 8.5" x 11" sheet of institutional letterhead.
- Each announcement should indicate the duties and requirements of the position, geographical and departmental location, expected salary, start date, and instructions for completion and submission of resumes/applications.
- Attendees planning to post a career placement message on-site are advised to bring multiple copies as SBM cannot be responsible for removal of notices by other meeting attendees.

All posting is self-service and a benefit of attending the SBM Annual Meeting.

There is a \$50 fee for anyone that is not attending the Annual Meeting, but still would like to place an advertisement on the Career Placement Message Board. Please inquire at info@sbm.org.

CE Credits

If you receive CE credits there is no need to sign in and out of each session! Just be sure to attend each session in its entirety and fill out the post-meeting evaluation available through the SBM website (www.sbm.org). This evaluation will be available following the closing session on Saturday, April 14. The evaluation will contain an attestation statement, which indicates that you attended each session you want credit for in its entirety. To receive credit for a session you must stay for the duration of that session!

Certificates

Participants in the SBM Annual Meeting will be able to print their continuing education certificate by visiting the SBM Website, www.sbm.org, after the meeting. At this link, you will find a general meeting evaluation, as well as session-specific evaluations for continuing education credit. All certificates can be printed immediately via the link provided at the SBM Website. Access to the online evaluation site will be available immediately following the closing session on Saturday, April 14.

For those attendees who wish to obtain a certificate of attendance, please visit the onsite registration desk.

Citation Awards

Citation Awards are those Paper and Poster submissions judged by the Program Committee to be especially original and significant.

Committee and Council Meetings

Friday, April 13, 2012 Special Interest Group Council 2:30 pm – 3:30 pm Grand Salon 06, 1st Floor

Dinner with an Expert

These dinners have been organized by the Education, Training and Career Development Council. Seating is limited. Dinners will take place off-site. Registrants are responsible for payment of own dinner.



Additional Meeting Information, continued

Exhibitor Directory

The Exhibit tables are located in the Hilton Exhibition Center (HEC) on the 2nd floor.

Staffed Exhibit Hours

Wednesday, April 11, 2012 6:30 PM - 8:00 PM
Thursday, April 12, 2012 7:00 PM - 8:30 PM
Friday, April 13, 2012 7:00 PM - 8:30 PM
Saturday, April 14, 2012 8:30 AM - 10:00 AM

Tables 100 & 102 - The National Cancer Institute

The Behavioral Research Program (BRP) of the National Cancer Institute initiates, supports, and evaluates a comprehensive program of research ranging from basic behavioral research to the development, testing, and dissemination of interventions in areas such as tobacco use, screening, dietary behavior, and sun protection. The goal of BRP is to increase the breadth, depth, and quality of cancer prevention and control in behavioral research.

Table 104 - AssureRx Health, Inc.

AssureRx Health, Inc., a personalized medicine company focused on behavioral health, developed GeneSightRx®, the first widely available psychiatric pharmacogenomic test. The test produces a customized report about how the patient likely metabolizes the 32 psychiatric medications. Test results, combined with clinical experience, can help a physician make personalized drug treatment choices.

Table 106 - The Center for Integrated Primary Care

The Center for Integrated Primary Care will feature promotional materials describing their web based training courses in Primary Care Behavioral Health and In-Care Management.

Table 108 - Ashametrics, Inc.

Ashametrics designs and manufactures wearable sensors and mobile technologies that enable portable ambulatory measurement of physiology. Ashametrics and its partners also provide a variety mobile apps and PC software for remote data collection, visualization, and data analysis.

Table 200 - University of Utah College of Nursing

The University of Utah College of Nursing is a dynamic and evolving organization where we prepare all levels of professional nurses and scholars for diverse health care delivery and leadership roles. We offer interactive education in both nursing and gerontology. We are committed to developing knowledge that leads to improved health and quality of life.

Table 202 - LifeBalance Station ® by RightAngle

RightAngle is proud to present LifeBalance Station, the Elliptical Machine Office Desk. LifeBalance Station combines a sit-down elliptical trainer with a height adjustable desk to allow desk workers to be physically

active while completing all their work tasks, including typing, mousing, reading, telephoning...even CAD work! Thanks to the gentle low impact leg motion, even unconditioned users can be active on their LifeBalance Station several hours per day!



Table 204 – National Institute of Dental and Craniofacial Research (NIDCR)

Program staff from the National Institute of Dental and Craniofacial Research will be available to discuss the funding priorities of the behavioral and social sciences research program, to provide technical assistance on grant proposals, and to assist investigators in identifying collaborators and other resources to facilitate research related to oral health.

Table 206 - Army National Guard

As a division of the Army National Guard, AMEDD provides information on the unique opportunities for medical professionals to continue to serve their community and country by joining one of the largest health care networks in the world. Receive tangible benefits while taking your career to a new level.

Table 208 - Springer Science + Business Media

Springer is a leading publisher of books, journals, and electronic products in behavioral medicine, health psychology, and public health. Visit our booth to learn more about our new product line, SpringerBriefs, and the forthcoming Encyclopedia of Behavioral Medicine, among others. Check out www.springer.com for more information on the new and backlist titles.

Additional Meeting Information, continued

Expert Consultations

The Education, Training and Career Development Council (ETCD) is please to offer Expert Consultations again at this year's Annual Meeting. Society Fellows and designated representatives of the SIGs each representing various areas of interest within the field of behavioral medicine, will contribute their time to facilitate small roundtable discussions with meeting attendees on research and clinical issues of mutual interest.

Fellows Announcement

The following individuals have been advanced to the status of Fellow within the Society of Behavioral Medicine. New Fellows will be officially recognized during the Presidental Addresss and Awards Ceremony which is being held on Thursday, April 12, 2012 from 5:30 pm – 7:00 pm in the Grand Ballroom, A/B, 1st floor. Please take time to congratulate all of SBM's new Fellows!

Laura M. Bogart, PhD Michael A. Diefenbach, PhD Bradford W. Hesse, PhD Sara J. Knight, PhD Kevin T. Larkin, PhD Patricia L. Mabry, PhD Jeffrey T. Parsons, PhD Peter A. Vanable, PhD

Future Annual Meetings

34th Annual Meeting & Scientific Sessions

March 20-23, 2013 Hilton San Francisco Union Square San Francisco, CA

35th Annual Meeting & Scientific Sessions

April 23-26, 2014 Philadelphia Marriott Downtown Philadelphia, PA

36th Annual Meeting & Scientific Sessions

April 22-25, 2015 San Antonio Marriott Rivercenter San Antonio, TX

Historical Review

SBM Past Presi	idents include:
1979-1980	W. Stewart Agras, MD
1980-1981	Joseph V. Brady, PhD
1981-1982	Gene G. Abel, MD
1982-1983	Michael F. Cataldo, PhD
1983-1984	Redford B. Williams, Jr., MD
1984-1985	Stephen M. Weiss, PhD
1985-1986	Herbert Benson, MD
1986-1987	Michael J. Follick, PhD
1987-1988	Evan G. Pattishall, Jr., MD, PhD
1988-1989	Kelly D. Brownell, PhD
1989-1990	Albert Stunkard, MD
1990-1991	Judith Rodin, PhD
1991-1992	John W. Farquhar, MD
1992-1993	Rena R. Wing, PhD
1993-1994	Jacqueline Dunbar-Jacob, PhD, RN
1994-1995	Richard S. Surwit, PhD
1995-1996	C. Barr Taylor, MD
1996-1997	Robert M. Kaplan, PhD
1997-1998	Thomas G. Pickering, MD, DPhil
1998-1999	Norman B. Anderson, PhD
1999-2000	Joel E. Dimsdale, MD
2000-2001	C. Tracy Orleans, PhD
2001-2002	Michael G. Goldstein, MD
2002-2003	David B. Abrams, PhD
2003-2004	Linda C. Baumann, PhD, RN, FAAN
2004-2005	Judith K. Ockene, PhD, Med
2005-2006	Laura L. Hayman, RN, PhD, FAAN
2006-2007	Edwin B. Fisher, PhD
2007-2008	Peter G. Kaufmann, PhD
2008-2009	Bonnie Spring, PhD, ABPP
2009-2010	Francis J. Keefe, PhD
2010-2011	Karen M. Emmons, PhD

Meritorious Student Awards

Meritorious Student Awards are Posters and Papers submitted by students and judged by the Program Committee to contain research of the highest caliber.



Better Health Through Behavior Change

Additional Meeting Information, continued

New Members

On behalf of the Society of Behavioral Medicine, the Membership Council extends an invitation to all new members to join the Membership Council at the New Member Breakfast Meet and Greet.

New Member Meet & Greet

Thursday, April 12, 2012 3:45 pm - 4:45 pm MARLBOROUGH A, 2ND FLOOR

(Organized by the Membership Council and the Special Interest Groups)

Light snacks will be provided.

Name Badges and Ribbons

With the exception of ticketed Seminars and Courses, admission to all educational sessions and the Poster Hall is by name badge only. On behalf of SBM and our volunteers roaming the educational session rooms please be sure to wear your name badge at all times during the Annual Meeting.

In addition to a name badge, some individuals will be recognized with an identifying ribbon which affixes to their name badge. The following individuals will be recognized with the corresponding ribbon.

Ribbon Colors

General

ici at
Ambassador Dark Teal
Award WinnerOcean Blue
Citation RecipientMocha
Distinguished Service AwardWhite
Exhibitor Green
Expert ConsultantNeon Yellow
FellowLight Blue
Friend of SBMPurple
Meritorious Student Award Recipient Cornflower
New Fellow
PressPurple
Program Chair Navy
Program Co-Chair Jewel Blue
SBM Fund ContributorPurple
Speaker Maroon
Volunteer

Board of Directors	of Directors
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All	old
President	ack
Past-President Yel	low
Immediate Past President Jewel E	Blue
President-Elect N	avy
Secretary/TreasurerYel	low
Council Chair	nge
Committee Chair Forest Gr	een
Member DelegateYel	low
Outlook EditorVi	
Annals EditorVi	olet
TBM EditorF	
Web EditorF	
ouncils/Committees/Members	
difficulty Committees, Members	

Co

Council Member	Purple
Committee Member	Red
Member	Ivory
New Member	Peach

Other

SBM Staff		Melon
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Poster Hall

The schedule for poster presentations for this year's Annual Meeting is described below. Please be sure to hang your poster during the appropriate time. All posters left after the removal time has concluded will be discarded. For the security of our vendors there is to be no viewing of posters outside of the established viewing times.

Wednesday, April 11, 2012, Opening Reception and **Poster Session A**

Authors set up posters

4:00 pm - 6:00 pm

Posters available for viewing

6:30 pm - 8:00 pm

Authors present for discussion

6:30 pm - 8:00 pm

Authors remove posters

8:00 pm – 8:30 pm

Thursday, April 12, 2012 - Presidential Reception and **Poster Session B**

Authors set up posters

5:00 pm - 6:30 pm

Posters available for viewing

7:00 pm - 8:30 pm

Authors present for discussion

7:00 pm - 8:30 pm

Authors remove posters

8:30 pm - 9:00 pm

Better Health Through Behavior Change

Additional Meeting Information, continued

Friday, April 13, 2012 - Poster Session C

Authors set up posters

5:00 pm - 6:30 pm

Posters available for viewing

7:00 pm - 8:30 pm

Authors present for discussion

7:00 pm - 8:30 pm

Authors remove posters

8:30 pm - 9:00 pm

Saturday April 14, 2012 - Poster Session D

Authors set up posters

6:30 am - 8:15 am

Posters available for viewing

8:30 am - 10:00 am

Authors present for discussion

8:30 am - 10:00 am

Authors remove posters

10:00 am - 10:30 am

All posters left after the removal period will be discarded.

Rapid Communication Posters

Rapid Communication Posters are late-breaking abstract submissions judged by the Program Committee to be original and beneficial research. Rapid Communications will be presented in Poster Sessions only. A complete listing of Rapid Communication Posters will be provided as a handout in the registration materials.

SBM Resource Booth

Make sure to stop by the SBM Resource Booth. The SBM Resource Booth will feature informational pieces regarding SBM and its policy briefs.

Volunteers

All student volunteers are to report to the registration desk (Foyer, 1st Floor) 30 minutes before their session start time. Volunteers should pick up their materials and report to their assigned locations no later than 15 minutes prior to their session (if applicable). Any questions should be directed to Ben Stumpf, Program Manager at bstumpf@sbm.org.



Better Health Through Behavior Change

Special Interest Groups (SIGs)

Are you a Member of SBM who hasn't signed up for a Special Interest Group (SIG) or perhaps a non-member who might be interested in signing up for a particular SIG through new membership? SBM SIGs offer a fit for every area of interest: Where do you belong? Renew your membership today and sign up for a SIG at no additional cost or become a new member and start participating in the SIG of your choice with colleagues who are also interested in the same area(s) as you!

Aging

Contact Information:

Patricia C. Heyn, PhD: Patricia.Heyn@ucdenver.edu Katherine S. Morris Hall, PhD: ksmorri1@gmail.com

Description/Mission Statement:

The Aging SIG is focused on addressing the special issues of behavior change among older adults, with a particular focus on the influence of cultural, environment and policy factors. There is a tendency to focus behavior change issues and challenges on the children and adults who are assumed to be those who will reap the greatest long term benefit from changes. Older adults, particularly those with chronic health problems, can likewise gain a significant benefit from behavior change particularly with regard to quality of life issues. The workgroup focused on Aging has identified the need and interest in exploring the ways in which older adults, particularly older adults with chronic illnesses, can alter behavior to promote health and quality of life. The research considering behavior change among older adults has been sparse and it is not clear what types of interventions have the greatest impact at different periods of time (i.e. the young-old versus the oldold), and when faced with the many challenges associated with aging. Moreover, the cultural influence of health promotion and what is expected of older individuals at different life points is also not well addressed. The goals of this workgroup are to develop a symposium that focuses on: Lessons Learned in Facilitating Behavior Change During Transitions Points in Older Adults with Chronic Illness. Papers will include the work of group members in cardiac rehabilitation, dialysis, with older adults post hip fracture, and with adults transitioning into retirement.

Behavioral Informatics

Contact Information:

Beth C. Bock, PhD: bock@lifespan.org

 $Thomas\ K.\ Houston,\ MD\ MPH:\ thouston@umassmrd.edu$

Description/Mission Statement:

The Behavioral Informatics Special Interest Group is designed as a forum for members of the Society of Behavioral Medicine with an interest in the impact of information and communication technology on health behavior outcomes and processes. Our working definition of "Behavioral Informatics" incorporates the study of the use of these technologies by patients and health care providers as well as the design, implementation, and evaluation of behavior change interventions delivered through advanced technologies. The goal is to promote the appropriate use of technologies to improve health and healthcare.

The SIG is now developing a weblog as a discussion forum. Check it out at: http://behavioralinformatics.blogspot.com/

Cancer

Contact Information:

Michael A. Diefenbach, PhD: michael.diefenbach@mountsinai.org

Description/Mission Statement:

The Cancer Special Interest Group of SBM aims to foster high quality collaborative research, enhance the professional development of its members, and work with other professional organizations involved in cancer prevention and control research. Our goal is to advance and disseminate knowledge across the breadth of cancer control, ranging from cancer prevention to end of life care, including all ages, racial and ethnic groups, and socioeconomic strata. We will accomplish our mission through a variety of activities: special symposia, exchange of information via a listserv, and fostering of junior investigators.

Better Health Through Behavior Change

Special Interest Groups (SIGs), continued

Child and Family Health

Contact Information:

Kenneth Tercyak, PhD: tercyakk@georgetown.edu

Description/Mission Statement:

The Child and Family Health Special Interest Group is an interdisciplinary forum for members of the Society of Behavioral Medicine concerned with the health and wellbeing of children, adolescents, and families. Members of this SIG have interests bridging biological, cognitive, emotional, behavioral, and social functioning of children and adolescents with a focus on understanding contextual, social ecological influences on child health and development. Members are involved in the conduct of research and provision of services to promote child health and development, prevent childhood illness and injury, and foster family adjustment to chronic illnesses and other physical conditions of childhood. This SIG aims to advance and disseminate knowledge, foster professional networks to produce high-quality collaborative research, and ultimately enhance the health and wellbeing of children, adolescents, and families.

Complementary and Integrative Medicine

Contact Information:

Suzanne Danhauer, PhD: danhauer@wfubmc.edu

Description/Mission Statement:

According to the National Center on Complementary and Alternative Medicine (NCCAM) of the National Institutes of Health, complementary and alternative medicine (CAM) refers to a broad range of healing approaches that mainstream Western (conventional) medicine does not commonly use, accept, study, understand, or make available. This special interest group provides a forum for discussion of CAM, as defined by the NCCAM of the NIH, as it relates to behavioral medicine, with a particular emphasis on the integrative nature of such modalities, by themselves and in conjunction with other modalities of biopsychosocial care. In particular, the CIM SIG will promote understanding of the underlying behavioral and psychological processes and application of CAM approaches; attitudes toward use and delivery of CAM; and use of CAM with special populations, in the context of culturally traditional healing, and in regard to public health policy. CIM SIG membership does not imply or endorse the individual's ability to practice CAM modalities.

Diabetes

Contact Information:

Korey Hood, PhD: korey.hood@cchmc.org Jennifer Averyt, MS: jm317105@ohio.edu

Description/Mission Statement:

The Diabetes Special Interest Group is designed to be a forum for Society of Behavioral Medicine members with an interest in the advancement of behavioral and psychological research in diabetes. Our goals are to: 1) increase the presence of high-quality behavioral medicine research in diabetes at the SBM conference; 2) encourage interdisciplinary collaboration among researchers, clinicians, educators, and public health advocates that emphasizes the importance of the prevention and treatment of diabetes; and 3) support professional networking and the training of young investigators and students interested in diabetes research. These goals will be accomplished through the collaborative development of submissions for the SBM conference, organization of meetings and symposia, communication through our listserv, and other activities that will evolve.

Ethnic Minority and Multicultural Health

Contact Information:

Eleshia JP Morrison, MA: morrison.364@osu.edu Luz M. Garcini, MA: lgarcini@projects.sdsu.edu

Description/Mission Statement:

The Ethnic Minority and Multicultural Health Special Interest Group (EMMH SIG) concerns itself with advancing the field of ethnic minority and multicultural health, through education and training; networking; mentorship of ethnic minorities and non-minorities; and conducting research in ethnicity, culture, and health. Members of this SIG also aim to increase the involvement of ethnic minorities in SBM councils, committees, and the peer-review process.



Better Health Through Behavior Change

Special Interest Groups (SIGs), continued

Evidence Based Behavioral Medicine

Contact Information:

Sherri Sheinfeld-Gorin, PhD: sherri.gorin@gmail.com Karen Oliver, PhD: Karen_Oliver@brown.edu

Description/Mission Statement:

Evidence-based medicine has recently come to the forefront as an approach by which to evaluate and practice medicine. Evidence-based behavioral medicine (EBBM) is a relatively young field that has similar purposes. Researchers, clinicians, students, and policy makers may all wish to become better acquainted with the history, principles, and future directions of this field. In addition to hosting a breakfast session at the annual Society of Behavioral Medicine conventions, the EBBM Special Interest Group (SIG) also has a listserv for contact among those interested in EBBM.

Health Decision Making

Contact Information:

Marc T. Kiviniemi, PhD: mtk8@buffalo.edu Suzanne O'Neill, PhD: sco4@georgetown.edu

Description/Mission Statement:

The Health Decision Making Special Interest Group (HDM SIG) provides a forum within the Society of Behavioral Medicine to advance the theory, science, and practice of health decision making, particularly as applied in behavioral medicine. The HDM SIG has a special interest in understanding informed decision making by population members and patients, shared decision making between patients and health professionals, and clinical decision making by health professionals.

The HDM SIG accomplishes its mission through 1) fostering communication and collaboration among its members; 2) providing high quality peer review of abstracts and manuscripts on decision making topics submitted to SBM meetings and publications; 3) developing and offering activities through SBM venues that will enhance the collective knowledge of health decision making among SBM members; and by 4) providing guidance on the science of health decision making to SBM committees, SIGs, and councils.

The HDM SIG is the point of contact for liaisons between SBM and other organizations relevant to health decision making such as the Society of Medical Decision Making and the Society for Judgment and Decision Making.

Integrated Primary Care

Contact Information:

Christopher L. Hunter, PhD: christopher.hunter@tma.osd.mil Description/Mission Statement:

The Integrated Primary Care Special Interest Group is devoted to promoting and enhancing the delivery of evidence-based behavioral health care in primary care settings. We provide a forum for the exchange of information and foster relationships between behavioral health and medical professionals in order to: 1) facilitate the integration behavioral health professionals and biopsychosocial interventions into primary care settings; 2) advance research of behavioral health interventions in primary care; 3) support the training of students pursuing integrated primary care; and 4) inform the development of policies that impact behavioral health care in primary care settings. We meet these goals through meetings and symposia at SBM conferences, communication through our listsery, and collaborating with other organizations that promote integrated primary care.

Better Health Through Behavior Change

Special Interest Groups (SIGs), continued

Military and Veterans' Health *NEW*

Contact Information:

Patricia H. Rosenberger, PhD: patricia.rosenberger@va.gov The Veterans Health Administration (VHA) of the Department of Veterans Affairs (VA) is the largest integrated healthcare system in the United States. VA care is based on the premise set forth by Abraham Lincoln, "... to care for him who shall have borne the battle, and for his widow and his orphan..." and that military service members and Veterans have unique health challenges and needs. The Special Interest Group in Military and Veterans' Health is an interdisciplinary group of researchers, clinicians, and educators who are committed to promoting research, prevention, clinical assessment and intervention, policy development, education, training and mentoring in military and Veteran health. Furthermore, a unifying aim of this interest group is to translate evidenced-based behavioral medicine interventions into clinical care for military service members engaged in active duty and Veterans that improve health outcomes by promoting innovative implementation and evaluation practices and access to quality and cost-effective care. The Military and Veterans' Health SIG includes those with an interest promoting health within the unique health care systems of the Department of Defense (DOD) and the VA, and through the transition in health care that occurs between active duty and becoming Veterans. The Military and Veterans' Health SIG acknowledges the common challenges facing both active duty service members and Veterans from around the globe and welcomes international membership and perspectives.

Multiple Health Behavior Change

Contact Information:

Kerry Evers, PhD: kevers@prochange.com Lisa M. Quintiliani, PhD, RD: lisa.quintiliani@bmc.org

Description/Mission Statement:

The Multiple Health Behavior Change Special Interest Group aims to contribute to the development of a science of multiple behavior change for health promotion and disease management. Intervening on multiple health behaviors presents a unique set of challenges. The group addresses theoretical, methodological, intervention, statistical, and funding issues related to targeting multiple health behaviors for change. Relevant targeted behaviors include, but are not limited to, tobacco and other drug use, physical activity, nutrition, HIV-risk behaviors, sun exposure, and stress. Our cross-disciplinary group is designed to enhance the professional development of its members by fostering networking, mentorship, career development, and scientific discussion.

Obesity and Eating Disorders

Contact Information:

Nikki Nollen, PhD: nnollen@kumc.edu Christie A. Befort, PhD: cbefort@kumc.edu

Description/Mission Statement:

The purpose of the Obesity and Eating Disorders Special Interest Group (OED SIG) is to provide networking, mentorship, and scientific training to those interested in obesity, eating disorders, and weight-related pathology. Members of the OED SIG also aim to advance the field of Obesity and Eating Disorders through the scholarly pursuit of scientific research, with a special emphasis on submitting federal and private foundation grants. Members of this SIG will also receive guidance on how to develop an academic career in obesity and eating disorders.

Pain

Contact Information:

Martin D. Cheatle, PhD: Martin.Cheatle@uphs.upenn.edu Description/Mission Statement:

Millions of people suffer from painful conditions, with wide-ranging physical, psychological, social, and economic consequences. Alleviation of these often devastating consequences requires continuing research and development efforts from the biological, psychological and social sciences. Our current understanding of biopsychosocial factors in pain perception and management is largely based on interdisciplinary research and clinical practice. Interdisciplinary efforts have accounted for significant contributions to the understanding of pain, including, the Gate-Control Theory, the development of a cognitive behavioral perspective of pain, and the role of learning and conditioning in pain. The goal of the Pain SIG is to advance the understanding of pain and its treatment, according to a biopsychosocial framework. This will be accomplished through: 1) increasing interdisciplinary communication; 2) promoting research; 3) providing education and training for both researchers and clinicians; 4) mentoring students and young professionals; and 5) providing a forum for collaboration between interested individuals and groups.



Better Health Through Behavior Change

Special Interest Groups (SIGs), continued

Physical Activity

Contact Information:

Brian Focht, PhD: focht.10@osu.edu David Marquez, PhD: marquezd@uic.edu

Description/Mission Statement:

The aims of the physical activity special interest group are to: 1) update SBM members on the latest developments and initiatives of relevance to the physical activity field; 2) provide a format for both formal and informal networking among SBM members with physical activity interests; and 3) serve as a forum for advancing the behavioral physical activity field, through developing submissions for the SBM conference, providing an avenue for mentoring junior investigators with physical activity interests, and identifying appropriate individuals interested in serving as reviewers for relevant scientific journals, NIH study sections, and SBM program submissions.

Spirituality and Health

Contact Information:

Crystal L. Park, PhD: crysdara@aol.com Amy B. Wachholtz, PhD, MDiv: amy.wachholtz@ umassmemorial.org

Description/Mission Statement:

Spiritual matters have always been linked to human health. All major religions, for example, typically prescribe or prohibit a variety of health-related behaviors and beliefs. Examples include rules against smoking, no or limited use of alcohol (and other drugs), and regular care of the body (e.g., routine exercise, nutritious diets, good sanitary habits). Why this concern with health? Part of the reason is because the body and its well being, along with the mind and spirit, are often viewed as a gift of God (some would say God's Temple) or a higher or universal power or spirit. In this sense all human life is sacred and must be cared for.

Until recently the possible links of spiritual and religious factors to health, broadly viewed, were essentially ignored or unstudied. Empirical studies in the past two decades however have demonstrated significant associations over time of selected spiritual and religious factors with important health and disease outcomes (e.g., less all-cause mortality; higher subjective well-being). An emerging theme is that any causal relationships with health, if existing, are more indirect and distal in nature (e.g., as mediating or moderating factors). The Spirituality and Health Special Interest Group (SHG) seeks to encourage and support well-designed empirical research that sheds clarifying light on what processes are at work Research can more clearly identify and clarify in what ways spiritual and religious factors may influence health, positively or negatively. Findings can also bear on ways to make professional health care practices more effective. Of particular concern is the need to provide up-to-date accurate information and training, since few professional training programs in health offer adequate preparation on spiritual matters. In North America and in some other areas of the world, the majority of people with health issues and problems are spiritually involved or religiously active. Health professionals and scholars need to better understand the connections between health, disease and spiritual matters.

Better Health Through Behavior Change

Special Interest Groups (SIGs), continued

Student

Contact Information:

Brian D. Gonzalez, MA: brian.gonzalez@moffitt.org

Description/Mission Statement:

The purpose of the Student Special Interest Group are to provide a home for student members of the Society of Behavioral Medicine where their unique needs and concerns can be discussed and addressed and to facilitate their professional development. Additional goals of the Student Special Interest Group include promotion of the following: student-oriented programs, activities, and opportunities within the Society of Behavioral Medicine, collaboration between students and among students and professionals, and discussion of important topics within the field of Behavioral Medicine. All student members are encouraged to join.

Theories and Techniques of Behavior Change Interventions *NEW*

Contact Information:

Susan Michie, Professor of Health Psychology: s.michie@ucl.ac.uk

Description/Mission Statement:

Considerable resources have been invested in developing and evaluating behaviour change interventions, with variable effects. However there remains ambiguity about how to report intervention content in a replicable manner that allows evidence synthesis and appropriate link to theory.

Most interventions are complex, comprising many component behaviour change techniques (BCTs). To date, there has been no shared language for describing the content, especially the 'active ingredients' of behavior change interventions; by contrast, biomedical interventions are precisely specified.

There is increasing recognition of the importance of using theory to develop interventions, with an expectation that those that adhere more closely to theory have stronger effects, and to guide evidence synthesis in systematic literature reviews.

The SIG would allow exchange of ideas and foster collaboration with the aim of developing methods for specifying intervention content, evaluating the theory base of interventions, synthesising evidence and linking BCTs to theory.

Women's Health

Contact Information:

Christina Psaros, PhD: cpsaros@partners.org Valessa St. Pierre, MS: valessastpierre@gmail.com

Description/Mission Statement:

The Special Interest Group in Women's Health is an interdisciplinary group of researchers, clinicians, educators and public health advocates who are committed to promoting research, clinical and community interventions, policy as well as education, training and mentoring in women's health. The SIG is also dedicated to supporting the professional advancement of women and women's issues in behavioral medicine.



Better Health Through Behavior Change

New Orleans Activity Guide

LOCAL ARRANGEMENTS COMMITTEE

Sean Ransom, PhD (Chair); Laila Bondi, MUP; Paula R. Brantley, PhD; Phillip Brantley, PhD; Valerie Harwell Myers, PhD; Carolyn C. Johnson, PhD, FAAHB; Donna Williams, MS, MPH, DrPH; and Shelby Langer, PhD (Program Committee Liaison)

WEATHER

New Orleans has a subtropical climate with pleasant year-round temperatures. The average high temperature in April is 79 F, with an average low of 59 F. Although April is one of the sunniest months for New Orleans, rainfall is not uncommon with an average monthly rainfall of 4.5 inches.

GETTING AROUND

Airport Shuttle, Inc. is the official ground transportation for Armstrong International Airport, with service to and from New Orleans' hotels and other designated locations. Fare is \$20 per person one way and a discounted \$38 per person round trip is available.

One of New Orleans' best assets is its walkability. The city is conveniently compact and easy to navigate. On foot, visitors can slow down, stroll, take in the remarkable architecture, browse eclectic shops and stop along the way at one of the city's many eateries or bars. When planning to go somewhere around the hotel, keep in mind that the French Quarter Festival will be happening. Walking is definitely a good bet, as streetcars will be overflowing.

For more distant destinations, there are thousands of taxis available on New Orleans' streets and at major hotels. Taxi rates are \$3.50 plus \$2 per mile (.25 per one-eighth mile) thereafter. There is also an additional charge of \$1.00 per passenger after the first passenger.

Public transportation services are \$1.25, including bus transportation and the iconic New Orleans streetcar. Thirty-three bus and streetcar lines run daily, including a streetcar line that runs from near the conference hotel along the riverside edge of the French Quarter, as well as a line that passes the marvelous architectural heritage of Saint Charles Avenue. Bus service allows transportation throughout the city's major corridor, extending from the Faubourg Marigny to Riverbend.

SAFETY

New Orleans welcomes approximately eight million visitors per year and is known for the safe and successful management of major tourism events. The SBM Annual Meeting will overlap with a major festival, the French Quarter Festival, which hosts more than 500,000 visitors. Police presence will be high and popular tourist areas such as the French Quarter, Downtown/Central Business District, Uptown, Garden District, Magazine Street, Warehouse/Arts District, Convention Center Boulevard and Faubourg Marigny will be well policed.

According to the New Orleans Visitors and Convention Bureau, visitors to New Orleans on a typical week can expect more than 155 officers to be assigned to the French Quarter, including officers on horseback, patrol cars, and in Sky Watch towers. The permanent staffing of tourist areas is also routinely augmented by the assignment of Reserve NOPD Officers who are assigned on night shifts and weekends. The French Quarter Festival will likely mean additional police being assigned to neighborhoods frequented by visitors, including the area surrounding the conference hotel.

The vast majority of crime occurs generally in economically distressed neighborhoods. The French Quarter, Central Business District, and Warehouse District are the areas surrounding the conference hotel and are among the safest areas in New Orleans. However, be particularly vigilant in areas little frequented by tourists, especially late at night.

NEIGHBORHOODS

The French Quarter: Original New Orleans

The original settlement of New Orleans, called Vieux Carré, French Quarter or simply The Quarter, is the oldest neighborhood in the city. Established by the French in 1718, the location was, and is still, a valuable site for trade due to its strategic position along the Mississippi River.

The district as a whole, bound by Canal Street, Decatur Street, Esplanade Avenue and Rampart Street, is a National Historic Landmark. The French Quarter boasts a storied history of international influence with cultural contributions from the French, Spanish, Italians, Sicilians, Africans, Irish and others, all evident in the development of this global port settlement.

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So much of what makes New Orleans unique is captured in the melting pot atmosphere of the French Quarter - from the raucous party atmosphere of Bourbon Street to the bohemian elegance of Royal and its world-class antiques shops.

The neighborhood's architecture is the dominant feature. Balconies adorned with intricate ironwork and courtyards filled with lush greenery and fountains showcase the French Quarter's European roots. Powerful fires in 1788 and 1794 mean that most of the architectural stylings you observe are the handiwork of the Spanish who ruled, and rebuilt, the city at the time.

Life in the Quarter centers around New Orleans' most famous landmark, Jackson Square. The square is flanked by historic structures such as the St. Louis Cathedral and the Presbytere and Cabildo (which house the Louisiana State Museums) and the Pontalba Apartments (the oldest apartment buildings in the U.S.). The creative culture of the Quarter is embraced by the collection of fortune tellers, artists and musicians who surround Jackson Square. And just across the street is the famed Café du Monde, serving up beignets and café au lait 24 hours a day, seven days a week.

Every street in the French Quarter has something to offer from classic restaurants, music venues, boutique shopping to voodoo temples. Some of the most popular areas include: Royal Street, Chartres Street and Bourbon Street, as well as the French Market, a flea-market type setting choc-a-bloc with souvenir vendors and other sellers. Look for New Orleans bluesman Smoky Greenwell who sells harmonicas and CDs from a table between gigs with his band, the Blues Gnus.

Many visitors choose to explore the French Quarter using the neighborhood's original mode of transportation, the mule-drawn carriage.

Central Business District

In New Orleans, the Central Business District (CBD) is the city's downtown. The boundaries for the CBD roughly fall at Canal Street to Poydras and from Claiborne Avenue to Tchoupitoulas Street. Due to its close proximity to the French Quarter, many of the city's hotels reside within the CBD. The neighborhood is also home to some of New Orleans favorite cocktail bars and many fabulous restaurants. The adjacent neighborhood, the Warehouse District, begins at Poydras Street and ends at Calliope at the I-10 overpass, and is known as the city's arts district. Young professionals, empty nesters and even families who desire to be close to numerous dining and entertainment options and the action of the French Quarter call these neighborhoods home.

Warehouse Arts District

Just a few blocks uptown, the Warehouse District is alive with activities celebrating the arts. Museums such as the Contemporary Arts Center (900 Camp Street) and the Ogden Museum of Southern Art (925 Camp Street) can be found in the Warehouse District as well as dozens of art galleries, many clustered on Camp and Julia. As a designated Louisiana Cultural District, there is no sales tax charged on any original works of art sold in the Arts District.

Other attractions in the area include the National World War II Museum, the Ernest N. Morial Convention Center and cruise ship terminals.

The Faubourg Marigny

Nestled just down river (east) from the French Quarter is one of New Orleans' most distinct and well-kept secrets: the Faubourg Marigny. Right across from the French Quarter, yet tucked back into its own diverse community, the Marigny is old-time New Orleans culture with a hip, contemporary bohemianism.

A trip into the Marigny is not complete without a visit to the famed Frenchmen Street. Known as the local's version of Bourbon Street, and a must-visit destination for nightlife, Frenchmen is a compact entertainment district home to a wide range of clubs featuring musical styles from traditional jazz to blues to reggae to rock. Frenchmen offers a lively street culture that creates a seamless experience of music and fun both inside and out of the clubs that line the district. Sketch artists, poets, bluegrass and gypsy jazz pick-up bands nestle into stoops along the strip. Brass bands are commonly found on the corner of Chartres and Frenchmen and will give you an opportunity to second line alongside locals.



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During the day, the Marigny's funky vibe persists. You can peruse antique shops and bookstores, opt for food from Creole to vegetarian or visit the gardens of Washington Square Park - all perfect places for meeting local artists, performers and neighborhood characters. Getting to the Marigny is a cinch. You just cross Esplanade Street from the Quarter. One easy way to some of the best music venues is simply to take Decatur, Chartres, or Royal Street across Esplanade and then go a half-block or two until Frenchman.

Tremé

Long before the neighborhood had its own popular HBO series, the Tremé was already heralded as a vital American landmark for African-American and Creole culture. Many consider the Tremé to be the cultural heart of New Orleans, and the neighborhood's contributions to the American arts can be witnessed in disciplines from dance to music to architectural design. The Tremé celebrates its rich history and heritage with museums, tours and landmarks dedicated to preserving one of the United States' oldest African-American and free people of color neighborhoods.

The neighborhood is also home to Saint Louis Cemetery #1. Created in 1789, the cemetery is located at Basin Street and Saint Louis Street and is one of New Orleans' most famous "cities of the dead." Saint Louis #1 was immortalized in the film Easy Rider and is the final resting place of civil rights activist Homer Plessy and New Orleans' most famous Voodoo Queen, Marie Laveau. The New Orleans African American Museum is one of the city's underappreciated gems. Guided tours of the Tremé neighborhood and Saint Louis Cemetery are available.

Garden District

With its well-preserved collection of antebellum mansions, pristine gardens and southern charm, the Garden District certainly stands out as one of the country's most lovely neighborhoods and a popular destination for visitors. General boundaries for this famous neighborhood are Saint Charles Avenue to Magazine Street and from Jackson Avenue to Louisiana Avenue.

Originally laid out in 1832 by Barthelemy Lafron, the Garden District was created after the Louisiana Purchase as a settlement for the new American residents of New Orleans not eager to mingle with those of European descent, primarily concentrated in the French Quarter. Americans, made wealthy by cotton, sugar, insurance and shipping, commissioned leading architects of the time to create classic homes in Italianate, Greek Revival and Victorian styles. The homes were built on generous plots allowing for the cultivation of magnificent gardens for which the area is named.

A common destination for those visiting the Garden District is the intersection of Prytania Street and Washington Avenue. Here, in the heart of the neighborhood, you will find a commercial pocket with shopping, cafes and the historic Lafayette Cemetery #1. As one of the most well-maintained city cemeteries, Lafayette #1 has been immortalized in film, literature and photography and is a popular attraction for many tourists. Guided tours of the cemetery are available. Directly across the street you won't be able to overlook the colorful exterior of Commander's Palace Restaurant, a New Orleans culinary institution.

Magazine Street

Best known for its numerous boutiques featuring local fashion, jewelry and house ware designers, this popular street is also home to museums, art galleries, bars and restaurants. Starting at Canal Street in the Central Business District and extending all the way upriver through the Garden District and Uptown, Magazine Street takes you through some of New Orleans' most vibrant neighborhoods peppered with delightfully diverse commercial pockets.

FRENCH QUARTER FESTIVAL

The 29th annual French Quarter Festival will conveniently take place April 12-15. http://www.fqfi.org/frenchquarterfest/

This is the largest free music festival in the South with a special focus on New Orleans' music and food. Last year, more than half a million visitors attended. The festival offers 20 performance stages and more than 90 food and beverage booths set throughout the French Quarter. Music offerings represent every genre from traditional and contemporary jazz to R&B and New Orleans funk, brass bands, folk, gospel, classical, opera, Cajun Zydeco, Latin World, International, as well as a musical stage for children. Kids' activities, home tours and other festivities fill the weekend with fun.

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Over 90 food and beverage booths located in Jackson Square, Woldenberg Riverfront Park and the Louisiana State Museum's Old U.S. Mint make up the "World's Largest Jazz Brunch," a signature event featuring authentic local cuisine from renowned area restaurants, many of whom have been with the Festival throughout its entire 28-year history.

Much of the French Quarter will become a pedestrian mall during the weekend. For the past two years, a free shuttle service has run from the parking lot at the New Orleans Convention Center to Canal Street.

OTHER ATTRACTIONS

Audubon Aquarium of the Americas

1 Canal Street (French Quarter) (800) 774-7394

Tues-Sun 10am-5pm

http://www.auduboninstitute.org/

More than 10,000 animals showcased in exhibits ranging from the Mississippi River wildlife to exotic species of the Amazon and Carribbean.

Audubon Insectarium

423 Canal Street (800) 774-7394

http://www.auduboninstitute.org/

Tues-Sun 10am-5pm

Featuring a butterfly garden where you can interact with hundreds of live, exotic butterflies in a Japanese-style setting and Bug Appetit, an insect cooking demonstration (with tastings!). The Insectorium was a highly deserving recipient of the 2009 Thea Award for Outstanding Achievement in a Science Center.

Audubon Park

Front entrance at 6500 Saint Charles Avenue (Uptown); back entrance at 6500 Magazine Street (504) 416-3218

http://www.auduboninstitute.org/

Mon-Sun 5am-10pm

Once a staging area for Buffalo Soldiers, the World's Fair in 1884, and more recently a field heliport during Hurricane Katrina, Audubon Park is better known today as one of the most pleasant walking, jogging, and biking parks in the city. A rookery on the park's east side is a great birding spot.

Audubon Zoo

6500 Magazine Street (Uptown) (504) 581-4629

http://www.auduboninstitute.org/

Tues-Sun 10am-5pm

58 acres in Uptown New Orleans, just behind Audubon Park. This treasure of the city is consistently ranked among the nation's Top 10 zoos.

City Park

At the intersection of South Carrollton and City Park Avenues (Mid-City) (504) 483-9476

http://neworleanscitypark.com/

Hours vary depending on attraction

This 1,300-acre green space (50% larger than New York's Central Park) has sprawling moss-covered oak trees, lagoons, bike and boat rentals, walking trails through Couturie Forest, and plenty of opportunities to spot birds and wildlife. The park also houses the New Orleans Botanical Gardens, a lush urban sanctuary filled with blooming flowers and exotic plants.

National World War II Museum

945 Magazine Street (Warehouse District) (504) 528-1944

http://nationalww2museum.org

Open daily 9am-5pm

Once known as the D-Day Museum, this fast-growing institution was designated by Congress in 2003 as the U.S.'s national museum to document the World War II experience. The museum is now affiliated with the Smithsonian Institution and the exhibits are equally sobering and inspiring.

New Orleans African American Museum

1418 Governor Nicholls Street (Treme) (504) 566-1136

http://noaam.org

Wed-Sat 11am-4pm

The African American cultural heritage of New Orleans is on display in a variety of artistic forms in this small but powerful museum in the Treme neighborhood. Housed partly in an historic Creole mansion, the museum also holds an intriguing collection of original African art.



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New Orleans Museum of Art

1 Collins Diboll Circle, City Park (Mid-City) (504) 658-4100

http://noma.org/

Tues-Sun 10am-5pm, except for Fridays when the museum stays open until 9pm

The city's premiere art museum. From Degas to Picasso, this cultural institution located in City Park showcases more than 40,000 pieces, as well as a beautifully landscaped sculpture garden for little ones to frolic in. Friday nights feature Where Y'Art festivities.

New Orleans Vintage Streetcars

Various locations

Outfitted with brass accents and mahogany wooden seats. The Saint Charles line is the world's oldest continuously operating street railway and passes by notable areas such as Audubon Park and the mansions of the Garden District. The Riverfront line runs from near the conference hotel into the French Quarter.

TOURS

A. Plantation Homes

Destrehan Plantation

13034 River Road Destrehan, LA (985) 764-9315

http://www.houmashouse.com/

Open daily, 9am-4pm

The closest restored plantation home to New Orleans, just 8 miles from the New Orleans airport, the 1790 plantation house is the oldest home in the Lower Mississippi Valley. Displays include artwork relating to the 1811 German Coast slave revolt, the largest in American history, and the role of the Destrehans in suppressing the rebellion.

Houmas House Plantation and Gardens

40136 Hwy 942 Darrow, LA (225) 473-9380

http://www.destrehanplantation.org/

Mon-Wed 8am-5pm; Thurs-Sun 10am-8pm A little less than an hour from New Orleans by car, this restored plantation home was originally built in 1828 on a plantation that had been in operation since before the Louisiana Purchase. Preserved during the Civil War due to the owner's status as a British subject, the tour features a view into the opulence of the plantation experience and an introduction to 19th century high society.

Laura: A Creole Plantation

2247 La Hwy. 18 (Great River Road) Vacherie, LA (225) 265-7690

http://www.lauraplantation.com/

Open daily. First tour at 10 am, final tour at 4 pm Also about 50 minutes by car from New Orleans, this unique tour highlights the life and times of Laura Locoul Gore, a strong-willed, savvy Creole woman who inherited and ran the family sugar plantation until 1891. Plantation life through the 19th century is featured, including issues of culture, gender, and slavery. The tour includes a fascinating view of restored slave quarters, which stand in wrenching contrast to the mansion just a few hundred feet away.

Oak Alley Plantation

3645 Highway 18 (Great River Road) Vacherie, LA (225) 265-2151

http://oakalleyplantation.com/

Open daily. First tour at 9:30 am, final tour at 5 pm Named after the iconic pathway of live oaks that lead to the plantation home, Oak Alley features guided tours as well as a self-guided walking tour through the house and grounds, which include slave quarters, a blacksmith shop, and a Confederate commanding officer's tent. Located not far from Laura Plantation, touring this beautifully restored home provides the American plantation perspective in contrast to the Creole experience showcased at Laura.

San Francisco Plantation

2646 Hwy 44 (River Road) Garyville, LA 70051 (985) 535-2341

http://www.sanfranciscoplantation.org/

Open daily. First tour at 9:30 am, final tour at 4:40 pm Billed as the "most opulent plantation house in North America," the plantation the San Francisco was built on was purchased from a land speculator at inflated prices. Not sparing an expense on the house, which launched the architectural style called steamboat gothic, but neglecting technological advances in agriculture, the debt incurred inspired family members to say they were "sans fruscins," or penniless. The phrase stuck and evolved into this home's name. The San Francisco is about 40 minutes from New Orleans by car.

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B. Haunted/Voodoo/Magic

Bloody Mary's

(504) 977-7774

http://www.bloodymarystours.com/

Offering haunted pub tours and other voodoo/magic themes tours.

Haunted History Tours

723 St. Peter St.

(504) 861-2727 and (888) 644-6787

www.hauntedhistorytours.com

Ghost, voodoo and vampire tours.

C. Brewery/ Distillery

NOLA Brewing Company

3001 Tchoupitoulas Street (Uptown/ Irish Channel) (504) 896-9996

http://www.nolabrewing.com/home/

New Orleans' only microbrewry located within the city. Free tours every Friday at 2pm.

Old New Orleans Rum Distillery

2815 Frenchmen Street (504) 945-9400

http://www.neworleansrum.com/

Visit New Orleans' own rum distillery. The \$10 tour will start you with a cocktail, take you through the entire distilling process, and end with a tasting of the different rums.

D. Miscellaneous

Big Easy Bike Tours

3017 Chartres Street (504) 377-0973

http://bigeasybiketours.com/

See New Orleans like a local and take one of the three neighborhood tours offered by Big Easy.

Cajun Encounters

301 Canal Street

(504) 834-1770

http://www.cajunencounters.com/

Offering swamp tours, city/cemetery tours, and plantation tours.

Confederacy of Cruisers

1815 Elysian Fields

(504) 400-5468

http://confederacyofcruisers.com/

Offering 9th Ward tours, culinary tours, kayaking on the bayou, and custom tours.

Free Tours by Foot

(504) 222-2967

http://www.freetoursbyfoot.com/neworleans/

Take these informative tours to explore the French Quarter and Garden District.

The Original New Orleans Movie Tours

http://www.nolamovies.com/

New Orleans is sometimes affectionately called "Hollywood of the South" due to the number of movies filmed here. Visit familiar landmarks of notable movies such as Ray, The Curious Case of Benjamin Button, Interview with a Vampire and more.

Pearl River Eco-Tours

535 S Clark St

(504) 581-3395

http://www.pearlriverecotours.com/

Offering walking tours of the French Quarter in addition to swamp tours, city tours and plantation tours.

Steamboat Natchez

Toulouse Street and Mississippi River (504) 586-8777

http://www.steamboatnatchez.com/

Offering jazz cruises on New Orleans' only steamboat. Optional meals and packages are available.

RESTAURANTS

Star ratings and dollar signs are from Yelp.

A. Breakfast (and Some Lunch and Dinner) Café du Monde

\$

800 Decatur Street (French Quarter) (504) 525-4544

http://cafedumonde.com/

Open 24/7, 365 days a year

Yes, it is touristy and slightly chaotic and the service is not always fantastic. It's also very New Orleans, the beignets are consistently hot and delicious, and the peoplewatching is unparalleled.

Camellia Grill

\$\$

540 Chartres Street (French Quarter) (504) 522-1800

http://www.camelliagrill.net/home.htm

Open daily 8am-10pm

Classic diner with eternally wise-cracking counter staff.



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Merchant

\$\$

800 Common Street (Central Business District) (504) 571-9580

Mon-Fri 7am-8pm; Sat-Sun 8am-8pm

European style coffee house serving Illy coffee and a variety of crepes. Also features a wine bar.

Mother's Restaurant

\$\$

401 Poydras Street (Central Business District) (504) 523-9656

http://www.mothersrestaurant.net/

Open daily 7am-10pm

Some people swear by it. Try the famous Ferdi special, baked ham with roast beef and debris (roast beef cooked to the point of falling apart). Be prepared for a line.

Ruby Slipper Café

\$\$

200 Magazine Street (Central Business District) (504) 525-9355

http://www.therubyslippercafe.net/

Mon-Fri 7am-2pm; Sat 8am-2pm; Sun 8am-3pm Brunch favorites with a Louisiana twist, such as BBQ Shrimp Blackstone or Oysters Sardou.

Stanley

\$\$

547 Saint Ann Street at Jackson Square (French Quarter) (504) 587-0093

http://stanleyrestaurant.com/

Open daily 7am-10pm

Scott Boswell's (of Stella!) version of a diner. Try the soft shell crab eggs Benedict or bananas foster French toast for breakfast. There are also excellent sandwiches at lunchtime.

B. Poboys/ Sandwiches/ Lunch Capdeville

\$\$

520 Capdeville St (Central Business District) (504) 371-5161

http://www.capdevillenola.com/

Mon-Thurs 11am-2pm; Mon-Thurs 5pm-11pm; Fri-Sat 11am-1pm

Sleek interpretation of a British social house. Very popular for their truffle mac-n-cheese and specialty burgers, washed down with a local brew like NOLA Hopitoulas.

Central Grocery Co

\$

923 Decatur Street (French Quarter) (504) 523-1620

http://www.centralgroceryneworleans.com/

Tues-Sat 9am-5pm

Home of the muffaletta. Be aware that the sandwiches, while delicious, are premade so no special orders. They are also huge. Limited seating, better to get a drink and a sandwich and go have a picnic across the street on the river. Eat while watching the river barges go by.

Cochon Butcher

\$\$

930 Tchoupitoulas Street (Warehouse District) (504) 588-7675

http://www.cochonbutcher.com/

Mon-Thu 10am-10pm; Fri-Sat 10am-11pm; Sun 10am-5pm

Cochon's more casual deli. Order sandwiches made from house smoked and cured meats.

Frank's Restaurant

\$\$

933 Decatur Street (French Quarter) (504) 525-1602

http://www.franksrestaurantneworleans.com/

Daily 11am-9pm

Also good for a muffaletta, especially if you want to sit down and have table service.

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Johnny's Po-Boys

\$

511 Saint Louis Street (French Quarter) (504) 524-8129

http://johnnyspoboys.com/

Mon-Thurs 8:30am-3pm; Fri-Sun 8am-4:30pm Oldest family-owned poboy restaurant in the city. Also serves breakfast.

Serio's Po-Boys and Deli

X

\$

133 Saint Charles Avenue (Central Business District) (504) 523-2668

Mon-Sat 10am-3pm

Winner of Bobby Flay's muffaletta throwdown. Also serving daily specials and hot plates.

C. Oysters

Acme Oyster House

\$\$

724 Iberville Street (French Quarter) (504) 522-5973

http://www.acmeoyster.com/

Mon-Thu and Sun 11am -10pm; Fri-Sat 11am-11pm Long lines, be prepared to wait or go early!

Bourbon House

\$\$\$

144 Bourbon Street (French Quarter) (504) 522-0111

http://bourbonhouse.com/

Breakfast daily 6:30am-10:30am; lunch and dinner Sun-Thu 11am-10pm and Fri-Sat 11am-11pm Extensive raw bar.

Desire Oyster Bar

\$\$

300 Bourbon Street (French Quarter)

(504) 586-0300

Open daily 6:30am-12:30am

Charming interior with open windows makes for great people watching.

Drago's Seafood Restaurant at the Hilton New Orleans Riverside

\$\$

2 Poydras Street (Central Business District) (504) 584-3911

http://www.dragosrestaurant.com/

Open daily 11am-10pm

The regular menu is not notable but Drago's signature charbroiled oysters are definitely worth a trip. They are available at other restaurants but Drago's started the trend.

Felix's Restaurant and Oyster Bar

\$\$

739 Iberville Street (French Quarter) (504) 522-4440

http://www.felixs.com/

Mon-Thu 10am-11pm; Fri-Sun 10am-1am Essentially the same as Acme but without the lines.

Luke Restaurant

\$\$

333 Saint Charles Avenue (Central Business District) (504) 378-2840

http://www.lukeneworleans.com/

Open daily 7am-11pm

Chef John Besh's German-Franco brasserie. Excellent oyster happy hour from 3-6 pm daily (oysters 50 cents each). Also serving breakfast, lunch and dinner.

D. Grande Dames of Creole Cooking Antoine's Restaurant (also note attached Hermes Bar)

\$\$\$\$

713 St. Louis Street (French Quarter) (504) 581-4422

http://www.antoines.com/

Mon-Sat 11:30am-2pm and 5:30pm-9:30pm; Sun 11am-2pm

Dress the part and enjoy classic New Orleans dishes such as Oysters Rockefeller, shrimp and grits, and pommes de terres soufflé. Baked Alaska is a favorite dessert; they invented it here! Also offering jazz brunch on Sunday.



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Arnaud's Restaurant (also note the attached French 75 Bar and Mardi Gras Museum)

\$\$\$

813 Bienville Street (French Quarter) (504) 523-5433

http://www.arnaudsrestaurant.com/

Mon-Thu and Sun 6pm-10pm; Fri-Sat 6pm-10:30pm; Sun 10am-2:30pm

Another classic New Orleans restaurant. Try the shrimp remoulade, oysters Arnaud, and crème brulee.

Galatoire's

\$\$\$

209 Bourbon Street (French Quarter) Tue-Sat 11:30am-10pm; Sun 12pm-10pm (504) 525-2021

http://www.galatoires.com/

Many people claim this is more about the experience than the food. However, it is certainly a New Orleans experience to dress in seersucker and watch the tables around you. Order whatever your waiter recommends.

Tujague's

\$\$\$

823 Decatur Street (French Quarter) (504) 525-8676

http://www.tujaguesrestaurant.com/

Mon-Sun 5pm-10pm; Sat-Sun 11am-3pm Open over 150 years, New Orleans' second oldest restaurant. Serves a brief but traditional table d'hote Creole menu including shrimp remoulade and brisket with Creole sauce.

E. Upscale Dining

Bayona

\$\$\$

430 Dauphine Street (French Quarter) (504) 525-4455

http://www.bayona.com/

Dinner Mon-Thurs 6pm-10pm; Fri-Sat 6pm-11pm Lunch Wed-Sat 11:30am-1:30pm

Susan Spicer's restaurant in a charming building away from the noise of Bourbon Street. Try to reserve a table in the courtyard. There is the option to order from the traditional menu or the ever-changing special menu. Desserts are not to be missed.

Borgne

\$\$\$

601 Loyola Avenue (Central Business District) (504) 561-1234

http://www.borgnerestaurant.com/

Lunch 11am-4pm; dinner 4pm-11pm

Besh's newest restaurant. Intended to evoke the outdoorsy culture of Southeast Louisiana, especially the descendants of Canary Islanders who settled along Lake Borgne.

Cochon

\$\$

930 Tchoupitoulas Street (Warehouse District) (504) 588-2123

http://www.cochonrestaurant.com/

Mon-Fri 11am-10pm; Sat 5:30pm-10pm

Donald Link's ode to updated Cajun food. Favorites include wood-fired grilled oysters, rabbit livers with pepper jelly, and the signature cochon with braised turnips.

Domenica

\$\$5

123 Baronne Street (Central Business District) (504) 648-6020

http://domenicarestaurant.com/

Open daily 11am-11pm

Chef Alon Shaya's modern Italian cuisine, including woodfired pizzas, cured meats, housemade pasta and a great happy hour from 3-6pm daily.

Emeril's

\$\$\$

800 Tchoupitoulas Street (Warehouse District) (504) 528-9393

http://www.emerils.com/

Mon-Fri 11:30am-2pm; Mon-Sun 6pm-10pm A favorite among locals and tourists alike. The menu changes from time to time but BBQ shrimp and an outstanding pork chop are usually featured.

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Green Goddess

\$\$

307 Exchange Place (French Quarter) (504) 301-3347

http://greengoddessnola.com/

Mon and Wed-Sun 11am-4pm; Thu 6pm-12am; Fri-Sun 5pm-12am

No reservations, very small. Eclectic menu and cocktails.

GW Fins

\$\$\$

808 Bienville Street (French Quarter)

(504) 581-3467

http://gwfins.com/

Mon-Thu 5pm-10pm; Fri-Sat 5pm-10:30pm Excellent seafood, offerings change daily. Order the lobster dumplings if they are on the menu.

Herbsaint

\$\$\$

701 Saint Charles Avenue (Central Business District) (504) 524-4114

http://www.herbsaint.com/

Lunch Mon-Fri 11:30am-1:30pm; dinner Mon-Sat 5:30pm-10:00pm; bistro Mon-Fri 1:30pm-5:30pm

Herbsaint is another great restaurant serving updated and fresh New Orleans inspired food. Examples include Louisiana jumbo lump crabmeat with local pumpkin, radish and pepitas or seared shrimp with ham and cauliflower gratin.

K-Paul's Louisiana Kitchen

\$\$\$

416 Chartres Street (French Quarter) (504) 524-7394

http://kpauls.com/kpaul

Mon-Sat 5:30pm-10pm; Thu-Sat 11am-2pm

Paul Prudhomme's restaurant.

La Boca

\$\$\$

857 Fulton Street (Warehouse District)

(504) 525-8205

http://www.labocasteaks.com/

Mon-Wed 6pm-10pm; Thurs-Sat 6pm-12am

Argentinian steakhouse with premium steaks and a South American wine list to complement the meal.

MiLa

\$\$\$

817 Common Street (Central Business District)

Renaissance Pere Marquette Hotel

(504) 412-2580

Mon-Sat 9am-10pm

Husband and wife chef team and owners met in culinary school and opened MiLa, a riff on the names of their home states (Mississippi and Louisiana). A seasonal menu that emphasizes local produce and serving, in addition to the regular menu, a very well-priced three course lunch and a tasting menu at dinner.

Mr. B's Bistro

\$\$\$

201 Royal Street (French Quarter)

(504) 523-2078

http://www.mrbsbistro.com/

Mon-Sat 11:30am-2pm; Mon-Thu and Sun 5:30pm-9pm; Eri-Sat 5:30pm-9:30pm

Fri-Sat 5:30pm-9:30pm

Part of the Brennan family restaurant group, known for their BBQ shrimp (which in New Orleans means a buttery sauce with lemon, black pepper and rosemary) served unpeeled with plenty of French bread. Messy and delicious.

Muriel's Jackson Square

\$\$\$

801 Chartres Street (French Quarter) (504) 568-1885

http://muriels.com/

Lunch Mon-Sat 11:30am-2:30pm; dinner Mon-Fri 5:30pm-10pm and Sat-Sun 5pm-10pm; brunch Sun 11am-2pm Beautifully renovated historic building overlooking Jackson Square. Well-loved for the goat cheese-crawfish crepes. Jazz brunch on Sundays.



Better Health Through Behavior Change

New Orleans Activity Guide

NOLA Restaurant

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534 Saint Louis Street (French Quarter) (504) 522-6652

http://www.emerils.com/restaurant/2/NOLA-Restaurant/

Mon-Sun 6pm-10pm; Thu-Sun 11:30am-2pm An Emeril Lagasse restaurant.

Orleans Grapevine Wine Bar and Bistro

\$\$\$

720 Orleans Ave (French Quarter) (504) 523-1930

http://orleansgrapevine.com/

Mon-Thu and Sun 4pm-11:30pm; Fri-Sat 4pm-12am Bistro style wine bar and restaurant with charming courtyard.

Palace Café

\$\$\$

605 Canal Street (French Quarter) (504) 523-1661

http://www.palacecafe.com/

Mon-Sat 11:30am-10pm; Sun 10:30am-10pm Housed in the impressive Werlein building with several dining areas as well as sidewalk seating. Classic New Orleans fare such as turtle soup, shrimp remoulade and Bananas Foster prepared tableside. Also features a gluten-free menu.

Restaurant August

\$\$\$\$

301 Tchoupitoulas Street (Central Business District) (504) 299-9777

http://www.restaurantaugust.com/

Lunch Mon-Fri 11am-2pm; dinner nightly 5:30pm-10pm Local golden boy John Besh's flagship restaurant. Very fancy, very expensive. Try the three course lunch special for \$20.11 as an affordable way to sample the contemporary French cuisine.

Rio Mar Restaurant

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800 South Peters Street (Warehouse District) (504) 525-3474

http://www.riomarseafood.com/

Mon-Fri 11:30am-2pm; Mon-Sat 6pm-10pm Chef Adolfo Garcia blends his Latin American heritage with cooking experiences in Spain to produce ceviches, empanadas and other dishes featuring local seafood, notably the gulf fish escabeche.

Sylvain

\$\$

625 Chartres Street (French Quarter) (504) 265-8123

http://www.sylvainnola.com/

Mon-Thu 5:30pm-11pm; Fri-Sun 11:30am-2:30pm; Fri-Sat 5:30pm-12am; Sun 5:30pm-10pm Gastropub with inventive cocktails. Duck fat fries and shaved Brussels sprout salads are popular menu items.

Stella!

\$\$\$\$

1032 Chartres Street (French Quarter) (504) 587-0091

http://www.restaurantstella.com/

Daily 5:30pm-10:30pm

Scott Boswell's flagship restaurant with creative dishes, unique ingredients and an extensive wine list.

Tamarind (in Hotel Modern)

936 Saint Charles Avenue (Warehouse District)

(504) 962-0900

http://www.thehotelmodern.com/tamarind/

Open daily at 5:30pm

Very new French-Vietnamese restaurant. Try scallops with lemongrass butter or Louisiana shrimp with Tempura kohlrabi. Equally inventive cocktail list.

F. Sweets

Bittersweet Confections

725 Magazine Street (Warehouse District) (504) 523-2626

http://www.bittersweetconfections.com/

Mon-Fri 7:30am-6pm; Sat 7:30am-4pm

Mini pecan pies and truffles are made in house. Bring home some fleur-de-lis shaped chocolates as a souvenir.

Better Health Through Behavior Change

New Orleans Activity Guide

La Divina Gelateria

621 Saint Peter Street (French Quarter) (504) 302-2692

http://www.ladivinagelateria.com/

Mon-Thu 11 am-10pm; Fri-Sat 8:30am-11pm; Sun 8:30am-10pm

Ever-changing gelato flavors but always delicious. Take a break and have a seat at an outdoor table. Also serving sandwiches and light fare.

Leah's Pralines

714 Saint Louis Street (French Quarter) (504) 523-5662

http://www.leahspralines.com/

Open daily 10am-6pm

You can't visit New Orleans without trying the pralines. We pronounce them "prah-leen." If you're not in the mood for a praline, try the Cajun Mud.

Meltdown

508 Dumaine Street (French Quarter) (504) 301-0905

Mon and Wed-Sun 12pm-6pm

Cool off with a gourmet popsicle in flavors like Strawberry Balsamic and Saffron Rosewater.

Southern Candymakers

334 Decatur Street (French Quarter) (504) 523-5544

http://www.southerncandymakers.com/

Another of the many praline shops around the city. Also featuring chocolate alligators and traditional divinity candy.

G. For Dedicated Foodies (if you feel like venturing beyond downtown)

Boucherie

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8115 Jeannette Street (Carrollton/Riverbend) (504) 862-5514

http://www.boucherie-nola.com/

Tue-Sat 11am-3pm and 5:30pm-9:30pm

Small but casual, you will need a reservation at this tiny, local favorite. The menu is ever-changing but the desserts always stay the same including Krispy Kreme bread pudding and the infamous bacon brownie.

Commander's Palace Restaurant

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1403 Washington Avenue (Uptown) (504) 899-8221

http://www.commanderspalace.com/

Mon-Fri 11:30am-2pm; Mon-Sat 6:30pm-10pm; Sun 10:30am-1:30pm and 6:30pm-9pm

Perhaps New Orleans' most celebrated restaurant. Emeril was once chef here. Take the streetcar and walk a block over to this Uptown gem. Reservations and proper dress are required. Make sure you don't miss the bread pudding soufflé!

Dante's Kitchen

\$\$\$

736 Dante Street (Carrollton/Riverbend) (504) 861-3121

http://danteskitchen.com/

Mon and Wed-Sun 5:30pm-10:30pm; Sat-Sun 10:30am-2pm

Whimsical restaurant in a converted house with a charming porch and outdoor seating area. The complimentary molasses spoonbread is reason enough to go. Favorites include redfish with crab and fines herbs, and chicken roasted under a brick.

Jacques-Imo's

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8324 Oak Street (Carrollton/Riverbend) (504) 861-0886

http://jacquesimoscafe.com/

Mon-Thu 5pm -10pm; Fri-Sat 5pm-11pm

This popular restaurant is very busy and reservations are only taken for parties of five or more, so get a group together and call ahead. Owner Jacques will ensure a good time, the vibe is fun and jovial and the food will give you a taste of the real New Orleans. Perennial favorites include the savory alligator cheesecake and blackened redfish with chili hollandaise.



Better Health Through Behavior Change

New Orleans Activity Guide

Mandina's

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3800 Canal Street (Mid-city) (504) 482-9179

http://mandinasrestaurant.com/

Mon-Thu 11am-9:30pm; Fri-Sat 11am-10pm; Sun 12pm-9pm

Native son Harry Connick Jr.'s favorite restaurant. This is classic down-home Creole-Italian. Busy, loud, no frills. Your server will probably call you honey. Sazeracs the way they should be made and lots of fried seafood. Desserts are forgettable.

Patois

\$\$\$

6078 Laurel Street (Uptown) (504) 895-9441

http://patoisnola.com/

Lunch Fri 11:30am-2pm; dinner Wed-Thurs 5:30pm-10pm and Fri-Sat 5:30pm-10:30pm; brunch Sun 10:30am-2pm Located in a quaint neighborhood, you may feel like you were invited to a local's house for dinner. Gnocchi with crab and chanterelles and the ham-crusted scallops are two of many standout dishes.

H. Cocktails and Wine

Bar Uncommon

817 Common Street (Central Business District) (504) 525-1111

http://baruncommon.com/

Mon-Fri 5pm-11pm; Sat 5pm-12am; Sun 11am-11pm Attached to the Pere Marquette hotel, this small bar features the handiwork of master bartender Chris McMillian. Small food menu.

Bar Tonique

820 North Rampart Street (French Quarter) (504) 324-6045

http://bartonique.com/

Open daily 2pm-2am

Dark, intimate and with amazing attention to detail, such as housemade tonic and soda. This bar offers a wide variety of choices as well as daily specials, like the bacon Bloody Mary on Saturdays.

Bellocq (Hotel Modern)

936 St. Charles Avenue (Warehouse District)
Open daily from 5:30pm
For the upscale cocktail enthusiast, offering aperitif and digestif cobblers.

Patrick's Bar Vin

730 Bienville Street (French Quarter) (504) 200-3180

http://patricksbarvin.com/

Tue-Thu 4:30pm-11pm; Fri-Sat 2:30pm-2am; Sun 11:30am-11pm

Cozy wine bar with a gorgeous courtyard. Extensive wine list. Good offerings by the glass and a selection of Belgian beers, a nod to the owner's background.

Sazerac Bar

123 Baronne Street (Central Business District) (504) 648-1200

http://therooseveltneworleans.com/dining/the-sazerac-bar.html

Open daily 11am-2am

Housed in the stunning Roosevelt hotel, the Sazerac room features an antique African walnut bar and murals of old New Orleans. Order the namesake Sazerac and see if you can find Marie Laveau in the mural. Swanky and expensive.

Swizzle Stick Bar

300 Poydras Street (Central Business District) (504) 595-3305

http://www.cafeadelaide.com/

Mon-Thu and Sun 10am-11pm; Fri-Sat 10am-12am Lu Brown, named New Orleans' best bartender, creates refreshing cocktails like the Wild Magnolia. Attached to Café Adelaide.

Tommy's Wine Bar

746 Tchoupitoulas Street (Warehouse District) (504) 581-1103

http://www.tommysneworleans.com/

Sun-Thurs 5:30pm-10pm; Fri-Sat 5:30pm-11pm Wine bar with a convivial atmosphere. Serving many wines by the glass and often featuring live jazz.

Victory

339 Baronne Street (Central Business District) (504) 522-8664

http://www.victorycocktails.com/

T-Thu 4:30pm-12am; Fri-Sat 4:30pm-2am Choose from classic cocktails like the mint julep or be adventurous and try bitters mist and molecular ice flavors.

Better Health Through Behavior Change

New Orleans Activity Guide

Whiskey Blue

333 Poydras Street (Central Business District) (504) 207-5016

http://gerberbars.com/whiskey-blue-new-orleans

Mon-Thu 5pm-2am; Fri-Sat 5pm-4am Lounge-type bar in the W hotel.

Wine Institute of New Orleans (W.I.N.O.)

610 Tchoupitoulas Street (Warehouse District) (504) 324-8000

http://www.winoschool.com/

Mon-Thu 11am-10pm; Fri 11am-1am; Sat 12pm-1am; Sun 2pm-10pm

WINO features enomatic machines so that you may choose from over 100 wines by the ounce or glass. Buy a card with whatever amount of money you'd like and pour yourself a taste.

ENTERTAINMENT

Apple Barrel Bar

609 Frenchmen Street (Marigny)

(504) 949-9399

Open daily

One of the many great music venues on Frenchman Street. Never a cover, cash only.

Blue Nile

534 Frenchmen Street (Marigny) (504) 948-2583

http://www.bluenilelive.com/

Open Tues-Sun; check website calendar Often featuring different bands on two levels. Catch Treme's Kermit Ruffins or a late night brass band.

Davenport Lounge

921 Canal Street, 3rd Floor (French Quarter) (504) 670-2828

Open daily 11am-1am

Get dressed up and go see the beloved Jeremy Davenport play his trumpet in the plush bar in the Ritz Carlton.

d.b.a.

616 Frenchmen Street (Marigny) (504) 942-3731

http://dbabars.com/dbano/

Mon-Thurs 5pm-late; Fri-Sun 4pm-late One of the more upscale places to hear music on Frenchmen. Good selection of liquor and beer. Smoke free. John Boutte on Saturday nights is always a fantastic show.

Fritzel's Jazz Pub

733 Bourbon Street (French Quarter) (504) 586-4800

http://fritzelsjazz.net/

Mon-Thu and Sun 1pm-1 am; Fri-Sat 1pm-2 am A stronghold of traditional Dixieland music amidst the raucousness of Bourbon Street. As with many places that feature live music, the drinks can be pricey but there is no cover.

Lafitte's Blacksmith Shop

941 Bourbon Street (French Quarter) (504) 522-9377

http://www.lafittesblacksmithshop.com/Homepage.html

Open daily 10:30am-3pm

Famous pirate Jean Lafitte used this blacksmith shop as his legal business to cover his buccaneering side dealings. Claims to be the oldest bar in the United States. Fireplace, piano player, lit only by candles.

Maison

508 Frenchmen Street (Marigny) (504) 371-5543

http://www.maisonfrenchmen.com/

Open daily 5pm-3am

Plenty of room, live music nightly, serves food.

Pat O'Brien's

718 Saint Peter Street (French Quarter) (504) 525-4823

http://www.patobriens.com/patobriens/

Mon-Thu 12pm-3am; Fri-Sun 10am-4:30am Home of the deceptively strong hurricane. There is the option to sit in a very pretty courtyard or inside the popular dueling piano bar.

Preservation Hall

726 Saint Peter Street (French Quarter) (504) 522-2841

http://www.preservationhall.com/hall/index.aspx

Open daily 8pm-11pm

An absolute must if you are a lover of traditional New Orleans jazz. Be prepared to wait in line 30-45 minutes prior to opening. No drinks are sold here but you may bring your own. \$15 cover.



Better Health Through Behavior Change

New Orleans Activity Guide

Snug Harbor Jazz Bistro

626 Frenchmen Street (Marigny) (504) 949-0696

http://www.snugjazz.com/site/

Open daily; check website calendar

New Orleans premier jazz venue featuring a dining room, a bar room, and a music room.

Spotted Cat Music Club

623 Frenchmen Street (Marigny) (504) 943-3887

http://www.spottedcatmusicclub.com/

Mon-Fri 4pm-2am; Sat-Sun 3pm-2am

Shows every day starting from as early as 3pm to as late as 2am. Cash only. Can get very crowded.

Three Muses

536 Frenchmen Street (Marigny) (504) 298-8746

http://www.thethreemuses.com/

Wed-Thu and Sun 4pm-10pm; Fri-Sat 4pm-1:30am This new venue has become extremely popular so come early if you want a table! Serves delectable small (very small) bites, like Korean bulgogi and butternut squash ravioli. Ever-changing cocktail list is intriguing but the aptly named Three Muses cocktail always stays on for a reason.



Faculty Position in Health Disparities Research

Heal the sick, advance the science, share the knowledge.

The Mayo Clinic seeks an outstanding research investigator in the science of health disparities research at the associate professor level or above. The successful applicant would be expected to play a leadership role in a comprehensive, significant institution-wide effort to address health disparities at a local and national level. This is a career scientist position (equivalent to tenure track) and includes a competitive start-up package, benefits and ongoing operating support. Mayo Clinic supports an existing infrastructure of community outreach and health disparities research. Credentials of successful applicants will include national/international recognition in the field and a track record of NIH or equivalent peer-reviewed grant funding. Investigators with expertise in behavioral sciences, partnering with community members and effectively working with clinical practices are particularly encouraged to apply.

Mayo Clinic offers a highly competitive compensation package, which includes exceptional benefits, and has been recognized by *Fortune* magazine as one of the "100 Best Companies to Work For."

To apply and learn more about this position, Mayo Clinic and Rochester, MN, please visit www.mayoclinic.org/scientist-jobs/ and reference job posting number 8133BR. Applications should include a letter of intent, curriculum vitae and bibliography and a statement of research interests. Specific questions related to the position should be directed to:

David O. Warner, M.D. Chair, Search Committee Mayo Clinic 200 First Street SW • Rochester, MN 55905 E-mail: warner.david@mayo.edu

Mayo Foundation is an affirmative action and equal opportunity employer and educator. Post-offer/pre-employment drug screening is required.

Pearls of Wisdom

Thomas G. Plante, PhD

SOCIETY of BEHAVIORAL MEDICINE Don't look for a job or even a career but for a calling or vocation. Reflect and discern how you can use your greatest gifts and talents to help others and the profession where the needs are greatest. In doing so, you'll find consolation rather than desolation and you'll find yourself looking forward to Mondays (rather than Fridays). #SBMPearlsofWisdom

SOCIETY of BEHAVIORAL MEDICINE

Steven N. Blair, PED

Be creative and do not be afraid to question authority and established ideas. Many established 'facts' often turn out to be wrong. #SBMPearlsofWisdom

SOCIETY of BEHAVIORAL MEDICINE

Dawn K. Wilson, PhD

Work on research issues that you are passionate about and it will sustain your behavior through challenging times. #SBMPearlsofWisdom

SOCIETY of

BEHAVIORAL

MEDICINE

John T. Cacioppo, PhD

If a scientific career can be thought of as a race, it is an ultra-marathon event, not a sprint. Enjoy the run and, definitely, cultivate a sense of humor. #SBMPearlsofWisdom

SOCIETY of BEHAVIORAL MEDICINE

Kenneth A. Wallston, PhD

Early in your career, say "yes" more often than you say "no." Later in your career, when you're asked to do more things than you could possibly do, it's OK to say "no" every once in a while. #SBMPearlsofWisdom

SOCIETY of BEHAVIORAL MEDICINE

Kate Lorig, DrPH

Follow your heart and your passion not the crowd. #SBMPearlsofWisdom

SOCIETY of BEHAVIORAL MEDICINE

SOCIETY of BEHAVIORAL

MEDICINE

Michael P. Carey, PhD

Work hard, focus on your priorities, exercise, get your rest, and be kind to others: ime will do the rest. #SBMPearlsofWisdom

Geoffrey C. Williams, MD, PhD

Multidisciplinary (or transdisciplinary) training goes a long way towards having a successful career—it allows you unique perspective in approaching research problems and delivering effective clinical care. #SBMPearlsofWisdom

SOCIETY of BEHAVIORAL MEDICINE

Richard J. Contrada, PhD

Listen to and watch your various mentors and senior collaborators, not only for their explicit advice, but for the more subtle wisdom reflected in their actions. #SBMPearlsofWisdom

SOCIETY of BEHAVIORAL MEDICINE

Brian R. Flay, DPhil

Follow your passion – and become the world's expert in it! #SBMPearlsofWisdom

SOCIETY of BEHAVIORAL MEDICINE

Sharon L. Manne, PhD

There is a home for every article. Persistence, persistence, persistence. #SBMPearlsofWisdom

SOCIETY of BEHAVIORAL MEDICINE

Redford B. Williams, Jr., MD

Collect some data from real animals, human or otherwise, do some statistical analyses on it, try to get it published, and then go wherever the findings are pointing. #SBMPearlsofWisdom

Marc D. Gellman, PhD

SOCIETY of BEHAVIORAL MEDICINE Start early and network with those you aspire to work with. Make initial contacts at the poster sessions and ask questions during paper and symposium sessions to get yourself recognized. Ask senior investigators if it would be possible to visit their labs to observe and learn how their research is conducted. You can then establish collaborators from multiple institutions. #SBMPearlsofWisdom

SOCIETY of BEHAVIORAL MEDICINE

Rodger S. Kessler, PhD, ABPP

It is only incredibly difficult!! #SBMPearlsofWisdom

SOCIETY of BEHAVIORAL MEDICINE

Lori Pbert, PhD

Be at the table to ensure your voice is heard when decisions are being made. #SBMPearlsofWisdom

SOCIETY of BEHAVIORAL MEDICINE

Amanda L. Graham, PhD

Work hard, but don't forget to take vacation. Real vacation, not the kind where you take your laptop with you. #SBMPearlsofWisdom

SOCIETY of BEHAVIORAL MEDICINE

Alan J. Christensen, PhD

Successful researchers are energized by critical feedback, less successful ones are debilitated by it. #SBMPearlsofWisdom

SOCIETY of BEHAVIORAL MEDICINE

Margaret Grey, PhD, RN

Have passion for your work. Without it, when the going gets tough, you'll give it up. #SBMPearlsofWisdom

SOCIETY of BEHAVIORAL MEDICINE

Abby C. King, PhD

Nothing succeeds like persistence. It's important to stick with it, even when things get tough (or reviews get rough!). #SBMPearlsofWisdom

SOCIETY of BEHAVIORA MEDICINE

Stephen J. Lepore, PhD

To survive in academia, you have to get used to rejection and not take it personally. Instead of R.I.P, my tombstone epitaph will read R.A.R: Revise and Resubmit! #SBMPearlsofWisdom

SOCIETY of BEHAVIORAL MEDICINE

Shari R. Waldstein, PhD

Discover what it is you love to do. In our lab, we try to heed the words of our internal medicine collaborator: "Let's have some fun!". #SBMPearlsofWisdom

David B. Allison, PhD

SOCIETY of BEHAVIORAL MEDICINE In the day to day race for grants, publications, tenure, promotions, and the like, never lose sight of why you entered the field – to learn something, to discover something, to solve a puzzle – never lose your sense of wonder. #SBMPearlsofWisdom

Arthur M. Nezu, PhD

SOCIETY of BEHAVIORAL MEDICINE Change is inevitable--those who can adjust are those who will succeed, both professionally and personally; those who try to avoid or deny such change are destined to make mistakes. #SBMPearlsofWisdom

SOCIETY of BEHAVIORAL MEDICINE

Claudio R. Nigg, PhD

As my master's advisor said, "GSO" (Get the Sucker Out – this applies to publications, revisions, grant proposals, etc.). #SBMPearlsofWisdom

SBM

SOCIETY of BEHAVIORAL MEDICINE

SOCIETY of BEHAVIORAL MEDICINE Jamie L. Studts, PhD

#SBMPearlsofWisdom

#SBMPearlsofWisdom

Neal E. Miller, PhD

Cultivate, channel, and preserve your curiosity.

Be bold in what you try; cautious in what you claim.

@BehavioralMed

Society of Behavioral Medicine (SBM) promotes better health through behavior change

http://www.sbm.org #SBM2012



115 TWEETS

235 FOLLOWING

180 FOLLOWERS

Pear	ls of Wisdom				
SOCIETY of BEHAVIORAL MEDICINE	Lora E. Burke, PhD, MPH, FAHA, FAAN Write manuscripts and grants far enough in advance				
SOCIETY of BEHAVIORAL MEDICINE	Judith K. Ockene, PhD, MEd, MA Sit at the table. If you want to know what is happening, be there and be involved. #SBMPearlsofWisdom				
SOCIETY of BEHAVIORAL MEDICINE	Jasjit S. Ahluwalia, MD, MPH, MS Pursue excellence, nothing less. #SBMPearlsofWisdom				
SOCIETY of BEHAVIORAL MEDICINE	Dana H. Bovbjerg, PhD The data are the data. #SBMPearlsofWisdom				
SOCIETY of BEHAVIORAL MEDICINE	Sherry L. Pagoto, PhD Getting funded or published is going to take at least twice as long and be twice as hard as you think. Don't quit or lose steam before you reach that finish line. #SBMPearlsofWisdom				
SOCIETY of BEHAVIORAL MEDICINE	Dawn K. Wilson, PhD Work on research issues that you are passionate about and it will sustain your behavior through challenging times. #SBMPearlsofWisdom				
SOCIETY of BEHAVIORAL MEDICINE	Lora E. Burke, PhD, MPH, FAHA, FAAN Write manuscripts and grants far enough in advance and have colleagues/mentors review and give feedback. Seeking input from others is invaluable; however, keep in mind that you do not need to follow or incorporate everything they suggest. #SBMPearlsofWisdom				
SOCIETY of BEHAVIORAL MEDICINE	Stephen M. Weiss, PhD, MPH The difference between a professional and a technician: the technician works by the clock, the professional, by the mission. #SBMPearlsofWisdom				
SOCIETY of BEHAVIORAL MEDICINE	Bonnie Spring, PhD, ABPP "Forsan et haec olim meminisse iuvabit." From Virgil's Aeneid Translation: Perhaps, one day you will remember even this in joy. #SBMPearlsofWisdom				
SOCIETY of BEHAVIORAL MEDICINE	Robert T. Croyle, PhD Communication and collaboration skills multiply the impact of scientific knowledge and ability. #SBMPearlsofWisdom				
SOCIETY of BEHAVIORAL MEDICINE	Chudley E. Werch, PhD Be humble in your successes, courageous in your defense of justice, and steadfast in your efforts to improve the lives of others. #SBMPearlsofWisdom				

SOCIETY of BEHAVIORAL MEDICINE	Melissa A. Clark, PhD Follow your heart rather than your head and you will have a career that you are passionate about. #SBMPearlsofWisdom				
SOCIETY of BEHAVIORAL MEDICINE	Barbara Resnick, PhD, CRNP, FAAN, FAANP You never lose anything by giving it away! In other words, share your work freely so others can build on it. #SBMPearlsofWisdom				
SOCIETY of BEHAVIORAL MEDICINE	Margaret L. Schneider, PhD Follow through. #SBMPearlsofWisdom				
SOCIETY of BEHAVIORAL MEDICINE	Gary G. Bennett, PhD "Success is not the key to happiness. Happiness is the key to success. If you love what you are doing, you will be successful." Albert Schweitzer #SBMPearlsofWisdom				
SOCIETY of BEHAVIORAL MEDICINE	Suzanne M. Miller- Halegoua, PhD For behavioral medicine, there are basically two roads that diverge in the wood: Fundamentally you can be a scholar (which means you need to be a voracious reader and writer and be thinking of the big picture) or a researcher (which means you need to be innovative and your own work needs to be personally relevant and have impact). The roads you travel can change over time and with success in a given area. Either way, you want what you do to be generative. #SBMPearlsofWisdom				
SOCIETY of BEHAVIORAL MEDICINE	Karen Oliver, PhD Never turn your back on a wave. Turn around, face the wave, dive under it and don't be afraid of it. If you don't face it, you can get knocked down and hurt. #SBMPearlsofWisdom				
SOCIETY of BEHAVIORAL MEDICINE	Rebecca E. Lee, PhD Courage and persistence will get you far. #SBMPearlsofWisdom				
SOCIETY of BEHAVIORAL MEDICINE	James F. Sallis, Jr., PhD Work on what you are passionate about because this will fuel your success. #SBMPearlsofWisdom				
SOCIETY of BEHAVIORAL MEDICINE	William Gerin, PhD You must put yourself into the reviewer's head; hear from his or her point of view what you've written – it'll change how you present material. You're telling a story hopefully a compelling one, and you want the reader to be intrigued, follow it the way one gets involved in reading a good novel #SBMPearlsofWisdom				

reading a good novel. #SBMPearlsofWisdom

Better Health Through Behavior Change

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Future SBM Annual Meetings

34th Annual Meeting & Scientific Sessions

March 20-23, 2013

Hilton San Francisco Union Square

San Francisco, CA

35th Annual Meeting & Scientific Sessions

April 23-26, 2014

Philadelphia Marriott Downtown

Philadelphia, PA

36th Annual Meeting & Scientific Session

April 22-25, 2015

San Antonio Marriott Rivercenter

San Antonio, TX

Annual Meeting Supporters

The Society of Behavioral medicine would like to gratefully acknowledge the following organizations for their support of the 33rd Annual Meeting & Scientific Sessions.











U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES National Institutes of Health **National Cancer Institute**







U.S. ARMY NATIONAL GUARD



Behavioral Research Program (BRP)

The Behavioral Research Program (BRP) initiates, supports, and evaluates a comprehensive program of research ranging from basic behavioral research to the development, testing, and dissemination of interventions in areas such as tobacco use, screening, dietary behavior, and sun protection.

BRP has reorganized to form six branches that support and conduct behavioral research across the cancer continuum.

Meet program staff and learn more about our funding opportunities and scientific priorities at SBM Booth #100.



Basic Biobehavioral and Psychological Sciences Branch (BBPSB)

Health Behaviors Research Branch (HBRB)

Health Communication and Informatics Research Branch (HCIRB)

Process of Care Research Branch (PCRB)

Science of Research and Technology Branch (SRTB)

Tobacco Control Research Branch (TCRB)

Program Leadership



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Don't miss these events at the 2012 SBM Annual Conference:

THURSDAY, APRIL 12, 7:30-8:30 AM

 How to Get the Most Out of a Postdoctoral Fellowship in Behavioral Medicine

THURSDAY, APRIL 12, 8:45 AM-10:15 AM

 Identifying, Assessing, and Acting Upon Common Behavioral and Psychosocial Data Elements within Electronic Health Records

THURSDAY, APRIL 12, 11:45 AM-12:45 PM

Evidence-based Behavioral Medicine SIG and Cancer SIG

THURSDAY, APRIL 12, 2:00-3:00 PM

. Cancer Information Services Research Center

THURSDAY, APRIL 12, 2:00-3:30 PM

. Fostering Community Engagement Through Social Media

THURSDAY, APRIL 12, 3:45-5:15 PM

Pain in Long-term Breast Cancer Survivors: The Effect of BMI

FRIDAY, APRIL 13, 8:45-10:15 AM

- Testing the Tenets of Self-Determination Theory in the Digital World to Promote Physical Activity
- . Implicit Theories of Health: People Who Smoke
- . Health Branding
- Using Real-time Mobile Phone Technologies in Physical Activity and Eating Behavior Research

FRIDAY, APRIL 13, 11:45 AM-12:45 PM

- Tools and Measures from Social Psychology for Health Research
- NIH Adherence Research Network: Funding Opportunities

FRIDAY, APRIL 13, 3:45-5:15 PM

 How Informational Goals and Uncertainty Affect Health Decision Making

SATURDAY, APRIL 14, 1:30-2:30 PM

. Closing Panel Discussion on Team Science

U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES

National Institutes of Health

SOCIETY of BEHAVIORAL MEDICINE Better Health Through Behavior Change

Notes
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IT STARTS BY ASKING THE RIGHT QUESTIONS

57.3%

of Americans depend on numbers and statistics to help them make decisions about their health nem make ecisions about their health

71.9%

are willing to let scientists access their health information for research purposes

51.3% 计单件单件单 worry about getting cancer 中介中介中介中 中介中介中介中

61.3%

automatically think of death when they hear "cancer"

74.9% say there are so many recommendations about preventing cancer, it's hard to know which ones to follow

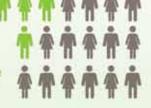


67.6%

say there are so many different messages about weight and health that they dan't know what weight one should be to stay healthy



are completely confident that they can take good care of their health



GET ANSWERS YOU CAN WORK WITH

www.hints.cancer.gov

Society of Behavioral Medicine 33rd Annual Meeting and Scientific Sessions New Orleans, LA April 11-14, 2012

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