SIG Co-Chair
Amy Wachholtz
amy.wachholtz@umassmemorial.org

Greetings to the Spirituality & Health SIG and welcome to SBM 2014. Thanks to your efforts, we have an exciting roster of symposia, papers, and posters in Spirituality and Health this year.

Since my term as co-chair ends after this year’s conference, this will be my last SBM as the Spirituality and Health SIG co-chair. Thank you for making my term as co-chair so rewarding and fulfilling. I enjoyed meeting new members, collaborating with ongoing members, and working to enhance the presence of spirituality and health research at SBM. I am proud of what we have accomplished together in the past three years as a SIG. Year over year, the SIG Co-chairs have worked with the SBM leadership and with the SIG membership to increase research participation at SBM. The result has been that we have increased both the number of submissions and rates of acceptance for spirituality and health research at SBM year over year. We should be proud of what we have accomplished together and I look forward to what we will accomplish in the future. I am happy to pass the mantle of chair-ship to John Salsman, and welcome Andi Clements as chair-elect as they lead us into the next era of Spirituality and Health at SBM.

Let’s make this the best year yet for Spirituality and Health at SBM.

Welcome to SBM!

Amy Wachholtz, PhD
Spirituality and Health SIG Chair
Greetings from Our Incoming Co-Chair  
John Salsman  
j-salsman@northwestern.edu

With the SBM annual conference rapidly approaching, we wanted to send out another edition of our newsletter to highlight several of the conference events of potential interest to members of our SIG. As you can see from the list on pages 5-9, there are several papers, posters, and symposia sessions that feature exciting work relevant to spirituality and health. In addition, on Thursday we will have our customary breakfast roundtable in the morning from 7:30a – 8:30a and a mid-day meeting during the 11:40a – 12:40p hour. The breakfast roundtable is listed in the program as a SIG business meeting, but rest-assured we will be having breakfast and spending some time re-connecting and discussing SIG goals for the next year. For the mid-day meeting, we will honor our awardees (see page 4) and learn more about the exciting things they are doing. Lastly, on the final day of the conference, Kevin Masters, will be presenting a master lecture from 10:20a – 11:05a on “Religious and Spiritual Culture: Implications from the Lab and the Clinic for Building Bridges When You Don’t Speak the Language.” This is a great platform for our Distinguished Leadership Awardee, so please plan to attend his address and as many of the other important sessions as possible.

As I transition from chair-elect to co-chair during this SBM, I want to direct my attention and energy toward increasing connections within our SIG. Even though we are one of the smallest SIGs at SBM with 171 members, we have a strong presence as evidenced by the numerous events mentioned above. That said, I have attended SBM since 2001 and the Spirituality and Health SIG since its inception and aside from a core group of members, it seems like there are a lot of new faces every year, many of which do not return in subsequent years. I would like to see our core group grow and for many of the new faces to return. I trust many of you share these goals. So, please plan to attend our breakfast roundtable (aka “business meeting”) prepared to discuss some ideas for how to better meet the needs of our SIG members and foster greater connections.

To help jumpstart the conversation and simply because I’m a data guy (the blessing and curse of being a scientist!), I wanted to share some numbers with you about our SIG. Out of 171 total members, 45.6% (N=72) are student/trainee or transitional members, 40.4% (N=69) are full members, 12.3% (N=21) are fellow, fellow emeritus, or emeritus members, and the remaining 1.8% (N=3) are associate members. Since a large percentage of our membership is comprised of students/trainees, we may want to consider how we can tailor offerings to better support their needs. Students, we would love to hear from you! Please plan to attend our breakfast (did I mention it’s free?!?) and be prepared to share your ideas for helping to move our SIG forward.

Another interesting finding is the number of other SIGs represented by our membership. There is no limit to the number of SIGs SBM members can select and a majority of our Spirituality and Health SIG members (57%) are also members of 5 or more SIGs. While that may make it hard to retain and promote involvement within our own SIG, I am a firm believer that it does
not have to be an “either/or” approach but it can be a “both/and” approach. If we think of SIG membership as a proxy for our professional interests, the other SIGs our members are a part of (see Figure below) may provide natural themes around which we can build greater connections within our SIG and across to other SIGs.

![Graph showing percentage of SIG members who are also members of other SBM SIGs]

So come to the breakfast roundtable with your ideas and we will brainstorm strategies for catalyzing connections together. If you cannot make it to the conference but you want to be involved or simply to provide input, feel free to email the listserv or e-mail me backchannel at j-salsman@northwestern.edu. I hope to see many of you in Philadelphia. Safe travels! -John

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Editor’s Notes

Andi Clements
clements@etsu.edu

I must say that I have enjoyed my time as the SIG newsletter editor, but it looks like I am going to be the incoming Chair-Elect of the Spirituality & Health SIG. I am thrilled, honored, and a little overwhelmed. I value this group and the research that is being done by all of you. As you can see by the list of Religiosity- and Spirituality-related studies being presented this year, we are making an impact. I look forward to seeing old and new faces in Philadelphia! If I do, indeed, become chair-elect I assume we will be recruiting a new newsletter editor. If you are ready to step up your involvement, please consider that as a way to do just that. I will be more than happy to assist in the transition.
Kevin Masters Receives Spirituality and Health SIG Distinguished Leadership Award

The recipient of this year’s Dr. Masters, who was the second chair of the SBM Spirituality and Health SIG, has published approximately 40 peer-reviewed publications and book chapters on religion/spirituality and health and given approximately 25 invited addresses on the topic. He has published groundbreaking work on spirituality and cardiovascular reactivity, and has published in such prominent outlets as Annals of Behavioral Medicine, Journal of Behavioral Medicine, Journal of Consulting and Clinical Psychology, and Journal of Personality as well as in more targeted religion- or spirituality-oriented journals (Psychology of Religion and Spirituality, and The International Journal for Psychology of Religion). He supported two special sections of Journal of Behavioral Medicine (JBM) devoted to spirituality and health, first as Special Editor, and was Editor-in-Chief of JBM for the second one, a position he maintains. He also serves as a grant reviewer for religion/spirituality and health grants for the John Templeton Foundation. He is currently President of Division 38 (Health Psychology) of APA and will use his Presidential Address at the 2014 APA Convention to highlight work on religion/spirituality and health.

Elena Salmoirago-Blotcher Receives Spirituality and Health SIG New Investigator Award

After a distinguished career as a cardiologist in Italy and Israel, Dr. Salmoirago-Blotcher shifted from clinical activity to become a full-time researcher. She completed a PhD program in clinical epidemiology at the University of Massachusetts Medical School in 2010, during which time she applied for and was granted a postdoctoral F32 Ruth L. Kirschstein National Research Service Award. Her work in the area of religiosity/spirituality has included investigation of the possible role of religion/spirituality in health behaviors and disease prevention, the possible protective effect of private spiritual activity (prayer, meditation and devotional reading) on cardiovascular mortality in aging women, and the role of religion/spirituality in promoting psychological wellbeing in patients with cardiac defibrillators. Finally, Dr. Salmoirago-Blotcher recently received a Faculty Scholar Award from the Program in Medicine and Religion at the University of Chicago, where she is the leading investigator of a project investigating the role of different indicators of religion/spirituality in the prevention of physicians’ psychological distress and burnout.
**Spirituality and Health Related Events at SBM 2014**

**Wednesday, April 23, 2014**  
6:10 pm - 7:30 pm Poster Session A  
Location: Franklin, 4th floor

A-015; Symptoms and Palliative Care Needs Of Pancreatic Adenocarcinoma Patients  
Jie Jane Chen, Bachelor's Candidate,1Carl Deguzman, BS, Jia Luo, MD Candidate, Megan Insco, MD, PhD, Karen Mustian, PhD, MPH, George Fisher, MD, PhD and Oxana Palesh, PhD, MPH1

A-031; Cultural Beliefs Regarding Treatments For Cancer In Childhood Cancer Survivors  
Katya Seligman, BA, Chris Kabir, MS, Linda Schiffer, MS, MPH, Claudia Arroyo, MPH, Lisa Sharp, PhD and Melinda Stolley, PhD

A-055; Religiosity as a Coping Resource For Depression And Disease Management Among Older Diabetic Patients  
Vanessa G. Dzivakwe, MS and Charles Guarnaccia, PhD

A-160; The Role Of Health Self-Efficacy and Health Education In The Health Behaviors Of Ultra-Orthodox Jewish Female Teachers  
Elisheva Leiter, PhD, Milka Donchin, MD, MPH, Keren Greenberg, MPH, Maha Nubani, RN,MPH, Sara Siemiatczycki, BS, Chaim Lotan, MD and Donna R. Zwas, MD

A-187; Religiosity and Health Preferences In Haitian Primary Care Patients  
Kathleen Isaac, BA, J. L. Hay, PhD, J. Ruckel-Kumar, MPH, M. M. Kemeny, MD, D. Brennessel, MD and E. I. Lubetkin, MD

**Thursday, April 24, 2014**  
7:30 am - 8:30 am Breakfast Roundtables: Spirituality and Health SIG Business Meeting  
Location: 310, 3rd floor  
Moderators: Amy Wachholtz, PhD and John Salsman, PhD

8:40 am – 10:00 am Symposium 11: Religion, Spirituality and Health Outcomes in Cancer: Three Meta-Analyses (SY11)  
Location: Franklin 9, 4th floor  
Presenters: John M. Salsman, PhD, Heather Jim, PhD, Thomas V. Merluzzi, PhD; Co-Sponsored by the Cancer SIG and the Spirituality and Health SIG

11:40 am - 12:40pm Midday Meeting: Spirituality and Health SIG presents: New and Distinguished Investigator Awards and Oral Presentations  
Location: 302/303, 3rd floor  
Moderators: Amy Wachholtz, PhD and John Salsman, PhD

2:25 pm – 3:45 pm Symposium 16C: Religion, Spirituality and Health Pain, Addiction, & Spirituality: A New Model for Research and Treatment  
Location: 414/415 4th floor  
Presenters: Amy Wachholtz, PhD

4:54 pm – 5:12 pm Paper Session 03  
Health-related quality of life differences between Latina and Non-Latina breast cancer survivors  
Location: Franklin 9, 4th floor  
Presenters: Kristi Graves, PhD, Roxanne E. Jensen, PhD, Judy Wang, PhD, Vanessa Sheppard, PhD, Theresa Keegan, PhD, Carol Moinpour, PhD and Arnold Potosky, PhD
5:12 pm - 5:30 pm Paper Session 03
Understanding barriers and influences of cancer screening among Orthodox Jewish women
Location: Franklin 9, 4th floor
Presenters: Rifky Tkatch, PhD, Lisa Berry-Bobovskii, MA, Anne Katz, PhD, Jennifer Vichich, BA, Hudson Janella, MA, Shira Yechieli, MSW, Susan Eggly, PhD, Louis A. Penner, PhD, Michael S. Simon, MD, Karoline Puder, MD and Terrance L. Albrecht, PhD

6:40 pm - 8:00 pm Poster Session B
Location: Franklin, 4th floor
B-004; Correlates of the Facit-SP Scale In Cancer Patients: A Systematic Review
Rosario Costas-Muniz, PhD, Maria Nenova, MA, Allison J. Applebaum, PhD, Errol J. Philip, PhD and Megan J. Shen, PhD
B-009; Tibetan Yoga Program For Lung Cancer Patients And Caregivers
Kathrin Milbury, PhD, Alejandro Chaoul, PhD, Rosalinda Engle, MA, Zhongxing Liao, MD, Chunyi Yang, ANP, Cindy Carmack, PhD, Vickie Shannon, MD, Amy Spelman, PhD, Tenzin Wangyal, Rinpoche and Lorenzo Cohen, PhD
B-031; Spirituality Predicting Patterns of Psychological Distress in Colorectal Cancer Patients During The First Year Of Diagnosis
Merika K. Lang, Psychology, Youngmee Kim, PhD and Aurelie Lucette, MS
B-035; Posttraumatic Growth And Hope In Parents Of Children With Cancer
Stephanie Hullmann, PhD, David Fedele, PhD, Elizabeth Molzon, MS, Sunnye Mayes, PhD and Larry Mullins, PhD
B-037; Post-Traumatic Growth And Benefit Finding In Advanced Cancer
Allison Marziliano, MA, Allison Applebaum, PhD, Emma Stein, MA, Talia Weiss, MA, Barry Rosenfeld, PhD and William Breitbart, MD
B-048; Utilizing a Cultural Framework To Assess Perceptions Of Cardiovascular Disease Among Midlife And Older African American Women: Application Of The Aacorn Paradigm
Alison Brown, Master of Science, Linda Hudson, MSPH, ScM, ScD, Odilia Bermudez, PhD, MPH, Rebecca Seguin, PhD, Eleanor Heidkamp-Young, ACSM HFS and Sara C. Folta, PhD
B-050; Spiritual Well-being Parallels Physical and Psychological Distress in Patients with Heart Failure
Kaile Ross, BA, Stephanie Hooker, MS, Kevin Masters, PhD, Crystal Park, PhD, Larry A. Allen, MD, MHS, David Bekelman, MD, MPH and Amy Hale-Smith, MA
B-068; Ethnic Identity and Major Depression in Asian-American Subgroups Nationwide: Differential Findings
Amy L. Ai, PhD, Weili Ye, PhD and Nida Mohyuddin, Bachelors Candidate
B-120; The Effects Of Physical Activity, Education, And Spirituality On Premorbid Intelligence In Healthy Older Adults
Christina P. Moldovan, Bachelor of Arts, Imari A. Palma, BA, Clint Norseth, MA, Yangmu Xu, MA, Floribeth Rivera, MA, Fabienne O. Leaf, MA, Robert Weise, MS, Adam L. Aréchiga, PsyD, DrPH, Sujatha Rajaram, PhD and Joan Sabaté, MD, DrPH
B-165; Depression Is More Prevalent Throughout Pregnancy and the First Six Months Postpartum In Women Low in Religious Commitment And Social Support
Andrea D. Clements, PhD, Tifani R. Fletcher, MA and Beth Bailey, PhD
B-171; Sex Education and Adherence to Sexual Health Recommendations in Young Orthodox Jewish Women
Terry DiLorenzo, PhD, Robin Freyberg, PhD and Atara Siegel, BA

B-185; Feasibility of a Spirituality-Based Wellness Program on Stress Reduction and Health Behavior Change
Jenelle R. Walker, PhD, Pamela Swan, PhD, Colleen Keller, PhD, Steven Hooker, PhD, Julie Fleury, PhD, Jack Chisum, PhD and Barbara Ainsworth, PhD

Friday, April 25, 2014
3:45 pm – 5:15 pm Paper Session 19: This Too Shall Pass: Spirituality and Religious Coping among Cancer Patients
Location: Franklin 10, 4th floor

3:45 pm - 4:03 pm Restore: The Journey toward Self-Forgiveness: A Psycho-Spiritual Educational Approach to Self-Forgiveness
Loren Toussaint, PhD, Michael Barry, DMin, Lynn Bornfriend, MD, Kurrie Wells, PhD, Gabriel Dorn, Michelle Strafelda, and Logan Kochendorfer,

4:03 pm - 4:21 pm Associations among Daily Spiritual Experiences, Pain, and Treatment-Seeking Behaviors in Chinese Americans with Cancer
Graciete Lo, PhD, Jack Chen, MBS, Victor Chang, MD, Kin Lam, MD, William Cheung, MD, Wan Lam, MD, Russell Portenoy, MD and Lara Dhingra, PhD

4:21 pm - 4:39 pm Religious Coping in the Emotional Writing (EW) of Kidney Cancer Patients
Kathrin Milbury, PhD, Benjamin Schulz, MA, Barbara Berкова, BA, Zinat Taiwo, BA, Amy Spelman, PhD, Qi Wei, MA and Lorenzo Cohen, PhD.

4:39 pm - 4:57 pm How Faith, Meaning and Peace Affect Quality of Life (QoL) in Survivors of Cancer
Andrea L. Canada, PhD, Patricia E. Murphy, PhD, George Fitchett, PhD and Kevin Stein, PhD

4:57 pm - 5:15 pm Spirituality and Adjustment in Late Adolescent and Young Adult Cancer Survivors
Crystal Park, PhD, Caroline Moran, BA, Dalnim Cho, MA, Amy Hale, MA and Thomas Blank, PhD.

4:57 pm – 5:15 pm Paper Session 20
Do healthy behaviors have a relationship with sleep disturbances and fatigue in transplant caregivers?
Location: 411/412 4th floor
Presenters: Alyson Ross, PhD, RN, Li Yang, MS, Leslie Wehrlen, BSN, Stephen Klagholz, BS and Margaret Bevans, PhD

6:25 pm - 7:45 pm Poster Session C
Location: Franklin, 4th floor

C-001; The Impacts Of Expressive Writing On Posttraumatic Growth Among Chinese Breast Cancer Survivors
Qian Lu, MD, PhD, Lu Dong, BS, Angie LeRoy, BS, Jin You, PhD, Reese Tou, MA, Jialing Huang, BS and Yan Hu, PhD

C-004; The Benefits Of Religious/Spiritual Change Due To Cancer: Longitudinal Analyses In Cancer Survivors
Kelly M. Trevino, PhD, Aanand Naik, MD, Annette Walder, MS and Jennifer Moye, PhD
C-018 Role of Spirituality And Preparedness For The Death of Cancer Patients In Coping With Bereavement; Meritorious Poster
Aurelie Lucette, MS, Rachel S. Cannady, BS and Youngmee Kim, PhD

C-021; Understanding Life Satisfaction through the Personal Narratives of Young Adult Childhood Cancer Survivors
Stefanie C. Vuotto, MA, Mary E. Procidano, PhD, Harjot Nayar, BS, Christina Rooney, BS, Christopher Coyne, BS and Brittany Hogan, BS

C-028; Religion's Impact on Attitudes toward Cancer Screening
Leah S. Fortson, MA, Alexis D. Abernethy, PhD, Ramona Rebeck, MA, Reshale Thomas, MA, Broderick Leaks, PhD and Allan Brown, PhD

C-064; Psychometric Assessment of HIV-Related Stigma and HIV-Related Fear Measures Among a Latino Church Sample
David A. Martinez, PhD, Dagoberto Heredia, MA, Angela Gutierrez, BA, Tamera Murdock, PhD, Jannette Berkley-Patton, PhD and Kathy Goggin, PhD

C-072; Religiousness Moderates Relationship of Negative Emotions towards God and Religious Asceticism in Eating Disorder Patients
Christopher Keiper, MA, Alexis D. Abernethy, PhD, Lauren M. Cash, MA, Charlotte Sandy, MA and Patricia Pitts, PhD

Saturday, April 26, 2014
9:34 am - 9:52am Paper Session 34
Family Matters: Considering Parental Influences on College Students' Drinking Behaviors
Location: 414/415 4th floor
Presenters: Zaje A. Harrell, PhD

10:10 am - 11:30 am Poster Session D
Location: Franklin, 4th floor

D-015; Promoting Culturally Sensitive Cancer Prevention: Faith-Based Initiative for Low-Income Latinos; Jessica Geller, MS and Karen Burns White, MS

D-028; Head and Neck Cancer Caregivers: Characteristics and Support Behaviors
Katherine R. Sterba, MPH, PhD, Jane Zapka, ScD, Anthony Alberg, PhD, Keisuke Shirai, MD, Elizabeth Garrett-Mayer, PhD, Amy Buchanan, MPH, Colleen Bauza, MPH and Terry Day, MD

D-030; Exploring Posttraumatic Growth among Chinese Breast Cancer Survivors Using a Mixed Method Approach
Nelson Yeung, MA, Jin You, PhD, Jiajie Dai, MS, Jennifer Bryan, MA, Fang Pan, PhD and Qian Lu, MD PhD

D-033; A Qualitative Study to Explore The Existing Supports and Unmet Needs of a Racially, Ethnically and Geographically Diverse Group of Young Women With Breast Cancer
Kim Sprunck, MSW/MPH, K. J. Ruddy, MD/MPH, M. L. Greaney, PhD, M. E. Meyer, BS, K. M. Emmons, PhD and A. H. Partridge,MD/MPH

D-045; Longitudinal Analysis of Religious and Spiritual Concerns and Coping in Cardiovascular Patients
Kelly M. Trevino, PhD and Timothy R. McConnell, PhD
D-063; A Faith-Based HIV Education And Testing Intervention: Pilot Study Six-Month Findings
Jannette Berkley-Patton, PhD, Erin Moore, PhD, Starlyn Hawes, PhD, Marcie Berman, MA, Carole Bowe Thompson, BS and Stephen Simon, PhD

D-064; Buffers of Impact of Bereavement or Divorce on Viral Load in HIV: Role of Religious Coping and Social Support
Sarah M. Henry, MS, Gail Ironson, MD, PhD, Brian Gonzalez, PhD and Neil Schneiderman, PhD

D-075; A Parish Nurse Intervention model to Reduce Behavioral Health Risk in Women in Urban Communities
Willa M. Doswell, BSN, MA, PhD, FAAN, Betty J. Braxter, BSN, MS, PhD and Charlotte Brown, PhD

D-127; Use of Complementary and Alternative Medicine among Elderly Hispanic and Non-Hispanic Residents in Rural Colorado
Lacey Clement, BA, Kaile Ross, BA, Kevin S. Masters, PhD, Jim Grigsby, PhD, Richard F. Hammon, MD, DrPH and Judith Baxter, MA

D-175; Intentions to Obtain an STI Test In The African American Church Setting
Marcie Berman, MA, Jannette Berkley-Patton, PhD, Alexandria Booker, BA, Carole Bowe-Thompson, BS, Jasmin Smith, A, Elizabeth Nicklas, BA and Morgan Andrews, BA

D-182; Momentary Associations between Religiosity and Smoking Behaviors among Somali Men
Barrett Sewali, MBChB, Scott Lunos, MS, Diana DuBois, MPH, MIA, Saul Shiffman, PhD and Kolawole S. Okuyemi, MD MPH

D-190; Developing a Stress and Coping Measure Sensitive to Experiences of Low-Income Minority Women
May Okihiro, MD, Lisa Duke, PhD, Deborah Goebert, PhD, Keawe Kaholokula, PhD, Earl Hishinuma, PhD, Mimi Opacic, BA, Marita Padilla, BA and Jane Onoye, PhD

D-200; Measuring Coping Behavior In Liver Transplant Patients: A Psychometric Analysis Of The Bcope Nicole Amoyal, MS, Dwain Fehon, PsyD, Reuben Ng, MPhil and William Sludge, MD

10:20 am – 11:05 am Master Lecture: Religious and Spiritual Culture: Implications from the Lab and the Clinic for Building Bridges When You Don’t Speak the Language (ML06); Location: Grand Ballroom C/D, 5th floor
Presenters: Kevin S. Masters, PhD

### Calendar of Future Events

<table>
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<tr>
<th>Date</th>
<th>Event</th>
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<tr>
<td>April 23-26, 2014</td>
<td>35th Annual Meeting &amp; Scientific Sessions of the Society of Behavioral Medicine, Philadelphia, PA</td>
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<tr>
<td>April 25-26, 2014</td>
<td>APA Division 36 (Society for the Psychology of Religion and Spirituality) Midyear Conference</td>
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<tr>
<td>May 22-24, 2014</td>
<td>4th European Conference on Religion, Spirituality and Health, Malta</td>
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<tr>
<td>July 23-26, 2014</td>
<td>GWISH (George Washington Institute for Spirituality &amp; Health) Summer Institute</td>
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<tr>
<td>August 11-14, 2014</td>
<td>Duke Summer Spirituality &amp; Health Research Workshops, Duke University, Durham, NC</td>
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