

# SOCIETY *of* BEHAVIORAL MEDICINE

*Better Health Through Behavior Change*

## Scientific and Professional Liaison Council February 26, 2018

### Call participants

Katie Davis, PhD  
Brian D. Gonzalez, PhD (guest)  
David E. Goodrich, EdD, MS, MA  
Jeff Haibach, PhD, MPH  
Amy Janke, PhD – Chair  
Natalia Loskutova, MD, PhD  
Sherri Sheinfeld Gorin, PhD  
Jennifer A. Sumner, PhD  
Natasha J. Williams, EdD, MPH, MSW (guest)  
Sandra J. Winter, PhD, MHA  
Julie E. Volkman, PhD

### Staff

Lindsay Bullock, Mary Dean, Andrew Schmidt

### Regrets

Martin D. Cheatle, PhD  
Syed W. Haider, PhD  
Paul B. Jacobsen, PhD  
Erika A. Waters, PhD, MPH

### MINUTES

The January 22, 2018 SPLC meeting minutes were approved as written.

### SLEEP SIG PARTNERSHIPS

Dr. Janke introduced Dr. Brian Gonzalez, current Sleep SIG chair and incoming SIG Council chair, and Dr. Natasha Williams, incoming Sleep SIG chair, to the call. Dr. Janke noted that she has spoken with Drs. Gonzalez and Williams about ways in which the SPLC can assist the Sleep SIG in cultivating liaisons with outside organizations, as well as helping to facilitate linkages across SBM and with other current liaison partners.

Dr. Gonzalez reported that the Sleep SIG has already been exploring connections with a number of organizations, including a social event with the Sleep Research Society during this year's Annual Meeting. In addition to SRS, the Sleep SIG has been looking partner with American Academy of Sleep Medicine and the Society of Behavioral Sleep Medicine. Dr. Gonzalez also noted that Dr. Winter joined a recent SIG council call to discuss the developing liaison with HERO, and noted that many Sleep SIG members have expertise in the area of employee health.

Dr. Gonzalez invited the SPLC to share any advice or best practices that they have for growing these partnerships, and Dr. Janke suggested that as the structure for exploring and managing liaisons in collaboration with the SIGs develops, partnering SIG chairs should be invited to each monthly SPLC call, and will be welcome to join as they see fit and plan to join the call quarterly at a minimum.

## **LIAISON UPDATES**

### **American College of Lifestyle Medicine**

Dr. Winter reported that SBM member Dr. Rachel Millstein would be attending the upcoming *Happiness Summit In Health Care* as a panelist, and that several other excellent panelists and networking opportunities had been identified. Dr. Winter added that the possibility of a literature review facilitated by SBM/conducted by SBM members continues to be explored, and suggested that such a review could serve as a template for future collaborations with other partner organizations or for others in SBM with an interest in literature reviews.

### **Health Enhancement Research Organization (HERO)**

Dr. Winter reported that potential collaborations continue to be discussed with HERO, including SBM participation in an upcoming think tank, engaging HERO in SBM's proposed industry meeting, and co-authoring policy briefs. Dr. Winter also joined a recent SIG Council call and shared a HERO-developed list of collaboration opportunities. SIG chairs were encouraged to reach out to Dr. Winter if they have an interest in being involved.

### **AHA**

Dr. Sumner reported that a behavior change symposium led by SBM members had been developed for AHA's 2018 Scientific Sessions.

## **HEALTH POLICY UPDATES**

Dr. Janke reported that the commentary piece in response to the new AHA hypertension guidelines was nearing completion and would be submitted as a JAMA Viewpoint shortly. Dr. Janke noted that it was unclear whether Viewpoint articles could be submitted as policy statements of another organization, but if it will be possible to affix SBM's name, she will forward the piece to the Executive Committee for approval.

A second response, to be drafted as a white paper or policy piece addressing lifestyle approaches and behavioral science in guidelines more broadly, is still being developed. This second piece would be submitted for publication in *JAMA* or *Annals* and co-authored by multiple partner organizations.