

# SOCIETY *of* BEHAVIORAL MEDICINE

*Better Health Through Behavior Change*

## Scientific and Professional Liaison Council

August 27, 2018

### Attendees

#### **Call participants**

Amy Janke, PhD – Chair  
Catherine L. Davis, PhD  
David E. Goodrich, EdD, MS, MA  
Jennifer A. Sumner, PhD  
Sandra Winter, PhD

#### **Staff**

Angela Burant  
Lindsay Bullock

#### **Regrets**

Martin D. Cheadle, PhD  
Jeffrey P. Haibach, PhD, MPH  
Paul B. Jacobsen, PhD  
Natalia Loskutova, MD, PhD  
Bernardine Pinto, PhD  
Kristin L. Schneider, PhD  
Julie E. Volkman, PhD  
Erika A. Waters, PhD, MPH

### Minutes

#### **Document Storage**

SPLC is now using Google Drive. The meeting minutes for April and July will be voted on during the next call and are found [here](#).

#### **Annual Meeting Planning**

Dr. Janke: AMIA is working on potential pre-conference or symposium abstract.

Dr. Winter: HERO has a webinar on August 30, “Collaborating to Disseminate Worksite Health and Well-Being Research.” After the webinar, we will see how successful it was and decide from there if we should work together for a symposium at the annual meeting. We want to make the connection stronger before bringing them on board. Based on how many people attend and what questions they ask, we will get a better idea of how they would fit with SPLC.

Dr. Janke: Prevent Cancer is working to submit an abstract.

Dr. Sumner: A possible AHA blood pressure guidelines session is in the works. The abstract should be ready by early September.

Cardiovascular disease (CVD) programming: CVD SIG proposal raises some concerns for SBM about adding more SIGs. Dr. Winter suggested having six main SIGs with individual SIGs under each. SBM rebranding strategy will group the SIGs into five categories. SBM is looking carefully

at adding SIGs because some new members find it overwhelming to see the list. The many SIGs allow us to focus on different areas, but too many SIGs could be spreading members too thin. SBM doesn't have a set number of SIGs, but strongly encourages people to consider if the potential SIG could already fit under an existing SIG. Dr. Janke said a CVD SIG could be helpful to the AHA liaison.

Separately, Dr. Sumner will be presenting a symposium on behavioral change at AHA. It will be the first type of scientific discussion on behavior change at AHA. Dr. Janke would be happy to join any conversation about this symposium as needed.

### **Abstracts Submissions**

All forward abstract submissions to Dr. Janke and Ms. Burant so that they know what abstracts SPLC members are submitting.

### **Obesity organizations**

Dr. Davis: Dr. Scott Kahan expressed interest in producing an SBM webinar presenting the upcoming Obesity Medical Education Collaborative guidelines. There has been a lot of suspense with the obesity guidelines coming out but they haven't been announced yet.

### **Sleep SIG**

Dr. Winter: There may be an opportunity for the Sleep SIG to work with ACLM on how to better assess a patient through translating research into practical application for healthcare providers. ACLM held a related summit in May; findings could be turned into a white paper or feedback could be gleaned from an SBM symposium about challenges, different perspectives, and clinician partnerships. Dr. Winter has a call on Friday to see how this is coming along. She will share abstracts if she gets them on Friday. SPLC members could brainstorm who would be a good discussant from SBM based on the content of the symposium.

### **HEAL Initiative Letter**

Drs. Janke, Prasad, and Kearns wrote a letter to NIH Director Francis Collins to request that HEAL Initiative resources and funding (for combating the opioid crisis) prioritize non-pharmacological and lifestyle approaches to pain management. The SBM Executive Committee will consider sign on during its call August 30. The letter will be sent to other organizations and individual experts for sign on. Dr. Janke will contact Lynette Craft at ACSM about sign on. Physical therapy has the strongest practical route for being incorporated in non-pharmacological treatments. Reimbursement structure for people to get this type of medical treatment is not here yet.

### **David E. Goodrich, EdD, MS, MA, Retirement**

We wish Dr. Goodrich a great retirement and appreciate his dedication to us. Melissa Bopp will be taking his place soon once the SBM Board approves her.