Call for Applications

Society of Behavioral Medicine Leadership Institute

for Mid-Career SBM Members

Many mid-career scientists face pressing career demands. As a mid-career professional who works within an academic institution, health care organization, foundation, government entity, or other setting, it’s likely that you fulfill research, clinical practice, teaching, or administrative roles. It’s also likely that, increasingly, these roles require leadership skills and qualities. Stepping into leadership roles with training and guidance can strengthen your confidence and performance—and the Society of Behavioral Medicine (SBM) can help.

Recognizing leadership development as a critical member need, SBM is launching its inaugural, year-long Leadership Institute and we invite you to submit an application.

The purpose of the SBM Leadership Institute is to turn participants into more effective leaders by fostering self-awareness and the development of specific leadership skills. At the conclusion of the year-long institute, both you and your organization will have benefitted. Throughout the year you will:

- Learn how to broaden and deepen your inherent leadership qualities.
- Acquire skills such as managing collaborative teams and negotiating.
- Connect with other mid-career professionals who share a desire to become highly effective leaders.
- Learn from and be mentored by leaders in the field of behavioral medicine.

Overview

- The Leadership Institute is a year-long endeavor, limited to 24 selected individuals.
- Applicants must have paid their 2016 SBM member dues by the time they apply.
- An immersive, two-day workshop takes place prior to the 2016 SBM Annual Meeting, on Monday evening, March 28 through Wednesday, March 30.
- The institute provides mentoring and coaching throughout the year.
- The cost is $1,500, including all materials and meals; participant covers travel and two nights’ lodging.
- SBM will cover the 2016 SBM Annual Meeting registration fee for institute participants.
To apply to the SBM Leadership Institute, please complete the attached application and send it to astone@sbm.org by January 16, 2016. All questions are welcome and can be directed to Amy Stone, SBM Executive Director, at astone@sbm.org or (414) 918-3156

SBM values diversity both in the field and as a contributing factor to a successful leadership development experience. Women, minorities, individuals with disabilities, individuals who are lesbian, gay, bisexual, or transgender, and veterans are encouraged to apply.

LEADERSHIP INSTITUTE FAQs

Who is “mid-career”?
The meaning of “mid-career” varies across the range of behavioral medicine careers, hence we leave the determination to you, the SBM-member applicant. That said, the institute is most applicable to scientists with 8-20 years of work experience post-terminal degree who are assuming—or about to assume—more significant or expanded leadership roles. Plus, the institute could be particularly helpful if you have reached your initial career goals and question whether it’s time to modify or change directions a bit—and how you might do that.

If I’m accepted, how will the Leadership Institute help me and my organization?

Starting in early 2016 institute leaders will ...
- Provide you with leadership literature
- Administer the Myers-Briggs Type Indicator®

During the March 28-30, 2016, workshop, you will...
- Analyze your MBTI® results though a leadership lens
- Enjoy dinner with a panel of SBM leaders who will discuss their diverse career paths that sometimes took unexpected turns
- Become part of a small cohort of participants who will stay connected throughout the year and teleconference with an institute mentor
- Learn who your coach is
- Learn the essentials of career planning and decision making
- Acquire concrete leadership skills such as
  - Managing collaborative teams
  - Negotiating
  - Navigating challenging interpersonal situations
  - Addressing diversity
• Start identifying a leadership project with the opportunity to present it during the 2017 SBM Annual Meeting

*Throughout the 2016-17 SBM year (April 2016 through mid-April 2017)*…

• Institute mentors will be available to your cohort group for scheduled check-ins, helping you and your colleagues further develop leadership projects

• Leadership coaches will be available to you for three individual (teleconference) sessions, providing one-on-one encouragement and support

*During the 2017 SBM Annual Meeting you will*…

• Present your leadership project

• Be honored during the awards ceremony
Application Form

2016-17 Leadership Institute

CONTACT INFORMATION
Applicant Name:
Address:
Phone:
Please specify: ___ Home ___Work ___Cell
Email:

EMPLOYMENT AND EDUCATION HISTORY
Please include your full curriculum vitae (CV) as an attachment to this application.

LEADERSHIP BACKGROUND
List your most significant 3-5 leadership experiences to date, with a brief (<20 words) explanation of each.

ESSAY QUESTIONS
Please answer both of the following questions, using no more than 500 words each. The intent of these essays is to help us know you better so that we can ensure that the Leadership Institute content and format will help you develop your leadership abilities, reach your short- and long-term personal and professional goals, and make a positive impact at your organization or institution as well as in the field of behavioral medicine.

1. Describe your career trajectory to date, your short- and long-term professional goals going forward, and how participating in the SBM Leadership Institute will help you achieve those goals?

2. Describe 1-3 specific situations at your own institution in which you anticipate using the leadership skills you will develop through the SBM Leadership Institute. These could be leadership roles you anticipate taking on or specific institutional challenges you would like to address more effectively.