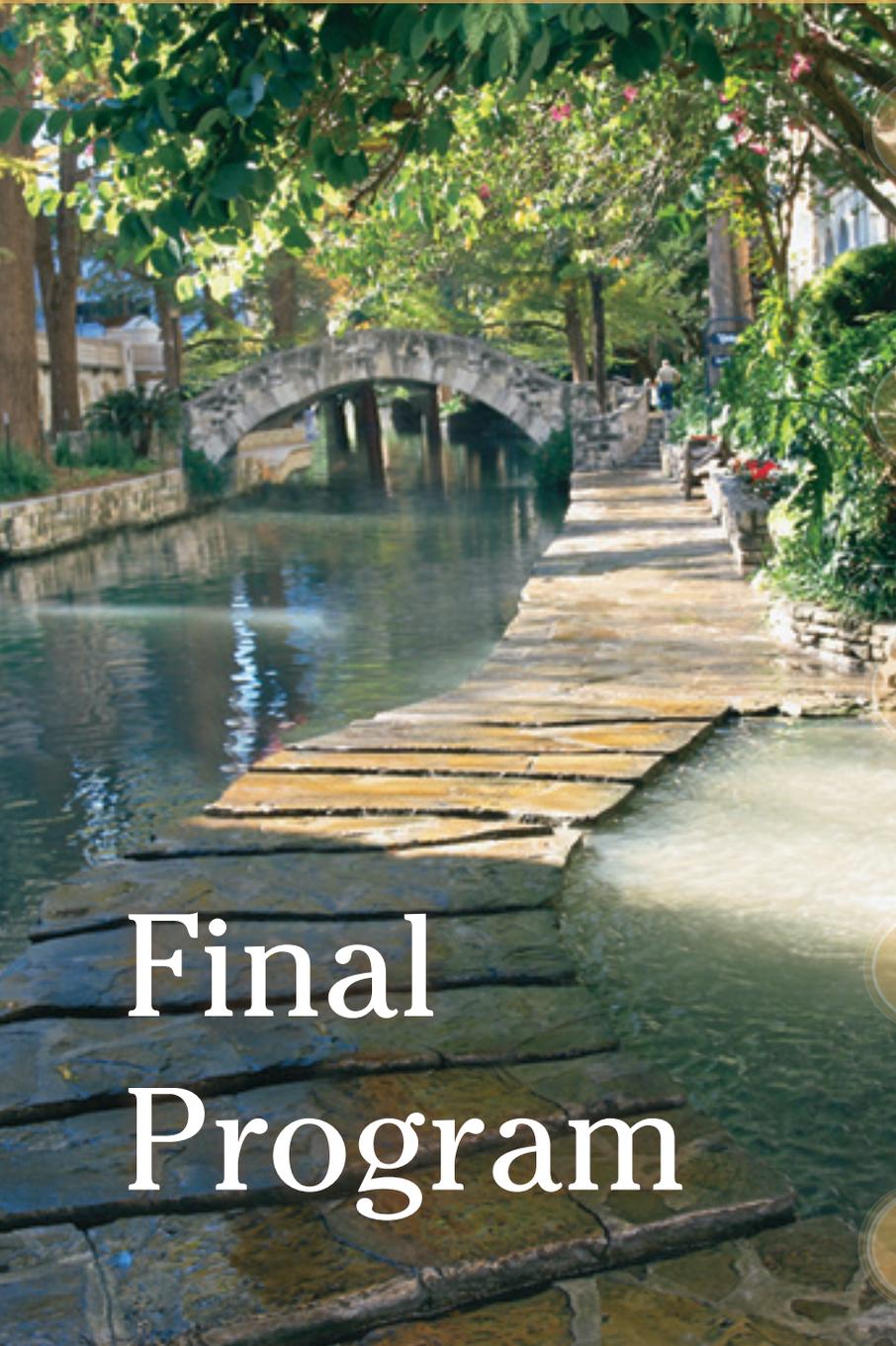


SOCIETY *of* BEHAVIORAL MEDICINE

Better Health Through Behavior Change



Final Program

San Antonio
◆ TEXAS ◆

36th Annual Meeting & Scientific Sessions

San Antonio Marriott Rivercenter

April 22–25, 2015

SUPPORTERS

The Society of Behavioral Medicine is pleased to acknowledge financial support for the 36th Annual Meeting & Scientific Sessions from the National Institutes of Health (NIH) National Heart, Lung, and Blood Institute; the NIH Office of Behavioral and Social Sciences Research; and the NIH Office of Disease Prevention and Health Promotion.

The Society of Behavioral Medicine would also like to gratefully acknowledge the following entities for their unrestricted educational support of the 36th Annual Meeting & Scientific Sessions.

Legacy: General supporter

Vibrent Inc.: Supporter of Total Health: Mind, Body, and Spirit, a keynote presentation by Raymond J. Baxter, PhD, senior vice president for community benefit, research, and health policy for Kaiser Permanente in Oakland, CA

MEI Research Ltd.: Supporter of Advancing Health Equity: Changing the Narrative about What Creates Health, a keynote presentation by Edward P. Ehlinger, MD, MSPH, commissioner of the Minnesota Department of Health

EXHIBITORS

The Society of Behavioral Medicine would like to gratefully acknowledge the following entities for supporting the 36th Annual Meeting & Scientific Sessions as exhibitors.

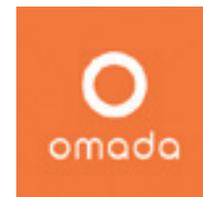


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WELCOME LETTER

Dear SBM Annual Meeting attendees,

On behalf of the Program Committee, we are delighted to welcome you to the 36th Annual Meeting & Scientific Sessions of the Society of Behavioral Medicine (SBM) in lovely San Antonio, TX! Our 2015 Annual Meeting program features the theme “Advancing the National Prevention Strategy through Behavioral Medicine Innovation.” This theme highlights the significant role of communities in shaping the health of populations, and it reflects local efforts in San Antonio—which will be highlighted during the meeting—to improve the health and well-being of community members.

Our selection of keynote presentations and master lectures was guided by the National Prevention Council’s National Prevention Strategy. We will enjoy a series of talks that echo the strategic directions of the National Prevention Strategy, with attention to creating healthy and safe communities, providing accessible and integrated clinical and community preventive services, empowering communities, and eliminating health disparities. Our plenary will also address some of the strategic priorities of the National Prevention Strategy with a focus on reproductive and sexual health, mental and emotional well-being, and energy balance.

We received an impressive number of abstracts covering a range of exciting topics of importance to SBM. Highlights include several planned sessions and presentations that explore the following cross-cutting themes in behavioral medicine: role of technology; policy relevance; novel methodologies; translation to practice; aging populations; and big data and population analytics.

San Antonio, with its rich history and cultural diversity, provides the ideal home for the 2015 Annual Meeting. We have planned a full and exciting program that aims to capture the big picture within which we collectively work toward improving health and well-being. To attend to your own health and well-being, we urge you and your colleagues to take time to enjoy the charming San Antonio River Walk, with its easy access to premier dining and entertainment.

Wishing you all a productive and inspiring conference!

Sincerely,



Lila J. Finney Rutten, PhD, MPH
Program Committee chair



Kathleen Wolin, ScD
Program Committee co-chair

CONFERENCE REGISTRATION INFORMATION

Online Registration

Register online until Tuesday, April 14 at www.sbm.org/meetings/2015.

Onsite Registration

Wednesday, April 22	7 a.m. – 7 p.m.
Thursday, April 23	7 a.m. – 7 p.m.
Friday, April 24	7 a.m. – 7 p.m.
Saturday, April 25	7 a.m. – 11 a.m.

Registration Fees

Fees can be paid by using a credit card online or by mailing a check to SBM's national office. The base Annual Meeting registration fee includes admittance to all educational sessions that do not require a ticket. Tickets are required for courses, workshops, and seminars on Tuesday and Wednesday. Those sessions' ticket fees are indicated on the registration form.

Member Type	Fees
SBM Members	
Full/Associate/Emeritus/Fellow	\$406
Transitional	\$346
Student/Trainee	\$206
Non-Members	
Non-Member	\$706
Non-Member Student/Trainee	\$383
One-Day	
One-Day Registration	\$379

Member Discounts

Attend the Annual Meeting as an SBM member and enjoy savings:

- Student/trainee SBM members can save up to \$177 compared to non-members!
- Transitional SBM members can save up to \$360 compared to non-members!
- Full, emeritus, fellow, and associate SBM members can save up to \$300 compared to non-members!

SBM members also enjoy the following benefits:

- Access to exclusive job postings.
- Subscriptions to the society's two journals: *Annals of Behavioral Medicine and Translational Behavioral Medicine: Practice, Policy, Research*.
- Electronic access to three additional behavioral medicine journals: *Journal of Behavioral Medicine*, *International Journal of Behavioral Medicine*, and *Journal of Behavioral Health Services and Research*.
- Free membership in one or more of SBM's 21 different special interest groups (SIGs). Through the use of email listservs and occasional meetings, the SIGs allow members to connect with others who share their behavioral medicine interests.
- Eligibility for SBM achievement awards.
- Eligibility to participate in SBM elections.
- Membership in the International Society of Behavioral Medicine.
- Access to SBM's Expert Consultation Program.
- Access to SBM's searchable Membership Directory.
- Opportunities to interact with leading specialists in behavioral medicine. SBM is large enough to have impact, but small enough to make your membership experience personal and rewarding.

Membership applications and renewal forms can be found at www.sbm.org/membership.

Cancellation Policy

Any registration cancellations must be because of professional and/or personal/family health emergencies and must be made in writing directly to the SBM national office by April 22. All cancellations are subject to a non-refundable \$50 administrative fee. Refunds will be processed following the Annual Meeting.

CONFERENCE HOTEL INFORMATION

The meeting venue and main hotel for attendees of the 36th Annual Meeting & Scientific Sessions is the San Antonio Marriott Rivercenter:

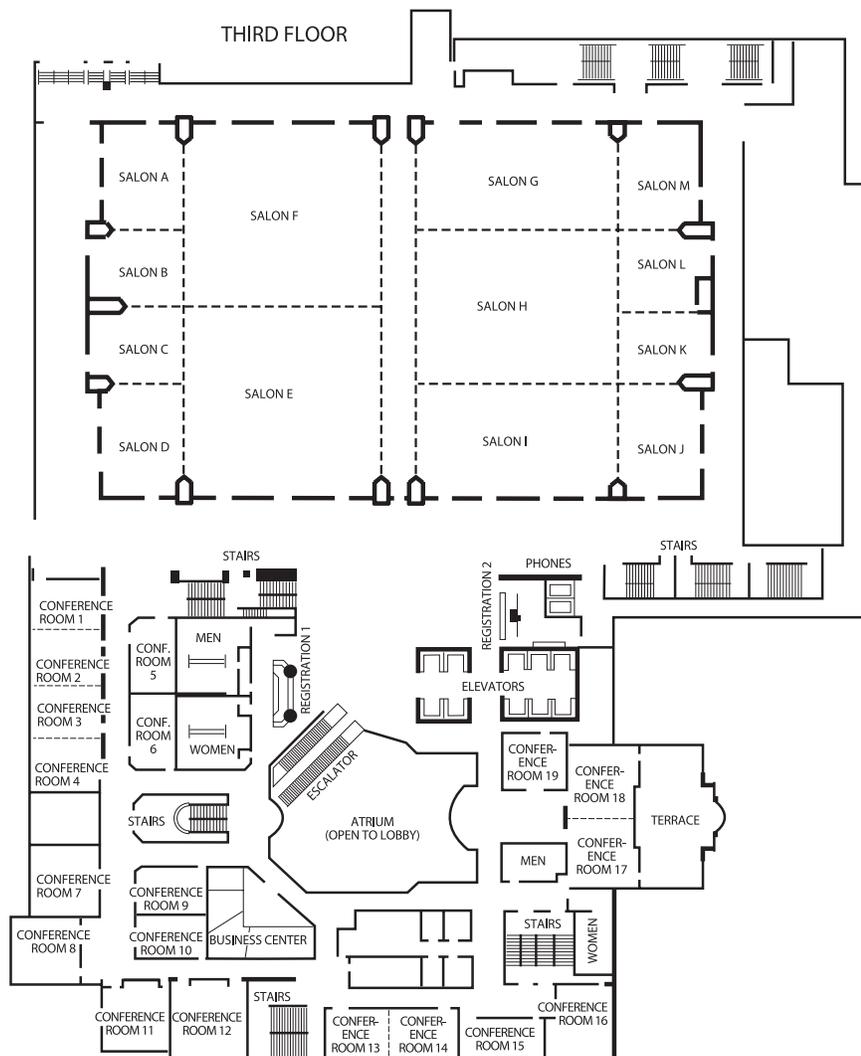
101 Bowie Street
 San Antonio, TX 78205
 Phone: (210) 223-1000

To reserve a room, visit www.sbm.org/meetings/2015 or call 1-877-212-5752.

Americans with Disabilities Act Compliance

If you require special arrangements in order to fully participate in the 36th Annual Meeting & Scientific Sessions, please check the appropriate box on your registration form and provide a written description of your specific needs. SBM cannot ensure the availability of appropriate accommodations without prior notification.

HOTEL MAP



SAN ANTONIO DEALS

The San Antonio Convention & Visitors Bureau partners with downtown San Antonio businesses to offer discounts and special offers to visitors in the city for a meeting. To take advantage, you need only show your SBM Annual Meeting badge.

Through the “Show Us Your Badge” program, meeting attendees can receive complimentary appetizers, discounted meals, free desserts, two-for-one admission, and more at about 50 restaurants and nightlife establishments in downtown San Antonio.

Visit www.bit.ly/SAbadge to see what “Show Us Your Badge” offers are currently available.

SCIENTIFIC PROGRAM INFORMATION

OVERVIEW

The theme for the 36th Annual Meeting & Scientific Sessions is “Advancing the National Prevention Strategy through Behavioral Medicine Innovation.”

Funding for this conference was made possible (in part) by financial support from the National Institutes of Health (NIH) National Heart, Lung, and Blood Institute; the NIH Office of Behavioral and Social Sciences Research; and the NIH Office of Disease Prevention and Health Promotion. The views expressed in written conference materials or publications and by speakers and moderators do not necessarily reflect the official policies of the Department of Health and Human Services; nor does mention of trade names, commercial practices, or organizations imply endorsement by the U.S. government.

As an Annual Meeting guide, SBM has adopted the National Prevention Strategy put forth by the National Prevention Council. The framework identifies four strategic directions for improving population health with clear relevance to the scientific efforts of the multidisciplinary membership of SBM: (1) create and sustain healthy and safe community environments that promote health and prevent disease; (2) provide accessible and integrated clinical and community preventive services; (3) provide the necessary tools and resources to support communities of empowered people; and (4) improve health and quality of life for all through elimination of health disparities. Areas of priority under these strategic directions, which align with the diverse interests and expertise of the SBM membership and which will be addressed by invited Annual Meeting speakers, include tobacco-free living; preventing drug abuse and excessive alcohol use; healthy eating; active living; reproductive and sexual health; and mental and emotional well-being.

During the abstract submission process, submitters selected one track and one content area that best captured their research topics. The breadth of tracks and content areas ensure that, as a whole, the conference meets the learning needs of multidisciplinary attendees.

Tracks

- Adherence
- Behavioral medicine in clinical and medical settings
- Biological mechanisms in health and behavior change
- Complementary and integrative medicine
- Environmental and contextual factors in health and behavior change
- Health communication and technology
- Health decision making
- Health promotion
- Measurement and methods
- Population health, policy, and advocacy
- Psychological and person factors in health and behavior change
- Quality of life
- Racial, ethnic, and cultural factors in health
- Spirituality
- Translation of research to practice

Content Areas

- Cancer
- Cardiovascular
- Diabetes
- Education, training, and/or career development
- HIV/AIDS
- Methods
- Mental health
- Nutrition
- Obesity
- Occupational health
- Other
- Pain
- Physical activity
- Pregnancy
- Risk and decision making
- Sexual behaviors
- Sleep
- Smoking/tobacco
- Spirituality
- Stress
- Substance abuse
- Transplant

Target Audience

SBM's Annual Meeting represents the largest annual scientific conference—with more than 1,600 attendees—devoted exclusively to behavioral medicine. The Annual Meeting offers a multidisciplinary forum for psychologists, physicians, nurses, nurse practitioners, health education specialists, registered dietitians, and other professionals with a range of expertise in health promotion, disease prevention, risk factor identification and modification, disease progression, adjustment and adaptation to physical disorders, rehabilitation, and diffusion and dissemination.

SCIENTIFIC PROGRAM INFORMATION

CONTINUING EDUCATION

Most 2015 Annual Meeting sessions are eligible for continuing education credit. If a specific session is not eligible, it is noted in the session's description in the conference schedule section of this program. Conference attendees who wish to receive continuing education credits and a continuing education certificate of attendance must:

- Purchase continuing education credits, either using the 2015 Annual Meeting registration form or in person at the registration desk.
- Complete an online evaluation within 30 days of the Annual Meeting (by Monday, May 25). Registration packets distributed on site will include a link to the evaluation website. SBM national office staff will also email the link to attendees. On the evaluation website, attendees will find a general meeting evaluation as well as session-specific evaluations; both types of evaluations must be completed in order to receive continuing education credit. Each session-specific evaluation asks questions pertaining to the session, so it may be helpful to take notes during the session. Be sure to attend each session in its entirety as the session evaluation will include an attestation statement indicating attendance for the entire session.

Immediately after attendees complete the online evaluation, continuing education certificates will be emailed to the address they indicated on the evaluation. Alternatively, attendees can print their own certificates from the screen that appears immediately following completion of the online evaluation.

Available Credit Types

Certified Health Education Specialists (CHES)

This program has been submitted for approval to the National Commission for Health Education Credentialing Inc.

Dietitians

Dietitians can earn a total of up to 32.25 CPEUs by attending this conference. Please see the Professional Development Portfolio guidelines at www.cdrnet.org for further explanation of requirements.

Nurses and Nurse Practitioners

The Institute for Advancement of Human Behavior (IAHB) is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation. This course is co-provided by IAHB and SBM. Maximum of 32.25 contact hours.

Physicians

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the Institute for the Advancement of Human Behavior (IAHB) and SBM. The IAHB is accredited by the ACCME to provide continuing medical education for physicians. The IAHB designates this live activity for a maximum of 32.25 *AMA PRA Category 1 Credits*.™ Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Psychologists

SBM is approved by the American Psychological Association to sponsor continuing education for psychologists. SBM maintains responsibility for this program. Maximum of 32.25 hours.

Public Health Professionals

This program has been approved by the National Board of Public Health Examiners (NBPHE). NBPHE offers the certified in public health (CPH) credential as the only voluntary core credential for public health professionals.

Learning Objectives

36th Annual Meeting & Scientific Sessions attendees can be expected to gain the following skills, in six key areas.

Tobacco Free Living and Addiction Research

- Describe and demonstrate how social and behavioral research can inform and improve comprehensive, evidence-based practice in addiction, tobacco control planning, and tobacco control policies.
- Describe ongoing research efforts wherein social and behavioral science principles have or continue to inform implementation of the 2009 Family Smoking Prevention and Tobacco Control Act.
- Present research demonstrating how clinical tobacco cessation services can be expanded to incorporate theory-driven behavioral interventions.
- Showcase research efforts leveraging new media and emerging information technologies to educate people about the risks of smoking and to encourage people to quit.

SCIENTIFIC PROGRAM INFORMATION

Healthy Eating/Active Living across the Lifespan

- Describe social and behavioral science research aimed at evaluating efforts to increase access to healthy and affordable foods in communities.
- Present effective strategies for screening patients for obesity, counseling patients to prevent and treat obesity, and referring patients to appropriate resources for obesity treatment.
- Showcase social and behavioral research efforts to evaluate the impact of organizational and programmatic nutrition standards and policies on health behavior and health outcomes.
- Present social and behavioral research around interventions that promote healthy eating.
- Describe social science contributions to designing, leveraging, and evaluating efforts to increase physical activity in communities, workplaces, schools, and child care facilities.
- Identify new technologies and media for assessing and encouraging physical activity.

Health Information Technology and Behavior Change

- Describe how social and behavioral research leveraging the Internet and other health information technology can support and evaluate behavior change interventions to improve population health.
- Identify and describe how emerging technologies and technology platforms can be leveraged to develop, implement, and evaluate technology-based social and behavioral interventions.
- Increase the understanding of how behavioral and social scientists can partner with the technology industry to develop and evaluate evidence-based behavioral change interventions to improve population health.

Translation of Evidence-Based Therapies into Clinical Practice

- List examples of evidence-based therapies that are currently not widely implemented in clinical practice.
- Identify strategies for enhancing training programs to encourage clinicians to adopt new evidence-based therapies.
- Describe models of effective knowledge translation in the clinical setting.

Clinical Preventive Services

- Describe how basic behavioral principles and behavioral science evidence can be applied to efforts to improve public adoption of clinical preventive services.
- Provide examples of how behavioral science can be applied to strengthen and inform delivery of behavioral clinical preventive services including cancer screening, tobacco screening, and screening for cardiovascular disease.
- Describe the potential role of social and behavioral science in evaluating efforts to link community-based and clinical preventive services.
- Identify common barriers to accessing clinical preventive services, especially among at-risk populations.

Environmental Influences on Health Behavior

- Describe how behavioral and social science principles and research can be applied to strengthen the social environment, support healthy behavior, and improve population health.
- Identify successful applications of social and behavioral science to efforts to modify physical and social environments to support health behavior.
- Describe characteristics of environments that promote healthy behavior and support healthy populations.

SESSION TYPES

SBM's 36th Annual Meeting & Scientific Sessions offers educational sessions at the following instructional levels: beginner, beginner/intermediate, intermediate, intermediate/advanced, and advanced. To be compliant with accreditation policies, each session's instructional level is noted in the session's description in the conference schedule section of this program.

The meeting also offers educational sessions in a variety of formats.

Breakfast Roundtables

Breakfast roundtables are held on Thursday and Friday morning and last 45 minutes. They are interactive meetings with discussion centered on topics of interest to a specific portion of the meeting audience or to an SBM Special Interest Group (SIG), council, or committee. A complimentary continental breakfast is provided. Admission to these sessions is by name badge.

SCIENTIFIC PROGRAM INFORMATION

Courses and Workshops

Courses and workshops are held on Tuesday and Wednesday, the Annual Meeting’s “pre-conference” days. These sessions typically last a half day and feature numerous speakers focused on a specific topic. Admission to courses and workshops is by paid ticket only and seating is limited.

Midday Meetings

Midday meetings are interactive meetings sponsored by one of SBM’s various special interest groups (SIGs), councils, or committees. Midday meetings are held on Thursday and Friday and last 60 minutes. Admission to these sessions is by name badge.

Panel Discussions

These 60-minute sessions are held on Thursday and Friday and focus on specific topics with various viewpoints expressed by a panel of experts. Admission to these sessions is by name badge.

Paper Sessions

Paper sessions range from 45 to 90 minutes and are offered on Thursday, Friday, and Saturday. Midday sessions are typically 45 minutes while afternoon sessions tend to run 90 minutes. They are based on accepted abstracts clustered around common themes and presented via oral presentations, each of which is approximately 18 minutes in length. Admission to these sessions is by name badge.

Plenary Sessions: Keynote Addresses and Master Lectures

Plenary sessions—scheduled on Thursday, Friday, and Saturday—include keynote addresses and master lectures. These sessions are the premier educational sessions of the Annual Meeting. Speakers will present on topics of interest to the overall meeting audience in a didactic or pro-con debate format. Admission to these sessions is by name badge.

Poster Sessions

Poster sessions featuring presentations of accepted abstracts take place on each day of the Annual Meeting. Poster sessions allow abstract authors to discuss their research with interested colleagues for 60 minutes in an informal setting. Poster sessions are a great way to see the latest research in the field while socializing with colleagues. Admission to the poster hall is by name badge.

Due to continued space constraints, the poster boards will be positioned vertically and the surface area for poster display will be 4 ft wide x 8 ft high (1.2 m wide by 2.4 m high). The exact poster dimensions are up to poster presenters, but SBM staff recommends no higher than 5 ft (1.5 m) for ease of vertical viewing.

The poster session schedule will be:

Wednesday, April 22 – Poster Session A

Authors set up posters	4:15 p.m. – 5:45 p.m.
Posters available for viewing	6 p.m. – 7 p.m.
Authors present for discussion	6 p.m. – 7 p.m.
Authors remove posters	7 p.m. – 7:30 p.m.

Thursday, April 23 – Poster Session B

Authors set up posters	4:15 p.m. – 5:45 p.m.
Posters available for viewing	6 p.m. – 7 p.m.
Authors present for discussion	6 p.m. – 7 p.m.
Authors remove posters	7 p.m. – 7:30 p.m.

Friday, April 24 – Poster Session C

Authors set up posters	4:15 p.m. – 5:45 p.m.
Posters available for viewing	6 p.m. – 7 p.m.
Authors present for discussion	6 p.m. – 7 p.m.
Authors remove posters	7 p.m. – 7:30 p.m.

Saturday, April 25 – Poster Session D

Authors set up posters	8:30 a.m. – 10 a.m.
Posters available for viewing	10:15 a.m. – 11:15 a.m.
Authors present for discussion	10:15 a.m. – 11:15 a.m.
Authors remove posters	11:15 a.m. – 11:45 a.m.

Please be sure to hang posters during the appropriate time. All posters left after the removal time has concluded will be discarded. For the security of vendors located inside the poster hall, there is to be no viewing of posters outside of the established viewing times.

Seminars

Seminars are held on Wednesday. They include presentations by approximately three speakers. Speakers emphasize the theory and application of practical skills and interact with participants. Admission is by paid ticket only and seating is limited.

SCIENTIFIC PROGRAM INFORMATION

Symposia

Symposia are didactic presentations that last 75 minutes and are held on Thursday and Friday. Presenters will examine important issues from a variety of different perspectives. Presentations and debate among presenters will address alternative solutions, interpretations, or points-of-view on an identified body of knowledge within the advertised topic area or theme. Admission to these sessions is by name badge.

MOBILE APP

Use the SBM 2015 mobile app to browse meeting sessions and mark the ones you want to attend.

The app is free to download—just search “SBM2015” in your app store. When you open the app for the first time, select “Create Account.” You’ll be prompted to enter an event code. Type “SBM2015.” Then enter your first name, last name, and email address.



Once your account is created, use the app to browse meeting sessions by day, title, speaker, track, and content area. Click a session name to view its description and presenter information. Click the star next to the session to add it to your schedule.

You can also use the app to

- browse posters;
- access meeting exhibitor information;
- browse presenters and app users by country, state, and institution;
- connect with SBM on social media;
- view award winners;
- take notes; and
- view a hotel map.

The app should keep you logged in but, just in case you end up logged out or want to access your account on another device, an email with an app username and randomly generated password will be sent to you. Be sure to check your spam folder if you don't see the email right away.

Questions about using the app? Stop by the onsite registration desk.

JOIN THE CONVERSATION ON SOCIAL MEDIA #SBM2015

During the Annual Meeting and all year long, SBM shares information and facilitates discussion on Twitter, Facebook, and LinkedIn. Join in today!

@behavioralmed 

- Follow SBM on Twitter for the latest SBM announcements and behavioral medicine news.
- If you're tweeting about the meeting, be sure to use #SBM2015.
- We'd love to see your photos and videos from the meeting too—use #SBM2015pic.
- You can also follow @sbmpresident and @sbmhealthpolicy.

www.bit.ly/SBMFacebook 

- Like SBM's Facebook page to ensure you're seeing all of our updates and news.
- You can also like pages for our Women's Health and Student special interest groups (SIGs) by visiting www.facebook.com/sbmstudentsig and www.facebook.com/WomensHealthSIG.

www.bit.ly/SBMLinkedInGroup 

- SBM's LinkedIn group provides a forum where members can share information and ask for professional advice.
- Continue the discussion from Annual Meeting sessions—and get your additional questions answered—on the LinkedIn group page.

SBMConnect

- Don't forget to also check out the SBMConnect blog at www.sbm.org/sbmconnect.
- SBMConnect stimulates timely, provocative discussions about behavioral medicine issues such as the relationship between science and industry, and whether it's appropriate to use Twitter to disclose medical device information.

EXHIBITOR DIRECTORY

Please stop by vendors' tables in the exhibit hall, located in salon GHI. Hall hours are:

Wednesday, April 22	6 p.m. – 7 p.m.
Thursday, April 23	11:30 a.m. – 1:30 p.m. 6 p.m. – 7 p.m.
Friday, April 24	11:30 a.m. – 1:30 p.m. 6 p.m. – 7 p.m.
Saturday, April 25	10:15 a.m. – 11:15 a.m.

Springer Science and Business Media

Booth 100

Springer is the proud publisher of *Annals of Behavioral Medicine*, *Translational Behavioral Medicine*, *Encyclopedia of Behavioral Medicine*, and many other professional and research publications in public health, medicine, allied health, and psychology. Springer is a global scientific publisher, providing researchers in academia, scientific institutions, and corporate R&D departments with quality content through innovative information products and services. Springer is also the largest open access scientific publisher in the world, with more than 300 open access journals. Come visit Springer's booth and meet Senior Editor Janice Stern.

www.springer.com/gp/about-springer

Email: janice.stern@springer.com

Phone: (212) 460-1551

233 Spring Street
New York, NY 10013

Mayo Clinic Robert D. and Patricia E. Kern Center for the Science of Health Care Delivery

Booth 101

Mayo Clinic is the first and largest integrated, not-for-profit medical group practice in the world. Doctors from every medical specialty work together to care for patients, united by a common philosophy that the needs of the patient come first. The Mayo Clinic Robert D. and Patricia E. Kern Center for the Science of Health Care Delivery builds upon more than a century of health care delivery research at Mayo Clinic. The goal of the center is to focus and coordinate resources to analyze, evaluate, and implement care delivery models that improve value for patients.

www.mayoclinic.org

Email: pagel.stephanie@mayo.edu

Phone: (507) 538-7490

200 First Street SW
Rochester, MN 55095

Omada Health

Booth 102

Omada Health is leading the field of digital therapeutics by creating innovative, scalable, and cost-effective online behavior change programs that address the growing epidemic of chronic disease. Omada's flagship product, Prevent, is based on guidelines published by the National Diabetes Prevention Program, and has been shown in a clinical trial to help people lose weight and positively impact the risk factors that contribute to type 2 diabetes. Prevent engages participants with an evidence-based curriculum, a supportive social network, the constant guidance of a personal health coach, and digital tracking tools that include a wireless scale and mobile app.

www.omadahealth.com

Email: susan@omadahealth.com

Phone: (770) 316-2881

455 Market Street, Suite 1670
San Francisco, CA 94105

American Institute for Cancer Research

Booth 103

The American Institute for Cancer Research (AICR) is the cancer charity that fosters research on the relationship of diet, nutrition, physical activity, and weight management to cancer risk; interprets the scientific literature; and educates the public about the results. AICR's publications provide clear, evidence-based information drawn from the latest research.

www.aicr.org

Email: aicrweb@aicr.org

Phone: (202) 600-3024

1759 R Street NW
Washington, DC 20009

EXHIBITOR DIRECTORY

DuoDesk LLC

Booth 104

Try out DuoDesk's iPhone- and Android-compatible seated active motion elliptical machine, *activeLife Trainer*,™ which allows light intensity exercise while doing desk work. *activeLife Trainer*™ fits under any existing desk and connects to any office chair. DuoDesk will also have its first generation elliptical machine office desk, *LifeBalance Station*,™ available and is inviting conference attendees to participate in a survey on active motion work stations.

www.activeLifeTrainer.com

Email: chleonhard@yahoo.com

Phone: (708) 689-4989

1414 Audubon Street
New Orleans, LA 70118

National Cancer Institute

Booth 105

The Behavioral Research Program (BRP) is within the National Cancer Institute's Division of Cancer Control and Population Sciences. BRP initiates, supports, and evaluates a comprehensive program of research ranging from basic behavioral research to the development, testing, and dissemination of interventions in areas such as tobacco use, screening, dietary behavior, and sun protection.

www.cancer.gov

Email: webbton@mail.nih.gov

Phone: (240) 276-6966

9609 Medical Center Drive, #3E618, MSC9761
Bethesda, MD 20852

Centers for Disease Control and Prevention

Booth 200

The Centers for Disease Control and Prevention (CDC) is a leader in nationwide efforts to ease the burden of cancer. Through the Division of Cancer Prevention and Control (DCPC), CDC works with national cancer organizations, state health agencies, and other key groups to develop, implement, and promote effective strategies for preventing and controlling cancer. Products, publications, and other resources developed by DCPC will be provided.

www.cdc.gov

Email: dholman@cdc.gov

Phone: (770) 488-4262

4770 Buford Highway, NE, Mailstop F-76
Atlanta, GA 30341

Vibrent Inc.

Booth 201

Vibrent believes in the power of human beings to take control of their own health when armed with the right mobile technology tools combined with evidence-based programs. Vibrent's Precision Medicine System is a National Institutes of Health (NIH) funded mHealth behavior change platform to accelerate translational science. This secure, HIPAA-compliant cloud-hosted system was designed from the ground up for research, dissemination, and implementation science. Vibrent's academic/industry partnership approach enables rapid realization of your research through big data collection and processing, automated self-service behavioral interventions, behavioral counseling, and lifestyle coaching.

Bring your own content, messages, and study protocols and choose which system elements are required to configure your custom mHealth program. Vibrent's platform provides a diverse toolkit for program delivery including mobile apps; physical activity, diet, and nutrition tools; patient/provider secure messages; remote care plan management; EMAs/EMIs; PROMIS surveys; wireless biometric devices; medication adherence tools; push notifications; cloud hosting; reports; and more.

www.vibrenthealth.com

Email: inquiry@vibrenthealth.com

Phone: (703) 926-8754

12015 Lee Jackson Memorial Highway, Suite 130
Fairfax, VA 22033

EXHIBITOR DIRECTORY

Fitabase

Booth 202

Analyze and aggregate data from participants using consumer wearables including the Fitbit® line of trackers. Fitabase is a secure Web software platform that has everything you need to run your next study. Monitor participants in near real time for study compliance, battery usage, and activity level. Export a variety of data sets at 1-minute resolution like steps, intensity, METs, calories, weight, sleep, food logs, and continuous heart rate. Email hello@fitabase.com to schedule a meeting while at SBM.

www.fitabase.com

Email: aaron@fitabase.com

Phone: (619) 940-7827

4610 Park Boulevard
San Diego, CA 92116

AMSUS—The Society of Federal Health Professionals

Booth 203

Organized in 1891 and chartered by Congress in 1903, AMSUS is a nonprofit 501(c)3 organization for federal and international health professionals. AMSUS is dedicated to all aspects of federal medicine—professional, scientific, educational, and administrative. AMSUS membership provides professional development and networking opportunities through the organization's monthly peer reviewed journal, its Annual Education Meeting, and its robust CE program. Members represent all health care disciplines and are (or have been) affiliated with a U.S. federal health agency, the U.S. Department of Veterans Affairs, or the military medical services of other nations.

www.amsus.org

Email: susan.bachenheimer@amsus.org

Phone: (301) 828-1590

9320 Old Georgetown Road
Bethesda, MD 20814

Withings Inc.

Booth 204

Withings leads the connected health revolution. The exclusive ecosystem of devices tracks and helps improve upon activity levels, sleep quality, heart rate, and more. Withings' products help individuals manage their health.

www.withings.com/us

Email: robin.swanson@withings.com

Phone: (617) 225-4355

101 Main Street, 14th Floor
Cambridge, MA 02142

Intellica Corporation

Booth 205

Intellica Corporation, a service-disabled veteran owned small business, has 11 years of experience in developing custom software to improve population health, support patient self-management, and deliver evidence-based health services by integrating patient-generated structured data, home machine data, and medical data with a clinical decision support engine to provide personalized recommendations.

www.intellicacorp.com/intellicacorp

Email: sara.lago@intellicacorp.com

Phone: (210) 341-3101

209 West Poplar Street
San Antonio, TX 78212

National Collaborative on Childhood Obesity Research

Booth 300

The National Collaborative on Childhood Obesity Research (NCCOR) brings together the four leading research funders—the Centers for Disease Control and Prevention, the National Institutes of Health, the Robert Wood Johnson Foundation, and the U.S. Department of Agriculture—to accelerate progress to reduce childhood obesity. These organizations work together to manage projects and reach common goals; combine funding to make the most of available resources; and share insights and expertise to strengthen research. Visit the NCCOR booth to learn how NCCOR can support your work.

www.nccor.org

Email: jbroderick@fhi360.org

Phone: (202) 884-8526

1825 Connecticut Avenue, 11th Floor
Washington, DC 20009

CONFERENCE SCHEDULE

Start	End	Title
Tuesday, April 21		
10 a.m.	5:30 p.m.	Workshop
Wednesday, April 22		
7 a.m.	7 p.m.	Registration Open
9 a.m.	6 p.m.	Courses/Seminars
6 p.m.	7 p.m.	Poster Session A/ Exhibit Hall Open
Thursday, April 23		
7 a.m.	7 p.m.	Registration Open
7:30 a.m.	8:15 a.m.	Breakfast Roundtables
8:30 a.m.	9:45 a.m.	Symposia
10 a.m.	11 a.m.	Opening Keynote
11:15 a.m.	12:15 p.m.	Midday Meetings/Panel Discussions
11:30 a.m.	1:30 p.m.	Exhibit Hall Open
12:45 p.m.	1:30 p.m.	Master Lecture
12:45 p.m.	1:30 p.m.	Paper Sessions
1:45 p.m.	3 p.m.	Symposia
3:15 p.m.	4:45 p.m.	Paper Sessions
5 p.m.	6 p.m.	Presidential Keynote and Awards Ceremony
6 p.m.	7 p.m.	Poster Session B/ Exhibit Hall Open
Friday, April 24		
7 a.m.	7 p.m.	Registration Open
7:30 a.m.	8:15 a.m.	Breakfast Roundtables
8:30 a.m.	9:45 a.m.	Symposia
10 a.m.	11 a.m.	Keynote
11:15 a.m.	12:15 p.m.	Midday Meetings/Panel Discussions
11:30 a.m.	1:30 p.m.	Exhibit Hall Open
12:45 p.m.	1:30 p.m.	Master Lectures
12:45 p.m.	1:30 p.m.	Paper Sessions
1:45 p.m.	3 p.m.	Symposia
3:15 p.m.	4:45 p.m.	Paper Sessions
5 p.m.	6 p.m.	Keynote
6 p.m.	7 p.m.	Poster Session C/ Exhibit Hall Open
Saturday, April 25		
7 a.m.	11 a.m.	Registration Open
7:30 a.m.	8:30 a.m.	Business Meeting
8:45 a.m.	10:15 a.m.	Paper Sessions
10:15 a.m.	11:15 a.m.	Poster Session D/ Exhibit Hall Open
10:30 a.m.	11:15 a.m.	Master Lecture
11:30 a.m.	12:30 p.m.	Closing Keynote

MEETING AT A GLANCE

	TUESDAY, APRIL 21	WEDNESDAY, APRIL 22	THURSDAY, APRIL 23	FRIDAY, APRIL 24	SATURDAY, APRIL 25	
7:30 a.m.			Breakfast Roundtables (7:30 a.m. – 8:15 a.m.)	Breakfast Roundtables (7:30 a.m. – 8:15 a.m.)	Business Meeting (7:30 a.m. – 8:30 a.m.)	
8 a.m.						
8:30 a.m.						
9 a.m.		Courses/ Seminars (9 a.m. – 11:45 a.m.)	Symposia (8:30 a.m. – 9:45 a.m.)	Symposia (8:30 a.m. – 9:45 a.m.)	Paper Sessions (8:45 a.m. – 10:15 a.m.)	
9:30 a.m.						
10 a.m.	Workshop (10 a.m. – 5:30 p.m.)		Opening Keynote (10 a.m. – 11 a.m.)	Keynote (10 a.m. – 11 a.m.)		Poster Session / Exhibit Hall Open (10:15 a.m. – 11:15 a.m.)
10:30 a.m.						
11 a.m.						
11:30 a.m.			Midday Meetings/ Panels (11:15 a.m. – 12:15 p.m.)	Midday Meetings/ Panels (11:15 a.m. – 12:15 p.m.)	Closing Keynote (11:30 a.m. – 12:30 p.m.)	
12 p.m.			Exhibit Hall Open (11:30 a.m. – 1:30 p.m.)	Exhibit Hall Open (11:30 a.m. – 1:30 p.m.)		
12:30 p.m.						
1 p.m.			Master Lecture (12:45 p.m. – 1:30 p.m.)	Paper Sessions (12:45 p.m. – 1:30 p.m.)	Master Lectures (12:45 p.m. – 1:30 p.m.)	Paper Sessions (12:45 p.m. – 1:30 p.m.)
1:30 p.m.			Courses/ Seminars (12 p.m. – 2:45 p.m.)			
2 p.m.				Symposia (1:45 p.m. – 3 p.m.)	Symposia (1:45 p.m. – 3 p.m.)	
2:30 p.m.						
3 p.m.						
3:30 p.m.		Courses/ Seminars (3:15 p.m. – 6 p.m.)	Paper Sessions (3:15 p.m. – 4:45 p.m.)	Paper Sessions (3:15 p.m. – 4:45 p.m.)		
4 p.m.						
4:30 p.m.						
5 p.m.				Presidential Keynote and Awards Ceremony (5 p.m. – 6 p.m.)	Keynote (5 p.m. – 6 p.m.)	
5:30 p.m.						
6 p.m.		Poster Session/ Exhibit Hall Open (6 p.m. – 7 p.m.)	Poster Session/ Exhibit Hall Open (6 p.m. – 7 p.m.)	Poster Session/ Exhibit Hall Open (6 p.m. – 7 p.m.)		
6:30 p.m.						
7 p.m.						

TUESDAY, APRIL 21, 2015

Day at a Glance

Start	End	Title
10 a.m.	5:30 p.m.	Workshop

10 a.m. – 5:30 p.m. **Workshop 1: New Approaches to Preventing and Treating Obesity: Key Findings and “Lessons Learned” from the Obesity-Related Behavioral Intervention Trials (ORBIT) Consortium**

Conference room 3-4

\$80 with boxed lunch; \$40 without lunch

Content area: Obesity

Instructional level: All levels

Chair: Susan M. Czajkowski, PhD, National Heart, Lung, and Blood Institute, Bethesda, MD

Panelists: Leonard Epstein, PhD, State University of New York-Buffalo, Buffalo, NY; Kim D. Reynolds, PhD, Claremont Graduate University, Claremont, CA; Sylvie Naar-King, PhD, Wayne State University, Detroit, MI; Elissa Epel, PhD, University of California-San Francisco, San Francisco, CA; Lynda H. Powell, PhD, Rush University Medical Center, Chicago, IL; Rena Wing, PhD, Brown University, Providence, RI; and Mary Charlson, MD, Weill Cornell Medical College, New York, NY

Moderators: Christine Hunter, PhD, National Institute of Diabetes and Digestive and Kidney Diseases, Bethesda, MD; Catherine M. Stoney, PhD, National Heart, Lung, and Blood Institute, Bethesda, MD; Frank Perna, EdD, PhD, National Cancer Institute, Bethesda, MD; and Susan M. Czajkowski, PhD, National Heart, Lung, and Blood Institute, Bethesda, MD

Obesity and other behaviorally based risk factors are important contributors to disease and disability. Recent advances in basic behavioral research, including findings on self-regulation and executive function, stress, motivation and social networks, hold promise for the development of innovative new strategies for reducing obesity, yet Translation I research in which “bench” findings are applied to the “bedside” remains uncommon in the behavioral arena. The National Institutes of Health-sponsored Obesity-Related Behavioral Intervention Trials (ORBIT) program was developed to facilitate the translation of discoveries from basic behavioral and social science research into innovative strategies aimed at preventing or treating obesity. In this pre-conference workshop, the background and rationale for ORBIT and a model developed by ORBIT researchers to facilitate basic-to-clinical translation will be described. Principal investigators from each of the seven research sites will present findings from their projects, discuss future research directions based on their findings, and share “lessons learned” about the opportunities and challenges of basic-to-clinical translational research. Through these presentations and discussions, ORBIT consortium members will provide guidance to investigators interested in developing, testing, and optimizing new preventive and therapeutic treatments for obesity and other behavioral risk factors.

WEDNESDAY, APRIL 22, 2015

Day at a Glance

Start	End	Title
7 a.m.	7 p.m.	Registration Open
9 a.m.	6 p.m.	Courses/Seminars
6 p.m.	7 p.m.	Poster Session A/ Exhibit Hall Open

7 a.m. – 7 p.m. **Registration Open**

12 p.m. – 6 p.m. **Course 101: Technology SIG Course: Designing Digital Health Interventions: A Workshop on How to Create Usable, Enjoyable, and Effective Digital Health User Experiences**

Conference room 12

Full/associate/emeritus members: \$129; student/trainee/transitional members: \$91; non-members: \$149

Content area: Education, training, and/or career development

Instructional level: Beginner

Chair: Eric B. Hekler, PhD, Arizona State University, Phoenix, AZ

Co-Presenters: Erika Poole, PhD, The Pennsylvania State University, State College, PA; Predrag Klasnja, PhD, University of Michigan, Ann Arbor, MI; and Dave Klein, MBA, Vibrent Inc., Fairfax, VA

Have you ever wondered why some digital health interventions (i.e., interventions that are delivered by or incorporate digital technologies such as websites, smartphones, or wearable sensors like physical activity monitors) succeed at promoting behavior change, but others fail? While increasing evidence suggests that technologies such as text messaging, websites, smartphone apps, and social networks can promote health behavior change, many times the low number of sustained users hampers the overall effectiveness of the intervention. Factors such as how well the technology integrates into a person's life, how easy it is to interact with it, and how enjoyable it is to use greatly influence a digital health intervention's chances of success. The discipline of Human-Computer Interaction (HCI) explores novel ways to make technologies more useful and usable in everyday life (Poole, 2013). In this course, HCI experts and behavioral scientists with experience using HCI design processes and collaborating with HCI researchers will introduce an overarching development process for improving user experience in digital health interventions called user-centered design. Three core design skills will be covered: (1) rapid ethnographic-inspired requirements gathering; (2) sketching in small groups for idea generation; and (3) the creation of low- and medium-fidelity prototypes to hone design specifications and operationally define theoretical constructs. This course is intended for behavioral scientists who are interested in developing a digital health intervention, or who want to improve upon the design of an empirically tested digital health intervention. No technology development or artistic skills are required.

12 p.m. – 6 p.m. **Course 201: Diabetes and Integrated Primary Care SIGs Course: Nuts and Bolts of Comparative Effectiveness Research and Patient-Centered Outcomes Research Institute (PCORI) Grant Proposal Writing**

Salon M

Full/associate/emeritus members: \$129; student/trainee/transitional members: \$91; non-members: \$149

Content area: Methods

Instructional level: All levels

Chair: Caroline R. Richardson, MD, VA Ann Arbor Healthcare System, Ann Arbor, MI

Co-Presenters: Caroline R. Richardson, MD, VA Ann Arbor Healthcare System, Ann Arbor, MI; Harold C. Sox, MD, The Dartmouth Institute for Health Policy and Clinical Practice, Hanover, NH; Lori Frank, PhD, Patient-Centered Outcomes Research Institute, Washington, DC; Thelma J. Mielenz, PhD, Columbia University Mailman School of Public Health, New York, NY; Bryan S. Gibson, DPT, PhD, University of Utah, Salt Lake City, UT; Mary E. Cooley, PhD, APRN-BC, FAAN, Dana-Farber Cancer Institute, Boston, MA; Monika M. Safford, MD, University of Alabama at Birmingham, Birmingham,

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AL; Joseph A. Greer, PhD, Massachusetts General Hospital, Boston, MA; and James E. Aikens, PhD, University of Michigan, Ann Arbor

This course will start with presentations by Patient-Centered Outcomes Research Institute (PCORI) leadership to clarify the goals of PCORI funding with a focus on what makes fundable PCORI proposals different from other more traditional proposals. That will be followed by brief but information-packed, methods-focused interactive sessions on propensity analysis and assessing patient centered outcomes using PROMIS. The second half of the course will be led by PCORI-funded principal investigators (PIs) who are members of SBM. They will present their funded research designs along with tips and lessons learned from successfully navigating the PCORI proposal process. In the final session of the course, attendees will break up into small groups with one funded PCORI PI at each table to discuss specific questions and design issues raised by course participants.

12 p.m. – 6 p.m.

Course 301: Cancer SIG Course: Translating Clinical Guidelines and Evidence-Based Medicine Using Implementation and Dissemination Science

Conference room 13-14

Full/associate/emeritus members: \$129; student/trainee/transitional members: \$91; non-members: \$149

Content area: Cancer

Instructional level: Intermediate

Co-Chairs: Kristi D. Graves, PhD, Georgetown University, Washington, DC; and Michael A. Diefenbach, PhD, Icahn School of Medicine at Mount Sinai, New York, NY

Co-Presenters: Kristi D. Graves, PhD, Georgetown University, Washington, DC; Robert T. Croyle, PhD, Bradford W. Hesse, PhD, and Julia H. Rowland, PhD, National Cancer Institute, Rockville, MD; Barbara L. Andersen, PhD, The Ohio State University, Columbus, OH; Shawna L. Ehlers, PhD, Mayo Clinic, Rochester, MN; Sarah R. Arvey, PhD, Livestrong Foundation, Austin, TX; Karen J. Coleman, PhD, Kaiser Permanente, Pasadena, CA; Catherine M. Alfano, PhD, American Cancer Society, Washington, DC; Heidi A. Hamann, PhD, and Jeffrey Kendall, PsyD, University of Texas Southwestern Medical Center, Dallas, TX; Mandi Pratt-Chapman, MA, George Washington University Cancer Institute, Washington, DC; and Lisa M. Quintiliani, PhD, Boston University, Boston, MA

This half-day pre-conference course will explore how to use best practices from implementation and dissemination science to translate both clinical guidelines and evidence-based programs into practice. In collaboration with Livestrong, the American Cancer Society, and the National Cancer Institute, speakers will include Robert Croyle, Bradford Hesse, and Julia Rowland (National Cancer Institute); Karen Coleman (Kaiser Permanente); Sarah Arvey (Livestrong); Catherine Alfano (American Cancer Society); Barbara Andersen (Ohio State University); Shawna Ehlers (Mayo Clinic); Heidi Hamann and Jeffrey Kendall (UT Southwestern); Mandi Pratt-Chapman (George Washington University); and Lisa Quintiliani (Boston University). The course will involve three parts, focusing on cancer-related examples. Part one will highlight methodologies related to implementation and dissemination science and state-of-the-art assessment techniques and instruments. Part two will provide a brief overview of existing survivorship care guidelines and will include intervention and mobile technology examples of implementing evidence-based programs into practice to improve patient and survivor outcomes. Part three will involve breakout roundtable discussions focusing on distinct topics related to implementation and dissemination, assessment of patient-reported outcomes, clinical and research examples, and reaching and serving underserved communities of cancer survivors.

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9 a.m. – 11:45 a.m. **Course 401: Cancer SIG Course: Mock Grant Review**

Conference room 3-4

Full/associate/emeritus members: \$92; student/trainee/transitional members: \$62; non-members: \$107

Content area: Cancer

Instructional level: Beginner/intermediate

Chair: Lara Traeger, PhD, Massachusetts General Hospital, Boston, MA

Co-Presenters: Aimee S. James, PhD, MPH, Washington University in St. Louis, St. Louis, MO; and Felicity Harper, PhD, Karmanos Cancer Institute, Detroit, MI

Mock grant review panel chair: Deborah Bowen, PhD, University of Washington, Seattle, WA

Mock grant review panelists: Michael A. Andrykowski, PhD, University of Kentucky College of Medicine, Lexington, KY; Matthew M. Clark, PhD, LP, Mayo Clinic, Rochester, MN; Elyse R. Park, PhD, MPH, Massachusetts General Hospital, Boston, MA; and Susan Vadaparampil, PhD, MPH, Moffitt Cancer Center, Tampa, FL

A panel of experienced investigators and grant reviewers will conduct a mock panel review of four grant proposals that were previously selected in a competitive process. The selected proposals include both career development (K07) and R-level (NIH R21, R01) mechanisms. The panel members will demonstrate the study section process, with a review and discussion of the selected proposals. The panel also will address general characteristics of successful proposals, common critiques, and other factors to consider when preparing submissions and re-submissions. Attendees will be able to observe the study section process and gain insight into reviewer guidelines and considerations. The session will include an opportunity for all attendees to ask direct questions of the panel.

9 a.m. – 11:45 a.m. **Course 501: Ethnic Minority and Multicultural Health SIG Course: Promoting Health Equity through Dissemination and Implementation Research**

Conference room 13-14

Full/associate/emeritus members: \$75; student/trainee/transitional members: \$45; non-members: \$90

Content area: Other

Instructional level: Intermediate/advanced

Chair: Usha Menon, PhD, RN, FAAN, The Ohio State University, Columbus, OH

Co-Presenters: Cynthia A. Vinson, PhD, MPA, National Cancer Institute, Rockville, MD; Linda Fleisher, PhD, MPH, Children's Hospital of Philadelphia, Philadelphia, PA; and Karen Patricia Williams, PhD, Michigan State University, East Lansing, MI

There is an urgent need to extend the reach of efficacy trials in behavioral science for the widest possible impact. Dissemination and implementation (D&I) research is a scientific method to accelerate the translation of behavioral interventions to practice and policy settings. In this course, presenters will define D&I terminology and discuss strategies for the adaptation of interventions for D&I with emphasis on culture, literacy, and race/ethnicity. They will also present frameworks of implementation and evaluation, and explicate these further with two case studies that address health disparities. This course is appropriate for junior and established researchers looking to test the effectiveness of behavioral interventions through D&I design.

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12 p.m. – 2:45 p.m.

Course 601: Evidence-Based Behavioral Medicine SIG Course: Using Evidence to Promote Advocacy: Strategies for Engaging in Practice and Policy Change in Behavioral Medicine

Conference room 3-4

Full/associate/emeritus members: \$75; student/trainee/transitional members: \$45; non-members: \$90

Content area: Methods

Instructional level: Beginner/intermediate

Chair: Matt Longjohn, MD, MPH, Northwestern University Feinberg School of Medicine, Chicago, IL

Co-Presenters: Amy Janke, PhD, University of the Sciences, Philadelphia, PA; and Joanna Buscemi, PhD, University of Illinois at Chicago, Chicago, IL

This course will be chaired by Dr. Longjohn, who is the national health officer at YMCA of the USA, a faculty member at Northwestern University's Feinberg School of Medicine, and a consultant to foundations, hospitals, and government agencies. Dr. Longjohn has experience in teaching physician leadership, translating and disseminating evidence-based behavioral interventions such as the YMCA's Diabetes Prevention Program, and organizing system and policy change collaborations at the local, state, and federal levels. This pre-conference course will be divided into two parts; the first will be a didactic presentation lead by Dr. Longjohn, and the second will be an interactive portion lead by Dr. Buscemi. During the didactic portion, Dr. Longjohn will describe the spectrum of opportunities for direct engagement with partners and decision-makers who could benefit from the skills and actions of health professionals working to promote wellness, reduce medical risks, and reclaim the health of their chronically ill patients and communities. Dr. Longjohn will describe strategies for engaging in practice and policy changes, using his experiences working as a health provider and physician leader as an example. During the interactive portion, course attendees will be given public health scenarios and will be divided into groups to brainstorm ways to integrate evidence-based behavioral medicine to solve the problems by making changes at the following levels: (1) practice, (2) community, (3) state, and (4) federal. The session will close with discussion and a summary and closing remarks facilitated by Dr. Buscemi.

12 p.m. – 2:45 p.m.

Course 701: Theories and Techniques of Behavior Change Interventions SIG Course: What are Social Network Methods and Analyses? How You Can Use Them in Your Research

Conference room 8

Full/associate/emeritus members: \$75; student/trainee/transitional members: \$45; non-members: \$90

Content area: Methods

Instructional level: Beginner/intermediate

Chair: Gina Merchant, MA, University of California-San Diego, San Diego, CA

Co-Presenters: Gina Merchant, MA, and Holly Shayka, PhD, University of California-San Diego, San Diego, CA; and Heather L. Gainforth, PhD, University College London, London, United Kingdom

This course will provide an introduction to social network methods and analyses. Participants will learn ways to measure individual- and network-level variables with special attention paid to how to plan for measuring network effects. Ways to leverage social networks to change behavior across several health contexts will be presented.

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3:15 p.m. – 6 p.m. **Course 801: Health Decision Making SIG Course: What is a “Good” Medical Decision? Perspectives from Multiple Stakeholders**

Conference room 3-4

Full/associate/emeritus members: \$109; student/trainee/transitional members: \$79; non-members: \$124

Content area: Risk and decision making

Instructional level: Beginner/intermediate

Chair: Jada G. Hamilton, PhD, MPH, Memorial Sloan Kettering Cancer Center, New York, NY

Co-Presenters: John Baleix, MD, MPH, Hawaii Medical Service Association, Honolulu, HI; Robert M. Jacobson, MD, Mayo Clinic, Rochester, MN; Ronald E. Myers, PhD, DSW, Thomas Jefferson University, Philadelphia, PA; and Brian J. Zikmund-Fisher, PhD, University of Michigan, Ann Arbor, MI

Stakeholders across multiple levels of health care delivery, including insurance companies, physicians, and patients, acknowledge that promoting informed and shared decision making are critical elements of patient-centered, evidence-based medicine. Yet, their perspectives of what constitutes a “good” medical decision are likely to vary in important ways because each considers different priorities and metrics in their pursuit of optimal medical decision making. The SBM/Society of Medical Decision Making Crosstalk Committee will explore this issue in a highly interactive, cross-disciplinary pre-conference course. This course will feature presentations from representatives of four key stakeholder groups: an insurance company, a physician, a patient, and a decision scientist. Each of these stakeholders will provide an overview of his area’s primary considerations in relation to the objective of informed and shared medical decision making. Next, each stakeholder will provide his perspective on what is needed to achieve an optimal decision in response to a selected set of contemporary case scenarios (e.g., prostate cancer treatment, return of incidental findings arising from genomic sequencing, end-of-life decision making). This pre-conference course will feature ample time for attendees to share their thoughts, impressions, and experiences. Key commonalities and differences among stakeholders and cases will be highlighted.

9 a.m. – 6 p.m. **Seminar 1: NIH mHealth Training Institute**

Salon KL

Full/associate/emeritus members: \$150; student/trainee/transitional members: \$100; non-members: \$200

Content area: Other

Instructional level: Intermediate

Lead presenter: Wendy Nilsen, PhD, National Institutes of Health, Bethesda, MD

Co-Presenters: Donna Spruijt-Metz, MFA, PhD, Center for Economic and Social Research at the University of Southern California, Los Angeles, CA; Predrag Klasnja, PhD, University of Michigan, Ann Arbor, MI; Santosh Kumar, University of Memphis, Memphis, TN; and William T. Riley, PhD, National Institutes of Health, Bethesda, MD

The National Institutes of Health (NIH) will host a NIH mHealth Training Institute. The institute is designed to provide behavioral and social scientists tools to successfully add mobile health (or mHealth) technologies to their research in a collaborative team environment with mentorship from leaders in the fields of engineering, medicine, and the behavioral and social sciences. The one-day institute provides participants with an overview of the central multidisciplinary aspects of mobile and wireless research. The training will follow a project from conception through analysis, led by a panel of experts. Participants will be involved in didactic sessions targeting major cross-cutting research issues and interdisciplinary team exercises developing a mHealth research project. Using mobile technologies to more rapidly and accurately assess and modify behavior, biological states, and contextual variables has great potential to transform health research. Recent advances in mobile technologies and the ubiquitous nature of these technologies in daily life (e.g., smart phones, sensors) have created opportunities for behavioral and social sciences research applications that were not previously possible (e.g., simultaneously assessing behavioral, physiological, and psychological states in the real world and in real-time). The use of mobile technology affords numerous methodological advantages over traditional methods, including reduced memory bias, the ability to capture time-intensive longitudinal data as well as date- and time-stamped data, and the potential for personalizing information in real-time. However, challenges in mHealth research exist. Importantly, much of the work being done in mHealth arises from single disciplines without integration of the behavioral, social sciences, and clinical research

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fields. Without integration, mobile technologies will not be maximally effective. The NIH mHealth Training Institute addresses these scientific silos by bring together scientists from diverse fields to enhance the quality of mHealth research.

12 p.m. – 6 p.m. **Seminar 2: NIH Grant-Writing Workshop**

Salon J

Full/associate/emeritus members: \$125; student/trainee/transitional members: \$75; non-members: \$175

Content area: Other

Instructional level: Beginner/intermediate

Lead presenter: Wendy Nilsen, PhD, National Institutes of Health, Bethesda, MD

Co-Presenters: Michael Stirrat, PhD, National Institutes of Health, Bethesda, MD; Audie A. Atienza, PhD, Science of Research and Technology Branch of the National Cancer Institute, Bethesda, MD; William Elwood, PhD, National Institutes of Health, Bethesda, MD; Stacey Fitzsimmons, PhD, National Institutes of Health Center for Scientific Review, Bethesda, MD; Karina W. Davidson, PhD, Columbia University, New York, NY; Francis J. Keefe, PhD, Duke University Medical Center, Durham, NC; and Donna Spruijt-Metz, MFA, PhD, Center for Economic and Social Research at the University of Southern California, Los Angeles, CA

This seminar will provide investigators who are new to the National Institutes of Health (NIH) grant application process with information and advice on writing a successful application for NIH funding. The format will include didactic presentations, question and answer sessions, a “mock” review, guidance on interpreting summary statements, and small group discussion. NIH scientists who oversee programs of research will describe current funding opportunities, grant mechanisms, policies, procedures, and steps in the grant submission process. An NIH review officer will discuss review procedures and considerations, and senior investigators will provide their perspectives on writing a successful application. Ample time will be provided for questions regarding programmatic, review, and grantsmanship aspects of the NIH funding process. In addition, experiential and small-group activities will deepen participants’ knowledge of the grant writing process and provide more tailored information and feedback. A “mock” review session will be conducted to demonstrate the roles and interactions among various participants in a study section, including the NIH review officer, review group chair, and assigned reviewers. Participants will also be asked to submit in advance a one- to two-page synopsis of the research aims, hypotheses, and methods for an application they are considering submitting, and/or specific questions they may have regarding the grant writing and review process. These will be discussed in small groups led by NIH staff and senior investigators, allowing participants to receive detailed feedback and advice to enhance the quality of their future grant submissions.

12 p.m. – 6 p.m. **Seminar 3: Behavioral Self-Management of Recurrent Headache: Implications for Clinical Practice**

Salon D

Full/associate/emeritus members: \$125; student/trainee/transitional members: \$75; non-members: \$175

Content area: Pain

Instructional level: Intermediate/advanced

Lead presenter: Donald B. Penzien, PhD, Wake Forest University School of Medicine, Winston-Salem, NC

Co-Presenters: Megan Bennett Irby, MS, Wake Forest University School of Medicine, Winston-Salem, NC; and Donald D. McGeary, PhD, ABPP, University of Texas Health Science Center at San Antonio, San Antonio, TX

The principles and techniques of biobehavioral headache management are well established and enjoy excellent empirical support. Yet, management of migraine and tension-type headache can prove challenging even for experienced clinicians. The many advances in head pain management include revision of headache diagnostic nosology, new approved pharmacologic and non-pharmacologic headache interventions, and revision of guidelines for behavioral headache research by the American Headache Society. These advances will help behavioral clinicians assist patients in understanding and managing refractory headache. This seminar is intermediate to advanced in scope, applied in focus, and designed to present clinical issues in biobehavioral headache management and foster discussion. Format is lecture/discussion with case-based learning and participant interaction. A slide-based

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overview of current issues in headache assessment and treatment grounded upon relevant empirical literature lays the foundation for case-based discussion of issues in treatment planning and clinical decision making. Case material will include a combination of illustrative cases prepared by seminar leaders and material provided by seminar participants. Topics addressed will include: headache pathogenesis, diagnosis, active collaboration with physicians, behavioral factors in headache, addressing co-morbid psychopathologies, risk factors for refractory headache, medication overuse, efficacy of drug and nondrug therapies, cost-effective behavioral strategies, headache management guidelines, and the new behavioral clinical trials guidelines for headache.

9 a.m. – 2:45 p.m. **Seminar 4: Advancing the State of the Science for Evaluating the Behavioral Health Effects of Laws**

Conference room 1-2

Full/associate/emeritus members: \$125; student/trainee/transitional members: \$75; non-members: \$175

Content area: Methods

Instructional level: Beginner/intermediate

Lead presenter: Scott Burris, JD, Temple Law School, Philadelphia, PA

Co-Presenters: Jennifer Ibrahim, PhD, MPH, MA, Temple University, Philadelphia, PA; and Sara J. Knight, PhD, Veterans Health Administration, San Francisco, CA

Legal intervention has been an important part of promoting healthier behavior since the 1960s. From smoking through obesity to health care delivery, law has been both deliberately and inadvertently a major behavioral driver. In some topical domains, public health law research exhibits a generally high level of methodological rigor and policy impact. Nonetheless, social and behavioral researchers face new challenges in methods and research topics. This panel aims to address both. Drawing upon a new methods textbook, *Public Health Law Research (PHLR): Theory and Methods*, Drs. Burris and Ibrahim highlight two key elements of effective public health law research methods: accurate measurement of law, and using theory and causal modeling to better conceptualize and design legal evaluation studies. The discussion will also explore how researchers and interventionists can use law to scale up behavioral medicine interventions that have been shown to work on the individual or small group level. This one-day seminar will include hands-on training in measuring law, using PHLR's LawAtlas software, and conceptualizing and modeling the behavioral impact of laws and the use of behavioral theory in policy development and legal evaluation. PHLR is a national program of the Robert Wood Johnson Foundation, dedicated to funding and otherwise facilitating scientific evaluation of the health effects of laws and legal practices.

9 a.m. – 11:45 a.m. **Seminar 6: Design and Analytic Approaches to Improving the Internal Validity of Non-Randomized Studies**

Salon M

Full/associate/emeritus members: \$100; student/trainee/transitional members: \$50; non-members: \$150

Content area: Methods

Instructional level: Beginner/intermediate

Lead presenter: Matthew L. Maciejewski, PhD, Durham VA Center for Innovation, Durham, NC

Non-randomized studies are essential in behavioral medicine for (1) developing an evidence base to inform randomized behavioral intervention studies and (2) evaluating the effectiveness of interventions when randomization is neither ethical nor feasible. To develop non-randomized studies as researchers, and fairly critique them as grant and manuscript reviewers, there is a need to understand the internal validity threats that are relevant in the absence of randomization and the strategies can be employed to reduce these threats. The purpose of this seminar is to provide an overview of study design, measurement strategies, and statistical methods to increase the rigor of non-randomized studies. The presenter will give an overview of strong quasi-experimental designs; alternative approaches to defining treatment and control cohorts; covariate adjustment; and measurement strategies to reduce confounding. Finally, faculty will provide an overview of statistical methods that can be used to reduce

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imbalance between groups in observed confounders (propensity score analysis) or unobserved confounders (instrumental variables analysis) and review the assumptions underlying these methods to enable appropriate application.

9 a.m. – 11:45 a.m. **Seminar 7: Retention Strategies for Randomized Trials: State of the Science, Innovation, and Implementation**

Salon D

Full/associate/emeritus members: \$100; student/trainee/transitional members: \$50; non-members: \$150

Content area: Methods

Instructional level: Intermediate

Lead presenter: Michaela Kiernan, PhD, Stanford Prevention Research Center, Stanford, CA

Co-Presenter: Susan D. Brown, PhD, Kaiser Permanente Northern California, Oakland, CA

Retention is fundamentally important for the successful execution of behavioral randomized trials both for internal and external validity. Yet, the empirical literature regarding retention strategies is sparse, leaving investigators to grapple with implementation without a strong evidence base. This interactive seminar will address this dilemma in three parts. In the first part, presenters will provide a concise review of (a) the primarily descriptive literature on retention strategies; (b) a recent meta-analysis comprised of the existing experimental studies testing extrinsic motivators such as financial incentives and study reminders; and (c) an emerging literature regarding the development of assessment tools to measure patient perceptions of the research process. In the second part, the presenters will describe and demonstrate an innovative approach to retention—conducting interactive group-based orientation sessions prior to trial enrollment. These sessions use motivational interviewing techniques to address ambivalence about making behavior changes and/or joining a trial. Informed by a community-based participatory research perspective in which participants are considered partners in research, these orientation sessions also include a mini-methods module designed to enhance participants’ understanding and value of the methodological rationale of retention independent of their own experience (i.e., that a “true picture” of trial outcomes is preferred even if the trial does not “work” or individual participants are not successful). Seminar presenters will conduct a mock orientation session to demonstrate the variety of techniques and group processes used. In the third part of the seminar, presenters will facilitate small- and large-group discussions in which attendees will identify two to three retention strategies potentially applicable to their own research, problem solve anticipated barriers, and leave prepared to implement these strategies in their own trials.

9 a.m. – 11:45 a.m. **Seminar 8: Bibliotherapy: Healing One Text at a Time**

Conference room 12

Full/associate/emeritus members: \$100; student/trainee/transitional members: \$50; non-members: \$150

Content area: Mental health

Instructional level: Intermediate/advanced

Lead presenter: Lisa A. Keenan, PhD, Erie County Medical Center, Buffalo, NY

Co-Presenter: Kenneth Sroka, PhD, County Medical Center, Buffalo, NY

Interest in bibliotherapy, or “the reading cure,” has spawned numerous reading clubs internationally using reading and art as part of the rehabilitation process for survivors of injury and illness. With the development of e-readers and other technology, texts and literature are more readily available to the community. It is well-documented in literature that mental, social, and cognitive deficits are often persistent areas of concern for survivors of brain injury (e.g., reduced empathy, poor perspective taking, impaired information processing) as well as those diagnosed with post-traumatic stress disorder. Also, chronic pain conditions restrict individuals’ interactions and activities, and reactionary mood disturbances often develop. Traditional programs attempt to target these deficits, but are limited and often structured in approach, reducing participant motivation. Collaboration with physical rehabilitation medicine and behavioral health services has shown to offer benefits to quality of life and symptom reduction. In July 2012, a pilot project was started at the Erie County Medical Center Corporation in Buffalo, NY, to study the effectiveness of reading clubs for continued recovery of acquired brain injury survivors and individuals with chronic

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pain and disability. The project has proven a cost-effective, sustainable treatment approach. This interdisciplinary seminar will include qualitative data delineating the impact of the pilot program. It will also provide detailed information on the development, mission statement, recruitment, reading selection, and documentation procedures for successful implementation of these collaborative programs in various settings. Open discussion will address other creative approaches to symptom management in chronic illness targeting dynamic, proactive program development for behavioral health in medical settings.

9 a.m. – 11:45 a.m. **Seminar 9: Issues in Design and Conduct of Randomized Behavioral Clinical Trials**

Conference room 8

Full/associate/emeritus members: \$100; student/trainee/transitional members: \$50; non-members: \$150

Content area: Methods

Instructional level: Intermediate/advanced

Lead presenter: Peter G. Kaufmann, PhD, National Heart, Lung, and Blood Institute, Bethesda, MD

Co-Presenters: Lynda H. Powell, PhD, Rush University Medical Center, Chicago, IL; and Kenneth E. Freedlund, PhD, Washington University School of Medicine in St. Louis, St. Louis, MO

This seminar will discuss several principal challenges in the design of clinical trials. Popular targets for multi-level interventions can include biological response, social connections, provider behavior, health care system factors, community resources, and/or the physical environment. This poses unique challenges for recruitment, randomization, unit of analysis, and treatment contamination. The results of behavioral intervention trials depend to a considerable extent on the nature of the selected comparators. A growing empirical literature on the effects of different control groups on behavioral trial outcomes will be discussed. Finally, many conditions and diseases can affect numerous behavioral and biological parameters. Selecting appropriate, informative outcomes from among many has important implications for the interpretation of the effectiveness of the delivered intervention.

3:15 p.m. – 6 p.m. **Seminar 10: How to Write a Successful NIH Career Development (K) and NRSA Fellowship (F) Award**

Conference room 8

Full/associate/emeritus members: \$100; student/trainee/transitional members: \$50; non-members: \$150

Content area: Other

Instructional level: Beginner/intermediate

Lead presenter: Mark H. Roltsch, PhD, St. Mary's University, San Antonio, TX

One of the greatest challenges in establishing an academic career is bridging the gap between the beginning stages of such a career as a doctoral student, postdoc, or fellow and the subsequent one as a scientist able to contribute to his/her scientific/clinical area. This gap has been well recognized by both the National Institutes of Health (NIH) and by national (and local) scientific organizations. Funding mechanisms and policies have been established to facilitate this transition. This seminar will help fellows and young investigators understand the different K and F award grant mechanisms and will propose strategies to optimize chances of funding in order to successfully complete the challenging transition to established investigator. Given the changing perspective in a time of tight federal budgets, it is imperative that each applicant submit an outstanding application. This seminar is very timely for both trainees interested in submitting an application and for potential mentors. Dr. Roltsch, a former National Heart, Lung, and Blood Institute program officer and scientific review officer, who has led and organized over 80 peer review study sections, created this seminar to share his insight of years of career development awards review experience and program management as well as his knowledge of the internal workings of NIH grants with young investigators in an effort to enhance attendees' knowledge of what is needed to write a successful career development grant and avoid some common pitfalls. Attendees should leave the seminar with a clear direction and timeline of what they need to accomplish to submit K or F award applications.

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3:15 p.m. – 6 p.m. **Seminar 11: Behavioral Sleep Medicine from Research to Practice**

Conference room 1-2

Full/associate/emeritus members: \$100; student/trainee/transitional members: \$50; non-members: \$150

Content area: Sleep

Instructional level: Beginner/intermediate

Lead presenter: Kelly Baron, PhD, MPH, Northwestern University Feinberg School of Medicine, Chicago, IL

Co-Presenters: Michelle Drerup, PsyD, CBSM, Cleveland Clinic, Cleveland, OH; and Daniel J. Taylor, PhD, CBSM, University of North Texas, Denton, TX

An estimated 70 million Americans suffer from sleep/wake disorders including insomnia, circadian rhythm disorders, and obstructive sleep apnea. Behavioral sleep medicine is a quickly growing field of behavioral medicine that focuses on understanding the psychological and behavioral aspects of normal and disordered sleep as well as behavioral interventions to improve sleep. In this seminar, experts in the field of behavioral sleep medicine will provide a basic overview of some important areas of behavioral sleep medicine. Presenters will focus on theory driven interventions and clinically relevant research. They will begin by providing an overview of sleep and circadian rhythm assessment. Next, they will present data and theories linking sleep with other key health behaviors, including diet and exercise. The second half of the seminar will focus on insomnia assessment and treatment. This section will demonstrate the epidemiologic links among insomnia, mental health, and physical health. It will also present research about the clinical management of insomnia using cognitive behavioral therapy for insomnia. Data will be presented relevant to a stepped care model in a large health care system. As a result of this seminar, participants will have an introduction to both the research and practice in the field of behavioral sleep medicine.

6 p.m. – 7 p.m. **Exhibit Hall Open**

Salon GHI

Admission by name badge

Stop by vendors' tables in the exhibit hall.

Not eligible for continuing education credit.

6 p.m. – 7 p.m. **Poster Session A**

Salon GHI

Admission by name badge

This poster session provides attendees with their first opportunity to view posters, meet exhibitors, and network with other attendees. Cash bar and complimentary hors d'oeuvres will be provided.

Not eligible for continuing education credit.

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Day at a Glance

Start	End	Title
7 a.m.	7 p.m.	Registration Open
7:30 a.m.	8:15 a.m.	Breakfast Roundtables
8:30 a.m.	9:45 a.m.	Symposia
10 a.m.	11 a.m.	Opening Keynote
11:15 a.m.	12:15 p.m.	Midday Meetings/Panel Discussions
11:30 a.m.	1:30 p.m.	Exhibit Hall Open
12:45 p.m.	1:30 p.m.	Master Lecture
12:45 p.m.	1:30 p.m.	Paper Sessions
1:45 p.m.	3 p.m.	Symposia
3:15 p.m.	4:45 p.m.	Paper Sessions
5 p.m.	6 p.m.	Presidential Keynote and Awards Ceremony
6 p.m.	7 p.m.	Poster Session B/ Exhibit Hall Open

7 a.m. – 7 p.m. **Registration Open**

7:30 a.m. – 8:15 a.m. **Breakfast Roundtable: Civic and Public Engagement Committee Presents: How to Use Social Media to Maximize Your Impact as a Behavioral Scientist**

Conference room 10
Admission by name badge

Moderator: Sherry L. Pagoto, PhD, University of Massachusetts Medical School, Worcester, MA

Co-Presenters: Kathleen Wolin, ScD, Coeus Health, Chicago, IL; and Gary G. Bennett, PhD, Duke University, Durham, NC

Social media provides behavioral medicine professionals an opportunity to engage and interact with a wide range of stakeholders, including high-priority targets like policymakers, the media, and consumers. Recent data also show that the degree of dissemination of scientific papers via social media outlets is predictive of impact factor. Behavioral scientists have been slow to develop a professional presence on social media and thus may be missing important opportunities to educate the public about the field and its impact, to disseminate their work, and to engage in professional networking with colleagues in related fields. Twitter, Facebook, LinkedIn, blogs, and other online social networking sites can be leveraged for both professional networking and increasing public awareness of work. Participants will learn how to establish and maintain an active social media presence, the benefits to oneself and the field, how to navigate ethical issues, and the dos and don'ts of participation. Students, especially, are highly encouraged to participate.

Not eligible for continuing education credit.

7:30 a.m. – 8:15 a.m. **Breakfast Roundtable: Diabetes SIG Presents: The Influence of Comorbidities on Function in Diabetes: Implications for Research Approaches**

Conference room 16
Admission by name badge

Moderator: Barbara A. Stetson, PhD, University of Louisville, Louisville, KY

Join members of the Diabetes SIG to discuss the influence of physical and psychosocial comorbidities on diabetes well-being and functional status. Attendees will discuss their experiences with comorbidities that frequently accompany diabetes as well as how this informs their approaches to diabetes care and research. Participants will consider interdisciplinary perspectives on the challenges and successes in addressing the complications of

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diabetes, and they will share their experiences, resources, and intervention approaches over breakfast. Dr. Phillip Brantley, associate executive director for scientific education at Pennington Biomedical Research Center, will join the discussion.

Not eligible for continuing education credit.

7:30 a.m. – 8:15 a.m. **Breakfast Roundtable: Ethnic Minority and Multicultural Health SIG Presents: Developing a Successful Research Career: The Importance of Mentoring**

Conference room 19

Admission by name badge

Moderator: Jamilia R. Sly, PhD, Icahn School of Medicine at Mount Sinai, New York, NY

Co-Presenters: Stacy N. Davis, PhD, MPH, Moffitt Cancer Center, Tampa, FL; and Sabrina Ford, PhD, Michigan State University, East Lansing, MI

Discussants: Usha Menon, PhD, RN, FAAN, The Ohio State University, Columbus, OH; Kimlin Tam Ashing, PhD, City of Hope, Duarte, CA; Shawna V. Hudson, PhD, Rutgers Robert Wood Johnson Medical School, Somerset, NJ; Cassandra Alcaraz, PhD, MPH, American Cancer Society, Atlanta, GA; Shobha Srinivasan, PhD, National Cancer Institute, Rockville, MD; Qian Lu, MD, PhD, University of Houston, Houston, TX; and Paul B. Jacobsen, PhD, Moffitt Cancer Center, Tampa, FL

Mentoring has long been recognized as a critical aspect of developing and nurturing successful academicians and scientists. In fact, mentees have reported experiencing greater productivity and career satisfaction because of positive mentoring relationships. The Ethnic Minority and Multicultural Health SIG roundtable will focus on strategies to develop and maximize mentoring relationships/collaborations for career development awards and research funding opportunities from various national research entities including the National Institutes of Health (NIH) and the American Cancer Society for those interested in ethnic minority and multicultural health research. The roundtable will focus on three distinct career levels that are especially relevant to mentoring: (a) predoctoral trainees, (b) postdoctoral trainees and (c) early-career/junior faculty. Participants will be grouped by career level so that discussion will correspond to their concerns. Based on feedback received at last year's meeting, the roundtable will cover several different topics in a round-robin style approach. Participants will have the opportunity to spend 20 minutes at each table to ask questions and interact with discussants. Discussants will be researchers with diverse training backgrounds, experiences, and unique perspectives, including NIH study section reviewers and past career development/diversity supplement award recipients. Specific topics at the roundtables will include: (1) local and distance mentoring; (2) preparing successful grant applications; and (3) successful strategies for landing your next position.

Not eligible for continuing education credit.

7:30 a.m. – 8:15 a.m. **Breakfast Roundtable: Evidence-Based Behavioral Medicine SIG Business Meeting**

Salon M

Admission by name badge

Moderators: Amy Janke, PhD, University of the Sciences, Philadelphia, PA; and Joanna Buscemi, PhD, University of Illinois at Chicago, Chicago, IL

Drs. Janke and Buscemi will review EBBM SIG business and present the Outstanding Trainee Award. Invited speaker Virginia Moyer, MD, MPH, former chair for the U.S. Preventive Services Task Force and current vice president for Maintenance of Certification and Quality at the American Board of Pediatrics, will present.

Not eligible for continuing education credit.

7:30 a.m. – 8:15 a.m. **Breakfast Roundtable: Health Decision Making SIG Business Meeting**

Conference room 7

Admission by name badge

Moderator: Erika A. Waters, PhD, MPH, Washington University School of Medicine, St. Louis, MO

Health Decision Making (HDM) SIG leaders will provide a preview of this year's sponsored events, discuss future goals, host the Annual HDM Awards Ceremony, and elect new leadership. A meet-and-greet will also take place.

Not eligible for continuing education credit.

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7:30 a.m. – 8:15 a.m. **Breakfast Roundtable: It's All about the Blast: Behavioral Medicine Consequences of Combat Blast Exposure**

Salon AB

Admission by name badge

Moderator: Alan Peterson, PhD, ABPP, University of Texas Health Science Center at San Antonio, San Antonio, TX
Blast explosions are the primary cause of morbidity and mortality in military personnel who have deployed to Iraq and Afghanistan. Blast explosions cause polytrauma with significant behavioral medicine consequences including burns, amputations, spinal cord injuries, chronic pain, insomnia, traumatic brain injury, and post-traumatic stress disorder (PTSD). This workshop will review causes and consequences of blast-related injuries with a specific emphasis on the use of prolonged exposure therapy for blast-related PTSD.

Not eligible for continuing education credit.

7:30 a.m. – 8:15 a.m. **Breakfast Roundtable: Mobile Sensor Data to Knowledge**

Conference room 12

Admission by name badge

Moderator: David E. Conroy, PhD, Northwestern University Feinberg School of Medicine, Chicago, IL

As a part of the National Institutes of Health Big Data to Knowledge initiative, the University of Memphis launched a Center of Excellence for Mobile Sensor Big Data to Knowledge (MD2K; NIH 1U54EB020404). MD2K is a collaboration among behavioral and computer scientists and physicians to develop the tools that will be deployed to assist in health care and behavior change among different patient populations. The team plans to focus on congestive heart failure and smoking cessation at this initial stage of the project. Efforts are underway to identify critical event (e.g., smoking) markers using continuous streams of physiological, behavioral, social, and environmental sensor data; and to develop software to process sensor signals for this purpose in real-time (i.e., data-to-information). This work will be followed by research aimed at identifying the temporal precursors of those events (e.g., smoking, symptoms of cardiac risk) and developing the algorithms, visualization tools, and software needed to predict behavior in real-time (i.e., information-to-knowledge). This transdisciplinary work will provide the technological and theoretical foundation for developing just-in-time adaptive interventions to improve health by preventing re-hospitalizations in patients with congestive heart failures and lapses in smoking cessation. Datasets, software, and training materials developed in this project will be archived at www.md2k.org and integrated with the open-source mHealth system. This breakfast roundtable will provide an opportunity for SBM members to meet with MD2K team members informally to learn about the activities and resources emerging (and planned) from this center that may be useful in their work.

Not eligible for continuing education credit.

7:30 a.m. – 8:15 a.m. **Breakfast Roundtable: Multiple Health Behavior Change and Student SIGs Present: Preparing an Academic CV: Identifying Gaps in Training, Research, and Service**

Conference room 13-14

Admission by name badge

Moderator: Lori A. J. Scott-Sheldon, PhD, The Miriam Hospital, Providence, RI

Co-Presenters: Lori A. J. Scott-Sheldon, PhD, The Miriam Hospital, Providence, RI; David B. Portnoy, PhD, MPH, U.S. Food and Drug Administration, Silver Spring, MD; and Marcella H. Boynton, PhD, University of North Carolina at Chapel Hill, Chapel Hill, NC

This panel discussion focuses on providing advice to students, postdocs, and early career investigators on how to prepare a professionally competitive curriculum vitae (CV). Panel speakers will offer practical tips and the “dos and don’ts” of how to put together a well-organized and compelling CV (e.g., how to appropriately structure a CV if you conduct research in multiple health areas, how to organize and label different types of scholarly products). Audience members are invited and encouraged to bring a copy of their CVs for feedback. The panel speakers will also discuss the key areas where young scholars frequently would benefit from additional development or experience (e.g., article reviewing, paper publication, professional organization involvement) and potential opportunities available for young scholars.

Not eligible for continuing education credit.

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7:30 a.m. – 8:15 a.m. **Breakfast Roundtable: Optimization of Behavioral Interventions SIG Organization Meeting**

Conference room 17

Admission by name badge

Moderator: Linda M. Collins, PhD, The Pennsylvania State University, State College, PA

If you are interested in new approaches that are emerging for optimization of behavioral interventions, you are invited to attend this organizational meeting for SBM's new Optimization of Behavioral Interventions (OBI) SIG. The OBI SIG will focus on all approaches to optimization of behavioral interventions, including but not limited to the multiphase optimization strategy; factorial and fractional factorial experiments; the sequential multiple-assignment randomized trial; and system identification procedures drawn from control engineering. For more information about the objectives of the OBI SIG, please go to <http://methodology.psu.edu/news/opt-inter-interest-group>.

Not eligible for continuing education credit.

7:30 a.m. – 8:15 a.m. **Breakfast Roundtable: Physical Activity SIG Business Meeting**

Salon KL

Admission by name badge

Moderator: David M. Williams, PhD, Brown University, Providence, RI

Co-Presenter: Beth A. Lewis, PhD, University of Minnesota, Minneapolis, MN

The Physical Activity SIG will conduct business including recognizing the outgoing SIG chair and giving out two awards: the Physical Activity SIG Student Research Award and the Local Innovator Award.

Not eligible for continuing education credit.

7:30 a.m. – 8:15 a.m. **Breakfast Roundtable: Presidential Roundtable: National Collaborative on Childhood Obesity Research: Accelerating Progress on Childhood Obesity through Research**

Conference room 8

Admission by name badge

Moderator: Todd Phillips, MA, National Collaborative on Childhood Obesity Research, Washington, DC

The National Collaborative on Childhood Obesity Research (NCCOR) brings together the four largest funders in childhood obesity research—the Centers for Disease Control and Prevention, the National Institutes of Health, the Robert Wood Johnson Foundation, and the United States Department of Agriculture—to accelerate progress to reduce childhood obesity through research. In this session, Mr. Phillips and other representatives from NCCOR will explain NCCOR's activities, its resources for researchers, and funding opportunities. NCCOR has created rapid response funding mechanisms specifically to address obesity prevention approaches and advances. This session will also include an engaging discussion on emerging areas of interest including the study of childhood obesity declines, healthy food incentives, and lessons learned from global efforts.

Not eligible for continuing education credit.

7:30 a.m. – 8:15 a.m. **Breakfast Roundtable: Spirituality and Health SIG Business Meeting**

Salon D

Admission by name badge

Moderator: John M. Salsman, PhD, Northwestern University Feinberg School of Medicine, Chicago, IL

Co-Presenter: Andrea D. Clements, PhD, East Tennessee State University, Johnson City, TN

During this breakfast roundtable, the Spirituality and Health SIG will hold its annual business meeting to review activities from the past year, highlight conference presentations of interest to the SIG, and establish goals for the next year. A strong emphasis will be placed on increasing collaborations within the SIG as well as identifying potential collaborations with other SIGs. Please come prepared to contribute your ideas and to engage with others.

Not eligible for continuing education credit.

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7:30 a.m. – 8:15 a.m. **Breakfast Roundtable: Strategic Visioning at the National Heart, Lung, and Blood Institute**

Salon C

Admission by name badge

Moderator: Susan Czajkowski, PhD, National Heart, Lung, and Blood Institute, Bethesda, MD

Co-Presenters: Catherine Stoney, PhD, and Peter G. Kaufmann, PhD, National Heart, Lung, and Blood Institute, Bethesda, MD

The National Heart, Lung, and Blood Institute (NHLBI) is conducting a strategic visioning process to identify compelling questions and critical challenges in heart, lung, blood, and sleep research over the next decade. Input from the scientific community is being sought and will be used to identify and refine future research needs and opportunities. In this session, program directors from NHLBI will provide details about NHLBI's strategic visioning process, lead a discussion about key behavioral topic areas, and gather input from the behavioral medicine community to help shape NHLBI's future behavioral research initiatives.

Not eligible for continuing education credit.

7:30 a.m. – 8:15 a.m. **Breakfast Roundtable: Student SIG Presents: Postdoc: To Do or Not to Do and How to Make the Most of It**

Salon J

Admission by name badge

Moderator: Mallory G. Cases, MPH, CPH, University of Alabama at Birmingham, Birmingham, AL

Co-Presenter: Danielle E. Schoffman, University of South Carolina, Columbia, SC

Hear a variety of panelists share experiences and advice on whether or not to do a postdoc and how to make the most of it. Student SIG awards will also be presented.

Not eligible for continuing education credit.

7:30 a.m. – 8:15 a.m. **Breakfast Roundtable: Technology SIG Presents: "Tech Madness" and Annual SIG Meeting**

Conference room 1-2

Admission by name badge

Moderator: Eric B. Hekler, PhD, Arizona State University, Phoenix, AZ

Co-Presenter: David K. Ahern, PhD, Brigham and Women's Hospital, Boston, MA

The purpose of this breakfast roundtable session is to first highlight the technology-related work Technology SIG members will be presenting at the Annual Meeting. Please come for the first half of Tech Madness to get a sneak preview of these great talks and presentations. During the second half, the focus will shift to discussion of the Technology SIG. All are welcome to participate in this to learn more about what the Technology SIG is doing. During this time, SIG leaders will briefly review successes from the previous year and establish priorities for the following year.

Not eligible for continuing education credit.

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7:30 a.m. – 8:15 a.m. **Breakfast Roundtable: Theories and Techniques of Behavior Change Interventions SIG Business Meeting**

Conference room 3-4

Admission by name badge

Moderator: Heather L. Gainforth, PhD, University College London, London, United Kingdom

Co-Presenters: Susan Michie, DPhil, CPsych, FBPS, University College London, London, United Kingdom; and Arlen C. Moller, PhD, Illinois Institute of Technology, Chicago, IL

The focus of the SIG is to exchange ideas and foster collaboration with the aims of (a) developing methods for specifying intervention content, (b) evaluating the theory base of interventions, and (c) linking behavior change techniques to theory. The first half of this meeting will report on the third year of the TTBCI SIG, discuss ideas for future activities, and plan for the coming year and for the longer-term. The second half of this meeting will consist of a fast-paced data blitz showcasing abstracts being presented at SBM that are relevant to the SIG's focus.

Not eligible for continuing education credit.

7:30 a.m. – 8:15 a.m. **Breakfast Roundtable: Violence and Trauma SIG Organization Meeting**

Conference room 11

Admission by name badge

Moderator: Emily F. Rothman, ScD, Boston University School of Public Health, Boston, MA

If you are interested in research and practice related to violence prevention and psychological trauma, you are warmly invited to attend this organizational meeting for SBM's new Violence and Trauma (VT) SIG. The meeting will include discussion of SIG aims, activities, chair rotations, procedures, and volunteer roles. When fully formed, the VT SIG will focus on advancing science related to behavioral interventions to prevent all forms of interpersonal aggression and post-traumatic stress symptoms that may result. The VT SIG will provide a forum for members to create collaborative partnerships to produce papers or research projects, co-create policy-related white papers, exchange information about developments in the field, provide peer mentorship, offer career development opportunities, and network. For more information about the objectives of the VT SIG, email Dr. Rothman at erothman@bu.edu.

Not eligible for continuing education credit.

8:30 a.m. – 9:45 a.m. **Featured Symposium 1: Use of Non-Cigarette Tobacco and Nicotine Containing Products in the U.S. Air Force**

Salon AB

Admission by name badge

Content area: Smoking/tobacco

Instructional level: Intermediate

Chair: Jon O. Ebbert, MD, Mayo Clinic, Rochester, MN

Moderator: Gerald W. Talcott, PhD, ABPP, University of Tennessee Health Science Center, Memphis, TN

Presenters: Daniel Cassidy and Michael Ann Glotfelter, PsyD, U.S. Air Force, Lackland AFB, TX; and Brittany Linde, PhD, The University of Tennessee Health Science Center, Memphis, TN

Discussant: Glen D. Morgan, PhD, Tobacco Control Research Branch of the Behavioral Research Program at the National Cancer Institute, Bethesda, MD

The U.S. military employs 1.4 million personnel who are at high risk for tobacco use. This featured symposium will present the current challenges in the U.S. Air Force relating to the use of (1) electronic cigarettes; (2) smokeless tobacco; and (3) hookah. Data from relevant research investigations will be presented and recommendations for tobacco control efforts will be discussed.

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8:30 a.m. – 9:45 a.m. **Symposium 1: Engineering Behavior: Engineering and Computer Science Work that Facilitate Better mHealth Research**

Salon KL

Admission by name badge

Content area: Other

Instructional level: Intermediate/advanced

Chair: Eric B. Hekler, PhD, Arizona State University, Phoenix, AZ

Presenters: Rich Fletcher, PhD, Massachusetts Institute of Technology, Cambridge, MA; Daniel E. Rivera, PhD, Arizona State University, Tempe, AZ; and Santosh Kumar, PhD, University of Memphis, Memphis, TN

Discussant: Wendy Nilsen, PhD, National Institutes of Health, Bethesda, MD

8:30 a.m. – 9:45 a.m. **Symposium 2: Emerging Adulthood in Adolescents and Young Adults with Diabetes: Opportunity for Behavioral Medicine**

Salon M

Admission by name badge

Content area: Diabetes

Instructional level: Beginner/intermediate

Chair: Karl E. Minges, MPH, Yale University, New Haven, CT

Presenters: Bret Boyer, PhD, Widener University, Chester, PA; Jessica T. Markowitz, PhD, Joslin Diabetes Center, Boston, MA; Elizabeth Pyatak, PhD, OTR/L, CDE, University of Southern California, Los Angeles, CA; and Vicki Helgeson, PhD, Carnegie Mellon University, Pittsburgh, PA

Discussant: Marilyn D. Ritholz, PhD, Joslin Diabetes Center, Boston, MA

8:30 a.m. – 9:45 a.m. **Symposium 3: International and Cultural Adaptation of Peer Support in Health Promotion**

Salon C

Admission by name badge

Content area: Other

Instructional level: Intermediate

Chair: Andrea Cherrington, MD, University of Alabama at Birmingham, Birmingham, AL

Presenters: Linda Baumann, PhD, University of Wisconsin-Madison, Madison, WI; and Maggy Coufal, MPH, MA, and Sarah Kowitt, MPH, University of North Carolina at Chapel Hill, Chapel Hill, NC

Discussant: Monika M. Safford, MD, University of Alabama at Birmingham, Birmingham, AL

8:30 a.m. – 9:45 a.m. **Symposium 4: Evidence-Based Strategies that Improve Recruitment, Adherence, and Retention of Randomized Trials**

Salon D

Admission by name badge

Content area: Methods

Instructional level: Intermediate

Chair: Michaela Kiernan, PhD, Stanford Prevention Research Center, Stanford, CA

Presenters: Michaela Kiernan, PhD, Stanford Prevention Research Center, Stanford, CA; Melissa M. Crane, MA, University of North Carolina at Chapel Hill, Chapel Hill, NC; Corrine I. Voils, PhD, Durham VA Medical Center, Durham, NC; and Tricia M. Leahey, PhD, University of Connecticut, Storrs, CT

Discussant: Bonnie Spring, PhD, ABPP, Northwestern University Feinberg School of Medicine, Chicago, IL

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8:30 a.m. – 9:45 a.m. ***Symposium 5: Advancements in Applying Ecological Momentary Assessment to Physical Activity and Diet Research***

Salon J

Admission by name badge

Content area: Physical activity

Instructional level: Intermediate

Chair: Diane Ehlers, MA, University of Illinois, Urbana, IL

Presenters: Diane Ehlers, MA, and Jason Fanning, MS, University of Illinois, Urbana, IL; and Genevieve F. Dunton, PhD, MPH, University of Southern California, Los Angeles, CA

Discussant: Susan M. Schembre, PhD, RD, The University of Texas MD Anderson Cancer Center, Houston, TX

8:30 a.m. – 9:45 a.m. ***Symposium 6: Using Technology to Address Challenges in Health Decision Making: Case Studies and Recommendations***

Conference room 3-4

Admission by name badge

Content area: Risk and decision making

Instructional level: Beginner/intermediate

Chair: Christine M. Rini, PhD, University of North Carolina at Chapel Hill, Chapel Hill, NC

Presenters: Bryan Gibson, PhD, University of Utah, Salt Lake City, UT; Megan Lewis, PhD, RTI International, Research Triangle Park, NC; and Jean Balgrosky, MPH, RHIA, MD Revolution Inc., San Diego, CA

Discussant: Bradford W. Hesse, PhD, National Cancer Institute, Rockville, MD

8:30 a.m. – 9:45 a.m. ***Symposium 7: Scientific and Professional Liaison Council and the American College of Sports Medicine Present: Exercise Promotion in Community Mental Health Settings: Translating Findings from Clinical Trials***

Conference room 1-2

Admission by name badge

Content area: Physical activity

Instructional level: Intermediate/advanced

Chair: David E. Goodrich, EdD, VA Ann Arbor Healthcare System, Ann Arbor, MI

Presenters: Gerald Jerome, PhD, Towson University, Towson, MD; Sarah I. Pratt, PhD, Dartmouth College, Hanover, NH; and Kristin L. Schneider, PhD, Rosalind Franklin University of Medicine & Science, North Chicago, IL

Discussant: Lynette Craft, PhD, American College of Sports Medicine, Indianapolis, IN

8:30 a.m. – 9:45 a.m. ***Symposium 8: Culturally Competent Interventions across the Cancer Continuum***

Conference room 13-14

Admission by name badge

Content area: Cancer

Instructional level: Beginner/intermediate

Chair: Qian Lu, MD, PhD, University of Houston, Houston, TX

Presenters: Qian Lu, MD, PhD, University of Houston, Houston, TX; Kristi D. Graves, PhD, Georgetown University, Washington, DC; Brian D. Gonzalez, PhD, Moffitt Cancer Center, Tampa, FL; and Linda Fleisher, PhD, MPH, Children's Hospital of Philadelphia, Philadelphia, PA

Discussant: Clement K. Gwede, PhD, MPH, RN, Moffitt Cancer Center, Tampa, FL

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8:30 a.m. – 9:45 a.m. ***Symposium 9: Transforming Primary Care through Bioinformatics and Behavioral Medicine***

Conference room 12
Admission by name badge

Content area: Other

Instructional level: Beginner/intermediate

Co-Chairs: Sherri Sheinfeld Gorin, PhD, Leidos Biomedical Research Inc., Frederick, MD; and Julie A. Wright, PhD, University of Massachusetts Boston, Boston, MA

Presenters: Kevin O. Hwang, MD, MPH, University of Texas Medical School at Houston, Houston, TX; Alexander H. Krist, MD, MPH, FAAFP, Virginia Commonwealth University, Richmond, VA; and Jing Wang, PhD, MPH, RN, University of Texas Health Science Center at Houston, Houston, TX

Discussant: David K. Ahern, PhD, Brigham and Women's Hospital, Boston, MA

8:30 a.m. – 9:45 a.m. ***Symposium 10: Advancing the National Prevention Strategy Starting with Acute Care and Acute Events***

Conference room 18
Admission by name badge

Content area: Other

Instructional level: Beginner/intermediate

Chair: Barbara Resnick, PhD, CRNP, University of Maryland, Baltimore, MD

Presenters: Barbara Resnick, PhD, CRNP, University of Maryland, Baltimore, MD; Marie Boltz, PhD, CRNP, Boston College, Chestnut Hill, MA; and Mary E. Cooley, PhD, APRN-BC, FAAN, Dana-Farber Cancer Institute, Boston, MA

Discussant: Laura L. Hayman, PhD, RN, FAAN, University of Massachusetts Boston, Boston, MA

8:30 a.m. – 9:45 a.m. ***Symposium 11: Developing Digitally-Mediated Interventions for Preventing/Treating Obesity in Pediatric Populations***

Conference room 8
Admission by name badge

Content area: Obesity

Instructional level: Intermediate

Co-Chairs: Bernard F. Fuemmeler, PhD, MPH, Duke University Medical Center, Durham, NC; and Ann M. Davis, PhD, MPH, ABPP, University of Kansas Medical Center, Kansas City, KS

Presenters: Bernard F. Fuemmeler, PhD, MPH, Duke University Medical Center, Durham, NC; Ann M. Davis, PhD, MPH, ABPP, University of Kansas Medical Center, Kansas City, KS; Christopher Cushing, PhD, University of Kansas, Lawrence, KS; and Jessica R. Wearing, University of Kansas School of Medicine, Kansas City, KS

Discussant: Donna Spruijt-Metz, MFA, PhD, University of Southern California, Los Angeles, CA

8:30 a.m. – 9:45 a.m. ***Symposium 12: The Group-Mediated Cognitive Behavioral Physical Activity Intervention: Past, Present, and Future***

Conference room 11
Admission by name badge

Content area: Physical activity

Instructional level: Intermediate/advanced

Chair: Brian Focht, PhD, The Ohio State University, Columbus, OH

Presenters: Brian Focht, PhD, The Ohio State University, Columbus, OH; Jack Rejeski, PhD, Wake Forest University, Winston-Salem, NC; and Lawrence Brawley, PhD, University of Saskatchewan, Saskatoon, Saskatchewan, Canada

Discussant: Lawrence Brawley, PhD, University of Saskatchewan, Saskatoon, Saskatchewan, Canada

THURSDAY, APRIL 23, 2015

10 a.m. – 11 a.m.

Opening Keynote: Advancing Health Equity: Changing the Narrative about What Creates Health

Salon EF

Admission by name badge

Content area: Other

Instructional level: Intermediate

Presenter: Edward P. Ehlinger, MD, MSPH, Minnesota Department of Health, St. Paul, MN

Moderator: C. Tracy Orleans, PhD, Robert Wood Johnson Foundation, Princeton, NJ

The dominant public narrative about health is that it's created by access to high-quality medical care and individuals making good choices about diet and exercise. The reality is that health is created by the socio-economic and environmental conditions in which people live. To improve the opportunities to be healthy, we need to change the narrative about what creates health. Dr. Ehlinger is commissioner of the Minnesota Department of Health and is president-elect for the Association of State and Territorial Health Officials.



11:15 am. – 12:15 p.m.

Midday Meeting: Cancer SIG Presents: Promoting Resiliency: Skills for Clinicians, Researchers, and Policymakers

Conference room 11

Admission by name badge

Moderator: Elyse R. Park, PhD, MPH, Massachusetts General Hospital, Boston, MA

The purpose of this meeting is to provide an overview of the Relaxation Response Resiliency Program's (3RP) theory and treatment. Resiliency is a multidimensional construct that provides a framework for understanding one's adjustment to stress as a dynamic process. The 3RP treatment is comprised of three core components: (1) RR elicitation; (2) stress awareness; and (3) adaptive strategies. Dr. Park will lead participants through experiential components of the 3RP. The goal of this 3RP session is for participants to learn how to identify and maximize their own adaptive responses to stress and apply these skills to their work and daily lives.

Not eligible for continuing education credit.

11:15 am. – 12:15 p.m.

Midday Meeting: Health Decision Making and Cancer SIGs Present: Obtaining PCORI and NCI Funding for Research on Health Decision Making and Behavior: How Does Patient Centeredness Relate to Success?

Conference room 10

Admission by name badge

Moderator: Ronald E. Myers, PhD, DSW, Thomas Jefferson University, Philadelphia, PA

Co-Presenters: Kristi D. Graves, PhD, Georgetown University, Washington, DC; Lori Frank, PhD, Patient-Centered Outcomes Research Institute, Washington, DC; and Sarah C. Kobrin, PhD, MPH, National Cancer Institute, Rockville, MD

The purpose of this meeting is to discuss and provide examples of patient-centered research that involves patient decision making and engagement of patients and stakeholders. The discussion will include representatives from the Patient-Centered Outcomes Research Institute (PCORI) and National Cancer Institute, and one or more PCORI-funded investigators. Presenters will highlight key elements to emphasize in research proposals as well as lessons learned regarding how to plan for and fully engage patients, clinicians, and other stakeholders in patient-centered research. There will be time for discussion and Q&A.

Not eligible for continuing education credit.

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11:15 am. – 12:15 p.m. **Midday Meeting: Integrated Primary Care SIG Business Meeting**

Conference room 16

Admission by name badge

Moderator: Mark Vogel, PhD, Genesys Regional Medical Center, Grand Blanc, MI

Co-Presenter: James E. Aikens, PhD, University of Michigan, Ann Arbor, MI

Please join in discussion of ways to become more actively involved in the Integrated Primary Care (IPC) SIG. The meeting will include (1) review/update of IPC research and training projects across the country; (2) review of collaborative efforts with other organizations; and (3) discussion of opportunities to network with potential collaborators.

Not eligible for continuing education credit.

11:15 am. – 12:15 p.m. **Midday Meeting: Obesity and Eating Disorders and Student SIGs Present: Meet and Greet for Student and Faculty Clinical Researchers in Obesity**

Conference room 19

Admission by name badge

Moderator: Stephanie L. Fitzpatrick, PhD, Rush University Medical Center, Chicago, IL

Co-Presenters: Amy A. Gorin, PhD, University of Connecticut, Storrs, CT; and Danielle E. Schoffman, University of South Carolina, Columbia, SC

The purpose of this midday meeting is to provide the opportunity for students interested in obesity clinical research to meet and mingle with mid-career and senior-level researchers in the obesity field. The first 30 minutes of the session will consist of a panel discussion and Q&A with senior researchers on their career paths in obesity clinical research. The remaining 20 minutes will allow students to mingle with senior researchers and explore mentoring opportunities.

Not eligible for continuing education credit.

11:15 am. – 12:15 p.m. **Midday Meeting: Physical Activity SIG Presents: Use and Misuse of Randomized Controlled Trials in Physical Activity Intervention Research**

Conference room 8

Admission by name badge

Moderator: Matthew P. Buman, PhD, Arizona State University, Phoenix, AZ

Co-Presenters: Abby C. King, PhD, Stanford University School of Medicine, Stanford, CA; Bess H. Marcus, PhD, University of California-San Diego, San Diego, CA; and Paul A. Estabrooks, PhD, Virginia Tech, Roanoke, VA

This panel will be an interactive discussion of the best practices for conducting randomized controlled trials (RCT) in physical activity intervention research. Panelists, who are experts in the design and conduct of large- and small-scale RCTs in physical activity promotion, will present scientific and practical considerations for RCT design. Specific topics to be discussed include when an RCT is and is not an appropriate study design, recruitment strategies, non-inferiority/equivalency trials, use and misuse of “run-in” periods, striking the appropriate balance of internal and external validity in RCT’s, and the use of feasibility trials and other formative approaches.

Not eligible for continuing education credit.

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11:15 am. – 12:15 p.m. **Midday Meeting: Scientific and Professional Liaison Council Presents: The International Society of Behavioral Medicine: How to Get Involved**

Salon AB

Admission by name badge

Moderator: Sherri Sheinfeld Gorin, PhD, Leidos Biomedical Research Inc., Frederick, MD

Co-Presenters: Adrienne Stauder, MD, PhD, Semmelweis University, Budapest, Hungary; and Joost Dekker, PhD, VU University Medical Center, Amsterdam, Netherlands

This interactive midday session will be led by Drs. Stauder and Dekker, the International Society of Behavioral Medicine's (ISBM) president and past-president, respectively. During the midday session, they will introduce you to ISBM, of which SBM is a founding society. ISBM seeks to promote effective international communication between both individuals and national groups to facilitate research, clinical, and training activities on a worldwide basis. ISBM publishes the *International Journal of Behavioral Medicine* and plans to hold its 2016 conference in Melbourne, Australia. This session will discuss the many opportunities for SBM members to become involved (or further involved) in ISBM.

Not eligible for continuing education credit.

11:15 am. – 12:15 p.m. **Midday Meeting: Student SIG Presents: Internship Meet and Greet**

Conference room 7

Admission by name badge

Moderator: Mallory G. Cases, MPH, CPH, University of Alabama at Birmingham, Birmingham, AL

Co-Presenter: Carly M. Goldstein, MA, Brown University, Providence, RI

The Student SIG invites you to an informal and interactive meet and greet with representatives and/or current interns from several psychology internship sites that provide specialized training in behavioral medicine. Come prepared to network, learn about site-specific training opportunities, and get your questions answered.

Not eligible for continuing education credit.

11:15 am. – 12:15 p.m. **Midday Meeting: Women's Health SIG Presents: Challenges and Opportunities for Recruitment of Women during the Reproductive Period: A Panel Discussion**

Conference room 15

Admission by name badge

Moderator: Jennifer L. Huberty, PhD, Arizona State University, Phoenix, AZ

Co-Presenters: Jenn A. Leiferman, PhD, University of Colorado Health Science Center, Denver, CO; and Danielle Symons Downs, PhD, The Pennsylvania State University, State College, PA

There are innate challenges with recruiting women during the reproductive years. This panel will be an interactive discussion of issues to consider in the recruitment of women ages 18-44 years. This will include the perinatal period and throughout the reproductive years. Panelists will present scientific and practical considerations for recruitment including common challenges, strategies to overcome these challenges, and opportunities to enhance recruitment efforts. Panelists will facilitate discussion with participants to share lessons learned and will offer suggestions for future direction in improving recruitment in this population in a number of settings (e.g., social media and health care community).

Not eligible for continuing education credit.

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11:15 a.m. – 12:15 p.m. **Panel Discussion 1: Assessing Cancer Preventive Behaviors among Parent-Adolescent Dyads: Opportunities and Challenges**

Salon KL

Admission by name badge

Content area: Cancer

Instructional level: Beginner/intermediate

Chair: Amy L. Yaroch, PhD, Gretchen Swanson Center for Nutrition, Omaha, NE

Panelists: Linda Nebeling, PhD, RD, FADA, and April Oh, PhD, MPH, National Cancer Institute, Rockville, MD; and Erin Hennessy, PhD, MPH, Leidos Biomedical Research Inc., Frederick, MD

11:15 a.m. – 12:15 p.m. **Panel Discussion 2: Translating Childhood Obesity Research to Guidelines, Policy, Programs, and Practice**

Salon M

Admission by name badge

Content area: Obesity

Instructional level: Intermediate/advanced

Chair: James Sallis, PhD, University of California-San Diego, San Diego, CA

Panelists: Amelie G. Ramirez, MPH, DrPH, University of Texas Health Science Center at San Antonio, San Antonio, TX; Eduardo Sanchez, MD, MPH, American Heart Association, Dallas, TX; and Vince Fonseca, MD, MPH, Intellica Corporation, San Antonio, TX

11:15 a.m. – 12:15 p.m. **Panel Discussion 3: Training Researchers in Behavioral Technology and Personal Health Informatics**

Salon C

Admission by name badge

Content area: Education, training, and/or career development

Instructional level: Beginner

Chair: Timothy W. Bickmore, PhD, Northeastern University, Boston, MA

Panelists: Matthew Goodwin, PhD, Holly B. Jimison, PhD, Misha Pavel, PhD, Shuo Zhou, MS, Zhe Zhang, MS, Oliver O. Wilder-Smith, and Miriam Zisook, Northeastern University, Boston, MA

11:15 a.m. – 12:15 p.m. **Panel Discussion 4: Graduate Student Research Panel Discussion**

Salon D

Admission by name badge

Content area: Education, training, and/or career development

Instructional level: Beginner/intermediate

Chair: Barbara A. Stetson, PhD, University of Louisville, Louisville, KY

Panelist: Georita Frierson, PhD, Howard University, Washington, DC

11:15 a.m. – 12:15 p.m. **Panel Discussion 5: Building and Managing a Clinical Research Team**

Salon J

Admission by name badge

Content area: Education, training, and/or career development

Instructional level: Intermediate

Chair: Meghan L. Butryn, PhD, Drexel University, Philadelphia, PA

Panelists: Evan Forman, PhD, Drexel University, Philadelphia, PA; Francis J. Keefe, PhD, Duke University Medical Center, Durham, NC; Edward McAuley, PhD, University of Illinois, Urbana, IL; Nancy E. Sherwood, PhD,

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HealthPartners Institute for Education and Research, Bloomington, MN; and Victor J. Stevens, PhD, Kaiser Permanente Center for Health Research, Portland, OR

11:15 a.m. – 12:15 p.m. **Panel Discussion 6: NIH Adherence Research Network Panel**

Conference room 3-4

Admission by name badge

Content area: Other

Instructional level: Beginner/intermediate

Chair: Wendy Nilsen, PhD, National Institutes of Health, Bethesda, MD

Panelists: Wendy Nilsen, PhD, and Michael Stirrat, PhD, National Institutes of Health, Bethesda, MD

11:15 a.m. – 12:15 p.m. **Panel Discussion 7: Adventures in Intersectionality Research: Issues of Theory, Measurement, and Application**

Conference room 1-2

Admission by name badge

Content area: Mental health

Instructional level: Beginner/intermediate

Chair: Valerie A. Earnshaw, PhD, Harvard Medical School, Boston, MA

Panelists: Carmen Logie, MSW, PhD, University of Toronto, Toronto, Ontario, Canada; Lisa Bowleg, PhD, The George Washington University, Washington, DC; and Laura M. Bogart, PhD, and Sannisha K. Dale, PhD, EdM, Harvard Medical School, Boston, MA

11:15 a.m. – 12:15 p.m. **Panel Discussion 8: Integration of Direct-To-Consumer Trackers into Physical Activity Interventions**

Conference room 13-14

Admission by name badge

Content area: Physical activity

Instructional level: Beginner/intermediate

Chair: Lisa A. Cadmus-Bertram, PhD, University of Wisconsin-Madison, Madison, WI

Panelists: Leanne Kaye, PhD, MPH, RD, University of North Carolina at Chapel Hill, Chapel Hill, NC; Aaron Coleman, Small Steps Labs, San Diego, CA; and Praduman Jain, MS, Vibrent Inc., Fairfax, VA

Not eligible for continuing education credit.

11:15 a.m. – 12:15 p.m. **Panel Discussion 9: Preterm Birth and Anxiety in Low- and High-Risk Women: Selecting Anxiety Measures and Interventions**

Conference room 12

Admission by name badge

Content area: Pregnancy

Instructional level: Intermediate/advanced

Chair: Regina P. Lederman, MEd, MA, PhD, FAAN, University of Texas Medical Branch, Galveston, TX

Panelists: Karen Weis, PhD, RNC, FAAN, U.S. Air Force, San Antonio, TX; and Roberts-Gray Cynthia, PhD, Third Coast Research & Development Inc., Galveston, TX

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11:15 a.m. – 12:15 p.m. **Panel Discussion 10: Teaching Information Technology-Based Behavioral Health: Interprofessional Collaborative Approach**

Conference room 17

Admission by name badge

Content area: Methods

Instructional level: Intermediate

Chair: Ken C. Hopper, MD, MBA, Texas Women's University, Arlington, TX

Panelist: Peggy Mancuso, PhD, RN, CNM, CNE, Texas Woman's University, Dallas, TX

11:15 a.m. – 12:15 p.m. **Panel Discussion 11: Organizing with Ontologies! A Panel Discussion on How Ontologies can Support Behavioral Science**

Conference room 18

Admission by name badge

Content area: Methods

Instructional level: Intermediate

Chair: Eric B. Hekler, PhD, Arizona State University, Phoenix, AZ

Panelists: Eric B. Hekler, PhD, Arizona State University, Phoenix, AZ; Richard P. Moser, PhD, National Cancer Institute, Bethesda, MD; Susan Michie, DPhil, CPsych, FBPS, University College London, London, United Kingdom; and William T. Riley, PhD, National Institutes of Health, Bethesda, MD

11:30 a.m. – 1:30 p.m. **Exhibit Hall Open**

Salon GHI

Admission by name badge

Stop by vendors' tables in the exhibit hall.

Not eligible for continuing education credit.

12:45 p.m. – 1:30 p.m. **Distinguished Scientist Master Lecture: The Evolving Clinician-Patient Partnership: Changing the Paradigm for Prevention and Optimal Health**

Salon AB

Admission by name badge

Content area: Methods

Instructional level: Advanced

Presenter: Judith K. Ockene, PhD, MEd, MA, University of Massachusetts Medical School, Worcester, MA

Moderator: Michael G. Goldstein, MD, Veterans Health Administration, Durham, NC

Health care is in a period of enormous change and uncertainty with increased demands placed on frontline clinicians. In response to these challenges, the clinician-patient partnership and the roles of both the patient and clinician are rapidly evolving. This is a time of expanding influence of behavioral medicine, increasing focus on the health care team and its extension into the community, and increasing emphasis on prevention and optimal health through the Affordable Care Act. Dr. Ockene will discuss the important steps that SBM and its members have taken and should continue to expand on to support the transformative changes in health care that affect the clinicians' and patients' roles. She will present an effective paradigm for promoting prevention and optimal health that bridges clinical and community settings.



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12:45 p.m. – 1:30 p.m. *Paper Session 1: Technology-Supported Physical Activity in Women*

Salon KL

Admission by name badge

Content area: Physical activity

Instructional level: Beginner/intermediate

Co-Chairs: Genevieve F. Dunton, PhD, MPH, University of Southern California, Los Angeles, CA; and Bonnie Spring, PhD, ABPP, Northwestern University Feinberg School of Medicine, Chicago, IL

12:45 p.m. – 1 p.m. **Temporal Relationships between Self-Worth and Physical Activity in Middle-Aged Women**
Diane Ehlers, MA, University of Illinois, Urbana, IL; Jennifer L. Huberty, PhD, Matthew P. Buman, PhD, Michael Todd, PhD, and Steven Hooker, PhD, Arizona State University, Phoenix, AZ; and Gert-Jan de Vreede, PhD, University of Nebraska at Omaha, Omaha, NE

1 p.m. – 1:15 p.m. **Using Social Networking and Technology to Address Physical Activity Barriers among Overweight Women**
Danielle Arigo, PhD, The University of Scranton, Scranton, PA; and Leah Schumacher, BS, Emilie Pinkasavage, Marie Colasanti, BS, Lindsay Martin, MA, Stephanie Kerrigan, BA, and Meghan L. Butryn, PhD, Drexel University, Philadelphia, PA

1:15 p.m. – 1:30 p.m. **Facebook and Text Messaging to Deliver a Physical Activity Intervention to African American Women**
Rodney P. Joseph, PhD, Colleen Keller, PhD, Marc A. Adams, PhD, and Barbara E. Ainsworth, PhD, Arizona State University, Phoenix, AZ

12:45 p.m. – 1:30 p.m. *Paper Session 2: Diet among Children and Young Adults*

Salon M

Admission by name badge

Content areas: Nutrition and obesity

Instructional level: Beginner/intermediate

Co-Chairs: Teresa M. Smith, PhD, MS, Gretchen Swanson Center for Nutrition, Omaha, NE; and Lisa M. Quintiliani, PhD, RD, Boston University, Boston, MA

12:45 p.m. – 1 p.m. **“Seriously?...You’re Eating a Salad?” Teasing among Young Adults as a New Challenge to Healthy Eating**
Gwen L. Alexander, MPH, PhD, and Andrew Taylor, MA, Henry Ford Health System, Detroit, MI; and Margaret Rukstalis, MD, Geisinger Health System, Danville, PA

1 p.m. – 1:15 p.m. **The Influence of Social and Emotional Regulation on Child Dietary Outcomes**
Anais Tapia, BS, and Enrique Ortega, PhD, MPH, California State University-Dominguez Hills, Carson, CA

1:15 p.m. – 1:30 p.m. **Salad Bar Location and Fruit and Vegetable Consumption in Middle Schools: A Plate Waste Study**
Marc A. Adams, PhD, Meg Bruening, PhD, MPH, RD, Punam Ohri-Vachaspati, PhD, RD, and Jane C. Hurley, MS, Arizona State University, Phoenix, AZ

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12:45 p.m. – 1:30 p.m. **Paper Session 3: HIV Prevention and Screening**

Salon C

Admission by name badge

Content area: HIV/AIDS

Instructional level: Intermediate

Chair: Laura L. Hayman, PhD, RN, FAAN, University of Massachusetts Boston, Boston, MA

12:45 p.m. – 1:07 p.m. **Challenges to Prevention of Mother to Child HIV Transmission in Pregnant Women in Rural South Africa**

Deborah Jones, PhD, MEd, and Ryan Cook, MSPH, University of Miami Miller School of Medicine, Miami, FL; Karl Peltzer, PhD, Shandir Ramlagan, and Gladys Matseke, MS, Human Sciences Research Council, Pretoria, South Africa; and Andrew Spence, MS, and Stephen Weiss, PhD, MPH, University of Miami Miller School of Medicine, Miami, FL

1:07 p.m. – 1:30 p.m. **Increasing Acceptability and Uptake of Medical Male Circumcision in Zambia: Final Results**

Stephen Weiss, PhD, MPH, and Deborah Jones, PhD, MEd, University of Miami Miller School of Medicine; Robert Zulu, MD, University of Zambia School of Medicine, Lusaka, Zambia; Colleen A. Redding, PhD, Cancer Prevention Research Center at the University of Rhode Island, Kingston, RI; Ndashi Chitalu, MD, University of Zambia School of Medicine, Lusaka, Zambia; and Ryan Cook, MSPH, University of Miami Miller School of Medicine, Miami, FL

12:45 p.m. – 1:30 p.m. **Paper Session 4: Reducing Risks and Improving Glycemic Control among Diabetics**

Salon D

Admission by name badge

Content area: Diabetes

Instructional level: Intermediate/advanced

Co-Chairs: Erin A. Olson, PhD, Harvard Medical School, Boston, MA; and Caroline R. Richardson, MD, VA Ann Arbor Healthcare System, Ann Arbor, MI

12:45 p.m. – 1 p.m. **Effect of Behavioral Interventions on Novel Cardiovascular Risk Factors in Diabetes**

Jennifer P. Friedberg, PhD, Maria Antonia Rodriguez, PhD, and Sangmin Jung, MEd, VA New York Harbor Healthcare System, New York, NY; Binhuan Wang, PhD, New York University School of Medicine, New York, NY; Rohima Begum, MPH, and Michael Gelinis, BA, VA New York Harbor Healthcare System, New York, NY; Rachel Steinberg, BA, University of California-Los Angeles; and Sundar Natarajan, MD, MSc, VA New York Harbor Healthcare System, New York, NY

1 p.m. – 1:15 p.m. **A Clinic-Integrated Behavioral Intervention Reduces Hypoglycemia in Youth with Type 1 Diabetes**

Benjamin Gee, BA, Health Behavior Branch at the National Institutes of Health, Bethesda, MD; Tonja R. Nansel, PhD, Eunice Kennedy Shriver National Institute of Child Health and Human Development, Bethesda, MD; and Aiyi Liu, PhD, National Institutes of Health, Rockville, MD

1:15 p.m. – 1:30 p.m. **Preventing Declines in Glycemic Control by Targeting Parental Monitoring in Type 1 Diabetes**

April Idalski Carcone, PhD, Deborah Ellis, PhD, Steve Ondersma, PhD, and Sylvie Naar-King, PhD, Wayne State University, Detroit, MI; and Kathleen Moltz, MD, Children's Hospital of Michigan, Detroit, MI

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12:45 p.m. – 1:30 p.m. *Paper Session 5: Pain and Medically Unexplained Symptoms in Military Veterans*

Salon J

Admission by name badge

Content areas: Mental health and pain

Instructional level: Beginner/intermediate

Co-Chairs: Lara K. Dhingra, PhD, MJHS Institute for Innovation in Palliative Care, New York, NY; and Emily Grieser, PhD, U.S. Air Force, San Antonio, TX

12:45 p.m. – 1 p.m. **Smoking Status and Pain Levels among OEF/OIF/OND Veterans**
Eric C. DeRycke, MPH, Veterans Affairs, Newington, CT; Julie Volkman, PhD, Bryant University, Smithfield, RI; Mary Driscoll, PhD, Veterans Affairs, West Haven, CT; William Becker, MD, Veterans Affairs, New Haven, CT; Cynthia Brandt, MD, MPH, Veterans Affairs, West Haven, CT; Kristin Mattocks, PhD, MPH, Veterans Affairs, Leeds, MA; Sally Haskell, MD, Harini Bathulapalli, MSc, and Joseph Goulet, PhD, Veterans Affairs, West Haven, CT; and Lori Bastian, MD, MPH, Veterans Affairs, Newington, CT

1 p.m. – 1:15 p.m. **The Prevalence of Chronic Pain in OEF/OIF/OND Veterans with Post-Traumatic Stress Disorder**
Sara N. Edmond, MA, Eu Gene Chin, MA, Lauren Baillie, PhD, Ameer B. Patel, PhD, MEd, and Jeanne M. Gabriele, PhD, G.V. (Sonny) Montgomery VA Medical Center, Jackson, MS

1:15 p.m. – 1:30 p.m. **The Challenge and Potential for Improving Medically Unexplained Symptoms via Provider Communication**
L. Alison Phillips, PhD, Iowa State University, Ames, IA

12:45 p.m. – 1:30 p.m. *Paper Session 6: Mental Health Issues among Sexual Minorities*

Conference room 3-4

Admission by name badge

Content areas: Mental health and sexual behaviors

Instructional level: All levels

Chair: Michelle Van Ryn, PhD, MPH, Mayo Clinic, Rochester, MD

12:45 p.m. – 1 p.m. **Anxiety and Depression in Sexual Minority Young Adults: Identifying Concealment as a Correlate of Increased Symptomatology**
Jeffrey Cohen, BFA, and Samantha Buchman, MA, EdM, PGSP-Stanford PsyD Consortium, Palo Alto, CA; Craig Barr Taylor, MD, Stanford University School of Medicine, Stanford, CA; Christine Blasey, PhD, PGSP-Stanford PsyD Consortium, Palo Alto, CA; and Michelle Newman, PhD, The Pennsylvania State University, State College, PA

1 p.m. – 1:15 p.m. **Sexual Orientation Disparities in Depressive Symptoms and Suicide Ideation across the Life Course**
Richard Branstrom, PhD, Karolinska Institutet, Stockholm, Sweden

1:15 p.m. – 1:30 p.m. **Self-Esteem and Self-Compassion in Gay and Bisexual Men: Indirect Effects through Depression in Condomless Anal Sex**
Brett M. Millar, BA, Center for HIV Educational Studies and Training at City University of New York, New York, NY; Tyrel J. Starks, PhD, Hunter College, New York, NY; Christian Grov, PhD, MPH, Center for HIV Educational Studies and Training at City University of New York, New York, NY; and Jeffrey T. Parsons, PhD, Hunter College, New York, NY

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12:45 p.m. – 1:30 p.m. **Paper Session 7: Spirituality and Health**

Conference room 1-2

Admission by name badge

Content areas: Cancer and spirituality

Instructional level: Beginner/intermediate

Chair: Crystal L. Park, PhD, University of Connecticut, Storrs, CT

12:45 p.m. – 1 p.m. **Religiousness, Stress, and Inflammation in a Low SES Sample: Evidence from Add Health**
Cara Blevins, BA, Sara J. Sagui, BA, and Elizabeth L. Addington, BA, University of North Carolina at Charlotte, Charlotte, NC; and Megan Franklin, BA, California State University-Los Angeles, Los Angeles, CA

1 p.m. – 1:15 p.m. **The Influence of Religion upon American Muslim Mammography Beliefs and Practices**
Aasim I. Padela, MD, MSc, FACEP, The University of Chicago, Chicago, IL; Farha Marfani, MSPH, Kensington, CA; Zahra Hosseinian, MA, Caitlin Ajax, BA, and Saleha Mallick, MS, The University of Chicago, Chicago, IL; Hadiyah Muhammad, MPH, Initiative on Islam and Medicine, Chicago, IL; and Michael Quinn, PhD, Ha Vu, MA, and Monica E. Peek, MD, MPH, The University of Chicago, Chicago, IL

1:15 p.m. – 1:30 p.m. **Religious Influences as a Predictor of Cancer-Related Health Behaviors among Orthodox Jewish Women**
Rifky Tkatch, PhD, Louis Penner, PhD, and Karoline Puder, MD, Wayne State University, Detroit, MI; Joel Erblich, PhD, Hunter College, New York, NY; and Rachel Stawis, Mark Manning, PhD, Lisa Berry-Bobovski, MA, Susan Eggly, PhD, and Terrance Albrecht, PhD, Wayne State University, Detroit, MI

1:45 p.m. – 3 p.m. **Featured Symposium 2: Veterans Health Administration System-Wide Approaches to Advancing the National Prevention Strategy**

Salon AB

Admission by name badge

Content area: Other

Instructional level: Beginner/intermediate

Chair: Michael G. Goldstein, MD, Veterans Health Administration, Durham, NC

Presenters: Sara J. Knight, PhD, Veterans Health Administration, San Francisco, CA; Linda S. Kinsinger, MD, MPH, Veterans Health Administration National Center for Health Promotion and Disease Prevention, Durham, NC; and Dana E. Christofferson, PhD, Veterans Affairs, Washington, DC

Discussant: Carolyn M. Clancy, MD, Department of Veterans Affairs, Washington, DC

This featured symposium will describe the Veterans Health Administration's (VHA) efforts to advance the National Prevention Strategy. It will feature a series of presentations by VHA leaders that will describe how the VHA, the United States' largest integrated health system, is addressing population health, delivering integrated prevention and health promotion services, empowering health by supporting self-care and self-management, and improving health care outcomes among veterans.

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1:45 p.m. – 3 p.m. ***Symposium 13: Improving Health Care through Advancing Health Assessments and Research Methodology***

Salon KL

Admission by name badge

Content area: Methods

Instructional level: Intermediate

Chair: Howard Leventhal, PhD, Rutgers University, New Brunswick, NJ

Presenters: Mindy L. McEntee, MS, University of New Mexico, Albuquerque, NM; L. Alison Phillips, PhD, Iowa State University, Ames, IA; and Laurie Steffen, MS, University of New Mexico Cancer Center, Albuquerque, NM

Discussant: Howard Leventhal, PhD, Rutgers University, New Brunswick, NJ

1:45 p.m. – 3 p.m. ***Symposium 14: Optimizing the Expressive Writing Intervention: Culture, Individual Differences, and Mixed Methods***

Salon M

Admission by name badge

Content area: Stress

Instructional level: Beginner/intermediate

Chair: Qian Lu, MD, PhD, University of Houston, Houston, TX

Presenters: Qian Lu, MD, PhD, and Lindsey Rodriguez, PhD, University of Houston, Houston, TX; Crystal L. Park, PhD, University of Connecticut, Storrs, CT; and Angie S. LeRoy, University of Houston, Houston, TX

Discussant: Stephen Lepore, PhD, Temple University, Philadelphia, PA

1:45 p.m. – 3 p.m. ***Symposium 15: Advances in Intersectionality: Methodological Approaches, Research Findings, and Intervention Strategies***

Salon C

Admission by name badge

Content area: Mental health

Instructional level: Beginner/intermediate

Chair: Valerie A. Earnshaw, PhD, Harvard Medical School, Boston, MA

Presenter: Valerie A. Earnshaw, PhD, Harvard Medical School, Boston, MA; Carmen Logie, MSW, PhD, University of Toronto, Toronto, Ontario, Canada; Lisa Bowleg, PhD, George Washington University, Washington, DC; and Laura M. Bogart, PhD, and Sannisha K. Dale, PhD, EdM, Harvard Medical School, Boston, MA

Discussant: Carmen Logie, MSW, PhD, University of Toronto, Toronto, Ontario, Canada

1:45 p.m. – 3 p.m. ***Symposium 16: Communicating Complex Cancer-Related Protocols Using Conversational Agents***

Salon D

Admission by name badge

Content area: Cancer

Instructional level: Beginner/intermediate

Chair: Timothy W. Bickmore, PhD, Northeastern University, Boston, MA

Presenters: Timothy W. Bickmore, PhD, Shuo Zhou, MS, and Zhe Zhang, MS, Northeastern University, Boston, MA

Discussant: David K. Ahern, PhD, Brigham and Women's Hospital, Boston, MA

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1:45 p.m. – 3 p.m. **Symposium 17: From Availability to Advertisement: Factors Promoting Frequent Indoor Tanning among Young Adults**

Salon J

Admission by name badge

Content area: Cancer

Instructional level: Intermediate

Chair: Dawn Holman, MPH, Centers for Disease Control and Prevention, Atlanta, GA

Presenters: Sherry L. Pagoto, PhD, University of Massachusetts Medical School, Worcester, MA; Nancy Asdigian, PhD, Colorado School of Public Health, Aurora, CO; Joel J. Hillhouse, PhD, East Tennessee State University, Johnson City, TN; and Lori A. Crane, PhD, MPH, Colorado School of Public Health, Aurora, CO

Discussant: Alan Geller, MPH, RN, Harvard School of Public Health, Boston, MA

1:45 p.m. – 3 p.m. **Symposium 18: Multiple Health Risk Behavioral Interventions: Simultaneous or Sequential and for which Behaviors**

Conference room 3-4

Admission by name badge

Content area: Risk and decision making

Instructional level: Beginner/intermediate

Chair: Bonnie Spring, PhD, ABPP, Northwestern University Feinberg School of Medicine, Chicago, IL

Presenters: Terry M. Bush, PhD, Alere Wellbeing, Seattle, WA; Mark D. Litt, PhD, University of Connecticut Health Center, Farmington, CT; and David Hyman, MD, MPH, Baylor College of Medicine, Houston, TX

1:45 p.m. – 3 p.m. **Symposium 19: Examining Problematic Substance Use in Chronic Pain: Smoking, Alcohol, and Prescribed Opioids**

Conference room 1-2

Admission by name badge

Content area: Pain

Instructional level: Intermediate

Chair: Kevin E. Vowles, PhD, University of New Mexico, Albuquerque, NM

Presenters: Kevin E. Vowles, PhD, University of New Mexico, Albuquerque, NM; Emily Law, PhD, University of Washington School of Medicine, Seattle, WA; and Katie Witkiewitz, PhD, University of New Mexico, Albuquerque, NM

1:45 p.m. – 3 p.m. **Symposium 20: Brain Structure and Function as Predictors of Physical Activity and Dietary Behaviors**

Conference room 13-14

Admission by name badge

Content area: Other

Instructional level: Intermediate

Chair: Erin A. Olson, PhD, Harvard Medical School, Boston, MA

Presenters: Erin A. Olson, PhD, Harvard Medical School, Boston, MA; John R. Best, PhD, University of British Columbia, Vancouver, British Columbia, Canada; Swathi Gujral, University of Pittsburgh, Pittsburgh, PA; Cassandra Lowe, MSc, University of Waterloo, Waterloo, Ontario, Canada; and Sean P. Mullen, PhD, University of Illinois, Urbana, IL

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1:45 p.m. – 3 p.m. ***Symposium 21: Giving Patients Incidental Information from Genomic Sequencing: Insights from the CSER Consortium***

Conference room 12

Admission by name badge

Content area: Risk and decision making

Instructional level: Beginner/intermediate

Chair: Christine M. Rini, PhD, University of North Carolina at Chapel Hill, Chapel Hill, NC

Presenters: Christine M. Rini, PhD, University of North Carolina at Chapel Hill, Chapel Hill, NC; Scott Roberts, PhD, University of Michigan, Ann Arbor, MI; and Ashley N. Tomlinson, LSW, University of Pennsylvania, Philadelphia, PA

Discussant: Laura Rodriguez, PhD, National Human Genome Research Institute, Bethesda, MD

1:45 p.m. – 3 p.m. ***Symposium 22: Advances in Dyadic Research: Exploring New Delivery Formats, Intervention Targets, and Health Behaviors***

Conference room 17

Admission by name badge

Content area: Cancer

Instructional level: Intermediate

Chair: Michael A. Diefenbach, PhD, Icahn School of Medicine at Mount Sinai, New York, NY

Presenters: Michael A. Diefenbach, PhD, and Hoda Badr, PhD, Icahn School of Medicine at Mount Sinai, New York, NY

Discussant: Tracey A. Revenson, PhD, Hunter College, New York, NY

1:45 p.m. – 3 p.m. ***Symposium 23: Getting the Point Across: Communicating about the Social Determinants of Health and Health Behavior***

Conference room 18

Admission by name badge

Content area: Other

Instructional level: Beginner/intermediate

Chair: Steven H. Woolf, MD, MPH, Virginia Commonwealth University, Richmond, VA

Presenters: Steven H. Woolf, MD, MPH, Virginia Commonwealth University, Richmond, VA; Jason Purnell, PhD, MPH, Washington University in St. Louis, St. Louis, MO; and Dana March, PhD, Columbia University, New York, NY

1:45 p.m. – 3 p.m. ***Symposium 24: Reducing Health Disparities Using mHealth Tools***

Conference room 8

Admission by name badge

Content area: Other

Instructional level: Beginner/intermediate

Chair: Gillian Barclay, PhD, Aetna Foundation, Hartford, CT

Presenters: Jimi Huh, PhD, University of Southern California, Los Angeles, CA; Wendy Nilsen, PhD, National Institutes of Health, Bethesda, MD; and Donna Spruijt-Metz, MFA, PhD, University of Southern California, Los Angeles, CA

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1:45 p.m. – 3 p.m. **Symposium 25: Challenges and Opportunities of Working with the Air Force**

Conference room 11

Admission by name badge

Content area: Other

Instructional level: Intermediate

Chair: Gerald W. Talcott, PhD, ABPP, University of Tennessee Health Science Center, Memphis, TN

Presenters: Melissa A. Little, PhD, MPH, Rebecca Krukowski, PhD, and Karen Derefinko, PhD, University of Tennessee Health Science Center, Memphis, TN

3:15 p.m. – 4:45 p.m. **Forum on Randomized Clinical Trials**

Conference room 8

Admission by name badge

Content area: Methods

Instructional level: Advanced

Chair: Peter G. Kaufmann, PhD, National Heart, Lung, and Blood Institute, Bethesda, MD

Presenter: Catherine M. Stoney, PhD, National Heart, Lung, and Blood Institute, Bethesda, MD

This interactive session will begin with two brief presentations describing the funding of large simple trials and developments in data sharing. The majority of time will be allocated to comments and discussion from the floor on all issues of interest to the conduct or design of clinical trials.

3:15 p.m. – 4:45 p.m. **Paper Session 8: Weight Maintenance and Weight Loss**

Salon AB

Admission by name badge

Content area: Obesity

Instructional level: All levels

Co-Chairs: Tricia M. Leahey, PhD, University of Connecticut, Storrs, CT; and Rebecca E. Lee, PhD, Arizona State University, Phoenix, AZ

3:15 p.m. – 3:33 p.m. **Who Gains Weight before Behavioral Weight Loss Treatment and does it Impact Treatment Success?**

Stephanie Kerrigan, BA, Colleen Kase, BA, Katherine Schaumberg, PhD, Evan Forman, PhD, Michael Lowe, PhD, and Meghan L. Butryn, PhD, Drexel University, Philadelphia, PA

3:33 p.m. – 3:51 p.m. **Randomized Trial of a Men-Only Weight-Loss Program: The Rethinking Eating and FITNESS Trial**

Melissa M. Crane, MA, and Dianne S. Ward, EdD, University of North Carolina at Chapel Hill, Chapel Hill, NC; Lesley D. Lutes, PhD, East Carolina University, Greenville, NC; and J. Michael Bowling, PhD, and Deborah F. Tate, PhD, University of North Carolina at Chapel Hill, Chapel Hill, NC

3:51 p.m. – 4:09 p.m. **Environmental Predictors of Weight Loss/Gain in a Longitudinal Study Using EMA**

Lora E. Burke, PhD, MPH, FAHA, FAAN, University of Pittsburgh, Pittsburgh, PA; Steve Rathbun, PhD, University of Georgia, Athens, GA; Asim Smailagic, PhD, and Dan Siewiorek, PhD, Carnegie Mellon University, Pittsburgh, PA; and Linda J. Ewing, PhD, RN, Dara Mendez, PhD, MPH, Yaguang Zheng, MSN, Juliet M. Mancino, MS, RDN, CDE, Lei Ye, BMed, and Saul Shiffman, PhD, University of Pittsburgh, Pittsburgh, PA

THURSDAY, APRIL 23, 2015

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- 4:09 p.m. – 4:27 p.m. **The SELF Trial: A Self-Efficacy Based Behavioral Intervention Trial for Weight Loss Maintenance**
 Lora E. Burke, PhD, MPH, FAHA, FAAN, Linda J. Ewing, PhD, RN, and Lei Ye, BMed, University of Pittsburgh, Pittsburgh, PA; Mindi Styn, PhD, Styn Scientific Editing and Consulting, Ellwood City, PA; and Yaguang Zheng, MSN, Edwin Music, MSIS, MBA, India Loar, MPH, Juliet M. Mancino, MS, RDN, CDE, Christopher C. Imes, PhD, RN, Lu Hu, MSN, Rachel Goode, MSW, Cynthia A. Danford, PhD, RN, and Susan M. Sereika, PhD, University of Pittsburgh, Pittsburgh, PA
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- 4:27 p.m. – 4:45 p.m. **Modeling Interactions between Brain Function, Behavior, and Weight Loss Success**
 Amanda N. Szabo-Reed, PhD, Hung-Wen Yeh, PhD, Laura Martin, PhD, Rebecca Lepping, PhD, Joshua N. Powell, AB, Joseph E. Donnelly, EdD, and Cary R. Savage, PhD, University of Kansas Medical Center, Kansas City, KS
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- 3:15 p.m. – 4:45 p.m. **Paper Session 9: Sun Safety**
- Salon KL*
 Admission by name badge
- Content area:** Cancer
Instructional level: Beginner/intermediate
Co-Chairs: Alan Geller, MPH, RN, Harvard School of Public Health, Boston, MA; and Elliot J. Coups, PhD, Rutgers Cancer Institute of New Jersey, New Brunswick, NJ
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- 3:15 p.m. – 3:33 p.m. **Using Crowdsourcing to Inform Public Health Policy Decisions: A Study of Indoor Tanning Warnings**
 Darren Mays, PhD, MPH, Andrea C. Johnson, MPH, and Sarah E. Murphy, BA, Georgetown Lombardi Comprehensive Cancer Center, Washington, DC; Jay M. Bernhardt, PhD, MPH, University of Texas at Austin, Austin, TX; and Kenneth P. Tercyak, PhD, Georgetown Lombardi Comprehensive Cancer Center, Washington, DC
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- 3:33 p.m. – 3:51 p.m. **Support for Indoor Tanning Policies among Young Women who Tan: A Mixed Methods Study**
 Darren Mays, PhD, MPH, Andrea C. Johnson, MPH, and Sarah E. Murphy, BA, Georgetown Lombardi Comprehensive Cancer Center, Washington, DC; Suraj S. Venna, MD, Medstar Washington Hospital Center, Washington, DC; and Michael B. Atkins, MD, and Kenneth P. Tercyak, PhD, Georgetown Lombardi Comprehensive Cancer Center, Washington, DC
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- 3:51 p.m. – 4:09 p.m. **Correlates of Sun Protection Behaviors among Latino Parents and Adolescents in the United States**
 Laura A. Dwyer, PhD, and April Oh, PhD, MPH, National Cancer Institute, Rockville, MD; Erin Hennessy, PhD, MPH, Leidos Biomedical Research Inc., Frederick, MD; Amy L. Yaroch, PhD, Gretchen Swanson Center for Nutrition, Omaha, NE; and Linda Nebeling, PhD, RD, FADA, National Cancer Institute, Rockville, MD
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- 4:09 p.m. – 4:27 p.m. **Identifying Latent Classes of Hispanic Children in a Skin Cancer Prevention Intervention**
 Kimberly Miller, MPH, Jimi Huh, PhD, Jennifer B. Unger, PhD, and Jean Richardson, DrPH, University of Southern California, Los Angeles, CA; David H. Peng, MD, MPH, Keck School of Medicine of the University of Southern California, Los Angeles, CA; and Myles Cockburn, PhD, University of Southern California, Los Angeles, CA
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- 4:27 p.m. – 4:45 p.m. **Assessing Real-Time Variation in Sun Protection Decisions among Melanoma First-Degree Relatives**
 Jennifer Hay, PhD, Elyse Shuk, MA, Rebecca R. Loeb, MS, Susan Holland, MA, MPS, Jack E. Burkhalter, PhD, and Yuelin Li, PhD, Memorial Sloan Kettering Cancer Center, New York, NY

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3:15 p.m. – 4:45 p.m. **Paper Session 10: Complementary, Integrative, and Alternative Medicine Interventions**

Salon M

Admission by name badge

Content areas: Cardiovascular, mental health, physical activity, and stress

Instructional level: All levels

Co-Chairs: Kevin S. Masters, PhD, University of Colorado Denver, Denver, CO; and Jennifer L. Huberty, PhD, Arizona State University, Phoenix, AZ

3:15 p.m. – 3:33 p.m. **Promoting and Restoring Emotional Well-Being: Effects of Clay Art Therapy for Depressed Patients**

Joshua K. M. Nan, ATR, RSW, and Rainbow T. H. Ho, PhD, BC-DMT, REAT, CGP, CMA, University of Hong Kong, Hong Kong, People's Republic of China

3:33 p.m. – 3:51 p.m. **Changes in Serum Biomarkers of Aging are Associated with Relaxation Practice during Stress Management**

Iris Emerman, Daniella Bianchi-Frias, PhD, Karly M. Murphy, MS, Pamela Yang, Jessica Armer, BS, and Bonnie A. McGregor, PhD, Fred Hutchinson Cancer Research Center, Seattle, WA

3:51 p.m. – 4:09 p.m. **Mental Imagery Improves Outcomes for those with Post-Traumatic Stress Disorder: A Systematic Review**

Peter Giacobbi Jr., MS, PhD, Anna-Marie Jaeschke, MS, Jonathan Stewart, MS, Meagan E. Stabler, Jean L. Siebert, MLS, MBA, and George A. Kelley, DA, West Virginia University, Morgantown, WV

4:09 p.m. – 4:27 p.m. **Effects of Tai-Chi on Functioning, Symptoms, and Movement Coordination on Patients with Schizophrenia**

Rainbow T. H. Ho, PhD, BC-DMT, REAT, CGP, CMA, Ted C.T. Fong, MPhil, and Adrian H.Y. Wan, University of Hong Kong, Hong Kong, People's Republic of China; Friendly S.W. Au Yeung, MSocSc, The Providence Garden for Rehab, Hong Kong, People's Republic of China; Pantha Joey C.Y. Siu, MSocSc, University of Hong Kong, Hong Kong, People's Republic of China; Cathy P.K. Wong, and Winnie Y. H. Ng, The Providence Garden for Rehab, Hong Kong, People's Republic of China; and Phyllis H.Y. Lo, MSW, MPhil, Irene K. M. Cheung, MSW, Cecilia L.W. Chan, PhD, Siu Man Ng, and Eric Chen, FRCPsych, FHKAM, University of Hong Kong, Hong Kong, People's Republic of China

4:27 p.m. – 4:45 p.m. **Enhancing Exercise-Based Cardiac Rehabilitation with Stress Management Training**

James Blumenthal, PhD, Andrew Sherwood, PhD, Patrick Smith, PhD, Lana Watkins, PhD, and Stephanie Mabe, MS, Duke University, Durham, NC; and Alan Hinderliter, MD, University of North Carolina School of Medicine, Chapel Hill, NC

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3:15 p.m. – 4:45 p.m. *Paper Session 11: Adolescent Sexual Behavior*

Salon C

Admission by name badge

Content areas: Risk and decision making, sexual behaviors, and other

Instructional level: Beginner/intermediate

Chair: Seth M. Noar, PhD, University of North Carolina at Chapel Hill, Chapel Hill, NC

3:15 p.m. – 3:33 p.m. **Gender Differences in Affective Response to BIS/BAS Sensitivity on Adolescent Health Risk Behaviors**

Karlene Cunningham, PhD, Lori A.J. Scott-Sheldon, PhD, and Kate B. Carey, PhD, Brown University, Providence, RI; Tanya Eckert, PhD, Aesoon Park, PhD, and Peter A. Vanable, PhD, Syracuse University, Syracuse, NY; and Michael P. Carey, PhD, Brown University, Providence, RI

3:33 p.m. – 3:51 p.m. **Alcohol Use and Sexual Risk Behaviors among Adolescents with Mental Illness: A Meta-Analysis**

Karlene Cunningham, PhD, and Lori A.J. Scott-Sheldon, PhD, Brown University, Providence, RI; David Martinez, PhD, University of San Francisco, San Francisco, CA; and Xinmiao Tan, ScM, Kate B. Carey, PhD, and Michael P. Carey, PhD, Brown University, Providence, RI

3:51 p.m. – 4:09 p.m. **The Influence of Parenting and Religiosity on Adolescent Sexual Risky Behaviors**

Katherine Rodriguez and Enrique Ortega, PhD, MPH, California State University-Dominguez Hills, Carson, CA

4:09 p.m. – 4:27 p.m. **Intervention to Develop Nurses as Sexual Health Behavior Change Agents: A Mixed-Methods Study**

Diane Santa Maria, DrPH, MSN, RN, APHN-BC, and Stacy Crandall, PhD, MSN, MPH, University of Texas School of Nursing, Houston, TX

4:27 p.m. – 4:45 p.m. **Childhood Language Abilities Predicting Adolescent Risk Behaviors**

Sabrina Ford, PhD, Michigan State University College of Human Medicine, East Lansing, MI; Laura Betancourt, PhD, Children's Hospital of Philadelphia, Philadelphia, PA; Nancy Brodsky, PhD, University of Pennsylvania, Philadelphia, PA; and Hallam Hurt, MD, Children's Hospital of Philadelphia, Philadelphia, PA

3:15 p.m. – 4:45 p.m. *Paper Session 12: Who Uses E-Cigarettes and What is their Perceived Risk?*

Salon D

Admission by name badge

Content area: Smoking/tobacco

Instructional level: Beginner/intermediate

Co-Chairs: Scott J. Leischow, PhD, Mayo Clinic, Scottsdale, AZ; and Alan L. Peterson, PhD, University of Texas Science Center at San Antonio, San Antonio, TX

3:15 p.m. – 3:37 p.m. **Comparing College Student and Non-College-Educated Young Adult E-Cigarette Users**

Marshall Cheney, PhD, Mary Gowin, MPH, and Taylor Wann, BS, University of Oklahoma, Norman, OK

3:37 p.m. – 4 p.m. **How Risky are E-Cigarettes? Smokers' Beliefs about the Health Risks of Multiple Tobacco Products**

Jessica K. Pepper, PhD, University of North Carolina Center for Regulatory Research on Tobacco Communication, Chapel Hill, NC; Sherry L. Emery, MBA, PhD, University of Illinois at Chicago, Chicago, IL; Kurt M. Ribisl, PhD, University of North Carolina Gillings School of Global Public Health, Chapel Hill, NC; Christine M. Rini, PhD, University of North Carolina at Chapel Hill, Chapel Hill, NC; and Noel T. Brewer, PhD, University of North Carolina Gillings School of Global Public Health, Chapel Hill, NC

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4 p.m. – 4:22 p.m. **How does Goal Orientation Impact E-Cigarette Use?**
 Jessica K. Pepper, PhD, University of North Carolina Center for Regulatory Research on Tobacco Communication, Chapel Hill, NC; Kurt M. Ribisl, PhD, University of North Carolina Gillings School of Global Public Health, Chapel Hill, NC; Sherry L. Emery, MBA, PhD, University of Illinois at Chicago, Chicago, IL; and Noel T. Brewer, PhD, University of North Carolina Gillings School of Global Public Health, Chapel Hill, NC

4:22 p.m. – 4:45 p.m. **Perceived Harm of Secondhand E-Cigarette Vapors and Policy Support to Restrict Public Vaping**
 Susan Mello, PhD, Northeastern University, Boston, MA; Andy SL. Tan, MPH, PhD, Dana-Farber Cancer Institute, Boston, MA; Ashley Sanders-Jackson, PhD, Stanford Prevention Research Center, Palo Alto, CA; and Cabral Bigman, PhD, University of Illinois, Urbana, IL

3:15 p.m. – 4:45 p.m. **Paper Session 13: Role of Providers in Behavior Change**

Salon J

Admission by name badge

Content areas: Obesity, physical activity, and substance abuse

Instructional level: All levels

Chair: Mary L. Greaney, PhD, University of Rhode Island, Kingston, RI

3:15 p.m. – 3:33 p.m. **Prospective Associations between Physician Advice and Substance Use in a Youth Cohort**
 Benjamin Gee, BA, Health Behavior Branch at the National Institutes of Health, Bethesda, MD; Kaigang Li, PhD, and Denise Haynie, PhD, MPH, National Institute of Child Health and Human Development, Bethesda, MD; Ronald J. Iannotti, PhD, University of Massachusetts Boston, Boston, MA; and Bruce Simons-Morton, PhD, National Institute of Child Health and Human Development, Bethesda, MD

3:33 p.m. – 3:51 p.m. **Do Hospital Providers Ask about Physical Activity? An Assessment of Three Academic Hospitals**
 Cody Goessl, MS, ATC, Virginia Tech, Blacksburg, VA; and Susan Meacham, PhD, RD, Via College of Osteopathic Medicine, Blacksburg, VA

3:51 p.m. – 4:09 p.m. **Identifying Factors to Target to Increase Initiation of Behavioral Weight Loss Treatment**
 Megan A. McVay, PhD, and William S. Yancy, MD, Durham VA Medical Center, Durham, NC; Christine N. Scott, MS, VA Loma Linda Healthcare System, Loma Linda, CA; and Sandra Allen, RD, W. Clint McSherry, PhD, and Corrine I. Voils, PhD, Durham VA Medical Center, Durham, NC

4:09 p.m. – 4:27 p.m. **Design and Implementation of a Statewide Primary Care Program for Intensive Weight Management**
 Melissa N. Harris, MPA, Pennington Biomedical Research Center, Baton Rouge, LA; Valerie H. Myers, PhD, Klein Buendel Inc., Golden, CO; and Ricky D. Brock, RD, Patricia S. Boyd, BA, Donna H. Ryan, MD, Timothy Church, MPH, MS, PhD, MD, and Phillip J. Brantley, PhD, Pennington Biomedical Research Center, Baton Rouge, LA

4:27 p.m. – 4:45 p.m. **The Teen CHAT Trial: Teaching PCPs MI to Improve Weight Discussions with Overweight Adolescents**
 Kathryn I. Pollak, PhD, Cynthia J. Coffman, PhD, and James A. Tulsy, MD, Duke University, Durham, NC; Stewart C. Alexander, PhD, Purdue University, West Lafayette, IN; Truls Ostbye, MD, PhD, Duke University, Durham, NC; David Farrell, MPH, People Designs, Durham, NC; Pauline Lyna, MPH, Rowena J. Dolor, MD, MPH, and Alicia K. Bilheimer, MPH, Duke University, Durham, NC; Michael E. Bodner, PhD, Trinity Western University, Langley, British Columbia, Canada; and Terrill Bravender, MD, MPH, University of Michigan, Ann Arbor, MI

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3:15 p.m. – 4:45 p.m. **Paper Session 14: Interventions to Improve Patient-Centered and Health Outcomes in Diabetes**

Conference room 3-4

Admission by name badge

Content areas: Diabetes and physical activity

Instructional level: All levels

Chair: Jeffrey S. Gonzalez, PhD, Albert Einstein College of Medicine, Bronx, NY

3:15 p.m. – 3:33 p.m. **Effects of Volunteer Peer Support in Diabetes with Depressive Symptoms**
Yulia Khodneva, MD, PhD, Monika M. Safford, MD, Joshua S. Richman, MD, PhD, Christopher Gamboa, MPH, and Andrea Cherrington, MD, University of Alabama at Birmingham, Birmingham, AL

3:33 p.m. – 3:51 p.m. **Assessing the Impact of Peer Support on Patient-Centered Outcomes among Latinos with Diabetes**
Andrea Cherrington, MD, University of Alabama at Birmingham, Birmingham, AL; Guadalupe X. Ayala, PhD, MPH, San Diego State University, San Diego, CA; and Ming Ji, PhD, University of South Florida, Tampa, FL

3:51 p.m. – 4:09 p.m. **Intervention Effects on Regulation, Efficacy, and Physical Activity in Diabetic Older Adults**
Erin A. Olson, PhD, Harvard Medical School, Boston, MA; and Edward McAuley, PhD, University of Illinois, Urbana, IL

4:09 p.m. – 4:27 p.m. **Can we Talk? Discussing and Addressing Barriers to Diabetes Management during a Busy Medical Visit**
John Billimek, PhD, Dara H. Sorkin, PhD, Quyen Ngo-Metzger, MD, MPH, Sheldon Greenfield, MD, and Sherrie H. Kaplan, PhD, MPH, University of California-Irvine, Irvine, CA

4:27 p.m. – 4:45 p.m. **The Effect of a Community-Based Diabetes Prevention Program on Self-Efficacy**
Jeffrey A. Katula, PhD, MA, Heidi Dotson, MS, Mara Z. Vitolins, DrPH, MPH, RD, Caroline Blackwell, BS, Scott Isom, MS, and Doug Case, PhD, Wake Forest University, Winston-Salem, NC; and David Goff Jr., MD, PhD, University of Colorado Denver, Denver, CO

3:15 p.m. – 4:45 p.m. **Paper Session 15: Adherence to Self-Monitoring**

Conference room 1-2

Admission by name badge

Content areas: Diabetes, nutrition, obesity, and physical activity

Instructional level: Intermediate/advanced

Co-Chairs: Matthew P. Buman, PhD, Arizona State University, Phoenix, AZ; and Deborah F. Tate, PhD, University of North Carolina at Chapel Hill, Chapel Hill, NC

3:15 p.m. – 3:33 p.m. **Adherence to Multiple-Behavior Self-Monitoring in Diabetes with Phone and Paper Diaries: A Pilot Study**
Jing Wang, PhD, MPH, RN, and Nikhil S. Padhye, PhD, University of Texas Health Science Center at Houston, Houston, TX

3:33 p.m. – 3:51 p.m. **Patterns of Self-Weighing Behavior and Weight Changes in a Weight Loss Trial**
Yaguang Zheng, MSN, Cynthia A. Danford, PhD, RN, Susan M. Sereika, PhD, Linda J. Ewing, PhD, RN, Juliet M. Mancino, MS, RDN, CDE, Christopher C. Imes, PhD, RN, and Lora E. Burke, PhD, MPH, FAHA, FAAN, University of Pittsburgh, Pittsburgh, PA

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3:51 p.m. – 4:09 p.m. **The Tracking Study: Post-Intervention Weight Change by Weighing Frequency Condition**
Jennifer A. Linde, PhD, Carly R. Pacanowski, PhD, RD, and Kara L. Gavin, MPH, University of Minnesota, Minneapolis, MN

4:09 p.m. – 4:27 p.m. **Use of the Fitbit to Measure Adherence to a Physical Activity Intervention in Postmenopausal Women**
Lisa A. Cadmus-Bertram, PhD, University of Wisconsin-Madison, Madison, WI; and Bess H. Marcus, PhD, Ruth Patterson, PhD, Brittany Morey, MPH, and Barbara L. Parker, MD, University of California-San Diego, San Diego, CA

4:27 p.m. – 4:45 p.m. **Modeling Daily Dietary Self-Monitoring Using Intensive Longitudinal Data**
Christine Pellegrini, PhD, David E. Conroy, PhD, Angela Pfammatter, PhD, Siobhan M. Phillips, PhD, MPH, H. Gene McFadden, BA, and Bonnie Spring, PhD, ABPP, Northwestern University Feinberg School of Medicine, Chicago, IL

3:15 p.m. – 4:45 p.m. **Paper Session 16: Cancer Screening**

Conference room 13-14

Admission by name badge

Content areas: Cancer and other

Instructional level: All levels

Co-Chairs: Sally W. Vernon, MA, PhD, University of Texas Health Science Center at Houston, Houston, TX; and Jamie L. Studts, PhD, University of Kentucky, Lexington, KY

3:15 p.m. – 3:33 p.m. **Lung Cancer Screening: What do High-Risk Smokers Know and Believe?**
Lisa Carter-Harris, PhD, APRN, NP-C, DuyKhanh P. Ceppa, MD, and Nasser H. Hanna, MD, Indiana University, Indianapolis, IN; and Susan M. Rawl, PhD, RN, FAAN, Indiana University-Purdue University Indianapolis, Indianapolis, IN

3:33 p.m. – 3:51 p.m. **Unmet Basic Needs and Behavioral Interventions in Vulnerable Populations: A Comparison of Strategies**
Matthew Kreuter, PhD, Amy McQueen, PhD, and Sonia Boyum, MA, Washington University in St. Louis, St. Louis, MO; and John Fu, MD, PhD, St. Louis University, St. Louis, MO

3:51 p.m. – 4:09 p.m. **Examining Predictors of Colorectal Cancer Screening: A Classification Tree Analysis**
Gregory M. Dominick, PhD, and Mia A. Papas, PhD, University of Delaware, Newark, DE; and Michelle L. Rogers, PhD, and William Rakowski, PhD, Brown University, Providence, RI

4:09 p.m. – 4:27 p.m. **TeleCARE Promotes Colonoscopy when Cost is a Barrier in Families at Increased Risk**
Anita Kinney, PhD, Laurie E. Steffen, MS, and Barbara Damron, PhD, RN, FAAN, University of New Mexico, Albuquerque, NM; Lisa Pappas, MStat, University of Utah, Salt Lake City, UT; Watcharaporn Boonyasiriwat, PhD, Chulalongkorn University, Bangkok, Thailand; Scott Walters, PhD, University of North Texas Health Science Center, Fort Worth, TX; Kenneth Boucher, PhD, University of Utah, Salt Lake City, UT; Marc Schwartz, PhD, Georgetown University, Washington, DC; Sandra Edwards, MA, University of Utah, Salt Lake City, UT; Wendy Kohlmann, MS, CGC, Huntsman Cancer Institute, Salt Lake City, UT; and Kristina Flores, PhD, University of New Mexico, Albuquerque, NM

4:27 p.m. – 4:45 p.m. **Colorectal Cancer Screening Options: Are People Having the Conversations They Want to Make the Decisions that are Right for Them?**
Resa M. Jones, MPH, PhD, Virginia Commonwealth University, Richmond, VA; Pamela J. Mink, PhD, Allina Health, Minneapolis, MN; and Qin Shen, MS, Kara P. Wiseman, MPH, and Diane L. Bishop, MPH, Virginia Commonwealth University, Richmond, VA

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3:15 p.m. – 4:45 p.m. *Paper Session 17: HPV Vaccination*

Conference room 12

Admission by name badge

Content areas: Cancer; education, training, and/or career development; and risk and decision making

Instructional level: Beginner/intermediate

Co-Chairs: Robert M. Jacobson, MD, Mayo Clinic, Rochester, MN; and Noel T. Brewer, PhD, University of North Carolina Gillings School of Global Public Health, Chapel Hill, NC

3:15 p.m. – 3:33 p.m. **“Protect Their Future” Video Intervention Improves Parental Intentions to Vaccinate Adolescents**

Elisia Cohen, PhD, University of Kentucky, Lexington, KY; Katharine J. Head, PhD, Indiana University-Purdue University Indianapolis, Indianapolis, IN; and Richard Crosby, PhD, Adam J. Parrish, MA, Donald W. Helme, PhD, Jenna E. Reno, MA, Kevin Wombacher, MA, and Audrey Bachman, BA, University of Kentucky, Lexington, KY

3:33 p.m. – 3:51 p.m. **For Whom are Physicians Recommending the HPV Vaccine?**

Mary A. Gerend, PhD, Northwestern University Feinberg School of Medicine, Chicago, IL; and Melissa A. Shepherd, MA, Mia Liza A. Lustria, PhD, and Janet E. Shepherd, MD, Florida State University, Tallahassee, FL

3:51 p.m. – 4:09 p.m. **Examining Correlates of HPV Vaccine Intention in Hispanic Mothers with Daughters Aged 11-17**

Daisy Y. Morales-Campos, PhD, Deborah Parra-Medina, PhD, and Cynthia M. Mojica, PhD, University of Texas Health Science Center at San Antonio, San Antonio, TX

4:09 p.m. – 4:27 p.m. **Dyadic Health Benefits that Influence Parents’ and Sons’ Willingness to Receive HPV Vaccine**

Jennifer L. Moss, MSPH, University of North Carolina at Durham, Durham, NC; Paul Reiter, PhD, The Ohio State University, Columbus, OH; and Noel T. Brewer, PhD, University of North Carolina Gillings School of Global Public Health, Chapel Hill, NC

4:27 p.m. – 4:45 p.m. **Assessing the Quality of Physician Communication about HPV Vaccine: Findings from a National Survey**

Melissa Gilkey, PhD, Harvard Medical School, Boston, MA; and Parth Shah, PharmD, Megan Hall, MPH, and Noel T. Brewer, PhD, University of North Carolina Gillings School of Global Public Health, Chapel Hill, NC

3:15 p.m. – 4:45 p.m. *Paper Session 18: Cancer Survivorship and Survivor Care*

Conference room 17

Admission by name badge

Content area: Cancer

Instructional level: All levels

Chair: Catherine M. Alfano, PhD, American Cancer Society, Washington, DC

3:15 p.m. – 3:33 p.m. **The Development and Preliminary Evaluation of a SMS System to Facilitate Coping with Chemotherapy**

Kuang-Yi Wen, PhD, Suzanne M. Miller, PhD, Allura LeBlanc, Mary Daily, Jennifer Shih, Lori Goldstein, Stephanie Raivitch, and Minsun Lee, PhD, Fox Chase Cancer Center, Philadelphia, PA

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- 3:33 p.m. – 3:51 p.m. **Benefits of Cognitive Behavioral Therapy for Insomnia on Depression in Cancer Survivors**
Anita R. Peoples, PhD, Joseph A. Roscoe, PhD, Charles E. Heckler, PhD, MS, Charles Kamen, PhD, MPH, Luke Peppone, PhD, MPH, Michelle Janelins, PhD, MPH, Marie Flannery, PhD, RN, AOCN, Karen Mustian, PhD, MPH, and Gary Morrow, PhD, MS, University of Rochester, Rochester, NY
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- 3:51 p.m. – 4:09 p.m. **Caregiver- versus Patient-Reported Outcomes in Predicting Survival in the Context of Advanced Cancer**
Jennifer L. Steel, PhD, David A. Geller, MD, and Mary Amanda Dew, PhD, University of Pittsburgh, Pittsburgh, PA; Michael H. Antoni, PhD, University of Miami, Miami, FL; and Lisa Butterfield, PhD, Wallis Marsh, MD, Karlie Kirk, Allan Tsung, MD, and Kevin H. Kim, PhD, University of Pittsburgh, Pittsburgh, PA
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- 4:09 p.m. – 4:27 p.m. **A Prospective Biopsychosocial Investigation into Caregiving for Head and Neck Cancer Patients**
Chandlyen Nightingale, PhD, MPH, Wake Forest School of Medicine, Winston-Salem, NC; Barbara Curbow, PhD, University of Maryland, College Park, MD; and Deidre Pereira, PhD, John Wingard, MD, and Giselle Carnaby, PhD, MPH, University of Florida, Gainesville, FL
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- 4:27 p.m. – 4:45 p.m. **Development of an eHealth System to Capture and Analyze Patient Sensor and Self-Report Data to Improve Cancer Survivorship Care**
Lynne Wagner, PhD, and Michael Bass, MS, Northwestern University Feinberg School of Medicine, Chicago, IL; Jason Nawyn, SM, AB, Massachusetts Institute of Technology Media Lab, Cambridge, MA; and Stanis Billy, BSc, and Fahd Albinali, PhD, EveryFit Inc., Boston, MA
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- 3:15 p.m. – 4:45 p.m. **Paper Session 19: Physical Activity Interventions in Adults**
Conference room 18
Admission by name badge
Content area: Physical activity
Instructional level: Intermediate
Chair: Abby C. King, PhD, Stanford University School of Medicine, Stanford, CA
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- 3:15 p.m. – 3:33 p.m. **The Effect of an Affect-Based Exercise Intervention on Implicit Attitudes toward Exercise**
Austin S. Baldwin, PhD, and Julie L. Kangas, MA, Southern Methodist University, Dallas, TX; Jasper A.J. Smits, PhD, University of Texas at Austin, Austin, TX; and Michael W. Otto, PhD, Boston University, Boston, MA
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- 3:33 p.m. – 3:51 p.m. **Designing for Adherence: The Case of a Social, Pedometer-Powered Walking Intervention**
Josee Poirier, PhD, and Nathan K. Cobb, MD, MeYou Health LLC, Boston, MA
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- 3:51 p.m. – 4:09 p.m. **Increasing Physical Activity in New Mothers via Customizable Online Exercise Videos: MomZing Results**
Cheryl L. Albright, PhD, MPH, University of Hawaii at Manoa, Honolulu, HI; Lynne R. Wilkens, DrPH, University of Hawaii Cancer Center, Honolulu, HI; Kara Saiki, MPH, University of Hawaii School of Nursing, Honolulu, HI; Anne Tome, MS, University of Hawaii Cancer Center, Honolulu, HI; and Rob Martin, BS, and Andrea Dunn, PhD, Klein Buendel Inc., Golden, CO
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- 4:09 p.m. – 4:27 p.m. **Effects of a DVD-Delivered Exercise Intervention on Maintenance of Physical Activity in Older Adults**
Jason Fanning, MS, and Elizabeth A. Awick, MS, University of Illinois, Urbana, IL; Thomas R. Wojcicki, PhD, Bellarmine University, Louisville, KY; and Sarah A. Roberts, BS, Robert Motl, PhD, and Edward McAuley, PhD, University of Illinois, Urbana, IL

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4:27 p.m. – 4:45 p.m. **Maintenance of Self-Esteem Following a DVD-Delivered Physical Activity Program for Older Adults**
Elizabeth A. Awick, MS, and Jason Fanning, MS, University of Illinois, Urbana, IL; Thomas R. Wojcicki, PhD, Bellarmine University, Louisville, KY; and Sarah A. Roberts, BS, Robert Motl, PhD, and Edward McAuley, PhD, University of Illinois, Urbana, IL

3:15 p.m. – 4:45 p.m. **Paper Session 20: Health Behavior Methods and Measures**

Conference room 11

Admission by name badge

Content areas: Cancer, methods, obesity, and substance abuse

Instructional level: All levels

Chair: Amy L. Yaroch, PhD, Gretchen Swanson Center for Nutrition, Omaha, NE

3:15 p.m. – 3:33 p.m. **The Systems Thinking Scale for Adolescent Behavior Change: Development and Psychometric Evaluation**
Shirley Moore, RN, PhD, Vilailert Komton, MSN, CNS, RN, and Clara Adegbite-Adeniyi, BA, Case Western Reserve University, Cleveland, OH

3:33 p.m. – 3:51 p.m. **Using a Smartphone Application to Capture Sedentary Behavior and Multitasking among Adolescents**
Yue Liao, MPH, Eldin Dzubur, MS, and Genevieve F. Dunton, PhD, MPH, University of Southern California, Los Angeles, CA

3:51 p.m. – 4:09 p.m. **Objectively Measured Activity Patterns in Breast Cancer Survivors Compared to Controls**
Siobhan M. Phillips, PhD, MPH, Northwestern University Feinberg School of Medicine, Chicago, IL; Kevin W. Dodd, PhD, National Cancer Institute, Rockville, MD; Jeremy Steeves, PhD, MPH, University of Wisconsin-Milwaukee, Milwaukee, WI; James McClain, PhD, MPH, National Cancer Institute, Rockville, MD; Catherine M. Alfano, PhD, American Cancer Society, Washington, DC; and Edward McAuley, PhD, University of Illinois, Urbana, IL

4:09 p.m. – 4:27 p.m. **Using Visualization-Aided Trajectory Pattern Validation in Longitudinal Dietary Data**
Hua Fang, PhD, and Zhaoyang Zhang, MS, University of Massachusetts Medical School, Worcester, MA; Honggang Wang, PhD, University of Massachusetts Dartmouth, Dartmouth, MA; and Yunsheng Ma, MD, PhD, University of Massachusetts Medical School, Worcester, MA

4:27 p.m. – 4:45 p.m. **Describing Real-Time Substance-Use Detection from Big Biosensor Data: A Case Study of Cocaine Users**
Hua Fang, PhD, Kelley Wittbold, MD, Shicheng Weng, MS, Stephanie Carreiro, MD, Jianying Zhang, MPH, MSc, MD, Rachel Mullins, and Edward Boyer, PhD, MD, University of Massachusetts Medical School, Worcester, MA

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5 p.m. – 6 p.m.

Presidential Keynote and Awards Ceremony: Behavioral Medicine: It's About Time

Salon EF

Admission by name badge

Content area: Other

Instructional level: Intermediate

Presenter: Lisa M. Klesges, PhD, University of Memphis, Memphis, TN

Moderator: Karen M. Emmons, PhD, Kaiser Foundation Research Institute, Oakland, CA



An opportune time exists to advance the field of behavioral medicine and place our science among rapidly occurring changes in multiple systems of health care, education, business, and technology that influence the nation's health. Anticipating future trends and considering current opportunities will help direct our education and training programs, research endeavors, and advocacy. Recent initiatives within SBM position us to fulfill our mission and expand our national leadership agenda. Dr. Klesges is president of SBM.

6 p.m. – 7 p.m.

Exhibit Hall Open

Salon GHI

Admission by name badge

Stop by vendors' tables in the exhibit hall.

Not eligible for continuing education credit.

6 p.m. – 7 p.m.

Membership and SIG Councils Present: New Member Meet and Greet

Salon J

Admission by name badge

Moderator: Monica L. Baskin, PhD, University of Alabama at Birmingham, Birmingham, AL

Presenters: Michael A. Diefenbach, PhD, Icahn School of Medicine at Mount Sinai, New York, NY; Lorna M. Haughton McNeill, MPH, PhD, The University of Texas MD Anderson Cancer Center, Houston, TX; and Barbara Resnick, PhD, CRNP, University of Maryland, Baltimore, MD

If you're a new SBM member, be sure to stop by this informal meet and greet before checking out the evening poster session. Attendees will hear a few SBM members briefly share how the society has helped their careers and leadership skills. Special interest group (SIG) representatives will be on hand to chat and answer questions. The SIGs will also have posters on display, to explain their goals and activities. The meet and greet will be a great place to find a buddy for walking the poster hall, plus it's the only place where new members can redeem the free drink tickets they found in their meeting registration packets!

Not eligible for continuing education credit.

6 p.m. – 7 p.m.

Poster Session B

Salon GHI

Admission by name badge

Join SBM for a delightful evening of networking in a cutting-edge poster session. Cash bar and complimentary hors d'oeuvres will be provided.

Not eligible for continuing education credit.

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Day at a Glance

Start	End	Title
7 a.m.	7 p.m.	Registration Open
7:30 a.m.	8:15 a.m.	Breakfast Roundtables
8:30 a.m.	9:45 a.m.	Symposia
10 a.m.	11 a.m.	Keynote
11:15 a.m.	12:15 p.m.	Midday Meetings/Panel Discussions
11:30 a.m.	1:30 p.m.	Exhibit Hall Open
12:45 p.m.	1:30 p.m.	Master Lectures
12:45 p.m.	1:30 p.m.	Paper Sessions
1:45 p.m.	3 p.m.	Symposia
3:15 p.m.	4:45 p.m.	Paper Sessions
5 p.m.	6 p.m.	Keynote
6 p.m.	7 p.m.	Poster Session C/ Exhibit Hall Open

7 a.m. – 7 p.m. **Registration Open**

7:30 a.m. – 8:15 a.m. **Breakfast Roundtable: Aging SIG Business Meeting**

Conference room 18

Admission by name badge

Moderator: Sara C. Folta, PhD, Tufts University Friedman School of Nutrition Science and Policy, Boston, MA

Co-Presenters: Neha Gothe, MA, MS, PhD, Wayne State University, Detroit, MI; and Thelma J. Mielenz, PhD, Columbia University, New York, NY

At this session, SIG leaders will discuss the activities of the Aging SIG in the past year and will plan for the upcoming year. They will present the Aging SIG's Local Innovator Award and Outstanding Graduate Student Research Poster Award. Attendees should be members of the Aging SIG.

Not eligible for continuing education credit.

7:30 a.m. – 8:15 a.m. **Breakfast Roundtable: Building Coalitions: Lessons from the National Peer Support Collaborative Learning Network with the National Council of La Raza and Peers for Progress**

Salon M

Admission by name badge

Moderator: Edwin B. Fisher, PhD, University of North Carolina at Chapel Hill, Chapel Hill, NC

Co-Presenters: Manuela McDonough, MPH, CPH, National Council of La Raza, Washington, DC; and Diana M. Urlaub, MPH, University of North Carolina at Chapel Hill, Chapel Hill, NC

National Council of La Raza and Peers for Progress have collaborated in developing a National Peer Support Collaborative Learning Network. This began with workgroups addressing specific topics (e.g., peer support and behavioral health). Its role has evolved to be a loose coalition of health organizations, including SBM, and organizations representing or interested in community health workers. It has come to emphasize resources to support expansion and dissemination of peer support/community health worker/promotora de salud programs under the Affordable Care Act (ACA) and other initiatives. This has included collaboration with SBM and the Center for Health Law and Policy Innovation at the Harvard Law School to develop a call to action regarding

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implementation of ACA provisions to support community health worker interventions. The roundtable will review these developments as well as lessons that may be helpful to others interested in coalition building around advocacy for behavioral medicine and improved health and health care.

Not eligible for continuing education credit.

7:30 a.m. – 8:15 a.m. **Breakfast Roundtable: Cancer SIG Business Meeting**

Salon KL

Admission by name badge

Moderator: Kristi D. Graves, PhD, Georgetown University, Washington, DC

At this session, SIG leaders will discuss the collaborative, mentoring, and scientific activities of the Cancer SIG in the past year including 2015 SIG-related Annual Meeting sessions. Leaders will also discuss Cancer SIG leadership and elicit ideas for the upcoming year. The Cancer SIG will present two SIGGIE awards to student and senior cancer prevention and control researchers. Join in to share ideas about future activities and about how the SIG can continue efforts within and outside of the Annual Meeting and in collaboration with other SIGS and cancer-related organizations.

Not eligible for continuing education credit.

7:30 a.m. – 8:15 a.m. **Breakfast Roundtable: Civic and Public Engagement Committee Presents: How to Effectively Communicate with our Legislators (And Why We Should)**

Conference room 10

Admission by name badge

Moderator: Sherry L. Pagoto, PhD, University of Massachusetts Medical School, Worcester, MA

Co-Presenters: Brent Van Dorsten, PhD, Colorado Center for Behavioral Medicine, Denver, CO; and Joanna Buscemi, PhD, University of Illinois at Chicago, Chicago, IL

A growing disconnect exists between the evidence base and health policies. Many evidence-based practices are not reimbursable services (e.g., behavioral counseling for weight loss, telemedicine) and many health policies are not evidence based. Behavioral medicine and public health scientists can play an important role in making legislators aware of the evidence supporting health policy initiatives, but have little experience interfacing with legislators. In this breakfast roundtable, participants will learn how to develop relationships with local and state legislators, have effective conversations, and influence health policy.

Not eligible for continuing education credit.

7:30 a.m. – 8:15 a.m. **Breakfast Roundtable: Diabetes SIG Business Meeting**

Conference room 16

Admission by name badge

Moderator: Caroline R. Richardson, MD, VA Ann Arbor Healthcare System, Ann Arbor, MI

SIG leaders will review the state of the SIG, introduce the newly elected leadership team, celebrate the winners of two Junior Faculty Travel Awards, and brainstorm to start the planning process for the 2016 Annual Meeting.

Not eligible for continuing education credit.

7:30 a.m. – 8:15 a.m. **Breakfast Roundtable: Ethnic Minority and Multicultural Health SIG Business Meeting**

Conference room 7

Admission by name badge

Moderator: Jamilia R. Sly, PhD, Icahn School of Medicine at Mount Sinai, New York, NY

Co-Presenter: Clement K. Gwede, PhD, MPH, RN, Moffitt Cancer Center, Tampa, FL

The Ethnic Minority and Multicultural Health (EMMH) SIG business meeting will convene members to discuss several SIG business matters including mentoring, student and early career awards, SIG leadership, 2015 SIG sessions, and future SIG activities and conference planning. Annual student and early-career research abstract awards will be presented. The award winners will each give a 5-minute overview of their studies. In addition, the first EMMH

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mentoring award will be presented to an SBM member who has demonstrated outstanding mentoring qualities, particularly for ethnic minorities. The remainder of the meeting will be dedicated to reviewing EMMH SIG business. This will include a review of SIG activities in the past year; the current EMMH SIG pre-conference day, mentoring sessions, and symposia; financial reports from the last year; co-chair election results; and transition to a new co-chair. The EMMH SIG will have a brief discussion of potential topics the SIG should focus on in 2015-16 and next steps for the 2015-16 year.

Not eligible for continuing education credit.

7:30 a.m. – 8:15 a.m. **Breakfast Roundtable: Membership Council Business Meeting**

Conference room 3-4

Admission by name badge

Moderator: Monica L. Baskin, PhD, University of Alabama at Birmingham, Birmingham, AL

The Membership Council will hold its regular business meeting, focused on projects that promote member benefits, retain current members, and recruit new members. Those interested in joining the council are welcome to attend.

Not eligible for continuing education credit.

7:30 a.m. – 8:15 a.m. **Breakfast Roundtable: Military and Veterans' Health SIG Business Meeting**

Salon C

Admission by name badge

Moderator: Michael Ann Glotfelter, PsyD, U.S. Air Force, Lackland AFB, TX

Co-Presenter: David E. Goodrich, EdD, VA Ann Arbor Healthcare System, Ann Arbor, MI

This meeting of the Military and Veterans' Health SIG will include nominating leadership, and discussing future goals of the SIG and other SIG-related issues. Come ready to discuss ideas and how you would like the SIG to move forward.

Not eligible for continuing education credit.

7:30 a.m. – 8:15 a.m. **Breakfast Roundtable: Multiple Health Behavior Change and Student SIGs Present: Student and Postdoc Mentored Breakfast**

Conference room 15

Admission by name badge

Moderator: Marcella H. Boynton, PhD, University of North Carolina at Chapel Hill, Chapel Hill, NC

Small groups of students and postdocs will each be paired with a senior-level investigator who will offer practical advice on how to be a successful behavioral medicine researcher. To participate, students and postdocs must have submitted their submission information and mentor request to the Student SIG prior to the meeting and have been notified of their acceptance.

Not eligible for continuing education credit.

7:30 a.m. – 8:15 a.m. **Breakfast Roundtable: Nurses Section Advancing the National Prevention Strategy: Optimizing the Potential of Nursing Contributions**

Salon J

Admission by name badge

Moderator: Laura L. Hayman, PhD, RN, FAAN, University of Massachusetts Boston, Boston, MA

Co-Presenter: Barbara Resnick, PhD, CRNP, University of Maryland, Baltimore, MD

This session is designed to bring together the nurses within SBM. It is intended to stimulate and renew enthusiasm and commitment to SBM among all levels of nurses (i.e., predocs and postdocs, early career and senior investigators, clinicians).

Not eligible for continuing education credit.

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7:30 a.m. - 8:15 a.m. **Breakfast Roundtable: The Nuts and Bolts of Behavioral Treatment Development**

Salon D

Admission by name badge

Moderators: Lynda H. Powell, PhD, Rush University Medical Center, Chicago, IL; and Susan M. Czajkowski, PhD, National Heart, Lung, and Blood Institute, Bethesda, MD

In this session, investigators interested in developing behavioral treatments for chronic diseases will discuss their ideas and receive feedback from the roundtable leaders, who have recently published the Obesity-Related Behavioral Intervention Trials (ORBIT) model for informing behavioral treatment development (Health Psych., in press). The roundtable leaders will briefly describe the ORBIT model and provide guidance to individual audience members on strategies for developing and testing new approaches to improving behavioral risk factors for chronic diseases.

Not eligible for continuing education credit.

7:30 a.m. - 8:15 a.m. **Breakfast Roundtable: Population Health Sciences SIG Presents: The Role of Behavioral Medicine in Improving Population Health**

Conference room 18

Admission by name badge

Moderators: Lila J. Finney Rutten, PhD, MPH, and Jennifer L. St. Sauver, PhD, MPH, Mayo Clinic, Rochester, MN

Co-Presenter: C. Tracy Orleans, PhD, Robert Wood Johnson Foundation, Princeton, NJ

This session will briefly review Population Health Sciences SIG business and offer a forum for broad discussion of the role of behavioral medicine in population health improvement. The emerging priorities at the Robert Wood Johnson Foundation, around building a culture of health, will also be discussed.

Not eligible for continuing education credit.

8:30 a.m. - 9:45 a.m. **Presidential Symposium: Innovative or Obsolete: Keeping SBM Relevant in a Rapidly Changing Health Care System**

Salon AB

Admission by name badge

Content areas: Cancer, obesity, physical activity, and other

Instructional level: Intermediate

Chair: Marian Fitzgibbon, PhD, University of Illinois at Chicago, Chicago, IL

Moderator: Kathleen Wolin, ScD, Coeus Health, Chicago, IL

Presenters: Sherry L. Pagoto, PhD, University of Massachusetts Medical School, Worcester, MA; Ben Gerber, MD, MHP, University of Illinois at Chicago, Chicago, IL; and Kathryn Schmitz, PhD, MPH, University of Pennsylvania, Philadelphia, PA

This symposium will feature a moderated panel discussion from researchers leading the charge in translating research-tested interventions and programs into real-world settings. Are Small Business Innovation Research and Small Business Technology Transfer grants the only option? Are partnerships the best choice, or is it better to form a company yourself? What are the pros and cons of consulting for industry? As SBM members consider opportunities for collaborations with insurers, employers, startups, and large commercial partners (from pharmaceutical companies to Apple and Google), panelists will tell their stories and help members learn from those who are navigating new and challenging areas of research. Panelists will discuss their wins and “warts” in collaborations with payers, community-based organizations, and commercial companies. Panelists will also speak on their experiences building versus outsourcing work and in working with their universities’ technology transfer and licensing offices.

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8:30 a.m. – 9:45 a.m. ***Symposium 26: Multi-Level Behavioral Change Approaches to Fall Prevention: Individual, Community, and Policy***

Salon KL

Admission by name badge

Content area: Physical activity

Instructional level: Beginner/intermediate

Chair: Thelma Mielenz, PhD, Columbia University, New York, NY

Presenters: Thelma Mielenz, PhD, Columbia University, New York, NY; Sandra J. Winter, PhD, MHA, Stanford University, Stanford, CA; Marcia G. Ory, PhD, MPH, Texas A&M University, College Station, TX; and Mark A. Fauci, MBA, Gen-9 Inc., San Francisco, CA

Discussant: Marcia G. Ory, PhD, MPH, Texas A&M University, College Station, TX

8:30 a.m. – 9:45 a.m. ***Symposium 27: Using Evidence-Based Measures in Integrated Primary Care to Improve Quality of Service***

Salon M

Admission by name badge

Content area: Other

Instructional level: Beginner

Chair: Jennifer Funderburk, PhD, VA Center for Integrated Healthcare, Syracuse, NY

Presenters: Jennifer Funderburk, PhD, VA Center for Integrated Healthcare, Syracuse, NY; and Gregory Beehler, PhD, MA, and Paul King, PhD, VA Center for Integrated Healthcare, Buffalo, NY

Discussant: Jeff Goodie, PhD, Uniformed Services University for Health Services, Bethesda, MD

8:30 a.m. – 9:45 a.m. ***Symposium 28: Adolescents and Young Adults with Cancer: An Under-Recognized Cancer Disparities Population***

Salon C

Admission by name badge

Content area: Cancer

Instructional level: Beginner/intermediate

Chair: Suzanne C. Lechner, PhD, University of Miami, Miami, FL

Presenters: Crystal L. Park, PhD, and Elizabeth Siembida, MA, University of Connecticut, Storrs, CT; and Lena Wettergren, PhD, National Cancer Institute, Bethesda, MD

Discussant: Ashley W. Smith, PhD, MPH, National Cancer Institute, Bethesda, MD

8:30 a.m. – 9:45 a.m. ***Symposium 29: Aging and Cancer: Implications for Cognitive Outcomes and Clinical Encounters***

Salon D

Admission by name badge

Content area: Cancer

Instructional level: Intermediate

Co-Chairs: Kristi D. Graves, PhD, Georgetown University, Washington, DC; and Reginald Tucker-Seeley, ScD, Dana-Farber Cancer Institute, Boston, MA

Presenters: Brian D. Gonzalez, PhD, Moffitt Cancer Center, Tampa, FL; Anjali Deshpande, PhD, MPH, Washington University in St. Louis, St. Louis, MO; and Lisa M. Lowenstein, PhD, MPH, University of Rochester, Rochester, NY

Discussant: Julia H. Rowland, PhD, National Cancer Institute, Rockville, MD

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8:30 a.m. – 9:45 a.m. ***Symposium 30: Implementing Diabetes Prevention in the VA: Results from a Clinical Demonstration Project***

Salon J

Admission by name badge

Content area: Diabetes

Instructional level: Intermediate/advanced

Chair: Caroline R. Richardson, MD, University of Michigan, Ann Arbor, MI

Presenters: Caroline R. Richardson, MD, University of Michigan, Ann Arbor, MI; Laura Damschroder, MS, MPH, VA Ann Arbor Center for Clinical Management Research, Ann Arbor, MI; and Tannaz Moin, MD, MBA, MSHS, VA Greater Los Angeles, Los Angeles, CA

Discussant: Paul A. Estabrooks, PhD, Virginia Tech, Roanoke, VA

8:30 a.m. – 9:45 a.m. ***Symposium 31: Improving Primary Care through Culturally Responsive Initiatives***

Conference room 1-2

Admission by name badge

Content area: Other

Instructional level: Intermediate

Chair: James E. Aikens, PhD, University of Michigan, Ann Arbor, MI

Presenters: Rose Ann Illes, PhD, Florida State University, Tallahassee, FL; Monika M. Safford, MD, University of Alabama at Birmingham, Birmingham, AL; and Christopher J. Koenig, PhD, San Francisco VA Medical Center, San Francisco, CA

Discussant: Mark Vogel, PhD, Genesys Regional Medical Center, Grand Blanc, MI

8:30 a.m. – 9:45 a.m. ***Symposium 32: Building and Evaluating Personal Technology Physical Activity Interventions in Diverse Populations***

Conference room 13-14

Admission by name badge

Content area: Physical activity

Instructional level: Intermediate

Chair: Matthew P. Buman, PhD, Arizona State University, Phoenix, AZ

Presenters: Matthew P. Buman, PhD, and Jennifer L. Huberty, PhD, Arizona State University, Phoenix, AZ; and Bridget F. Melton, EdD, Georgia Southern University, Statesboro, GA

Discussant: Abby C. King, PhD, Stanford University School of Medicine, Stanford, CA

8:30 a.m. – 9:45 a.m. ***Symposium 33: Sustainability via Active Garden Education: A CBPR Project to Increase PA and F&Vs in Preschoolers***

Conference room 12

Admission by name badge

Content area: Physical activity

Instructional level: Beginner/intermediate

Chair: Rebecca E. Lee, PhD, Arizona State University, Phoenix, AZ

Presenters: Scherezade K. Mama, DrPH, The University of Texas MD Anderson Cancer Center, Houston, TX; Erica G. Soltero, Nathan Parker, MPH, and Tracey Ledoux, PhD, RD, University of Houston, Houston, TX; and Rebecca E. Lee, PhD, Arizona State University, Phoenix, AZ

Discussant: Lucie Levesque, PhD, Queen's University, Kingston, Ontario, Canada

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8:30 a.m. – 9:45 a.m. ***Symposium 34: New World, New Risks: Diverse Approaches to Enhancing Comprehension of New Risks and Hazards***

Conference room 17

Admission by name badge

Content area: Risk and decision making

Instructional level: Intermediate

Chair: Jennifer Hay, PhD, Memorial Sloan Kettering Cancer Center, New York, NY

Presenters: Geoffrey S. Gold, Memorial Sloan Kettering Cancer Center, New York, NY; Philip Huang, MD, MPH, AustinTexas.Gov, Austin, TX; and Paul Han, MD, MA, MPH, Maine Medical Center, Scarborough, ME

Discussant: Noel T. Brewer, PhD, University of North Carolina Gillings School of Global Public Health, Chapel Hill, NC

8:30 a.m. – 9:45 a.m. ***Symposium 35: Tobacco Centers for Regulatory Science: A Seismic Shift in Tobacco Prevention and Control***

Conference room 18

Admission by name badge

Content area: Smoking/tobacco

Instructional level: Beginner/intermediate

Chair: Seth M. Noar, PhD, University of North Carolina at Chapel Hill, Chapel Hill, NC

Presenters: Elizabeth Ginexi, PhD, National Cancer Institute, Bethesda, MD; Robert Hornik, PhD, University of Pennsylvania, Philadelphia, PA; Pamela Ling, MD, MPH, University of California-San Francisco, San Francisco, CA; and Seth M. Noar, PhD, University of North Carolina at Chapel Hill, Chapel Hill, NC

Discussant: Elizabeth Ginexi, PhD, National Cancer Institute, Bethesda, MD

8:30 a.m. – 9:45 a.m. ***Symposium 36: Using Technology to Improve Children's Health: A Tale of Three eHealth Research Programs***

Conference room 8

Admission by name badge

Content area: Other

Instructional level: Intermediate/advanced

Co-Chairs: Kathy Goggin, PhD, Children's Mercy Hospitals and Clinics, Kansas City, MO; and Robert M. Jacobson, MD, Mayo Clinic, Rochester, MN

Presenters: Sarah Finocchiaro-Kessler, PhD, MPH, University of Kansas Medical Center, Kansas City, KS; and Mark Connelly, PhD, and Lori Erickson, RN, APRN, Children's Mercy Hospitals and Clinics, Kansas City, MO

Discussant: David K. Ahern, PhD, Brigham and Women's Hospital, Boston, MA

8:30 a.m. – 9:45 a.m. ***Symposium 37: Toward an Ontology of Behavior Change: An Innovative Approach to Intervention Development***

Conference room 11

Admission by name badge

Content area: Methods

Instructional level: Intermediate/advanced

Chair: William T. Riley, PhD, National Institutes of Health, Bethesda, MD

Presenters: Susan Michie, DPhil, CPsych, FBPS, University College London, London, United Kingdom; Kai Larsen, PhD, University of Colorado Boulder, Boulder, CO; and Larry An, MD, University of Michigan, Ann Arbor, MI

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8:30 a.m. – 9:45 a.m. **Symposium 38: Military and Veterans' Health SIG Sponsored Symposium: Binge Eating in Veterans**

Conference room 3-4

Admission by name badge

Content area: Obesity

Instructional level: Beginner/intermediate

Chair: Robin M. Masheb, PhD, VA Connecticut Healthcare System, North Haven, CT

Presenters: Robin M. Masheb, PhD, VA Connecticut Healthcare System, North Haven, CT; Niloofar Afari, PhD, VA Center of Excellence for Stress and Mental Health, San Diego, CA; and Gina Evans-Hudnall, PhD, Michael E. DeBakey VA Medical Center, Houston, TX

Discussant: David E. Goodrich, EdD, VA Ann Arbor Healthcare System, Ann Arbor, MI

10 a.m. – 11 a.m. **Keynote: Total Health: Mind, Body, and Spirit**

Salon EF

Admission by name badge

Content area: Methods

Instructional level: All levels

Presenter: Raymond J. Baxter, PhD, Kaiser Permanente, Oakland, CA

Moderator: Karen M. Emmons, PhD, Kaiser Foundation Research Institute, Oakland, CA

Dr. Baxter is Kaiser Permanente's senior vice president for community benefit, research, and health policy. Kaiser Permanente strives to be a leader in total health by making lives better. Total health is a state of complete physical, mental, and social well-being for all people. Kaiser Permanente seeks to share success stories of its commitment to helping members, workforces, and communities achieve total health through the services it provides and by promoting clinical, educational, environmental, and social actions that improve the health of all people.



11:15 am. – 12:15 p.m. **Midday Meeting: Cancer SIG Presents: Let's Talk Mentoring: Secrets to a Good Mentor-Mentee Relationship**

Conference room 10

Admission by name badge

Moderators: Felicity Harper, PhD, Karmanos Cancer Institute, Detroit, MI; and Aimee M. James, PhD, MPH, Washington University in St. Louis, St. Louis, MO

Not sure what you can expect from a mentor? Confused about how to find the mentoring you want? Wondering what mentoring looks like as you progress in your career? Successful mentoring comes in many shapes and forms. This midday session will discuss different mentoring styles and philosophies, what you can expect from a mentor, and how mentoring needs evolve as we progress through our careers. Three mentor-mentee pairs will discuss their specific relationships, how they developed the relationships, and how and why the pairings have worked. More generally, panelists will discuss issues that have arisen in relationships and strategies for negotiating challenges. Mentees in the three pairs will represent a range of career stages (from postdoctoral fellow to junior faculty to mid-career faculty) to highlight how mentoring relationships and needs change over time. The panel will also address questions about common mentee-mentor challenges from the audience. This session is being organized by the Cancer SIG Mentoring Committee.

Not eligible for continuing education credit.

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11:15 am. – 12:15 p.m. **Midday Meeting: Child and Family Health SIG Business Meeting**

Conference room 16

Admission by name badge

Moderator: Bernard F. Fuemmeler, PhD, MPH, Duke University Medical Center, Durham, NC

Co-Presenter: Dianne S. Ward, EdD, University of North Carolina at Chapel Hill, Chapel Hill, NC

Join in to advance child and family health research and practice. This midday meeting is an excellent opportunity to meet, mingle, and get to know other SBM researchers, scholars, and practitioners interested in child and adolescent health. The session will honor Dr. Ward for her outstanding career achievements and contribution to the field of child and adolescent health. Dr. Ward will present a short talk titled, Modern Family and Days of our Lives: Strategies for Developing a Children's Healthy Weight Research Program in Today's World. The winners for outstanding abstract for a poster will also be presented to one student and one professional. All SBM attendees with an interest in child and family health are invited to attend.

Not eligible for continuing education credit.

11:15 am. – 12:15 p.m. **Midday Meeting: Pain SIG Presents: NIH Funding Opportunities on Chronic Pain and Strategies for Optimizing Grant Proposals**

Conference room 7

Admission by name badge

Moderator: Lara K. Dhingra, PhD, MJHS Institute for Innovation in Palliative Care, New York, NY

Co-Presenter: Francis J. Keefe, PhD, Duke University Medical Center, Durham, NC

In this session, a program director from the National Institutes of Health (NIH), will discuss NIH's research portfolio on pain and will outline new funding opportunities. Dr. Keefe will discuss the grant application review process from the perspective of both principal investigator and NIH study section chair. This session will highlight both challenges and strategies that may assist attendees in preparing and submitting successful proposals, particularly early stage investigators. The session will conclude with questions from the group, with answers from the speakers. All SBM attendees, especially students and trainees with interests in chronic pain research, are invited to participate in this interactive session.

Not eligible for continuing education credit.

11:15 am. – 12:15 p.m. **Midday Meeting: Physical Activity SIG Presents: Opportunities for Physical Activity Promotion Research: NIH Perspectives**

Conference room 17

Admission by name badge

Moderators: David M. Williams, PhD, Brown University, Providence, RI; and Beth A. Lewis, PhD, University of Minnesota, Minneapolis, MN

Co-Presenters: Frank Perna, EdD, PhD, National Cancer Institute, Bethesda, MD; and Christine Hunter, PhD, National Institute of Diabetes and Digestive and Kidney Diseases, Bethesda, MD

This midday meeting will be a presentation and discussion of National Institutes of Health (NIH) funding opportunities for physical activity promotion research. The session will begin with brief (10-15 minutes each) presentations from panelists regarding their institutes' specific program emphases. This will include presentation of exercise intervention relevant program announcements (e.g., PAR-14-315/321) and current research gaps. Presentations from NIH staff will be followed by extended (30-40 minute) discussion and Q&A period for audience members and NIH staff.

Not eligible for continuing education credit.

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11:15 am. – 12:15 p.m. **Midday Meeting: Presidential Meeting: Integrating Social and Behavioral Determinants of Health into Population Health**

Conference room 12

Admission by name badge

Moderator: Jeffrey Levi, PhD, Trust for America's Health, Washington, DC

As more attention is being given to population health outcomes in our reforming health care system, how do we address social determinants and behavioral determinants of health in that context? This session will engage in a dialogue of how to make the case for and best integrate behavioral health and social services into the ever-expanding "accountable care" movement, with a particular focus on including community-based and population-based approaches. Recent and pending federal initiatives in this regard will also be reviewed.

Not eligible for continuing education credit.

11:15 am. – 12:15 p.m. **Midday Meeting: Scientific and Professional Liaison Council and Evidence-Based Behavioral Medicine and Cancer SIGs Present: Translating Cochrane Reviews into Research, Clinical Practice, and Policy**

Conference room 18

Admission by name badge

Moderator: Roberta W. Scherer, PhD, US Cochrane Center, Baltimore, MD

Co-Presenters: Amy Janke, PhD, University of the Sciences, Philadelphia, PA; and Sherri Sheinfeld Gorin, PhD, Leidos Biomedical Research Inc., Frederick, MD

This interactive midday session will include Cochrane Collaboration collaborators who are researchers, clinicians, and policymakers. The aim is to guide attendees in developing, producing, and implementing Cochrane reviews (SRs). Dr. Scherer is associate director of the US Cochrane Center and senior scientist at John Hopkins Bloomberg School of Public Health.

Not eligible for continuing education credit.

11:15 am. – 12:15 p.m. **Midday Meeting: Spirituality and Health SIG Presents: Landmark Spirituality and Health Survey**

Conference room 15

Admission by name badge

Moderator: Neal Krause, PhD, Michigan Center on the Demography of Aging, Ann Arbor, MI

Dr. Krause will introduce the Landmark Spirituality and Health Survey—the largest survey to be devoted solely to religion, spirituality, and health. Interviews were obtained with a nationwide, representative sample of 3,000 people. Detailed biomarker data (e.g., height, weight, blood pressure, and lab data on blood spots) were gathered from these participants. He will present preliminary findings on the relationships among social relationships in the church, biomarker data, and health.

Not eligible for continuing education credit.

11:15 am. – 12:15 p.m. **Midday Meeting: Student SIG Presents: Class Paper to Pub**

Conference room 11

Admission by name badge

Moderator: Mallory G. Cases, MPH, CPH, University of Alabama at Birmingham, Birmingham, AL

Co-Presenter: Karl E. Minges, MPH, Yale University, New Haven, CT

Geared toward graduate students pursuing a research-focused education and career, this panel will provide guidance on turning papers written for courses into manuscripts for publication.

Not eligible for continuing education credit.

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11:15 am. – 12:15 p.m. ***Midday Meeting: Theories and Techniques of Behavior Change Interventions, Multiple Health Behavior Change, Obesity and Eating Disorders, and Physical Activity SIGs Present: Debate: Investing in Epidemiology without Theory Is a Waste of Resources***

Conference room 8

Admission by name badge

Moderator: Susan Michie, DPhil, CPsych, FBPS, University College London, London, United Kingdom

Co-Presenters: Robert West, PhD, University College London, London, United Kingdom; Karina W. Davidson, PhD, Columbia University, New York, NY; Noel T. Brewer, PhD, University of North Carolina Gillings School of Global Public Health, Chapel Hill, NC; and Carlo C. DiClemente, PhD, University of Maryland, Baltimore, MD

Epidemiology examines the distribution and determinants of diseases and health-related behaviors in specified populations. Theories of behavior change provide a framework for understanding the environmental, social, and psychological processes that facilitate and inhibit behavior. Epidemiology and behavior change theory have both been used to develop and evaluate strategies to prevent illness or promote health-related behaviors. An important question concerns the value of epidemiology without a theoretical framework of behavior. This session will debate the proposition that investing in epidemiology without theory is a waste of resources. The debate will follow the standard procedure of a mover, opposer, seconder, and second opposer. The debate will then be open to the floor, followed by closing remarks by the mover and opposer. The impact of the debate on participants' views will be assessed by a vote taken at the start and at the end. The aim is to have a lively, informative, and enjoyable discussion on a topic where there is merit on both sides of the argument.

Not eligible for continuing education credit.

11:15 a.m. – 12:15 p.m. ***Panel Discussion 12: How Do We Adapt? A Discussion on Methods for Adapting mHealth Physical Activity Interventions***

Salon AB

Admission by name badge

Content area: Methods

Instructional level: Intermediate

Chair: Eric B. Hekler, PhD, Arizona State University, Phoenix, AZ

Panelists: Eric B. Hekler, PhD, Arizona State University, Phoenix, AZ; Inbal Nahum-Shani, PhD, University of Michigan, Ann Arbor, MI; Marc A. Adams, PhD, Arizona State University, Phoenix, AZ; Predrag Klasnja, PhD, University of Michigan, Ann Arbor, MI; and Bonnie Spring, PhD, ABPP, Northwestern University Feinberg School of Medicine, Chicago, IL

11:15 a.m. – 12:15 p.m. ***Panel Discussion 13: Establishing Behavioral Medicine Programs in Hospitals II: Multidisciplinary Relationships and Specialty Services***

Salon KL

Admission by name badge

Content area: Other

Instructional level: Intermediate/advanced

Chair: Cori E. McMahon, PsyD, Cooper University Hospital, Voorhees Township, NJ

Panelists: Kelly L. Gilrain, PhD, Cooper University Hospital, Voorhees Township, NJ; Michelle C. Fingeret, PhD, MD Anderson Cancer Center, Houston, TX; Efrain A. Gonzalez, PsyD, Jackson Memorial Medical Center, Miami, FL; David A. Moore, PsyD, Cooper University Hospital, Voorhees Township, NJ; Patricia Byers, MD, Jackson Memorial Medical Center, Miami, FL; and Helen L. Coons, PhD, ABPP, Denver Health and Hospital Integrated Primary Care, Denver, CO

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11:15 a.m. – 12:15 p.m. **Panel Discussion 14: Careers in Behavioral Medicine: Teaching, Training, and Coaching Professionals in Health Care**

Salon M

Admission by name badge

Content area: Education, training, and/or career development

Instructional level: Beginner/intermediate

Chair: Karen Oliver, PhD, Brown University, Providence, RI

Panelists: Karen Oliver, PhD, Brown University, Providence, RI; Justin M. Nash, PhD, Memorial Hospital of Rhode Island, Pawtucket, RI; Nancy Ruddy, PhD, McCann Health, Mountain Lakes, NJ; and Michael G. Goldstein, MD, Veterans Health Administration, Durham, NC

11:15 a.m. – 12:15 p.m. **Panel Discussion 15: Infiltrating Industry: A Panel Discussion of Behavioral Science Research within Industry**

Salon C

Admission by name badge

Content area: Education, training, and/or career development

Instructional level: Beginner

Chair: Eric B. Hekler, PhD, Arizona State University, Phoenix, AZ

Panelists: Shabnam Hakimi, PhD, Welltok Inc., Denver, CO; Skyler Place, PhD, Cogito Corporation, Boston, MA; Frederick Muench, PhD, North Shore Health System, Great Neck, NY; and Praduman Jain, MS, Vibrent Inc., Fairfax, VA

11:15 a.m. – 12:15 p.m. **Panel Discussion 16: Research at the Intersection of Cancer and Aging: A Discussion between Aging and Cancer Researchers**

Salon D

Admission by name badge

Content area: Other

Instructional level: Beginner/intermediate

Chair: Reginald Tucker-Seeley, ScD, Harvard School of Public Health, Boston, MA

Panelists: Corinne Leach, MS, PhD, MPH, American Cancer Society, Atlanta, GA; Barbara Resnick, PhD, CRNP, University of Maryland, Baltimore, MD; and Keith Bellizzi, PhD, MPH, University of Connecticut, Storrs, CT

11:15 a.m. – 12:15 p.m. **Panel Discussion 17: Get the (Right) Job: The Do's and Don'ts of Negotiating a Faculty Position**

Salon J

Admission by name badge

Content area: Education, training, and/or career development

Instructional level: Beginner/intermediate

Chair: Elliot J. Coups, PhD, Rutgers Cancer Institute of New Jersey, New Brunswick, NJ

Panelists: Kathleen Wolin, ScD, Coeus Health, Chicago, IL; Ellen Beckjord, PhD, MPH, UPMC Health Plan, Pittsburgh, PA; and Karen M. Emmons, PhD, Kaiser Foundation Research Institute, Oakland, CA

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11:15 a.m. – 12:15 p.m. **Panel Discussion 18: Accessing and Analyzing Non-Traditional Data: Challenges, Considerations, and Funding Opportunities**

Conference room 3-4

Admission by name badge

Content area: Methods

Instructional level: Beginner/intermediate

Chair: Richard P. Moser, PhD, National Cancer Institute, Bethesda, MD

Panelists: Heather Cole-Lewis, PhD, MPH, MA, ICF International, Rockville, MD; Matthew P. Buman, PhD, Arizona State University, Phoenix, AZ; and Yadid Ayzenberg, MSc, MBA, Massachusetts Institute of Technology, Cambridge, MA

11:15 a.m. – 12:15 p.m. **Panel Discussion 19: Re-Conceptualizing Health Behaviors through the Lens of Lifestyle Tradeoffs**

Conference room 1-2

Admission by name badge

Content area: Risk and decision making

Instructional level: Beginner/intermediate

Chair: Kristine M. Carandang, MS, OTR/L, University of Southern California, Los Angeles, CA

Panelists: Kristine M. Carandang, MS, OTR/L, Lucia Florindez, MA, and Elizabeth Pyatak, PhD, OTR/L, CDE, University of Southern California, Los Angeles, CA

11:15 a.m. – 12:15 p.m. **Panel Discussion 20: The Future of Training in Behavioral Medicine**

Conference room 13-14

Admission by name badge

Content area: Education, training, and/or career development

Instructional level: Intermediate

Chair: Kathryn E. Kanzler, PsyD, ABPP, U.S. Air Force, JB Andres, MD

Panelists: Jeffrey L. Goodie, PhD, ABPP, Uniformed Services University of the Health Sciences, Bethesda, MD; Donald D. McGeary, PhD, ABPP, University of Texas Health Science Center at San Antonio, San Antonio, TX; William C. Isler, PhD, U.S. Air Force, Lackland AFB, TX; Michael Ann Glotfelter, PsyD, U.S. Air Force, Lackland AFB, TX; and Denise M. Martin Zona, PhD, U.S. Air Force, Ramstein, Germany

11:30 a.m. – 1:30 p.m. **Exhibit Hall Open**

Salon GHI

Admission by name badge

Stop by vendors' tables in the exhibit hall.

Not eligible for continuing education credit.

12:45 p.m. – 1:30 p.m. **Master Lecture: Engaging Youth in the Digital Age: Tech, Text, and Thrive**

Salon AB

Admission by name badge

Content area: HIV/AIDS

Instructional level: Beginner/intermediate

Presenter: Marguerita A. Lightfoot, PhD, University of California-San Francisco, San Francisco, CA

Moderator: Laura L. Hayman, PhD, RN, FAAN, University of Massachusetts Boston, Boston, MA

Advances in technology and its increasing availability provide a potentially rich learning and therapeutic aid for adolescents. Adolescents' use of technologies—including computers, the Internet, social networking platforms, and cellphones—are near-ubiquitous and provide a unique opportunity for prevention of



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sexual risk behaviors. Technology has the potential for enhancing intrinsic motivation, providing individualized feedback, and encouraging active engagement. About 95% of adolescents are online and over half of seventh- through 12th-graders report looking up health information online. Therefore, we must reach out to adolescents where they are. Particularly with regard to HIV prevention, not to do so would result in a dire consequence: the continued transmission of HIV among this vulnerable population. There is emerging empirical support for utilizing technology as an efficacious strategy for delivering behavior change interventions to adolescents. Dr. Lightfoot will review her research in which technology was utilized to deliver HIV preventive interventions for adolescents and young adults. These research findings suggest that behavioral interventions can successfully utilize technology to promote health. Dr. Lightfoot is director of the Center for AIDS Prevention Studies and the Technology and Information Exchange Core at the University of California-San Francisco.

12:45 p.m. – 1:30 p.m. **Master Lecture: Leveraging the Triple Aim, Payment Reform, and Population Management to Drive toward 100 Million Healthier Lives**

Salon C

Admission by name badge

Content area: Methods

Instructional level: Intermediate

Presenter: Trissa L. Torres, MD, MSPH, FACPM, Institute for Healthcare Improvement, Cambridge, MA

Moderator: Kevin Patrick, MD, MS, University of California-San Diego, San Diego, CA



We have a tremendous opportunity to accelerate improvement on our journey toward creating health for all. Payment reform is driving health care delivery systems toward a new level of commitment to improving outcomes for the populations they serve. As providers explore the boundaries of what the medical care system can impact, they are turning to community partners to help. This talk will highlight instances where clinical-community collaborations are succeeding in improving population health, care, and value. Dr. Torres is senior vice president at the Institute for Healthcare Improvement.

12:45 p.m. – 1:30 p.m. **Paper Session 21: Multiple Health Behavior Change**

Salon KL

Admission by name badge

Content areas: Cancer, methods, and nutrition

Instructional level: All levels

Chair: Monica L. Baskin, PhD, University of Alabama at Birmingham, Birmingham, AL

12:45 p.m. – 1 p.m. **Computational Modeling of Behavioral Change Based on Dual Process Model**
Misha Pavel, PhD, Northeastern University, Boston, MA; and Bonnie Spring, PhD, ABPP, Northwestern University Feinberg School of Medicine, Chicago, IL

1 p.m. – 1:15 p.m. **Sequential versus Simultaneous Behavior Change within Multiple Health Behavior Change Interventions**
Eva-Molly P. Dunbar, BA, Andrea L. Paiva, PhD, James O. Prochaska, PhD, Bryan Blissmer, PhD, and Colleen A. Redding, PhD, University of Rhode Island, Kingston, RI

1:15 p.m. – 1:30 p.m. **Mechanisms Underlying Multiple Behavior Changes in the Make Better Choices Diet and Activity Trial**
Kristin L. Schneider, PhD, Rosalind Franklin University of Medicine and Science, North Chicago, IL; Michael Coons, H. Gene McFadden, BA, Andrew DeMott, and Juned Siddique, PhD, Northwestern University Feinberg School of Medicine, Chicago, IL; Don Hedeker, PhD, University of Illinois at Chicago, Chicago, IL; Laura Aylward, Rosalind Franklin University of Medicine and Science, North Chicago, IL; and Bonnie Spring, PhD, ABPP, Northwestern University Feinberg School of Medicine, Chicago, IL

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12:45 p.m. – 1:30 p.m. *Paper Session 22: Outcomes and Predictors of Depression Symptoms*

Salon M

Admission by name badge

Content areas: Cardiovascular and mental health

Instructional level: All levels

Chair: Karly S. Geller, PhD, Miami University, Oxford, OH

12:45 p.m. – 1 p.m. **Longitudinal Association between Depressive Symptoms and Walking Impairment in Multiple Sclerosis**

Ipek Ensari, EdM, Brynn Adamson, MS, and Robert Motl, PhD, University of Illinois, Urbana, IL

1 p.m. – 1:15 p.m. **Neighborhood Environment and Depressive Symptoms: Mediating Role of Stress and Sense of Community**

Catherine Paquet, BSc, PhD, Natasha J. Howard, BHSc, PhD, and Neil T. Coffee, PhD, University of South Australia, Adelaide, South Australia, Australia; Graeme J. Hugo, PhD, Anne W. Taylor, PhD, and Robert J. Adams, MD, The University of Adelaide, Adelaide, South Australia, Australia; and Mark Daniel, PhD, University of South Australia, Adelaide, South Australia, Australia

1:15 p.m. – 1:30 p.m. **Interaction between Smoking and Depressive Symptoms on Subclinical Heart Disease: The CARDIA Study**

Allison Carroll, MS, Mercedes Carnethon, PhD, and Kiang Liu, PhD, Northwestern University Feinberg School of Medicine, Chicago, IL; David Jacobs, PhD, University of Minnesota, Minneapolis, MN; Jesse Stewart, PhD, Indiana University-Purdue University Indianapolis, Indianapolis, IN; John Jeffrey Carr, MD, MSc, Vanderbilt University, Nashville, TN; and Brian Hitsman, PhD, Northwestern University Feinberg School of Medicine, Chicago, IL

12:45 p.m. – 1:30 p.m. *Paper Session 23: RE-AIM Evaluations for Physical Activity and Diet*

Salon D

Admission by name badge

Content areas: Cardiovascular, nutrition, and physical activity

Instructional level: All levels

Chair: Paul A. Estabrooks, PhD, Virginia Tech, Roanoke, VA

12:45 p.m. – 1 p.m. **National Dissemination of the StrongWomen-Healthy Hearts Program: A RE-AIM Analysis**

Sara C. Folta, PhD, Tufts University Friedman School of Nutrition Science and Policy, Boston, MA; Rebecca Seguin, PhD, Cornell University, Ithaca, NY; Kenneth Chui, PhD, Tufts University School of Medicine, Boston, MA; Valerie Clark, MS, RD, Tufts University Friedman School of Nutrition Science and Policy, Boston, MA; Marilyn Corbin, PhD, Penn State Extension, University Park, PA; Jeanne Goldberg, PhD, RD, and Eleanor Heidkamp-Young, MS, Tufts University Friedman School of Nutrition Science and Policy, Boston, MA; Alice Lichtenstein, DSc, Tufts University Human Nutrition Research Center on Aging, Boston, MA; Nancy Wiker, MEd, Penn State Extension, Lancaster, PA; and Miriam Nelson, PhD, Tufts University Friedman School of Nutrition Science and Policy, Boston, MA

1 p.m. – 1:15 p.m. **Translating Research on Exercise Interventions for Caregivers: A Review Using the RE-AIM Framework**

S. Nicole Culos-Reed, PhD, and Colleen A. Cuthbert, University of Calgary, Calgary, Alberta, Canada

1:15 p.m. – 1:30 p.m. **A Systematic RE-AIM Review to Assess Sugar-Sweetened Beverage Interventions and Policies for Youth**

Hannah G. Lane, MPH, Kathleen Porter, PhD, RD, Paul A. Estabrooks, PhD, and Jamie Zoellner, PhD, RD, Virginia Tech, Roanoke, VA

FRIDAY, APRIL 24, 2015

12:45 p.m. – 1:30 p.m. **Paper Session 24: Decision Making in Prostate Cancer Treatment**

Salon J

Admission by name badge

Content area: Risk and decision making

Instructional level: Beginner/intermediate

Chair: Michael A. Diefenbach, PhD, Icahn School of Medicine at Mount Sinai, New York, NY

12:45 p.m. – 1 p.m. **Adoption of Shared Decision Making Using Decision Aids among Urologists**
Prajakta Adsul, MBBS, MPH, Ricardo Wray, PhD, Nancy Weaver, PhD, and Sameer Siddiqui, MD, St. Louis University, St. Louis, MO

1 p.m. – 1:15 p.m. **Not So Straightforward: The Complex Relationship between Knowledge and Prostate Cancer Treatment Decision Making**
Caitlin Biddle, MA, State University of New York at Buffalo, Buffalo, NY; Willie Underwood, MD, MPH, MSci, Roswell Park Cancer Institute, Buffalo, NY; and D. Lynn Homish and Heather Orom, PhD, State University of New York at Buffalo, Buffalo, NY

1:15 p.m. – 1:30 p.m. **Cancer Patients Engaging in Informed Treatment Decision Making?**
Caitlin Biddle, MA, State University of New York at Buffalo, Buffalo, NY; Willie Underwood, MD, MPH, MSci, Roswell Park Cancer Institute, Buffalo, NY; and D. Lynn Homish and Heather Orom, PhD, State University of New York at Buffalo, Buffalo, NY

12:45 p.m. – 1:30 p.m. **Paper Session 25: Substance Use among Sexual Minorities**

Conference room 3-4

Admission by name badge

Content areas: HIV/AIDS, smoking/tobacco, and substance abuse

Instructional level: Beginner/intermediate

Co-Chairs: Kathy Goggin, PhD, Children's Mercy Hospitals and Clinics, Kansas City, MO; and Clement K. Gwede, PhD, MPH, RN, Moffitt Cancer Center, Tampa, FL

12:45 p.m. – 1 p.m. **The Role of Internalized Homophobia on Drug Use among Gay and Bisexual Men: Moderation, Mediation, or Direct Effects?**
Raymond L. Mood, BA, Christian Grov, PhD, MPH, and Jeffrey T. Parsons, PhD, Center for HIV Educational Studies and Training at City University of New York, New York, NY

1 p.m. – 1:15 p.m. **Smoking, Internalized Heterosexism, and HIV Disease Management among Male Couples**
Kristi E. Gamarel, PhD, Alpert Medical School of Brown University, Providence, RI; and Torsten Neilands, PhD, Samantha E. Dilworth, MS, Jonelle Taylor, BA, and Mallory O. Johnson, PhD, University of California-San Francisco, San Francisco, CA

1:15 p.m. – 1:30 p.m. **Smoking Cessation by Sexual Orientation: The Role of Health Care, Mental Distress, and Substance Use**
Grant W. Farmer, PhD, MPH, MA, Washington University School of Medicine in St. Louis, St. Louis, MO; Isaiah Zoschke, MPH, Saint Louis University College of Public Health and Social Justice, St. Louis, MO; Kathleen K. Bucholz, PhD, MPH, and Graham A. Colditz, MD, DrPH, Washington University School of Medicine in St. Louis, St. Louis, MO; Thomas E. Burroughs, PhD, Saint Louis University, St. Louis, MO; and Deborah Bowen, PhD, University of Washington, Seattle, WA

FRIDAY, APRIL 24, 2015

1:45 p.m. – 3 p.m. ***Featured Symposium 3: American Heart Association Presents: Working with the Individual with CVD: An Interdisciplinary Perspective***

Salon AB

Admission by name badge

Content area: Cardiovascular

Instructional level: Intermediate/advanced

Chair: Lora E. Burke, PhD, MPH, FAHA, FAAN, University of Pittsburgh, Pittsburgh, PA

Presenters: Seth Martin, MD, MHS, Johns Hopkins Ciccarone Center for the Prevention of Heart Disease, Baltimore, MD; Lola A. Coke, PhD, ACNS-BC, FAHA, FPCNA, Rush University College of Nursing, Chicago, IL; and Jo Ann S. Carson, PhD, RDN, LD, FAHA, University of Texas Southwestern Medical Center, Dallas, TX

The themes of this symposium will be secondary prevention and how to approach and work with the individual who has experienced a cardiovascular event (e.g., been diagnosed with coronary disease, has undergone angioplasty or coronary bypass surgery, or had a myocardial infarction). The focus will be on engaging the patient in a conversation to address the existing risk factors and how to reduce the current risk profile. The interdisciplinary team of presenters will share their expertise and experience in counseling patients about reducing risk for cardiovascular disease through changes in lifestyle (e.g., modifying dietary intake or changing eating habits; developing habits that support regular physical activity and reduce sedentary time; smoking cessation; and stress reduction). The speakers have extensive experience and will share the challenges they have faced in promoting healthy behaviors and improved adherence as well as the strategies they have used to achieve success. At the completion of this session, attendees will be able to critique effective strategies that clinicians use with their patients in promoting cardiovascular risk reduction. They will also be able to identify two key steps to promoting adherence to a heart-healthy lifestyle.

1:45 p.m. – 3 p.m. ***Symposium 39: Peer Support Designed for Diabetes Management also Improves Psychological Distress and Emotional Well-Being***

Salon M

Admission by name badge

Content area: Mental health

Instructional level: Intermediate

Chair: Edwin B. Fisher, PhD, University of North Carolina at Chapel Hill, Chapel Hill, NC

Presenters: Michele Heisler, MD, MPA, University of Michigan, Ann Arbor, MI; Brian Oldenburg, PhD, University of Melbourne, Melbourne, Victoria, Australia; and Sarah Kowitt, MPH, University of North Carolina at Chapel Hill, Chapel Hill, NC

Discussant: Jeffrey S. Gonzalez, PhD, Albert Einstein College of Medicine, Bronx, NY

1:45 p.m. – 3 p.m. ***Symposium 40: Cultural Adaptations of Behavioral Interventions for Lifestyle Change for Minority Women***

Salon C

Admission by name badge

Content area: Physical activity

Instructional level: Beginner/intermediate

Chair: Virginia Gil-Rivas, PhD, University of North Carolina at Charlotte, Charlotte, NC

Presenters: Phoudavone Phimphasone, MA, Alyssa Vela, MA, and Tamara Scott, MPH, University of North Carolina at Charlotte, Charlotte, NC; and Leilani Dodgen, MPH, University of North Texas Health Science Center, Fort Worth, TX

Discussant: John Wiebe, PhD, The University of Texas at El Paso, El Paso, TX

FRIDAY, APRIL 24, 2015

1:45 p.m. – 3 p.m. **Symposium 41: Strategies for Retaining Traditionally Hard to Reach Participants in Weight Management Trials**

Salon D

Admission by name badge

Content area: Obesity

Instructional level: Beginner

Chair: Joanna Buscemi, PhD, University of Illinois at Chicago, Chicago, IL

Presenters: Joanna Buscemi, PhD, University of Illinois at Chicago, Chicago, IL; Jessica R. Wearing, University of Kansas School of Medicine, Kansas City, KS; Rebecca Hunter, MA, VA Palo Alto Health Care System, Palo Alto, CA; and Monica L. Baskin, PhD, University of Alabama at Birmingham, Birmingham, AL

Discussant: Marian Fitzgibbon, PhD, University of Illinois at Chicago, Chicago, IL

1:45 p.m. – 3 p.m. **Symposium 42: Monitoring, Modeling, and Changing Behavior in Real-Time**

Salon J

Admission by name badge

Content area: Methods

Instructional level: Intermediate/advanced

Chair: Wendy Nilsen, PhD, National Institutes of Health, Bethesda, MD

Presenters: Donna Spruijt-Metz, MFA, PhD, University of Southern California, Los Angeles, CA; Santosh Kumar, PhD, University of Memphis, Memphis, TN; Peter Pirolli, PhD, Palo Alto Research Center, Palo Alto, CA; and Michael Youngblood, PhD, Palo Alto Research Center, Palo Alto, CA

1:45 p.m. – 3 p.m. **Symposium 43: SBM and the American College of Sports Medicine Present: Technology, Exercise, and Health Care: Using Exercise in Medicine**

Conference room 3-4

Admission by name badge

Content area: Physical activity

Instructional level: Beginner/intermediate

Co-Chairs: Sherri Sheinfeld Gorin, PhD, Leidos Biomedical Research Inc., Frederick, MD; and Beth A. Lewis, PhD, University of Minnesota, Minneapolis, MN

Presenters: Matthew P. Buman, PhD, Arizona State University, Phoenix, AZ; Caroline R. Richardson, MD, University of Michigan, Ann Arbor, MI; and Melanie Hingle, PhD, MPH, RD, University of Arizona, Tucson, AZ

Discussant: Amy D. Rickman, RD, PhD, University of Pittsburgh, Pittsburgh, PA

1:45 p.m. – 3 p.m. **Symposium 44: Improving Mental Health Barriers to Disease Management in Medically Complex Veterans**

Conference room 1-2

Admission by name badge

Content area: Mental health

Instructional level: Intermediate

Chair: Gina Evans-Hudnall, PhD, Michael E. DeBakey VA Medical Center, Houston, TX

Presenters: Gina Evans-Hudnall, PhD, Michael E. DeBakey VA Medical Center, Houston, TX; Patricia Dubbert, PhD, Little Rock Geriatric Research, Education, and Clinical Center, Little Rock, AR; and Elyse Thakur, MA, Baylor College of Medicine, Houston, TX

FRIDAY, APRIL 24, 2015

1:45 p.m. – 3 p.m. ***Symposium 45: The Trajectory of Recovery in Hematopoietic Cell Transplant: From Genetic to Community Influences***

Conference room 13-14

Admission by name badge

Content area: Cancer

Instructional level: Beginner/intermediate

Chair: Donna M. Posluszny, PhD, University of Pittsburgh, Pittsburgh, PA

Presenters: Donna M. Posluszny, PhD, University of Pittsburgh, Pittsburgh, PA; Heather Jim, PhD, Moffitt Cancer Center, Tampa, FL; and Karen L. Syrjala, PhD, University of Washington, Seattle, WA

Discussant: Margaret Bevans, PhD, National Institutes of Health Clinical Center, Bethesda, MD

1:45 p.m. – 3 p.m. ***Symposium 46: A Knowledge-Building Approach for Faster Translation of Behavioral Change Innovations into Practice***

Conference room 12

Admission by name badge

Content area: Methods

Instructional level: Beginner/intermediate

Chair: Laura Damschroder, MS, MPH, VA Ann Arbor Center for Clinical Management Research, Ann Arbor, MI

Presenters: Edward J. Miech, EdD, VA Health Services Research and Development Service Center for Health Information and Communication, Indianapolis, IN; Laura Damschroder, MS, MPH, VA Ann Arbor Center for Clinical Management Research, Ann Arbor, MI; and Thomas Houston, MD, MPH, VA Center for Healthcare Organization and Implementation Research, Bedford, MA

Discussant: Kai Larsen, PhD, University of Colorado Boulder, Boulder, CO

1:45 p.m. – 3 p.m. ***Symposium 47: New Approaches to Sedentary Behavior Interventions across the Lifespan***

Conference room 17

Admission by name badge

Content area: Other

Instructional level: Intermediate

Chair: David E. Conroy, PhD, Northwestern University Feinberg School of Medicine, Chicago, IL

Presenters: Sara M. St. George, PhD, University of Miami Miller School of Medicine, Miami, FL; Christine Pellegrini, PhD, Northwestern University Feinberg School of Medicine, Chicago, IL; and Jaclyn P. Maher, MS, The Pennsylvania State University, State College, PA

Discussant: Jeff Vallance, PhD, Athabasca University, Athabasca, Alberta, Canada

1:45 p.m. – 3 p.m. ***Symposium 48: Mind the Gaps: Using Theory-Based Tobacco Prevention and Control Research to Inform Regulatory Science***

Conference room 18

Admission by name badge

Content area: Smoking/tobacco

Instructional level: Intermediate

Chair: Marcella H. Boynton, PhD, University of North Carolina at Chapel Hill, Chapel Hill, NC

Presenters: Seth M. Noar, PhD, University of North Carolina at Chapel Hill, Chapel Hill, NC; Brian Flaherty, PhD, University of Washington, Seattle, WA; and Rachel A. Grana, PhD, MPH, National Cancer Institute, Rockville, MD

Discussant: David B. Portnoy, PhD, MPH, U.S. Food and Drug Administration, Silver Spring, MD

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1:45 p.m. – 3 p.m. **Symposium 49: Multi-Level Research Changing Diet and Physical Activity among Underserved Populations**

Conference room 8

Admission by name badge

Content area: Obesity

Instructional level: Intermediate

Chair: Deborah Bowen, PhD, University of Washington, Seattle, WA

Presenters: Lisa M. Quintiliani, PhD, RD, Boston University, Boston, MA; Dori Rosenberg, PhD, MPH, Group Health Research Institute, Seattle, WA; and Monica L. Baskin, PhD, and Yufeng Li, PhD, University of Alabama at Birmingham, Birmingham, AL

Discussant: Stephen Taplin, MD, MPH, National Institutes of Health, Bethesda, MD

1:45 p.m. – 3 p.m. **Symposium 50: What Is the Next-Generation Pipeline for Developing and Evaluating Health Behavior Interventions?**

Conference room 11

Admission by name badge

Content area: Methods

Instructional level: Intermediate

Chair: Eric B. Hekler, PhD, Arizona State University, Phoenix, AZ

Presenters: Eric B. Hekler, PhD, Arizona State University, Phoenix, AZ; William T. Riley, PhD, National Institutes of Health, Bethesda, MD; and Linda M. Collins, PhD, The Pennsylvania State University, State College, PA

Discussant: Kevin Patrick, MD, MS, University of California-San Diego, San Diego, CA

3:15 p.m. – 4:45 p.m. **Meet the Professors: Education, Training, and Career Development Council Presents: SBM Fellow Office Hours for Social Networking**

Conference room 8

Admission by name badge

Chair: Amy G. Huebschmann, MD, University of Colorado Denver, Denver, CO

SBM Education, Training, and Career Development Council moderators will facilitate small group networking of attendees with SBM fellows. Small group discussions with fellows will focus on strategies to build research collaborations; the small groups will be organized by the special interest groups of the participating SBM fellows.

Not eligible for continuing education credit.

3:15 p.m. – 4:45 p.m. **Paper Session 26: Depression in Diverse Populations**

Salon AB

Admission by name badge

Content areas: HIV/AIDS, mental health, and spirituality

Instructional level: Beginner/intermediate

Chair: Claudio R. Nigg, PhD, University of Hawaii at Manoa, Honolulu, HI

3:15 p.m. – 3:33 p.m. **The Relationship of Anxiety and Depression to Subjective Well-Being in a Mainland Chinese Sample**

Amy Wachholtz, PhD, MDiv, MS, and Christopher Malone, BA, University of Massachusetts Medical School, Worcester, MA

FRIDAY, APRIL 24, 2015

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- 3:33 p.m. – 3:51 p.m. **Diagnosis and Treatment of Depression among Latino MSM Living with HIV/AIDS on the United States-Mexico Border**
Oscar Beltran, PhD, University of Texas at El Paso, El Paso, TX; and Michele G. Shedlin, PhD, New York University, New York, NY
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- 3:51 p.m. – 4:09 p.m. **Mental Health in China: Stigma, Family Obligations, and the Potential of Peer Support**
Shelly Yu, MPH, The Advisory Board Company, Chapel Hill, NC; Sarah Kowitt, MPH, and Edwin B. Fisher, PhD, University of North Carolina at Chapel Hill, Chapel Hill, NC; and Gongying Li, Jining Medical University, Jining, People's Republic of China
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- 4:09 p.m. – 4:27 p.m. **Does Perceived Discrimination Affect Depression among Immigrants in a New Destination?**
Chaelin Karen Ra, MPH, and Jimi Huh, PhD, University of Southern California, Los Angeles, CA; and Youngtae Cho, PhD, Seoul National University, Seoul, Republic of Korea
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- 4:27 p.m. – 4:45 p.m. **Queer Blues! Depression in the LGBT Communities: Self-Esteem, Guilt, and Perceived Stress**
AJ Guerrero, BA, and Mark Vosvick, MEd, MBA, PhD, University of North Texas, Denton, TX
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- 3:15 p.m. – 4:45 p.m. **Paper Session 27: Role of Images and Graphics in Health Communications**
Salon KL
Admission by name badge
Content areas: Nutrition, risk and decision making, and smoking/tobacco
Instructional level: Beginner/intermediate
Co-Chairs: Erika A. Waters, PhD, MPH, Washington University School of Medicine, St. Louis, MO; and Rachel A. Grana, PhD, MPH, National Cancer Institute, Rockville, MD
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- 3:15 p.m. – 3:33 p.m. **Calorie Menu Label Users may be Saving Calories by Ordering Healthier Sides and Beverages**
Jessie Green, MS, RDN, and Punam Ohri-Vachaspati, PhD, RD, Arizona State University, Phoenix, AZ
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- 3:33 p.m. – 3:51 p.m. **Does Reactance to Graphic Cigarette Pack Warnings Weaken their Impact?**
Marissa G. Hall, MSPH, University of North Carolina Gillings School of Global Public Health, Chapel Hill, NC; Paschal Sheeran, PhD, and Seth M. Noar, PhD, University of North Carolina at Chapel Hill, Chapel Hill, NC; Kurt M. Ribisl, PhD, Laura E. Bach, MPH, and Noel T. Brewer, PhD, University of North Carolina Gillings School of Global Public Health, Chapel Hill, NC
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- 3:51 p.m. – 4:09 p.m. **Social Reactions to Graphic Cigarette Pack Warnings: A Pilot Study**
Marissa G. Hall, MSPH, and Laura E. Bach, MPH, University of North Carolina Gillings School of Global Public Health, Chapel Hill, NC; Seth M. Noar, PhD, University of North Carolina at Chapel Hill, Chapel Hill, NC; Kurt M. Ribisl, PhD, and Noel T. Brewer, PhD, University of North Carolina Gillings School of Global Public Health, Chapel Hill, NC
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- 4:09 p.m. – 4:27 p.m. **Words versus Numbers: Health Information Preference across Ethnicity and Language**
Mallory G. Cases, MPH, CPH, Allyson L. Varley, MPH, Michael Crawford, MPH, and Peter S. Hendricks, PhD, University of Alabama at Birmingham, Birmingham, AL
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- 4:27 p.m. – 4:45 p.m. **Using Images of Negative Health Consequences to Increase Healthy Food Choices**
Gareth J. Hollands, MA, MSc, PhD, and Theresa M. Marteau, BSc, MSc, PhD, FMedSci, AcSS, University of Cambridge, Cambridge, United Kingdom

FRIDAY, APRIL 24, 2015

3:15 p.m. – 4:45 p.m. *Paper Session 28: Eating Disorders and Emotional Eating*

Salon M

Admission by name badge

Content areas: Obesity and physical activity

Instructional level: Beginner/intermediate

Chair: Susan M. Schembre, PhD, RD, The University of Texas MD Anderson Cancer Center, Houston, TX

3:15 p.m. – 3:33 p.m. **Stress-Eaters: Relationships between Subjective and Objective Stress and Eating Behaviors**

Emily G. Lattie, MS, Joyce A. Corsica, PhD, and Megan M. Hood, PhD, Rush University Medical Center, Chicago, IL

3:33 p.m. – 3:51 p.m. **Eating Behavior and Emotional State: Differential Effects of Implicit Liking and Hedonic Hunger**

Hallie Espel, BS, Meghan L. Butryn, PhD, Stephanie P. Goldstein, BS, and Evan Forman, PhD, Drexel University, Philadelphia, PA

3:51 p.m. – 4:09 p.m. **Examination of the Effect of Regular Exercise and Exercise Dependence on Quality of Life in Women with Eating Disorders**

Brian Cook, PhD, Lisa Leininger, EdD, and Kendra Contente, California State University-Monterey Bay, Seaside, CA

4:09 p.m. – 4:27 p.m. **Overvaluation of Shape and Weight, Binge Eating, and Eating Disorder Psychopathology in Adults Seeking Weight Loss Treatment**

Sylvia Herbozo, PhD, Serena Stevens, MA, Elena Duong, BS, and Elizabeth Wolpern, BA, Loma Linda University, Loma Linda, CA

4:27 p.m. – 4:45 p.m. **Objective Binge Eating Predicts Behavioral Compensation Following Exercise**

Rebecca L. Emery, BA, BS, and Michele D. Levine, PhD, University of Pittsburgh, Pittsburgh, PA

3:15 p.m. – 4:45 p.m. *Paper Session 29: Diabetes and eHealth*

Salon C

Admission by name badge

Content area: Diabetes

Instructional level: All levels

Co-Chairs: Barbara A. Stetson, PhD, University of Louisville, Louisville, KY; and Karl E. Minges, MPH, Yale University, New Haven, CT

3:15 p.m. – 3:33 p.m. **Patient Characteristics Associated with Engagement in a Type 2 Diabetes mHealth Intervention**

Lyndsay A. Nelson, PhD, Shelagh A. Mulvaney, PhD, Yun Xian Ho, PhD, Kevin B. Johnson, MD, MS, and Chandra Y. Osborn, PhD, MPH, Vanderbilt University, Nashville, TN

3:33 p.m. – 3:51 p.m. **Health Communication in Social Media: Message Features Predicting User Engagement on Diabetes-Related Facebook Pages**

Holly Rus, BA, and Linda Cameron, PhD, University of California-Merced, Merced, CA

3:51 p.m. – 4:09 p.m. **Behavioral Design to Facilitate mHealth Patient Engagement**

Robin C. Anthony Kouyate, PhD, MA, Calvin C. Wilhide III, PhD, Malinda Peebles, RN, MS, CDE, Joseph Isenberg, MS, and Anand K. Iyer, PhD, MBA, WellDoc Inc., Baltimore, MD

FRIDAY, APRIL 24, 2015

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- 4:09 p.m. – 4:27 p.m. **Diabetes Educators' Insights on Connecting Smartphones with Electronic Diabetes Education System**
 Jing Wang, PhD, MPH, RN, and Mirae Kim, BSNc, University of Texas School of Nursing, Houston, TX; and Linda M. Siminerio, PhD, RN, CDE, University of Pittsburgh Diabetes Institute, Pittsburgh, PA
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- 4:27 p.m. – 4:45 p.m. **The Prevent Online Diabetes Prevention Program: Two-Year Trial Outcomes**
 Cameron Sepah, PhD, Luohua Jiang, and Anne Peters, University of California-San Francisco Medical School/Omada Health, San Francisco, CA
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- 3:15 p.m. – 4:45 p.m. **Paper Session 30: Smoking among Patient Populations**
- Salon D*
 Admission by name badge
- Content areas:** Education, training, and/or career development; pregnancy; and smoking/tobacco
Instructional level: All levels
Co-Chairs: Kathryn I. Pollak, PhD, Duke University, Durham, NC; and Amy McQueen, PhD, Washington University in St. Louis, St. Louis, MO
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- 3:15 p.m. – 3:33 p.m. **Teaching Medical Students to Help Patients Quit Smoking: Results of a 10 Medical School Randomized Controlled Trial**
 Judith K. Ockene, PhD, MEd, MA, Rashelle B. Hayes, PhD, Sybil Crawford, PhD, Linda C. Churchill, MS, and Denise Jolicoeur, MPH, CHES, University of Massachusetts Medical School, Worcester, MA; Michael Adams, MD, FACP, Georgetown University School of Medicine, Washington, DC; Sean P. David, MD, SM, DPhil, Stanford University School of Medicine, Stanford, CA; Robin Gross, MD, Georgetown University, Washington, DC; Kathryn N. Huggett, PhD, Creighton University School of Medicine, Omaha, NE; Catherine Okuliar, MD, Georgetown University Hospital, Washington, DC; and Alan Geller, MPH, RN, Harvard School of Public Health, Boston, MA
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- 3:33 p.m. – 3:51 p.m. **The Role of Identity-Related Motivation to Quit and Smoking Attitudes in Persons Living with HIV**
 Georgios Kypriotakis, PhD, and Damon J. Vidrine, DrPH, The University of Texas MD Anderson Cancer Center, Houston, TX
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- 3:51 p.m. – 4:09 p.m. **Smoking Behaviors among Urban versus Rural Pregnant Women Enrolled in the Kansas WIC Program**
 Lisette T. Jacobson, PhD, MPA, MA, University of Kansas School of Medicine-Wichita, Wichita, KS; Taneisha Scheuermann, PhD, University of Kansas School of Medicine, Kansas City, KS; and Michelle Redmond, PhD, Tracie Collins, MD, MPH, and Frank Dong, PhD, University of Kansas School of Medicine-Wichita, Wichita, KS
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- 4:09 p.m. – 4:27 p.m. **Cognitive-Behavioral Approach to Promote Tobacco-Free Living for Pregnant and Postpartum Inner City Women Smokers**
 Suzanne M. Miller, PhD, Minsun Lee, PhD, and Kuang-Yi Wen, PhD, Fox Chase Cancer Center, Philadelphia, PA
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- 4:27 p.m. – 4:45 p.m. **Postpartum Smoking Relapse: The Role of Family in the Health Behavior Choices of New Mothers**
 Beth A. Bailey, PhD, and Andrea D. Clements, PhD, East Tennessee State University, Johnson City, TN

FRIDAY, APRIL 24, 2015

3:15 p.m. – 4:45 p.m. **Paper Session 31: Pain in Chronic Conditions**

Conference room 3-4

Admission by name badge

Content area: Pain

Instructional level: All levels

Co-Chairs: Francis J. Keefe, PhD, Duke University Medical Center, Durham, NC; and William J. Sieber, PhD, University of California-San Diego, San Diego, CA

3:15 p.m. – 3:33 p.m. **The Within-Day Links between Lonely Episodes and Clinical Pain in Individuals with Fibromyalgia**

Laurie Wolf, MA, Mary C. Davis, PhD, and Ellen W. Yeung, PhD, Arizona State University, Tempe, AZ

3:33 p.m. – 3:51 p.m. **Predicting Spinal Cord Stimulator Trial and Implant Outcomes for Patients with Chronic Low Back Pain**

Claude E. Davis, PhD, East Carolina University School of Dental Medicine, Greenville, NC; Brandon N. Kyle, PhD, and Qiang Wu, PhD, East Carolina University, Greenville, NC; Juan Firnhaber, MD, East Carolina Pain Consultants, Greenville, NC; and Jacob Thorp, PT, DHS, East Carolina University, Greenville, NC

3:51 p.m. – 4:09 p.m. **Pain-Related Avoidance of Activities in Early Knee Osteoarthritis: Five-Year Follow-Up Study**

Jasmijn Holla, PhD, Marike van der Leeden, PhD, and Leo Roorda, MD, PT, PhD, Reade, Amsterdam, The Netherlands; Wim Hilberdink, PT, PCCR, Groningen, The Netherlands; and Joost Dekker, PhD, VU University Medical Center Amsterdam, Amsterdam, The Netherlands

4:09 p.m. – 4:27 p.m. **Daily Positive Mood and Pain Mediate the Sleep Quality-Activity Interference Link in Fibromyalgia**

Dhwani J. Kothari, MA, Mary C. Davis, PhD, and Ellen W. Yeung, PhD, Arizona State University, Tempe, AZ; and Howard A. Tennen, PhD, University of Connecticut Health Center, Farmington, CT

4:27 p.m. – 4:45 p.m. **Sleep Quality, Pain, and Function in People with Chronic Low Back Pain: A Daily Diary Study**

John Burns, PhD, and James Gerhart, PhD, Rush University Medical Center, Chicago, IL; Stephen Bruehl, PhD, Vanderbilt University School of Medicine, Nashville, TN; David Smith, PhD, University of Notre Dame, Notre Dame, IN; Kristina Post, PhD, University of La Verne, La Verne, CA; and Francis J. Keefe, PhD, Duke University Medical Center, Durham, NC

3:15 p.m. – 4:45 p.m. **Paper Session 32: Digital Health and Weight Loss**

Conference room 1-2

Admission by name badge

Content area: Obesity

Instructional level: Beginner/intermediate

Chair: William T. Riley, PhD, National Institutes of Health, Bethesda, MD

3:15 p.m. – 3:33 p.m. **Losing Weight with a Little Help from my Friends**

Jennifer L. Warnick, BA, Christine Pellegrini, PhD, and Bonnie Spring, PhD, ABPP, Northwestern University Feinberg School of Medicine, Chicago, IL

3:33 p.m. – 3:51 p.m. **Social Networks and Weight Loss: Evidence for Both Positive and Negative Influences**

Ginger Winston, MD, MPH, George Washington University, Washington, DC; Erica Phillips-Caesar, MD, MS, Weill Cornell Medical College, New York, NY; Elaine Wethington, PhD, Cornell University, Ithaca, NY; and Rosio Ramos, BS, and Mary Charlson, MD, Weill Cornell Medical College, New York, NY

FRIDAY, APRIL 24, 2015

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- 3:51 p.m. – 4:09 p.m. **Weight Loss: Is There Really “an App for That?”**
 Tricia M. Leahey, PhD, University of Connecticut, Storrs, CT; Andrew Seiden, BA, Johns Hopkins University Bloomberg School of Public Health, Baltimore, MD; Jamie Rosen, DietBet, New York, NY; and Kathryn Middleton, Lifespan, Providence, RI
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- 4:09 p.m. – 4:27 p.m. **Early Dietary Lapse Frequency Predicts 12-Month Success in a Behavioral Weight Loss Program**
 Evan Forman, PhD, Leah Schumacher, BS, Stephanie Manasse, BA, and Meghan L. Butryn, PhD, Drexel University, Philadelphia, PA
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- 4:27 p.m. – 4:45 p.m. **ENGAGED: RCT of a Theory-Guided, Technology-Supported, Abbreviated Behavioral Weight Loss Program**
 Bonnie Spring, PhD, ABPP, Christine Pellegrini, PhD, and H. Gene McFadden, BA, Northwestern University Feinberg School of Medicine, Chicago, IL; Sherry L. Pagoto, PhD, University of Massachusetts Medical School, Worcester, MA; and Juned Siddique, PhD, Northwestern University Feinberg School of Medicine, Chicago, IL
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- 3:15 p.m. – 4:45 p.m. **Paper Session 33: Worksite-Based Activity and Obesity Programs**
Conference room 13-14
Admission by name badge
Content areas: Obesity and physical activity
Instructional level: All levels
Co-Chairs: Karen M. Emmons, PhD, Kaiser Foundation Research Institute, Oakland, CA; and Lorna M. Haughton McNeill, MPH, PhD, The University of Texas MD Anderson Cancer Center, Houston, TX
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- 3:15 p.m. – 3:33 p.m. **The Reach and Effectiveness of an Incentive-Based Worksite Weight Loss Program**
 Paul A. Estabrooks, PhD, Wen You, PhD, and Fabio Almeida, PhD, Virginia Tech, Roanoke, VA; Jennie Hill, PhD, Brenda M. Davy, PhD, RD, and Samantha Harden, PhD, Virginia Tech, Blacksburg, VA; Russell Glasgow, PhD, University of Colorado School of Medicine, Denver, CO; and Laura Linnan, ScD, University of North Carolina at Chapel Hill, Chapel Hill, NC
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- 3:33 p.m. – 3:51 p.m. **Effectiveness of Integrating Behavioral Strategies into the FIT Rx 90 Weight Loss Program**
 Sallie Beth Johnson, MPH, MCHES, and Mark Greenawald, MD, Virginia Tech/Carilion Clinic, Roanoke, VA; Wayne Grey, MS, Jenna Bartlett, MS, Don Mankie, RD, Liz Kane, MS, and Jason Bunn, MS, Carilion Clinic, Roanoke, VA; and Paul A. Estabrooks, PhD, Virginia Tech/Carilion Clinic, Roanoke, VA
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- 3:51 p.m. – 4:09 p.m. **Trajectories and Socio-Demographic Predictors of Steps in a Worksite Intervention: ASUKI-Step**
 Cheryl Der Ananian, PhD, Arizona State University, Phoenix, AZ; Ali Soroush, Kermanshah University of Medical Sciences, Kermanshah, Iran; Barbara E. Ainsworth, PhD, Michael Belyea, PhD, Pamela Swan, PhD, and Jenelle Walker, PhD, Arizona State University, Phoenix, AZ; Eric Poortvliet, Karolinska Institute, Huddinge, Sweden; and Agneta Yngve, Örebro University, Stockholm, Sweden
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- 4:09 p.m. – 4:27 p.m. **Efficacy of Active Sitting Desks for Reducing Occupational Sedentary Time and Improving Health**
 Lucas Carr, PhD, and Roberto Benzo, BS, University of Iowa, Iowa City, IA; Christoph Leonhard, PhD, The Chicago School of Professional Psychology, Chicago, IL; and Alex Ferrer and Sanjana Ramesh, University of Iowa, Iowa City, IA
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- 4:27 p.m. – 4:45 p.m. **Predictors of Success in a Worksite Weight Management Study**
 Heather M. Padilla, MS, RD, LD, Mark Wilson, HSD, David DeJoy, PhD, Robert Vandenberg, PhD, Alexander LoPilato, and Heather Zuercher, MPH, University of Georgia, Athens, GA

FRIDAY, APRIL 24, 2015

3:15 p.m. – 4:45 p.m. **Paper Session 34: Predictors of Adult Physical Activity**

Conference room 12

Admission by name badge

Content area: Physical activity

Instructional level: Beginner/intermediate

Co-Chairs: James Sallis, PhD, University of California-San Diego, San Diego, CA; and Kathleen Wolin, ScD, Coeus Health, Chicago, IL

3:15 p.m. – 3:33 p.m. **Effects on Cognitive Function from 20 Hours of Training: Secondary Outcomes from the CORTEX Trial**

Tiffany A. Bullard, Sarah E. Banducci, BS, Jason Cohen, BS, and Daniel Palac, BS, MA, University of Illinois, Urbana, IL; Kirk Erickson, PhD, University of Pittsburgh, Pittsburgh, PA; Louis Bherer, PhD, Concordia University, Montreal, Quebec, Canada; and Arthur F. Kramer, PhD, Edward McAuley, PhD, and Sean P. Mullen, PhD, University of Illinois, Urbana, IL

3:33 p.m. – 3:51 p.m. **Parenthood Status Differentially Relates to Levels of Physical Activity and Sedentary Behavior**

Rick LaCaille, PhD, and Lara J. LaCaille, PhD, University of Minnesota-Duluth, Duluth, MN; and Alyssa Schultz, BAS, University of Minnesota, Minneapolis, MN

3:51 p.m. – 4:09 p.m. **Latent Profile Analysis of GIS-Measured Environments for Physical Activity in Older Adults**

Michael Todd, PhD, Marc A. Adams, PhD, and Jonathan Kurka, MS, Arizona State University, Phoenix, AZ; Terry Conway, PhD, and Kelli Cain, MA, University of California-San Diego, San Diego, CA; Lawrence Frank, PhD, University of British Columbia, Vancouver, British Columbia, Canada; James Sallis, PhD, University of California-San Diego, San Diego, CA; and Abby C. King, PhD, Stanford University School of Medicine, Stanford, CA

4:09 p.m. – 4:27 p.m. **A Meta-Analytic Review of the Effects of Goal Setting on Physical Activity Behavior**

Desmond McEwan, MSc, University of British Columbia, Vancouver, British Columbia, Canada; Samantha Harden, PhD, Virginia Tech, Blacksburg, VA; Bruno D. Zumbo, PhD, Benjamin D. Sylvester, MA, Megan Kaulius, BA, and GERALYN RUISSSEN, BSc, University of British Columbia, Vancouver, British Columbia, Canada; A. Justine Dowd, PhD, University of British Columbia Okanagan, Kelowna, British Columbia, Canada; and Mark Beauchamp, PhD, University of British Columbia, Vancouver, British Columbia, Canada

4:27 p.m. – 4:45 p.m. **How Morning Cognitive and Feeling States Predict Daily Physical Activity Levels among Adults**

Yue Liao, MPH, and Genevieve F. Dunton, PhD, MPH, University of Southern California, Los Angeles, CA

3:15 p.m. – 4:45 p.m. **Paper Session 35: Cancer, Coping, and Quality of Life**

Conference room 17

Admission by name badge

Content area: Cancer

Instructional level: Beginner/intermediate

Co-Chairs: Deborah Bowen, PhD, University of Washington, Seattle, WA; and Sherrie L. Wallington, PhD, Lombardi Comprehensive Cancer Center, Washington, DC

3:15 p.m. – 3:33 p.m. **Coping Style, Quality of Life, and Cancer-Specific Distress in Men with Advanced Prostate Cancer**

Heather L. McGinty, PhD, Sarah C. Flury, MD, Betina Yanez, PhD, Molly S. Hermiller, MPPA, Max F. Kelsten, BS, and Frank J. Penedo, PhD, Northwestern University Feinberg School of Medicine, Chicago, IL

FRIDAY, APRIL 24, 2015

3:33 p.m. – 3:51 p.m. **The Ick Factor Matters: Disgust Prospectively Predicts Avoidance in Chemotherapy Patients**
 Lisa Reynolds, MSc, PGDipHlthPsych, and Ian P. Bissett, MBChB, FRACS, MD, The University of Auckland, Auckland, New Zealand; David Porter, MBChB, FRACP, MD, Auckland Regional Cancer and Blood Service, Auckland, New Zealand; and Nathan S. Consedine, PhD, The University of Auckland, Auckland, New Zealand

3:51 p.m. – 4:09 p.m. **Social Constraint Does Not Always Hurt: Moderating Effect of Acculturation among Cancer Survivors**
 Celia Ching Yee Wong, MPhil, and Qian Lu, MD, PhD, University of Houston, Houston, TX

4:09 p.m. – 4:27 p.m. **Adding Insult to Illness: Negative Life Events, Coping with Cancer, and Quality of Life**
 Thomas V. Merluzzi, PhD, University of Notre Dame, Notre Dame, IN; Andrea Chirico, PsyD, University of Rome (La Sapienza), Naples, Italy; Samantha Serpentine, PsyD, Institute of Oncology (Veneto), Padua, Italy; Errol J. Philip, PhD, private practice, Diamond Bar, CA; and Miao Yang, MA, University of Notre Dame, Notre Dame, IN

4:27 p.m. – 4:45 p.m. **Social Relationship Coping Efficacy Mitigates Loss of Social Support in Persons with Cancer**
 Thomas V. Merluzzi, PhD, University of Notre Dame, Notre Dame, IN; Samantha Serpentine, PsyD, Institute of Oncology (Veneto), Padua, Italy; Miao Yang, MS, University of Notre Dame, Notre Dame, IN; and Errol J. Philip, PhD, private practice, Diamond Bar, CA

3:15 p.m. – 4:45 p.m. ***Paper Session 36: Exercise in Cancer Survivors***

Conference room 18

Admission by name badge

Content areas: Cancer and physical activity

Instructional level: Beginner/intermediate

Co-Chairs: Siobhan M. Phillips, PhD, MPH, Northwestern University Feinberg School of Medicine, Chicago, IL; and Linda Trinh, PhD, University of Toronto, Toronto, Ontario, Canada

3:15 p.m. – 3:33 p.m. **Use of a Home-Based Strength Training Program among Post-Operative Breast Cancer Patients**
 Ashley Falcon, PhD, MPH, Noella Dietz, PhD, Kris Arheart, EdD, Kris Arheart, EdD, and David Lee, PhD, University of Miami, Miami, FL; Kathryn Schmitz, PhD, MPH, University of Pennsylvania School of Medicine, Philadelphia, PA; and Mark Stoutenberg, PhD, MSPH, University of Miami, Miami, FL

3:33 p.m. – 3:51 p.m. **Peer Mentors Delivering a Physical Activity Intervention for Cancer Survivors: Results among Mentors**
 Bernardine M. Pinto, PhD, University of South Carolina, Columbia, SC; Kevin Stein, PhD, American Cancer Society, Atlanta, GA; and Shira I. Dunsiger, PhD, The Miriam Hospital, Providence, RI

3:51 p.m. – 4:09 p.m. **Physical Activity among Cancer Survivors Referred for Exercise Training: A Longitudinal Evaluation**
 Cassidy A. Cisneros, BA, and Heidi A. Hamann, PhD, University of Texas Southwestern Medical Center, Dallas, TX; Paula Anderson, RN, MN, and Bonnie Rose, RN, BSN, OCN, University of Texas Southwestern Moncrief Cancer Institute, Fort Worth, TX; Rachel Funk, PhD, University of Oklahoma Health Sciences Center, Oklahoma, OK; Joanne Sanders, MS, University of Texas Southwestern Medical Center, Dallas, TX; and Emily A. Berry, MSPH, and Keith Argenbright, MD, University of Texas Southwestern Moncrief Cancer Institute, Fort Worth, TX

FRIDAY, APRIL 24, 2015

4:09 p.m. – 4:27 p.m. **Cardiorespiratory Fitness, Physical Activity, and Working Memory in Breast Cancer Survivors**
Michael J. Mackenzie, PhD, University of Delaware, Newark, DE; Krystle E. Zuniga, PhD, RD, Texas State University, San Marcos, TX; and Lauren B. Raine, BSc, Elizabeth A. Awick, MS, Charles Hillman, PhD, Arthur F. Kramer, PhD, and Edward McAuley, PhD, University of Illinois, Urbana, IL

4:27 p.m. – 4:45 p.m. **BEAT Cancer Intervention Effects on Physical Activity and Quality of Life in Breast Cancer Survivors**
Laura Q. Rogers, MD, MPH, University of Alabama at Birmingham, Birmingham, AL; Kerry S. Courneya, PhD, University of Alberta, Edmonton, Alberta, Canada; Philip M. Anton, PhD, Southern Illinois University, Carbondale, IL; Patricia Hopkins-Price, PhD, Steven Verhulst, PhD, Sandra Vicari, PhD, and Randall Robbs, MBA, Southern Illinois University School of Medicine, Springfield, IL; Karen Hoelzer, MD, Springfield Clinic, Springfield, IL; Robert Mocharnuk, MD, Southern Illinois University School of Medicine, Springfield, IL; and Edward McAuley, PhD, University of Illinois, Urbana, IL

5 p.m. – 6 p.m. **Keynote: Poverty. Substandard Education. Unemployment. Health Disparities. Limited Opportunities. Crime. Hopelessness.**

Salon EF

Admission by name badge

Content area: Other

Instructional level: All levels

Presenter: Carol R. Naughton, JD, Purpose Built Communities, Atlanta, GA

Moderator: Lisa M. Klesges, PhD, University of Memphis, Memphis, TN

These challenges blight the landscape and limit opportunities for residents in areas of concentrated poverty. The result: generations of suffering, a pervasive sense of hopelessness, and the belief that a better life is out of reach. Purpose Built Communities is a nonprofit consulting firm dedicated to transforming struggling neighborhoods into vibrant, sustainable communities where everyone has the opportunity to thrive. The firm works with local leaders—at no charge—to bring together the vital components necessary for holistic neighborhood revitalization: high-quality, mixed-income housing; an effective cradle-to-college education pipeline; and comprehensive community wellness resources, organized and driven by a newly-created, single-purpose nonprofit organization. The aim is to help local leaders achieve their desired results while saving them both time and money. This is a long-term, hands-on relationship. Dr. Naughton is Purpose Built Communities' senior vice president.



6 p.m. – 7 p.m. **Exhibit Hall Open**

Salon GHI

Admission by name badge

Stop by vendors' tables in the exhibit hall.

Not eligible for continuing education credit.

6 p.m. – 7 p.m. **Poster Session C**

Salon GHI

Admission by name badge

It's Friday night and this poster session will get attendees ready for a wonderful night on the town. Make the poster hall the meeting spot for going out parties! Cash bar and complimentary hors d'oeuvres will be provided.

Not eligible for continuing education credit.

SATURDAY, APRIL 25, 2015

Day at a Glance

Start	End	Title
7 a.m.	11 a.m.	Registration Open
7:30 a.m.	8:30 a.m.	Business Meeting
8:45 a.m.	10:15 a.m.	Paper Sessions
10:15 a.m.	11:15 a.m.	Poster Session D/ Exhibit Hall Open
10:30 a.m.	11:15 a.m.	Master Lecture
11:30 a.m.	12:30 p.m.	Closing Keynote

7 a.m. – 11 a.m. **Registration Open**

7:30 a.m. – 8:30 a.m. **Business Meeting**

Salon KL

Admission by name badge

SBM Board members will go through the following agenda. Breakfast will be served.

Call to order: Lisa M. Klesges, PhD, president

Secretary/treasurer's report: Michael A. Diefenbach, PhD, secretary/treasurer

Call for bylaws amendment vote: Michael A. Diefenbach, PhD, secretary/treasurer

Membership report: Monica L. Baskin, PhD, Membership Council chair

2015 Annual Meeting report: Lila J. Finney Rutten, PhD, MPH, Program Committee chair

President's report: Lisa M. Klesges, PhD, president

Nominating Committee report/election results: Michael A. Diefenbach, PhD, secretary/treasurer

Results of bylaws amendment vote: Michael A. Diefenbach, PhD, secretary/treasurer

Transition of the presidency: Lisa M. Klesges, PhD, president, and Marian L. Fitzgibbon, PhD, president-elect

Plans for 2015-16: Marian L. Fitzgibbon, PhD, president

Business meeting adjournment: Marian L. Fitzgibbon, PhD, president

Not eligible for continuing education credit.

8:45 a.m. – 10:15 a.m. **Paper Session 37: Military and Veterans Health**

Salon AB

Admission by name badge

Content areas: Cardiovascular, mental health, and other

Instructional level: Beginner/intermediate

Co-Chairs: Linda S. Kinsinger, MD, MPH, Veterans Health Administration National Center for Health Promotion and Disease Prevention, Durham, NC; and Robert Kerns, PhD, VA Connecticut Healthcare System, West Haven, CT

8:45 a.m. – 9:03 a.m.

Health Beliefs of Soldiers about Seeking Physical Health Services over Time

Radhika Pasupuleti, PhD, War Related Illness and Injury Study Center VA New Jersey Health Care System, East Orange, NJ; Lisa McAndrew, PhD, and Nicole Anastasides, MS, VA New Jersey Health Care System, East Orange, NJ; and Karen S. Quigley, PhD, Department of Veterans Affairs, Bedford, MA

9:03 a.m. – 9:21 a.m.

PTSD and Distress Tolerance in a Sample of Male Veterans with Comorbid Substance Use Disorders

Christine Vinci, PhD, The University of Texas MD Anderson Cancer Center, Houston, TX; Natalie Mota, MA, University of Manitoba, Winnipeg, Manitoba, Canada; Erin Berenz, PhD, Virginia Commonwealth University, Richmond, VA; and Kevin Connolly, PhD, G.V. (Sonny) Montgomery Jackson VA Medical Center, Jackson, MS

SATURDAY, APRIL 25, 2015

- 9:21 a.m. – 9:39 a.m. **Implementing Blue Button in VA Primary Care Settings: Survey and Interview Findings**
Lorlei M. Richardson, MS, VA eHealth Quality Enhancement Research Initiative, Bedford, MA; Tana Luger, PhD, VA Center for Healthcare Organization and Implementation Research, Bedford, MA; Jennifer N. Hill, MA, Edward Hines Jr. VA Hospital, Hines, IL; Kim Nazi, PhD, Veterans and Consumers Health Informatics Office, Albany, NY; Howard Gordon, MD, Jesse Brown VA Medical Center, Chicago, IL; Jeffrey Whittle, MD, MPH, Milwaukee VA Medical Center, Milwaukee, WI; Frances Weaver, PhD, Edward Hines Jr. VA Hospital, Hines, IL; Keith McInnes, ScD, VA Center for Healthcare Organization and Implementation Research, Bedford, MA; Steven Simon, MD, VA Boston Healthcare System, Jamaica Plain, MA; Bridget Smith, PhD, Edward Hines Jr. VA Hospital, Hines, IL; and Timothy Hogan, PhD, VA Center for Healthcare Organization and Implementation Research, Bedford, MA
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- 9:39 a.m. – 9:57 a.m. **Reach and Effectiveness of Evidence-Based Psychotherapies for Veterans with Post-Traumatic Stress Disorder**
Eu Gene Chin, MA, and Jeanne M. Gabriele, PhD, G.V. (Sonny) Montgomery Jackson VA Medical Center, Jackson, MS; Sara N. Edmond, MA, Amee B. Patel, PhD, MEd, and Lauren Baillie, PhD, G.V. (Sonny) Montgomery Jackson VA Medical Center, Jackson, MS
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- 9:57 a.m. – 10:15 a.m. **Shared Medical Visit for Hypertension in a Veterans Affairs Ambulatory Care Clinic**
Sierra Thompson, PsyD, VA North Texas Health Care System, Dallas, TX; LaDonna Saxon, PhD, Department of Veterans Affairs, Dallas, TX; and Daniel C. Kildow, PharmD, MSHA, BCACP, CDE, VA NorthTexas Health Care System, Dallas, TX
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- 8:45 a.m. – 10:15 a.m. **Paper Session 38: Genetic Counseling**
- Salon KL*
Admission by name badge
- Content areas:** Cancer and obesity
Instructional level: Beginner/intermediate
Chair: Catharine Wang, PhD, Boston University School of Public Health, Boston, MA
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- 8:45 a.m. – 9:03 a.m. **Genomic Awareness and Attitudes among English- and Spanish-Speaking Latinos**
Jada G. Hamilton, PhD, MPH, and Elyse Shuk, MA, Memorial Sloan Kettering Cancer Center, New York, NY; Guedy Arniella, LCSW, Institute for Family Health, New York, NY; and Carlos J. González, MFA, Geoffrey S. Gold, BA, Francesca Gany, MD, MS, Mark E. Robson, MD, and Jennifer Hay, PhD, Memorial Sloan Kettering Cancer Center, New York, NY
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- 9:03 a.m. – 9:21 a.m. **Genetic Counselors' Discussion of Illness Representations and the Impact on Patient Participation**
Courtney L. Scherr, PhD, and Susan Vadaparampil, PhD, MPH, Moffitt Cancer Center, Tampa, FL; and Marifran Mattson, PhD, Purdue University, West Lafayette, IN
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- 9:21 a.m. – 9:39 a.m. **The Impact of Cancer Genetic Counseling on Patients' Mental Models of Genetic Risk for Cancer**
Courtney L. Scherr, PhD, and Susan Vadaparampil, PhD, MPH, Moffitt Cancer Center, Tampa, FL; and Marifran Mattson, PhD, Purdue University, West Lafayette, IN
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- 9:39 a.m. – 9:57 a.m. **Genomic Information may Inhibit Behavior Change Inclinations among Individuals in a Fear State**
Susan Persky, PhD, National Human Genome Research Institute, Bethesda, MD; and Rebecca A. Ferrer, PhD, and William M. Klein, PhD, National Cancer Institute, Bethesda, MD

SATURDAY, APRIL 25, 2015

9:57 a.m. – 10:15 a.m. **Changes in Ovarian Cancer Worry and Risk among High-Risk Women after Genetic Counseling**
M. Robyn Andersen, PhD, MPH, and Jason Thorpe, MS, Fred Hutchinson Cancer Research Center, Seattle, WA; J. David Beatty, MD, Swedish Hospital, Seattle, WA; Kate Watabayashi, Fred Hutchinson Cancer Research Center, Seattle, WA; Robert Resta and Charles Drescher, MD, Swedish Hospital, Seattle, WA; and Nicole Urban, ScD, Fred Hutchinson Cancer Research Center, Seattle, WA

8:45 a.m. – 10:15 a.m. **Paper Session 39: Medication Adherence: Predictors and Interventions**

Salon M

Admission by name badge

Content areas: Diabetes, HIV/AIDS, and other

Instructional level: Beginner/intermediate

Chair: Alan J. Christensen, PhD, University of Iowa, Iowa City, IA

8:45 a.m. – 9:03 a.m. **Managing Type 1 Diabetes in Late Adolescence: Individual and Daily Fluctuations in Goal Regulation**
Deborah Wiebe, PhD, University of California-Merced, Merced, CA; Cynthia Berg, PhD, University of Utah, Salt Lake City, UT; Ashley Baker, MS, University of California-Merced, Merced, CA; and Tammy Stump, MS, University of Utah, Salt Lake City, UT

9:03 a.m. – 9:21 a.m. **Patients' Perspectives on Text Messaging to Support Medication Adherence**
Lauren Rapacki, MS, Jennifer Piemonte, BA, Ben Gerber, MD, and Lisa Sharp, PhD, University of Illinois at Chicago, Chicago, IL

9:21 a.m. – 9:39 a.m. **Latent Class Syndemic Factors and Medical Adherence among African-American HIV-Positive Drug Users**
Allysha C. Robinson, MPH, and Amy R. Knowlton, ScD, MPH, Johns Hopkins University Bloomberg School of Public Health, Baltimore, MD

9:39 a.m. – 9:57 a.m. **How We Ask: Comparing Simple to Barriers-Based Methods of Assessing Medication Non-Adherence in Type 2 Diabetes**
John Billimek, PhD, Marco A. Angulo, MD, MA, Dara H. Sorkin, PhD, Sheldon Greenfield, MD, and Sherrie H. Kaplan, PhD, MPH, University of California-Irvine, Irvine, CA

9:57 a.m. – 10:15 a.m. **Predictors of Antiretroviral Adherence among Active Methamphetamine Users with HIV**
Jessica L. Montoya, MS, San Diego State University/University of California-San Diego Joint Doctoral Program in Clinical Psychology, San Diego, CA; Ben Gouaux, BA, and Alexandra Rooney, BA, University of California-San Diego, San Diego, CA; Kaitlin Casaletto, MS, San Diego State University/University of California-San Diego Joint Doctoral Program in Clinical Psychology, San Diego, CA; Igor Grant, MD, University of California-San Diego, San Diego, CA; and David A. Moore, PsyD, MD Anderson Cancer Center at Cooper University Hospital, Philadelphia, PA

8:45 a.m. – 10:15 a.m. **Paper Session 40: Technology-Based Smoking Cessation Interventions**

Salon C

Admission by name badge

Content area: Smoking/tobacco

Instructional level: All levels

Co-Chairs: Erik Augustson, PhD, MPH, National Cancer Institute, Rockville, MD; and Rajani S. Sadasivam, PhD, University of Massachusetts Medical School, Worcester, MA

SATURDAY, APRIL 25, 2015

- 8:45 a.m. – 9:03 a.m. **Using Computational Methods to Assess Interpersonal Interactions in a Smoking Cessation Facebook Community**
Heather Cole-Lewis, PhD, MPH, MA, ICF International, Rockville, MD; Adler Perotte, MD, MA, Columbia University, New York, NY; Kasia Galica, MA, ICF International, Rockville, MD; Lindy Dreyer and Mary Schwarz, ICF International, Fairfax, VA; and Erik Augustson, PhD, MPH, and Heather Patrick, PhD, National Cancer Institute, Rockville, MD
- 9:03 a.m. – 9:21 a.m. **Evaluation of a Smoking Cessation Text Message Program with Former and Current Users**
Sondra Dietz, MPH, MA, and Bethany Tennant, PhD, ICF International, Fairfax, VA; Brian Keefe, MA, and Carol Freeman, ICF International, Rockville, MD; Mary Schwarz, ICF International, Fairfax, VA; and Erik Augustson, PhD, MPH, and Heather Patrick, PhD, National Cancer Institute, Rockville, MD
- 9:21 a.m. – 9:39 a.m. **Collective-Intelligence versus Rule-Based Tailoring: Preliminary Results of an RCT**
Rajani S. Sadasivam, PhD, and Thomas English, PhD, University of Massachusetts Medical School, Worcester, MA; Roy Adams, MS, and Benjamin M. Marlin, PhD, University of Massachusetts Amherst, Amherst, MA; and Thomas Houston, MD, University of Massachusetts Medical School, Worcester, MA
- 9:39 a.m. – 9:57 a.m. **Real-World Engagement with a Text-Message Delivered Smoking Cessation Intervention**
Yvonne M. Hunt, PhD, MPH, National Cancer Institute Tobacco Control Research Branch, Rockville, MD; Amy Sanders, MA, ICF Interactive, Rockville, MD; Heather Cole-Lewis, PhD, MPH, MA, ICF International, Rockville, MD; Mary Schwarz, ICF International, Fairfax, VA; and Erik Augustson, PhD, MPH, National Cancer Institute, Rockville, MD
- 9:57 a.m. – 10:15 a.m. **Testing a Context-Aware, Evidence-Based, Just-In-Time Adaptive Intervention for Smoking Cessation**
Ellen Beckjord, PhD, MPH, UPMC Health Plan, Pittsburgh, PA; Saul Shiffman, PhD, Alexandra Cardy, BS, and Dana H. Bovbjerg, PhD, University of Pittsburgh, Pittsburgh, PA; Daniel Siewiorek, PhD, Carnegie Mellon University, Pittsburgh, PA; and Gagan Jindal, MPH, Vincent Smith, BS, Dave Klein, MBA, and Praduman Jain, MS, Vibrent Inc., Fairfax, VA

8:45 a.m. – 10:15 a.m. **Paper Session 41: Health Communication and Information Seeking**

Salon D

Admission by name badge

Content areas: Cancer and other

Instructional level: Beginner/intermediate

Co-Chairs: Lila J. Finney Rutten, PhD, MPH, Mayo Clinic, Rochester, MN; and Bradford W. Hesse, PhD, National Cancer Institute, Rockville, MD

- 8:45 a.m. – 9:03 a.m. **Surrogate Digital Access: A Family-Systems Investigation of Older Adult Technology Access and Use**
Tana Luger, PhD, VA Center for Healthcare Organization and Implementation Research, Bedford, MA; Lorlei M. Richardson, MS, VA eHealth Quality Enhancement Research Initiative, Bedford, MA; Lisa Cioffari-Bailiff, BA, University of Massachusetts Medical School, Worcester, MA; Timothy Hogan, PhD, VA Center for Healthcare Organization and Implementation Research, Bedford, MA; Kimberly L.L. Harvey, MPH, University of Massachusetts Medical School, Worcester, MA; and Thomas Houston, MD, MPH, VA Center for Healthcare Organization and Implementation Research, Bedford, MA
- 9:03 a.m. – 9:21 a.m. **Disparities in Activation and Use of an Online Patient Portal among Older Adults**
Samuel G. Smith, PhD, Rachel O'Connor, MPH, William Aitken, MS, Laura M. Curtis, MS, Mita S. Goel, MD, MPH, and Michael S. Wolf, PhD, MPH, Northwestern University Feinberg School of Medicine, Chicago, IL

SATURDAY, APRIL 25, 2015

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- 9:21 a.m. – 9:39 a.m. **Willingness to Exchange Health Information Using Mobile Phones: A Quantitative Analysis**
 Katrina J. Serrano, PhD, CHES, and Audie A. Atienza, PhD, National Cancer Institute Science of Research and Technology Branch, Bethesda, MD
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- 9:39 a.m. – 9:57 a.m. **Seeking Health Information Online among Older Adults from a National Representative Survey HINTS**
 Jinmyoung Cho, PhD, Baylor Scott & White Health, Temple, TX; and Y. Alicia Hong, PhD, Texas A&M Health Science Center School of Public Health, College Station, TX
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- 9:57 a.m. – 10:15 a.m. **Family Ties: The Role of Family Context on Family Health History Communication about Cancer**
 Vivian M. Rodriguez, PhD, Memorial Sloan Kettering Cancer Center, New York, NY; Rosalie Corona, PhD, Virginia Commonwealth University, Richmond, VA; Joann N. Bodurtha, MD, MPH, Johns Hopkins University, Baltimore, MD; and John M. Quillin, PhD, MPH, Virginia Commonwealth University, Richmond, VA
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- 8:45 a.m. – 10:15 a.m. **Paper Session 42: Sleep: Outcomes and Processes**
- Salon J*
 Admission by name badge
- Content areas:** Mental health, obesity, and sleep
Instructional level: All levels
Chair: Brian D. Gonzalez, PhD, Moffitt Cancer Center, Tampa, FL
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- 8:45 a.m. – 9:03 a.m. **Population Assessment of Sleep Duration, Chronotype, and Body Mass Index**
 Susan K. Malone, RN, University of Pennsylvania, Philadelphia, PA; Freda Patterson, PhD, and Yinghui Lu, PhD, Temple University, Philadelphia, PA; and Alexandra L. Hanlon, PhD, University of Pennsylvania, Philadelphia, PA
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- 9:03 a.m. – 9:21 a.m. **Violence Exposure, Social Cognitive Processing, and Sleep Problems in Urban Adolescents**
 Stephen Lepore, PhD, Temple University, Philadelphia, PA; and Wendy Kliewer, PhD, Virginia Commonwealth University, Richmond, VA
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- 9:21 a.m. – 9:39 a.m. **Risk for Sleep Apnea and Weight Loss Treatment Outcomes among Adults with Metabolic Syndrome**
 Matthew C. Whited, PhD, East Carolina University, Greenville, NC; Gin-Fei Olendzki, MS, MBA, Yunsheng Ma, MD, PhD, and Molly E. Waring, PhD, University of Massachusetts Medical School, Worcester, MA; Kristin L. Schneider, PhD, Rosalind Franklin University of Medicine and Science, North Chicago, IL; Bradley M. Appelhans, PhD, Rush University Medical Center, Chicago, IL; Andrew M. Busch, PhD, Brown University, Providence, RI; and James Chesebro, MD, and Sherry L. Pagoto, PhD, University of Massachusetts Medical School, Worcester, MA
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- 9:39 a.m. – 9:57 a.m. **The Influence of Weight Loss on Sleep Improvement in Obese Adults: Results from the Heads Up Study**
 Valerie H. Myers, PhD, Klein Buendel Inc., Golden, CO; and Phillip J Brantley, PhD, Krystal K. Waldo, MA, Robert L. Newton, PhD, Melissa N. Harris, MPA, Patricia S. Boyd, BA, Ricky D. Brock, RD, Catherine M. Champagne, PhD, RDN, Molly R. Matthews-Ewald, PhD, MS, William D. Johnson, PhD, Dachuan Zhang, MAppStats, Timothy Church, MPH, MS, PhD, MD, and Donna H. Ryan, MD, Pennington Biomedical Research Center, Baton Rouge, LA
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- 9:57 a.m. – 10:15 a.m. **Biological Markers of Improvement in Sleep Quality Following Exercise in Major Depressive Disorder**
 Chad Rethorst, PhD, Tracy Greer, PhD, Ira Bernstein, PhD, and Madhukar Trivedi, MD, University of Texas Southwestern Medical Center, Dallas, TX

SATURDAY, APRIL 25, 2015

8:45 a.m. – 10:15 a.m. **Paper Session 43: Assessing and Managing Pain**

Conference room 3-4

Admission by name badge

Content areas: Cancer and pain

Instructional level: Beginner/intermediate

Chair: Barbara Resnick, PhD, CRNP, University of Maryland, Baltimore, MD

8:45 a.m. – 9:07 a.m. **Relation of Battery for Health Improvement 2 Scores and Spinal Cord Stimulator Surgery**
Brandon N. Kyle, PhD, Claude E. Davis, PhD, Jacob Thorp, PT, DHS, and Qiang Wu, PhD, East Carolina University, Greenville, NC; and Juan Firnhaber, MD, East Carolina Pain Consultants, Greenville, NC

9:07 a.m. – 9:30 a.m. **A Hybrid In-Person and mHealth Pain Coping Skills Intervention for Stem Cell Transplant Patients**
Sarah A. Kelleher, PhD, Hannah M. Fisher, BS, Rebecca A. Shelby, PhD, Keith M. Sullivan, MD, Amy P. Abernethy, MD, PhD, Francis J. Keefe, PhD, and Tamara J. Somers, PhD, Duke University Medical Center, Durham, NC

9:30 a.m. – 9:52 a.m. **Co-Morbid Addiction and Pain: Long-Term, Psycho-Physiological Effects after Opioid Cessation**
Amy Wachholtz, PhD, MDiv, MS, University of Massachusetts Medical School, Worcester, MA

9:52 a.m. – 10:15 a.m. **Two Phases of Piloting a mHealth Behavioral Intervention for Cancer Pain**
Tamara J. Somers, PhD, and Sarah A. Kelleher, PhD, Duke University Medical Center, Durham, NC; Sara N. Edmond, MA, University of Mississippi Medical Center, Jackson, MS; and Anava A. Wren, MA, Hannah M. Fisher, BS, Amy P. Abernethy, MD, PhD, and Francis J. Keefe, PhD, Duke University Medical Center, Durham, NC

8:45 a.m. – 10:15 a.m. **Paper Session 44: Mental Health Interventions**

Conference room 1-2

Admission by name badge

Content areas: Diabetes and mental health

Instructional level: All levels

Chair: Andrea D. Clements, PhD, East Tennessee State University, Johnson City, TN

8:45 a.m. – 9:03 a.m. **Online Cognitive Behavioral Therapy Is a Novel Approach for Delivering Mental Health Treatment to Minority Populations**
Charles Jonassaint, PhD, Bea Belnap, PhD, Kaleab Abebe, PhD, and Bruce Rollman, MD, MPH, University of Pittsburgh, Pittsburgh, PA

9:03 a.m. – 9:21 a.m. **Acceptance and Commitment Therapy for Treatment-Refractory Patients with Medical and Psychiatric Conditions**
Megan Oser, PhD, and Gabe Gruner, LICSW, Brigham and Women's Hospital, Boston, MA; and Vanessa Alvarez, MA, Suffolk University, Boston, MA

9:21 a.m. – 9:39 a.m. **Mental Health Recovery in the Patient-Centered Medical Home**
Marisa Sklar, MS, San Diego State University/University of California-San Diego Joint Doctoral Program in Clinical Psychology, San Diego, CA; and Erik J. Groessl, PhD, and Gregory A. Aarons, PhD, University of California-San Diego, San Diego, CA

9:39 a.m. – 9:57 a.m. **Quality of Life Improved in Individuals with Diabetes and Chronic Pain in a CBT-Based Program Delivered by CHWS**
Susan J. Andreae, MPH, Christopher Gamboa, MPH, Joshua S. Richman, MD, PhD, and Monika M. Safford, MD, University of Alabama at Birmingham, Birmingham, AL

SATURDAY, APRIL 25, 2015

9:57 a.m. – 10:15 a.m. **Depressed and Anxious Primary Care Patients' Use of an Internet-Delivered Computerized CBT Program**
 Bea Belnap, PhD, Kaleab Abebe, PhD, Patrice Gibbs, MS, Amy Anderson, MS, Christopher Wiltrout, BS, and Bruce Rollman, MD, MPH, University of Pittsburgh, Pittsburgh, PA

8:45 a.m. – 10:15 a.m. **Paper Session 45: Energy Balance in Diverse Populations**

Conference room 13-14

Admission by name badge

Content areas: Obesity and physical activity

Instructional level: Beginner/intermediate

Chair: Stephanie L. Fitzpatrick, PhD, Rush University Medical Center, Chicago, IL

8:45 a.m. – 9:07 a.m. **Association of Food Insecurity and Overweight and Obesity across Low-Income Hispanic Subgroups**
 Teresa M. Smith, PhD, MS, Gretchen Swanson Center for Nutrition, Omaha, NE; Uriyoán Colón-Ramos, PhD, George Washington University, Washington, DC; and Courtney A. Pinard, PhD, and Amy L. Yaroch, PhD, Gretchen Swanson Center for Nutrition, Omaha, NE

9:07 a.m. – 9:30 a.m. **Race Moderates the Association between Body Weight and Subjective Health among Mid-Life Adults**
 Juliette M. Iacovino, MA, Ryan Bogdan, PhD, and Thomas F. Oltmanns, PhD, Washington University in St. Louis, St. Louis, MO

9:30 a.m. – 9:52 a.m. **Risk and Protective Factors for Childhood Obesity in Southeast Asian Communities**
 Akilah Dulin Keita, PhD, Shannon Whittaker, BA, and Jamila Wynter, BA, Brown University, Providence, RI; Tamnet Kidanu, BA, St. Catherine University, St. Paul, MN; Michelle Cardel, PhD, University of Colorado, Aurora, CO; and Kim M. Gans, PhD, Brown University, Providence, RI

9:52 a.m. – 10:15 a.m. **The Effects of Age and Social Life on Physical Activity in Underserved African American Adults**
 Tyler C. McDaniel, MA, Dawn K. Wilson, PhD, and Sydney S. Smith, MS, University of South Carolina, Columbia, SC

8:45 a.m. – 10:15 a.m. **Paper Session 46: Promoting Physical Activity in Latino Populations with Technology**

Conference room 12

Admission by name badge

Content areas: Obesity and physical activity

Instructional level: All levels

Co-Chairs: Elva M. Arrendondo, PhD, Institute for Behavioral and Community Health, San Diego, CA; and David X. Marquez, PhD, University of Illinois at Chicago, Chicago, IL

8:45 a.m. – 9:03 a.m. **Using Web-Based Technology to Promote Physical Activity in Latinas in Alabama: Results of a Pilot Study**
 Tanya Benitez, PhD, Arizona State University, Phoenix, AZ; Andrea Cherrington, MD, University of Alabama at Birmingham, Birmingham, AL; Rodney P. Joseph, PhD, and Colleen Keller, PhD, Arizona State University, Phoenix, AZ; Becky Marquez, PhD, MPH, and Bess H. Marcus, PhD, University of California-San Diego, San Diego, CA; and Dorothy Pekmezi, PhD, University of Alabama at Birmingham, Birmingham, AL

9:03 a.m. – 9:21 a.m. **Comparing Eating and Exercise Behaviors in Hispanic/Latino and Non-Hispanic White Women**
 Celina D. Herrera, BA, Angelee G. Shamaley, PhD, and Joe Tomaka, PhD, New Mexico State University, Las Cruces, NM; and Dejan Magoc, PhD, Stetson University, DeLand, FL

SATURDAY, APRIL 25, 2015

9:21 a.m. – 9:39 a.m. **Perceived Behavioral Control and Physical Activity (PA) Influence Mexican Physician PA Prescription**
Lucie Levesque, PhD, Queen's University, Kingston, Ontario, Canada; Karla Galaviz, PhD, Emory University, Atlanta, GA; Edtna Jauregui, University of Guadalajara México, Guadalajara, Mexico; and Leandre Fabrigar, PhD, and Amy Latimer-Cheung, PhD, Queen's University, Kingston, Ontario, Canada

9:39 a.m. – 9:57 a.m. **A Randomized Controlled Trial of an Internet-Delivered Physical Activity Intervention for Latinas**
Bess H. Marcus, PhD, University of California-San Diego, San Diego, CA; Shira I. Dunsiger, PhD, The Miriam Hospital, Providence, RI; Sherui J. Hartman, PhD, and Sarah Linke, PhD, University of California-San Diego, San Diego, CA; Dorothy Pekmezi, PhD, University of Alabama at Birmingham, Birmingham, AL; Becky Marquez, PhD, MPH, and Britta Larsen, PhD, University of California-San Diego, San Diego, CA; and Kim M. Gans, PhD, Brown University, Providence, RI

9:57 a.m. – 10:15 a.m. **Health Literacy Moderates Change in Physical Activity among Latinas in a Randomized Trial**
Gregory M. Dominick, PhD, University of Delaware, Newark, DE; Shira I. Dunsiger, PhD, The Miriam Hospital, Providence, RI; Dorothy Pekmezi, PhD, University of Alabama at Birmingham, Birmingham, AL; Britta Larsen, PhD, Becky Marquez, PhD, MPH, and Jesse Nodora, DrPH, University of California-San Diego, San Diego, CA; Kim M. Gans, PhD, Brown University, Providence, RI; and Bess H. Marcus, PhD, University of California-San Diego, San Diego, CA

8:45 a.m. – 10:15 a.m. **Paper Session 47: Distress in Cancer Patients and Survivors**

Conference room 17

Admission by name badge

Content area: Cancer

Instructional level: All levels

Chair: To be determined

8:45 a.m. – 9:03 a.m. **Psychological Distress in Patients and Caregivers during Radiotherapy for Head and Neck Cancer**
Hoda Badr, PhD, and Vishal Gupta, MD, Icahn School of Medicine at Mount Sinai, New York, NY; Andrew Sikora, MD, PHD, Baylor College of Medicine, Houston, TX; and Marshall Posner, MD, Icahn School of Medicine at Mount Sinai, New York, NY

9:03 a.m. – 9:21 a.m. **Parenting Self-Efficacy and Psychological Distress in Cancer Patients with School-Aged Children**
Julie M. Cessna, MPH, MA, University of South Florida, Tampa, FL; and Joseph A. Pidala, MD, PhD, and Paul B. Jacobsen, PhD, Moffitt Cancer Center, Tampa, FL

9:21 a.m. – 9:39 a.m. **Cognitive Performance and Impairment Prior to Allogeneic Hematopoietic Cell Transplantation**
Ashley M. Nelson, BA, University of South Florida, Tampa, FL; Brian D. Gonzalez, PhD, and Steven K. Sutton, PhD, Moffitt Cancer Center, Tampa, FL; Julie M. Cessna, MPH, MA, University of South Florida, Tampa, FL; and Melissa Rose, MHA, MPH, Margaret Booth-Jones, PhD, Teresa Field, MD, PhD, Paul B. Jacobsen, PhD, and Heather Jim, PhD, Moffitt Cancer Center, Tampa, FL

9:39 a.m. – 9:57 a.m. **Impact of Patient-Physician Communication on Psychological Distress among 5,106 Cancer Patients from a U.S. National Survey**
Mohamed Tejani, MD, Charles Kamen, PhD, MPH, Anita R. Peoples, PhD, Marie Flannery, PhD, RN, AOCN, Karen Mustian, PhD, MPH, Michelle Janelins, PhD, MPH, Luke Peppone, PhD, MPH, Supriya Mohile, MD, MS, and Gary Morrow, PhD, MS, University of Rochester, Rochester, NY

SATURDAY, APRIL 25, 2015

9:57 a.m. – 10:15 a.m. **Mediating and Moderating Determinants of Health-Related Quality of Life in Breast Cancer Survivors**
Aria M. Miller, DrPH, MPH, MS, CPH, and Kimlin Ashing, PhD, City of Hope National Medical Center, Duarte, CA; and Naomi N. Modeste, DrPH, CHES, R. Patti Herring, PhD, RN, and Diadrey-Anne T. Sealy, PhD, MS, Loma Linda University, Loma Linda, CA

8:45 a.m. – 10:15 a.m. **Paper Session 48: Health Behaviors in Cancer Survivors**

Conference room 18

Admission by name badge

Content area: Cancer

Instructional level: All levels

Co-Chairs: Jeff Vallance, PhD, Athabasca University, Athabasca, Alberta, Canada; and Karen M. Basen-Engquist, PhD, MPH, The University of Texas MD Anderson Cancer Center, Houston, TX

8:45 a.m. – 9:03 a.m. **Race, Socioeconomic Context, and Post-Treatment Mammography among Breast Cancer Survivors**
Hayley S. Thompson, PhD, and Julie J. Ruterbusch, MPH, Wayne State University, Detroit, MI; Lois Lamerato, PhD, and Richard Krajeta, BS, Henry Ford Health System, Detroit, MI; and Michael Simon, MD, Kendra Schwartz, MD, MSPH, and Jason Booza, PhD, Wayne State University, Detroit, MI

9:03 a.m. – 9:21 a.m. **Social Ecological Correlates of Physical Activity in Kidney Cancer Survivors**
Linda Trinh, PhD, Kristian Larsen, PhD, and Guy Faulkner, PhD, University of Toronto, Toronto, Ontario, Canada; Ronald C. Plotnikoff, PhD, University of Newcastle, Newcastle, Australia; Ryan E. Rhodes, PhD, University of Victoria, Victoria, British Columbia, Canada; Scott North, MD, FRCPC, Cross Cancer Institute, Edmonton, Alberta, Canada; and Kerry S. Courneya, PhD, University of Alberta, Edmonton, Alberta, Canada

9:21 a.m. – 9:39 a.m. **Predictors of Psychological Outcomes in a Longitudinal Study of Hispanic Breast Cancer Survivors**
Betina Yanez, PhD, Northwestern University Feinberg School of Medicine, Chicago, IL; and Melinda Maggard Gibbons, MD, Patricia I. Moreno, MA, Alexandra Jorge, MA, and Annette L. Stanton, PhD, University of California-Los Angeles, Los Angeles, CA

9:39 a.m. – 9:57 a.m. **Physician-Lymphoma Survivor Discussions of Health Promotion: A Qualitative Analysis**
Danielle Blanch-Hartigan, PhD, MPH, Bentley University, Waltham, MA; Elyse Shuk, MA, Memorial Sloan Kettering Cancer Center, New York, NY; Kara McLarney, MPH, Memorial Sloan Kettering Cancer Center, Charlotte, NC; Errol J. Philip, PhD, private practice, Diamond Bar, CA; Steven Horwitz, MD, Memorial Sloan Kettering Cancer Center, New York, NY; and Carma Bylund, PhD, Hamad Medical Corporation, Houston, TX

9:57 a.m. – 10:15 a.m. **Persistent Tobacco Use after Lung or Head/Neck Cancer Diagnosis: A Systematic Literature Review**
Jessica L. Burris, PhD, and Jamie L. Studts, PhD, University of Kentucky, Lexington, KY; and Antonio P. DeRosa, MLIS, and Jamie Ostroff, PhD, Memorial Sloan Kettering Cancer Center, New York, NY

10:15 a.m. – 11:15 a.m. **Exhibit Hall Open**

Salon GHI

Admission by name badge

Stop by vendors' tables in the exhibit hall.

Not eligible for continuing education credit.

SATURDAY, APRIL 25, 2015

10:15 a.m. – 11:15 a.m. **Poster Session D**

Salon GHI

Admission by name badge

Stop by the final poster session of the 2015 Annual Meeting.

Not eligible for continuing education credit.

10:30 a.m. – 11:15 a.m. **Master Lecture: The Role of Big Data in Population Health**

Salon AB

Admission by name badge

Content area: Methods

Instructional level: Beginner/intermediate

Presenter: Bradford W. Hesse, PhD, National Cancer Institute, Rockville, MD

Moderator: William T. Riley, PhD, National Institutes of Health, Bethesda, MD



A core component of the nation's vision for a National Health Information Infrastructure as articulated in 2001 was data: data for personal decision making by patients, data for clinical decision making in health care, and data for situational awareness in the sphere of public health. How to bring these data streams together in a way that avoids confusion, but enables action, is the question. This talk will review a decade's worth of work by the Department of Health and Human Services to capitalize on interoperable data streams in public health, medicine, and health care. More importantly, the presentation will build on an emerging evidence base from the behavioral research community in health communication and informatics—coupled with a market explosion in connected health technologies (mobile devices, wearable sensors, cloud computing)—to lay the foundation for behavioral medicine as a central pillar of the digital health revolution in the years to come. Dr. Hesse is chief of the National Cancer Institute's Health Communication and Informatics Research Branch.

11:30 a.m. – 12:30 p.m. **Closing Keynote Panel: Scaling Up: Local, Regional, and National Solutions for the Problem of Childhood Obesity**

Salon EF

Admission by name badge

Content area: Obesity

Instructional level: All levels

Chair: Amelie G. Ramirez, MPH, DrPH, University of Texas Health Science Center at San Antonio, San Antonio, TX

Panelists: Kate Rogers, H-E-B, San Antonio, TX; Peter Wald, MD, MPH, United Services Automobile Association, San Antonio, TX; and Eric Cooper, San Antonio Food Bank, San Antonio, TX

Discussant: Eduardo Sanchez, MD, MPH, American Heart Association, Dallas, TX

Within the realm of obesity prevention there is a continued need for recognizing and disseminating successful community-based programs as a means of contributing to the larger evidence base. This session brings together a panel of experts from the South Texas region that have developed and implemented innovative obesity prevention strategies within the communities they serve. Panelists represent a food bank with a large regional reach, a large company with a successful worksite wellness program, and a retail chain that is one of the largest sellers of food in Texas. Each panelist will discuss the strategies that have worked for them as well as the ways they have collaborated across disciplines to make their programs successful. Following the panelist presentations, the panel discussant, a leader within the field with extensive experience working in Texas as well as at the American Heart Association, will examine how local and regional strategies can be applied at the national level.



AWARD RECIPIENTS

ACHIEVEMENT AWARDS

Congratulations to the following 2015 SBM Achievement Awards recipients! Recipients will be officially recognized during the meeting's Presidential Keynote and Awards Ceremony on April 23 at 5 p.m. in salon EF.

Alere Research to Practice Award

Herbert H. Severson, PhD

C. Tracy Orleans Distinguished Service Award

Lila J. Finney Rutten, PhD, MPH

Program Committee chair

Laura L. Hayman, RN, PhD, FAAN

Awards Committee chair

Claudio R. Nigg, PhD

Special Interest Groups (SIGs) Council chair

Sherry L. Pagoto, PhD

Member delegate

Dawn K. Wilson, PhD

Past-President, Nominating Committee chair

Distinguished Research Mentor Award

Lori Pbert, PhD

Distinguished Scientist Award

Colleen M. McBride, PhD

Distinguished Student Excellence in Research Award

Scherezade K. Mama, DrPH

Danielle E. Schoffman

Distinguished Student Travel Scholarship

Melissa M. Crane, MA

Sara N. Edmond, MA

Cassandra Lowe, MSc

Early Career Investigator Award

George M. Slavich, PhD

Jessie Gruman Award for Health Engagement

Michael G. Goldstein, MD

Outstanding Dissertation Award

Jessica K. Pepper, PhD

FELLOWS

The following individuals have been awarded the status of fellow within SBM. New fellows will be officially recognized during the meeting's Presidential Keynote and Awards Ceremony on April 23 at 5 p.m. in salon EF.

John P. Allegrante, PhD

Jennifer L. Huberty, PhD

Youngmee Kim, PhD

Alexander J. Rothman, PhD

Joan S. Tucker, PhD

SPECIAL INTEREST GROUP (SIG) AWARDS

SBM congratulates the following recipients of these awards given by the special interest groups (SIGs).

Ageing SIG

Local Innovator Award

Texercise

Student Award

Tiffany A. Bullard

Cancer SIG

Outstanding Student Abstract Award

Daisy Le, MPH, MA

SIGGIE Senior Investigator Award

Barbara L. Andersen, PhD

Child and Family Health SIG

Award for Outstanding Research in Child and Family Health

Sharon D. Horner, PhD, RN, FAAN

Special Recognition for Service to Child and Family Health

Dianne S. Ward, EdD

Diabetes SIG

Early Career Travel Award

Georica Gholson, PhD

Lyndsay A. Nelson, PhD

AWARD RECIPIENTS

Ethnic Minority and Multicultural Health SIG

Trainee Award for Outstanding Oral Abstract Submission

Teresa M. Smith, PhD, MS

Early Career Award for Outstanding Oral Abstract Submission

Laura A. Dwyer, PhD
Grant W. Farmer, PhD, MPH, MA
Aasim I. Padela, MD, MSc, FACEP

Mentoring Award for Dedication to Training and Mentoring of the Next Generation of Health Equity and Disparities Research Scientists

Cathy D. Meade, PhD, RN, FAAN

Evidence-Based Behavioral Medicine SIG

Outstanding Student/Trainee Award in Evidence-Based Behavioral Medicine

Bradley James Kendall, MS, CSCS

Health Decision Making SIG

Outstanding Trainee Abstract Award in Health Decision Making

Lisa Carter-Harris, PhD, APRN, NP-C

Military and Veterans' Health SIG

Patricia H. Rosenberger Award for Outstanding Student/Fellow Abstract

Megan A. McVay, PhD

Physical Activity SIG

Local Innovator Award

Estrella Hernandez

Outstanding Student Abstract Award

Desmond McEwan, MSc

Student SIG

Student Abstract Award

Stephen Ghazikhanian
Jennifer L. Moss, MSPH

Early Career Mentor Award

L. Alison Phillips, PhD

Senior Mentor Award

Vanessa L. Malcarne, PhD

CITATION AWARDS

The following abstracts have been recognized by the Program Committee for excellence in research at the 2015 SBM Annual Meeting & Scientific Sessions. Each will be displayed on Wednesday, April 22 in salon GHI, and will also be presented at the times noted below.

Wednesday, April 22

Cognitive and Behavioral Change in Response to a Celebrity's Health Disclosure

Poster Session A 6 p.m. – 7 p.m.
Salon GHI
A023

Julia H. Drizin, BA, San Diego State University, San Diego, CA; Sarah D. Mills, MS, San Diego State University/University of California-San Diego Joint Doctoral Program in Clinical Psychology, San Diego, CA; Laura E. Barnes, PhD, University of Virginia, Charlottesville, VA; and Elizabeth A. Klonoff, PhD, Vanessa L. Malcarne, PhD, Allison A. Vaughn, PhD, and Kristen J. Wells, PhD, MPH, San Diego State University

Evaluation of the Great American Smokeout by Digital Surveillance

Poster Session A 6 p.m. – 7 p.m.
Salon GHI
A129

J. Lee Westmaas, PHD, American Cancer Society, Atlanta, GA; and John W. Ayers, PhD, San Diego State University, San Diego, CA

Thursday, April 23

Randomized Trial of a Men-Only Weight-Loss Program: The Rethinking Eating and FITNESS Trial

Paper Session 8 3:33 p.m. – 3:51 p.m.
Salon AB

Melissa M. Crane, MA, and Dianne S. Ward, EdD, University of North Carolina at Chapel Hill, Chapel Hill, NC; Lesley D. Lutes, PhD, East Carolina University, Greenville, NC; and J. Michael Bowling, PhD, and Deborah F. Tate, PhD, University of North Carolina at Chapel Hill, Chapel Hill, NC

Enhancing Exercise-Based Cardiac Rehabilitation with Stress Management Training

Paper Session 10 4:27 p.m. – 4:45 p.m.
Salon M

James Blumenthal, PhD, Andrew Sherwood, PhD, Patrick Smith, PhD, Lana Watkins, PhD, and Stephanie Mabe, MS, Duke University, Durham, NC; and Alan Hinderliter, MD, University of North Carolina School of Medicine, Chapel Hill, NC

AWARD RECIPIENTS

Using a Smartphone Application to Capture Sedentary Behavior and Multitasking among Adolescents

Paper Session 20 3:33 p.m. – 3:51 p.m.
Conference room 11
Yue Liao, MPH, Eldin Dzubur, MS, and Genevieve F. Dunton, PhD, MPH, University of Southern California, Los Angeles, CA

Describing Real-Time Substance-Use Detection from Big Biosensor Data: A Case Study of Cocaine Users

Paper Session 20 4:27 p.m. – 4:45 p.m.
Conference room 11
Hua Fang, PhD, Kelley Wittbold, MD, Shicheng Weng, MS, Stephanie Carreiro, MD, Jianying Zhang, MPH, MSc, MD, Rachel Mullins, and Edward Boyer, PhD, MD, University of Massachusetts Medical School, Worcester, MA

The Interaction of Neighborhood and Genetic Risk in Predicting Blood Pressure and Stress-Related Outcomes in the PATH Trial

Poster Session B 6 p.m. – 7 p.m.
Salon GHI
B139
Sandra M. Coulon, PhD, and Dawn K. Wilson, PhD, University of South Carolina, Columbia, SC

Friday, April 24

Longitudinal Association between Depressive Symptoms and Walking Impairment in Multiple Sclerosis

Paper Session 22 12:45 p.m. – 1 p.m.
Salon M
Ipek Ensari, EdM, Brynn Adamson, MS, and Robert Motl, PhD, University of Illinois, Urbana, IL

Interaction between Smoking and Depressive Symptoms on Subclinical Heart Disease: The CARDIA Study

Paper Session 22 1:15 p.m. – 1:30 p.m.
Salon M
Allison Carroll, MS, Mercedes Carnethon, PhD, and Kiang Liu, PhD, Northwestern University Feinberg School of Medicine, Chicago, IL; David Jacobs, PhD, University of Minnesota, Minneapolis, MN; Jesse Stewart, PhD, Indiana University-Purdue University Indianapolis, Indianapolis, IN; John Jeffrey Carr, MD, MSc, Vanderbilt University, Nashville, TN; and Brian Hitsman, PhD, Northwestern University Feinberg School of Medicine, Chicago, IL

Adoption of Shared Decision Making Using Decision Aids among Urologists

Paper Session 24 12:45 p.m. – 1 p.m.
Salon J
Prajakta Adsul, MBBS, MPH, Ricardo Wray, PhD, Nancy Weaver, PhD, and Sameer Siddiqui, MD, St. Louis University, St. Louis, MO

Not So Straightforward: The Complex Relationship between Knowledge and Prostate Cancer Treatment Decision Making

Paper Session 24 1 p.m. – 1:15 p.m.
Salon J
Caitlin Biddle, MA, State University of New York at Buffalo, Buffalo, NY; Willie Underwood, MD, MPH, MSci, Roswell Park Cancer Institute, Buffalo, NY; and D. Lynn Homish and Heather Orom, PhD, State University of New York at Buffalo, Buffalo, NY

Smoking, Internalized Heterosexism, and HIV Disease Management among Male Couples

Paper Session 25 1 p.m. – 1:15 p.m.
Conference room 3-4
Kristi E. Gamarel, PhD, Alpert Medical School of Brown University, Providence, RI; and Torsten Neilands, PhD, Samantha E. Dilworth, MS, Jonelle Taylor, BA, and Mallory O. Johnson, PhD, University of California-San Francisco, San Francisco, CA

Health Communication in Social Media: Message Features Predicting User Engagement on Diabetes-Related Facebook Pages

Paper Session 29 3:33 p.m. – 3:51 p.m.
Salon C
Holly Rus, BA, and Linda Cameron, PhD, University of California-Merced, Merced, CA

AWARD RECIPIENTS

Teaching Medical Students to Help Patients Quit Smoking: Results of a 10 Medical School Randomized Controlled Trial

Paper Session 30 3:15 p.m. – 3:33 p.m.
Salon D

Judith K. Ockene, PhD, MEd, MA, Rashelle B. Hayes, PhD, Sybil Crawford, PhD, Linda C. Churchill, MS, and Denise Jolicoeur, MPH, CHES, University of Massachusetts Medical School, Worcester, MA; Michael Adams, MD, FACP, Georgetown University School of Medicine, Washington, DC; Sean P. David, MD, SM, DPhil, Stanford University School of Medicine, Stanford, CA; Robin Gross, MD, Georgetown University, Washington, DC; Kathryn N. Huggett, PhD, Creighton University School of Medicine, Omaha, NE; Catherine Okuliar, MD, Georgetown University Hospital, Washington, DC; and Alan Geller, MPH, RN, Harvard School of Public Health, Boston, MA

Daily Positive Mood and Pain Mediate the Sleep Quality-Activity Interference Link in Fibromyalgia

Paper Session 31 4:09 p.m. – 4:27 p.m.
Conference room 3-4

Dhwani J. Kothari, MA, Mary C. Davis, PhD, and Ellen W. Yeung, PhD, Arizona State University, Tempe, AZ; and Howard A. Tennen, PhD, University of Connecticut Health Center, Farmington, CT

Latent Profile Analysis of GIS-Measured Environments for Physical Activity in Older Adults

Paper Session 34 3:51 p.m. – 4:09 p.m.
Conference room 12

Michael Todd, PhD, Marc A. Adams, PhD, and Jonathan Kurka, MS, Arizona State University, Phoenix, AZ; Terry Conway, PhD, and Kelli Cain, MA, University of California-San Diego, San Diego, CA; Lawrence Frank, PhD, University of British Columbia, Vancouver, British Columbia, Canada; James Sallis, PhD, University of California-San Diego, San Diego, CA; and Abby C. King, PhD, Stanford University School of Medicine, Stanford, CA

BEAT Cancer Intervention Effects on Physical Activity and Quality of Life in Breast Cancer Survivors

Paper Session 36 4:27 p.m. – 4:45 p.m.
Conference room 18

Laura Q. Rogers, MD, MPH, University of Alabama at Birmingham, Birmingham, AL; Kerry S. Courneya, PhD, University of Alberta, Edmonton, Alberta, Canada; Philip M. Anton, PhD, Southern Illinois University, Carbondale, IL; Patricia Hopkins-Price, PhD, Steven Verhulst, PhD, Sandra Vicari, PhD, and Randall Robbs, MBA, Southern Illinois University School of Medicine, Springfield, IL; Karen Hoelzer, MD, Springfield Clinic, Springfield, IL; Robert Mocharnuk, MD, Southern Illinois University School of Medicine, Springfield, IL; and Edward McCauley, PhD, University of Illinois, Urbana, IL

Hostility is Associated with Greater Inflammatory Activity over a 3-Year Period

Poster Session C 6 p.m. – 7 p.m.
Salon GHI
C026

Bianca D'Antono, PhD, Catherine Soucy, BSc, and Jany Peters, Montreal Heart Institute, Montreal, Quebec, Canada

Mixed-Methods Analyses of an Implementation Strategy of Brief Psychotherapy in Primary Care

Poster Session C 6 p.m. – 7 p.m.
Salon GHI
C044

Joseph Mignogna, PhD, and Lindsey Martin, PhD, Center for Innovations in Quality, Effectiveness, and Safety at the Michael E. DeBakey VA Medical Center, Houston, TX; Juliette Mott, PhD, National Center for PTSD, White River Junction, VT; Yumei Cao, MS, and Elyse Thakur, MA, Baylor College of Medicine, Houston, TX; and Michael Kauth, PhD, Mark Kunik, MD, Aanand Naik, MD, and Jeffrey Cully, PhD, Center for Innovations in Quality, Effectiveness, and Safety at the Michael E. DeBakey VA Medical Center, Houston, TX

Effects of a Self-Directed Nutrition Intervention in Adults with Arthritis

Poster Session C 6 p.m. – 7 p.m.
Salon GHI
C061

Meghan Baruth, PhD, Saginaw Valley State University, University Center, MI; Sara Wilcox, PhD, and Danielle E. Schoffman, University of South Carolina, Columbia, SC; and Rebecca Schlaff, PhD, Saginaw Valley State University, University Center, MI

AWARD RECIPIENTS

Impacts of a Faith-Based Obesity Prevention Program on Congregational Health Environment and Policies

Poster Session C
Salon GHI
C070

Meizi He, PhD, Summer Wilmoth, MS, Erica Sosa, PhD, Zenong Yin, PhD, and Lauren Correa, BSc, The University of Texas at San Antonio, San Antonio, TX; Luz-Myriam Neira, PhD, San Antonio Food Bank, San Antonio, TX; and Ray Mundoza, BSc, and Meixia Pan, PhD, The University of Texas at San Antonio, San Antonio, TX

Saturday, April 25

A Hybrid In-Person and mHealth Pain Coping Skills Intervention for Stem Cell Transplant Patients

Paper Session 43
Conference room 3-4

9:07 a.m. – 9:30 a.m.
Sarah A. Kelleher, PhD, Hannah M. Fisher, BS, Rebecca A. Shelby, PhD, Keith M. Sullivan, MD, Amy P. Abernethy, MD, PhD, Francis J. Keefe, PhD, and Tamara J. Somers, PhD, Duke University Medical Center, Durham, NC

Two Phases of Piloting a mHealth Behavioral Intervention for Cancer Pain

Paper Session 43
Conference room 3-4

9:52 a.m. – 10:15 a.m.
Tamara J. Somers, PhD, and Sarah A. Kelleher, PhD, Duke University Medical Center, Durham, NC; Sara N. Edmond, MA, University of Mississippi Medical Center, Jackson, MS; and Anava A. Wren, MA, Hannah M. Fisher, BS, Amy P. Abernethy, MD, PhD, and Francis J. Keefe, PhD, Duke University Medical Center, Durham, NC

Quality of Life Improved in Individuals with Diabetes and Chronic Pain in a CBT-Based Program Delivered by CHWS

Paper Session 44
Conference room 1-2

9:39 a.m. – 9:57 a.m.
Susan J. Andreae, MPH, Christopher Gamboa, MPH, Joshua S. Richman, MD, PhD, and Monika M. Safford, MD, University of Alabama at Birmingham, Birmingham, AL

Race, Socioeconomic Context, and Post-Treatment Mammography among Breast Cancer Survivors

Paper Session 48
Conference room 18

8:45 a.m. – 9:03 a.m.
Hayley S. Thompson, PhD, and Julie J. Ruterbusch, MPH, Wayne State University, Detroit, MI; Lois Lamerato, PhD, and Richard Krajenta, BS, Henry Ford Health System, Detroit, MI; and Michael Simon, MD, Kendra Schwartz, MD, MSPH, and Jason Booza, PhD, Wayne State University, Detroit, MI

Physician-Lymphoma Survivor Discussions of Health Promotion: A Qualitative Analysis

Paper Session 48
Conference room 18

9:39 a.m. – 9:57 a.m.
Danielle Blanch-Hartigan, PhD, MPH, Bentley University, Waltham, MA; Elyse Shuk, MA, Memorial Sloan Kettering Cancer Center, New York, NY; Kara McLarney, MPH, Memorial Sloan Kettering Cancer Center, Charlotte, NC; Errol J. Philip, PhD, private practice, Diamond Bar, CA; Steven Horwitz, MD, Memorial Sloan Kettering Cancer Center, New York, NY; and Carma Bylund, PhD, Hamad Medical Corporation, Houston, TX

What I Wish I Had Known: Advice from Young Adult Blood Cancer Patients

Poster Session D
Salon GHI

10:15 a.m. – 11:15 a.m.
D022
Andres F. Salazar, Geneva Berra, Ruth Mizrahi, and Guadalupe Morales, Hunter College, New York, NY; Amanda M. Marin-Chollom, MA, The Graduate Center of the City University of New York, New York, NY; and Tracey A. Revenson, PhD, Hunter College, New York, NY

AWARD RECIPIENTS

SymTrak: Monitoring Patient and Caregiver Reports of Symptoms in Primary Care

Poster Session D 10:15 a.m. – 11:15 a.m.
Salon GHI
D056

Patrick O. Monahan, PhD, Indiana University, Indianapolis, IN; Christopher M. Callahan, Indiana University Center for Aging Research, Indianapolis, IN; Kurt Kroenke, MD, Indiana University, Indianapolis, IN; Tamilyn Bakas, PhD, RN, FAHA, FAAN, Indiana University School of Nursing, Indianapolis, IN; Amanda Harrawood, BS, and Philip Lofton, BA, Indiana University Center for Aging Research, Indianapolis, IN; Debra Saliba, MD, MPH, University of California-Los Angeles Borun Center, Los Angeles, CA; James E. Galvin, MD, MPH, New York University Langone Medical Center, New York, NY; Timothy Stump, MA, Indiana University School of Medicine, Indianapolis, IN; Amanda L. Keegan, BA, Regenstrief Institute, Indianapolis, IN; Mary Guerriero Austrom, PhD, Indiana University School of Medicine, Indianapolis, IN; Malaz Boustani, MD, MPH, Indiana University, Indianapolis, IN; and Danielle Frye, BS, Regenstrief Institute, Indianapolis, IN

Temporal Sequencing of Behavior Change Constructs in the Transtheoretical Model

Poster Session D 10:15 a.m. – 11:15 a.m.
Salon GHI
D099

Brook Harmon, PhD, RD, University of Memphis, Memphis, TN; Claudio R. Nigg, PhD, University of Hawaii at Manoa, Honolulu, HI; Kathleen Martin Ginis, PhD, McMaster University, Hamilton, Ontario, Canada; Robert Motl, PhD, University of Illinois, Urbana, IL; and Rod Dishman, PhD, University of Georgia, Athens, GA

MERITORIOUS STUDENT AWARDS

Outstanding poster and papers submitted by students for the 2015 SBM Annual Meeting & Scientific Sessions were selected for this special designation by the Program Committee. Each will be displayed on Wednesday, April 22 in salon GHI, and will also be presented at the times noted below.

Wednesday, April 22

The Relationship between Girls' Pubertal Timing and Adolescent Health Risk Behavior

Poster Session A 6 p.m. – 7 p.m.
Salon GHI
A121

C. Emily Hendrick, MPH, and Jessica D. Cance, PhD, MPH, The University of Texas at Austin, Austin, TX

Thursday, April 23

The Influence of Social and Emotional Regulation on Child Dietary Outcomes

Paper Session 2 1 p.m. – 1:15 p.m.
Salon M

Anais Tapia, BS, and Enrique Ortega, PhD, MPH, California State University-Dominguez Hills, Carson, CA

A Clinic-Integrated Behavioral Intervention Reduces Hypoglycemia in Youth with Type 1 Diabetes

Paper Session 4 1 p.m. – 1:15 p.m.
Salon D

Benjamin Gee, BA, Health Behavior Branch at the National Institutes of Health, Bethesda, MD; Tonja R. Nansel, PhD, Eunice Kennedy Shriver National Institute of Child Health and Human Development, Bethesda, MD; and Aiyi Liu, PhD, National Institutes of Health, Rockville, MD

Identifying Latent Classes of Hispanic Children in a Skin Cancer Prevention Intervention

Paper Session 9 4:09 p.m. – 4:27 p.m.
Salon KL

Kimberly Miller, MPH, Jimi Huh, PhD, Jennifer B. Unger, PhD, and Jean Richardson, DrPH, University of Southern California, Los Angeles, CA; David H. Peng, MD, MPH, Keck School of Medicine of the University of Southern California, Los Angeles, CA; and Myles Cockburn, PhD, University of Southern California, Los Angeles, CA

AWARD RECIPIENTS

Prospective Associations between Physician Advice and Substance Use in a Youth Cohort

Paper Session 13 3:15 p.m. – 3:33 p.m.

Salon J

Benjamin Gee, BA, Health Behavior Branch at the National Institutes of Health, Bethesda, MD; Kaigang Li, PhD, and Denise Haynie, PhD, MPH, National Institute of Child Health and Human Development, Bethesda, MD; Ronald J. Iannotti, PhD, University of Massachusetts Boston, Boston, MA; and Bruce Simons-Morton, PhD, National Institute of Child Health and Human Development, Bethesda, MD

Lung Cancer Screening: What do High-Risk Smokers Know and Believe?

Paper Session 16 3:15 p.m. – 3:33 p.m.

Conference room 13-14

Lisa Carter-Harris, PhD, APRN, NP-C, DuyKhanh P. Ceppa, MD, and Nasser H. Hanna, MD, Indiana University, Indianapolis, IN; and Susan M. Rawl, PhD, RN, FAAN, Indiana University-Purdue University Indianapolis, Indianapolis, IN

Dyadic Health Benefits that Influence Parents' and Sons' Willingness to Receive HPV Vaccine

Paper Session 17 4:09 p.m. – 4:27 p.m.

Conference room 12

Jennifer L. Moss, MSPH, University of North Carolina at Durham, Durham, NC; Paul Reiter, PhD, The Ohio State University, Columbus, OH; and Noel T. Brewer, PhD, University of North Carolina Gillings School of Global Public Health, Chapel Hill, NC

Using a Smartphone Application to Capture Sedentary Behavior and Multitasking among Adolescents

Paper Session 20 3:33 p.m. – 3:51 p.m.

Conference room 11

Yue Liao, MPH, Eldin Dzibur, MS, and Genevieve F. Dunton, PhD, MPH, University of Southern California, Los Angeles, CA

Decision to Pursue Intensive Treatment in Advanced Cancer Patients

Poster Session B 6 p.m. – 7 p.m.

Salon GHI

B008

Kaitlin Touza, BA, and Daniella Bano, BA, Indiana University-Purdue University Indianapolis, Indianapolis, IN; Larry Cripe, MD, Indiana University School of Medicine, Indianapolis, IN; and Kevin Rand, PhD, Indiana University-Purdue University Indianapolis, Indianapolis, IN

Development and Testing of Psychosocial Factors Related to Food Preparation among Hispanic Parents

Poster Session B

6 p.m. – 7 p.m.

Salon GHI

B063

Teresa M. Smith, PhD, MS, Gretchen Swanson Center for Nutrition, Omaha, NE; Genevieve F. Dunton, PhD, MPH, University of Southern California, Los Angeles, CA; and Courtney A. Pinard, PhD, and Amy L. Yaroch, PhD, Gretchen Swanson Center for Nutrition, Omaha, NE

An Investigation of Committed Action in Chronic Pain and its Relation to Patient Functioning

Poster Session B

6 p.m. – 7 p.m.

Salon GHI

B094

Robert Bailey, MA, and Kevin E. Vowles, PhD, University of New Mexico, Albuquerque, NM; and Gail Snowden, MA, and Julie Ashworth, MD, IMPACT Pain Service at Haywood Hospital, Stoke-on-Trent, United Kingdom

Effect of Perceived Stress Levels on Temporal Summation of Second Pain

Poster Session B

6 p.m. – 7 p.m.

Salon GHI

B097

Dokyoung You, MS, Hans Linsenbardt, MA, Rachel Haney, BA, and Mary Meagher, PhD, Texas A&M University, College Station, TX

Exercise and Depression in Adults with Neurological Disorders: Systematic Review and Meta-Analysis

Poster Session B

6 p.m. – 7 p.m.

Salon GHI

B108

Brynn Adamson, MS, Ipek Ensari, EdM, and Robert Motl, PhD, University of Illinois, Urbana, IL

The Interaction of Neighborhood and Genetic Risk in Predicting Blood Pressure and Stress-Related Outcomes in the PATH Trial

Poster Session B

6 p.m. – 7 p.m.

Salon GHI

B139

Sandra M. Coulon, PhD, and Dawn K. Wilson, PhD, University of South Carolina, Columbia, SC

AWARD RECIPIENTS

Friday, April 24

Interaction between Smoking and Depressive Symptoms on Subclinical Heart Disease: The CARDIA Study

Paper Session 22 1:15 p.m. – 1:30 p.m.
Salon M

Allison Carroll, MS, Mercedes Carnethon, PhD, and Kiang Liu, PhD, Northwestern University Feinberg School of Medicine, Chicago, IL; David Jacobs, PhD, University of Minnesota, Minneapolis, MN; Jesse Stewart, PhD, Indiana University-Purdue University Indianapolis, Indianapolis, IN; John Jeffrey Carr, MD, MSc, Vanderbilt University, Nashville, TN; and Brian Hitsman, PhD, Northwestern University Feinberg School of Medicine, Chicago, IL

Adoption of Shared Decision Making Using Decision Aids among Urologists

Paper Session 24 12:45 p.m. – 1 p.m.
Salon J

Prajakta Adsul, MBBS, MPH, Ricardo Wray, PhD, Nancy Weaver, PhD, and Sameer Siddiqui, MD, St. Louis University, St. Louis, MO

Not So Straightforward: The Complex Relationship between Knowledge and Prostate Cancer Treatment Decision Making

Paper Session 24 1 p.m. – 1:15 p.m.
Salon J

Caitlin Biddle, MA, State University of New York at Buffalo, Buffalo, NY; Willie Underwood, MD, MPH, MSci, Roswell Park Cancer Institute, Buffalo, NY; and D. Lynn Homish and Heather Orom, PhD, State University of New York at Buffalo, Buffalo, NY

Cancer Patients Engaging in Informed Treatment Decision Making?

Paper Session 24 1:15 p.m. – 1:30 p.m.
Salon J

Caitlin Biddle, MA, State University of New York at Buffalo, Buffalo, NY; Willie Underwood, MD, MPH, MSci, Roswell Park Cancer Institute, Buffalo, NY; and D. Lynn Homish and Heather Orom, PhD, State University of New York at Buffalo, Buffalo, NY

Smoking, Internalized Heterosexism, and HIV Disease Management among Male Couples

Paper Session 25 1 p.m. – 1:15 p.m.
Conference room 3-4

Kristi E. Gamarel, PhD, Alpert Medical School of Brown University, Providence, RI; and Torsten Neilands, PhD, Samantha E. Dilworth, MS, Jonelle Taylor, BA, and Mallory O. Johnson, PhD, University of California-San Francisco, San Francisco, CA

Calorie Menu Label Users may be Saving Calories by Ordering Healthier Sides and Beverages

Paper Session 27 3:15 p.m. – 3:33 p.m.
Salon KL

Jessie Green, MS, RDN, and Punam Ohri-Vachaspati, PhD, RD, Arizona State University, Phoenix, AZ

Does Reactance to Graphic Cigarette Pack Warnings Weaken their Impact?

Paper Session 27 3:33 p.m. – 3:51 p.m.
Salon KL

Marissa G. Hall, MSPH, University of North Carolina Gillings School of Global Public Health, Chapel Hill, NC; Paschal Sheeran, PhD, and Seth M. Noar, PhD, University of North Carolina at Chapel Hill, Chapel Hill, NC; Kurt M. Ribisl, PhD, Laura E. Bach, MPH, and Noel T. Brewer, PhD, University of North Carolina Gillings School of Global Public Health, Chapel Hill, NC

Health Communication in Social Media: Message Features Predicting User Engagement on Diabetes-Related Facebook Pages

Paper Session 29 3:33 p.m. – 3:51 p.m.
Salon C

Holly Rus, BA, and Linda Cameron, PhD, University of California-Merced, Merced, CA

Is Reactivity to One's Own Quarrelsome Behavior Influenced by One's Sex, Age, or Trait Hostility?

Poster Session C 6 p.m. – 7 p.m.
Salon GHI

C028

Cassandre Julien and Bianca D'Antono, PhD, Montreal Heart Institute, Montreal, Quebec, Canada

AWARD RECIPIENTS

Improving Accelerometer Estimates of Physical Activity in a Sedentary Diabetic Population

Poster Session C
Salon GHI
C102

Daniel Schulman, PhD, DeAnna Mori, PhD, Barbara Niles, PhD, Rebecca L. Reese, PhD, and Kelly Allsup, BS, VA Boston Healthcare System, Boston, MA; and Daniel Forman, MD, University of Pittsburgh Medical Center, Pittsburgh, PA

Saturday, April 25

Predictors of Antiretroviral Adherence among Active Methamphetamine Users with HIV

Paper Session 39
Salon M

Jessica L. Montoya, MS, San Diego State University/University of California-San Diego Joint Doctoral Program in Clinical Psychology, San Diego, CA; Ben Gouaux, BA, and Alexandra Rooney, BA, University of California-San Diego, San Diego, CA; Kaitlin Casaletto, MS, San Diego State University/University of California-San Diego Joint Doctoral Program in Clinical Psychology, San Diego, CA; Igor Grant, MD, University of California-San Diego, San Diego, CA; and David A. Moore, PsyD, MD Anderson Cancer Center at Cooper University Hospital, Philadelphia, PA

Surrogate Digital Access: A Family-Systems Investigation of Older Adult Technology Access and Use

Paper Session 41
Salon D

Tana Luger, PhD, VA Center for Healthcare Organization and Implementation Research, Bedford, MA; Lorilei M. Richardson, MS, VA eHealth Quality Enhancement Research Initiative, Bedford, MA; Lisa Cioffari-Bailiff, BA, University of Massachusetts Medical School, Worcester, MA; Timothy Hogan, PhD, VA Center for Healthcare Organization and Implementation Research, Bedford, MA; Kimberly L.L. Harvey, MPH, University of Massachusetts Medical School, Worcester, MA; and Thomas Houston, MD, MPH, VA Center for Healthcare Organization and Implementation Research, Bedford, MA

Association of Food Insecurity and Overweight and Obesity across Low-Income Hispanic Subgroups

Paper Session 45
Conference room 13-14

Teresa M. Smith, PhD, MS, Gretchen Swanson Center for Nutrition, Omaha, NE; Uriyoán Colón-Ramos, PhD, George Washington University, Washington, DC; and Courtney A. Pinard, PhD, and Amy L. Yaroch, PhD, Gretchen Swanson Center for Nutrition, Omaha, NE

Physician-Lymphoma Survivor Discussions of Health Promotion: A Qualitative Analysis

Paper Session 48
Conference room 18

Danielle Blanch-Hartigan, PhD, MPH, Bentley University, Waltham, MA; Elyse Shuk, MA, Memorial Sloan Kettering Cancer Center, New York, NY; Kara McLarney, MPH, Memorial Sloan Kettering Cancer Center, Charlotte, NC; Errol J. Philip, PhD, private practice, Diamond Bar, CA; Steven Horwitz, MD, Memorial Sloan Kettering Cancer Center, New York, NY; and Carma Bylund, PhD, Hamad Medical Corporation, Houston, TX

The Effect of Physical Activity on Depression during a Smoking Cessation Intervention

Poster Session D
Salon GHI

D121

Aaron K. Haslam, MA, Hunter King, Joshua C. Gottlieb, MA, Michael A. Sustaita, BA, Noreen Watson, MA, Gabriella Grimaldo, BS, Muqaddas Sarwar, BA, Charlene Key, PhD, and Lee M. Cohen, PhD, Texas Tech University, Lubbock, TX

CONFERENCE SPECIAL FEATURES

NAME BADGES AND RIBBONS

With the exception of ticketed workshops, seminars, and courses, admission to all educational sessions and the poster hall is by name badge only. Please be sure to wear your name badge at all times during the Annual Meeting.

The following individuals will be recognized with identifying ribbons affixed to their name badges.

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Other	
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BOOK EXHIBIT AND PUBLICATIONS MART

SBM staff is pleased to announce the return of the book exhibit and publications mart at the SBM resource booth in the poster hall. SBM has invited various publishers to display and sell books/publications on a variety of topics of interest to Annual Meeting attendees. Stop by the SBM resource booth to see what other SBM members are publishing!

SBM RESOURCE BOOTH

Make sure to stop by the SBM resource booth in the poster hall. The SBM resource booth will feature informational pieces regarding SBM and its policy briefs, along with the book exhibit and publications mart.

JOB OPENINGS BOARD

A self-service job openings board is available onsite at the SBM Annual Meeting near the registration desk for meeting attendees to self-post position openings on behalf of an institution. Instructions for formatting a posting are as follows:

1. All position announcements should be prepared on an 8.5-x-11-in. sheet of institutional letterhead.
2. Each announcement should indicate the duties and requirements of the position, geographical and departmental location, expected salary, start date, and instructions for completion and submission of resumes/applications.

Attendees planning to post a job opening on site are advised to bring multiple copies as SBM cannot be responsible for removal of notices by other meeting attendees. All posting is self-service and a benefit of attending the SBM Annual Meeting.

BUSINESS MEETING

On Saturday, April 25 at 7:30 a.m., SBM President Lisa Klesges will convene the annual business meeting. SBM leaders will report on the state of the organization including its finances and membership. A potential SBM Bylaws change will be voted on. Results of the election for three SBM Board positions—president-elect, secretary/treasurer, and member delegate—will be announced, and the president-elect will then commence his or her presidential term.

CONFERENCE SPECIAL FEATURES

POSTER MENTORING PROGRAM

SBM fellows kindly volunteer their time and expertise to provide feedback on students' poster presentations during SBM poster sessions. Students interested in having their oral poster presentation critiqued in person by an SBM fellow indicated their interest when submitting their abstracts. A number of students were randomly selected to participate in the program. Fellows are assigned to the selected students according to shared behavioral medicine interests. During the conference, fellows will listen to the oral poster presentations of their assigned students and offer helpful feedback and suggestions.

VOLUNTEERING

SBM student/trainee and transitional members can volunteer during the meeting for a reimbursed registration. Slots are limited and offered on a first-come, first-served basis through a prior call for volunteers. Volunteers help check in attendees at the registration desk, guide attendees to the correct rooms, and help SBM staff with other miscellaneous activities. SBM volunteers can be identified by a volunteer ribbon on their name badges.

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Betina Yanez, PhD
Jean Yi, PhD
Faika Zanjani, PhD
Eric Zhou, PhD

SBM STAFF

Tara Withington, twithington@sbm.org
Consulting partner
Amy Stone, astone@sbm.org
Executive director
Lindsay Bullock, lbullock@sbm.org
Senior media and member communications manager
Erica Linc, elinc@sbm.org
Program manager
Ryan Spannagle, rspannagle@sbm.org
Administrative coordinator
Erin Trimmer, etrimmer@sbm.org
Education and meetings manager

PAST PRESIDENTS

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SBM INFORMATION

SPECIAL INTEREST GROUPS (SIGS)

SBM offers 21 different special interest groups (SIGs) to its members. Each SIG has a unique listserv email recipient list, facilitating critical networking among colleagues with similar behavioral medicine interests.

Membership in one or more SIGs is a benefit available to all SBM members. To join a SIG log into www.sbm.org and update your member profile. Not an SBM member? Join today at www.sbm.org/membership and sign up for one or more SIGs!

Aging

Co-Chair: Sara C. Folta, PhD, sara.folta@tufts.edu
Co-Chair: Neha P. Gothe, PhD, nehagothe@gmail.com
Conference liaison: Thelma J. Mielenz, PhD, tjm2141@columbia.edu

The Aging SIG focuses on addressing the special issues of behavior change among older adults, with a particular focus on the influence of cultural, environment, and policy. There is a tendency to focus behavior change issues and challenges on the children and adults who are assumed to be those who will reap the greatest long-term benefit from changes. The Aging SIG has identified a need and interest in exploring ways that older adults, particularly those with chronic illnesses, can alter their behavior to promote health and quality of life.

Cancer

Chair: Kristi D. Graves, PhD, kdg9@georgetown.edu

The Cancer SIG fosters high-quality collaborative research, enhances the professional development of its members, and works with other professional organizations involved in cancer prevention and control research. The goal is to advance and disseminate knowledge across the breadth of cancer control, ranging from cancer prevention to end of life care, including all ages, racial and ethnic groups, and socioeconomic strata.

Child and Family Health

Chair: Bernard Fuemmeler, PhD, MPH, bernard.fuemmeler@duke.edu

The Child and Family Health SIG is an interdisciplinary forum for SBM members concerned with the health and well-being of children, adolescents, and families. Members of this SIG have interest in bridging biological, cognitive, emotional, behavioral, and social functioning of children and adolescents with a focus on understanding contextual, social ecological influences on child health and development. This SIG aims to advance and disseminate knowledge, foster professional networks

to produce high-quality collaborative research, and ultimately enhance the health and well-being of children, adolescents, and families.

Complementary and Integrative Medicine

Chair: Laura A. Young, MD, PhD, laura_young@med.unc.edu

According to the National Center on Complementary and Alternative Medicine of the National Institutes of Health, complementary and alternative medicine (CAM) refers to a broad range of healing approaches that mainstream Western medicine does not commonly use, accept, study, understand, or make available. This SIG provides a forum for discussion of CAM as it relates to behavioral medicine, with a particular emphasis on the integrative nature of such modalities, by themselves and in conjunction with other modalities of biopsychosocial care.

Diabetes

Chair: Caroline R. Richardson, MD, caroli@umich.edu
Co-Chair: Erin A. Olson, olson29@illinois.edu

The Diabetes SIG is a forum for SBM members with an interest in the advancement of behavioral and psychological research in diabetes. SIG goals are to (1) increase the presence of high-quality behavioral medicine research in diabetes at the SBM Annual Meeting; (2) encourage interdisciplinary collaboration among researchers, clinicians, educators, and public health advocates that emphasizes the importance of the prevention and treatment of diabetes; and (3) support professional networking and the training of young investigators and students interested in diabetes research.

Ethnic Minority and Multicultural Health

Chair: Jamilya R. Sly, PhD, jamilya.sly@mssm.edu
Co-Chair: Clement K. Gwede, PhD, MPH, RN, clement.gwede@moffitt.org

The Ethnic Minority and Multicultural Health SIG concerns itself with advancing the field of ethnic minority and multicultural health through education and training; networking; mentorship of ethnic minorities and non-minorities; and conducting research in ethnicity, culture, and health. Members of this SIG also aim to increase the involvement of ethnic minorities in SBM councils, committees, and the peer-review process.

SBM INFORMATION

Evidence-Based Behavioral Medicine

Co-Chair: Amy Janke, PhD, e.janke@uscience.edu

Co-Chair: Joanna Buscemi, PhD, joanna.buscemi@gmail.com

Evidence-based medicine has recently come to the forefront as an approach by which to evaluate and practice medicine. Evidence-based behavioral medicine is a relatively young field that has similar purposes. Researchers, clinicians, students, and policymakers may all wish to become better acquainted with the history, principles, and future directions of this field.

Health Decision Making

Chair: Erika A. Waters, PhD, MPH, waterse@wudosis.wustl.edu

Co-Chair: Christine M. Rini, PhD, christine.rini@unc.edu

The Health Decision Making (HDM) SIG provides a forum within SBM to advance the theory, science, and practice of health decision making, particularly as applied in behavioral medicine. The HDM SIG has a special interest in understanding informed decision making by population members and patients, shared decision making between patients and health professionals, and clinical decision making by health professionals. The HDM SIG is the point of contact for liaisons between SBM and other organizations relevant to health decision making such as the Society of Medical Decision Making and the Society for Judgment and Decision Making.

Integrated Primary Care

Co-Chair: Mark E. Vogel, PhD, vogel1@msu.edu

Co-Chair: James E. Aikens, PhD, aikensj@umich.edu

The Integrated Primary Care SIG is devoted to promoting and enhancing the delivery of evidence-based behavioral health care in primary care settings. The SIG provides a forum for the exchange of information and the fostering of relationships between behavioral health and medical professionals in order to (1) facilitate the integration of behavioral health professionals and biopsychosocial interventions into primary care settings; (2) advance research of behavioral health interventions in primary care; (3) support the training of students pursuing integrated primary care; and (4) inform the development of policies that impact behavioral health care in primary care settings.

Military and Veterans' Health

Co-Chair: David E. Goodrich, EdD, MS, MA, david.goodrich2@va.gov

Co-Chair: Emily Grieser, PhD, emily.grieser@gmail.com

Communications officer: Katherine Hall, PhD, katherine.hall@duke.edu

The Military and Veterans' Health SIG is an interdisciplinary group of researchers, clinicians, and educators who are committed to promoting research, prevention, clinical assessment and intervention, policy development, education, training, and mentoring in military and veterans' health. The SIG invites those who have an interest in promoting health within the unique health care systems of the U.S. departments of Defense and Veterans Affairs, as well as those interested in improving health outcomes in active duty service members and veterans from around the globe.

Multi-Morbidities

Chair: Jerry M. Suls, PhD, jerry-suls@uiowa.edu

The dominant tendency in behavioral medicine has been to focus on one physical condition at a time; however, having two or more physical diseases (multi-morbidities)—or being at risk for other diseases by having an index condition—is common, especially among older adults. Multi-morbid conditions often have common risk factors and pathogenesis, and are the targets of similar behavioral interventions. The SIG affords the opportunity to consider health promotion, treatment, and common biological mechanisms for translational research across disease silos.

Multiple Health Behavior Change

Chair: Marcella H. Boynton, PhD, mhb23@unc.edu

Co-Chair: Lori A. J. Scott-Sheldon, PhD, lori_scott-sheldon@brown.edu

The Multiple Health Behavior Change SIG aims to contribute to the development of a science of multiple behavior change for health promotion and disease management. Intervening on multiple health behaviors presents a unique set of challenges. This group addresses theoretical, methodological, interventional, statistical, and funding issues related to targeting multiple health behaviors for change. Relevant targeted behaviors include but are not limited to: tobacco and other drug use, physical activity, nutrition, HIV-risk behaviors, sun exposure, and stress.

SBM INFORMATION

Obesity and Eating Disorders

Co-Chair: Amy A. Gorin, PhD, amy.gorin@uconn.edu

Co-Chair: Stephanie L. Fitzpatrick, PhD,
fitzpatrickorama@gmail.com

The purpose of the Obesity and Eating Disorders (OED) SIG is to provide networking, mentorship, and scientific training to those interested in obesity, eating disorders, and weight-related pathology. Members of the OED SIG also aim to advance the field of obesity and eating disorders through the scholarly pursuit of scientific research, with a special emphasis on submitting federal and private foundation grants. Members of this SIG will also receive guidance on how to develop an academic career in obesity and eating disorders.

Pain

Chair: Lara K. Dhingra, PhD, ldhingra@chpnet.org

Millions of people suffer from painful conditions with wide-ranging physical, psychological, social, and economic consequences. Alleviation of these often devastating consequences requires continuing research and development efforts from the biological, psychological, and social sciences. The goal of the Pain SIG is to advance the understanding of pain and its treatment, according to a biopsychosocial framework. This will be accomplished through (1) increasing interdisciplinary communication; (2) promoting research; (3) providing education and training for both researchers and clinicians; (4) mentoring students and young professionals; and (5) providing a forum for collaboration between interested individuals and groups.

Physical Activity

Chair: David Williams, PhD, david_m_williams@brown.edu

Co-Chair: Beth A. Lewis, PhD, blewis@umn.edu

The aims of the Physical Activity SIG are to (1) update SBM members on the latest developments and initiatives of relevance to the physical activity field; (2) provide a format for both formal and informal networking among SBM members with physical activity interests; and (3) serve as a forum for advancing the behavioral physical activity field, through developing submissions for the SBM conference, providing an avenue for mentoring junior investigators with physical activity interests, and identifying appropriate individuals interested in serving as reviewers for relevant scientific journals, NIH study sections, and SBM program submissions.

Population Health Sciences

Chair: Lila J. Finney Rutten, PhD, MPH, rutten.lila@mayo.edu

Co-Chair: Jennifer L. St. Sauver, PhD, MPH, stsauver.jennifer@mayo.edu

The Population Health Sciences SIG provides a forum for behavioral researchers interested in or engaged in research focused on multiple determinants of health with an emphasis on social, environmental, and organizational influences on health and health-related behavior. Broad areas of research may include but are not limited to the following: translational research focused on developing real-world solutions and policies to improve population health; research focused on informing public health efforts with behavioral science; and secondary analysis of public data resources to examine trends in population health by geographic regions, population subgroups, and socio-environmental factors.

Spirituality and Health

Co-Chair: John M. Salsman, PhD, j-salsman@northwestern.edu

Co-Chair: Andrea D. Clements, PhD, clements@etsu.edu

Until recently the possible links of spiritual and religious factors to health were essentially ignored or unstudied. Empirical studies in the past two decades however have demonstrated significant associations of selected spiritual and religious factors with important health and disease outcomes. The Spirituality and Health SIG seeks to encourage and support well-designed empirical research that sheds clarifying light on what processes are at work. Research can more clearly identify and clarify in what ways spiritual and religious factors may influence health, positively or negatively. Findings can also impact ways to make professional health care practices more effective.

Student

Chair: Danielle E. Schoffman, schoffmd@email.sc.edu

The purposes of the Student SIG are to provide a home for student SBM members where their unique needs and concerns can be discussed and addressed, and to facilitate students' professional development. Additional goals of the Student SIG include promotion of student-oriented programs, activities, and opportunities within SBM; collaboration between students and among students and professionals; and discussion of important topics within the field of behavioral medicine. All student members are encouraged to join and to like the SIG on Facebook by visiting www.facebook.com/sbmstudentsig.

SBM INFORMATION

Technology

Chair: Eric B. Hekler, PhD, ehekler@asu.edu

Co-Chair: David K. Ahern, PhD, dahern@partners.org

The Technology SIG is designed as a forum for members of SBM with an interest in the impact of information and communication technology on health behavior outcomes and processes. SIG interests incorporate the study of the use of technology by patients and health care providers as well as the design, implementation, and evaluation of behavior change interventions delivered through advanced technologies. The goal is to promote the appropriate use of technologies to improve health and health care.

Theories and Techniques of Behavior Change Interventions

Chair: Susan Michie, DPhil, CPsychol, FBPS, AcSS, s.michie@ucl.ac.uk

Co-Chair: Arlen C. Moller, PhD, amoller@iit.edu

Junior co-chair: Gina Merchant, gmerchant@ucsd.edu

Junior co-chair: Heather L. Gainforth, PhD, h.gainforth@ucl.ac.uk

The Theories and Techniques of Behavior Change Interventions SIG is an interdisciplinary group of researchers, clinicians, and educators who are committed to developing methods to improve the design and evaluation of interventions aimed at changing preventive, illness-related and health professional behaviors. To date, there has been no shared language for describing the content, especially the “active ingredients,” of behavior change interventions; by contrast, biomedical interventions are precisely specified. There is also increasing recognition of the importance of developing theory-based interventions. The SIG will allow exchange of ideas and will foster collaboration with the aim of developing methods for specifying intervention content, evaluating the theory base of interventions, and linking behavior change techniques to theory.

Women’s Health

Co-Chair: Jennifer L. Huberty, PhD, jhuberty@asu.edu

Co-Chair: Sara Kornfield, PhD, sara.kornfield@gmail.com

The Women’s Health SIG is an interdisciplinary group of researchers, clinicians, educators, and public health advocates committed to promoting research, clinical and community interventions, and policy as well as education, training, and mentoring in women’s health. The SIG is also dedicated to supporting the professional advancement of women and women’s issues in behavioral medicine. Connect with SIG members by visiting www.facebook.com/womenshealthsig.

CONTACT INFORMATION

Conference questions can be directed to:

Society of Behavioral Medicine
555 East Wells Street, Suite 1100

Milwaukee, WI 53202

Phone: (414) 918-3156

Fax: (414) 276-3349

Email: info@sbm.org

Website: www.sbm.org

FUTURE ANNUAL MEETINGS

37th Annual Meeting & Scientific Sessions

March 30 to April 2, 2016

Washington Hilton

Washington, DC

38th Annual Meeting & Scientific Sessions

March 29 to April 1, 2017

Hilton San Diego Bayfront

San Diego, CA

SAN ANTONIO CITY GUIDE

WELCOME TO SAN ANTONIO

San Antonio is a delightful study in contrasts.

The city cherishes its history but welcomes change—historical monuments share city blocks with architecturally-modern skyscrapers. The city celebrates its renowned Tex-Mex and Spanish culture but doesn't forget its German roots—restaurants of those varieties, and more, populate the bustling downtown.

In short, San Antonio has something for everyone.

This guide will help you get around town, find the best food at the best prices, and plan what to do in your free time. From museums and historical landmarks like the Alamo, to theme parks and the Fiesta San Antonio festival, this city has you covered. And you can get most places by walking or hopping the city bus.

If you need information beyond what's in this guide, check out www.visitsanantonio.com.

Enjoy your stay!

The SBM Local Arrangements Committee

Sarah R. Arvey, PhD, co-chair

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John C. Moring, PhD

Amelie G. Ramirez, MPH, DrPH

WEATHER

Located in south central Texas, San Antonio experiences an average year-round temperature of 70 °F. In April, the average high temperature is 80 °F; the average low is 57 °F. April usually experiences little rainfall—only 2.6 inches on average for the entire month.



San Antonio is a warm, bustling city of 1.4 million people. *Photo courtesy of visitsanantonio.com.*

SAFETY

For a big city, San Antonio is relatively safe for travelers. Travel guides recommend common sense: Keep an eye—and a hand—on your personal belongings in crowds, don't walk alone at night in unfamiliar settings, and avoid deserted areas. It's also recommended that travelers carry only the money they'll need that particular day; don't carry or display large amounts of cash. Avoid displaying other valuable items like cell phones, cameras, other handheld electronics, and expensive jewelry. If you think someone is following you, switch directions or cross the street. If the person continues to follow you, move quickly toward an open store, an open restaurant, or a lighted house. Don't be afraid to yell for help.

GETTING AROUND

From the Airport

San Antonio International Airport is a 10-minute drive from the San Antonio Marriott Rivercenter hotel where the Annual Meeting is being held. Upon arrival at the airport, there are several transportation options for getting to the Marriott Rivercenter.

Taxi Cabs

Cabs are available at the airport's lower level curbside area, outside of baggage claim, at Terminals A and B. For assistance, please talk to the Airport Ground Transportation employee wearing a red shirt. Taxi cab fare to the Marriott Rivercenter is estimated at \$22 one way. Visit www.bit.ly/SAtaxicabs to view cab companies and their contact information.

Rental Cars

Rental car counters are located in Terminal A at the airport; they are open during regular hours. After hours, passengers can use the courtesy phones provided in the baggage claim area of Terminal A to request shuttle transport to the car rental company of their choice, or they can proceed to the shuttle pick-up area located outside the baggage claim area. Rental car facilities are located near the airport. Visit www.bit.ly/SArentalcars for more details.

Airport Shuttle

Go Airport Shuttle is San Antonio International Airport's authorized shared-ride shuttle service. Shuttles depart from 7 a.m. to 1:30 a.m. daily, leaving for downtown hotels every 15 minutes. Passengers may purchase tickets at the airport's baggage claim area. A ticket to the

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Marriott Rivercenter is \$19 one way or \$34 round trip. Visit www.bit.ly/SAshuttle for more details.

City Bus/Streetcar

VIA Metropolitan Transit is San Antonio's public transportation agency. It offers service throughout the city, including within the downtown area.

To get downtown from the airport:

- Go to the airport's lower roadway (arrivals/baggage level in Terminals A and B). VIA's stop will be halfway between Terminals A and B.
- Catch VIA bus route 5, which operates every day. \$1.20 will get you downtown in about 30 minutes.
- Get off at the St. Mary's and Commerce stop. Then walk five blocks east on East Commerce Street to reach the Marriott Rivercenter.

Visit www.bit.ly/SACitybus or call (866) 362-2020 for more information.

Around the City

San Antonio and its River Walk District are very easy to get around. The Marriott Rivercenter is located right by the heart of the River Walk, allowing for walking or short cab and bus rides to many restaurants, shops, and historical landmarks.

Taxi Cabs

Visit www.bit.ly/SAtaxicabs to view area cab companies and their contact information.

City Bus/Streetcar

VIA Metropolitan Transit is San Antonio's public transportation agency, complete with city buses and streetcars. A single ride costs \$1.20. One-day passes are available for \$4 and are good for unlimited rides on all regular, express, and primo lines for the day indicated on the pass. Visit www.bit.ly/SACitybus for more details.

Several bus routes travel through downtown from early in the morning to late at night. The Red (301) or Blue (305) Circulators travel near many of the most popular destinations and come by every 10 minutes. Visit www.bit.ly/SACitybusdowntown for more information.

Rio Taxi

The Rio Taxi travels the San Antonio River, with more than 39 pickup and drop-off stations as far north as the historic Pearl Brewery area. You can also take the Rio Taxi to the Veterans of Foreign Wars (VFW) Post 76, the oldest post in Texas. Prices for the Rio Taxi are very reasonable:

One-way tickets are \$5, and a 24-hour pass is \$10. Visit www.riosanantonio.com/rio-taxi for more information.

B-cycle Bike Rental

San Antonio B-cycle allows the easy rental of bikes found at more than 50 stations around the city. B-cycle users must become members online or at any B-cycle station (A 24-hour membership is available and costs \$10.); then they can pick up a bike at any station, returning it to the same station or any other station when done. Visit www.sanantonio.bcycle.com to view station maps and sign up as a member. Increasing bicycle use in San Antonio through B-cycle and other programs has been a key goal of the Mayor's Fitness Council.

PARKS AND OUTDOOR SPACES

From old Spanish orchards, to centuries-old riverside buildings, to the site of the 1968 World's Fair, San Antonio has outdoor spaces and parks full of variety and history. Several are in walking distance of the San Antonio Marriott Rivercenter hotel where the Annual Meeting is being held. Those walking distances are shown in this guide.

HemisFair Park

0.4-mile, 9-minute walk
600 HemisFair Plaza Way

Built to host the 1968 World's Fair, the park's lushly-landscaped areas and dramatic, cascading waterfalls offer a refreshing retreat from city streets. The park houses several historic buildings, a playground, the Institute of Texan Cultures, and the Instituto Cultural Mexicano. One of the park's biggest highlights is the 750-foot Tower of the Americas, which offers breathtaking views of San Antonio.

River Walk

0.5-mile, 11-minute walk
110 Broadway Street
www.thesanantonioriverwalk.com

Just 20 feet below street level and steps from the famed Alamo, the Paseo del Rio, better known as the River Walk, awaits. Aside the meandering San Antonio River, stone pathways connect shops, restaurants, hotels, and museums with a blend of historic and modern architecture that resonates the depth of this centuries-old metropolis.

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San Antonio's River Walk, shown at dusk, is a popular tourist destination where visitors can walk, dine, and even boat. *Photo courtesy of visitsanantonio.com.*

Travis Park

0.7-mile, 14-minute walk
300 East Travis Street

The area including Travis Park was once part of the upper farmlands of Mission San Antonio de Valero, today called the Alamo. After the mission closed, the land was sold in 1819 to Francisco Garcia and in 1851 to Samuel Augustus Maverick, who lived at the northwest corner of Alamo Plaza and used this property for his orchard.

Pearl Brewery District

1.7-mile, 5-minute drive
250 East Grayson Street
www.atpearl.com

The Pearl Brewery area, formed around a brewery that operated from 1883 until 2001, is a northern San Antonio landmark now known for culinary treats, cooking classes, and renowned chefs. The 22-acre Pearl site no longer brews beer but is home to the Culinary Institute of America-San Antonio and the year-round Pearl Farmers Market. Restaurants include Arcade Midtown Kitchen, Bakery Lorraine, the Boiler House, Green, and La Gloria. There are also many shops, including some selling clothing, bikes, and books.

San Antonio Botanical Garden

3.4-mile, 9-minute drive
555 Funston Place, (210) 207-3250
www.sabot.org

This 38-acre botanical garden sits in the heart of San Antonio. Explore the futuristic Lucile Halsell Conservatory or walk the Texas Native Trail for a close-up encounter with the beautiful world of plants. Seasonal floral display beds complement formal garden settings that include a rose garden, old-fashioned garden, sensory garden, and Kumamoto En Japanese garden.

Corpus Christi

143-mile, 1.75-hour drive
www.cctexas.com

If you're coming to Texas a few days before the Annual Meeting or if you're staying a few days after, consider heading south from San Antonio to Corpus Christi. This coastal area has great views and great bird watching.

ENTERTAINMENT

San Antonio offers plenty for you to do when you're not attending Annual Meeting sessions. There are tours, museums, Spanish missions like the famed Alamo, theme parks, a dude ranch, and much more. The attractions and other entertainment options in this guide are sorted by type and by distance from the San Antonio Marriott Rivercenter hotel where the Annual Meeting is being held.

Fiesta San Antonio

0.1-mile, 3-minute walk
Various locations
www.fiesta-sa.org

The Annual Meeting coincides with San Antonio's largest public festival: Fiesta San Antonio. The annual festival runs from April 16-26 in 2015, and events take place across San Antonio including at locations in walking distance from the Marriott Rivercenter. Fiesta San Antonio started more than 120 years ago as a parade to honor the memory of the heroes of the Alamo and the Battle of San Jacinto. It's since grown to a citywide, 10-day festival featuring about 100 events that offer music, food, sports, pageantry, military observances, exhibits, and parades.



Dancers perform on stage at the Arneson River Theater during Fiesta San Antonio. *Photo courtesy of visitsanantonio.com.*

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Tours

Rio San Antonio Cruises

0.2-mile, 3-minute walk

849 East Commerce Street, (210) 244-5700

www.riosanantonio.com

Step aboard a river-cruising barge for an exciting and entertaining narrative of the rich history of the San Antonio River. Cruises are about 35 minutes long and cover 1.5 miles of the beautiful San Antonio River Walk. Tickets are available at several locations including 849 East Commerce Street.

City Sightseeing Double Decker San Antonio

0.3-mile, 6-minute walk

204 Alamo Plaza, (210) 224-8687

www.citysightseeingtours.com/sanantonio

City Sightseeing Double Decker San Antonio operates an open-top double-decker tour of the city. Tours begin every 20 minutes, all day, every day from Alamo Plaza, Market Square, HemisFair Park, and six other central locations. It is a hop-on, hop-off service; pay on boarding. There is an on-board commentary and a great view.

Sisters Grimm Ghost Tours

0.3-mile, 6-minute walk

204 Alamo Plaza, (210) 638-1338

www.sistersgrimmghosttour.com

Join Sisters Grimm Ghost Tours for a walk through the streets of old San Antonio as guides recount stories of the past and bring history alive. Meet native tour guides whose ancestry originates with the early founders of San Antonio. Dressed in period costumes, they will use lanterns to light the way through the strange and unusual tales of centuries past.

Fork in the River Food Tour

0.4-mile, 8-minute walk

317 Alamo Plaza, (888) 368-6874

www.foodtourssanantonio.com

Fork in the River provides a food tour of San Antonio's River Walk. Sample some of the area's finest cuisine and get a bit of culinary and historical education, all while taking in beautiful views of the city's iconic River Walk.

Alamo Trolley

0.4-mile, 8-minute walk

216 Alamo Plaza, (210) 247-0238

www.thealamotrolley.com

Explore San Antonio aboard the friendliest San Antonio trolley tour in town: The Alamo Trolley. This narrated tour will take you to the heart of old San Antonio to discover treasured cultural attractions: the Alamo, Tower of the Americas, the River Walk, Market Square, the Mission Trail, and more. Enjoy all-day unlimited re-boarding at the Alamo Trolley Hop Stops with your hop pass.

Historical Attractions

The Alamo

0.4-mile, 7-minute walk

300 Alamo Plaza, (210) 225-1391

www.thealamo.org

More than 2.5 million people a year visit the 4.2-acre complex known worldwide as "The Alamo." For more than 300 years, the Alamo has been a crossroads of Texas history. Here Spanish colonization took hold and Mexico later armed its independence. Still later, a small band of Texans held out for 13 days against the large army of Mexican Gen. Antonio López de Santa Anna. Texas eventually declared independence from Mexico and became the 28th U.S. state in 1845.



San Antonio's Alamo, a Spanish mission that played a key role in Texas' independence from Mexico, is shown at dusk. *Photo courtesy of visitsanantonio.com.*

San Fernando Cathedral

0.8-mile, 3-minute walk

115 Main Plaza, (210) 227-1297

www.bit.ly/SACathedral

Often considered the heart and soul of San Antonio, San Fernando Cathedral has played an integral part in the city's growth. Built in 1738, its history includes both religious and secular duties. Texas hero James Bowie married Ursula de Veramendi in its sanctuary, and Mexican Gen. Antonio López de Santa Anna used the

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church as a lookout. San Fernando still serves the city as the cathedral of the Diocese of San Antonio.

Spanish Governor's Palace

0.9-mile, 4-minute walk
105 Plaza de Armas, (210) 224-0601
www.bit.ly/SAgovpalace

A national historic landmark labeled “the most beautiful building in San Antonio” by the National Geographic Society, the Spanish Governor's Palace once housed the officials of the Spanish Province of Texas. Above the entrance is the original keystone which contains the carved, double-headed eagle of the Hapsburg coat-of-arms and the inscription, in Spanish, “finished in 1749.” Distinguishing features include period furnishings and a cobblestone patio with fountain and foliage.

San Antonio Missions National Historical Park

5.4-mile, 10-minute drive
6701 San Jose Drive, (210) 932-1001
www.bit.ly/SAmissionspark

The four southernmost Spanish colonial missions—Concepción, San José, San Juan, and Espada—are included in the San Antonio Missions National Historical Park. The missions are walled compounds encompassing a church and buildings where priests and local Native Americans lived and worked. All four mission churches still have active Catholic parishes that hold regular services. Every 30 minutes, the park's Visitor's Center in Mission San José shows *Gente de Razon*, which tells the story of life in the missions during the 1700s.

Museums

Buckhorn Museum and the Texas Ranger Museum

0.6-mile, 30-minute walk
318 East Houston Street, (210) 247-4000
www.buckhornmuseum.com

Established in 1881, the Buckhorn Museum features one-of-a-kind animal exhibits, a historic saloon, a café, and the Texas Ranger Museum. Explore the newly remodeled animal halls, practice your sharp-shooting skills in the Toepperwein Shooting Gallery, and explore hundreds of rare and unique animal species from around the world.

Institute of Texan Cultures

0.8-mile, 3-minute walk
801 East Cesar Chavez Boulevard, (210) 458-2300
www.texancultures.com

The Institute of Texan Cultures features exhibits, programs, and special events that examine and promote heritage, ethnicity, history, social issues, and popular culture. Visitors learn the stories of immigrants who settled in Texas and contributed to its modern, multicultural society. The institute is located in HemisFair Park, steps from the Tower of the Americas.

San Antonio Museum of Art

1.2-mile, 4-minute drive
200 West Jones Avenue, (210) 978-8100
www.samuseum.org

The San Antonio Museum of Art houses five millennia of art in a complex of buildings that was once the Lone Star Brewery. The museum is renowned for its collections of Latin American, Asian, and ancient Mediterranean art as well as a growing and notable contemporary collection.

Family Fun

San Antonio Children's Museum

0.6-mile, 3-minute walk
305 East Houston Street, (210) 212-4453
www.sakids.org

Three floors of interactive exhibits include the Tot Spot, where kids play to learn and adults learn to play.

San Antonio Zoo and Aquarium

3.5-mile, 6-minute drive
3903 North St. Mary's Street, (210) 734-7184
www.sazoo-aq.org

With more than 8,500 animals including African wildlife and Amazon creatures, the zoo has one of the largest animal collections in the country.

Witte Museum H-E-B Science Treehouse

3.8-mile, 8-minute drive
3801 Broadway, (210) 357-1900
www.wittemuseum.org

This learning center has four floors of hands-on science exhibits for all ages and is connected to a unique treehouse building overlooking the river.

Morgan's Wonderland

11.9-mile, 14-minute drive
5223 David Edwards Drive, (210) 495-5888
www.morganswonderland.com

Designed as a place where “everyone can play,” this was the world's first theme park fully accessible to people with special needs. Wheelchair swings, a bigger-than-life

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train, a carousel, a fishing wharf, live music concerts, and a high-tech sensory village are among the specially-designed rides and attractions.

Six Flags Fiesta Texas

12.6-mile, 14-minute drive
17000 IH 10 West, (210) 697-5050
www.sixflags.com/fiestatexas

This theme park has more than 50 rides and attractions, ranging from children's rides in Kidzopolis to the Goliath roller coaster.

SeaWorld San Antonio

18.1-mile, 21-minute drive
10500 SeaWorld Drive, (800) 700-7786
www.seaworldparks.com/seaworld-sanantonio

The world's largest marine life park lets visitors meet Shamu, feed dolphins, and more. Aquatica, SeaWorld's waterpark, is designed as a South Seas oasis with all the amenities of a beachside resort including terraced pools, a giant wave pool, meandering crystal-blue rivers, sandy beaches, and private cabanas.



Children touch dolphins at SeaWorld San Antonio. *Photo courtesy of visitsanantonio.com.*

Natural Bridge Caverns

27-mile, 31-minute drive
26495 Natural Bridge Caverns Road, New Braunfels, TX,
(210) 651-6101
www.naturalbridgecaverns.com

The largest cavern in Texas features a 60-foot limestone bridge and descends to 180 feet with formations called Sherwood Forest and the Castle of the White Giants. There are two regular tours a day, or you can opt for rappelling gear, helmets, and headlamps. The Canopy Challenge & Zip Lines has four zip lines, a climbing obstacle course, and a children's area. And you can get

an up-close view of millions of bats emerging at dusk from Bracken Cave, home of the world's largest bat colony.

Schlitterbahn

32-mile, 37-minute drive
305 West Austin Street, New Braunfels, TX, (830) 625-2351
www.schlitterbahn.com

This waterpark has been ranked number one by the Travel Channel. Located on the banks of the spring-fed Comal River, Schlitterbahn has tube chutes, water slides, uphill water coasters, a whitewater river, and more.

Hill Country

Hyatt Hill Country Golf Club

17.4-mile, 19-minute drive
9800 Hyatt Resort Drive, (210) 520-4040
www.hyatthillcountrygolf.com

This 10,369-yard course is beautiful, dramatic, and balanced. It has rolling meadows, steep hillsides, wooded ravines, and tree-shaded plateaus as well as the tranquil threat of lakes and ponds.



The Hyatt Hill Country Golf Club's course features a variety of shot challenges and strategically-placed bunkers and grassy hollows. *Photo courtesy of visitsanantonio.com.*

Enchanted Springs Ranch

35.5-mile, 36-minute drive
242 State Hwy 46 West, Boerne, TX, (830) 249-8222
www.enchantedspringsranch.com

This 86-acre working ranch lets you watch gunfighters in a frontier town right out of the 1800s; take a wagon ride through a wild animal park with longhorns, horses, buffalo, and zebras; and then chow down at a chuck wagon dinner.

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Hill Country Wine Tours

72-mile, 1-hour drive
 Fredericksburg, TX, (830) 329-9463
www.hcwinetours.com

Hill Country Wine Tours visit the best wineries in the Hill Country. Call ahead for reservations and details.

Wildseed Farms

77-mile, 1.3-hour drive
 100 Legacy Drive, Fredericksburg, TX, (830) 990-8090
www.wildseedfarms.com

Wildseed Farms, a large working wildflower farm, opens its doors seven days a week for visitors to enjoy the seasonally-blooming fields; the gift shop full of home decor, specialty foods, Texas wines, wildflower seed, and more; and the plant nursery, which includes a great selection of pottery. While ladies shop, gentlemen can sip a cold brew.

Enchanted Rock State Natural Area

90-mile, 1.5-hour drive
 16710 Ranch Road, Fredericksburg, TX, (830) 685-3636
www.bit.ly/SAenchantedrock

Enchanted Rock State Natural Area consists of 1,643.5 acres on Big Sandy Creek. It was designated a National Natural Landmark in 1970, and was placed on the National Register of Historic Places in 1984. The “rock” is a huge, pink granite exfoliation dome that rises 425 feet above ground and covers 640 acres. It is one of the largest underground rock formations uncovered by erosion in the United States.

Music/Theater

Arneson River Theater

0.5-mile, 11-minute walk
 418 Villita Street, (210) 207-8612
www.arnesonrivertheater.com

This beautiful and historic theater, located along the San Antonio River in the La Villita Historic Arts Village, is the perfect outdoor venue to watch a dance or musical performance.

Aztec Theatre

0.6-mile, 12-minute walk
 104 North St. Mary's Street, (210) 812-4355
www.theaztectheatre.com

The Aztec Theatre is San Antonio's oldest theater and newest entertainment venue. The Aztec Theatre is a

beautifully restored Meso-American masterpiece built in 1926. Today, it's a live-music venue featuring everything from rock to blues to Latino.

Tobin Center for the Performing Arts

0.7-mile, 14-minute walk
 100 Auditorium Circle, (210) 223-3333
www.tobincenter.org

The Tobin Center for the Performing Arts brings an eclectic mix of arts and music to the dynamic downtown San Antonio area. The Tobin Center combines modern design and historic architecture, preserving and incorporating the original facade of the historic Municipal Auditorium into new additions. Patrons can enjoy performances in the state-of-the-art 1,759-seat performance hall, as well as the 250-seat studio theater and the outdoor performance plaza that connects to the River Walk. The Tobin Center is the home of the San Antonio Symphony, Ballet San Antonio, Opera San Antonio, The Children's Chorus of San Antonio, and more.

The Guadalupe Cultural Arts Center

2.2-mile, 7-minute drive
 723 South Brazos Street, (210) 271-3151
www.guadalupeculturalarts.org

Each year the Guadalupe presents and produces a season of events, exhibitions, and festivals including the San Antonio CineFestival, the Tejano Conjunto Festival en San Antonio, the San Antonio Inter-American Bookfair Literary Festival, and plays by the resident youth theater company Grupo Animo.

The Playhouse San Antonio

4-mile, 8-minute drive
 800 West Ashby Place, (210) 733-7258
www.theplayhousesa.org

Majestically rising through the trees of San Pedro Park, this elegant Greek Revival-style playhouse hosts plays that are as dramatic and colorful as the venue itself. The actors who grace the stage put on quality live-theater musicals, comedies, and dramas.

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RESTAURANTS

Classic Tex-Mex, tender barbecue, traditional Italian, Old World German, and contemporary Southwestern fare are just a few of the options you'll find in San Antonio's cafés, restaurants, and bistros. Many restaurants are a few blocks from the San Antonio Marriott Rivercenter hotel where the Annual Meeting is being held. Stroll the nearby River Walk to find restaurants where you can sit under a colorful umbrella, get a delicious meal, and watch the river flow by.

The restaurants in this guide are sorted by distance from the Marriott Rivercenter and by average price. Rankings are out of five stars and come from the San Antonio Convention & Visitors Bureau via TripAdvisor. Restaurant attire is casual unless otherwise noted.

Reservations are strongly recommended for restaurants costing \$12 or more—otherwise you may face hour-long waits or booked restaurants. You may want to make reservations before the trip or days in advance for some of the more popular eateries.

Within 0.5 Mile of Marriott Rivercenter

(15-minute walk or less)

\$12 or less

Casa Rio (Mexican)

0.3-mile, 7-minute walk

3.5 stars

Lunch and dinner

430 East Commerce Street, (210) 225-6718

www.casa-rio.com

Casa Rio was the first San Antonio business to open its doors to the River Walk. It boasts a wide selection of delicious Mexican foods.

Jerry's Chicago Style Hotdogs (American)

0.5-mile, 13-minute walk

4.5 stars

Lunch

149 East Commerce Street, (210) 465-8200

Jerry's has a great menu of fries and dogs. The draw is the perfect presentation of the Chicago-style hotdog.

\$13 to \$30

River's Edge Café and Bar (American and South Texas)

0.4-mile, 8-minute walk

3.5 stars

Breakfast, lunch, and dinner

200 South Alamo Street, (210) 270-0786

www.riversedgecafesa.com

Café employees treat each guest like family and serve wonderful meals sourced from local farms whenever possible.

The County Line (Texas-Style BBQ)

0.4-mile, 9-minute walk

3.5 stars

Lunch and dinner

111 West Crockett Street, Suite 104, (210) 229-1941

www.bit.ly/SACountyline

It's been located on the River Walk for nearly 30 years. Be sure to try the jalapeño hush puppies with wild pork sauce. Gluten free items are available.



The County Line restaurant serves up all-you-can-eat BBQ platters, family style. *Photo courtesy of The County Line.*

Landry's Seafood (Gulf Coast Seafood)

0.5-mile, 10-minute walk

4 stars

Lunch and dinner

517 North Presa Street, (210) 229-1010

www.landrysseafood.com

This restaurant has been serving award-winning seafood for more than 60 years. It offers guests a taste of Gulf Coast tradition.

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\$31 to \$60

Fogo De Chao (Brazilian-Style Steak House)

0.1-mile, 3-minute walk

4.5 stars

Lunch and dinner

849 East Commerce Street, (210) 227-1700

www.bit.ly/SAfododechao

Guacho chefs expertly grill each of this steak house's 16 cuts of meat and offer continuous tableside service. Online reservations available. *Dressy attire suggested.*

Boudro's (Texan-Style Bistro)

0.4-mile, 9-minute walk

4 stars

Breakfast/brunch, lunch, and dinner

205 North Presa Street, (210) 224-8484

www.boudros.com

Enjoy smoked shrimp enchiladas, blackened prime rib, and seafood straight from the Gulf. Online reservations available.

Little Rhein Steak House (Steak House)

0.4-mile, 8-minute walk

4 stars

Dinner

231 South Alamo Street, (210) 225-2111

www.littlerheinsteakhouse.com

Located in La Villita on the River Walk since 1967, the Little Rhein Steak House is recognized for its prime USDA steaks, superior wine list, and rustic charm. *Dressy attire suggested.*

Tre Trattoria (Italian)

0.5-mile, 11-minute walk

4 stars

Breakfast, lunch, and dinner

401 South Alamo Street, (210) 223-0401

www.tretrattoria.com

Step into this authentic Tuscan Italian restaurant and enjoy remarkable views of beautiful HemisFair Park and San Antonio's notable Tower of Americas. Online reservations available.

Zocca Cuisine D'Italia (Italian)

0.5-mile, 11-minute walk

4.5 stars

Breakfast/brunch, lunch, and dinner

420 West Market Street, (210) 444-6070

www.zoccariverwalk.com

This restaurant offers a contemporary twist on classic Italian fare.

0.5 to 1 Mile from Marriott Rivercenter

(10- to 20-minute walk)

\$12 or less

The Station Café (Pizza and Sandwiches)

0.8-mile, 17-minute walk

4 stars

Lunch and dinner

701 South Saint Mary's Street, (210) 444-2200

www.thestationsa.com

The habanero roast beef sandwich is a favorite. The café also offers vegetarian and vegan options.

Cadillac Bar Restaurant (Mexican)

0.9-mile, 18-minute walk

4 stars

Lunch and dinner

212 South Flores Street, (210) 223-5533

www.sawhost.com/cadillac

Enjoy Mexican-inspired steak and seafood creations at Cadillac Bar Restaurant.

HB's (Delicatessen)

1-mile, 20-minute walk

4.5 stars

Breakfast and lunch

304 South Flores Street, (210) 227-5560

HB's has friendly service and its breakfast tacos are a must-try.

The Friendly Spot Ice House (Patio)

1-mile, 20-minute walk

4.5 stars

Dinner and weekend brunch

943 South Alamo Street, (210) 224-2337

www.thefriendlyspot.com

A San Antonio King William District staple. The micheladas, a Mexican beer cocktail, are delicious.

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Hot Joy (Asian Fusion)

1-mile, 20-minute walk
4 stars
Lunch and dinner
1014 South Alamo Street
www.hotjoysa.com

Hot Joy's menu is funky, spicy, and radically flavored. The restaurant was featured in *bon appétit's* 2014 list of 10 hot new San Antonio restaurants.

\$13 to \$30

The Fig Tree (Contemporary American and French)

0.6-mile, 9-minute walk
4 stars
Dinner
515 Villita Street, (210) 224-1976
www.figtreerestaurant.com

Delicate, highly-composed dishes such as seared nori tempura, yellow-fin tuna, and cold-water Australian lobster with drawn butter are menu standouts. *Dressy attire suggested.*

Bella on the River (Italian)

0.6-mile, 13-minute walk
4.5 stars
Dinner
106 Riverwalk Street, (210) 404-2355
www.bellaontheriver.com

Bella's small and intimate wine bar and dining room are unique and special on the River Walk. *Dressy attire suggested.*



The River Walk's Bella on the River restaurant offers unique dishes like seafood paella. *Photo courtesy of Bella on the River.*

Luke (German and French)

0.7-mile, 15-minute walk
4 stars
Lunch and dinner
125 East Houston Street, (210) 227-5853
www.lukesanantonio.com

Featuring a menu of authentic Old World cuisine, Luke combines classic German and French cooking techniques with a New Orleans touch.

Acenar (Tex-Mex)

0.7-mile, 15-minute walk
4 stars
Lunch and dinner
146 East Houston Street, (210) 222-2362
www.acenar.com

Experience house-made salsas, chiles rellenos, mole, and more.

Mi Tierra (Tex-Mex)

1-mile, 22-minute walk
4 stars
Breakfast, lunch, and dinner (open 24 hours)
218 Produce Row, (210) 225-1262
www.mitierracafe.com

It's one of the oldest, biggest, and best Tex-Mex restaurants around. The food is great, there's a bakery on site, and the festive decorations are more than worth the trip. Online reservations available.

Feast (Mediterranean)

1-mile, 20-minute walk
4.5 stars
Dinner and Sunday brunch
1024 South Alamo Street, (210) 354-1024
www.feastsa.com

The menu changes seasonally at this restaurant specializing in American cuisine with a Mediterranean flair.

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\$31 to \$60

Biga on the Banks (American)

0.6-mile, 13-minute walk

4.5 stars

Dinner

203 South Saint Mary's Street, (210) 225-0722

www.bigacom

Fine dining has never meant “fussy” to Chef Bruce Auden. Biga’s ambiance is relaxed—San Antonio style. *Dressy attire suggested.*

Bohanan's Prime Steak and Seafood (Texas-Style Steak House)

0.6-mile, 13-minute walk

4.5 stars

Lunch and dinner

219 East Houston Street, (210) 472-2600

www.bohanans.com

Bohanan's delivers a blend of Texas spirit with Old World charm. *Dressy attire suggested.*

Sweets

Belgian Sweets (Belgian)

0.4-mile, 9-minute walk

4 stars

524 East Houston Street, (210) 468-5366

This shop serves up real Belgian waffles.

Mi Tierra Bakery (Mexican)

1-mile, 22-minute walk

4 stars

www.mitierracafe.com

218 Produce Row, (210) 225-1262

Make sure to try the homemade Mexican candy.



A musical trio sings to a group of guests in the main dining room of Mi Tierra, a popular restaurant known for its festive decorations and on-site bakery. *Photo courtesy of Mi Tierra.*

El Sol Bakery (Mexican)

1-mile, 20-minute walk

4 stars

728 South Presa Street, (210) 227-9888

www.elsolbakeryinc.com

Specializing in Mexican-style sweet breads, El Sol has more than 35 different types of whole grain breads and pastries.

Wine and Cocktails

Davenport Lounge

0.4-mile, 9-minute walk

4 stars

203 North Presa Street, (210) 224-5635

www.the-dav.com

The cucumber martini is a favorite of locals and visitors alike. There's live music every night.

The Local Bar

0.5-mile, 10-minute walk

4.5 stars

600 North Presa Street, (210) 267-9885

www.thelocalbarsa.com

The Local Bar is dubbed downtown San Antonio's friendliest neighborhood bar, where the locals hang out. Happy hour runs every day from 3 p.m. to 7 p.m. with a “reverse happy hour” from 9 p.m. to 11 p.m.

SoHo Wine & Martini Bar

0.5-mile, 11-minute walk

4 stars

214 West Crockett Street, (210) 444-1000

www.sohomartinibar.com

SoHo Wine & Martini Bar claims to bring New York City to San Antonio. The bar is located in the historic San Antonio Loan and Trust building, and the original vault—used until 1892—serves as the wine cellar.

Howl at the Moon

0.5-mile, 10-minute walk

4 stars

111 West Crockett Street, #201, (210) 212-4770

www.howlatthemoon.com/san-antonio

With live dueling pianos, Howl at the Moon is part bar and part concert.

SAN ANTONIO CITY GUIDE

Beethoven Maennerchor Beer Garden

1.2-mile, 24-minute walk
422 Pereida Street, (210) 222-1521
www.facebook.com/the.Beethoven

Beethoven's is the quintessential "biergarten." Great atmosphere, varied brews, and delicious German cuisine provide a nice reminder of San Antonio's German heritage. There are 12 German beers on tap, from Spaten Lager to Warsteiner Dunkel.

Margaritas

Café Ole

0.4-mile, 9-minute walk
521 Riverwalk Street, (210) 223-2939

Home of the 60-ounce margarita.

Esquire Tavern

0.6-mile, 13-minute walk
155 East Commerce Street, (210) 222-2521
www.esquiretavern-sa.com

As the oldest bar on the River Walk, Esquire Tavern has had 80 years to perfect its margarita recipe.



The "nuestra margarita" at Esquire Tavern is an homage to South Texas and tequila. It's made with two different tequilas: a highland reposado and a lowland blanco. *Photo courtesy of Esquire Tavern.*

Iron Cactus

0.6-mile, 12-minute walk
200 Riverwalk Street, Suite 100, (210) 224-9835
www.ironcactus.com

Get \$5 house margaritas during happy hour, held Monday through Friday from 3 p.m. to 6 p.m.

Rosario's Mexican Café Y Cantina

0.9-mile, 18-minute walk
910 South Alamo Street, (210) 223-1806
www.rosariosa.com

Rosario's offers more than half a dozen specialty margaritas like the "la piña," which is infused with grilled pineapple and jalapeño.

This guide was completed using information from the San Antonio Convention & Visitors Bureau (visitsanantonio.com), San Antonio International Airport, VIA Metropolitan Transit, TripAdvisor, Yelp, Smarter Travel, U.S. Climate Data, the U.S. Census Bureau, the Alamo, the Fiesta San Antonio Commission, and Weider History.

SOCIETY *of* BEHAVIORAL MEDICINE

Better Health Through Behavior Change

Society of Behavioral Medicine Accepting Nominations for *Translational Behavioral Medicine* Editor-in-Chief

Submission Deadline June 30, 2015

The Publications and Communications Council of the Society of Behavioral Medicine (SBM) has opened nominations for the editorship of *Translational Behavioral Medicine* (TBM). The editor-in-chief's term will begin on October 1, 2015, and continue through the conclusion of the 2017 subscription year. Bonnie Spring, PhD, is the current editor-in-chief.

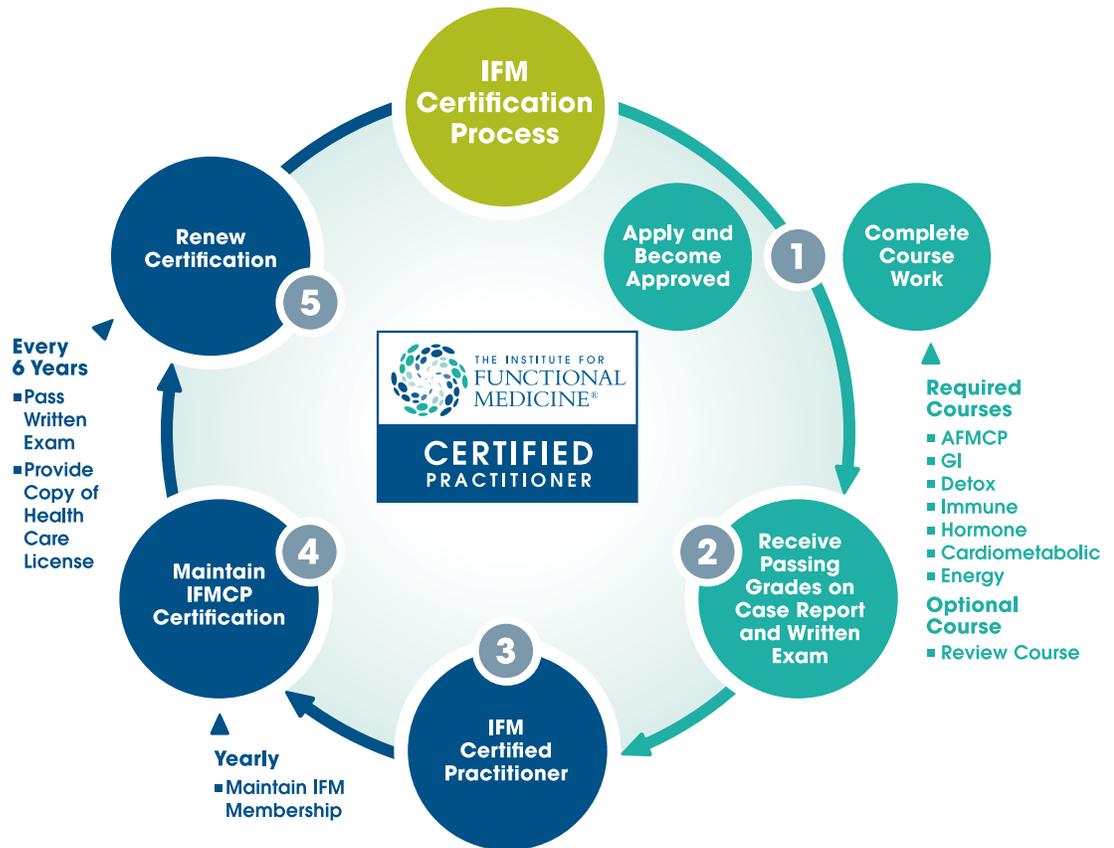
Candidates must be SBM members in good standing and may be self-nominated or nominated by an SBM member. The council will consider the following qualifications in vetting candidates: prior editorial experience (e.g., editorships, editorial board memberships, peer review); prior involvement in TBM and/or SBM; relevant academic achievements (e.g., publications, awards, academic rank, etc.); vision and plans for the journal; and commitment to editorial service. The council encourages the participation of underrepresented groups and would welcome nominees from these groups.

Candidates should submit a statement of interest and qualifications, along with their curriculum vita and three letters of support to Alan M. Delamater, PhD, Publications and Communications Council chair, at adelamater@med.miami.edu by June 30, 2015. The editor will be selected from among all qualified candidates by the SBM Board of Directors.



The Institute for Functional Medicine (IFM) has been at the forefront of the Functional Medicine Movement for 22 years, fostering a personalized, systems-oriented model empowering patients and practitioners to achieve the highest expression of health through collaboration to address the underlying causes of disease. The IFM Certification Program (IFMCP) deepens the expertise and knowledge base of clinicians in the principles and practice of Functional Medicine.

Join the Functional Medicine Movement and learn more at functionalmedicine.org or by calling 800.228.0622.



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*Behavioral Medicine at a Crossroads:
21ST Century Challenges and Solutions*

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SBM 0115-282