



SOCIETY OF
BEHAVIORAL
MEDICINE

**Professional Advancement Council Conference Call
MINUTES**

Tuesday, May 30, 2023

10:00 a.m. PT/11:00 a.m. MT/12:00 p.m. CT/1:00 p.m. ET

<https://us06web.zoom.us/j/87269626804>

In Attendance

Sharon Manne, PhD (chair)
Morgan Lee, PhD, MPH
Erika Montanaro, PhD
Valerie Myers, PhD, FSBM
Margaret Schneider, PhD, FSBM
Carina Nigg, MSc (guest)
Andrew Schmidt (staff)

Regrets

Sherri Sheinfeld Gorin, PhD, FSBM

Welcome and Review of April PAC Meeting Minutes

The April 2023 PAC call minutes were approved as written.

2023 Annual Meeting Debrief

Dr. Myers reported that the Meet the Fellows session was well attended and seemed to be well-received. One Fellow suggested organizing discussion groups exclusively for undergraduate students, current doctoral students, or postdocs, however Dr. Lee noted that there are typically few students who RSVP and who indicate an interest in the same discussion topics, so some overlap in career stage would be inevitable.

Dr. Manne asked council members to consider whether the PAC should propose any additional networking sessions for the 2024 Annual Meeting, either independently or in collaboration with other SBM entities. Several members expressed an interest in collaborating with other SBM councils and committees, particularly in informal events that could be held outside of the regular conference hours and venue. These events could be also be a good way to introduce new members to the councils and the many opportunities for getting involved with SBM.

Local Meetups Update

Dr. Schneider shared that two local meetup host proposals had been received so far, with at least two more proposals expected before the submission deadline on June 7th. Following the deadline, PAC members will be asked to review the proposals and recommend two locations for meetups in fall/winter 2023. If the PAC feels that more than two proposals are exceptionally strong, it can suggest

that additional meetups be planned prior to the 2024 Annual Meeting.

Early-Career Mentoring Program Updates

Ms. Nigg reported that all of the Early-Career Mentoring Program participants and mentors had been assigned to their groups for the year, and that they had been scheduling their first meetings over the past month.

The council discussed ways that SBM could provide additional support for the program and ensure its long-term viability, with Dr. Manne suggesting the creation of an Early-Career Mentoring Program Committee under the PAC, similar to those for the Leadership Institute and Diversity Institute. Council members expressed approval for the idea overall, and Dr. Myers recommended inviting some or all of the program mentors to join as steering committee members. Ms. Nigg added that she could provide program statistics and feedback from previous years' evaluations to be included in an ECM Committee proposal.

Next steps:

- Dr. Manne and Mr. Schmidt will draft a brief proposal re: establishing a new Early-Career Mentoring Committee for the next SBM board meeting.

Consultation Program

Continuing the conversation from the last PAC meeting, Dr. Manne asked council members to share their thoughts on increasing SBM members' utilization of the Consultation Program. Dr. Lee suggested looking at analytics from the full history of the program to determine which consultation topics have been most popular among the membership. That data could then be used to target new consultants in those areas and do more targeted promotion of the program to members.

The council also discussed promoting the program widely on SBM social media, particularly with an infographic that could easily be shared by individual members and SIG accounts, and/or an *Outlook* article featuring current consultants or testimonials from members who have used the program.

Other Business

Dr. Manne noted that she had asked Dr. Marian Fitzgibbon, chair of the Mid-Career Leadership Institute Committee and Dr. Frank Penedo, chair of the Monica Baskin Diversity Institute for Emerging Leaders Committee, to provide periodic updates about their respective programs during upcoming PAC calls. Recommendations for additional full PAC members continue to be welcome, however, and current members were encouraged to reach back out to any colleagues who may be a good fit for the council but didn't have the bandwidth to join in recent years.

Next Meeting

Tuesday, June 27; 1 p.m. ET