



Society for  
HEALTH PSYCHOLOGY



AMERICAN  
PSYCHOSOMATIC  
SOCIETY

SOCIETY of  
BEHAVIORAL MEDICINE  
*Better Health Through Behavior Change*

## **Health and Behavior International Collaborative Award**

**Sponsorship:** This grant is jointly sponsored by the International Society of Behavioral Medicine (ISBM), the Society for Health Psychology of the American Psychological Association (SfHP), the American Psychosomatic Society (APS), and the Society of Behavioral Medicine, USA (SBM).

### **PURPOSE:**

- The purpose of the grant is to facilitate a minimum of a one week visit to an international laboratory or research group under the guidance of an identified international mentor. Each year four awards will be competitively granted; each award is sponsored by one of the sponsoring organizations (ISBM, SfHP, APS, or SBM). The proposed visit will be based on aims to pursue a **specific research project or a specific program development project** in the areas of health research, clinical behavioral health, behavioral medicine, or health promotion. The research or program development project should be **feasible** within one year. If the project cannot be completed during the visit to the mentor's country, a plan for distance collaboration should be well-articulated.

### **ELIGIBILITY:**

- Applicants can be trainees (graduate, professional students – e.g., residents) and early career professionals (e.g., fellows, faculty) within 5 years of completing their terminal degree.
- There are no restrictions as to the applicant's age.
- Applicants are eligible for the award sponsored by organizations of which they are members. A list of the member societies of ISBM can be found at the end of the application. Applicants from developing countries in which there are no currently active behavioral medicine organizations will be automatically considered for the ISBM-sponsored award. If an applicant is a member of multiple sponsoring organizations, they will be considered for the award sponsored by each organization. Please note, the applicant may only receive a single award.
- International mentors must be members of one of the sponsoring organizations at the time of application.
- There is no country restriction to apply for funding from the ISBM, APS, or SBM. If you are applying for funding from the Society for Health Psychology, either the mentor or applicant must be currently based in the USA.
- The mentor must not have served as a mentor for a Health and Behavior International Collaborative Award within the last two years.

### **TERMS OF THE GRANT:**

- The applicant will receive \$3,000 USD to offset costs of travel and accommodations to visit the lab of an international mentor.
- The international mentor must demonstrate an ongoing commitment to work with the applicant to complete the project or academic goals described in the proposal.
- The award cannot be used to facilitate conference attendance.
- One year after receiving the award, the trainee will complete a 2-3 page form for the Health and Behavior International Collaborative Research Award Committee describing the progress and any available outcomes of the project. Successful applicants will receive a link to the form one year following receipt of the award.
- The trainee must acknowledge the Health and Behavior International Collaborative Research Award and the sponsoring organization (e.g., ISBM, SfHP, APS or SBM) in publications and other products arising from work achieved as a result of this award.



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## APPLICATION DOCUMENTS:

### Applicant:

1. Application form (see form at end of this document)
2. A maximum 2-page letter (11 pt. font, ½ inch (1.27 cm) margins) providing:
  - (a) Description and justification for purpose and anticipated benefit of international visit.
  - (b) Overview of the **rationale and methodology** for proposed project, visit, and collaborative activity.
  - (c) Evidence of communication with the international research mentor (prior communication/discussion with mentor is expected).
  - (d) Clear outline of specific objectives of the proposed visit/project.
  - (e) A clear plan for executing above objectives, including preliminary timetable of activities during proposed visit with specific emphasis on the **feasibility** of the project within the proposed timeline.
  - (f) Outline of plan for continued collaboration and product. A budget plan (how funds will be utilized) including any additional resources committed by the mentor or institution.
3. Curriculum vitae for applicant (maximum of four pages)
4. A one-page letter of support from the home institution or research mentor attesting to (a) support of the applicant's travel plans and its anticipated benefits, (b) support of the applicant's plans to produce scholarly work as a result of the award, and (c) the strength/qualifications of the applicant.

### Mentor:

1. Curriculum vitae (maximum of four pages)
2. A 1-page letter in which the international mentor:
  - (a) Agrees to be the trainee's mentor for the proposed visit.
  - (b) Testifies to any previous communication with applicant as well as the applicants' qualifications for the proposed project.
  - (c) Confirms that he or she has **sufficient time and resources** to support planned activities during the specified time period. The mentor is asked to include a specific statement regarding any resources or supplementary resources available to offset potential additional costs (e.g., extended visit).
  - (d) States that he or she has not served as a mentor for the Health and Behavior International Collaborative Award in the past two years

## AWARD SELECTION PROCESS:

**Deadline:** May 1<sup>st</sup>, 2018

**Submission:** Please send submission to [H.B.InternationalAward@gmail.com](mailto:H.B.InternationalAward@gmail.com)

Applicants will be competitively considered for funding by each organization of which he or she is a member. Two representatives from each sponsoring organization will use a standardized scoring system to rank their choice of applicants. The scoring system will be developed by the International Collaborative Awards Committee with special attention to (a) scientific merit (i.e., background, methodology) of the proposed project; (b) clarity and feasibility of the proposed objectives/plans of the visit; (c) qualification of applicant; (d) support of the hosting institution/mentor; and (e) potential for ongoing scientific collaboration and product. The Health and Behavior International Collaborative Award Committee (which these representatives



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comprise) will collaboratively determine the final awardees. Applicants will be notified via email by **June 1<sup>st</sup>, 2018** regarding the outcome of their applications.

### **ISBM Member Societies**

Academy of Behavioral Medicine Research  
American Psychosomatic Society  
Australasian Society for Behavioural Health and Medicine  
Central and Eastern European Society of Behavioural Medicine  
Chilean Society of Behavioral Medicine  
Chinese Society of Behavioural Medicine  
Danish Society of Psychosocial Medicine  
Finnish Section of Behavioral Medicine of the Finnish Association of Social Medicine  
German College for Psychosomatic Medicine  
Hong Kong Society of Behavioral Health  
Hungarian Society of Behavioural Sciences and Medicine  
Italian Society of Psychosocial Medicine  
Japanese Society of Behavioral Medicine  
Korean Society of Stress Medicine  
Mexican Society of Behavioral Medicine  
Netherlands Behavioral Medicine Federation  
Norwegian Society of Behavioural Medicine  
Portuguese Society of Health and Behavior  
Romanian Society of Behavioral Medicine  
Slovak National Society of Behavioral and Psychosomatic Medicine  
Society of Behavioral Medicine (USA)  
Swedish Society of Behavioral Medicine  
Thai Society of Behavioural Medicine  
UK Society of Behavioural Medicine  
Venezuelan Interdisciplinary Society of Behavioral Medicine



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## Application Form

### **A. Applicant Details**

**Full name:**

**Title:**

**Home institution:**

**Position:**

**Date of conferral of terminal degree:**

**NB.** Conferral must be within 5 years from application closing date, i.e., May 1<sup>st</sup> 2013, excluding career interruptions such as parental leave, or part time status due to family commitments.

Please provide description of career interruptions, if required:

### **B. Mentor Details**

**Full Name:**

**Title:**

**Institution:**

**Position:**

### **C. Award Details**

**Organization(s) for which you are applying to fund your award:**

- International Society of Behavioral Medicine
- Society for Health Psychology
- American Psychosomatic Society
- Society of Behavioral Medicine (USA)

**Location of proposed travel destination:**

**Proposed travel dates:**