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Stephanie Fitzpatrick inducted as Society of Behavioral Medicine member delegate

MILWAUKEE — Clinical health psychologist at the Kaiser Permanente Center for Healthy Research, Stephanie L. Fitzpatrick, PhD, began her term as member delegate of the Society of Behavioral Medicine on Monday.

Fitzpatrick is a clinical health psychologist and investigator at the Kaiser Permanente Center for Healthy Research. Her research focuses on embedding behavioral interventions for obesity and chronic disease management in clinical care settings. She has expertise in development, implementation, and analysis of behavioral interventions, including use of advanced statistical modeling such as structural equation modeling and latent class analysis.

Fitzpatrick was the principal investigator on a National Institute of Diabetes and Digestive and Kidney Disease (NIDDK)-funded R21 study that involved applying latent class analysis to data from two multi-site behavioral intervention trials (PREMIER and Weight Loss Maintenance) in order to identify individuals who successfully maintained health behavior changes for a year or more, and to establish demographic and baseline psychosocial predictors of behavior change maintenance. She is also co-principal investigator on a NIDDK-funded R01 to evaluate the implementation of the Diabetes Prevention Program at Kaiser Permanente Northwest. Fitzpatrick is also the principal investigator on a NIDDK-funded R34 to test the feasibility of a community health worker-led intervention to address diabetes self-management and unmet social needs among racial/ethnic minority and low-income patients.

Fitzpatrick was inducted as SBM member delegate during the society's annual Business Meeting on Monday, when she officially began her three-year Board term. Fitzpatrick was selected as member delegate through a vote by SBM members.

"Given that 27 million Americans remain uninsured and that in several states Medicaid still doesn't recognize psychologist as a reimbursable profession, there is a continued need to improve access to evidence-based behavioral medicine," she said. "I believe SBM is at the forefront of that effort and as member delegate I would continue to champion this work."

Fitzpatrick has been a member of SBM since 2003 and served as Chair of the SBM Student Special Interest Group and co-chair of the Obesity and Eating Disorders Special Interest Group. She has also been a participant in the SBM Leadership Institute.

The Society of Behavioral Medicine (SBM) is a 2,400-member organization of scientific researchers, clinicians and educators. They study how behavior, biology and the environment interact, and they turn their findings into health interventions that improve the well-being of individuals, families and communities.

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