

SOCIETY *of* BEHAVIORAL MEDICINE

Better Health Through Behavior Change

ETCD Council Conference Call MINUTES

Monday, August 14, 2017

8 a.m. PT/9 a.m. MT/10 a.m. CT/11 a.m. ET

Call in number: 1-800-377-8846 Access Code: 38206000#

In Attendance

Amy Huebschmann, MD (chair)
Vicki DiLillo, PhD
Karen Oliver, PhD
Georita Marie Frierson, PhD
Nicole Zarrett, PhD
Anne Hahn (staff)

Regrets

Valerie Myers, PhD
Barbara Stetson, PhD
Jamie Bodenlos, PhD
Mary Dean (staff)

Welcome

Dr. Huebschmann welcomed the council members to the call and introduced the new SIG Council liaison, Dr. Andrea Kozak.

ETCD's Involvement with Outlook Newsletter

Q&A

Dr. Sieber has been soliciting questions for a new Q&A section that will be included in the *Outlook* newsletter. Dr. Huebschmann reached out to Dr. Sieber to offer the ETCD Council's services in answering these questions where appropriate. Dr. Sieber was in support of this idea and will be reaching out with appropriate questions.

Any volunteers to take the lead on crafting these responses should reach out to Dr. Huebschmann.

Ideas for the ETCD Corner for the fall edition of Outlook

The council could write on a topic from past meetings that they will not be addressing at this year's meeting. They could also use this opportunity to highlight a session that they have proposed for this coming year. "Ask the Consultants" would be a good session to promote, as it is almost guaranteed to be accepted and it would help in promoting the program.

The council could use this as a place to poll the membership about topics that they would like to see discussed at the Annual Meeting session. They could also highlight a consultant. Dr. Karen Oliver was suggested, being that she is both a consultant and an ETCD Council member.

Council members indicated that it would be beneficial to include a testimonial to consultation or the Consultation Program in the article and Dr. Monica Baskin and Dr. Gary Bennett were identified as possible sources for quotes.

Next Steps: Dr. Huebschmann will reach out to Dr. Bennett for a quote and will confirm participation in the interview with Dr. Oliver.

Dr. Zarrett will consult her notes to verify Dr. Baskin was the one who spoke in support of consultation, and will update Amy on this.

Updates to ETCD Mission Statement

The Council's Mission Statement is out of date and needs to be rewritten.

Next steps: Council members - please edit the Word document sent around in email and use track changes to keep track of your edits. Reply to all, if possible, so we may all use the latest version.

SBM 2018 Annual Meeting Activity Updates

1. Op Ed workshop

- a. Dr. Bodenlos was contacted by another group who is doing a similar panel about how journalists and scientists interface
 - i. This seems to be too close to the ETCD planned session so they are going to roll their content into a science advocacy breakfast roundtable they are planning
 1. The Women's Health SIG may interested in collaborating on this as well
2. Drs. Stetson and Myers have been in touch with the Student SIG on two events
 - a. Panel discussion on Traditional and Non-Traditional Careers in Behavioral Medicine
 - b. Writing and Workshopping your Elevator Speech
 - i. The ETCD council did a similar workshop in the past and has offered materials.
3. Transition from post-doc to junior faculty – panel discussion
 - a. Dr. Oliver offered a co-sponsorship to the Student SIG for this panel
4. Meet the Consultants – Drs. Huebschmann, Pbert, and Zarrett are developing this version of the annual “Meet the Professors” session.
 - a. Dr. Zarrett suggested that we should poll members to identify key career development interests to consider including as part of the panel.

SBM Syllabi Program

Dr. Huebschmann presented the syllabi test site to the council: www.sbm.org/training/resources-for-developing-a-syllabus.

The council members liked this first step. They mentioned that someone should possibly reach out to those who had submitted syllabi in the past and let them know of the changes.

Next Steps: Dr. Huebschmann will reach out to Dr. Amy Janke, chair of the SPLC to let them know of this possible collaboration and then will reach out to the Society for Teaching Psychology to discuss a possible collaboration.

Webinars

Dr. Bennett formed a webinar working group as one of his presidential initiatives to try and increase SBM's webinar presence. Eventually these webinars will happen weekly.

Would the group like to have a regular webinar in the 2018-2019 SBM year? Can the council host a webinar before the 2018 Annual Meeting?

The council is very interested. There is the opportunity to collaborate with the Physical Activity SIG on a multi-webinar series about mentoring at different career stages, and the PA SIG is particularly interested in co-developing some sessions for junior faculty.

The council could possibly also host a webinar highlighting the Consultation Program before the 2018 Annual Meeting.

On behalf of the council, Dr. Huebschmann committed the ETCD council to host at least one webinar in the next year, and the council will consider its priority topics on future calls.

APA CE Update

Document attached to meeting reminder shows APA criteria for organizations offering CEs.

The council determined that the Physical Activity SIG, Obesity and Eating Disorders SIG, or the Multi-Morbidities SIG would be appropriate to review the CE application from the Association of Cardiovascular and Pulmonary Rehabilitation.

Next Steps: Anne Hahn will reach out to SIG chairs for the Physical Activity SIG to gauge capacity/interest.

Other

Anne Hahn will work with Dr. Huebschmann to set up a Doodle poll to choose a rescheduled time for the fall call schedule.

Next Meeting

TBD