

SOCIETY *of* BEHAVIORAL MEDICINE

Better Health Through Behavior Change

ETCD Council Conference Call MINUTES

Tuesday, November 14, 2017

11 a.m. PT/12 p.m. MT/1 p.m. CT/2 p.m. ET

Call in number: 1-800-377-8846 Access Code: 38206000#

In Attendance

Amy Huebschmann, MD (chair)
Karen Oliver, PhD
Lori Pbert, PhD
Andrea Kozak, PhD
Barbara Stetson, PhD
Jamie Bodenlos, PhD
Nicole Zarrett, PhD
Anne Hahn (staff)

Regrets

Vicki DiLillo, PhD
Valerie Myers, PhD
Mary Dean (staff)
Georita Marie Frierson, PhD

Welcome

Dr. Huebschmann welcomed the council members to the call.

Annual Meeting Session Updates

Accepted Sessions:

- Meet the Consultants (ETCD members involved: Amy/Lori/Nicole)
- Panel on transitioning from post-doc to faculty position (ETCD lead: Karen)
- Scientific advocacy breakfast roundtable (ETCD members involved: Jamie/Vicki)
- Breakfast roundtable with Student SIG on crafting an Elevator Speech (ETCD member involved: Amy)
- Panel discussion on careers with Student SIG and other SIGs (ETCD members involved: Barbara/Val)

Next steps: Andrea will contact those on the list of collaborations with the ETCD and update list with acceptance status.

Outlook Q&A

The group discussed the questions below:

1. What leadership roles should a mid-career faculty member pursue for career development and advancement?
How does one decide if asked by a senior colleague to take on a leadership role in an activity in which one does not see value (e.g., improving work-life balance for faculty)?
 - a. It is ok to not have an answer right away
 - b. Consider who is asking? Is it someone you can say no to?
 - c. If you say no, recommend someone else who might be good
2. When you have met a colleague at a meeting who has research interests that align with yours, how do you decide whether or not to develop a research collaboration together?
 - a. Think about how well you have worked together on past projects
 - b. If you have not worked together in the past, suggest a smaller project, like a paper and see how that goes
 - c. Does this person have resources or skills that you would not have access to without them?
 - d. Do not extend yourself too far, think about whether this will compliment your research.
 - e. Be very clear in terms of allocation of time and time management
3. How does one go about finding job opportunities outside academic medicine?
 - a. Network with those in non-academic fields
 - b. Seek out clinical internship positions

Next steps: Amy will reach out to Heather Cole-Lewis to get her thoughts on question 3 above.

Awards

AM18 Tentative Awards Reviewer list:

- Excellence in Research
 - Andrea Kozak
 - Barbara Stetson
- Travel Scholarship
 - Jamie Bodenlos or Vicki DiLillo
 - Georita Frierson
 - Valerie Myers
- Outstanding Dissertation
 - Vicki DiLillo or Jamie Bodenlos
 - Amy Huebschmann
- Research/Clinical Mentor
 - Karen Oliver
 - Lori Pbert
 - Nicole Zarrett
- Training Program
 - TBD – Amy Huebschmann and Nicole Zarrett to work with Karen and Lori for how to use part of Nicole/Amy for the Mentor reviews and so Amy/Nicole can also review the Training programs, unless there are no training program submissions!

Timeline:

- Nov 28: Awards application deadline
- Dec 1: Awards materials sent to reviewers
- Dec 12: ETCD Council Call, discussion of reviews and selection of winners

Next steps: Anne will send awards materials (description, updated scorecard, and application materials) to reviewers by COB December 1st.

Meeting Dates for 2018

Anne will send a Doodle poll to determine a time that works for council members moving forward – we are looking at Tuesdays at 2 pm, 2:30 pm, or 3 pm Eastern time, as we anticipate those times should work well for the majority of us.

Next Meeting

December 12 time TBD – holding 2 pm Eastern for now, but if we can get more of us at 2:30 or 3 pm Eastern we will move.