

# SOCIETY *of* BEHAVIORAL MEDICINE

*Better Health Through Behavior Change*

## ETCD Council Conference Call

### MINUTES

Tuesday, July 10, 2018

11 a.m. PT/12 p.m. MT/1 p.m. CT/2 p.m. ET

Call in number: 1-800-377-8846 Access Code: 38206000#

#### In Attendance

Amy Huebschmann, MD (chair)  
Andrea Kozak, PhD  
Morgan Lee, PhD, MPH  
Valerie Myers, PhD  
Karen Oliver, PhD  
Barbara Stetson, PhD  
Andrew Schmidt (staff)

#### Regrets

Jamie Bodenlos, PhD  
Vicki DiLillo, PhD  
Lori Pbert, PhD

#### Minutes

The June 2018 ETCD Council minutes were approved as written.

#### Proposed 2019 Annual Meeting Sessions

Amy informed the council that she had been in touch with Lorna Haughton McNeill, former Membership Council chair, regarding a Meet the Professors session at the upcoming meeting. Dr. McNeill suggested inviting SBM fellows to participate in the session, particularly new fellows, who have expressed a desire for more opportunities to be involved with the society after being granted fellow status. Morgan offered to assist with planning the session, and Amy will follow up with Dr. McNeill to confirm her interest and coordinate with Morgan to further develop the session.

Amy also noted that she followed up with Barbara and Val after last month's council call, and they expressed an interest in developing another grad student panel in collaboration with the Student SIG. Morgan added that the Student SIG discussed a session for grad students on their last call but hadn't identified a point person to work with the ETCD on developing the panel. Val suggested that the Student SIG consider which pressing questions that they'd like the session to address, as well as how they'd like it to cater to the diversity in SBM's student membership. Clinical psychology is overrepresented at SBM compared to other disciplines, and sessions should be planned to ensure that there is some relevant conference programming for students on other career paths.

Amy noted that Jamie and Vicki presented at a scientific advocacy breakfast roundtable with Sherry Pagoto at the 2018 Annual Meeting, and suggested that a similar session could be proposed for 2019 which would address the meeting's theme of "Leading the Narrative."

Karen reported that she intends to develop an internship meet and greet and/or Q&A, and after abstract submission opens will coordinate with the Student SIG to work out the details of the session(s). Morgan added

that the Student SIG discussed the internship meet and greet and other potential internship-focused sessions on their last call, and that while the SIG is certainly interested in having this type of programming at the conference, they felt that some of the issues identified at previous sessions could be attributed to the timing of the Annual Meeting during the year. With the meeting being held in March or April, students have either already applied to an internship for the upcoming year or haven't yet begun their applications, and are less prepared for a meet and greet centered around that process; a new internship-focused session could address the internship experience as a whole rather than the application process or details about individual programs.

Andrea proposed developing a session geared toward assistant professors or other early-career, with a particular focus on mentoring (i.e. "tips for mentoring students while you're still early in your career"). Karen noted that SBM had a dedicated Mentoring Committee at one point, and that Lori was involved with that group and in other mentoring sessions at previous Annual Meetings. Andrea will reach out to Lori to discuss potential directions for such a session.

### **Collaboration Hub**

Andrea reported that Heather Cole-Lewis, Digital Health Council Chair, has been in touch about potentially including their Annual Meeting activities on the hub. Andrea also noted that several SIGs have been entering sessions from previous years' meetings, though few proposals for the upcoming meeting have been shared so far.

Next steps:

- Council members are encouraged to finish entering any remaining activities from previous years' meetings, and begin adding proposed sessions for 2019.

### **Webinar Series**

Morgan informed the council that the Student SIG issued a call for proposals to the SIG chairs in order to populate the remaining dates reserved for the career development webinar series. There hasn't been a particularly strong response from the SIGs so far, but the Student SIG will continue to encourage the other SIGs to consider developing a webinar.

Next steps:

- Morgan will connect Amy with Sydney O'Connor, Student SIG Mentorship and Training Coordinator, to draft another call for webinar proposals. Andrew will then send the message to the SIG Chairs on Amy's behalf.

### **Next Meeting**

August 14<sup>th</sup>, 3-4:00 p.m. ET