### January 14, 2019, DHC Call Notes

#### Reminder on DHC Goal

DHC is meant to be visionary in imagining what the digital health field will look like in the next 5 years and practical in preparing SBM and it's membership to be at the forefront of the field.

#### **DHC Folder:**

https://drive.google.com/drive/folders/1ou8EZNVIzA9ubsFGRIBdEErh4tV4YvyF?usp=sharing

# 2019 Annual Meeting Ideas:

https://docs.google.com/spreadsheets/d/1rgCmhJSzCkql7RQatZ4UcAXJvkiWpjbruRolnvkBz-s/edit#gid=0

### **2019 Annual Meeting DHC Submissions:**

https://docs.google.com/spreadsheets/d/1-A1Q8lfRDOli20aWAdwJGXiiWll9oxowy0qlqPaqjqQ/edit#gid=0

# **DHC Subcommittee Sign Up Sheet**

https://docs.google.com/document/d/12qZYCW8spruhrzgCqC\_Bumvhv4sSCgxXd1Z8KxzvCJk/edit

**Attendees:** Fred Kron, Dani Arigo, Heather Cole-Lewis, Madalina Sucala, Carly Goldstein, Stephanie Goldstein, Danielle Jake-Schoffman, Cynthia Castro-Sweet, Rebecca Ellis, Angela, and Lindsay

#### Agenda:

- General Updates, things to celebrate (small and large)?
- Subcommittee Updates
  - Industry Working Group (Cynthia Castro Sweet)
    - Internship posting page is <u>LIVE</u>! Please direct your industry connections to post their internship opportunities with SBM! Postings will appear on a special page in the Membership section.
    - https://www.sbm.org/membership/internships-and-fellowships will be posted online here
    - Will be posted in this week's weekly digest as well
      - PCHA has been contacted to circulate to their member orgs.
    - Career speed networking confirmed for Weds March 6, 5:45-6:15pm
      - ACTION:Industry scientists please <u>SIGN UP</u> to participate! I need 10-15 industry colleagues to anchor the networking rotation groups. You get to talk about your job and answer questions with small groups of captivated trainees and colleagues for 5-6 minute rotations. Only 30 minutes total and you're done!

- First round of industry survey completed; thanks for those who participated. Currently taking the responses and turning them into forced-choice survey of SBM membership at large. Will also circulate to other organizations (APHA, APS, twittersphere) for broad input.
  - Expect to send that out in Feb, collect data quickly in Feb and present initial findings at Annual Meeting.
  - Thank you to all that contributed to the survey!
  - The answers will be turned into a multiple choice type survey and will go to all of SBM and people outside of SBM. Affiliated organizations to get a broad input.
  - Send out a few emails: early February big push then have information ready for the annual meeting
  - Not limited to SBM. Get the survey out to all that
  - ACTION: "Ask me about industry" ribbon for the annual meeting badges. Email <u>aburant@sbm.org</u> if you would like one

# Strategic Partnerships

- BIT SIG (Danielle JS)
  - Public-facing SIG content now going live on SBM website
    - First BIT SIG article: <a href="https://www.sbm.org/healthy-living/how-to-get-the-most-out-of-your-fitness-tracker">https://www.sbm.org/healthy-living/how-to-get-the-most-out-of-your-fitness-tracker</a>
    - "Healthy Living" tab now on SBM homepage: https://www.sbm.org/healthy-living
    - The BIT SIG will be responsible for continuing to produce these articles. Contact Danielle JS or Dani Arigo if you have an idea for an article. (SBM accepted an article on how to choose a health app by Molly Waring and Dani Arigo, to be posted on the next round.)
  - Annual Meeting:
    - BIT, TTBCI, and Optimization SIGs to co-sponsor a meetup during the Annual Meeting (details TBD)
    - ACTION: Don't forget to add the details about your tech presentations to the master list: <a href="https://docs.google.com/document/d/1rc7bw59Fdhg4os09">https://docs.google.com/document/d/1rc7bw59Fdhg4os09</a>
       A1kvWF2fQjBzKBcHKNqJ6eUdl1w/edit
    - Could print this if it would be useful to people.
  - Nominations open for BIT SIG Co-Chair and Student/Trainee Representative (due Jan 15); elections to be held late Jan/early Feb
  - Upcoming events:
    - D&I Webinar: January 17, 2019 at 1:00 PM EST with Charles Jonassaint, Carly Goldstein, and Margaret Handley <a href="https://www.sbm.org/training/webinars">https://www.sbm.org/training/webinars</a>

- Twitter Chat: February 7th at 10:30 am Pacific Time, 1:30 pm, Eastern Time with Sherry Pagoto and Camille Nebeker. Join #behavioralmedchat next month as we discuss ethical issues in social media research, featuring expert guest, @cnebeker.
- Scientific Professional Liaison Council (SPLC) (Angela)
  - Working to identify new liaison
  - Working on formal relationship with PCHA (Personal Connected Health Alliance), DHC has been asked to support
  - Update during operations subcommittee below
- Education Training & Career Development Council (ETCD) (Valerie)
  - Not on today
  - Industry survey. We want good input from training program areas.
  - ACTION: Cynthia email Valerie regarding the survey. CC Heather and Angela
- Ethics Working Group (Camille)
  - Link to Digital Health Decision Making Checklist: http://thecore.ucsd.edu/tools
- Workshop on Interactive Systems in Healthcare <u>WISH Collaboration</u> (Rebecca Bartlett Ellis)
  - She has not got a response from the contact on the steering committee
  - ACTION: Rebecca follow up with Heather after the call
  - If we can't get to them by the March meeting we will pull the plug on this effort. It has been hard to communicate.
- <u>Publications and Speaking Engagements (Danielle Hartigan)</u>
  - Any decisions/update on Dec. Action item of promoting DHC content?
    - Still need to explore options (make decision by February 11th meeting)
      - Dani has offered that Andrew from SBM might be able to create a page on SBM website to host the information
      - o Action: decide how to disseminate information
  - Danielle H. Not on the call
  - **ACTION:** If you are unsure of whether you are on this sub-committee, please review the Sub committee sign up sheet
    - https://docs.google.com/document/d/12qZYCW8spruhrzgCqC\_Bu mvhv4sSCgxXd1Z8KxzvCJk/edit
  - Carly Encyclopedia of Behavioral Medicine Carly is having a hard time getting a response from them; cautions group against submitting new entries at this point- Carly will give us an update on if she hears from them
    - Not published by SBM or the same publisher SBM uses
    - Deadline for a 2019 date was august of 2018. They still accept submissions but it would be for future editions

- The digital health ones have been picked up a lot faster.
- ACTION: Madalina share the name and contact of the project manager she was assigned with Carly Goldstein
- DHC Strategic Outputs (Madalina Sucala)
  - Interviews for 5Y roadmap are in progress (Dani, Stephanie, Megan)
    - Almost 30 experts in digital health to get their input on future for digital health
    - Hopefully the information can be used to create a report to show at the annual meeting
  - Expected completion: end of January
  - Brief action item during the call: Gather group consensus on sharing the report as some of the interviewees have asked for access
    - Sharing the report and outcome. Reflecting back to participants to let them know what we learned from them.
  - Survey to be sent our directly to SBM membership (decided with Sherry Pagoto that no IRB is needed and the alternative route is faster)
    - Send out with industry survey.
    - If the research isn't going to be published we would use it internally so we wouldn't need IRB approval.
    - **ACTION:** Surveymonkey. SBM staff can send out the survey and help Madalina create the content.
    - Madalina reach out to Angela and Lindsay. SBM staff created a
      work order to have the survey ready. It's set to go out Wednesday,
      January 30th and be open until February 20th.
- <u>Digital Health Year in Review</u> (Ellen Beckjord)
  - Prompts for panel discussion are outlined:

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Prompt 1 is unintended negative consequences

Prompt 2 is FDA

Prompt 3 is staying on top of the field

Prompt 4 is quadruple aim

Prompt 5 is "anything else"

- Group meets next week; deck is being finalized
- Panel members will receive an email with prompts last week of Feb
- Twitter campaign will start last week of Feb
- Annual SBM meeting support (Valerie Myers- not on call; no one from committee to provide update)
  - Test the mobile app. It should be ready by the end of the month.-Angela

- Anyone in this group be ready to test the mobile app.
  - If you are unsure of whether you are on this sub-committee, please review the Sub committee sign up sheet
  - https://docs.google.com/document/d/12qZYCW8spruhrzgCqC\_Bu mvhv4sSCqxXd1Z8KxzvCJk/edit
- Operations (Heather)
  - Secure Survey Tool + SBM Standing Survey Panel discussed, follow action to work with Lindsay to asses broader SBM need, other SBM council/SIG partners, bid for vendors, and process to institutionalize as part of SBM
    - Overall, many councils/committees/working groups said they would use a more secure survey tool
      - Pulling together financials; Angela/Lindsay are working on gathering suggestions for software.
      - o Do people have other suggestions?
      - ACTION: Contact Angela with software suggestion for secure survey tools. <u>aburant@sbm.org</u>
    - The membership council liked the idea of the SBM Standing Survey Panel
      - ACTION: Lindsay/Angela will connect Heather or Ellen to the appropriate Membership Council leaders to make sure the details of the idea are passed on
        - Chair Dr. Scher Mama
  - Ongoing discussion on how DHC will support SPLC to build an ongoing relationship with PCHA/Connected Health Conference
    - Details still unfolding
    - Need an SPLC-DHC liaison that can help to guide all relationships with SBM strategic partnerships with digital organizations
      - Person would not need to work with each organization, but would need to have good knowledge of relationships and potential opportunities, and help to figure out how to accomplish tasks necessary for each relationship
    - ACTION: If interested in SPLC-DHC liaison position reach out to Heather
      - Heather may also reach out to people individually
      - Manage PCHA and AMIA conferences. Anything digital health related
      - If you are interested in helping with the relationship contact Heather
  - In-person agenda for Annual Meeting will be drafted over next month or two
    - ACTION: Heather will connect with Cynthia and Madalina
  - Coverage while Heather is on leave

- Cynthia will take on the DHC Chair role until Heather returns later in the year, starting with the Feb. or March meeting
- Madalina will continue to support Cynthia on the Operations committee
- Other topics?
  - REMINDER about DHC in-person Business Meetings at Annual Meeting:
    - 3/7/2019 11:00 AM 12:00 PM EST room Columbia 9
    - 3/8/2019 11:00 AM 12:00 PM EST room Columbia 3
  - Next call and last before the Annual Meeting
    - February 11th at 2pm EST/ 1pm CST
    - Any other things needed to be done for the Annual Meeting from DHC?
  - Maybe do an analysis to see level of participation in subcommittees
    - Some committees have been great others not so much
    - Some subcommittees didn't have much to do until closer to annual meeting
    - Want to make sure work is distributed.
    - Pretty consistent group that can attend calls. Some people have conflicts every meeting, but at least helping with subcommittees outside of monthly DHC calls
    - Heather: we will address this either before the annual meeting or at the annual meeting