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David Conroy inducted as Society of Behavioral Medicine president-elect

MILWAUKEE — The Pennsylvania State University professor, David E. Conroy, PhD, began his term as president-elect of the Society of Behavioral Medicine on Monday.

Conroy, PhD, holds appointments as a professor of kinesiology and human development and family studies at The Pennsylvania State University by courtesy. In addition, he is an adjunct professor of preventive medicine at the Northwestern University Feinberg School of Medicine. His expertise is broadly in the psychology of physical activity. His ongoing work uses principles and methods of control optimization, associative learning and semi-automated tracking to initiate and sustain behavior change. He collaborates with colleagues in the behavioral and social sciences, engineering and computer sciences, and medicine. He is currently leading or collaborating on four clinical trials of physical activity interventions and one clinical trial of a stress management intervention. This research is supported by the National Institutes of Health and the National Science Foundation.

Conroy was inducted as SBM president-elect during the society’s annual business meeting Monday. He will become society president in April 2021. Conroy was selected as president-elect through a vote by SBM members.

“The next president-elect will be at the forefront of helping our community to strike the right balance of transparency and openness for our work,” he said. “The publishing industry is evolving rapidly due to pressures to adapt its financial models. Our priorities and planning must be couched in that broader context to ensure a vibrant future for SBM.”

He currently serves on the SBM Presidential Working Group on Open Science and the Editorial Board for Translational Behavioral Medicine. Previously, he served as chair of the search committee for the editor of Annals of Behavioral Medicine and served on the SBM Board as chair of the Publications and...
Communications Council. In the latter role, he led the committee that evaluated bids and implemented the transition to Oxford University Press as the publisher for the society’s two journals. He belongs to SBM Special Interest Groups for Behavioral Informatics and Technology, Optimization of Behavioral and Biobehavioral Interventions, Physical Activity, and Theories and Techniques of Behavior Change Interventions.

The Society of Behavioral Medicine (SBM) is a 2,400-member organization of scientific researchers, clinicians and educators. They study how behavior, biology and the environment interact, and they turn their findings into health interventions that improve the well-being of individuals, families and communities.

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