

Society of Behavioral Medicine
40th Annual Meeting & Scientific Sessions
Washington, D.C. – March 6-9, 2019
Program Committee Conference Call

DATE Tuesday, July 3, 2018
TIME 3pm ET/2pm CT/3pm MT/12pm PT
CALL <https://bluejeans.com/398428355?src=calendarLink>
Phone Dial-in
+1.408.740.7256 (United States)
Meeting ID: 216 189 559

In Attendance

Eric Hekler, PhD, Chair
L. Alison Phillips, PhD, Co-Chair
Sherry L. Pagoto, PhD, President

Staff

Lauren Seward
Rachel Mizar
Lindsay Bullock

Unable to Attend

Rachel Shelton, ScD, MPH Past Chair

1. Welcome

Dr. Hekler introduced a new format of information sharing using Dropbox. All attachments will now be shared online rather than via email for calls. He also introduced a new weekly agenda item “Quick To-Dos”, where the committee will address any agenda items that are simple to take care of right at the beginning of the meeting. For example, this can include approving minutes.

Quick To-Do:

1. Select Webinar Dates for Program Committee
 - a. For the 2018 meeting, the committee did an interview with an invited speaker for the first webinar in November right when registration opened, and a teaser webinar with the second two speakers around the time when early bird registration ended. These webinars were free for anyone to attend.
 - b. Dr. Pagoto suggested that once a speaker was featured in a webinar she was less inclined to see them at the meeting. Ms. Bullock said that this was also addressed last year, and a way to solve this issue would be to invite a panel of speakers who would not be speaking together at the meeting.
 - c. Selected dates are **November 15** and **January 24**

2. Speaker Updates

Dr. Pagoto provided speaker updates to the committee, all of which can be found in the speaker spreadsheet. Goals are to better include the “patient voice” throughout the meeting, both in invited speakers and abstract submissions.

3. Meeting Structure

General: Dr. Hekler explained the updated meeting structure, which includes a 30-minute break mid-morning for coffee. Dr. Phillips listed a number of concerns that came up in the survey results following the 2018 meeting that are not being addressed by these schedule changes, specifically including the early morning breakfast roundtables and the short length of poster sessions. She said that by not changing these items, there should be improvements made internally to the poster session such as better layout and potentially splitting up the session into two separate presentation times.

Keynotes: This drafted structure includes an added opening keynote Wednesday for the president/awards, and allows for the closing keynote to be from the incoming president.

- This may prevent confusion over who is the current president.

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- An incoming presidential keynote may allow them to share their vision with the membership as a whole rather than speaking to a number of smaller groups (i.e. wisdom council, business meeting). This will allow for less time wasted on the incoming president's behalf.
- Dr. Pagoto asked if this would be a transition year, meaning that while both presidents will give a keynote in 2019, only the incoming president will give a keynote in the future.
- Dr. Pagoto and SBM staff shared concerns of low attendance for the opening keynote and awards.
- Dr. Phillips suggested that the incoming president shouldn't need a full hour to speak, and maybe should receive a short brief after the business meeting or share a keynote slot with the current president.

Dr. Hekler will put together a letter for Dr. Pagoto to reach out to the wisdom council for advice on this matter.

4. Abstract Submission

Dr. Hekler and Dr. Phillips discussed the abstract submission process as it pertains to open science. After the Board Meeting the previous week, it was suggested not to require links when submitting abstracts that comply with open science, but rather just ask whether the authors have or plan to submit the study to an open science-compliant site.

The submission site will also include a link for submitters to click to learn more about the open science movement, which will open in a new window so they will not leave the abstract submission page.

Ms. Bullock will email Dr. David Conroy and Dr. Megan McVay, who first introduced the open science movement to the program committee, with the proposed changes and ask for their feedback.

5. Practice Gaps and Learning Objectives

Dr. Hekler outlined all potential practice gaps and learning objectives for the upcoming meeting and highlighted those he found most relevant. This includes the following:

- Science Communication and Framing of Science Information
- Patient Engagement, Empowerment, and Agency
- Reproducibility

Dr. Pagoto will review the list and send her suggestions to Dr. Hekler to make the final call.

1. Minutes from 6/26/18

Dr. Hekler moved to approve the minutes from June 26, 2018. Dr. Pagoto seconded the movement. Minutes were approved.

Next Program Committee Conference Call

Date: Tuesday, July 10, 2018

Small Committee Call