

SOCIETY *of* BEHAVIORAL MEDICINE

Better Health Through Behavior Change

SIG Council Minutes

Date: Thursday, July 23, 2015

Time: 10 a.m. HT/12 p.m. PT/1 p.m. MT/2 p.m. CT/3 p.m. ET

Dial in: 1-800-377-8846

UK Dial in: 0-808-101-7574 (7 p.m. UTC/London time)

Passcode: 70129188#

Present

Kristi Graves, PhD (Chair)

David Ahern, PhD

James Aikens, PhD

Andrea Clements, PhD

Lara Dhingra, PhD

Bernard Fuemmeler, PhD, MPH

Neha Gothe, PhD

Clement Gwede, PhD, MPH, RN

Jeffrey Haibach, PhD, MPH

Alesha Hruska, MPH

Amy Janke, PhD

Andrea Kozak, PhD

Kari Kugler, PhD

Sarah Lillie, PhD

Dejan Magoc, PhD

Robin Masheb, PhD

Melissa Napolitano, PhD

Christine Rini, PhD

John Salsman, PhD

Lori Scott-Sheldon, PhD

Jamilia Sly, PhD

Jayson Spas, PhD

Barbara Stetson, PhD

Monica Wang, ScD, MS

Sandra Winter, PhD, MHA

Julie Wright, PhD

Regrets

Joanna Buscemi, PhD

Linda Collins, PhD

Heather Gainforth, PhD

Michael Ann Glotfelter, MS

Emily Grieser, PhD

Jennifer Huberty, PhD

Kathryn E. Kanzler, PsyD, ABPP

Sara Kornfield, PhD

Beth Lewis, PhD

Thelma Mielenz, PhD

Karl Minges, MPH

Arlen Moller, PhD

Lila Rutten, PhD, MPH

Jennifer St. Sauver, PhD, MPH

Jerry Suls, PhD

David Williams, PhD

Staff

Amy Stone, Executive director

Erica Linc, Program manager

Welcome to Optimization of Behavioral Interventions SIG and feedback on Sleep SIG proposal

Dr. Kugler gave an introduction of the SIG and their mission. It is, as follows:

The Optimization of Behavioral Interventions SIG provides opportunities for behavioral scientists and methodologists to network and discuss formal optimization of behavioral interventions. Optimizing a behavioral intervention means engineering the intervention to meet specific and clearly operationalized criteria for effectiveness, efficiency, scalability, and sustainability. Innovative methodological approaches for formal optimization of behavioral interventions are emerging from statistics, engineering, behavioral science, and computer science. The purposes of the SIG are to (1) foster

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networking and discussion on the topic of optimization of behavioral interventions; (2) facilitate application of methods for optimization of behavioral and biobehavioral interventions; (3) foster expansion and improvement of methodology for intervention optimization; and (4) encourage and help the scientific public, for example those who review grant proposals, to become more familiar with intervention optimization methods.

SIG Chairs discussed the proposed Sleep SIG.

Action items:

- Please contact Dr. Graves (kdg9@georgetown.edu) or Erica Linc (elinc@sbm.org) with questions or concerns regarding the proposed Sleep SIG.

Final SIG Chair / Co-Chair survey results

The council reviewed changes made to the SIG Chair/Co-Chair survey results.

Review draft of 2016 Annual Meeting Session Proposal Form

Erica Linc presented the session proposal form. Forms are due to Erin Trimmer, Meetings Manager, by September 8. Proposals can be sent via email etrimmer@sbm.org or fax (414) 276-3349.

SIG presentations

The Child and Family Health (CFH) SIG, Obesity and Eating Disorders SIG, and the Physical Activity SIG all presented on what they are currently working on.

Action items:

- Please contact Dr. Fuemmeler (bernard.fuemmeler@duke.edu) if interested in collaborating with the CFH SIG on a response to a recent Request for Information from NIH in relation to their FY16 plan for their Environmental influences on Child Health Outcomes program. The CFH SIG is also looking to collaborate on a session at the 2016 Annual Meeting.

Outlook discussion

Next month William J. Sieber, PhD, will be on the call. SIG Chairs discussed their strategies when planning content for *Outlook* submission. Some SIGs put out a call via their listservs and for others the Chair(s) owns the project of writing a submission for *Outlook*.

Next meeting:

Thursday, August 27, 2015

Time: 10 a.m. HT/12 p.m. PT/1 p.m. MT/2 p.m. CT/3 p.m. ET

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