

Society of Behavioral Medicine
40th Annual Meeting & Scientific Sessions
Washington, D.C. – March 6-9, 2019
Program Committee Conference Call

DATE Tuesday, June 5, 2018
TIME 3pm ET/2pm CT/3pm MT/12pm PT
CALL <https://bluejeans.com/398428355?src=calendarLink>
Phone Dial-in
+1.408.740.7256 (United States)
Meeting ID: 216 189 559

In Attendance

Eric Hekler, PhD, Chair
L. Alison Phillips, PhD, Co-Chair
Rachel Shelton, ScD, MPH Past Chair
Sherry Pagoto, PhD, SBM President

Staff

Lauren Seward
Rachel Mizar
Lindsay Bullock

1. Welcome Dr. Pagoto

SBM President Dr. Sherry Pagoto joined in on her first call of the year. Dr. Pagoto plans to attend SBM Program Committee calls during the first few months of planning; potentially every other week.

2. Minutes from 5/15/18, 5/22/18

Dr. Hekler moved to approve the minutes from May 15 and May 22, 2018. Dr. Shelton seconded the movement. Minutes were approved.

3. Plenary Speaker Invitation Update

Dr. Pagoto introduced her ideas for plenary speakers for the 2018 meeting. There is an interest to bring in more patients and caregivers, rather than keeping all of the concentration on academics. Other subjects to focus on include the open science initiative, policy, reproducibility and replication, and behavioral economics versus behavioral science, which is especially misunderstood in industry.

Dr. Hekler has already reached out to Susanna Fox, as she was invited to the 2018 meeting but unable to speak. The program committee plans to have Dr. Fox speak of her interest in engaging patients, peer-to-peer care and support, as well as healing patients through communication. Dr. Fox is active on Twitter, which could relate to the subject of "Leading the Narrative".

4. Update Topic Areas

The committee will be reviewing the current list of topic areas which includes a total of 31 topics, and discuss any changes/additions need to be made. Ms. Mizar provided the list of primary topic areas which have been used the most over the last two meetings.

The committee agreed that certain subjects that are especially important with low numbers should be kept on the table and better promoted. This includes *Health Policy and Advocacy*, and *Education, Training, and Career Development*.

Dr. Phillips pointed out that these topics consist of both population (i.e. *Cancer, Obesity*) as well as methodology (i.e. *Complimentary Integrative Medicine/Spirituality*). Thus it may be confusing for submitters to select a primary versus secondary topic area when their abstract thoroughly covers more than one topic.

Dr. Hekler agreed that this may be something to look further into, specifically by better clarifying what primary versus secondary means for abstract submitters. The committee will take a look at secondary topic area numbers and reconvene to discuss at the next meeting with the large committee.

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5. Practice Gaps and Learning Objectives

Ms. Mizar informed the committee that after a recent call with Amedco, the company who gathers all CME credit information for SBM meetings, that the company will now only accept the submission of 1-3 practice gaps and learning objectives. Previously the maximum was ten.

These practice gaps and learning objectives are only meant to be a summary of the meeting's goals, rather than an itemized and comprehensive detailed account of the teachings taking place at SBM. The committee has also decided to table this item to a future discussion.

Next Program Committee Conference Call

Date: Tuesday, June 12, 2018

Large Committee Call