

SOCIETY *of* BEHAVIORAL MEDICINE

Better Health Through Behavior Change

SIG Council Conference Call MINUTES

Wednesday, June 21, 2017

9 a.m. HT/12 p.m. PT/1 p.m. MT/2 p.m. CT/3 p.m. ET

Call in number: 1-800-377-8846 Access Code: 89250669#

In Attendance

Kristi Graves, PhD (chair)
Amanda N. Szabo-Reed, PhD - *Aging*
Neha Gothe, PhD - *Aging*
Crystal Park, PhD - *CIM*
Pamela Behrman, PhD - *CFH*
Lisette Jacobson, PhD - *CFH*
Elizabeth Beverly, PhD - *Diabetes*
Sabrina Ford, PhD - *EMMH*
Robert Newton, PhD - *EMMH*
Heather McGinty, PhD - *EBBM*
Aisha Langford, PhD, MPH - *HDM*
Kathryn E. Kanzler, PsyD, ABPP - *IPC*
Katherine Hoerster, PhD - *MVH*
Jayson Spas, PhD - *MHBC*
Andrea Kozak, PhD - *OED*
Thelma Mielenz, PhD - *OBBI*
Ana-Maria Vranceanu, PhD - *Pain*
Bridgett Rahim-Williams, PhD - *Pain*
Scherezade K. Mama, DrPH - *PA*
Teresa M. Smith, PhD, MS - *PHS*
Brian Gonzalez, PhD - *Sleep*
Natasha Williams, EdD - *Sleep*
Karen H. Yeary, PhD – *Spirituality and Health*
Jill E. Bormann, PhD, RN, FAAN – *Spirituality and Health*
Dorothy McLeod, MA – *Student*
Emily Rothman, ScD - *VT*
Emily Mailey, PhD – *Women's Health*
Pamela Geller, PhD – *Women's Health*
Mary Dean (staff)
Anne Hahn (staff)

Welcome to SIG Council

Dr. Graves welcomed SIG Council to the call and took roll.

Member Success Stories

Dr. Jill Bormann shared that the VA was able to get the program “Portable Strategies for Self-Care” available outside of the VA.

Small Working Groups

Dr. Graves indicated that the council would like to continue the discussions had by small working groups at the SIG Council in person meeting and asked that all council members sign up for a small group, found here:

https://docs.google.com/spreadsheets/d/1irIZFQDX1jkSeYNNnN5J5aJzmeWeYtg8XDo-nis_JZ0/edit?usp=sharing

Action Items:

All- Sign up for a small group no later than COB June 28.

Anne Hahn will reach out to groups and use a Doodle poll to find a time for the group to have a call to discuss topic before August's SIG Council call.

SIG Involvement with APA CEs

Mary Dean explained that SBM is accredited by the APA to offer CEs to organizations for their webinars, printed materials, conferences, and other educational formats. She explained that this is an opportunity for potential revenue for SIGs and an opportunity to extend our reach by partnering with different organizations.

The Education, Training, and Career Development Council would act as the gatekeeper to these organizations. They would vet the organizations to make sure that they are credible. They would then identify one or two SIGs that would be most appropriate.

From there, the SIG can decide whether they have the desire and manpower to review the materials. If they should choose to review the materials they would need 1-2 people to review the topics, learning objectives, and financial disclosures to make sure that everything was in order. The SIG would get 50% of the income from the organization and SBM would get 50%.

Annual Meeting Items

Dr. Graves announced the winners of the Annual Meeting evaluation participation contest. They are the BIT, MVH, and PA SIGs. These SIGs will receive an announcement on the SBM website, on SBM's social media, and will have the administration fee waived from one course or seminar for AM18.

Dr. Graves encouraged SIGs to be thinking of potential collaborative sessions with one another, including the SIG Business meetings and other planned events.

Annual Meeting food and beverage considerations- Anne Hahn reminded SIG chairs that if they are planning an all day course or seminar they should consider offering lunch to attendees. Otherwise, they should allow 45-60 minutes for a lunch break so attendees have time to get lunch elsewhere.

Abstract and Session Submission Timeline- see timeline attached to meeting reminder.

Feedback on New Member Meet and Greet- Please reach out to Anne Hahn at ahahn@sbm.org to provide feedback on the New Member Meet and Greet and whether it was worthwhile for SIG chairs. Did it help the SIG gain new members?

Next meeting: Wednesday, July 19 at 9 a.m. HT/12 p.m. PT/1 p.m. MT/2 p.m. CT/3 p.m. ET.