Society of Behavioral Medicine 39th Annual Meeting & Scientific Sessions

New Orleans – April 11 - April 14, 2018 Program Committee Conference Call

DATE Tuesday, May 22, 2018

TIME 3pm ET/2pm CT/3pm MT/12pm PT

CALL https://bluejeans.com/398428355?src=calendarLink

Phone Dial-in

+1.408.740.7256 (United States)

Meeting ID: 216 189 559

In Attendance

Eric Hekler, PhD, Chair L. Alison Phillips, PhD, Co-Chair Rachel Shelton, ScD, MPH Past Chair

Staff

Erin Trimmer Rachel Mizar Lindsay Bullock

Unable to Attend

Lauren Seward

1. Practice Gaps and Learning Objectives

Dr. Hekler introduced the task at hand, which is that the committee needs to identify new practice gaps CE purposes. The small committee will set the template for new gaps, then convene with the larger committee during the next call to get a broader perspective when looking at gaps. At that point the committee can identify committee members to write specific learning objectives.

The committee will also need to explain what was accomplished in previous years, and what will need to continue on from 2018. It is often best to utilize the old gaps as a template for the new gaps. This allows for both continuity as well as a starting point from which to work from.

- 1. Here's what it was. What did we accomplish this past year?
- 2. What areas should we still build on?
- 3. What might be new areas and directions to highlight and build on?
- 4. Dr. Hekler will be asking Dr. Pagoto if/how she'd like to use this information, and what she would change.
- ALISON: Links with micro-credentialing.
- Process note: checking in on importance of each activity that we are engaging in
- Continuing education credits:
 - Nutrition
 - Nursing
 - CHES
 - Med
- Topics that we could include (5 to 8; no more than 10 areas)
 - o Science communication and framing of science information
 - Dissemination & Implementation
 - Health Disparities
 - Digital health
 - Patient engagement/empowerment/agency
 - o Tobacco
 - Physical Activity
 - Obesity
 - Theories & Techniques
 - Behavioral Maintenance /Sustainment

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- Intervention methods for optimization and evaluation methods
- o Reproducibility crisis/generalization crisis?
- o Open Science?
- ERIC:
 - Develop a write-up on process to present this work to the full committee on the learning objectives;
 include current possible gaps we have in mind.
 - Clearly defining the areas that are learning objectives; where we have a sense of best practices
 - Large tensions/active discussions and controversies
- RACHEL:
 - Non-competing work
- RACHEL M.:
 - Each area gets only so many slots and then the sub-groups work on cullig down and ranking them down to symposia based on topic area or group.
 - That other group cuts a lot more than SBM does; it's not that its valuable information; they don't want competing areas; end of focusing on larger sessions that are more broad.
 - o 12 sessions

Dr. Hekler will speak with Dr. Pagoto, and together they will decide how to organize and clump papers together, and how to best reduce competing topic areas. Dr. Shelton explained that SBM has a history and philosophy of inclusion rather than exclusion, so Dr. Hekler may also want to bring this up when speaking with Dr. Pagoto.

2. Identify Program Planning Meeting Dates and Location

The fall program committee meeting will be held from Monday, October 22 through Wednesday, October 24 at the SBM National Office in Milwaukee, WI.

3. Other Business

Here is the link of speakers that Dr. Pagoto is looking into for the meeting: https://docs.google.com/spreadsheets/d/1D9UHgn1juy2xgJ78xvr5N231Tg_8hAQ-Y47srJtzQqM/edit?usp=sharing

Next Program Committee Conference Call

Date: Tuesday, June 5, 2018