

SOCIETY *of* BEHAVIORAL MEDICINE

Better Health Through Behavior Change

SIG Council Conference Call

Thursday, May 26, 2016

10 a.m. HT, 12 p.m. PT, 1 p.m. MT, 2 p.m. CT, 3 p.m. ET

Call line: 1-800-377-8846

Code: 70129188#

MINUTES

Attendance

Kristi Graves, PhD (chair)
James Aikens, PhD
Jill E. Bormann, PhD, RN, FAAN
Andrea Clements, PhD
Sabrina Ford, PhD
Brian Gonzalez, PhD
M. Bryant Howren, PhD, MPH
Amy G. Huebschmann, MD
Heather S. Jim, PhD
Charles Jonassaint, PhD
Andrea Kozak, PhD
Zakkoyya Lewis
Dejan Magoc, PhD
Scherezade K. Mama, DrPH
Melissa Napolitano, PhD
Crystal Park, PhD
Christine Rini, PhD
Lori Scott-Sheldon, PhD
Jamilia Sly, PhD
Teresa M. Smith, PhD, MS
Jayson Spas, PhD
Sara St. George, PhD
Jerry Suls, PhD
Amanda N. Szabo-Reed, PhD
Tracy Trevorrow, PhD
Monica Wang, ScD, MS
Sandra Winter, PhD, MHA
Jennalee Wooldridge, MA
Betina R. Yanez, PhD
Karen H. Yeary, PhD
Nataliya Zelikovsky, PhD
Erica Linc (staff)

Regrets

Lorien C. Abroms, ScD
Catherine Alfano, PhD
Austin S. Baldwin, PhD
Paul W. Branscum, PhD, RD
Joanna Buscemi, PhD
Daniel G. Cassidy, PhD
David Cavallo, PhD
Margaret A. Crawford
Lara Dhingra, PhD
Jeffrey Haibach, PhD, MPH
Jennifer Huberty, PhD
Naomi S. Kane, MA
Kathryn E. Kanzler, PsyD, ABPP
Sara Kornfield, PhD
Kari Kugler, PhD
Allison Lewinski, MPH, BSN, RN
Sarah Lillie, PhD
Robin Masheb, PhD
Jennifer L. Matthews, MS
Thelma Mielenz, PhD
Chandra Y. Osborn, PhD, MPH
Megan Oser, PhD
Amanda S. Phillips
Emily Rothman, ScD
Lila Rutten, PhD, MPH
Jennifer St. Sauver, PhD, MPH
David Williams, PhD
Julie Wright, PhD

Continuation of Student SIG liaison position discussion

The council discussed and approved the following standardized language for the liaison position.

The [SIG NAME] SIG is seeking a student to serve as the Student Liaison representative from the [SIG NAME] to the Student SIG at SBM. The person in this position must be considered a student/trainee. Responsibilities include serving as a conduit of information between the [SIG NAME] and the Student SIG, sharing opportunities relevant to students in both SIGs, generating interest/engaging students to joint activities, and providing student perspectives and input to the [SIG NAME] Co-Chairs regarding [SIG NAME] activities.

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The council also discussed the requirements for Student SIG liaisons. They must be a student/trainee member of SBM. They do not have to be a member of the Student SIG upon being offered the position but should join soon after accepting. The position will remain informal during this first pilot year.

Action items:

SIG chairs should try to capture what their Student SIG liaisons do throughout the year.

Discussion of metrics for measuring SIG success

Dr. Graves led the discussion about metrics that would gauge the success of each SIG. Council members did not want there to be a minimum number of members [besides the 10 required to create a SIG as stipulated by the SIG Manual], nor a required number of sessions or attendees at SBM annual meetings. There was consensus that if a SIG is contributing to the society, and has enough members to do so, that that should be enough. But, there shouldn't be any hesitation about sun-setting an inactive SIG.

Ideas for increasing the amount of attendees at SIG meetings at the annual meeting included:

- Two or more SIGs holding a joint business meeting.
- Making room for more SIG meeting times as 45 minutes for breakfast roundtables feels too short.

Identifying collaborative activities

Council was asked if it would be useful to repeat the survey that was done last year to identify SIGs' interests in collaborating with other SIGs. Through discussion and consensus it was determined that the data collected from last year would serve the SIGs well again this year.

Announcements

- Keep an eye out for a Doodle poll to identify a new recurring call time for SIG Council calls going forward.
- Please contact Dr. Graves at Kristi.Graves@georgetown.edu if your SIG is interested in presenting on a call for 5-10 minutes about recent activities, future plans, and/or any difficulties that you are having.
- Dr. Alfano will be holding an IdeaLab on the June SIG Council call about mid-career mentoring idea on creativity and preventing burnout.

Next meeting

Date: Thursday, June 23, 2016

Time: 10 a.m. HT/12 p.m. PT/1 p.m. MT/2 p.m. CT/3 p.m. ET

Call line: 1-800-377-8846

UK line: 0-808-101-7574 (7 p.m. UTC/London time)

Code: 70129188#