

SOCIETY *of* BEHAVIORAL MEDICINE

Better Health Through Behavior Change

SIG Council Conference Call

Thursday, April 28, 2016

10 a.m. HT, 12 p.m. PT, 1 p.m. MT, 2 p.m. CT, 3 p.m. ET

Call line: 1-800-377-8846

Code: 70129188#

MINUTES

Attendance

Kristi Graves, PhD (chair)
James Aikens, PhD
Catherine Alfano, PhD
Austin S. Baldwin, PhD
Jill E. Bormann, PhD, RN, FAAN
Paul W. Branscum, PhD, RD
Joanna Buscemi, PhD
Andrea Clements, PhD
Lara Dhingra, PhD
Sabrina Ford, PhD
Jeffrey Haibach, PhD, MPH
Heather S. Jim, PhD
Andrea Kozak, PhD
Kari Kugler, PhD
Zakkoyya Lewis
Sarah Lillie, PhD
Scherezade K. Mama, DrPH
Jennifer L. Matthews, MS
Melissa Napolitano, PhD
Chandra Y. Osborn, PhD, MPH
Crystal Park, PhD
Christine Rini, PhD
Emily Rothman, ScD
Teresa M. Smith, PhD, MS
Jayson Spas, PhD
Sara St. George, PhD
Amanda N. Szabo-Reed, PhD
Sandra Winter, PhD, MHA
Julie Wright, PhD
Karen H. Yeary, PhD
Erica Linc (staff)

Regrets

Lorien C. Abroms, ScD
Daniel G. Cassidy, PhD
David Cavallo, PhD
Margaret A. Crawford
Jennifer Huberty, PhD
Amy G. Huebschmann, MD
Naomi S. Kane, MA
Kathryn E. Kanzler, PsyD, ABPP
Sara Kornfield, PhD
Allison Lewinski, MPH, BSN, RN
Dejan Magoc, PhD
Robin Masheb, PhD
Thelma Mielenz, PhD
Megan Oser, PhD
Amanda S. Phillips
Lila Rutten, PhD, MPH
Lori Scott-Sheldon, PhD
Jamilia Sly, PhD
Jennifer St. Sauver, PhD, MPH
Barbara Stetson, PhD
Jerry Suls, PhD
Monica Wang, ScD, MS
David Williams, PhD
Betina R. Yanez, PhD
Nataliya Zelikovsky, PhD

Review March in Person Meeting Minutes and Discussion of Additional Ideas

The council reviewed the March minutes from the meeting that took place at the 2016 Annual Meeting. Additional ideas that arose during the subsequent discussion included the following:

- The abundance of career development sessions this year indicates that it could be a point of cross-SIG collaboration at future annual meetings.
- Forming small groups that focus on career development that meet monthly by phone between annual meetings. **Dr. Alfano asks that any SIG chairs who are interested in pursuing that with the Cancer SIG please contact her at catherine.alfano@cancer.org.**
 - Could form the basis of an IdeaLab topic. **Please contact Dr. Graves at Kristi.Graves@georgetown.edu with any other ideas for IdeaLabs.**

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SIG Capacity: Discussion of Ongoing Metrics for SIG Success

The council discussed the ongoing question regarding the growing number of SIGs and ways to manage that growth. Suggestions included:

- Treating the increase in number of SIGs as a positive sign of member engagement.
- Require that those who are proposing new SIGs include a plan of how they would overcome/address common challenges that come along with establishing and engaging the members of a SIG.
- Increase cross-SIG collaboration on annual meeting sessions.
- As the number continues to grow perhaps develop a system of categorizing types.

Action items:

- Ms. Linc will collect data on the number and type of cross-SIG collaborations at the 2016 Annual Meeting along with comparing yearly historical membership data with the number of SIGs they society had at the time.
- Please contact Dr. Graves, Kristi.Graves@georgetown.edu, or Ms. Linc, elinc@sbm.org, if you have further ideas about establishing metrics for measuring SIG success.

Discussion of Incorporating an IdeaLab into the Structure of Future Calls

Dr. Graves reintroduced the concept of IdeaLabs which would put aside 10-15 mins on a call where a new idea is discussed. It would be an opportunity to get general input from the larger group and a way to involve others who might be interested. There was no opposition to the implementation of this new call segment.

Action items:

- Please contact Dr. Graves if you would like to take on a leadership role with IdeaLab.

Implementation of SIG Student Representatives

The council discussed the method through which to implement the plan to have a student member of each SIG act as a representative member on the Student SIG. The first year will be left largely unstructured. Ms. Matthews will be meeting with members of the Student SIG leadership team to discuss this idea and will report back on their thoughts during the May call.

Next meeting

Date: Thursday, May 26, 2016

Time: 10 a.m. HT/12 p.m. PT/1 p.m. MT/2 p.m. CT/3 p.m. ET

Call line: 1-800-377-8846

UK line: 0-808-101-7574 (7 p.m. UTC/London time)

Code: 70129188#