

# SOCIETY *of* BEHAVIORAL MEDICINE

*Better Health Through Behavior Change*

## Council on SIGs Minutes

Date: Thursday, April 23, 2015

Time: 1:45 p.m. CT

Location:

### **Present**

Claudio Nigg, PhD (Chair)  
Kristi Graves, PhD (Incoming Chair)  
James Aikens, PhD  
Marcella Boynton, PhD  
Joanna Buscemi, PhD  
Andrea Clements, PhD  
Lara Dhingra, PhD  
Lila Finney Rutten, PhD, MPH  
Marian Fitzgibbon, PhD  
Bernard Fuemmeler, PhD, MPH  
Michael Ann Glotfelter, MS  
Neha Gothe, PhD  
Clement Gwede, PhD, MPH, RN  
Eric Hekler, PhD  
Alesha Hruska, MPH  
Jennifer Huberty, PhD  
Amy Janke, PhD  
Kathryn E. Kanzler, PsyD, ABPP  
Andrea Kozak, PhD  
Arlen Moller, PhD  
Caroline Richardson, MD  
John Salsman, PhD  
Danielle Schoffman  
Lori Scott-Sheldon, PhD  
Jamilia Sly, PhD  
Barbara Stetson, PhD  
Jerry Suls, PhD  
Mark Vogel, PhD  
Julie Wright, PhD

### **Regrets**

David Ahern, PhD  
Stephanie Fitzpatrick, PhD  
Sara Folta, PhD  
Heather Gainforth, PhD  
David Goodrich, EdD  
Amy Gorin, PhD  
Emily Grieser, PhD  
Sara Kornfield, PhD  
Beth Lewis, PhD  
Gina Merchant, MA  
Susan Michie, DPhil, CPsych, FBPS  
Erin Olson  
Christine Rini, PhD  
Jennifer St. Sauver, PhD, MPH  
Erika Waters, MPH  
David Williams, PhD  
Laura Young, MD, PhD

### **Staff**

Amy Stone, Executive director  
Erica Linc, Program manager

### **SIG Membership Discussion**

Dr. Nigg began the discussion by informing the council that this year was the first year that more than one SIG had negative growth in membership. He expressed concern that perhaps the society is not large enough to house the numbers of SIGs that there are (21 SIGs with two in formation) or that they have reached the "sweet spot". Dr. Nigg facilitated the subsequent discussion. One SIG chair commented that perhaps because a member's interest can change throughout their career that the fluctuations in

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numbers is a sign of health as members move between SIGs. Another suggested that perhaps the ability to edit their SIG memberships online has led to folks reducing the number they are a member of

The discussion also included ideas on reducing resource usage (increasing collaborations); determining their own metrics for measurement since each SIG has its own areas of strength; and even developing best practices by looking at SIGs that are doing a good job with engaging their members. Dr. Nigg also encouraged SIGs to modify their governance structure to suit their needs – if they feel that a SIG Chair needs more time in order to be effective then they can make those changes.

## **Special Issue Update**

Prospectus was submitted to Kevin S. Masters, PhD, prior to the Annual Meeting. Dr. Nigg reported that 18 out of the 21 SIGs had submitted abstracts and that he and the editing team had work with each SIG that had expressed interest. He should receive work in 1-2 months on whether Annals is interested in taking it – if not, Dr. Nigg would look at taking it elsewhere for publishing.

## **Health Policy Briefs**

Dr. Buscemi Getting SIGs more involved. Had used SIGs for help with briefs and would like to invite SIGs to come to committee w/ideas – can then join monthly call while working on briefs. Way to get involved in advocacy work.

## **Next meeting:**

Date: Thursday, May 28, 2015

Time: 10 a.m. HST/12 a.m. PST/1 p.m. MST/2 p.m. CST/3 p.m. EST

Dial in: 1-800-377-8846

UK Dial in: 0-808-101-7574 (8 p.m. UTC/London time)

Passcode: 70129188#