

# SOCIETY *of* BEHAVIORAL MEDICINE

*Better Health Through Behavior Change*

## ETCD Council Conference Call

Thursday, April 14, 2016  
9 a.m. PT, 10 a.m. MT, 11 a.m. CT, 12 p.m. ET  
Dial-in: 1-800-377-8846  
Passcode: 38206000#

## MINUTES

### Attendance

Nicole Zarrett, PhD (Chair)  
Jamie Bodenlos, PhD  
Heather Cole-Lewis, PhD  
Ashley Day, PhD  
Amy Huebschmann, MD  
Karen Oliver, PhD  
Lori Pbert, PhD  
Erica Linc (staff)

### Regrets

Vicki DiLillo, PhD  
Georita Marie Frierson, PhD  
Valerie Myers, PhD  
Barbara Stetson, PhD

### **Report back on the Meet the Presidents social networking event at the Annual Meeting**

Dr. Huebschmann reported on the Meet the Presidents session that took place at the SBM 2016 Annual Meeting & Scientific Sessions. Eight society past presidents were invited to take part in the event where they were each placed at their own roundtable with a mid-career faculty member who was either of their choosing or a member of the council, and session attendees were placed at each of their tables based upon shared interests. This year, in addition to the eight past presidents and eight mid-career faculty members, there were 48 attendees.

Points of praise from participants centered on the informal atmosphere, the presence of a mid-career faculty that offered an additional strong voice at each of the tables, the complimentary coffee, and the feeling that they were forming connections to a resource. Feedback from the participating past presidents included that it was a very productive session and the overall sense that they were connecting with the society's future.

Requests for next year included holding the session in a larger room to reduce the noise and recruiting mid-career faculty who have successfully gotten an R01 grant so that they can offer advice.

Dr. Myers, also emerged from the session with the idea to build a postdoctoral job board. During the time before the May council call Dr. Zarrett will explore how other organizations run programs that are similar and report back to the council.

### **Report back on meeting with ISBM**

Dr. Zarrett reported back on her meeting with the chairs of the International Society of Behavioral Medicine's (ISBM) Education and Training Committee. Council discussed how ISBM's online course, also known as a Massive Open Online Course (MOOC), could be integrated in SBM's current listing of resources. The council also discussed methods through which they could gauge the needs of SBM members.

### **Report back on Panel Discussion 21: Careers in Behavioral Medicine: Navigating the Challenges and Opportunities of Academic Career Transitions and Advancements**

Dr. Oliver reported that panel attracted 20 attendees and everyone was very engaged. The council then discussed the challenge that emerged this year and at prior annual meetings which is the stacking of career development sessions in the same timeslots. Suggestions that emerged would be for the ETCD Council to be more involved with

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the career development sessions in the first place, creating an ETCD track, and/or have a box that abstract submitters can check to indicate that their session is relevant to the ETCD Council/track.

### **Next meeting**

Thursday, May 12; 9 a.m. PT, 10 a.m. MT, 11 a.m. CT, 12 p.m. ET.