

SOCIETY *of* BEHAVIORAL MEDICINE

Better Health Through Behavior Change

ETCD Council Conference Call MINUTES

Wednesday, April 12, 2017

12 p.m. PT/1 p.m. MT/2 p.m. CT/3 p.m. ET

Call in number: 1-800-377-8846 Access Code: 38206000#

In Attendance

Nicole Zarrett, PhD
Amy Huebschmann, MD (chair)
Jamie Bodenlos, PhD
Lori Pbert, PhD
Barbara Stetson, PhD
Mary Dean (staff)
Anne Hahn (staff)

Regrets

Jamie Bodenlos, PhD
Heather Cole-Lewis, PhD
Georita Marie Frierson, PhD
Karen Oliver, PhD
Valerie Myers, PhD
Vicki DiLillo, PhD

Welcome/Announcement of New Chair

Dr. Zarrett welcomed the council and introduced Dr. Amy Huebschmann as the new council chair.

Recap of Successes and Accomplishments/Thank you

Dr. Huebschmann thanked Dr. Zarrett for her service. Dr. Zarrett will stay on for the year. She recapped some of the past successes and her vision for the future:

- Council has established some stable programs
 - Grad student and mid-career panels at the Annual Meetings
 - Poster Mentoring program
- Moving forward
 - ETCD Corner in *Outlook Newsletter*
 - Hopefully continue to build syllabus webpage

AM17 Report Back

Council members debriefed on the sessions and events they were involved in at the Annual Meeting.

Mid-Career Panel

- about 20 people in attendance
- several stayed afterward to say they learned a lot and appreciated the session

Grad Student Panel:

- 36 attendees
- Broad experience in the group
- 70% psychology, the rest were a mix of other areas (e.g., public health, health informatics, etc)
- Student SIG drove this session and those who helped plan it were very advanced postdocs
- Should partner with Student SIG in future years
- Possibly have 2 panels, one for grad students and one for postdocs
- The name and topic of the session are key, cannot just hold a general session, make it more focused
 - How to plan your dissertation, etc.

Meet the Board

- Event went well, possibly a slightly smaller group than in the past
- Good feedback from attendees, they were very interested to the facilitators' stories
- Have facilitators arrive 10-15 min early next year and have a list of their cell phone numbers so they can be reached if they are not there

General Feedback for the ETCD

- Should give more guidance ahead of time to facilitators
 - Perhaps in the announcement at the beginning of the session so that it is fresh in their minds
- Grant writing workshops are still of interest
- Participants want more engagement with mentors
- Possibly have the consultants do either a Meet the Consultants or more of a mentor “speed dating” next year
- Possibly add a session with the editors of SBMs publications
 - Collaborate with Student SIG

Advocating for Science

Dr. Bodenlos was inspired by Dr. Sallis’ keynote and wondered what other members and groups are doing to advocate for science.

Ideas:

- Engage public more directly
 - Op Eds
 - Possible roundtable at next Annual Meeting about Op Eds
 - Talking to students at local schools
 - ETCD could provide tools and training and work with Health Policy Committee to help with their existing efforts
 - Feature examples of members who are doing outreach on social media or in *Outlook Newsletter*

Next Steps: Dr. Bodenlos will connect with Health Policy Committee and report back at next meeting.

Next Meeting

Wednesday, May 10th at 3p.m. ET