

SOCIETY *of* BEHAVIORAL MEDICINE

Better Health Through Behavior Change

SIG Council Meeting

Thursday, March 31, 2016

8:15 a.m. – 9:30 a.m. ET

Columbia 3-4, Terrace Level, Washington Hilton

MINUTES

Attendance

Kristi Graves, PhD (chair)
David Ahern, PhD
James Aikens, PhD
Catherine Alfano, PhD
Joanna Buscemi, PhD
Andrea Clements, PhD
Marian Fitzgibbon, PhD
Sabrina Ford, PhD
Bernard Fuemmeler, PhD, MPH
Neha Gothe, PhD
Clement Gwede, PhD, MPH, RN
Alesha Hruska, MPH
Amy Janke, PhD
Andrea Kozak, PhD
Kari Kugler, PhD
Beth Lewis, PhD
Zakkoyya Lewis
Dejan Magoc, PhD
Robin Masheb, PhD
Karl Minges, MPH
Arlen Moller, PhD

Claudio Nigg, PhD
Christine Rini, PhD
Emily Rothman, ScD
James Sallis, PhD
Lori Scott-Sheldon, PhD
Jamilia Sly, PhD
Jayson Spas, PhD
Sara St. George, PhD
Jerry Suls, PhD
Monica Wang, ScD, MS
David Williams, PhD
Sandra Winter, PhD, MHA
Julie Wright, PhD
Nataliya Zelikovsky, PhD
Amy Stone (staff)
Erica Linc (staff)

Regrets

David Cavallo, PhD
Linda Collins, PhD
Lara Dhingra, PhD
Heather Gainforth, PhD
Michael Ann Glotfelter, MS
Emily Grieser, PhD
Jeffrey Haibach, PhD, MPH
Jennifer Huberty, PhD
Kathryn E. Kanzler, PsyD, ABPP
Sara Kornfield, PhD
Sarah Lillie, PhD
Thelma Mielenz, PhD
Melissa Napolitano, PhD
Crystal Park, PhD
Lila Rutten, PhD, MPH
John Salsman, PhD
Jennifer St. Sauver, PhD, MPH
Barbara Stetson, PhD

Welcome and opening remarks

Dr. Graves called the meeting to order and invited Dr. Sallis to say some words about the SIGs and his vision for the upcoming year.

SIG Special Issue update

Dr. Nigg said that 16 SIGs submitted abstracts and that they are no longer accepting new papers. The *Journal of Behavioral Medicine* has requested revisions for nine of those abstracts. The Special Issue Editors group, which includes Dr. Nigg, Dr. Janke, and Danielle Schoffman, will be collaborating with SBM President Dr. Fitzgibbon to write an introduction piece for the issue. The *Journal of Behavioral Medicine* is interested in turning this around by the end of 2016.

Mini ice-breaker and report back

Dr. Graves instructed attendees to break into small groups that self-selected based on interest/identification with specific SIG related words which include: member engagement, mentoring and career development, collaboration, and innovative research. She then asked that groups discuss what the topic means to them in terms of their SIG, ideas for how their SIG might improve upon this topic in the next year and how the SIG Council might best support these efforts (e.g., external speakers, small working groups).

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When the small groups reported back to the larger group the following ideas emerged:

- To better engage members SIGs could
 - send out newsletters;
 - schedule monthly calls to plan for upcoming annual meeting;
 - survey members;
 - utilize social media;
 - partner with other SIGs;
 - engage student members more; and
 - advertise annual meeting sessions more actively.
- To improve mentoring and career development opportunities by engaging in more
 - Matching of mentees with mentors; and
 - Meet the Experts
- To increase collaborations SIGs could
 - utilize LinkedIn and other forms of social media;
 - better use the listservs – currently just used for job postings, but could be a great place for discussions;
 - write policy briefs; and
 - list current/past collaborations on SBM website.
- To increase innovative research SIGs could
 - pay more attention to implementation research; and
 - pursue more public health collaborations – especially with epidemiologists.

Planning for upcoming year

Dr. Graves outlined thoughts for future SIG Council conference calls. Topics and guest speakers could include

- Money/financial – Michael Diefenbach, PhD
- Education, Training, and Career Development Council – Nicole Zarrett, PhD
- Leadership development – Scientific and Professional Liaison Council and/or Sara Knight, PhD
- Translation – Dr. Sallis
- Membership Council

Additional topics could include

- Idealab (set aside time on calls where SIG chairs could talk about what they are doing and need help with);
- SIG capacity; and
- health policy.

Next meeting

Date: Thursday, April 28, 2016

Time: 10 a.m. HT/12 p.m. PT/1 p.m. MT/2 p.m. CT/3 p.m. ET

Call line: 1-800-377-8846

UK line: 0-808-101-7574 (7 p.m. UTC/London time)

Code: 70129188#