

# SOCIETY *of* BEHAVIORAL MEDICINE

*Better Health Through Behavior Change*

## **SIG Council Conference Call MINUTES**

**Wednesday, February 1, 2017**

**9 a.m. HT/12 p.m. PT/1 p.m. MT/2 p.m. CT/3 p.m. ET**

**Call in number: 1-800-377-8846 Access Code: 89250669#**

### **In Attendance**

Sandra Winter, PhD, MH  
Amanda N. Szabo-Reed, PhD  
Amy G. Huebschmann, MD  
Nataliya Zelikovsky, PhD  
Pamela Behrman, PhD  
Jamilia Sly, PhD  
Sarah Lillie, PhD  
Megan Oser, PhD  
Kathryn E. Kanzler, PsyD, ABPP  
Robin Masheb, PhD  
Kari Kugler, PhD  
Thelma Mielenz, PhD  
Lara Dhingra, PhD  
Melissa Napolitano, PhD  
Scherezade K. Mama, DrPH  
Teresa M. Smith, PhD, MS  
Brian Gonzalez, PhD  
Andrea Clements, PhD  
Jennifer L. Matthews, MS  
David Williams, PhD  
Betina R. Yanez, PhD  
Emily Panza, MS (Web Team Liasion)  
Mary Dean (staff)  
Anne Hahn (staff)

### **Regrets**

M. Bryant Howren, PhD, MPH  
Tracy Trevorrow, PhD  
Barbara L. Andersen, PhD  
Julie Wright, PhD  
Charles Jonassaint, PhD  
Catherine Alfano, PhD  
Crystal Park, PhD  
Allison Lewinski, MPH, BSN, RN  
Amanda S. Phillip  
Andrea Kozak, PhD  
Angela Pfammatter, PhD  
Austin S. Baldwin, PhD  
David Cavallo, PhD  
Dejan Magoc, PhD  
Emily Rothman, ScD  
Heather S. Jim, PhD  
Jason Cohen  
Jayson Spas, PhD  
Jennalee Wooldridge, MA  
Jennifer Huberty, PhD  
Keri Dotson, MS  
Lila Rutten, PhD, MPH  
Lori Scott-Sheldon, PhD  
Lorien C. Abroms, ScD  
Margaret A. Crawford  
Monica Wang, ScD, MS  
Naomi S. Kane, MA  
Neha Gothe, PhD  
Paul W. Branscum, PhD, RD  
Sabrina Ford, PhD  
Sara Kornfield, PhD  
Sara St. George, PhD  
Zakkoyya Lewis  
Kristi Graves, PhD (chair)  
Joanna Buscemi, PhD  
Chandra Y. Osborn, PhD, MPH  
Daniel G. Cassidy, PhD  
James Aikens, PhD  
Jeffrey Haibach, PhD, MPH  
Jerry Suls, PhD  
Jill E. Bormann, PhD, RN, FAAN  
Karen H. Yeary, PhD

## Welcome to SIG Council

Dr. David Williams welcomed SIG Chairs and introduced Emily Panza, Web Team liaison.

## Web Team Update

Emily Panza encouraged council members to promote Annual Meeting sessions on their social media accounts. She also outlined the Facebook live effort and encouraged chairs to sign up for a slot to tape an interview, promoting their SIGs' sessions.

## Aging SIG Presentation

Dr. Amanda Szabo-Reed discussed the goals and activities of the Aging SIG:

- Made an effort to increase engagement among their members
  - Were able to engage three students in the following projects
    - *Outlook* newsletter article
    - Facebook management
    - Collaboration with the Student SIG
  - Dr. Szabo-Reed asked if any other SIG chairs had ideas to keep members engaged. Ideas included:
    - A membership survey to gauge which areas of Aging research members are interested in
    - Sending individual emails to those that you would like to become engaged as opposed to mass emails
    - Be wary of calling the SIG in-person meeting a "business meeting" because then people think that they are not allowed to attend
  - Dr. Szabo-Reed also mentioned they specifically had issues getting co-chair nominations. Suggestions from the council included:
    - Pick a couple of people that the current leadership thinks would be good for the position and personally reach out to them
    - Market the position as an opportunity to build their CV

## Health Decision Making SIG Presentation

Dr. Sarah Lillie and Dr. Megan Oser presented on the activities of the HDM SIG. These include:

- A survey to the SIG membership following AM16.
  - The two main themes were
    - Change the name of the business meeting
    - Encourage more collaboration within the SIG and with other SIGs
- The SIG is also planning to hold an informal happy hour at AM 17 for members
- The members are interested in conducting a webinar after AM 17, possibly in May
- They are also interested in giving a mentoring award at AM 18
- At AM 17 their activities include:
  - 3 symposia
  - A midday meeting
  - A panel discussion planned with the ETCD Council
  - A pre-conference course with the BIT SIG
  - They are also giving a student award
- The SIG has also created a manuscript based on one of their AM 16 sessions that they are working to get published
- They are working on an SBM/SMDM crosstalk about the implications of over-diagnosis and over-treatment of various conditions

## Announcements

- Please return completed SIG Annual Reports to Anne Hahn at [ahahn@sbm.org](mailto:ahahn@sbm.org)
- The New Member Meet and Greet will be held Thursday March 30<sup>th</sup> from 6-7 p.m. PT. Please make sure that one of the SIG chairs will be in attendance to stand near your SIG poster and engage new members in conversation about your SIG and SBM.
- SIG Posters for Meet and Greet (attached to meeting invitation)
  - **Changes due to Anne Hahn at [ahahn@sbm.org](mailto:ahahn@sbm.org) no later than Friday, March 3**