

# Monday, April 12, 2021

\*All times are listed in Eastern Time

Session Time	Session Type	Session Title	Session Topic Area
11:00 AM – 1:30 PM	Pre-Conference Courses	Presidential Pre-Conference Course: Open Science for beginners: Why is it useful for me and what are the pitfalls to avoid?	Dissemination and Implementation
		Aging SIG Presents: Inclusion and Retention of Older Adults in Behavioral Medicine Clinical Trials: Why and How?	Aging
		Are you ready for your project kick-off meeting? Learn important project management practices to get your project up and running.	Education, Training and Career Development
		Behavioral Informatics and Technology SIG, Cancer SIG and Population Health Sciences SIG Presents: Cancer-Related Data Resources to Support Your Behavioral Research	Cancer
		Behavioral Informatics and Technology SIG and Education Training and Career Development Council Presents: Writing Winning Training Grants: Development, Responding to Critiques, and Incorporating Technology into Proposals	Education, Training and Career Development
		Cancer SIG Presents: We're All in This Together: Establishing, Conducting, and Sustaining Cross-Disciplinary Collaborations	Education, Training and Career Development
		Diabetes SIG and Behavioral Informatics and Technology SIG Presents: Harnessing your big data: data viz & science communication tools for behavioral scientists	Digital Health
		Health Decision Making and Scientific & Professional Liaison Council Presents: Shared Decision Making and Patient Decision Aids	Decision Making
		NIH clinical trials short course: Enforcement, flexibilities, and tools for the social-behavioral community	Methods and Measurement
		Violence and Trauma SIG Presents: Implementing mindfulness practices during times of collective trauma: Mindfulness facilitation training	Stress
1:30 PM – 4:00 PM	Pre-Conference Courses	Enhancing Behavioral Health Research Studies through Qualitative Methods	Methods and Measurement
		Health Decision Making SIG and Health Equity SIG Presents: Addressing Health Literacy in Behavioral Intervention Development: Deconstruct, Decipher, Decide, and Do	Health Communication and Policy
		Optimization of Behavioral and Biobehavioral Intervention SIG Presents: Practicalities of the multiphase optimization strategy (MOST): How to effectively & efficiently conduct an optimization trial	Methods and Measurement
		Physical Activity SIG and Integrative Health and Spirituality SIG Presents: Creating, Delivering, and Adapting Virtual Interventions: Through COVID-19 and Beyond	Digital Health
		Population Health Sciences SIG Presents: Introduction to Secondary Data Analysis: Enhancing Your Research Skills During the COVID-19 Pandemic	Social and Environmental Context and Health
		R01 Countdown: Tools for Writing Concise and Compelling Grants	Education, Training and Career Development
Sleep SIG Presents: Optimizing Delivery of Cognitive Behavioral Therapy for Insomnia via Telehealth: Special Considerations during COVID-19	Sleep		
Theories and Techniques of Behavior Change Interventions SIG Presents: The "Nuts and Bolts" of Developing Health-Related Behavioral Interventions: Understanding and Applying the ORBIT Model	Methods and Measurement		



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4:00 PM – 4:50 PM	Welcome Session and Social Tables	Social Table: Multiphase Optimization Strategy	Methods and Measurement
		Social Table: Open Science	Dissemination and Implementation
		Social Table: Pandemic Survival Tips	Education, Training and Career Development
		Social Table: Parents in Academia	Education, Training and Career Development
		Social Table: Social Determinants of Health & Self-Management of Diabetes and/or Cardiovascular Disease	Diabetes
		Social Table: Strategies for Navigating Early-career Faculty Positions as Black, Indigenous, and People of Color (BIPOC)	Education, Training and Career Development
		Social Table: Transitioning from Academia to Industry	Education, Training and Career Development
5:00 PM – 5:50 PM		New Member and New Attendee Meet & Greet	

**42<sup>ND</sup> ANNUAL MEETING & SCIENTIFIC SESSIONS** Virtual Conference | April 12-16, 2021  
*Let's go all IN:* **Inclusion » Innovation » Influence**



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Session Time	Session Type	Session Title	Session Topic Area
12:00 PM – 12:50 PM	Keynote	Keynote: Disabusing Disability™: Demonstrating That Disability Doesn't Mean Inability	Health of Marginalized Populations
	SIG/ Council/ Committee Meetings	Aging Special Interest Group Business Meeting	Aging
BIT SIG Presents: TECH MADNESS 2.0		Digital Health	
Diabetes SIG Business Meeting		Diabetes	
Evidence-based Behavioral Medicine SIG Business Meeting		Methods and Measurement	
HIV and Sexual Health SIG Business Meeting		HIV/AIDS	
PA SIG Business Meeting		Physical Activity	
Pain SIG Meeting		Pain	
Racial Disparities in Primary Care Research: Small Group Discussion and Networking		Integrated Primary Care	
The Health Equity SIG, DHC, and CPEC Present: Public Engagement and Science Communication through a Health Equity Lens		Health Communication and Policy	
Theories and Techniques of Behavior Change Intervention Special Interest Group (TTBCI SIG) Business & Networking Meeting		Methods and Measurement	
1:00 PM – 1:50 PM	Master Lecture	Master Lecture: What I've Learned about Gender Inequity and LGBTQ+ Inequality and How to Fix It	Multiple Behavior Change
	Debate	Theories and Techniques of Behavior Change Interventions SIG Presents: The proliferation of different health behavior theories in the field of behavioral medicine is holding back research & practice	Multiple Behavior Change
2:00 PM – 2:50 PM	Panel Discussions	Presidential Panel Discussion: Cancer SIG Presents: Telehealth Innovation to Improve Inclusion and Access to Behavioral Cancer Care: Before, During and After COVID-19	Cancer
		Presidential Panel Discussion: Military and Veterans Health SIG Presents: Diffusion of Innovations within the Nation's Largest Integrated Healthcare System: The VHA Innovation Ecosystem in Action	Military and Veterans Health
		Digital Health Council Presents: Green Lights and Caution Signs: Lessons Learned through Academic-Industry Partnerships (Sponsored by Omada Health)	Education, Training and Career Development
		Expanding a Cancer Center's Model for Community Outreach and Engagement to Childhood Obesity and COVID-19	Health of Marginalized Populations
		Health Equity SIG Presents: If you build it, they will succeed: Strategies for thriving as underrepresented minority researchers	Education, Training and Career Development
		Physical Activity SIG and Health Equity SIG Presents: Still striding toward social justice? Redirecting physical activity research in a post-COVID-19 world	Health of Marginalized Populations
		Physical Activity SIG Presents: Using Inclusion Team Science to Innovate Physical Activity, Diet and Sleep Interventions for Youth with Psychiatric Diagnoses	Mental Health
The Development of Web-Based Tools and Mobile Apps to Provide Information and Decision Support for Cancer Patients and Survivors	Digital Health		



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Session Time	Session Type	Session Title	Session Topic Area
3:00 PM – 3:50 PM	Symposia	Presidential Symposium: Integrated Primary Care SIG Presents: Accelerating science at the international level: Improving inclusion and influence of behavioral medicine	Integrated Primary Care
		Presidential Symposium: HIV and Sexual Health SIG Presents: Intersectional Approaches to Understanding and Addressing HIV Risk Among Black Sexual and Gender Minorities	Health of Marginalized Populations
		Aging SIG and Physical Activity SIG Presents: COVID-Adapted Remote Physical Activity Interventions for Older Adults: Leveraging Technology to Maximize Inclusion	Physical Activity
		Aging SIG Presents: Novel and Remote Interventions to Promote Healthy Cognitive Aging During COVID-19	Aging
		Behavioral Informatics and Technology SIG Presents: Digital health engagement: Perspectives on its definition, operationalization, and assessment	Digital Health
		Cancer SIG Presents: Dyadic Processes in the Context of Cancer Survivorship: A Lifespan Perspective	Cancer
		Child and Family Health SIG, Obesity and Eating Disorder SIG Presents: Lessons Learned from Transitioning Pediatric Obesity Interventions to Remote Format	Obesity
		Health Decision Making SIG Presents: Risk perception research in the era of COVID-19: A multi-faceted investigation	Decision Making
		Population Health Sciences SIG Presents: Climate to COVID, Local to Global: The Biopsychosocial Ecology of Syndemic Prevention and Response	Social and Environmental Context and Health
		The Role of Behavioral Science in Public Health Policy: Examples of Trials for Improving Nurturance in Underserved Populations	Child and Family Health
4:00 PM – 4:50 PM	Networking Sessions	Combating food insecurity through research and policy efforts	Health Communication and Policy
		Diabetes SIG Member Networking	Diabetes
		Palliative Care SIG-in-Formation Business Meeting	Education, Training and Career Development
		SIG Council Meeting	
		Social Table: SBM Book Club	Education, Training and Career Development
		Social Table: Skin Cancer Research Interest Group	Cancer
		Invite Only: Donor Reception	
Invite Only: Meet the SBM Fellows			
5:00 PM – 5:50 PM		On-Demand Research Talks & Research Spotlights	



# Wednesday, April 14, 2021

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Session Time	Session Type	Session Title	Session Topic Area
12:00 PM – 12:50 PM	Keynote	Presidential Keynote: It's Time to Break through the Surface and Go All IN (Sponsored by Mayo Clinic)	Health of Marginalized Populations
		BIT SIG Presents: Mingle Mode Virtual Networking (Sponsored by Johnson & Johnson)	Digital Health
		Cancer SIG Social Networking Event	Cancer
		Diabetes SIG Student Networking	Education, Training and Career Development
		Meet the Experts - TTBCI SIG/Council/Committee Session	Education, Training and Career Development
1:00 PM – 1:50 PM	Networking Sessions	Sleep SIG Social Hour	Sleep
		Social Table: How to Navigate Getting a Postdoc Position	Education, Training and Career Development
		The Nuts and Bolts of NIH Peer Review: Putting your best application forward	Education, Training and Career Development
		Invite Only: Health Policy Council Meeting	
		Invite Only: Supporter Reception	
2:00 PM – 2:50 PM	Master Lecture	Master Lecture: Bias and Systemic Racism in Academic Health Care: Strategies for Change (In Partnership with The University of Alabama at Birmingham)	Social and Environmental Context and Health
	Debate	Cancer SIG and Theories and Techniques of Behavior Change Intervention SIG Presents: Are cancer-specific behavioral interventions needed? Key considerations for intervention designs for cancer survivors	Cancer
	Panel Discussions	Cardiovascular Disease SIG Presents: Conducting Behavioral Research with Cardiovascular Patients During COVID-19: Lessons Learned for the New Normal	Cardiovascular Disease
		Presidential Panel Discussion: Behavioral Informatics and Technology SIG, Health Equity SIG and Digital Health Council Presents: Perspectives on Building Racial, Gender, & Health Equity & Social Justice in Digital Health Research	Digital Health
		Health Equity SIG Presents: Lessons Learned: Understanding and Interrupting Microaggressions in Healthcare: Insights from Three Institutions	Education, Training and Career Development
		How I Write Grants: A Behind the Scenes Look at How Successful Researchers Approach the Grant Writing Process	Education, Training and Career Development
		Optimization of Behavioral and Biobehavioral Intervention SIG Presents: Intersections between the Multiphase Optimization Strategy and Implementation Science: A Panel Discussion	Methods and Measurement
Population Health Sciences SIG, Health Equity SIG and Student SIG Presents: Population health and health equity approaches to inform health research and reduce health disparities (Sponsored by Mayo Clinic)		Social and Environmental Context and Health	
Racial Disparities In The Treatment Of Opioid Use Disorder	Substance Abuse		
Regional Response to Employee Wellness During COVID-19	Stress		

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Session Time	Session Type	Session Title	Session Topic Area
3:00 PM – 3:50 PM	Symposia	“All IN” Together: Innovations in dyadic assessment and interventions across medical settings	Social and Environmental Context and Health
		Advancing behavioral interventions by automated behavioural and emotional support using chatbots and conversational agents.	Digital Health
		Cancer SIG Presents: Innovative Intervention Approaches to Skin Cancer Risk Reduction	Cancer
		Child & Family SIG and Obesity SIG Presents: Exploring Emotional, Physical and Social Wellbeing in Diverse Populations of Pregnant Women	Child and Family Health
		HIV and Sexual Health SIG Presents: Prioritizing Black Women’s Sexual Health: Examining the Roles of Substance Use, PrEP Awareness, and Strength-Based Approaches	HIV/AIDS
		Peer and Romantic Relationship Support for Type 1 Diabetes During Adolescence and Young Adulthood: Helpful versus harmful?	Diabetes
		Physical Activity SIG Presents: Navigating the COVID-19 pandemic: Relations between physical activity and mental health	Physical Activity
		Ripple Effects Mapping in behavioral interventions: A participatory method to accelerate translation and implementation	Methods and Measurement
		Unblock the Walk: facilitating activity among patients with chronic pain	Pain
		Use of the Evidence Integration Triangle for Implementation of the FFC-AL-EIT Intervention	Aging
4:00 PM – 4:50 PM	SIG/ Council/ Committee Meetings	BIT SIG Business Meeting	Digital Health
		Cancer SIG Business Meeting	Cancer
		Health Decision Making SIG Business Meeting	Decision Making
		Integrated Primary Care SIG meeting: Hot Topics in IPC and networking	Integrated Primary Care
		Invite Only: Kick-off of SBM’s Early Career Researcher Mentoring Program	Education, Training and Career Development
		Meet the Editors of SBM’s Journals	Education, Training and Career Development
		Military and Veterans’ Health Special Interest Group Business Meeting	Military and Veterans’ Health
		Nurses Section: Expanding the Contributions of Nurses and Nursing to Behavioral Medicine	Education, Training and Career Development
		Obesity and Eating Disorders Special Interest Group Roundtable	Obesity
		Optimization of Behavioral & Biobehavioral Interventions (OBBI) SIG Business Meeting and Meet & Greet with MOST Mentors	Methods and Measurement
5:00 PM – 5:50 PM		On-Demand Research Talks & Research Spotlights	

# Thursday, April 15, 2021

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Session Time	Session Type	Session Title	Session Topic Area
12:00 PM – 12:50 PM	Keynote	Keynote: The Virus of Racism: Understanding its Threats, Identifying Defenses	Social and Environmental Context and Health
	SIG/ Council/ Committee Meetings	Cardiovascular Disease SIG Roundtable	Cardiovascular Disease
Health Equity SIG Business Meeting		Health of Marginalized Populations	
Population Health Sciences SIG Business Meeting		Social and Environmental Context and Health	
Sleep SIG Business Meeting		Sleep	
Time Management, Staying Productive, and Work-Life Balance		Education, Training and Career Development	
Violence and Trauma SIG Meeting		Stress	
Women's Health SIG Business Meeting		Women's Health	
Child and Family Health SIG Business Meeting		Child and Family Health	
1:00 PM – 1:50 PM	Master Lecture	Distinguished Scientist Award Winner Master Lecture: Leveraging Community-engaged Citizen Science to Promote Healthy Living and Advance Health Equity Worldwide	Social and Environmental Context and Health
	Panel Discussions	Presidential Panel Discussion: Health Policy Council Presents: Building Relationships with Federal Legislators: Stories from SBM Health Policy Ambassadors	Health Communication and Policy
		Cancer SIG, Health Equity SIG and Population Health Science SIG Presents: Lessons learned: Developing fundable proposals to reduce cancer inequities in priority populations	Education, Training and Career Development
		Cancer SIG, HIV and Sexual Health SIG, Health Equity SIG and Women's Health SIG Presents: HIV/HPV co-infection and HIV/AIDS-associated cancer-related health disparities among vulnerable populations	Cancer
		Diabetes SIG Presents: Chronic Disease on Display: Social, Political, and Cultural Representations of Diabetes, Blindness and Related Comorbidities	Diabetes
		Digital Health Council Presents: The 2020 Digital Health Year in Review	Digital Health
		Education Training and Career Development Council Presents: Virtual Group Mentoring in the Time of Social Distancing and Vulnerability: Developing a Diverse Leadership	Education, Training and Career Development
		Making the Shift from Weight-Centric to Weight-Inclusive Care	Diet, Nutrition, and Eating Disorders
		Publication & Communication Council Presents: Inclusion and Accessibility in Open Science Practices in Behavioral Medicine	Methods and Measurement
		Systems Modeling for Dynamic Relationships Among Multiple Behaviors	Multiple Behavior Change
2:00 PM – 2:50 PM	Panel Discussions		

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3:00 PM – 3:50 PM	Symposia	Cancer SIG and Behavioral Informatics and Technology SIG Presents: Innovative digital interventions to motivate and engage cancer survivors for self-care	Cancer
		Cardiovascular Disease SIG Presents: Heart Disease Self-Care	Cardiovascular Disease
		Child & Family SIG and Health Equity SIG Presents: Planning and Recruitment of Underrepresented Perinatal Populations for Inclusion in Health Services Research	Child and Family Health
		Food Insecurity among Priority Populations: Benefits of Formal and Informal Support Before and During COVID-19	Diet, Nutrition, and Eating Disorders
		HIV and Sexual Health SIG Presents: HIV Among Black SGM Communities: Qualitative Approaches to Centering Community Voices	HIV/AIDS
		Optimization of Behavioral and Biobehavioral Intervention SIG Presents: Using secondary analyses of optimization trial data to inform the continual optimization of interventions	Methods and Measurement
		Physical Activity SIG and Child and Family Health SIG Presents: Order in the house: Child Physical Activity amongst Household Chaos in the COVID-19 pandemic	Physical Activity
		Policy Implications for Tobacco Use	Tobacco Control and Nicotine-Related Behavior
		Population-Based Efforts to Promote and Expand Access to Genetic/Genomic Testing	Genetics/Genomics
		Sleep SIG and Behavioral Informatics and Technology SIG Presents: The Use of Ecological Momentary Assessment to Examine Daily Associations Between Sleep and Feeling States	Sleep
4:00 PM – 4:50 PM	Networking Sessions	Exploring Ethics and Values in Behavioral Medicine: Case Discussion sponsored by the ETCD	Education, Training and Career Development
		Fitbit: Empowering Behavior Change and Supporting Research (Sponsored by Fitbit)	
		Industry Speed Networking (Sponsored by Omada Health)	Education, Training and Career Development
		Palliative Care SIG Networking Event	Education, Training and Career Development
		Social Table: Pets, Plants, and Hobbies	
		Surviving and Thriving as a Graduate Student in Behavioral Medicine	Education, Training and Career Development
5:00 PM – 5:50 PM		On-Demand Research Talks & Research Spotlights	



# Friday, April 16, 2021

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Session Time	Session Type	Session Title	Session Topic Area
12:00 PM – 12:50 PM	Keynote	Keynote: Using Innovation to Inspire Consumer Behavioral Changes	Multiple Behavior Change
1:00 PM – 1:50 PM		Presidential Meet & Greet and Business Meeting	
	Master Lecture	Jessie Gruman Award Winner Master Lecture: Transforming Your Research and its Potential Impact through Stakeholder Engagement	Dissemination and Implementation
	Debate	PA SIG Debate on Physical Activity Measurement: Old School, New School or a Hybrid Model?	Physical Activity
2:00 PM – 2:50 PM	Panel Discussions	Presidential Panel Discussion: Child & Family Health SIG, Violence and Trauma SIG and Health Equity SIG Presents: Collective Action on COVID-19 and Anti-Racism Efforts: How SBM Health Policy Committee, SIGs and Members are Going All IN	Health Communication and Policy
		Aging SIG Presents: Rapid Adaptation and Translation of Health Promotion Programs for Older Adults: Lessons Learned from the COVID-19 Pandemic	Aging
		Cancer SIG Presents: Coping in the Era of COVID: Lessons Learned and Adapted	Cancer
		Cancer SIG Presents: Mitigating Effects of Implicit Bias in Selection and Promotion of Trainees and Faculty Across the Career Continuum	Education, Training and Career Development
		Integrated Primary Care SIG Presents: Growing Telemental Health Service Delivery in Integrated Primary Care: Insights from Practice	Integrated Primary Care
		Military and Veterans Health SIG Presents: The steady march of combatting military and veteran tobacco use: lessons from trenches to advance public health	Military and Veterans Health
		Red Flags in Publishing: How Unethical Practices Hurt the Science of Behavioral Medicine	Education, Training and Career Development
Scientific & Professional Liaison Council, Education, Training & Career Development Council, Child & Family Health SIG, Diabetes SIG, Evidence-Based Behavioral Medicine SIG, Obesity & Eating Disorders SIG and Physical Activity SIG Presents: First Med Ed Guidelines for Obesity Care Established via Intersociety Teamwork: The Obesity Medical Education Collaborative	Obesity		

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Session Time	Session Type	Session Title	Session Topic Area
3:00 PM – 3:50 PM	Symposia	Behavioral Informatics and Technology SIG and Health Equity SIG Presents: Using mixed-methods designs to refine ecological momentary assessment studies of health behaviors in diverse populations	Digital Health
		Behavioral treatment of mild traumatic brain injury: novel approaches, risk factors and clinical considerations	Social and Environmental Context and Health
		Cancer SIG Presents: Going all IN on Intimacy: Understanding and Improving Sexual Well-being for Women after Cancer	Cancer
		Cancer SIG Presents: Using Health Information Technologies to Improve Behavioral Interventions in Cancer Care	Cancer
		COVID-19 Risk Perceptions, Mental Health, and Risk Reduction Behaviors: A 3-Wave Representative Panel Survey in Six States	Health Communication and Policy
		Evidence-based Behavioral Medicine SIG Presents: Rapid and Living Reviews in the Time of COVID-19	Methods and Measurement
		Integrated Primary Care SIG Presents: Team-based Care in Integrated Primary Care Settings	Integrated Primary Care
		Integrative Health and Spirituality SIG Presents: Adapting resiliency interventions: Using mixed methods to address the needs of unique populations	Complementary and Integrative Medicine/ Spirituality
		Physical Activity SIG Presents: Impact of Covid-19 on Physical Activity in Adults and Children: Applying Time-sensitive and Intensive Longitudinal Methods (Sponsored by Fitabase)	Physical Activity
4:00 PM – 4:50 PM		Women's Health SIG Presents: Invisible Battles: Addressing trauma and posttraumatic stress across the perinatal journey	Women's Health
		Closing Celebration & Awards	
5:00 PM – 5:50 PM		On-Demand Research Talks & Research Spotlights	

