

Call for Applications

Mid-career scientists face pressing career demands. As a mid-career professional who works within an academic institution, health care organization, foundation, government entity, or other setting, you likely fulfill research, clinical practice, teaching, or administrative roles. Increasingly, these roles require leadership specific skills and qualities. Stepping into leadership roles with training and guidance can strengthen your confidence and performance—and the Society of Behavioral Medicine (SBM) can help.

Recognizing leadership development as a critical member need, SBM is launching its third, year-long Leadership Institute and we invite you to submit an application.

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Institute Overview

The purpose of the SBM Leadership Institute is to turn participant fellows into more effective leaders by fostering self-awareness and the development of leadership skills. At the conclusion of the year-long institute, both you and your organization will have benefitted. Throughout the year you will assess and deepen your inherent leadership qualities; acquire skills such as managing collaborative teams, influencing, and mentoring; connect with other mid-career professionals who share a desire to become highly effective leaders; and learn from and be mentored by leaders in the field of behavioral medicine.

- The Leadership Institute is a year-long endeavor, limited to 36 selected individuals.
- Applicants must have paid their 2018 SBM member dues by the time they apply.
- The institute kicks off with an immersive, two-day workshop that takes place prior to the [2018 SBM Annual Meeting](#), on Tuesday, April 10 and Wednesday, April 11, 2018.
- The institute provides mentoring and coaching throughout the year.
- The cost is \$1,575, including all materials and meals; participants cover travel and two nights' lodging.
- SBM will cover the 2018 SBM Annual Meeting registration fee for accepted institute fellows.
- *SBM values diversity both in the field and as a contributing factor to a successful leadership development experience. Women, minorities, individuals with disabilities, individuals who are lesbian, gay, bisexual, or transgender, and veterans are encouraged to apply.*

FAQs

Who is “mid-career”?

The meaning of “mid-career” varies across the range of behavioral medicine careers, hence we leave the determination to you, the SBM-member applicant. That said, the institute is most applicable to scientists with 8-20 years of work experience post-terminal degree who are assuming—or about to assume—more significant or expanded leadership roles. The institute could also be particularly helpful if you have reached your initial career goals and question whether it's time to modify or change directions a bit—and how you might do that.

If I'm accepted, how will the Leadership Institute help me and my organization?

Starting in early 2018 institute leaders will:

- Provide you with leadership literature.
- Administer the Fundamental Interpersonal Relations Orientation™ (FIRO®). Based on social needs theory, the FIRO® will help institute fellows understand how interpersonal styles impact leadership performance.

During the April 10-11, 2018, workshop, you will:

- Enjoy dinner with a panel of SBM leaders sharing their diverse career paths, which sometimes took unexpected turns.
- Become part of a small cohort that will stay connected throughout the year and teleconference with an institute mentor.
- Learn who your professional coach is.
- Acquire concrete leadership skills such as:
 - Managing collaborative teams
 - Mentoring
 - Influencing and negotiating
 - Navigating challenging interpersonal situations
 - Welcoming diversity and fostering inclusion
- Start identifying a leadership project with the opportunity to present it during the 2018 SBM Annual Meeting.

Throughout the institute year (April 2017 through mid-April 2018):

- Institute mentors will be available to your cohort for scheduled check-ins, helping you and your colleagues further develop leadership projects.
- Leadership coaches will be available to you for three individual (teleconference) sessions, providing one-on-one encouragement and support.

During the 2019 SBM Annual Meeting you will:

- Present your leadership project.
- Be honored during the awards ceremony.

What do past institute fellows have to say about the program?

We'll let them speak for themselves:

Lynette L. Craft, PhD, FACSM, on coaching:

"Part of our time together was spent working on how I can better manage the groups I'm in charge of. A lot of what we talked about was perspective taking. As leaders, we have to get our work done but we also need to understand the perspectives of others, especially when working with volunteers. ... It was helpful to discuss strategies."

Corrine Voils, PhD, on workshop sessions:

"The session reminded me that building diverse, inclusive, highly-functioning teams depends, in large part, on effective leadership. ... I'm grateful to SBM for these opportunities."

2018-19 Application Form

Send your completed form to SBM Administrative Coordinator Andrew Schmidt at aschmidt@sbm.org by Tuesday, November 14, 2017. All questions are welcome and can be directed to SBM Executive Director Mary Dean, JD, CAE, at mdean@sbm.org.

CONTACT INFORMATION

Applicant Name:

Address:

Phone:

Please specify: ___ Home ___ Work ___ Cell

Email:

EMPLOYMENT AND EDUCATION HISTORY

Please include your full curriculum vitae (CV) as an attachment to this application.

LEADERSHIP BACKGROUND

List your most significant 3-5 leadership experiences to date, with a brief (<20 words) explanation of each.

ESSAY QUESTION

Please answer the following question, using no more than 250 words. Your essay will help us know you better so we can ensure the Leadership Institute content and format will help you develop your leadership abilities, reach your short- and long-term personal and professional goals, and make a positive impact at your organization or institution as well as in the field of behavioral medicine.

*Describe your career trajectory to date, your short- and long-term professional goals going forward, and how participating in the SBM Leadership Institute will help you achieve those goals.