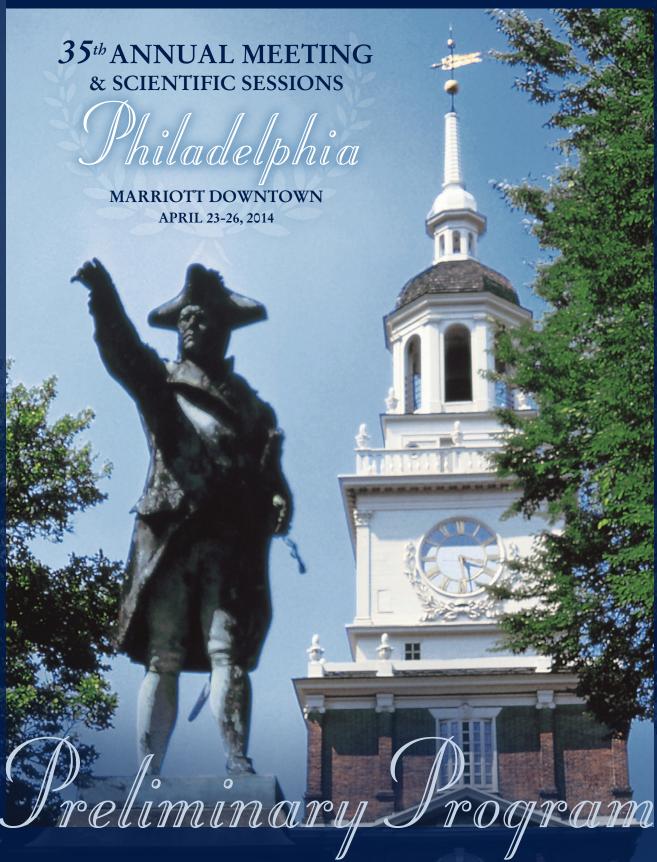
SOCIETY of BEHAVIORAL MEDICINE

Better Health Through Behavior Change



Behavior Matters: The Impact and Reach of Behavioral Medicine

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CONTACT INFORMATION

Conference questions can be directed to:

SBM National Office:

555 E. Wells St., Suite 1100 Milwaukee, WI 53202 Telephone: (414) 918-3156

Fax: (414) 276-3349 Email: info@sbm.org Website: www.sbm.org

CONFERENCE HOTEL INFORMATION

The Philadelphia Marriott Downtown is the meeting venue and will serve as the main hotel for the 35th Annual Meeting & Scientific Sessions attendees.

1201 Market St

Philadelphia, PA 19107 Telephone: (215) 625-2900

To reserve a room electronically visit www.sbm.org/ meetings/2014 and click on the Housing and Transportation link. To reserve a room by phone, call 1-877-212-5752; to ensure you receive the conference room rate ask for a room in the SBM 2014 Annual Meeting & Scientific Sessions room block held April 23-26, 2014. The deadline to reserve your room at the conference rate is **Monday March 31, 9:00**amalconformation-rooms and at the group rate. Only a limited number of rooms are available at the conference rate so reserve early! Once the conference rooms are sold out we will not be able to offer additional rooms at the conference rate, even if sellout occurs before the Housing Deadline. *Book now – space is limited!*

CONFERENCE RATE

223.00 Single or Double plus 15.5% state and local taxes, fees and assessments.

ADA COMPLIANCE

If you require special arrangements in order to fully participate in the 35th Annual Meeting & Scientific Sessions of the Society of Behavioral Medicine, please check the appropriate box on your registration form and provide a written description of your specific needs. SBM cannot ensure the availability of appropriate accommodations without prior notification.

CONFERENCE REGISTRATION INFORMATION

ONLINE REGISTRATION

Opens Thursday, November 21, 2013 at www.sbm.org.

REGISTRATION FEES

Fees can be paid online with a credit card or paid for by check mailed to the national office. The base Annual Meeting registration fee includes admittance to all educational sessions that do not require a ticket.

Member Type	Early-Bird Fees Before March 26,	Onsite Fees On or after March 26,
	2014	2014
SBM Members		
Full/Associate/ Emeritus	\$356	\$406
Transitional	\$296	\$346
Student/Trainee	\$156	\$206
Non-Members		
Non-Member	\$656	\$706
Non-Member Student/ Trainee	\$333	\$383
One-Day		
One-Day Registration	\$329	\$379
Cossions requiring addit	ional face (or paid	tialzata) zwill ba

Sessions requiring additional fees (or paid tickets) will be indicated on the registration form.

ONSITE REGISTRATION HOURS

Wednesday, April 23, 2014	7:00 am - 7:00 pm
Thursday, April 24, 2014	7:00 am - 7:00 pm
Friday, April 25, 2014	7:00 am - 7:00 pm
Saturday, April 26, 2014	7:00 am - 11:00 am

MEMBER DISCOUNTS

Attend the Annual Meeting as a Member and enjoy savings:

- Student/Trainee SBM members pay a \$156 registration fee saving \$80 compared to Non-Members!
- Transitional SBM members pay a \$296 registration fee saving \$145 compared to Non-Members!

All SBM members attending the Annual Meeting pay less in registration fees PLUS enjoy Member benefits, including:

- Subscription to SBM's two journals: Annals of Behavioral Medicine and Translational Behavioral Medicine: Practice, Policy, Research
- Electronic access to three additional behavioral medicine journals: Journal of Behavioral Medicine, International Journal of Behavioral Medicine and Journal of Behavioral Health Services and Research
- Membership in the International Society of Behavioral Medicine (ISBM)
- Eligibility to receive SBM Achievement Awards
- Free Membership in SBM Special Interest Groups with access to listservs that facilitate critical networking with colleagues sharing similar behavioral medicine interests.
- Access to SBM's Expert Consultation Service
- Online access to the "Members Only" section of the SBM website, www.sbm.org, including the searchable membership directory
- 25% discount on all books published by Springer
- Voting privileges for Full, Emeritus, and Transitional Members

Membership renewal forms can be found on the Members' Only section of the SBM website at www.sbm.org.

Membership applications can be found on the SBM website at www.sbm.org

CANCELLATION POLICY

Any registration cancellations must be due to professional and/or personal/family health emergencies and be made in writing directly to the SBM national office by April 23, 2014. All cancellations are subject to a non-refundable \$50 administrative fee. Refunds will be processed following the Annual Meeting.

SCIENTIFIC PROGRAM INFORMATION

OVERVIEW

The theme for the 35th Annual Meeting & Scientific Sessions is "Behavior Matters: The Impact and Reach of Behavioral Medicine." This year's meeting will showcase the significant impact of behavioral medicine on health and health care across diverse settings, populations, and cultures. Invited speakers will highlight areas that represent the broad range of interests within our diverse membership and describe important opportunities to expand the impact and reach of behavioral medicine.

During the abstract submission process, submitters select one track and one content area (see below) that best capture their research topics. The breadth of tracks and content areas ensure that, as a whole, the conference meets the learning needs of multi-disciplinary attendees.

Tracks

- Adherence
- Behavioral Medicine in Clinical and Medical Settings
- Biological Mechanisms in Health and Behavior Change
- · Complementary and Integrative Medicine
- Environmental and Contextual Factors in Health and Behavior Change
- · Health Communication and Technology
- · Health Decision Making
- · Health Promotion
- · Measurement and Methods
- · Population Health, Policy and Advocacy
- Psychological and Person Factors in Health and Behavior Change
- · Quality of Life
- · Racial, Ethnic, and Cultural Factors in Health
- Spirituality
- · Translation of Research to Practice

Content Areas

- Cancer
- Cardiovascular
- Diabetes
- Education, Training and/or Career Development
- HIV/AIDS
- · Methods
- · Mental Health
- Nutrition
- Obesity
- · Occupational Health
- Other
- Pain
- Physical Activity
- Pregnancy
- · Risk and Decision Making
- Sexual Behaviors
- Sleep
- · Smoking/Tobacco
- Spirituality
- Stress
- Substance Abuse
- Transplant

Target Audience

The Society of Behavioral Medicine Annual Meeting represents the largest annual scientific conference (1,600 + attendees) devoted exclusively to behavioral medicine. The Annual Meeting offers a multidisciplinary forum for psychologists, physicians, nurses, nurse practitioners, health education specialists, registered dieticians and other professionals with a range of expertise from research in health promotions, disease prevention, risk factor identification and modification, disease progression, adjustment and adaptation to physical disorders, rehabilitation, and diffusion and dissemination.

SCIENTIFIC PROGRAM INFORMATION

CONTINUING EDUCATION

Conference attendees who wish to receive continuing education credits and a continuing education certificate of attendance at the 2014 Annual Meeting, must follow these steps:

- Purchase continuing education credits, using the 2014
 Annual Meeting Registration Form or in person at the
 SBM registration desk located on the 4th floor of the
 meeting site (the Downtown Marriott) outside the Poster
 and Exhibit Hall.
- 2. Within 30 days following the Annual Meeting (by Monday, May 26, 2014), complete an online evaluation. Registration packets distributed onsite will include a link to the evaluation site. The SBM national office will also email the link to these attendees. On this site attendees will find a general meeting evaluation, as well as session-specific evaluations; both types of evaluations must be completed in order to receive continuing education credit. The session-specific evaluation does ask questions pertaining to the session so it might be helpful to take session notes. Be sure to attend each session in its entirety as the evaluation includes an attestation statement, indicating attendance for the entire session.

Immediately after attendees complete the online evaluation, continuing education certificates will be emailed to the address indicated on the evaluation. Or, attendees can print their own certificates from the screen that appears immediately following completion of the online evaluation.

Available Credit Types

Physicians

Accreditation Statement - This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education through the joint sponsorship of the Institute for the Advancement of Human Behavior (IAHB) and the Society for Behavioral Medicine (SBM). The IAHB is accredited by the ACCME to provide continuing medical education for physicians.

Credit Designation Statement - The IAHB designates this live activity for a maximum of 29.0 *AMA PRA Category 1 Credits* TM. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Nurses and Nurse Practitioners

The Institute for Advancement of Human Behavior is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

This course is co-provided by IAHB and SBM. Maximum of 29.0 contact hours.

Certified Health Education Specialists (CHES)

This program has been submitted for approval to the National Commission for Health Education Credentialing, Inc.

Psychologists

This course is sponsored by the Society of Behavioral Medicine. SBM is approved by the American Psychological Association to sponsor continuing education for psychologists. SBM maintains responsibility for this program. Maximum of 29.0 hours.

Dieticians

You can earn a total of up to 29.0 CPEUs by attending this conference. Please see the PDP guidelines at http://www.ddrnet.org/ for further explanation of requirements.

Attendance Certificates

Attendees wishing to obtain an attendance certificate can request one at the registration desk.

Learning Objectives

Upon completion of the 35th Annual Meeting & Scientific Sessions of the Society of Behavioral Medicine delegates can be expected to:

- List examples of successful tobacco cessation strategies.
- Describe a model of effective clinical practice for providing counseling and referral to pediatric patients who are obese or at risk for obesity.
- 3. Identify strategies for enhancing training programs to encourage clinicians to adopt new evidence-based therapies.
- Identify the key elements of informed decision making, shared decision making, and clinician decision making.
- 5. Identify specific components of Internet and technology behavior change interventions that are associated with successful behavior change.
- 6. Identify interventions that address multiple health-risk behaviors.

SCIENTIFIC PROGRAM INFORMATION

SESSION TYPES

The 35th Annual Meeting & Scientific Sessions of the Society of Behavioral Medicine offers meeting attendees educational opportunities in a variety of formats. The following descriptions can help attendees understand the features of each session type and select the type of instruction best suited to educational needs.

Plenary Sessions: Keynote Addresses and Master Lectures

Plenary Sessions - scheduled on Thursday, Friday, and Saturday - include Keynote Addresses and Master Lectures. These sessions are the premier educational sessions of the Society of Behavioral Medicine Annual Meeting & Scientific Sessions. Speakers will present on topics of interest to the overall meeting audience in a didactic or pro-con debate format. Admission to these sessions is by name badge.

Symposia

Symposia are didactic presentations that last 80 minutes and are held on Thursday and Friday. Presenters will examine important issues from a variety of different perspectives. Presentations and debate among presenters will address alternative solutions, interpretations, or points-of-view on an identified body of knowledge within the advertised topic area or theme. Admission to these sessions is by name badge.

Courses and Workshops

Courses and Workshops are held on Wednesday, the "Preconference" day. These sessions typically last a half day and feature numerous speakers focused on a specific topic. Admission to courses is by paid ticket only and seating is limited.

Paper Sessions

Paper Sessions are offered on Thursday, Friday and Saturday and last 90 minutes. They are based on accepted abstracts clustered around common themes and presented via oral presentations, each of which is approximately 18 minutes in length. Admission to these sessions is by name badge.

Panel Discussions

These 60 minute sessions are held on Thursday and Friday afternoon and focus on specific topics with various viewpoints expressed by a panel of experts. These sessions have tackled such topics as "Work/Life Balance: Challenges and Solutions for Women in Behavioral Medicine" and "NIH Peer Review: Advice for Applicants." Admission to these sessions is by name badge.

Breakfast Roundtables

Breakfast Roundtables are held on Thursday and Friday mornings and last 60 minutes. They are interactive meetings with discussion centered on topics of interest to a specific portion of the meeting audience or a Special Interest Group (SIG). A complimentary continental breakfast is provided. Admission to these sessions is by name badge.

Midday Meetings

Midday Meetings are interactive meetings sponsored by one of the various Special Interest Groups (SIGs) or SBM Councils/Committees. Admission to these sessions is by name badge. Refer to the Final Program to determine whether complimentary lunch and/or snack is provided

Poster Sessions

Poster Sessions featuring presentations of accepted abstracts in thematic groupings will take place on each day during the meeting. Poster Sessions allow abstract authors to discuss their research with interested colleagues for 80 minutes in an informal setting. Poster Sessions are a great way to see the latest research in the field while socializing with colleagues. Admission to the Poster Hall is by name badge.

Due to continued space constraints the poster boards will be positioned vertically and the surface area for poster display will be 4 feet wide by 8 feet high (1.2 meters wide by 2.4 meters high). The exact poster dimensions are up to poster presenters, but we recommend no higher than 5 feet (1.5 meters) – for ease of vertical viewing.

Preliminary Program

SCIENTIFIC PROGRAM INFORMATION

Poster Session Scheduling

Wednesday, April 23, 2014 - Poster Session A

Author set up posters	4:30 pm - 6:00 pm
Posters available for viewing	6:10 pm – 7:30 pm
Authors present for discussion	6:10 pm – 7:30 pm
Authors remove posters	7:30 pm - 8:00 pm

Thursday, April 24, 2014 - Poster Session B

Authors set up posters	5:00 pm – 6:30 pm
Posters available for viewing	6:40 pm - 8:00 pm
Authors present for discussion	6:40 pm - 8:00 pm
Authors remove posters	8:00 pm - 8:30 pm

Friday, April 25, 2014 - Poster Session C

Author set up posters	4:45 pm – 6:15 pm
Posters available for viewing	6:25 pm - 7:45 pm
Authors present for discussion	6:25 pm – 7:45 pm
Authors remove posters	7:45 pm - 8:15 pm

Saturday, April 26, 2014 - Poster Session D

Authors set up posters	8:30 am – 10:00 am
Posters available for viewing	10:10 am – 11:30 am
Authors present for discussion	10:10 am – 11:30 am
Authors remove posters	11:30 am - 12:00 pm

Please be sure to hang posters during the appropriate time. All posters left after the removal time has concluded will be discarded.

Seminars

Seminars are held on Wednesday. They include presentations by approximately three speakers. Speakers emphasize the theory and application of practical skills and interact with participants. Admission is by paid ticket only and seating is limited.

CONFERENCE SCHEDULE

MEETING AT A GLANCE

Wednesday, April 23, 2014

Start	End	Title
7:00 am		Registration Open
9:00 am	7:00 pm 6:00 pm	Seminars/Courses/Workshops
6:10 pm	7:30 pm	Poster Session A*
_	·	T OSICE SESSION A
Thursday, A	•	Pagistration Open
7:00 am	7:00 pm	Registration Open Breakfast Roundtables*
7:30 am	8:30 am	
8:40 am	10:00 am	Symposia Break
10:00 am	10:20 am	
10:20 am	11:20 am	Opening Keynote Debate
11:20 am	11:40 am	Break Midday Maetings* / Panal Discussions / Export Consultations*
11:40 am	12:40 pm	Midday Meetings*/Panel Discussions/Expert Consultations*
12:40 pm	1:30 pm	Break
1:30 pm	2:15 pm	Master Lectures
2:25 pm	3:45 pm	Symposia
4:00 pm	5:30 pm	Paper Sessions
5:40 pm	6:40 pm	Presidential Keynote Address
6:40 pm	8:00 pm	Poster Session B*
Friday, April	25, 2014	
7:00 am	7:00 pm	Registration Open
7:30 am	8:30 am	Breakfast Roundtables*
8:40 am	10:00 am	Symposia
10:15 am	11:15 am	Keynote Address
11:25 am	12:25 pm	Midday Meetings*/Panel Discussions/Expert Consultations*
12:25 pm	1:15 pm	Break
1:15 pm	2:00 pm	Master Lectures
2:10 pm	3:30 pm	Symposia
3:45 pm	5:15 pm	Paper Sessions
5:25 pm	6:25 pm	Keynote Address
6:25 pm	7:45 pm	Poster Session C*
Saturday, Ap	oril 26, 2014	
7:00 am	11:00 am	Registration Open
7:30 am	8:30 am	Business Meeting*
8:40 am	10:10 am	Paper Sessions
10:10 am	11:30 am	Poster Session D*
10:20 am	11:05 am	Master Lectures
11:30 am	12:30 pm	Keynote Address

^{*}Sessions not eligible for Continuing Education Credit



DAY AT A GLANCE

Start	End	Title
7:00 am	7:00 pm	Registration Open
9:00 am	6:00 pm	Seminars/Courses/Workshops
6:10 pm	7:30 pm	Poster Session A*

^{*}Sessions not eligible for Continuing Education Credit

12:00 pm – 6:00 pm: Workshop 01: "Apply the RE-AIM Framework to Intervention Planning and Evaluation"

Chair: Paul A. Estabrooks, PhD, Virginia Tech Riverside, Roanoke, VA

Presenters: Paul A. Estabrooks, PhD, Virginia Tech Riverside, Roanoke, VA; Russell E. Glasgow, PhD, University of Colorado Denver School of Medicine, Denver, CO; Samantha M. Harden, PhD, Virginia Tech, Roanoke, VA; Rodger Kessler, PhD, Vermont College of Medicine, Burlington, VT

Pre-registration and ticket required for admission

Fee: Full/Associate/Emeritus Members: \$95; Student/Trainees or Transitional Members: \$57; Non-Members: \$115

The RE-AIM framework was developed to facilitate intervention planning and evaluation while balancing internal and external validity. It is also intended to provide a set of outcomes that can aid in understanding the context of intervention development and testing with a goal to speed research-practice translation. The overall goal of this interactive workshop is to briefly outline the history, core concepts, and common challenges of and with the RE-AIM framework. We will also highlight resources to aid in the planning and evaluation process, and provide project specific feedback to those who are applying the framework to a current or future project. Interactive activities will be used to achieve 4 primary objectives. One, demonstrate the use of RE-AIM for planning and evaluation of interventions with an emphasis on research-practice partnerships. Two, detail advanced methods necessary to fully employ the framework. Three, distinguish between implementation and effectiveness interventions and the implications for RE-AIM application and assessments. Four, provide strategies to address complexities of multi-leveled or component interventions (e.g., implementation-effectiveness hybrid trials). The first half of the workshop will include presentations with audience activities to underscore key points in RE-AIM planning and evaluation. The second half of the workshop will include breakout workgroups to provide expert consultation for workshop participants' future or ongoing projects. Attendees are expected to come with ideas for potential projects or questions on ongoing projects to receive feedback. Breakout workgroups will be structured based upon attendee projects, but is anticipated to cover single and multileveled projects that address effectiveness, implementation, or effectiveness-implementation hybrid projects.

2:00 pm – 6:00 pm Workshop 02: "Multi-Morbidities, Health and Self-Management: Challenges and Opportunities"

Sponsored by the Multi-Morbidities SIG, American Psychological Association - Div 38 and the International Society of Behavioral Medicine

Presenters: Joost Dekker, PhD, VU University Medical Center, Amsterdam, Netherlands; Robert M. Kaplan, PhD, Office of Behavioral and Social Science Research, Bethesda, MD; Kate Lorig, DrPH, Stanford University School of Medicine, Palo Alto, CA; Jerry M. Suls, PhD, National Cancer Institute, Bethesda, MD

Pre-registration and ticket required for admission

Fee: Full/Associate/Emeritus Members: \$95; Student/Trainees or Transitional Members: \$57; Non-Members: \$115 Fee includes beverages

Although patients often have two or more concurrent physical diseases, behavioral medicine has leaned toward a one-disease-at-a-time perspective. Speakers and members of the audience will describe and discuss the prevalence of multi-morbidities, how best to assess them, how patient self-management is a key component of any approach for treatment, present current perspectives on mechanisms of action underlying co-occurrence of certain physical conditions, and implications for current and future health practice.

Agenda:

2:00 pm – 2:10 pm	Introduction Jerry M. Suls, PhD, National Cancer Institute
2:10 pm – 2:55 pm	Assessment of Comorbidity: How and for Which Purpose? Joost Dekker, PhD, VU University Medical Center
2:55 pm – 3:40 pm	Interventions for Comorbid Conditions: What do we know? Kate Lorig, DrPH, Stanford University School of Medicine
3:40 pm – 4:00 pm	Break
3:40 pm – 4:00 pm 4:00 pm – 4:45 pm	Break Inflammation: Major Mechanism in Multi-Morbidities? Jerry M. Suls, PhD, National Cancer Institute
	Inflammation: Major Mechanism in Multi-Morbidities?

COURSES

9:00 am – 5:00 pm: Course 101: Theories and Techniques of Behavior Change Interventions SIG and Diabetes SIG Course: "Using Theory in Implementation Science"

Chairs: Laura Damschroder, MS, MPH, VA Center for Clinical Management Research, Ann Arbor, MI; Professor Susan Michie, BA, MPhil, DPhil, University College of London, London, United Kingdom

Co-Presenters: Anne Sales, PhD, University of Michigan School of Nursing, Ann Arbor, MI; Caroline R. Richardson, MD, Ann Arbor VA Medical Center and University of Michigan Department of Family Medicine, Ann Arbor, MI; Jennifer K. Carroll, MD, MPH, University of Rochester Medical Center, Rochester, NY; Rob Petrella, PhD, Western University, London, ON, Canada

Full/Associate/Emeritus Members: \$131; Student/Trainees or Transitional Members: \$85; Non-Members: \$185 Beverages to be included

Voices calling for more relevant, rapid, and responsive research are increasing in volume and urgency. An increasing number of research funding agencies are calling for innovative, impactful, and theory-based research in dissemination, implementation, and sustainability. This course will provide breadth and depth of information about novel approaches in applying theory to improve study impact and translatability while, at the same time, building the evidence-base for effective implementation strategies and techniques. The morning session will start off with a practical example of a real world implementation problem, specifically implementation barriers in diabetes prevention programs. That will be followed by framing and linking multiple strands of implementation theory. Then participants will hear about and engage in active discussions and hands-on applications throughout the day about approaches and methods to apply theory at the individual and organizational levels of change. Familiarity with implementation research principles is encouraged but not required.

9:00 am – 11:45 am Course 201: Cancer SIG Course: "Mock Grant Review"

Chair: Aimee S. James, PhD, MPH, Washington University in St. Louis, Saint Louis, MO Full/Associate/Emeritus Members: \$91; Student/Trainees or Transitional Members: \$61; Non-Members: \$106 Beverages to be included

For this session, we will solicit grant proposals. Several (usually about 4) proposals will be selected to be reviewed during the session. Experienced study section reviewers will review the grant application during the sessions. Applicants are invited to attend to hear the reviews and ask questions, and to get experience reviewing each others' applications. Other attendees observe the study section process, hear the language of grant reviews, and have the opportunity to ask questions of the panel. Through the process, reviewers address characteristics of success proposals, and common flaws encountered. The session concludes with opportunity for questions and answers from the panel.

9:00 am – 11:45 am Course 301: Integrated Primary Care SIG Course: "Boot Camp for Building Integrated



Primary Care Behavioral Health Training Programs"

Chair: Mark E. Vogel, PhD, Genesys Regional Medical Center, Burton, MI

Co-Presenter: Nancy Ruddy, PhD

 $Full/Associate/Emeritus\ Members:\ \$91;\ Student/Trainees\ or\ Transitional\ Members:\ \$61;\ Non-Members:\ \$106$

Beverages to be included

This pre-conference course will provide practical tools for those programs considering developing a training experience for behavioral health clinicians working in primary care. The "boot camp" will provide learner with practical and efficient tools to move from concept to implementation.

Many primary care settings are ideal settings for trainings programs for psychologists and other healthcare professionals to learn integrated care. In fact, a recent survey, documented that faculty in Family Medicine residency programs are interested in starting behavioral training programs but don't feel equipped to do so. Opportunities exist in developing training programs at all levels of the training sequence (practicum, internship, and post-doctoral).

The "drill" instructors will demonstrate how such programs might be funded and supported, administration structure options, supervision issues, and the legal issues involved. Additionally, quality assurance mechanisms would be highlighted. Opportunities to be mentored by others who have developed these types of programs would be presented.

This pre-conference event is co-sponsored by the Council of Clinical Health Psychology Training Council (CCHPTP) along with the Integrated Primary Care SIG.

9:00 am – 11:45 am Course 401: "Design and Conduct of Randomized Behavioral Clinical Trials"

Chair: Peter G. Kaufmann, PhD, National Heart, Lung, and Blood Institute, Bethesda, MD

Co-Presenters: Lynda H. Powell, PhD, Rush University Medical Center, Chicago, IL; Kenneth E. Freedland, PhD, Washington University School of Medicine, Saint Louis, MO

 $\label{thm:problem} Full/Associate/Emeritus\ Members:\ \$114;\ Student/Trainees\ or\ Transitional\ Members:\ \$84;\ Non-Members:\ \$129$ $Breakfast\ to\ be\ included$

Randomized controlled trials are the standard objective method for evaluating efficacy and effectiveness of interventions in biomedical clinical research. This workshop will present the principal challenges associated with the design of clinical trials involving behavioral interventions, discuss the principles underlying successful clinical trials, the critical role of control groups, and selection of informative primary outcome measures and other design characteristics. While the session assumes only a modest level of familiarity with clinical trials, it may be of interest to individuals over a wider range of experience in clinical research. If participants wish to have a specific clinical trials issue discussed, they are encouraged to contact the session chair in advance.

12:00 pm – 2:45 pm Course 501: Technology SIG (formally Behavioral Informatics SIG) Course: Building a Better e-Intervention: "A Workshop on How to Create Usable, Enjoyable, and Effective e-Health User Experiences"

Co-Presenters: Eric Hekler, PhD, Arizona State University, Phoenix, AZ; Pedja Klasnja, PhD, University of Michigan, Ann Arbor, MI; Erika Poole, PhD, Pennsylvania State University, State College, PA; Tamara Peyton, MA, Pennsylvania State University, State College, PA; Julie Wright, PhD, UMass Boston, Boston, MA

Full/Associate/Emeritus Members: \$75; Student/Trainees or Transitional Members: \$45; Non-Members: \$95

Have you ever wondered why some e-Health interventions succeed at promoting behavior change, but others fail? While increasing evidence suggests that technologies such as text messaging, websites, smartphone apps, and social networks can promote health behavior change, many times the low usability hampers the overall effectiveness of the e-Health intervention. Factors such as how well the technology integrates into a person's life, how ease it is to interact with it, how enjoyable it is to use greatly influence an e-Health intervention's chances of success. The discipline of Human-Computer Interaction (HCI) explores novel ways to make technologies more useful AND usable in everyday life (Poole, 2013). In this workshop, HCI experts and behavioral scientists with experience using HCI design processes and collaborating with HCI researchers will introduce an overarching development process for improving user experience in e-Health interventions. Three core design skills will be covered: 1) rapid ethnographic-inspired requirements gathering using mobile phones; 2) sketching in small groups for idea generation; and 3) the creation of low- and medium- fidelity prototypes to hone design specifications and operationally define theoretical constructs. This workshop is intended for behavioral scientists who have an idea for an e-Health application, or want to improve upon the design of empirically-tested e-Health intervention. No technology development or artistic skills are required.

12:00 pm – 2:45 pm Course 601: Obesity and Eating Disorders SIG Course: "Integrated Care for Treatment of Obesity: Location, Logistics, & Reimbursement"

Chair: Stephanie L. Fitzpatrick, PhD, Rush University Medical Center, Chicago, IL; Co-Chair Obesity and Eating Disorder SIG

Co-Presenters: Rodger Kessler, PhD, University of Vermont, Burlington, VT; Catherine Champagne, PhD, RD, Pennington Biomedical Research Institute, LSU, Baton Rouge, LA; Elizabeth Estrada, MD, Connecticut Children's Medical Center, Hartford, CT; Jennifer Ventrelle, MS, RD, Rush University Medical Center, Chicago, IL; and Janelle Coughlin, PhD, Johns Hopkins School of Medicine, Baltimore, MD

 $Full/Associate/Emeritus\ Members: \$107;\ Student/Trainees\ or\ Transitional\ Members: \$77;\ Non-Members: \$122\ Snack\ to\ be\ included$

The purpose of this pre-conference course is to provide insight and lessons learned on how to develop or sustain an integrated care team focused on the treatment of patients with obesity. Presenters will provide personal knowledge, experience, and strategies regarding five themes: 1) State of the evidence on integrated care team approaches for treatment of overweight and obesity; 2) Establishing an integrated team; 3) Where to establish an integrated team (e.g., primary care clinic vs. specialty clinic); 4) Logistics (e.g., how are visits conducted); and 5) Reimbursement. At the end of the workshop, attendees should be able to describe the evidence supporting implementation of multidisciplinary teams as well as successful strategies and areas for improvement to integrate treatment for obesity within clinical settings.

12:00 pm – 6:00 pm Course 701: Cancer SIG and American Psychosocial Society Course: "Palliative and End of Life Care: Research and Clinical Perspectives"

Chairs: Michael A. Diefenbach, PhD, Mount Sinai School of Medicine, New York, NY; Suzanne M. Miller-Halegoua, PhD, Fox Chase Cancer Center, Philadelphia, PA

Full/Associate/Emeritus Members: \$107; Student/Trainees or Transitional Members: \$77; Non-Members: \$122 Snack to be included

This ½ day pre-conference workshop will explore the clinical and research applications of palliative and end of life care. In collaboration with the American Psychosocial Society (APOS) speakers will include, among others, Drs. William Breitbart and Allison Applebaum from Memorial Sloan Kettering Cancer Center, Dr. Joe Greer and Lara Traeger from Massachusetts General Hospital, and Drs. Guy Montgomery and Amy Kelley, Icahn School of Medicine at Mount Sinai. Presentations will alternate with break-out sessions that will give attendees to interact with presenters and to discuss in depth pre-determined focal areas. Presentations will focus on meaning-centered therapy for patients at the end-of-life; Clinical translation of end-of-life interventions; Symptom management, patient provider communication issues and decision making. Representatives from the NCI will serve as discussants

3:15 pm – 6:00 pm Course 801: Ethnic, Minority and Multicultural Health SIG Course: "Assessment Strategies and Methodologies for Research with Diverse Populations: Translations and Transcreations"

Chairs: John Wiebe, PhD, University of Texas at El Paso, El Paso, TX; Sabrina Ford, PhD, Michigan State University, East Lansing, MI; and Cathy D. Meade, PhD, RN, FAAN, Moffitt Cancer Center, Tampa, FL

Co-Presenters: Suzanna Martinez, PhD, University of California, San Francisco, San Francisco, CA; Osvaldo Morera, PhD, University of Texas at El Paso, El Paso, TX

Full/Associate/Emeritus Members: \$75; Student/Trainees or Transitional Members: \$45; Non-Members: \$90

This pre-conference workshop, sponsored by the Ethnic, Minority, and Multicultural Health SIG, calls attention the evidence base for developing, adapting and translating research instruments, interventions and materials for diverse, multilingual and multiethnic audiences. Drawing from the current literature and the extensive backgrounds of the presenters, didactic and interactive examples illustrate the application of the empirical base for developing instruments and interventions across diverse languages, literacy level and cultures. A number of methodological considerations are instruments, statistical assessment of measurement invariance, and transcreation steps that take into account culture and literacy to enhance the saliency of an intervention.

3:15 pm – 6:00 pm Course 901: Education, Training and Career Development Council Course:
"Learner-Centered Tools and Techniques for Teaching Behavioral Medicine"

Chair: Jamie Sue Bodenlos, PhD, Hobart and William Smith Colleges, Geneva, NY

Co-Presenters: Phyllis Blumberg, PhD, University of the Sciences, Philadelphia, PA; Amy Janke, PhD, University of the Sciences, Philadelphia, PA; Andrea T. Kozak, PhD, Oakland University, Rochester, MI

Full/Associate/Emeritus Members: \$75; Student/Trainees or Transitional Members: \$45; Non-Members: \$90

This will be in interactive workshop where attendees will learn about a variety of tools and techniques for teaching behavioral medicine from a learner-centered approach. Attendees will become familiar with active teaching and learning strategies that can be used in both large and small classrooms. Ways to incorporate community-based experiences into behavioral medicine courses via service learning and research projects will be discussed. Participants will learn how to develop and use these community experiences to achieve learning goals and complement classroom instruction. In addition, attendee will learn how to develop writing projects that encourage students to facilitate their own learning and that of their classmates. This session will be beneficial to both novice and seasoned instructors and for those teaching either undergraduate or graduate students. Session attendees will receive a packet with handouts on each of the strategies discussed.

9:00 am – 11:45 am Morning Half-Day Seminars

Full/Associate/Emeritus Members: \$100; Student/Trainees or Transitional Members: \$50; Non-Members: \$150

Seminar 01: Brief Alcohol Intervention Training for Integrated Primary Care Providers

Lead Presenter: Jennifer Funderburk, PhD, Syracuse VAMC- Center for Integrated Healthcare, Syracuse, NY; Co-Presenters: Robyn L. Fielder, PhD, Syracuse VA Medical Center, Syracuse, NY; Stephen A. Maisto, PhD, Syracuse University, Syracuse, NY

Brief alcohol interventions (BAIs) are one of only a small number of empirically-supported interventions designed specifically for the primary care setting. Behavioral health providers integrated in primary care can serve as a useful resource to primary care providers and staff by helping to deliver and support the implementation of BAIs. This is especially important as greater numbers of primary care settings implement the recommended routine screening for hazardous alcohol use. However, lack of provider training has been identified as a barrier to implementation of BAIs (Johnson, Jackson, Guillaume, Meier, & Goyder, 2010; Nilsen, 2010). Provider training has been shown to increase rates of screening and BAI in primary care (Kaner, Lock, Heather, McNamee, & Bond, 2003; Kaner, Lock, McAvoy, Heather, & Gilvarry, 1999).

This 3-hour interactive workshop will increase behavioral health providers' knowledge and skills to facilitate the implementation of BAIs in their integrated primary care practice. The first half of the workshop will focus on describing the evidence supporting BAIs, reviewing the basic elements of a BAI with a specific focus on the World Health Organization's simple advice intervention, discussing how to integrate brief BAIs into typical clinical practice, dealing with common challenges to delivering BAIs, sharing free internet resources available to complement the interventions, and observing a role-play demonstration of a BAI among the presenters. The second half of the workshop will involve participants breaking into pairs to practice the delivery of a BAI using case scenarios developed by the presenters. At the end of the workshop, participants will be able to describe the evidence base supporting BAIs, understand the various elements of BAIs, and feel more comfortable delivering a BAI in practice.

Seminar 02: Introduction to Psychological Treatments for Gastrointestinal (GI) Conditions

Lead Presenter: Sarah W. Kinsinger, PhD, Northwestern University, Chicago, IL

Co-Presenters: Laurie Keefer, PhD, Northwestern University, Chicago, IL

Background/Rationale: Chronic, painful gastrointestinal conditions, such as irritable bowel syndrome, comprise a large portion of patients seen in outpatient gastroenterology clinics. There is strong empirical support for the use of psychological therapies, particularly cognitive-behavior therapy and hypnotherapy with these patients to improve symptoms and quality of life and many gastroenterologists seek out such providers in their community. However, the availability of these treatments for patients is limited due to a lack of trained providers. A recent survey from our group of 152 mental health providers around the US confirmed that 63% of licensed psychologists are already treating patients with digestive conditions (most common IBS) in their practice, but have had little guidance on how to apply evidence-based treatments. Of these, 81% indicated they would be somewhat to very interested in receiving further education on psychological treatments for GI conditions.

The authors have been running a nationally-recognized GI behavioral medicine service at Northwestern Medicine since 2006. We are currently the only fully integrated clinical GI-Psychology program in the country. We have the experience and interest in meeting the needs of colleagues interested in treating GI disorders with evidence-based psychological therapies and believe than an introductory workshop at SBM would be an ideal venue for dissemination.

Objectives: In an engaging, practical workshop, we will provide an introduction to working with patients with gastrointestinal conditions. We will provide a real-world snapshot of the role of GI health psychologists in a functioning outpatient GI clinic and explain the unique medical and psychological needs of GI patients. We will present an overview of evidence-based treatments for GI conditions with particular emphasis on cognitive-behavior therapy and gut-directed hypnotherapy. Additionally, we will provide specific guidance on the application of CBT skills with a GI population and feedback on the logistical aspects of developing a GI-psychology practice.

Seminar 03: An Introduction to Integrative Data Analysis

Lead Presenter: Jennifer L. Walsh, PhD, The Miriam Hospital and Brown University, Providence, RI

Integrative data analysis (IDA) involves the analysis of multiple (usually large) datasets that have been merged. IDA differs from metaanalysis in that it involves the combination of original data (not summary statistics), and it has a number of advantages in diverse fields, including behavioral medicine research. These advantages include increased sample size and statistical power; better representation of subgroups and low base-rate (rare or infrequent) behaviors; a broader, more valid assessment of constructs of interest; the ability to test hypotheses not considered in the original studies; and the potential to identify sources of between-study heterogeneity, which may inform theory, intervention development, and policy formation.

Recent years have been characterized by decreased resources to support new research efforts and increased calls for data sharing by the NIH and other sponsors. IDA plays a valuable role in maximizing limited resources and building a cumulative science. However, conducting IDA involves a number of practical challenges, including data sharing, differences in study designs, and heterogeneity in measurements across studies.

This seminar will provide an introduction to IDA, including methods to overcome these practical challenges. We will discuss the benefits and challenges of IDA; successful ongoing IDA projects; and applications of IDA in health research. Additionally, methods for integrating discrepant measures across studies (including tests of measurement invariance) and for testing cross-study replication will be demonstrated in Mplus, with suggestions provided for other data analytic platforms. Time will be reserved for open discussion of research questions that may be addressed with IDA. Attendees will be given a handout with the Power Point slides, an annotated bibliography of articles containing additional information, and sample Mplus syntax and output.

Seminar 04: Acceptance-Based Behavioral Intervention for Health-Related Behavior Change: Theory and Clinical Applications

Lead Presenter: Meghan L. Butryn, PhD, Drexel University, Philadelphia, PA **Co-Presenter:** Evan M. Forman, PhD, Drexel University, Philadelphia, PA

Specific behavioral changes dramatically reduce the incidence and consequences of diabetes, cardiovascular disease, cancer, and other diseases and conditions. Effective interventions are challenging to develop, especially those that promote long-term maintenance of behavior change. Individuals who initially succeed at health-related behavior change often find that their success is eventually eroded by profound biological (e.g., innate preferences for palatable foods) and environmental influences (e.g., a built environment that limits lifestyle activity). The science of behavior change is rapidly evolving, and emerging research is revealing that distress tolerance, mindful decision making, and commitment to valued behavior may be necessary for lifestyle modification. These psychological processes are integrated into innovative behavior therapies, i.e., acceptance-based treatments, which include acceptance and commitment therapy (ACT). Acceptance-based approaches have demonstrated promise when applied to areas such as weight control, physical activity promotion, and dietary change. This seminar will provide an in-depth consideration of the theoretical principles underpinning the acceptance-based behavioral approach. Empirical support from several randomized controlled trials will be reviewed. Five dimensions of clinical application to behavioral medicine also will be highlighted: acceptance (ability to tolerate unpleasant internal experiences, such as urges, fatigue, anxiety), willingness (ability to choose valued actions even if they produce or maintain unpleasant internal states), defusion (ability to appreciate thoughts and feelings for what they are and therefore to uncouple internal experiences from behaviors), mindful decision making (nonjudgmental awareness of experiences and moment-by-moment choices), and values clarification (clarity of the personal values that motivate behavior). The presenters will use live demonstration and video to depict how experiential exercises, metaphors, and at-home exercises can be used to most effectively teach these skills.



Seminar 05: Introduction to the Multiphase Optimization Strategy (MOST) for Building More Effective Behavioral Interventions

Lead Presenter: Linda M. Collins, PhD, Penn State University, Philadelphia, PA

The majority of behavioral interventions in use today have been evaluated as a treatment package using a two-group randomized controlled trial (RCT). This approach is an excellent way to determine whether an intervention is effective. However, the treatment package approach is less helpful at providing empirical information that can be used to improve the intervention's effectiveness. In this seminar an innovative methodological framework for building more effective behavioral interventions, the Multiphase Optimization Strategy (MOST), will be presented. MOST is based on ideas inspired by engineering methods, which stress careful management of research resources and ongoing improvement of products. A comprehensive strategy, MOST includes a series of steps devoted to establishing the conceptual foundation of an intervention; gathering empirical information on individual intervention components via experiments designed for efficiency and conservation of research resources; making decisions based on the results of the experiments to develop the intervention; and evaluating the intervention via a RCT. MOST can be used to build a new intervention or to improve an existing intervention. Using MOST it is possible to engineer an intervention targeting a particular effect size, level of cost-effectiveness, or any other criterion.

This seminar will provide an introduction to MOST. Ongoing intervention development studies using the MOST approach will be used as illustrative examples. A substantial amount of time will be devoted to experimental design, which is an important tool in MOST. In particular, factorial experiments and fractional factorial experiments will be discussed. Time will be reserved for open discussion of how the concepts presented can be applied in the research of seminar attendees. Attendees will be given a handout with the Power Point slides and a list of articles containing additional information.

12:00 pm - 6:00 pm *Full-Day Seminars*

Full/Associate/Emeritus Members: \$125; Student/Trainees or Transitional Members: \$75; Non-Members: \$175

Seminar 06: Getting SMART about Developing Adaptive Interventions: Individualizing Sequences of Treatment

Lead Presenter: Daniel Almirall, PhD, University of Michigan, Ann Arbor, MI

Co-Presenter: Inbal Nahum-Shani, PhD, University of Michigan; Susan Murphy, PhD, University of Michigan,

The effective management of a wide variety of health disorders often requires individualized, sequential decision making, whereby treatment is dynamically adapted over time based on a patient's changing course. Adaptive interventions operationalize individualized, sequential, decision making via a sequence of decision rules that specify whether, how, for whom, or when to alter the intensity, type, or delivery of psychosocial, behavioral, and/or pharmacological treatments at critical decision points in the management of disorders. Adaptive health interventions can be used to develop or supplement clinical treatment guidelines. In this seminar, we present a novel experimental design—the sequential multiple assignment randomized trial, or SMART—intended specifically for the purpose of developing high-quality adaptive interventions.

Specifically, we will discuss why adaptive interventions are important; introduce SMART designs; contrast SMARTs with other experimental approaches; discuss SMART design principles, including common choices for primary and secondary aims; and acquaint the audience with data-analytic approaches for developing optimized adaptive interventions that are accordant with these primary and secondary aims. Illustrative examples will be drawn from studies using SMART designs that have been completed or are currently in the field.

Seminar 07: Working with Acceptance, Mindfulness, and Values in Chronic Pain: An Introduction and Skills Building Seminar

Lead Presenter: Kevin Vowles, PhD, University of New Mexico, Morgantown, WV

Co-Presenter: Lance McCracken, PhD, Kings College of London, London, United Kingdom

Chronic pain can be a source of immense human suffering and disability. There is emerging evidence indicating that as pain sufferers set aside struggles for control over pain, attend to present experiences, and engage in meaningful activities, they suffer less and function better, even while pain persists. These treatment processes are respectively referred to as acceptance, mindfulness, and values-based action. The extant literature suggests these processes are highly relevant in the treatment of chronic pain, where the best researched therapy model has been Acceptance and Commitment Therapy (ACT), a form of CBT that directly targets these processes. This seminar will provide a brief overview of the theoretical model underlying ACT and will include significant opportunities for clinical practice. The majority of the seminar will be spent in experiential, skill building, and case conceptualization exercises with training modalities including include a mix of didactic instruction, modeling, and practice/role play. Opportunities for consultation, instruction, and feedback will also be provided. At the conclusion of the class, participants will be able to more adequately identify targets for treatment in those suffering from chronic pain and directly apply interventions to augment acceptance, mindfulness, and values.

Seminar 08: NIH Grant Writing Seminar for Early Career Researchers

Lead Presenter: Wendy J. Nilsen, PhD, Office of Behavioral & Social Sciences, Bethesda, MD

Co-Presenters: Susan Czajkowski, PhD, National Heart, Lung, and Blood Institute, Bethesda, MD; Karina Davidson, PhD, Columbia University, New York, NY; William N. Elwood, PhD, Office of Behavioral & Social Sciences, Bethesda, MD; Joel J. Hillhouse, PhD, East Tennessee State University, Johnson City, TN; Francis Keefe, PhD, Duke University Medical Center, Durham, NC; Heather Patrick, PhD, National Cancer Institute, Bethesda, MD; Michael Stirratt, PhD, National Institute of Mental Health, Bethesda, MD

This seminar will provide investigators who are new to the National Institutes of Health (NIH) grant application process with information and advice on writing a successful application for NIH funding. The format will include didactic presentations, question and answer sessions, a "mock" review, guidance on interpreting summary statements, and small group discussion. NIH scientists who oversee programs of research will describe current funding opportunities, grant mechanisms, policies, procedures, and steps in the grant submission process. An NIH review officer will discuss review procedures and considerations, and senior investigators will provide their perspectives on writing a successful application.

Ample time will be provided for questions regarding programmatic, review and grantsmanship aspects of the NIH funding process. In addition, experiential and small-group activities will deepen participants' knowledge of the grant writing process and provide more tailored information and feedback. A "mock" review session will be conducted to demonstrate the roles and interactions among various participants in a study section, including the NIH review officer, review group Chair and assigned reviewers. Participants will also be asked to submit in advance a 1-2 page synopsis of the research aims, hypotheses, and methods for an application they are considering submitting, and/or specific questions they may have regarding the grant writing and review process. These will be discussed in small groups led by NIH staff and senior investigators, allowing participants to receive detailed feedback and advice to enhance the quality of their future grant submissions.

Seminar 09: Problem-Solving Training for Depressed Medical Patients

Lead Presenter: Arthur Nezu, PhD, Drexel University, Philadelphia, PA **Co-Presenter:** Christine Nezu, PhD, ABPP, Drexel University, Philadelphia, PA

Depression is a major public health problem, particularly when comorbid with a chronic medical illness, such as heart disease, cancer, and diabetes. Its consequences can be severe—for example, major depression, comorbid with a medical illness, increases the odds of mortality within a 1-year period 2.6 times greater as compared to nondepressed medical patients. Problem-Solving Therapy (PST) is an evidenced-based intervention, based on research identifying social problem solving (SPS) to be an important moderator of the negative effects of stressful life events, such as the experience and treatment of a chronic illness. The overarching treatment goal of PST is to foster adoption and implementation of adaptive problem-solving attitudes and behaviors. More specifically, PST, by teaching user-friendly skills, is geared to increase optimism, improve emotional regulation, and foster successful resolution of stressful problems. Both qualitative and meta-analytic reviews of the PST outcome literature strongly support its efficacy for treating depression across multiple populations including medical patients. In addition, recent research has supported its efficacy for ethnic minority and low income populations. The two presenters are co-developers of contemporary PST which has been revised and updated in concert with recent research from affective neuroscience and cognitive psychology.

This seminar will provide participants with (a) an overview of the conceptual and empirical underpinnings of the problem-solving model of depression upon which PST is predicated, and (b) clinical guidelines to conduct PST for a variety of medical patient populations. In addition to lectures, we will demonstrate various PST intervention strategies, engage workshop participants in relevant role-plays, and provide consultations regarding how to apply PST to medical patients with concomitant depression. Last, participants will learn how to apply this approach in various venues, including outpatient mental health, primary care, and home-based primary care settings.

12:00 pm – 2:45 pm Early Afternoon Half-Day Seminar

Full/Associate/Emeritus Members: \$100; Student/Trainees or Transitional Members: \$50; Non-Members: \$150

Seminar 10: How To Create An Effective Professional Social Media Presence

Lead Presenter: Sherry Pagoto, PhD, University of Massachusetts Medical School, Worcester, MA

Co-Presenters: Gary Bennett, PhD, Duke University, Durham, NC; Katleen Wolin, PhD, Loyola University Chicago,

Chicago, IL; Kristin Schneider, PhD, Rosalind Franklin University, North Chicago, IL

In a time of shrinking research funds, academics more than ever need to make the public and key stakeholders aware of the impact of their work. Medical centers like the Mayo Clinic have led the way by developing Twitter feeds, Facebook pages, Youtube channels and blogs to increase the public's awareness of their science and medical care. Individual health care professionals and scientists are also leveraging social media to: promote their research, teaching, and practice; interact with the media, colleagues, potential collaborators, the patient population, and prospective students and staff; and to increase their impact and visibility as an expert in their fields. In this workshop, participants will get the exciting opportunity to launch an efficient and effective social media presence. Specifically, participants will learn how to develop a social media presence on Facebook, Twitter, Youtube, Linked In, and via blogging. Hands on guidance will be focused on Twitter and blogging. During the workshop, participants will open a Twitter account, learn to use its features, find relevant information, develop a base of followers, and produce content. Participants will also learn tips for creating a blog and writing blog posts, as well as where they can submit guest blog posts for maximal visibility. The workshop will help participants develop an individualized social media strategy, tailored to their needs and goals and with an emphasis on time management. Participants will also learn about how to maintain a high level of professionalism and deal with privacy issues. Participants should be equipped with a laptop (recommended) or smartphone for this hands-on workshop. No previous experience with social media is necessary to attend this workshop.

3:15 pm – 6:00 pm Late Afternoon Half-Day Seminar

Full/Associate/Emeritus Members: \$100; Student/Trainees or Transitional Members: \$50; Non-Members: \$150

Seminar 11: Bayesian Spatial Modeling of Neighborhood Effects

Lead Presenter: Andrew Lawson, PhD, Medical University of South Carolina, Charleston, NC

This seminar is designed to demonstrate the use and usefulness of Bayesian modeling as well as spatial contextual modeling in the analysis of behavioral and health-related outcomes in population level studies. The seminar outlines the following topics:

- 1) Bayesian methods: an introduction
- 2) small area geographic studies: an introduction
- 3) Individual level versus aggregated data
- 4) Contextual effects: family, group, neighborhood
- 5) Models for contextual effects and their use

6:10 pm - 7:30 pm Poster Session A* includes Citation and Meritorious Abstract Winners

Franklin, 4th floor

Admission by Name Badge

Plan on joining colleagues as SBM celebrates those abstracts that have received Citation and Meritorious Awards. This poster session will provide attendees with their first opportunity to meet exhibitors as well as network with other attendees. A cash bar and complimentary hors d'oeuvres will be provided.

DAY AT A GLANCE

Start	End	Title
7:00 am	7:00 pm	Registration Open
7:30 am	8:30 am	Breakfast Roundtables*
8:40 am	10:00 am	Symposia
10:00 am	10:20 am	Break
10:20 am	11:20 am	Opening Keynote Debate
11:20 am	11:40 am	Break
11:40 am	12:40 pm	Midday Meetings*/Panel Discussions/Expert Consultations*
12:40 pm	1:30 pm	Break
1:30 pm	2:15 pm	Master Lectures
2:25 pm	3:45 pm	Symposia
4:00 pm	5:30 pm	Paper Sessions
5:40 pm	6:40 pm	Presidential Keynote Address
6:40 pm	8:00 pm	Poster Session B*

^{*}Sessions not eligible for Continuing Education Credit

7:00 am - 7:00 pm	Registration Open
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7:30 am – 8:30 am **Breakfast Roundtables***

Admission by Name Badge

Child and Family Health SIG Meeting

Grand Ballroom C/D, 5th floor

Moderator: Bernard Fuemmeler, PhD, MPH, Duke University Medical Center, Durham, NC

In addition to covering SIG business, we will host a research presentation on childhood cancer and post-traumatic growth with guest speaker, Dr. Sean Phipps of St. Jude Children's Hospital.

Complementary and Integrative Medicine SIG Business Meeting

301, 3rd floor

Moderator: Laura Young, MD, University of North Carolina, Chapel Hill, NC

Education, Training, and Career Development Council presents: Preparing an Effective Elevator Speech

309, 3rd floor

Moderators: Jennifer Reese and Nicole Zarrett, PhD, University of South Carolina, Columbia, SC

An "elevator speech" consists of an extremely brief 30-60 second summary to communicate one's research or clinical interests and goals (i.e. who you are, what you do, what you are interested in doing in the future). Summarizing one's work into an effective elevator speech can be daunting challenge, especially for junior colleagues. This session will provide a brief overview of the features of an effective elevator speech followed by a guided exercise in which attendees will be given several minutes to write out a draft of their elevator speech. The remaining session time will be devoted to practicing the elevator speech, obtaining feedback from others, and revising the speech. Attendees will be asked to rotate through the room to practice their speech with at least 2 other attendees.

Evidence-Based Behavioral Medicine (EBBM) SIG Business Meeting

Franklin 7, 4th floor

Moderators: Karen Oliver, PhD, Providence VA Medical Center, Providence, RI and E. Amy Janke, PhD, University of the Sciences, Philadelphia, PA

Drs. Oliver and Janke will review EBBM SIG business and present the Outstanding Trainee Award. A guest speaker on an EBBM issue will also present.

Health Decision Making (HDM) SIG Breakfast Roundtable

410, 4th floor

Moderators: Jennifer L. Hay, PhD, Memorial Sloan Kettering Cancer Center, New York, NY and Erika A. Waters, PhD, MPH, Washington University School of Medicine, Saint Louis, MO

The HDM SIG will provide a preview of this year's sponsored events, discuss future goals, host the Annual HDM Awards Ceremony. This session will also serve as a meet and greet.

Military and Veterans' Health (MVH) SIG Business Meeting and Discussion

Franklin 5, 4th floor

Moderators: David E. Goodrich, EdD, MS, MA, VA Ann Arbor Healthcare Systems, Ann Arbor, MI; Denise M. Martin-Zona, PhD, United States Air Force, Lacklan AFB, TX; and Michael A. Glotfelter, PsyD, United State Air Force-Barksdale AFB, LA

This session will serve as a meeting of the MVH SIG to nominate leadership, discuss future goals of the SIG, and other SIG-related issues. Come ready to discuss ideas and how you would like your SIG move forward.

Multi-Morbidities SIG Business Meeting

411/412, 4th floor

Moderator: Jerry Suls, PhD, National Cancer Institute, Bethesda, MD

Multiple Health Behavior Change (MHBC) SIG Business Meeting & Discussion

Franklin 6, 4th floor

Moderators: Lisa M. Quintiliani, PhD, RD, Boston University, Boston, MA and Marcella H. Boynton, University of Connecticut Medical Center, Farmington, CT

An interactive meeting to present MHBC-related research conducted by early career researchers through a fast-paced data blitz session to present our abstract awards, and to highlight recent news/events related to MHBC research.

Physical Activity SIG Meeting

403/404, 4th floor

Moderators: Matthew Buman, PhD, Arizona State University, Phoenix, AZ and David Williams, PhD, Brown University, Providence, RI

Population Health Sciences (PHS) SIG Business Meeting

413, 4th floor

Moderator: Lila J. Rutten, PhD, Mayo Clinic, Rochester, MN

This session serves to discuss PHS SIG priorities and activities.

Public Policy Leadership Group (PPLG) presents:

How to Increase the Impact of Your Work and Why It Matters

414/415, 4th floor

Moderators: Sherry L. Pagoto, PhD, University of Massachusetts Medical School, Worcester, MA; Stephenie Lemon, PhD, University of Massachusetts Medical School, Worcester, MA; Kathleen Wolin, ScD, Loyola University Chicago, Chicago, IL; Jessica Whiteley, PhD, University of Massachusetts, Boston, MA; Brent Van Dorsten, PhD, Colorado Center for Behavioral Medicine, Denver, CO; and Dawn K. Wilson, PhD, University of South Carolina, Columbia, SC

The PPLG will discuss strategies to increase the impact of participants' work. These include strategies to increase your impact on policy, such as: 1) coordinated visits to representatives, 2) coordinated letter writing campaigns in collaboration with research partners, 3) collaborating with community organizations and constituents, 4) tracking proposed legislation that is relevant to their work and 5) developing policy briefs of relevant research findings. We will additionally review strategies for increasing awareness in the public and media, including: 1) writing editorials, 2) blogging and 3) engaging the media. Participants will learn how to develop succinct, relevant messages, engage in the described strategies, receive examples, and be given ways to dual purpose these activities to promote their academic career. Participants will also learn of opportunities to be involved via the SBM PPLG.

Spirituality and Health SIG Business Meeting

310, 3rd floor

Moderators: Amy Wachholtz, PhD (Chair), University of Massachusetts, Medical School, Worcester, MA and John Salsman, PhD (Co-Chair), Northwestern University, Chicago; IL

Student SIG presents:

Crafting a Program of Research and Juggling Multiple Research Interests

Grand Ballroom A/B, 5th floor

Moderator: Julie Cessna, MPH, University of South Florida, Tampa, FL

Geared toward graduate students pursuing a research-focused education and career, this panel will provide guidance and considerations for crafting a coherent program of research and managing numerous research interests in behavioral medicine.

Technology (formally known as Behavioral Informatics) SIG presents:

Technology Preview

Franklin 10, 4th floor

Moderator: Timothy Bickmore, PhD, Northeastern University, Boston, MA

The Technology SIG will host a preview of the day's technology-oriented talks, panels, and symposia, with speakers providing brief summaries of their presentations. The meeting will also provide an open form for discussion of the technology related activities at the SBM meeting.

Women's Health SIG Breakfast Roundtable

408/409, 4th floor

Moderators: Christina Psaros, PhD, Massachusetts General Hospital, Boston, MA; and Valessa St. Pierre, Ohio University, Athens. OH

This session will include a (1) Overview of SIG business; (2) Mock grant review; (3) Women's Health SIG meet and greet; (4) Presentation of student award.

8:40 am – 10:00 am Featured Symposium 01: Dissemination of Scalable, Evidenced-Based Treatments for Obesity

Grand Ballroom A/B, 5th floor

Admission by Name Badge

Presenters: Thomas A. Wadden, PhD, University of Pennsylvania, Philadelphia, PA; Gary G. Bennett, PhD, Duke University, Durham, NC; Gary D. Foster, PhD, Weight Watchers International

Discussant: Shiriki K. Kumanyika, PhD, MPH, University of Pennsylvania, Philadelphia, PA

While the behavioral treatment of obesity has well demonstrated effects on body weight and health indices, most of the research has been conducted in tertriary care academic medical center settings by highly trained clinicans. In order to effectively impact the high prevalence of obesity, greater attention is needed on treatments that are delivered outside of traditional settings. The first presentation by Dr. Thomas Wadden will examine the evidence to support the management of obesity in primary care practice, as suggested by CMS and other agencies, and the short- and long-term weight losses that have been achieved. Additional models for managing obesity in primary care will be considered. The second talk by Dr. Gary Bennett will review evidence detailing the dissemination of research-tested eHealth weight loss interventions into several important market segments (healthcare, consumer, and employers). It will also discuss several pertinent barriers and emerging facilitators to eHealth intervention translation. The third talk by Dr. Gary Foster will review scalable treatments for child and adult obesity with a focus on community settings and the use of non-specialized providers. The implication of these three talks will be discussed by Dr. Shiriki Kumanyika.

8:40 am – 10:00 am Symposium 01: Mental Health Matters: Screening, Participation and Outcomes of Weight Management Programs for Veterans with Mental Health Conditions

Franklin 8, 4th floor Admission by Name Badge

Chair: David E. Goodrich, EdD, Center for Clinical Management Research, VA Ann Arbor Healthcare System, Ann Arbor, MI Presenters: David E. Goodrich, EdD, Center for Clinical Management Research, VA Ann Arbor Healthcare System, Ann Arbor, MI; Alyson J. Littman, PhD, MPH, VA Puget Sound Health Care System, Seattle, WA; Laura Damschroder, MS, MPH, Diabetes QUERI, Ann Arbor VA Center for Clinical Management Research, Ann Arbor, MI; Richard Goldberg, PhD, VISN 5 Mental Illness Research Education and Clinical Center, Baltimore, MD

Discussant: Kenneth R. Jones, PhD, National Center for Health Promotion and Disease Prevention, Veterans Health Administration, Durham, NC

8:40 am - 10:00 am Symposium 02: Nursing Impact on Behavior Change across the Life Course

411/412, 4th floor Admission by Name Badge

Chair: Laura L. Hayman, PhD, MSN, College of Nursing & Health Sciences, UMass Boston, Boston, MA

Presenters: Laura L. Hayman, PhD, MSN, College of Nursing & Health Sciences, UMass Boston, Boston, MA; Lorriane O. Walker, RN, EdD, MPH, School of Nursing, University of Texas at Austin, Austin, TX; Mary E. Cooley, PhD, CRNP,FAAN, Phyllis F Cantor Center, Research in Nursing & Patient Care, Dana Farber Cancer Institute, Boston, MA; Barbara Resnick, PhD, CRNP, FAAN, School of Nursing, University of Maryland, Baltimore, MA

8:40 am – 10:00 am Symposium 03: How Ecological Momentary Methods are Advancing Theory, Assessment, and Intervention Development for Physical Activity

Grand Ballroom C/D, 5th floor

Admission by Name Badge

Chair: David Conroy, PhD, Kinesiology, The Pennsylvania State University, University Park, PA

Presenters: David Conroy, PhD, Kinesiology, The Pennsylvania State University, University Park, PA; Genevieve F. Dunton, PhD, MPH, Preventive Medicine, University of Southern California, Los Angeles, CA; Jaclyn P. Maher, MS, The Pennsylvania State University, University Park, PA; Kristin Heron, PhD, The Pennsylvania State University, University Park, PA

Discussant: Bonnie J. Spring, PhD, Kinesiology, The Pennsylvania State University, University Park, PA

8:40 am - 10:00 am Symposium 04: Multiphase Optimization Strategy (MOST) for Smoking Intervention

Franklin 5, 4th floor Admission by Name Badge

Chair: Michael C. Fiore, MD, MPH, MBA, Center for Tobacco Research and Intervention, University of Wisconsin, Madison, Madison, WI

Presenters: Michael C. Fiore, MD, MPH, MBA, Center for Tobacco Research and Intervention, University of Wisconsin, Madison, Madison, WI; Linda M. Collins, PhD, The Methodology Center, Pennsylvania State University, State College, PA; Robin J. Mermelstein, PhD, Institute for Health Research and Policy, University of Illinois, Chicago, Chicago, IL; Megan E. Piper, PhD, Center for Tobacco Research and Intervention, University of Wisconsin, Madison, Madison, WI

Discussant: William Riley, PhD, Science of Research and Technology Branch, National Cancer Institute, Bethesda, MD

8:40 am – 10:00 am Symposium 05: Pain and Suicide in the Veteran Population: The Interface of Science and Policy

Franklin 10, 4th floor Admission by Name Badge

Chair: Martin Cheatle, PhD, Psychiatry, University of Pennsylvania, Philadelphia, PA

Presenters: Martin Cheatle, PhD, Psychiatry, University of Pennsylvania, Philadelphia, PA; Amy S. Bohnert, PhD, University of Michigan & Ann Arbor VA, Ann Arbor, MI; Mark A. Ilgen, PhD, Dept. of Veterans Affairs, Ann Arbor, MI; Joseph L. Goulet, PhD, MS, VACHS, West Haven, CT

Discussant: Robert D. Kerns, PhD, VA Connecticut Healthcare System, West Haven, CT

8:40 am – 10:00 am Symposium o6: The Role of Personal, Environmental, and Provider Factors in Health and Health Care Disparities in Adults with Spinal Cord Injury

403/404, 4th floor

Admission by Name Badge

Chair: Larissa Myaskovsky, PhD, University of Pittsburgh, School of Medicine, Pittsburgh, PA

Presenters: Larissa Myaskovsky, PhD, University of Pittsburgh, School of Medicine, Pittsburgh, PA; Denise Fyffe, PhD, SCI/Outcomes & Assessment, Kessler Foundation Research Center, West Orange, NJ; Michelle A. Meade, PhD, Physical Medicine & Rehabilitation, University of Michigan, Ann Arbor, MI

Discussant: Michelle Meade, PhD, University of Michigan, Ann Arbor, MI

8:40 am – 10:00 am Symposium 07: Translating Health Decision Making Theories to Behavior Change Interventions: Challenges and Opportunities

414/415, 4th floor

Admission by Name Badge

Chair: Marc T. Kiviniemi, PhD, Community Health and Health Behavior, University at Buffalo, SUNY, Buffalo, NY Presenters: Marc T. Kiviniemi, PhD, Community Health and Health Behavior, University at Buffalo, SUNY, Buffalo, NY; Angela D. Bryan, PhD, Psychology and Neuroscience, University of Colorado Boulder, Boulder, CO; Erika Montanaro, MS, University of Colorado Boulder, Boulder, CO

8:40 am – 10:00 am Symposium 08: The Steak is More Than Sizzle: Behavior Change Models in eHealth Applications

Franklin 7, 4th floor Admission by Name Badge

Chair: Robin C. Anthony Kouyate, PhD, WellDoc Inc, Baltimore, MD

Presenters: Robin C. Anthony Kouyate, PhD, WellDoc Inc, Baltimore, MD; Calvin C. Wilhide, PhD, WellDoc, Baltimore, MD; Brian Oldenburg, PhD, Public Health, Monash University, Melbourne, VIC, Australia; Jeffery McLaughlin, BA, Radiant Creative Group, Houston, TX

Discussant: Edwin B. Fisher, PhD, Health Behavior and Health Education, School of Public Health, University of North Carolina, Chapel Hill, Chapel Hill, NC

8:40 am – 10:00 am Symposium 09: Challenges to Successful Psychosocial Adaptation to Hematologic Malignancies

408/409, 4th floor

Admission by Name Badge

Chair: Gertraud Stadler, PhD, Columbia University, New York, NY

Presenters: Gertraud Stadler, PhD, Columbia University, New York, NY; Tracey A. Revenson, PhD, Psychology, Hunter College & Graduate Center, City University of New York, New York, NY; Christine Rini, PhD, University of North Carolina, Chapel Hill, NC

8:40 am – 10:00 am Symposium 10: It Takes Two To Care: Innovative Dyadic Approach to Cancer Care

Franklin 6, 4th floor Admission by Name Badge

Chair: Youngmee Kim, PhD, University of Miami, Coral Gables, FL

Presenters: Youngmee Kim, PhD, University of Miami, Coral Gables, FL; Jennifer L. Steel, PhD, Surgery and Psychiatry, University of Pittsburgh School of Medicine, Pittsburgh, PA; Kelly M. Shaffer, MS, University of Miami, Coral Gables, FL

Discussant: Julia H. Rowland, PhD, National Cancer Institute, D.C, DC

8:40 am – 10:00 am Symposium 11: Religion, Spirituality and Health Outcomes in Cancer:

Three Meta-Analyses

Co-Sponsored by the Cancer SIG and the Spirituality and Health SIG

Franklin 9, 4th floor Admission by Name Badge

Chair: John M. Salsman, PhD, Northwestern University Feinberg School of Medicine, Chicago, IL

Presenters: John M. Salsman, PhD, Northwestern University Feinberg School of Medicine, Chicago, IL; Heather Jim, PhD,

Moffitt Cancer Center, Tampa, FL; Thomas V. Merluzzi, PhD, Psychology, University of Notre Dame, Notre Dame, IN

Discussant: Crystal L. Park, PhD, University of Connecticut, Storrs, CT

10:00 am - 10:20 am **Break**

10:20 am – 11:20 am Opening Keynote Debate: "Promoting Health Behavior Change: Behavioral Economics Meets Self-Determination."



Pedro J. Teixeira, PhD, Professor, Faculty of Human Kinetics, University of Lisbon, Lisbon, Portugal



Kevin G.M. Volpp, MD, PhD, Professor of Medicine and Health Care Management, University of Pennsylvania, Philadelphia, PA

Moderator: Ken Resnicow, PhD, University of Michigan, Ann Arbor, MI

Grand Ballroom E/F, 5th floor

Admission by Name Badge

This session will examine how Behavioral Economics and Self-Determination Theory (SDT)conceptualize behavior change interventions. In addition to addressing how these two models differ, the presenters will explore how the two approaches might be used together to enhance behavior change interventions, as well as potential research questions that may help such integration. Dr. Volpp will begin by discussing how behavioral economic approaches have been useful in helping people to change difficult to change behaviors such as smoking and behaviors leading to obesity. He will give a brief background on behavioral economics before discussing some of the empirical data and ethical questions that are periodically raised. Dr. Teixeira will discuss health behavior change from the perspective of SDT. He will discuss how SDT explains the behavior change process and the empirical support for its clinical utility. He will provide practical guidelines for targeting lifestyle change using SDT principles, with an emphasis on sustained effects on both physical and mental health outcomes. The two presenters will also compare and contrast the two approaches as well as explore their potential combined use as part of multicomponent interventions.

11:20 am - 11:40 am **Break**

11:40 am - 12:40 pm Expert Consultations

309, 3rd floor

11:40 am - 12:40 pm SBM: Stories: From Membership to Leadership*

Grand Ballroom A/B, 5th floor

Admission by Name Badge

Moderators: Monica Baskin, PhD, University of Alabama at Birmingham, Birmingham, AL; Sherri Sheinfeld Gorin, PhD, National Cancer Institute, Bethesda, MD; and Julie Wright, PhD, University of Massachusetts, Boston, MA

Presenters: Gary G. Bennett, PhD, Duke University, Durham, NC; Brian Gonzalez, PhD, Moffitt Cancer Center, Tampa, FL; Sherry L. Pagoto, PhD, University of Massachusetts Medical School, Worcester, MA

Are you thinking about getting more involved in SBM or learning more about our SIGs? Or, are you up for a good a story? Please join us to hear Gary Bennett, Brian Gonzales, and Sherry Pagoto share their perspective on how SBM has added to their professional experience. The session will also provide time to talk one-on-one with SIG representatives and SBM leaders, as well as interact with the speakers.

11:40 am - 12:40 pm Midday Meetings*

Admission by Name Badge

Diabetes SIG Business Meeting

308, 3rd floor

Moderator: Caroline Richardson, MD, Ann Arbor AV Medical Center and University of Michigan Department of Family Medicine, Ann Arbor, MI; Erin A. Olson, MS, University of Illinois at Urbana-Champaign, Urbana, IL; and Barbara A. Stetson, PhD, University of Louisville, Louisville, KY

If you are interested in behavioral aspects of diabetes care or diabetes prevention, please join the Diabetes SIG for our annual meeting as we preview diabetes related sessions at the meeting and plan activities for the year ahead.

Forum on Behavioral Clinical Trials – Selecting Control Groups and Publishing the Main Results 301, 3rd floor

Moderator: Peter G. Kaufmann, PhD, National Heart, Lung, and Blood Institute, Bethesda, MD; Catherine Stoney, PhD, National Heart, Lung, and Blood Institute, Bethesda, MD; Kenneth Freedland, PhD, Washington University School of Medicine, Saint Louis, MO; Lynda H. Powell, PhD, MEd, Rush University Medical Center, Chicago, IL

This years' forum on contemporary and emerging issues in randomized behavioral clinical trials will address selection of an appropriate control group for early phase behavioral interventions and timely publication of clinical trial results. Discussion will follow two brief presentations on these topics, with ample time for discussion from the floor.

Integrated Primary Care (IPC) SIG Working Business Meeting

413, 4th floor

Moderator: Mark E. Vogel, PhD, Genesys Regional Medical Center, Burton, MI

Please join us to discuss ways to become more actively involved in the IPC SIG. We will specifically focus on:

- 1) Review/update of IPC research and training projects across the county.
- 2) Collaborative efforts with other organizations promoting IPC efforts.
- 3) Opportunity to network with potential collaborators.

ISBM at SBM: Building International Collaborations in Behavioral Medicine 310, 3rd floor

Moderators: Joost Dekker, PhD, VU University Medical Center, Amsterdam, Netherlands and Frank J. Penedo, PhD, Northwestern University, Chicago, IL

The International Society of Behavioral Medicine (ISBM) is a vibrant scientific society consisting of national and regional societies from all over the world who are brought together by a common interest in the development and integration of sociocultural, psychosocial, behavioral and biomedical knowledge relevant to health and illness and the application of this knowledge to disease prevention, health promotion, etiology, diagnosis, treatment and rehabilitation. ISBM provides an optimal platform to build professional relationships with like-minded scholars to conduct cross-national research in behavioral medicine. As SBM is a member society, SBM members are in turn a part of the ISBM, can receive the ISBM Journal and register at a reduced rate for our Congress. This Congress, held every two years, brings together over 700 scientists and trainees in the field of Behavioral Medicine from diverse international and scientific backgrounds. Leaders from the ISBM will discuss and explore ways to interact and collaborate with behavioral medicine scientists across the world, provide some information on our next International Congress of Behavioral Medicine (ICBM) to be held August 20–

23, 2014, in Groningen, The Netherlands, and discuss other activities such as our Early Career Network and our scientific journal, and The International Journal of Behavioral Medicine. This midday session will provide an opportunity for SBM members to become more aware and involved in the activities of the ISBM and build international collaborations.

Physical Activity SIG presents:

"Compared to What?": Choosing the Right Control/Comparison Group in Physical Activity Intervention Research

410, 4th floor

Moderator: Matthew P. Buman, PhD, Arizona State University, Phoenix, AZ

Co-Presenters: Abby C. King, PhD, Stanford University Medical School, Stanford, CA; Bess H. Marcus, PhD, University of California, San Diego, San Diego, CA; Robert W. Motl, PhD, University of Illinois at Urbana-Champaign, Urbana, IL; William T. Riley, PhD, National Cancer Institute, Rockville, MD

This panel discussion will be an interactive discussion of issues to consider in the design, selection and execution of control/comparison groups for physical activity intervention research. Panelists, which include some of the pre-eminent experts in physical activity intervention design, will present scientific and practice considerations for the design and selection of control groups. Specific topics to be discussed include the role of control conditions for isolating both theoretical and applied questions of interest, common uses/misuse of control groups, and effectively communicating control group design issues in grant proposals and manuscripts.

Spirituality and Health SIG presents:

New and Distinguished Investigator Awards and Oral Presentations

302/303, 3rd floor

Moderators: Amy Wachholtz, PhD (chair), University of Massachusetts Medical School, Worcester, MA and John Salsman, PhD (co-chair), Northwestern University, Chicago, IL

Awards will be presented for New and Distinguished Investigator Awards in Spirituality and Health. Awardees will provide a review of their work and future directions.

11:40 am - 12:40 pm Panel Discussion 01: Leveraging Meaningful Use Regulations to Accelerate Patient and Health Behavior Change

403/404, 4th floor

Admission by Name Badge

Chair: Eun-Shim Nahm, PhD, University of Maryland School of Nursing, Baltimore, MD

Panelists: Thomas Novak, Office of the National Coordinator for Health IT, Washington, DC; Deborah Ariosto, PhD, RN, Vanderbilt University Medical Center, Nashville, TN; Bradford Hesse, PhD, National Cancer Institute, Bethesda, MD; Tenbroeck Smith, MA, American Cancer Society, Atlanta, GA and Julie Wright, PhD University of Massachusetts Boston, Boston, MA

11:40 am - 12:40 pm Panel Discussion 02: The Evolution of mHealth

Grand Ballroom C/D, 5th floor

Admission by Name Badge

Chair: Wendy Nilsen, PhD, Office of Behavioral and Social Sciences Research/NIH, Bethesda, MD;

Panelists: Christopher Bonafide, MD, Children's Hospital of Philadelphia, Philadelphia, PA; Eric Hekler, PhD, Arizona State University, Phoenix, AZ and Paulina Socklow, DrPH, MS, MBA, Drexel University, Philadelphia, PA

11:40 am - 12:40 pm Panel Discussion 03: How Can 'Big Data' in the Federal Government Influence the Impact and Reach of Behavioral Medicine?

Franklin 9, 4th floor

Admission by Name Badge

Chair: Allison Ottenbacher, PhD, National Cancer Institute, Rockville, MD

Panelists: Richard P. Moser, PhD, National Cancer Institute, Rockville, MD and Jennifer Parker, PhD, National Center for

Health Statistics, Hyattsville, MD

11:40 am – 12:40 pm Panel Discussion 04: Behavioral Medicine Careers in the VA Health Care System

408/409, 4th floor Admission by Name Badge

Chair: Karen Oliver, PhD, Providence VA Medical Center, Alpert Medical School of Brown University, Providence, RI

Panelists: Michael G. Goldstein, MD, National Center for Health Promotion and Disease Prevention, Veterans Health Administration, Durham, NC; Mark Ilgen, PhD, VA Center for Clinical Management Research, Ann Arbor, MI and VA Serious Mental Illness Treatment Resource and Evaluation Center, Ann Arbor, MI; Sara J. Knight, PhD, VA Health Services Research and Development, Washington, DC and David Goodrich, EdD, VA Center for Clinical Management Research, Ann Arbor, MI

11:40 am – 12:40 pm Panel Discussion 05: Funding Opportunities and Strategies for Diet, Physical Activity, and Obesity Prevention

Franklin 6, 4th floor Admission by Name Badge

Chair: Nicole Zarrett, PhD, Psychology, University of South Carolina, Columbia, SC

Panelists: Susan M. Czajkowski, PhD, Division of Cardiovascular Sciences, National Institutes of Health - Clinical Applications and Prevention Branch, Bethesda, MD; Heidi Michels Blanck, MS, PhD, Division of Nutrition, Physical Activity and Obesity, National Center for Chronic Disease Prevention & Health Promotion, CDC, Atlanta, GA and Amy Lazarus Yaroch, PhD, Gretchen Swanson Center for Nutrition, Omaha, NE

11:40 am – 12:40 pm **Panel Discussion 06: A Conceptual Model of Transdisciplinary Team Research: Planning, Managing, and Enhancing Collaborative Science**

Franklin 7, 4th floor Admission by Name Badge

Chair: Kara L. Hall, PhD, Division of Cancer Control and Population Sciences, National Cancer Institute, National Institutes of Health, Bethesda, MD

Panelists: Amanda L. Vogel, PhD MPH, Clinical Research Directorate/CMRP, SAIC-Frederick, Inc., Frederick National Laboratory for Cancer Research, Frederick, MD and Sarah Gehlert, PhD, George Warren Brown School of Social Work, Washington University in St. Louis, St. Louis, MO

Franklin 10, 4th floor Admission by Name Badge

Chair: Michelle Y. Martin, PhD, Med/Preventive Med. and Comprehensive Cancer Center, University of Alabama at Birmingham, Birmingham, AL

Panelists: Maria Pisu, PhD, Med/Preventive Med. and Comprehensive Cancer Center, University of Alabama at Birmingham, Birmingham, AL; Sharon Manne, PhD, Rutgers Cancer Institute of New Jersey, New Brunswick, NJ; Karen Basen-Engquist, PhD, The University of Texas MD Anderson Cancer Center, Houston, TX and Catherine Alfano, PhD, NCI Office of Cancer Survivorship, Bethesda, MD

11:40 am – 12:40 pm Panel Discussion 08: Defining Chronic Disease in Behavioral Medicine Research

411/412, 4th floor

Admission by Name Badge

Chair: Ryan Demmer, PhD, Columbia University, New York, NY

Panelists: Shakira Suglia, ScD, Rachel Shelton, PhD and Thelma Mielenz, PhD. Ryan Demmer, Columbia University, New York, NY

11:40 am – 12:40 pm Panel Discussion 09: The Inclusion Challenge: How Can General Weight Loss
Programs Accommodate the Needs of Women with Mobility Impairments

Franklin 5, 4th floor Admission by Name Badge

Chair: Margaret A. Nosek, PhD, Phys Med & Rehab, Baylor College of Medicine and Health & Human Performance,

University of Houston, Houston, TX

Panelist: Rebecca E. Lee, PhD, College of Nursing & Health Innovation, Arizona State University, Phoenix, AZ

11:40 am – 12:40 pm Panel Discussion 10: Key Issues Related to Design, Dissemination, and Evaluation of Text Messaging Programs for Behavior Change

Franklin 8, 4th floor Admission by Name Badge

Chair: Lorien Abroms, ScD, Dept. of Prevention & Community Health, GWU, Washington, DC

Panelists: Doug Evans, PhD and Melissa Napolitano, PhD, Dept. of Prevention & Community Health, GWU, Washington,

DC

11:40 am – 12:40 pm Panel Discussion 11: Resolving the Tower of Babel Problem in Behavioral Theories: Benefits of and Developments in Behavioral Ontologies to Support Interventions Programs for Behavior Change

414/415, 4th floor Admission by Name Badge

Chair: Eric B. Hekler, PhD, School of Nutrition and Health Promotion, Arizona State University, Phoenix, AZ

Panelists: Lawrence C. An, MD, University of Michigan, Ann Arbor, MI; Susan Michie, DPhil, University College London, London, United Kingdom; Kai R. Larsen, PhD, University of Colorado, Bolder, CO and Timothy W. Bickmore, PhD, Northeastern University, Boston, MA

11:40 am – 12:40 pm Panel Discussion 22: Working Together: An Interactive Discussion with Diverse, Successful, Basic and Applied Research Collaborators

307, 3rd floor

Admission by Name Badge

Chair: Sarah Kobrin, PhD, MPH, Behavioral Research Program, National Cancer Institute, Bethesda, MD

Panelist: Jerry Suls, PhD, Behavioral Research Program, National Cancer Institute, Bethesda, MD; Emily Falk, PhD, University of Pennsylvania, Philadelphia, PA; Louis A. Penner, PhD, Karmanos Cancer Institute, Ann Arbor, MI; Susan Eggly, PhD, Karmanos Cancer Institute, Detroit, MI; Michael A. Diefenbach, PhD, Mount Sinai School of Medicine, New York, NY and Matthew Galsky, MD, Mount Sinai School of Medicine, New York, NY

12:40 pm - 1:30 pm **Break**

1:30 pm – 2:15 pm

Master Lecture: "New Advances in Communication Neuroscience and Behavioral Medicine"



Emily Falk, PhD, Assistant Professor, University of Pennsylvania, Annenberg School for Communication, Philadelphia, PA

Moderator: William Klein, PhD, National Cancer Institute

Grand Ballroom A/B, 5th floor

Admission by Name Badge

In this presentation, Dr. Falk will present new work leveraging neuroscience methods to understand how ideas spread and how behaviors change. Moving from data on individuals to social networks to population responses to mass media campaigns, she will describe the frontiers where neuroscience and behavioral medicine intersect.

1:30 pm – 2:15 pm

Master Lecture: "Salud America! Translating Behavioral Research to Culturally Sensitive Community Change for Latinos"



Amelie G. Ramirez, MPH, DrPH, Professor, Department of Epidemiology and Biostatistics, University of Texas Health Science Center, San Antonio, TX

Moderator: C. Tracy Orleans, PhD, Robert Wood Johnson Foundation

Grand Ballroom C/D, 5th floor

Admission by Name Badge

Salud America! The RWJF Research Network to Prevent Obesity has built a network—an online community of 2,100+ researchers, academics, community leaders and other stakeholders dedicated to reversing Latino childhood obesity. In its first five years, the network generated new research and evidence to reverse the Latino childhood obesity epidemic, yielding 20 grantee researchers, a peer-reviewed journal article for the first-ever

Latino Childhood Obesity Research Priority Agenda, a peer-reviewed special supplement to inform the field, and six new research packages (research reviews, issue briefs, infographics, and animated videos) on Latino childhood obesity-specific issues. The network also developed the Policy Contribution Spectra model, which visually illustrates how researchers can work in and between different levels in the policy development process—thus defining and measuring policy contribution. Using the Spectra model and its strong base of evidence, Salud America! is pushing the envelope to explore how research can contribute to culturally appropriate healthy changes in Latino communities, and working in and with those communities to identify strategies and tips for success for those working in the field.

2:25 pm - 3:45 pm

Featured Symposium 02: Unifying Family, Community, and Clinical Systems around Population Health

Grand Ballroom A/B, 5th floor

Admission by Name Badge

Chair: Lisa Klesges

Presenters: Glen Mays, PhD, University of Kentucky, Louisville, KY; Eduardo Sanchez, MD, American Heart Association National Center Headquarters, Dallas, TX; and Benjamin Van Vorhees, MD, University of Illinois, Urbana, IL

Discussant: Jeffrey Levi, PhD, Trust for America's Health and George Washington University, Washington, DC

This Featured Symposium will focus on current challenges and opportunities for integrating primary care and public health, engaging community organizations, and changing clinical and community cultures to embrace shared health goals. The primary objectives of the Featured Symposium are to: 1) Provide examples of clinical and community integration efforts to promote population health sharing lessons learned; 2) Describe collaborative partnerships with community and health-care systems and/or families to improve the health of children; 3) Consider the key challenges and opportunities for unifying systems around a shared goal of population health improvement; and 4) Discuss the roles of leadership and training in mobilizing integration of clinical and community organizations to protect and promote health.

2:25 pm – 3:45 pm Symposium 12: New Directions in Expressive Writing Research

408/409, 4th floor Admission by Name Badge

Chair: Christine Rini, PhD, University of North Carolina, Chapel Hill, NC

Presenters: Christine Rini, PhD, University of North Carolina, Chapel Hill, NC; Tracey A. Revenson, PhD, Psychology, Hunter College and the Graduate Center of the City University of New York, New York, NY; H. B. Valdimarsdottir, PhD, Reykjavik University, Reykjavik, Iceland

Discussant: Annette L. Stanton, PhD, University of California, Los Angeles, CA

2:25 pm – 3:45 pm Symposium 13: Systematic Fidelity Assessment to Develop More Effective Behavioral Interventions for Routine Care Settings

Franklin 7, 4th floor Admission by Name Badge

Chair: David E. Goodrich, EdD, Center for Clinical Management Research, VA Ann Arbor Healthcare System, Ann Arbor, MI

Presenters: David E. Goodrich, EdD, Center for Clinical Management Research, VA Ann Arbor Healthcare System, Ann Arbor, MI; Belinda Borrelli, PhD, Center for Behavioral & Preventive Medicine, Warren Alpert School of Medicine, Brown University, Providence, RI; Susan Michie, PhD, Department of Clinical, Educational and Health Psychology, University College London, London, United Kingdom

Discussant: Laura J. Damschroder, MS, MPH, Center for Clinical Management Research, VA Ann Arbor Healthcare System, Ann Arbor, MI

2:25 pm – 3:45 pm **Symposium 14: A Life Course Perspective on Stigma and Discrimination: Patterns of**Change and Consequences for Mental and Physical Health

411/412, 4th floor Admission by Name Badge

Chair: Lisa Rosenthal, PhD, Pace University, New York, NY

Presenters: Lisa Rosenthal, PhD, Pace University, New York, NY; John Pachankis, PhD, Yale School of Public Health, Yale

University, New Haven, CT; Valerie Earnshaw, PhD, Yale University, New Haven, CT

Discussant: Elizabeth Brondolo, PhD, St. John's University, Queens, NY

2:25 pm – 3:45 pm Symposium 15: Promoting Women's Behavioral Wellness during Pregnancy and Postpartum across Medical Settings

403/404, 4th floor Admission by Name Badge

Chair: Pamela A. Geller, PhD, Department of Psychology, Drexel University, Philadelphia, PA

Presenters: Pamela A. Geller, PhD, Department of Psychology, Drexel University, Philadelphia, PA; Sara Kornfield, PhD, Penn Center for Women's Behavioral Wellness, University of Pennsylvania, Philadelphia, PA; Bobbie Posmontier, PhD, CNM, PMHNP-BC, Nursing, Drexel University, Phila, PA; Alexa Bonacquisti, MS, Department of Psychology, Drexel University, Philadelphia, PA; Andrea Perelman, MA, Institute for Graduate Clinical Psychology, Widener University, Chester, PA

Discussant: Pamela A. Geller, PhD, Department of Psychology, Drexel University, Philadelphia, PA

2:25 pm – 3:45 pm Symposium 16: Pain and Addiction: Biology is Important but Behavior Matters

414/415, 4th floor

Admission by Name Badge

Chair: Martin Cheatle, PhD, Psychiatry, University of Pennsylvania, Philadelphia, PA

Presenters: Martin Cheatle, PhD, Psychiatry, University of Pennsylvania, Philadelphia, PA; Lara Dhingra, PhD, Pain Medicine and Palliative Care, Beth Israel Medical Center, New York, NY; Amy Wachholtz, PhD, MDiv, Dept of Psychiatry, UMass Medical School, Worcester, MA

Discussant: Martin Cheatle, PhD, Psychiatry, University of Pennsylvania, Philadelphia, PA

2:25 pm – 3:45 pm **Symposium 17: Interprofessional Team-Based Primary Care Behavioral Medicine in Underserved Communities**

Franklin 6, 4th floor Admission by Name Badge

Chair: Justin Nash, PhD, Family Medicine, Brown University, Alpert Medical School, Providence, RI

Presenters: Justin Nash, PhD, Family Medicine, Brown University, Alpert Medical School, Providence, RI; Juana Ballesteros, BSN, RN, MPH, Alivio Medical Center, Chicago, IL; Manuela McDonough, MPH, Institute for Hispanic Health, National Council of La Raza, Washington, DC

Discussant: Maggie J. Morgan, JD, Center for Health Law & Policy Innovation, Harvard Law School, Cambridge, MA

2:25 pm – 3:45 pm **Symposium 18: Social, Affective, and Cognitive Neuroscience in Health Decision Making**

Franklin 10, 4th floor Admission by Name Badge

Chair: Erika A. Waters, PhD, MPH, Washington University School of Medicine, St Louis, MO

Presenters: Erika A. Waters, PhD, MPH, Washington University School of Medicine, St Louis, MO; Charles Geier, PhD, Department of Human Development and Family Studies, Pennsylvania State University, University Park, PA; Valerie Reyna, PhD, Human Neuroscience Institute, Cornell University, Ithaca, NY; Joseph W. Kable, PhD, University of Pennsylvania, Philadelphia, PA

Discussant: Jennifer L. Hay, PhD, Memorial Sloan Kettering Cancer Center, New York, NY

2:25 pm – 3:45 pm Symposium 19: Weight Loss in the Age of Social Media: Twitter, Facebook, and Blogging

Grand Ballroom C/D, 5th floor

Admission by Name Badge

Chair: Sherry Pagoto, PhD, Medicine, University of Massachusetts Medical School, Worcester, MA

Presenters: Sherry Pagoto, PhD, Medicine, University of Massachusetts Medical School, Worcester, MA; Brie Turner-McGrievy, PhD, MS, RD, Health Promotion, Education, and Behavior, University of South Carolina, Columbia, SC; Martinus M. Evans, Master's Candidate, University of Connecticut, Storrs, CT; Cameron Sepah, PhD, Omada Health, San Francisco, CA

Discussant: Wendy Nilson, PhD, NIH Office of Behavioral and Social Sciences Research, Bethesda, MD

2:25 pm – 3:45 pm Symposium 20: Physical Activity Through the Lens of a Smartphone

Franklin 8, 4th floor Admission by Name Badge

Chair: Svetlana Bershadsky, MA, Psychology & Social Behavior, University of California, Irvine, Irvine, CA

Presenters: Svetlana Bershadsky, MA, Psychology & Social Behavior, University of California, Irvine, Irvine, CA; Abby C. King, PhD, Stanford Prevention Research Center, Stanford University School of Medicine, Stanford, CA; Genevieve F.

Dunton, PhD, MPH, Preventive Medicine, University of Southern California, Los Angeles, CA; Gregory J. Norman, PhD, Family & Preventive Medicine, University of California, San Diego, La Jolla, CA

Discussant: Kevin Patrick, MD, MS, Department of Family and Preventive Medicine, University of California, San Diego, La Jolla, CA

2:25 pm - 3:45 pm Symposium 21: Novel Approaches to Addressing Sexual Concerns for Cancer Survivors

Franklin 5, 4th floor Admission by Name Badge

Chair: Jennifer B. Reese, PhD, Johns Hopkins University School of Medicine, Baltimore, MD

Presenters: Jennifer B. Reese, PhD, Johns Hopkins University School of Medicine, Baltimore, MD; Kristen M. Carpenter, PhD, The Ohio State University, Columbus, OH; Christian J. Nelson, PhD, Psychiatry and Behavioral Sciences, Memorial Sloan-Kettering Cancer Center, New York, NY; Sharon L. Bober, PhD, Palliative Care and Psychosocial Oncology, Dana-Farber Cancer Institute/Harvard Medical School, Boston, MA

Discussant: Julia H. Rowland, PhD, National Cancer Institute, Bethesda, MD

2:25 pm – 3:45 pm Symposium 22: Lung Cancer Screening: A New Frontier for Behavioral Medicine Research, Practice, and Policy

Franklin 9, 4th floor Admission by Name Badge

Chair: Margaret Byrne, PhD, University of Miami, Miami, FL

Presenters: Margaret Byrne, PhD, University of Miami, Miami, FL; Elyse R. Park, PhD, MPH, Tobacco Research & Treatment Center, Massachusetts General Hospital, Boston, MA; Jamie L. Studts, PhD, Department of Behavioral Science, University of Kentucky College of Medicine, Lexington, KY; Heidi A. Hamann, PhD, Department of Psychiatry, UT Southwestern Medical Center, Dallas, TX; Pamela Marcus, PhD, Division of Cancer Control and Population Sciences, National Cancer Institute, Bethesda, MD

Discussant: Paul Han, MD, Maine Medical Center, Scarborough, ME

4:00 pm - 5:30 pm Paper Session 01: Faster & Stronger: Physical Activity after Cancer

Grand Ballroom C/D, 5th floor

Admission by Name Badge

Chairs: Nicole Culos-Reed, PhD, University of Calgary, Calgary, AB, Canada; and Laura Q. Rogers, MD, MPH, University of Alabama at Birmingham, Birmingham, AL

4:00 pm - 4:18 pm	Correspondence of Exercise and Diet among Prostate Cancer Survivors and Partners Shannon Myers Virtue, PsyD,¹ Sharon Manne, PhD,¹ Debby Kashy, PhD,² Talia Zaider, PhD,³ David Kissane, MD³ and Carolyn Heckman, PhD⁴. ¹Rutgers Cancer Institute of New Jersey, New Brunswick, NJ; ²Michigan State University, Lansing, MI; ³Memorial Sloan Kettering Cancer Center, New York, NY and ⁴Fox Chase Cancer Center, Philadelphia, PA.
4:18 pm - 4:36 pm	Exercise-Induced Anti-Inflammatory Effect and Improved Muscular Function and
	Fatigue among Older Prostate Cancer Patients
	Karen Mustian, PhD, MPH, Michelle Janelsins, PhD, Luke Peppone, PhD, Supriya Mohile, MD, Charles Kamen, PhD and Anita Peoples, PhD. University of Rochester Cancer Center, Rochester, NY.
4:36 pm - 4:54 pm	Examining Mediating Relationships in a Study of Physical Activity among Endometrial
	Cancer Survivors
	Matthew Cox, PhD,¹ Cindy Carmack, PhD,¹ Daniel Hughes, PhD,² George Baum, MS,¹ Jubilee Brown, MD,¹ Anuja Jhingran, MD,¹ Karen Lu, MD¹ and Karen Basen-Engquist, PhD¹. ¹University of Texas M.D. Anderson Cancer Center, Houston, TX and ²Institute for Health Promotion Research, San Antonio, TX.
4:54 pm - 5:12 pm	Nutrition and Physical Activity Behaviors among Breast and Colorectal Cancer
	Survivors Recruited through the Los Angeles County Cancer Surveillance Program Beth A. Glenn, PhD, ¹ Ann S. Hamilton, PhD, MA, ² Tiffany Lin, BS, ¹ L. C. Chang, MS, ¹ Dennis M. Deapen, DrPH ² and Roshan

Bastani, PhD1. UCLA Fielding School of Public Health, Los Angeles, CA and USC Keck School of Medicine, Los Angeles, CA.

Lessons Learned from a Community-Based Partnership to Promote Physical Activity 5:12 pm - 5:30 pm among Cancer Survivors Bernardine M. Pinto, PhD,^{1,2} Marissa Waldemore, BA¹ and Rochelle Rosen, PhD¹³. ¹Miriam Hospital, Providence, RI; ²Alpert Medical School of Brown University, Providence, RI and 3School of Public Health, Brown University, Providence, RI. Paper Session 02: Pain Mechanisms and Comorbidities 4:00 pm - 5:30 pm Franklin 7, 4th floor Admission by Name Badge Chairs: Lara K. Dhingra, PhD, Beth Israel Medical Center, New York, NY; and Francis J. Keefe, PhD, Duke University Medical Center, Durham, NC Posttraumatic Stress Disorder Symptoms and Migraine Headache: Examining Genetic 4:00 pm - 4:18 pm **Confounding in Male and Female Twins** Sheeva Mostoufi, MS,1-2 Kathryn M. Godfrey, MS1-2 and Niloofar Afari, PhD2, 1SDSU/UCSD Joint Doctoral Program in Clinical Psychology, San Diego, CA and 2VA Center of Excellence for Stress and Mental Health and Department of Psychiatry, University of California, San Diego, San Diego, CA. 4:18 pm - 4:36 pm Dexamethasone-Suppressed Salivary Cortisol and Cold Pain Sensitivity in Female **Twins** Kathryn M. Godfrey, MS,16 Eric Strachan, PhD,2 Sheeva Mostoufi, MS,16 Leslie J. Crofford, MD,2 Dedra Buchwald, MD,4 Brian Poeschla, MD,² Annemarie Succop, BA⁴ and Niloofar Afari, PhD^{6,5}. ¹Joint Doctoral Program in Clinical Psychology, San Diego State University/University of California, San Diego, La Jolla, CA; ²Department of Psychiatry and Behavioral Sciences, University of Washington, Seattle, WA: 3Department of Medicine, University of Kentucky, Lexington, KY: 4Departments of Epidemiology and Medicine, University of Washington, Seattle, WA; 5Department of Psychiatry, University of California, San Diego, CA and VA Center of Excellence for Stress and Mental Health, VA San Diego Healthcare System, San Diego, CA. Behavioral Anger Regulation among Patients with Chronic Low Back Pain (CLBP) and 4:36 pm - 4:54 pm Spouse Criticism and Support: A Within-Couple Daily Diary Study John Burns, PhD, James Gerhart, PhD, David Smith, PhD, Kristina Peterson, PhD, Laura Porter, PhD, Erik Schuster, MA and Francis Keefe, PhD3. 'Rush University Medical Center, Chicago, IL; 'University of Notre Dame, South Bend, IN and 'Duke University, Durham, NC. 4:54 pm - 5:12 pm Effects of Chronic Pain and Smoking Deprivation on Nicotine Withdrawal and Acute

Pain IntensityJoseph W. Ditre, PhD,¹ Bryan W. Heckman, PhD,² Emily L. Zale, MS,¹ Jesse D. Kosiba, BA¹ and Thomas H. Brandon, PhD².

Joseph W. Ditre, PhD, Bryan W. Heckman, PhD, Emily L. Zale, MS, Jesse D. Rosiba, BA and Thomas H. Brandon, PhD. Department of Psychology, Syracuse University, Syracuse, NY and Department of Psychology, University of South Florida, Tampa, FL.

5:12 pm - 5:30 pm

Impact of Sustained Attention on Pain Intensity and Pain Interference in Youth with Neurofibromatosis Type 1 (NF1) and Plexiform Neurofibromas (PNS)

Amy J. Starosta, MA,^{1,2} Staci Martin, PhD,² Pam Wolters, PhD² and Brigitte Widemann, MD². 'University at Albany, Albany, NY and ²National Cancer Institute, Bethesda, MD.

4:00 pm - 5:30 pm

Paper Session 03: Acculturation Influences Screening in Varied Cancer Populations

Franklin 9, 4th floor

Admission by Name Badge

Chairs: Deborah J. Bowen, PhD, University of Washington, Seattle, WA; and Shawn V. Hudson, PhD, Rutgers Robert Wood Johnson Medial School, Somerset, NJ

4:00 pm - 4:18 pm

Acculturative Stress and Inflammation among Chinese Immigrant Women: Pathways to Health Disparities?

Carolyn Y. Fang, PhD,¹ Harsh B. Pathak, PhD,² Andrew K. Godwin, PhD²³ and Marilyn Tseng, PhD⁴.¹ Cancer Prevention and Control Program, Fox Chase Cancer Center, Philadelphia, PA; ²Dept of Pathology and Laboratory Medicine, Univ. of Kansas Medical Center, Kansas City, KS; ³Univ. of Kansas Cancer Center, Kansas City, KS and ⁴Kinesiology Dept., California Polytechnic State Univ., San Luis Obispo, CA.

4:18 pm - 4:36 pm	Pathways between Acculturation and Health Behaviors among Low-Income Housing Residents: The Mediating Role of Social/Contextual Factors Caitlin E. Caspi, ScD,¹ Jennifer D. Allen, RN, MPH, ScD,²³ May Yang, MPH,⁴ Sara Tamers, PhD, MPH,²³ Anne Stoddard, ScD,⁴ Bryan Leyva, BA,⁵ Reginald Tucker-Seeley, ScD²³ and Glorian Sorensen, PhD, MPH²³. ¹University of Minnesota, Minneapolis, MN; ²Dana-Farber Cancer Institute, Boston, MA; ³Harvard School of Public Health, Boston, MA; ⁴New England Research Institute, Watertown, MA and ⁵National Cancer Institute, Bethesda, MD.
4:36 pm - 4:54 pm	Social, Cultural, and Health Care Determinants of Breast Cancer Screening among Dominican Latinas Ana F. Abraido-Lanza, PhD,¹ Karen R. Florez, DrPH,² Mariana C. Martins, BA¹ and Rachel C. Shelton, ScD¹. ¹Sociomedical Sciences, Columbia University, New York, NY and ²RAND, Santa Monica, CA.
4:54 pm - 5:12 pm	Health-Related Quality of Life Differences between Latina and Non-Latina Breast Cancer Survivors Kristi Graves, PhD,¹ Roxanne E. Jensen, PhD,¹ Judy Wang, PhD,¹ Vanessa Sheppard, PhD,¹ Theresa Keegan, PhD,² Carol Moinpour, PhD³ and Arnold Potosky, PhD¹. ¹Lombardi Comprehensive Cancer Center, Georgetown University, Washington, DC; ²Cancer Prevention Institute of California, Fremont, CA and ³Fred Hutchinson Cancer Research Center, Seattle, WA.
5:12 pm - 5:30 pm	Understanding Barriers and Influences of Cancer Screening among Orthodox Jewish Women Rifky Tkatch, PhD,¹ Lisa Berry-Bobovski, MA,¹ Anne Katz, PhD,¹ Jennifer Vichich, BA,¹ Hudson Janella, MA,¹ Shira Yechieli, MSW,² Susan Eggly, PhD,¹ Louis A. Penner, PhD,¹ Michael S. Simon, MD,¹ Karoline Puder, MD¹ and Terrance L. Albrecht, PhD¹. ¹Karmanos Cancer Institute/Wayne State University, Detroit, MI and ²Jewish Family Service, West Bloomfield, MI.
4:00 pm - 5:30 pm	Paper Session 04: Sunny Side Up: Tanning Behaviors and Interventions
4:00 pm - 4:18 pm	Acceptability and Feasibility of a Mobile-Phone Intervention to Promote Sun Safe Behaviors amongst Holidaymakers: Findings from the Internal Pilot of the Miskin Randomized Trial Angela M. Rodrigues, MSc in Health Psychology; MSc in Public Health, Falko F. Sniehotta, PhD, Mark A. Birch-Machin, PhD and Vera L. Araujo-Soares, PhD. Faculty of Medical Sciences, Newcastle University, Newcastle upon Tyne, United Kingdom.
4:18 pm - 4:36 pm	A Randomized Controlled Trial of a Mother-Daughter Intervention to Reduce Teen Skin Cancer Risk Katie Baker, DrPH, MPH,¹ Joel Hillhouse, PhD,¹ Rob Turrisi, PhD,² Nichole Palchick, MS,² Carter Florence, MPH¹ and Megan Housenick, MPH¹. ¹Community & Behavioral Health, East Tennessee State University, Johnson City, TN and ²Prevention Research Center, The Pennslyvania State University, University Park, PA.
4:36 pm - 4:54 pm	Transtheoretical Principles and Processes for Sun Protection: A 24-Month Comparison of Successful Changers, Relapsers, and Non-Changers Miryam Yusufov, BS, James Prochaska, PhD, Jessica Lipschitz, MA, Simay Gokbayrak, MA, Andrea Paiva, PhD, Joseph Rossi PhD, Colleen Redding, PhD and Wayne Velicer, PhD. Psychology, University of Rhode Island, Kingston, RI.
4:54 pm - 5:12 pm	Indoor Tanning Addiction Tendencies: Role of Positive Tanning Beliefs, Perceived Vulnerability, and Tanning Risk Knowledge Smita C. Banerjee, PhD,¹ Jennifer L. Hay, PhD¹ and Kathryn Greene, PhD². ¹Memorial Sloan-Kettering Cancer Center, New York, NY and ²Rutgers University, New Brunswick, NJ.
5:12 pm - 5:30 pm	Validation of the Protection-Adjusted Length of Exposure (PALE) Index - A New Self-Report Measure of UVR Exposure Tammy Stump, MS,¹ Lisa G. Aspinwall, PhD,¹ Jennifer M. Taber, MS,¹ Roger Edwards, BS¹ and Sancy Leachman, MD, PhD². ¹Univ of Utah, Salt Lake City, UT and ²Oregon Health & Science Univ, Portland, OR.

4:00 pm - 5:30 pm	Paper Session 05: HIV Medication Adherence
408/409, 4th floor Admission by Name Badge	
	addus, PhD, Center for AIDS Intervention Research, Milwaukee, WI; and Kathy J. Goggin, PhD, pitals and Clinics, Kansas City, MO
4:00 pm - 4:18 pm	Living Situation is Associated with Antiretroviral Dose Timing among Persons with HIV and Bipolar Disorder Jessica L. Montoya, BA,¹ Kaitlin Blackstone, MS,¹ Ben Gouaux, BS,² Amelia Poquette, BS,² Alexandra Rooney, BA,² Colin A. Depp, PhD,² Igor Grant, MD,² J. H. Atkinson, MD³² and David J. Moore, PhD². ¹SDSU/UCSD Joint Doctoral Program in Clinical Psychology, San Diego, CA; ²Psychiatry, University of California, San Diego, San Diego, CA and ³VA, San Diego Healthcare System, San Diego, CA.
4:18 pm - 4:36 pm	Social Network Characteristics are Associated with Antiretroviral Treatment Use and Care Retention among African Americans with HIV Laura Bogart, PhD,¹ Glenn J. Wagner, PhD,² Harold D. Green, PhD,² Matt G. Mutchler, PhD,³⁴ Bryce W. McDavitt, MS,³⁴ Marc PunKay, BS² and David J. Klein, MS¹. ¹Boston Children's Hospital/Harvard Medical School, Boston, MA; ²RAND Corporation, Santa Monica, CA; ³AIDS Project Los Angeles, Los Angeles, CA and ⁴California State University at Dominguez Hills, Carson, CA.
4:36 pm - 4:54 pm	COPA: Enhancing Adherence, Engagement and Retention in HIV Care in Argentina Deborah Jones, PhD,¹ Lina Bofill de Murillo, MD,¹ Ines Aristegui, PhD,² Ines Mattioli, PhD,³ Omar Sued, MD,² Diego Cecchini, MD,³ Isabel Cassetti, MD,³ Pedro Cahn, MD,² Stephen Weiss, PhD, MPH,¹ Drenna Waldrop-Valverde, PhD⁴ and Maria Lopez, PhD¹. ¹University of Miami, Miami, FL; ²Fundacion Huesped, Buenos Aires, Argentina; ³Helios Salud, Buenos Aires, Argentina and ⁴Emory University, Atlanta, GA.
4:54 pm - 5:12 pm	Psychosocial Burdens Negatively Impact HIV Antiretroviral Adherence in Gay, Bisexual, and other MSM Ages 50 and Older Perry N. Halkitis, PhD, MPH ^{1,2} and Rafael Perez Figueroa, MD, MPH ² . ¹ Global Institute of Public Health, New York University, New York, NY and ² Center for Health, Identity, Behavior & Prevention Studies, New York University, New York, NY.
5:12 pm - 5:30 pm	Caregiver Characteristics Predictive of Viral Load among Current or Former Injection Drug Users Living with HIV/AIDS Mary M. Mitchell, PhD, Allysha C. Robinson, MPH and Amy R. Knowlton, ScD. Health, Behavior, and Society, Johns Hopkins University, Baltimore, MD.
4:00 pm - 5:30 pm	Paper Session 06: Novel Tobacco Products: From e-Cigarettes to Hookahs
Franklin 6, 4th floor Admission by Name Badge	
· · · · · · · · · · · · · · · · · · ·	, PhD, The Miriam Hospital, Providence, RI; and Scott J. Leischow, PhD, Mayo Clinic, Scottsdale, AZ
4:00 pm - 4:18 pm	Diffusion of a Controversial Innovation: Correlates of E-Cigarette Awareness among U.S. Adults Jessica K. Pepper, MPH, ^{1,2} Sherry L. Emery, MBA, PhD, ³ Kurt M. Ribisl, PhD ^{1,2} and Noel T. Brewer, PhD ^{1,2} . ¹ UNC Gillings School of Global Public Health, Chapel Hill, NC; ² UNC Lineberger Comprehensive Cancer Center, Chapel Hill, NC and ³ University of Illinois at Chicago, Chicago, IL.
4:18 pm - 4:36 pm	Ready or Not? Preventive Counseling for Adolescents about Electronic Cigarettes Jessica K. Pepper, MPH, ^{1,2} Annie-Laurie McRee, DrPH ³ and Melissa B. Gilkey, PhD ^{1,2} , ¹ UNC Gillings School of Global Public Health, Chapel Hill, NC; ² UNC Lineberger Comprehensive Cancer Center, Chapel Hill, NC and ³ The Ohio State University, Columbus, OH.
4:36 pm - 4:54 pm	Youth Descriptions of Electronic Cigarettes: A Qualitative Study Amanda Palmer, BA, Grace Kong, PhD, Deepa Camenga, MD, Dana Cavallo, PhD, Meghan Morean, PhD and Suchitra Krishnan-Sarin, PhD. Department of Psychiatry, Yale School of Medicine, New Haven, CT.

4:54 pm - 5:12 pm	Hookah Tobacco Smoking during the Transition to College: Prevalence of Other Substance Use and Predictors of Initiation Robyn L. Fielder, PhD¹ and John T. Hustad, PhD². ¹Center for Integrated Healthcare, Syracuse VA Medical Center, Syracuse, NY and ²Dept. of Medicine and Public Health Sciences, Penn State College of Medicine, Hershey, PA.
5:12 pm - 5:30 pm	Modeling Transitions in Young Adult Tobacco Use Behavior in a Rapidly Changing Tobacco Landscape Andrea C. Villanti, PhD, MPH,¹ Jessica M. Rath, PhD, MPH,² Amanda Richardson, PhD, MS¹ and Raymond S. Niaura, PhD¹. ¹Schroeder Institute for Tobacco Research and Policy Studies, Legacy, Washington, DC and ²Research and Evaluation, Legacy Washington, DC.
4:00 pm - 5:30 pm	Paper Session 07: Social and Contextual Factors in Smoking
414/415, 4th floor Admission by Name Bad	ge
Chairs: Karen J. Ca Kentucky, Lexington	ılfas, PhD, University of California, San Diego, San Diego, CA; and Jamie L. Studts, PhD, University of n, KY
4:00 pm - 4:18 pm	Using Egocentric Social Network Measures to Predict Smoking among Young Adult Bar Goers Ashley Sanders-Jackson, PhD,¹ Sarah Olson, BA² and Pamela Ling, MPH, MD².¹School of Medicine, Stanford University, Palo Alto, CA and ²Division of General Internal Medicine and Center for Tobacco Control Research and Education, University of California San Francisca, San Francisco, CA.
4:18 pm - 4:36 pm	The Influence of Smoker Prototype Perceptions on Having a Smoker Identity Alexander Sokolovsky, MA¹ and Andrew Hertel, PhD². ¹Psychology, Univ of Illinois at Chicago, Chicago, IL and ²Psychology, Knox College, Galesburg, IL.
4:36 pm - 4:54 pm	The Effects of Neighborhood Contexts on Perceived Smoking Norms among Young Korean Americans Chongiin Kim, Bachelor's Candidate, Todd Choi, Bachelor's Candidate, Malia Jones, PhD, MPH and Jimi Huh, PhD. Department of Preventative Medicine, University of Southern California, Los Angeles, CA.
4:54 pm - 5:12 pm	Being with Friends and Momentary Negative Affect Predict Smoking among Young Korean American Smokers Jimi Huh, PhD, Donna Spruijt-Metz, PhD and Genevieve Dunton, PhD. University of Southern California, Los Angeles, CA.
5:12 pm - 5:30 pm	Extending Smokefree Bar Laws to Outdoors: Attitudes among Young Adult Bar Patrons in San Francisco Nan Jiang, PhD and Pamela M. Ling, MD, MPH. Center for Tobacco Control Research and Education, University of California San Francisco, San Francisco, CA.
4:00 pm - 5:30 pm	Paper Session 08: Innovative Diabetes Prevention Approaches
411/412, 4th floor Admission by Name Bad	ge
•	onzalez, PhD, Yeshiva University and Albert Einstein College of Medicine, Bronx, NY; and Robin ale School of Nursing, West Haven, CT
4:00 pm - 4:18 pm	Getting People In Sync: Using Videos to Facilitate Pre-Diabetes Management in African American Churches in Philadelphia Nicole A. Vaughn, PhD,¹ Crystal Wyatt, CRC,¹ Marcia Polansky, ScD, MSW,¹ Kimberly Arnold, BS,¹ Laura Hunter, MPH,¹ Beatriz Reyes, MPH,¹ Juhi Mawla, CRC² and Longjian Liu, MD, PhD¹. ¹Drexel University, Philadelphia, PA and ²Rutgers University, New Brunswick, NJ.
4:18 pm - 4:36 pm	Predictors of Attendance to a Community-Based Diabetes Prevention Program: Healthy Living Partnerships to Prevent Diabetes (HELP PD) Jeffrey A. Katula, PhD, 12 Mara Vitolins, DrPH, 2 Scott Isom, MS, 3 Caroline Blackwell, BS, 2 Erika Griffith, BS, 1 Michael Lawlor, PhD4 and David Goff, MD, PhD5, 1 Health & Exercise Science, Wake Forest University, Winston-Salem, NC: 2 Epidemiology and

PhD⁴ and David Goff, MD, PhD⁵. ¹Health & Exercise Science, Wake Forest University, Winston-Salem, NC; ²Epidemiology and Prevention, Wake Forest School of Medicine, Winston-Salem, NC; ³Biostatistics, Wake Forest School of Medicine, Winston-Salem, NC; ⁴Economics, Wake Forest University, Winston-Salem, NC and ⁵University of Colorado-Denver, Aurora, CO.

4:36 pm - 4:54 pm	Training a Nationwide Workforce of Lifestyle Coaches to Deliver a Diabetes Prevention Program Linelle Blais, PhD, 'Sarah E. Anderson-Fiore, MPH, 'Sarah Piper, MPH' and Margaret Roller, MA ² . 'Emory University, Atlanta, GA and ² Roller Marketing Research, Richmond, VA.
4:54 pm - 5:12 pm	Examining the Effects of Food Tracking and Physical Activity on Weight Loss among Getting People in Sync (G.P.S.) Pre-Diabetes Program Participants Kimberly Arnold, BS,¹ Juhi Mawla, CRC,² Nicole A. Vaughn, PhD,¹ Crystal Wyatt, CRC,¹ Laura Hunter, MPH,¹ Beatriz Reyes, MPH,¹ Marcia Polansky, ScD, MSW¹ and Longjian Liu, MD, PhD¹.¹Drexel University, Philadelphia, PA and ²Rutgers University, New Brunswick, NJ.
5:12 pm - 5:30 pm	Effects of a Theory-Based Message-Framing Intervention on Glucose Testing Behavior of Patients at Risk for Diabetes Emily A. Finch, Master of Arts,¹ Karen Schmidt, RN, MSN,² Andrew Cooper, MPH,¹ JiYoung Lee, MS,¹ Kenzie A. Cameron, PhD, MPH,¹ Alexander J. Rothman, PhD³ and Ronald T. Ackermann, MD, MPH¹. ¹Northwestern University, Chicago, IL; ¹Indiana University, Indianapolis, IN and ³University of Minnesota, Minneapolis, MN.
4:00 pm - 5:30 pm	Paper Session 09: Leveraging Social Media to Promote Changes in Diet and Physical Activity
Grand Ballroom A/B Admission by Name Badg	
•	er, PhD, Arizona State University, Phoenix, AZ; and Sherry L. Pagoto, PhD, University of Massachusetts
4:00 pm - 4:18 pm	Using Technology to Promote Postpartum Weight Loss in Ethnically Diverse, Low-Income Mothers Sharon J. Herring, MD, MPH, 'Jane F. Cruice, BS, RN,' Gary G. Bennett, PhD,' Adam Davey, PhD,' Whitney O. Ajibola, BS'
	and Gary D. Foster, PhD¹. 'Temple University, Philadelphia, PA and ²Duke University, Durham, NC.
4:18 pm - 4:36 pm	Using Facebook to Influence Adolescent Physical Activity: A Pilot Randomized Controlled Trial Thomas R. Wójcicki, PhD,¹ Diana Grigsby-Toussaint, PhD,¹ Charles H. Hillman, PhD,¹ Marian Huhman, PhD² and Edward McAuley, PhD¹. ¹Kinesiology and Community Health, University of Illinois, Urbana, IL and ²Communication, University of Illinois, Urbana, IL.
4:36 pm - 4:54 pm	Instagram for Health: Peer-to-Peer Fitness Motivation Kasia Galica, MA and Wen-Ying Sylvia Chou, PhD, MPH. The National Cancer Institute, Washington, DC.
4:54 pm - 5:12 pm	Reporting Feasibility and Acceptability Data from iTeen, a Social Networking, Weight Gain Prevention Study for Healthy Disparity Adolescent Girls Jessica A. Whiteley, PhD, Julie Wright, PhD, Scott Crouter, PhD and Laurie Milliken, PhD. Exercise and Health Sciences, UMass Boston, Boston, MA.
5:12 pm - 5:30 pm	#Readiness: Are People Ready to Use Twitter for Health Behavior Change? Sean R. Locke, MA Applied Social Psychology and Larry R. Brawley, PhD. University of Saskatchewan, Saskatoon, SK, Canada.
4:00 pm - 5:30 pm	Paper Session 10: The Role of the Physical Environment in Physical Activity
Franklin 5, 4th floor Admission by Name Badg	e
_	nda, PhD, Stanford University, Stanford, CA; and James F. Sallis, PhD, University of California, San Research, San Diego, CA
4:00 pm - 4:18 pm	Latent Profile Analysis of GIS-Measured Walkability, Transit and Recreation
	Environments for Physical Activity Michael Todd, PhD,¹ Marc Adams, PhD,¹ Jonathan Kurka, MS,¹ Terry Conway, PhD,² Kelli Cain, MA,² Lawrence D. Frank, PhD³ and James Sallis, PhD². ¹Ariz State U, Phoenix, AZ; ²UC San Diego, San Diego, CA and ³U Brit Columbia, Vancouver, BC Canada.

THURSDAY, APRIL 24, 2014

4:18 pm - 4:36 pm	Disparities in Park Availability and Crime by Neighborhood Socioeconomic Status and Race/Ethnicity Larkin L. Strong, PhD, MPH, Seann D. Regan, MA, Israel C. Christie, PhD, Abiodun O. Oluyomi, PhD, Lorraine R. Reitzel, PhD, Lorna H. McNeill, PhD and Anna V. Wilkinson, PhD ² . UT MD Anderson Cancer Center, Houston, TX; University of Texas School of Public Health, Austin Regional Campus, Austin, TX and University of Houston, Houston, TX.
4:36 pm - 4:54 pm	Environmental Correlates of Trail Use for Recreation and Transportation by Type of Trail Stephanie L. Orstad, MA,¹ Meghan H. McDonough, PhD,¹ David B. Klenosky, PhD,¹ Marifran Mattson, PhD¹ and Philip J. Troped, PhD². ¹Purdue University, West Lafayette, IN and ²University of Massachusetts-Boston, Boston, MA.
4:54 pm - 5:12 pm	Individual, Social and Environmental Correlates of Physical Activity in African American and Hispanic or Latina Women: A Structural Equation Model Analysis Scherezade K. Mama, DrPH, 1-2 Pamela M. Diamond, PhD, 2 Lorna Haughton McNeill, PhD 1 and Rebecca E. Lee, PhD 3. 1 Department of Health Disparities Research, The Univ of Texas MD Anderson Cancer Center, Houston, TX; 2 School of Public Health, The Univ of Texas Health Science Center at Houston, Houston, TX and 3 College of Nursing & Health Innovation, Arizona State Univ, Phoenix, AZ.
5:12 pm - 5:30 pm	Street Construction to Pop-Up Park: Turning a Temporarily Closed Street into a Vibrant Downtown Park Jorge A. Banda, PhD, Sandra J. Winter, PhD, Deborah Salvo, PhD, Jylana L. Sheats, PhD, Martell Hesketh, Nkeiruka Umeh and Abby C. King, PhD. Stanford Prevention Research Center, Stanford University School of Medicine, Stanford, CA.
4:00 pm - 5:30 pm	Paper Session 11: Genetic Testing: Beliefs, Emotions, Knowledge and Uncertainty
	wer, PhD, University of North Carolina at Chapel Hill, Chapel Hill, NC; and Suzanne C. O'Neill, PhD, enter Georgetown University, Washington, DC Does Cognitive vs. Emotional Talk in Cancer Genetic Counseling Sessions Predict Health Behaviors? Kimberly M. Kelly, PhD, Lee Ellington, PhD, Nancy Schoenberg, PhD, Thomas Jackson, MS, Stephanie Dickinson, MS, Howard Leventhal, PhD and Michael Andrykowski, PhD. Top, Pharmaceutical Systems and Policy, West Virginia
	University, Morgantown, WV; ² University of Utah, Salt Lake City, UT; ³ University of Kentucky, Lexington, KY; ⁴ Indiana University, Bloomington, IN and ⁵ Rutgers University, New Brunswick, NJ.
4:18 pm - 4:36 pm	What Do Breast Cancer Survivors Learn and Retain from Genetic Counseling Sessions? Courtney L. Scherr, PhD, 'Teri Malo, PhD, 'Juliette Christie, PhD ² and Susan T. Vadaparampil, PhD ¹ . 'Moffitt Cancer Center, Tampa, FL and ² University of Florida, Gainsville, FL.
4:36 pm - 4:54 pm	Perceptions of Uncertainty in Genomic Sequencing: The Role of Epistemological Beliefs Barbara B. Biesecker, PhD, MS, William Klein, PhD, 2.1 Leslie Biesecker, MD3 and Paul Han, MD, MPH4.1. Social and Behavioral Research, NHGRI/NIH, Bethesda, MD; NCI/NIH, Bethesda, MD; Genetics Disease Branch, NHGRI/NIH,
4:54 pm - 5:12 pm	Bethesda, MD and 4Maine Medical Center, Scarborough, ME.
	Bethesda, MD and ⁴ Maine Medical Center, Scarborough, ME. Characterizing Individuals Who Attribute Common Diseases to Genetic and Behavioral (Multifactorial) Risk Factors Erika A. Waters, PhD, MPH, ¹ Jaclyn Muff, MPH ¹ and Jada G. Hamilton, PhD, MPH ² . ¹ Washington University School of Medicine, St Louis, MO and ² Memorial Sloan Kettering Cancer Center, New York, NY.

THURSDAY, APRIL 24, 2014

4:00 pm - 5:30 pm Paper Session 12: Social Dynamics in Dieting and Weight Loss

Franklin 8, 4th floor Admission by Name Badge

Chairs: Bernard F. Fuemmeler, PhD, MPH, Duke University Medical Center, Durham, NC; and Rebecca E. Lee, PhD, Arizona State University, Phoenix, AZ

4:00 pm - 4:18 pm Social Networks: Do They Help or Hinder Weight Loss?

Ginger Winston, MD MPH, Erica Caesar-Philips, MD MS and Mary Charlson, MD. Weill Cornell Medical College, New York, NY

4:18 pm - 4:36 pm Using Propensity Methods to Assess Causal Effects of Mothers' Dieting Behavior on Daughters' Early Dieting Behavior

Donna L. Coffman, PhD, 'Jennifer Savage Williams, PhD² and Leann L. Birch, PhD². 'The Methodology Center, Pennsylvania State University, State College, PA and ²Center for Childhood Obesity Research, Pennsylvania State University, State College, PA

4:36 pm - 4:54 pm A Randomized Trial Comparing Weight Loss Treatment Delivered in Large versus Small Groups

Gareth R. Dutton, PhD, Lisa M. Nackers, PhD, Pamela J. Dubyak, MS, Vi Huynh, MPH, Nicole Collins Rushing, MS, Fei Tan, PhD, Stephen D. Anton, PhD and Michael G. Perri, PhD. University of Alabama at Birmingham, Birmingham, AL; University of Florida, Gainesville, FL; Florida State University, Tallahassee, FL and Indiana University-Purdue University, Indianapolis, IN.

4:54 pm - 5:12 pm Group Dynamics Impact Weight Loss Outcomes in Lifestyle Intervention for Obesity

Lisa M. Nackers, PhD, MPH, Pamela J. Dubyak, MS,² Gareth R. Dutton, PhD,³ Xiaomin Lu, PhD,² Stephen D. Anton, PhD² and Michael G. Perri, PhD². ¹Rush University Medical Center, Chicago, IL; ²University of Florida, Gainesville, FL and ³University of Alabama, Birmingham, AL.

5:12 pm - 5:30 pm Social Support and Weight Change in College Freshmen

Jackson H. Coppock, PhD,¹, Kelliann K. Davis, PhD,¹ Bethany B. Gibbs, PhD,¹ Michele D. Levine, PhD,¹ Amy D. Rickman, PhD,¹ Denise E. Wilfley, PhD² and John M. Jakicic, PhD¹. ¹University of Pittsburgh, Pittsburgh, PA and ²Psychiatry, Washington University in St. Louis School of Medicine, St. Louis, MO.

5:40 pm – 6:40 pm **Presidential Keynote Address: "The Relevance, Impact, and Reach of Behavioral Medicine"**

Dawn K. Wilson, PhD, University of South Carolina, Columbia, SC

Moderator: Robert M. Kaplan, PhD, Office of Behavioral and Social Sciences Research, Bethesda, MD $Grand\ Ballroom\ E/F, 5th\ floor$

Admission by Name Badge

Dr. Wilson's Presidential Address will focus on addressing the vital contributions of behavioral medicine research to national prevention and health policies in a time of diminishing resources. She will highlight the significant impact of behavioral and social sciences on improving intervention effectiveness and the "spill over" effects of behavioral health interventions on multiple indices of physical health, mental health, and social domains across the lifespan. Future directions for advancing dissemination and policy-related impact for the field of behavioral medicine will be outlined.

6:40 pm – 8:00 pm **Poster Session B***

Franklin, 4th floor Admission by Name Badge

Join the Board of Directors and President Dawn K. Wilson, PhD, for a delightful evening of networking in a cutting edge poster session. A cash bar and complimentary hors d'oeuvres will be provided.

DAY AT A GLANCE

Start	End	Title
7:00 am	7:00 pm	Registration Open
7:30 am	8:30 am	Breakfast Roundtables*
8:40 am	10:00 am	Symposia
10:15 am	11:15 am	Keynote Address
11:25 am	12:25 pm	Midday Meetings*/Panel Discussions/Expert Consultations*
12:25 pm	1:15 pm	Break
1:15 pm	2:00 pm	Master Lectures
2:10 pm	3:30 pm	Symposia
3:45 pm	5:15 pm	Paper Sessions
5:25 pm	6:25 pm	Keynote Address
6:25 pm	7:45 pm	Poster Session C*

^{*}Sessions not eligible for Continuing Education Credit

7:00 am - 7:00 pm **Registration Open**

7:30 am – 8:30 am Breakfast Roundtables*

Admission by Name Badge

Aging SIG Breakfast Roundtable

301, 3rd floor

Moderator: Sara C. Folta, PhD, Tufts University, Boston, MA

At this session we will discuss the activities of the Aging SIG in the past year and plan for the upcoming year. The Outstanding Aging Research Graduate Student Poster Award will be presented.

Cancer SIG Business Meeting

408/409, 4th floor

Moderator: Michael A. Diefenbach, PhD, Mount Sinai School of Medicine, New York, NY – Cancer SIG Chair

At this session we will discuss the activities of the Cancer SIG in the past year and plan for the upcoming year. SIGGIE awards will be presented to a student and senior cancer prevention and control researcher.

Diabetes SIG presents:

Engaging Peers as Coaches in Diabetes Care and Prevention

413, 4th floor

Moderator: Caroline Richardson, MD, Ann Arbor VA Medical Center and University of Michigan Department of Family Medicine, Ann Arbor MI

Join members of the Diabetes SIG to discuss the benefits, as well as the challenges, of incorporating peers in diabetes care. Peers are indiviuals whose life experiences, rather than professional training, make them qualified to guide others with, or are at risk for, diabetes in adopting healthy behaviors and learning self-management skills. Effective peer coaches bring strengths including crediblity, and empathy, as well as logistical and social support to their coaching relationships. However, there are challenges associated with employing lay coaches. Participants will share resources, training and evaluation materials, and success stories over breakfast. Dr. Edwin Fisher, Global Director of Peers for Progress, will join us for the discussion.

Ethnic, Minority, and Multicultural Health (EMMH) SIG and Education, Training, and Career Development (ETCD) Council present:

Career Development Award Opportunities in Behavioral Medicine: Focus on Diversity

Franklin 7, 4th floor

Moderators: Nara Gavini, PhD, National Heart, Lung, and Blood Institute, Bethesda, MD; Carmen Moten, PhD, MPH, National Cancer Institute, Rockville, MD; and Robert Small, Veterans Administration Health Service Research and Development Service, Washington, DC

The EMMH SIG and ETCD Council will focus on career development awards and research funding opportunities from various national research entitites including the National Institutes of Health (National Cancer Institute, National Heart, Lung, and Blood Institute), the Veterans Administration Health Service Research and Development Service, and the American Cancer Society to support student researchers and early stage investigators from diverse and underrepresented racial, ethnic and sociodemographic backgrounds. Representatives from these entities along with past award recipients will speak about the application process from their perspectives. The panel will also discuss research supplements to promote diversity in health-related research, with a focus on proposal preparation, budget issues, and the review process. As part of this session, the co-sponsors are working to support diversity supplements and career development applications by facilitating networking between potential candidates for these awards and potential mentors. We encourage potential candidates to bring a 1-2 page summary of a potential research project with them to the meeting and be prepared to discuss their ideas with program representatives and past recipients. The panel discussion will be followed by roundtable discussions.

How Social Media Can Enhance Your Academic Career

403/404, 4th floor

Moderators: Sherry L. Pagoto, PhD, University of Massachusetts Medical School, Worcester, MA; Kathleen Wolin, ScD, Loyola University Chicago, Chicago, IL; and Gary G. Bennett, PhD, Duke University, Durham, NC

Social media provides behavioral medicine professionals an opportunity to engage and interact with a wide range of stakeholders, including high-priority targets like policy makers, the media, and consumers. Recent data also show that degree of dissemination of scientific papers via social media outlets is predictive of impact factor. Behavioral scientists have been slow to develop a professional presence in social media and thus may be missing an important opportunity to educate the public about the field and its impact, disseminate their work, as well as engage in professional networking with colleagues in related fields. Twitter, Facebook, LinkedIn, blogs and other online social networking sites can be leveraged for both professional networking and increasing public awareness of our work. Participants will learn how to establish and maintain an active social media presence, the benefits to oneself and the field, how to navigate ethical issues, and the dos and don'ts of participation. Students especially will be highly encouraged to participate.

Military and Veterans' Health SIG presents:

Challenges and Rewards of Behavioral Medicine Research When Research is Not Part of Your Job Description

410, 4th floor

Moderators: David E. Goodrich, EdD, VA Ann Arbor Healthcare System, Ann Arbor, MI; Denise M. Martin-Zona, PhD, United State Air Force, Lacklan AFB, TX; and Michael A. Glotfelter, PsyD, United States Air Force, Barksdale AFB, LA This interactive session will explore the path to integrating clinical behavioral medicine research into one's profession when it is not part of the job description. The discussion will be framed by experiences in military behavioral medicine research with application to all roles that do not have research specific support. It will highlight the obstacles and rewards of both seasoned and early career professionals that recognize the importance of behavioral medicine research and are navigating the path of incorporating it into their practice. The benefits of navigating this course such as contribution to the profession, professional growth and advancement among others will be explored. There will also be discussion of roadblocks on the path to include lack of resources (i.e., time and funding), limited organizational support, and the unique challenge of developing a professional identity that marries behavioral medicine research and clinical practice. Come to the session prepared to ask questions and discuss your hurdles and triumphs as a behavioral medicine professional that recognizes the importance of research in a clinically focused practice.

Nurses Section: Nurses Impact on Behavior Change as Part of the Interdisciplinary Team 309, 3rd floor

Moderator: Barbara Resnick, PhD, CRNP, FAAN, FAANP, University of Maryland School of Nursing, Baltimore, MD; and Laura L. Hayman, RN, PhD, FAAN, University of Massachusetts, Boston, MA

We will discuss the different ways nurses are impact behavior change within interdisciplinary teams and explore synergies; research opportunities; identify and discuss challenge from a clinical, teaching and research perspective.

Obesity and Eating Disorders (OED) SIG Business Meeting

Franklin 9, 4th floor

Moderator: Amy A. Gorin, PhD, University of Connecticut, Storrs Mansfield, CT; and Stephanie L. Fitzpatrick, PhD, Rush University Medical Center, Chicago, IL

During the Breakfast Roundtable we will highlight sessions sponsored or co-sponsored by the OED SIG and solicit interest for participation on an OED Executive Board.

Pain SIG Annual Business and Student Awards Meeting

Franklin 5, 4th floor

Moderator: Martin Cheatle, PhD, Perelman School of Medicine, University of Pennsylvania, Philadelphia, PA

Student SIG presents:

Show Me the Money: How to Find Funding Sources and Grant Writing Strategies for Graduate Students

414/415, 4th floor

Moderator: Carly Goldstein, MA, Kent State University, Kent, OH

Hear a variety of panelists share experiences and advice on where to find grants, various grant mechanisms, and how to prepare a successful grant application. This program is geared toward graduate students across a variety of disciplines.

Technology (formally known as Behavioral Informatics) SIG presents:

Technology Preview and Business Meeting

411/412, 4th floor

Moderator: Timothy Bickmore, PhD, Northeastern University, Boston, MA

The Technology SIG will host a preview of the day's technology-oriented talks, panels, and symposia, with speakers providing brief summaries of their presentations. The meeting will also provide an open form for discussion of the technology related activities at the SBM meeting. Technology SIG business will be discussed at the conclusion of the meeting.

Theories and Techniques of Behaviour Change Intervention (TTBCI) SIG Meeting

Franklin 10, 4th floor

Moderators: Susan Michie, DPhil, CPsych, FBPS, University College London, London, United Kingdom; and Alexander J. Rothman, PhD, University of Minnesota, Minneapolis, MN

The meeting will report on the second year of the TTBCI SIG, discuss ideas for future activities and plan for the coming year and for the longer-term. The focus of the SIG is to exchange ideas and foster collaboration with the aims of a) developing methods for specifying intervention content, b) evaluating the theory base of interventions, and c) linking behavior change techniques to theory.

8:40 am – 10:00 am Featured Symposium 03: Meaningful Policy Impact: Integrating Economic Evaluations into Behavioral Medicine Trials

Grand Ballroom A/B, 5th floor

Admission by Name Badge

Chair: Karina W. Davidson, PhD, Columbia University Medical Center, New York, New York.

Presenters: Harold C. Sox, MD, Dartmouth University, Hanover, New Hampshire, Joseph A. Ladapo, MD, PhD, New York University School of Medicine, New York, New York, Steven Woolf, MD, MPH, Virginia Commonwealth University, Richmond, Virginia

Discussant: Karina W. Davidson, PhD, Columbia University Medical Center, New York, New York

Behavioral medicine intervention trials serve the public interest best when economic evaluations are closely integrated into their conception, conduct, and reporting. Incorporation of health economic expertise to evaluate the effects of trial behavioral interventions on healthcare provider organizations, insurers, hospitals, providers, and patients can expedite implementation of the interventions that have been shown to be effective. Yet, this type of integration happens rarely, and behavioral medicine's impact on healthcare policy suffers as a result. This symposium will raise awareness about the research and policy value of analyzing costs, considering cost-effectiveness, and including health economics in our approach to improving public health. Dr. Ladapo will discuss the principles of health economic evaluation and demonstrate their application to behavioral health interventions for patients hospitalized with cardiovascular disease. Dr. Sox will discuss the role of cost-effectiveness analyses in developing clinical policies, including decision modeling for cancer screening, using prostate and colorectal cancer screening to illustrate a modeling application. Dr. Woolf will discuss challenges that arise in public policy based on concerns about the costs of behavioral interventions and recurring questions about whether they will save money. Dr. Davidson will place the symposium in the context of behavioral medicine research, and facilitate discussion.

8:40 am – 10:00 am Symposium 23: Public Health Law and Behavior Change: Improving Population Health through Policy

403/404, 4th floor Admission by Name Badge

Chair: Tracy Orleans, PhD, Robert Wood Johnson Foundation, Princeton, NJ

Presenters: Tracy Orleans, PhD, Robert Wood Johnson Foundation, Princeton, NJ; Scott Burris, JD, Temple University, Philadelphia, PA; Jennifer Ibrahim, PhD, MPH, Temple University, Philadelphia, PA; John MacDonald, PhD, University of Pennsylvania, Philadelphia, PA

Discussant: Sara J. Knight, PhD, Department of Veterans Affairs, Washington, DC

8:40 am – 10:00 am Symposium 24: Adolescents, Alcohol, and STI/HIV Risk: Exploring the Influence of Alcohol Use on Sexual Behavior across Context, Population, and Level of Analysis.

414/415, 4th floor Admission by Name Badge

Chair: Angela D. Bryan, PhD, Psychology and Neuroscience, University of Colorado Boulder, Boulder, CO

Presenters: Angela D. Bryan, PhD, Psychology and Neuroscience, University of Colorado Boulder, Boulder, CO; Ralph J. DiClemente, PhD, Rollins School of Public Health, Emory University, Atlanta, GA; Jennifer Livingston, PhD, Research Institute on Addictions, University at Buffalo, SUNY, Buffalo, NY

Discussant: Laura Bogart, PhD, Harvard University, Boston, MA

8:40 am – 10:00 am Symposium 25: Exercise is Medicine: Multilevel Approaches to Implementation

Grand Ballroom C/D, 5th floor

Admission by Name Badge

Chair: Sherri Sheinfeld Gorin, PhD, DCCPS, NCI (SAIC), NIH, New York, NY

Presenters: Sherri Sheinfeld Gorin, PhD, DCCPS, NCI (SAIC), NIH, New York, NY; Adrian Hutber, PhD, American College of Sports Medicine, Indianapolis, IN; Elizabeth Joy, MD, MPH, FACSM, Intermountain Healthcare, Salt Lake City, UT; Paul Estabrooks, PhD, Carilion Clinic & Virginia Tech, Roanoke, VA; Bess Marcus, PhD, UCSD, San Diego, CA

Discussant: David Goodrich, EdD, VA Ann Arbor Center for Clinical Management Research, Ann Arbor, MI

8:40 am – 10:00 am Symposium 26: Mental Health Considerations for Optimizing Behavioral Weight
Management Interventions with Obese Veterans

Franklin 8, 4th floor Admission by Name Badge

Chair: Katherine D. Hoerster, PhD, MPH, VA Puget Sound Healthcare System, Seattle Division, Seattle, WA

Presenters: Katherine D. Hoerster, PhD, MPH, VA Puget Sound Healthcare System, Seattle Division, Seattle, WA; Gina Evans, PhD, Micheal E. DeBakey, Houston, TX; Jessica M. Gundy Cuneo, PhD, VA San Diego Healthcare System, San Diego, CA

8:40 am – 10:00 am Symposium 27: Innovation in Tobacco Control: Science to Inform Public Health Communication & Tobacco Regulation

408/409, 4th floor Admission by Name Badge

Chair: Kimberly Horn, EdD, Department of Prevention & Global Health, George Washington University School of Public Health & Health Services, Washington, DC

Presenters: Kimberly Horn, EdD, Department of Prevention & Global Health, George Washington University School of Public Health & Health Services, Washington, DC; Darren Mays, PhD, MPH, Department of Oncology, Georgetown University Medical Center, Washington, DC; W. Douglas Evans, PhD, School of Public Health and Health Services, The George Washington University, Washington, DC; Jeff Jordan, MS, Rescue Social Change Group, San Diego, CA

Discussant: Donna Vallone, PhD, MPH, Legacy, Washington, DC

8:40 am – 10:00 am Symposium 28: Peer Review of Community-Based Participatory Research in Health Disparities and Stakeholder Engagement in the Research Process

Franklin 9, 4th floor Admission by Name Badge

Co-Chairs: Rosalie Torres Stone, PhD, Psychiatry, University of Massachusetts Medical School, Worcester, MA; and Qian Lu, PhD, MD, University of Houston, Houston, TX

Presenters: Rosalie Torres Stone, PhD, Psychiatry, University of Massachusetts Medical School, Worcester, MA; Isabel C. Scarinci, PhD, Medicine, University of Alabama at Birmingham, Birmingham, AL; Romana Hasnain-Wynia, PhD, Program in Addressing Health Disparities, Patient Centered Outcomes Research Institute (PCORI), Washington DC, DC; Clement K. Gwede, PhD, MPH, RN, Health Outcomes & Behavior, Moffitt cancer Center, Tampa, FL

Discussant: Bruce D. Rapkin, PhD, Department of Family and Social Medicine, Albert Einstein College of Medicine, Bronx, NY

8:40 am - 10:00 am Symposium 29: Health Decision Making In the Face of Threat

411/412, 4th floor Admission by Name Badge

Chair: James Shepperd, PhD, Psychology, University of Florida, Gainesville, FL

Presenters: James Shepperd, PhD, Psychology, University of Florida, Gainesville, FL; Michelle Stock, PhD, The George Washington University, Washington, DC; Kate Sweeny, PhD, Psychology, University of California, Riverside, Riverside, CA; Jennifer Howell, Master of Science, Psychology, University of Florida, Gainesville, FL

Discussant: James Shepperd, PhD, Psychology, University of Florida, Gainesville, FL

8:40 am – 10:00 am Symposium 30: Advances in Behavioral Theory Simulations – Using Dynamical Systems Modeling to Improve Theories of Health-Related Behaviors

Franklin 6, 4th floor Admission by Name Badge

Chair: Eric B. Hekler, PhD, School of Nutrition and Health Promotion, Arizona State University, Phoenix, AZ

Presenters: Eric B. Hekler, PhD, School of Nutrition and Health Promotion, Arizona State University, Phoenix, AZ; Yuwen Dong, Master in Engineering, School for Engineering of Matter, Transport, and Energy, Arizona State University, Tempe, AZ; William Riley, PhD, National Cancer Institute, Rockville, MD; Tylar Murray, MS, Electrical Engineering, University of South Florida, Tampa, FL

Discussant: Donna Spruijt-Metz, PhD, University of Southern California, Los Angeles, CA

8:40 am – 10:00 am Symposium 31: The Use of mHealth with Special Populations: Theory, Research and Practice

Franklin 7, 4th floor Admission by Name Badge

Chair: Leanne Mauriello, PhD, Pro-Change Behavior Systems, Inc., South Kingstown, RI

Presenters: Leanne Mauriello, PhD, Pro-Change Behavior Systems, Inc., South Kingstown, RI; Wendy Nilsen, PhD, Office of Behavioral and Social Sciences Research/NIH, Bethesda, MD; Kerry Evers, PhD, Pro-Change Behavior Systems, Inc., South Kingstown, RI

Discussant: Kevin Patrick, PhD, University of California San Diego, La Jolla, CA

8:40 am – 10:00 am Symposium 32: Behavioral Medicine Interventions and Outcomes in Pediatric Cancer Survivorship

Franklin 10, 4th floor Admission by Name Badge

Chair: Kenneth P. Tercyak, PhD, Georgetown University Medical Center, Washington, DC

Presenters: Kenneth P. Tercyak, PhD, Georgetown University Medical Center, Washington, DC; Cheryl L. Albright, PhD, MPH, School of Nursing, University of Hawaii, Honolulu, HI; Sean Phipps, PhD, Psychology, St. Jude Children's Research Hospital, Memphis, TN; Melinda Stolley, PhD, University of Illinois at Chicago, Chicago, IL

Discussant: Kenneth P. Tercyak, PhD, Georgetown University Medical Center, Washington, DC; Laura Bava, PsyD, Children's Hospital Los Angeles, Los Angeles, CA

8:40 am – 10:00 am Symposium 33: Serving Cancer Survivors Outside Clinical Settings: Connecting Population-Level Data and Community-Level Programs

Franklin 5, 4th floor Admission by Name Badge

Chair: Squiers Linda, PhD, RTI International, Raleigh, NC

Presenters: Squiers Linda, PhD, RTI International, Raleigh, NC; Sarah R. Arvey, PhD, LIVESTRONG Foundation, Austin, TX; Ellen B. Beckjord, PhD, MPH, University of Pittsburgh, Pittsburgh, PA; Bree L. Hemingway, MPH, Research and

Evaluation, LIVESTRONG Foundation, Austin, TX

Discussant: Bradford W. Hesse, PhD, National Cancer Institute, Rockville, MD

10:15 am - 11:15 am

Keynote Address: The Affordable Care Act and Behavioral Medicine



Sherry A. Glied, PhD, Dean and Professor of Public Service, Robert F. Wagner Graduate School of Public Service, New York University, New York, NY

Moderator: Karen M. Emmons, PhD, Kaiser Foundation Research Institute, Oakland, CA $Grand\ Ballroom\ E/F, 5^{th}\ floor$

Admission by Name Badge

Dr. Glied talk will examine the history and structure of the Affordable Care Act, focusing on how findings from the field of behavioral medicine have been incorporated in the Act. The talk will also discuss new research opportunities and needs presented by implementation of the Act

11:25 am - 12:25 pm

Featured Panel Discussion: "Using Health Policy to Successfully Reduce Childhood Obesity Rates: The Philadelphia Story"

 $Grand\ Ballroom\ A/B,\ 5th\ floor$

Admission by Name Badge

Presenters: Tracy Orleans, PhD, Robert Wood Johnson Foundation, Princeton, NJ; Yael Lehman, The Food Trust, Philadelphia, PA

This panel discussion will highlight health policy approaches that have been employed in recent years to reduce the rates of childhood obesity in Philadelphia by 5%. Dr. Tracy Orleans, Senior Scientist at The Robert Wood Johnson Foundation will introduce the panel and serve as moderator.

11:25 am - 12:25 pm Midday Meetings*

Admission by Name Badge

Cancer SIG and Health Decision Making SIG present:

Education & Decision Aids to Advance Health: A Showcase of the Latest Software

Grand Ballroom C/D, 5th floor

Moderators: Michael A. Diefenbach, PhD, Mount Sinai School of Medicine, New York, NY; and Jennifer L. Hay, PhD, Memorial Sloan Kettering Cancer Center, New York, NY

This activity is planned as a forum to exchange of ideas and foster potential collaborations among researchers interested in electronic educational and decision aids. Researchers who developed a decision tool or some other electronic education software would have the opportunity to demonstrate their software on their own laptops. Conference attendees would be able to try out the software, make contact with the developer and learn from their experiences.

Cochrane Collaboration Information Session

413, 4th floor

Admission by Name Badge

Multiple Health Behavior Change SIG, Obesity and Eating Disorders SIG, Physical Activity SIG and Theories and Techniques of Behaviour Change SIG present: Debate: Different Types of Behavior Require Different Theories to Explain Them

414/415, 4th floor

Moderator: Susan Michie, DPhil, CPsych, FBPS, University College London, London, United Kingdom

Speakers: Alexander J. Rothman, PhD, University of Minnesota, Minneapolis, MN; Marie Johnston, PhD, BSc, University College London, Aberdeen, United Kingdom; David Williams, PhD, Brown University, Providence, RI; Marcella Boynton, PhD, University of Connecticut Medical Center, Farmington, CT; Chief Teller -Stephanie Fitzpatrick, PhD, Rush University Medical Center, Chicago, IL

Interventions to change behavior are based explicitly or imlicitly on theories of behavior change. Theories of behavior change provide a framework for understanding the social and psychological processes that faciliate or inhibit the target behavior and guide intervention development and evaluation. One question often raised, but not actively discussed, is whether theories should be designed to apply to all behaviors or to a specific behavior or set of behaviors. Likewise, views differ as to whether different types of behavior require different theories to explain them or whether we should aim to develop a general theory of behavior change that accounts for different types of behavior. In this session a formal discussion for the proposition: "Different types of behavior require different theories to explain them," will be held. The session will be structured as a formal debate with a prosper and oposser of the motion, followed by a seconding mover and oppose, followed by a general discussion, brief rights of reply from mover and opposer and final vote. The session will begin with a straw poll so that the impact of the debate on participants' views can be assessed.

Student SIG presents:

Behavioral Medicine Meet and Greet

Moderator: Carly M. Goldstein, MA, Kent State University, Kent, OH

The Student SIG invites you to an informal and interactive meet-and-greet with representatives and/or current interns from several psychology internship sites that provide specialized training in behavioral medicine. Come prepared to network, learn about site-specific training opportunities, and get your questions answered.

11:25 am – 12:25 pm Panel Discussion 12: NIH Adherence Research Network: A Roundtable Discussion on How to Advance the Science and Practice of Adherence

408/409, 4th floor

Admission by Name Badge

Chair: Wendy Nilsen, PhD, Office of Behavioral and Social Sciences Research/NIH, Bethesda, MD

Panelists: Michael J. Stirratt, PhD, National Institute on Mental Health, Bethesda, MD; Susan M. Czajkowski, PhD, National Heart, Lung, and Blood Institute, Bethesda, MD; and Janet S. De Moor, MPH, PhD, National Cancer Institute, Bethesda, MD

11:25 am - 12:25 pm Panel Discussion 13: Rigor and Reproducibility in Behavioral Medicine Research: **NIH Perspectives**

Franklin 9, 4th floor Admission by Name Badge

Chair: Melissa Riddle, PhD, NIDCR/NIH, Bethesda, MD

Panelists: Dave Clark, DrPH, NIDCR/NIH, Bethesda, MD; Wendy Weber, PhD, NCCAM/NIH, Bethesda, MD; and Bradford Hesse, PhD NCI/NIH, Bethesda, MD

11:25 am - 12:25 pm Panel Discussion 14: Academic-Industry Partnerships in eHealth across Multiple Behaviors: A Panel Discussion of Benefits and Risks for Your Research Portfolio

Franklin 6, 4th floor Admission by Name Badge

Chair: Lisa M. Quintiliani, PhD RD, Boston University, Boston, MA

Panelists: Gary G. Bennett, PhD, Duke University, Durham, NC; Eric B. Hekler, PhD, Arizona State University, Phoenix, AZ; Anand K. Iyer, PhD, MBA WellDoc, Inc., Baltimore, MD; and Wendy J. Nilsen, PhD, 6 Office of Behavioral and Social Sciences Research, NIH, Bethesda, MD



11:25 am – 12:25 pm Panel Discussion 15: eHealth/mHealth: From Development to Evaluation & Analysis to Dissemination – Dead on Arrival

Franklin 10, 4th floor Admission by Name Badge

Chair: Lee M. Ritterband, PhD, University of Virginia, Charlottesville, VA

Panelists: Abdul R. Shaikh, PhD, PricewaterhouseCoopers, McLean, VA; Victor J. Strecher, PhD, MPH, University of Michigan, Ann Arbor, MI; Steven H. Krein, JD, StartUp Health, New York, NY; Paul Tarini, MA RWJF, Princeton, NJ; and William T. Riley, PhD, NCI, Bethesda, MD

11:25 am – 12:25 pm Panel Discussion 16: Using Wearable Sensors for Behavior Monitoring and Interventions: Lessons Learned and Future Directions

Franklin 8, 4th floor Admission by Name Badge

Chair: Richard R. Fletcher, PhD, Psychiatry, University of Massachusetts Medical School, Worcester, MA and Massachusetts Institute of Technology, Cambridge, MA

Panelists: Santosh Kumar, PhD, University of Memphis, Memphis, TN; Noelle R. Leonard, PhD College of Nursing, New York University, New York, NY; and Selene Mota, PhD, Massachusetts Institute of Technology, Cambridge, MA

11:25 am – 12:25 pm **Panel Discussion 17: Changing Physical Activity Behaviors Through the Integration** of the Medical Health Care System and Local Communities

Franklin 5, 4th floor Admission by Name Badge

Chair: Mark Stoutenberg, PhD, Public Health Sciences, University of Miami, Miami, FL and Exercise is Medicine, American College of Sports Medicine, Indianapolis, IN

Panelists: Ashley Falcon, MS, Department of Wellness, University of Miami, Miami, FL and Public Health Sciences, University of Miami, Miami, FL; and Selina Stasi, BA, University of Miami, Miami, FL

11:25 am – 12:25 pm Panel Discussion 18: Leveraging Government-Supported Technology to Advance Science and Practice

411/412, 4th floor Admission by Name Badge

Chair: Rick Moser, PhD, Behavioral Research Program, National Cancer Institute, Bethesda, MD

Panelists: Kara Hall, PhD, Behavioral Research Program, National Cancer Institute, Bethesda, MD; Sarah Kobrin, PhD, MPH, Behavioral Research Program, National Cancer Institute, Bethesda, MD; Carly Parry, PhD, MSW, Behavioral Research Program, National Cancer Institute, Bethesda, MD

11:25 am – 12:25 pm **Panel Discussion 19: Scientific Priorities at the National Heart, Lung, and Blood Institute, NIH**

Franklin 7, 4th floor Admission by Name Badge

Chair: Catherine Stoney, PhD, PhD. NIH/NHLBI, Bethesda, MD

Panelists: Peter Kaufmann, PhD and Susan Czajkowski, PhD, NIH/NHLBI, Bethesda, MD

11:25 am - 12:25 pm Panel Discussion 20: Graduate Student Research Panel Discussion

403/404, 4th floor Admission by Name Badge

Chair: Barbara Stetson, PhD, Psychological & Brain Sciences, University of Louisville, Louisville, KY

Panelist: Georita Frierson, PhD, Psychology, Howard University, Washington, DC

11:25 am – 12:25 pm Panel Discussion 21: Establishing Behavioral Medicine Programs within Hospital Systems: Navigating Challenges; Focusing on Patient-Centered Care

410, 4th floor

Admission by Name Badge

Chair: Cori E. McMahon, PsyD, Medicine, Cooper University Hospital, Voorhees, NJ

Panelists: Kelly L. Gilrain, PhD, Medicine, Cooper University Hospital, Voorhees, NJ; Helen L. Coons, PhD, ABPP, Drexel University College of Medicine, Philadelphia, PA; Eric Kupersmith, MD, Cooper University Hospital, Voorhees, NJ; Meghan Lines, PhD, Nemours Alfred I. duPont Hospital for Children, Wilmington, DE; David Moore, MA, Jackson Memorial Medical Center, Leonard M. Miller School of Medicine, Jackson, FL; and Nick Stamatiades, MBA, Copper University Hospital, Camden, NJ

12:25 pm – 1:15 pm 🛮 🖊

Break

1:15 pm - 2:00 pm

Distinguished Scientist Master Lecture: Behavior Matters: Innovative Intervention Strategies to Decrease Readmissions through Improving Patient, Provider and System Behavior



Karina W. Davidson, PhD, Director, Center for Behavioral Cardiovascular Health, Columbia University, New York, NY

Moderator: Richard S. Surwit, PhD, Duke University Medical Center, Durham, NC *Grand Ballroom C/D*, 5th floor

Admission by Name Badge

In describing the many ways that behavior can matter, Dr. Davidson provide an overview of the behavioral interventions that we are rapidly developing, refining, and testing to decrease preventable 30-day readmissions. The Affordable Care Act requires that 30-day readmissions associated with many chronic health conditions be reduced, and behavioral medicine can play a strong and vigorous role in this important public health initiative.

1:15 pm – 2:00 pm

Master Lecture: Back to the Future: Promoting Physical Activity through Policy Initiatives



Russell R. Pate, PhD, University of South Carolina, Columbia, SC

Moderator: James F. Sallis, PhD, University of California, San Diego, Active Living Research, San Diego, CA

Grand Ballroom A/B, 5th floor

Admission by Name Badge

This presentation will trace the history of efforts to promote physical activity at the population level. Emphasis will be given to the evolution in educational, policy and environmental strategies. Current efforts to promote physical activity through national strategic planning will be outlined.

2:10 pm – 3:30 pm Featured Symposium 04: All Things Survivorship at the American Cancer Society: An Overview of ACS Cancer Survivorship Programmatic Research and Activities

Grand Ballroom A/B, 5th floor

Admission by Name Badge

Chair: Kevin Stein, PhD, Behavioral Research Center, American Cancer Society, Atlanta, GA

Presenters: Kevin Stein, PhD, Behavioral Research Center, American Cancer Society, Atlanta, GA; Rebecca Cowens-Alvarado, MPH, American Cancer Society, Atlanta, GA; Corinne Leach, PhD MPH, American Cancer Society, Atlanta, GA; and Rachel S. Cannady, BS, American Cancer Society, Atlanta, GA

Discussant: Michael A. Diefenbach, PhD, Mount Sinai School of Medicine, New York, NY

The American Cancer Society (ACS) is the nationwide public health organization dedicated to reducing suffering from cancer. ACS provides a wide range of services for cancer survivors, their loved ones, health care providers, and the general public. One area of focus is cancer survivors' well-being, in which the ACS engages in activities that cut across several domains including intramural and extramural research, health care policy, information, and support programs. This symposium will provide a broad overview of survivorship activities at ACS. The first presentation will describe the context in which ACS survivorship activities occur, outlining organizational structure, strategy, and processes. The talk will highlight collaborative, cross departmental, evidence-based research and programmatic work which is informed by ACS/external research and is "applied" by the ACS Health Promotions department. The second presentation will describe the National Cancer Survivorship Resource Center, a collaboration between the ACS and the George Washington Cancer Institute, supported by a cooperative agreement with the CDC. The Survivorship Center seeks to impact key survivorship issues by identifying gaps/barriers and indicators of success at survivor, system, and policy levels. The third talk will describe an ACS-led randomized control trial (RCT), using Stanford University's "Cancer: Thriving and Surviving" chronic disease self-management program, an online 6 week, asynchronous workshop facilitated by trained cancer survivors. The last presentation will report early results of the ACS Cancer Survivor Transition Study, an ACS intramurally-conducted study focusing on assessing factors that impact the transition from active treatment under the care of the oncology team to post-treatment care provided in the community setting. The discussant will consider the impact of ACS activities on the well-being of cancer survivors and identify future directions for research and dissemination of interventions by public health organizations.

2:10 pm – 3:30 pm Presidential Invited Symposium: mHealth Technology: The Use of Smartphone Apps in Health Promotion and Disease Prevention

Grand Ballroom C/D, 5th floor

Admission by Name Badge

Chair: Frank A. Treiber, PhD, Medical University of South Carolina, Charleston, SC

Presenters: David Mohr, PhD, Northwestern University, Chicago, IL; Corby K. Martin, PhD, Pennington Biomedical Research Center, Baton Rouge, LA; John McGillicuddy, MD, Medical University of South Carolina, Charleston, SC

Discussant: Ken Resnicow, PhD, University of Michigan School of Public Health, Ann Arbor, MI

Research on developing and evaluating mHealth interventions and technologies is rapidly evolving in the field of behavioral medicine. This symposium will feature a number of leading investigators who are experts in developing smartphone technologies to optimize behavioral change and improve clinical health outcomes in preventing and treating chronic diseases. Dr. Mohr will present recent work from his center that focuses on understanding how people interact with behavioral intervention technologies through the use of mobile and sensor technologies to extend behavioral and psychological care into the patient's natural environment. Dr. Martin developed a novel method to accurately measure food intake in people's free-living environment using a smartphone app, and his talk will review this work in addition to the application of other smartphone-based technologies to the modification of participants' behavior and body weight. Dr. McGillicuddy is a transplant surgeon practicing in a state with very high premature graft loss due in large part to medication non-adherence. He will present his work utilizing a patient centered iterative design process to achieve kidney transplant patients' adherence to very demanding medication regimens and self-monitoring of biofunction indices using electronic medication trays, Bluetoothed devices and tailored motivational messages. Dr. Resnicow will provide a critical discussion of the presentations and emphasize the continued challenges that our field faces in the context of the rapidly growing field of mHealth technology.

2:10 pm – 3:30 pm Symposium 34: Frameworks for Classifying and Specifying Behavior Change Interventions: Spanning Disciplines, Countries and Approaches

411/412, 4th floor Admission by Name Badge

Chair: Susan Michie, PhD, Department of Clinical, Educational and Health Psychology, University College London, London, United Kingdom

Presenters: Susan Michie, PhD, Department of Clinical, Educational and Health Psychology, University College London, London, United Kingdom; Tessa Hart, PhD, Moss Rehabilitation Research Institute, Elkins Park, PA; and Marie Johnston, PhD, Aberdeen University, Aberdeen, United Kingdom

Discussant: Linda Collins, DPhil, The Methodology Center, Pennsylvania State University, University Park, PA

2:10 pm – 3:30 pm **Symposium 35: Alcohol Use and Physical Activity: Perspectives from Behavioral, Neurocognitive, and Animal Research**

408/409, 4th floor Admission by Name Badge

Chair: Renee E. Magnan, PhD, Washington State University Vancouver, Vancouver, WA

Presenters: Renee E. Magnan, PhD, Washington State University Vancouver, Vancouver, WA; Hollis Karoly, MA, University of Colorado, Boulder, Boulder, CO; and Marissa A. Ehringer, PhD, Institute for Behavioral Genetics, University of Colorado, Boulder, CO

Discussant: Jennifer P. Read, PhD, University at Buffalo, Buffalo, NY

2:10 pm – 3:30 pm Symposium 36: Challenges and Considerations in Creating Ecological Momentary Interventions for Disordered Eating Behaviors

414/415, 4th floor Admission by Name Badge

Chair: Stephanie Goldstein, BS, Drexel University, Philadelphia, PA

Presenters: Stephanie Goldstein, BS, Drexel University, Philadelphia, PA; Kristin Heron, PhD, The Pennsylvania State University, University Park, PA; Evan M. Forman, PhD, Psychology, Drexel University, Philadelphia, PA; and Susan Schembre, PhD, University of Southern California, Los Angeles, CA

Discussant: Genevieve Dunton, PhD, University of Southern California, Los Angeles, CA

2:10 pm – 3:30 pm Symposium 37: Case Studies in Strategic Science to Inform Childhood Obesity Policy Interventions

Franklin 8, 4th floor Admission by Name Badge

Chair: Jennifer L. Harris, PhD, MBA, Rudd Center for Food Policy & Obesity, Yale University, New Haven, CT

Presenters: Jennifer L. Harris, PhD, MBA, Rudd Center for Food Policy & Obesity, Yale University, New Haven, CT; Kathryn Henderson, PhD, Rudd Center for Food Policy and Obesity, Yale University, New Haven, CT; Roberta R. Friedman, ScM, Rudd Center for Food Policy and Obesity, Yale University, New Haven, CT; and Marlene Schwartz, PhD, Yale University, New Haven, CT

Discussant: Tracy Orleans, PhD, Robert Wood Johnson Foundation, Princeton, NJ

2:10 pm – 3:30 pm Symposium 38: Peer Support as a Strategy for Reaching the "Hardly Reached"

Franklin 10, 4th floor Admission by Name Badge

Chair: Edwin B. Fisher, PhD, Health Behavior, University of North Carolina at Chapel Hill, Chapel Hill, NC

Presenters: Edwin B. Fisher, PhD, Health Behavior, University of North Carolina at Chapel Hill, Chapel Hill, NC and Peers for Progress, American Academy of Family Physicians Foundation, Leawood, KS; Michele Heisler, MD, MPA, Internal Medicine, University of Michigan, Ann Arbor, MI; and Amireh Ghorob, MPH, Department of Family and Community Medicine, University of California, San Francisco, San Francisco, CA

Discussant: Delia Pompa, MA, Programs, National Council of La Raza, Washington, DC

2:10 pm – 3:30 pm Symposium 39: Genomic Advances and Patient Decision Making: Recent Findings and Emerging Issues

403/404, 4th floor Admission by Name Badge

Chair: Jada G. Hamilton, PhD, MPH, Memorial Sloan-Kettering Cancer Center, New York, NY

Presenters: Jada G. Hamilton, PhD, MPH, Memorial Sloan-Kettering Cancer Center, New York, NY; Catharine Wang, PhD, Boston University, Boston, MA; Suzanne O'Neill, PhD, Georgetown University, Washington, DC; and Saskia C. Sanderson, PhD, Icahn School of Medicine at Mount Sinai, New York, NY

Discussant: Barbara B. Biesecker, PhD, National Human Genome Research Institute, Bethesda, MD

2:10 pm – 3:30 pm **Symposium 40: Adaptive Behavioral Interventions: Some Representative Approaches**

Franklin 9, 4th floor Admission by Name Badge

Chair: Daniel E. Rivera, PhD, School for Engineering of Matter, Transport, and Energy, Arizona State University, Tempe, AZ Presenters: Daniel E. Rivera, PhD, School for Engineering of Matter, Transport, and Energy, Arizona State University, Tempe, AZ; Danielle S. Downs, PhD, Kinesiology and OBGYN, The Pennsylvania State University, University Park, PA; Kevin Timms, Bachelor of Chemical Engineering, Biological Design Program, Arizona State U, Tempe, AZ; and Daniel Almirall, PhD, University of Michigan, Ann Arbor, MI

Discussant: Eric B. Hekler, PhD, School of Nutrition and Health Promotion, Arizona State University, Tempe, AZ

2:10 pm – 3:30 pm Symposium 41: My Own Health Report (MOHR): Actionable Automated Patient Report of Psychosocial Factors and Health Behaviors in Primary Care

Franklin 7, 4th floor Admission by Name Badge

Chair: Sherri Sheinfeld Gorin, PhD, DCCPS (SAIC), New York, NY

Presenters: Sherri Sheinfeld Gorin, PhD, DCCPS (SAIC), New York, NY; Suzanne M. Heurtin-Roberts, PhD, MSW, National Cancer Institute, Bethesda, MD; Russell Glasgow, PhD, University of Colorado, Aurora, CO; Sallie Beth Johnson, MPH, MCHES, Fralin Translational Obesity Res Ctr, Roanoke, VA; and Rodger Kessler, PhD, U of Vermont, Burlington, VT

2:10 pm – 3:30 pm Symposium 42: Dissemination of Empirically Supported Psychological Treatments for Cancer Patients

Franklin 5, 4th floor Admission by Name Badge

Chair: Barbara L. Andersen, PhD, Psychology, The Ohio State University, Columbus, OH

Presenters: Barbara L. Andersen, PhD, Psychology, The Ohio State University, Columbus, OH; William H. Redd, PhD, Oncology Sciences, Icahn School of Medicine at Mount Sinai, New York, NY; Caroline S. Dorfman, MA, Psychology, The Ohio State University, Columbus, OH; Suzanne C. Lechner, PhD, Sylvester Comprehensive Cancer Center, University of Miami, Miami, FL

Discussant: Rowland H. Julia, PhD, Division of Cancer Control and Population Sciences, National Cancer Institute, NIH/DHHS, Bethesda, MD

2:10 pm – 3:30 pm **Symp**

Symposium 43: Living with Cancer In Emerging Adulthood: What Qualitative Research Can Tell Us

Franklin 6, 4th floor Admission by Name Badge

Chair: Tracey A. Revenson, PhD, Psychology, Hunter College and the Graduate Center of the City University of New York, New York, NY

Presenters: Tracey A. Revenson, PhD, Psychology, Hunter College and the Graduate Center of the City University of New York, New York, NY; Tonya M. Pan, MA, SDSU/UCSD Joint Doctoral Program in Clinical Psychology, San Diego, CA; Amanda M. Marin-Chollom, MA, Psychology, The Graduate Center, City University of New York, New York, NY; and Bennett Allen, MA, Psychology, New School for Social Research, New York, NY

Discussant: Lisa Rubin, PhD, Psychology, New School for Social Research, New York, NY

3:45 pm – 5:15 pm

Paper Session 13: eHealth Approaches for Smoking Cessation

Franklin 5, 4th floor

Admission by Name Badge

Chairs: Amanda L. Graham, PhD, Schoeder Institute for Tobacco Research and Policy Studies, Washington, DC; and Thomas K. Houston, MD, MPH, FACSMI, University of Massachusetts Medical School, Worcester, MA

3:45 pm - 4:03 pm

Gender Differences with Smoking Cessation Online Interventions: The QUIT-PRIMO Study

Julie E. Volkman, PhD,^{2,1} Erin M. Borglund, MPH(c),¹ Rajani S. Sadasivam, PhD,¹ Kimberly L. Harvey, MPH,^{1,2} Sarah L. Cutrona, MD, MPH¹ and Thomas K. Houston, MD, MPH^{1,2}. ¹University of Massachusetts Medical School, Worcester, MA and ²VA eHealth QUERI, Bedford, MA.

4:03 pm - 4:21 pm

Crave-Out! A Game for Distraction of Cigarette Cravings

Ariana Kamberi, MBA,¹ Kathryn DeLaughter, MA,²¹ Rajani Sadasivam, PhD¹ and Thomas K. Houston, MD, MPH²¹.¹ Health Informatics & Implementation Science, University of Massachusetts Medical School, Worcester, MA and ²Center for Health Quality, Outcomes and Economic Research, Edith Nourse Rogers Memorial Veterans Hospital, Bedford, MA.

4:21 pm - 4:39 pm	Using Human Centered Design Methods to Inform Development of a Context-Aware, Mobile Smoking Cessation Application Ellen B. Beckjord, PhD, MPH,¹ Alexandra Cardy, BS,¹ Dana H. Bovbjerg, PhD,¹ Saul Shiffman, PhD¹ and Daniel Siewiorek, PhD². ¹University of Pittsburgh, Pittsburgh, PA and ²Carnegie Mellon University, Pittsburgh, PA.
4:39 pm - 4:57 pm	Exploring BMI and Smoking Status as Interrelated Risk Factors Among Users of Web-Based Cessation Jennifer Schindler-Ruwisch, MPH, ^{1,2} Erik Augustson, PhD, ¹ Heather Patrick, PhD, ¹ Amy Sanders, MA ^{1,3} and Shani Taylor, MHS ^{1,3} . ¹ National Cancer Institute, Rockville, MD; ² BLH Technologies, Inc., Rockville, MD and ³ MMG, Inc., Rockville, MD.
4:57 pm - 5:15 pm	Examining the Reliability of Text Messaging as a Mode of Self Reporting Judith A. Mendel, MPH, Lorien C. Abroms, ScD, Ashley L. Boal, MS and Sam Simmens, PhD. Prevention & Community Health, The George Washington University, Washington, DC.
3:45 pm – 5:15 pm	Paper Session 14: Stress and Depression within Minority Populations
Franklin 7, 4th floor Admission by Name Badge	
-	yman, RN, PhD, FAAN, University of Massachusetts Boston, Boston, MA; and Reginald Tucker-Seeley, ncer Institute, Boston, MA
3:45 pm - 4:03 pm	Non-Suicidal Self-Injury in Sexual Minority Women: The Role of Internalized Homophobia and Minority Stress Angela G. Darosh, MA,¹ Teal Pedlow, PhD¹ and Elizabeth E. Lloyd-Richardson, PhD¹². ¹Psychology, University of Massachusetts Dartmouth, North Dartmouth, MA and ²Psychiatry and Human Behavior, Brown Medical School, Providence, RI.
4:03 pm - 4:21 pm	Immigration Stressors, Psychosocial-Behavioral Protective Factors, and Overall Health of Latino-American Subgroups Nationwide Amy L. Ai, PhD,¹ Gino Aisenberg, PhD² and Daniel Hyung Jik, MSW³. ¹Psychology, Florida State University, Tallahassee, FL; ²Florida State University, Tallahassee, FL and ³School of Social Work, University of Pittsburgh, PIttsburgh, PA.
4:21 pm - 4:39 pm	A Weight Gain Prevention Intervention Reduces Depression among Black Women: Results from an RCT Dori M. Steinberg, PhD, RD,¹ Sandy Askew, MPH,¹ Michele G. Lanpher, BA,¹² Perry B. Foley, MPH, MSW,¹ Erica L. Levine, MPH¹ and Gary G. Bennett, PhD¹².¹ Duke Global Health Institute, Duke University, Durham, NC and ²Psychology and Neuroscience, Duke University, Durham, NC.
4:39 pm - 4:57 pm	The Association of Obesity with Depressive Symptoms and Trait Anxiety: Results from the Hispanic Community Health Study/Study of Latinos Natania W. Ostrovsky, PhD,¹ Carmen R. Isasi, MD, PhD,¹ Molly Jung, MPH,¹ Sylvia Smoller, PhD, FACE, FAHA,¹ Sheila F. Castañeda, PhD,² Sonia M. Davis, DrPH,³ Yu Deng, MS,³ Linda C. Gallo, PhD,² Karin A. Garcia, MS,⁴ Rosalba Hernandez, PhD,⁵ Frank J. Penedo, PhD,⁵ Lisa A. Sanchez-Johnsen, PhD⁶ and Neil Schneiderman, PhD⁴, ¹Einstein College of Medicine, Bronx, NY; ²San Diego State University, San Diego, CA; ³University of North Carolina at Chapel Hill, Chapel Hill, NC; ⁴University of Miami, Miami, FL; ⁵Northwestern University, Evanston, IL and ⁶University of Illinois at Chicago, Chicago, IL.
4:57 pm - 5:15 pm	Baseline Prediction of Depressed Mood among African American Women Participating in a Physical Activity Program Diana Ingram, PhD, Arlene Miller, PhD, JoEllen Wilbur, PhD, Louis Fogg, PhD and Susan Buchholz, PhD. College of Nursing Rush University, Chicago, IL.
3:45 pm – 5:15 pm	Paper Session 15: Text to Health: Using Text Messaging to Promote Physical Activity and Weight Loss
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 $Grand\ Ballroom\ A/B,\ 5th\ floor$

Admission by Name Badge

Chairs: Gary G. Bennett, PhD, Duke University, Durham, NC; and Susan M. Schembre, PhD, RD, University of Texas MD Anderson Cancer Center, Houston, TX

3:45 pm – 5:15 pm	Paper Session 17: Factors Associated with Weight Loss Maintenance
4:57 pm - 5:15 pm	Emotional Eating: More Dangerous for Some Than Others? Sarah Kornfeld, MA,¹ Kirstin Aschbacher, PhD,² Rebecca Turner, PhD,¹ Natalie Porter, PhD¹ and Elissa Epel, PhD². ¹California School of Professional Psychology, Alliant International University, San Francisco, CA; ²Department of Psychiatry, University of California San Francisco, San Francisco, CA and ³The Institute for Integrative Health, Baltimore, MD.
4:39 pm - 4:57 pm	Psychological Vulnerability and Pathological Aging: Surprising Associations between Telomere Length and Psychological Burden Louisia Starnino, Bachelor, ^{1,2} Christina Gentile, PhD, ^{1,2} Lambert Busque, MD, PhD ^{2,3} and Bianca D'Antono, PhD ^{1,2} . ¹ Research Centre, Montreal Heart Institute, Montreal, QC, Canada; ² Psychology, Université de Montréal, Montreal, QC, Canada and ³ Research Centre, Hôpital Maisonneuve-Rosemont, Montreal, QC, Canada.
4:21 pm - 4:39 pm	Negative Life Events Impede Success among Low Income, Black Women in an eHealth Weight Gain Prevention Program Charlotte H. Stoute, Bachelor's Candidate, Michele G. Lanpher, BA and Gary G. Bennett, PhD. Duke Global Health Institute & Department of Psychology and Neuroscience, Duke University, Durham, NC.
4:03 pm - 4:21 pm	Socioeconomic Status (SES) Differences in Macronutrient Preference in Response to a Laboratory-Induced Stressor Shelby Langer, PhD,¹ Bonnie McGregor, PhD,¹ Denise Albano, MPH,¹ Shirley Beresford, PhD¹ and Deborah Bowen, PhD². ¹University of Washington, Seattle, WA and ²Boston University, Boston, MA.
3:45 pm - 4:03 pm	Racial Discrimination and Inflammation among African American Women: Biobehavioral and Psychobiological Pathways for Cardiovascular Health Disparities Amani M. Nuru-Jeter, PhD,¹ David H. Chae, ScD,² Melisa M. Price, MPH,³ James Telesford, PhD Candidate,¹ Rodolfo Mendoza-Denton, PhD¹ and Cheryl Woods-Giscombe, PhD⁴. ¹UC Berkeley, Berkeley, CA; ²University of Maryland, College Park, MD; ³UC San Francisco, San Francisco, CA and ⁴University of North Carolina, Chapel Hill, NC.
Franklin 9, 4th floor Admission by Name Badg	•
3:45 pm – 5:15 pm	Paper Session 16: Stress and Health: Biobehavioral Mechanisms
4:57 pm - 5:15 pm	Adherence and Weight Loss in a Technology-Based Intervention among Chinese Overweight Adults Haijun Wang, PhD, ^{1,2} Pao-Hwa Lin, PhD, ² Yanfang Wang, PhD, ¹ Shenting Lin, MD, ¹ Sandy Askew, MPH, ² Erica Levine, MPH, ² Perry Foley, MPH ² and Gary Bennett, PhD ² . ¹ Peking University, Beijing, China and ² Duke University, Durham, NC.
4:39 pm - 4:57 pm	Text-Messaging to Motivate Walking in Older African Americans: A Randomized Controlled Trial Bang Hyun Kim, PhD ¹ and Karen Glanz, PhD ² . ¹ Oncology, Georgetown University, Washington, DC and ² Biostatistics and Epidemiology, University of Pennsylvania, Philadelphia, PA.
4100 pm 4155 pm	Intervention Robert L. Newton, PhD, Arwen M. Marker, BS, Catrine Tudor-Locke, PhD, Stephanie Broyles, PhD, Hongmei Han, MApStat, Ryan Machtmes, MApStat and Timothy Church, MD, MPH, PhD. Pennington Biomedical Research Center, Baton Rouge, LA. Toxt Massaging to Matiyate Walking in Older African Americans: A Pandomized
4:21 pm - 4:39 pm	Promoting Physical Activity in Children Using a Parent-targeted Mobile Phone
4:03 pm - 4:21 pm	Can Tailored Text Messages about Planning Promote Participation in Physical Activity? Chetan D. Mistry, MSc, Shane N. Sweet, PhD ² and Amy E. Latimer-Cheung, PhD ¹ . Kinesiology, Queen's University, Kingston, ON, Canada and Kinesiology, McGill University, Montreal, QC, Canada.
3:45 pm - 4:03 pm	Changes in Symptoms of Depression and Weight Loss in a Technology-Based Intervention among Chinese Adults Haijun Wang, PhD, ^{1,2} Dori Steinberg, PhD, ² Sandy Askew, MPH, ² Erica Levine, MPH, ² Pao-Hwa Lin, PhD, ² Yanfang Wang, PhD, ¹ Perry Foley, MPH ² and Gary Bennett, PhD ² . ¹ Peking University, Beijing, China and ² Duke University, Durham, NC.

3:45 pm - 4:03 pm

Grand Ballroom C/D, 5th floor
Admission by Name Badge
Chairs: Janet Buckworth, PhD, MSW, Ohio State University, Columbus, OH; and Amy

Chairs: Janet Buckworth, PhD, MSW, Ohio State University, Columbus, OH; and Amy L. Yaroch, PhD, Gretchen Swanson Center for Nutrition, Omaha, NE

Who Loses, Maintains or Gains? Profiles from a Weight Loss and Maintenance Trial

2,40 km 4,00 km	Amanda N. Szabo, PhD, ^{1,2} Herrmann Stephen, PhD, ^{1,2} Jaehoon Lee, PhD ² and Joseph E. Donnelly, EdD ^{1,2} . ¹ Kansas University Medical Center, Kansas City, KS and ² University of Kansas, Lawrence, KS.	
4:03 pm - 4:21 pm	Professional or Lay Coaching Plus Financial Incentives for Weight Loss Maintenance Randomized Controlled Pilot Study Tricia M. Leahey, PhD, 'Andrew Seiden, BA,' Denise F. Pierre, BA,' Rajiv Kumar, MD² and Rena Wing, PhD¹. 'Brown Med School, Providence, RI and 'Shape Up, Inc., Providence, RI.	
4:21 pm - 4:39 pm	Recovery from Weight Regain: 5-Year Results from the National Weight Control Registry Kathryn R. Middleton, PhD, MPH, Graham Thomas, PhD and Rena R. Wing, PhD. Psychiatry and Human Behavior, Alpert Medical School of Brown University & The Miriam Hospital, Providence, RI.	
4:39 pm - 4:57 pm	EMA Reported Triggers for Temptations Display Diurnal Patterns Lora E. Burke, PhD,¹ Stephen Rathbun, PhD,² Asim Smailagic, PhD,³ Dan P. Siewiorek, PhD,³ Linda J. Ewing, PhD,¹ Brian French, MS,³ Edvin Music, MSIS¹ and Saul Shiffman, PhD¹.¹University of Pittsburgh, Pittsburgh, PA; ²University of Georgia, Athens, GA and ³Carnegie Mellon University, Pittsburgh, PA.	
4:57 pm - 5:15 pm	Regulation of Attention in Long-Term Weight Management Following Bariatric Surgery Karen E. Stewart, PhD ² and Brianna Epps, none ² . Psychology, Virginia Commonwealth University, Richmond, VA and Phepatology, Gastroenterology, and Nutrition, VCU, Richmond, VA.	
3:45 pm – 5:15 pm	Paper Session 18: Randomized Controlled Trials Promoting Physical Activity	
Franklin 8, 4th floor Admission by Name Badg		
Chairs: Abby C. Kin University, Providen	ng, PhD, Stanford University of Medical School, Stanford, CA; and David M. Williams, PhD, Brown ce, RI	
3:45 pm - 4:03 pm	Is More Better? Test of a Dose-Response Relationship in a Physical Activity Intervention Tailored to Postpartum Women. Hawaii's Na Mikimiki Project Erica Woekel, PhD, 1-2 Cheryl L. Albright, PhD, MPH, 2 Lynne R. Wilkens, DrPH, 2 Kara Saiki, MPH 2 and Wendy J. Brown, PhD3. 1 Castle Wellness and Lifestyle Center, Kailua, HI; 2 University of Hawaii, Honolulu, HI and 3 University of Queensland, St. Lucia, QLD, Australia.	
4:03 pm - 4:21 pm	A Randomized Controlled Trial of a Culturally/Linguistically Adapted, Individually Tailored Physical Activity Intervention for Latinas Bess H. Marcus, PhD,¹ Shira I. Dunsiger, PhD,² Dori W. Pekmezi, PhD,³ Britta Larsen, PhD,¹ Beth C. Bock, PhD,² Kim Gans, PhD,² Becky Marquez, PhD,¹ Kathleen M. Morrow, PhD² and Peter Tilkemeier, MD¹. ¹Family & Preventive Medicine, UC San Diego, La Jolla, CA; ²Brown University, Providence, RI and ³University of Alabama at Birmingham, Birmingham, AL.	
4:21 pm - 4:39 pm	A Randomized-Controlled Trial of Social Norms to Increase Physical Activity Christopher M. Wally, PhD Candidate and Linda D. Cameron, PhD. Psychological Sciences, University of California, Merced, Merced, CA.	
4:39 pm - 4:57 pm	Project SHINE: Effects of a Family-Based Parenting Intervention on Physical Activity and Sedentary Behavior in African American Adolescents and Their Parents Sara M. St. George, MA,¹ Dawn K. Wilson, PhD,² Kassandra A. Alia, MA² and M. Lee Van Horn, PhD². ¹Pediatrics, University of Miami, Miami, FL and ²Psychology, University of South Carolina, Columbia, SC.	
4:57 pm - 5:15 pm	Behavioral Intervention for Increasing Physical Activity in Multiple Sclerosis: Variation in Effect by Clinical Characteristics Robert Motl, PhD,¹ Deirdre Dlugonski, PhD,² Lara A. Pilutti, PhD¹ and Rachel Klaren, BS¹. ¹Kinesiology and Community Health, University of Illinois at Urbana-Champaign, Urbana, IL and ²Exercise and Sport Science, East Carolina University, Greenville, NC.	

3:45 pm – 5:15 p	Paper Session 19: This Too Shall Pass: Spirituality and Religious Coping among Cancer Patients
Franklin 10, 4th Admission by Name	
	I. Salsman, PhD, Northwestern University Feinberg School of Medicine, Chicago, IL; and Amy B. Wachholtz, versity of Massachusetts Medical School, Worcester, MA
3:45 pm - 4:03 p	Restore: The Journey Toward Self-Forgiveness: A Psycho-Spiritual Educational Approach to Self-Forgiveness Loren Toussaint, PhD,¹ Michael Barry, DMin,² Lynn Bornfriend, MD,² Kurrie Wells, PhD,² Gabriel Dorn,¹ Michelle Strafelda, and Logan Kochendorfer, ¹. ¹Department of Psychology, Luther College, Decorah, IA and ²Department of Pastoral Care, Cancer Treatment Centers of America, Philadelphia, PA.
4:03 pm - 4:21 p	Associations among Daily Spiritual Experiences, Pain, and Treatment-Seeking Behaviors in Chinese Americans with Cancer Graciete Lo, PhD, 1 Jack Chen, MBS, 2 Victor Chang, MD, 3 Kin Lam, MD, 2 William Cheung, MD, 4 Wan Lam, MD, 2 Russell Portenoy, MD and Lara Dhingra, PhD 1. 1 National Center for PTSD-Pacific Islands Division, Honolulu, HI; 2 Beth Israel Medical Center, New York, NY; 3 VA New Jersey Health Care System, East Orange, NJ and 4 Community Private Practice, New York, NY.
4:21 pm - 4:39 p	m Religious Coping in the Emotional Writing (EW) of Kidney Cancer Patients Kathrin Milbury, PhD, Benjamin Schulz, MA, Barbara Berkova, BA, Zinat Taiwo, BA, Amy Spelman, PhD, Qi Wei, MA and Lorenzo Cohen, PhD. General Oncology, The University of Texas, MD Anderson Cancer Center, Houston, TX.
4:39 pm - 4:57 p	How Faith, Meaning and Peace Affect Quality of Life (QoL) in Survivors of Cancer Andrea L. Canada, PhD,¹ Patricia E. Murphy, PhD,² George Fitchett, PhD² and Kevin Stein, PhD³.¹Rosemead School of Psychology, Biola University, La Mirada, CA; ²Religion, Health, and Human Values, Rush University Medical Center, Chicago IL and ³Behavioral Research Center, American Cancer Society, Atlanta, GA.
4:57 pm - 5:15 pr	Spirituality and Adjustment in Late Adolescent and Young Adult Cancer Survivors Crystal Park, PhD, Caroline Moran, BA, Dalnim Cho, MA, Amy Hale, MA and Thomas Blank, PhD. University of Connecticut, Storrs, CT.
3:45 pm – 5:15 p	Paper Session 20: Cancer Fatigue: The Influence of Treatment, Medication and Mindfulness
411/412, 4th floor Admission by Name	
Chairs: Kristi D Tampa, FL	D. Graves, PhD, Georgetown University, Washington, DC; and Paul B. Jacobsen, PhD, Moffitt Cancer Center,
3:45 pm - 4:03 p	The Effects and Side-Effects of Prescription Sleep Medications (PSM) on Cancer Survivors with Impaired Sleep Quality (ISQ) Luke J. Peppone, PhD, ¹ Michelle Janelsins, PhD, MPH, ¹ Anita Peoples, PhD, ¹ Charles Kamen, PhD, ¹ James Atkins, MD, ² Marianne Melnik, MD ³ and Karen Mustian, PhD, MPH ¹ . 'Surgery, University of Rochester, Rochester, NY; ² SCCC CCOP, Winston-Salem, NC and ³ Grand Rapids CCOP, Grand Rapids, MI.
4:03 pm - 4:21 p	Mindfulness-Based Stress Reduction for Persistently Fatigued Cancer Survivors: Acute and Maintenance Outcomes from a Randomized Controlled Trial Shelley A. Johns, PsyD, ^{1,2} Linda F. Brown, PhD, ¹ Kathleen Beck-Coon, MD, ³ Patrick O. Monahan, PhD, ⁴ Yan Tong, MS, ⁴ Karen Schmidt, MSN ¹ and Kurt Kroenke, MD ^{1,5} , ¹ Medicine, Indiana University, Indianapolis, IN; ² Regenstrief Institute, Inc., Indianapolis, IN; ³ Indiana University School of Nursing, Indianapolis, IN; ⁴ Medicine, Division of Biostatistics, Indiana University, Indianapolis, IN and ⁵ Roudebush VA Medical Center, Indianapolis, IN.
4:21 pm - 4:39 p	Thoracic Radiotherapy (RT) Effects on Shortness of Breath and Fatigue Anita R. Peoples, PhD,¹ Charles Heckler, PhD,¹ Joseph Roscoe, PhD,¹ Charles Kamen, PhD,¹ Luke Peppone, PhD, MPH,¹ Michelle Janelsins, PhD, MPH,¹ Karen Mustian, PhD, MPH,¹ Jacqueline Williams, PhD,¹ James Atkins, MD,² Raymond Lord, MD,³ Howard Gross, MD⁴ and Gary Morrow, PhD, MS¹. ¹University of Rochester, Rochester, NY; ²SCCC, CCOP, Winston Salem, NJ; ³WMCC, CCOP, Kalamazoo, MI and ⁴DCOP, CCOP, Dayton, OH.

MPH, Portland Veterans Affairs Medical Center, Portland, OR

3:45 pm - 4:03 pm

4:39 pm - 4:57 pm	Chronic Graft-Versus-Host Disease Moderates Changes in Fatigue Among Allogeneic Hematopoietic Stem Cell Transplant Patients Ashley M. Nelson, BA,¹ Brian D. Gonzalez, PhD,¹ Pamela N. Reiersen, MA,¹ Brent J. Small, PhD,² Paul B. Jacobsen, PhD¹ and Heather S. Jim, PhD¹. ¹Health Outcomes & Behavior, Moffitt Cancer Center, Tampa, FL and ²School of Aging Studies, University of South Florida, Tampa, FL.
4:57 pm - 5:15 pm	Do Healthy Behaviors Have a Relationship with Sleep Disturbances and Fatigue in Transplant Caregivers? Alyson Ross, PhD, RN, Li Yang, MS, Leslie Wehrlen, BSN, Stephen Klagholz, BS and Margaret Bevans, PhD. NIH Clinical Center, Bethesda, MD.
3:45 pm – 5:15 pm	Paper Session 21: Physical Activity Interventions among Older Adults
403/404, 4th floor Admission by Name Badg	e
Chairs: Genevieve F University of Illinois,	. Dunton, PhD, MPH, University of Southern California, Los Angeles, CA; and Edward McAuley, PhD, Urbana, IL
3:45 pm - 4:03 pm	Does a Home-Based DVD-Delivered Physical Activity Program Increase Self-Esteem in Older Adults: An RCT Elizabeth Awick, BS, Thomas R. Wójcicki, PhD, Erin A. Olson, MS, Jason T. Fanning, MS, Hyondo D. Chung, MS, Krystle E. Zuniga, PhD, Michael Mackenzie, PhD, Rob W. Motl, PhD and Edward McAuley, PhD. University of Illinois Urbana-Champaign, Urbana, IL.
4:03 pm - 4:21 pm	Disseminating FFC-AL and Demonstrating that Health Behavior Matters for Older Adults Living in These Settings Elizabeth Galik, PhD and Barbara Resnick, PhD CRNP. University of Maryland, Baltimore, MD.
4:21 pm - 4:39 pm	Multilevel Modeling of Exercise Effects on Loneliness in Older Adults Michael J. Mackenzie, PhD, Hyondo D. Chung, MS, Krystle E. Zuniga, PhD, Jeffrey A. Woods, PhD and Edward McAuley, PhD. Kinesiology & Community Health, University of Illinois at Urbana-Champaign, Urbana, IL.
4:39 pm - 4:57 pm	The Effects of an 8-Week Hatha Yoga Intervention on Executive Function in Older Adults Neha P. Gothe, MA, MS, PhD,¹ Edward McAuley, PhD²⁴ and Arthur Kramer, PhD³⁴. ¹Kinesiology, Wayne State University, Detroit, MI; ²Kinesiology, University of Illinois at Urbana Champaign, Urbana, IL; ³Psychology, University of Illinois at Urbana Champaign, Urbana, IL and ⁴Beckman Institute for Advanced Science and Technology, University of Illinois at Urbana Champaign, Urbana, IL.
4:57 pm - 5:15 pm	Effects of 6-Months DVD-Delivered Exercise Intervention on Functional Limitation in Older Adults Hyondo D. Chung, Master of Science, Thomas R. Wojcicki, PhD, Erin A. Olson, MS, Jason T. Fanning, MS, Elizabeth A. Awick, MS, Michael J. Mackenzie, PhD, Krystle E. Zuniga, PhD, Robert W. Motl, PhD and Edward McAuley, PhD. University of Illinois at Urbana-Champaign, Urbana, IL.
3:45 pm – 5:15 pm	Paper Session 22: Advances in HIV Prevention Across Diverse Settings and Populations
414/415, 4th floor Admission by Name Badg	•

 $David\ McKirnan,\ PhD^{_{1,2}}\ and\ Kyle\ Jones,\ MA^{_{1,2}}.\ ^{1}Psychology,\ University\ of\ Illinois\ Chicago,\ Chicago,\ IL\ and\ ^{2}Research,\ Howard\ Brown\ Health\ Center,\ Chicago,\ IL.$

Project ICARE: Culturally Tailored Intervention for Sexually Risky African-American

4:03 pm - 4:21 pm	Collectivism and Risky Sex in MSM: Results from the LA Ethnic Minority Men's Health Study John A. Sauceda, PhD, Jay Paul, PhD, Steve E. Gregorich, PhD and Kyung-Hee Choi, PhD. Center for AIDS Prevention Studies, University of California, San Francisco, San Francisco, CA.
4:21 pm - 4:39 pm	Increasing Uptake of Medical Male Circumcision in Zambia Stephen M. Weiss, PhD, MPH, ^{1,2} Deborah L. Jones, PhD, ^{1,2} Robert Zulu, MD, ² Ndashi Chitalu, MD, MPH, ² Colleen Redding, PhD ³ and Ryan Cook, BA ¹ . ¹ Psychiatry and Behavioral Sciences, University of Miami, Miami, FL; ² University of Zambia, Lusaka, Zambia and ³ Department of Psychology, University of Rhode Island, Providence, RI.
4:39 pm - 4:57 pm	Mental Health and HIV-Risk Behaviors among Methamphetamine Users in Cape Town, South Africa Andrea L. Hobkirk, PhD,¹ Melissa Watt, PhD,¹ Sheri L. Towe, PhD,¹ Donald Skinner, PhD,² Stephen Kimani, MD,¹ Desiree Pieterse, MPH² and Christina Meade, PhD¹. ¹Duke University, Durham, NC and ²Stellenbosch University, Cape Town, South Africa.
4:57 pm - 5:15 pm	Exposure to HIV Prevention Messages and HIV/STI Testing among Mexican Migrants Norma-Jean Simon, MPH, MPA,¹ Ana Martinez-Donate, PhD,¹ Xiao Zhang, PhD,¹ Melbourne Hovell, MPH, PhD,² M. Gudelia Rangel, MPH, PhD,³ Carlos Magis, PhD⁴ and Eduardo Gonzalez-Fagoaga, PhD³.¹University of Wisconsin-Madison, Madison, WI; ²San Diego State University, San Diego, CA; ³El Colegio de la Frontera Norte, Tijuana, Mexico and ⁴Centro Nacional para la Prevención y el Control del VIH y el SIDA, Mexico D.F., Mexico.
3:45 pm – 5:15 pm	Paper Session 23: The Role of Social and Environmental Factors in Cardiovascular Disease Risk and Prevention
Franklin 6, 4th floor Admission by Name Badg	
-	umenthal, PhD, Duke University Medical Center, Durham, NC; and Karly S. Geller, PhD, Miami
3:45 pm - 4:03 pm	Multilevel Modeling of the Impact of Neighborhood Risk and Protective Factors on Blood Pressure in Underserved African-American Communities Sandra M. Coulon, MA, ^{1,2} Dawn K. Wilson, PhD, ¹ Kassandra A. Alia, MA ¹ and M. Lee Van Horn, PhD ¹ . Department of Psychology, University of South Carolina, Columbia, SC and ² Institute of Psychiatry, Medical University of South Carolina, Charleston, SC.
4:03 pm - 4:21 pm	Built Environment and Cardiovascular Disease Risk Factors-A Decision Tree Analysis Heather J. Leach, PhD, ^{1,2} Scherezade K. Mama, DrPH ³ and Rebecca E. Lee, PhD ⁴ . ¹ Tx Obesity Research Ctr, Health & Human Performance, U of Houston, Houston, TX; ² Faculty of Kinesiology, U of Calgary, Calgary, AB, Canada; ³ Health Disparities Research, U of Texas, MD Anderson Cancer Ctr, Houston, TX and ⁴ College of Nursing and Health Innovation, Arizona State University, Phoenix, AZ.
4:21 pm - 4:39 pm	Heart of Hypertension: A Community Collaboration to Develop a Hypertension Prevention Program for and with 25-45 year old African-American Men Margaret Savoca, PhD,¹ Kevin Carter, MSW² and Debra Wallace, PhD, RN³. ¹Wake Forest School of Medicine, Winston Salem NC; ²North Carolina A&T University, Greensboro, NC and ³University of North Carolina at Greensboro, Greensboro, NC.
4:39 pm - 4:57 pm	Socioeconomic Status and Ambulatory Blood Pressure in a Sample of Black and Latino(a) Urban Adults Elizabeth Brondolo, PhD,¹ Kimberly Roberts, Master of Arts,¹ Genelle Cox, Bachelor of Arts,¹ Akasia J-Riggins, Bachelor of Arts,¹ Andrea Cassells, Master of Public Health² and Jonathan Tobin, PhD². ¹Psychology, St. John's University, Jamaica, NY and ²Clinical Directors Network, New York, NY.
4:57 pm - 5:15 pm	Food Insecurity Limits the Effectiveness of Behavioral Interventions to Reduce BP Stephanie A. Grilo, BA, Gbenga Ogedegbe, MD ² and Tanya M. Spruill, PhD ² . Yale School of Public Health, New Haven, CT and New York University School of Medicine, New York, NY.

3:45 pm - 5:15 pm Paper Session 24: Diabetes Self-Management Interventions and Approaches

408/409, 4th floor Admission by Name Badge

Chairs: Margaret Grey, PhD, RN, Yale University, West Haven, CT; and Caroline R. Richardson, MD, Ann Arbor VA Medical Center and University of Michigan Department of Family Medicine, Ann Arbor, MI

3:45 pm - 4:03 pm

Behavioral Lifestyle Intervention Decreases Risk in Type 2 Diabetes: Results of the CALM-D Randomized Controlled Trial

Ashley E. Moncrieft, PhD,¹ Maria M. Llabre, PhD,¹ Judith R. McCalla, PhD,¹ Miriam Gutt, PhD,² Armando J. Mendez, PhD,² Marc D. Gellman, PhD,¹ Ronald B. Goldberg, MD² and Neil Schneiderman, PhD¹. ¹Psychology, University of Miami, Coral

Gables, FL and ²Medicine, University of Miami Miller School of Medicine, Miami, FL.

4:03 pm - 4:21 pm Motivational Intervention for Minority Youth with Type 1 Diabetes

Alan Delamater, PhD, Amber Daigre, PhD, Elizabeth Pulgaron, PhD, Ashley Marchante, BA, Anna Maria Patino-Fernandez, PhD and Janine Sanchez, MD. Pediatrics, Univ Miami, Miami, FL.

4:21 pm - 4:39 pm Emotional Distress and Diabetes Self-Care: Putting the Pieces Together

Jeffrey S. Gonzalez, PhD, ^{1,2} Clyde Schechter, MD, ² Elizabeth Walker, PhD, RN² and Lynn Silver, MD, MPH³. ¹Ferkauf Graduate School of Psychology, Yeshiva University, Bronx, NY; ²Albert Einstein College of Medicine, Bronx, NY and ³Sonoma County, CA

Department of Health Services, Santa Rosa, CA.

4:39 pm - 4:57 pm Impact of a Community Health Worker Delivered Intervention on African American Women with Type 2 Diabetes: Interim Results from EMPOWER!

Lesley D. Lutes, PhD, Doyle M. Cummings, PharmD, Kerry Littlewood, PhD, Emily DiNatale, MA and Chelsey Solar, MS/EdS. Psychology, East Carolina University, Greenville, NC; 2Family Medicine and Center for Health Disparities, East Carolina University, Greenville, NC and Social Work, East Carolina University, Greenville, NC.

4:57 pm - 5:15 pm **Re-Thinking the Frequency of Between-Visit Monitoring for Patients with Diabetes**

John Piette, PhD,^{1,3} James Aikens, PhD,² Ann Marie Rosland, MD^{3,2} and Jeremy B. Sussman, MD^{3,2}, ¹Health Behavior and Health Education, University of Michigan School of Public Health, Ann Arbor, MI; ²University of Michigan Medical School, Ann Arbor, MI and ³Center for Clinical Management Research/HSR&D, VA Ann Arbor Healthcare System, Ann Arbor, MI.

5:25 pm - 6:25 pm Keynote Address: Achieving Longer, Healthier Lives: Are We on the Right Track?

Robert M. Kaplan, PhD, Director, Office of Behavioral and Social Sciences Research, National Institutes of Health, Bethesda, MD

Moderator: Dawn K. Wilson, PhD, University of South Carolina, Columbia, SC *Grand Ballroom E/F*, 5th floor

Admission by Name Badge

Using a variety of different methodologies, investigators have assessed the percentage of variance in health outcomes determined by medical, social, environmental, and behavioral factors. This presentation systematically examines the range of estimates. Averaged across a variety of different methods and evaluation strategies, behavioral and social factors consistently account for at least 50% of the variance in health outcomes.

6:25 pm – 7:45 pm **Poster Session C***

Franklin, 4th floor Admission by Name Badge

It's Friday night and we've got a poster session that is going to set the stage for a wonderful night on the town. Before you go out – be sure to stop by the poster session – enjoy complimentary hors d'oeuvres while you peruse the posters. Make the poster hall the meeting spot for your going out party!

6:25 pm – 7:45 pm Diabetes SIG Poster Session Flash Mob

Franklin, 4th floor – Diabetes Content Area

Join Diabetes SIG members at a poster session highlighting research related to Diabetes Care and Prevention. Diabetes SIG members and supporters will meet at the poster session by the Diabetes themed poster section (signs will be posted indicating the location) to socialize and review relevant posters, providing feedback and encouragement to investigators. Flash Mob participants may form groups to go out to dinner after the poster session.

DAY AT A GLANCE

Start	End	Title
7:00 am	11:00 am	Registration Open
7:30 am	8:30 am	Business Meeting and Awards Ceremony*
8:40 am	10:10 am	Paper Sessions
10:10 am	11:30 am	Poster Session D*
10:20 am	11:05 am	Master Lectures
11:30 am	12:30 pm	Closing Keynote Address

^{*}Sessions not eligible for Continuing Education Credit

6:30 am - 7:30 am Fun Run/Walk*

Better Health through Behavior Change begins with you! Show off your athletic prowess by participating in the Fun Run/Walk! All runners and walkers are to meet near the concierge desk at 6:15 am. The run starts at 6:30 am sharp. More information to come.

7:00 am - 11:00 am Registration Desk Open

7:30 am - 8:30 am SBM Business Meeting and Awards Ceremony*

Grand Ballroom A/B, 5th floor

Breakfast will be served

SBM leaders will report on the state of the organization including its finances and membership. Any potential SBM Bylaws' changes will be voted on. Results of the election for two SBM Board positions, President-Elect and Member Delegate, will be announced and the President-Elect will then commence his/her presidential term.

8:40 am - 10:10 am Paper Session 25: Diet, Physical Activity, and Obesity among Youth

Grand Ballroom A/B, 5th floor

Admission by Name Badge

Chairs: Matthew P. Buman, PhD, Arizona State University, Phoenix, AZ; and Julie A. Wright, PhD, University of Massachusetts, Boston, MA

8:40 am - 8:58 am The Whole-of-School Approach for Physical Activity: School Practices and Associations with Student Physical Activity in a Nationally Representative Sample of Secondary Students Natalie Colabianchi, PhD,¹ Jamie L. Griffin, PhD,¹ Sandy J. Slater, PhD,² Patrick M. O'Malley, PhD¹ and Lloyd D. Johnston, PhD¹. ¹Institute for Social Research, University of Michigan, Ann Arbor, MI and ¹Institute for Health Research and Policy, University of Illinois at Chicago, Chicago, IL.

8:58 am - 9:16 am MAOA-Stress Interactions on Dietary Patterns in Chinese Adolescents

Bin Xie, PhD,¹ Dalin Li, PhD,² Aye Aye Khaine, MS,¹ Hilary Tanenbaum, MS,¹ Paula H. Palmer, PhD,¹ C. A. Johnson, PhD¹ and David Conti, PhD³. ¹School of Community and Global Health, Claremont Graduate University, Claremont, CA; ²Cedars-Sinai Medical Center/University of California at Los Angeles, Los Angeles, CA and ³Keck School of Medicine, University of Southern California, Los Angeles, CA.

9:16 am - 9:34 am Pathways Linking Short Sleep Duration to Child Obesity in Low-SES Households

Bradley M. Appelhans, PhD,¹ Stephanie L. Fitzpatrick, PhD,¹ Hong Li, PhD,¹ Vernon Cail, MPH, MPA,¹ Molly E. Waring, PhD,² Kristin L. Schneider, PhD,³ Matthew C. Whited, PhD,⁴ Andrew M. Busch, PhD⁵ and Sherry L. Pagoto, PhD². ¹Rush University Medical Center, Chicago, IL; ²University of Massachusetts Medical School, Worcester, MA; ³Rosalind Franklin University, North Chicago, IL; ⁴East Carolina University, Greenville, NC and ⁵Brown University, Providence, RI.

9:34 am - 9:52 am	Diagnostic Severity and Functional Limitations Contribute to Increased Prevalence of Obesity in Autistic Youth Megan M. Fritz, BS, E. Amy Janke, PhD and Jessica Sautter, PhD. Behavioral and Social Sciences, University of the Sciences, Philadelphia, PA.
9:52 am - 10:10 am	Randomized Controlled Trial of a Motivational Interviewing Intervention in Pediatric Obesity: The MI Values Study Melanie K. Bean, PhD,¹ Priscilla Powell, PhD,¹ Karen Ingersoll, PhD,² Marilyn Stern, PhD,¹ Ronald Evans, PhD,¹ Edmond Wickham, MD MPH¹ and Suzanne Mazzeo, PhD¹. ¹Virginia Commonwealth University, Richmond, VA and ²University of Virginia, Charlottesville, VA.
8:40 am – 10:10 am	Paper Session 26: Evaluations of Weight Loss Interventions
Grand Ballroom C/D Admission by Name Badg	
Chairs: Tricia M. Le Carolina, Columbia, S	ahey, PhD, Brown Medical School, Providence, RI; and Dawn K. Wilson, PhD, University of South SC
8:40 am - 8:58 am	Application of an Adaptive Intervention Protocol in a Weight Management Trial Shirley M. Moore, RN, PhD, Kathy Wright, RN, PhD, Sharon Andrisin, RN, BA, Frances Lissemore, PhD, CCRC, Julie Hewitt, MEd, Ana Solano-Lopez, BSN and Carolyn Ievers-Landis, PhD. Frances Payne Bolton School of Nursing, Case Western Reserve University, Cleveland, OH.
8:58 am - 9:16 am	Weight Gain Prevention in the School Worksite Setting: Results of a Multi-Level Cluster Randomized Trial Stephenie C. Lemon, PhD,¹ Monica L. Wang, ScD,¹ Nicole M. Wedick, ScD,¹ Barbara Estabrook, MSPH,¹ Susan Druker, MA,¹ Kristin L. Schneider, PhD,² Wenjun Li, PhD¹ and Lori Pbert, PhD¹. ¹UMass Medical School, Worcester, MA and ²Rosalind Franklin University of Medicine, Chicago, IL.
9:16 am - 9:34 am	Predicting Meaningful Outcomes to Medication and Self-Help Treatments for Binge Eating Disorder in Primary Care: The Significance of Rapid Response Carlos M. Grilo, PhD. Psychiatry, Yale University School of Medicine, New Haven, CT.
9:34 am - 9:52 am	The Impact of Mindful Eating Behaviors on Weight Loss in Overweight and Obese Adults Kelliann K. Davis, PhD,¹ Deborah Tate, PhD,² Bethany Barone Gibbs, PhD,¹ Wei Lang, PhD,³ Kristen Polzien, PhD,² Karen Erickson, MS,² Amy D. Rickman, PhD¹ and John Jakicic, PhD¹. ¹University of Pittsburgh, Pittsburgh, PA; ²University of North Carolina, Chapel Hill, NC and ³Wake Forest School of Medicine, Winston-Salem, NC.
9:52 am - 10:10 am	Effects of a Small Changes Approach for Weight Loss in Veterans: 24-Month Outcomes Lesley D. Lutes, PhD,¹ Laura J. Damschroder, MPH,² David E. Goodrich, EdD,² Rob Holleman, PhD,² Myra Kim, PhD,² Leah Gillon, MA² and Caroline R. Richardson, MD². 'Psychology, East Carolina University, Greenville, NC and ²VA Center for Clinical Management Research, VA Ann Arbor Healthcare System, Ann Arbor, MI.
8:40 am – 10:10 am	Paper Session 27: Multi-Component Intervention Trials for Diet and Exercise
Franklin 8, 4th floor Admission by Name Badg	e
Chairs: Paul A. Esta University, Chicago, l	brooks, PhD, Virginia Tech Riverside, Roanoke, VA; and Bonnie Spring, PhD, ABPP, Northwestern IL
8:40 am - 8:58 am	FOGO Wellness: Promoting Physical Activity and Fruit and Vegetable Consumption Through a Community-Based Lifestyle Modification Program Selina M. Stasi, BA/MPH. Public Health Sciences, University of Miami Miller School of Medicine, Miami, FL.
8:58 am - 9:16 am	Transformation for Health: Obesity Prevention Intervention among Hispanic Children in West Texas Christina Esperat, RN, PhD, FAAN,¹ Du Feng, PhD,¹² Linda McMurry, RN, DNP, NEA-BC¹ and Huaxin Song, PhD¹. ¹School of Nursing, Texas Tech University Health Sciences Center, Lubbock, TX and ²School of Nursing, University of Nevada, Las Vegas, Las Vegas, NV.

9:16 am - 9:34 am	Randomized Trial of Single- Versus Multi-Component Dietary Goals on Weight Loss and Diet Quality in Individuals with Metabolic Syndrome Yunsheng Ma, PhD,¹ Barbara C. Olendzki C. Olendzki, MPH, RD,¹ Nicole M. Wedick, ScD,¹ Ira S. Ockene, MD,¹ Philip A. Merriam, MSPH,¹ Jinsong Wang, PhD,¹ Annie L. Culver, BPharm,¹ Kristin L. Schneider, PhD,² Gin-Fei Olendzki, MS,¹ Hua Fang, PhD,¹ Gioia Persuitte, MS,¹ Zhiying Zhang, PhD,¹ Tingjian Ge Ge, PhD,¹ James Carmody, PhD¹ and Sherry L. Pagoto, PhD¹. ¹University of Massachusetts Medical School, Worcester, MA and ²Rosalind Franklin University of Medicine & Science, North Chicago, IL.
9:34 am - 9:52 am	Energy Balance, Weight and Depression after Lifestyle Intervention for Patients with Comorbid Type 2 Diabetes and Depression Carrie E. Brintz, BA, Maria M. Llabre, PhD, Marc Gellman, PhD and Neil Schneiderman, PhD. Psychology, University of Miami, Coral Gables, FL.
9:52 am - 10:10 am	Effects of a Group-Mediated and Structured Lifestyle Intervention on Psychosocial Cognitions in Obese Adolescents Stefanie De Jesus, BSc, MA, PhD(c),¹ David J. Hill, DPhil,² Harry Prapavessis, PhD,¹ Kevin Shoemaker, PhD,¹ A. Justine Wilson, MA³ and Cheril Clarson, BM BS⁴. ¹Western University, London, ON, Canada; ²Lawson Health Research Institute, London, ON, Canada; ³University of British Columbia, Vancouver, BC, Canada and ⁴London Health Sciences Centre, London, ON, Canada.
8:40 am – 10:10 am	Paper Session 28: Military Service and Mental Health
408/409, 4th floor Admission by Name Badg Chairs: David E. Go	e odrich, EdD, MS, MA, VA Ann Arbor Healthcare System, Ann Arbor, MI; and Sara Knight, PhD, VA
Health Services Research	arch and Development, Washington, DC
8:40 am - 8:58 am	Physical Symptoms Can Precede PTSD Symptoms in a Longitudinal Prospective Study of Soldiers Deployed to Iraq and Afghanistan Lisa M. McAndrew, PhD, ^{1,2} Sarah J. Schmiege, PhD³ and Karen S. Quigley, PhD ^{4,5} , ¹WRIISC, VA NJHCS, East Orange, NJ; ²Division of Counseling Psychology, University at Albany, Albany, NY; ³Department of Biostatistics and Informatics, University of Colorado Denver, Denver, CO; ⁴Veterans Affairs, ENR Bedford Memorial Hospital, Bedford, MA and ⁵Department of Psychology, Northeastern University, Boston, MA.
8:58 am - 9:16 am	A Prospective Analysis of Stigma as a Predictor of Depression Treatment Preferences, Mental Health Treatment Engagement and Care Quality Duncan Campbell, PhD,¹ Laura Bonner, PhD,² Cory Bolkan, PhD,³ Andy Lanto, MA,⁴ Kara Zivin, PhD,⁵ Thomas Waltz, PhD,⁶ Klap Ruth, PhD,⁴ Rubenstein Lisa, MD, MSPH⁴ and Chaney Edmund, PhD². ¹University of Montana, Missoula, MT; ²VA Puget Sound, Seattle, WA; ³Washington State University Vancouver, Vancouver, WA; ⁴VA Greater Los Angeles, Los Angeles, CA; ⁵VA Ann Arbor, Ann Arbor, MI and ⁶Eastern Michigan University, Ypsilanti, MI.
9:16 am - 9:34 am	Brief Behavioral Activation for Depressed Veterans in Primary Care: A Pilot Study of Effectiveness and Acceptability Jennifer S. Funderburk, PhD, ^{1,2} Wil Pigeon, PhD, ^{1,3} Stephen Maisto, PhD ^{2,1} and Robyn Fielder, PhD ¹ . ¹ Center for Integrated Healthcare, Syracuse VAMC, Syracuse, NY; ² Dept. of Psychology, Syracuse University, Syracuse, NY and ³ Center for Excellence on Suicide Prevention, Canandaigua VAMC, Canandaigua, NY.
9:34 am - 9:52 am	Evaluating Veterans' Illness Cognitions to Improve Care of Medically Unexplained Symptoms L. Alison Phillips, PhD, ¹ Ben Laman-Maharg, student ¹ and Lisa McAndrew, PhD ² . ¹ George Washington University, Washington, DC and ² Veterans Administration, East Orange, NJ.
9:52 am - 10:10 am	System Changes to Facilitate the Implementation of Evidence-Based Psychotherapy as a Front-Line Treatment Jeanne Gabriele, PhD ^{1,2} and Alison Duncan, LPC ¹ , ¹ G.V. (Sonny) Montgomery VA Medical Center, Jackson, MS and ² Univeristy of Mississippi Medical Center, Jackson, MS.

8:40 am – 10:10 am	Paper Session 29: Behavioral Interventions for Individuals with Cardiovascular Disease or COPD
Franklin 7, 4th floor Admission by Name Badge	e
Chairs: Karina W. D School of Medicine, N	avidson, PhD, Columbia University, New York, NY; and Tanya M. Spruill, PhD, New York University New York, NY
8:40 am - 8:58 am	An Internet-Mediated Walking Program for Veterans with COPD Marilyn L. Moy, MD, ^{3,4} Riley Collins, BS, ⁵ Carlos H. Martinez, MD, ⁵ Reema Kadri, MLIS, ² Pia Roman, MA, ² Robert G. Holleman, MPH, ² Hyungjin Myra Kim, PhD, ² Huong Q. Nguyen, PhD, RN, ⁶ Miriam D. Cohen, MSN ⁷ and Caroline R. Richardson, MD ^{2,1} 'Family Medicine, University Of Michigan, Ann Arbor, MI; ² VA Center for Clinical Management Research Ann Arbor, MI; ³ VA Boston Healthcare System, Ann Arbor, MA; ⁴ Harvard Medical School, Boston, MA; ⁵ University of Michigan Health System, Ann Arbor, MI; ⁶ Kaiser Permanente Southern California, Pasadena, CA and ⁷ VA New York Harbor Brooklyn, NY.
8:58 am - 9:16 am	The Use of a Telehealth Intervention to Improve Coping with Chronic Obstructive
	Pulmonary Disease James A. Blumenthal, PhD,¹ Charles Emery, PhD,² Patrick Smith, PhD,¹ Francis Keefe, PhD,¹ Karen Welty-Wolf, MD,¹ Stephanie Mabe, MS,¹ Tereza Martinu, MD,¹ Julie Johnson, PA-C,¹ Michael Babyak, PhD,¹ Virginia O'Hayer, PhD,¹ Philip Diaz, MD,² Donald Baucom, PhD³ and Scott Palmer, MD¹.¹ Duke University Medical Center, Durham, NC; ²Ohio State University, Columbus, OH and ³University of North Carolina, Chapel Hill, NC.
9:16 am - 9:34 am	Impact of a Quality Improvement Program on Quality of Life in Heart Failure: The VALOR in Heart Failure Study Jennifer P. Friedberg, PhD, ^{1,2} Sangmin Jung, MEd, ¹ Rohima Begum, MPH, ¹ Maria Antonia Rodriguez, PhD, ¹ Binhuan Wang, PhD, ² Yixin Fang, PhD ² and Sundar Natarajan, MD, MSc ^{1,2} . ¹ VA New York Harbor Healthcare System, New York, NY and ² NYU School of Medicine, New York, NY.
9:34 am - 9:52 am	Physical Activity Patterns During and After Cardiac Rehabilitation: Linking Theory-Based Variables Shane N. Sweet, PhD,¹ Michelle S. Fortier, PhD,² Shaelyn M. Strachan, PhD,³ Chris M. Blanchard, PhD⁴ and Pierre Boulay, PhD⁵. ¹McGill University, Montreal, QC, Canada; ²University of Ottawa, Ottawa, ON, Canada; ³University of Manitoba, Winnipeg, MB, Canada; ⁴Dalhousie University, Halifax, NS, Canada and ⁵Université de Sherbrooke, Sherbrooke, QC, Canada
9:52 am - 10:10 am	Mediators of Exercise Maintenance After Cardiac Rehabilitation Bernardine M. Pinto, PhD ^{1,2} and Shira Dunsiger, PhD ^{1,3} . Miriam Hospital, Providence, RI; Alpert Medical School of Brown University, Providence, RI and School of Public Health, Brown University, Providence, RI.
8:40 am – 10:10 am	Paper Session 30: Cancer Screening: The Gist of it All
Franklin 9, 4th floor Admission by Name Badge	
, ,	lark, PhD, MS, Brown University, Providence, RI; and Amy McQueen, PhD, Washington University
8:40 am - 8:58 am	Examining the Effect of a 'Gist-Based' Colorectal Cancer Screening Information Leaflet A Multi-Centre Randomised Controlled Trial Samuel G. Smith, BSc, MSc, 1.2 Rosalind Raine, PhD, 3 Wardle Jane, PhD1 and Christian von Wagner, PhD1. Epidemiology and Public Health, University College London, London, United Kingdom; "General Internal Medicine and Geriatrics, Northwestern University, Chicago, IL and Applied Health Research, University College London, United Kingdom.
8:58 am - 9:16 am	The Impact of Interval Cancers In FOBT Screening on Adjustment to a Cancer Diagnosi and Attitudes Towards Screening

United Kingdom and ⁵University College London, London, United Kingdom.

Anne Miles, PhD,¹ Paula McClements, PhD,² Robert Steele, PhD,³ Claudia Redeker, MSc,¹ Nick Sevdalis, PhD⁴ and Jane Wardle, PhD⁵. ¹Psychological Sciences, Birkbeck, University of London, London, United Kingdom; ²National Services Scotland, Edinburgh, United Kingdom; ³University of Dundee, Dundee, United Kingdom; ⁴Imperial College London, London,

9:16 am - 9:34 am	Boosting Uptake and Acceptability of Immunochemical Fecal Occult Blood Test (I-FOBT) Screening In Primary Care Clinics Stacy N. Davis, PhD, MPH,¹ Rania Abdulla, MS,¹ Alyssa Schmidt, MPH,¹ Ji-Hyun Lee, DrPH,¹ William Fulp, MS,¹ Gwen Quinn, PhD,¹ Susan Vadaparampil, PhD, MPH,¹ Chitra Ravindra, MD,² Ida Schultz, LPN,³ Richard Roetzheim, MD, MSPH,¹ David Shibata, MD,¹ Cathy D. Meade, PhD, RN¹ and Clement K. Gwede, PhD, MPH, RN¹. ¹Moffitt Cancer Center, Tampa, FL; ²Pinellas County Health Department, St. Petersburg, FL and ³Premier Community Healthcare Group, Dade City, FL.
9:34 am - 9:52 am	"That's a Painful Procedure:" Perceptions of Barriers and Facilitators to Cervical Cancer Screening among HIV-Infected Women from an Integrated HIV Clinic Faith E. Fletcher, PhD, MA,¹ Meredith Buchberg, MPH,² Leslie R. Schover, PhD,² Mirjam-Colette Kempf, PhD,³ Karen Basen-Engquist, PhD,² Roberto C. Arduino, MD⁴ and Damon J. Vidrine, DrPH².¹Division of Community Health Sciences, The University of Ilinois at Chicago, Chicago, IL; ²Behavioral Science, The University of Texas MD Anderson Cancer Center, Houston, TX; ³School of Nursing and Department of Health Behavior, University of Alabama at Birmingham, Birmingham, AL and ⁴Division of Infectious Diseases, The University of Texas Health Science Center at Houston Medical School, Houston, TX.
9:52 am - 10:10 am	Psychosocial Factors Impact Breast Cancer Survivors' Adjuvant Hormone Therapy Adherence: A Comprehensive Review Julia R. Van Liew, MA¹ and Alan J. Christensen, PhD¹². ¹Psychology, University of Iowa, Iowa City, IA and ¹Internal Medicine University of Iowa, Iowa City, IA.
8:40 am – 10:10 am	Paper Session 31: Cognitive Functioning After Cancer Treatment
Franklin 6, 4th floor Admission by Name Badg Chairs: Michael A. I Cancer Center, Tamp	Diefenbach, PhD, Mount Sinai School of Medicine, New York, NY; and Brian F. Gonzalez, PhD, Moffitt
8:40 am - 8:58 am	IGF-1 Predicts Improved Memory Function in Breast Cancer Patients Receiving Chemotherapy Michelle C. Janelsins, PhD, MPH, Song Yao, PhD, Karen M. Mustian, PhD, MPH, Luke J. Peppone, PhD, MPH, Charles E. Heckler, PhD, MS, Christine B. Ambrosone, PhD and Gary R. Morrow, PhD, MS, University of Rochester, Rochester, NY and Roswell Park Cancer Institute, Buffalo, NY.
8:58 am - 9:16 am	Cognitive Deficits are Associated with Reduced Physical Activity among Breast Cancer Survivors and Healthy Controls: A Cross-Sectional Comparative Study Kamnesh Pradhan, MD, Timothy Stump, MS, Patrick Monahan, PhD and Victoria Champion, PhD, RN, FAAN. Indiana University Simon Cancer Center, Indianapolis, IN.
9:16 am - 9:34 am	Obesity, Physical Activity, and Sleep May Impact Cognitive Functioning in Breast Cancer Survivors Sheri J. Hartman, PhD, Catherine Marinac, BA, Loki Natarajan, PhD and Ruth Patterson, PhD. Department of Family and Preventive Medicine, University of California, San Diego, La Jolla, CA.
9:34 am - 9:52 am	Cognitive and Affective Function in Newly Diagnosed Patients with Primary Brain Tumors John E. Schmidt, PhD, Dana H. Bovbjerg, PhD, Frank S. Lieberman, MD, Catherine M. Bender, PhD, RN, Jason M. Weimer, MA and Paula R. Sherwood, PhD, RN. University of Pittsburgh, Pittsburgh, PA.
9:52 am - 10:10 am	Impact of Demographic and Medical Variables on Neuropsychological Functioning of Pediatric Hematopoietic Stem Cell Transplant (HCT) Survivors Rachel Kentor, BA,¹ Renee Lajiness-OʻNeill, PhD,¹ Flora Hoodin, PhD,¹² Kimberly Heinrich, PhD² and James Connelly, MD³. ¹Psychology, Eastern Michigan University, Ypsilanti, MI; ²Psychiatry, University of Michigan Health System, Ann Arbor, MI and ³Pediatrics, University of Michigan Health System, Ann Arbor, MI.

8:40 am – 10:10 am	Paper Session 32: Innovative Smoking Cessation Interventions and Approaches
Franklin 5, 4th floor Admission by Name Badge	e e
	eans, PhD, Robert Wood Johnson Foundation, Princeton, NJ; and Jamie S. Ostroff, PhD, Memorial er Center, New York, NY
8:40 am - 8:58 am	Examining Moderators of 2-Year Smoking Temptations Trajectories in Adult Smokers Hui-Qing Yin, MA, ^{1,2} Joseph S. Rossi, PhD, ^{1,2} Hisanori Kobayashi, PhD ¹ and Colleen A. Redding, PhD ^{1,2} . ¹ Cancer Prevention Research Center, University of Rhode Island, Kingston, RI and ² Department of Psychology, University of Rhode Island, Kingston, RI.
8:58 am - 9:16 am	Levels of Transtheoretical Model Tailoring for Smoking Cessation: Randomized Trial Outcomes Colleen A. Redding, PhD, James O. Prochaska, PhD, Joseph S. Rossi, PhD, Andrea L. Paiva, PhD, Hisanori Kobayashi, PhD, Hui-Qing Yin, MA, Wayne F. Velicer, PhD, Cerissa L. Blaney, PhD, Elizabeth Diamond, PhD and Sally Cottrill, PhD. CPRC, University Rhode Island, Kingston, RI.
9:16 am - 9:34 am	Longitudinal Care for Smoking Cessation: Increasing Satisfaction, Self-Efficacy and Readiness to Quit Helps Struggling Smokers Succeed Rachel J. Burns, PhD Candidate, 'Alexander J. Rothman, PhD,' Steven S. Fu, MD, MSCE, '.2' Bruce Lindgren, MS' and Anne M. Joseph, MD, MPH'. 'University of Minnesota-Twin Cities, Minneapolis, MN and 'Minneapolis VA Center for Chronic Disease Outcomes Research, Minneapolis, MN.
9:34 am - 9:52 am	Facets of Mindfulness Predict Smoking Cessation in Latino Smokers Claire E. Adams, PhD,¹ Diana W. Stewart, PhD,² Sean Houchins, BA,¹ Minxing Chen, MS,² Whitney L. Heppner, PhD,³ Virmarie Correa-Fernandez, PhD,² Miguel A. Cano, PhD,² Jennifer I. Vidrine, PhD² and David W. Wetter, PhD². ¹Psychology, Catholic University, Washington, DC; ²University of Texas MD Anderson Cancer Center, Houston, TX and ³Georgia College & State University, Milledgeville, GA.
9:52 am - 10:10 am	A Randomized Controlled Trial of Physical Activity for Smoking Cessation during Pregnancy Michael Ussher, PhD,¹ P. Aveyard, PhD,² M. Riaz, MSc,¹ S. Lewis, PhD,³ I. Manyonda, PhD,¹ R. West, PhD,⁴ B. Lewis, PhD,⁵ B. Marcus, PhD,⁶ A. H. Taylor, PhD,७ P. Barton, PhD³ and T. Coleman, PhD³. 'St George's, University of London, London, United Kingdom; ²University of Nottingham, Nottingham, United Kingdom; ⁴University College London, London, United Kingdom; ⁵University of Minnesota, MN; ⁶University of California, San Diego, CA; 7University of Plymouth, Plymouth, United Kingdom and ⁵University of Birmingham, Birmingham, United Kingdom.
8:40 am – 10:10 am	Paper Session 33: Familial Factors in Diabetes Self-Management and Care
Franklin 10, 4th floor Admission by Name Badge	
-	atula, PhD, Wake Forest University, Winston-Salem, NC; and Brian F. Oldenburg, PhD, Monash Melbourne, VIC, Australia
8:40 am - 8:58 am	The Living Legacy of Diabetes: Intergenerational Influences on Diabetes Care in Latino Families Elizabeth A. Pyatak, PhD, OTR/L, Daniella Florindez, BA, Kristine Carandang, MA, OTR/L, Shain Davis, OTD, OTR/L, Anne Peters, MD and Marc J. Weigensberg, MD. University of Southern California, Los Angeles, CA.
8:58 am - 9:16 am	Prosocial Behavior among Youth with Newly Diagnosed Type 1 Diabetes Predicts Later Glycemic Control Marisa E. Hilliard, PhD, Priscilla W. Powell, PhD and David D. Schwartz, PhD. Pediatrics, Baylor College of Medicine, Houston, TX.
9:16 am - 9:34 am	Family Members' Supportive and Nonsupportive Behaviors are Associated with the Self-Care Behaviors of Adults with Diabetes Lindsay S. Mayberry, PhD, MS and Chandra Y. Osborn, PhD, MPH. Medicine, Vanderbilt University Medical Center, Nashville, TN.

9:34 am - 9:52 am	Effect of Race and Marital Status on Mothers' Observed Parenting in Type 1 Diabetes Jadienne Lord, BA and Sarah Jaser, PhD. Vanderbilt University, Nashville, TN.
9:52 am - 10:10 am	Depression Screening in Pediatric Type 1 Diabetes (T1D); Positive Screening Scores and Parental Responses Jessica T. Markowitz, PhD, Anna J. Christian, BA, Kara R. Harrington, PhD, Deborah A. Butler, MSW and Lori M. Laffel, MD, MPH. Pediatrics, Joslin Diabetes Center, Boston, MA.
8:40 am – 10:10 am	Paper Session 34: Substance Use Behaviors among Children and Young Adults
414/415, 4th floor Admission by Name Badge	e e
Chairs: Carl W. Leju Durham, NC	ez, PhD, University of Maryland, College Park, MD; and Kathryn I. Pollak, PhD, Duke University,
8:40 am - 8:58 am	Predicting Future Smoking and Alcohol Status from Prevention Subtypes Steven F. Babbin, MA, Wayne F. Velicer, PhD, Colleen A. Redding, PhD, Andrea L. Paiva, PhD, Karin Oatley, MA, Kathryn Meier, MPH and James O. Prochaska, PhD. University of Rhode Island, Kingston, RI.
8:58 am - 9:16 am	Family and School Factors Associated with Adolescent Drug Use Transitions Ritesh Mistry, PhD, Justin Heinze, PhD, David Cordova, PhD, Jason Goldstick, PhD, Hsing-Fang Hsieh, PhD, Sophie M. Aiyer, PhD and Marc Zimmerman, PhD. Health Behavior and Health Education, U of M, Ann Arbor, MI.
9:16 am - 9:34 am	The Relationship Of Emerging Adulthood Trajectories to Drug Use, and Other Behavioral Outcomes across Four Waves of Data Nadra E. Lisha, PhD¹ and Steve Sussman, PhD². ¹Department of Psychiatry, University of California, San Francisco, San Francisco, CA and ²Institute for Prevention Research, Health Promotion, Los Angeles, CA.
9:34 am - 9:52 am	Family Matters: Considering Parental Influences on College Students' Drinking Behaviors Zaje A. Harrell, PhD. Psychology, Michigan State University, East Lansing, MI.
9:52 am - 10:10 am	Is Trying to Lose Weight Associated with Alcohol Use and Binge Drinking among High School Girls? Findings from the U.S. National 2011 Youth Risk Behavior Survey Anna C. Schlissel, BA¹ and Margie R. Skeer, ScD, MPH, MSW¹². ¹Public Health and Community Medicine, Tufts University School of Medicine, Boston, MA and ²Behavioral and Social Sciences, Brown School of Public Health, Providence, RI.
8:40 am – 10:10 am	Paper Session 35: Sexual Health and Risk Behaviors
411/412, 4th floor Admission by Name Badge	e
Chairs: Jannette Y. I	Berkley-Patton, PhD, MA, BSEE, University of Missouri-Kansas City, Kansas City, MO; and Lisa M. Boston University, Boston, MA
8:40 am - 8:58 am	Safe Sext: Adolescents' Use of Technology to Communicate about Sexual Health with Dating Partners Laura Widman, PhD, Jacqueline Nesi, BA, Sophia Choukas-Bradley, MA and Mitchell J. Prinstein, PhD. University of North Carolina, Chapel Hill, NC.
8:58 am - 9:16 am	The Association between Stress, Coping, and Sexual Risk Behaviors over 24 months among African American Female Adolescents Erin N. Hulland, BS,¹ Jennifer L. Brown, PhD,² Andrea L. Swartzendruber, PhD,¹ Jessica M. Sales, PhD,¹ Eve S. Rose, MSPH¹ and Ralph J. DiClemente, PhD¹. ¹Rollins School of Public Health, Emory University, Atlanta, GA and ²Department of Psychology, Texas Tech University, Lubbock, TX.
9:16 am - 9:34 am	Improving Effective Contraceptive Use among Opioid-Maintained Women Sarah H. Heil, PhD, ^{1,2} Dennis J. Hand, PhD, ¹ Stacey C. Sigmon, PhD, ^{1,2} Marjorie C. Meyer, MD, ³ Gary J. Badger, MS ⁴ and Stephen T. Higgins, PhD ^{1,2} 'Psychiatry, University of Vermont, Burlington, VT; ² Psychology, University of Vermont, Burlington, VT; ³ Obstetrics and Gynecology, University of Vermont, Burlington, VT and ⁴ Medical Biostatistics, University of Vermont, Burlington, VT.

9:34 am - 9:52 am	A Web-Based Motivational Enhancement Intervention to Increase Condom Use among College Women Amy J. Starosta, MA, Emma Cranston, BA and Mitch Earleywine, PhD. Clinical Psychology, University at Albany, SUNY, Albany, NY.
9:52 am - 10:10 am	Meta-Analysis of Adolescent Sexual Communication and Condom Use Laura Widman, PhD, Seth M. Noar, PhD, Sophia Choukas-Bradley, MA and Diane B. Francis, MA. University of North Carolina, Chapel Hill, NC.
8:40 am – 10:10 am	Paper Session 36: Solid Organ Transplantation: Psychosocial and Behavioral Issues
403/404, 4th floor Admission by Name Badg	ge
	istensen, PhD, University of Iowa, Iowa City, IA; and Sandra A. Mitchell, PhD, CRNP, AOCN, National National Cancer Institute, Rockville, MD
8:40 am - 8:58 am	An mHealth Application for Self-Monitoring and Decision-Support After Lung Transplantation Yun Jiang, BSN, MS, RN, Susan Sereika, PhD, Ruosha Li, PhD and Annette DeVito Dabbs, PhD, RN. School of Nursing University of Pittsburgh, Pittsburgh, PA and Graduate School of Public Health University of Pittsburgh, Pittsburgh, PA.
8:58 am - 9:16 am	Predictors of Posttraumatic Growth in Long-Term Lung Transplant Survivors Kristen R. Fox, BA, BS,¹ D. M. Posluszny, PhD,² A. F. DiMartini, MD,² A. J. DeVito Dabbs, RN, PhD,² E. Rosenberger, BS,² R. Zomak, RN, MS,² C. Bermudez, MD² and M. A. Dew, PhD². 'Ohio University, Athens, OH and ²University of Pittsburgh, Pittsburgh, PA.
9:16 am - 9:34 am	A Biomarker Related to Nonadherence Predicts Rejection in Adult Liver Transplant Recipients Christina Supelana, EdM, MA, ^{1,2} Rachel Annunziato, PhD, ^{1,2} Thomas Schiano, MD, ¹ Sander Florman, MD, ¹ Swapna Vaidya, MD, ¹ Ben Shneider, MD ³ and Eyal Shemesh, MD ¹ . ¹ Mount Sinai Medical Center, New York, NY; ² Fordham University, Bronx NY and ³ University of Pittsburgh Medical Center, Pittsburgh, PA.
9:34 am - 9:52 am	Psychosocial Screening Practices and Criteria for Kidney Transplantation: A Survey of US Transplant Centers Zeeshan Butt, PhD, James Levenson, MD ² and Mary Ellen Olbrisch, PhD, ABPP ² . Northwestern University, Chicago, IL and Virginia Commonwealth University, Richmond, VA.
9:52 am - 10:10 am	Policies On Tobacco and Marijuana Smoking among US Cardiac, Kidney, and Liver Transplant Programs Zeeshan Butt, PhD, 'James Levenson, MD ² and Mary Ellen Olbrisch, PhD, ABPP ² . 'Northwestern University, Chicago, IL and 'Virginia Commonwealth University, Richmond, VA.

Franklin, 4th floor Admission by Name Badge Coffee will be served

Substance Use Problems



Carl W. Lejuez, PhD, University of Maryland, College Park, MD Moderator: Scott J. Leischow, PhD, Mayo Clinic, Scottsdale, AZ

Grand Ballroom A/B, 5th floor

Admission by Name Badge

Despite substantial testing of behavioral and pharmacological treatments for substance use disorders, progress towards identifying efficacious interventions has been slow. Advances in basic and clinical research have highlighted the importance of understanding processes that may underlie the development and maintenance of substance use. This presentation will review a body of research focused on biological (e.g., genes and neural targets), personality, and environmental factors that contribute to one's risk for problematic substance use and how the improvement in understanding these factors can contribute to novel treatment development efforts.

10:20 am – 11:05 am Master Lecture: Religious and Spiritual Culture: Implications from the Lab and the Clinic for Building Bridges When You Don't Speak the Language



Kevin S. Masters, PhD, Professor, Department of Psychology, University of Colorado Denver, Denver, CO

Moderator: Elena Salmoirago-Blotcher, MD, PhD, University of Massachusetts, Worcester, MA Grand Ballroom C/D, 5th floor

Admission by Name Badge

Individuals who are devoutly religious (spiritual) often form or join groups that manifest characteristics of being their own particular culture. Understanding these cultures is important to understanding how they influence health-related behaviors and psychological characteristics. This talk will provide examples with an emphasis on how culturally tailored understanding of psychological constructs and experimental designs can significantly increase our ability to study and intervene for the public health good.

11:30 am – 12:30 pm Closing Keynote: Prospects for Breakthroughs in Behavioral Science: The Role of **Genomics**



Colleen McBride, PhD, National Human Genome Research Institute, Bethesda, MD Moderator: Lisa M. Klesges, PhD, University of Memphis, Memphis, TN

Grand Ballroom C/D, 5th floor

Admission by Name Badge

It is being suggested that the burgeoning arena of genomic discovery will bring breakthroughs in disease prevention and medical care. To date, the vision for "translation research" related to behavioral medicine largely has been restricted to considering the effects of genomic risk information on motivation for behavior change. In this keynote, Dr. McBride will suggest a broadened agenda for research that considers how advances in genomics and epigenetics might be used to improve the science of behavior change.

CONFERENCE SPECIAL FEATURES

AWARDS CEREMONY

Prior to the Business Meeting on Saturday April 26, the SBM President will announce the winners of the 2014 Annual Meeting Achievement Awards. Award categories include: Distinguished Scientist, Alere Wellbeing Research to Practice, Early Career Investigator, Outstanding Dissertation, Distinguished Mentors, Excellence in Behavioral Medicine Training Program and the Distinguished Student Awards.

BOOK EXHIBIT AND PUBLICATIONS MART

We are pleased to announce the return of the Book Exhibit and Publications Mart in the SBM Resource Booth. SBM has invited various publishers to display and sell books/publications on a variety of topics of interest to Annual Meeting attendees in the Poster Hall. Stop by the SBM Resource Booth to see what other SBM members are publishing!

BUSINESS MEETING

On Saturday at 7:30 am, the SBM President will convene the Annual Business Meeting. SBM leaders will report on the state of the organization including its finances and membership. Any potential SBM Bylaws' changes will be voted on. Results of the election for two SBM Board positions, President-Elect and Member Delegate, will be announced and the President-Elect will then commence his/her presidential term.

CAREER PLACEMENT MESSAGE BOARD

A self service Career Placement Message Board is available onsite at the SBM Annual Meeting near the Registration Desk for meeting attendees to self-post position openings on behalf of an institution. Instructions for formatting a posting are as follows:

- 1. All position announcements should be prepared on an 8.5" x 11" sheet of institutional letterhead
- Each announcement should indicate the duties and requirements of the position, geographical and departmental location, expected salary, start date, and instructions for completion and submission of resumes/ applications.
- 3. Attendees planning to post a career placement message on-site are advised to bring multiple copies as SBM cannot be responsible for removal of notices by other meeting attendees. All posting is self-service and a benefit of attending the SBM Annual Meeting.

CITATION AWARDS

Citation Awards are those Paper and Poster submissions judged by the Program Committee to be especially original and significant. A complete listing of Citation awards will be listed in the Final Program.

EXHIBITS

A portion of the Poster Hall will feature booths of companies, institutions and organizations demonstrating their products and services of relevance and interest to conference attendees. Please check the Final Program for a complete list of the 2014 Annual Meeting exhibitors.

EXPERT CONSULTATIONS

The Education, Training and Career Development Council (ETCD) is pleased to offer Expert Consultations again at this year's Annual Meeting. Society Fellows and designated representatives of the SIGs, each representing various areas of interest within the field of behavioral medicine, will contribute their time to facilitate small roundtable discussions with meeting attendees on research and clinical issues of mutual interest.

MERITORIOUS STUDENT AWARDS

Meritorious Student Awards are those Posters and Papers submitted by students and judged by the Program Committee to contain research of the highest caliber. Names of recipients will be available in the Final Program.

POSTER MENTORING PROGRAM

SBM Fellows kindly volunteer their time and expertise to provide feedback on students' poster presentations during SBM poster sessions. Students interested in having their oral poster presentation visited in person by a Society Fellow should indicate their interest on the abstract submission site when submitting their abstract. A number of students will be randomly selected to partake in the program and will be notified prior to the meeting of their selection. Fellows will be assigned to the selected students according to shared behavioral medicine interests. During the conference Fellows will listen to the oral poster presentations of their assigned students and offer helpful feedback and suggestions.

SBM RESOURCE BOOTH

Make sure to stop by the SBM Resource Booth. The SBM Resource Booth will feature informational pieces regarding SBM and its policy briefs along with the Book Exhibit and Publications Mart.

CONFERENCE SPECIAL FEATURES

VOLUNTEERING

SBM Student/Trainee members can apply to volunteer during the meeting for a reimbursed registration. Slots are limited and offered on a first come, first served basis. The Call for Volunteers is typically released in January so check the 2014 SBM Annual Meeting website frequently to look for application instructions. Volunteers help check in attendees at the registration desk, guide attendees to the correct rooms and help SBM staff with other miscellaneous activities. SBM volunteers can be identified by a bright "volunteer" ribbon on their name badge.

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SBM STAFF

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bstumpf@sbm.org

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hlafave@sbm.org

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rspannagle@sbm.org

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1980-1981 Joseph V. Brady, PhD

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1982-1983 Michael F. Cataldo, PhD

1983-1984 Redford B. Williams, Jr., MD

1984-1985 Stephen M. Weiss, PhD

1985-1986 Herbert Benson, MD

1986-1987 Michael J. Follick, PhD

1987-1988 Evan G. Pattishall, Jr., MD, PhD

1988-1989 Kelly D. Brownell, PhD

1989-1990 Albert Stunkard, MD

1990-1991 Judith Rodin, PhD

1991-1992 John W. Farquhar, MD

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1993-1994 Jacqueline Dunbar-Jacob, PhD, RN

1994-1995 Richard S. Surwit, PhD

1995-1996 C. Barr Taylor, MD

1996-1997 Robert M. Kaplan, PhD

1997-1998 Thomas G. Pickering, MD, DPhil

1998-1999 Norman B. Anderson, PhD

1999-2000 Joel E. Dimsdale, MD

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2002-2003 David B. Abrams, PhD

2003-2004 Linda C. Baumann, PhD, RN, FAAN

2004-2005 Judith K. Ockene, PhD, Med

2005-2006 Laura L. Hayman, RN, PhD, FAAN

SOCIETY OF BEHAVIORAL MEDICINE INFORMATION

2006-2007 Edwin B. Fisher, PhD 2007-2008 Peter G. Kaufmann, PhD 2008-2009 Bonnie Spring, PhD, ABPP 2009-2010 Francis J. Keefe, PhD 2010-2011 Karen M. Emmons, PhD 2011-2012 Abby C. King, PhD 2012-2013 Alan J. Christensen, PhD

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Special thanks to Michael A. Diefenbach, PhD for his contributions during the program planning meeting.

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Psychological and Person Factors in Health and Behavior

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Translation of Research to Practice

SBM offers 21 different Special Interest Groups (SIGs) to its members, providing connection with others whose behavioral medicine interests overlap. Each SIG has a unique listsery, facilitating critical networking among colleagues with similar interests.

SBM Members: Membership in one or more Special Interest Group's listservs is a benefit available to all SBM members. If you haven't yet joined a SIG and wish to, simply contact the SIG listserv administrator Benjamin Stumpf at bstumpf@sbm.org

Non Members: Join SBM today, at http://www.sbm.org/membership/join-sbm and sign up for one or more Special Interest Groups!

Aging

Contact Information:

Co-Chair: Reginald Tucker-Seeley, ScD: Reginald_Tucker-

Seeley@dfci.harvard.edu

Co-Chair: Sara Folta, PhD: sara.folta@tufts.edu

Description/Mission Statement:

The Aging SIG is focused on addressing the special issues of behavior change among older adults, with a particular focus on the influence of cultural, environment and policy factors. There is a tendency to focus behavior change issues and challenges on the children and adults who are assumed to be those who will reap the greatest long term benefit from changes. Older adults, particularly those with chronic health problems, can likewise gain a significant benefit from behavior change particularly with regard to quality of life issues. The workgroup focused on Aging has identified the need and interest in exploring the ways in which older adults, particularly older adults with chronic illnesses, can alter behavior to promote health and quality of life. The research considering behavior change among older adults has been sparse and it is not clear what types of interventions have the greatest impact at different periods of time (i.e. the young-old versus the old-old), and when faced with the many challenges associated with aging. Moreover, the cultural influence of health promotion and what is expected of older individuals at different life points is also not well addressed. The goals of this workgroup are to develop a symposium that focuses on: Lessons Learned in Facilitating Behavior Change During Transitions Points in Older Adults with Chronic Illness. Papers will include the work of group members in cardiac rehabilitation, dialysis, with older adults post hip fracture, and with adults transitioning into retirement.

Cancer

Contact Information:

Chair: Michael A. Diefenbach, PhD: <u>michael.diefenbach@</u> mountsinai.org

Description/Mission Statement:

The Cancer Special Interest Group of SBM aims to foster high quality collaborative research, enhance the professional development of its members, and work with other professional organizations involved in cancer prevention and control research. Our goal is to advance and disseminate knowledge across the breadth of cancer control, ranging from cancer prevention to end of life care, including all ages, racial and ethnic groups and socioeconomic strata. We will accomplish our mission through a variety of activities: special symposia, exchange of information via a listserv and fostering of junior investigators.

Child and Family Health

Contact Information:

Bernard Fuemmeler, PhD, MPH: $\underline{\text{bernard.fuemmeler@duke.}}$ edu

Description/Mission Statement:

The Child and Family Health Special Interest Group is an interdisciplinary forum for members of the Society of Behavioral Medicine concerned with the health and wellbeing of children, adolescents and families. Members of this SIG have interests bridging biological, cognitive, emotional, behavioral and social functioning of children and adolescents with a focus on understanding contextual, social ecological influences on child health and development. Members are involved in the conduct of research and provision of services to promote child health and development, prevent childhood illness and injury and foster family adjustment to chronic illnesses and other physical conditions of childhood. This SIG aims to advance and disseminate knowledge, foster professional networks to produce high-quality collaborative research and ultimately enhance the health and wellbeing of children, adolescents, and families.

Complementary and Integrative Medicine

Contact Information:

Laura A. Young, MD, PhD: Laura_Young@med.unc.edu

Description/Mission Statement:

According to the National Center on Complementary and Alternative Medicine (NCCAM) of the National Institutes of Health, complementary and alternative medicine (CAM) refers to a broad range of healing approaches that mainstream Western (conventional) medicine does not commonly use, accept, study, understand or make available. This special interest group provides a forum for discussion of CAM, as defined by the NCCAM of the NIH, as it relates to behavioral medicine, with a particular emphasis on the integrative nature of such modalities, by themselves and in conjunction with other modalities of biopsychosocial care. In particular, the CAM SIG will promote understanding of the underlying behavioral and psychological processes and application of CAM approaches; attitudes toward use and delivery of CAM; and use of CAM with special populations, in the context of culturally traditional healing, and in regard to public health policy. CAM SIG membership does not imply or endorse the individual's ability to practice CAM modalities.

Diabetes

Contact Information:

Chair: Caroline Richardson, MD: <u>caroli@umich.edu</u> Co-Chair: Erin A. Olson: olson29@illinois.edu

Description/Mission Statement:

The Diabetes Special Interest Group is designed to be a forum for Society of Behavioral Medicine members with an interest in the advancement of behavioral and psychological research in diabetes. Our goals are to: 1) increase the presence of high-quality behavioral medicine research in diabetes at the SBM conference; 2) encourage interdisciplinary collaboration among researchers, clinicians, educators, and public health advocates that emphasizes the importance of the prevention and treatment of diabetes; and 3) support professional networking and the training of young investigators and students interested in diabetes research. These goals will be accomplished through the collaborative development of submissions for the SBM conference, organization of meetings and symposia, communication through our listserv and other activities that will evolve.

Ethnic Minority and Multicultural Health

Contact Information:

Chair: Hayley S. Thompson, PhD: <u>thompsoh@karmanos.org</u> Co-Chair: Frank L. Sotelo, BA: frank.sotelo@gmail.com

Description/Mission Statement:

The Ethnic Minority and Multicultural Health Special Interest Group (EMMH SIG) concerns itself with advancing the field of ethnic minority and multicultural health, through education and training; networking; mentorship of ethnic minorities and non-minorities; and conducting research in ethnicity, culture and health. Members of this SIG also aim to increase the involvement of ethnic minorities in SBM councils, committees and the peer-review process.

Evidence-Based Behavioral Medicine

Contact Information:

Co-Chair: Karen Oliver, PhD: <u>Karen_Oliver@brown.edu</u> Co-Chair: E. Amy Janke, PhD: e.janke@usciences.edu

Description/Mission Statement:

Evidence-based medicine has recently come to the forefront as an approach by which to evaluate and practice medicine. Evidence based behavioral medicine (EBBM) is a relatively young field that has similar purposes. Researchers, clinicians, students, and policy makers may all wish to become better acquainted with the history, principles and future directions of this field. In addition to hosting a breakfast session at the annual Society of Behavioral Medicine conventions, the EBBM Special Interest Group (SIG) also has a listserv for contact among those interested in EBBM.

Health Decision Making

Contact Information:

Chair: Jennifer L. Hay, PhD: hayj@mskcc.org

Co-Chair: Erika Waters, PhD, MPH: <u>waterse@wudosis.wustl.</u>

edu

Description/Mission Statement:

The Health Decision Making Special Interest Group provides a forum within the Society of Behavioral Medicine to advance the theory, science and practice of health decision making, particularly as applied in behavioral medicine. The HDM SIG has a special interest in understanding informed decision making by population members and patients, shared decision making between patients and health professionals and clinical decision making by health professionals. The HDM SIG accomplishes its mission through 1) fostering communication and collaboration among its members; 2) providing high quality peer review of abstracts and manuscripts on decision making topics submitted to SBM meetings and publications; 3) developing and offering activities through SBM venues that will enhance the collective knowledge of health decision making among SBM members; and 4) providing guidance on the science of health decision making to SBM committees, SIGs, and councils. The HDM SIG is the point of contact for liaisons between SBM and other organizations relevant to health decision making such as the Society of Medical Decision Making and the Society for Judgment and Decision Making.

Integrated Primary Care

Contact Information:

Chair: Mark E. Vogel, PhD: vogel1@msu.edu

Description/Mission Statement:

The Integrated Primary Care SIG is devoted to promoting and enhancing the delivery of evidence-based behavioral health care in primary care settings. We provide a forum for the exchange of information and foster relationships between behavioral health and medical professionals in order to: 1) facilitate the integration behavioral health professionals and biopsychosocial interventions into primary care settings; 2) advance research of behavioral health interventions in primary care; 3) support the training of students pursuing integrated primary care; and 4) inform the development of policies that impact behavioral health care in primary care settings. We meet these goals through meetings and symposia at SBM conferences, communication through our listserv and collaborating with other organizations that promote integrated primary care.

Military and Veterans' Health

Contact Information:

Co-Chair: David E. Goodrich, EdD, MS, MA: david.

goodrich2@va.gov

Co-Chair: Michael A. Glotfelter, MS: michael.glotfelter@

afncr.af.mil

Communication Officers: Amanda McCorkindale, PsyD:

amanda.mccorkindale@gmail.com

Jo Lyn Tatum, PhD: jolyntatum@gmail.com

Description/Mission Statement:

The Military and Veterans' Health SIG is an interdisciplinary group of researchers, clinicians and educators who are committed to promoting research, prevention, clinical assessment and intervention, policy development, education, training and mentoring in military and veterans' health. This includes translating evidenced-based behavioral medicine interventions into clinical care for military service members engaged in active duty and veterans that improve health outcomes by promoting innovative implementation and evaluation practices and access to quality and costeffective care. We invite those who have an interest in promoting health within the unique health care systems of the Department of Defense and the VA in the United States, as well as those interested in improving health outcomes in active duty service members and veterans from around the globe.

Multi-Morbidities

Contact Information:

Chair: Jerry M. Suls, PhD: jerry-suls@uiowa.edu

Description/Mission Statement:

The dominant tendency in behavioral medicine has been to focus on one physical condition at a time, however people with two or more physical diseases (multi-morbidities), or placed at risk for other diseases by having or being treated for an index condition is common, especially among older adults. Multi-morbid conditions often have common risk factors, pathogenesis and are the targets of similar behavioral interventions. Sometimes, the term, "complex patient" has sometimes been used to refer to someone with multimorbidities. In 2011, the National Cancer Institute sponsored a two-day workshop on patients with both cancer and cardiovascular disease. The high level of engagement and exchange suggested there is a need for an ongoing discussion of the multi-morbidities in behavioral medicine. Our Special Interest Group affords the opportunity to consider health promotion, treatment and common biological mechanisms for translational research across disease siloes.

See http://cancercontrol.cancer.gov/brp/bbpsb/complex. html for additional information.

Multiple Health Behavior Change

Contact Information:

Chair: Lisa M. Quintiliani, PhD, RD: <u>lisa.quintiliani@bmc.</u>

Co-Chair: Marcella H. Boynton, PhD: <u>marcella.h.boynton@</u> duke.edu

Description/Mission Statement:

The Multiple Health Behavior Change SIG aims to contribute to the development of a science of multiple behavior change for health promotion and disease management. Intervening on multiple health behaviors presents a unique set of challenges. The group addresses theoretical, methodological, interventional, statistical and funding issues related to targeting multiple health behaviors for change. Relevant targeted behaviors include, but are not limited to, tobacco and other drug use, physical activity, nutrition, HIV-risk behaviors, sun exposure and stress. Our cross-disciplinary group is designed to enhance the professional development of its members by fostering networking, mentorship, career development and scientific discussion.

Obesity and Eating Disorders

Contact Information:

Co-Chair: Amy A. Gorin, PhD: amy.gorin@uconn.edu
Co-Chair: Stephanie L. Fitzpatrick, PhD: fitzpatrickorama@gmail.com

Description/Mission Statement:

The purpose of the Obesity and Eating Disorders Special Interest Group (OED SIG) is to provide networking, mentorship and scientific training to those interested in obesity, eating disorders and weightrelated pathology. Members of the OED SIG also aim to advance the field of obesity and eating disorders through the scholarly pursuit of scientific research, with a special emphasis on submitting federal and private foundation grants. Members of this SIG will also receive guidance on how to develop an academic career in obesity and eating disorders.

Pain

Contact Information:

Chair: Martin D. Cheatle, PhD: <u>Martin.Cheatle@uphs.upenn.</u> edu

Description/Mission Statement:

Millions of people suffer from painful conditions, with wide-ranging physical, psychological, social and economic consequences. Alleviation of these often devastating consequences requires continuing research and development efforts from the biological, psychological and social sciences. Our current understanding of biopsychosocial factors in pain perception and management is largely based on interdisciplinary research and clinical practice. Interdisciplinary efforts have accounted for significant contributions to the understanding of pain, including, the Gate-Control Theory, the development of a cognitive behavioral perspective of pain, and the role of learning and conditioning in pain. The goal of the Pain SIG is to advance the understanding of pain and its treatment, according to a biopsychosocial framework. This will be accomplished through: 1) increasing interdisciplinary communication; 2) promoting research; 3) providing education and training for both researchers and clinicians; 4) mentoring students and young professionals; and 5) providing a forum for collaboration between interested individuals and groups.

Physical Activity

Contact Information:

Chair: Matt Buman, PhD: mbuman@asu.edu
Co-Chair: David Williams, PhD: david_m_williams@brown. edu

Description/Mission Statement:

The aims of the Physical Activity SIG are to: 1) update SBM members on the latest developments and initiatives of relevance to the physical activity field; 2) provide a format for both formal and informal networking among SBM members with physical activity interests; and 3) serve as a forum for advancing the behavioral physical activity field, through developing submissions for the SBM conference, providing an avenue for mentoring junior investigators with physical activity interests, and identifying appropriate individuals interested in serving as reviewers for relevant scientific journals, NIH study sections and SBM program submissions.

Preliminary Program

SBM SPECIAL INTEREST GROUPS

Population Health Sciences

Contact Information:

Chair: Lila J. Finney Rutten, PhD, MPH: <u>rutten.lila@mayo.</u>

Co-Chair: Jennifer L. St. Sauver, PhD, MPH: <u>stsauver.</u> jennifer@mayo.edu

Description/Mission Statement:

The SIG would provide a forum for behavioral researchers interested in or engaged in research focused on multiple determinants of health with an emphasis on social, environmental, and organizational influences on health and health-related behavior. Broad areas of research may include, but are not limited to, the following: translational research focused on developing real-world solutions and policies to improve population health; research focused on informing public health efforts with behavioral science; and secondary analysis of public data resources to examine trends in population health by geographic regions, population subgroups, and other socio-environmental factors. Said research may aim to strengthen community data and research capacities, leverage existing healthcare delivery and public health systems and public data resources to build an evidence base to inform efforts to protect health across the

Spirituality and Health

Contact Information:

Co-Chair: Amy B. Wachholtz, PhD, MDiv: amy.wachholtz@ umassmemorial.org

Co-Chair: John M. Salsman, PhD: <u>j-salsman@northwestern.</u> edu

Description/Mission Statement:

Spiritual matters have always been linked to human health. All major religions, for example, typically prescribe or prohibit a variety of health-related behaviors and beliefs. Examples include rules against smoking, no or limited use of alcohol (and other drugs) and regular care of the body (e.g., routine exercise, nutritious diets, good sanitary habits). Why this concern with health? Part of the reason is because the body and its well being, along with the mind and spirit, are often viewed as a gift of God (some would say God's Temple) or a higher or universal power or spirit. In this sense all human life is sacred and must be cared for.

Until recently the possible links of spiritual and religious factors to health, broadly viewed, were essentially ignored or unstudied.

Empirical studies in the past two decades however have demonstrated significant associations over time of selected spiritual and religious factors with important health and disease outcomes (e.g., less all-cause mortality; higher subjective well-being). An emerging theme is that any causal relationships with health, if existing, are more indirect and distal in nature (e.g., as mediating or moderating factors). The Spirituality and Health Special Interest Group seeks to encourage and support well-designed empirical research that sheds clarifying light on what processes are at work. Research can more clearly identify and clarify in what ways spiritual and religious factors may influence health, positively or negatively. Findings can also bear on ways to make professional health care practices more effective. Of particular concern is the need to provide up-to-date accurate information and training, since few professional training programs in health offer adequate preparation on spiritual matters. In North America and in some other areas of the world, the majority of people with health issues and problems are spiritually involved or religiously active. Health professionals and scholars need to better understand the connections between health, disease and spiritual matters.

Student

Contact Information:

Chair: Julie Cessna, MPH: jmcessna@mail.usf.edu

Description/Mission Statement:

The purposes of the Student SIG are to provide a home for student members of the Society of Behavioral Medicine where their unique needs and concerns can be discussed and addressed and to facilitate their professional development. Additional goals of the Student SIG include promotion of the following: student-oriented programs, activities, and opportunities within the Society of Behavioral Medicine, collaboration between students and among students and professionals, and discussion of important topics within the field of behavioral medicine. All student members are encouraged to join.

Technology (formally Behavioral Informatics)

Contact Information:

Chair: Timothy Bickmore, PhD: <u>ksmorri1@gmail.com</u> Co-Chair: Eric Hekler, PhD: <u>ehekler@asu.edu</u>

Description/Mission Statement:

The Technology Special Interest Group, formerly known as the Behavioral Informatics SIG, is designed as a forum for members of the Society of Behavioral Medicine with an interest in the impact of information and communication technology on health behavior outcomes and processes.

Our working definition of "Behavioral Informatics" incorporates the study of the use of these technologies by patients and health care providers as well as the design, implementation, and evaluation of behavior change interventions delivered through advanced technologies. The goal is to promote the appropriate use of technologies to improve health and healthcare. The SIG is now developing a weblog as a discussion forum. Check it out at: http://behavioralinformatics.blogspot.com/

Theories and Techniques of Behavior Change Interventions

Contact Information:

Chair: Susan Michie, DPhil, CPsychol, FBPS, AcSS: s.michie@ucl.ac.uk

Co-Chair: Alexander J. Rothman, PhD: rothmoo1@umn.edu Co-Chair: Stephanie M. Case: stemarsh@iupui.edu

Description/Mission Statement:

The Theories and Techniques of Behavior Change Interventions (TTBCI) SIG includes promotion of the following: student- oriented programs, activities and opportunities within the Society of Behavioral Medicine, collaboration between students and among students and professionals, and discussion of important topics within the field of behavioral medicine. All student members are encouraged to join. TTBCI is an interdisciplinary group of researchers, clinicians and educators who are committed to developing methods to improve the design and evaluation

of interventions aimed at changing preventive, illnessrelated and health professional behaviors. We will aim to promote research, education, training, mentoring, clinical and public health practice and policy development in the area of behavior change interventions. Most interventions are complex, comprising many component behavior change techniques. To date, there has been no shared language for describing the content, especially the 'active ingredients' of behavior change interventions; by contrast, biomedical interventions are precisely specified. There is also increasing recognition of the importance of developing theory based interventions. The SIG will allow exchange of ideas and foster collaboration with the aim of developing methods for specifying intervention content, evaluating the theory base of interventions and linking behavior change techniques to theory.

Women's Health

Contact Information:

Co-Chair: Christina Psaros, PhD: cpsaros@partners.org Co-Chair: Valessa St. Pierre, MS: valessastpierre@gmail.com

Description/Mission Statement:

The Women's Health SIG is an interdisciplinary group of researchers, clinicians, educators and public health advocates committed to promoting research, clinical and community interventions, policy as well as education, training and mentoring in women's health. The SIG is also dedicated to supporting the professional advancement of women and women's issues in behavioral medicine.

FUTURE ANNUAL MEETINGS

36th Annual Meeting & Scientific Sessions April 22-25, 2015 San Antonio Marriott Rivercenter San Antonio, TX

37th Annual Meeting & Scientific Sessions March 30-April 2, 2016 Washington Hilton Washington, DC

38th Annual Meeting & Scientific Sessions March 29-April 1, 2017 Hilton San Diego Bayfront San Diego, CA

Preliminary Program

