

SOCIETY *of* BEHAVIORAL MEDICINE

Better Health Through Behavior Change

SIG Council Conference Call MINUTES

Wednesday, December 7, 2016

9 a.m. HT/12 p.m. PT/1 p.m. MT/2 p.m. CT/3 p.m. ET

Call in number: 1-800-377-8846 Access Code: 89250669#

In Attendance

Amanda N. Szabo-Reed, PhD
Amy G. Huebschmann, MD
Andrea Clements, PhD
Andrea Kozak, PhD
Anne Hahn (staff)
Austin S. Baldwin, PhD
Barbara L. Andersen, PhD
Brian Gonzalez, PhD
Catherine Alfano, PhD
Chandra Y. Osborn, PhD, MPH
Crystal Park, PhD
Emily Rothman, ScD
Heather S. Jim, PhD
Jamilia Sly, PhD
Jeffrey Haibach, PhD, MPH
Jennifer Huberty, PhD
Jennifer L. Matthews, MS
Jill E. Bormann, PhD, RN, FAAN
Joanna Buscemi, PhD
Kari Kugler, PhD
Kathryn E. Kanzler, PsyD, ABPP
Kristi Graves, PhD (chair)
Mary Dean (staff)
Megan Oser, PhD
Melissa Napolitano, PhD
Nataliya Zelikovsky, PhD
Pamela Behrman, PhD
Robin Masheb, PhD
Sandra Winter, PhD, MH
Sarah Lillie, PhD
Scherezade K. Mama, DrPH
William J. Sieber, PhD
Teresa M. Smith, PhD, MS
Thelma Mielenz, PhD
Tracy Trevorrow, PhD
Zakkoyya Lewis

Regrets

Allison Lewinski, MPH, BSN, RN
Amanda S. Phillip
Angela Pfammatter, PhD
Betina R. Yanez, PhD
Charles Jonassaint, PhD
Daniel G. Cassidy, PhD
David Cavallo, PhD
David Williams, PhD
Dejan Magoc, PhD
James Aikens, PhD
Jason Cohen
Jayson Spas, PhD
Jennalee Wooldridge, MA
Jerry Suls, PhD
Julie Wright, PhD
Karen H. Yeary, PhD
Keri Dotson, MS
Lara Dhingra, PhD
Lila Rutten, PhD, MPH
Lindsay Bullock (staff)
Lori Scott-Sheldon, PhD
Lorien C. Abroms, ScD
M. Bryant Howren, PhD, MPH
Margaret A. Crawford
Monica Wang, ScD, MS
Naomi S. Kane, MA
Neha Gothe, PhD
Paul W. Branscum, PhD, RD
Sabrina Ford, PhD
Sara Kornfield, PhD
Sara St. George, PhD

Welcome to the SIG Council

Dr. Graves welcomed chairs and introduced new program manager, Anne Hahn.

Outlook Survey Results

Dr. Sieber explained that reason for sending survey with last Outlook newsletter was that there was some information to suggest that there may be a readership problem and he wanted to find out why and how to make the newsletter more valuable to members. He also wanted to shift the newsletter to reflect the name a little better, focusing on the future and planned activities within the society.

Dr. Sieber gave a summary of the results (separate document).

The two main findings of the survey were that members were looking for more career development and guidance and that there is a growing segment of membership who is not staying in academia. Respondents also indicated they would like more information about this and how to be successful outside of academia.

Dr. Sieber then opened up the discussion to council members asking how Outlook might be enhanced with more career development.

Dr. Amy Huebschmann indicated the ETCD Council would be interested in fostering this and that they already put together many sessions for the annual meeting centered around this topic that could possibly serve as a source of information for such pieces.

Dr. Jeffrey Haibach stated that there are a variety of strategies driven by the SIG in what types of articles they choose to submit, but that it is good to have the information from the survey as well. He indicated that in working on a current article he had come across a previous article written by Dr. Crystal Park in 2010 and they had a conversation about her article that was helpful. This was to illustrate that the articles in Outlook go beyond the immediate use to the reader.

Dr. Robin Masheb suggested that there be a standing column of interviews with famous people talking about their career paths. She indicated that people are often surprised to hear that successful people did not take a linear career path and they that did not always have everything all planned out. Dr. Masheb said that making this a standing column might be helpful because then people would look for it with each issue.

Dr. Graves spoke about the “nuggets of wisdom” the Cancer SIG is working on and that these might be used in Outlook. She also indicated that this could be a standing question in the column mentioned above, “What is your nugget of wisdom for our members?”

Student SIG Liaison Discussion

Dr. Graves opened the discussion up to SIG chairs to discuss the experience from their point of view. She also indicated that she would like to have a follow up to this discussion at the annual meeting.

Jennifer Matthews began the discussion saying that they plan to have them help with awards selection and other activities. They also plan to set up training calls with liaisons to keep them engaged during slower times of year.

Dr. Jill E Bormann said that they have not done much but that suggestions are welcome. She also said that it is important for the liaisons to be involved in the chair/co-chair meetings and be highlighted in the newsletters.

Dr. Pam Behrmen stated that their liaison had been involved with an article that they published and a policy brief that is in the final editing stages. She stressed that finding ways that students can be recognized for their work is very important.

Dr. Melissa Napolitano indicated that the liaison they are working with has been on their monthly calls and took the lead on their Outlook submission. She said that it has been a very positive experience.

Dr. Huebschmann said they had included their student on leadership calls and had them take minutes and circulate them.

Dr. Graves expressed that she would like to catalogue the student liaison activity and add it to the SIG Annual Report.

Student SIG Presentation

Jennifer Matthews shared upcoming events. 5 sessions at the annual meeting surrounding the topic areas of grant writing for students, manuscript publication, pursuing postdoc opportunities, mentoring, and time management tips. She also said they are working on pulling together student awards and possibly hope to do a webinar in the future.

Other Announcements

January and March are still open for SIG presentations!

SIG Chair election process: elections are coming up so SIGs should be thinking about starting the process. Staff would like to keep better tabs on SIG Council election processes, so please include Anne Hahn on any communications regarding elections.

Start thinking about SIG awards (email coming after holidays).

Next meeting

Wednesday, January 4: 9 a.m. HT/12 p.m. PT/1 p.m. MT/2 p.m. CT/3 p.m. ET