

Society of Behavioral Medicine
40th Annual Meeting & Scientific Sessions
 Washington, D.C. – March 6-9, 2019
 Program Committee Conference Call

DATE Tuesday, October 9, 2018
 TIME 3pm ET/2pm CT/3pm MT/12pm PT
 CALL <https://bluejeans.com/398428355?src=calendarLink>
 +1.408.740.7256 (United States)
 Meeting ID: 216 189 559

In Attendance

Eric B. Hekler, PhD (Chair)
 Alison Phillips, PhD (Co-Chair)
 Rachel C. Shelton, ScD, MPH (Past Chair)
 Katelijne F. Acker, PhD, RN
 Austin S. Baldwin, PhD
 Edith A. Burns, MD
 Gregory M. Dominick, PhD
 Brian D. Gonzalez, PhD
 Mary Greaney, PhD
 Chad D. Rethorst, PhD
 Jamilia R. Sly, PhD
 Carmina G. Valle, PhD, MPH
 Betina R. Yanez, PhD
 Leah R. Yingling, BS

Staff

Lauren Seward
 Rachel Mizar

Unable to Attend

Sherry L. Pagoto, PhD (President)
 Marissa Burgermaster, PhD
 Lisa M. McAndrew, PhD
 Arlen C. Moller, PhD
 Robert L. Newton, Jr, PhD
 Dori E. Rosenberg, PhD, MPH
 John Torous, MD

1. Abstract Numbers

The final count for abstracts this year was a successful 1,184. 2018's record-breaking number was 1,388 submissions.

2. Speaker Updates

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|----------|---------------------------------------|----------------|---------------|-----------------|
| Thursday | Opening Keynote | Susannah Fox | | |
| Thursday | Master Lecture Panel (Sci Comm) | Elaine Chen | Bijal Trivedi | TBD |
| Thursday | Presidential Symposium (Behav Econ) | Lesley Fellows | Scott Halpern | Theresa Marteau |
| Friday | Keynote Panel (Social Heroes) | Khali Sweeney | Mindi Kneibel | Toyin Ajayi |
| Friday | Master Lecture Panel (Open Science) | John Wilbanks | Abby King | Brad Hesse |
| Friday | Keynote | Tim Caulfield | | |
| Saturday | Master Lecture Panel (Engage Patient) | Tamika Felder | Cyrena Gawuga | Dana Lewis |
| Saturday | Closing Keynote | Daniel Mullins | | |
| TBD | Master Lecture Award Winners | Jeff Goodie | Ken Freeland | |

3. Webinar Update

The program committee will be promoting the annual meeting via webinar on November 15, and January 24, 2019.

4. Session Structure Update

In the past, the CIM SIG has put on morning yoga during the Annual Meeting. This year, rather than yoga, they will be holding a "Mindful Meditation" session on Friday only. Depending on success, the SIG may consider doing the session in the future, possibly both Thursday and Friday.

Dr. Hekler updated the committee on SBM's Saturday meeting plans. SBM will invite the public to join the Saturday morning Engaged Patient Master Lecture Panel, Daniel Mullin's Closing Keynote, and a new Behavioral Health Fair. The health fair will provide an opportunity for SBM attendees to connect with both patients and the community regarding their science.

During the time of the Health Fair, SBM will again be holding a speed networking session for students and early career professionals to connect with SBM leaders. Additionally there are plans to hold a lab management session for mid-career attendees.

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4. Recruiting Patients

The committee discussed the following places that may be helpful in recruiting attendees from the local community:

- NCI/NIH Patient Groups from Georgetown and George Washington University
- AARP
- Disease-specific groups such as American Cancer Association, Diabetes Association
- Local gyms and health/wellness clubs, YMCA
- Health promotion departments at universities
- Corporate wellness contacts

Additionally, Dr. Yingling provided two SBM member contacts for community outreach:

- Tiffany Powell-Wiley, MPH MD from NHLBI at NIH: CBPR in low-income, Washington DC wards. She has a community advisory board that meets monthly that is comprised of nutrition, public health, physical activity, cardiovascular health advocacy health groups and church communities across Washington DC.
- Gwen Wallen- RN, PhD from NIH-- CBPR in low-income, Washington DC areas with a focus on health disparities and health behavior research in vulnerable populations across Washington, DC. She's likely to have local community partners.

Next Program Committee Conference Call

Date: Tuesday, October 16, 2018

Small Committee Call