

**Society of Behavioral Medicine**  
**40<sup>th</sup> Annual Meeting & Scientific Sessions**  
Washington, D.C. – March 6-9, 2019  
Program Committee Conference Call

DATE Wednesday, October 3, 2018  
TIME 3pm ET/2pm CT/3pm MT/12pm PT  
CALL <https://bluejeans.com/398428355?src=calendarLink>  
Phone Dial-in  
+1.408.740.7256 (United States)  
Meeting ID: 216 189 559

**In Attendance**

Eric B. Hekler, PhD (Chair)  
L. Alison Phillips, PhD (Co-Chair)

**Staff**

Lauren Seward  
Rachel Mizar

**Unable to Attend**

Sherry L. Pagoto, PhD (President)

**1. Quick Updates**

- Rather than Yoga this year, the SIG is planning a Mindful Meditation session on Friday.
- The Saturday Master Lecture Panel will be 75 minutes rather than the 60 minutes Master Lectures typically last.
- Dr. Pagoto is following up with some last-minute speaker leads.

**2. Approve Minutes**

Dr. Hekler moved to approve the minutes from 9/4, 9/11, and 9/25. Dr. Phillips seconded; minutes were approved.

**4. Abstract Review Update**

While the review deadline was midnight on the 2<sup>nd</sup>, approximately 150 reviews remain incomplete. The small program committee decided to take on 14-15 reviews each in order to cover:

- 9 abstracts with only 1/3 completed reviews, and
- 26 abstracts with only 2/3 reviews with conflicting acceptance recommendations.

Following the meeting, these reviews will be manually assigned and the committee will have four full days to complete them. In the meantime, topic chairs will be notified that they may begin making their recommendations, as they have only one full week to do so.

**3. “Civil Saturday” or “Social Saturday” Discussion**

Ms. Bullock informed the committee of the content of her recent call with Dr. Pagoto regarding Saturday. An idea was to offer a “Health Fair” for community members to join. This would include posters directed to the public, and an opportunity for attendees to practice patient outreach. It was noted that poster guidelines and restrictions will be important so as to ensure that they are easy to read and understand from a civilian perspective. It was also suggested that the grant feedback session is eliminated.

Dr. Phillips suggested that in our marketing, we emphasize career development and the potential to learn communication skills with the public and possibly science journalists.

**Next Program Committee Conference Call**

Date: Tuesday, October 9, 2018  
*Large Committee Call*