

SOCIETY *of* BEHAVIORAL MEDICINE

Better Health Through Behavior Change

ETCD Council Minutes

Date: Monday, August 5, 2013

Time: 11:00 am PT/12:00 pm MT/1:00 pm CT/2:00 pm ET

Dial In: 1 (800) 377-8846

Pass Code: 3820600#

In Attendance

Nicole Zarrett, PhD (Chair)

Margaret Clayton, PhD

Amy Huebschmann, MD

Jennifer Reese, PhD

Valerie Myers, PhD

Lori Pbert, PhD

Barbara Stetson, PhD

Regrets

Karen Oliver, PhD

Georita Marie Frierson, PhD

Vicki DiLillo, PhD

Patricia Lee, PhD

Staff

Benjamin C. Stumpf, MA

Review Minutes July 2013

Council reviewed the July minutes.

Welcome New Member – Amy Huebschmann, MD

The council welcomed Dr. Huebschmann, who was recently appointed as a council member by Dr. Zarrett and approved by the SBM Board of Directors. The council is looking forward to her participation and valuable input moving forward.

2014 Annual Meeting Session Planning

Council members discussed proposed sessions and sessions already in planning stages. All session proposals from ETCD (breakfast roundtables, courses and midday meetings) are due by email on September 12th. All other sessions (panels, symposia and papers) are due through the abstract submission system by September 12th.

Graduate Research Panel

Council briefly touched upon the graduate research panel. This session is approved to move forward, and an email will be sent to Dr. Stetson to help coordinate any planning and efforts from ETCD she may need.

Work / Life balance / integration

This session was proposed at an earlier call. Any council members who are already working on this proposal or who would like to partner in preparing this session should contact Dr. Zarrett with details.

Funding Opportunities for Junior Investigators

Dr. Zarrett provided an overview of a new session resulting from an SBM Board discussion which centered on the need for highlighting funding opportunities for Junior Investigators. The session will be structured as a panel session and recruitment of Federal Grant representatives has begun. Dr. Amy Yaroch will also present a detailed discussion on alternative funding opportunities and strategies as part of the session. To date, Joanne Guthrie, Susan Czajkowski and Heidi Blanck have been invited. The council also provided ideas for other invitations including D. Chambers, R. Glasgow, K. Hunter and R. Brownson.

Depending upon the size of the session, and the availability of potential SIG funding for speaker stipends, the session may be split and submitted as two panels. Staff will work to help identify and coordinate potential SIGs that may be interested in funding this session.

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Roundtable or Panel on Teaching

Jamie Bodenlos approached the council with a request to sponsor in name a teaching behavioral medicine session. The council fully supported the proposed session and Dr. Pbert mentioned that she would be willing to help support Jamie in planning this session.

Career Development Panel (ideally with MVH SIG as co-sponsor)

Council reviewed this session on developing a behavioral medicine career in military and VA settings. Dr. Stetson suggested that the net be widened to include careers in community settings. Dr. Oliver has reached out to the MVH SIG and will report back on their willingness to co-sponsor. Dr. Stetson and other council members may be asked to help recruit potential contributors as the panel moves forward.

Panel Extension

The council briefly reviewed the panel extension (experts session). This would involve the council inviting an invited symposia or panel to a follow-up session, where attendees are able to primarily network and ask questions of the panelists as experts in their area. Staff is reviewing the list of invited symposia in order to identify a good fit.

Elevator Speech Workshop with follow-up Coffee Break

Council members discussed the workshop and worked out some details of the coffee break session. The council decided that the coffee break could be run in a speed dating format, where attendees are separated into groups by research interest (specifically using SIG titles as a way to delineate interest) and ask colleagues to practice their speeches with 5 different partners. Dr. Huebschmann brought forth the idea to include media training in this session.

Session Planners/Organizers and Volunteering

In reviewing all of these sessions and notes, if you are incorrectly marked as an organizer, or if you would like to be included as an organizer please email Dr. Zarrett. If you need assistance with planning or have questions about the proposed ETCD sessions, please email SBM staff at bstumpf@sbm.org.

Ongoing Updates

Council members please email staff with any links or resources that would be relevant to the areas of career/transition, mentoring, or past or future ETCD programming and its materials.

Next call

Rescheduled to Monday, September 9, 2013

(Our regular time of the first Monday of the month falls on Labor Day 2013)