

# SOCIETY *of* BEHAVIORAL MEDICINE

*Better Health Through Behavior Change*

## ETCD Council Minutes

Date: Monday, June 3, 2013

Time: 11:00 am PT/12:00 pm MT/1:00 pm CT/2:00 pm ET

Dial In: 1 (800) 377-8846

Pass Code: 3820600#

### **In Attendance**

Nicole Zarrett, PhD (Chair)

Barbara Stetson, PhD

Valerie Myers, PhD

Georita Marie Frierson, PhD

Margaret Clayton, PhD

Vicki DiLillo, PhD

Jennifer Reese, PhD

### **Regrets**

Karen Oliver, PhD

Lori Pbert, PhD

Patricia Lee, PhD

### **Staff**

Benjamin C. Stumpf, MA

### **Review Minutes May 2013**

Council reviewed the May minutes, and came to consensus that the Dinner with an Expert sessions will not be offered for the 2014 Annual Meeting. The council agreed with all discussion/feedback and decided that efforts in new programming ideas, especially earlier in the conference day, would be of more benefit to SBM members.

### **Preliminary ideas for Annual Meeting Program Activities:**

Council members discussed several new ideas for the coming meeting, including: Graduate Research Panel; Work Life Balance/Integration; SIG-Paired Panel with a "meet the experts/panelists" extension; Speed Dating/Mentoring; Coffee Break; Elevator Speech Workshop/roundtable and Follow-up Event. If you were unable to attend the call, please email suggestions or thoughts/ideas.

### **SBM Website – Mentorship Page**

The new page under the resources section of the SBM website, currently designates a space for mentorship information. The council discussed the differences between members seeking mentorship and members seeking consultation. Staff will submit request to website editor for the division of the mentorship page into both mentorship and consultation. This way the consultation page can serve as a traffic redirect to the SBM Online Expert Consultation program, and the mentorship page can include a new message from ETCD encouraging more junior members to reach out for mentoring and career development involvement, even if strong research questions are not fully formed. Again, this idea is keeping with the idea that Council members would like to erase some of the feelings of intimidation and anxiety that contacting established, senior-member researchers brings about.

### **Syllabus Uploading/Sharing Website**

The Syllabus website has traditionally been well-received but under-utilized and under-promoted. Council discussed need to solicit new syllabi and possibly other helpful teaching documents (slides, training materials, etc) that are newer than 2007. Staff will compose short message to be included in SBM Digest email and this should also be included for ETCD's next Outlook article (later in 2013/14). Linking to outside organizations' repositories or online resources could also bolster this web-page; suggestions or links should be forward to staff for inclusion on the website.

### **Ongoing Updates**

Links and resources should be posted on the website. Council members should email staff with any links or resources that would be relevant to the areas of career/transition, mentoring, or past or future ETCD programming and its materials.

### **Next call**

Monday, July 1, 2013