

# SOCIETY *of* BEHAVIORAL MEDICINE

*Better Health Through Behavior Change*

## **ETCD Council Draft Minutes**

Date: Wednesday, May 13, 2015

Time: 11:00 a.m. PT/12:00 p.m. MT/1:00 p.m. CT/2:00 p.m. ET

Dial In: 1 (800) 377-8846

Pass Code: 38206000#

### **In Attendance**

Nicole Zarrett, PhD (Chair)

Amy Huebschmann, MD

Lori Pbert, PhD

Barbara Stetson, PhD

### **Staff**

Amy Stone

Erica Linc

### **Regrets**

Jamie Bodenlos, PhD

Margaret Clayton, PhD

Vicki DiLillo, PhD

Patricia Lee, PhD

Georita Marie Frierson, PhD

Valerie Myers, PhD

Karen Oliver, PhD

Jennifer Reese, PhD

### **2015 Annual Meeting Programming**

#### **Career Development Panel on Teaching and Coaching Health Care Professionals:**

Chaired by Dr. Oliver. It was a great success. One suggestion for future consideration: ask that the Programming Committee try to spread out ETCD Council activities so we are not in competition with ourselves, other career or education related programming, or Student SIG sponsored events.

#### **Graduate Student Research Panel Discussion:**

Chaired by Dr. Stetson and Dr. Myers. It went very well and there were nearly 30 people in attendance and more undergrads than in previous years. Dr. Zarrett advised that there is a person interested in joining the council who would be very willing to assist with the event at future meetings.

#### **Meet the Professors Social Networking Event:**

Chaired by Dr. Huebschmann this event consisted of small group networking of attendees with SBM fellows. Small group discussions with fellows focused on strategies to build research collaborations; the groups were organized by the special interest groups of the participating SBM fellows. Seven fellows participated along with at least 51 attendees. It was a very diverse group with half of the participants having PhDs and some senior faculty members in attendance. Participants were very engaged and were slow to leave once event was over. The event took place on a Friday afternoon and seemed to be the perfect time for the event. RSVP process helped with attendance and efficiently seating folks at tables.

Feedback from short debriefing session toward end of the event included:

- Confusion over the fact that event was a social networking event.
- Appreciation of the structure networking provided.
- Having a junior mentor at the table along with the fellow in order to talk about transitions and having specific conversation topics about the early career period.

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### **ETCD Outlook Article**

The council plans to highlight programming at the Annual Meeting and promote the SBM Consultation Program. They would also like to take the opportunity to thank the SBM fellows who volunteered for the Meet the Professors event and the Poster Mentoring Program.

### Action items

- **Erica Linc will send Dr. Zarrett the names of the mentees so that they can be assigned to ETCD Council members asked for feedback on poster mentoring program.**

### **Next call**

Thursday, June 11, 2015