

SOCIETY *of* BEHAVIORAL MEDICINE

Better Health Through Behavior Change

SIG Council Conference Call MINUTES

Wednesday, March 21, 2018

9 a.m. HT/12 p.m. PT/1 p.m. MT/2 p.m. CT/3 p.m. ET

Call in number: 1-800-377-8846 Access Code: 89250669#

In Attendance

Neha Gothe, PhD - *Aging*
Amanda Szabo-Reed – *Aging*
Charles Jonassaint, PhD – *BIT*
Lisa Cadmus-Bertram, PhD – *BIT*
Pamela Behrman, PhD – *CFH*
Lisette Jacobson, PhD - *CFH*
Liz Beverly – *Diabetes*
Robert Newton Jr., PhD – *Health Equity*
Betina Yanez, PhD – *Health Equity*
Aisha Langford, PhD- *HDM*
Kathryn Kanzler, PhD – *IPC*
Jen Funderburk, PhD – *IPC*
Kathryn Ross, PhD, MPH– *MVH*
Monica Wang, ScD, MS - *OED*
Thelma Mielenz, PhD – *OBI*

Ana-Maria Vranceanu, PhD – *Pain*
Bridgett Rahim-Williams, PhD - *Pain*
Siobhan Phillips, PhD, MPH - *PA*
Scherezade Mama - *PA*
Teresa M. Smith, PhD, MS - *PHS*
Brian Gonzalez, PhD– *Sleep*
Natasha Williams, PhD - *Sleep*
Karen Yeary, PhD– *Spirituality*
Jaclyn Maher, PhD – *TTBCI*
Paul Branscum, PhD -*TTBCI*
Sheela Raja – *VT*
Pamela Geller, PhD –*Women's*
Anne Hahn (staff)
Lindsay Bullock (staff)

Welcome to SIG Council

Dr. Gonzalez welcomed the group to the call.

Health Equity SIG Presentation

Drs. Yanez and Newton introduced the SIG's new name, changed from Ethnic Minority and Multicultural Health SIG to Health Equity SIG. This was done to make the name more inclusive of different types of minorities.

They also mentioned that Dr. Ford will be ending her term as co-chair and they are currently holding an election to fill the open co-chair spot.

The SIG also worked on two policy briefs in the last year. One urging increased funding for the Children's Health Insurance Program (CHIP) and one urging increased Supplemental Nutrition Assistance Program (SNAP) funding. They are also in the process of working on one surrounding migrant policy.

Another initiative that the SIG has been working on with the Spirituality and Health and Violence and Trauma SIGs is their mentorship program. Through this program, senior researchers are matched with junior faculty to do a one year project. At the upcoming Annual Meeting they will meet in person. They will provide a mid-year and end of year reports and do a final report back at the 2019 Annual Meeting.

They also mentioned the following Annual Meeting programming the SIG was involved in planning:

- [Course 10: Cancer and Health Equity SIG's Present: What You Need to Know About Writing Grants: Tips and Techniques from Experts](#)
- [Course 12: Physical Activity and Health Equity SIG's Present: Strategies for 'Extending Our Reach' and Engaging Hard to Reach Populations and Communities in Research](#)
- [Health Equity Special Interest Group Business Meeting](#)
- [Symposium 52: Behavioral Informatics and Technology, Cancer and Health Equity SIGs Present: Using Mhealth and Ehealth Interventions to Reduce Health Disparities: From Cancer Prevention to Cancer Survivorship](#)

Dr. Gonzalez asked Drs. Yanez and Newton about the process that the SIG underwent for changing their name and mission statement and what it all entailed. They responded that they started planning to change their name after the 2017 Annual Meeting. They started the conversation within the leadership team and then conducted a SIG-wide poll with new name options.

SIG Renewals

As the society grows and the number of new SIG proposals continues, the need for a more stringent application process for SIGs became apparent. Since the new application is more stringent, it is only fair to hold current SIGs to the same standards, therefore, SBM will be implementing a three year renewal process for SIGs starting in June of 2019. The renewal schedule was based on length of time SIGs have been in existence (starting with those who have been around longest) and also took into account their election schedule. The schedule is staggered so that eight SIGs renew each year.

The purpose of this process is to make sure that SIGs are still making meaningful contributions to the SBM mission and that they are being mindful of where they overlap with other SIGs, what unique aspects they add to the society, and where they might collaborate with other SIGs or groups.

SBM staff and SIG Council leadership are working to create a renewal application review guideline document that the council can discuss and give input on at the in-person SIG Council meeting. They are also working to develop a review committee and will welcome input on what this should look like at the in-person meeting as well.

Anne Hahn reached out to those who are up for renewal in 2019 shortly after the call.

Promote Your Annual Meeting Sessions

Dr. Gonzalez opened the floor to SIG Council chairs to promote their Annual Meeting sessions. See below.

- TTBCI SIG
 - Breakfast Roundtable: Theories and Techniques of Behavior Change Interventions (TTBCI) SIG Meeting
 - Salon 21/24, 7:00 AM - 7:50 AM, Apr 12, 2018
 - Symposium 1: Theories and Techniques of Behavior Change Interventions SIG Presents: The NIH SOBC Research Network: Extending the Reach of Behavior Change Science
 - Ballroom A, 8:00 AM - 9:15 AM, Apr 12, 2018
 - Panel Discussion 1: Theories and Techniques of Behavior Change Interventions SIG Presents: Discussion of NIH Scientific Priorities for Advancing Research on Adherence to Treatment and Prevention Regimens
 - Salon 3/6, 12:45 PM - 1:45 PM, Apr 12, 2018
 - Panel Discussion 12: Theories and Techniques of Behavior Change Interventions and Health Decision Making SIGs Present: Incorporating Basic Research on Cognition and Affect into Clinical Genomics
 - Salon 22, 12:45 PM - 1:45 PM, Apr 12, 2018
 - Theories and Techniques of Behavior Change Interventions SIG Presents: The Accumulating Data to Optimally Predict Obesity Treatment (ADOPT) Project
 - Salon 10, 12:45 PM - 1:45 PM, Apr 13, 2018
 - Symposium 62: Theories and Techniques of Behavior Change Interventions SIG Presents: Observations and Interventions to Address Parental Vaccine Hesitancy, an Increasing Social Norm in the U.S.
 - Salon 23, 2:00 PM - 3:15 PM, Apr 13, 2018
- IPC SIG
 - Course 11: Integrated Primary Care SIG Presents: Preparing the Next Generation of Integrated Primary Care Professionals: Implementing and Managing a Primary Care Behavioral Health Service
 - Salon 21/24, 8:30 AM - 11:15 AM, Apr 11, 2018
 - Course 4: Integrated Primary Care SIG Presents: Preparing the Next Generation of Integrated Primary Care Professionals: Essential Clinical & Team-based Care Skills
 - Salon 21/24, 12:15 PM - 6:00 PM, Apr 11, 2018
- PHS SIG
 - 'Extending Our Reach' Through Developing and Disseminating Health Policy Briefs: A Guide for Sigs
 - Ballroom B, 10:45 AM - 11:45 AM, Apr 13, 2018
- OBBI SIG
 - Course 1: Optimization of Behavioral and Biobehavioral Interventions SIG Presents: Novel Experimental Approaches to Designing Effective Multi-component Interventions
 - Salon 22, 8:30 AM - 6:00 PM, Apr 11, 2018
 - Midday Meeting: Lightning Rounds with Optimization of Behavioral and Biobehavioral Interventions Experts: MOST, SMART and Mrts
 - Chequers, 10:45 AM - 11:45 AM, Apr 12, 2018
 - Panel Discussion 5: Overcoming Barriers to NIH Funding for Optimization of Behavioral and Biobehavioral Interventions

- Salon 9, 12:45 PM - 1:45 PM, Apr 12, 2018
 - Symposium 23: Physical Activity and Optimization of Behavioral and Biobehavioral Interventions SIGs
Present: Optimization experiments in the field: the MOST framework through 3 clinical trials
 - Salon 10, 2:00 PM - 3:15 PM, Apr 12, 2018
- Sleep SIG
 - SRS Club Hypnos Hosted by Sleep SIG
 - Marlborough, 11:45 AM - 12:45 PM, Apr 12, 2018

Next meeting: Thursday, April 12 from 2:00-3:15 p.m. at the Hilton Riverside New Orleans