

SOCIETY *of* BEHAVIORAL MEDICINE

Better Health Through Behavior Change

SIG Council Conference Call MINUTES

Wednesday, February 21, 2018

9 a.m. HT/12 p.m. PT/1 p.m. MT/2 p.m. CT/3 p.m. ET

Call in number: 1-800-377-8846 Access Code: 89250669#

In Attendance

Neha Gothe, PhD - *Aging*
Amanda Szabo-Reed – *Aging*
Pamela Behrman, PhD – *CFH*
Liz Beverly – *Diabetes*
Ally Hughes – *Diabetes*
Robert Newton Jr., PhD – *Health Equity*
Sabrina Ford, PhD – *Health Equity*
Heather McGinty, PhD – *EBBM*
Heather Jim, PhD - *EBBM*
Aisha Langford, PhD- *HDM*
Megan Oser, PhD – *HDM*
Kathryn Kanzler, PhD - *IPC*
Dan Cassidy, PhD– *MVH*
Monica Wang, ScD, MS - *OED*
Andrea Kozak - *OED*
Thelma Mielenz, PhD – *OEBI*

Bridgett Rahim-Williams, PhD - *Pain*
Siobhan Phillips, PhD, MPH - *PA*
Scherezade Mama - *PA*
Teresa M. Smith, PhD, MS - *PHS*
Brian Gonzalez, PhD– *Sleep*
Karen Yeary, PhD– *Spirituality*
Dorothy McLeod Loren, MA – *Student*
Kelsey Vaca – *Student*
Jaclyn Maher, PhD – *TTBCI*
Paul Branscum, PhD - *TTBCI*
Sheela Raja – *VT*
Pamela Geller, PhD – *Women's*
Emily Mailey, ScD – *Women's*
Sandi Winter, PhD (guest)
Amy Janke, PhD (guest)
Kristi Graves, PhD (chair)
Mary Dean (staff)

Welcome to SIG Council

Dr. Graves welcomed the group to the call. She also introduced the new SIG Council Chair, Dr. Brian Gonzalez.

Dr. Gonzalez talked a bit about what he would like his focus as SIG Chair to be. He wants to make it easier for SIG Chairs to be heard by policy makers and be a resource for the media as experts in the field.

Dr. Graves also told the council that there will be some transitions in the SBM staff in the coming weeks. Mary Dean, current SBM Executive Director will be transitioning to a new position with the Society for Immunotherapy of Cancer and Lindsay Bullock, current Senior Media and Member Communications Manager, will be moving into the Executive Director role for SBM. The official transition date is March 1st, 2018.

New Member Meet and Greet

Dr. Mama told the council that the New Member Meet and Greet will be held on April 12th from 6:30-7:15 p.m. outside the poster hall. This is a joint event put on by the Membership Committee and SIG Council. New members are invited to attend to learn more about all SBM has to offer.

There will be short presentations by a couple of Membership Council members and a couple of SIG Council members that have already been determined. Each SIG will also have a poster with their leadership and mission statement on it. Anne Hahn will be sending these to chairs for approval by the end of this week. They will also have a sign in sheet where new SBM members can indicate their interest in being involved with the SIG. Each SIG should have at least one chair or leadership team member present during the event to stand near the poster and engage new members.

Dr. Graves asked the council if any chairs who had attended past Meet and Greets had any thoughts about the event. Dr. Mama indicated that last year was her first year attending as a SIG chair and she found the event to be very beneficial for the Physical Activity SIG. She was able to talk with new members about how they could get involved with the SIG. Dr. Suls also thought the event was very effective for his SIG. He was able to recruit new SIG members for the Multi-Morbidities SIG and clarify the topic of multi-morbidities for a couple of attendees.

Reminders

- SIG Elections:

- Dr. Graves reminded the council that some SIGs should be holding elections to fill one or more positions on their leadership teams. She indicated that if anyone was unsure of whether they should be running SIG elections this year, they should reach out to Anne Hahn.
- SIG In Person Business Meeting
 - April 12 from 2:00-3:00 p.m. ET in Salon 4
 - Anne Hahn has sent the calendar invitation for this event
 - Working Group report back
 - Dr. Graves and Anne Hahn will be touching base with working group leaders soon to see if they are ready for a report back on their efforts this past year
- Speed Networking Event at AM18
 - As a result of the Program Committee Design Contest, the Program Committee will be holding a speed networking event on Saturday, April 14 from 12:30-1:30 p.m., after the closing keynote
 - The Program Committee has asked Board members and other senior SBM members to participate as mentors
 - They would also like to ask SIG chairs to participate as mentors
 - This is a great opportunity to provide mentoring and guidance to trainees, while also promoting the activities of SIGs
 - There are 10 spots available for SIG chairs
 - If you are interested, please reach out to Anne Hahn by 5:00 p.m. ET on March 5, 2018
- Annual Reports
 - Please fill out the Annual Report template and return it to Anne Hahn by 11:59 p.m. ET on March 5.
- SBM Board Election voting contest
 - Remind SIG members to vote!
 - Voting ends March 7th
 - The current SIG frontrunners for the contest are:
 - PA – 24.04%
 - Cancer – 21.88%
 - OBBI -17.82%
 - Health Equity – 17.32%
- ISBM INSPIRE Award
 - Kelsey Vaca is the Student SIG INSPIRE liaison and joined the call to present the award opportunity to the council
 - This is an award is jointly sponsored by the International Society of Behavioral Medicine (ISBM), the Society for Health Psychology of the American Psychological Association, and the American Psychosomatic Society and this year, SBM.
 - The purpose of the award is to facilitate a minimum of a one week visit to an international laboratory or research group under the guidance of an identified international mentor.
 - View the [application](#) for more details. Please also see sample [email](#) to send to your SIGs to help publicize this opportunity.

HERO

Dr. Winter and Dr. Janke from SBM's Scientific and Professional Liaison Council (SPLC) joined the call to present an opportunity to collaborate with the [Health Enhancement research Organization \(HERO\)](#). This organization works with worksite wellness interventions, policies, and research. They hold educational events, think tanks, and webinars. They also collect data from employers that may be a resource for SBM members in their research.

Any SIG chairs who know anyone doing any research with worksite wellness should reach out to Dr. Winter at sjwinter@stanford.edu.

Other Announcements

The Military and Veterans Health SIG is holding a preconference course titled, "Implementing Behavioral Interventions: Foundations and Frontiers."

Facebook Live Taping

Student Volunteers will be taping Facebook Live videos again at the Annual Meeting this year. Last year SIG chairs who participated had a lot of fun and found it to be a valuable way to promote their sessions. The videos are taped and shared live, but also archived to the SBM Facebook page and received a lot of views last year.

Please sign up for a timeslot on the [Google Doc](#) if you are interested in filming a video.

Questions this year will include:

- What is your name, institution, research area, and SIG?
- What is your SIG planning for the next year?
- What session did you find most interesting so far? Why?

Next meeting: Wednesday, March 21 at 9 a.m. HT/12 p.m. PT/1 p.m. MT/2 p.m. CT/3 p.m. ET.

One topic we will be discussing is innovative ways to use SIG funds to engage and retain members. If you have specific questions on what current types of activities are allowable in the SIG budget (and remain uncertain after looking at the SIG manual, [linked here](#), please send questions for us to include in the discussion to Anne Hahn by March 15, 2018 at 5 PM ET. Feel free to send in innovative ideas ahead of the call as well!