



SOCIETY OF  
BEHAVIORAL  
MEDICINE

April 26-29, 2023 | Phoenix, AZ

# 44<sup>th</sup> Annual Meeting & Scientific Sessions



## Translating Science into Impact



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## Welcome Message

Thank you for attending the Society of Behavioral Medicine’s 44th Annual Meeting & Scientific Sessions!

This year’s theme of “Translating Science into Impact” shows up in an exciting lineup of speakers, sessions, and events. Here are some special highlights.

- A Welcome Celebration on Wednesday at 4 p.m., featuring greetings from representatives of the great city of Phoenix and the renowned Indigenous Enterprise dance troupe.
- Keynotes and master lectures focusing on increasing the impact of your research through effective communication, informing policy change, promoting American Indian health equity, engaging the community in research, and using mindfulness to advance racial justice.
- A timely and thought-provoking presidential symposium on “Reproductive Health in a Post-Roe United States,” happening on Thursday at 9 a.m.
- A conference environmental responsibility program. Find out how we are increasing efforts to be green, and how you can win prizes for helping us. More info at [www.sbm.org/meetings/conference-environmental-responsibility](http://www.sbm.org/meetings/conference-environmental-responsibility).



Margaret L. Schneider, PhD, FSBM  
President



Stephanie L. Fitzpatrick, PhD  
Program Chair

We hope you leave energized by new or deepened connections, and inspired to see your work translated into impact on individual and community health as well as on policy and legislation.

Thank you for choosing to spend your time with us, and wish you all a productive, healthy, and inspiring conference!

# Open Science at SBM

Scientists in many fields are using a variety of open science practices to increase the transparency, reproducibility, and verifiability of their work. SBM recognizes those who utilized open science practices such as pre-registering study designs and analysis plans, and sharing study materials or data via an open access repository. Keep an eye out for the following badges next to presentations in the program and throughout the meeting.

Preregistered  
Design Badge



Preregistered  
Design+Analyses Badge



Materials Badge



Open Data Badge



SBM's meeting is also registered in the Center for Open Science meetings database. Attendees are encouraged to visit <https://osf.io/meetings/SBM2023> to upload their presentation slides and posters, and to view the work uploaded by others.

*Badges are licensed under Creative Commons CC-BY. Source: Open Science Collaboration (<https://osf.io/vmrgu/wiki/home/>).*

## Works in Progress (WIP) and Lessons Learned (LL)



**WIP:** "Works in Progress" presentations are presentations that highlight the rigorous design and methods of a large clinical trial, for which data are not yet available.



**LL:** "Lessons Learned" presentations are presentations that provide tips for other researchers in pursuing certain types of research or practice protocols. For example, they may detail recommended steps of a protocol, issues that arose in carrying out these steps that might be commonly encountered, and tips/tricks for handling those obstacles/barriers.

WIP and LL presentations can be found on rapid communication posters, but will not appear on regular paper or poster presentations, which require actual data and results.

# Continuing Education Credits

## Accreditation Statement

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In support of improving patient care, this activity has been planned and implemented by Amedco LLC and Society of Behavioral Medicine. Amedco LLC is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team. Amedco Joint Provider #4008163.



## Physicians (ACCME) Credit Designation Statement

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Amedco LLC designates this live activity for a maximum of 13.50 *AMA PRA Category 1 Credits*<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

## Nurse Practitioners (AANPCP) Credit Designation Statement

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The American Association of Nurse Practitioners (AANP) recognizes the Accreditation Council for Continuing Medical Education (ACCME) and the American Nurses Credentialing Center (ANCC) as approved accreditors and allow reciprocity for AANPCP continuing education credit.

## Nurses (ANCC) Credit Designation Statement

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Amedco LLC designates this activity for a maximum of 13.50 ANCC contact hours.

## Psychologists (APA) Credit Designation Statement

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This course is co-sponsored by Amedco and Society of Behavioral Medicine. Amedco is approved by the American Psychological Association to sponsor continuing education for psychologists. Amedco maintains responsibility for this program and its content. 13.50 hours.



The following state boards accept courses from APA providers for Counselors: AK, AL, AR, AZ, CA, CO, CT, DC, DE, FL, GA, HI, IA, ID, IL, IN, KS, KY, MD, ME, MO, NC, ND, NH, NE, NJ, NM, NV, OK\*, OR, PA, RI, SC, SD, TN, TX, UT, VA, WI, WY

MI: No CE requirements

The following state boards accept courses from APA providers for MFTs: AK, AR, AZ, CA, CO, CT, DE, FL, GA, IA, ID, IN, KS, MD, ME, MO, NE, NC, NH, NJ, NM, NV, OK\*, OR, PA, RI, SC, SD, TN, TX, UT, VA, WA, WI, WY

The following state boards accept courses from APA providers for Addictions Professionals: AK, AR, CO, CT, DC, DE, GA, IA, IN, KS, LA, MD, MO, MT, NC, ND, NE, NJ, NM, NY (outstate held), OK\*, OR, SC, UT, WA, WI, WY

\* OK accepts APA credit for live, in-person activities. For all ethics and/or online courses, an application is required.

MA / MFTs: Participants can self-submit courses not approved by the MAMFT board for review.

The following state boards accept courses from APA providers for Social Workers: AK, AR, AZ, CA, CO, DE, FL, GA, ID, IN, KY, ME, MN, MO, NE, NH, NM, OR, PA, VT, WI, WY

## Dietitians (CDR) Credit Designation Statement

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Amedco LLC designates this activity for a maximum of 13.50 CPEU.

## Certified Health Education Specialists (CHES)

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Application has been made to the National Commission for Health Education Credentialing, Inc. (NCHEC) for CHES Category I continuing education contact hours (CECH). Determination of creditworthiness is pending.



# Mobile App Instructions

Download the free 2023 Annual Meeting mobile app by searching “SBM Portal” in your app store.

Wi-Fi Network:  
**MarriottBonvoy\_Conference**

Password:  
**SBM2023**



You can use the app to:

- search posters and sessions by day, type, and topic area;
- add sessions to your calendar;
- view session descriptions and presenter information;
- view exhibitors and sponsors;
- connect with other attendees;
- view award winners; and
- take notes.

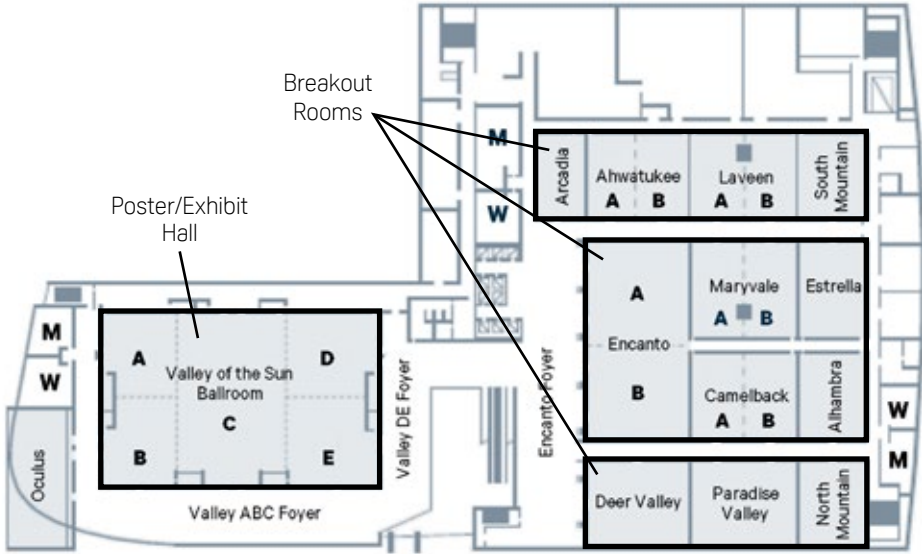
Make sure to log in to the app with your SBM account to message other attendees and get your personalized QR code for visiting exhibit booths!



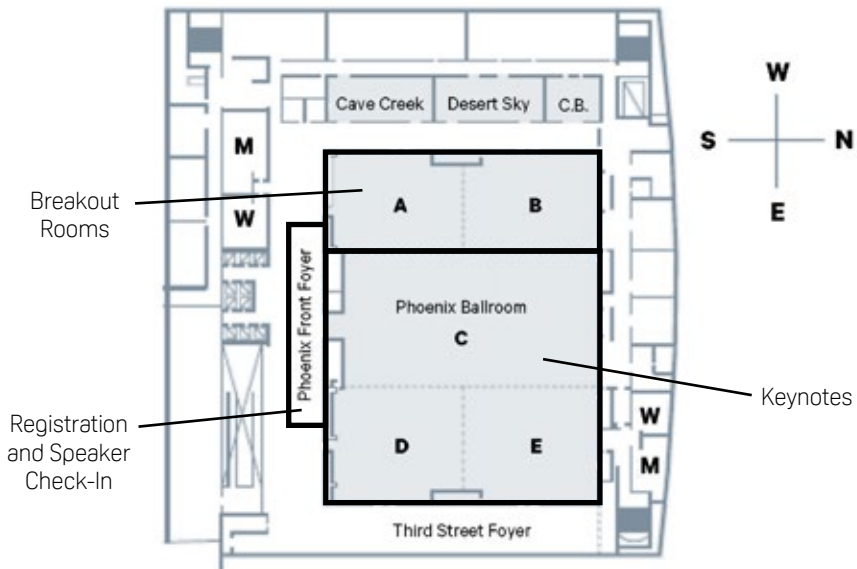
Questions about using the app?  
Stop by the onsite registration desk.

# Sheraton Phoenix Downtown Conference Map

## Second Level



## Third Level



# Exhibitors and Supporters

## Exhibitors

Please make time to visit exhibitors' booths in the meeting exhibit hall, located in the Valley of the Sun Ballroom.

EXHIBIT HALL HOURS ARE:	EXHIBITOR	BOOTH NUMBER
Wednesday, April 26 5 – 5:50 p.m.	d3center at University of Michigan	Booth 118
Thursday, April 27 11 – 11:50 a.m. & 5 – 5:50 p.m.	The Emotional Well-being and Economic Burden Research Network (EMOT ECON)	Booth 134
Friday, April 28 5 – 5:50 p.m.	Fitabase	Booths 126 & 128
Saturday, April 29 11 – 11:50 a.m.	Mayo Clinic	Booth 112
	Movisens GmbH	Booth 124
	PAL Technologies	Booth 106
	Pathverse	Booth 130


## Supporters

SBM is pleased to acknowledge financial support for the 44th Annual Meeting & Scientific Sessions from the following entities.






PREMIUM SUPPORTERS	PLATINUM SUPPORTERS	GOLD SUPPORTERS
RTI International Johnson & Johnson WW International Fitabase Mayo Clinic UCI Program in Public Health	Institute for Clinical and Translational Science at UC-Irvine Modern Health UPMC Health Plan Penn State College of Health & Human Development Penn State Cancer Institute Penn State Social Science Research Institute SoftwareforResearch d3center The Emotional Well-being and Economic Burden Research Network (EMOT ECON) Movisens GmbH PAL Technologies Pathverse Center for Children's Healthy Lifestyles & Nutrition Northwell Health Oxford University Press	Guilford Press







# Schedule at a Glance

	Wednesday	Thursday	Friday	Saturday	
7:00 AM	Pre-Conference Courses (8:30AM - 10:30AM)	Mindful Movement (7:15AM to 7:45AM)			
8:00 AM		Breakfast Roundtables (8:00AM - 8:50AM) <i>Breakfast Provided</i>	Breakfast Roundtables (8:00AM - 8:50AM) <i>Breakfast Provided</i>		
8:30 AM					
9:00 AM			Symposia (9:00AM - 9:50AM)	Symposia (9:00AM - 9:50AM)	Symposia (9:00AM - 9:50AM)
9:30 AM					
10:00 AM			Keynote (10:00AM - 10:50AM)	Keynote (10:00AM - 10:50AM)	Keynote (10:00AM - 10:50AM)
10:30 AM					
11:00 AM		Pre-Conference Courses (11:00AM - 1:00PM)	Poster Session B (11:00AM - 11:50AM) <i>Coffee Provided</i>	Paper Sessions (11:00AM - 11:50AM)	Poster Session E (11:00AM - 11:50AM) <i>Coffee Provided</i>
11:30 AM					
12:00 PM	Lunch Break (11:50AM - 1:00PM) <i>Nearby Food – Scan QR Code for Interactive Map</i>		Lunch Break (11:50AM - 1:00PM) <i>Nearby Food – Scan QR Code for Interactive Map</i>	Presidential Meet & Greet and Business Meeting (12:00PM - 1:00PM) <i>Lunch Provided</i>	
12:30 PM					
01:00 PM	Pre-Conference Courses (1:30PM - 3:30PM)	Paper Sessions (1:00PM - 1:50PM)	Paper Sessions (1:00PM - 1:50PM)	Interactive Map of Nearby Restaurants 	
01:30 PM					
02:00 PM		Master Lectures & Panel Discussions (2:00PM - 2:50PM)	Master Lectures & Panel Discussions (2:00PM - 2:50PM)		
02:30 PM					
03:00 PM		Networking Sessions & Live Research Spotlights (3:00PM - 3:50PM)	Networking Sessions & Live Research Spotlights (3:00PM - 3:50PM)		
03:30 PM					
04:00 PM	Welcome Celebration (4:00PM - 4:50PM) <i>Taste of Phoenix Appetizers and Mocktails Provided</i>	Presidential Keynote & Awards Ceremony (4:00PM - 4:50PM)	Keynote (4:00PM - 4:50PM)		
04:30 PM					
05:00 PM	Poster Session A (5:00PM - 5:50PM) <i>Appetizers Provided, Cash Bar</i>	Fellows Reception (5:30PM - 7:30PM)	Poster Session C (5:00PM - 5:50PM) <i>Appetizers Provided, Cash Bar</i>	Poster Session D (5:00PM - 5:50PM) <i>Appetizers Provided, Cash Bar</i>	
05:30 PM					
06:00 PM			Stride for Science Run/Walk (6:10PM - 7:15PM) <i>Snacks/Water Provided</i>		
6:30 PM					
7:00 PM					

# Keynotes and Master Lectures At A Glance

Wednesday, April 26, 2023		
	<p><b>Welcome Celebration featuring Indigenous Enterprise Dance Troupe</b></p> <p>Co-Presenters: Margaret Schneider, PhD, FSBM, University of California, Irvine; and Stephanie L. Fitzpatrick, PhD, Northwell Health; Kaiser Permanente Center for Health Research <i>Phoenix Ballroom CDE</i></p>	<p>4 – 4:50 p.m.</p>
Thursday, April 27, 2023		
	<p><b>Keynote: How to Free Yourself from the “Curse of Knowledge” to Increase the Impact of Your Science: A Case Study using Exercise</b></p> <p>Presenter: Michelle Segar, PhD, MPH, MS, FSBM, University of Michigan</p> <p>Moderator: Margaret Schneider, PhD, FSBM, University of California, Irvine <i>Phoenix Ballroom CDE</i></p>	<p>10 – 10:50 a.m.</p>
	<p><b>Jessie Gruman Award Winner Master Lecture: Engaging Patients and Community Partners to Translate Science into Impact for Health Equity</b></p> <p>Presenter: Lisa Goldman Rosas, PhD, MPH, Stanford School of Medicine</p> <p>Moderator: Matthew Banegas, PhD, MPH, University of California San Diego <i>Phoenix Ballroom A</i></p>	<p>2 – 2:50 p.m.</p>
	<p><b>Master Lecture: Behavioural Science into Policy: Advising Government in the Time of COVID-19</b></p> <p>Presenter: Susan Michie, BA, MPhil, DPhil, FSBM, University College London</p> <p>Moderator: Ellen Beckjord, PhD, MPH, FSBM, UPMC Health Plan <i>Encanto A</i></p>	<p>2 – 2:50 p.m.</p>
	<p><b>Presidential Keynote &amp; Awards Ceremony: Getting from Science to Impact: More We Less Me (Sponsored by the UC-Irvine Program in Public Health)</b></p> <p>Presenter: Margaret Schneider, PhD, FSBM, University of California, Irvine</p> <p>Moderator: Stephen Lepore, PhD, FSBM, Temple University <i>Phoenix Ballroom CDE</i></p>	<p>4 – 4:50 p.m.</p>

# Keynotes and Master Lectures At A Glance

Friday, April 28, 2023		
	<p><b>Keynote: Promoting American Indian Health Equity</b>            Presenter: Donald Warne, MD, MPH, Johns Hopkins University            Moderator: Prajakta Adsul, BBS, MPH, PhD, University of New Mexico  <i>Phoenix Ballroom CDE</i></p>	10 – 10:50 a.m.
	<p><b>Distinguished Scientist Award Winner Master Lecture: Exercise Is Medicine in Oncology: Implementing based on Solid Evidence</b>            Presenter: Kathryn Schmitz, PhD, MPH, FACSM, Penn State College of Medicine            Moderator: Shawna Doerksen PhD, Penn State College of Medicine  <i>Phoenix Ballroom A</i></p>	2 – 2:50 p.m.
	<p><b>Master Lecture: Community-Engaged Research to Reduce Health Disparities among Latino Families Living in US-MX Border Regions</b>            Presenter: Deborah Parra-Medina, PhD, The University of Texas at Austin            Moderator: Kelly Palmer, PhD, MHS, University of Arizona College of Public Health  <i>Encanto A</i></p>	2 – 2:50 p.m.
	<p><b>Keynote: Thinking Beyond Your Research: Translating Research Evidence for Policy and Decision-Making at All Stages of Your Career</b>            Presenter: Jamie Chriqui, PhD, MHS, University of Illinois at Chicago            Moderator: Akilah Dulin, PhD, Brown University  <i>Phoenix Ballroom CDE</i></p>	4 – 4:50 p.m.
Saturday, April 29, 2023		
	<p><b>Keynote: Breath, Eyes, Memory: How Mindfulness Helps Advance Racial Justice and Transform the World Around Us</b>            Presenter: Wisdom Powell, PhD, MPH, Headspace Health            Moderator: Stephanie L. Fitzpatrick, PhD, Northwell Health; Kaiser Permanente Center for Health Research  <i>Phoenix Ballroom A</i></p>	10 – 10:50 a.m.

## Daily Schedule • Wednesday, April 26

Use the Annual Meeting mobile app to view full descriptions for all sessions, including keynotes and special interest group (SIG) breakfasts. The mobile app also contains full lists of all paper authors.

All sessions that offer continuing education credit are noted.

### Recorded Research Spotlights

Head to the mobile app to view a curated collection of recorded research spotlights. Recorded research spotlights are 2-minute on-demand video presentations that are available to view at your leisure.


### Pre-Conference Courses

Courses are ticketed sessions that require advance registration.

8:30 – 10:30 a.m. **Course 1: Introduction to Time-Varying Mediation Analysis for Intensive Longitudinal Data**

Room: *Paradise Valley*

Topic Area: Methods and Measurements

Open Science: 

Instructional Level: Beginner



Chair: Donna Coffman, PhD, University of South Carolina

*Continuing education credit is available for this session.*

8:30 – 10:30 a.m. **Course 2: The Cancer and Population Health Sciences SIGs Present: HINTS @ 20: New Survey Data and Resources to Support Your Research and Increase Your Scientific Impact**

Room: *Laveen A&B*

Topic Area: Cancer

Open Science:  

Instructional Level: Beginner/Intermediate

Chairs: Richard Moser, PhD, FSBM, National Cancer Institute; and Kelly Blake, ScD, National Cancer Institute

Co-Presenters: Ashley Murray, PhD, National Cancer Institute | National Institutes of Health; and

Heather D'Angelo, PhD, National Cancer Institute

*Continuing education credit is available for this session.*

8:30 – 10:30 a.m. **Course 3: The Optimization of Behavioral and Biobehavioral Interventions SIG Presents: An Introduction to the Multiphase Optimization Strategy (MOST): Basic Principles and Interdisciplinary Applications**

Room: *Ahwatukee A&B*

Topic Area: Methods and Measurements

Instructional Level: Beginner/Intermediate

Chair: Heather Wasser, PhD, MPH, RD, University of North Carolina at Chapel Hill

Co-Presenter: Linda Collins, PhD, FSBM, New York University

*Continuing education credit is available for this session.*

## Daily Schedule • Wednesday, April 26

8:30 – 10:30 a.m.

### Course 4: The Optimization of Behavioral and Biobehavioral Interventions SIG Presents: Advanced Topics in Intervention Optimization: Matching the Right Research Design to Your Research Question

Room: *Estrella*

Topic Area: Methods and Measurements

Instructional Level: Intermediate/Advanced

Chair: Kate Guastaferrero, PhD, MPH, New York University

Co-Presenters: Kate Guastaferrero, PhD, MPH, New York University; Jacob Szeszulski, PhD, Texas A&M AgrLife Institute for Advancing Health through Agriculture; and Angela Pfammatter, PhD, FSBM, University of Tennessee, Knoxville

*Continuing education credit is available for this session.*

8:30 – 10:30 a.m.

### Course 5: Extending our Reach: Knowledge Mobilization for Dissemination of Evidence-Based Treatments

Room: *Phoenix Ballroom A*

Topic Area: Dissemination and Implementation

Instructional Level: Intermediate/Advanced

Chair: Simona Bujoreanu, PhD, Boston Children's Hospital/Comfort Ability Program/Harvard Medical School

Co-Presenters: Rachael Coakley, PhD, Boston Children's Hospital/ Harvard Medical School; and Amy Hale, PhD, Boston Children's Hospital/Harvard Medical School


*Continuing education credit is available for this session.*

8:30 – 10:30 a.m.

### Course 6: Emotion Regulation and Health

Room: *Phoenix Ballroom B*

Topic Area: Mental Health

Open Science: 

Instructional Level: Beginner/Intermediate

Chair: Changiz Mohiyeddini, PhD, Oakland University William Beaumont School of Medicine


*Continuing education credit is available for this session.*

11 a.m. – 1 p.m.

### Course 7: Introduction to Community Engagement Studios: Strategies and Lessons Learned for Eliciting Community Input for Research (Sponsored by the Institute for Clinical and Translational Science at UC-Irvine)

Room: *Paradise Valley*

Topic Area: Community Engagement

Open Science: 

Instructional Level: Beginner/Intermediate

Chair: Dara Sorkin, PhD, University of California Irvine

Co-Presenters: Adrijana Gombosov, MS, University of California, Irvine; and Robynn Zender, MS, University of California, Irvine

*Continuing education credit is available for this session.*

## Daily Schedule • Wednesday, April 26

11 a.m. – 1 p.m.

### Course 8: The Behavioral Informatics and Technology SIG Presents: How to Cultivate Industry/Academic Partnerships

Room: *Laveen A&B*

Topic Area: Digital Health

Instructional Level: Beginner/Intermediate

Chair: Jennifer Huberty, PhD, FSBM, Fit Minded LLC

Co-Presenters: Cynthia Castro Sweet, PhD, FSBM, Modern Health; and Emanuela Offidani, PhD, Lumos Labs Medical (Lumosity)

11 a.m. – 1 p.m.

### Course 9: Communicating Science: Building Trust in Journalism and the Sciences as Forces for Good

Room: *Ahwatukee A&B*

Topic Area: Health Communication and Policy

Instructional Level: Beginner/Intermediate

Chairs: Jylana Sheats, MPH, PhD, Aspen Institute, Science & Society Program; Matt Fuchs, BA, JD, Leaps.org; and Aaron Mertz, AB, MPhil, PhD, The Aspen Institute

Co-Presenters: Jylana Sheats, MPH, PhD, Aspen Institute, Science & Society Program; Matt Fuchs, BA, JD, Leaps.org; and Aaron Mertz, AB, MPhil, PhD, The Aspen Institute


*Continuing education credit is available for this session.*

11 a.m. – 1 p.m.

### Course 10: The Behavioral Informatics and Technology SIG Presents: A Primer in Machine Learning: Applying the Concepts to Your Behavioral Research, Collaborations, and Grant Proposals

Room: *Estrella*

Topic Area: Digital Health

Open Science: 

Instructional Level: Beginner/Intermediate

Chair: Stephanie Goldstein, PhD, The Miriam Hospital/Alpert Medical School of Brown University

Co-Presenters: Olga Perski, PhD, University College London; Predrag Klasnja, PhD, University of Michigan; Tianchen Qian, PhD, University of California Irvine; and Nabil Alshurafa, PhD, Northwestern University

*Continuing education credit is available for this session.*

11 a.m. – 1 p.m.

### Course 11: The Health Decision Making SIG and Climate Change and Health SIG-in-Formation Present: Graduate Student and Early-Career Scholar Pre-Conference: Translating Science into Impact

Room: *Phoenix Ballroom A*

Topic Area: Decision Making

Instructional Level: Beginner/Intermediate

Chairs: Courtney Scherr, PhD, School of Communication, Northwestern University; Sara Fleszar-Pavlovic, PhD, Sylvester Comprehensive Cancer Center, University of Miami; Callie Kalny, MA, School of Communication, Northwestern University; and Marleah Dean, PhD, University of South Florida

Co-Presenters: Michael Diefenbach, PhD, FSBM, Northwell Health; and Kara Hall, PHD, National Cancer Institute

*Continuing education credit is available for this session.*

## Daily Schedule • Wednesday, April 26

11 a.m. – 1 p.m.

### Course 12: Harnessing the Power of Fluctuation: New Horizons in Modeling Intraindividual Variability with Intensive Longitudinal Data

Room: *Phoenix Ballroom B*

Topic Area: Methods and Measurements

Instructional Level: Intermediate/Advanced

Chair: Genevieve Dunton, PhD, MPH, FSBM, University of Southern California

Co-Presenters: Wei-Lin Wang, PhD, University of Southern California; and Donald Hedeker, PhD, University of Chicago


*Continuing education credit is available for this session.*

11 a.m. – 1 p.m.

### Course 19: The Health Equity and Cancer SIGs Present: Bridging the Digital Divide: Applying Universal Design Principles to Enhance Inclusivity for People with Disabilities

Room: *Cave Creek*

Topic Area: Health of Marginalized Populations

Open Science: 

Instructional Level: Beginner/Intermediate

Chairs: Sharon Manne, PhD, Rutgers Cancer Institute of New Jersey; Michelle Martin, PhD, The University of Tennessee Health Science Center; Robert Ferguson, PhD, University of Pittsburgh; and Carissa Low, PhD, University of Pittsburgh

Co-Presenters: Christine Lehane, PhD, Meta; Natalina Martiniello, PhD, Concordia University; and Rebecca Lee, PhD, Center for Health Promotion & Disease Prevention, Edson College, Arizona State University

*Continuing education credit is available for this session.*

1:30 – 3:30 p.m.

### Course 13: The Evidence-Based Behavioral Medicine SIG Presents: Adapting Systematic Review Methods for Rapid Evidence Needs

Room: *Paradise Valley*

Topic Area: Methods and Measurements

Instructional Level: Beginner/Intermediate

Chair: Nora Henrikson, PhD MPH, Kaiser Permanente Washington Health Research Institute

Co-Presenters: Paula Blasi, MPH, Kaiser Permanente Washington Health Research Institute; and Ruben Martinez, PhD, Kaiser Permanente Washington Health Research Institute

*Continuing education credit is available for this session.*

1:30 – 3:30 p.m.

### Course 14: Photovoice: A Novel Strategy for Developing Community Partnerships

Room: *Laveen A&B*

Topic Area: Community Engagement

Instructional Level: Beginner/Intermediate

Chair: Amanda Marin-Chollom, PhD, Central Connecticut State University

Co-Presenters: Jayme Hannay, PhD, MPH, YWCA New Britain; and Valerie Cammarota, MPH, YWCA New Britain

*Continuing education credit is available for this session.*


## Daily Schedule • Wednesday, April 26

1:30 – 3:30 p.m.

**Course 15: The Theories and Techniques of Behavior Change Interventions SIG Presents: The “Nuts and Bolts” of Developing Health-Related Behavioral Interventions: Understanding and Applying the ORBIT Model**

Room: *Ahwatukee A&B*

Topic Area: Methods and Measurements

Open Science: 

Instructional Level: Beginner/Intermediate

Chair: Susan Czajkowski, PhD, Behavioral Research Program, Division of Cancer Control and Population Sciences, National Cancer Institute

Co-Presenters: Susan Czajkowski, PhD, Behavioral Research Program, Division of Cancer Control and Population Sciences, National Cancer Institute; Lynda Powell, PhD, FSBM, Rush University Medical Center; Sylvie Naar, PhD, Florida State University College of Medicine; and Kenneth Freedland, PhD, FSBM, Washington University School of Medicine  
*Continuing education credit is available for this session.*

1:30 – 3:30 p.m.

**Course 16: The Cancer SIG Presents: Cultivating Resilience, Maintaining Forward Momentum and Optimizing Career Fulfillment for Mid/Senior Level Scientists**

Room: *Estrella*

Topic Area: Education, Training and Career Development

Instructional Level: Intermediate/Advanced

Chair: Elyse Park, PhD, Harvard Medical School & Massachusetts General Hospital

Co-Presenters: Shelby Langer, PhD, FSBM, Arizona State University; Lynne Wagner, PhD, Wake Forest School of Medicine; Aimee James, PhD, MPH, Washington University in St Louis School of Medicine; Kristi Graves, PhD, FSBM, Georgetown University; Felicity Harper, PhD, FSBM, Karmanos Cancer Institute/Wayne State University; and Catherine Alfano, PhD, Northwell Health  
*Continuing education credit is available for this session.*

1:30 – 3:30 p.m.

**Course 17: The Cancer SIG Presents: What You Need to Know about NIH Fellowship Grants (F31, F32): How Trainees and Mentors Can Make the Most of this Funding Opportunity**

Room: *Phoenix Ballroom A*

Topic Area: Education, Training and Career Development

Instructional Level: Beginner/Intermediate

Chairs: Lara Traeger, PhD, Massachusetts General Hospital/Harvard Medical School; and Majja Reblin, FSBM, University of Vermont

Co-Presenter: Felicity Harper, PhD, FSBM, Karmanos Cancer Institute/Wayne State University  
*Continuing education credit is available for this session.*



## Daily Schedule • Wednesday, April 26

1:30 – 3:30 p.m.

**Course 18: The Health Equity SIG and Organizational Partnerships Committee Present: Leveraging Online Technology for Rapid Qualitative Analysis and Advisory Board Engagement**

Room: *Phoenix Ballroom B*

Topic Area: Methods and Measurements

Instructional Level: Beginner

Chair: Leslie Hausmann, PhD, MS, FSBM, University of Pittsburgh

Co-Presenter: Johanne Eliacin, PhD, Roudebush VA Medical Center/Regenstrief Institute/National Center for PTSD, Boston VA Healthcare System

*Continuing education credit is available for this session.*

## Evening Events

4 – 4:50 p.m.

**Welcome Celebration featuring Indigenous Enterprise Dance Troupe**

Room: *Phoenix Ballroom CDE*

Co-Presenters: Margaret Schneider, PhD, FSBM, University of California, Irvine; and Stephanie L. Fitzpatrick, PhD, Northwell Health; Kaiser Permanente Center for Health Research

5 – 5:50 p.m.

**First-Time Attendee and New Member Meet & Greet**

Room: *Valley ABC Foyer*

5 – 5:50 p.m.

**Leadership Institute Poster Presentations and Reception**

Room: *Third Street Foyer*

5 – 5:50 p.m.

**Poster Session A**

Room: *Valley of the Sun Ballroom*

5:30 – 7:30 p.m.

**Fellows Reception (Invite Only)**

Room: *Desert Botanical Garden*

# Daily Schedule • Thursday, April 27

## Morning Kickoff

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7:15 – 7:45 a.m.

### **The Physical Activity SIG Presents: Morning Movement**

Room: *Third Street Foyer*

## Breakfast Roundtables

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Breakfast roundtables are open to all attendees, regardless of Special Interest Group (SIG) membership.

8 – 8:50 a.m.

### **Breakfast Roundtable: NIH Roundtable on Obesity Research**

Room: *South Mountain*

Topic area: Obesity

**Co-Presenters:** Susan M. Czajkowski, PhD, National Cancer Institute, NIH; Laurie Friedman Donze, PhD, National Heart, Lung, and Blood Institute, NIH; and Maureen Monaghan Center, PhD, National Institute of Diabetes and Digestive and Kidney Diseases, NIH

8 – 8:50 a.m.

### **Breakfast Roundtable: Aging SIG Business Meeting**

Room: *Ahwatukee A&B*

Topic Area: Aging

**Presenter:** Meghan Mattos, PhD, RN, University of Virginia

**Moderators:** Jaime Hughes, PhD, MPH, MSW, Wake Forest University School of Medicine; and Heather Derry-Vick, PhD, Center for Discovery and Innovation, Hackensack Meridian Health

8 – 8:50 a.m.

### **Breakfast Roundtable: Behavioral Informatics and Technology SIG Business Meeting**

Room: *Maryvale A*

Topic Area: Digital Health

**Presenter:** Emanuela Offidani, PhD, Lumos Labs Medical (Lumosity)

**Moderator:** Jennifer Huberty, PhD, FSBM, Fit Minded LLC

8 – 8:50 a.m.

### **Breakfast Roundtable: Cancer SIG Business Meeting**

Room: *Phoenix Ballroom A*

Topic Area: Cancer

**Presenters:** Amy Leader, DrPH, MPH, Thomas Jefferson University; Shelby Langer, PhD, FSBM, Arizona State University; Desiree Azizoddin, PsyD, PhD, Department of Family and Preventive Medicine, College of Medicine; Robert Ferguson, PhD, University of Pittsburgh; Neha Goyal, PhD, UCSF; Salene Jones, PhD, MA, Fred Hutchinson Cancer Center; Carissa Low, PhD, University of Pittsburgh; Sharon Manne, PhD, FSBM, Rutgers Cancer Institute; Michelle Martin, PhD, The University of Tennessee Health Science Center; Majja Reblin, FSBM, University of Vermont; and Lara Traeger, PhD, Massachusetts General Hospital/Harvard Medical School

**Moderator:** Bernardine Pinto, PhD, FSBM, University of South Carolina

## Daily Schedule • Thursday, April 27

### 8 – 8:50 a.m. **Breakfast Roundtable: Child and Family Health SIG Business Meeting**

Room: *Estrella*

Topic Area: Child and Family Health

Presenters: Elizabeth Adams, PhD, University of South Carolina; Melanie Bean, PhD, Virginia Commonwealth University; and Helena Laroche, MD, Children's Mercy Kansas City

Moderator: Elizabeth Adams, PhD, University of South Carolina

### 8 – 8:50 a.m. **Breakfast Roundtable: Climate Change and Health SIG-in-Formation Business Meeting**

Room: *Laveen A&B*

Topic Area: Social and Environmental Context and Health

Presenters: Michael Diefenbach, PhD, FSBM, Northwell Health; Sydney O'Connor, PhD, NCI; Brooke Bell, PhD, Yale University; and Callie Kalny, MA, School of Communication, Northwestern University

Moderator: Kara Hall, PHD, National Cancer Institute

### 8 – 8:50 a.m. **Breakfast Roundtable: Cardiovascular Disease SIG Business Meeting, Awards, and Networking**

Room: *Encanto B*

Topic Area: Cardiovascular Disease

Presenters: Alyssa Vela, PhD, Northwestern Feinberg School of Medicine; Allison Gaffey, PhD, Yale School of Medicine, VA Connecticut Healthcare System; and Andrew Busch, PhD, Hennepin Healthcare/University of Minnesota

Moderators: Alyssa Vela, PhD, Northwestern Feinberg School of Medicine; Allison Gaffey, PhD, Yale School of Medicine, VA Connecticut Healthcare System; and Andrew Busch, PhD, Hennepin Healthcare/University of Minnesota

### 8 – 8:50 a.m. **Breakfast Roundtable: HIV & Sexual Health SIG Business Meeting**

Room: *Deer Valley*

Topic Area: HIV/AIDS

Presenter: Jose Bauermeister, PhD, MPH, FSBM, University of Pennsylvania

Moderator: Kristi Gamarel, PhD, EdM, University of Michigan

### 8 – 8:50 a.m. **Breakfast Roundtable: Integrated Primary Care SIG Meeting**

Room: *Maryvale B*

Topic Area: Integrated Primary Care

Presenters: Jocelyn Remmert, PhD, Center for Integrated Healthcare; and Philip Fizur, PsyD, Cooper University Health Care

Moderator: Philip Fizur, PsyD, Cooper University Health Care

### 8 – 8:50 a.m. **Breakfast Roundtable: Military and Veterans' Health SIG Business Meeting**

Room: *Camelback A*

Topic Area: Military and Veterans' Health

Presenters: Julie Gass, PhD, Center for Integrated Healthcare; Chase Aycock, PsyD, Air Force; and Jordan Ellis, PhD, Wilford Hall Ambulatory Surgical Center

Moderators: Julie Gass, PhD, Center for Integrated Healthcare; Chase Aycock, PsyD, Air Force; and Jordan Ellis, PhD, Wilford Hall Ambulatory Surgical Center

## Daily Schedule • Thursday, April 27

### 8 – 8:50 a.m. **Breakfast Roundtable: Physical Activity SIG Meeting**

Room: *Phoenix Ballroom B*

Topic Area: Physical Activity

Presenters: Dorothy Pekmezi, PhD, University of Alabama at Birmingham; Diane Ehlers, PhD, Mayo Clinic; and Angela Fong, PhD, Rutgers Cancer Institute of New Jersey

Moderator: Dorothy Pekmezi, PhD, University of Alabama at Birmingham

### 8 – 8:50 a.m. **Breakfast Roundtable: Women's Health SIG Annual Business Meeting**

Room: *Encanto A*

Topic Area: Women's Health

Presenters: Rizwana Biviji, PhD, MS, Arizona State University; and Molly Waring, PhD, University of Connecticut

Moderator: Natalie Papini, MA, Northern Arizona University

### 8 – 8:50 a.m. **Breakfast Roundtable: Public Education Committee Session**

Room: *Camelback B*

Topic Area: Dissemination and Implementation

Presenter: Carly Goldstein, PhD, Brown University & The Miriam Hospital

Moderator: Carly Goldstein, PhD, Brown University & The Miriam Hospital

### 8 – 8:50 a.m. **Breakfast Roundtable: Theories and Techniques of Behavior Change Interventions SIG Business Meeting**

Room: *Paradise Valley*

Topic Area: Methods and Measurement

Presenters: Derek Hevel, PhD, Boston University; Angela Bryan, PhD, FSBM, University of Colorado Boulder; Krya Hamilton, PhD, Griffith University; Courtney Stevens, PhD, Dartmouth-Hitchcock Medical Center; Sheri Rowland, PhD, APRN, FNP-BC, University of Nebraska Medical Center; Carina Nigg, MS, Karlsruhe Institute of Technology & University of Bern; and Zoe Griffith, University of California, Merced

Moderator: Derek Hevel, PhD, Boston University

## Symposia

### 9 – 9:50 a.m. **Presidential Symposium: Symposium 1: The Women's Health SIG Presents: Reproductive Health in a Post-Roe United States**

Room: *Laveen A&B*

Topic Area: Women's Health

Instructional Level: Beginner

Chair: Jolaade Kalinowski, EdD, UCONN

Co-Presenters: Lindsay Palmer, PhD in Psychology and Women's, Gender, and Sexuality Studies, University of Connecticut; Rhonda Dailey, MD, Wayne State University School of Medicine; and Liane Ventura, MPH, East Tennessee State University

Discussant: Sherry Pagoto, PhD, University of Connecticut

*Continuing education credit is available for this session.*


## Daily Schedule • Thursday, April 27

9 – 9:50 a.m.

### Symposium 2: Digital Health Interventions for Promoting Health Equity

Room: *Phoenix Ballroom B*

Topic Area: Digital Health

Open Science: 

Instructional Level: Intermediate/Advanced

Chair: Adrian Aguilera, PhD, University of California, Berkeley

Co-Presenters: Stacy C. Bailey, PhD, MPH, Feinberg School of Medicine, Northwestern University; Marvyn Arévalo Avalos, PhD, University of California Berkeley; and Charles Jonassaint, PhD, MHS, University of Pittsburgh



Discussant: Adrian Aguilera, PhD, University of California, Berkeley

9 – 9:50 a.m.

### Symposium 3: Moving Beyond Efficacy Trials to Real World Implementation

Room: *Ahwatukee A&B*

Topic Area: Dissemination and Implementation

Open Science:  

Instructional Level: Intermediate

Chair: Dawn K. Wilson, PhD, FSBM, University of South Carolina

Co-Presenters: Dawn K. Wilson, PhD, FSBM, University of South Carolina; Robert Kaplan, PhD, FSBM, Stanford University; and Guillermo Wippold, PhD, University of South Carolina

Discussant: Kenneth Resnicow, PhD, FSBM, University of Michigan, School of Public Health  
*Continuing education credit is available for this session.*

9 – 9:50 a.m.

### Symposium 4: The Health Equity SIG Presents: Partnering with Community Health Workers to Advance Health Equity: Lessons and Applications from Behavioral Medicine Research

Room: *Maryvale A*

Topic Area: Community Engagement

Instructional Level: Beginner/Intermediate

Chair: Patricia Rodriguez Espinosa, PhD, MPH, Stanford School of Medicine

Co-Presenters: Patricia Rodriguez Espinosa, PhD, MPH, Stanford School of Medicine; Kristi Graves, PhD, FSBM, Georgetown University; and Ann Cheney, PhD, University of California Riverside

Discussant: Mona AuYoung, PhD, MS, MPH, UCLA School of Medicine  
*Continuing education credit is available for this session.*

9 – 9:50 a.m.

### Symposium 5: Perspectives, Tools, and Strategies for Applying Health Equity in Implementation Science to Increase Research Impact

Room: *Encanto B*

Topic Area: Dissemination and Implementation

Instructional Level: Beginner/Intermediate

Chair: Kelly Aschbrenner, PhD, Geisel School of Medicine at Dartmouth College

Co-Presenters: Kelly Aschbrenner, PhD, Geisel School of Medicine at Dartmouth College; Rachel Tabak, PhD, RD, Washington University in St. Louis; Ariella Korn, PhD, MPH, National Cancer Institute; and April Oh, PhD, National Cancer Institute

Discussants: April Oh, PhD, National Cancer Institute; and Cheryl Boyce, PhD, NIH  
*Continuing education credit is available for this session.*


## Daily Schedule • Thursday, April 27

9 – 9:50 a.m.

### **Symposium 6: The Evidence-Based Behavioral Medicine SIG Presents: Problematic Media Use in Pre-Adolescents and Adolescents: An Emerging Public Health Issue**

Room: *Camelback A*

Topic Area: Child and Family Health

Open Science: 

Instructional Level: Intermediate

Chair: Jennifer Emond, PhD, MS, Geisel School of Medicine at Dartmouth College

Co-Presenters: Sarah Domoff, PhD, Central Michigan University; Jennifer Emond, PhD, MS, Geisel School of Medicine at Dartmouth College; and Stacey Armstrong, PhD, The Ohio State University

Discussant: Alison Miller, PhD, University of Michigan School of Public Health


*Continuing education credit is available for this session.*

9 – 9:50 a.m.

### **Symposium 7: Scaling Up Produce Prescription Programs for Impact**

Room: *Estrella*

Topic Area: Diet, Nutrition, and Eating Disorders

Open Science: 

Instructional Level: Beginner/Intermediate

Chairs: Courtney Parks, PhD, Gretchen Swanson Center for Nutrition; and Lisa Rosas, PhD, MPH, Stanford University

Co-Presenters: Courtney Parks, PhD, Gretchen Swanson Center for Nutrition; Bailey Houghtaling, PhD, MSc, RDN, Gretchen Swanson Center for Nutrition; and Andy Ollove, BA, Fresh Approach

Discussant: Amy Yaroch, PhD, FSBM, Gretchen Swanson Center for Nutrition



*Continuing education credit is available for this session.*

9 – 9:50 a.m.

### **Symposium 8: The Behavioral Informatics and Technology SIG Presents: Setting Up for Success in Virtual Reality-Based Trials**

Room: *Camelback B*

Topic Area: Digital Health

Open Science:  

Instructional Level: Beginner/Intermediate

Chair: Ryan Mace, PhD, Harvard Medical School/Massachusetts General Hospital

Co-Presenters: Ryan Mace, PhD, Harvard Medical School/Massachusetts General Hospital; Lena Lee, RN, PhD, National Institutes of Health Clinical Center; and Shelby Baez, PhD, ATC, University of North Carolina at Chapel Hill

Discussant: Susan Persky, PhD, FSBM, National Human Genome Research Institute, National Institutes of Health

*Continuing education credit is available for this session.*

## Daily Schedule • Thursday, April 27

9 – 9:50 a.m.

### **Symposium 9: The Cancer SIG Presents: The Human-Centered Design Process for Digital Health Technology in Cancer Care: Implementation Across the Lifespan**

Room: *Deer Valley*

Topic Area: Digital Health

Instructional Level: Beginner/Intermediate

Chair: Elizabeth Siembida, PhD, MPH, Northwell Health

Co-Presenters: Alaina Carr, PhD, Georgetown Lombardi Comprehensive Cancer Center; Karly Murphy, PhD, Wake Forest School of Medicine; Rina Fox, PhD, MPH, University of Arizona College of Nursing; and Emily Walsh, MS, University of Miami

Discussant: Elizabeth Siembida, PhD, MPH, Northwell Health



*Continuing education credit is available for this session.*

9 – 9:50 a.m.

### **Symposium 10: The Evidence-Based Behavioral Medicine SIG Presents: Too Sugary Sweet! Scalable Behavioral Interventions to Reduce Sugar-Sweetened Beverage Consumption in Real World Settings**

Room: *Phoenix Ballroom A*

Topic Area: Diet, Nutrition, and Eating Disorders

Open Science:  

Instructional Level: Intermediate

Chair: Jamie Zoellner, PhD, RD, University of Virginia

Co-Presenters: Jamie Zoellner, PhD, RD, University of Virginia; Kristina Lewis, MD, MPH, SM, Wake Forest School of Medicine; and Donna Brock, MA, University of Virginia

Discussant: Karen Yeary, PhD, Roswell Park Comprehensive Cancer Center





*Continuing education credit is available for this session.*

9 – 9:50 a.m.

### **Symposium 11: Understanding and Improving Access to Care among Individuals with Psychological Distress and Social Needs**

Room: *Paradise Valley*

Topic Area: Dissemination and Implementation

Open Science:    

Instructional Level: Intermediate

Chair: Ellen Poleshuck, PhD, University of Rochester Medical Center

Co-Presenters: Ellen Poleshuck, PhD, University of Rochester Medical Center; Catherine Cerulli, JD, PhD, University of Rochester; and Derrecka Boykin, PhD, MEDVAMC

Discussant: Ellen Poleshuck, PhD, University of Rochester Medical Center

*Continuing education credit is available for this session.*

## Daily Schedule • Thursday, April 27

9 – 9:50 a.m.

**Symposium 12: The Cardiovascular Disease and Women's Health SIGs Present: Women's Cardiovascular Health: Risk Factors, Opportunities For Prevention, and Novel Interventions Across the Lifespan**

Room: *Maryvale B*

Topic Area: Cardiovascular Disease

Instructional Level: Beginner/Intermediate

Chairs: Allison Gaffey, PhD, Yale School of Medicine, VA Connecticut Healthcare System; and Alyssa Vela, PhD, Northwestern Feinberg School of Medicine

Co-Presenters: Susan Brown, PhD, University of California, Davis; Danielle Arigo, PhD, Rowan University; Phoutdavone Phimphasone-Brady, PhD, University of Colorado, School of Medicine; and Diana Chirinos, PhD, Northwestern University Feinberg School of Medicine

Discussants: Allison Gaffey, PhD, Yale School of Medicine, VA Connecticut Healthcare System; and Alyssa Vela, PhD, Northwestern Feinberg School of Medicine

*Continuing education credit is available for this session.*

9 – 9:50 a.m.

**Presidential Symposium: Symposium 13: Promoting Physical Activity in Older Adults: Evidence Behind the 2023 Physical Activity Guidelines Midcourse Report**

Room: *Encanto A*

Topic Area: Physical Activity

Instructional Level: Intermediate

Chair: David Conroy, PhD, FSBM, The Pennsylvania State University

Co-Presenters: David Conroy, PhD, FSBM, The Pennsylvania State University; Cheryl Der Anian, PhD, Arizona State University; and Deborah John, PhD, MS, Oregon State University, College of Public Health and Human Sciences

Discussant: Alison Vaux-Bjerke, MPH, MCHES, U.S. Department of Health and Human Services  
*Continuing education credit is available for this session.*

## Keynote

10 – 10:50 a.m.

**Keynote: How to Free Yourself from the “Curse of Knowledge” to Increase the Impact of Your Science: A Case Study using Exercise**

Room: *Phoenix Ballroom CDE*

Topic Area: Health Communication and Policy

Instructional Level: Beginner

Presenter: Michelle Segar, PhD, MPH, MS, FSBM, University of Michigan

Moderator: Margaret Schneider, PhD, FSBM, University of California, Irvine

*Continuing education credit is available for this session.*

## Posters

11 – 11:50 a.m.

**Poster Session B**

Room: *Valley of the Sun Ballroom*



# Daily Schedule • Thursday, April 27

## Papers

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1 – 1:50 p.m.

**Paper Session 1: Physical Activity from Childhood to Emerging Adulthood**

Room: *Encanto A*

Chair: Caroline Cummings, PhD, Texas Tech University

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1:02 – 1:14 p.m.

**A Randomized Controlled Trial (RCT) of the Impact of School-Based Sport Program on Children’s Activity Behaviors and Cognition**

Topic Area: Physical Activity

Instructional Level: Beginner/Intermediate

Presenter: Aliye Cepni, PhD Candidate, University of Houston

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1:15 – 1:27 p.m.

**Feasibility and Acceptability of Accelerometry and EMA among Adolescent and Young Adult Survivors of Childhood Cancer**

Topic Area: Cancer

Instructional Level: Intermediate

Presenter: Sara King-Dowling, PhD, The Children’s Hospital of Philadelphia

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1:27 – 1:39 p.m.

**Temporal Dynamics of Physical Activity and Psychological Distress from Adolescence to Adulthood: A 16-Year Panel Study**

Topic Area: Physical Activity

Instructional Level: Intermediate

Presenter: Denver Brown, PhD, The University of Texas at San Antonio

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1:39 – 1:50 p.m.

**Trajectories of Physical Activity Behaviors During the Transition into Emerging Adulthood: Results from the ADAPT Study**

Topic Area: Physical Activity

Instructional Level: Intermediate/Advanced

Presenter: Matthew Y.W. Kwan, PhD, Brock University

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1 – 1:50 p.m.

**Paper Session 2: Cancer and Marginalized Populations**

Room: *Encanto B*

Chair: Dalnim Cho, PhD, UT MD Anderson Cancer Center

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1:02 – 1:14 p.m.

**A Qualitative Investigation of Experiences with and Perceptions of Tumor Genomic Profiling in Latinx Cancer Patients**

Topic Area: Cancer

Instructional Level: Beginner/Intermediate

Presenter: Sarah Bass, PhD, MPH, FSBM, Temple University College of Public Health

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1:15 – 1:27 p.m.

**Development, Evaluation, and Dissemination of a Lung Cancer Screening Digital Outreach Intervention: A Multiphase Design**

Topic Area: Cancer

Instructional Level: Intermediate/Advanced

Presenter: Jordan Neil, PhD, University of Oklahoma Health Sciences Center

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## Daily Schedule • Thursday, April 27

1:27 – 1:39 p.m.

### **Human Papillomavirus Self-Collected Sampling Intervention to Prevent Cervical Cancer among Medically Underserved Women**

Topic Area: Cancer

Instructional Level: Beginner/Intermediate

Presenter: Matthew Asare, PhD, Baylor University

1:39 – 1:50 p.m.

### **Understanding Cancer Prognosis-Related Inquiries: Findings from the National Cancer Institute's Cancer Information Service**

Topic Area: Cancer

Instructional Level: Beginner/Intermediate

Presenter: Ashley Wilson, BS, Westat

1 – 1:50 p.m.

### **Paper Session 3: Cardiovascular Health Interventions**


Room: *Phoenix Ballroom A*

Chair: Kenneth Freedland, PhD, FSBM, Washington University School of Medicine

1:02 – 1:14 p.m.

### **Diversity in Participation in DASH: A Qualitative Study on the Recruitment of Black Adults with Hypertension into Digital Trials**

Topic Area: Diet, Nutrition, and Eating Disorders

Open Science: 


Instructional Level: Beginner/Intermediate

Presenter: Loneke Blackman Carr, PhD, RD, University of Connecticut

1:15 – 1:27 p.m.

### **Effects of a Community-Randomized Cardiovascular Disease Risk Reduction Intervention on Diet-Related Outcomes of Rural Women**

Topic Area: Cardiovascular Disease

Open Science: 

Instructional Level: Intermediate/Advanced

Presenter: Alexandra MacMillan Uribe, PhD, RDN, Texas A&M AgriLife Institute for Advancing Health through Agriculture

1:27 – 1:39 p.m.

### **Effects of an Exercise Intervention on Sedentary Behavior in Adults with Heart Failure from a Randomized Clinical Trial**

Topic Area: Cardiovascular Disease

Open Science: 


Instructional Level: Intermediate

Presenter: Windy Alonso, PhD, RN, UNMC College of Nursing

1:39 – 1:50 p.m.

### **mHealth to Reduce Blood Pressure in Hypertensive African Americans: Results from the 12-Month MI-BP Trial**

Topic Area: Digital Health

Open Science:  

Instructional Level: Beginner

Presenter: Lorraine Buis, PhD, FSBM, University of Michigan

# Daily Schedule • Thursday, April 27

## 1 – 1:50 p.m. Paper Session 4: Breast Cancer

Room: *Phoenix Ballroom B*

Chair: Qian Lu, MD, PhD, FSBM, The University of Texas MD Anderson Cancer Center

1:02 – 1:14 p.m.

### **Emotion Regulation Skills Impact Cognitive Symptoms Associated with Breast Cancer Survivorship**

Topic Area: Cancer

Instructional Level: Beginner/Intermediate

Presenter: Megan Renna, PhD, University of Southern Mississippi

1:15 – 1:27 p.m.

### **Fear of Cancer Recurrence and Cortisol Levels in Partners of Breast Cancer Survivors**

Topic Area: Cancer


Instructional Level: Beginner/Intermediate

Presenter: Alyssa Fenech, BA, University of Delaware

1:27 – 1:39 p.m.

### **Health Information-Seeking through Personal Health Records among Women Susceptible to Breast Cancer**

Topic Area: Health Communication and Policy

Open Science: 

Instructional Level: Intermediate

Presenter: Hyunmin Kim, PhD, School of Health Professions, The University of Southern Mississippi

1:39 – 1:50 p.m.

### **Parenting Concerns in Couples Coping With Advanced Breast Cancer**

Topic Area: Cancer

Instructional Level: Beginner/Intermediate

Presenter: Morgan Jones, MA, The University of Texas M.D. Anderson Cancer Center

1 – 1:50 p.m.

## **Paper Session 5: Implementation Science**


Room: *Ahwatukee A&B*

Chair: Brian Oldenberg, PhD, FSBM, University of Melbourne

1:02 – 1:14 p.m.

### **A Dietary Intervention Pilot to Increase Cruciferous Vegetable Intake to Improve Bladder Cancer Outcomes**

Topic Area: Cancer

Open Science: 



Instructional Level: Beginner

Presenter: Karen Yeary, PhD, Roswell Park Comprehensive Cancer Center

1:15 – 1:27 p.m.

### **Applying Implementation Science to Support a Complex Population-based Genomic Screening Program in a Learning Health System**

Topic Area: Dissemination and Implementation

Open Science:  

Instructional Level: Beginner/Intermediate

Presenter: Caitlin Allen, PhD, MPH, Medical University of South Carolina

## Daily Schedule • Thursday, April 27

- 1:27 – 1:39 p.m. **Relationship between the CFIR Inner Setting and the Implementation of the HSRC Initiative: A Mixed Methods Analysis**  
Topic Area: Dissemination and Implementation  
Instructional Level: Intermediate/Advanced  
Presenter: Allyson Schaefer, MPH, CHES, Texas A&M AgriLife Institute for Advancing Health through Agriculture
- 1:39 – 1:50 p.m. **Technology-Based Solutions to Support Diverse RE-AIM Outcomes among Diverse Translational Research Studies**  
Topic Area: Digital Health  
Instructional Level: Beginner  
Presenter: Caitlin Allen, PhD, MPH, Medical University of South Carolina
- 1 – 1:50 p.m. **Paper Session 6: HIV PrEP Uptake**  
Room: *Laveen A&B*  
Chair: Katie Biello, PhD, Brown University
- 1:02 – 1:14 p.m. **Medical Mistrust as a Barrier to Potential HIV Vaccine Uptake among Young Sexual Minority Men 17-24 Years Old**  
Topic Area: HIV/AIDS  
Instructional Level: Intermediate/Advanced  
Presenter: Steven John, PhD, MPH, Medical College of Wisconsin
- 1:15 – 1:27 p.m. **Perspectives of Young Men who Have Sex with Men on the Pros and Cons of Different PrEP Formulations and Dosing Strategies**  
Topic Area: HIV/AIDS  
Instructional Level: Beginner/Intermediate  
Presenter: Junye Ma, MA, SDSU-UC San Diego Joint Doctoral Program in Clinical Psychology
- 1:27 – 1:39 p.m. **Taking Other Medication Facilitates PrEP Adherence among Transgender Women**  
Topic Area: HIV/AIDS  
Instructional Level: Intermediate  
Presenter: Dafna Paltin, BS, SDSU/UC San Diego Joint Doctoral Program in Clinical Psychology
- 1:39 – 1:50 p.m. **Using Perceptual Mapping to Understand PrEP Use in Younger and Older Trans Women: Implications for Message Development**  
Topic Area: HIV/AIDS  
Open Science:   
Instructional Level: Intermediate  
Presenter: Sarah Bass, PhD, MPH, FSBM, Temple University College of Public Health

# Daily Schedule • Thursday, April 27

1 – 1:50 p.m.

## Paper Session 7: Tobacco and Vaping Control

Room: *Deer Valley*

Chair: Christine Vinci, PhD, Moffitt Cancer Center

1:02 – 1:14 p.m.

### **“Better than Any DARE Program”: A Qualitative Analysis of Adolescent Reactions to EVALI Storylines On Popular Medical Dramas**

Topic Area: Tobacco Control and Nicotine-Related Behavior

Instructional Level: Beginner

Presenter: Beth Hoffman, PhD, MPH, University of Pittsburgh School of Public Health

1:15 – 1:27 p.m.

### **Pathways to Quitting among Youth and Young Adult E-Cigarette Users via Constructs Targeted by the Truth® Anti-Vaping Campaign**

Topic Area: Health Communication and Policy

Instructional Level: Intermediate/Advanced

Presenter: Jennifer Kreslake, PhD, MPH, Truth Initiative

1:27 – 1:39 p.m.

### **Perceptions of the Proposed FDA Graphic Cigarette Warnings among Daily and Nondaily Smokers**

Topic Area: Tobacco Control and Nicotine-Related Behavior

Instructional Level: Beginner/Intermediate

Presenter: Bethany Shorey Fennell, PhD, Moffitt Cancer Center

1:39 – 1:50 p.m.

### **Youth and Young Adult E-cigarette Use since the FDA’s Missed Deadline to Regulate E-cigarettes**

Topic Area: Tobacco Control and Nicotine-Related Behavior

Instructional Level: Beginner/Intermediate

Presenter: Elizabeth Do, PhD, MPH, Truth Initiative

1 – 1:50 p.m.

## Paper Session 8: Food Insecurity

Room: *Paradise Valley*

Chair: Akilah Dulin, PhD, Brown University

1:02 – 1:14 p.m.

### **Delaware Food Farmacy: A Health System-Community Partnership to Improve Food Insecurity and Diet-Related Conditions**

Topic Area: Social and Environmental Context and Health

Instructional Level: Intermediate

Presenter: Kathleen McCallops, PhD, ChristianaCare Office of Health Equity

1:15 – 1:27 p.m.

### **Food Insecurity During Pregnancy: Characteristics, Correlates, and Predictors**

Topic Area: Women’s Health

Instructional Level: Beginner/Intermediate

Presenter: Christine Call, PhD, University of Pittsburgh

## Daily Schedule • Thursday, April 27

- 1:27 – 1:39 p.m. **Measuring Food Security in College Students: Discordant Classification between the USDA 10- and 6-Item Food Security Modules**  
Topic Area: Diet, Nutrition, and Eating Disorders  
Instructional Level: Beginner/Intermediate  
Presenter: Christine Call, PhD, University of Pittsburgh
- 1:39 – 1:50 p.m. **Stretch Your SNAP: Stakeholder Perspectives of an Innovative Healthy Incentive Program (SNAP+) in Arlington, VA**  
Topic Area: Community Engagement  
Instructional Level: Beginner/Intermediate  
Presenter: Danyel Smith, MS, Virginia Commonwealth University
- 1 – 1:50 p.m. **Paper Session 9: Men's Health**  
Room: *Maryvale A*  
Chair: Robert Newton, PhD, FSBM, Pennington Biomedical Research Center
- 1:02 – 1:14 p.m. **Family Cohesion Moderates the Link between Familism and Disease-Specific Quality of Life in Hispanic Prostate Cancer Survivors**  
Topic Area: Cancer  
Instructional Level: Beginner/Intermediate  
Presenter: Patricia Pedreira, MS, University of Miami
- 1:15 – 1:27 p.m. **Randomized Controlled Trial Comparing the Effects of Three Types of Inhibitory Control Training on Food Choices**  
Topic Area: Obesity  
Open Science:     
Instructional Level: Intermediate  
Presenter: Evan Forman, PhD, Drexel University
- 1:27 – 1:39 p.m. **Tailoring Behavioral Weight Loss Programs for Tradesmen: A Mixed Methods Analysis**  
Topic Area: Obesity  
Instructional Level: Intermediate  
Presenter: Melissa Crane, PhD, Rush University Medical Center
- 1:39 – 1:50 p.m. **The Influence of Domains-Specific Physical Activity on Weight among Black American Men in the United States**  
Topic Area: Physical Activity  
Open Science:   
Instructional Level: Beginner/Intermediate  
Presenter: Ailton Coleman, PhD, MPH, James Madison University

# Daily Schedule • Thursday, April 27

1 – 1:50 p.m.

## Paper Session 10: Disordered Eating

Room: *Maryvale B*

Chair: Stephanie Manasse, PhD, Drexel University

1:02 – 1:14 p.m.

### Eating Pathology and Mental Health among Women Diagnosed with Infertility

Topic Area: Women's Health


Instructional Level: Beginner/Intermediate

Presenter: Leah Hecht, PhD, WW/Weight Watchers

1:15 – 1:27 p.m.

### The Health Equity SIG Presents: Pilot of Appetite Awareness Intervention to Improve Weight Loss Maintenance for Racially Diverse Adults with Emotional Eating

Topic Area: Health of Marginalized Populations

Open Science: 

Instructional Level: Beginner/Intermediate

Presenter: Rachel Goode, PhD, MPH, LCSW, UNC Nutrition Research Institute

1:27 – 1:39 p.m.

### Relationship Functioning and Disordered Eating Behaviors in the Daily Lives of Sexual Minority Women in Same-Sex Relationships

Topic Area: Diet, Nutrition, and Eating Disorders

Instructional Level: Beginner/Intermediate

Presenter: Kelly Romano, MS, EdS, Virginia Consortium Program in Clinical Psychology

1:39 – 1:50 p.m.

### The Effect of Baseline Disordered Eating Characteristics on Weight Outcomes for Adolescents in Family-Based Obesity Treatment

Topic Area: Obesity

Instructional Level: Intermediate

Presenter: Madison Weinstock, MS, Virginia Commonwealth University

1 – 1:50 p.m.

## Paper Session 11: Sexual Trauma and Intimate Partner Violence

Room: *Camelback B*

Chair: Bushra Sabri, PhD, FSBM, Johns Hopkins University

1:02 – 1:14 p.m.

### Epigenetic Age Acceleration at Midlife is Sensitive to Changes in Receptive Language Abilities Following Child Sexual Abuse

Topic Area: Aging

Instructional Level: Beginner/Intermediate

Presenter: John Felt, PhD, The Pennsylvania State University

1:15 – 1:27 p.m.

### Sexual Assault among College Women: The Role of Survivor Acknowledgment, Rape Myth Acceptance, and Weight-Related Constructs

Topic Area: Women's Health

Instructional Level: Intermediate


Presenter: Kayla Sall, MA, East Carolina University

## Daily Schedule • Thursday, April 27

1:27 – 1:39 p.m.

### **Supporting Chinese Immigrant Women with Intimate Partner Violence: Lessons Learned from a Pilot Randomized Controlled Trial**

Topic Area: Women's Health

Open Science: 

Instructional Level: Beginner/Intermediate

Presenter: Yang Li, PhD, The University of Texas at Austin

1:39 – 1:50 p.m.

### **The Relation between Weight Bias Attitudes on Judgments of Sexual Assault Scenarios**

Topic Area: Women's Health

Instructional Level: Intermediate/Advanced

Presenter: Emily Jansen, BS, East Carolina University

1 – 1:50 p.m.

### **Paper Session 12: Pain**



Room: *Camelback A*

Chair: TBD

1:02 – 1:14 p.m.

### **A Qualitative Exploration of a Psychosocial Pain Management Intervention for Patients with Metastatic Cancer**

Topic Area: Cancer

Open Science:  

Instructional Level: Beginner/Intermediate

Presenter: Shannon Miller, BPH, Duke University Medical Center

1:15 – 1:27 p.m.

### **Effective Interventions for Idiopathic Chronic Pelvic Pain: A Systematic Review**

Topic Area: Women's Health


Instructional Level: Beginner/Intermediate

Presenter: Megan Wirtz, BA, The Graduate Center, City University of New York

1:27 – 1:39 p.m.

### **Genetic and Environmental Influences on Chronic Pediatric Pain: Findings from a Longitudinal Study of Twin Children**

Topic Area: Pain

Open Science: 

Instructional Level: Beginner/Intermediate

Presenter: Mary Davis, PhD, Arizona State University

1:39 – 1:50 p.m.

### **Mechanisms of Treatment Response in an Intensive Pediatric Pain Rehabilitation Program**

Topic Area: Pain

Instructional Level: Intermediate

Presenter: Karen Weiss, PhD, Mayo Clinic



## Daily Schedule • Thursday, April 27

1 – 1:50 p.m.

### Paper Session 13: Community Engagement

Room: *Estrella*

Chair: Megan Lewis, PhD, FSBM, Research Triangle Institute

1:02 – 1:14 p.m.

### Engaging Youth and Developing Multisector Partnerships to Implement and Disseminate an LGBTQ Teen-Centered PrEP Campaign

Topic Area: HIV/AIDS

Instructional Level: Intermediate

Presenter: Kathryn Macapagal, PhD, Northwestern University

1:15 – 1:27 p.m.

### Leveraging the Power of a Community-Engaged Framework to Examine Youth Perspectives on Stress

Topic Area: Community Engagement

Instructional Level: Beginner/Intermediate

Presenter: Jolaade Kalinowski, EdD, UCONN

1:27 – 1:39 p.m.

### Testing Deliberative Democracy Method with Citizens of African Ancestry Regarding Targeted Screening for Hereditary Cancers

Topic Area: Community Engagement


Instructional Level: Intermediate

Presenter: Yue Guan, PhD, Emory University

1:39 – 1:50 p.m.

### Translating Science through Meaningful Research Partnerships: Applying Behaviour Change Theory to Develop Recommendations

Topic Area: Multiple Behavior Change

Open Science: 

Instructional Level: Beginner/Intermediate

Presenter: Alanna Shwed, MSc, The University of British Columbia Okanagan

## Master Lectures

2 – 2:50 p.m.

### Jessie Gruman Award Winner Master Lecture: Engaging Patients and Community Partners to Translate Science into Impact for Health Equity

Room: *Phoenix Ballroom A*

Topic Area: Community Engagement

Instructional Level: Beginner/Intermediate

Presenter: Lisa Goldman Rosas, PhD, MPH, Stanford School of Medicine

Moderator: Matthew Banegas, PhD, MPH, University of California San Diego

*Continuing education credit is available for this session.*

## Daily Schedule • Thursday, April 27

2 – 2:50 p.m.

### Master Lecture: Behavioural Science into Policy: Advising Government in the Time of COVID-19

Room: *Encanto A*

Topic Area: Health Communication and Policy

Instructional Level: Beginner

Presenter: Susan Michie, BA, MPhil, DPhil, FSBM, University College London

Moderator: Ellen Beckjord, PhD, MPH, FSBM, UPMC Health Plan

*Continuing education credit is available for this session.*

## Panel Discussions

2 – 2:50 p.m.

### Panel 1: Arts as Rx: Translating Science into Impact via Arts-Based Interventions

Room: *Maryvale A*

Topic Area: Stress

Instructional Level: Beginner/Intermediate

Chair: Tamara Underiner, PhD, Arizona State University

Co-Presenters: Tamara Underiner, PhD, Arizona State University; Marc Moss, MD, University of Colorado; and Girija Kaimal, EdD, Drexel University


*Continuing education credit is available for this session.*

2 – 2:50 p.m.

### Panel 2: Challenges and Opportunities in Multi-Component Interventions in the Underserved During the COVID-19 Era

Room: *Deer Valley*

Topic Area: Methods and Measurements

Open Science: 

Instructional Level: Intermediate

Chairs: Amy Wachholtz, PhD, MDiv, MS, FSBM, University of Colorado Denver; and Nora Nock, PhD, MS, FSBM, Case Western Reserve University

Co-Presenters: Amy Wachholtz, PhD, MDiv, MS, FSBM, University of Colorado Denver; Nora Nock, PhD, MS, FSBM, Case Western Reserve University; and Samiran Ghosh, PhD, University of Texas School of Public Health


*Continuing education credit is available for this session.*

2 – 2:50 p.m.

### Panel 3: The Aging SIG Presents: Community-Engaged Research for Health Promotion in Diverse Aging Populations: Strategies, Benefits, and Lessons Learned

Room: *Maryvale B*

Topic Area: Aging

Open Science: 

Instructional Level: Beginner/Intermediate

Chair: Siobhan McMahon, PhD, MPH, GNP-BC, University of Minnesota

Co-Presenters: Stacey Schepens Niemiec, PhD, OTR/L, DipACLM, University of Southern California; Maja Pedersen, PhD, Stanford University; Barbara Resnick, PhD, CRNP, University of Maryland; and Sandra Winter, PhD, MHA, Senior Coastsiders, Inc.

*Continuing education credit is available for this session.*



## Daily Schedule • Thursday, April 27

2 – 2:50 p.m.

**Panel 4: The Health Equity SIG and Scientific Education Council  
Present: Disability Inclusion in Health Promotion Intervention  
Research: Strategies to Move Toward Equity**

Room: *Camelback A*

Topic Area: Health of Marginalized Populations

Open Science:  

Instructional Level: Beginner/Intermediate

Chair: Emily Kringle, PhD, OTR/L, University of Minnesota

Co-Presenters: Angela Caldwell, PhD, OTR/L, University of Pittsburgh; Susan Magasi, PhD, University of Illinois at Chicago; Kerri Morgan, PhD, OTR/L ATP, Washington University; and Jaclyn Schwartz, PhD, OTR/L, Washington University in St. Louis School of Medicine  
*Continuing education credit is available for this session.*

2 – 2:50 p.m.

**Panel 5: The Health Equity SIG Presents: Graduate Student Panel:  
Integrating Health Equity into Student/Trainee Research**

Room: *Phoenix Ballroom B*

Topic Area: Education, Training and Career Development

Instructional Level: Beginner

Chair: Adati Tarfa, PharmD, MS, University of Wisconsin-Madison

Co-Presenters: Dylan Serpas, MS, University of South Florida; Jennifer Mandelbaum, MPH, University of South Carolina; Imani Canton, MS, University of Illinois Urbana-Champaign; Viktor Clark, BA, MS, Virginia Commonwealth University; Jan Mooney, MA, UNC Charlotte Health Psychology PhD Program; and Farida YADA, MPH, University of North Carolina at Charlotte

2 – 2:50 p.m.

**Panel 6: The Climate Change and Health SIG-in-Formation Presents:  
How to Integrate Climate Change into Your Existing Program of  
Research**

Room: *Encanto B*

Topic Area: Climate Change

Instructional Level: Beginner

Chair: Brooke Bell, PhD, Yale University

Co-Presenters: Brooke Bell, PhD, Yale University; Kevin Lanza, PhD, MCRP, University of Texas Health Science Center at Houston; Leticia Nogueira, PhD, MPH, American Cancer Society; and Callie Kalny, MA, School of Communication, Northwestern University

2 – 2:50 p.m.

**Presidential Panel: Panel 7: The Public Education Committee  
Presents: Introducing the Science Communication Toolkit: Looking  
Back and Next Steps**

Room: *Camelback B*

Topic Area: Health Communication and Policy

Instructional Level: Beginner

Chair: Carly Goldstein, PhD, Brown University & The Miriam Hospital

Co-Presenters: Carly Goldstein, PhD, Brown University & The Miriam Hospital; Rebecca Krukowski, PhD, FSBM, University of Virginia, School of Medicine; Megan Shen, PhD, Fred Hutchinson Cancer Center; Jaclyn Maher, PhD, University of North Carolina Greensboro; and David Conroy, PhD, FSBM, The Pennsylvania State University

*Continuing education credit is available for this session.*

## Daily Schedule • Thursday, April 27

2 – 2:50 p.m.

### **Panel 8: The Child and Family Health SIG and Obesity and Eating Disorders SIG Present: Obesity and Eating Disorders in Adolescence: Opportunities for an Integrated Approach**

Room: *Estrella*

Topic Area: Obesity

Instructional Level: Beginner/Intermediate

Chairs: Melanie Bean, PhD, Virginia Commonwealth University; and Stephanie Manasse, PhD, Drexel University

Co-Presenters: Adrienne Juarascio, PhD, Drexel University; Natalie Lister, PhD, MNutrDiet, BHSc (Hons), University of Sydney; and Hollie Raynor, PhD, RD, LDN, University of Tennessee Knoxville

Discussants: Melanie Bean, PhD, Virginia Commonwealth University; and Stephanie Manasse, PhD, Drexel University

*Continuing education credit is available for this session.*

2 – 2:50 p.m.

### **Panel 9: Parent, Provider and Advocate Perspectives on the First 1000 Days of Life Nutrition and Supportive Resources**

Room: *Ahwatukee A&B*

Topic Area: Child and Family Health

Instructional Level: Beginner/Intermediate

Chair: Trina Robertson, MS, RDN, Dairy Council of California

Co-Presenters: Trina Robertson, MS, RDN, Dairy Council of California; Suzanne Rauzon, MPH, RD, University of California, Nutrition Policy Institute, Division of Agriculture and Natural Resources; and Gabriela Buccini, PhD, MSc, IBCLC, University of Nevada Las Vegas

*Continuing education credit is available for this session.*

2 – 2:50 p.m.

### **Panel 10: Promoting Youth Physical Activity through Academic-Community Partnerships**

Room: *Laveen A&B*

Topic Area: Community Engagement

Instructional Level: Beginner/Intermediate

Chair: Deirdre Dlugonski, PhD, University of Kentucky

Co-Presenters: Deirdre Dlugonski, PhD, University of Kentucky; Peter Stoepler, PhD, Kansas State University; Matthew Y.W. Kwan, PhD, Brock University; and Sujane Kandasamy, PhD, Brock University

*Continuing education credit is available for this session.*

2 – 2:50 p.m.

### **Panel 11: The Cancer SIG Presents: Thriving in Cancer Research: Perspectives of Women Behavioral Scientists on Resilience and Persistence across Career Stages**

Room: *Paradise Valley*

Topic Area: Education, Training and Career Development

Instructional Level: Beginner/Intermediate

Chair: Shirley Bluethmann, PhD, MPH, Wake Forest University School of Medicine

Co-Presenters: Erin Kent, PhD, MS, University of North Carolina at Chapel Hill; Catherine Alfano, PhD, Northwell Health; and Majja Reblin, FSBM, University of Vermont

*Continuing education credit is available for this session.*

# Daily Schedule • Thursday, April 27

## Networking Sessions

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3 – 3:50 p.m. **Building Community in Integrative Health and Spirituality: Integrative Health and Spirituality SIG Networking Meeting**

Room: *Camelback B*

Topic Area: Integrative Health and Spirituality

Presenter: Ana Maria Vranceanu, PhD, FSBM, Harvard Medical School

Moderator: Lisa Uebelacker, PhD, Brown University/Butler Hospital

3 – 3:50 p.m. **The Child and Family Health SIG and Obesity and Eating Disorders SIG Present: Child and Family Health SIG Networking Event (Sponsored by the Center for Children's Healthy Lifestyles & Nutrition)**

Room: *Estrella*

Topic Area: Child and Family Health

Presenters: Helena Laroche, MD, Children's Mercy Kansas City; Elizabeth Adams, PhD, University of South Carolina; and Melanie Bean, PhD, Virginia Commonwealth University

Moderator: Helena Laroche, MD, Children's Mercy Kansas City

3 – 3:50 p.m. **Evidence-Based Behavioral Medicine SIG Networking Session**

Room: *Camelback A*

Topic Area: Methods and Measurement

Presenters: Nora Henrikson, PhD MPH, Kaiser Permanente Washington Health Research Institute; Melissa Little, PhD, MPH, FSBM, University of Virginia; and Jennifer Emond, PhD, MS, Geisel School of Medicine at Dartmouth College

Moderator: Nora Henrikson, PhD MPH, Kaiser Permanente Washington Health Research Institute

3 – 3:50 p.m. **Health Equity SIG Networking Session**

Room: *Laveen A&B*

Topic Area: Social and Environmental Context and Health

Presenters: Shannon Christy, PhD, Moffitt Cancer Center; Patricia Rodriguez Espinosa, PhD, MPH, Stanford School of Medicine; Dylan Serpas, MS, University of South Florida; and Tiffany Carson, PhD, MPH, FSBM, Moffitt Cancer Center

Moderators: Shannon Christy, PhD, Moffitt Cancer Center; Patricia Rodriguez Espinosa, PhD, MPH, Stanford School of Medicine; Dylan Serpas, MS, University of South Florida; and Tiffany Carson, PhD, MPH, FSBM, Moffitt Cancer Center

3 – 3:50 p.m. **Research Ignition! Violence and Trauma SIG Networking Session**

Room: *Paradise Valley*

Topic Area: Stress

Presenter: Em Adams, PhD, CTRS, C-IAYT, Clemson University

Moderator: Em Adams, PhD, CTRS, C-IAYT, Clemson University

3 – 3:50 p.m. **Roundtable for Community-Engaged Research**

Room: *Maryvale A*

Topic Area: Dissemination and Implementation

Presenters: Dara Sorokin, PhD, University of California Irvine; and Lisa Goldman Rosas, PhD, MPH, FSBM, Stanford University

Moderator: Margaret Schneider, PhD, FSBM, University of California, Irvine

## Daily Schedule • Thursday, April 27

3 – 3:50 p.m.

### **Networking Session: Updating Main Goals in Behavioral Medicine: Future Tasks of the International Society of Behavioral Medicine and SBM**

Room: *Maryvale B*

Topic Area: Education, Training and Career Development

Presenters: Maria Kleinstaeuber, PhD, Utah State University; Michael Diefenbach, PhD, FSBM, Northwell Health; Joost Dekker, PhD, FSBM, Amsterdam University Medical Centers; and Frank Penedo, PhD, University of Miami

Moderators: Maria Kleinstaeuber, PhD, Utah State University; Michael Diefenbach, PhD, FSBM, Northwell Health; Joost Dekker, PhD, FSBM, Amsterdam University Medical Centers; and Frank Penedo, PhD, University of Miami

3 – 3:50 p.m.

### **(Pre-Registration Only) Networking Session: The Industry Connections Committee Presents: Speed Networking with Industry Digital Health Professionals (Sponsored by Modern Health)**

Room: *Deer Valley*

Topic Area: Education, Training and Career Development

Presenters: Robin Anthony Kouyate, PhD, Walgreens Health; Michelle Cardel, PhD, MS, RD, FTOS, WW International, Inc., and University of Florida; Cynthia Castro Sweet, PhD, FSBM, Modern Health; Leanne Kaye, PhD, MPH, RD, ResMed; and Jason Ong, PhD, Nox Health

Moderator: Cynthia Castro Sweet, PhD, FSBM, Modern Health

## Live Research Spotlights

3 – 3:50 p.m.

### **Live Research Spotlight 1: Physical Activity**


Room: *Encanto B*

Chair: Scherezade Mama, DrPH, The University of Texas MD Anderson Cancer Center

3:02 – 3:08 p.m.

### **Activity Engagement among Adults with Stroke who have High and Low Sedentary Time: A Mixed Methods Study**

Topic Area: Cardiovascular Disease

Open Science: 



Instructional Level: Beginner/Intermediate

Presenter: Emily Kringle, PhD, OTR/L, University of Minnesota

3:08 – 3:14 p.m.

### **Colorado Dog Owners are more Likely to Join a Walking Program to Benefit their Dogs than Themselves**

Topic Area: Physical Activity

Open Science:  


Instructional Level: Beginner

Presenter: Dan J. Graham, PhD, Colorado State University

3:14 – 3:20 p.m.

### **Compositional Data Analysis of Workday Movement Behaviors and Mental Health**

Topic Area: Multiple Behavior Change

Open Science: 

Instructional Level: Beginner/Intermediate

Presenter: Krista S. Leonard, PhD, Arizona State University

## Daily Schedule • Thursday, April 27

- 3:20 – 3:26 p.m. **Constructs Related to the Likelihood of Continuing Physical Activity and Healthy Eating Activities in a Church Intervention**  
Topic Area: Dissemination and Implementation  
Instructional Level: Beginner/Intermediate  
Presenter: Sara Wilcox, PhD, FSBM, University of South Carolina
- 3:26 – 3:32 p.m. **Evaluating the Impact of a Novel Immersive Simulation on Affect, Rate of Perceived Exertion, and Attention During a Cycling Class**  
Topic Area: Physical Activity  
Open Science:   
Instructional Level: Intermediate  
Presenter: Katrina Oselinsky, MS, Colorado State University
- 3:32 – 3:38 p.m. **Feasibility of a 30-Day Remote Monitoring Study Using Accelerometer and Ecological Momentary Assessment in Cancer Survivors**  
Topic Area: Cancer  
Instructional Level: Beginner  
Presenter: Yue Liao, MPH, PhD, University of Texas at Arlington
- 3:38 – 3:44 p.m. **Participation, Barriers and Enablers of Vigorous Intermittent Lifestyle Physical Activity in Physically Inactive Adults**  
Topic Area: Physical Activity  
Open Science:   
Instructional Level: Intermediate/Advanced  
Presenter: Cecilie Thøgersen-Ntoumani, BSc (Hons), PhD, University of Southern Denmark
- 3:44 – 3:50 p.m. **The Physical Activity SIG Presents: Support for Workplace Policies: Does Physical Activity Prospectively Predict Employee Retention?**  
Topic Area: Physical Activity  
Instructional Level: Intermediate  
Presenter: Rebecca Ellis, PhD, Georgia State University
- 3 – 3:50 p.m. **Live Research Spotlight 2: Method and Measurement**  
Room: *Encanto A*  
Chair: Courtney Stevens, PhD, Dartmouth Health System/Dartmouth College
- 3:02 – 3:08 p.m. **Complex and Contradictory: A Survey of Common Practices among NIH-Funded Investigators Conducting Preliminary Studies**  
Topic Area: Dissemination and Implementation  
Instructional Level: Beginner  
Presenter: Lauren von Klinggräeff, MPH, University of South Carolina

## Daily Schedule • Thursday, April 27

- 3:08 – 3:14 p.m. **Factor Analysis of the BDI-II and Long-Term Hematopoietic Stem Cell Transplant Survival Utilizing the RDoC Framework**  
Topic Area: Cancer  
Instructional Level: Beginner/Intermediate  
Presenter: Janae Kirsch, PhD, Mayo Clinic
- 3:14 – 3:20 p.m. **Is Emotional Eating a Homogenous Construct? Ecological Momentary Assessment with Person-Specific Modeling**  
Topic Area: Diet, Nutrition, and Eating Disorders  
Instructional Level: Intermediate  
Presenter: Erica Ahlich, PhD, University of South Alabama
- 3:20 – 3:26 p.m. **Lack of Options for Respondents to Indicate Uncertainty About Perceived Risk Attenuates Estimates of Risk-Behavior Relations**  
Topic Area: Methods and Measurements  
Open Science:   
Instructional Level: Intermediate  
Presenter: Marc Kiviniemi, PhD, CPH, FSBM, University of Kentucky
- 3:26 – 3:32 p.m. **Meaningful Clinical Change and Treatment Responsivity in Pediatric Psychology Intervention Research**  
Topic Area: Cancer  
Instructional Level: Intermediate  
Presenter: Michael Dolgin, PhD, Ariel University
- 3:32 – 3:38 p.m. **Menstrual Phase Identification Questionnaire (MPIQ): Development and Validation of a Cross-Sectional Survey**  
Topic Area: Women's Health  
Instructional Level: Intermediate  
Presenter: Alicia Allen, PhD, MPH, University of Arizona
- 3:38 – 3:44 p.m. **Recruitment and Retention Strategies for Underrepresented Populations and Adults with Arthritis in Behavioral Interventions**  
Topic Area: Physical Activity  
Instructional Level: Intermediate  
Presenter: Christine Pellegrini, PhD, FSBM, University of South Carolina
- 3:44 – 3:50 p.m. **Weight-Loss Prediction: Building and Interpreting a Machine-learned Model that Predicts Weight-Loss Success**  
Topic Area: Obesity  
Instructional Level: Intermediate/Advanced  
Presenter: Farzad Shahabi, MS, Northwestern University



# Daily Schedule • Thursday, April 27


3 – 3:50 p.m. **Live Research Spotlight 3: Women's Health**

Room: *Ahwatukee A&B*

Chair: Rizwana Biviji, PhD, MS, Arizona State University

3:02 – 3:08 p.m. **RISE: A Pilot Study to Reduce Sitting Time and Improve Physical Functioning among Breast Cancer Survivors**

Topic Area: Physical Activity

Open Science: 

Instructional Level: Beginner/Intermediate

Presenter: Rowena Tam, DPT, UC San Diego

3:08 – 3:14 p.m. **A Psychoneuroimmunology Approach to Explore the Role of Intersectional Stigma in the CVD Disparity among Women Living with HIV**

Topic Area: Cardiovascular Disease

Instructional Level: Beginner/Intermediate

Presenter: Tiffany Glynn, PhD, Harvard Medical School/Massachusetts General Hospital/Brigham and Women's Hospital

3:14 – 3:20 p.m. **Identifying Onco-Fertility Treatment Gaps and Preferences among Hispanic/Latina and Black/African American Cancer Survivors**

Topic Area: Cancer

Instructional Level: Intermediate

Presenter: Zeba Ahmad, PhD, EdM, MA, Massachusetts General Hospital/Harvard Medical School

3:20 – 3:26 p.m. **Mothers Behind Bars: A Qualitative Study on the Healthcare Experiences of Women in Jail in the Philippines**


Topic Area: Women's Health

Instructional Level: Beginner

Presenter: Patricia Anne Joson, National Cheng Kung University

3:26 – 3:32 p.m. **Optimisation of an Information Leaflet to Support Medication Beliefs in Women with Breast Cancer: A Factorial Experiment**

Topic Area: Cancer





Open Science: 

Instructional Level: Beginner/Intermediate

Presenter: Sophie Green, BSc, MSc, Leeds Institute of Health Sciences, University of Leeds, UK

3:32 – 3:38 p.m. **Self-Efficacy and Social Support Can Enable Women to Adopt Health Behavior: A Non-RCTs of Carrying Heavy Loads in Nepal**


Topic Area: Women's Health


Open Science:    

Instructional Level: Beginner/Intermediate

Presenter: Vica Tomberge, University of Bern

## Daily Schedule • Thursday, April 27


3:38 – 3:44 p.m. **Using Focus Groups and Behaviour Change Theory to Identify Factors Influencing Health-Promoting Behaviours in Midlife Women**  
Topic Area: Women's Health  
Open Science:   
Instructional Level: Intermediate  
Presenter: Hana Sediva, PhD candidate, University of Westminster

3:44 – 3:50 p.m. **Utilization and Communication about Women Wellness Exams among Latina Women**  
Topic Area: Health of Marginalized Populations  
Open Science:   
Instructional Level: Beginner/Intermediate  
Presenter: Patricia Cabral, PhD, Occidental College

3 – 3:50 p.m. **Live Research Spotlight 4: Mental Health**

Room: *Phoenix Ballroom A*

Chair: Jessica Montoya, PhD, University of California San Diego

3:02 – 3:08 p.m. **Supporting Schools Cultivate Culturally Responsive Learning Environments**  
Topic Area: Education, Training and Career Development  
Open Science:   
Instructional Level: Beginner/Intermediate  
Presenter: Hailee Dunn, PhD, MPH, HDC, Inc.

3:08 – 3:14 p.m. **A Latent Profile Analysis of Mental Health Stressor and Buffering Factors among Latinx Immigrant Youth from the Northern Triangle**  
Topic Area: Health of Marginalized Populations  
Instructional Level: Intermediate/Advanced  
Presenter: John Salerno, PhD, MPH, Columbia University

3:14 – 3:20 p.m. **Differential Associations of Tobacco and Cannabis Use Patterns with Mental Health Disorders**  
Topic Area: Substance Abuse  
Instructional Level: Beginner/Intermediate  
Presenter: Nhung Nguyen, PhD, University of California, San Francisco

3:20 – 3:26 p.m. **The Violence and Trauma SIG Presents: Leisure Coping among Low-Income College Students: The Impact of Adverse Experiences and Positive Leisure Engagement**  
Topic Area: Health of Marginalized Populations  
Instructional Level: Intermediate  
Presenter: Em Adams, PhD, CTRS, C-IAYT, Clemson University

3:26 – 3:32 p.m. **Live Messaging Blended Care Coaching: Outcomes among Adults with Moderate Levels of Depression**  
Topic Area: Digital Health  
Instructional Level: Beginner/Intermediate  
Presenter: Jocelynn Owusu, PhD, MPH, Lyra Health

## Daily Schedule • Thursday, April 27

- 3:32 – 3:38 p.m. **Mental Health Outcomes for Young People with Inherited Cancer Syndromes: A Mixed-Method Study of Li-Fraumeni Syndrome**  
Topic Area: Cancer  
Instructional Level: Intermediate  
Presenter: Rowan Forbes Shepherd, PhD, National Cancer Institute
- 3:38 – 3:44 p.m. **The Role of Familial Support Perceptions in Rare Disease Caregiving**  
Topic Area: Child and Family Health  
Open Science:   
Instructional Level: Intermediate  
Presenter: Melissa Zajdel, PhD, National Human Genome Research Institute
- 3:44 – 3:50 p.m. **The Roles of Life-Time Enacted Stigma in Mental Health and Tic Symptoms among Young Adults with Tourette Syndrome**  
Topic Area: Health of Marginalized Populations  
Instructional Level: Intermediate  
Presenter: Chengshi Shiu, LSW, MS, PhD, GStat, National Taiwan University
- 3 – 3:50 p.m. **Live Research Spotlight 5: Tobacco Control and Nicotine-Related Behavior**
- Room: *Phoenix Ballroom B*  
Chair: Jessica Rath, PhD, MPH, CHES, Truth Initiative
- 3:02 – 3:08 p.m. **“Give Me Orgies in the OR Not Lessons on Vaping”: An Analysis of Twitter Messages about EVALI Storylines on Popular Medical Dramas**  
Topic Area: Tobacco Control and Nicotine-Related Behavior  
Instructional Level: Beginner  
Presenter: Beth Hoffman, PhD, MPH, University of Pittsburgh School of Public Health
- 3:08 – 3:14 p.m. **Bidirectional Associations between Smoking and Breastfeeding among Low-Income Smoke-Exposed Women: A Cross-Lagged Model**  
Topic Area: Women’s Health  
Instructional Level: Intermediate  
Presenter: Ruth St Fleur, PhD, Brown University
- 3:14 – 3:20 p.m. **E-cigarette Use in United States Asian American Native Hawaiian and Pacific Islander Youth**  
Topic Area: Tobacco Control and Nicotine-Related Behavior  
Instructional Level: Beginner/Intermediate  
Presenter: Elizabeth Do, PhD, MPH, Truth Initiative
- 3:20 – 3:26 p.m. **Examining an Online Curriculum for Vaping Prevention among Youth: Vaping-Know the Truth**  
Topic Area: Tobacco Control and Nicotine-Related Behavior  
Instructional Level: Beginner/Intermediate  
Presenter: Elizabeth Hair, PhD, Truth Initiative

## Daily Schedule • Thursday, April 27

- 3:26 – 3:32 p.m. **Examining Pathways to Prevention after Exposure of the Truth® Anti-Vaping Campaign among Youth and Young Adults**  
 Topic Area: Health Communication and Policy  
 Instructional Level: Beginner/Intermediate  
 Presenter: Elizabeth Hair, PhD, Truth Initiative
- 3:32 – 3:38 p.m. **Measuring Ever Tobacco Use among Gender Diverse Individuals Using a National Sample: 2021**  
 Topic Area: Tobacco Control and Nicotine-Related Behavior  
 Instructional Level: Intermediate  
 Presenter: Elexis Kierstead, MPH, Truth Initiative
- 3:38 – 3:44 p.m. **Substance Co-Use among Adolescents and Young Adult Tobacco Users With and Without a Cancer History**  
 Topic Area: Tobacco Control and Nicotine-Related Behavior  
 Open Science:   
 Instructional Level: Beginner  
 Presenter: Elizabeth Siembida, PhD, MPH, Northwell Health
- 3:44 – 3:50 p.m. **Understanding Reasons for Refusal of Tobacco Treatment Referrals among Cancer Patients Who Smoke**  
 Topic Area: Tobacco Control and Nicotine-Related Behavior  
 Instructional Level: Intermediate  
 Presenter: Gleneara Bates-Pappas, LMSW, PhD(c), Memorial Sloan Kettering Cancer Center

## Keynote

- 4 – 4:50 p.m. **Presidential Keynote & Awards Ceremony: Getting from Science to Impact: More We Less Me (Sponsored by the UC-Irvine Program in Public Health)**

Room: *Phoenix Ballroom CDE*

Topic Area: Community Engagement

Instructional Level: Beginner/Intermediate

Presenter: Margaret Schneider, PhD, FSBM, University of California, Irvine

Moderator: Stephen Lepore, PhD, FSBM, Temple University

*Continuing education credit is available for this session.*

## Posters

- 5 – 5:50 p.m. **Poster Session C**

Room: *Valley of the Sun Ballroom*

## Evening Events

- 6:10 – 7:15 p.m. **Stride for Science Run/Walk (Sponsored by Johnson & Johnson)**

Room: *Kiwanis Park (shuttle buses leave from the Sheraton's covered driveway at 5:20 and 5:40 p.m.)*

# Daily Schedule • Friday, April 28

## Breakfast Roundtables

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Breakfast roundtables are open to all attendees, regardless of Special Interest Group (SIG) membership.

### 8 – 8:50 a.m. **Breakfast Roundtable: Diabetes SIG Meeting**

Room: *Encanto B*

Topic Area: Diabetes

Presenters: Caroline Presley, MD, University of Alabama; Caroline Cummings, PhD, Texas Tech University; and Allyson Hughes, PhD, Ohio University

Moderator: Caroline Presley, MD, University of Alabama

### 8 – 8:50 a.m. **Breakfast Roundtable: Health Equity SIG Business Meeting**

Room: *Laveen A&B*

Topic Area: Health of Marginalized Populations

Presenters: Tiffany Carson, PhD, MPH, FSBM, Moffitt Cancer Center; Patricia Rodriguez Espinosa, PhD, MPH, Stanford School of Medicine; Shannon Christy, PhD, Moffitt Cancer Center; and Dylan Serpas, MS, University of South Florida

Moderator: Patricia Rodriguez Espinosa, PhD, MPH, Stanford School of Medicine

### 8 – 8:50 a.m. **Breakfast Roundtable: The Health Equity SIG Presents: Making Space for Building Community among SBM Members from Underrepresented Backgrounds**

Room: *Estrella*

Topic Area: Education, Training and Career Development

Presenter: Sasha Fleary, PhD, CUNY Graduate School of Public Health and Health Policy

Moderators: Sasha Fleary, PhD, CUNY Graduate School of Public Health and Health Policy; and Patrece Joseph, PhD, University of North Carolina-Chapel Hill

### 8 – 8:50 a.m. **Breakfast Roundtable: The Student SIG Presents: Mentoring: Role of Early-Career Researchers as a Mentee and a Mentor**

Room: *Camelback A*

Topic Area: Education, Training and Career Development

Presenter: Katherine DeVivo, MPH, University of South Carolina

Moderators: Aliye Cepni, PhD Candidate, University of Houston; and Kathryn Pluta, PhD, University of Florida

### 8 – 8:50 a.m. **Breakfast Roundtable: Obesity and Eating Disorders SIG Meeting**

Room: *Paradise Valley*

Topic Area: Obesity

Presenters: Stephanie Manasse, PhD, Drexel University; Katherine Balantekin, PhD, RD, University at Buffalo; Andrea Graham, PhD, Northwestern University Feinberg School of Medicine; Laura D'Adamo, BA, Drexel University; Amanda Staiano, PhD, FSBM, LSU's Pennington Biomedical Research Center; Michele Levine, PhD, University of Pittsburgh; Emily Fu, MPH, MS, Northwestern University Feinberg School of Medicine; Jacqueline Hayes, PhD, Brown University/The Miriam Hospital; and Loneke Blackman Carr, PhD, RD, University of Connecticut

Moderators: Stephanie Manasse, PhD, Drexel University; and Katherine Balantekin, PhD, RD, University at Buffalo

## Daily Schedule • Friday, April 28

8 – 8:50 a.m. **Breakfast Roundtable: Optimization of Behavioral and Biobehavioral Interventions SIG Business Meeting**

Room: *Deer Valley*

Topic Area: Methods and Measurement

Presenters: Heather Wasser, PhD, MPH, RD, University of North Carolina at Chapel Hill; Siobhan Phillips, PhD, MPH, Northwestern University Feinberg School of Medicine; Kate Guastaferro, PhD, MPH, New York University; Rachel Wells, PhD, MSN, RN, CNL, University of Alabama at Birmingham; Karey O'hara, PhD; and Yohansa Fernandez, PhD, LMSW

Moderator: Heather Wasser, PhD, MPH, RD, University of North Carolina at Chapel Hill

8 – 8:50 a.m. **Breakfast Roundtable: Palliative Care SIG Business Meeting**

Room: *Maryvale B*

Topic Area: Education, Training and Career Development

Presenter: Katherine Ramos, PhD, Duke University

Moderator: Laura Porter, PhD, Department of Psychiatry and Behavioral Sciences, Duke University School of Medicine

8 – 8:50 a.m. **Breakfast Roundtable: Population Health Sciences SIG Welcome and Update Meeting**

Room: *Ahwatukee A&B*

Topic Area: Quality of Life

Presenters: Jessica Gorzelitz, PhD, MS, University of Iowa; and Richard Moser, PhD, FSBM, National Cancer Institute

Moderators: Jessica Gorzelitz, PhD, MS, University of Iowa; and Richard Moser, PhD, FSBM, National Cancer Institute

8 – 8:50 a.m. **Breakfast Roundtable: Sleep SIG Business Meeting**

Room: *Phoenix Ballroom A*

Topic Area: Sleep

Presenters: Diana Chirinos, PhD, Northwestern University Feinberg School of Medicine; and Jessica Dietch, PhD, Oregon State University

Moderators: Diana Chirinos, PhD, Northwestern University Feinberg School of Medicine; and Jessica Dietch, PhD, Oregon State University

8 – 8:50 a.m. **Breakfast Roundtable: The Behavioral Informatics and Technology SIG Presents: Tech Madness**

Room: *Maryvale A*

Topic Area: Digital Health

Presenter: Jennifer Huberty, PhD, FSBM, Fit Minded LLC

Moderator: Emanuela Offidani, PhD, Lumos Labs Medical (Lumosity)

8 – 8:50 a.m. **Breakfast Roundtable: Translating Science into Impact: Nurses Section**

Room: *Encanto A*

Topic Area: Education, Training and Career Development

Presenter: Barbara Resnick, PhD, CRNP, University of Maryland

Moderator: Laura Hayman, PhD, MSN, FAAN, FAHA, FPCNA, UMass Boston Manning College of Nursing & Health Sciences & UMass Medical School

# Daily Schedule • Friday, April 28

8 – 8:50 a.m. **Breakfast Roundtable: Violence and Trauma SIG Brainstorming**

Room: *Phoenix Ballroom B*

Topic Area: Stress

Presenter: Em Adams, PhD, CTRS, C-IAYT, Clemson University

Moderator: Em Adams, PhD, CTRS, C-IAYT, Clemson University

8 – 8:50 a.m. **Breakfast Roundtable: Health Decision Making SIG Business Meeting**

Room: *Camelback B*

Topic Area: Decision Making

Presenters: Marleah Dean, PhD, University of South Florida; and Sara Fleszar-Pavlovic, PhD, Sylvester Comprehensive Cancer Center, University of Miami

Moderator: Courtney Scherr, PhD, School of Communication, Northwestern University

## Symposia

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9 – 9:50 a.m. **Symposium 14: The Organizational Partnerships Committee Presents: Lessons Learned Building Cross-Sector Partnerships to Address Social Determinants of Health in US Military Veterans**

Room: *Maryvale B*

Topic Area: Military and Veterans Health

Instructional Level: Intermediate

Chair: David Goodrich, EdD, MA, MS, Center for Health Equity Research & Promotion, VA Pittsburgh HCS

Co-Presenters: Gilly Cantor, MPA, Syracuse University; Leslie Hausmann, PhD, MS, FSBM, University of Pittsburgh; and Joseph Geraci, PhD, US Department of Veterans Affairs

Discussant: Christine Eickhoff, MA, Department of Veterans Affairs

*Continuing education credit is available for this session.*

9 – 9:50 a.m. **Symposium 15: Addressing Weight Stigma in Healthcare Settings: Identifying Opportunities for Intervention**

Room: *Encanto B*

Topic Area: Obesity

Open Science: 

Instructional Level: Advanced

Chair: Erin Standen, BS, University of Minnesota

Co-Presenters: Erin Standen, BS, University of Minnesota; Rebecca Pearl, PhD, University of Florida College of Public Health and Health Professions; and Paula Brochu, PhD, Nova Southeastern University

Discussant: Sean Phelan, PhD, MPH, Mayo Clinic, Rochester

*Continuing education credit is available for this session.*

## Daily Schedule • Friday, April 28

9 – 9:50 a.m.

### **Symposium 16: The Health Equity SIG Presents: From Surviving to Thriving: Lifestyle Modifications to Improve Cancer Survivorship among Underserved Populations**

Room: *Encanto A*

Topic Area: Health of Marginalized Populations

Instructional Level: Beginner/Intermediate

Chair: Tiffany Carson, PhD, MPH, FSBM, Moffitt Cancer Center

Co-Presenters: Acadia Buro, PhD, CPH, Moffitt Cancer Center; Marilyn Stern, PhD, University of South Florida; and Kristin Cloyes, PhD, MN, RN, Oregon Health & Science University

*Continuing education credit is available for this session.*

9 – 9:50 a.m.

### **Symposium 17: The Child and Family Health SIG Presents: Individual Psychological Processes that Influence Pediatric Health Behaviors**

Room: *Camelback B*

Topic Area: Child and Family Health

Open Science: 

Instructional Level: Beginner/Intermediate

Chair: Krya Hamilton, PhD, Griffith University

Co-Presenters: Amy Bohnert, PhD, Loyola University Chicago; Alison Miller, PhD, University of Michigan School of Public Health; and Alyssa Button, PhD, Pennington Biomedical Research Center

Discussant: Krya Hamilton, PhD, Griffith University

*Continuing education credit is available for this session.*

9 – 9:50 a.m.

### **Symposium 18: The Child and Family Health SIG and Health Equity SIG Present: Successes, Challenges, and Future Directions for Food as Medicine Initiatives to Advance Health Equity**

Room: *Paradise Valley*

Topic Area: Child and Family Health

Instructional Level: Beginner/Intermediate

Chair: Amy Yaroch, PhD, FSBM, Gretchen Swanson Center for Nutrition

Co-Presenters: Elizabeth Adams, PhD, University of South Carolina; Helena Laroche, MD, Children's Mercy Kansas City; and Roger Figueroa, PhD, MPH, MSc, Cornell University

Discussant: Amy Yaroch, PhD, FSBM, Gretchen Swanson Center for Nutrition


*Continuing education credit is available for this session.*

9 – 9:50 a.m.

### **Symposium 19: Use of Novel Data Collection Methods to Measure Affect in Response and Relation to Physical Activity**

Room: *Laveen A&B*

Topic Area: Physical Activity

Open Science: 

Instructional Level: Intermediate

Chair: Courtney Stevens, PhD, Dartmouth-Hitchcock Medical Center

Co-Presenters: Courtney Stevens, PhD, Dartmouth-Hitchcock Medical Center; Derek Hevel, PhD, Boston University; and Bridgette Do, MPH, University of Southern California

Discussant: Lauren Bohlen, PhD, Brown University School of Public Health

*Continuing education credit is available for this session.*



## Daily Schedule • Friday, April 28

9 – 9:50 a.m.

### **Symposium 20: Where Evidence-Based Literature Meets Real World Implementation: Learnings from the Industry Frontlines**

Room: *Maryvale A*

Topic Area: Dissemination and Implementation

Instructional Level: Intermediate

Chair: Leanne Kaye, PhD, MPH, RD, ResMed

Co-Presenters: Cynthia Castro Sweet, PhD, FSBM, Modern Health; Leanne Kaye, PhD, MPH, RD, ResMed; and Valerie Myers, PhD, FSBM, Glooko, Inc.


Discussant: Trina Histon, PhD, Kaiser Permanente

9 – 9:50 a.m.

### **Symposium 21: Sleep and Physical Activity SIGs Present: Compositional Approaches for 24-Hour Movement Behavior Data Analysis: Opportunities to Rethink Standard Methods**

Room: *Phoenix Ballroom A*

Topic Area: Sleep

Open Science: 

Instructional Level: Beginner/Intermediate

Chair: Christine St Laurent, PhD, University of Massachusetts Amherst

Co-Presenters: Christine St Laurent, PhD, University of Massachusetts Amherst; Christopher Pfladderer, PhD, University of South Carolina; and Sarah Burkart, PhD, University of South Carolina

Discussant: Denver Brown, PhD, The University of Texas at San Antonio


*Continuing education credit is available for this session.*

9 – 9:50 a.m.

### **Symposium 22: The Obesity and Eating Disorders SIG Presents: Conducting Fully Remote Trials for Behavioral Medicine Interventions: Lessons Learned and Future Opportunities**

Room: *Deer Valley*

Topic Area: Methods and Measurements

Open Science: 

Instructional Level: Intermediate

Chair: Michele Patel, PhD, Stanford University

Co-Presenters: Christina Hopkins, PhD, Drexel University WELL Center; Kara Gavin, PhD, MPH, University of Wisconsin; and Amanda Staiano, PhD, FSBM, LSU's Pennington Biomedical Research Center

*Continuing education credit is available for this session.*

9 – 9:50 a.m.

### **Symposium 23: The Cancer SIG Presents: From Cells to Cell Phones: Methods for Assessing Psychosocial Outcomes in Cancer Patient-Caregiver Dyads**

Room: *Phoenix Ballroom B*

Topic Area: Cancer

Instructional Level: Intermediate

Chair: Erin Kent, PhD, MS, University of North Carolina at Chapel Hill

Co-Presenters: Youngmee Kim, PhD, University of Miami; Tess Thompson, PhD, MPH, Washington University in St. Louis; and Shelby Langer, PhD, FSBM, Arizona State University

Discussant: Majja Reblin, FSBM, University of Vermont

*Continuing education credit is available for this session.*

## Daily Schedule • Friday, April 28

9 – 9:50 a.m.

### **Symposium 24: The Physical Activity SIG Presents: Implementing Mobile Health Interventions and Observational Studies Using a “No-Code” App Development Platform**

Room: *Estrella*

Topic Area: Digital Health

Instructional Level: Beginner/Intermediate

Chair: Ryan Rhodes, PhD, FSBM, University of Victoria

Co-Presenters: Sam Liu, PhD, University of Victoria; Amanda Willms, MSc, BA, University of Victoria; Kayla Nuss, PhD, Klein Buendel; and Denver Brown, PhD, The University of Texas at San Antonio


Discussant: David Conroy, PhD, FSBM, The Pennsylvania State University

9 – 9:50 a.m.

### **Symposium 25: Leveraging Social Support in Behavioral Interventions for African American Women: Translating Theory into Community Settings**

Room: *Camelback A*

Topic Area: Health of Marginalized Populations

Open Science: 

Instructional Level: Intermediate

Chair: Allison Sweeney, PhD, University of South Carolina

Co-Presenters: Kelly Palmer, PhD, MHS, University of Arizona College of Public Health; Rodney Joseph, PhD, Arizona State University; and Allison Sweeney, PhD, University of South Carolina

Discussant: Monica Baskin, PhD, FSBM, University of Pittsburgh

*Continuing education credit is available for this session.*

9 – 9:50 a.m.

### **Symposium 26: Research Ops 101: Defining the Processes and Procedures of Research Across Digital Health Industry and Academic Settings**

Room: *Ahwatukee A&B*

Topic Area: Methods and Measurements

Instructional Level: Beginner

Chair: Jennifer Huberty, PhD, FSBM, Fit Minded LLC

Co-Presenters: E. Susanne Blazek, PhD, Lirio; Lauren Weiner, PhD, Ksana Health; and Jennifer Green, PhD, San Diego State University

Discussant: Jennifer Huberty, PhD, FSBM, Fit Minded LLC

## Keynote

10 – 10:50 a.m.

### **Keynote: Promoting American Indian Health Equity**

Room: *Phoenix Ballroom CDE*

Topic Area: Health of Marginalized Populations

Instructional Level: Advanced

Presenter: Donald Warne, MD, MPH, Johns Hopkins University

Moderator: Prajakta Adsul, BBS, MPH, PhD, University of New Mexico

*Continuing education credit is available for this session.*

# Daily Schedule • Friday, April 28

## Papers

11 – 11:50 a.m.

### Paper Session 14: Maternal Health


Room: *Encanto A*

Chair: Kristine Zimmermann, PhD, MPH, University of Illinois at Chicago

11:02 – 11:14 a.m.

#### **Affective Response to Exercise and Affective Judgments as Predictors of Physical Activity Intention and Behavior in New Mothers**

Topic Area: Physical Activity

Open Science: 

Instructional Level: Beginner/Intermediate

Presenter: Ryan Rhodes, PhD, FSBM, University of Victoria

11:15 – 11:27 a.m.

#### **Barriers to Maternity Care in Cameroon: A Qualitative Study**

Topic Area: Women's Health

Instructional Level: Intermediate

Presenter: Henna Budhwani, PhD, MPH, Florida State University

11:27 – 11:39 a.m.

#### **Randomized Trial for Mothers At-Risk for HBOC to Improve Family Communication Outcomes Following BRCA Genetic Counseling**

Topic Area: Cancer

Instructional Level: Intermediate

Presenter: Mary Rose Yockel, BA, Georgetown University

11:39 – 11:50 a.m.

#### **Understanding the Experiences of Mothers' Engaging in Physical Activity Living in Rural Communities**

Topic Area: Child and Family Health

Instructional Level: Beginner

Presenter: Susan Andreae, PhD, MPH, University of Wisconsin-Madison

11 – 11:50 a.m.

### Paper Session 15: Community Context and Health

Room: *Encanto B*

Chair: Prajakta Adsul, BBS, MPH, PhD, University of New Mexico

11:02 – 11:14 a.m.

#### **Association between Community Needs Index and NAFLD in a Community-Based Sample of Mexican-Origin Adults in Southern Arizona**

Topic Area: Social and Environmental Context and Health


Instructional Level: Beginner

Presenter: Adriana Maldonado, PhD, University of Arizona

11:15 – 11:27 a.m.

#### **Association of Technology Access and Perceived Health in Southern Arizona: A Geographic Information Systems Analysis**

Topic Area: Digital Health

Open Science: 

Instructional Level: Intermediate





Presenter: Christopher Krupnik, BFA, University of Arizona

## Daily Schedule • Friday, April 28

11:27 – 11:39 a.m.

### **Changes in the Neighborhood Food and Activity Environment and Weight Status among Children in a Regional Health System**

Topic Area: Obesity

Open Science:    

Instructional Level: Beginner/Intermediate

Presenter: Qianxia Jiang, PhD, Children's Mercy Hospital Kansas City

11:39 – 11:50 a.m.

### **Urban–Rural Differences in Cancer Patients' Use and Perceived Importance of Supportive Care Services**

Topic Area: Cancer

Instructional Level: Beginner/Intermediate

Presenter: Marquita Lewis-Thames, PhD, MPH, MS, Northwestern University Feinberg School of Medicine

11 – 11:50 a.m.

### **Paper Session 16: Cancer and Physical Activity Interventions**


Room: *Phoenix Ballroom A*

Chair: Elizabeth Salerno, PhD, MPH, Washington University School of Medicine in St. Louis

11:02 – 11:14 a.m.

### **12-Week Physical Activity Promotion Program for Cancer Survivors: Examining a Fully Remote Multimodal Approach**

Topic Area: Cancer

Open Science: 


Instructional Level: Beginner/Intermediate

Presenter: Veronica Garcia, BS, MS, University of Illinois Urbana-Champaign

11:15 – 11:27 a.m.

### **An mHealth Physical Activity Intervention for Adolescent and Young Adult Cancer Survivors: Results of a Pilot Randomized Trial**

Topic Area: Cancer

Open Science: 


Instructional Level: Beginner/Intermediate

Presenter: Carmina Valle, PhD, MPH, University of North Carolina at Chapel Hill, Gillings School of Global Public Health, Lineberger Comprehensive Cancer Center

11:27 – 11:39 a.m.

### **Randomized Trial of an mHealth Physical Activity Intervention for Metastatic Breast Cancer Patients: Fit2ThriveMB Findings**


Topic Area: Cancer

Open Science: 

Instructional Level: Beginner

Presenter: Payton Solk, MS, Northwestern University Feinberg School of Medicine

# Daily Schedule • Friday, April 28




11:39 – 11:50 a.m. **The Effects of Aerobic Exercise Training on Memory in Breast Cancer Survivors: A Pilot Randomized Trial**  
Topic Area: Physical Activity  
Open Science:   
Instructional Level: Intermediate  
Presenter: Kyle Kershner, MS, Arizona State University



## 11 – 11:50 a.m. **Paper Session 17: Diabetes**

Room: *Paradise Valley*

Chair: Allyson Hughes, PhD, Ohio University

11:02 – 11:14 a.m. **Diabetes Distress Moderates Effect of eHealth Intervention on Glycemic Control in Black Adolescents with Type 1 Diabetes**  
Topic Area: Diabetes  
Instructional Level: Beginner/Intermediate  
Presenter: Katherine Knauft, PhD, Wayne State University

11:15 – 11:27 a.m. **Patient Reported Outcomes of Patient-Driven vs Standardized Diabetes Shared Medical Appointments: Pragmatic Trial Results**  
Topic Area: Diabetes  
Open Science:     
Instructional Level: Beginner/Intermediate  
Presenter: Bethany Kwan, PhD, MSPH, University of Colorado School of Medicine

11:27 – 11:39 a.m. **Qualitative Study of a Complex Intervention to Prevent Foot Lesions in Diabetic Neuropathy: The PATRIOT Trial**  
Topic Area: Diabetes  
Open Science:    
Instructional Level: Intermediate  
Presenter: Emily DeGeorge, BA, New York University/VA New York Harbor Healthcare System

11:39 – 11:50 a.m. **Typology of Diabetes-Specific Family Functioning: Replication and Predictive Validity in a Diverse Sample of Adults with T2D**  
Topic Area: Social and Environmental Context and Health  
Instructional Level: Beginner/Intermediate  
Presenter: Lindsay Mayberry, PhD, Vanderbilt University Medical Center

# Daily Schedule • Friday, April 28



11 – 11:50 a.m. **Paper Session 18: Digital Health from Development to Dissemination**

Room: *Deer Valley*

Chair: Dara Sorkin, PhD, University of California Irvine

11:02 – 11:14 a.m. **A Story of an Evidence-Based mHealth App for HIV Care from Clinical Research to Implementation to Commercialization**

Topic Area: HIV/AIDS



Open Science:  

Instructional Level: Intermediate

Presenter: Karen Ingersoll, PhD, UVA School of Medicine

11:15 – 11:27 a.m. **Evaluation of a Clinic-Affiliated App (“JomPrEP”) to Improve HIV Prevention Cascade among Men Who Have Sex with Men in Malaysia**

Topic Area: HIV/AIDS

Open Science:  

Instructional Level: Intermediate/Advanced

Presenter: Roman Shrestha, PhD, University of Connecticut

11:27 – 11:39 a.m. **GamerFit ASD: Adaptation of an Evidence-Based Exergaming and Telehealth Coaching Intervention for Youth with Autism**

Topic Area: Mental Health

Instructional Level: Beginner/Intermediate

Presenter: April Bowling, MA, ScD, Merrimack College

11:39 – 11:50 a.m. **Navigating Wellness and WellMama: Web-Based Tools Designed to Address Gaps in Access to Accurate and Reliable Health Information**

Topic Area: Digital Health

Instructional Level: Intermediate

Presenter: Rabih Dahdouh, MS, BS, Northwestern University Feinberg School of Medicine, Center for Health Equity Transformation

11 – 11:50 a.m. **Paper Session 19: Sexual Health**

Room: *Phoenix Ballroom B*

Chair: Bryan Kutner, PhD, MPH, HIV Center for Clinical and Behavioral Studies at Columbia University and New York State Psychiatric Institute

11:02 – 11:14 a.m. **A Brief Cognitive Restructuring Intervention to Reduce Sexual Coercion: Roles of Alcohol and Cognitive Reappraisal**



Topic Area: Multiple Behavior Change

Instructional Level: Beginner/Intermediate

Presenter: Weiqi Chen, BSN, Arizona State University

11:15 – 11:27 a.m. **A Dyadic Study of Parent Behaviors and their Associations with Sexual Health among Gay and Bisexual Adolescents**

Topic Area: HIV/AIDS

Open Science:  

Instructional Level: Intermediate

Presenter: David Huebner, PhD, MPH, George Washington University

## Daily Schedule • Friday, April 28

- 11:27 – 11:39 a.m. **Immediate Postpartum Contraception Provision During the Choose Well Initiative in South Carolina: A Qualitative Analysis**  
Topic Area: Women's Health  
Instructional Level: Beginner/Intermediate  
Presenter: Liane Ventura, MPH, East Tennessee State University
- 11:39 – 11:50 a.m. **The Relationship of Accuracy of PrEP Beliefs to Perceived Benefits and Barriers to PrEP Use in Women Who Inject Drugs**  
Topic Area: HIV/AIDS  
Instructional Level: Intermediate  
Presenter: Kirsten Paulus, MPH, Temple University College of Public Health
- 11 – 11:50 a.m. **Paper Session 20: Smoking Cessation**  
Room: *Laveen A&B*  
Chair: Peter Kaufmann, PhD, FSBM, FABMR, School of Integrated Health Sciences, University of Nevada Las Vegas
- 11:02 – 11:14 a.m. **A Stages of Change Analysis of Movement towards Stopping Smoking in a Cohort of Adult Smokers Adopting JUUL**  
Topic Area: Tobacco Control and Nicotine-Related Behavior  
Instructional Level: Beginner  
Presenter: Saul Shiffman, PhD, Pinney Associates
- 11:15 – 11:27 a.m. **A Systematic Review of Tobacco Cessation Interventions and E-Cigarette Use in Oncology Patients and Caregivers**  
Topic Area: Cancer  
Open Science:    
Instructional Level: Beginner/Intermediate  
Presenter: Trupti Dhupal, MS, BPharm, West Virginia University
- 11:27 – 11:39 a.m. **Quitting Smoking after a Cancer Diagnosis Corresponds with Reductions in Stigma and Anxiety: A Longitudinal Mediation Analysis**  
Topic Area: Cancer  
Open Science:   
Instructional Level: Beginner/Intermediate  
Presenter: Timothy Williamson, PhD, MPH, Loyola Marymount University
- 11:39 – 11:50 a.m. **The Optimization of Behavioral and Biobehavioral Interventions SIG Presents: When Should We Prompt Stress Management for Smokers Attempting to Quit? Results of the Sense2Stop Micro-Randomized Trial**  
Topic Area: Digital Health  
Open Science:     
Instructional Level: Intermediate  
Presenter: Bonnie Spring, PhD, Northwestern University Feinberg School of Medicine

## Daily Schedule • Friday, April 28

11 – 11:50 a.m. **Paper Session 21: Stress and Cardiovascular Health**

Room: *Ahwatukee A&B*

Chair: Anika Hines, PhD, MPH, Virginia Commonwealth University

11:02 – 11:14 a.m. **Blunted Diastolic Blood Pressure Responses to Stress and Length of Gestation in the Context of Perceived Stress During Pregnancy**


Topic Area: Women's Health

Instructional Level: Beginner/Intermediate

Presenter: Anna Strahm, PhD, Sanford Research

11:15 – 11:27 a.m. **Emotional Distress and Cardiovascular Disease Risk among participants with T2DM in the Emotional Distress GRADE Substudy**

Topic Area: Diabetes

Open Science: 

Instructional Level: Intermediate

Presenter: Gladys Crespo-Ramos, PhD, Albert Einstein College of Medicine

11:27 – 11:39 a.m. **Relations between Job Strain and Cardiovascular Reactivity in the Development of Cardiovascular Disease**

Topic Area: Stress

Instructional Level: Intermediate

Presenter: Claire Demming, MS, Uniformed Services University

11:39 – 11:50 a.m. **The Cardiovascular Disease SIG and American Association of Cardiovascular and Pulmonary Rehabilitation Present: Screening for Psychological Distress and Incident Cardiovascular Disease: An Updated Meta-Analysis**

Topic Area: Cardiovascular Disease

Instructional Level: Beginner/Intermediate

Presenter: Allison Gaffey, PhD, Yale School of Medicine, VA Connecticut Healthcare System


11 – 11:50 a.m. **Paper Session 22: Quality of Life and Multiple Sclerosis**

Room: *Estrella*

Chair: Robert Motl, PhD, FSBM, University of Illinois Chicago

11:02 – 11:14 a.m. **A Signature of Cognition in Multiple Sclerosis: A Closer Look at Accelerometry Metrics of Physical Activity and Sedentary Behavior**

Topic Area: Physical Activity

Open Science: 

Instructional Level: Intermediate



Presenter: Heena Manglani, PhD, Massachusetts General Hospital / Harvard Medical School



# Daily Schedule • Friday, April 28

- 11:15 – 11:27 a.m. **Effects of Cognitive Behavioral Therapy, Modafinil, or Both Therapies on Ambulatory Measures of Fatigue in Multiple Sclerosis**  
Topic Area: Multiple Behavior Change  
Open Science:     
Instructional Level: Beginner/Intermediate  
Presenter: Anna Kratz, PhD, University of Michigan
- 11:27 – 11:39 a.m. **Efficacy of a Digital Health Intervention on Improving Physical Activity and Working Memory in People With Multiple Sclerosis**  
Topic Area: Physical Activity  
Open Science:   
Instructional Level: Beginner/Intermediate  
Presenter: Madhura Phansikar, PhD, The Ohio State University
- 11:39 – 11:50 a.m. **Making it Personal: Identifying Personalised Patterns and Triggers of Fatigue in Multiple Sclerosis using N-of-1 Designs**  
Topic Area: Methods and Measurements  
Open Science:   
Instructional Level: Beginner/Intermediate  
Presenter: Suzanne McDonald, MA, MSc, MSc, MRes, PhD, CPsychol, AFBPSS, The University of Queensland
- 11 – 11:50 a.m. **Paper Session 23: Sedentary Activity and Older Adults**  
Room: *Camelback A*  
Chair: Jason Fanning, PhD, Wake Forest University
- 11:02 – 11:14 a.m. **Does Habit Strength Moderate Affective Responses to Movement-Related Behaviors among Older Adults?**  
Topic Area: Digital Health  
Instructional Level: Intermediate/Advanced  
Presenter: Brynn Hudgins, MS, University of North Carolina Greensboro
- 11:15 – 11:27 a.m. **Factors Associated with Physical Activity After Hospitalization in Persons with Dementia**  
Topic Area: Physical Activity  
Instructional Level: Beginner  
Presenter: Ashley Kuzmik, DrPH, MPH, Pennsylvania State University
- 11:27 – 11:39 a.m. **Gardening is Associated with Better Cardiovascular Health Status in a Nationally Representative Sample of Older Adults**  
Topic Area: Cardiovascular Disease  
Instructional Level: Intermediate  
Presenter: Susan Veldheer, DED, RD, Penn State College of Medicine

## Daily Schedule • Friday, April 28


11:39 – 11:50 a.m. **The Impact of a Remote Social Weight Loss and Activity Program on Health-Related Quality of Life in Older Adults with Chronic Pain**  
Topic Area: Physical Activity  
Open Science:    
Instructional Level: Intermediate  
Presenter: Justin Robison, BS Kinesiology, Wake Forest University


### 11 – 11:50 a.m. **Paper Session 24: Integrative Health and Spirituality**

Room: *Camelback B*

Chair: Crystal Park, PhD, FSBM, University of Connecticut

11:02 – 11:14 a.m. **Effects of Yoga on Physical and Psychological Health: Theory-Based Mechanisms of an Ancient Practice**  
Topic Area: Mental Health  
Instructional Level: Intermediate  
Presenter: Charleen Gust, MA, University of Colorado Boulder

11:15 – 11:27 a.m. **The Effect of YOCAS® Yoga on Fatigue and Quality of Life in older (60+) Cancer Survivors**  
Topic Area: Physical Activity  
Open Science:   
Instructional Level: Beginner/Intermediate  
Presenter: Evelyn Arana-Chicas, DrPH, University of Rochester Medical Center

11:27 – 11:39 a.m. **The Long-Term Benefits of Single 2-Hour Session of Mindfulness Oriented Recovery Enhancement (MORE): Less is MORE?**  
Topic Area: Pain  
Open Science:   
Instructional Level: Intermediate  
Presenter: Adam Hanley, PhD, University of Utah

11:39 – 11:50 a.m. **Yoga for Children and Adolescents Affected by Cancer and Blood Disease: The Yoga Instructors' Perspective**  
Topic Area: Physical Activity  
Instructional Level: Intermediate  
Presenter: Kelsey Ellis, MSc, BSc, University of Toronto/University of Calgary

# Daily Schedule • Friday, April 28


11 – 11:50 a.m. **Paper Session 25: Cancer and Social Support**

Room: *Maryvale B*

Chair: Carol Ochoa, PhD, MPH, University of California San Diego

11:02 – 11:14 a.m. **An Enhanced Patient Navigation Program Reduces Unmet Supportive Care Needs in Hispanic Women Cancer Survivors: Results of an RCT**

Topic Area: Cancer

Open Science: 

Instructional Level: Beginner/Intermediate

Presenter: Blanca Noriega Esquivas, MD, PhD, University of Miami, Sylvester Comprehensive Cancer Center

11:15 – 11:27 a.m. **Concordance of Expected and Perceived Social Support among Cancer Survivors and their Care Partners During COVID-19 Pandemic**

Topic Area: Cancer

Instructional Level: Intermediate

Presenter: Kristin Cloyes, PhD, MN, RN, Oregon Health & Science University

11:27 – 11:39 a.m. **Couples Coping with Cancer: Associations between Communication Profiles and Trajectories of Psychosocial Adjustment**

Topic Area: Cancer

Instructional Level: Beginner

Presenter: Karena Leo, PhD, Duke University

11:39 – 11:50 a.m. **Perceived Illness Consequences and Psychological Distress in Cancer Survivors: The Moderating Role of Social Support**

Topic Area: Cancer

Instructional Level: Intermediate/Advanced

Presenter: Caroline Salafia, MA, University of Connecticut

## Midday Events

11 – 11:50 a.m. **2022-23 Monica Baskin Diversity Institute for Emerging Leaders Forum**

Room: *Maryvale A*

12 – 12:50 p.m. **(Pre-Registration Only) Making Connections: Lunch with SBM Leadership for Attendees from Underrepresented Backgrounds (Sponsored by WW International)**

Rooms: *Alhambra, and North Mountain*

# Daily Schedule • Friday, April 28

## Papers

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### 1 – 1:50 p.m. **Paper Session 26: Obesity**


Room: *Encanto A*

Chair: Tiffany Carson, PhD, MPH, FSBM, Moffitt Cancer Center

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### 1:02 – 1:14 p.m. **Lifestyle Intervention for Emerging Adults: Effects by Race and Gender in the REACH Trial**

Topic Area: Obesity

Open Science: 


Instructional Level: Beginner/Intermediate

Presenter: Jessica LaRose, PhD, FSBM, Virginia Commonwealth University School of Medicine

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### 1:15 – 1:27 p.m. **Outcomes of a 2-Year Pragmatic Effectiveness-Implementation Hybrid Trial Testing Online Obesity Treatment in Primary Care**

Topic Area: Obesity

Open Science: 


Instructional Level: Intermediate

Presenter: Graham Thomas, PhD, Brown University & The Miriam Hospital

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### 1:27 – 1:39 p.m. **The Importance of Self-weighing to Avoid Post-Cessation Weight Gain: A Secondary Analysis of the Fit & Quit Trial**

Topic Area: Obesity

Open Science: 


Instructional Level: Intermediate

Presenter: Rebecca Krukowski, PhD, FSBM, University of Virginia, School of Medicine

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### 1:39 – 1:50 p.m. **The Interactive Effects of Sleep and Weight in Predicting Adolescent Executive Functioning**

Topic Area: Obesity

Open Science: 

Instructional Level: Beginner/Intermediate

Presenter: Lindsay Stager, MA, The University of Alabama at Birmingham

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### 1 – 1:50 p.m. **Paper Session 27: Sexual and Gender Minority Health**

Room: *Encanto B*

Chair: Cesar Esobar-Viera, PhD, MD, MPH, University of Pittsburgh

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### 1:02 – 1:14 p.m. **“I was Thinking about My Voice Quite a Lot”: Voice and Perceived Control in Transgender and Gender Diverse Adults**

Topic Area: Health of Marginalized Populations

Instructional Level: Beginner/Intermediate

Presenter: G. Nic Rider, PhD, National Center for Gender Spectrum Health, Institute for Sexual and Gender Health, Department of Family Medicine and Community Health, University of Minnesota Medical School

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# Daily Schedule • Friday, April 28




1:15 – 1:27 p.m.	<b>Acceptability of a Culturally Tailored Online Behavioral Weight Management Program for Sexual Minority Women</b> Topic Area: Obesity Open Science:   Instructional Level: Beginner/Intermediate Presenter: Emily Panza, PhD, Brown University & The Miriam Hospital
1:27 – 1:39 p.m.	<b>Interrupted Digital Intimacies among TGD Youth in the Early U.S. COVID-19 Pandemic: Mixed-Methods Latent Profile Analyses</b> Topic Area: Health of Marginalized Populations Open Science:  Instructional Level: Intermediate Presenter: Simone Skeen, MA, School of Public Health and Tropical Medicine, Tulane University
1:39 – 1:50 p.m.	<b>Intersecting Internalized Stigma, Medical Mistrust, and Anticipated Healthcare Stigma among Black Sexual Minority Men</b> Topic Area: Health of Marginalized Populations Open Science:  Instructional Level: Beginner/Intermediate Presenter: Raymond Moody, PhD, Columbia University
1 – 1:50 p.m.	<b>Paper Session 28: Maternal Mental and Physical Health</b> Room: <i>Phoenix Ballroom A</i> Chair: Jennifer Huberty, PhD, FSBM, Fit Minded LLC
1:02 – 1:14 p.m.	<b>Body Dissatisfaction's Association with Excess Gestational Weight Gain</b> Topic Area: Women's Health Instructional Level: Beginner Presenter: Cassidy Sandoval, MA, Virginia Consortium Program in Clinical Psychology
1:15 – 1:27 p.m.	<b>Cortisol, Early Pregnancy Sleep Duration, and Gestational Weight Gain in Low-Income Hispanic Pregnant Individuals</b> Topic Area: Women's Health Instructional Level: Intermediate Presenter: Christine Naya, MPH, University of Southern California
1:27 – 1:39 p.m.	<b>The Women's Health SIG Presents: Engagement in a Behavioral Activation Gaming App among Pregnant Women with Depression</b> Topic Area: Digital Health Instructional Level: Beginner Presenter: Rachel Vanderkruik, PhD, MSc, Massachusetts General Hospital

## Daily Schedule • Friday, April 28

1:39 – 1:50 p.m.

### **Randomized Trial of a Group Telehealth Intervention to Reduce Perinatal Depressive Symptoms**

Topic Area: Mental Health

Open Science:   

Instructional Level: Intermediate

Presenter: Gwen Latendresse, PHD, University of Utah

1 – 1:50 p.m.

### **Paper Session 29: Cancer Survivors**


Room: *Paradise Valley*

Chair: Diane Ehlers, PhD, Mayo Clinic

1:02 – 1:14 p.m.

### **Associations between Accelerometry-Derived Physical Activity, Sedentary Behavior, and Mortality in NHANES Cancer Survivors**

Topic Area: Cancer

Open Science: 


Instructional Level: Intermediate

Presenter: Elizabeth Salerno, PhD, MPH, Washington University School of Medicine in St. Louis

1:15 – 1:27 p.m.

### **Building a Theory-Based Intervention to Increase Communication About Inherited Cancer Risk among Ovarian Cancer Families**

Topic Area: Cancer

Open Science: 





Instructional Level: Beginner/Intermediate

Presenter: Jingsong Zhao, MPH, Emory University

1:27 – 1:39 p.m.

### **How are Interventions Targeting Post-Traumatic Growth and Post-Traumatic Stress in Cancer Survivors?**

Topic Area: Cancer

Open Science:    



Instructional Level: Beginner/Intermediate

Presenter: Jessica Capaldi, MA, Cedars-Sinai Medical Center

1:39 – 1:50 p.m.

### **The Cancer SIG Presents: Mediators of Physical Activity Maintenance among Breast Cancer Survivors**

Topic Area: Cancer

Open Science:  

Instructional Level: Beginner/Intermediate

Presenter: Bernardine Pinto, PhD, FSBM, University of South Carolina

# Daily Schedule • Friday, April 28

1–1:50 p.m.

## Paper Session 30: Methods and Measurement


Room: *Maryvale A*

Chair: Charles Jonassaint, PhD, MHS, University of Pittsburgh

1:02 – 1:14 p.m.

### Design of Experiments with Sequential Randomizations at Multiple Time Scales: The Hybrid Experimental Design

Topic Area: Methods and Measurements

Open Science: 

Instructional Level: Beginner

Presenter: Inbal Nahum-Shani, PhD, University of Michigan

1:27 – 1:39 p.m.

### Exploring Implementation Strategies for Improving Hypertension Screening in HIV Care: An Agent-Based Model

Topic Area: Dissemination and Implementation

Instructional Level: Intermediate

Presenter: Karla Galaviz, Indiana University School of Public Health  
Bloomington

1:39 – 1:50 p.m.

### Time-Varying Model of Engagement with Digital Self-Reporting

Topic Area: Digital Health

Instructional Level: Intermediate/Advanced

Presenter: Michael Sobolev, PhD, Cedars-Sinai Medical Center

1–1:50 p.m.

## Paper Session 31: Substance Use


Room: *Maryvale B*

Chair: Ashley West, PhD, Lirio, LLC

1:02 – 1:14 p.m.

### Families Face Stigma Too: Courtesy and Vicarious Stigma in Family Members of Individuals with Substance Use Disorder

Topic Area: Child and Family Health

Open Science: 

Instructional Level: Beginner

Presenter: Övgü Kaynak, PhD, Penn State Harrisburg

1:15 – 1:27 p.m.

### Identifying a Model of Bystander Intervention for Problematic Alcohol Use among College Students

Topic Area: Substance Abuse


Instructional Level: Intermediate

Presenter: Annelise Mennicke, PhD, University of North Carolina at  
Charlotte

1:27 – 1:39 p.m.

### Life Unites Us: A Collaborative Digital Campaign to Address Opioid Use Disorder Stigma

Topic Area: Substance Abuse

Open Science: 



Instructional Level: Beginner

Presenter: Övgü Kaynak, PhD, Penn State Harrisburg

## Daily Schedule • Friday, April 28

1:39 – 1:50 p.m. **Self-Relevant Appeals to Engage in Self-Monitoring of Alcohol Use: A Microrandomized Trial**

Topic Area: Digital Health

Open Science:  

Instructional Level: Intermediate

Presenter: Stephanie Carpenter, PhD, University of Wisconsin - Madison

1 – 1:50 p.m. **Paper Session 32: COVID-19**

Room: *Camelback A*

Chair: Martin Hagger, PhD, University of California, Merced

1:02 – 1:14 p.m. **An Integrated Mixed-Methods Study Exploring COVID-19 Risk Perceptions among High-Risk Rural Adults with Multimorbidity**



Topic Area: Health Communication and Policy

Instructional Level: Intermediate

Presenter: Brenna Kirk, MPH, West Virginia University School of Public Health

1:15 – 1:27 p.m. **Increasing Physical Activity among Adults Affected by COVID-19 Restrictions: A Feasibility Trial of an Online Intervention**

Topic Area: Digital Health

Open Science:  

Instructional Level: Beginner/Intermediate

Presenter: Wuyou Sui, PhD, University of Victoria

1:27 – 1:39 p.m. **Partnering with Social Media Influencers to Increase Acceptance of the COVID-19 Vaccine for Children**

Topic Area: Digital Health

Instructional Level: Intermediate

Presenter: Amy Leader, DrPH, MPH, Thomas Jefferson University

1:39 – 1:50 p.m. **Treatment Intention for COVID-19: The Effect of Combining Messages about Monoclonal Antibodies and Vaccines**

Topic Area: Health Communication and Policy

Instructional Level: Intermediate

Presenter: Mika Hamer, PhD, MPH, University of Colorado



## Daily Schedule • Friday, April 28

1 – 1:50 p.m.

### Paper Session 33: Tobacco Use and Control among Children and Adults


Room: *Laveen A&B*

Chair: Jessica Rath, PhD, MPH, CHES, Truth Initiative

1:02 – 1:14 p.m.

### Eliminating Children's Tobacco Smoke Exposure Increases Likelihood of Maternal Smokers' Bioverified Abstinence

Topic Area: Tobacco Control and Nicotine-Related Behavior

Open Science: 


Instructional Level: Intermediate/Advanced

Presenter: Bradley Collins, PhD, FSBM, Temple University, College of Public Health

1:15 – 1:27 p.m.

### Reducing Child Tobacco Smoke Exposure by Increasing Smoking Urge Coping Skills and Protective Behaviors in Mothers Who Smoke

Topic Area: Tobacco Control and Nicotine-Related Behavior

Open Science: 

Instructional Level: Beginner/Intermediate

Presenter: Stephen Lepore, PhD, FSBM, Temple University, College of Public Health

1:27 – 1:39 p.m.

### Using a Healthcare Systems-Level Intervention in Pediatric Primary Care to Prevent Adolescent Tobacco Product Use

Topic Area: Tobacco Control and Nicotine-Related Behavior

Instructional Level: Intermediate

Presenter: Marcelo Sleiman, BS, Georgetown University

1:39 – 1:50 p.m.

### What are the Perceived Benefits and Costs of Vaping Tobacco among Sexual and Gender Minority (SGM) Adolescents?

Topic Area: Tobacco Control and Nicotine-Related Behavior

Instructional Level: Beginner/Intermediate

Presenter: Kathryn Pluta, PhD, University of Florida

1 – 1:50 p.m.

### Paper Session 34: Sleep

Room: *Phoenix Ballroom B*

Chair: Ivan Wu, PhD, The University of Texas MD Anderson Cancer Center

1:02 – 1:14 p.m.

### Associations of Sleep Quality, Stress, Depression, Sleepiness, and Fatigue in Blind People

Topic Area: Health of Marginalized Populations

Instructional Level: Beginner

Presenter: Soyoung Choi, PhD, RN, University of Illinois at Urbana-Champaign

## Daily Schedule • Friday, April 28

- 1:15 – 1:27 p.m.      **Examining Moderators of Digital Interventions for Sleep Improvement**  
Topic Area: Digital Health  
Open Science:    
Instructional Level: Intermediate/Advanced  
Presenter: Amber Carmen Arroyo, PhD, University of California, Merced
- 
- 1:27 – 1:39 p.m.      **Sleep Improves Over 5 Years of Very Low Carbohydrate Nutrition Therapy for Type 2 Diabetes Delivered by Continuous Remote Care**  
Topic Area: Diabetes  
Open Science:   
Instructional Level: Intermediate  
Presenter: Rebecca Adams, PhD, Virta Health
- 
- 1:39 – 1:50 p.m.      **The Mean Level, Between-Person Differences, and Within-Person Variability of Older Adults' Daily Sleep Quality and Duration**  
Topic Area: Sleep  
Instructional Level: Beginner/Intermediate  
Presenter: Chih-Hsiang Yang, PhD, University of South Carolina
- 
- 1 – 1:50 p.m.      **Paper Session 35: Military and Family Health**  
Room: *Camelback B*  
Chair: David Goodrich, EdD, MA, MS, Center for Health Equity Research & Promotion, VA Pittsburgh HCS
- 
- 1:02 – 1:14 p.m.      **Baseline Assessment of the Sleep Quality of U.S. Air Force Trainees**  
Topic Area: Sleep  
Instructional Level: Intermediate  
Presenter: Jordan Ellis, PhD, Wilford Hall Ambulatory Surgical Center
- 
- 1:15 – 1:27 p.m.      **The Military and Veterans' Health SIG Presents: Development of Text Messages for the Prevention of Hazardous Drinking in a Military Population**  
Topic Area: Digital Health  
Instructional Level: Intermediate  
Presenter: Chase Aycock, PsyD, Air Force
- 
- 1:27 – 1:39 p.m.      **Examining Behavioral Activity Patterns among Veterans with Chronic Pain: Implications for Tailoring Treatment**  
Topic Area: Pain  
Instructional Level: Beginner/Intermediate  
Presenter: Brett Ankawi, PhD, VA Connecticut
- 
- 1:39 – 1:50 p.m.      **Relational Demand in the Chronic Pain Experience of Women Veterans: A Mixed Methods Analysis**  
Topic Area: Pain  
Instructional Level: Intermediate  
Presenter: Mary Driscoll, PhD, VA Connecticut Healthcare System

# Daily Schedule • Friday, April 28

1 – 1:50 p.m. **Paper Session 36: Education, Training, and Career Development**

Room: *Ahwatukee A&B*

Chair: Scherezade Mama, DrPH, The University of Texas MD Anderson Cancer Center

1:02 – 1:14 p.m. **“We Can Do This”: Benefits of a Collaborative for Campus Peer Support**



Topic Area: Mental Health

Instructional Level: Intermediate

Presenter: Edwin Fisher, PhD, FSBM, University of North Carolina at Chapel Hill

1:15 – 1:27 p.m. **Training in Ethical, Legal and Social Implications (ELSI) of Digital Health: A Needs Assessment among Researchers At All Levels**

Topic Area: Education, Training and Career Development

Open Science:  

Instructional Level: Beginner

Presenter: Stephanie Goldstein, PhD, The Miriam Hospital/Alpert Medical School of Brown University

1:27 – 1:39 p.m. **Translating Research to Encourage More Women and Members of Underrepresented Minorities to Apply to Competitive NIH Grants**

Topic Area: Education, Training and Career Development

Instructional Level: Beginner/Intermediate

Presenter: Miriam Eisenberg Colman, PhD, Fors Marsh Group

1:39 – 1:50 p.m. **Video-Based Communication Assessment for Weight Management Counseling Training: A Mixed Methods Study**

Topic Area: Integrated Primary Care

Instructional Level: Beginner/Intermediate

Presenter: Jamie Faro, PhD, University of Massachusetts Chan Medical School

1 – 1:50 p.m. **Paper Session 37: Parent Behaviors and Child Outcomes**

Room: *Estrella*

Chair: Machele Anderson, PhD, Arizona State University

1:02 – 1:14 p.m. **Barriers to Optimal Child Sleep among Families with Low-Income – A Mixed-Methods Study to Inform Intervention Development**

Topic Area: Sleep

Instructional Level: Beginner/Intermediate

Presenter: Elizabeth Adams, PhD, University of South Carolina

1:15 – 1:27 p.m. **Dinner Planning and Preparation Considerations of Parents with Children Attending Childcare**

Topic Area: Child and Family Health

Instructional Level: Beginner/Intermediate

Presenter: Alicia Dahl, PhD, MS, UNC Charlotte

## Daily Schedule • Friday, April 28

1:27 – 1:39 p.m.

### **The Effects of a Music Enrichment Program on Parent-Infant Interactions and Child Weight Gain: A Randomized Controlled Trial**

Topic Area: Child and Family Health


Instructional Level: Intermediate

Presenter: Kai Ling Kong, PhD, Children's Mercy Hospital Kansas City

1:39 – 1:50 p.m.

### **The Exploration of Two Self-Efficacy Oral Health Measures on Oral Health Behaviors among Underserved Parents of Young Children**

Topic Area: Child and Family Health

Open Science: 

Instructional Level: Intermediate

Presenter: Derek Hevel, PhD, Boston University

## Master Lectures

2 – 2:50 p.m.

### **Distinguished Scientist Award Winner Master Lecture: Exercise Is Medicine in Oncology: Implementing based on Solid Evidence**

Room: *Phoenix Ballroom A*

Topic Area: Cancer

Instructional Level: Intermediate/Advanced

Presenter: Kathryn Schmitz, PhD, MPH, FACS, Penn State College of Medicine

Moderator: Shawna Doerksen, PhD, Penn State College of Medicine

*Continuing education credit is available for this session.*

2 – 2:50 p.m.

### **Master Lecture: Community-Engaged Research to Reduce Health Disparities among Latino Families Living in US-MX Border Regions**

Room: *Encanto A*

Topic Area: Health of Marginalized Populations

Instructional Level: Beginner/Intermediate

Presenter: Deborah Parra-Medina, PhD, The University of Texas at Austin

Moderator: Kelly Palmer, PhD, MHS, University of Arizona College of Public Health

*Continuing education credit is available for this session.*

## Panel Discussions

2 – 2:50 p.m.

### **Panel 12: Advancing Health Equity by Design: Innovative Approaches for Engaging Underrepresented Populations in Health Research**

Room: *Encanto B*

Topic Area: Health of Marginalized Populations

Instructional Level: Intermediate

Chair: Amelia Knopf, PhD, MPH, RN, FAAN, Indiana University

Co-Presenters: Kathryn Macapagal, PhD, Northwestern University; Laura Bothwell, PhD, MA, Yale School of Public Health; Susan Schaeffer, BFA, The Patients' Academy for Research Advocacy; and Jonathan Jackson, PhD, Massachusetts General Hospital

*Continuing education credit is available for this session.*

## Daily Schedule • Friday, April 28

2 – 2:50 p.m.

### **Panel 13: The Climate Change and Health SIG-in-Formation Presents: Dual-Purpose Interventions for Health and Climate Change**

Room: *Paradise Valley*

Topic Area: Climate Change

Instructional Level: Intermediate

Chair: Sydney O'Connor, PhD, NCI

Co-Presenters: Kimberly Kelly, MS, PhD, MS, FSBM, West Virginia University; Veronica Irvin, PhD, MPH, Oregon State University; Jean Bikomeye, MPH, Medical College of Wisconsin; and Maricarmen Vizcaino, PhD, Arizona State University

*Continuing education credit is available for this session.*

2 – 2:50 p.m.

### **Panel 14: The Behavioral Informatics and Technology SIG Presents: Emerging Concepts of Meaningful Engagement in Digital Health Apps**

Room: *Phoenix Ballroom B*

Topic Area: Digital Health

Instructional Level: Beginner/Intermediate

Chair: Jennifer Huberty, PhD, FSBM, Fit Minded LLC

Co-Presenters: Emil Chiauzzi, PhD, Woebot Health; Olga Perski, PhD, University College London; Lea Martin, PhD, Ochsner Health; and Chad Stecher, PhD, Arizona State University

*Continuing education credit is available for this session.*

2 – 2:50 p.m.

### **Presidential Panel: Panel 15: Engaging Community Partners in Behavioral Medicine Research for Health Equity**

Room: *Ahwatukee A&B*

Topic Area: Community Engagement

Instructional Level: Beginner/Intermediate

Chair: Lisa Rosas, PhD, MPH, Stanford University

Co-Presenters: David Garcia, PhD, University of Arizona; Prajakta Adsul, MBBS, MPH, PhD, University of New Mexico; Lorena Verdugo, BAS, El Rio Health; and Zane Stephens, Transgender Resource Center of New Mexico


*Continuing education credit is available for this session.*

2 – 2:50 p.m.

### **Panel 16: Gamification for the Win? The What, Why, How, and Future of Gamifying Physical Activity Promotion in the Digital Age**

Room: *Deer Valley*

Topic Area: Physical Activity

Open Science: 

Instructional Level: Beginner/Intermediate

Chair: Courtney Monroe, PhD, University of South Carolina

Co-Presenters: Courtney Monroe, PhD, University of South Carolina; Arlen Moller, PhD, Illinois Institute of Technology; Amanda Staiano, PhD, FSBM, LSU's Pennington Biomedical Research Center; and Caio Sousa, PhD, Loyola Marymount University

*Continuing education credit is available for this session.*

## Daily Schedule • Friday, April 28

2 – 2:50 p.m.

### **Panel 17: The Population Health Sciences SIG Presents: Mapping Your Health Data: Examples of Geographical Information Systems for Behavioral Medicine**

Room: *Maryvale A*

Topic Area: Methods and Measurements

Instructional Level: Beginner/Intermediate

Chair: Matthew Martin, PhD, Arizona State University

Co-Presenters: Daoqin Tong, PhD, Arizona State University; Sydney Miller, BS, PhDc, University of Southern California; and Candyce Kroenke, ScD, MPH, FSBM, Kaiser Permanente Northern California

*Continuing education credit is available for this session.*

2 – 2:50 p.m.

### **Panel 18: The Cancer SIG, American Cancer Society, and American Institute for Cancer Research Present: Meet the Funders: Funding Opportunities for Translating Behavioral Medicine Evidence into Impact**

Room: *Laveen A&B*

Topic Area: Cancer

Instructional Level: Beginner

Chair: Bernardine Pinto, PhD, FSBM, University of South Carolina

Co-Presenters: Kisha Coa, MPH, PhD, PCORI; Nigel Brockton, PhD, American Institute for Cancer Research; Elvan Daniels, MD, MPH, American Cancer Society; and Sandra Mitchell, PhD, CRNP, FAAN, National Cancer Institute

*Continuing education credit is available for this session.*

2 – 2:50 p.m.

### **Panel 19: The Health Equity and Aging SIGs Present: Latinos' Engagement in Behavioral Medicine Trials: Fostering Success**

Room: *Estrella*

Topic Area: Community Engagement

Instructional Level: Beginner

Chair: Maria Quiñones-Cordero, PhD, URM School of Nursing

Co-Presenters: Kathi Heffner, PhD, University of Rochester Medical Center; David Marquez, PhD, FSBM, University of Illinois at Chicago; Ulf Bronas, PhD, ATC, FSVM, FAHA, University of Illinois Chicago; and Larkin Strong, PhD, MPH, University of Texas MD Anderson Cancer Center

*Continuing education credit is available for this session.*

2 – 2:50 p.m.

### **Panel 20: The Advocacy Council and Child and Family Health SIG Present: Perspectives from SBM Nutrition Ambassadors on Science Communication to Advance Nutrition Equity Policies and Practices**

Room: *Camelback B*

Topic Area: Diet, Nutrition, and Eating Disorders

Instructional Level: Beginner

Co-Presenters: Elizabeth Adams, PhD, University of South Carolina; Melanie Bean, PhD, Virginia Commonwealth University; Sara St. George, PhD, University of Miami; and Roger Figueroa, PhD, MPH, MSc, Cornell University

*Continuing education credit is available for this session.*

## Daily Schedule • Friday, April 28

2 – 2:50 p.m.

### **Panel 21: Practical and Ethical Considerations for Conducting “Sensitive” Health Research with Adolescents in Diverse Settings**

Room: *Maryvale B*

Topic Area: Child and Family Health

Instructional Level: Beginner

Chair: Kimberly Nelson, PhD, MPH, Boston University School of Public Health

Co-Presenters: Jacquelyn Chin, MA, University of California, Santa Barbara; Emily Dauria, PhD, MPH, University of Pittsburgh, School of Public Health; Eric Layland, PhD, University of Delaware; and Nicholas Perry, PhD, University of Denver

*Continuing education credit is available for this session.*

2 – 2:50 p.m.

### **Panel 22: The Integrated Primary Care and Military and Veterans’ Health SIGs Present: Shifting the Narrative: Addressing Healthcare Provider Burnout and Systems-Level Approaches for Prevention and Recovery**

Room: *Camelback A*

Topic Area: Quality of Life

Instructional Level: Beginner/Intermediate

Chair: Matthew Henninger, EdM, University at Buffalo, The State University of New York

Co-Presenters: Matthew Henninger, EdM, University at Buffalo, The State University of New York; Katherine Hoerster, PhD, MPH, VA Puget Sound Healthcare System; Changiz Mohiyeddini, PhD, Oakland University William Beaumont School of Medicine; Rebecca Sripada, PhD, University of Michigan; and Linda Takamine, PhD, Center for Clinical Management Research, VA Ann Arbor Healthcare System, Ann Arbor, MI

*Continuing education credit is available for this session.*

## Networking Sessions

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3 – 3:50 p.m.

### **(Pre-Registration Only) The Professional Advancement Council Presents: Meet the Fellows**

Rooms: *Alhambra and North Mountain*

Topic Area: Education, Training, and Career Development

Moderators: Valerie Myers, PhD, FSBM, Glooko, Inc.; and Morgan Lee, PhD, MPH, Pharmaceutical Strategies Group

3 – 3:50 p.m.

### **Climate Change and Health SIG-in-Formation Networking Session**

Room: *Estrella*

Topic Area: Social and Environmental Context and Health

Presenters: Kara Hall, PHD, National Cancer Institute; Sydney O’Connor, PhD, NCI; Brooke Bell, PhD, Yale University; and Callie Kalny, MA, School of Communication, Northwestern University

Moderator: Michael Diefenbach, PhD, FSBM, Northwell Health

3 – 3:50 p.m.

### **Diabetes SIG Business Meeting and Networking Session**

Room: *Camelback A*

Topic Area: Diabetes

Presenters: Caroline Presley, MD, University of Alabama; Caroline Cummings, PhD, Texas Tech University; and Allyson Hughes, PhD, Ohio University

Moderator: Caroline Presley, MD, University of Alabama

## Daily Schedule • Friday, April 28

3 – 3:50 p.m. **The Military and Veterans' Health SIG Presents: Military and Veterans' Health Psychology Internship/Fellowship Meet and Greet**

Room: *Laveen A&B*

Topic Area: Military and Veterans' Health

Presenters: Jordan Ellis, PhD, Wilford Hall Ambulatory Surgical Center; Aliye Cepni, PhD Candidate, University of Houston; Kathryn Pluta, PhD, University of Florida; Julie Gass, PhD, Center for Integrated Healthcare; and Chase Aycock, PsyD, Air Force

Moderator: Jordan Ellis, PhD, Wilford Hall Ambulatory Surgical Center

3 – 3:50 p.m. **Optimization of Behavioral and Biobehavioral Interventions SIG Networking Session**

Room: *Paradise Valley*

Topic Area: Methods and Measurement

Presenters: Siobhan Phillips, PhD, MPH, Northwestern University Feinberg School of Medicine; Kate Guastaferro, PhD, MPH, New York University; Karey O'hara, PhD; Rachel Wells, PhD, MSN, RN, CNL, University of Alabama at Birmingham; and Yohansa Fernandez, PhD, LMSW

Moderator: Heather Wasser, PhD, MPH, RD, University of North Carolina at Chapel Hill

3 – 3:50 p.m. **Palliative Care SIG Networking Meeting**

Room: *Maryvale A*

Topic Area: Education, Training and Career Development

Presenter: Laura Porter, PhD, Department of Psychiatry and Behavioral Sciences, Duke University School of Medicine

Moderator: Katherine Ramos, PhD, Duke University

3 – 3:50 p.m. **The Population Health Sciences SIG Presents: Population Health Science Is for All Networking Session**

Room: *Camelback B*

Topic Area: Quality of Life

Presenters: Jessica Gorzelitz, PhD, MS, University of Iowa; and Richard Moser, PhD, FSBM, National Cancer Institute

Moderators: Jessica Gorzelitz, PhD, MS, University of Iowa; and Richard Moser, PhD, FSBM, National Cancer Institute

3 – 3:50 p.m. **Women's Health SIG Annual Networking Session**

Room: *Deer Valley*

Topic Area: Women's Health

Presenters: Jodie Lisenbee, MA, BS, CD(DONA), University of North Carolina at Charlotte; and Rachel Vanderkruik, PhD, MSc, Massachusetts General Hospital

Moderators: Rizwana Biviji, PhD, MS, Arizona State University; and Molly Waring, PhD, University of Connecticut



# Daily Schedule • Friday, April 28

3 – 3:50 p.m.

## Sleep SIG Social Hour

Room: *Maryvale B*

Topic Area: Sleep

**Presenters:** Diana Chirinos, PhD, Northwestern University Feinberg School of Medicine; Jessica Dietch, PhD, Oregon State University; Sarah Burkart, PhD, University of South Carolina; and Julia Russell, University of Kansas

**Moderators:** Diana Chirinos, PhD, Northwestern University Feinberg School of Medicine; Jessica Dietch, PhD, Oregon State University; Sarah Burkart, PhD, University of South Carolina; and Julia Russell, University of Kansas

## Live Research Spotlights

3 – 3:50 p.m.

### Live Research Spotlight 6: Health of Marginalized Populations

Room: *Encanto A*

Chair: Olayinka Shiyabola, PhD, BPharm, University of Wisconsin-Madison

3:02 – 3:08 p.m.

#### A Chatbot Intervention to Reduce Perceived Social Isolation among Rural-Living LGBTQ+ Youth: Proof of Concept Study

Topic Area: Digital Health


Instructional Level: Beginner/Intermediate

Presenter: César Escobar-Viera, PhD, MD, University of Pittsburgh

3:08 – 3:14 p.m.

#### A Comprehensive Behavioral Weight Loss Intervention vs an Intermittent Fasting Intervention on Weight Loss in Black Adults

Topic Area: Obesity

Open Science: 



Instructional Level: Beginner

Presenter: Karen Yeary, PhD, Roswell Park Comprehensive Cancer Center

3:14 – 3:20 p.m.

#### The Integrated Health and Spirituality SIG Presents: A Systematic Review of Cultural Adaptations of Mindfulness-Based Programs

Topic Area: Integrative Health and Spirituality

Open Science:  



Instructional Level: Beginner/Intermediate

Presenter: Roman Palitsky, MDiv, PhD, Emory University School of Medicine

3:20 – 3:26 p.m.

#### Crowdfunding Cancer Costs Online and LGBTQ+ Equity

Topic Area: Cancer

Open Science:  

Instructional Level: Beginner/Intermediate

Presenter: Echo Warner, PhD, MPH, University of Utah; and Huntsman Cancer Institute

## Daily Schedule • Friday, April 28

- 3:26 – 3:32 p.m. **Engaging Sexual and Gender Minority College Students to Address Alcohol-Related Inequities through Complex Systems Science**  
Topic Area: Community Engagement  
Instructional Level: Beginner  
Presenter: Michelle Dougherty, MPH, University of Pittsburgh School of Public Health
- 3:32 – 3:38 p.m. **Equity in Digital Mental Health Services: Race and Ethnic Comparisons of Engagement and Effectiveness**  
Topic Area: Digital Health  
Instructional Level: Beginner/Intermediate  
Presenter: Sara Sagui-Henson, PhD, Modern Health
- 3:38 – 3:44 p.m. **The Child and Family Health SIG Presents: Join the Wave: Partnering with a Community Advisory Board to Enhance Hydration in a Central Virginia School District**  
Topic Area: Community Engagement  
Instructional Level: Beginner/Intermediate  
Presenter: Danyel Smith, MS, Virginia Commonwealth University
- 3:44 – 3:50 p.m. **Weight Discrimination and Health Risk Behavior in Racial, Ethnic, and Sexual Minority Adults**  
Topic Area: Obesity  
Open Science:   
Instructional Level: Beginner  
Presenter: Mary Gerend, PhD, Florida State University College of Medicine
- 3 – 3:50 p.m. **Live Research Spotlight 7: Diet, Nutrition, and Disordered Eating**  
Room: *Encanto B*  
Chair: Michelle Cardel, PhD, MS, RD, WW International, Inc., and University of Florida
- 3:02 – 3:08 p.m. **A Randomized Trial Examining the Effect of Yoga on Dietary Lapses Following Behavioral Weight Loss Treatment**  
Topic Area: Obesity  
Open Science:   
Instructional Level: Intermediate  
Presenter: Jessica Unick, PhD, The Miriam Hospital & Brown University
- 3:08 – 3:14 p.m. **Comparing Time-Restricted Eating vs a Whole Food Plant-Based Diet for Metabolic Syndrome: Results from NHANES 2013-2018**  
Topic Area: Diet, Nutrition, and Eating Disorders  
Open Science:   
Instructional Level: Intermediate  
Presenter: Christine Jovanovic, MPH, PhD, University of Illinois Chicago

# Daily Schedule • Friday, April 28

- 3:14 – 3:20 p.m. **Do Top Chain Restaurants Make Calorie Information Available and Accessible on their Websites?**  
Topic Area: Health Communication and Policy  
Open Science:    
Instructional Level: Beginner/Intermediate  
Presenter: Michele Patel, PhD, Stanford University
- 
- 3:20 – 3:26 p.m. **Nudging Consumers towards Healthier Food Choices Using Restaurant Menu Icons: A Randomized Controlled Trial**  
Topic Area: Decision Making  
Instructional Level: Beginner/Intermediate  
Presenter: Kelly Cosgrove, MS, Arizona State University
- 
- 3:32 – 3:38 p.m. **Preliminary Results of a Pilot Mediterranean Ketogenic Nutrition Adherence Program for Older Adults at Risk for Dementia**  
Topic Area: Aging  
Open Science:   
Instructional Level: Intermediate  
Presenter: Julia Sheffler, PhD, Florida State University College of Medicine
- 
- 3:38 – 3:44 p.m. **Sociodemographic Predictors that Influence Completion of an Ecological Momentary Assessment Study in Adult Men Who Binge Eat**  
Topic Area: Diet, Nutrition, and Eating Disorders  
Instructional Level: Intermediate  
Presenter: Nanette Lopez, PhD, MS/MS, Northern Arizona University
- 
- 3:44 – 3:50 p.m. **The Intraday Relation between Physical Activity and Dietary Intake among Behavioral Weight Loss Participants**  
Topic Area: Obesity  
Instructional Level: Intermediate/Advanced  
Presenter: Rebecca Crochiere, PhD, Williams College
- 
- 3 – 3:50 p.m. **Live Research Spotlight 8: Cancer**  
Room: *Phoenix Ballroom A*  
Chair: Robert Ferguson, PhD, University of Pittsburgh
- 
- 3:02 – 3:08 p.m. **Cancer Fatalism and Health-Related Quality of Life in Hispanic American Adults**  
Topic Area: Health of Marginalized Populations  
Instructional Level: Intermediate/Advanced  
Presenter: Megan Korhummel, AA-T, San Diego State University

## Daily Schedule • Friday, April 28

- 3:08 – 3:14 p.m. **Depression, Anxiety, Health Behaviors and the Incidence of Cancer: A Summary of Meta-analyses by the PSY-CA consortium**  
Topic Area: Cancer  
Open Science:    
Instructional Level: Intermediate/Advanced  
Presenter: Joost Dekker, PhD, FSBM, Amsterdam University Medical Centers
- 
- 3:14 – 3:20 p.m. **Feasibility of a Web-Based Mantram Repetition Intervention to Promote Well-being in Women with Breast Cancer**  
Topic Area: Integrative Health and Spirituality  
Instructional Level: Beginner/Intermediate  
Presenter: Jennifer Hulett, PhD, APRN, FNP-BC, University of Missouri
- 
- 3:20 – 3:26 p.m. **Genetic Counseling and Testing among Black Men with Prostate Cancer**  
Topic Area: Cancer  
Instructional Level: Beginner/Intermediate  
Presenter: Jessica Rivera Rivera, PhD, MPH, Moffitt Cancer Center
- 
- 3:26 – 3:32 p.m. **The Palliative Care SIG Presents: Natural Language Use in Cancer Conversations and Attachment in Older Adult Couples**  
Topic Area: Cancer  
Instructional Level: Intermediate  
Presenter: Katherine Ramos, PhD, Duke University
- 
- 3:32 – 3:38 p.m. **Sexual Activity and Substance Use among Adolescents and Young Adults Receiving Cancer Therapy**  
Topic Area: Cancer  
Instructional Level: Beginner  
Presenter: Kaitlyn Fladeboe, PhD, University of Washington
- 
- 3:38 – 3:44 p.m. **Sexual Function and Satisfaction among AYAs with Cancer: An Examination of the Role of Age, Sex Assigned at Birth, and Partner Status**  
Topic Area: Cancer  
Instructional Level: Beginner/Intermediate  
Presenter: Caroline Dorfman, PhD, Duke University School of Medicine
- 
- 3:44 – 3:50 p.m. **The Forgotten Patient: Addressing Unmet Needs in Caregivers of Patients with Brain Tumors**  
Topic Area: Cancer  
Instructional Level: Intermediate  
Presenter: Kelcie Willis, MS, Virginia Commonwealth University

# Daily Schedule • Friday, April 28

3 – 3:50 p.m.

**Live Research Spotlight 9: Child and Family Health**


Room: *Phoenix Ballroom B*

Chair: Camille Schneider-Worthington, PhD, RDN, The University of Alabama at Birmingham

3:08 – 3:14 p.m.

**Examining the Bidirectional Associations between Screen Time, Sleep Duration, and Internalizing Symptoms in the ABCD Study**

Topic Area: Child and Family Health

Open Science: 

Instructional Level: Beginner/Intermediate

Presenter: Jennifer Zink, PhD, NCI

3:14 – 3:20 p.m.

**Exploring Interest in Game Technology for Healthcare Transition Education in Patients with Congenital Heart Disease**

Topic Area: Cardiovascular Disease

Instructional Level: Beginner

Presenter: Rebecca Delaney, PhD, University of Utah School of Medicine

3:20 – 3:26 p.m.

**From Focus Groups to Warning Labels: Translating Parents' Infant Sleep Attitudes to Improve Product Safety Information**

Topic Area: Health Communication and Policy

Instructional Level: Beginner/Intermediate

Presenter: Rachel Ingersoll, MPH, Fors Marsh Group

3:26 – 3:32 p.m.

**Micro-Temporal Dynamics of Preschoolers' Screen Use and Behavior Problems**

Topic Area: Child and Family Health


Instructional Level: Beginner/Intermediate

Presenter: Bridget Armstrong, PhD, University of South Carolina

3:32 – 3:38 p.m.

**Predictors of Engagement with a Parent-Targeted Text Message Intervention to Reduce Early Childhood Caries in At-Risk Children**

Topic Area: Child and Family Health

Open Science: 


Instructional Level: Intermediate/Advanced

Presenter: Romano Endrighi, PhD, MSc, Boston University

3:38 – 3:44 p.m.

**Sleep, Stress, and Childcare in New Parents: Changes During the First 8-Months**

Topic Area: Child and Family Health

Open Science: 

Instructional Level: Beginner

Presenter: Chelsea Kracht, PhD, Pennington Biomedical Research Center

## Daily Schedule • Friday, April 28


3 – 3:50 p.m. **Live Research Spotlight 10: Diabetes**

Room: *Ahwatukee A&B*

Chair: Debbe Thompson, PhD, USDA/ARS CNRC, Baylor College of Medicine

3:02 – 3:08 p.m. **“If You’re Getting on Me Like that, It’s Love”: Support among Black and White Individuals with Type 2 Diabetes**

Topic Area: Diabetes

Open Science: 

Instructional Level: Beginner

Presenter: Jeanean Naqvi, PhD, UC San Diego

3:08 – 3:14 p.m. **Are There Subtypes of Insulin Restriction among Individuals with Diabetes? A Systematic Review**

Topic Area: Diabetes

Instructional Level: Intermediate

Presenter: Aislinn Beam, MA, University of California, Merced

3:14 – 3:20 p.m. **Assessing the Experiences of Emerging Adults with Type 1 Diabetes in Rural Areas and Acceptability of 3 Behavioral Interventions**



Topic Area: Diabetes

Instructional Level: Beginner/Intermediate

Presenter: April Idalski Carcone, MSW, PhD, Wayne State University

3:20 – 3:26 p.m. **Emotional Distress, Self-Management, and Glycemic Control among GRADE Trial Participants with Early Type 2 Diabetes**

Topic Area: Diabetes


Open Science:  

Instructional Level: Intermediate

Presenter: Jeffrey S. Gonzalez, PhD, Albert Einstein College of Medicine

3:26 – 3:32 p.m. **Feasibility and Acceptability of an Integrated Tailored Adherence and Diabetes Self-Management Program for African Americans**

Topic Area: Diabetes


Open Science: 

Instructional Level: Intermediate

Presenter: Meng-Jung Wen, MS, BPharm, Division of Social and Administrative Sciences, School of Pharmacy, University of Wisconsin–Madison

3:32 – 3:38 p.m. **Goal Change and Social Support and Links to Goal Success for Young Adults Across the Pilot FAMS-T1D Intervention for Diabetes**

Topic Area: Diabetes

Open Science: 

Instructional Level: Beginner/Intermediate


Presenter: Cynthia Berg, PhD, FSBM, University of Utah

## Daily Schedule • Friday, April 28

3:38 – 3:44 p.m.

### Importance of Subjective SES and Neighborhood Disadvantage for Adolescents with Type 1 Diabetes

Topic Area: Diabetes

Open Science: 

Instructional Level: Intermediate

Presenter: Tayler Mackie, BS, TTUHSC Paul L. Foster School of Medicine

3:44 – 3:50 p.m.

### Time-Varying Psychosocial Predictors of Blood Glucose among Adolescents with Type 1 Diabetes: A DSEM Approach

Topic Area: Diabetes

Instructional Level: Beginner/Intermediate

Presenter: Fiona Horner, BA, Carnegie Mellon University

## Keynote

4 – 4:50 p.m.

### Keynote: Thinking Beyond Your Research: Translating Research Evidence for Policy and Decision-Making at All Stages of Your Career

Room: *Phoenix Ballroom CDE*

Topic Area: Diet, Nutrition, and Eating Disorders

Instructional Level: Beginner/Intermediate

Presenter: Jamie Chriqui, PhD, MHS, University of Illinois at Chicago

Moderator: Akilah Dulin, PhD, Brown University

*Continuing education credit is available for this session.*

## Posters

5 – 5:50 p.m.

### Poster Session D (Drink tokens sponsored by Fitabase)

Room: *Valley of the Sun Ballroom*

# Daily Schedule • Saturday, April 29

## Symposia

9 – 9:50 a.m.

**Symposium 27: The Health Equity SIG Presents: Advancing Health Equity: Stress and Health Behaviors for Black Populations from an Adaptive Strengths-Based Perspective**

Room: *Camelback B*

Topic Area: Health of Marginalized Populations

Instructional Level: Intermediate

Chair: Vanessa Volpe, PhD, North Carolina State University

Co-Presenters: Vanessa Volpe, PhD, North Carolina State University; Caryn Bell, PhD, Tulane University; and Courtney Thomas Tobin, PhD, University of California Los Angeles

Discussant: Stephanie L. Fitzpatrick, PhD, Northwell Health; Kaiser Permanente Center for Health Research

Speaker: Courtney Thomas Tobin, PhD, University of California Los Angeles

*Continuing education credit is available for this session.*

9 – 9:50 a.m.

**Symposium 28: The HIV and Sexual Health SIG, Theories and Techniques of Behavior Change Interventions SIG, and Optimization of Behavioral and Biobehavioral Interventions SIG Present: Advancing the Mitigation of HIV-Related Stigmas by Translating Behavior Change Science into Intervention and Study Design**

Room: *Estrella*

Topic Area: HIV/AIDS

Instructional Level: Beginner/Intermediate

Chair: Bryan Kutner, PhD, MPH, HIV Center for Clinical and Behavioral Studies at Columbia University and New York State Psychiatric Institute

Co-Presenters: Bryan Kutner, PhD, MPH, HIV Center for Clinical and Behavioral Studies at Columbia University and New York State Psychiatric Institute; Valerie Earnshaw, PhD, University of Delaware; Talea Cornelius, PhD, MSW, MS, Columbia University Irving Medical Center; and Kate Guastaferro, PhD, MPH, New York University

Discussant: Valerie Earnshaw, PhD, University of Delaware

*Continuing education credit is available for this session.*

9 – 9:50 a.m.

**Symposium 29: The Theories and Techniques of Behavior Change Interventions SIG Presents: Application and Advancement of Social Cognition and Motivational Theories to Inform Health Behavior Change**

Room: *Ahwatukee A&B*

Topic Area: Decision Making

Instructional Level: Beginner/Intermediate

Chair: Krya Hamilton, PhD, Griffith University

Co-Presenters: Ryan Rhodes, PhD, FSBM, University of Victoria; Chun-Qing Zhang, PhD, Sun Yat-sen University; Derwin King Chung Chan, PhD, The Education University of Hong Kong; Krya Hamilton, PhD, Griffith University; and Martin Hagger, PhD, University of California, Merced

*Continuing education credit is available for this session.*




## Daily Schedule • Saturday, April 29

9 – 9:50 a.m.

### Symposium 30: Federally Funded Pediatric Obesity Treatment Trials: A Discussion of the Impact of COVID-19 on Outcomes

Room: *Phoenix Ballroom B*

Topic Area: Child and Family Health

Open Science: 

Instructional Level: Intermediate

Chair: Bethany Forseth, PhD, KUMC

Co-Presenters: Elissa Jelalian, PhD, Brown; Hollie Raynor, PhD, RD, LDN, University of Tennessee Knoxville; and Ann Davis, PhD, MPH, ABPP, KUMC

Discussant: Bradley Appelhans, PhD, FSBM, Rush University Medical Center

*Continuing education credit is available for this session.*

9 – 9:50 a.m.

### Symposium 31: The Optimization of Behavioral and Biobehavioral Interventions SIG Presents: Incorporating Economic and Other Resource Considerations into Intervention Optimization

Room: *Encanto B*

Topic Area: Methods and Measurements

Instructional Level: Beginner/Intermediate

Chair: Jillian Strayhorn, PhD, New York University

Co-Presenters: Jillian Strayhorn, PhD, New York University; Samuel Smith, PhD, Leeds Institute of Health Sciences, University of Leeds, UK; and Linda Collins, PhD, FSBM, New York University

Discussant: David Conroy, PhD, FSBM, The Pennsylvania State University




*Continuing education credit is available for this session.*

9 – 9:50 a.m.

### Symposium 32: Innovative Solutions to Improve the Impact of Acceptance-Based Treatments for Weight Loss

Room: *Deer Valley*

Topic Area: Obesity

Open Science:   

Instructional Level: Intermediate

Chair: Jonathan Bricker, PhD, Fred Hutchinson Cancer Research Center

Co-Presenters: Jonathan Bricker, PhD, Fred Hutchinson Cancer Research Center; Jason Lillis, PhD, Brown Medical School/ California Northstate University; and Evan Forman, PhD, Drexel University

Discussant: Bonnie Spring, PhD, Northwestern University Feinberg School of Medicine





*Continuing education credit is available for this session.*

9 – 9:50 a.m.

### Symposium 33: The Aging SIG Presents: Multiple Approaches and Targets to Health Promotion for Older Adults' Health and Well-Being

Room: *Laveen A&B*

Topic Area: Aging

Open Science:    

Instructional Level: Beginner/Intermediate

Chair: Ryan Mace, PhD, Harvard Medical School/Massachusetts General Hospital

Co-Presenters: Ryan Mace, PhD, Harvard Medical School/Massachusetts General Hospital; Kathi Heffner, PhD, University of Rochester Medical Center; Beth Orsega-Smith, PhD, University of Delaware; and Nancy Gell, PT, PhD, MPH, University of Vermont

Discussant: Meghan Mattos, PhD, RN, University of Virginia

*Continuing education credit is available for this session.*



## Daily Schedule • Saturday, April 29

9 – 9:50 a.m.

### **Symposium 34: The Palliative Care and Physical Activity SIGs Present: Physical Activity Interventions for Patients with Serious Illness: Challenges and Opportunities**

Room: *Camelback A*

Topic Area: Physical Activity

Open Science:  

Instructional Level: Intermediate

Chair: Laura Porter, PhD, Department of Psychiatry and Behavioral Sciences, Duke University School of Medicine

Co-Presenters: Shelby Langer, PhD, FSBM, Arizona State University; Fang Yu, PhD, Arizona State University; and Stacey Kenfield, ScD, UCSF

Discussant: Elizabeth Salerno, PhD, MPH, National Cancer Institute

*Continuing education credit is available for this session.*

9 – 9:50 a.m.

### **Symposium 35: Psychosocial Consequences of ‘Pandemic Life’ In Chronically Ill Adults: Findings from the COVID-19 and Chronic Conditions Cohort**

Room: *Maryvale A*

Topic Area: Social and Environmental Context and Health

Instructional Level: Intermediate

Chair: Sarah Lowe, PhD, Yale School of Public Health

Co-Presenters: Andrea Russell, PhD, Feinberg School of Medicine, Northwestern University; Rebecca Lovett, PhD, Feinberg School of Medicine, Northwestern University; Esther Yoon, MS, MPH, Feinberg School of Medicine, Northwestern University; and Sophia W. Light, MS, Feinberg School of Medicine, Northwestern University

Discussant: Sarah Lowe, PhD, Yale School of Public Health




*Continuing education credit is available for this session.*

9 – 9:50 a.m.

### **Symposium 36: Remote Assessment of Physical Performance in Older Cancer Survivors: Challenges, Lessons Learned, and Research Applications**

Room: *Encanto A*

Topic Area: Aging

Open Science:   

Instructional Level: Intermediate/Advanced

Chair: Cindy Blair, MPH, PhD, University of New Mexico

Co-Presenters: Cindy Blair, MPH, PhD, University of New Mexico; Kerri Winters-Stone, PhD, Oregon Health & Science University; and Wendy Demark-Wahnefried, PhD, RD, University of Alabama at Birmingham

Discussant: Laura Rogers, MD, MPH, University of Alabama at Birmingham


*Continuing education credit is available for this session.*

## Daily Schedule • Saturday, April 29

9 – 9:50 a.m. **Symposium 37: Using Positive Psychological Approaches to Improve Physical and Mental Health**

Room: *Paradise Valley*

Topic Area: Quality of Life

Open Science: 

Instructional Level: Intermediate

Chair: Emily Feig, PhD, Massachusetts General Hospital/Harvard Medical School

Co-Presenters: Emily Feig, PhD, Massachusetts General Hospital/Harvard Medical School; Stephanie Hooker, PhD, MPH, HealthPartners Institute; and Kate McDermott, PhD, Massachusetts General Hospital

Discussant: Kevin Masters, PhD, University of Colorado Denver|Anschutz Medical Campus  
*Continuing education credit is available for this session.*

9 – 9:50 a.m. **Symposium 38: “Making an Impact After the Impact”: Optimizing recovery after Traumatic Brain Injury**

Room: *Maryvale B*

Topic Area: Integrative Health and Spirituality

Instructional Level: Beginner/Intermediate

Chair: Jonathan Greenberg, PhD, Massachusetts General Hospital & Harvard Medical School

Co-Presenters: Sarah Bannon, PhD, Massachusetts General Hospital; Brenda Lovette, MS, CCC-SLP, MGH Institute of Health Professions; and Molly Cairncross, PhD, Simon Fraser University

Discussant: Andrée-Anne Ledoux, PhD, Children’s Hospital of Eastern Ontario  
*Continuing education credit is available for this session.*

## Keynote

10 – 10:50 a.m. **Keynote: Breath, Eyes, Memory: How Mindfulness Helps Advance Racial Justice and Transform the World Around Us**

Room: *Phoenix Ballroom A*

Topic Area: Mental Health

Instructional Level: Beginner

Presenter: Wisdom Powell, PhD, MPH, Headspace Health

Moderator: Stephanie L. Fitzpatrick, PhD, Northwell Health; Kaiser Permanente Center for Health Research

*Continuing education credit is available for this session.*

## Posters

11 – 11:50 a.m. **Poster Session E**

Room: *Valley of the Sun Ballroom*

## Business Meeting

12 – 1 p.m. **Presidential Meet & Greet and Business Meeting**

Room: *Phoenix Ballroom A*

Presenters: Margaret Schneider, PhD, FSBM, University of California, Irvine; and Bernard Fuemmeler, PhD, MPH, FSBM, Virginia Commonwealth University





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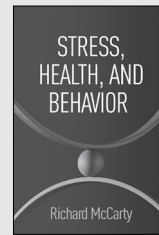
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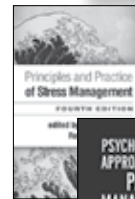
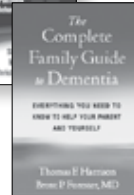
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# Thursday, April 27

## Kiwanis Park 5k

Shuttle Pick Up from Sheraton: 5:20 & 5:40 p.m.

Onsite Registration: 6 p.m.

Welcome & Physical Activity SIG Warm Up: 6:05 p.m.

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