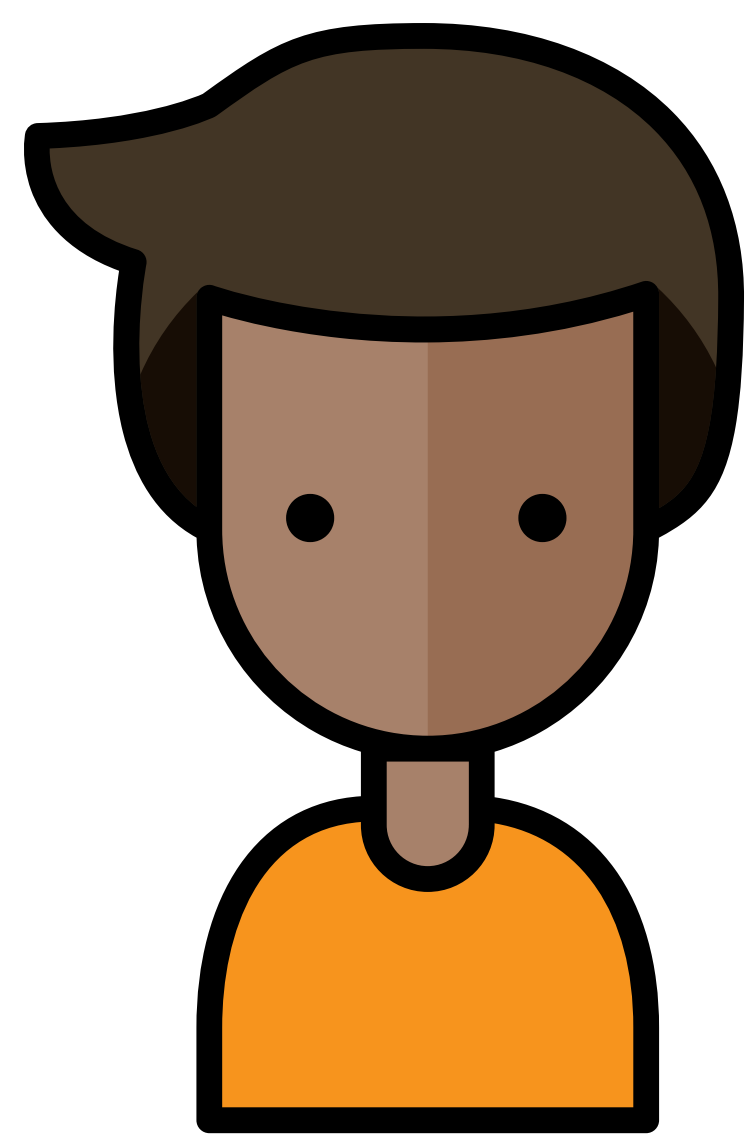


Name: **Mateo** Age: **10** Grade: **4**



My experience with

# ICE



What happened to your parents?

I don't know.

Where did you last see them?

At the hospital.

When did you last see them?

3 months ago.

Are you worried about your parents?

Yes. My mom was sick when they took her.

She is afraid to go to the doctor, but my

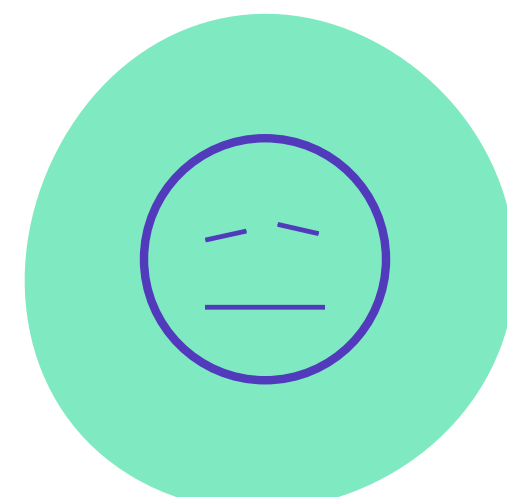
dad made her go. I'm very worried.

*This is detrimental to physical and mental health!!! -SBM*

## A note from the Society of Behavioral Medicine

Immigration and Customs Enforcement (ICE) raids are occurring at previously "safe" areas, including medical facilities such as health centers, ambulances, and hospitals. Surgical patients, disabled individuals, and the parents of seriously ill children have been reportedly taken into custody as they sought medical attention for themselves or their children.

Circle how you're feeling.



Do you feel sick? How do you feel sick?

Yes. I have a stomach ache. I feel tired.

And my head hurts a lot.

## Immigrants Delay or Avoid Medical Care for Fear of Raids at Medical Facilities

Fearing ICE raids at medical facilities, immigrants at all stages of the relocation process appear to be delaying or avoiding medical care. This puts the immigrants themselves and their communities at risk for health problems including:

- acute and chronic illnesses
- adverse pregnancy and birth outcomes
- untreated mental illness
- lower rates of immunizations
- premature death

## Forced Separations Cause Lasting Distress

Children are negatively impacted by parental internments. Children who witness the detention, or fear the detention, of their loved ones, are found to suffer from from short- and long-term physical and psychological distress including:

- stomachaches
- headaches
- anxiety
- anorexia
- depression
- suicidality
- school absenteeism and poor academic achievement
- mental and physical health problems in adulthood

## For More Information

For more information on this issue, follow the links below.

- Read the brief.
- Visit sbm.org
- @BehavioralMed
- @SocietyOf BehavioralMedicine

## What Must Be Done

Restrict ICE from engaging with immigrants in or around health care settings, including:

- hospitals
- pharmacies
- clinics
- mental health and addiction treatment
- ambulances
- rehab facilities