

DIVERSITY IN CLINICAL PSYCHOLOGY  
Spring 1999

Cynthia D. Belar, Ph.D.  
Wednesdays, 5-7:00 PM

GOALS

1. To examine issues of diversity as related to the theory, research and practice of clinical psychology.
2. To increase self-awareness regarding issues of diversity through self-reflection, discussion and experiential exercises.

CLASS REQUIREMENTS

1. **READING ASSIGNMENTS AND CLASS PARTICIPATION.** Read assignments and be prepared to discuss readings in class. Each week students should be prepared to present one issue or question on each reading that you would like the class to discuss.
2. **FIELD STUDY.** Conduct a field study project and present your findings to the class. May be a group effort.
3. **TERM PROJECT.** Choose a topic for in-depth study. Take responsibility for one class presentation related to your topic. This presentation may be in any instructional format. You will need to provide your colleagues with a bibliography on the topic and turn in a scholarly paper at the end of the term.
4. **ACTION PLAN.** Develop a personal action plan for the next year to:
  - a. *understand* your family-of-origin culture more deeply
  - b. *increase* your awareness of diversity
  - c. *integrate* this awareness with research and practice

EVALUATION

Reading Assignments and Class Participation	30%
Field Study	15%
Class Presentation	15%
Paper	30%
Action Plan	10%

## SCHEDULE

January 6	Orientation Diversity Awareness Exercise	
January 13	Introduction/Background Issue	
January 20	Clinical Psychology and Diversity	
January 27	Issues in Assessment	
February 3	Issues in Treatment	
February 10		
February 17		
February 24		
March 3		
March 10	Spring Break	
March 17		
March 24		
March 1		
April 7		
April 14	Papers Due	
April 21	Action Plan and Field Projects Due	Diversity Awareness

### SAMPLE AREAS OF DIVERSITY:

Age  
Attractiveness  
Disability  
Ethnicity  
Gender  
Race  
Regional Differences (e.g., urban/rural)  
Religion  
Sexual Orientation  
Socioeconomic Status

## REQUIRED READINGS

### Background

Atkinson, Morten and Sue (1989) Chapters 1 and 3  
Betancourt & Lopez (1993)  
Fowers and Richardson (1996)  
Hall (1997)  
Helms (1990a)  
Osborne & Feit (1992)  
Segall, Lonnder & Berry (1998)  
Triandis (1998)  
Yee et al. (1993)  
Zuckerman (1990)

### Introduction to Issues in Clinical Psychology

APA Task Force on the Delivery of Services to Ethnic Minority Populations (1990)  
Behavioral Science Task Force Report (1996)  
Bird (1996)  
Castro (1998)  
Cheung (1991)  
Cheung (1998)  
Homma-True, Greene, Lopez and Trimble (1993)  
Nutt & Gottlieb (1993)

### Assessment

Dana (1993)  
Eisler & Blalock (1991)  
Gottfredson (1994)  
Malgady (1996)  
Sackett & Wilk (1994)  
Widiger and Spitzer (1991)  
Young and Zane

### Intervention

Gilbert (1987)  
Helms(1990b)  
Lewis (1998)  
Ridley (1984)  
Sue(1990)  
Sue(1998)

## Specific Populations

APA Task Force on Psychotherapy with Lesbians and Gay Men (1990)  
Adler et al. (1994) - SES  
Eagley (1995) - Gender  
De La Cancela (199 1) - Latino  
Dwairy (1998) - Arab  
Garnets & Kimmel (1993) - Lesbian and Gay  
Greene (1993) - Lesbian and Gay  
Greene (1994) - Minority/Sexual Orientation  
Greene (1995) - African American Women  
Jackson (199 1) - African Americans  
Kaslow, Wood & Loundy (1998) - Families  
Levant (1996) - Gender  
Morgan & Nerison (1993) - Lesbian and Gay  
Murray, Hargrove & Blank (1998) - Rural  
Niederehe (1995) - Aging  
Preussler, Butman & Jones (1998) - Religion  
Rodeheaver & Datan (1988) - Aging Women  
Rosen & Weltman (1996) - Jewish Families  
Rosado & Elias (1993) - Latino  
Trimble (199 1) - Native Americans  
Zane and Sue (199 1) - Asian Americans

## 1998 BIBLIOGRAPHY FOR REQUIRED READINGS

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Castro - Cultural competence training

Dwairy - Mental health in the Arab world

Cheung - Cross-cultural psychopathology

Kaslow, Wood & Loundy - A cultural prospective on families

Lewis - Cross cultural clinical interventions

Murray, Hargrove & Blank - Mental health in rural society

Preussler, Butman & Jones - Religion and the practice of clinical psychology

Triandis - Introduction to diversity in clinical psychology