



# Outlook

A NEWSLETTER OF THE SOCIETY OF BEHAVIORAL MEDICINE

## With an Eye to the Future: Building on Past Successes

Laura L. Hayman, Ph.D., RN, FAAN, SBM President ♦ New York University, New York, New York

### Planning Strategically: Assignments and Agendas

The 26th Annual Meeting in Boston was a record-breaking success for the Society of Behavioral Medicine. More than 1,300 attendees participated in four days of programming and events that captured the 2005 theme focused on behavioral medicine and public health. We extend warmest appreciation to the program team including: Melissa Clark (Chair), Amanda Graham (Co-Chair), Vanessa Malcarne (Program Oversight) and Immediate Past-president Judy Ockene for all their outstanding efforts. We are also grateful to Robin Mockenhaupt, SBM's Scientific and Professional Liaison Council and SOPHE colleagues who worked collaboratively to enable a day of joint programming. The meeting had many informative, inspirational moments and take-home messages reminding us of the important intersect of behavioral medicine and public health. Highlights of the meeting are included in this issue of *Outlook*. In her presidential address, Judy Ockene challenged each of us to think about our assignment in behavioral medicine.

I am honored to assume the role of the 27<sup>th</sup> president of SBM. Our past- presidents, dynamic and visionary leaders, have worked collaboratively with their respective boards and SBM members to build a strong organization. I am exceedingly grateful to our immediate past-president, Judy Ockene. Her caring, competent and instrumental leadership has moved SBM



forward in strategic planning processes that were initiated during the presidency of Michael Goldstein. During Judy's tenure as president, SBM's mission and vision statements were refined, strategic objectives relevant to each of our goals were defined, and a time line for realizing these goals was established. The resulting document (SBM's Strategic Plan) was published in its entirety in the 2005 winter issue of *Outlook*. In thinking about my assignment and agenda for 2005-2006, I re-examined the essential elements of our plan that we are all asked to embrace:

#### Mission:

The Society of Behavioral Medicine is a multidisciplinary organization of clinicians, educators, and scientists dedicated to promoting the study of the interactions of behavior with biology and the environment, and the application of that knowledge to improve the health and well-being of individuals, families, communities, and populations.

#### Strategic Objectives:

*Goal Statement #1:* Enhance the value of SBM as a base for networking, professional growth, and information exchange

*Goal Statement #2:* Establish SBM as a visible and influential champion of behavioral medicine

*Goal Statement #3:* Develop the capacity to secure resources to achieve SBM's goals and mission

As Judy Ockene noted in her last presidential column in *Outlook* (Winter 2005), substantial progress has been made. To date, organizational infrastructures and processes have been established to enable realization of the strategic objectives. At our annual meeting in Boston, I had the opportunity to experience the vitality, dedication, commitment, and passion for SBM exhibited by leaders and members of our councils, committees, and special interest groups. A complete listing and description of the roles and functions of these vital organizational structures is provided on the SBM Web site while reports of recent activities as well as future plans are in this and forthcoming issues of *Outlook*. Most recently, under the leadership of Linda Baumann, the SBM bylaws were revised, approved by membership, and currently available on the SBM Web site. By definition and design, the bylaws inform and guide our organizational structure and processes. Highlights of this recent revision include emphasis on our mission statement and

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### Issue Highlights...

- ♦ Classifieds
- ♦ *Outlook* on Life
- ♦ Spotlight on Physical Activity SIG
- ♦ Advocacy and Membership Development Campaign Update
- ♦ SBM Award Winners

## Spotlight on Special Interest Group (SIG): Physical Activity SIG

Co-Chairs: Margaret Schneider and Abby King

Over 70 SBM members attended the Physical Activity (PA) SIG Breakfast Roundtable held in Boston. The meeting opened with the presentation of three recognition awards for local community organizations doing innovative work to promote physical activity in the Boston area. Awards were presented to:

1. Urban Youth Sports ([www.sportinsociety.org/uys](http://www.sportinsociety.org/uys)), which targets barriers that restrict youth participation in Boston neighborhoods and creates solutions that increase opportunities for participation and healthy development.
2. WalkBoston ([www.walkboston.org](http://www.walkboston.org)), which is a non-profit membership organization dedicated to improving walking conditions in cities and towns across Massachusetts.
3. CityKicks ([www.citykickssoccer.org](http://www.citykickssoccer.org)), a developmental soccer program provided after school to disadvantaged Boston girls who otherwise have no opportunity to experience the joy of playing soccer with a team.

Margaret Schneider, co-chair of the PA SIG, reviewed the group's progress over the past year, which included reinstating the Expert Consultation sessions during the SBM annual meeting and making available to journal editors a list of PA SIG members who are both qualified and available to review manuscripts on PA. Abby King, co-

chair of the PA SIG, and James Sallis, past-chair of the SIG, provided information about upcoming conferences and funding opportunities.

Abby also led a discussion concerning what the SIG should take on for the coming year. The following ideas were proposed:

*The meeting opened with the presentation of three recognition awards for local community organizations doing innovative work to promote physical activity in the Boston area.*

1. The SIG could facilitate partnerships between researchers at different institutions, perhaps via a Web-based bulletin board.
2. The SIG could match up junior researchers with a senior mentor prior to the next SBM meeting, so that they could meet in San Francisco.
3. The SIG could encourage the SBM Program Committee to enhance the conference program by making it possible to obtain a list of all the presentations that are related to physical activity prior to the conference. One method for doing this would be for the SBM program to be searchable online.
4. The SIG should plan more than one meeting at the next conference (i.e., a breakfast roundtable and a lunch meeting) so that there could be more opportunities for members to network and exchange information.
5. Nancy Whitelaw, from the National Council on Aging ([www.healthyagingprograms.org](http://www.healthyagingprograms.org)), offered to act as a liaison between academics with fully developed intervention programs and community groups that would like to disseminate these programs.



## Anticipating Annals

In this issue of *Outlook*, I have started a new column called "Anticipating Annals." It will preview the table of contents for an upcoming issue of SBM's journal: *Annals of Behavioral Medicine*. We hope

members will find it interesting and helpful to get a "preview" of what will soon be published in *Annals*. Thanks to Alan Christensen, Ph.D., the editor of

*Annals*, and his staff for providing this information for *Outlook*.

- Cheryl Albright, Ph.D., MPH  
Outlook Editor

### ANNALS OF BEHAVIORAL MEDICINE'S TABLE OF CONTENTS

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- 1 - "Prolonged Stress-Related Cardiovascular Activation: Is There Any?" Suzanne Pieper, Jos F. Brosschot
- 2 - "Unique Contributions of Meanings of Smoking and Outcome Expectancies to Understanding Smoking Initiation in Middle School" Donna Spruijt-Metz, Peggy Gallaher, Jennifer B. Unger, Carl Anderson Johnson
- 3 - "Stress Predicts Subsequent Pain and Disability Among Men with Prostatitis" Philip M. Ullrich, Ph.D., Judith A. Turner, Ph.D., Marcia Ciol, Ph.D., Richard Berger, M.D.
- 4 - "A Preliminary Test of a Student-Centered Intervention on Increasing Physical Activity in Underserved Adolescents" Dawn K. Wilson,

Alexandra E. Evans, Joel Williams, Gary Mixon, Cherie Minette, John Sirad, Russell Pate

- 5 - "Evidence-Based Behavioral Medicine: Researches and Clinicians, Please Talk Amongst Yourselves" Bonnie Spring, Ph.D., Sherry Pagoto, Ph.D., Peter G. Kaufmann, Ph.D., Evelyn P. Whitlock, M.D., Russell E. Glasgow, Ph.D., Timothy W. Smith, Ph.D., Kimberlee J. Trudeau, M.A., Karina W. Davidson, Ph.D.
- 6 - "Physical Activity Enhances Long-Term Quality of Life in Older Adults: Efficacy, Esteem, and Affective Influences" Steriani Elavsky, Edward McAuley, Robert W. Motl, James F. Konopack, David X. Marquez, Liang Hu, Gerald J. Jerome, Edward Diener
- 7 - "Physical Activity Counseling in Primary Care and Patient Well-Being: Do Patients Benefit?" Roger T.

Anderson, Abby King, Anita L. Stewart, Fabian Camacho, W. Jack Rejeski

- 8 - "Exposure to Violence and Cardiovascular and Neuroendocrine Measures in Adolescents" Rama Murali, Edith Chen
- 9 - "The Influence of Patient Preference on Depression Treatment in Primary Care" Patricia Lin, Duncan G. Campbell, Edmund F. Chaney, Chuan-Fen Liu, Patrick Heagerty, Bradord L. Felker, Susan C. Hedrick
- 10 - "Treatment Preferences and Advance Care Planning at End of Life: The Role of Ethnicity and Spiritual Coping in Cancer Patients" Gala True, Etienne J. Phipps, Leonard E. Braitman, Tina Harralson, Diana Harris, William Tester

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## Editorial Announcement:

### *Alan J. Christensen Is the New Editor-in-Chief of Annals*

The *Annals of Behavioral Medicine* is pleased to announce that Alan J. Christensen, Ph.D., began his 5-year-term as Editor-in-Chief on January 1, 2005. Dr. Christensen is professor of psychology and internal medicine at the University of Iowa and has served as an associate editor of *Annals* for the past four years. Dr. Christensen will be joined by five associate editors, Dana H. Bovbjerg, Ph.D. (Mount Sinai School of Medicine), Christopher France, Ph.D. (Ohio University), Lisa M. Klesges, Ph.D. (Mayo Clinic, Rochester), René Martin, Ph.D., RN (University of Iowa), and Kevin McCaul, Ph.D. (North Dakota State University), as well as a statistical consulting editor, Susan M. Sereika, Ph.D. (University of Pittsburgh).

The *Annals of Behavioral Medicine* is also pleased to announce the launch of our new electronic manuscript submission and management system, *Editorial Manager*, effective January 1, 2005. Authors will be able to submit manuscripts and track their progress at [www.editorialmanager.com/abm](http://www.editorialmanager.com/abm). Additional information and instructions for submitting authors can be found on the SBM Web site at [www.sbm.org/pubs/instructions](http://www.sbm.org/pubs/instructions). As of January 1, all manuscripts should be submitted to Dr. Christensen using this new system.

## Dear SBMers:

We are pleased to provide a brief recap of the 26th Annual Meeting in Boston, Mass. for this issue of Outlook. The theme of the 2005 Annual Meeting was "Behavioral Medicine and Public Health: Promoting the Health of Individuals, Families, Communities, and Populations." The thematic tracks for the program were modified this year to encourage presentations that cut across health conditions and behaviors. Thanks to the record number of abstracts submitted (1,158), we were able to put together a dynamic and diverse program that displayed both the depth and breadth of work in the area of behavioral medicine.

A record number of 1,132 people attended the meeting at the Boston Marriott Copley Place Hotel. A unifying premise of the meeting was the importance of individuals, families, communities, and populations in research and treatment. In her presidential address, Dr. Judy Ockene challenged us to remember the importance of each of these levels in reaching our goal of improved public health. She also discussed the roles of advocacy and mentoring in the dissemination of findings outside of the SBM community. The power of advocacy was modeled by Dr. Camara Phyllis Jones in her keynote address in which she used allegory to illustrate the effects of racism on the health and well-being of our nation.

A highlight of the meeting was the collaboration between SBM and the Society for Public Health Education (SOPHE). The kick-off for the joint programming was a reception and poster session in which 75 posters carefully selected by a joint panel of SOPHE and SBM members were presented. The programming also included panel sessions on community-based participatory research and translating research to policy and advocacy as well as jointly sponsored symposia and paper sessions. The joint day concluded with a very thought-provoking keynote by Australian author and journalist, Mr. Ray Moynihan, in which he discussed the inaccurate ways that the media presents research findings and the ways in which

pharmaceutical marketing efforts contribute to this bias.

The Master Lecturers each presented to enthusiastic crowds. The 2004 Distinguished Scientist Award Winner, Albert "Mickey" Stunkard, M.D., presented a fascinating presentation about the history of research on "Night Eating Syndrome" and his perspective on the future of treatment in the management of obesity. Dr. Frances Marcus Lewis provided a very thoughtful and comprehensive review of the evidence for the role of families in health and health behavior. Dr. Ned Calonge provided an informative review of the work of the U.S. Preventive Services Task Force in developing recommendations for clinical preventive services. Finally, Dr. Peter Briss presented an interesting discussion of the evidence for community level interventions and the gaps in the existing evidence base.

A wonderful conclusion to the conference was a keynote address by author, Mr. David Bornstein. Mr. Bornstein described how passionate individuals can bring about dramatic and meaningful changes in their environments even in the face of numerous challenges and barriers. In doing so, he motivated us all to continue to be passionate about our chosen responsibilities in the field of behavioral medicine to reach our shared goal of better health through behavior change.

Thanks to the generosity of the University of Massachusetts Medical School, the Presidential Reception was a huge success and featured plenty of food, friends, and fun. During the Presidential Reception, the SBM National Leadership Award was presented to Senator Edward M. Kennedy. Unfortunately, Senator Kennedy was not able to attend due to last minute responsibilities in Washington. However, Dr. Dora Hughes, Senator Kennedy's Deputy Staff Director for Health accepted the award on his behalf.

We would like to congratulate all of the Meritorious Student and Citation Paper and

Poster winners chosen by the Program Committee. Abstracts of their work were prominently displayed throughout the hotel in a "Wall of Fame." In addition, the co-chairs of each poster session awarded a ribbon for the poster with the best visual presentation and a second ribbon to the most interesting evidence-based poster. The winners are noted on the next page.

This year, the Special Interest Groups (SIGs) were encouraged to recommend and submit programming for the conference. We'd like to recognize the work of the Cancer SIG who hosted a Preconference Day on the role of decision-making in cancer with 95 registrants in attendance. In addition, more than 280 individuals attended a lively and stimulating debate by four experts in behavioral oncology on the effectiveness of psychosocial interventions. We encourage all the SIGs to consider special programming for the 2006 Annual Meeting.

We'd like to thank everyone who contributed to the success of the 2005 Annual Meeting. The 2006 meeting will be in San Francisco on March 22-25. Dr. Amanda Graham will be the Program Chair. Dr. Paul Estabrooks will serve as Co-Chair. Paul is a Research Scientist at Kaiser Permanente in Denver, Colo. Please send any feedback or suggestions about the 2006 meeting to [Amanda\\_Graham@brown.edu](mailto:Amanda_Graham@brown.edu) or [Paul.A.Estabrooks@kp.org](mailto:Paul.A.Estabrooks@kp.org).

We look forward to seeing you in San Francisco!

Melissa A. Clark, Ph.D.  
2005 Program Chair

Amanda L. Graham, Ph.D.  
2005 Program Co-Chair

Poster Session		Name	Title	Award
B	Biological Mechanisms in Health and Behavior Change; Translation of Research to Practice; Prevention and Treatment Across the Lifespan; Behavioral Medicine in Medical Settings	Dana H. Bovbjerg, Ph.D.	Conditioned fatigue in cancer patients receiving adjuvant chemotherapy for breast cancer independent of conditioned nausea and distress	Most Interesting/ Evidence-Based Poster
		Ranjita Misra, Ph.D., CHES	Predictors of cancer screening practices among Asian Indian women	Best Visual Presentation Poster
C	SMB/SOPHE Joint Reception (Poster Session Co-Sponsored by SOPHE)	Rebecca J. Donatelle, Ph.D.	Factors that predict the effectiveness of contingency management on smoking cessation during pregnancy: The Miss Project	Most Interesting/ Evidence-Based Poster
		Naa Oyo A. Kwate, Ph.D.	Fast food restaurant density in Brooklyn, NYC	Best Visual Presentation Poster
D	Career Development, Mentoring, and training; Spirituality; Quality of Life; Health Communication and Technology; Measurements and Methods; Adherence	Bonnie Spring, Ph.D.	Will Behavioral Medicine Randomized Clinical Trials (RCTs) earn an A?	Most Interesting/ Evidence-Based Poster
		Amanda Birnbaum, Ph.D.	Which adolescents do commercial image banks portray as being physically active?	Best Visual Presentation Poster
E	Health Systems; Policy and Advocacy; Environmental Factors in Health and Behavior Change; Diversity Issues	Helena K. Chandler, Ph.D.	Medically unexplained illness in short- and long-term disability applicants: Prevalence and cost of salary reimbursement	Most Interesting/ Evidence-Based Poster
		Carolyn Johnson, Ph.D.	Targeting High School Tobacco-use Policy	Best Visual Presentation Poster
F	Complementary and Alternative Medicine; Psychological and Person Factors in Health and Behavior Change	Timothy G. Heckman, Ph.D.	A telephone delivered coping improvement group intervention for older adults living with HIV/AIDS	Most Interesting/Evidence-Based Poster
		Naiphinich Kotchabhakdi, Ph.D.	Sleep and health problem survey in Thailand, the Philippines and Taiwan	Best Visual Presentation Poster

## President's Message...continued from page 1

major goals, and inclusion of two new key standing committees, the Health Policy and Evidence-Based Behavioral Medicine Committees. As demonstrated in programming and events at our 2005 meeting, our Health Policy Committee, chaired by Debra Haire-Joshu, and our Evidence-Based Behavioral Medicine Committee, chaired by Bonnie Spring, have been instrumental in establishing SBM as a visible and influential champion of behavioral medicine. Finally, progress made by the Advocacy and Membership Development Campaign, championed by

mechanisms for enriching the diversity of SBM membership. A new initiative, currently in a formative developmental stage, will capitalize on our scientific leadership and expertise and provide direction for our new investigators and behavioral medicine training programs. Across the continuum of basic, clinical, and population science areas, SBM scientists and scholars have made unique and enduring contributions -providing the evidence for promoting the health of individuals, families, and populations. A systematic analysis of the patterns and

Interdisciplinary education and career development will remain critical components of SBM's agenda. We will continue to invest in "innovations" designed to provide opportunities for continued growth across the professional lifespan of our members. We are grateful to Justin Nash and our Education, Training, and Career Development Council for enabling a new initiative that will provide leadership development opportunities for SBMers starting with events planned for our 2006 meeting. Relatedly, investing in

During the coming year, I plan to build on the successes, accomplishments, and ongoing initiatives with the ultimate goal of advancing our mission as a multidisciplinary organization.

David Ahern and Ed Fisher, has and will continue to enable realization of our mission and goals. This is an ongoing initiative designed to provide resources to enable our continued growth and development as a visionary, multidisciplinary organization. Please see the update and invitation to participate in this issue of *Outlook*.

During the coming year, I plan to build on the successes, accomplishments, and ongoing initiatives (noted on page 1) with the ultimate goal of advancing our *mission* as a *multidisciplinary* organization. Working collaboratively with the SBM leadership team and members, we will actively seek to re-engage former leaders and members and attract new members. Increasing the diversity of SBM membership and energizing the basic, clinical and population science areas that inform and guide the clinical, and public health practice of behavioral medicine and health policy are central to this agenda. In this regard, we are grateful to Viktor Bovbjerg and the Membership Council for strategically planning and implementing

trends in our scientific underpinnings over time will enable us to plan strategically in advancing our agenda relevant to our mission as a multidisciplinary organization. We will keep SBMers informed of this new undertaking as it progresses and seek and encourage your active involvement.

The theme for our 2006 Annual Meeting (San Francisco, March, 22-25) "Behavioral Medicine Across the Lifespan" is also designed to emphasize our mission as a multidisciplinary organization. Conceptualized in an ecological-systems framework, the lifespan meeting theme will include program tracks focused on cross-cutting dimensions of behavioral medicine. We are delighted that Amanda Graham will serve as Program Chair and that Paul Estabrooks, research scientist at Kaiser Permanente -Denver, will serve as Co-Chair. Together with the Program Oversight Committee, chaired by Vanessa Malcarne, the Program Committee is carefully reviewing the 2005 evaluations and inviting suggestions for our 2006 meeting. Please see the Program Committee report in this issue of *Outlook*.

collaborative partnerships with interdisciplinary behavioral science organizations and professional societies will continue to be important in advancing our EBBM, health policy, and advocacy goals. We are fortunate to have strong and visionary leadership in each of these areas within SBM. Please see "Spring Cleaning and New Undertakings for EBBM" in this issue of *Outlook*; updates on SBM's health policy and advocacy initiatives (Debra Haire -Joshu) and plans for 2006 interdisciplinary collaborative activities (Rick Seidel, Scientific and Professional Liaison Council) will appear in the next issue of *Outlook*.

I **welcome** your comments on SBM's strategic plan, initiatives in progress, and your ideas for SBM's future. I encourage your active involvement in the society and in shaping an agenda that will optimize SBM's contributions to the health of individuals and diverse populations.

## Anticipating Annals

Annals of Behavioral Medicine ♦ Table of Contents ♦ July, 2005 Vol. 30. No. 1

*A Randomized Pilot Study of Cognitive-Behavioral Therapy vs. Basic Health Education for Smoking Cessation Among Cancer Patients* Robert A. Schnoll, Randi L. Rothman, Dustin B. Wielt, Caryn Lerman, Holly Pedri, Hao Wang, James Babb, Suzanne Miller, Benjamin Movsas, Eric Sherman, John A. Ridge, Michael Unger, Corey Langer, Melvyn Goldberg, Walter Scott, Jonathan Cheng

*Longitudinal Relationships among Transtheoretical Model Constructs for Smokers in the Precontemplation and Contemplation Stage of Change* Anja Schumann, Thomas Kohlmann, Hans-Jürgen Rumpf, Ulfert Hapke, Ulrich John, Christian Meyer

*Physical Activity and Sedentary Behaviors in Adolescents* Maria Paula Santos, Helena Gomes, Jorge Mota

*Exercise Lapse in High-Risk Situations in Long-Term Exercisers: An Application of the Relapse Prevention Model* Barbara A. Stetson, Abbie O. Beacham, Stephen J. Frommelt, Kerri N. Boutelle, Jonathan D. Cole, Craig H. Ziegler, Stephen W. Looney

*Marital-Role Quality and Stress-Related Psychobiological Indicators* Rosalind Chait Barnett, Andrew Steptoe, Karen C. Gareis

*The Styles of Emotion Regulation and Their Associations with Perceived Health in Patients with Rheumatoid Arthritis* Henriët van Middendorp, Msc. Rinie Greene, Marjolijn J. Sorbi, Joop J. Hox, Ad J.J.M. Vingerhoets, Lorenz J.P. van Doormen, Johannes W.J. Bijlsma

*Randomized Pilot of a Self-Guided Internet Coping Group for Women with Early-Stage Breast Cancer* Jason E. Owen,

Joshua C. Klaplow, David L. Roth, John L. Shuster, Jr., Jeff Bellis, Ron Meredith, Diane C. Tucker

*A Strategy for Optimizing and Evaluating Behavioral Interventions* Linda M. Collins, Susan A. Murphy, Vijay N. Nair, Victor J. Strecher

*Relationship of Socioeconomic Markers to Daily Life Ischemia and Blood Pressure Reactivity to Coronary Artery Disease Patients* Sonia Suchday, David S. Krantz, John S. Gottdiener

*Interactive Effects of Anger Expression and ET-1 Lys198Asn Polymorphism upon Vasoconstriction Reactivity to Behavioral Stress* Kristen M. Rabineau, Frank A. Treiber, Joseph Poole, David Ludwig

## Spring Cleaning and New Undertakings for EBBM

By: Bonnie Spring, Ph.D., and Sarah Altman, EBBM Committee

In November 2004, the Evidence-Based Behavioral Medicine (EBBM) committee underwent a leadership transition. Bonnie Spring became the new EBBM Committee chairperson and Sarah Altman became the new coordinator. Bonnie is a professor and Sarah is a graduate student in at the University of Illinois - Chicago Department of Psychology. Pending confirmation of SBM's revised bylaws, the EBBM Committee will become a new standing committee of the Society of Behavioral Medicine.

Members of the newly reconstituted committee are: Frank Collins, Ph.D., Oklahoma State University; Karina Davidson, Ph.D., Columbia University, College of Physicians & Surgeons; Patricia L. Dobkin, Ph.D., McGill University; Ed Fisher, Ph.D., Washington University School

of Medicine; Russell Glasgow, Ph.D., Kaiser Permanente Colorado; Michael Goldstein, M.D., Bayer Institute for Health Care Communication; Don Desjarlais, Ph.D., Beth Israel Medical Center; Robert M. Kaplan, Ph.D., University of California, Los Angeles; Peter G. Kaufmann, Ph.D., National Heart, Lung, Blood Institute; Genell Knatterud, Ph.D., Maryland Medical Research Institute; Cynthia Lyles, Ph.D., Centers for Disease Control and Prevention; Judith K. Ockene, Ph.D., M.Ed., University of Massachusetts Medical School; C. Tracy Orleans, Ph.D., The Robert Wood Johnson Foundation; Sherry Pagoto, Ph.D., University of Massachusetts Medical School; Evelyn P. Whitlock, M.D., M.P.H., Kaiser Permanente Center for Health Research; Susan Labott, Ph.D., College of Medicine, University of Illinois - Chicago;

and Thomas Houston, M.D., M.P.H., University of Alabama at Birmingham.

A number of allied professional societies have formed coalition relationships: Association for Behavioral and Cognitive Therapies (liaison Debra Hope, Ph.D.); American Psychosomatic Society (liaison Timothy Smith, Ph.D.); Academy of Behavioral Medicine Research (liaison Robert Kaplan, Ph.D.); Health Psychology, Div. 38 of the American Psychological Association (liaison, Beverly Thorn, Ph.D.); International Society for Behavioral Nutrition and Physical Activity (liaison, Deborah Bowen, Ph.D.), and Center for the Advancement of Health (liaison Jessie Gruman, Ph.D.).

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## 2005 SBM Award Winners



### **Outstanding Dissertation Award**

Judith Ockene (L), SBM President, presents Amy Latimer (R) with the Outstanding Dissertation Award



### **Clinical Mentor Award**

Judith Ockene (L) presents Charles Emery (R) with the Clinical Mentor Award



### **Research Mentor Award**

Judith Ockene (L) presents Bonnie Spring (R) with the Research Mentor Award



### **Distinguished Scientist Award**

Judith Ockene (L) presents Seth Kalichman (R) with the Distinguished Scientist Award



### **Early Career Award**

Judith Ockene (L) presents Frank Penedo (R) with the Early Career Award



### **Early Career Honorary Recognition Award**

Judith Ockene (L) presents Deborah Tate (R) with the Early Career Honorary Recognition Award





**Excellence in Training Award**

Judith Ockene (C) presents Marc Gellman (L) and Neil Schneiderman (R) of the University of Miami Behavioral Medicine Training Program with the Excellence in Training Award



**Distinguished Service Award**

Judith Ockene (L) presents Vanessa Malcarne (R) with the Distinguished Service Award



**Distinguished Service Award**

Judith Ockene (C) presents Amanda Graham (L) and Melissa Clark (R) with the Distinguished Service Award



**Distinguished Service Award**

Judith Ockene (L) presents Robert Kaplan (R) with the Distinguished Service Award



**Distinguished Service Award**

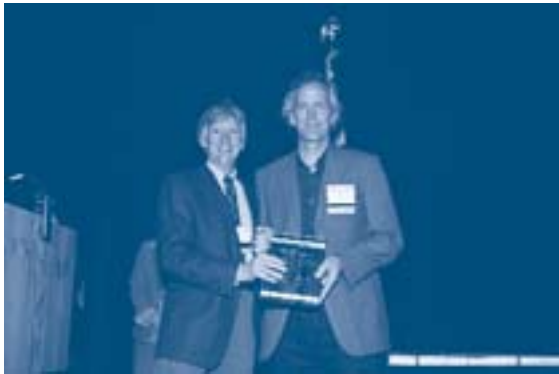
Judith Ockene (L) presents Robin Mockenhaupt (R) with the Distinguished Service Award



**Associate Editor of the *Annals of Behavioral Medicine* 2000-2005**

Robert Kaplan (L) presents Alan Christensen (R) with the Associate Editor of the *Annals of Behavioral Medicine* 2000-2005 Award

## 2005 SBM Award Winners



**Associate Editor of the *Annals of Behavioral Medicine* 2000-2005**  
Robert Kaplan (L) presents Paul Mills (R) with the Associate Editor of the *Annals of Behavioral Medicine* 2000-2005 Award



**Associate Editor of the *Annals of Behavioral Medicine* 2000-2005**  
Robert Kaplan (L) presents Dawn Wilson (R) with the Associate Editor of the *Annals of Behavioral Medicine* 2000-2005 Award



**Distinguished Student Awards**  
Judy Ockene (L) presents Joseph Poole (C) and Cathy Tran (R) with the Distinguished Student Awards



**Distinguished Student Awards**  
Judith Ockene (C) presents Lisa Groesz (L) and Cinnamon Stetler (R) with the Distinguished Student Awards



**National Leadership Award presented to Senator Edward M. Kennedy**  
Judith Ockene (R) presents the National Leadership Award to Senator Edward M. Kennedy (not pictured) and Dora Hughes (L)

**SBM would also like to acknowledge the following award recipients:**

Early Career Honorary Recognition Award was presented to Linda Gallo

Associate Editor of the *Annals of Behavioral Medicine* 2000-2005 presented to David Williams

Leadership in Translation of Research Practice presented to Jessie Gruman

Distinguished Service Award presented to Cheryl Albright

**SBM would like to recognize the following individuals who have been elected to the Fellow status within SBM:**

PHILLIP J. BRANTLEY, PHD  
TERRY BAZZARRE, PHD  
THEREASA CRONAN, PHD  
ALAN DELAMATER, PHD  
CHRISTOPHER FRANCE, PHD  
MARGARET GREY, DRPH, CRNP  
MARIA M. LLABRE, PHD  
VANESSA MALCARNE, PHD  
EDWARD MCAULEY, PHD  
ROBIN MOCKENHAUPT, PHD  
JULIA ROWLAND, PHD  
WAYNE F. VELICER, PHD  
SALLY VERNON, PHD

**Spring Cleaning...continued from page 7**

To accomplish the committee's objectives, members have affiliated with six task forces.

**1. Interface with Policy and Procedure: Practical Clinical Trials, Cost-effectiveness.**

The aim of this task force is to examine and stimulate production of the research evidence needed to support clinical and policy decision-making. The group presented a symposium on "Practical Behavioral Trials" at the 2005 SBM Annual Meeting. Presentations on "Cost-Appropriate Behavioral Health Interventions" will be given to employers and health plan representatives at the World Congress on Health Care (May 2, 2005, Baltimore).

**2. Non-Randomized Trials.** This task force's goal is to examine biases that contribute to discrepant findings between non-randomized and randomized designs. The objective is to enhance understanding of kinds of the information provided by each. Committee members presented a

symposium on "Non-Randomized Clinical Trials" at the 2005 SBM Annual Meeting.

**3. Making EBBM More User-Friendly.** The User-Friendly group aims to: a) understand perceived barriers to implementing EBBM; b) learn what would make EBBM more useful to practitioners; c) promote collaborative researcher-clinician dialogue to generate more user-friendly EBBM tools. The initial target audience is practitioners who are unfamiliar with evidence-based practice or find it irrelevant to their work. The group is preparing articles for submission to the newsletters for APA Division 38 and Association for Cognitive and Behavioral Therapy.

**4. Training for EBBM.** The training group is evaluating the feasibility of developing materials to harmonize training in evidence-based behavioral practice across the graduate, post-doctoral, and continuing education levels. Another aim is to consider how skill acquisition can best be assessed.

**5. Evidence-Base for Interventions to Promote Diet and Physical Activity Change.**

This is a joint task force involving the EBBM Committee and the International Society for Behavioral Nutrition and Physical Activity. Aims are to evaluate what gaps in research methodology warrant attention prior to undertaking a Cochrane systematic review of clinical trials in these areas.

**6. Systematic Reviews.** A series of commissioned evidence-based treatment reviews is in process in *Health Psychology*. The first of these will be presented in a symposium jointly sponsored by EBBM and APA Division 38 at the 2005 American Psychological Association Convention in August 2005. Also, former EBBM Chair and Coordinator, Karina Davidson and Kimberlee Trudeau with an ad hoc international committee are leading the effort to establish a Cochrane Collaboration Behavioral Medicine Field.

## Classifieds

### **Behavioral Science Faculty Position at Fox Chase Cancer Center**

Fox Chase Cancer Center in Philadelphia, Pennsylvania, has a unique opening for a mid-career to senior level faculty-level position in the well-established Behavioral Science Program, housed in the Division of Population Science. Candidates should have a doctoral degree in clinical, health, social, or experimental psychology or a related health field; a productive publication record; and hold current national-level grant funding or high potential for funding. The Behavioral Science mission at Fox Chase is to foster the understanding of human behavior as it applies to cancer across the spectrum of risk, disease, and survivorship. Applicants with a research focus in the bio-behavioral aspects of cancer, such as psychosocial interventions to improve health decision-making; cancer risk reduction behavior change (diet, physical activity or exercise, tobacco); symptom management or quality of life; consumer health informatics, including the development of new media approaches for communication; and/or cancer prevention and control health disparities are of particular interest. The Behavioral Science Program has access to institutional resources to facilitate the integration of behavioral science into the broader research activities at FCCC, including an NIH-funded community hospital-based research program (CCOP), a formal network of hospital affiliations, the Behavioral Core Facility, and cancer risk assessment programs. The Behavioral Program also fosters collaborative relationships with basic science and clinical researchers (including investigators in medical oncology, epidemiology, cancer risk counseling, genetics, and health services) and facilitates research linkages to outreach partners and community-based organizations. Fox Chase is an NCI-designated Comprehensive Cancer Center and a key participant in the National

Comprehensive Cancer Network. The Fox Chase environment is rich in exciting opportunities to develop multidisciplinary and cross-institutional collaborations and is well-positioned to take advantage of emerging federal funding initiatives and priorities. Interested candidates should forward a CV, research statement, and two publications to Paul F. Engstrom M.D., F.A.C.P., Senior Vice President, Population Science; Fox Chase Cancer Center, 333 Cottman Ave., C 219, Philadelphia, PA 19111.

### **Post-Doctoral Fellowships at Fox Chase Cancer Center**

Fox Chase Cancer Center in Philadelphia, Pennsylvania, has a unique opening for a post doctoral fellow in the well established Population Science Division. Candidates should have a doctoral degree in psychology, nursing, epidemiology, or a related health field. The position is for two years, but has the potential to develop into a faculty position. Applicants with a research focus in psychosocial interventions, decision-making, cancer risk reduction behavior change, symptom management or quality of life, and/or cancer prevention and control health disparities, are of particular interest. Our Program fosters collaborative relationships with basic science and clinical researchers and facilitates research linkages to outreach partners and community based organizations. Fox Chase is an NCI designated Comprehensive Cancer Center. The Fox Chase environment is rich in exciting opportunities to develop multidisciplinary and cross institutional collaborations and is well positioned to take advantage of emerging federal funding initiatives and priorities. Training faculty include Drs. Sharon Manne, Robert Schnoll, Suzanne Miller, Andrea Barsevick, Deborah Bruner, Mary Daly, and Carolyn Fang. Post doctoral fellow will have two mentors.

Interested candidates should forward a CV and a research statement to Sharon Manne, Population Science, Fox Chase Cancer Center, 333 Cottman Ave., CPP 1100, Philadelphia, PA 19111.

### **Interdisciplinary Pre- and Post-Doctoral Fellowships in Cancer Prevention and Control, University of Texas School of Public Health - Center for Health Promotion and Prevention Research (CHPPR) in Houston**

We are seeking individuals with outstanding promise for scholarly accomplishment and a commitment to working with underserved populations. This opportunity enables those with a background in the behavioral and social sciences, medicine, or quantitative studies to jump start their research careers. Excellent mentoring and training opportunities in seminars and placements on project teams advance the fellows' skills, experience, networks, and research productivity. We are located in the world's largest medical center. More than 30 faculty investigators and 150 research staff in health promotion, behavioral sciences, epidemiology, policy sciences, and nutrition make the CHPPR a thriving interdisciplinary research environment; the project portfolio covers diverse risk factors and has a strong orientation to underserved populations. The Center has an established training track record and is now in its 12th year of NCI funding.

Doctoral students or applicants to the UT School of Public Health: \$20,800/year. Post-doctoral applicants with a PhD, DrPH, MD, or other doctoral degree: \$45,000-\$55,000/year. Both positions have excellent benefits, tuition, books, software, travel, statistical, and writing consultation.

Open to U.S. citizens and permanent residents. Apply by July 15, 2005. Applications are available at [www.sph.uth.tmc.edu/chppr/ncifellowships](http://www.sph.uth.tmc.edu/chppr/ncifellowships). Contact Patricia Dolan Mullen,

DrPH, Training Director at [ncifellowships@sph.uth.tmc.edu](mailto:ncifellowships@sph.uth.tmc.edu); please include your name and "NCI/SBM 2005" in your subject line.

### **John S. McIlhenny Endowed Chair in Health Wisdom**

The Pennington Biomedical Research Center is an internationally recognized nutrition and preventive medicine research center. Its 70-member faculty applies multidisciplinary approaches to understanding the interactions between nutrition, health and chronic disease primarily as it relates to obesity, diabetes, cardiovascular disease, cancer and aging. As a research Center, its teaching and training is limited to mentoring of postdoctoral fellows. The Center has made significant investments in a range of cutting-edge technologies and core facilities including imaging, biostatistics, and data management, metabolic chambers, metabolic kitchen plus several basic science cores and has both inpatient and outpatient facilities for clinical studies. The Center has over 400,000 sf. of research space. Further information on current faculty and their research may be found at [www.pbrc.edu](http://www.pbrc.edu). All faculty appointments are academic appointments within the Louisiana State University System.

The Pennington Biomedical Research Center invites qualified applicants to apply for a full professor position to be appointed to the John S. McIlhenny Endowed Chair in Health Wisdom. The chair holder will have an international reputation as an accomplished researcher in preventive medicine and health behavior. The chair will have a well-funded research program, a strong publication record, leadership abilities, and will work well with other scientists in collaborative research. The focus for the research will vary depending on the expertise and interest of the chair holder and may range from bio-behavioral questions to sociological issues. It is anticipated that the emphasis will be on the constellation of modifiable factors

that play a role in the prevention of common chronic diseases and disabilities.

Applications, including cover letter, curriculum vitae, bibliography, names, addresses, and telephone numbers of three references will be accepted until the position is filled. Send to: Claude Bouchard, Ph.D., Executive Director, Pennington Biomedical Research Center, 6400 Perkins Road, Baton Rouge, LA 70808. Telephone: 225-763-2513; Fax: 225-763-0935. Louisiana State University System/Pennington Biomedical Research Center is an Equal Opportunity/Affirmative Action Employer.

### **Research Assistant, Post Doctoral and Graduate Research Assistants**

University of Kansas, Center for Physical Activity and Weight Management. We have positions for graduate research assistants pursuing MS or Ph.D., post doctoral, and part and full time research assistants/project coordinators. We have funding from NIH, industry, and private foundations to investigate exercise, nutrition, prevention, and treatment of obesity in both adults and children. We maintain 6 behaviorally based weight loss clinics. To view full position descriptions visit [ebl.ku.edu](http://ebl.ku.edu). Applications are accepted on an ongoing basis. Contact: Dr. Joseph E. Donnelly, University of Kansas, Lawrence, KS, 66045. Ph. 785 864 0797, Fax. 785 864 2009, e mail [jdonnelly@ku.edu](mailto:jdonnelly@ku.edu). EO/AA.

### **Postdoctoral Fellow Behavioral Medicine/Health Psychology The Pennington Biomedical Research Center, Louisiana State University System**

is seeking applicants for a postdoctoral fellowship in Behavioral Medicine/Health Psychology. This position will employ a mentoring training model to promote career development. Areas targeted for training include clinical research, publishing, professional training, and grant writing.

The primary responsibilities associated with this position are: 1) assistance in clinical research related to cognitive-behavior therapy for long-term weight maintenance 2) assistance in planning and conducting professional seminars for physicians and scientists, and 3) preparation of research and training grant applications, and research papers. Fellow will perform other activities as assigned by Dr. Phillip J. Brantley, Ph.D., Director of the Division of Education and Chief of Behavioral Medicine. Clinical supervision for obtaining licensure is available. It is anticipated fellow will develop independent research projects related to obesity, disease management, and psychosocial factors (e.g., stress) affecting long-term behavioral adherence. Competitive salary and benefits including travel. The fellowship will be available for at least one year with the possibility of continued employment and/or advancement to faculty status. Qualifications: Ph.D. in Clinical or Health Psychology from an APA accredited program with specialization in the fields of obesity, and/or behavioral management of diseases associated with obesity, e.g., hypertension, diabetes. Applicants should have completed an APA accredited internship in clinical or health psychology. Resumes will be accepted until a suitable candidate is found. Interested applicants may contact Dr. Brantley for more detail at 225-763-3046 or [brantlpj@pbrc.edu](mailto:brantlpj@pbrc.edu). Submit curriculum vita with cover letter and three letters of references to: Director of Human Resources Ref: Brantley Pennington Biomedical Research Center 6400 Perkins Road Baton Rouge, LA 70808-4124 Or E-mail: [HRM@pbrc.edu](mailto:HRM@pbrc.edu)

### **Behavioral Health Consultant**

Progressive, not for profit, community health organization in the beautiful Seattle area seeks a motivated

PhD/other therapist for an exciting position in primary care. We desire applicants who enjoy being part of a team and who have experience with brief behavioral interventions for health and mental health problems. You will have the opportunity to develop a primary care behavioral health consultation service with caring and ambitious team members who are also fun and supportive! Opportunities also exist for supervising practicum students. Bilingual in Spanish preferred. Come join us in the Seattle area, where we have an unmatched combination of outdoors, cultural and intellectual activities. Send cover letter & CV to Community Health Centers of King County 403 E. Meeker St., Suite 300, Kent, WA 98030, fax (425) 277 1566 or [recruiting@chckc.org](mailto:recruiting@chckc.org). Job line: (253) 372 3662 EOE

### **Childhood Obesity Prevention Researcher**

The Section on Epidemiology, Department of Public Health Sciences, Wake Forest University School of Medicine, invites applications for a tenure-track faculty position (open rank). The successful candidate will be expected to conduct an active program of independent and collaborative research in the prevention of childhood obesity. The Department of Public Health Sciences has an active group of 45 faculty collaborating in these, and other, research areas. Applicants should have a PhD, MD, or other doctoral degree with expertise in behavioral medicine or other relevant fields such as epidemiology, psychology, health education, medicine, exercise physiology/exercise science, physical education, nutrition, or public health. Experience in collaborative research in a multidisciplinary setting is desirable. Excellent written and oral communication skills are required.

Applicants should send a letter, curriculum vitae, and a summary of research interests to Dr. Lynne

Wagenknecht, Head, Section on Epidemiology, Department of Public Health Sciences, Medical Center Blvd, Wake Forest University School of Medicine, Winston-Salem, NC 27157, 336-716-5770, [lwgnkcht@wfubmc.edu](mailto:lwgnkcht@wfubmc.edu). The Wake Forest University School of Medicine is an equal opportunity/affirmative action employer. Applications from women and minority candidates are encouraged.

### **Project Director**

The Division of Prevention and Health Behavior in the Department of Public Health at Weill Cornell Medical College (WMC) invites applications for a full-time tenure track faculty position at the assistant professor level. The mission of the division is to conduct research concerning behavioral aspects of chronic disease risk and prevention. The division's work focuses on both (1) identifying behavioral risk factors for major chronic diseases and (2) developing and evaluating intervention strategies to prevent these health problems. Candidates should have: a strong background in behavioral/psychological theory related to health and prevention as well as skills in research design, project management, and multivariate statistical methods. The successful candidate will have excellent writing and presentation skills and the ability to assume a leadership role in developing new etiology and intervention research projects focusing on health behaviors (drug use, diet, exercise, violence, etc.) in children, adolescents, and/or adults. The successful candidate will join the Implementation Fidelity Project (IFP), which focuses on disseminating effective school-based drug prevention strategies. Priority will be given to applicants with experience in the areas of adolescent substance use, prevention research, and/or dissemination research. Responsibilities include: project management for a national school-based dissemination trial; developing an independent research program;

analyzing data and writing papers; and obtaining extramural funding. Individuals with a master's degree in Public Health or a related field and at least 5 years of relevant project management experience will be considered. The Division of Prevention and Health Behavior, IFP and WMC offer a rich array of facilities and a stimulating collaborative environment to support independent research activities. Information about the Division is available at [www.med.cornell.edu/public.health/prevention.html](http://www.med.cornell.edu/public.health/prevention.html). Review of applications will begin immediately and continue until the position is filled. Send letter of intent, curriculum vitae, three letters of recommendations, and reprints by December 1, 2005 to: Tracy R. Nichols, Ph.D., Search Committee Chair, Department of Public Health, 411 East 69th Street, New York, NY, 10021; E-mail: [trdiaz@med.cornell.edu](mailto:trdiaz@med.cornell.edu). WMC is an Affirmative Action/Equal Opportunity Employer. Women and minority candidates are strongly encouraged to apply.

### **McGill University, Department of Psychology Canada Research Chair (Tier 1) in Behavioural Health**

The Department of Psychology of McGill University seeks applicants for a Canada Research Chair (Tier I) in the area of behavioural health. Applicants should have an international reputation in research related to the development and maintenance of health related behavior, and have demonstrated excellence in teaching. Specific research areas of interest include, but are not limited to, treatment adherence, motivation toward behavioural rehabilitation, and the study of interactions between patients and health care professionals. It is expected that the incumbent will participate in the development of inter-disciplinary health research and clinical training in the McGill University Hospital Centre. The primary appointment will be at the

senior associate or full professor level in the Department of Psychology, Faculty of Science, and it is anticipated that the candidate will hold a cross-appointment in the Department of Medicine of the M.U.H.C.

Review of applications will begin immediately. Applicants should present evidence of a record of significant, externally-funded research productivity and excellence in undergraduate and graduate teaching. Applicants should arrange for three confidential letters of recommendation to be sent to the address below. A curriculum vitae, description of current and proposed areas of research, selected reprints of published or in-press research articles, a description of areas of teaching competency, interest, and approaches, and other relevant material, should also be sent to:

Behavioural Health Search Committee  
Department of Psychology  
McGill University  
1205 Dr. Penfield Avenue  
Montreal, Quebec, Canada H3A 1B1  
All qualified candidates are encouraged to apply, however Canadians and permanent residents will be given priority. McGill University is committed to equity in employment.

### **Behavioral Medicine Specialist**

Practice what you believe. Practice at Kaiser Permanente.

If you believe quality of care and quality of life go hand in hand, this is the place to put your beliefs into practice. We have the following opportunity available in Sacramento and other locations in Northern California:

#### *Behavioral Medicine Specialist*

In this position you will evaluate and diagnose Health Plan members seen in primary care; utilize principles of Health Psychology to develop treatment

plans; conduct brief psychotherapy, psychoeducation groups and brief case management; administer psychological and neuropsychological tests; prepare concise intake evaluations and treatment plans, and maintain ongoing records in accord with state and NCQA regulations. You will also collaborate with physicians in screening patients for psychotropic medications, provide training to other members of the APC team, and serve as liaison and refer to the Psychiatry Department, Chemical Dependency Services, and Behavioral Health Education.

Candidates must have a doctorate of psychology from an APA accredited program and an APA internship or master's degree in Clinical Social Work. Successful candidates will evidence knowledge of learning in theory and behavioral medicine, state regulations and ethical standards; patient rights and client/patient confidentiality. You will need previous clinical experience to include diagnosis, crisis intervention, brief individual and group psychotherapy, and consultation and collaboration with medical personnel. License eligibility in California required.

Opportunities are also available for LCSWs.

Kaiser Permanente offers an exceptional salary and benefits package. You may contact Maria Chang-Calderon, Expert Recruitment Consultant, (925) 372-1252 (v) or (925) 372-1810. Please email your resume as a word (\*.doc) attachment with the req. id# reference in the subject line, BMS, to Maria.Chang-Calderon@kp.org. Visit [jobs.kaiserpermanente.org](http://jobs.kaiserpermanente.org). Kaiser Permanente is an equal opportunity/affirmation action employer.

### **Clinical Psychology Internship**

The Air Force supports three revolutionary clinical psychology internships. One of which was awarded

the "Outstanding Training Program Award" by AABT in 2002. We are integrating clinical psychology into primary care practice. We have the setting, the faculty and the support to offer superb preparation for a career as a psychologist. To be part of this prestigious program, earn a competitive salary and benefits and have a guaranteed job after the program's completion, call us at 1 800 423 USAF or visit [AIRFORCE.COM](http://AIRFORCE.COM).

### **Research Scientist**

The Oregon Center for Applied Science, in beautiful Eugene, Oregon, has an opportunity for a Research Scientist interested in innovation and the application of science to create products that address significant social issues (e.g., public health, education). 15-year-old firm, with a strong history of successful NIH funding. Focus on commercial "market ready" interactive multimedia programs for the worksite, blending state-of-the-art principles of health behavior change and instructional design with creative use of video and other technologies.

What you'll be doing:

1. Submitting quality grant proposals, which have a high probability of commercial success.
2. Providing scientific and technical skills in conceptualizing, designing, conducting, and managing complex research studies/projects.
3. Overseeing all aspects of research projects, including budgeting, scheduling, human participation and evaluation.
4. Successfully developing market-ready products.
5. Providing solid organizational support.
6. Publishing project outcome studies in professional journals.

What you'll need to be considered:

## Officers

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*Outlook Editor*

Amanda L. Graham, PhD  
*Program Chair*

Paul Estabrooks, PhD  
*Program Co-Chair*

Vanessa L. Malcarne, PhD  
*Program Oversight*

1. A Ph.D., or masters with a proven record in research and innovation.
2. Experience with interactive multimedia programs desirable.
3. Previous team supervisory experience a plus.
4. Familiarity with National Institutes of Health grant guidelines.
5. Willing to relocate to Eugene.

If you are interested in the Oregon Center for Applied Science, please visit [www.orcasinc.com](http://www.orcasinc.com). For immediate consideration, please send your resume, cover letter and salary requirements to Dennis Ary: [dennisary@orcasinc.com](mailto:dennisary@orcasinc.com).

### **Director, Community Outreach/Information Dissemination (waiting for confirmation)**

The Uniformed Services University Center for Health Disparities Research and Education is a not for profit organization whose mission is to reduce health disparities in racial and ethnic minorities. Working in conjunction with the research staff, the Director of Community Outreach will develop, implement, and evaluate novel community based participatory research projects that impact targeted minority health issues. The Community Outreach/Information Dissemination Director will take a leadership role in articulating, operationalizing, and implementing the overall project. In addition, this individual will oversee the type and quality of outreach and information dissemination efforts in the DC, Maryland, and Virginia metropolitan area for the African American and Latin American communities, and will take a leadership role in communicating and publishing the results of these efforts. As part of USU, we are also charged with providing outreach and information dissemination efforts with respect to military personnel. Requires excellent

language and communication skills (preferably bilingual), proven community based participatory research/project development, implementation, and evaluation skills, and proven project/program management experience. A record of publications and experience with qualitative research are also desired. Please send resume to: USUCHD Prgm Mgr. 8484 Georgia Ave, Silver Spring, MD 20910.

Minimum Education: Masters level  
Management Experience: 5 years

## Classified Advertising Deadlines and Rates

To advertise in the fall issue of *Outlook*, please supply ad copy to the SBM National Office. Artwork, including company logos, will not be accepted. Please contact the National Office for additional information. The deadline for receipt of copy for inclusion in the fall issue is August 15.

Advertising is billed at a rate of \$10 per line based on Outlook's final layout. Sample layout and preliminary bill will be forwarded to the advertiser prior to publication.



## Update on Advocacy and Membership Development Campaign

Co-Chairs: David Ahern and Ed Fisher

We are very excited to report that the Advocacy and Membership Development Campaign is beginning to hit its stride, with over \$58,000 pledged by 63 members. It is gratifying to know that over 20 members contributed to the Campaign through the recent membership renewal drive. We have benefited from the feedback from SBM members during two successful regional receptions and seminars sponsored by the Campaign in Providence and St. Louis. Two more regional events are planned for the remainder of 2005. If you are interested in co-sponsoring an event in your area please let us know.

Perhaps the most notable milestone for the Campaign was the introduction of the new Outstanding Student Award at the recent annual SBM meeting in Boston. This award is sponsored by the Campaign and

supported through the SBM Fund. At this year's meeting, four awards of \$1,000 each were given to students for outstanding research or clinical service. The funds can be used to offset travel costs to the annual meeting or for support for student-initiated research.

The four awardees and their affiliations are:

1. Joseph Poole, Medical College of Georgia
2. Cathy Tran, University of California, Santa Barbara
3. Cinnamon Stetler, University of British Columbia
4. Lisa Groesz, University of Texas at Austin

We plan to continue to offer the Outstanding Student Award each year. The other focus of the Campaign is SBM's

movement into advocacy and policy. This issue got a great start at the Presidential Reception in Boston through a video greeting from Senator Ted Kennedy and through his Deputy Staff Director for Health, Dora L. Hughes, MD, MPH, joining us at the reception. As the Policy Committee develops its activities, the Campaign will be providing it assistance to help SBM become an effective voice for the importance of behavior and behavioral medicine in health and health care.

Finally, we are seeking volunteers as well as financial contributions to achieve the goals of the Campaign. We need your help to assure the future growth and vitality of SBM!

## Massachusetts General Hospital Behavioral Medicine Training Program

The Massachusetts General Hospital (MGH) Behavioral Medicine Service (BMED) has begun to provide training to psychology post-doctoral fellows and, through a track in the APA accredited internship in clinical psychology, to pre-doctoral fellows. These training opportunities provide experiences in an academic general hospital setting that would encourage academic careers in psychology as it relates to health. Toward this goal, the BMED program emphasizes brief interventions designed to enhance medical and psychiatric outcomes among patients, and faculty and trainees have expertise in the areas of HIV, cancer, pain, neurological disorders, and diabetes. The BMED track, currently directed by Steven Safren, Ph.D. is part of the MGH Department of Psychiatry, Division of Psychiatry and Medicine. Additional faculty include Dr. Elyse Park, Dr. Bruce Masek (Clinical Director of Child Psychiatry), and Dr. Catherine Leveroni.

In a short period of time, the faculty members of the BMED track have begun

to establish exciting new research in the area of behavioral medicine. For example, Steven Safren has recently received a 5-year R-01 grant from NIDA to study cognitive behavioral therapy for HIV medication adherence and depression in HIV-positive methadone patients. In addition, Dr. Elyse Park is a 2005 recipient of an American Cancer Society's Mentored Research Scholar Grant in Applied and Clinical Research titled, "The Effect of Lung Cancer Screening on Risk Perceptions." Of particular interest is the recent internal grant received by Dr. Park as part of the "Making a Difference" grant program that aims to make a positive impact on patients, their families, and employees at the MGH and the Massachusetts General Physicians Organization (MGPO). This grant is to develop a computerized battery so that medical patients who receive psychological interventions from BMED staff are tracked from admission to discharge from their short-term intervention (usually after their 12th session of short-term treatment).

When asked about the particularly useful training experiences of the MGH BMED program, trainees cite that they have learned "how to work with a variety of health care professionals, such as primary care physicians, oncologists, and psychiatrists, to deliver comprehensive care to patients coping with a range of medical conditions." In particular, because faculty in the BMED program have developed research collaborations and also teach courses in the MGH primary care residency training program, the BMED program is moving towards a tighter integration with primary care, a crucial development in the field of behavioral medicine. Further, behavioral medicine trainees have the opportunity to learn the most up-to-date cognitive behavioral (CBT) intervention approaches to managing medical patients as part of MGH's longstanding CBT training program. Information about the program can be found at [www.mgh-psychology.org](http://www.mgh-psychology.org)

## Outlook on Life

Guest Respondent: Laura L. Hayman, Ph.D., RN, FAAN ♦ President, Society of Behavioral Medicine

*Editor's Note: This column is a fun way members can learn more about each other. The questions come from a TV*

*show called "Inside the Actor's Studio," where actors are asked a set of questions that reveal components of their*

*personality and "philosophy on life." Today's guest for this column is Laura L. Hayman.*



	Questions	Answers
	What is your favorite word?	Life
	What is your least favorite word?	Goodbye
	What excites you about the field of Behavioral Medicine?	Working with professionals from many disciplines
	What frustrates you about the field of Behavioral Medicine?	Working with professionals from many disciplines
	What sound or noise do you love?	Soft music
	What sound or noise do you hate?	Gunshot
	Unusual job (outside of Behavioral Medicine/academia)?	Playground facilitator for children and families
	What profession other than mine would I like to attempt?	Social and health care policy maker
	What profession or job would you not like to participate in?	Garbage collection
	If heaven exists, what would you like St. Peter to say when you arrive at the Pearly Gates?	"You made a positive difference in the human condition"



## Snapshots from the 2005 SBM Conference



The SBM website has a new feature that will allow the posting of course syllabi and we need your help. In an effort to facilitate curriculum development across the field of behavioral medicine, the Education, Training and Career Development Council is in the process of developing a database of syllabi for courses taught by professionals within the various disciplines of behavioral medicine.

If you have a syllabus that you feel would be beneficial to our community, please visit the SBM website [www.sbm.org](http://www.sbm.org) for further information and posting instructions.

Please send *Outlook* correspondence to:

**Cheryl L. Albright, Ph.D., M..P.H.,** *Editor of Outlook*  
Social and Behavioral Sciences Program  
Cancer Research Center of Hawaii  
University of Hawaii  
1960 East-West Road  
Biomedical Sciences Building, C-105  
Honolulu, HI 96822  
Phone: (808) 441-8189 • Fax: (808) 586-3077  
E-mail: [calbright@crch.hawaii.edu](mailto:calbright@crch.hawaii.edu)

Articles should be no longer than approximately 500 words, plus up to 10 references, and submitted to the editor. Double-spaced papers should be submitted using APA or AMA writing style. Professional news is welcome at anytime via mail, phone, fax, or e-mail.

## From a Student's Perspective:

By: Elizabeth S. Kuhl ♦ Doctoral Student ♦ Eastern Michigan University ♦ Department of Psychology

By nothing more than sheer luck, I found myself, a second-year graduate student from Eastern Michigan University, presenting my first poster at the Annual Meeting and Scientific Sessions for the Society of Behavioral Medicine next to Dr. Albright, editor for *Outlook*. Amidst our conversation about scuba diving and the warm weather in Hawaii, she asked if I would be interested in writing a small piece about my experience, as a student, at this year's conference. In particular, what did I like? What was helpful? What would I like to see changed for next year?

So what did I like? I was pleased to see a program of events that showcased cutting-edge research spanning a diverse set of topics, reflecting the important issues in behavioral medicine today. I also liked that information was presented by individuals from a myriad of professional backgrounds, encouraging collaboration and the development of partnerships for future research. In addition, I was able to achieve all of the goals I had set prior to traveling to Boston. Included on this list were to successfully present a poster, to network with other students and

professionals, to obtain information about grant funding opportunities, to glean tips for how to successfully complete research as a graduate student, and to learn more about the internship application process.

What did I find helpful? The Society of Behavioral Medicine hosts several conference specific events for students. The Graduate Student Research in Behavioral Medicine panel discussion provided me with new perspectives on topics such as what settings are best for thesis and dissertation work and ways to ensure a healthy, working relationship with your mentor. Furthermore, through the Behavioral Medicine Internship roundtable I was able to learn more about the qualities internship sites might look for in their applicants and hear tips for how to survive the application process. I felt relieved to know that my concerns about

the internship application process were shared by several students across multiple disciplines.

What would I like to see changed for next year? There are currently several SIGs within the Society of Behavioral Medicine, but none dedicated to the unique needs of its student members. I have found my participation in Student SIGs as an invaluable forum for increasing communication amongst students and also amongst students and professionals; I would like to see similar opportunities for the student members of the Society of Behavioral Medicine. A Student SIG would be a way to advocate for student needs. In addition, a listserv could be created to encourage additional communication amongst students and to further advertise and promote student-oriented opportunities provided by the Society of Behavioral Medicine like its Mentoring Program. If any students or professionals are interested in assisting with the creation of a Student SIG, please contact me at [ekuhl@emich.edu](mailto:ekuhl@emich.edu). I look forward to another great conference next year!



**Society of  
Behavioral Medicine**

15000 Commerce Parkway  
Suite C  
Mt. Laurel, NJ 08054

INDICIA