



# Outlook

A Quarterly Newsletter of the Society of Behavioral Medicine

Spring 2001

## PRESIDENT'S MESSAGE

Michael G. Goldstein, M.D., President  
Bayer Institute for Health Care Communication  
West Haven, CT



### Moving Forward to Build SBM's Capacity and Leadership in the Field of Behavioral Medicine

It is with great pleasure and a sense of excitement that I assume the Presidency of SBM. Over the last year, I have had the good fortune to serve as President-Elect under the superb tutelage of Tracy Orleans. SBM is ex-

tremely privileged to have had Tracy as its President for the last year. Tracy is a true leader who inspires through example. I doubt anyone has ever worked harder, or more passionately, as President of our Society. Tracy has set a standard that will be difficult for me, or any future President, to come close to matching. With deep gratitude, I want to take this occasion to mention just a few of Tracy's many accomplishments.

Tracy, together with Beth Klipping, SBM's Executive Director, and other SBM leaders, recognized that the Society needed to take deliberate steps to insure that our organization remained at the forefront of new developments at the interface of health and behavior. Advances in genetics, information technology, and translational research, just to mention a few areas of rapid growth, have created a wealth of new opportunities as well as challenges for investigators, educators and clinicians in behavioral medicine. SBM can and should play a pivotal role in integrating and disseminating new findings as well as helping members to plan and implement the next generation of transdisciplinary research to optimize application and translation of new knowledge and tools.

To meet this opportunity and challenge, Tracy spearheaded a SBM team that submitted two grant applications to seek support for SBM's efforts to build capacity and leadership in the field of behavioral medicine. I am pleased to report that one grant has already been funded. In March 2001, the Society learned that The Robert Wood Johnson Foundation (RWJF) had awarded SBM a grant of \$107,000 to support a two-pronged approach to building capacity and leadership in the field of behavioral medicine. SBM has already reaped the benefits of the first element: to support the addition of three novel program features to the Annual Meeting. RWJF provided support for the new Research to Practice program track, the Prevention, Population and Health Policy Program track, and a special interactive hands-on seminar on interactive communications and e-Health. Initial reports from the Annual Meeting in Seattle suggest that all of these elements were extremely well received by members. The program committee plans to maintain and extend these elements at the 2002 Annual Meeting in DC (more about this later in this column).

The second component of the capacity and leadership program supported by RWJF is a strategic planning initiative to focus the leadership, membership, and core activities of the Society to

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# Outlook

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**President's Message (con't from page 1)**  
address and support the need to address and integrate advances in biomedical, behavioral and information technology science. The strategic planning initiative will include a 2-day strategic planning retreat to enable SBM's Board of Directors to meet with a strategic planning consultant to re-focus and update goals, charters, publications and primary council/committee activities to better address new opportunities and challenges. The retreat, scheduled for early November 2001, will be an important stepping stone in the further development of our society. We are fortunate to have secured the services of Dr. Allan Best as our primary consultant for the strategic planning process. Allan, a highly respected researcher, educator, and consultant, is a longtime member and Fellow of SBM. Allan's familiarity with SBM and its leaders, his direct experience as a behavioral medicine scientist, and his strong consulting and organizational development skills will serve him (and SBM) well in this role.

The second grant application submitted by SBM during Tracy's Presidency was a R-13 conference grant, which is currently under review by the National Cancer Institute (NCI). This proposal seeks partial support for SBM Annual meetings over a 5-year pe-

riod, from 2002-2006. The proposal seeks funding for program activities consistent with the general aims and mission of NCI's Division of Cancer Control and Population Sciences, namely: (1) support for SBM's Core Cancer Track; and (2) support of four additional annual program features. These 4 features include: a special extended Groundbreaking Science/Technology Series providing in-depth coverage of a major development in basic/biomedical science or technology and its implications for behavioral medicine; the Research to Practice Track inaugurated in 2001; an interactive health communications workshop; and a mentoring program for members interested in interdisciplinary or transdisciplinary research. Funding of this proposal will insure that the momentum produced at the 2001 meeting in each of these areas is maintained through 2006.

Tracy is Principal Investigator (PI) on the NCI proposal; Marc Gellman, Ph.D., and I serve as Co-PIs; Beth Klipping is Project Coordinator; and David Abrams, PhD, our President-Elect, is Cancer Control Program Consultant. Anyone who has participated in the writing of such a grant knows how much sweat and blood is shed during the process. Tracy, Beth and Else Henry, Tracy's colleague at RWJF, did the bulk of the work in submitting the application and deserve every SBM member's praise and thanks for completing this daunting task. SBM and its membership are highly likely to reap the rewards of their effort. Cross your fingers (or perform the equivalent maneuver of your choice)!

### RATE CHANGE AND DEADLINE

To advertise in the Summer issue of *Outlook*, please supply ad copy to Carol Kendall at the SBM National Office. Copy may be faxed to 608-831-5485 or emailed to [ckendall@tmahq.com](mailto:ckendall@tmahq.com). The deadline for receipt of copy for inclusion in the Summer issue is July 1.

Please note that advertising is now billed at a rate of \$10/line, based on *Outlook's* final layout. Sample layout and preliminary bill will be forwarded to the advertiser prior to publication.

### Correspondence about articles and professional news should be sent to:

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Articles should be no longer than approximately 500 words, plus up to 10 references, and submitted to the Editor. Double-spaced papers should be submitted in a standard writing style, such as AMA or APA style. Professional news is welcome at anytime via mail, phone, fax, or e-mail.

In addition to leading SBM's efforts to submit these two grant applications, Tracy was largely responsible for several other important accomplishments this past year. These include:

- Planning and presiding over an outstanding 2001 Annual Meeting (along with Program Chair Robert Croyle, Ph.D., Associate Program Chair Alan Christensen, Ph.D., Jane Shepard of SBM's National Office, and the Program Committee);
- Securing support from the NIH Office of Behavioral and Social Science Research (OBSSR) to conduct an Evidence-Based Behavioral Medicine intervention review (special thanks to Karina Davidson, Ph.D., for spearheading this effort);
- Helping SBM to secure Annual Meeting support from several industry-based sponsors;
- Establishing new contracts with and strengthening SBM's relationship with TMA, the firm that provides organizational and administrative support to the Society;
- Supporting the Education and Training Council's successful new initiatives in professional development and mentoring (special thanks also to Shari Waldstein, Ph.D. Education and Training Chair, and Judy Ockene, PhD, Member Delegate, who initiated the mentoring program);
- Overseeing the transition of the *Annals of Behavioral Medicine* from an in-house publication to one published by Lawrence Erlbaum Associates (thanks also to Bob Kaplan, Ph.D., Editor-in-Chief, *Annals'* Associate Editors, Editorial Board and Staff for their work to upgrade *Annals*);
- Supporting Bob Kaplan's successful efforts to obtain a \$135,000 grant from RWJF to expand *Annals'* publication of translational research findings;
- Streamlining communications between the Executive Committee and Committee/Council Chairs; and
- Stabilizing and enhancing SBM's financial status.

Needless to say, Tracy's Presidency is notable for the extraordinary number and range of significant accomplishments. The other members of SBM's Executive Committee (Joel Dimsdale, M.D., Past-President; Ed Fisher, Ph.D., Secretary/Treasurer; Barbara McCann, Ph.D., Member Delegate; Beth Klipping, Executive Director) contributed much to the success of Tracy's Presidency and we must also acknowledge the efforts of the entire Board of Directors. Thankfully, Tracy will continue to play a major leadership role as Past-President. Beth, who just completed her first full year as Executive Director, is a tremendous

asset to SBM. I am fortunate to be able to help lead such an able team!

Several members of the Board completed their terms this year. Barbara McCann, who completed her term as Member Delegate, was recognized with a Distinguished Service Award at the Annual Meeting. In her new role as Executive Committee liaison, Barbara went beyond the call of duty to support and mentor Martita Lopez, Ph.D., our new Membership Council Chair. Michael Carey, Ph.D., completed his term as Finance Chair; Lizette Peterson, Ph.D., completed her term as Chair of the Publications and Communications Council; and Ed Suarez, Ph.D., completed his term as Chair of the Nominating Committee. We thank them all for their devoted service. Joel Dimsdale, M.D., Past-President, also leaves the Board, though he will continue to serve SBM as an important member of the Long Range Planning Committee.

We have several new additions to the SBM Board to announce as well. David Abrams, Ph.D., is our new President-Elect, Bob Croyle was elected as the new Member Delegate and Alan Christensen was appointed as the new Chair of the Publications and Communications Council. Barbara McCann has become the new Finance Committee Chair, Susan Czjakowski, Ph.D., is the 2002 Program Chair and Peter Vitaliano is the new Nominating Committee Chair. I am excited about the enthusiasm and commitment of our new Board members and I look forward to working closely with them. I am especially pleased to have the opportunity to work closely with David on SBM business. As many of you know, David has been my mentor at Brown University and The Miriam Hospital in Providence. Much of what I know about behavioral medicine I have learned from David and I am greatly indebted to him. Don't worry, that won't keep me from pressing David into service in his new role as President-Elect. Through example, Tracy has helped me to learn the art of persuasion and the effective application of motivational enhancement strategies at the Board of Directors level!

As we look ahead to this year and 2002, I am committed to maintaining and strengthening SBM's recent initiatives to build capacity and leadership for the field of behavioral medicine. We will implement the strategic planning process initiated this past year and continue to seek additional external support for our Annual Meeting. I expect that the strategic planning process will lead to changes in our mission statement and bylaws, restructuring of the Board, and streamlining of organizational and administrative processes.

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## 2001 FELLOWS

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Please join the SBM Board of Directors and the Fellows Committee in congratulating our new Fellows for 2001.

### Matthew M. Burg, Ph.D.

Dr. Burg received his Ph.D. in Adult Clinical Psychology from West Virginia University in 1984. He currently serves as Director of the Clinical Health Psychology Postdoctoral Training Program and as Director of the Cardiovascular Behavioral Medicine Program at the Veterans Administration Medical Center in West Haven, Connecticut. Dr. Burg is also Assistant Clinical Professor of Medicine and Clinical Consultant in the Department of Psychology at Yale University.

### Matthew M. Clark, Ph.D.

Dr. Clark received his Ph.D. in Clinical Psychology from Fordham University in 1986. He is currently Director of the Mayo Medical School's Medical Psychology Training Program and teaches the Health Behavior Change Counseling Skills Introduction to Patient course at Mayo. Prior to his work at Mayo Medical School, Dr. Clark taught at Brown University, serving as the primary supervisor for pre-doctoral clinical psychology interns and for post-doctoral fellows in psychology.

### James C. Coyne, Ph.D.

Dr. Coyne received his Ph.D. from Indiana University in 1976. He is currently a Professor in the Department of Psychiatry and a Professor in the Department of Family Practice and Community Medicine at the University of Pennsylvania School of Medicine. Dr. Coyne also serves as an Adjunct Professor in the Department of Family Practice and Psychiatry at the University of Michigan Medical School, Ann Arbor, and is a Senior Fellow at the Leonard Davis Institute of Health Economics.

### Maureen Wimberly Groer, Ph.D.

Dr. Wimberly Groer received her Ph.D. in Human Physiology and Biophysics from the University of Illinois Medical Center, Chicago, in 1975. She has been at the University of Tennessee College of Nursing in Knoxville since 1977. She currently holds the position of Associate Dean for Research and Evaluation. Dr. Wimberly Groer's prior positions at University of Tennessee College of Nursing included Director of the Doctoral Program, Professor and Associate Professor.

### Jennifer A. Haythornthwaite, Ph.D.

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### President's Message (continued from page 3)

I have no doubt that the Annual Meeting will remain as the central and most important activity of the Society. I am pleased that Susan Czjakowski has agreed to take on the role of Program Chair, and that Karina Davidson, Ph.D., will be Associate Program Chair for the 2002 meeting at the Omni Shoreham in Washington, D.C. Both Susan and Karina have strong organizational skills, tremendous energy, breadth of expertise and great commitment to SBM. Susan and Karina are in the process of recruiting members for the Program Committee. The theme of the 2002 meeting will be "Beyond Adherence: Promoting Partnerships Among Individuals, Clinicians and Organizations". We chose a theme that focused on adherence because of its obvious relevance to behavioral medicine and its importance as a mediator of improvements in health status, risk status, and well being. We chose to state the theme as "beyond adherence" because we recognize that the term "adherence", though much preferred to "compliance", still connotes a rather clinician-centered view of the problem. Concordance or alliance might be better terms, but who would come to a meeting on concordance? So, we stuck with adherence (pardon the pun). We also recognize the need to address not only

patient "adherence", but clinician "adherence" as well. For example, how do we promote clinician "adherence" to evidence-based guidelines? Moreover, what has to happen within and between systems and organizations to promote better "adherence" at multiple levels? We also placed a not-so-subtle hint in the theme statement about how one might enhance adherence across all levels. Stay tuned for more hints as well as more information about the meeting. I hope many of you start thinking about potential submissions of symposia, seminars, papers, and posters that address the theme. As noted above in my discussion of the RWJF and NCI conference support grants, we will continue to strengthen and expand the Research to Practice track, increase offerings in interactive health communication and bio-behavioral integration, and expand our professional development and mentoring activities at the Annual Meeting.

I will save further discussion of my priorities for my Presidential year for future columns. Thank you so much for electing me as your President. I am excited about the opportunity to serve you and look forward to meeting and working with many of you over the coming months. Take care and be well.

Dr. Haythornthwaite received her Ph.D. in Clinical Psychology from State University of New York at Stony Brook in 1986. She currently serves as Adjunct Professor in the Department of Oral and Craniofacial Biological Sciences at the University of Maryland Dental School. Dr. Haythornthwaite is also Director of the Behavioral Medicine Clinic at Johns Hopkins University School of Medicine, as well as Associate Professor in the Department of Psychiatry and Behavioral Sciences with joint appointments in Psychology and International Health.

#### **Martita A. Lopez, Ph.D.**

Dr. Lopez received her Ph.D. in Clinical Psychology from Syracuse University in 1977. She is currently Associate Professor in the Departments of Psychology and Physical Medicine and Rehabilitation at Rush Medical College. In addition, Dr. Lopez serves as Director of Clinical Training in the Department of Psychology at Rush-Presbyterian St. Luke's Medical Center. Prior to her current position, Dr. Lopez was Director of the Rehabilitation Psychology and Geropsychology Program at Rush-Presbyterian St. Luke's.

#### **Raymond S. Niaura, Ph.D.**

Dr. Niaura received his Ph.D. in Clinical Psychology from Rutgers University in 1987. He presently serves as Director of Research at the Center for Behavioral and Preventive Medicine, Miriam Hospital, Lifespan Academic Medical Center. Dr. Niaura's current academic appointments include Professor of Psychiatry and Human Behavior at Brown University School of Medicine and Faculty Affiliate at Brown University Center for Alcohol and Addiction Studies.

#### **Paul J. Rosch, M.D., F.A.C.P.**

Dr. Rosch received his M.D. from Albany Medical College in 1954. He is currently Senior Consultant in Medicine at St. John's Riverside Hospital, Yonkers, NY and Clinical Professor of Medicine and Psychiatry at New York Medical College. Dr. Rosch also serves as a medical consultant for several organizations and is Editor/ Senior Editor for numerous publications including *The Newsletter of the American Institute of Stress*, *the International Journal of Stress Management* and the *American Journal of Health Promotion*.

#### **Richard P. Sloan, Ph.D.**

Dr. Sloan received his Ph.D. in Psychology from the Graduate Faculty of Political and Social Science, New School for Social Research in 1978. He is Chief of the Department of Behavioral Medicine at the New York State Psychiatric Institute, Director of the Behavioral Medicine Program at Columbia-Presbyterian Medical Center and Associate Director for the Biological Studies Unit at New York State Psychiatric Institute. He also serves as Associate Professor of Clinical Psychology in the Depart-

ment of Psychiatry, College of Physicians and Surgeons, Columbia University.

#### **Edward C. Suarez, Ph.D.**

Dr. Suarez received his Ph.D. in Behavioral Medicine/Psychology from the University of Miami in 1986. He currently serves as Assistant Professor of Medical Psychology in the Department of Psychiatry and Behavioral Sciences at Duke University Medical Center. Dr. Suarez is also a Senior Fellow at the Center for Aging and Human Development at Duke University Medical Center.

#### **Beverly E. Thorn, Ph.D.**

Dr. Thorn received her Ph.D. in Bio-Clinical Psychology from Southern Illinois University in 1980. She has served as Director of Clinical Training in the Department of Psychology at the University of Alabama since 1992 and as a Professor in the Department of Psychology since 1993.

#### **Shari R. Waldstein, Ph.D.**

Dr. Waldstein received her Ph.D. in Clinical Psychology from the University of Pittsburgh in 1993. She has served as Research Assistant Professor of Medicine at the University of Maryland School of Medicine since 1994 and as Director of the Behavioral Medicine Program at the University of Maryland, Baltimore County since 1997. Dr. Waldstein is also Associate Professor of Psychology at the University of Maryland, Baltimore County.

#### **David A. Williams, Ph.D.**

Dr. Williams received his Ph.D. in Clinical Psychology from The Ohio State University in 1988. He currently serves as Associate Professor, Division Chief of Behavioral Medicine at Georgetown University Medical Center and as Clinical Assistant Professor of Medical and Clinical Psychology at the Uniformed Services University of the Health Sciences in Bethesda, Maryland.

#### **Edward H. Wagner, M.D.**

Dr. Wagner received his M.D. from State University of New York at Buffalo, School of Medicine in 1965. He currently serves as Adjunct Professor and Clinical Professor in the Department of Epidemiology at the University of North Carolina at Chapel Hill School of Public Health. In addition, Dr. Wagner is Director of the W.A. MacColl Institute for Healthcare Innovation at Group Health Cooperative of Puget Sound and Professor in the Department of Health Services at the University of Washington School of Public Health and Community Medicine.

## SBM 2001 ACHIEVEMENT AWARD WINNERS

Each year the Society honors individual members for their outstanding contributions to the field of behavioral medicine. The following individuals were recognized at the Annual Meeting and Scientific Sessions in Seattle in March.

### *Distinguished Scientist Award: Susan Curry, Ph.D.*

Dr. Curry's letters of nomination for this award emphasize the overall scope of her talents. To quote from one of the letters of nomination, "She demonstrates an outstanding combination of intelligence, interpersonal sensitivity, conceptual sophistication and pragmatic attention to details. Dr. Curry has moved the field of behavioral medicine forward in significant ways through timely and rigorous research, mentoring and consulting, and professional leadership. There are many individuals that have strengths in one or two areas, but it is rare to find someone that is so strong across the board." Dr. Curry is currently Senior Investigator at Group Health Cooperative of Puget Sound Center for Health Studies. She also serves as editor of *Psychology of Addictive Behaviors*, is a member of the National Cancer Policy Board for the Institute of Medicine, and a recipient of the Joseph Cullen Memorial Award from the American Society for Preventive Oncology for her work in tobacco control and cancer prevention.

### *Outstanding Dissertation Award: Bryan J. Blissmer, Ph.D.*

Dr. Blissmer received this award in recognition of his doctoral dissertation entitled "Integrating the Theory of Planned Behavior and the Transtheoretical Model: A Prospective Study of Lifestyle Activity." Dr. Blissmer was nominated by his advisor at the University of Illinois, Edward McAuley, Ph.D. In Dr. McAuley's words, "Perhaps what sets Bryan Blissmer apart from many other individuals at this stage of his career, is his strong theoretical approach to his work. For example, his doctoral dissertation focused on understanding the determinants of physical activity participation in older adults. He adopted a clever and exciting approach to this topic by employing the Transtheoretical Model within the Theory of Planned Behavior. The work he proposed was intervention-based, very challenging and, to my knowledge, represents the first true test of the stages of change model within a theoretical paradigm that appropriately attempts to identify stage-matched determinants." Dr. Blissmer is currently an Assistant Professor at the University of Rhode Island, having completed his doctoral degree at the University of Illinois at Urbana-Champaign this past spring.

### *Young Investigator Award: Rodney Clark, Ph.D.*

Dr. Clark received this award based on a representative paper entitled, "Racism as a Stressor for African Americans: A Biopsychosocial Model," which was published in *American Psychologist*. Dr. Clark was nominated for this award by Norman B. Anderson, Ph.D., who served as Dr. Clark's primary research advisor at Duke University. The following is an excerpt from Dr.

Anderson's letter of nomination: "This paper is Rodney's most significant contribution to date, and sets forth arguably the first biopsychosocial model for linking racism and health in Blacks. The model builds on the well-established stress and coping model, and provides a framework for developing and testing hypotheses on this topic. A key feature of his model is that it moves beyond the idea that mere exposure to racism is deleterious, but instead recognizes that responses to potentially racist stimuli defer widely among African Americans – partly on the basis of appraisal and coping." Dr. Clark is currently Assistant Professor in the Psychology Department at Wayne State University. His research at Wayne State has focused on the problem of high blood pressure in African Americans, with a special emphasis on understanding the role of perceived racism on blood pressure regulation.

### *Glaxo Young Investigator Award: Lori Pbert, Ph.D.*

Dr. Pbert was awarded the Glaxo Young Investigator Award based on her article entitled, "Development of a State Wide Tobacco Treatment Specialist Training and Certification Programme for Massachusetts." Dr. Pbert was nominated for this award by Judith Ockene, Ph.D. Dr. Ockene cites several reasons for her nomination of Dr. Pbert, including her work to identify additional HEDIS tobacco measures, and "her work in the development of patient-centered counseling for physicians to be used to treat tobacco dependence. She has taken this work and extended it to be used by pediatricians in their offices to work with adolescents who are using tobacco." Dr. Pbert is currently Assistant Professor of Medicine in the Department of Medicine/Preventive and Behavioral Medicine at the University of Massachusetts Medical School. She earned her Ph.D. in Clinical Psychology from West Virginia University.

### *SBM Distinguished Mentor Award*

This past fall the SBM Task Force for Mentoring and Professional Development announced two new Distinguished Mentor Award — one to recognize outstanding research mentors and one to recognize outstanding clinical/professional mentors. The Task Force didn't receive any nominations for the clinical/professional award, but did receive outstanding applications for the research mentor – so outstanding that the review committee selected two winners for the research category. This year's recipients of the Distinguished Research Mentor Award are:

### *Jasjit S. Ahluwalia, M.D., M.P.H.*

Dr. Ahluwalia is currently Vice-Chair, Director of Research, Associate Professor of Preventive Medicine and Associate Professor of Internal Medicine at the University of Kansas School of Medicine. It is difficult to select just one quote from the many letters of support received for Dr. Ahluwalia's nomination, but

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## Award Winners (continued from page 7)

this captures a bit of the overall sentiment. "Dr. Ahluwalia creates a positive environment that is supportive of professional development, productivity, and collaboration. We have personally benefited from this environment and Dr. Ahluwalia's mentoring. He has created opportunities for us to review manuscripts and conference abstracts, participate in study sections, meet leaders in our field, receive expert consultation on our research, coauthor and author manuscripts, and submit grants. With each opportunity he provides guidance in how to equip oneself well."

### *Kathleen C. Light, Ph.D.*

Dr. Light is currently at the University of North Carolina at Chapel Hill. The letters of nomination for Dr. Light highlight her on-going connection with prior students as well as the level of her commitment to their personal as well as professional growth while they were in her program. Again, it is difficult to select just one sentence from the many glowing remarks from Dr. Light's students. "I was privileged to enroll in the graduate program as her advisee and was given important tasks on her many large and well-funded studies. With more experience in academia, I realize how rare those opportunities are and how often graduate students are not given authorships on important papers that result from funded research. Perhaps even more importantly, Kathy made it a priority that students go to national and international meetings, often at the expense of her own travel funds. I have many memories of Kathy introducing me to an important colleague, and then quietly stepping back and letting me take the stage for a moment."

### *SBM Distinguished Service Awards*

At the 2000 Annual Meeting in Nashville, the Society initiated the Distinguished Service Award to recognize individuals who go "above and beyond the call of duty" for the organization. These individuals, nominated by the SBM Board of Directors and the National Office staff, have contributed countless volunteer hours to further the mission of SBM. Please join the Board of Directors and the National Office Staff in thanking them.

### *Karina Davidson, Ph.D.*

Dr. Davidson is recognized for her initiative in creating the Evidence-Based Behavioral Medicine Intervention Committee. The purpose of this committee, whose work is funded through NIH/OBSSR, is to develop guidelines and criteria that will be used to judge a behavioral medicine intervention as 'evidence-based.' Under Dr. Davidson's direction, the committee has already made considerable progress toward this goal. Updates on the Committee's progress will be reported in upcoming issues of *Outlook*.

### *Barbara S. McCann, Ph.D.*

Dr. McCann is recognized for her willingness to take on new roles within the Society, in addition to her responsibilities as Member Delegate on the Board of Directors. In the past year, Dr. McCann has been instrumental in helping to revitalize the SBM Membership Council. Her insight and experience with membership related issues proved to be invaluable over the last year. In addition, Dr. McCann worked with the Annual Meeting Local Arrangements Committee, stepped in as Chair of the Fellows Committee and was appointed as the new Finance Committee Chair for the Society.

### *Judith K. Ockene, Ph.D.*

In her first year as Member Delegate on the SBM Board of Directors, Dr. Ockene wasted no time in getting involved both on the Board and in other activities. She was nominated for this award in particular for her tireless work as Chair of the newly developed Mentoring and Professional Development Task Force. In the span of less than one year Dr. Ockene facilitated the organization of this new committee which is responsible for the new Mentoring Program and Mentoring Awards. The committee itself is a collaborative effort between the Education and Training Council and the Membership Council. To date, the program has helped to join over 40 pairs of mentors and mentees.

## Mark your Calendar...



The 2002 Annual Meeting and Scientific Sessions will be held April 3-6 at the Omni Shorham Hotel in Washington, D.C.

The theme for the meeting is "Beyond Adherence: Building Partnerships Among Individuals, Clinicians and Systems". Please plan to join your behavioral medicine colleagues next Spring in Washington, D.C. for this important meeting!

# Outlook

## NEWS ABOUT SBM MEMBERS

Steven Richards, PhD, Editor of Outlook

Michael H. Antoni, PhD, and 11 colleagues, published a study on "Cognitive-behavioral stress management Intervention Decreases the Prevalences of Depression and Enhances Benefit Finding Among Women Under Treatment for Early Breast Cancer," in the journal, *Health Psychology* (January 2001), volume 20(1), 20-32. Dr. Antoni is on the faculty in the Department of Psychology, University of Miami at Coral Gables, Florida.

Timothy R. Elliott, PhD, ABPP, is serving as President of the Division of Rehabilitation Psychology of the American Psychological Association. Dr. Elliott is Associate Professor of Physical Medicine and Rehabilitation at the University of Alabama at Birmingham.

Robert M. Kaplan, PhD, became Editor-in-Chief of SBM's *Annals of Behavioral Medicine (ABM)*, effective January 2001. Lawrence Erlbaum Associates, Inc., now publishes ABM for SBM. Dr. Kaplan is Professor and Chair, Department of Family and Preventive Medicine, University of California-San Diego. His mailing address is Department of Family and Preventive Medicine, Stein Clinical Science Building, Room 239/240, 9500 Gilman Drive, University of California-San Diego, La Jolla, CA 92093-0628.

Arthur A. Stone, PhD, became Editor of the journal, *Health Psychology*, effective January 2001. The Division of Health Psychology of the American Psychological Association publishes this journal. Dr. Stone is a Professor in the Department of Psychiatry at the State University of New York-Stony Brook. Dr. Stone is a former Editor of SBM's *Annals of Behavioral Medicine*.

Lance S. Weinhardt, PhD, and his colleagues recently published a study on "The Relation of Alcohol Use to HIV-risk Sexual Behavior Among Adults With a Severe and Persistent Mental Illness" in the *Journal of Consulting and Clinical Psychology* (February 2001), volume 69(1), 77-84. Coauthors are Drs. Michael Carey, Kate Carey, Stephen Maisto, and Christopher Gordon. Dr. Weinhardt is on the faculty at the Center for AIDS Intervention Research, Department of Psychiatry and Behavioral Medicine, Medical College of Wisconsin-Milwaukee.

## ADDITIONAL NEWS

Steven Richards, PhD, Editor of Outlook

The next Editor of SBM's newsletter, *Outlook*, will take office during the Summer 2002. If you are interested in being considered for the editorial position, please send a letter of interest and a vita to Beth Klipping, SBM Executive Director, at [bkipping@tmahq.com](mailto:bkipping@tmahq.com), or by mail at 7600 Terrace Avenue, Suite 203, Middleton, WI 53562. The SBM Board of Directors will discuss this matter during their October 2001 meeting.

Sponsored by several organizations and federal agencies, "The Decade of Behavior" was launched recently. This initiative has five major themes: improving health, increasing safety, improving education, increasing prosperity, and promoting democracy. Sponsoring organizations include the National Science Foundation and the American Psychological Association. More information is available at [www.decadeofbehavior.org](http://www.decadeofbehavior.org)

A new web site regarding behavioral medicine and health psychology is [www.healthpsychology.net](http://www.healthpsychology.net). Paul Nelson, MS, doctoral candidate in the Health Psychology/Behavioral Medicine program at the University of North Texas-Denton, created this web site.

A new bibliography on risk communication is available: "Risk Communication Bibliography: Explaining Risks to the Public." This information is available from the National Cancer Institute web site: <http://cancercontrol.cancer.gov/riskcommbib>.

If SBM members have professional news for possible publication in *Outlook*, it should be sent to Steven Richards, PhD, Editor of *Outlook*, [steven.richards@ttu.edu](mailto:steven.richards@ttu.edu), or mail to the Department of Psychology, Box 42051, Texas Tech University, Lubbock, TX 79409-2051. Thank you!

Please tell us something about Outlook—one comment, one suggestion, one word of praise, or anything! Please send your comments to Beth Klipping, SBM Executive Director, at [bkipping@tmahq.com](mailto:bkipping@tmahq.com). Thank you!



## NEW AT SBM— SPECIAL INTEREST GROUPS

At the recent Annual Meeting in Seattle, SBM launched several, new Special Interest Groups (SIGs). The response was overwhelmingly positive! In case you missed them in Seattle, or didn't realize that we'd started this new program, here is a listing of current SIGs and their Chairs.

<u>Title</u>	<u>Chairperson</u>
Women's Health	Helen Coons, Ph.D. Laura Linnan, Ph.D.
Physical Activity	Abby King, Ph.D. Jim Sallis, Ph.D.
Weight Management	Marian Fitzgibbon, Ph.D. Michaela Kiernan, Ph.D.
Complementary & Alternative Medicine	Allan Best, Ph.D.

### Newly Forming SIG's ...

Since the Annual Meeting interest has been expressed in creating more SIG's. The following new groups are forming now:

Spirituality & Health	Chair to be announced
Cancer	Mike Stafanek, Ph.D.

These discussion groups are open to all SBM members. If you would like to be included in one or all of them, please e-mail Beth Klipping at [sbm@tmahq.com](mailto:sbm@tmahq.com). Beth will forward your information to the appropriate SIG Chairperson.

## CLASSIFIEDS

### Postdoctoral Fellowships The University of Texas M. D. Anderson Cancer Center

The Behavioral Science Department is also accepting applications for several **Post Doctoral Fellowships in Tobacco Research, Biostatistics and Psychosocial Oncology**. Some positions are dedicated to research in the *Tobacco Research and Treatment Program* with a broad focus on nicotine dependence including the genetics of dependence, ecological momentary assessment techniques, relationship to emotion and innovative smoking prevention and cessation interventions with healthy and special populations (e.g. depressed smokers, cancer patients). Interventions may include computer-delivered behavioral treatments, pharmacological interventions, motivational interviewing and health feedback, and cognitive behavioral approaches. Target populations include patients, providers, and smokers from the community. One position is dedicated to biostatistics or quantitative psychology. Methodological areas of focus include longitudinal data, structural equation modeling, correlated data, time series analysis, missing data and measurement error. Other positions are dedicated to the *Psychosocial Oncology Program* with a focus on adherence to cancer screening and early detection, effects of cancer on quality of life, spousal and family relationships, and development of psychosocial interventions.

It is anticipated that the successful candidates will participate fully in the grant writing and publication process associated with the major projects. They will share in authorship and investigator status, in a manner commensurate with their effort and responsibilities. Successful candidates for the biostatistics fellowship will collaborate with department investigators on existing projects and develop an independent program of methodologic research in one of the areas listed above. Salary for these positions is competitive, with excellent fringe benefits. The positions will remain open until filled.

The Department of Behavioral Science, established in 1993, provides an unusually rich opportunity for collegial interaction and an exceptional infrastructure for behavioral research. Multidisciplinary opportunities in clinical, community and laboratory settings

### SBM Honor Roll

**Jeanne Sears nominated Cheryl L. Albright, PhD, MPH, for being the best mentor imaginable – instructive, insightful, supportive, and generally fabulous!**

are readily available, as well as collaboration, supervision and teaching opportunities. We currently have five tenured and six tenure-track faculty whose interests cover the spectrum from primary cancer prevention to quality of life and survivorship. M. D. Anderson Cancer Center is located within Houston's Texas Medical Center, the largest medical center in the world. Houston is the fourth-largest city in the United States, with dynamic cultural and recreational resources and an affordable cost of living.

The Department will accept and review applications until the positions are filled. Application procedures: Mail cover letter, curriculum vita and professional reference list to: Ellen R. Gritz, Ph.D., Professor and Chair, The University of Texas M. D. Anderson Cancer Center, Department of Behavioral Science - 243, 1515 Holcombe Blvd., Houston, Texas 77030-4009, or by courier Department of Behavioral Science - HMB 3.020, 1100 Holcombe Blvd. Houston, Texas 77030. The University of Texas M. D. Anderson Cancer Center is an Equal Opportunity/Affirmative Action Employer and is a smoke-free environment. Women and minority candidates are encouraged to apply.

### **Clinical Fellow/Senior Instructor Behavioral Medicine University of Rochester (New York)**

University of Rochester Medical Center, Department of Psychiatry is seeking a clinical psychologist with both clinical and research experience in behavioral medicine. This position will involve at least 50% clinical work in our Behavioral Sleep Medicine Service with ample opportunities for clinical research and teaching. Academic or clinical appointment commensurate with experience. Experience in Sleep Medicine is not a prerequisite but is helpful. Candidates must be license eligible. NY License a plus. Competitive salary range with full benefits. To apply, submit a statement of interest, curriculum vitae, and 3 letters of recommendation (at least one from someone familiar with your clinical work) to Michael T. Smith, Ph.D., University of Rochester Sleep Research Laboratory 300 Crittenden BLVD. Rochester, NY 14642. For more information please visit our website at [www.urmc.rochester.edu/smd/psych/srl/](http://www.urmc.rochester.edu/smd/psych/srl/)

### **Faculty Position Medical College of Wisconsin Milwaukee, Wisconsin**

The Center for Patient Care and Outcomes Research of the Medical College of Wisconsin seeks a research – oriented psychologist for a faculty position at the assistant or associate professor level. The successful candidate will develop an independent research program in cancer control, including but not necessarily limited to tobacco control. Clinician and statistical faculty are available for collaboration, as are substantial funding opportunities. The opportunity for teaching exists, depending upon individual interest. The Medical College of Wisconsin is located in Milwaukee, an affordable place to live and work, on the shores of Lake Michigan. Please submit letter and CV to Ann B. Nattinger, MD, MPH, Director, Center for Patient Care and Outcomes Research, 414-456-8847, fax 414-456-6689, email [anatting@mcw.edu](mailto:anatting@mcw.edu), 8701 Watertown Plank Rd. Milwaukee, WI 53226.

### **Tenure Track Associate/Full Professor Rollins School of Public Health Emory University, Atlanta, Georgia**

The Department of Behavioral Sciences and Health Education in the Rollins School of Public Health of Emory University is seeking a Tenure Track Associate/Full Professor (reference Vacancy #129658). The department has 12 tenure-track faculty, 9 non-tenure track faculty, and nearly 110 students seeking the MPH degree. This position requires an accomplished mid- to senior-level professional with an established line of independent research in the area of chronic disease prevention and health promotion. Specific content expertise may include cancer control (including tobacco control, diet, or early detection), heart disease prevention, minority health, or behavioral medicine. Experience conducting large scale intervention studies, preferably in community-based settings such as schools, worksites, mass media, religious organizations, etc. preferred. Joint appointment in the School of Medicine and the Cancer Center will be considered, consistent with the applicant's expertise and interests.

The appointed faculty member will also assume some responsibility for teaching and student supervision, and will be expected to mentor junior faculty. Special preference will be given to applicants with a strong history of independent funding and publication. Tenure-track appointment will

be at the associate or full professor rank, and 12-month salary will be commensurate with rank and experience.

Interested candidates should submit a letter indicating their interest in the position, a current curriculum vitae, and three letters of reference to: Dr. Ken Resnicow, Chair, Search Committee; Room 526, Rollins School of Public Health; 1518 Clifton Road; Atlanta, GA 30322. Screening of applications will begin Approximately May 1, 2001, and will continue until the position is filled. The starting date is negotiable. Emory University is an Equal Opportunity / Affirmative Action Employer.

### **Professor, Behavioral Epidemiology/ Health Promotion The University of Rhode Island**

**REQUIRED:** Doctorate in behavioral science, public health, epidemiology, psychology, community health, or closely related discipline; areas of specialization in alcohol abuse, substance abuse, behavioral epidemiology, or health promotion, with emphasis in quantitative and methodological skills used in population and/or community health research; demonstrated internationally recognized research and ability to obtain extramural funding; a minimum of 10 years of research experience with multidisciplinary research teams, with at least 5 years of experience in the conduct of randomized trials. Must bring funding to the Center to cover 50% of salary for the first two years. **PREFERRED:** Experience directing longitudinal population survey research projects; experience with primary or secondary prevention of substance abuse; knowledge of statistical sampling methodologies; experience in teaching undergraduate and graduate students. This is a tenure-track position beginning 09/01/2001, with potential for a joint appointment in Psychology or other University academic departments. Review of applications will begin in May and continue until the position is filled. Submit a letter of application, curriculum vitae, and three letters of recommendation to: James Prochaska, Search Committee Chair, (log#SBM021419), UNIVERSITY OF RHODE ISLAND, P.O. Box G, Kingston, RI 02881. The University of Rhode Island is an AA/EEO employer strongly committed to achieving excellence through increased diversity of its faculty, staff and students. Women, ethnic minorities, and individuals from under-represented groups are encouraged to apply.

## **Faculty Positions University of Texas M. D. Anderson Cancer Center, Houston, Texas**

The University of Texas M. D. Anderson Cancer Center, **DEPARTMENT OF BEHAVIORAL SCIENCE** is accepting applications for three faculty positions (two tenure track and one nontenure track). Faculty rank is open. The successful candidates will have expertise in the neuroscience of nicotine dependence, screening/early detection, health communications or genetic counseling and testing for hereditary cancers, or biostatistics/quantitative psychology. Level of extramural funding will be a key consideration for advanced faculty appointments.

Qualifications include a doctoral degree in psychology, educational psychology, public health or one of the social sciences. Successful candidates will be expected to design, implement and evaluate innovative studies, and seek peer-reviewed research funding. For the biostatistics/quantitative psychology position, a doctoral degree in biostatistics, statistics, quantitative psychology or closely related quantitative field is required. Successful candidates will collaborate with department investigators on existing projects and develop an independent program of methodologic research. Candidates with a strong record of scholarly achievement are preferred.

Salary is commensurate with experience. We offer generous benefits and competitive start-up packages for new faculty.

## **Postdoctoral Research Training in Behavioral Medicine Duke University Medical Center Durham, North Carolina**

The Behavioral Medicine Research Center at Duke University offers a 2-year, NIMH-sponsored, postdoctoral research training program that covers all areas of behavioral medicine, ranging from basic studies of biological mechanisms through clinical trials of behavioral interventions. Training centers around mentored research experience with course work depending on individual trainee needs. Applications are accepted at any time. To obtain descriptive material contact: Dr. Redford Williams, Box 3926, Duke Univ. Med. Ctr., Durham, NC 27710. Tel: 919-6843863. Email: redfordw@acpub.duke.edu

## **Assistant/Associate Professor Div. of Prevention and Health Behavior Weill Medical College of Cornell Univ. New York, New York**

The Division of Prevention and Health Behavior (D.P.H.B.) within the Department of Public Health at Weill Medical College of Cornell University is recruiting a behavioral scientist for its faculty. The successful candidate must possess:

- A strong background in psychological theory related to health and prevention.
- Skills in research design and multivariate statistical methods.
- Expertise or interests in cancer and/or cardiovascular prevention research.

Responsibilities of this position include:

- Taking a leadership role in developing new research projects through interventions designed to target the behavioral risk factors for adult populations.

For example, this might include interventions focusing on smoking cessation, weight reduction, exercise, and stress management in children, adolescents, and/or adults. The mission of the D.P.H.B. is to conduct research concerning behavioral aspects of chronic and disease risk and prevention.

This division's work focuses on:

- Identifying behavioral risk factors for major chronic diseases, such as cancer, cardiovascular disease, alcohol and drug abuse,
- Developing and evaluating intervention strategies to prevent these health problems.

DPHB's past prevention interventions were based in schools, communities, housing developments, and homeless shelters. DPHB faculty currently has several NIH grants including a NIDA-funded "Multi-Ethnic Drug Abuse Prevention Research Center," which is conducting a large-scale prevention trial with urban minority adolescents.

Qualifications include:

- A Ph.D. in psychology, public health, sociology, or a related field.
- Strong background in quantitative methods
- Skilled in data analysis and scientific writing as evidenced by peer-reviewed publications.
- Expertise in the use of PC SAS, HLM, and EQS.

The College offers a competitive salary and benefits, as well as a generous vacation allowance. Submit copy of vitae, three rel-

evant publications, and three letters of reference to: Gilbert Botvin, Ph.D., Professor, Department of Public Health, Chief, Division of Prevention and Health Behavior, Weill Medical College of Cornell University, 411 East 69th Street, New York, NY 10021, (212) 746-1270, [ipr@mail.med.cornell.edu](mailto:ipr@mail.med.cornell.edu) EEO/AA/M/F/D/V

## **Behavioral Scientist Associate/Full Investigator Research Associate/Research Full Professor, Center for Health Studies Seattle, Washington**

The Center for Health Studies (CHS), Group Health Cooperative of Puget Sound is seeking applications for a full-time Scientific Investigator. Appointment at CHS will be at the Associate or Full Investigator level (equivalent to Associate/Full Professor), depending on qualifications and experience. Candidates should have a doctoral degree in behavioral science and an active grant-funded program of independent research in health behavior change and/or management of chronic illness. Demonstrated ability to collaborate effectively with other scientists in a multi-disciplinary research setting and to mentor and provide leadership to junior behavioral scientists is also important. CHS has research programs in disease prevention and health promotion (e.g. smoking cessation, alcohol consumption, cancer screening, STD prevention), and management of common problems in primary care (e.g. diabetes, asthma, chronic pain, depression). An affiliate appointment in the Department of Psychology or the Department of Health Services, or a research joint appointment in the Department of Health Services at the University of Washington is possible. Group Health and the University of Washington are committed to building a culturally diverse staff and faculty and strongly encourage applications from female and minority candidates. Affirmative Action/Equal Opportunity Employer. Salary and benefits will be commensurate with experience and level of appointment. Interested applicants should submit a CV, names of three references, two to three representative publications, and a two to three page statement of goals and interests to: Jennifer McClure, Ph.D., Co-Chair, Search Committee, Center for Health Studies, 1730 Minor Ave., Suite 1600, Seattle, WA 98101. This position will remain open until filled, but will close no earlier than April 1, 2001. Chronic Disease Prevention/Health Promotion Specialist.

# Outlook

## Behavioral Sciences Education for Cancer Prevention and Control Univ. of Texas Health Science Center Houston School of Public Health

**Pre and Postdoctoral fellowships in behavioral science education for cancer prevention and control.** The Center for Health Promotion and Prevention Research at the University of Texas-Houston School of Public Health invites applications for its pre and postdoctoral National Cancer Institute-funded fellowships. Fellows will acquire skills and experience in identifying risk factors, and developing and evaluating interventions in school, community and clinical settings. Predoctoral fellows receive \$11,900, tuition, and other benefits. Postdocs receive \$38,000+, tuition, and benefits. Fellowships are up to three years and offer opportunities to work with research teams on all phases of project development and implementation, write papers, take courses, and write proposals. Preferred applicants demonstrate commitment to working with under-served populations. **Deadlines: Predocs – 08/01/01, 12/01/01. Postdocs – 08/01/01, 12/01/01.** Further information, Dr. Patricia Dolan Mullen, CHPP, UT-Houston SPH, Box 20036, Houston 77225, pdmullen@sph.uth.tmc.edu or the web page <http://www.sph.uth.tmc.edu/chprd/>. EOE/Smoke-Free. Members of under represented minority groups are encouraged to apply.

## Postdoctoral Position Smoking Research Group University of Pittsburgh

Fellow sought to join SRG under direction of Dr. Saul Shiffman. SRG's focus is on process of smoking cessation and relapse. Recent studies have collected data on smoking, cessation, and relapse, with or without drug treatment, via Ecological Momentary Assessment - real-time intensive monitoring using palmtop computers. Primary focus of position is development of scientific publications, with provision for new research directions and studies. Candidate should have background in addictions and treatment, particularly tobacco use and dependence, as well as good writing skills and quantitative sophistication. Funding for 2-year+ position from diverse NIH grants and other sources. Salary and benefits competitive. Start date negotiable. Position may include or evolve into research faculty appointment, depending on candidate. University of Pittsburgh Department of Psychology includes PhD programs in Clinical and Health Psychology. University community includes several research groups focused on tobacco and nicotine as well as other substance abuse. Send curriculum vitae, letter of interest and list of 3 references to: S.M. Paton at Smoking Research Group, Suite 510, 130 N. Bellefield Avenue, Pittsburgh 15213 or [stepaton@srg.psych.pitt.edu](mailto:stepaton@srg.psych.pitt.edu). An EOE.

## Postdoctoral Fellows The University of Rhode Island Cancer Prevention Research Center Kingston, Rhode Island

The Cancer Prevention Research Center at the University of Rhode Island is seeking two postdoctoral fellows to join a multidisciplinary research center starting on or about September 1, 2001. The positions involve assisting investigators in several grants studying the Transtheoretical Model applied to high-risk sexual behavior OR dietary interventions as well as other multiple risk behaviors. Position duties include database management, analysis of data, writing reports and manuscripts for publication, intervention material development, project implementation and management, as well as planning future research. There are opportunities to conduct own research using project resources. Applicants must have Ph.D. in Psychology, Nutrition or related field (ABD will be considered), and strong interest in research with the Transtheoretical Model and high-risk sexual behaviors OR nutrition interventions. Salary range \$30,000 to \$35,000. Send letter of interest and curriculum vitae to Colleen A. Redding, Ph.D., (for high risk sexual behaviors) or Geoffrey W. Greene, Ph.D., RD, LND (for dietary interventions), Cancer Prevention Research Center, 2 Chafee Road, University of Rhode Island, Kingston, RI 02881 or email at: [credding@uri.edu](mailto:credding@uri.edu) or [gwg@uri.edu](mailto:gwg@uri.edu). Candidates will be reviewed until position is filled.

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