



Outlook

A Quarterly Newsletter of the Society of Behavioral Medicine

Winter 2000–2001

PRESIDENT'S MESSAGE

C. Tracy Orleans, Ph.D., President
Robert Wood Johnson Foundation, Princeton, NJ

Interactive Health Communications, eHealth, and Behavioral Medicine



C. Tracy Orleans, PhD

We're on the brink of an unparalleled revolution in the uses of interactive communications to expand the reach and impact of behavioral medicine interventions, and SBM is helping to lead the way.

The revolution in information and communication technologies that has taken place in the last 5 years offers

brehtaking new possibilities for behavioral medicine research and practice. The percentage of US households with personal computers grew from less than 10% in 1984 to 45% in 1998, and in mid-1998, 70 million US adults were active users of the Internet. A recent Pew Foundation report found that more people turn to the Internet for medical information than for any other topic—stock quotes, sports scores, or on-line shopping bargains. The number of health-related Web sites is now estimated between 17,000 and 45,000. In fact, the main use of the Internet has been for health information exchange. There are encouraging recent data that the digital divide is narrowing; although low-income families continue to account for a small proportion of all Web users, they represent the fastest growing segment of users and recent computer purchasers. As the Institute of Medicine Science Panel on Interactive Communication and Health describes in its 1999 report *Wired for Health and Wellbeing*, "interactive health communication will play an essential role in enhancing health, minimizing total burden of illness, and

optimizing relationships between individuals and health professionals."

In response, leading behavioral medicine researchers are developing and testing promising approaches to tailoring health communications for multiple health behavior change interventions (e.g., cancer screening, diet, physical activity, smoking cessation)—paving the way for cost-effective tailored behavioral and pharmacobehavioral interventions. Some of these advances were summarized in the special Fall 1999 issue of *Annals* focusing on tailored print communications, which has become a seminal reference for the field. SBM members are also using the new informatics as tools for training health care providers, prompting adherence to evidence-based treatment protocols for disease prevention and chronic disease management, and providing support for the increasingly complex and demanding work of shared decision-making. Some of our members are exploring the use of the Internet for research purposes.

Several of our past meetings have included workshops and symposia on new interactive technologies and on conceptual advances in theory-based tailoring strategies. There will be an even greater emphasis on interactive health communications and eHealth in this year's annual meeting.

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President's Message (con't from page 1)

Barbara Rimer's keynote address, "Strengthening Behavioral Research in the New Century: The Challenges of Discovery and Application", will provide an overview of the challenges and opportunities facing behavioral medicine in the 21st century. In addition, a number of papers and posters will cover advances in eHealth. Kerry Evers, Carol Cummins, and Jim Prochaska, for instance, have reviewed almost 300 websites providing health behavior change tools and programs (e.g., tobacco, diet, physical activity, behavioral disease management) to assess their use of evidence-based strategies. Deborah Tate and Ron Borland will present research on "Interactive Health Communication in Health Behavior Change," and Deborah Bowen, Fred Hutchinson, and Isaac Lipkus will present their work in a symposium titled, "Building Bridges from Cognitive-Social Theory to Tailored Health Communications."

As Bob Croyle describes in his column, SBM will inaugurate our first annual invited hands-on workshop on interactive health

communications and eHealth. Bernard Glassman at the National Cancer Institute and Christopher Sciamanna at Brown University have designed an exciting workshop designed to help people with varying degrees of past experience and background become personally comfortable manipulating the hardware and software that are intrinsic to the new media in behavioral medicine – to address our own internal "digital divide" – between the initiated and uninitiated.

A preliminary program begins on page 4 of this issue of *Outlook*— so take a look and make your plans to begin this new millennium with new knowledge about the tools and technologies that are transforming our field. To get ready, let me suggest the *Wired for Health* report described on page 1 (available from the Institute of Medicine in Washington DC), the November/December 2000 issue of *Health Affairs*—an extremely provocative issue on eHealth—and a recent report on the digital divide available at www.mediametrix.com/data/MMXI-USHHI-0600.pdf, and the recent Pew Foundation report, "The On-line Health Care Revolution: How the Web Helps Americans Take Better Care of Themselves," available at: http://63.210.24.35/reports/pdfs/PIP_Health_Reports.pdf.

Let me close with warmest wishes for health, happiness, friendship and discovery in the year ahead.

RATE CHANGE AND DEADLINE

To advertise in the Spring issue of *Outlook*, please supply ad copy to Carol Kendall at the SBM National Office. Copy may be faxed to 608-831-5485 or emailed to ckendall@tmahq.com. The deadline for receipt of copy for inclusion in the Spring issue is April 1.

Please note that advertising is now billed at a rate of \$10/line, based on *Outlook's* final layout. Sample layout and preliminary bill will be forwarded to the advertiser prior to publication.

Correspondence about articles and professional news should be sent to:

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Articles should be no longer than approximately 500 words, plus up to 10 references, and submitted to the Editor. Double-spaced papers should be submitted in a standard writing style, such as AMA or APA style. Professional news is welcome at anytime via mail, phone, fax, or e-mail.

SEVERAL NEW FEATURES HIGHLIGHT 2001 MEETING

Robert T. Croyle, Ph.D., SBM Program Chair

The 2001 “Millennial” meeting of SBM in Seattle offers more fun, more special events, more programs for students, more opportunities for professional development, more cutting-edge translational research, and more practical advice for practitioners than ever before. As you can see from the program outline, the Program Committee has made a special effort to respond to your many suggestions by adding several new and innovative sessions and activities to our meeting.



A new program track on professional development (for students, scientists, and practitioners) has been added to this year’s program, thanks to Bill Gerin, Karina Davidson, Judy Ockene, Shari Waldstein, and many others. This new track opens with a special all-day seminar on career development on Wednesday, which will be offered for the half-day seminar fee. On Saturday, students who are facing the daunting task of conducting their dissertation projects will be offered the opportunity to get sound advice from one of three concurrent panels of experts on behavioral medicine dissertation research. The increased emphasis on professional development also is reflected in the breakfast roundtables.



Our seminar lineup is outstanding. *Even if you have never enrolled in an SBM seminar, this is the year to enroll.* For example, we’re offering a unique opportunity to get hands-on experience with new media technologies, thanks to Bernard Glassman and Christopher Sciamanna. Other seminars address timely and clinically-relevant topics such as motivational interviewing, recurrent head-

ache, and weight management. Research methods and statistics also are represented, with seminars focused on salivary biomarkers and how best to deal with missing data. Register early, as we expect these seminars to be filled quickly.

This year’s theme of Building Bridges from Science to Practice is strongly represented throughout all aspects of the program, including the Presidential Address by Tracy Orleans and the Closing Keynote by Russ Glasgow, which will be followed by a special seminar on diabetes. Clearly, we need to integrate evidence-based behavioral medicine into primary care and managed care, and several seminars and symposia address barriers to change and models for achieving success. With so many outstanding sessions and events, I can only highlight a few here, but do be sure to check out the Saturday symposia as well as the keynote address by John Eisenberg, Director of the Agency for Healthcare Research and Quality. I should also note that we are featuring several Pacific Northwest superstars in behavioral medicine throughout the program, including experts from the fields of health services, psychiatry, and primary care.



Finally, I am pleased to note the launching of a new APA Division 38 partnership lecture. Janice Kiecolt-Glaser, who has served as President of Division 38 of the American Psychological Association, will be discussing “Love, Marriage, Divorce, and Psychoneuroimmunology” on Friday. Jan’s work is truly fascinating, and continues to inform our understanding of the mind-body relationship.

As we all know, all work and no play is no formula for healthy living, so we are offering more outings and tours that are especially designed for friends and family. We want to insure that SBM is a family-friendly meeting that has something for everyone, so bring the kids and check out the tremendous sights and sounds of Seattle. Some of SBM’s most loyal members were born in this great city, including (can you tell?), yours truly.

Program Outline

Wednesday, March 21, 2001

Pre-Meeting Seminars
(available for an additional fee)

10:00 a.m.-5:00 p.m.

Career Development: Keys to Success in Research and Clinical Practice in Behavioral Medicine

2:00 p.m.-5:00 p.m.

- Biobehavioral Management of Recurrent Headache
- Addressing Nicotine Dependence Within the Healthcare Visit
- Introduction to Motivational Interviewing: Public Health and Behavioral Medicine Applications
- Integrating Salivary Biomarkers into Interdisciplinary Research: Theoretical Issues and Practical Aspects of Study Design, Sample Collection and Assay
- Motivate Healthy Habits: Integrating E-Care Developments and Professional Training
- Statistical Methods for Handling Missing Data in Longitudinal Studies

7:00 p.m.-8:30 p.m.

Opening Reception

Thursday, March 22, 2001

7:30 a.m.-8:15 a.m.

Breakfast Roundtables

- Behavioral Medicine Funding at the National Heart, Lung and Blood Institute
- Internships in Health Psychology
- NIMH Health and Behavior Research Funding Opportunities: Co-Morbid Mental and Medical Disorders, Adherence, Research Ethics and Services Seeking
- Assessing States' Needs for Training Tobacco Treatment Specialists
- Minority Issues in Career Development
- Behavioral Medicine and Spirituality
- Promoting Behavioral Medicine Science in the Media
- Physical Activity Special Interest Group

8:30 a.m.-10:10 a.m.

Symposia

- Treating Tobacco Use in Pregnancy: Getting Evidence-Based Interventions into Practice
- Smoking Reduction Strategies: Lay Perceptions and Implications for Smoking Cessation
- Research to Practice: Building Partnerships and a Strategic Youth Tobacco Cessation Agenda

- Using SBIRs as a Bridge for the Science, Practice and Business of Behavioral Medicine
- Cancer Control: Biobehavioral Research in the New Millennium
- Policy and Environmental Approaches to Promoting Physical Activity: New Interdisciplinary Partnerships
- Longitudinal Studies of Psychological Factors and Hypertension
- Research to Practice in Psychiatry: Implications for Behavioral Medicine
- Approaches to Mentoring and Professional Development: Implications for Behavioral Medicine and Health Psychology

8:30 a.m.-10:10 a.m.

Poster Session A

10:30 a.m.-11:15 a.m.

Keynote Lecture

Future Directions for the NIH Office of Behavioral and Social Sciences

Raynard S. Kington, M.D., Ph.D.

*Director, Office of Behavioral and Social Sciences Research
National Institutes of Health, Bethesda, MD*

11:30 a.m.-12:15 p.m.

Presidential Address and Awards Presentation

The Challenge of Translating Research to Practice: Everything I Needed to Know I Learned from Tobacco

C. Tracy Orleans, Ph.D.

Senior Scientist and Senior Program Officer

The Robert Wood Johnson Foundation, Princeton, NJ

12:30 p.m.-1:30 p.m.

Expert Consultations

1:30 p.m.-3:00 p.m.

Paper Sessions

- Stress: Cognition, Affect and Environment
- Illness-Related Stress, Depression and Disease
- Eating Disorders
- Genetic Testing
- Sexual Behavior
- Coping with HIV Infection and AIDS
- Physical Activity
- Smoking Cessation: Predictors and Outcomes

2:15 p.m.-3:00 p.m.

Master Lecture

Toward a Social Psychophysiology of Cardiovascular Reactivity

Tim Smith, Ph.D.

*Professor and Chair, Department of Psychology
University of Utah, Salt Lake City, UT*

3:30 p.m.-5:00 p.m.

Paper Sessions

- Adolescent Smoking
- Cancer Survivorship
- Congestive Heart Disease Adaptation
- Chronic Pain Treatment
- Underserved Populations
- Diet, Weight Loss and Nutrition
- Meditation
- Alcohol Use and Abuse

5:00 p.m.-6:00 p.m.

Keynote Lecture

Strengthening Behavioral Research In The New Century—
The Challenges Of Discovery And Application.

Barbara K. Rimer, Dr.PH.

*Director, Division of Cancer Control and Population Sciences
National Cancer Institute, Bethesda, MD*

6:00 p.m.-7:30 p.m.

Poster Session B

7:30 p.m.—10:00 p.m.

Reception

Friday, March 23, 2001

7:30 a.m.-8:15 a.m.

Breakfast Roundtables

- What You Don't Know Can Hurt You: Gender and Advancement in Academic Settings
- Meet the Editors
- Student Member Roundtable
- New Member Roundtable
- Physicians and the Society of Behavioral Medicine
- Behavioral Medicine Funding at the Robert Wood Johnson Foundation
- Research and Training: Funding Opportunities at the National Cancer Institute
- Weight Management Special Interest Group

8:30 a.m.-10:10 a.m.

Poster Session C

8:30 a.m.-10:10 a.m.

Symposia

- The Promise and Pitfalls of the Tobacco Master Settlement Agreement
- Psychosocial Factors Can Ameliorate Disease Processes
- Different Aspects of Large Samples with Eating Disorders: Gender, Age, Culture and Validity
- Ecological Momentary Assessment: A Unique Tool for Behavioral Medicine Research
- Building Bridges from Cognitive-Social Theory to Tailored Health Communications
- Applying an Ecological Framework to Physical Activity Research: Multiple Layers of Theory and Data

- Interactive Health Communication in Health Behavior Change
- Evidence-Based Behavioral Medicine at the Forefront: Updating the U.S. Preventive Services Task Force Guidelines

10:30 a.m.-11:15 a.m.

Keynote Lecture

John Eisenberg, M.D., M.P.H.

*Director, Agency for Healthcare Research and Quality
Rockville, MD*

11:15 a.m.-12:15 p.m.

Plenary Debate/The Impact of the Human Genome Project on
Clinical Medicine: Unrealistic Hype or Realistic Hope

Theresa M. Marteau, Ph.D.

*Professor of Health Psychology
Psychology and Genetics Research Group
King's College London, London England*

Robert Nussbaum, M.D.

Senior Investigator and Chief

Genetic Disease, Research Branch

National Human Genome Research Institute, Bethesda, MD

12:15 p.m.-1:15 p.m.

Expert Consultations

12:15 p.m.-1:00 p.m.

SBM Business Meeting

1:15 p.m.-2:00 p.m.

Master Lecture

Public Health Approaches to Obesity Prevention and Control

Antronette K. Yancey, M.D., M.P.H.

Director, Chronic Disease Prevention and Health Promotion, Los Angeles County Department of Health Services and Adjunct Associate Professor, Department of Community Health Sciences, UCLA Los Angeles, CA

1:15 p.m.-2:45 p.m.

Paper Sessions

- Stress, Cardiovascular Function and Immunity
- Cancer Adaptation
- Chronic Disease: Adaptation and Outcomes
- Youth Smoking
- Pain and Disability
- Physical Activity
- Obesity
- Health Services Research

3:15 p.m.-4:45 p.m.

Paper Sessions

- Smoking Cessation
- Condom Use and Sexual Decision-Making
- Innovations in Health Promotion
- HIV Prevention and Adaptation

- Cancer Prevention
- Cardiovascular Disease: Reactivity and Assessment Issues
- Nutrition
- Depression, Chronic Illness and Aging

3:45 p.m.-4:30 p.m.

Master Lecture

Lumping vs. Splitting: The Potential of Matching Treatments to Subgroups of Chronic Pain Patients

Dennis C. Turk, Ph.D.

John and Emma Bonica Professor of Anesthesiology and Pain Research, Department of Anesthesiology, University of Washington, Seattle, WA

5:00 p.m.-6:00 p.m.

APA Division 38 Partnership Keynote Lecture

Love, Marriage, Divorce, and Psychoneuroimmunology

Janice Kiecolt-Glaser, Ph.D.

*Professor and Director, Division of Health Psychology
Department of Psychiatry, Ohio State College of Medicine
Columbus, OH*

6:00 p.m.-7:45 p.m.

Joint Poster Session D with the Society for Research on Nicotine and Tobacco

8:00 p.m.-10:00 p.m.

NCI Listens: An Open Discussion for Cancer Investigators

Saturday, March 24, 2001

7:30 a.m.-8:15 a.m.

Breakfast Roundtables

- Alternative Medicine Special Interest Group
- Post-Doctoral Training in Health Psychology
- Psychology Internships from the Student Perspective
- Linking Theory and Research in Behavioral Medicine: Development of a Creative Research Program
- Fellows Breakfast Roundtable
- Board Certification in Health Psychology
- Women's Health Special Interest Group

8:30 a.m.-10:10 a.m.

Symposia

- Can't We All Just Get Along (Better): Improving the Dialogue and Collaboration Between Researchers and Practitioners
- Opportunities and Challenges for Behavioral Medicine Research and Practice in Managed Care
- Efficacy, Effectiveness and Dissemination/Implementation of Hospital-Based Smoking Cessation Programs
- Feasibility and Effectiveness of Health Systems-Level Interventions on Identification and Treatment of Patients Who Smoke
- Breaking In: Bringing Behavioral Medicine into Correctional Systems

- Capitalizing on Circumstance: Evaluations of the Use of Teachable Moments in Health Behavior Interventions
- Designing and Evaluating Physical Activity and Exercise Interventions for Cancer Patients
- Finding Benefit in the Experience of Cancer

8:30 a.m.-10:10 a.m.

Poster Session E

10:30 a.m.-12:00 noon

Paper Sessions

- Physicians: Education, Training and Decision-Making
- Psychosocial Oncology
- Cancer Screening
- Nutrition

10:30 a.m.-12:00 noon

Dissertation Research Panels

- Cardiovascular Disease
- Cancer
- Children's Health

12:00 noon-1:00 p.m.

Keynote Lecture

Building Bridges from Science to Practice: "RE-Aiming" Diabetes Self-Management Interventions and Evaluations for Public Health Impact

Russell E. Glasgow, Ph.D.

*Senior Scientist, AMC Cancer Research Center
Denver, CO*

Post-Meeting Seminars

(available for an additional fee)

1:30 p.m.-5:30 p.m.

Doing Better with Chronic Disease: Translating Behavioral Research in Diabetes into Practice

1:30 p.m.-4:30 p.m.

- New Media for Behavioral Medicine: Seeing and Shaping the Future
- Coordinating a Multidisciplinary Weight Management Program
- Addressing Multiple Health Risk Factors Through Integrated Interventions for Minority Populations
- Getting Your Patients to Sleep and Keeping Them Awake: How to Evaluate and Treat Sleep Disorders
- Implementing Systems Change to Incorporate Clinical Preventive Services in Primary Care: Research into Practice
- Conducting Effectiveness Research: Building the Bridge from Research to Practice

5:00 p.m.-6:00 p.m.

East-West Basketball Game

EVIDENCE-BASED BEHAVIORAL MEDICINE INTERVENTION COMMITTEE

Karina Davidson, Ph.D., Mirna Colon, M.A.
Mount Sinai School of Medicine

The Evidence-Based Behavioral Medicine (EBBM) Committee was created by the Society of Behavioral Medicine to develop guidelines and criteria that could be used to judge a behavioral medicine intervention as “evidence-based.” Our committee is comprised of 10 members: Karina Davidson, PhD, Mount Sinai School of Medicine (Chair); Robert Kaplan, PhD, University of California, San Diego; Peter Kaufman, PhD, National Heart, Lung and Blood Institute; Bonnie Spring, PhD, University of Illinois at Chicago; Thomas Pickering, MD, DPhil, Mt. Sinai School of Medicine; Michael Goldstein, MD, Bayer Institute for Health Care Communication (SBM Executive Committee Liaison); C. Tracy Orleans, PhD, The Robert Wood Johnson Foundation; Judith Ockene, PhD, MEd, University of Massachusetts Medical School; Virginia Cain, PhD, Office of Behavioral and Social Sciences Research; and Genell Knatterud, PhD, Maryland Medical Research Institute.

During our 2-year contract, which is funded by the Office of Behavioral and Social Science Research of the National Institutes of Health, we will:

- Create a system of criteria for evaluating the soundness of scientific evidence supporting preventive, treatment, and adjunct interventions in the field of behavioral medicine;
- Define methods and procedures for reviewing and evaluating such evidence in the context of established as well as unique experimental design requirements involving randomized clinical trials of behavioral and mixed-modality intervention;
- Establish a system for categorizing behavioral interventions by disease, outcome objective, stage of development of the science base, and for distinguishing between efficacy and effectiveness trials;
- Develop a plan for undertaking formal evaluations;
- Create a register of interventions suitable for review and prioritizing these by importance to the field of behavioral medicine;
- Test the system by completing a minimum of one review of interventions categories (e.g., primary prevention, secondary prevention, ancillary intervention);

- Develop a plan for performing evaluations on a continuing basis and disseminating results of the project to behavioral medicine researchers, educators, and practitioners, public, third party payers, and other interested entities.

Our first task is to conduct a review of existing criteria and reviews of evidence-based research. We will write a background article on the current state of evidence-based criteria. We will use this review as a guide for our own efforts to develop criteria for judging the base of evidence for behavioral medicine interventions.

Readers who would like more information about this effort are welcome to contact Dr. Davidson at: kdavids@bama.ua.edu.

Expert Consultation Program

SBM's Education and Training Council is pleased to offer the Expert Consultation Program at the 22nd Annual Meeting. SBM Fellows and other senior members of the Society representing diverse areas of behavioral medicine are contributing their time to meet one-on-one with conference attendees to discuss research and clinical issues of mutual interest.

To apply for this free service, you must pre-register for the conference. Then complete the Expert Consultation registration form and rank order the consultants with whom you would like to meet. We will try to match you with your highest choice. Send the consultation registration form to the SBM National Office no later than March 1, 2001. Alternatively, feel free to register for an Expert Consultation appointment on our website at <http://www.sbmweb.org>.

Appointments will be scheduled on a first come, first serve basis, so send in your registration and expert consultation form as soon as possible. All expert consultations will take place during the lunch hour on Thursday, March 22 and Friday, March 23, 2001. Each appointment will be scheduled for a 30-minute time period.

NEWS ABOUT SBM MEMBERS

Steven Richards, Ph.D., Newsletter Editor

W. Stewart Agras, M.D., and colleagues at Stanford University and the University of Washington, published a study of "Group Dialectical Behavior Therapy for Binge-Eating Disorder" (*Behavior Therapy*, 2000, 31 [3], 569-582.). Dr. Agras is a former SBM President, and he is Professor of Psychiatry at Stanford University School of Medicine.

Michael P. Carey, Ph.D., and colleagues at Syracuse University, published a randomized clinical trial of "Using Information, Motivational Enhancement, and Skills Training to Reduce the Risk of HIV Infection for Low-Income Urban Women" (*Health Psychology*, 2000, 19 [1], 3-11). Dr. Carey is Professor of Psychology and Director of the Center for Health and Behavior at Syracuse University.

Lee M. Cohen, Ph.D., has been appointed Assistant Professor of Psychology in the clinical psychology program at Texas Tech University. Dr. Cohen recently completed a Postdoctoral Fellowship at the University of California—San Diego Health Science Center after finishing his doctoral work at the Oklahoma State University. His research interests include smoking cessation treatments.

Robert T. Croyle, Ph.D., and **Alan J. Christensen, Ph.D.**, are serving as the Chair and Co-Chair for the 2001 SBM convention in Seattle. Dr. Croyle is Associate Director for Behavioral Research at the National Cancer Institute, and Dr. Christensen is Associate Professor and Director of the Clinical Psychology Program at the University of Iowa.

Leonard A. Doerfler, Ph.D., has been promoted to Professor of Psychology at Assumption College. Dr. Doerfler also has an appointment at the University of Massachusetts Medical Center—Worcester. His research interests include the behavioral aspects of cardiovascular disease and comorbid conditions.

Jeannette R. Ickovics, Ph.D., has received an Award for Distinguished Contribution to Psychology in the Public Interest from the American Psychological Association (APA). Dr. Ickovics won this Award, in part, "for her outstanding research focusing on women and HIV/AIDS, as well as more general research on the interaction of biomedical and psychosocial factors that promote good health and recovery" (APA press release, September, 2000). She is Associate Professor of Epidemiology and Public Health at Yale University School of Medicine.

Jon D. Kassel, Ph.D., and colleagues at the University of Florida Health Science Center, published a study of "Smoking, Anxiety, and Attention" (*Journal of Abnormal Psychology*, 2000, 109 [1], 161-166). Dr. Kassel is Associate Professor of Psychology at the University of Illinois—Chicago.

Arthur M. Nezu, Ph.D., delivered the Presidential Address at the convention of the Association for Advancement of Behavior Therapy in New Orleans (November 18, 2000). His topic was problem-solving interventions, and his presentation covered the numerous applications that these interventions may have in health service settings. Dr. Nezu is Professor of Psychology, Medicine, and Public Health at MCP Hahnemann University.

Michael G. Perri, Ph.D., was a Visiting Professor at Oxford University in England last summer. Dr. Perri is Professor of Clinical and Health Psychology, and Director of the Psychology Internship Program, at the University of Florida Health Science Center. His research interests include the behavioral aspects and long-term management of obesity.

Brian E. Saelens, M.A., and colleagues at San Diego State University (SDSU) and the University of Rhode Island, published a study of the "Use of Self-Management Strategies in a 2-Year Cognitive-Behavioral Intervention to Promote Physical Activity" (*Behavior Therapy*, 2000, 31 [2], 365-379). Mr. Saelens is a graduate student in psychology at SDSU.

Janice Y. Tsoh, Ph.D., and colleagues at the University of California—San Francisco (UCSF), published a study on "Development of Major Depression after Treatment for Smoking Cessation" (*American Journal of Psychiatry*, 2000, 157 [3], 368-374.). Dr. Tsoh is a Postdoctoral Fellow in the Department of Psychiatry at UCSF.

Rena R. Wing, Ph.D., along with colleagues at the National Heart, Lung, and Blood Institute, edited a special issue of the journal *Health Psychology*, which focuses on the topic of "Maintenance of Behavior Change in Cardiorespiratory Risk Reduction" (2000, 19 [1], supplement, 1-90). Dr. Wing is a former SBM President, and she is Professor at Brown University School of Medicine and The Miriam Hospital.

(Editor's Note: SBM members are invited to submit professional news items for possible publication in the newsletter. Please send these items via e-mail to Steven Richards, Ph.D., Editor of Outlook, at steven.richards@ttu.edu [or Psychology Department, Box 42051, Texas Tech University, Lubbock, TX 79409-2051]. We request that news regarding income-generating matters [e.g., private practice announcements or books] be sent to Ms. Kendall, Classifieds Editor of Outlook, at ckendall@tmahq.com [or 608-827-7267, x 144].)

CLASSIFIEDS

Pain Management Psychology Post-Doctoral Fellowship Positions (2) University of Virginia

University of Virginia, Dept. of Anesthesiology, division of Pain Management in Charlottesville, VA invites application for training in an exciting interdisciplinary pain management program with training based on IASP curriculum, starting July, 2001 (one year with option to renew). Applicants must have completed an APA-accredited doctorate program and internship. *Training will include:* outpatient chronic pain treatment and assessment, rehabilitation, unique interdisciplinary assessment and treatment with acute medical in-patients, educational program participation in ongoing faculty research and development of related project(s). To apply forward a curriculum vitae and three letters of recommendation to: Andrew J. Cook, Ph.D., Department of Anesthesiology, UVA Health System, P. O. Box 800710, Charlottesville, VA 22908-0710. The University of Virginia is an Equal Opportunity/Affirmative Action Employer.

Postdoctoral Fellowship in Cancer Prevention and Control

The UNC Lineberger Comprehensive Cancer Center at the University of North Carolina at Chapel Hill seeks candidates for a two-year postdoctoral fellowship in cancer prevention and control. Qualified individuals must have completed a Ph.D., M.D. or equivalent degree and must be a U.S. citizen or have permanent resident status. Applications are due January 15, 2001 for fellowships that begin in summer 2001. For further information see <http://cancer.med.unc.edu/training/prevention.html> or contact: Michael O'Malley, Ph.D., UNC Lineberger Comprehensive Center, CB#, 7295, University of North Carolina at Chapel Hill, Chapel Hill, NC 27599-7295. (clover@med.unc.edu) The UNC Lineberger and the University of North Carolina at Chapel Hill are Equal Opportunity Employers. Women and minorities are strongly encouraged to apply and self identify on their application.

Postdoctoral Fellowship University of Michigan Health Systems

Postdoctoral Training in the Behavioral Medicine Program, Department of Psychiatry, University of Michigan Health Systems is now accepting applications for a two-year postdoctoral fellowship (number of slots TBA). The Behavioral Medicine Program specializes in short-term, cognitive-behavioral therapy for patients suffering from stress related conditions, chronic pain, medical illness, and/or exhibiting health risk behaviors. The program emphasizes the relationship between biological, psychological, and behavioral risk factors in the development, and/or maintenance of medical illness and psychopathology. Special consideration will be given to individuals with experience in medical cardiology, cancer, or gastroenterology. Applicants must have completed the Ph.D. in Psychology from an accredited academic program or will complete soon after July 2001 to be considered. Applicants must also qualify for licensure as a clinical psychologist in Michigan. The University of Michigan Health System provides a scholarly environment with seminars, invited lectures, and opportunities for collaboration with faculty across various disciplines and departments. The first year stipend for fellows is \$26,500 plus benefits. For information and application materials please contact: Steve Schwartz, Ph.D. smschw@umich.edu or Peter Trask, Ph.D. pctrask@umich.edu The Behavioral Medicine Program Department of Psychiatry, University of Michigan Health Systems, 475 Market Place, Suite L, Ann Arbor, MI 48108-0757, (734) 998-6420. The University of Michigan is a non-discriminatory/affirmative action employer.

Postdoctoral Fellowships Carnegie Mellon University and University of Pittsburgh

Behavioral medicine postdoctoral medicine research fellowships available at the University of Pittsburgh and Carnegie Mellon University. Training program is a mentor-based model with opportunities for formal didactic work in psychophysiology, statistics, disease pathophysiology, and academic survival skills. Training faculty from the two Universities work collaboratively with fellows and include Andrew Baum, Anthony Caggiula, Margaret Clark, Sheldon Cohen, Robyn Dawes, Baruch Fischhoff,

Vicki Helgeson, J. Richard Jennings, Thomas Kamarck, John Levine, Stephen Manuck, Marsha Marcus, Karen Matthews, Kenneth Perkins, Michael Sayette, Michael Scheier, and Richard Schulz. Faculty interests include stress and coping, social support, adjustment to chronic illness, psychosocial interventions for disease, personality and health, gender and health as applied to health behaviors including smoking and weight regulation, psychoneuroimmunology, infectious disease, cancers, cardiovascular disease, and general susceptibility for illness. Pilot monies for postdoctoral research are available through The Pittsburgh Mind-Body Center, a joint effort of the two Universities. Training lasts 1-3 years; stipends at current NIH levels of support. Must be a US citizen or have permanent resident status in accordance with NIH regulations for a NRSA fellowship award. Those interested in disease-specific fellowships, apply to Andrew Baum, Behavioral Medicine & Oncology, UPCI, University of Pittsburgh, 405 Iroquois Building, Pittsburgh, PA 15213 for cancer; to Karen Matthews, Department of Psychiatry, University of Pittsburgh, 3811 O'Hara Street, Pittsburgh, PA 15213 for cardiovascular disease and risk factors; or to Sheldon Cohen, Carnegie Mellon University, Department of Psychology, Pittsburgh, PA 15213 for non-disease specific training. Applications should include statement of research interests and proposed goals for the fellowship; curriculum vitae; and 3 letters of recommendation. E-mail questions can be submitted to arnoldla@msx.upmc.edu. EEOC/MF

Research Investigator Joslin Diabetes Center, Boston, MA

Joslin Diabetes Center, an affiliate of Harvard Medical School and a leader in diabetes research, teaching and patient care, is seeking an experienced behavioral scientist with a background in diabetes for a full-time research position. This is an opportunity to join a vibrant mental health research and clinical group in order to expand our educational, behavioral and outcomes research program. The ideal candidate will have strong research skills with a demonstrated record of success in obtaining grant support; be an intellectual leader with an established track record of significant scientific contributions; and possess a Ph.D. or M.D., preferably with clinical care licensure. Joslin offers a competitive salary and benefits, and an academic appointment to

Harvard Medical School at the Assistant to Associate Professor level. Send CV to Search Committee, c/o Research Director's Office, Joslin Diabetes Center, One Joslin Place, Boston, MA 02215.

**Program Director
Psychosocial Oncology
Wellness House, Hinsdale, IL**

Wellness House, a not-for-profit organization that provides free psychosocial support to people with cancer and their families is looking to fill the position of Director of Program. The Director of Program manages a professional staff in the delivery of direct service and leads the effort in program planning and implementation. He/She should have a strong appreciation for and understanding of group work, psychosocial intervention, health education, and complementary approaches to wellness and health for people with (illness) cancer. Doctoral level preparation is preferred. All candidates should demonstrate understanding of research methodology, program design, and program evaluation. Wellness House is located in the western suburbs of Chicago and serves 77 local communities. Plans are to add to the facility for strengthened programming in Children's and Family Services, Nutrition, Exercise, and Mind-Body arenas. Plans are to fill this position immediately. Salary and other compensation are competitive. Inquiries should be addressed to: Jeannie Cella, M.S., LCPC, Executive Director, Wellness House, 131 North County Line Road, Hinsdale, IL 60521. JCella@wellnesshouse.org.

**Associate Research Scientist
Yale University**

We are seeking a Project Director for a newly funded NIH study (5 years). The primary objectives are to document the rate and extent of recovery following surgery and to identify a set of factors to best predict successful outcomes, including clinical and psychosocial parameters, as well as neuroendocrine and immunological profiles of a sub-sample of participants. Candidates should have a Ph.D. in psychology or related discipline and should have experience in research settings. Knowledge of psychoneuroimmunology is desirable, but not essential. Individual will be responsible for daily project management (e.g., designing/refining study protocols, overseeing

patient recruitment and retention, development of psychosocial measures, data management, personnel oversight), conducting data analyses, and collaborating in paper writing to report research results. Pilot data from 125 patients already collected, so data analyses can begin immediately. Join our exciting multi-disciplinary team; this is a full-time position with excellent salary and benefits. Please send statement of interest, CV and any p/re-prints to: Dr. Jeannette Ickovics, Yale University School of Medicine, Department of Epidemiology & Public Health, 60 College Street Suite 415, PO Box 208034, New Haven, CT 06520-8034. An Equal Opportunity Employer. 9/00.

**Chair, Dept. of Behavioral Science
University of Kentucky, Lexington, KY**

The University of Kentucky College of Medicine invites nominations and applications for the position of Chair, Department of Behavioral Science. The Department is a pre-clinical department within the College of Medicine and has a multidisciplinary faculty of 13 conducting extramurally funded research on biobehavioral and sociocultural aspects of disease prevention, cause, course, outcome, distribution, and treatment. Teaching involves graduate, medical, and other health professional students, and pre- and postdoctoral fellows in the behavioral sciences supported by one DOD and two NIH training programs. Additional departmental information can be found at www.mc.uky.edu/behavioralscience. The University of Kentucky is a Carnegie I Research Institution and is situated in the beautiful "Bluegrass" region of central Kentucky. Candidates should possess a Ph.D. degree or its equivalent, a substantial record of basic or applied research, and administrative experience in an academic setting. Candidates should have a record suitable for appointment as a tenured, full professor. Please send a letter of application, CV, and the names of three references electronically to kdsaly01@pop.uky.edu, or mail to: Kelley Salyers, Administrator, Department of Behavioral Science, University of Kentucky College of Medicine, 113 College of Medicine Office Building, Lexington, KY 40536-0086. The committee will begin reviewing applications January 26, 2001 and will continue accepting them until the position is filled. *The University of Kentucky is an AA/EO Employer.*

**Health Behavioral Scientists
National Cancer Institute, Bethesda, MD**

The National Cancer Institute (NCI) anticipates additional openings for several doctoral level positions within its growing Behavioral Research Program (BRP). The BRP initiates and supports a broad range of research related to cancer prevention and control, from basic biobehavioral research to controlled trials of health promotion interventions in community settings. As the NCI strengthens its role in accelerating progress in behavioral science, individuals with expertise in health psychology, sociology, health behavior, communication, preventive medicine, and the public health sciences will be needed to develop, guide, and evaluate the nation's cancer research program. As members of the largest institute within the National Institutes of Health, behavioral scientists at the NCI have unique opportunities to participate in interdisciplinary research initiatives that have a direct and significant impact on biomedical science, public health policy and the health of the nation.

The NCI's new Behavioral Research Program was developed to increase the breadth, depth, and quality of cancer-related behavioral science. The scope of this commitment is reflected by the creation of five new branches of the NCI devoted to behavioral science research as well as many new positions. The BRP includes a focus on areas not traditionally supported by the NCI or the NIH, such as applied sociocultural research and health communication. In addition, the NCI continues to support research on diet, sun protection, tobacco use, cancer screening, cognitive and social processes underlying health behavior, and the role of psychosocial factors in cancer etiology, progression, and survival. Special efforts to foster transdisciplinary research and the translation of basic research findings into clinical behavioral medicine and public health interventions are reflected by the Program's many initiatives, facilitated by substantial collaborations with private foundations, federal agencies, and the other NIH institutes.

Applicants with doctoral level training and strong research experience in the biomedical, social, behavioral or public health sciences are being sought. Excellent communication and interpersonal skills also are important for work in this collaborative, challenging and highly visible interdisciplinary

setting. The location is Bethesda, Maryland, close to Washington, D.C. Salaries are very competitive and commensurate with experience. Excellent benefits are provided. All applicants will receive consideration without regard to race, color, gender, national origin, age, religion, disability, or sexual orientation. NCI/NIH is an equal opportunity employer.

For more information about the NCI, go to www.cancer.gov; for information about the BRP, go to dcccps.nci.nih.gov/dcccps; or view the NCI strategic plan at 2001.cancer.gov

Please mail or fax a C.V. and letter describing your background and interests to: Robert T. Croyle, Ph.D., Associate Director for Behavioral Research, Division of Cancer Control and Population Sciences/NCI, 6130 Executive Blvd., Room 4060 MSC 7326, Bethesda, MD 20892-7326. Fax: (301) 435-7547.

Post-Doctoral Research Fellowship Memorial Sloan-Kettering Cancer Ctr. New York, NY

The Department of Psychiatry & Behavioral Sciences of Memorial Sloan-Kettering Cancer Center invites applications for a post-doctoral research fellowship in tobacco use cessation and prevention. The position is supported by the National Cancer Institute, which provides mentored training in behavioral aspects of cancer prevention and control. Current tobacco control activities include federally funded multi-disciplinary projects focusing on promoting smoking cessation among newly diagnosed cancer patients and their family members, and an intervention study testing a motivational intervention for primary care dental patients. Fellows actively participate in all aspects of project development and implementation including grant writing, supervision of research assistants, data management, liaison with multidisciplinary co-investigators, data analyses, and dissemination of findings via oral presentations and manuscript preparation. Fellows also attend weekly formal lectures and seminars, and an advanced colloquium in research design and quantitative methods. Opportunities for integrating clinical and community consultation activities complementary to research interests are available and encouraged.

The Department of Psychiatry & Behavioral Sciences was established in 1977 and currently has 12 full-time faculty. Many departmental research projects target ur-

ban, medically underserved populations. Multidisciplinary collaborations within the institution, and ties to community populations, are well established.

Stipends and benefits are highly competitive (based on training and experience). Subsidized housing may be available. Advanced degree in psychology, medicine, nursing or public health required. Full time position for two years. Strong quantitative skills preferred. Send cover letter summarizing research interests/experiences, curriculum vitae and three professional references to: Jamie Ostroff, Ph.D., Department of Psychiatry & Behavioral Sciences, Memorial Sloan-Kettering Cancer Center (MSKCC), 1275 York Avenue, New York, NY 10021.

Assistant Professor University of Kansas, Lawrence, KY

Assistant Professor-Exercise Behavior, Health, Sport & Exercise Sciences, University of Kansas. Full time, 9 month, tenure track position beginning August, 2001. Required qualifications: Earned doctorate in an appropriate specialization such as exercise physiology, exercise behavior, psychology, public health, epidemiology, or energy balance. Review of applications begins November 1, 2000 & will continue until the position is filled. Application materials include a letter of application, a resume or curriculum vita, up to three publications and names & phone numbers of three references. Send to: University of Kansas, Kim Johnson, Health Sport & Exercise Sciences, 104 Robinson Center, Lawrence Kansas 66045. Contact: Dr. Carole Zebas (785) 864-4656, Email: zebas@ukans.edu. For full description, www.soe.ukans.edu. EO/AA Employer.

Director, MPH Program (Tenure Track) University of Kansas, Kansas City, KS

The Department of Preventive Medicine, a dynamic, multidisciplinary group of 23 faculty, is seeking a candidate to direct our MPH Program in Kansas City. The program received full five-year accreditation in 1998 and currently has 43 part-time and 9 full-time students. The candidate should have a doctoral degree in public health or a related field such as medicine, teaching experience with graduate students, and a track record in extramurally-funded research. Primary responsibilities include directing the MPH Program and assisting in building an

extramurally-funded research program. Join a growing team of federally-funded researchers working in a number of areas such as cardiovascular disease, obesity, breast cancer, smoking cessation, substance abuse, and outcomes research. Excellent opportunities and joint appointments exist with the Center on Aging, the Kansas Cancer Institute, and the Department of Health Policy and Management.

Review of applications and nominations will begin immediately. Send a cover letter, CV, and three references to: Jasjit S. Ahluwalia, MD, MPH, MS, Search Committee, University of Kansas Medical Center, Dept. of Preventive Medicine, 3901 Rainbow Blvd., Kansas City, KS 66160-7313. 913-588-2772. KUMC is EO/AA Employer

Faculty Position University of Hawaii, Honolulu, HI

The Cancer Research Center of Hawaii, University of Hawaii, is seeking an outstanding behavioral scientist for a faculty position. Cancer Research Center of Hawaii (CRCH) is a university-based, Natl Cancer Institute-designated cancer center. CRCH offers a unique opportunity to study & influence Hawaii's diverse multiethnic populations, with disparate rates of cancer morbidity and mortality.

The appointee will assume leadership in funded research in two or more of these areas: smoking prevention, skin cancer prevention, hereditary colon cancer and genetic testing, dietary change, & underage drinking prevention. S/he will be expected to develop original funded research within 4 years.

Qualifications for Asst Researcher (Professor) appointment: doctoral degree in health behavior, psychology, or related field. Other requirements: strong research & community relations experience; thorough knowledge of health behavior & intervention research; leadership/supervisory experience and skills. Experience in cancer prevention/control, and with ethnic minorities, is also desirable.

To apply, send a cover letter summarizing your qualifications, experience and interests, a current CV, and 3 references to: Karen Glanz, PhD, MPH, Cancer Research Center of Hawaii, 1236 Lauhala St., Suite 406, Honolulu, HI 96813 **Closing date:** January 15, 2001 or when position is filled. University of Hawaii is an Equal Employment Opportunity/Affirmative Action Employer. **Inquiries:** Karen Glanz, Ph.D., M.P.H., (808) 586-3076; fax (808) 586-3077; e-mail kglanz@hawaii.edu

SBM HONOR ROLL

Please take this opportunity to nominate a colleague for SBM's Honor Roll program. The nomination process is simple. Fill out this form and send it to the SBM National Office along with a \$25 donation to the Society on behalf of a particular SBM colleague. SBM will in turn send the nominee a certificate stating that you have made a donation to the Society in their honor. In addition, a quarterly listing of all nominees and their achievements will be printed in SBM's newsletter, *Outlook*.

There are many reasons for nominating someone for the Honor Roll. You may want to honor a student for completion of a dissertation, a colleague for an appointment or award, or an individual for his or her overall accomplishment in a certain area of behavioral medicine.

Besides providing a way to celebrate our members' accomplishments, the Honor Roll will provide a critical service to the Society by generating funds that will be used to subsidize student registration at our annual scientific meetings.

Your Name (as you would like it to appear on the certificate): _____

Phone: _____ E-mail: _____

Nominee's Name (including credentials): _____

Nominee's Mailing Address: _____

City: _____ State/Province: _____ Zip/PC: _____ Country: _____

Reason for nominating this individual (eg: For outstanding achievement in...):

Please forward nominations to the SBM National Office • 7600 Terrace Avenue, Suite 203 • Middleton, WI 53562

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