### Schedule At A Glance

#### Wednesday, March 24, 2004
- **8:00 a.m.-5:00 p.m.**  
  Dover A  
  **Board of Directors Meeting**  
  **12:00 noon-7:00 p.m.**  
  **Grand Ballroom Registration Desk**  
  **Registration**  
  **9:00 a.m.-5:00 p.m.**  
  **Grand Ballroom Salon V**  
  **Seminar #1**  
  State of the Art in Risk Perception Research  
  **10:00 a.m.-5:00 p.m.**  
  **Grand Ballroom Salon III Seminar #2**  
  Motivational Interviewing in Health Promotion: Where Do We Go From Here?  
  **10:00 a.m.-5:00 p.m.**  
  **Grand Ballroom Salon VIII Seminar #3**  
  Keys to Successful Career Development: Getting Funded, Getting Published, and Other Tips from the Pros  
  **2:00 p.m.-5:00 p.m.**  
  **Grand Ballroom Salon IX Seminar #4**  
  The Next Big Step: Translating Specialty Behavioral Medicine Interventions to Primary Medical Settings Across the Life Span  
  **2:00 p.m.-5:00 p.m.**  
  **Grand Ballroom Salon I Seminar #5**  
  Spinning a New Web: Translating Theory to Practice for Web-Based Health Promotion Tools  
  **2:00 p.m.-5:00 p.m.**  
  **Grand Ballroom Salon IV Seminar #6**  
  Building Treatment Fidelity into Health Behavior Change Research: Lessons Learned and Best Practice Guidelines From the Behavior Change Consortium  
  **2:00 p.m.-5:00 p.m.**  
  **Grand Ballroom Salon II Seminar #7**  
  Improving Our Science Through Better Data Analysis: A Brief Introduction to Seven Key Ideas in Regression Modeling  
  **2:00 p.m.-5:00 p.m.**  
  **Grand Ballroom Salon VII Seminar #8**  
  Biobehavioral Management of Refractory Migraine and Tension-Type Headache: A Case-Based Approach  
  **6:00 p.m.-7:00 p.m.**  
  **Grand Ballroom Salon X New Member Meeting**  
  **7:00 p.m.-8:30 p.m.**  
  **Harborside Ballroom Opening Reception**  
  **Meritorious Student Poster Session A**  
  **Exhibits Open**

#### Thursday, March 25, 2004
- **6:30 a.m.-7:30 a.m.**  
  **Kent A**  
  Exercise Session  
  Feldenkrais Method: Move Better to Live Better  
  **7:30 a.m.-5:00 p.m.**  
  **Grand Ballroom Registration Desk**  
  **Registration**  
  **Breakfast Roundtables**  
  **7:30 a.m.-8:30 a.m.**  
  **Essex B**  
  • Early Career Development: Climbing the Academic Ladder  
  **Education-Based Behavioral Medicine Special Interest Group: New Member Welcome**  
  **7:30 a.m.-8:30 a.m.**  
  **Heron**  
  • National Institute on Alcohol Abuse and Alcoholism  
  **Grand Ballroom Salon IX**  
  **Seminar #9**  
  National Cancer Institute: Let's Talk Social and Behavioral Research  
  **7:30 a.m.-8:30 a.m.**  
  **Kent B**  
  • National Institute of Diabetes and Digestive and Kidney Disease: A Behavioral Focus on Chronic Disease Through the NIDDK Lens  
  **7:30 a.m.-8:30 a.m.**  
  **Grand Ballroom Salon X**  
  **Seminar #10**  
  National Cancer Institute: Lets Talk Social and Behavioral Research  
  **7:30 a.m.-8:30 a.m.**  
  **Laurel A**  
  • National Institute on Aging  
  **8:30 a.m.-9:00 a.m.**  
  **Harborside Ballroom Break – Posters and Exhibits**  
  **8:30 a.m.-10:10 a.m.**  
  **Grand Ballroom Poster Session B:**  
  Cancer  
  **8:30 a.m.-12:00 noon and 3:00 p.m.-7:30 p.m.**  
  **Harborside Ballroom Exhibits Open**  
  **9:00 a.m.-10:30 a.m.**  
  **Dover A**  
  **Symposium #1**  
  Behavioral Medicine Research in Countries Undergoing Rapid Transition: Global Issues and Challenges  
  **9:00 a.m.-10:30 a.m.**  
  **Grand Ballroom Salon I**  
  **Symposium #2**  
  Impact of Cancer on the Family  
  **9:00 a.m.-10:30 a.m.**  
  **Grand Ballroom Salon V**  
  **Symposium #3**  
  Transdisciplinary Approaches to Environmental Research on Physical Activity  
  **9:00 a.m.-10:30 a.m.**  
  **Grand Ballroom Salon III**  
  **Symposium #4**  
  Improving Behavioral Measurement for the Next 25 Years of Childhood Obesity Prevention Research: The Girl’s Health Enrichment Multi-Site Studies (GEMS)  
  **9:00 a.m.-10:30 a.m.**  
  **Grand Ballroom Salon IX**  
  **Symposium #5**  
  Spirituality and Health: Effects of Randomized Interventions on Physical and Psychosocial Variables  
  **9:00 a.m.-10:30 a.m.**  
  **Grand Ballroom Salon VII**  
  **Symposium #6**  
  Defining and Applying Evidence-Based Behavioral Medicine: Perspectives to Revitalize Behavioral Medicine  
  **9:00 a.m.-10:30 a.m.**  
  **Essex B**  
  **Symposium #7**  
  Optimizing Health Care Delivery Systems to Address Behavioral Risk Factors  
  **9:00 a.m.-10:30 a.m.**  
  **Grand Ballroom Salon IV**  
  **Symposium #8**  
  The Women’s Health Initiative: Cognitive Function and Quality of Life for Women in the Estrogen Plus Progesterone RCT  
  **10:30 a.m.-11:00 a.m.**  
  **Harborside Ballroom Break – Posters and Exhibits**  
  **11:00 a.m.-12:00 noon**  
  **Grand Ballroom Salon VI**  
  **Presidential Address and Awards Presentation**  
  **Health Before Humvees: Making Behavioral Medicine Available to All**  
  **Linda C. Baumann, Ph.D., R.N., FAAN**  
  **12:00 noon-1:30 p.m.**  
  **Break for Lunch (on your own)**  
  **12:15 p.m.-1:15 p.m.**  
  **Grand Ballroom Salon I**  
  **Special Interest Group Meeting**  
  • Cancer Special Interest Group  
  **12:15 p.m.-1:15 p.m.**  
  **Essex B**  
  **Special Interest Group Meeting**  
  • Physicians Special Interest Group: Things You Never Learned in Medical School
Saturday, March 27, 2004

6:30 a.m.-7:30 a.m.  Kent A
Exercise Session
Exercise While You Work
7:30 a.m.-2:00 p.m.  Grand Ballroom Registration
Desk
Registration
Breakfast Roundtables
7:30 a.m.-8:30 a.m.  Kent B
Motivating Health Behavior
Change Special Interest Group: Maintaining Balance
Despite the Obstacles
7:30 a.m.-8:30 a.m.  Galena Room
• Research/Methodological Issues
Special Interest Group
7:30 a.m.-8:30 a.m.  Dover A
• Obesity and Eating Disorders
Special Interest Group
7:30 a.m.-8:30 a.m.  Laurel D
• Multiple Risk Behavior
Change Special Interest Group: Unique Issues for
Research and Practice
7:30 a.m.-8:30 a.m.  Laurel B
• Complementary and
Alternative Medicine Special
Interest Group
7:30 a.m.-8:30 a.m.  Laurel A
• Behavioral Informatics Special
Interest Group
Planning for the Future: A
Research and Collaboration
Agenda
7:30 a.m.-8:30 a.m.  Essex B
• Women’s Health Special
Interest Group: News and
Networking
7:30 a.m.-8:30 a.m.  Essex A
• Integrating Behavioral
Medicine and Primary Care
Special Interest Group
7:30 a.m.-8:30 a.m.  Falkland Room
• Health Systems, Planning,
and Policy Special Interest
Group
Making a Difference:
Research to Practice and
Policy through Systems
Change
8:30 a.m.-9:00 a.m.  Harborside Ballroom
Break – Posters
8:30 a.m.-10:10 a.m.  Harborside Ballroom
Poster Session F:
Health Communication and
Technology, Transcultural
Diversity Issues, Lifespan and
Complementary and Alternative
Medicine
9:00 a.m.-10:30 a.m.  Grand Ballroom Salon I
Symposium #17
Should Behavioral Medicine
Contribute to Complementary
and Alternative Medicine — Or
Keep a ‘Safe Distance’?
9:00 a.m.-10:30 a.m.  Grand Ballroom Salon V
Symposium #18
Evidence-Based Strategies for
Obesity-Related Screening and
Health Behavior Change
Interventions: New Reviews
and Recommendations From
the U.S. Preventive Services
Task Force
9:00 a.m.-10:30 a.m.  Grand Ballroom Salon VII
Symposium #19
Factors Affecting Quality of Life
Among Prostate Cancer
Patients: Current Knowledge
and New Directions
9:00 a.m.-10:30 a.m.  Essex B
Symposium #20
Severe Acute Respiratory
Syndrome (SARS): Responding
to a New and Deadly Disease
9:00 a.m.-10:30 a.m.  Dover A
Symposium #21
Designing For Dissemination
Within Schools: Issues of
Development, Research and
Implementation
9:00 a.m.-10:30 a.m.  Grand Ballroom Salon IX
Symposium #22
Operationalizing Ecological
Models Across Behaviors
9:00 a.m.-10:30 a.m.  Grand Ballroom Salon III
Symposium #23
Successful Approaches to
Mentoring and Professional
Development for Mentors and
Mentees
9:00 a.m.-10:30 a.m.  Grand Ballroom Salon IV
Symposium #24
The Diabetes Priority Program:
Results From a Randomized
Effectiveness Study to Improve
Quality of Care
10:30 a.m.-12:00 noon  Grand Ballroom Salon IX
Paper Session #30
Measurement Issues
10:30 a.m.-11:30 a.m.  Dover A
Paper Session #31
Depression and Cardiovascular
Disease
10:30 a.m.-12:00 noon  Grand Ballroom Salon V
Paper Session #32
Spirituality and Health
10:30 a.m.-12:00 noon  Grand Ballroom Salon III
Paper Session #33
Cancer Survivors
10:30 a.m.-12:00 noon  Grand Ballroom Salon I
Paper Session #34
Cancer Risk and Screening:
Do Cultural Factors Matter?
10:30 a.m.-12:00 noon  Essex B
Paper Session #35
Adolescent Substance Use and
Abuse
10:30 a.m.-12:00 noon  Grand Ballroom Salon VII
Paper Session #36
Interventions to Reduce
Disease Risk and Impact
12:15 p.m.-1:00 p.m.  Grand Ballroom Salon VI
Closing Keynote Lecture
Behavior Medicine and Our
Evolving Health Care System:
Significant Challenges and
Opportunities
Michael J. Follick, Ph.D.

Post-Meeting Seminars
1:30 p.m.-4:30 p.m.  Grand Ballroom Salon II
Seminar #9
The Use of Medication
Techniques in Behavioral
Medicine: Theory, Research,
and Practice
1:30 p.m.-4:30 p.m.  Grand Ballroom Salon VIII
Seminar #10
Conducting a Meta-Analysis
From Start to Finish: A
Practical Approach
1:30 p.m.-4:30 p.m.  Grand Ballroom Salon III
Seminar #11
State-of-the-Art Assessment of
Medication Adherence: A
Primer for Clinicians and
Researchers
1:30 p.m.-4:30 p.m.  Grand Ballroom Salon I
Seminar #12
Automated Ecological
Momentary Assessment:
Research Designs and
Practical Applications
1:30 p.m.-4:30 p.m.  Grand Ballroom Salon IV
Seminar #13
Health Works for Women and
Their Daughters: A 10-Year
Evolution of Community-Based
Participatory Research
1:30 p.m.-4:30 p.m.  Grand Ballroom Salon VII
Seminar #14
Innovation Strategies for
Research With Frail Older Adults:
The Baltimore HIP Studies
1:30 p.m.-4:30 p.m.  Grand Ballroom Salon X
Seminar #15
Reaching the Underserved:
Bridging the Digital Divide
1:30 p.m.-4:30 p.m.  Grand Ballroom Salon IX
Seminar #16
Doing Research with Human
Subjects in the Era of HIPAA:
Insights and Strategies
5:00 p.m.  (Meet in the lobby of the
Marriott Hotel)
East-West Basketball Game