

**Schedule-At-A-Glance**

**Wednesday, March 24, 2004**

8:00 a.m.-5:00 p.m.  
**Dover A**  
**Board of Directors Meeting**

12:00 noon-7:00 p.m.  
**Grand Ballroom Registration Desk**  
**Registration**

9:00 a.m.-5:00 p.m.  
**Grand Ballroom Salon V Seminar #1**  
 State of the Art in Risk Perception Research

10:00 a.m.-5:00 p.m.  
**Grand Ballroom Salon III Seminar #2**  
 Motivational Interviewing in Health Promotion: Where Do We Go From Here?

10:00 a.m.-5:00 p.m.  
**Grand Ballroom Salon VIII Seminar #3**  
 Keys to Successful Career Development: Getting Funded, Getting Published, and Other Tips from the Pros

2:00 p.m.-5:00 p.m.  
**Grand Ballroom Salon IX Seminar #4**  
 The Next Big Step: Translating Specialty Behavioral Medicine Interventions to Primary Medical Settings Across the Life Span

2:00 p.m.-5:00 p.m.  
**Grand Ballroom Salon I Seminar #5**  
 Spinning a New Web: Translating Theory to Practice for Web-Based Health Promotion Tools

2:00 p.m.-5:00 p.m.  
**Grand Ballroom Salon IV Seminar #6**  
 Building Treatment Fidelity into Health Behavior Change Research: Lessons Learned and Best Practice Guidelines From the Behavior Change Consortium

2:00 p.m.-5:00 p.m.  
**Grand Ballroom Salon II Seminar #7**  
 Improving Our Science Through Better Data Analysis: A Brief Introduction to Seven Key Ideas in Regression Modeling

2:00 p.m.-5:00 p.m.  
**Grand Ballroom Salon VII Seminar #8**  
 Biobehavioral Management of Refractory Migraine and Tension-Type Headache: A Case-Based Approach

6:00 p.m.-7:00 p.m.  
**Grand Ballroom Salon X New Member Meeting**

7:00 p.m.-8:30 p.m.  
**Harborside Ballroom Opening Reception Meritorious Student Poster Session A Exhibits Open**

**Thursday, March 25, 2004**

6:30 a.m.-7:30 a.m.  
**Kent A**  
**Exercise Session**  
 Feldenkrais Method: Move Better to Live Better

7:30 a.m.-5:00 p.m.  
**Grand Ballroom Registration Desk**  
**Registration**

**Breakfast Roundtables**

7:30 a.m.-8:30 a.m.  
**Essex B**  
 • Early Career Development: Climbing the Academic Ladder

7:30 a.m.-8:30 a.m.  
**Essex A**  
 • International Society of Behavioral Medicine

7:30 a.m.-8:30 a.m.  
**Grand Ballroom Salon I**  
 • Physical Activity Special Interest Group: Now We Are Walking Briskly

7:30 a.m.-8:30 a.m.  
**Laurel D**  
 • Evidence-Based Behavioral Medicine Special Interest Group: New Member Welcome

7:30 a.m.-8:30 a.m.  
**Kent B**  
 • National Institute of Diabetes and Digestive and Kidney Disease: A Behavioral Focus on Chronic Disease Through the NIDDK Lens

7:30 a.m.-8:30 a.m.  
**Heron**  
 • National Institute on Alcohol Abuse and Alcoholism

7:30 a.m.-8:30 a.m.  
**Grand Ballroom Salon IX**  
 • National Cancer Institute: Lets Talk Social and Behavioral Research

7:30 a.m.-8:30 a.m.  
**Laurel A**  
 • National Institute on Aging

8:30 a.m.-9:00 a.m.  
**Harborside Ballroom Break – Posters and Exhibits**

8:30 a.m.-10:10 a.m.  
**Harborside Ballroom Poster Session B: Cancer**

8:30 a.m.-12:00 noon and 3:00 p.m.-7:30 p.m.  
**Harborside Ballroom Exhibits Open**

9:00 a.m.-10:30 a.m.  
**Dover A**  
**Symposium #1**  
 Behavioral Medicine Research in Countries Undergoing Rapid Transition: Global Issues and Challenges

9:00 a.m.-10:30 a.m.  
**Grand Ballroom Salon I Symposium #2**  
 Impact of Cancer on the Family

9:00 a.m.-10:30 a.m.  
**Grand Ballroom Salon V Symposium #3**  
 Transdisciplinary Approaches to Environmental Research on Physical Activity

9:00 a.m.-10:30 a.m.  
**Grand Ballroom Salon III Symposium #4**  
 Improving Behavioral Measurement for the Next 25 Years of Childhood Obesity Prevention Research: The Girl's Health Enrichment Multi-Site Studies (GEMS)

9:00 a.m.-10:30 a.m.  
**Grand Ballroom Salon IX Symposium #5**  
 Spirituality and Health: Effects of Randomized Interventions on Physical and Psychosocial Variables

9:00 a.m.-10:30 a.m.  
**Grand Ballroom Salon VII Symposium #6**  
 Defining and Applying Evidence-Based Behavioral Medicine: Perspectives to Revitalize Behavioral Medicine

9:00 a.m.-10:30 a.m.  
**Essex B**  
**Symposium #7**  
 Optimizing Health Care Delivery Systems to Address Behavioral Risk Factors

9:00 a.m.-10:30 a.m.  
**Grand Ballroom Salon IV Symposium #8**  
 The Women's Health Initiative: Cognitive Function and Quality of Life for Women in the Estrogen Plus Progestin RCT

10:30 a.m.-11:00 a.m.  
**Harborside Ballroom Break – Posters and Exhibits**

11:00 a.m.-12:00 noon  
**Grand Ballroom Salon VI Presidential Address and Awards Presentation**  
 Health Before Humvees: Making Behavioral Medicine Available to All  
*Linda C. Baumann, Ph.D., R.N., FAAN*

12:00 noon-1:30 p.m.  
**Break for Lunch** (on your own)

12:15 p.m.-1:15 p.m.  
**Grand Ballroom Salon I Special Interest Group Meeting**  
 • Cancer Special Interest Group Scientific Session

12:15 p.m.-1:15 p.m.  
**Essex B**  
**Special Interest Group Meeting**  
 • Physicians Special Interest Group: Things You Never Learned in Medical School

12:15 p.m.-1:15 p.m.  
**Dover A**  
 • Spirituality and Health Special Interest Group: Does Spirituality Help Pain Management

12:15 p.m.-1:15 p.m.  
**Kent C**  
 Lunch with the American Cancer Society: Funding Opportunities for Junior Faculty (*pre-registration required*)

12:15 p.m.-1:15 p.m.  
**Laurel Room**  
**Expert Consultations**

1:30 p.m.-2:10 p.m.  
**Grand Ballroom Salon VI Master Lecture**  
 The Significance of Behavioral Medicine in Transforming Societies: the Central-Eastern European Health Paradox  
*Maria S. Kopp, M.D., Ph.D.*

1:30 p.m.-3:00 p.m.  
**Grand Ballroom Salon IX Paper Session #1**  
 Decision-Making and Communication in Cancer

1:30 p.m.-3:00 p.m.  
**Grand Ballroom Salon I Paper Session #2**  
 Factors Impacting Weight Loss

1:30 p.m.-3:00 p.m.  
**Dover A**  
**Paper Session #3**  
 Interpersonal Factors and Cardiovascular Reactivity

1:30 p.m.-3:00 p.m.  
**Essex B**  
**Paper Session #4**  
 Pain: Correlates and Consequences

1:30 p.m.-2:45 p.m.  
**Grand Ballroom Salon III Paper Session #5**  
 Impact of Stigma on HIV+ Men and Women

1:30 p.m.-3:00 p.m.  
**Grand Ballroom Salon V Paper Session #6**  
 Factors Impacting Physical Activity

1:30 p.m.-3:00 p.m.  
**Grand Ballroom Salon VII Paper Session #7**  
 Quality of Life in Breast Cancer

1:30 p.m.-3:00 p.m.  
**Grand Ballroom Salon IV Graduate Student Research in Behavioral Medicine**

2:15 p.m.-3:00 p.m.  
**Grand Ballroom Salon VI Master Lecture**  
 Rules of Engagement: Using Information Technology to Strengthen Alliances for Behavior Change and Disease Management  
*Patricia Flatley Brennan, Ph.D., R.N.*

# March 24-27, 2004 ♦ Baltimore, Maryland

3:00 p.m.-3:30 p.m.  
**Harborside Ballroom**  
**Break – Posters and Exhibits**

3:30 p.m.-4:10 p.m.  
**Grand Ballroom Salon VI**  
**Master Lecture**

From Research To Policy To Practice: Reducing HIV Risk Behavior Among African-American Adolescents In Urban Communities  
*Loretta Sweet Jemmott, Ph.D., R.N.*

3:30 p.m.-5:00 p.m.  
**Grand Ballroom Salon V**  
**Paper Session #8**  
Intervening to Promote Physical Activity

3:30 p.m.-5:00 p.m.  
**Grand Ballroom Salon I**  
**Paper Session #9**  
Colorectal and Ovarian Cancer Screening

3:30 p.m.-5:00 p.m.  
**Grand Ballroom Salon IX**  
**Paper Session #10**  
Behavioral Medicine in a Global Context

3:30 p.m.-4:45 p.m.  
**Essex B**  
**Paper Session #11**  
Health Issues in Older Populations

3:30 p.m.-5:00 p.m.  
**Dover A**  
**Paper Session #12**  
Hypertension

3:30 p.m.-5:00 p.m.  
**Grand Ballroom Salon IV**  
**Paper Session #13**  
Technology-Based Interventions

3:30 p.m.-4:45 p.m.  
**Grand Ballroom Salon VII**  
**Paper Session #14**  
Culture and Obesity

3:30 p.m.-5:00 p.m.  
**Grand Ballroom Salon III**  
**Paper Session #15**  
Adolescent Smoking

4:15 p.m.-5:00 p.m.  
**Grand Ballroom Salon VI**  
**Memorial Master Lecture**  
Communication the Key to Quality Cancer Care: Research and New Directions  
*Lesley Fallowfield, B.Sc., D.Phil.*

5:15 p.m.-6:15 p.m.  
**Grand Ballroom Salon VI**  
**Keynote Lecture**  
Global Public Health Challenges for Behavioral Medicine  
*Pekka Puska, M.D., Ph.D., M.Pol.Sc.*

6:15 p.m.-7:30 p.m.  
**Harborside Ballroom**  
**Poster Session C:**  
Arthritis, Pain, PNI, HIV, Cardiovascular and Addictive Behaviors

7:00 p.m.-8:00 p.m.  
**Dover A**  
**Special Interest Group (SIG)**  
Reception  
*(Open to all interested attendees)*

8:00 p.m.-10:00 p.m.  
**Laurel A**  
NCI Listens: An Open Discussion for Cancer Investigators

**Friday, March 26, 2004**

6:30 a.m.-7:30 a.m.  
**Kent A**  
**Exercise Session**  
Early Morning Yoga

7:30 a.m.-5:00 p.m.  
**Grand Ballroom Registration Desk**

**Breakfast Roundtables**

7:30 a.m.-8:30 a.m.  
**Essex B**

• Behavioral Medicine Internships

7:30 a.m.-8:30 a.m.  
**Laurel A**

• Postdoctoral Fellowships: Professional Advancement or Career Stalling

7:30 a.m.-8:30 a.m.  
**Grand Ballroom Salon I**

• Cancer Special Interest Group Administrative Session: Planning for the Future

7:30 a.m.-8:30 a.m.  
**Dover A**

• Spirituality and Health Special Interest Group  
Spirituality and Health: What, Why and How

7:30 a.m.-8:30 a.m.  
**Laurel B**

• National Institute on Drug Abuse

7:30 a.m.-8:30 a.m.  
**Grand Ballroom Salon IX**

• National Heart, Lung, and Blood Institute  
Applications Exceeding \$500,000: Are They Really as Easy as the Rumors?

7:30 a.m.-8:30 a.m.  
**Essex A**

• Behavioral and Biopsychosocial Research Funding at the National Institute of Arthritis and Musculoskeletal and Skin Diseases

7:30 a.m.-8:30 a.m.  
**Laurel D**

• Office of Behavioral and Social Sciences Research: Behavioral and Social Research in the NIH Roadmap

7:30 a.m.-8:30 a.m.  
**Kent B**

• Lifespan Behavior Change Special Interest Group

8:30 a.m.-9:00 a.m.  
**Harborside Ballroom**  
**Break – Posters and Exhibits**

8:30 a.m.-10:10 a.m.  
**Harborside Ballroom**  
**Poster Session D:**  
Physical Activity, Obesity and Diabetes

8:30 a.m.-12:00 noon and 3:00 p.m.-7:30 p.m.  
**Harborside Ballroom**  
**Exhibits Open**

9:00 a.m.-10:30 a.m.  
**Grand Ballroom Salon V**  
**Symposium #9**

Promising Policy and Environmental Approaches to the Nation's Obesity Epidemic: New Paradigms for the Next 25 Years of Behavioral Medicine

9:00 a.m.-10:30 a.m.  
**Grand Ballroom Salon I**  
**Symposium #10**

Toward a Better Understanding of "Meaning" and "Benefit Finding" Following a Cancer Diagnosis: Revisited

9:00 a.m.-10:30 a.m.  
**Grand Ballroom Salon III**  
**Symposium #11**

Mind, Body and HIV: Psychosocial and Somatic Correlates

9:00 a.m.-10:30 a.m.  
**Dover A**  
**Symposium #12**

Linkages Between Community Programs and Clinical Care: Perspectives of the Individual, Community, and Health Care Provider

9:00 a.m.-10:30 a.m.  
**Grand Ballroom Salon IX**  
**Symposium #13**

New Directions in Adherence Research: Using Qualitative Methods to Improve Adherence and Promote Self-Care in Diverse Populations

9:00 a.m.-10:30 a.m.  
**Grand Ballroom Salon VII**  
**Symposium #14**

Integrating Behavioral Medicine and Primary Care: Where Are We, Where Are We Going, and How Will We Get There?

9:00 a.m.-10:30 a.m.  
**Essex B**  
**Symposium #15**

Chronic Disease and Cognitive Function

9:00 a.m.-10:30 a.m.  
**Grand Ballroom Salon IV**  
**Symposium #16**

Psychosocial and Work-Related Factors in Subacute Musculoskeletal Rehabilitation and Return to Work

10:30 a.m.-11:00 a.m.  
**Harborside Ballroom**  
**Break – Posters and Exhibits**

11:00 a.m.-12:00 noon  
**Grand Ballroom Salon VI**  
**APA Division 38 Keynote Lecture**

Optimism, Coping, and Health  
*Michael F. Scheier, Ph.D.*

12:00 noon-1:30 p.m.  
**Break for Lunch** (on your own)

12:15 p.m.-1:15 p.m.  
**Grand Ballroom Salon VI**  
**SBM Members Forum**

12:15 p.m.-1:15 p.m.

**Essex B**  
**Special Interest Group Meeting**

• Evidence-Based Behavioral Medicine Special Interest Group (SIG)  
How can the EBBM SIG Best Serve SBM Members

12:15 p.m.-1:15 p.m.

**Grand Ballroom Salon III**  
**Special Interest Group Meeting**

• Women's Health Special Interest Group Annual Planning Meeting

12:15 p.m.-1:15 p.m.

**Essex A**  
**Roundtable Session**

National Institute of Mental Health: Funding Opportunities for Behavioral Medicine Research

12:15 p.m.-1:15 p.m.

**Laurel Room**  
**Expert Consultations**

1:30 p.m.-2:10 p.m.

**Grand Ballroom Salon VI**  
**Distinguished Scientist Award Master Lecture**  
Personality as Risk and Resilience: An Interpersonal Path for Research and Application  
*Timothy W. Smith, Ph.D.*

1:30 p.m.-3:00 p.m.

**Dover A**  
**Paper Session #16**  
Adherence: Measurement Issues

1:30 p.m.-3:00 p.m.

**Grand Ballroom Salon III**  
**Paper Session #17**  
Sexual Risk and Behavior

1:30 p.m.-3:00 p.m.

**Grand Ballroom Salon I**  
**Paper Session #18**  
Environmental Correlates of Health

1:30 p.m.-2:45 p.m.

**Grand Ballroom Salon IX**  
**Paper Session #19**  
Physician-Delivered and Primary Care Interventions: What Works and How

1:30 p.m.-3:00 p.m.

**Essex B**  
**Paper Session #20**  
Do as I Say, Not as I Do: Parents' Influence on their Children's Health Behaviors

1:30 p.m.-3:00 p.m.

**Grand Ballroom Salon V**  
**Paper Session #21**  
Cancer-Related Fatigue

1:30 p.m.-2:45 p.m.

**Grand Ballroom Salon VII**  
**Paper Session #22**  
Interventions for Women with Cancer

# SBM ♦ 25th Anniversary Annual Meeting & Scientific Sessions

2:15 p.m.-3:00 p.m.

## Grand Ballroom Salon VI

### Master Lecture

Enhancing Outcomes for Youth with Diabetes: Translating Research into Practice

*Margaret Grey, Dr.P.H., R.N., FAAN, CPNP*

3:00 p.m.-3:30 p.m.

## Harborside Ballroom

### Break – Posters and Exhibits

3:30 p.m.-5:00 p.m.

## Dover A

### Paper Session #23

Diabetes

3:30 p.m.-5:00 p.m.

## Grand Ballroom Salon IX

### Paper Session #24

Adherence: Findings Across the Disease Spectrum

3:30 p.m.-5:00 p.m.

## Grand Ballroom Salon III

### Paper Session #25

Pediatrics

3:30 p.m.-5:00 p.m.

## Grand Ballroom Salon I

### Paper Session #26

Cancer Dyads

3:30 p.m.-5:00 p.m.

## Grand Ballroom Salon V

### Paper Session #27

Ethnicity and Cardiovascular Risk/Disease

3:30 p.m.-5:00 p.m.

## Grand Ballroom Salon VII

### Paper Session #28

BRCA 1/2 Counseling and Testing

3:30 p.m.-5:00 p.m.

## Essex B

### Paper Session #29

Work and Health

3:45 p.m.-5:00 p.m.

## Grand Ballroom Salon VI

### Town Hall Meeting

SBM - A Vision for the Future: Where Have We Been and Where are We Headed?

5:15 p.m.-6:15 p.m.

## Grand Ballroom Salon VI

### Keynote Lecture

Childhood Obesity

*Risa J. Lavizzo-Mourey, M.D., M.B.A.*

6:15 p.m.-7:30 p.m.

## Harborside Ballroom

### Poster Session E:

Prevention, Population Health and Health Policy and Translational Research to Practice

7:30 p.m.-10:30 p.m.

## Grand Ballroom Salon VI

### Presidential Reception

*(open to all attendees)*

## Saturday, March 27, 2004

6:30 a.m.-7:30 a.m.

## Kent A

### Exercise Session

Exercise While You Work

7:30 a.m.-2:00 p.m.

## Grand Ballroom Registration Desk

Registration

## Breakfast Roundtables

7:30 a.m.-8:30 a.m.

## Kent B

- Motivating Health Behavior Change Special Interest Group: Maintaining Balance Despite the Obstacles

7:30 a.m.-8:30 a.m.

## Galena Room

- Minority/Multicultural Issues Special Interest Group

7:30 a.m.-8:30 a.m.

## Dover A

- Obesity and Eating Disorders Special Interest Group

7:30 a.m.-8:30 a.m.

## Laurel D

- Multiple Risk Behavior Change Special Interest Group: Unique Issues for Research and Practice

7:30 a.m.-8:30 a.m.

## Laurel B

- Complementary and Alternative Medicine Special Interest Group

7:30 a.m.-8:30 a.m.

## Laurel A

- Behavior Informatics Special Interest Group Planning for the Future: A Research and Collaboration Agenda

7:30 a.m.-8:30 a.m.

## Essex B

- Women's Health Special Interest Group: News and Networking

7:30 a.m.-8:30 a.m.

## Essex A

- Integrating Behavioral Medicine and Primary Care Special Interest Group

7:30 a.m.-8:30 a.m.

## Falkland Room

- Health Systems, Planning, and Policy Special Interest Group

Making a Difference: Research to Practice and Policy through Systems Change

8:30 a.m.-9:00 a.m.

## Harborside Ballroom

### Break – Posters

8:30 a.m.-10:10 a.m.

## Harborside Ballroom

### Poster Session F:

Health Communication and Technology, Transcultural Diversity Issues, Lifespan and Complementary and Alternative Medicine

9:00 a.m.-10:30 a.m.

## Grand Ballroom Salon I

### Symposium #17

Should Behavioral Medicine Contribute to Complementary and Alternative Medicine — Or Keep a 'Safe Distance'?

9:00 a.m.-10:30 a.m.

## Grand Ballroom Salon V

### Symposium #18

Evidence-Based Strategies for Obesity-Related Screening and Health Behavior Change Interventions: New Reviews and Recommendations From the U.S. Preventive Services Task Force

9:00 a.m.-10:30 a.m.

## Grand Ballroom Salon VII

### Symposium #19

Factors Affecting Quality of Life Among Prostate Cancer Patients: Current Knowledge and New Directions

9:00 a.m.-10:30 a.m.

## Essex B

### Symposium #20

Severe Acute Respiratory Syndrome (SARS): Responding to a New and Deadly Disease

9:00 a.m.-10:30 a.m.

## Dover A

### Symposium #21

Designing For Dissemination Within Schools: Issues of Development, Research and Implementation

9:00 a.m.-10:30 a.m.

## Grand Ballroom Salon IX

### Symposium #22

Operationalizing Ecological Models Across Behaviors

9:00 a.m.-10:30 a.m.

## Grand Ballroom Salon III

### Symposium #23

Successful Approaches to Mentoring and Professional Development for Mentors and Mentees

9:00 a.m.-10:30 a.m.

## Grand Ballroom Salon IV

### Symposium #24

The Diabetes Priority Program: Results From a Randomized Effectiveness Study to Improve Quality of Care

10:30 a.m.-12:00 noon

## Grand Ballroom Salon IX

### Paper Session #30

Measurement Issues

10:30 a.m.-11:30 a.m.

## Dover A

### Paper Session #31

Depression and Cardiovascular Disease

10:30 a.m.-12:00 noon

## Grand Ballroom Salon V

### Paper Session #32

Spirituality and Health

10:30 a.m.-12:00 noon

## Grand Ballroom Salon III

### Paper Session #33

Cancer Survivors

10:30 a.m.-12:00 noon

## Grand Ballroom Salon I

### Paper Session #34

Cancer Risk and Screening: Do Cultural Factors Matter?

10:30 a.m.-12:00 noon

## Essex B

### Paper Session #35

Adolescent Substance Use and Abuse

10:30 a.m.-12:00 noon

## Grand Ballroom Salon VII

### Paper Session #36

Interventions to Reduce Disease Risk and Impact

12:15 p.m.-1:00 p.m.

## Grand Ballroom Salon VI

### Closing Keynote Lecture

Behavior Medicine and Our Evolving Health Care System: Significant Challenges and Opportunities

*Michael J. Follick, Ph.D.*

## Post-Meeting Seminars

1:30 p.m.-4:30 p.m.

## Grand Ballroom Salon II

### Seminar #9

The Use of Meditation Techniques in Behavioral Medicine: Theory, Research, and Practice

1:30 p.m.-4:30 p.m.

## Grand Ballroom Salon III

### Seminar #10

Conducting a Meta-Analysis From Start to Finish: A Practical Approach

1:30 p.m.-4:30 p.m.

## Grand Ballroom Salon VIII

### Seminar #11

State-of-the-Art Assessment of Medication Adherence: A Primer for Clinicians and Researchers

1:30 p.m.-4:30 p.m.

## Grand Ballroom Salon I

### Seminar #12

Automated Ecological Momentary Assessment: Research Designs and Practical Applications

1:30 p.m.-4:30 p.m.

## Grand Ballroom Salon IV

### Seminar #13

Health Works for Women and Their Daughters: A 10-Year Evolution of Community-Based Participatory Research

1:30 p.m.-4:30 p.m.

## Grand Ballroom Salon VII

### Seminar #14

Innovation Strategies for Research With Frail Older Adults: The Baltimore HIP Studies

1:30 p.m.-4:30 p.m.

## Grand Ballroom Salon X

### Seminar #15

Reaching the Underserved: Bridging the Digital Divide

1:30 p.m.-4:30 p.m.

## Grand Ballroom Salon IX

### Seminar #16

Doing Research with Human Subjects in the Era of HIPAA: Insights and Strategies

5:00 p.m.

(Meet in the lobby of the Marriott Hotel)

## East-West Basketball Game