

Wednesday, March 19 - Thursday, March 20, 2003

Wednesday, March 19, 2003

10:00 a.m.-5:00 p.m.

Board of Directors Meeting

7:00 p.m.-8:30 p.m.

Opening Reception and

Meritorious Student Poster Session A

Session Chairs: Kathleen J. Goggin, Ph.D.

University of Missouri at Kansas City

Rajni Banthia, M.S.

SDSU/UCSD Joint Doctoral Program in Clinical Psychology

Everyone is invited to attend the Opening Reception and Meritorious Student Poster Session at the Grand America Hotel. Meet with colleagues and friends who have arrived in Salt Lake City for the meeting.

The first of six poster sessions will feature outstanding student poster presentations on a variety of topics. Presenters will be standing by to discuss their findings in this collaborative setting.

7:00 p.m.-8:00 p.m.

OBSSR Roundtable: Directions for Behavioral and Social Research at the National Institutes of Health

Ronald P. Abeles, Ph.D.

Office of Behavioral and Social Sciences Research, National Institutes of Health

Thursday, March 20, 2003

6:30 a.m.-7:30 a.m.

Exercise Sessions

7:30 a.m.-8:30 a.m.

Breakfast Roundtables

New Members

Martita Lopez, Ph.D.

University of Texas at Austin

International Society of Behavioral Medicine

Marc D. Gellman, Ph.D.

University of Miami

Gunilla K. Burell, Ph.D.

Umea University Hospital

Behavioral Medicine Internships

Amy Heard-Davison, Ph.D.

University of Washington Medical Center

Behavioral Medicine Postdocs

Justin M. Nash, Ph.D.

Brown University and The Miriam Hospital

Donald B. Penzien, Ph.D.

University of Mississippi Medical Center

Behavioral Medicine Fellows

Barbara S. McCann, Ph.D.

University of Washington School of Medicine

Integrating Behavioral Medicine and Primary Care Special Interest Group

Barbara B. Walker, Ph.D.

Miriam Hospital and Brown University Medical School

Mentoring Committee/Leadership

Judith K. Ockene, Ph.D.

University of Massachusetts Medical School

Multiple Risk Behavior Change Special Interest Group

Judith J. Prochaska, B.A.

University of California, San Francisco

Wayne F. Velicer, Ph.D.

University of Rhode Island

8:30 a.m.-9:00 a.m.

Break/Visit the Posters

8:30 a.m.-10:10 a.m.

Poster Session B

Session Chair: Beth C. Bock, Ph.D.

Brown University Medical School

The second of six poster sessions will feature recent research related to obesity, diabetes and physical activity. Presenters will be standing by to discuss their findings in this collaborative setting.

9:00 a.m.-10:30 a.m.

Symposium 1

Self-Regulation in the Cancer Context: The Role of Cognition and Affect

Chair: Michael A. Diefenbach, Ph.D., Fox Chase Cancer Center

Presenters: Michael A. Diefenbach, Ph.D., Fox Chase Cancer Center; Kevin D. McCaul, Ph.D., North Dakota State University; and Deborah Wiebe, Ph.D., University of Utah

Discussant: Linda Cameron, Ph.D., University of Auckland

9:00 a.m.-10:30 a.m.

Symposium 2

Hispanic Women and Cancer Prevention

Chair: Elva M. Arredondo, M.A., Duke University

Presenters: Elva M. Arredondo, M.A., Duke University; Felipe Gonzalez Castro, M.S.W., Ph.D., Arizona State University; and Vera Lopez, Ph.D., Arizona State University

Discussant: Gregory A. Talavera, M.D., M.P.H., San Diego State University

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9:00 a.m.-10:30 a.m.

Symposium 3

John Henryism and Health Outcomes Among African-Americans

Chair: Gary G. Bennett, Jr., Ph.D., Harvard University

Presenters: Gary G. Bennett, Jr., Ph.D., Harvard University; Marcellus M. Merritt, Ph.D., National Institute on Aging; and Dwayne T. Brandon, M.A., Penn State University

Discussant: Sherman James, Ph.D., University of Michigan

9:00 a.m.-10:30 a.m.

Symposium 4

Mindfulness Meditation in Management of Medical Issues: Clinical and Conceptual Advances

Chair: Jean L. Kristeller, Ph.D., Indiana State University

Presenters: Michael Speca, Psy.D., Tom Baker Cancer Center; Francis J. Keefe, Ph.D., Duke University Medical Center; and Jean L. Kristeller, Ph.D., Indiana State University

Discussant: James Carmody, Ph.D., University of Massachusetts Medical School

9:00 a.m.-10:30 a.m.

Symposium 5

Quality of Life Research in Pediatric Behavioral Medicine

Chair: Alan Delamater, Ph.D., University of Miami School of Medicine

Presenters: Alexandra Quittner, Ph.D., University of Florida; Tasha Burwinkle, M.A., Children's Hospital and Health Center, San Diego; and Alan Delamater, Ph.D., University of Miami School of Medicine

Discussant: Robert M. Kaplan, Ph.D., University of California, San Diego

9:00 a.m.-10:30 a.m.

Symposium 6

Population Health Management: Building Healthy Communities with Behavioral Medicine

Chair: Alan L. Peterson, Ph.D., Wilford Hall Medical Center

Presenters: Jeffrey A. Cigrang, Ph.D., Wright-Patterson Medical Center; Paul Wilson, Ph.D., Office for Substance Abuse Research and Prevention; and Walker S.C. Poston, Ph.D., M.P.H., Mid-America Heart Institute

Discussant: Herbert H. Severson, Ph.D., Oregon Research Institute

9:00 a.m.-10:30 a.m.

Symposium 7

Understanding and Creating Environments for Active Living: Linking Research and Practice

Chair: James F. Sallis, Ph.D., San Diego State University

Presenters: Terry Pikora, University of Western Australia; Anne Vernez-Moudon, University of Washington; and Joel Hirschhorn, National Governor's Association

Discussant: C. Tracy Orleans, Ph.D., The Robert Wood Johnson Foundation

10:30 a.m.-11:00 a.m.

Break

11:00 a.m.-12:00 noon

Presidential Address and Awards Presentation



Can Behavioral Medicine Lead the Way to Transdisciplinary and Translational Models that Reduce Population Disease Burden More Efficiently: Lessons from Tobacco

David B. Abrams, Ph.D.
SBM President and Professor of Psychiatry and Human Behavior and Professor of Community Health, Brown Medical School -The Miriam Hospital and Director, The Centers for Behavioral and Preventive Medicine, Providence, RI

Tobacco Control is a good exemplar to illustrate a century of accomplishments and frustrations in order to inform the challenges of the next century. The 20th Century witnessed a transformation in biomedicine as new technology and scientific methods improved practice. In parallel, among developed nations, massive changes in the population prevalence of major preventable diseases were occurring, increasingly made manifest as epidemiology and public health sciences also advanced. The recent informatics revolution altered the pace of being able to examine the impact of various vectors on health outcomes. Individual and collective risk factors, nested contextual factors, health care delivery, as well as macro-economic, cultural and societal vectors, can now be examined in concert and almost in real time. However a chasm remains between biobehavioral models within individuals and public health models of population health. Individual and population perspectives are rarely integrated either in science or to better inform policy about allocating finite resources most efficiently to achieve optimal societal value. Complex multi-determined problems require integrative conceptual models, often at the fringes of current disciplines and ranging from cells to society.

A quarter century ago the bio-psycho-social model of behavioral medicine evolved and it is now well positioned to meet the challenges we face. But behavioral medicine needs to be transformed - to more directly address the gap between biobehavioral reductionism and public health at collective, systems and policy levels. With its decades of experience, a transformed

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behavioral medicine can offer a great deal to those that espouse the need for transdisciplinary and translational strategies to explore interactions, pathways and trajectories among individual and environmental factors over differing units of time from nanoseconds to centuries. Can behavioral medicine lead the way to fulfill the promise of the 21st Century that now presents itself – the extraordinary opportunity to make population health and well-being the central focus, complementing rather than competing with the continued improvements expected of biomedical science and its clinical application to health care.

12:00 noon-1:30 p.m.

Lunch Break (on your own)

12:15 p.m.-1:15 p.m.

Expert Consultations

*Chair: Robert D. Kerns, Ph.D.
Education and Training Council*

12:15 p.m.-1:15 p.m.

Special Interest Group Meetings

- Cancer Special Interest Group Scientific Presentations:
*Speakers: Julie Bower, Ph.D.
Matt Cordova, Ph.D.*
- Minority/Multicultural Issues Special Interest Group
- Obesity and Eating Disorders Special Interest Group
- Women's Health Special Interest Group

12:15 p.m.-1:15 p.m.

Epidemiology Roundtable

Chair: Viktor E. Bovbjerg, Ph.D.

1:30 p.m.-2:15 p.m.

Master Lecture



Health e-Technologies for Behavior Change and Disease Management: Opportunities and Challenges

*David K. Ahern, Ph.D.
National Program Director,
E-Technologies in Health Care Initiative,
The Robert Wood Johnson Foundation,
Assistant Professor of Psychology
(Psychiatry) at Harvard Medical School,
Chestnut Hill, MA and Chief Science
Officer, Abacus Management
Technologies, LLC, Cranston, RI*

Consumers, patients, and providers are increasingly using eHealth applications, particularly the Internet, to seek health information for themselves or family and friends, communicate with others who have a similar disease or illness, and to communicate with health care providers. Current trends indicate that Internet users seeking health information and health care services will more than double from 2000 to 2005, reaching 88.5 million people. The increasing use of communication devices, such as cellular phones and PDAs, creates opportuni-

ties for patients and providers to benefit from access to emerging eHealth applications for health behavior change and disease management in nontraditional settings. These technologies offer individuals the ability to obtain and utilize health information at relatively low cost, including those with limited access to health care professionals or services, and historically underserved populations. In addition, health care organizations are using these technologies to improve the reach and efficacy of self-management programs and to enable enhanced communication between patients and providers. Barriers to adoption of these technologies exist, however, including limitations of access, health and technology literacy, quality and cost. These challenges must be addressed in order to realize the full potential of health e-Technologies to support behavior change and disease management.

1:30 p.m.-3:00 p.m.

Paper Session #1

Predictors of Smoking and Smoking Cessation

*Session Chair: Evelyn Whitlock, M.D., M.P.H.
Kaiser Permanente Center for Health*

1:30 p.m.

- *Predictors Of 1- And 2-Year Cessation Among Teen Smokers In Primary Care*

1:45 p.m.

- *Full-Information Item-Level Factor Analysis Of The DSM-IV Criteria For Nicotine Dependence*

2:00 p.m.

- *Gender Differences Among Hardcore Smokers*

2:15 p.m.

Citation Paper

- *Polymorphisms In The Dopamine Transporter Gene (SLC6A3) Predict Reactivity To Smoking Cues Among African-American Smokers*

2:30 p.m.

- *Smoking Among Psychiatric Outpatients: Relationship To Substance Use, Diagnosis, And Illness Severity*

2:45 p.m.

- *Psychosocial Mechanisms Linking Depression And Smoking Cessation Among Lower-Educated Women*

1:30 p.m.-2:30 p.m.

Paper Session #2

Prenatal and Maternal Behavioral Medical Risks

1:30 p.m.

- *Addressing Risks Of Prenatal Smoking: A Need For Knowledge*

1:45 p.m.

- *Validity Of Self-Reported Quitting Among Pregnant Smokers: Implications For Intervention And Clinical Care*

2:00 p.m.

- *Maternal Depression And Adherence To Therapy In Inner-City Children With Asthma*

2:15 p.m.

Meritorious Student Paper

- *Impact Of A Prenatal Mood Management Course On Biological Markers Of Stress In A Low-Income Obstetric Population*

1:30 p.m.-3:00 p.m.

Paper Session #3

Dieters, Snackers and Body Dissatisfaction

Session Chair: Bonnie Spring, Ph.D.

University of Illinois at Chicago

1:30 p.m.

- Gender Differences In Food Choice: The Contribution Of Health Beliefs And Dieting

1:45 p.m.

- Interactive Effects Of Perfectionism, Body Dissatisfaction, And Low Self-Esteem On Bulimic Symptoms And Feelings Of Shame

2:00 p.m.

Citation Paper

- An Ecological Momentary Assessment Of Relapse Crises In Dieting

2:15 p.m.

Citation Paper

- Motivational Interviewing Enhances Weight Loss And Glycemic Improvements Among Overweight Women With Type 2 Diabetes

2:30 p.m.

Citation Paper

- Lowered Insulin Resistance In Overweight Snackers: Predisposing Factor For Carbohydrate "Addiction"?

2:45 p.m.

- Using Factorial Invariance To Test Measurement Models In Trans-theoretical Model Constructs Applied To Eating Disorders

1:30 p.m.-2:30 p.m.

Paper Session #4

Pain and Migraines

Session Chair: Kenneth A. Holroyd, Ph.D.

Ohio University

1:30 p.m.

- Home-Based Behavior Therapy vs. Drug Treatment For Adolescent Migraine: A Pilot Study

1:45 p.m.

Citation Paper

- Cardiovascular Reactivity During And Between Migraine Headaches

2:00 p.m.

- Adrenocortical Responses To Stress And Pain Perception: Effects Of Overt Anger Expression Style

2:15 p.m.

Citation Paper

- Acute Stress May Attenuate Subsequent Pain Perception In Healthy Men And Women

1:30 p.m.-3:00 p.m.

Paper Session #5

Cardiovascular Disease, Mechanisms and Laboratory Models

Session Chair: Timothy W. Smith, Ph.D.

University of Utah

1:30 p.m.

- Depression And Potentially Lethal Ventricular Arrhythmias

1:45 p.m.

- Blood Pressure Reactivity During Disagreement And Collaboration In Middle-Aged And Older Married Couples

2:00 p.m.

- Hostility Relates To Hemodynamic Responses During Distinct Social Stressors In Men

2:15 p.m.

Citation Paper

- Social Support Influences Oxytocin Concentration

2:30 p.m.

- Hemostatic Stress Responses Are More Persistent In Low Than High Socioeconomic Status Men And Women

2:45 p.m.

- Emotion V. Motivation In CVR

1:30 p.m.-2:45 p.m.

Paper Session #6

Cancer and Cancer Risk in African-Americans

Session Chair: Hayley Thompson, Ph.D.

Mount Sinai School of Medicine

1:30 p.m.

- Working Toward Culturally-Relevant Cancer Genetic Communication For African-Americans

1:45 p.m.

Citation Paper

- Ethnic Differences In Etiological Attributions For Breast Cancer Among Healthy African-American And European-American Women

2:00 p.m.

- Perceptions Of Colon Cancer Screening Among Low-Income African-Americans

2:15 p.m.

- Ethnic/Racial Differences In Sunscreen Use Among Outdoor Workers

2:30 p.m.

Citation Paper and Meritorious Student Paper

- Are Motivational Interviewing-Consistent Therapist Behaviors Associated With Client Engagement, Collaboration, And Benefit?

1:30 p.m.-3:00 p.m.

Paper Session #7

Cancer Screening

Session Chair: Melissa Clark, Ph.D.

Brown University

1:30 p.m.

- Repeat Mammography Among Women 55-79 In The Year 2000 National Health Interview Survey

1:45 p.m.

Citation Paper

- Matching Health Messages To Information-Processing Styles For Promoting Mammography Utilization

2:00 p.m.

- The Role Of Cancer Worry In Cancer Prevention And Control: A Theoretical And Empirical Review Of The Literature

2:15 p.m.

- Genetic History And Genealogy: Pilot Test Of A New Program For Cancer Prevention And Awareness

2:30 p.m.

- A Global Focus On Patient Delay In Cancer Early Detection

2:45 p.m.

- Does A Negative Screening Result Lead To Complacency?

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1:30 p.m.-3:00 p.m.

Graduate Student Research in Behavioral Medicine: Expert Advice on Planning and Writing a Thesis or Dissertation

Research training is at the heart of graduate study. This session is a working group to promote theoretically and methodologically sound research by students at all stages of graduate training. Panel members will discuss ideas and challenges faced by graduate researchers, and will offer opinions on questions from audience members. Using the biopsychosocial model as a unifying theme, panel members will offer their insights into the biological, psychological and social dimensions of research in several topic areas. We will discuss issues of theory, methods, measurement, and statistics. There will also be opportunity for small group discussion of special research populations, ethical issues, and development of interdisciplinary collaborations. The session will be informal and there will be ample time for questions and discussion. Students are encouraged to submit questions in advance to Dr. West at sgw2@psu.edu.

Session Chair: Sheila G. West, Ph.D., Pennsylvania State University

Panel Members: Jasjit S. Ahluwalia, M.D., M.P.H., University of Kansas Medical Center; James F. Sallis, Ph.D., San Diego State University; Annette L. Stanton, Ph.D., UCLA; Michael Antoni, Ph.D., University of Miami; and Mustafa al' Absi, Ph.D., University of Minnesota

2:15 p.m.-3:00 p.m.

Master Lecture

Speaker to be Announced.

3:00 p.m.-3:30 p.m.

Break

3:30 p.m.-4:15 p.m.

Master Lecture



Lessons from the World Health Organization on Globalizing Behavioral Medicine: Transdisciplinary, Translational, Transcultural and Transnational Considerations

JoAnne Epping-Jordan, Ph.D. Coordinator, Health Care for Chronic Conditions, Noncommunicable Diseases and Mental Health, World Health Organization, Geneva, Switzerland

The World Health Organization (WHO) is the specialized agency of the United Nations that is devoted to the attainment, by all peoples, of the highest level of health. In recent years, WHO has witnessed a dramatic rise in the global prevalence of chronic conditions, many of which have significant behavioral determinants. Tobacco use, sedentary lifestyles, high-fat, high-salt diets, and their consequent diseases are well-known public health threats in high-income countries. The real drama is that these risks are escalating

rapidly in mid- and low-income countries, which are still struggling with infectious diseases and poor health system infrastructures. In this respect, chronic conditions are posing a public health and economic threat to all countries. To address this new global epidemic, WHO has adopted a multi-level approach spanning from micro to macro levels, including patient-provider interactions, organization of health care, community mobilization, and national policy, legislation, and financing. This presentation explores WHO's experience with translating evidence into policy and practice in transdisciplinary, transcultural and transnational contexts. Recommendations are made for how to expand the scope and influence of behavioral medicine through the application of behavioral principles to all levels of the health system.

3:30 p.m.-5:00 p.m.

Paper Session #8

Interaction and Interventions with Physicians, Primary Care Setting and Health Care Workers

Session Chair: Michael G. Goldstein, M.D.

Bayer Institute for Health Care Communication

3:30 p.m.

Citation Paper

- *Participating In Decision-Making About Medications: External Validation Of A Staging Algorithm*

3:45 p.m.

Citation Paper

- *Weight Maintenance With A Primary Care Office Program: Results Of The PCOMO Study*

4:00 p.m.

- *Physician-Patient Communication, Socioeconomic Status, Age, And Perceived Discrimination Among African-American Women: A National Study*

4:15 p.m.

- *Home Health Care Workers' Health Beliefs And Behaviors: The Role Of Cultural Background*

4:30 p.m.

- *Screening For Mental Health In Rural Primary Care: Bridging Boundaries Through Collaboration*

4:45 p.m.

- *A Short-Term Intervention For Patients Suffering From Medically Unexplained Symptoms In Primary Care*

3:30 p.m.-4:45 p.m.

Paper Session #9

Transcultural Smoking Cessation Research

Session Chair: Charles Neighbors, Ph.D.

Brown Medical School

3:30 p.m.

- *The Efficacy Of Moderate Intensity Physical Activity For Smoking Cessation Among Women*

3:45 p.m.

Citation Paper

- *Processes Of Change In Chinese And Nonchinese American Smokers*

4:00 p.m.

- *Focus Groups Of Y-K Delta Alaska Natives: Attitudes Toward Tobacco Use And Tobacco Dependence Interventions*

4:15 p.m.

Citation Paper

- Tobacco Use Among Native-Americans In Arizona: Ceremonial Versus Commercial Use

4:30 p.m.

Citation Paper and Meritorious Student Paper

- Smoking By Males In Sri Lanka: Prevalence And Attitudes

3:30 p.m.-5:00 p.m.

Paper Session #10

Translation to Practice: Behavioral Medical Intervention Programs

Session Chair: Blaine Ditto, Ph.D.

McGill University

3:30 p.m.

- Written Prescriptions For Behavior Change Programs

3:45 p.m.

- The Effects Of Vasovagal Symptoms And Applied Muscle Tension On Blood Donor Return

4:00 p.m.

Citation Paper

- Informing The Implementation Of A Collaborative Care Model In A Culturally Diverse Primary Care Clinic System

4:15 p.m.

- Development Of A Problem Solving Model Of Self-Management Behavior: Preliminary Evidence Of Applicability In Type 2 Diabetes

4:30 p.m.

Citation Paper

- The Reach And Adoption Of "Walk Kansas": Translating Research To Practice

4:45 p.m.

Citation Paper

- Diffusing A Research-Based Physical Activity Promotion Program For Seniors Into Diverse Community Settings: Evaluation Results

3:30 p.m.-4:30 p.m.

Paper Session #11

Lifespan and Cardiovascular Disease Risk Issues

Session Chair: Laura L. Hayman, Ph.D., R.N.

New York University

3:30 p.m.

Citation Paper

- Intergenerational Changes In Risk Factors For Cardiovascular Disease

3:45 p.m.

Citation Paper

- Obesity Impairs Stress-Induced Pressure Natriuresis In African-American Youth

4:00 p.m.

- Central Adiposity Is Associated With Cardiovascular Reactivity To Stress In Healthy Adolescents

4:15 p.m.

Meritorious Student Paper

- Prediction Of Pediatric Cardiovascular Functioning Three Years Later: From Laboratory To Daily Naturalistic Settings

3:30 p.m.-5:00 p.m.

Paper Session #12

Technological and Methodological Issues in Lifestyle: Obesity/Addiction

Session Chair: Melissa A. Napolitano, Ph.D.

Brown Medical School and The Miriam Hospital

3:30 p.m.

- The Lookahead Study: Research Design And Behavioral Interventions

3:45 p.m.

- Ecological Assessment Of Lifestyle Patterns In Sedentary Older Adults Using Handheld Computers

4:00 p.m.

Citation Paper

- A Comparison Of Methods For Handling Missing Outcomes In An Adolescent Smoking Cessation And Prevention Trial

4:15 p.m.

- Evaluation Of Tobacco Abstinence Rates Among Adults Using Telephone Quitline Services

4:30 p.m.

Citation Paper

- Guide To Health: An Internet-Based Intervention Using Step Counts And Pedometers To Meet Physical Activity Recommendations

4:45 p.m.

- A Meta-Analytic Assessment Of Experimenter Bias Across 37 Health Behaviors

3:30 p.m.-4:45 p.m.

Paper Session #13

Surviving Cancer: Behavior and Lifestyle Changes

Session Chair: Julia H. Rowland, Ph.D.

Office of Cancer Survivorship

3:30 p.m.

- Quality Of Life (QOL) Change In Breast Cancer Survivors Participating In The Women's Healthy Eating And Living (WHEL) Study

3:45 p.m.

Citation Paper

- Effects Of Exercise Training On Natural Killer Cell Cytotoxic Activity In Postmenopausal Breast Cancer Survivors: A Randomized Controlled Trial

4:00 p.m.

Citation Paper

- Moving Forward: A Randomized Trial Of A Home-Based Physical Activity Program For Breast Cancer Patients

4:15 p.m.

- Associations Between Benefit-Finding And Coping With Breast Cancer Over A One-Year Period

4:30 p.m.

- Surviving Cancer: A Comparison Of 5-Year Disease-Free Breast Cancer Survivors With Healthy Women

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4:15 p.m.-5:00 p.m.

Memorial Master Lecture in Remembrance of Lizette Peterson



Beyond Chronic Illness: More Words of the Day to Vitalize Pediatric Psychology

Michael C. Roberts, Ph.D., ABPP
Professor and Director, Clinical Child Psychology Program, University of Kansas, Lawrence, KS

Pediatric psychology developed to cover a wide range of issues in the health of children and their families, including the relationship between children's physical health and their cognitive, social and emotional functioning. Although the field incorporates areas of behavioral medicine and health psychology, pediatric psychology often is narrowly conceptualized as dealing mostly with childhood chronic illnesses. In order to illustrate a greater diversity of activities, Dr. Roberts will discuss three topics for a vitalized future: 1) the impact of emerging medical technologies; 2) the prevention of problems in childhood, particularly childhood injuries; and 3) a focus on public health and community action to protect and improve children's health. Although these topics have been of moderate interest since the founding of pediatric psychology, insufficient attention has been given to them in the theoretical, empirical and applied activities of pediatric behavioral medicine. Dr. Roberts will offer an agenda for research, applications and policy in order to enhance the power and future of pediatric psychology.



This lecture honors the insights, contributions and collaboration with Lizette Peterson-Homer, who passed away in 2002.

Lizette Peterson-Homer, Ph.D.

5:00 p.m.-6:00 p.m.

Keynote Lecture



Where to From Here: The Lifestyles Approach to Health Policy or a Policy Approach to Healthy LifeStyles?

John B. McKinlay, Ph.D., FAHA, FACE
Senior Vice President and Chief Scientist, New England Research Institutes, Watertown, MA

The field of public health appears to be at a crossroads as we move into the 21st Century. The dominant, individualists, biomedical risk factor approach is running out of steam. Where appropriate evaluations have been conducted, the results are disappointing. Moreover, the sheer magnitude of looming threats to public health (e.g., diabetes, HIV/AIDS and TB) preclude the dominant individuals or even group approach. Without throwing out the baby (primary and secondary prevention) with the bathwater, it is suggested that an upstream policy approach to healthy lifestyles should be considered. There is no suggestion that we should curtail downstream interventions, but that upstream approaches should be attempted and appropriately evaluated. In this era of fiscal restraint, they are likely to produce a bigger bang for the buck.

6:00 p.m.-7:30 p.m.

Poster Session C

Session Chairs: Jamie S. Ostroff, Ph.D.
Memorial Sloan-Kettering Cancer Center

Alan J. Christensen, Ph.D.
University of Iowa

The third of six poster sessions will feature recent research related to cancer. Presenters will be standing by to discuss their findings in this collaborative setting.

8:00 p.m.-10:00 p.m.

NCI Listens: An Open Discussion for Cancer Investigators
Huntsman Cancer Institute

This event, hosted by and located at the Huntsman Cancer Institute, provides a unique opportunity for SBM meeting participants to pose questions and provide comments to members of the National Cancer Institute's Board of Scientific Advisors. An informal buffet reception will be followed by a brief update on the NCI's strategic plans in behavioral science and an open question-and-answer discussion. All SBM meeting participants with cancer-related research interests are encouraged to attend.