

SOCIETY *of* BEHAVIORAL MEDICINE

Better Health Through Behavior Change

SIG Council Business Meeting MINUTES

Thursday, April 12, 2018

In Attendance

Amanda Szabo-Reed – *Aging*
Beth Orsega-Smith, PhD - *Aging*
Lisa Cadmus-Bertram, PhD – *BIT*
Danielle Arigo, PhD - *BIT*
Pamela Behrman, PhD – *CFH*
Lisette Jacobson, PhD – *CFH*
Claire Spears, PhD - *CIM*
Heather McGinty, PhD - *EBBM*
Heather Jim, PhD - *EBBM*
Robert Newton Jr., PhD – *Health Equity*
Betina Yanez, PhD – *Health Equity*
Cerissa Blaney, PhD – *IPC*
Jayson Spas, PhD – *MHBC*
Claudio Nigg, PhD - *MHBC*
Dan Cassidy, PhD– *MVH*
Ryan Kalpinski, PhD - *MVH*
Rebecca Krukowski, PhD – *OED*

Monica Wang, ScD, MS - *OED*
Angela Pfammatter, PhD – *OEBI*
Bridgett Rahim-Williams, PhD - *Pain*
Dori Rosenberg, PhD, MPH - *PA*
Scherezade Mama - *PA*
Teresa M. Smith, PhD, MS - *PHS*
Brian Gonzalez, PhD– *Sleep, incoming Chair*
Karen Yeary, PhD– *Spirituality*
Jaclyn Maher, PhD – *TTBCI*
Paul Branscum, PhD -*TTBCI*
Sheela Raja – *VT*
Emily Mailey, PhD –*Women's*
Sherry Pagoto, PhD (guest)
Colleen McBride, PhD (guest)
Kristi Graves, PhD (chair)
Anne Hahn (staff)
Lindsay Bullock (staff)

Welcome to SIG Council

Drs. Graves and Gonzalez welcomed group. Dr. Graves asked SIG chairs to introduce themselves and give one word for their SIG when they had a contribution to make to the discussion.

Message from Dr. Pagoto

Dr. Pagoto joined the group to share her message and goals for her presidential year. She told the group that the conference theme for 2019 is “Leading the Narrative.” This theme aligns with her goal of encouraging members to be more powerful and effective advocates for health policy.

Dr. Cassidy introduced himself as part of the Military and Veterans Health SIG leadership and said that the word he would use for their SIG is “scale.” He asked Dr. Pagoto what she would see as a measure of success at the end of her presidential year.

Dr. Pagoto responded that she would like to move forward to have SBM begin micro-credentialing. She also said that she would like to build a network of opportunities for graduate students. This could be a list of internship/fellowships on the web or possibly a weekly digest. She also indicated that she would like to form a working group for industry.

Genomics Working Group Presentation

Dr. McBride from the Presidential Working Group on Genomics joined the group to share the results of recent focus groups they held with SBM membership.

They were charged with determining why there is slow uptake of genomics among the SBM membership and at the SBM Annual Meeting. Their aim was to engage SBM membership in proactively considering whether and how to leverage SBM's influence to shape the (inter)national narrative regarding genomic translation.

Their 2017 activities included the following:

- Bi-monthly conference calls
- Think-tank luncheon with 20 SBM senior faculty/leaders
- Annual report/recommended activities presented to the SBM Board of Directors
- Planned series of 5 focus groups – which they collaborated with SIGs for recruitment
- Qualitative analyses of 5 transcripts

- Summary presented at the SIG Council meeting

Dr. McBride laid out the recommended activities for the future including:

- Plans for the 2019 meeting:
 - Genetic national organizations outreach: to co-plan & submit sessions
 - Facilitate collaborations including a scheduled session for experienced genomics researchers to match with those interested in a “speed dating” exercise or mentoring lunch
 - Idea lab session
- Dissemination of working group focus group findings
 - Written report from summary (provided)
 - Presenting at the SIG council
 - Presentation at 2019 meeting
- Resource guide
 - Develop map of genomics-related sessions
 - Create a list of online and other training resources related to genomics

Dr. McBride then opened the floor up for discussion. The issue of communicating genomics to low literacy populations was mentioned as a barrier to using genomics. Dr. McBride indicated that Dr. Kim Kaphingst, kim.kaphingst@hci.utah.edu, had done work in this area and would be a good resource. Jada Hamilton who is in the ASPO genomics SIG was also mentioned as a resource.

Dr. Nigg brought the idea of a cross-SIG whitepaper on genomics up as a way that the SIGs could get involved with this effort.

SIG Renewals

Dr. Gonzalez talked about how building off what Dr. Pagoto discussed, the SIGs should be the change makers of the society. They can do so through their activities, such as healthy policy briefs, webinars and other activities.

Dr. Yeary from the Spirituality and Health SIG brought up the fact that not all SIGs are able to create policy briefs. For instance, there would be ethical implications for their SIG in terms of promoting policies. Dr. Gonzalez responded that policy briefs would not be the only activity that SIGs would be encouraged to be involved in. He also encouraged SIGs to look to him as a resource to increase their activities.

Dr. Gonzalez went on to explain that, since the society is holding new possible SIGs to a higher standard, it is only fair to also hold existing SIGs to these standards. This will be a three year renewal cycle starting in June of 2019. The SIGs that have been around the longest will be asked to renew first. These SIGs have already been notified that they will be up for renewal. This will help the council to identify SIG strengths and weaknesses and in some cases, may help the council and Executive Committee determine which SIGs may need to be sunsetted.

The question of whether SIG membership size matters was asked. Dr. Gonzalez indicated that yes, it does matter, but they would assess this less from an overall size perspective and more from a growth/maintenance perspective. This is because not every SIG is going to be large and the council recognizes and appreciates this. Dr. Graves indicated that all SIGs had experienced growth in the last year!

Dr. Gonzalez and SBM staff will continue to work on a criteria guide for review of the SIG renewals and will solicit input from the SIGs. The question of who should review these renewals is also up for discussion. Dr. Gonzalez asked the group if they had any suggestions on who should review the renewals. The idea of having past chairs review the applications was brought up by Dr. Behrman.

Dr. Gonzalez opened up the floor for comments/concerns and the concern that the SIGs are a relaxed way to think and create, so the increased structure might take away that relaxed feeling and the fun of being a part of the SIGs. Another concern that the process might be too complicated due to the immense differences in the SIGs was brought up as well.

Dr. Gonzalez assured the group that the conversation is still ongoing and he welcomes continued comment. He also indicated that SBM staff is working to create examples of best practices for SIGs based off SIGs that are doing very well and are very active.

Collaboration Hub

Dr. Kozak presented the ETCD/SIG Council collaboration hub to the council. She explained that the goal of this Google Sheet is to house all the collaborations between the two councils and help to facilitate further collaboration. The Student

SIG was the first SIG to test this as a pilot program of sorts and it went well. Dr. Kozak is looking for a couple more SIGs to test this out before it goes live to all the SIG chairs and co-chairs.

Dr. Arigo from the BIT SIG indicated this would be very helpful from their perspective. She said that the SIG had to cancel a couple of workshops this year because of too much overlap in topics with other courses. This would solve that problem and help them to collaborate with other SIGs on these sessions.

Dr. Kozak asked that the council email her or SBM staff with further ideas or thoughts.

Other

Dr. Gonzalez indicated that he would like to start using video conferencing moving forward for the monthly SIG calls.

He also asked that the group think about the working groups created last year and assess whether they are still something that should be active. This will be a topic for a future call.